

*Midweek Lent-Week 4*

*March 30, 2022*

*6:30 p.m. - Vespers*

*Bethlehem Lutheran Church*

*1837 Mountain Street*

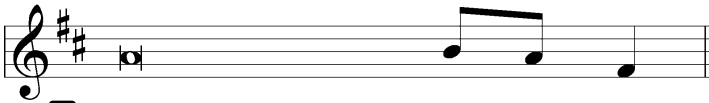
*Carson City, NV 89703*

# REST FOR THE WEARY

The Israelites were commanded to observe the Sabbath, for God made the heavens and the earth in six days, and on the seventh day, He rested from all His work. They were to “put aside the work you do, So that God may work in you”. These Sabbaths all pointed to the One who is Himself “lord of the Sabbath” (Matthew 12:8). As God rested on the seventh day after His work of creation, Christ also rested in the tomb on the Sabbath Day after His work of redemption. Thus, Jesus is our true Sabbath rest. He says, “Come to Me, all who labor and are heavy laden, and I will give you rest” (Matthew 11:28). In Him, all our labor ceases and we find “rest for our souls” (v. 29). Every week, we come to the Lord’s Table weary and burdened by sin and in need of rest and refreshment. And Jesus graciously grants us this rest for our souls in the salutary gift of His body and blood, as the hymn says: “Weary am I and heavy laden; With sin my soul is sore oppressed; Receive me graciously and gladden My heart, for I am now Thy guest”.

*Stand*

**P** O Lord, open my lips,



**C** and my mouth will de - clare Your praise.

**P** Make haste, O God, to deliver me;



**C** make haste to help me, O Lord.



**C** Glo-ry be to the Father and to the Son and to the Holy Spir - it;



as it was in the be - gin - ning, is now, and will be for-ev-er. A - men.



*Lent:* Praise to You, O Christ, Lamb of our sal - va - tion.

## Psalm

*Psalm 34:17–22; antiphon Matthew 11:28*

**P** Come to Me, all who labor and are heavy laden,

**C** and I will give you rest.

**P** When the righteous cry for help, the LORD hears

**C** and delivers them out of all their troubles.

**P** The LORD is near to the broken hearted

**C** and saves the crushed in spirit.

**P** Many are the afflictions of the righteous,

**C** but the LORD delivers him out of them all.

**P** He keeps all his bones;

**C** not one of them is broken.

**P** Affliction will slay the wicked,

**C** and those who hate the righteous will be condemned.

**P** The LORD redeems the life of His servants;

**C** none of those who take refuge in Him will be condemned.

Sit

**Office Hymn**

***“The Fruit of Love Once Blooming”***



1 The fruit of love once bloom - ing  
2 Your blood and bod - y giv - en:  
3 O Bread of Life be - stow - ing  
4 We come, our weak - ness bar - ing,  
5 We mar - vel at the ta - ble,



Up - on a dy - ing tree  
A sal - u - tar - y gift,  
All bless - ings for each day,  
De - serv - ing Your re - proach.  
The o - ver - flow - ing feast



Be - neath the storm clouds loom - ing  
Your pierc - ed side once riv - en  
Grant all we need, fore - know - ing  
You come, our cross - es bear - ing,  
That You a - lone are a - ble



Will thrive e - ter - nal - ly.  
To heal the sin - made rift  
What tasks will come our way.  
In - vit - ing our ap - proach.  
To serve as Host and Priest.



Here at the Ta - ble of - fered,  
 Now flows here at the al - tar  
 Our strength and health sus - tain - ing  
 You bring us balm for heal - ing  
 The guests, from ev - 'ry na - tion,



My heart is sat - is - fied  
 With - in the bless - ed wine.  
 To do Your gra - cious will,  
 And rest for wea - ry eyes.  
 Re - ceive a pur - chased place



With food You now have prof - fered  
 Your flesh, which did not fal - ter,  
 Our lives You are main - tain - ing  
 You bend to bod - ies kneel - ing  
 And join the cel - e - bra - tion



Since You were cru - ci - fied.  
 Is in this Meal di - vine.  
 As You pro - vide our fill.  
 That we with strength may rise.  
 In robes made white with grace.

## Old Testament

*Exodus 31:12–18*

<sup>12</sup>And the LORD said to Moses, <sup>13</sup>“You are to speak to the people of Israel and say, ‘Above all you shall keep My Sabbaths, for this is a sign between Me and you throughout your generations, that you may know that I, the LORD, sanctify you. <sup>14</sup>You shall keep the Sabbath, because it is holy for you. Everyone who profanes it shall be put to death. Whoever does any work on it, that soul shall be cut off from among his people. <sup>15</sup>Six days shall work be done, but the seventh day is a Sabbath of solemn rest, holy to the LORD. Whoever does any work on the Sabbath day shall be put to death. <sup>16</sup>Therefore the people of Israel shall keep the Sabbath, observing the Sabbath throughout their generations, as a covenant forever. <sup>17</sup>It is a sign forever between Me and the people of Israel that in six days the LORD made heaven and earth, and on the seventh day He rested and was refreshed.’ ” <sup>18</sup>And He gave to Moses, when He had finished speaking with him on Mount Sinai, the two tablets of the testimony, tablets of stone, written with the finger of God.

**P** O Lord, have mercy on us.

**C** Thanks be to God.

## Epistle

*Hebrews 4:1–11*

<sup>1</sup>Therefore, while the promise of entering His rest still stands, let us fear lest any of you should seem to have failed to reach it. <sup>2</sup>For good news came to us just as to them, but the message they heard did not benefit them, because they were not united by faith with those who listened. <sup>3</sup>For we who have believed enter that rest, as He has said, “As I swore in My wrath, ‘They shall not enter My rest,’ ” although His works were finished from the foundation of the world. <sup>4</sup>For He has somewhere spoken of the seventh day in this way: “And God rested on the seventh day from all His works.” <sup>5</sup>And again in this passage He said, “They shall not enter My rest.” <sup>6</sup>Since therefore it remains for some to enter it, and those who formerly received the good news failed to enter because of disobedience, <sup>7</sup>again He appoints a certain day, “Today,” saying through David so long afterward, in the words already quoted, “Today, if you hear His voice, do not harden your hearts.” <sup>8</sup>For if Joshua had given them rest, God would not have spoken of another day later on. <sup>9</sup>So then, there remains a Sabbath rest for the people of God, <sup>10</sup>for whoever has entered God's rest has also rested from his works as God did from His. <sup>11</sup>Let us therefore strive to enter that rest, so that no one may fall by the same sort of disobedience.

**P** O Lord, have mercy on us.

**C** Thanks be to God.

**Holy Gospel**

*Matthew 11:27-12:8*

**P** The Holy Gospel according to St. Matthew, the 11<sup>th</sup> chapter.

**C** **Glory be to Thee, O Lord.**

<sup>11:27</sup>[Jesus said,] “All things have been handed over to Me by My Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal Him. <sup>28</sup>Come to Me, all who labor and are heavy laden, and I will give you rest. <sup>29</sup>Take My yoke upon you, and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. <sup>30</sup>For My yoke is easy, and My burden is light.”

<sup>12:1</sup>At that time Jesus went through the grainfields on the Sabbath. His disciples were hungry, and they began to pluck heads of grain and to eat. <sup>2</sup>But when the Pharisees saw it, they said to Him, “Look, Your disciples are doing what is not lawful to do on the Sabbath.” <sup>3</sup>He said to them, “Have you not read what David did when he was hungry, and those who were with him: <sup>4</sup>how he entered the house of God and ate the bread of the Presence, which it was not lawful for him to eat nor for those who were with him, but only for the priests? <sup>5</sup>Or have you not read in the Law how on the Sabbath the priests in the temple profane the Sabbath and are guiltless? <sup>6</sup>I tell you, something greater than the temple is here. <sup>7</sup>And if you had known what this means, ‘I desire mercy, and not sacrifice,’ you would not have condemned the guiltless. <sup>8</sup>For the Son of Man is lord of the Sabbath.”

**P** O Lord, have mercy on us.

**C** **Thanks be to God.**

**RESPONSORY (Lent)**

**P** Deliver me, O Lord, my God, for You are the God of my salvation.

**C** **Rescue me from my enemies, protect me from those who rise against me.**

**P** In You, O Lord, do I put my trust, leave me not, O Lord, my God.

**C** **Rescue me from my enemies, protect me from those who rise against me.**

**P** Deliver me, O Lord, my God, for You are the God of my salvation.

**C** **Rescue me from my enemies, protect me from those who rise against me.**

**Hymn**

**LSB #935 Tell Out, My Soul, the Greatness of the Lord**



1 Tell out, my soul, the great-ness of the Lord!  
 2 Tell out, my soul, the great-ness of His name!  
 3 Tell out, my soul, the great-ness of His might!  
 4 Tell out, my soul, the glo-ries of His Word!



Un - num - bered bless - ings, give my spir - it voice;  
 Make known His might, the deeds His arm has done;  
 Pow'rs and do - min - ions lay their glo - ry by.  
 Firm is His prom - ise, and His mer - cy sure.



Ten - der to me the prom - ise of His Word;  
 His mer - cy sure, from age to age the same;  
 Proud hearts and stub - born wills are put to flight,  
 Tell out, my soul, the great-ness of the Lord



In God my Sav - ior shall my heart re - jice.  
 His ho - ly name, the Lord, the Might - y One.  
 The hun - gry fed, the hum - ble lift - ed high.  
 To chil - dren's chil - dren and for - ev - er - more!

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## ✠ PRAYER ✠

*Stand*  
**Kyrie**

*LSB p. 233*



**C** Lord, have mer-cy; Christ, have mer-cy; Lord, have mer-cy.

### Lord's Prayer

*LSB p. 233*

**C** Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven; give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory forever and ever. Amen.

### Collects

*LSB p. 233*

**P** O Lord, hear my prayer.

**C** And let my cry come to You.

**P** Almighty God, You rested from Your work of creation on the Sabbath to give Your creatures a day to find rest and refreshment in Your Holy Word. Grant that we may with faithful perseverance keep the Sabbath, gladly hearing and learning Your Holy Word, until that day when You give us eternal rest and refreshment in the resurrection to life everlasting; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever

**C** Amen.

**P** Blessed Savior, Jesus Christ, following Your work of redemption on Good Friday, You rested in the tomb on the Sabbath and came back to life on the first day of the week, opening to us an eternal Sabbath rest. Grant to us, who are burdened by our sins, ears to hear Your gracious invitation to come to Your Table and find rest for our souls in the eating and drinking of Your body and blood; for You live and reign with the Father and the Holy Spirit, one God, now and forever.

**C** Amen.

**P** O God, from whom come all holy desires, all good counsels, and all just works, give to us, Your servants, that peace which the world cannot give, that our hearts may be set to obey Your commandments and also that we, being defended from the fear of our enemies, may live in peace and quietness; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.

**C** Amen.

**Benedicamus**

*LSB p. 234*

**P** Let us bless the Lord.



**C** Thanks be to God.

**Benediction**

*LSB p. 234*

**P** The grace of our Lord ✠ Jesus Christ and the love of God and the communion of the Holy Spirit be with you all.



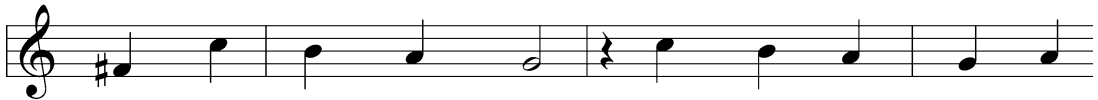
**C** A - men.

## Hymn to Depart

### LSB #618 I Come, O Savior, to Thy Table



1 I come, O Sav - ior, to Thy ta - ble, For weak and  
2 Thy heart is filled with fer - vent yearn - ing That sin - ners  
3 Un - wor - thy though I am, O Sav - ior, Be - cause I  
4 Wea - ry am I and heav - y lad - en; With sin my  
5 What high - er gift can we in - her - it? It is faith's



wea - ry is my soul; Thou, Bread of Life, a -  
may sal - va - tion see Who, Lord, to Thee in -  
have a sin - ful heart, Yet Thou Thy lamb wilt  
soul is sore op - pressed; Re - ceive me gra - cious -  
bond and sol - id base; It is the strength of



lone art a - ble To sat - is - fy and make me whole:  
faith are turn - ing; So I, a sin - ner, come to Thee.  
ban - ish nev - er, For Thou my faith - ful shep - herd art:  
ly and glad - den My heart, for I am now Thy guest.  
heart and spir - it, The cov - e - nant of hope and grace.

#### *Refrain*



Lord, may Thy bod - y and Thy blood Be for my soul the high - est good!

**Serving The Lord Today 3/30/2022**

*Liturgist:* Rev. William Abbott  
*Elder:* Jeff Davey  
*Ushers:* Bob Larson, Chris Soderstrom  
*Acolyte:* Clayton Jones  
*Accompanist:* Anne Devlin  
*Altar Guild:* Janelle Davey, Kathy Jackson

**Serving The Lord Next Wednesday 4/6/2022**

*Liturgist:* Rev. Jedidiah Maschke  
*Elder:* Colin Wigglesworth  
*Ushers:* Curt Drumm, Todd Suessmith  
*Acolyte:* Clayton Jones  
*Accompanist:* Jeanne Denison  
*Altar Guild:* Janelle Davey, Kathy Jackson

