



# Superior Catechist

Volume 8 Number 1

Diocese of Superior

Fall 2010

## Mind, Heart, and Hands: A Triangle Approach to Learning and Life

by Jeanne Heiberg

### Minding Our Minds

In the Hebrew Scriptures, there was no separate category for the mind; the seat of intelligence was thought to be in the heart and it covered all that was inside of a person. The heart contained thoughts, ideas, memories, decisions, plans, and choices. The Book of Sirach says that God forms people's eyes and ears (the senses), gives them understanding hearts, and fills them with wisdom and knowledge (17:5-6).

Through Isaiah, Jesus speaks of God creating people with eyes to see so that they may believe and understand (John 12:37-40). Further mind functions are indicated when Jesus says you can cast mountains into the sea, but only when you truly believe.

Saint Paul urges Christians to mind their minds with these beautiful lines: "Whatever things are true, whatever honorable, whatever just, whatever holy, whatever lovable, whatever of good repute, if there be any virtue, if anything worthy of praise, think upon these things" (Philippians 4:8) and "Let this mind be in you, which was in Christ Jesus" (Philippians 2:5). Paul speaks of our true mind, one with Jesus and our loving Creator. Jesus came to bring us back to what we were created for—to share in the mind and heart of God. When we do this, following St. Paul's instruction to be transformed and renewed in "the spirit of your mind" (Ephesians 4:23; also see Romans 12:2).



We want to do all we can to learn about God's beautiful creation, especially the perfect creation of the human being. This means that we need to "mind our minds," to think and act from the true mind that God created in us,

our Christ mind, the part of us that reflects the very image of God.

When we mind our minds, we learn more about who we really are and what we are here to do. For example, when we think mean, hateful, and selfish thoughts or hold resentments, envies, and grudges, we are being misguided.

However, when we think loving, kind, and creative thoughts, our true minds, our Christ minds, are at work. Our thoughts more easily flow into warm, happy feelings and kind, loving actions. St. Paul tells us that the "concern of the Spirit is life and peace" (Romans 8:6).

We need help in keeping our minds connected to God. Jesus came to make this possible. He said "I and the Father are one" (John 10:30). He is the way for us to be one with God.

We all struggle with negative thoughts and feelings, distractions, and critical conversations in our heads. However, prayer, minding our minds, and seeing what is good and beautiful in others and in all of life bring rich rewards.

### Loving with Heart

The law of love appears early in the Old Testament. "Take no revenge and cherish no grudge" but rather "love your neighbor as yourself" (Leviticus 19:18).

In the New Testament, Jesus says "You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself (Matthew 22:37-39).

Paul says that love is the only debt that we have to one

another (Romans 13:8, 10). He prays that Christ dwell in our hearts through faith and that charity be the root and foundation of our lives (Ephesians 3:14-21). He advises us to get rid of all bitterness, passion, anger, harsh words, slander, malice, and other thoughts that separate us from God. In place of these, he urges kindness, compassion, and forgiveness (Ephesians 4:31-32).

This is possible because the Spirit of Jesus is sent into our hearts (Galatians 4:6). Jesus came to bring us back into the oneness of that love and prayed that "The love with which you have loved me may be in them, and I in them" (John 17:11, 20-21).

We are created to love as God loves. We are created by God's love, to share in God's love, and to express God's love to others. God wants to love in and through us. Such love expresses itself in joy and in actions and service, the third point of the triangle.

## Senses and Service

Although God created our senses, we cannot directly experience God through these physical gifts. We have these gifts to make our way in a physical world, to praise God, and to help and serve one another.

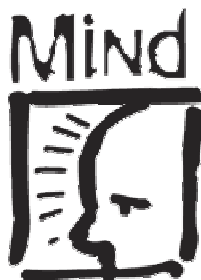
Jesus taught through concrete, sensory things that people saw around them: sheep, goats, lost coins, dough with yeast, seeds, and fig trees. He gave us Sacraments so that visible things we see, taste, and touch reveal to us the presence of God. Bread, wine, oil, water, and fire bring us into communion so that we know and feel God's presence. Through the Sacraments we know that Jesus, unseen by physical eyes, is touching us in a deep and wonderful way.

Sacraments—that we celebrate with our senses—help us make good use of our senses in service to others. Jesus teaches us about this: "For the Son of Man did not come to be served but to serve" (Mark 10:45; also see John 13:15). Jesus says, "I am among you as one who serves" (Luke 22:27).

We don't always think of God, Creator of the Universe, as one who serves us. But Jesus, who most perfectly expressed the image of God, came as a servant. He washed the feet of his disciples like the most humble servant. He said that those who serve and care for others are welcome in the kingdom of heaven, where we are restored in the image of God.

## Say to the Children

God has given each of us a mind, a heart, and senses to learn about God, to praise God, and to serve God and others. We are meant to develop and



use all these gifts and to grow to be our best and greatest selves and to give our Creator wholehearted praise by serving and caring for others.

The first book of the Bible tells us that we are made in God's image. We can't see God with our physical eyes, but only with the inner eyes of our mind and heart. God generously shared with us his very being—his mind and heart. When humans separated from God, Jesus came to return us to God and to restore our minds and hearts to be in the image of God.

Jesus helps us reconnect with God so that we are part of God's wonderful mind and heart and are able to grow in God's ways of thinking, loving, and serving. (Share with your students parts of the previous text and Scripture references, according to their ability to understand.)

Reconnected to God through Jesus, we grow in our ability to express God's wisdom and love. Our minds and hearts and hands are needed to express God's wisdom and love in the world.



This means that when we come to class and at Mass and in every day of our lives, we use our ears to listen carefully, we use our eyes to see the goodness and beauty in creation and in people, we use our voices to sing out God's praise, and we use our hands to help and serve others.

The craft below will help students make symbols that remind them to use their minds, hearts, and hands to live their faith.

## ACTIVITY: Head, Heart, and Hand Craft

### MATERIALS

- \* construction paper or foam craft sheets in a wide variety of colors including red, yellow, pink, brown, white, black, and orange
- \* scissors
- \* hole puncher
- \* cord
- \* glue
- \* branches, sticks, or dowels on which to hang symbols
- \* patterns

### PROCEDURE:

1. Have students make their own sunburst, heart, and hand patterns. (Students can make hand patterns from their own hands; this allows them to have greater personal expression in the craft activity.)
2. Cut out patterns.
3. Trace patterns on different colors of construction paper or foam craft sheets.
4. Layer the pieces (or use singly) in any combination

(circles in sunbursts; hearts in hands; hearts in sunbursts in hands; etc.) and glue together.

5. Punch holes in the top and bottom of each completed symbol and attach them one above the other with cord.

6. Attach the end of the cord to a branch, stick, or dowel to make a mobile.

(You may want students to make their own mobiles or work in groups or as a class to make a common mobile. Nine to fifteen symbols make for a full mobile. Arrange symbols so that similar colors and symbols are spaced out for variety. For more information about how to arrange your mobile, go to [enchantedlearning.com/crafts/mobiles](http://enchantedlearning.com/crafts/mobiles).)

Suspend mobile(s) near the prayer table (or make mobile(s) your prayer focus). Mobiles are colorful, cheerful classroom decorations. Let students take home a symbol or mobile to remind them and their families that they are created in God's image to know, love, and serve God and others and to joyfully praise God with all they have and are.

### Praising-God-with-All-of-Me Prayer

On or above your prayer table, place the students' completed crafts and a Bible. Put bookmarks in the Bible at the readings you choose to use (see Readings).

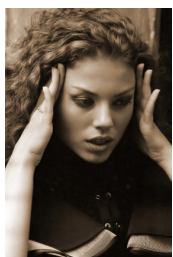
**Leader:** Thank you, Lord, for your gift of life on this earth—in a wonderful body that can do so much; with a mind that can learn, think, and know; with a heart that can love, feel, remember, imagine, and create.

**All:** Amen.

**Readings:** Philippians 4:8 (think on what is true, honorable, just, pure, lovely, gracious); [Leviticus 19:18](#) (love your neighbor as yourself); Matthew 22:37-39 (the Two Great Commandments); Luke 22:27 (Jesus speaks of service)



**Leader:** Our minds, hearts, and hands are wonderful gifts from God given to us so that we might know, love, and serve God and our fellow human beings. Let us now praise and thank God with these gifts that we have been given.



*(Place your hands around your head.)* We lift our wonderful minds to you, God. Help us to remember you are always with us. You want to light up our minds with wonderful truths and ideas that will help us in all our decisions and choices. You, Loving Creator God, want to shine through us to others and to the world.

*(Place your hands over your hearts.)* Loving Creator, bless our hearts to help us remember that you created us in love to love as you do, unconditionally, without fear, without judgment, and beyond narrow self-interests. We know in this limited world we must use good judgment, practice safety, and observe good common sense. May our hearts offer your love to others through our work, study, creativity, and play.



*(Hold out your hands.)* Lord, bless these hands to remind us that we are made to express your love to others through all our senses and to serve you and others through our gifts and talents.



Let us go now in peace to know, love, and serve our loving Creator with minds, hearts, and hands, with Jesus, in the power of the Holy Spirit. **All:** Amen.

**Closing Song:** "Praise God from Whom All Blessings Flow" ("Old Hundred"). Text: verse 1, Thomas Kent, 1637-1711; verses 2, 3, Isaac Watts, 1674-1748. Music: German psalter, 1551, attributed to Louis Bourgeois, 1510-1561. Found in *Breaking Bread*, OCP ([ocp.org](http://ocp.org))

**Source:** *CATECHIST Magazine*, April/May 2010  
Copied with permission of the publisher, Peter Li, Inc., Dayton, OH 45439

### Why Didn't I Learn This in College?

by Paula Rutherford

Tools and procedures for teaching and learning in the 21st century – for ALL teachers and catechists new and experienced!

Just Ask Publications  
[www.justaskpublications.com](http://www.justaskpublications.com)



# Helping Children and Youth with Specific Needs

Compiled by Peggy Schoenfuss, Diocesan Superintendent of Schools

As parish catechists and Catholic school teachers we are faced with growing needs of students without additional or outside resources to help us. With this, does this mean we don't do what we can to bring all children and youth to the faith? No.

As guidance, the Church emphasizes the importance and procedures of providing an opportunity to learn the faith to all children and youth.

*All persons with disabilities have the capacity to proclaim the Gospel and to be living witnesses to its truth within the community of faith and offer valuable gifts... The love of the Father for the weakest of his children and the continuous presence of Jesus and His Spirit give assurance that every person, however limited, is capable of growth in holiness... Persons with disabilities should be integrated into ordinary catechetical programs as much as possible... They should not be segregated for specialized catechesis unless their disabilities make it impossible for them to participate in the basic catechetical program.<sup>1</sup>*



**GOD LOVES ME**

Here are some ideas to help you integrate instruction with children and youth with specific needs in your classrooms.<sup>2</sup>

## **Orthopedic Impairment**

Create a buddy system  
Prepare in advance for physically challenging activities  
Encourage social participation

## **Deafness or Hearing Impairment**

Arrange for seating in the front of the room  
Face the person when speaking  
Speak clearly using normal tone and pace  
Write key words and directions on the board  
Encourage social interaction  
Arrange for interpreter (if needed)

## **Mental Impairment**

Adapt activities to participant's attention span and level of coordination or skill  
Use an aide for individualized learning  
Simplify and repeat

## **Giftedness**

Challenge through independent study, small-group work, enrichment activities and discovery learning  
Use creative puzzles and games  
Encourage high-level thinking skills

## **Visual Impairment**

Consider range of vision and lighting needs in relation to where the student is seated  
Provide large-print, audio and manual materials  
Include activities that rely on senses other than sight  
Allow student to work orally with a partner

## **Speech or Language Impairment**

Speak clearly in short phrases  
Use visual and written instructions with oral instructions  
Allow extra time for responses

## **Social or Behavioral + ADD + LD**

Arrange room to avoid distractions  
Provide structure and routine  
Give specific tasks  
Give, review and clarify directions, expectations and explanations  
Monitor and affirm appropriate behavior frequently  
Provide immediate feedback  
Develop non-verbal cues for unacceptable behavior  
Break down tasks into smaller, less overwhelming parts  
Use flash cards to introduce skills  
Rely on visual aids and movement cues  
Use an aide

When working with ALL children and youth...

**PLAN ahead – be PREPARED – involve PARENTS**

Remember, the people that know the most about what a student's needs are is his/her parents. Involve them! Don't shut the door on them. As the National Directory of Catechesis explains...

*The central importance of family members in the lives of all persons with disabilities, regardless of age, must never be underestimated. They lovingly foster the spiritual, mental and physical development of the disabled person and are the primary teachers of religion and morality; no family is ever really prepared for the birth of a disabled child. The Church's pastoral response in such situations is to learn about the disability, offer support to the family, and welcome the child.<sup>3</sup>*

<sup>1</sup> USCCB Committee on Education and Committee on Catechesis, *National Directory of Catechesis*, (Washington, D.C. United States Conference of Catholic Bishops, 2005), no 49.

<sup>2</sup> Joe Paprocki, *The Catechist's Toolbox: How to Thrive as a Religious Education Teacher*, (Chicago, Loyola Press, 2007), 28-30.

<sup>3</sup> NDC, no. 49

# 3 steps for welcoming special needs children

Amy Chapman

Make your faith formation process inclusive for everyone.

Including special needs children in your faith formation process can seem challenging.

Or it can be a great opportunity to live the gospel with your learners. Amy Chapman gives us some excellent advice on how to foster an inclusive learning environment for everyone. ~ ~ NW

In the world of public education, an “inclusive” classroom is one in which all learners—even those with “special needs”—receive all of their services in one place. Everyone is on equal footing; no one leaves for speech, physical therapy, or an advanced math class.

Shouldn't we strive to be just as inclusive in our faith formation sessions? Learners come to us with a wide range of conditions. Unfortunately, those of us who minister in faith formation programs are not always well equipped to deal with these special needs.

Everyone probably has a “special need.” One who needs large-print materials requires equal love, respect, and attention as the type 1 diabetic who must have a snack, who in turn requires the same love, respect, and attention as the child who is developmentally advanced. Those who are in the middle of the group deserve no less.

Unfortunately, our classrooms are not always places of equal love and respect. Too often, fear and misunderstanding get in the way and some children can feel marginalized. By no means is this slight intentional. Both staff and volunteers often have the best of intentions. Learners who require accommodations may at first seem to need too much time, attention, and financial resources, which are difficult to come by.

There are some faith formation resources for children with particular needs. However, these programs are often too limited for most parishes, which see a broad range of special needs.

What we need are inclusive faith formation programs for all children. While this may sound overwhelming and impractical, most special needs can be addressed within the context of a traditional faith formation program. This can happen without undue stress to the student, parents, catechist, or program. Beyond that, the results, for the student, catechist, and program, are more germane, more welcoming, and more catholic.



**Welcome:** The first step in addressing any student's special need is to welcome them. Too often, learners with special needs (and their parents) have found resistance in engaging in community events. That should not be the case in churches, where the gospel tells us that everyone is our neighbor. If your learners are not initially welcoming to a child with special needs, step in. Help all your learners understand that God loves everyone and therefore they should too. While this may sound trite, children respond to a teacher's poise and position. If you act with confidence about treating all learners equally, the learners themselves will follow suit.

**Learn:** Second, learn about the special need. The more you understand, the better equipped you are to be responsive and anticipate needs. Does that sound like extra work? It's not, really. As catechists, we are already doing those things for the rest of our learners. An excellent resource on many of the disabilities that affect children is *Children with Disabilities* by Mark Batshaw, Louis Pellegrino, and Nancy Roizen (Brookes Publishing Company).

**Ask:** Third, ask. Both parents and the director of faith formation (who is, we hope, aware of any special needs of the children in your classroom) should be able to give you concrete suggestions as to how to deal with any given need. Sometimes, you can handle special needs yourself. For example, don't ask a student who is dyslexic to read out loud. Or, you can refocus a distracted child by saying his or her name. Other times, you might need help from the faith formation director. For example, she might decide to allow all the learners in your classroom to have snack (even if it is “against policy”) in order to prevent ostracizing a student with type 1 diabetes who must have one.

In any case, you will always work in collaboration with the parents and the children to come up with creative solutions. Everyone has to be flexible. Like other learners, children with special needs have good days and bad days. What works one day may not work the next. However, when we recognize and accommodate those with special needs in our faith formation classrooms, we are truly making the gospels real to all of the children in the classroom. Then they will see that everyone is welcome, everyone is wanted, and everyone is equal. Isn't that a great lesson for children (and adults) to learn?

# Emmaus story activity

## for children with special needs

While there are many ways in which lessons or activities can be adapted, here is one format which would work in any age level.

**Read** the Emmaus Story (**Lk 24:13-35**). Ask the children to complete one of the following activities by putting themselves into a role within the story. Be sure to give instructions both verbally and in written form.

**Q:** Which character would you be? If you had this experience, who would you tell? How would you tell them? And what about the story would you tell them about?

Who?	To Whom?	How?	What About?
One disciple	Peter	A story	How you recognized Jesus during a meal
Peter	The other disciples	A postcard	What those two disciples saw on the road
Mary Magdalene	Peter	A letter	How important breaking bread is to Jesus
One disciple	The other disciple	A picture or map	Show where they went with Jesus

Amy Chapman, Director of Faith Formation at St. Ignatius Church in Chestnut Hill, Massachusetts, holds a Master's degree in developmental and educational psychology. She can be reached at [chapmaab@bc.edu](mailto:chapmaab@bc.edu).

"Reprinted with permission from Religion Teacher's Journal. Effective July 1, 2010, Religion Teacher's Journal is now Creative Catechist - A Religion Teacher's Journal. For more information call [800-321-0411](tel:800-321-0411) or visit [www.religionteachersjournal.com](http://www.religionteachersjournal.com)."

## Email Etiquette

### Why? – Professionalism -Efficiency - Protection from Liability

1. Be concise and to the point
2. Include a courteous greeting and closing – just as you learned in grade school to write a letter
3. Use proper spelling, grammar and punctuation – use spell check - proofread
4. Read over your email before sending to ensure the tone is what you desire – don't rely on formatting for emphasis – choose the words that reflect your meaning
5. Avoid using multiple instances of !!! or ??? - they are perceived as rude or condescending
6. Do not reply immediately to emotionally charged emails – walk away and come back to it later
7. Never assume the intent of an email – if you're not sure – ask
8. Always acknowledge emails in a timely manner – or at least email back confirming your receipt and when the sender can expect a response
9. Do not type in ALL CAPS – that's yelling or reflects shouting emphasis
10. Use abbreviations and emoticons [ ex :-) ] sparingly to ensure your tone and intent are clear
11. Remember that emails are forwarded to others – keep this in mind when typing about emotional or controversial topics
12. When there is a misunderstanding by email, pick up the telephone to work things out!
13. Think of your email as your school/parish letterhead
14. Don't send or forward emails containing libelous, defamatory, offensive, racist or obscene remarks
15. Do not use email to discuss confidential information

**Type unto others as you would have them type unto you!**



# Ministry of Catechesis Certification

## Making It Work for You!

If you have been sharing your faith in our Catholic schools or religious education programs in the past few years, you have undoubtedly encountered a process called *Ministry of Catechesis Certification*. If you are new to our schools or RE programs, you might be wondering what this is. Ministry of Catechesis Certification is the official recognition of an individual's education and formation in the Catholic faith which qualifies that individual to teach and to lead in his or her respective ministry. The process includes an application period in the spring with results returned to the parishes at the beginning of the next school and program year.

In last spring's *Superior Catechist*, we discussed how to complete the Ministry of Catechesis Certification (MCC) application so you receive the optimum points for your efforts. Let's spend some time now examining the response to your MCC application and how you can use that response to help move you to a higher level of certification.

When MCC applications are processed, a transcript is developed for each applicant based on the information supplied and the points allowed by the certification program. Like other educational transcripts, this transcript grows - listing earned points with each application provided by an individual.

Applicants receive a new transcript each time they submit an application. They also receive a letter informing them of the number of points needed in each category to earn the next level of certification. The original transcripts and letters are mailed to the appropriate parish catechetical leader. Leaders are asked to make copies for parish records and to distribute the originals to the applicant. Once you, the applicant, have received your letter and transcript, you can start plotting your path to the next level of certification.

When working on your MCC certification level, it helps to understand the four categories - Scripture, Theology, Methods, and Spirituality. Once you understand the categories, it is easier to seek out - and find - the points you are needing.

- *Scripture* is the study of the Sacred Word of God - the text of the Bible;
- *Theology* is the study of Church structure, documents, history, social teaching, sacraments, etc.;
- *Methods* includes all the "how to" experiences - and Safe Environment training;

- *Spirituality* includes workshops on prayer and spirituality, parish & diocesan ministries, retreats, presentations intended to build spirituality, and more.

Determine if you want to work on one category at a time or mix it up a bit. Check out diocesan offerings, what your (or a neighboring) parish has on its calendar, or approach your catechetical leader to help you find events that meet your needs.

There are many opportunities offered by the Diocese of Superior that carry MCC points. These include:

- August Leadership Days;
- Annual Teacher Inservice events;
- Fall Regional Workshops;
- Fall Conference;
- Diaconate/AIM weekends;
- Lay Ministry Outreach;
- Professional Development Days;
- HARVEST;
- Theology on Tap;
- Annual Stewardship Day;
- Music Ministry Workshop;
- Spring Theology Day - And more!

Diocesan events often include a notation when MCC points are available for an event. The category and sometimes, the number of points, is noted on promotional materials.

MCC points may also be earned from parish adult education events: Catechism studies, Bible studies, parish missions, catechist inservices, Advent and Lent lectures, inter-generational catechetical events, etc. Parish leadership is invited to contact the diocese when planning events to determine if MCC points might be earned from a particular event.

If you have questions about the best way to reach your MCC certification goal, consult your catechetical leader first. If additional help is needed, diocesan staff are available. Don't be afraid to ask. We love to hear from you.

Peace & Blessings,

Kathy Drinkwine

Kathy Drinkwine serves the Diocese of Superior as the Safe Environment Coordinator and the Coordinator of Administrative Services. She may be reached at [kdrinkwine@catholicdos.org](mailto:kdrinkwine@catholicdos.org).



# Special Needs & Behavior

Fall 2010

Available from the Diocese of Superior, Media Center (call Donna @ 715-234-5044 or email [dpieper@catholicdos.org](mailto:dpieper@catholicdos.org))

Please contact your designated parish resource person to order. *There is a fee for parishes that do not have a subscription.*

Refer to the Media Catalog or go to Media Center at <http://www.catholicdos.org> for descriptions/details of videos Ages (listed before copyright date) recommended for: ps=preschool, p=primary, i=intermediate, jh=jr high, sh=senior high, a=adult

**Previewing before showing is a must; terminology & presentation may be outdated**

- 0060 **HEART HAS ITS REASONS, THE** 60 Min VHS a
- 0094 **BLIND: SHEPHERD OF THE HILLS** 30 Min VHS jh,sh,a 1990
- 0095 **WOMAN WHO WILLED A MIRACLE** 46 Min VHS jh,sh,a 1983
- 0428 **FAITH AND LIGHT** 24 Minutes Color VHS jh,sh,a
- 0429 **WE ARE ONE FLOCK** 15 Min VHS jh,sh,a 1988
- 0440 **TO CHERISH LIFE #1** 30 Min VHS sh,a 1986
- 0441 **TO CHERISH LIFE #2** 29 Minutes Color VHS sh,a 1986

## Sacred Heart Kids' Club (#0473-0495)

Scripture, mime, puppets, signing song, dance. 30 Min VHS p,i 1987

- 0473 **CREATION**
- 0474 **GRACE**
- 0475 **MARY**
- 0476 **SACRED HEART**
- 0477 **FORGIVENESS**
- 0478 **EUCHARIST**
- 0479 **DEATH**
- 0480 **EASTER**
- 0481 **THE CHURCH**
- 0482 **VOCATION**
- 0483 **SAINTS AND HEROES**
- 0484 **PRAYER**
- 0485 **CHRISTMAS**

- 0486-95= Commandments
- 0486 **LISTEN TO THE MAKER**
- 0487 **LOVE GOD & HIS NAME**
- 0488 **DAY OF REST**
- 0489 **BELIEVE, LOVE, & OBEY**
- 0490 **SOUNDS OF PEACE & LOVE**
- 0491 **CHOOSE LIFE**
- 0492 **PURE & JOYFUL HEARTS**
- 0493 **SACRED LOVE**
- 0494 **BE GENEROUS & HONEST**
- 0495 **CHOOSE TO LIVE TRUTH**

- 0522 **JUSTICE FOR ALL** 28 Minutes Color VHS jh,sh,a 1988
- 0560 **THROUGH GRANDPA'S EYES** 20 Min VHS p,i,jh,sh,a 1989
- 0607 **SING WITH ME** 30 Min VHS a 1986
- 0888 **FRIEND IN NEED, A** 25 Min VHS i,jh 1986
- 0895 **BLESSED BE** 8 Min VHS i,jh,sh,a 1979
- 0911 **DEAF LIKE ME** 24 Min VHS p,i,jh,sh,a 1989
- 1032 **WELCOME ONE & ALL** 35 Min VHS a 1992
- 1067 **SPIRIT OF INCLUSION** 15 Min VHS a 1992
- 1225 **DISABILITY ETIQUETTE** 30 Min VHS sh,a 1994
- 1458 **GALA** 12 Min VHS p,i,jh,sh,a 1996
- 1541 **TEN COMMANDMENTS COMMUNICATING PEOPLE** 26 Min VHS sh,a '94
- 1596 **TEACHING RELIGION TO STUDENTS MENTAL RETARDATION** 23 Minutes Color VHS a 1996
- 1597 **SACRAMENTS & PEOPLE WITH MENTAL RETARDATION** 28 Min VHS a 1996
- 1643 **OPEN HEARTS, OPEN MINDS, OPEN DOORS** 20 Minutes Guide VHS sh,a 1997
- 1858 **WHO IS MY NEIGHBOR?** 41 Minutes Guide, VHS jh,sh 1998
- 2448-9 **ALL ABOUT ATTENTION DEFICIT DISORDER** 108 Min Guide VHS a 1990
- 2468-73 **SIGN WITH ME:** 75 Minutes Guide VHS a 1993
- 2492 **HELEN KELLER** 30 Minutes Guide VHS p,i 1996
- 2669 **MY 1<sup>st</sup> EUCHARIST** (signed for the deaf) VHS
- 2770 **FOR SAFEKEEPING Autism Ed** 20 Min DVD a 2006

- 2773 **SHADOW VOICES Finding Hope in Mental Illness** 58 Minutes DVD a 2005
  - 2860 **YOU ARE SPECIAL** 20 Min DVD ps,p,i 2000
  - 2877 **EMMANUEL'S GIFT** Rated G/NF. 80 Min DVD jh,sh,a '06
  - 2888 **MIRACLE WORKER** Rated PG/NF.90 Min VHS i,jh,sh,a 2001
  - 2894 **RUDY (1993)** Rated PG/A2 114 Min DVD jh,sh,a 2000
- BEHAVIOR:**
- 0643 **A CHANGE FOR THE BETTER** 11 Min VHS a 1989
  - 2105 **A TIME OF RAGE** 25 Min VHS jh,sh 1996
  - 2106 **A TIME FOR HEALING** 25 Min VHS jh,sh 1996
  - 2768 **1-2-3 MAGIC, Managing Difficult Behavior in Children 2-12** 110 Min DVD a 2004
  - 2769 **CALMING THE TEMPEST Helping the Explosive Child** 35 Min DVD a 200

BOOKS:
All About Attention Deficit Disorder
Developmental Disabilities & Sacrament Access
Disabled Disciple: Church Without Barriers
DISCIPLINE TIPS: Jump starts for catechists
Guidelines: Celebration of Sacraments with People with Disabilities
Helping At-Risk Students: gr 6-9
How Each Child Learns: Using Multiple Intelligence in Faith Formation
HOW TO REACH & TEACH CHILDREN WITH ADD/ADHD
INSTRUCTIONAL STRATEGIES: helping students succeed
Jesus and People with Disabilities Kids Are Worth It! Giving Child Inner Discipline
KIDS IN THE SYNDROME MIX OF ADHD, LD, ASPERGER'S, TOURETTE'S, BIPOLAR & MORE (guide)
PREVENTING & SOLVING DISCIPLINE PROBLEMS
Raising Kids Who Care
SOCIAL SKILLS ACTIVITIES for special children (lessons)
TEACHING THE FAITH a catechist's guide classroom management
Thousand Frightening Fantasies: Obsessive Compulsive
What Kids Need to Succeed
What Young Children Need to Succeed: Assets from Birth to 11





# Calendar

Visit our Website @ [www.catholicdos.org](http://www.catholicdos.org)

## October 28 2010 thru April 1, 2011

On going US Catholic Catechism Course for Adults  
Bayfield & Washburn  
Contact: Roger Cadotte @ 715- 234-5044

## November 2010

November 2

Bishop Hammes Center  
20<sup>TH</sup> Anniversary Celebration  
11: 00a Mass with Bishop @Holy Trinity Parish  
10:00 – 11:00a Open House – Bishop Hammes Center  
12 noon – 1:30p Light Lunch  
Contact: Donna Pieper @ 715 – 234 -5044

November 2

Theology On Tap “6 Pack”  
@ Big Smitty’s – Rice Lake  
Time: 6:30 – 8:30p  
Contact: Megan Noll @ 715 - 234-5044

November 4

New Principal Orientation  
Bishop Hammes Center – Haugen  
Contact: Peggy Schoenfuss @ 715 - 234-5044

November 4

BASE Training  
Time: 6:30p – 7:30p  
@ St Dominic – Frederic  
Contact: Kathy Drinkwine @ 715-394-0216

November 6 – 7

SACRAMENTAL THEOLOGY History of the Sacraments  
Presenter: Mr. Stanley Birnbaum  
St Joseph, Osceola  
Contact: Dcn Tim Kuehn @ 715-394-0217

November 8

Bishop Hammes Center 20<sup>th</sup> Anniversary

November 8

BASE Training  
Time: 6:30p – 7:30p  
@ St Francis – Merrill

November 9

Theology On Tap “6 Pack”  
5:30p Mass @ St Joseph – Rice Lake  
Time: 6:30 – 8:30p  
@ Big Smitty’s – Rice Lake  
Contact: Megan Noll @ 715 - 234-5044

November 9

BASE Training  
Time: 6:30p – 7:30p  
@ Holy Rosary – Mellen  
& Holy Family – Woodruff

November 10

GOAL Workshop  
Time 10:00a – 3:00p  
@ St Anthony Hall – Tony  
Contact: Peggy Schoenfuss @ 715- 234-5044

November 11 – 12

Wisconsin Directors of Religious Education Federation  
(WDREF) Convention  
“The Soul of Leadership” Responding to the Call  
Green Lake WI – Heidel House Resort  
Contact: Gwen Nies @ 715 - 294-4163

November 12

HARVEST  
“Theology of the Body”  
Time: 9:30a – 2:30p  
Presenter: Megan Noll  
N5333 Maple Street – Tony  
Contact: Megan Noll @ 715 - 234-5044

November 16

Theology On Tap “6 Pack”  
5:30p Mass @ St Joseph – Rice Lake  
Time: 6:30 – 8:30p  
@ Big Smitty’s – Rice Lake  
Contact: Megan Noll @ 715 - 234-5044

November 16

North & Central Region Principals Meeting @ Ashland  
Time: TBA  
Contact: Peggy Schoenfuss @ 715 - 234-5044

November 17

East Region Principals Meeting  
@ Tomahawk  
Time: TBA  
Contact: Peggy Schoenfuss @ 715 - 234-5044

November 18

West Region Principals Meeting  
@ Somerset  
Time: TBA  
Contact: Peggy Schoenfuss @ 715 - 234-5044

November 18

SUMMIT  
Time: 9:00a – 2:00p  
@ St Peter – Winter  
Contact: Gwen Nies @ 715 - 294-4163

## December 2010

December 4 – 5  
PASTORAL THEOLOGY III: Listening Techniques B  
Presenter: Rev Dennis Mullen  
Location: St Joseph, Rice Lake  
Contact: Dcn Tim Kuehn @ 715-394-0217

December 9 – 12  
NCCYM - New Orleans  
Contact: Megan Noll @ 715 - 234-5044

December 10  
HARVEST  
“Witness of Truth: Living It”  
Presenter: Fr. Mike Schmitz  
Time: 9:30a – 2:30p  
N5333 Maple Street – Tony  
Contact: Megan Noll @ 715 - 234-5044

## January 2011

January 7 – 9  
Life in the Spirit Retreat  
Grades 9 – 12  
Contact: Megan Noll @ 715 - 234-5044

January 14  
HARVEST  
“Working with Parents”  
Presenter: Peggy Schoenfuss  
Time: 9:30a – 2:30p  
N5333 Maple Street – Tony  
Contact: Megan Noll @ 715 - 234-5044

January 19  
North Region School Mass w/Bishop  
@ Superior  
Time: TBA  
Contact: Peggy Schoenfuss @ 715 - 234-5044

January 20  
Central Region School Mass w/Bishop  
@ Rice Lake  
Time: TBA  
Contact: Peggy Schoenfuss @ 715 - 234-5044

January 20  
Professional Development Day for all Catechetical  
Leaders  
Time: 9:30a – 3:00p  
@ St Joseph - Hayward  
Contact: Chris Newkirk @ 715 - 234-5044

January 30 – February 5  
Catholic Schools Week



## February 2011

February 2  
West Region School Mass w/Bishop  
@ Hudson  
Time: TBA  
Contact: Peggy Schoenfuss @ 715 - 234-5044

February 3  
East Region School Mass w/Bishop  
@ Merrill  
Time: TBA  
Contact: Peggy Schoenfuss @ 715 - 234-5044

February 11  
HARVEST  
“Vocation: Discerning God’s Call”  
Presenter: Fr. Thompson  
Time: 9:30a – 2:30p  
N5333 Maple Street – Tony  
Contact: Megan Noll @ 715 - 234-5044

February 16  
GOAL Workshop  
TBA  
Contact: Peggy Schoenfuss @ 715 - 234-5044

February 24  
Principal & Pastor Meeting w/Bishop  
Superior  
Contact: Peggy Schoenfuss @ 715 - 234-5044

February 24  
SUMMIT  
Time: 9:00a – 2:00p  
@ St Mary – Tomahawk  
Contact: Gwen Nies @ 715 - 294-4163

## March 2011

March 2 – 8  
Catechetical Week  
“Build your house on rock”, Matthew 7:21-27

March 11  
HARVEST  
“Teaching Mass”  
Presenter: Fr. Andrew Ricci  
Time: 9:30a – 2:30p  
N5333 Maple Street – Tony  
Contact: Megan Noll @ 715 - 234-5044

March 12 – 13  
Young Adult Conference  
Wisconsin Dells  
Contact: Megan Noll @ 715 - 234-5044

March 17  
New Principal Orientation  
BHC - Haugen  
Contact: Peggy Schoenfuss @ 715 - 234-5044

March 24

School Development Workshop  
"Enrollment: Recruitment & Retention Strategies"  
Location: TBA  
Contact: Peggy Schoenfuss @ 715- 234 -5044  
Or: Steven Tarnowski @ 715-394-0223

March 30

Diocesan Youth Rally  
Theme: "Do I Have To Go?"  
Chris Stefanick  
St Joseph – Amery  
Contact: Megan Noll @ 715 - 234-5044

### April 2011

April 6

GOAL Workshop  
Time & Location: TBA  
Contact: Peggy Schoenfuss @ 715 - 234-5044

April 8

HARVEST  
"Creating an Experience of Retreat"  
Presenter: Kelly Leahy  
Time: 9:30a – 2:30p  
N5333 Maple Street – Tony  
Contact: Megan Noll @ 715 - 234-5044

April 12

Chrism Mass  
Cathedral of Christ the King

April 13

Principal Meeting  
Ladysmith  
Contact: Peggy Schoenfuss @ 715 - 234-5044

April 14

Professional Development Day for all Catechetical  
Leaders  
Time: 9:30a – 3:00p  
@ St Joseph - Hayward  
Contact: Chris Newkirk @ 715 - 394-0204

April 27 – 29

NCEA Convention  
New Orleans

April 30

Spring Theology Day  
Hayward  
Presenter: Margaret Nutting Ralph  
"And God Said What?"  
Contact: Roger Cadotte @ 715 - 234-5044

### May 2011

May 12

SUMMIT  
Holy Rosary – Medford  
Contact: Gwen Nies @ 715 - 294-4163

### June – July 2011

June 12 – 17

Extreme Faith Camp  
Crossroads Camp – Mason WI  
Contact: Megan Noll @ 715 - 234-5044

June - 25 – July 2

New Beginnings Young Adult Mission Trip  
South Dakota  
Contact: Megan Noll @ 715 - 234-5044

July 12 – 13

YouthServe  
@ Rhinelander  
Contact: Megan Noll @ 715 - 234-5044

### August 2011

August 9 – 22

World Youth Days  
Madrid – Spain  
Contact: Megan Noll @ 715 234-504

### November 2011

November 17 – 19

NCYC (National Catholic Youth Conference) 2011  
"Called to Glory"  
Indianapolis, IN

### AGAPÉ TEC (Teens Encounter Christ)

[www.agapetec.com](http://www.agapetec.com)

Contact: Gwen Nies @ 715 – 472-2799

# 215 November 26 – 28, 2010

Our Lady of Sorrows School & Parish, Ladysmith

# 216 December 27 – 29, 2010

St Anne School & Parish, Somerset

# 217 March 4 – 6, 2011

Nativity of Our Lord School (South Bldg), Rhinelander

# 218 August 5 – 7, 2011

Cathedral of Christ the King School & Parish, Superior

### E-mail Addresses

Peggy Schoenfuss	<a href="mailto:pschoenfuss@catholicdos.org">pschoenfuss@catholicdos.org</a>
Megan Noll	<a href="mailto:mnoll@catholicdos.org">mnoll@catholicdos.org</a>
Roger Cadotte	<a href="mailto:rcadotte@catholicdos.org">rcadotte@catholicdos.org</a>
Kathy Drinkwine	<a href="mailto:kdrinkwine@catholicdos.org">kdrinkwine@catholicdos.org</a>
Chris Newkirk	<a href="mailto:cnewkirk@catholicdos.org">cnewkirk@catholicdos.org</a>
Donna Pieper	<a href="mailto:dpieper@catholicdos.org">dpieper@catholicdos.org</a>
Tricia Jacobson	<a href="mailto:pjacobson@catholicdos.org">pjacobson@catholicdos.org</a>
Steven Tarnowski	<a href="mailto:starnowski@catholicdos.org">starnowski@catholicdos.org</a>
Tim Kuehn	<a href="mailto:tkuehn@catholicdos.org">tkuehn@catholicdos.org</a>
Marilyn Ward	<a href="mailto:mward@catholicdos.org">mward@catholicdos.org</a>
Gwen Nies	<a href="mailto:gnies77@lakeland.ws">gnies77@lakeland.ws</a>

# Superior Catechist



Bishop Hammes Center  
PO Box 280  
Haugen WI 54841

**CHANGE SERVICE REQUESTED**

NON-PROFIT ORG  
U. S. POSTAGE  
**PAID**  
PERMIT NO. 1  
HAUGEN WI 54841

## Making a Commitment to Marriage

~ Megan Noll, Associate Director of Youth & Young Adult Ministry

Everyday we commit. We commit to taking the kids to their games and practices. We commit to going to work. We commit to our favorite cereals, our favorite TV shows, our brand names. The list goes on. But why do we make these commitments? There are a lot of reasons – routine, pleasure, duty or necessity, love... These reasons all have their place, but what happens when something stops feeling good or we get tired of the routine? Often times, we quit, we give up, we move on. This is especially easy to do if we forget the reason or reasons we are committed to something or someone in the first place.

Take marriage for instance. Marriage is a public witness of the love between a man and a woman. Marriage is even elevated to sacrament among baptized believers. As Christians then, marriage is a bond not to be broken (Mt 19:6). That means marriage is a lifetime commitment. It requires devotion, dedication and loyalty in good times and bad times.

Think about the people that you have met that think they have fallen out of love when they no longer have the same glowing feelings about their spouse? Is it any wonder when a husband won't pick up his socks? Or maybe you were expecting your wife to stay at 110 pounds?

Whatever the disappointments or disillusionments you had about marriage in the beginning, you have probably realized that love is not a feeling. Love is a choice. It is a choice to stay committed. It is a choice to work through things rather than give up.

Yet how do we make a commitment to marriage? For those that are married it requires patience and perseverance. Your commitment requires vigilance. Protect and stand up for your spouse. Remain faithful. Communicate. Listen. Spend time together alone. Go on a date night. Avoid temptations on and off-line. Savor the good times and recall them often. Overuse the words "I love you." Pray. Make a commitment to marriage by praying for married persons. Stay pure. Celebrate marriage.