****MINNESOTA 4-H** CLOVER UPDATE

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NORTHEAST REGION -- NORTH ST. LOUIS COUNTY

April 2019



University of Minnesota | extension



Above- Emily B from Wilpen club working with her new livestock!

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Stay up-to-date with NSL

There is always a lot going on in north St. Louis County 4-H. Stay up-to-date by:

- Accessing the County
 4-H Calendarhttp://z.umn.edu/1czk
- Like us on Facebook https://www.facebook.com/North-St-Louis-County-4-H

U of MN EXTENSION

- Follow us on
 Twitter @nstlouiscount4H
- Follow us on
 Instagram @northstlouiscounty4-H

4-H Project Bowl Update



This year North St. Louis County had 5 Project Bowl teams attend the 4-H Regional Project Bowl on Saturday March 16th:

- **JR Dog Bowl** Maggie G, Abigail F, Mackenzey H, Josiah G, and Terriana K.
- **SR Dog Bowl-** Andrea H, Eli B, Elizabeth G. Arthur T.
- **JR Horse Bowl** Aiden R, Cayman H, Trinity R and Cayson S.
- **SR Horse Bowl** Amara L, Ryan N, Ayden H, and Aryssa S
- JR Rabbit Bowl Heidi L, Magnus T, Avah W.

All 5 teams did an excellent job competing and representing our county!

This year 3 teams will be advancing to the State Project Bowl Competition on Saturday April 6th. Good Luck to everyone!

4-H Horse Ambassador Meeting

All youth in grades 6+ are invited to a Horse Project meeting on **Thursday April 4th from 6-7:30pm** at the Cherry School.

Youth will be planning summer program opportunities!



Parents please drop your 4-H'er off at the front door; a greeter will be identified.

Bees of Minnesota 4-H Workshop



Calling all youth in grades 6 and up to be a Citizen Scientist!

The first time a survey of Minnesota bees was completed was in 1919 when only 67 species were listed. Luckily there has been a lot of research since and scientists suspect there may be closer to 400 species, but to find out we will need the help of citizen scientist like you!

In this workshop you will learn about the life cycle and ecology of native bees, basic bee identification, and make your own been block to observe bees right in your backyard. These skills will prepare you to participate in the Minnesota Native Bees Atlas, a citizen science program!

When: Sunday, April 7th from 1-4pm

Where: Olcott Park Greenhouse Virginia, MN

Cost: Free!

Registration: Pre-registration is required.

Deadline to Register is Wednesday April 3rd

https://goo.gl/forms/618ALEaibzYaZZch1

4-H Poultry Care and Showmanship Workshop

For all 4-H youth! Come and learn about different chicken breeds, care and how to show them at the County Fair.

Chad from White's Riverside Hatchery will be presenting!

When: Tuesday April 9th 6-7:30pm

Where: Cherry Town Hall

Cost: Free!

Registration: Pre-Registration is required!

Deadline to Register is Friday April 5th

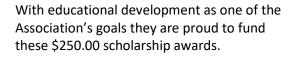
https://goo.gl/forms/yEWxR5ldb4MCYiDp2

2019 Laurence Kleven Memorial Scholarship

The St. Louis County Agricultural Fair Association (SLCAFA) is a non-profit organization, and is comprised of

individuals living in North St. Louis County who are involved in agriculture.

The SLCAFA is responsible for the yearly organization and presentation of the St. Louis County Fair as a means to educate area residents about agriculture and industry in Northern St. Louis County.



To apply for this scholarships you must be graduating from High School in 2017. You must live within North St. Louis County and must have exhibited at the St. Louis County Fair.

Application has been posted on our website https://z.umn.edu/laurenceklevenscholarship or you can pick up a copy at the 4-H county office. Applications are due by **April 10.**

4-H Fundraiser at Earth Fest

The NSL 4-H will be selling Coffee and large bag clips at the 2019 Earth Fest in Mountain Iron on **Saturday April 13**th!



There are 2 ways that you can help:

- Helping to pack coffee on Friday April
 12th
- Helping to sell on Saturday April 13th

All 4-H Families are encouraged to help with this event. To sign up

- To help pack coffee please contact Nicole at 218-749-7120 or vande422@umn.edu
- To sell https://www.signupgenius.com/go/50 80e45a8ad2ba2fc1-earth

Proceeds go to the NSL 4-H program which provides scholarships to leadership conferences, State Fair, and other regional and state competitions.

4-H Dairy Exploration Day

April 13, 2019 10 a.m.-3 p.m. Riverview Dairy/Lourison Farm 6014 90th Ave NE, Murdock, MN. Look for the big red barn!

The day includes:

- Participate in hands on learning labs including nutrition and reproduction techniques
- Learn about career and leadership opportunities throughout the industry
- And of course, tour all areas of the 9,000+ head state of the art facility, including the 106-cow carousel milking unit!

Cost: \$10.00 per participant (maximum of \$30 per family) for lunch and snacks.

NOTE: 4-H youth participating in this event **must be in grade 6 or above**. Participants do NOT have to be enrolled in the dairy project.

Parents/chaperones are welcome to attend and assist with facilitating groups but must pre-



register. Adults who are not active MN 4-H Volunteers, will need to sign a waiver the day of the event.

Dress for the weather. All participants must also wear closed toe shoes, long pants and we suggested a jacket because we will be walking through the barns and handling cattle. All other safety equipment will be provided..

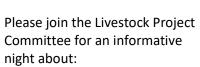
Registration is limited to 40 youth. Registration will be first come, first to participate. **Deadline for registration is April 4, 2019**. Parents planning to attend must pre-register.

If questions, contact Blaine Novak at 507-337-2815 or Marcia Woeste at 218-232-4975.

4-H Animal ID & Registration

Workshop

Are you excited to show your animal at the County Fair this year but confused on where to start or how to make it happen? Then this workshop is for you!



- How to ID your animal for the County Fair
- What it means to lease an animal and how it works
- How to register your animal to be shown at the County Fair
- And more!

When: Monday April 15th from 6:00-7:30pm.

Where: Cherry School Iron, MN

Cost: Free!

Registration: Pre-registration is required.

Deadline to Register is Friday April 12th

https://goo.gl/forms/SeIZJSV0qUuRSQ6B3

4-H County Ambassadors Meeting

Our County
Ambassador Team
has done a great job
planning many fun
and exciting activities
for the County this
upcoming year. If
you are in grades 6
through a year past



high school we would still love to have your help.



Our next meeting will be **Sunday April 28 from 4:00-6:00pm at the Northland Office Building.** We will be planning Project Fun Day!

Itasca/ St. Louis County 4-H LQA&E



All youth in grades 6 and up participating at State Fair or in the North East Livestock Show as a livestock exhibitor in beef,

dairy, sheep, swine, poultry, rabbits, meat and dairy goat and lama must have completed the a Livestock Quality Assurance and Ethics workshop.

Certification is required prior to county fair qualifying show and is good for three fair seasons. The level of training required is determined by the grade of the youth at the time the training takes place.

Note: Since 2006, pre-State Fair age 4-Hers are recommended to be certified.

Level 1 training: 4-H'ers grades 3-5, and first year exhibitors in higher grades.

Level 2 training: 4-H'ers grades 9-12+. 4-H'ers in grades 6-8 may elect to take either level based on their experience. Certification is good for three fair seasons.

When: Saturday, April 27, 2019 from 1:00-4:00 pm

Where: 123 NE 4th St., Grand Raids, MN Itasca County Courthouse

Pre-register by Thursday, April 25th at your local 4-H or online at https://goo.gl/forms/uf494YYPSvPgsEpD3

Unable to make this training? There are 2 options:

- A face-to-face 3-hour livestock quality assurance and ethics training from Minnesota 4-H. These will be offered in multiple locations statewide. This certification is valid for three fair seasons. Cost is set by county/regional host. For more information go to: https://z.umn.edu/36dv
- An online 1-hour youth quality care of animals training offered via distance learning. This certification is valid for one fair season. Cost: \$12; pay at registration with a credit card. For more information go to: https://z.umn.edu/36dv

4-H Project Fun Day- Registration

Now Open

The NSL County Ambassadors have been hard at work planning Project Fun Day 2019! All North St Louis County 4-H'ers, K-5 graders are



encouraged to take part in this fun event!

You will have a chance to explore and have fun with a variety of 4-H project areas. This is a great opportunity to learn new skills that you can display at the fair!

Workshops will be led by your County
Ambassador. Check out what is being offered
here!

Cloverbuds will have a special track of their very own! Take a look what is being offered here!

When: Saturday, May 4th from 10am – 2:30 pm.

Where: Messiah Lutheran Church, Mountain Iron.

Cost: \$10.00 (Lunch will be included)

Checks made payable to: NSL 4-H Federation

Scholarships are available, Please contact the Extension office for more information. 218-749-7120 or vande422@umn.edu

Registration: Registration is required.

Deadline to register is Wednesday May 1.

https://goo.gl/forms/ELiAL8peicXLJxYM2

NSL 4-H & Monarch Larva Monitoring Project Workshop

Calling all youth in grades 6 and up to be a Citizen Scientist!



Join us for an afternoon learning

about the Monarch Larva Monitoring Project and how you can be a Citizen Scientist. Katie-Lyn from the Monarch Lab will be presenting.

In this workshop you will learn about the life cycle and ecology of Monarchs, basic Monarch identification, and migration patterns of Monarchs. These skills will prepare you to participate in the Monarch Larva Monitoring Project, a citizen scientist program!

WHEN: Sunday May 19th, 2019 10:00am-4:00pm

COST: FREE! **Monitoring kits will be available for purchase** and include: clipboard with ID guide, life cycle cards, Milkweed Monarchs & More pocket field guide, hand lens, pencil, folding ruler, thermometer, rain gauge and a drawstring bag to keep everything together. Kits **cost \$35.**

WHERE: Olcott Park Greenhouse 711 9th AVE W Virginia, MN **REGISTRATION:** Pre-registration is required. **Deadline to register is Wednesday May 15th** https://goo.gl/forms/6T7oZDnTCPacROSL2

4-H Animal ID Forms- Due May 15

All 4-H members intending to exhibit dog, horse, lama, sheep, swine, or any livestock projects (Except Market Beef and Market Dairy) in our county fair 4-H classes or any 4-H event, will need to complete the 4-H animal ID



paperwork. For more information go to https://z.umn.edu/36du

If you do not own an animal, lease agreements can be used for most situations (may not use for market steers or other market classes that are considered a terminal project).

Complete the process on your <u>4HOnline</u> account, or get paper forms <u>online</u> or from the 4-H office.

Forms are due May 15.

Ear tags are now available in the 4-H office. Cost is \$2.00 per ear tag.

2019 4-H Engineering Design Challenge



The 2019 Minnesota 4-H Engineering Design Challenge is here! This year's theme, Help a Superhero Save the Planet, is sure to be

a fun and challenging opportunity for youth to apply engineering design practices, develop their teamwork and communications skills, and practice problem solving in a creative way. As it has in the past, the challenge will contain a basic task for teams to complete. **New for 2019**, teams have the option of creating their

own two-step challenge! <u>Learn more about the</u> challenge.

Youth choose between the Level 1 or Level 2 experience.

- Level 1 is designed for youth in grades 3 through 8 and machine creation focuses on mechanical engineering (simple machines).
- Level 2 is designed for youth in grades 7 through 12 and involves four categories of engineering: mechanical, chemical, electrical and fluid power.

Teams will compete at the second annual 4-H Engineering Design Challenge State Showcase in early August at a central Minnesota location.

If you are interested in participating or helping to coach a team. Please take a moment to fill out the form at

https://goo.gl/forms/cwpn7qCjxKmeLnTD3

Interested in being a coach and want to know what it entails? Check out the position description at

https://docs.google.com/document/d/14pu6r mbtNXC9C2FTrrAxJx1OjbjZG35MyxOurV2Rvag

Kandiyhoi County 4-H Horse Clinic



May 18th and 19th, 2019at the Kandiyohi County Fairgrounds in Wilmar, MN. Tentative topics include: showmanship, Western, English, Trail, Games, Show Prep, Horse Judging, and more.

Cost is \$100 per person and the deadline to register is April 27th!

For more information go to https://z.umn.edu/kandiyhoihorseclinic

Central Area 4-H Horse Camp

May 30- June 2, 2019 Camp Shamineau near Motley

Youth in grades 3+ and



their families are invited. 4-H Cloverbuds are not eligible to participate.

Take part in group lessons, education and fun while developing skills with your horse.

Camp holds a maximum of 80 youth participants.

4-H'ers are responsible for the complete care and saddling of their own horse. We encourage parents of young 4-H'ers to attend. Mature 3rd graders may participate only if a parent or adult in charge of that 4-H'er is present. 4-H'ers will stay in a lodge or cabin.

Parents are encouraged to come and may bring a horse. Classes will be provided for adults by Camp Shamineau at designated times and locations. Adults have the option of staying in a lodge/cabin or camping.

Registration is now open for more information go to: z.umn.edu/4h-horse-camp

MQHA's Popular Boot Camp



MQHA's Boot Camp, an intensive three-day program for 4-H members, and features sessions on Showmanship, Trail, English Equitation, Western Pleasure, Horsemanship, English Pleasure and Games.

The 2019 event is **June 11-13 at R&J Arena**, **Verndale**, **MN**. The training days are followed by a fun show on June 16. Space is limited.

Clinic sessions, stall bedding, all meals and snacks are included in the **registration cost of \$225.**

For registration information: https://z.umn.edu/41kx

Youth 4-H Horse Show



Saturday
June 15,
2019-at the
Kandiyohi
County
Fairgrounds
in Wilmar,
MN.

ALL 4-H RULES APPLY – Including the helmet and Cloverbud policies Helmets are required for all riding classes (State 4-H Rule)

Cost is \$25/horse and rider combination plus \$3 office fee— unlimited classes Or \$3/ class plus \$3 Office fee per horse — NO OPEN CHECKS! No refunds.

For more information go to https://z.umn.edu/youth4-HHorseShow

How do we inspire youth to understand, relate and connect to other people?

I am passionate about an idea called global

citizenship. Many people, when I tell them this is my specialty area, assume I'm describing some sort of foreign



concern, something that happens across international borders. But global citizenship is close to home rather than far away. In fact, it begins with how we relate to our neighbors.

As 4-H leaders, it is our privilege and responsibility to partner with youth in creating learning experiences that challenge them to be change agents who think globally and act locally. To consider the world as they engage with people in their family, club and community.

Does this get you excited?

Here are a few ways you can build global citizenship skills into your upcoming 4-H learning experiences:

- Introduce new words and phrases. Language is a tool to name the world and describe reality. Encourage youth to expand their vocabulary with words that reflect the spirit of global citizenship such as empathy, mindfulness, perception, privilege, power, worldviews, culture, tolerance for ambiguity, and more. You can create puzzles that help youth learn new words or create laminated posters that illustrate vocabulary and hang them each time your club meets.
- Build responsibility. Help youth cultivate a sense of agency and personal responsibility by encouraging them to identify goals that are increasingly challenging over time. Teaching youth to set goals effectively can be life-changing. You could also pair youth with mentors. Mentors not only help expand the world of youth, but they can also provide feedback that enables youth to gauge their own progress.
- Look out for others. Social responsibility grows from a commitment to the welfare of others. Whether it's at the county fair, in a club meeting, or during a leadership retreat, cultivate a culture where youth are looking out for each other. Start by inviting youth to identify group agreements; a set of clear, co-created guidelines to help everyone feel comfortable in an atmosphere of safety,

- respect, and trust. Once developed, your group can regularly revisit the agreements to see if they are still working and make changes if issues come up.
- Model thoughtful action. Pay close attention to your actions and be ready to admit your faults and mistakes, especially those involving the youth you work with. Show youth that you care, are ready to accept your faults and work on them. The results you wish to see in youth stem from the effort you put into yourself. Practice honesty, fairness, care for others, and care for yourself.

It's your leadership that makes a difference I am so grateful to the many youth and adult leaders who give their time to help 4-H'ers learn and lead. I look forward to hearing how you integrate some of these global citizenship skills into your upcoming 4-H learning experiences!

<u>Jennifer A. Skuza, PhD</u> Minnesota 4-H state director

2019 YELLO! Registration opens

April 1!

Register by May 10 the state leadership conference, Youth Exploring Leadership Learning Out loud! (YELLO!). This annual event will take place **June 11-14** in St.



and

for

Paul and is open to youth participants in grades 6+

The Minnesota 4-H State Ambassadors invite youth in grades 6+ to participate in the 2019 Youth Exploring Leadership & Learning Out loud! (YELLO!) leadership conference! During YELLO!, participants will engage in hands-on learning sessions facilitated by the State Ambassadors, listen to nationally-recognized keynote speakers, participate in community

service projects, and attend workshops on topics of interest!

Learn more and register beginning April 1.

Apply to be a Minnesota 4-H State Ambassador!

The Minnesota 4-H State Ambassadors are looking for youth

to serve on the 2019-

2020 team! Youth



currently in grades 10-12 are invited to **apply by May 17** for this year-long service role.

State Ambassadors serve as official Minnesota 4-H representatives at a variety of functions throughout the year, including the Minnesota State Fair, fundraising events and statewide 4-H programs.

State Ambassadors play a significant role in planning and facilitating leadership experiences for other youth - including the BLU regional workshops, and the YELLO! state leadership conference.

<u>Further information will be posted on our</u> website by April 1.

Interested youth are encouraged to sign up to receive notices about informational webinars regarding this role.

Join 4-H'ers across the nation in doing service in April!

This April, join the
Minnesota 4-H State
Ambassadors as we join
4-H members and alumni
across the nation in
pledging our hands to



larger service! 4-H is launching the annual True Leaders in Service initiative, a way for all 4-H members to say "thank you" to their

communities, counties, tribal nations, and states for all the support they have provided to 4-H for over 100 years.

The month-long community service challenge kicks-off on **April 1**, and ends with the National 4-H Day of Service on **April 28**. We are encouraging youth and adults to venture out into the community to lend a helping hand through projects that meet community needs. When completed with your project, <u>tell us about it online</u> or via email at <u>mn4h-trueleaders@umn.edu!</u>

We will offer several prizes to groups and individuals that participate! If your event is open for others to join, <u>register it on the</u>
National 4-H website!

Join in on the 4-H and JOANN partnership!

From now through April 31st, 4-H and JOANN fabrics have an in-store



partnership. There are three ways to join in on the fun:

- 1. During a visit to any JOANN store, purchase "Clovers for Kids" for \$1 or \$4.
- 4-H fabric will be on sale at certain JOANN retailers and online. <u>See a list of</u> <u>Minnesota JOANN Stores with 4-H Fabric</u>.
- Sign-up for the new JOANN 4-H rewards card. You'll earn 15% off of every purchase you make and a portion of your purchase will always go back to 4-H programs. <u>Sign up online</u>.

If you have questions or want to learn more, contact Jane Johnson (johns350@umn.edu or Laura Wyatt (wyatt118@umn.edu).

Participate in Tractor Supply Company's Paper Clover Campaign



Spring Paper Clover at Tractor Supply Company is here March 27 - April 7!

Stop into your local Tractor Supply Company store and donate a paper clover today. Funds from paper clover go to support county camp and leadership experiences. Your support helps 4-H programs immensely!

Visit <u>tractorsupply.com/stores</u> to find your local store.

2019 animal science lease information is now available

The Minnesota 4-H program allows the leasing of animal science projects to encourage a greater number of members to have the opportunity to experience the showing of livestock projects. The 4-H member will gain hands on experience in managing and showing the 4-H animal science projects through the cooperation and mentorship of local animal owners.

Breeding animals – beef, dairy, goats, poultry, rabbits, sheep and swine as well as prospect calves, lama, horses and dogs are all eligible to be leased. Check out the <u>Animal Science Lease Program Fact Sheet</u>, <u>Animal Science Lease Information Form</u> and <u>sample animal science lease</u> found on the <u>Animal ID webpage</u>. Contact your county program coordinator for more information.

Celebrate service: Thank you, volunteers!

University of Minnesota Extension and Minnesota 4-H salute the over 11,000 adults who volunteer to work with young people in a variety of learning experiences across Minnesota.



During National Volunteer Week, **April 7-13**, we especially recognize the hard-working volunteers through this year's theme, "Celebrate Service." Volunteers contribute to the 4-H program in multiple ways: direct service to youth; advising program direction; and sharing resources, including phone calls and emails, miles traveled in personal vehicles and personal dollars spent for program supplies and donations. But the most important resource volunteers give is time as they support youth in developing their passion and key life skills. Thank you to all Minnesota 4-H volunteers who tirelessly share your time, talents and resources to grow true leaders. We thank you for taking action and bettering your communities with and on behalf of young people and celebrate the important service you provide.

North St. Louis County 4-H Volunteers 2018-2019

Name	Years of Service	4-H Club	Volunteer Role
Boe, Heath	2	Wilpen	Club Leader
Boyd, Araina	5	Vermilion Shooting Sports &	Club Leader
Carda, Trenton	6	Wildlife	Archery and Wildlife Instructor
Chapman, Elizabeth	27	Baytree - Field	Club Leader
Chapman, Patsy	24	Baytree - Field	Club Leader
Dammann, Maude	5	Ely Knight Hawks	Club Leader, 2019 BLU Chaperone, Board of Directors Area 2 Adult Rep.
Eibler, Jeffrey	17	Ely Knight Hawks	Club Leader, Dog Trainer
Forsman, Tara	2	Ely Knight Hawks	County Ambassador Leader, 2018 YELLO Chaperone
Gripp, Renae	8	Embarrass Birchwood	Project Bowl Coach
Haavisto, Mark	1	Virginia Grows	After School Program Leader
Hadrava, Debbie	31	Merry Weather Workers	Club Leader
Heltunen, Catherine	32	Spirit Lake	Club Leader
Herbranson, Paula	8	Spirit Lake Shooting Sports &	Project Bowl Coach
Hill, Gina	2	Wildlife	Air Rifle/Pistol Instructor
Hill, Heather	2	Wilpen	Club Leader
Hill, Lorrie (Lenore)	21	Balkan Shooting Sports &	Club Leader
Hill, Mike	1	Wildlife	Shotgun Instructor
Honkola, Mary	13	Vermilion	Club Leader
Hujanen, Kelly	1	Embarrass Birchwood	Project Bowl Coach
Isaacs, Amanda	3	Wilpen	Club Leader, Federation Finance Committee Member

Kick, Brock	18	McDavitt	Club Leader
Kick, Cellina	4	McDavitt	Club Leader
Kick, Cennia Kick, Pamela	1	McDavitt	Club Leader
KICK, Palliela	1	MCDavitt	Club Leader, Board of Directors Area 1
Knuth, Jenny	14	Baytree - Field	Adult Rep
Kopic, Katie	3	Country Kids & Critters	Club Leader
1 ,		,	Project Bowl Coach, Horse Ambassador
Lampton, Allana	2	Wilpen	Leader
Laulunen, Robin	28	Embarrass Birchwood	Club Leader
			Project Bowl Coach, Livestock Committee Member, Board of Directors
Lindula, Heather	1	McDavitt/Wilpen	Area 3 Adult Rep
Lucas, Nancy	9	Merry Weather Workers	Club Leader
Mackai, Christine	13	Vermilion 4-H Club	Club Leader
Meier, Bonnie	33	Embarrass Birchwood	Club Leader, Project Bowl Coach, Dog Trainer, Dog Project Committee Member
Meier, Jerry	34	Embarrass Birchwood	Club Leader
Mellesmoen,	51	Linbarrass bir chwood	Club Leader, Federation Finance
Jeanette	13	Vermilion	Committee Member
Nash, Christopher	3	Wilpen	Club Leader, Federation Finance Committee Member, Board of Director At large Adult Rep
Novak, Mary	25	Embarrass Birchwood	Club Leader
Olivanti, Betsy	10	Spirit Lake	Club Leader
Paradis, Myia	3	Chisholm After School	After School Program Leader
Pender, Karen	29	Balkan	Club Leader
Pierce, Ellen	17	Embarrass Birchwood	Club Leader
Saranen, David	7	Embarrass Birchwood	Club Leader
Schelde, Julie	3	Baytree - Field	Club Leader, Livestock Committee Member, 2018 State Fair Chaperone
Sirjord, Amy Snetsinger-Palm,	2	Wilpen	New Family Navigator ,Horse Ambassador Leader, Project Bowl Coach, Recognition Committee Member
Ann	7	Wilpen	Club Leader
Theisen, Dana	1	Wilpen	Livestock Committee Member
ml n l	4		
Thompson, Barbara	4	Ely Knight Hawks	Club Leader, 2018 State Fair Chaperone
Thompson, Steve	4	Ely Knight Hawks	Club Leader
Trembath, Andrea	1	Vermilion	Project Bowl Coach, 2019 BLU Chaperone, Livestock Committee Member
			Dog Trainer, Dog Project Committee
Wavrin, Seija	4	Ely Knight Hawks	Member
Wood, Kristin	3	Country Kids & Critters	Club Leader

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