

Woodenbong Central School and Community Newsletter



Principal: Dr Greg Wilson
Unumgar St, Woodenbong

Phone: 02 66 351 281 - Fax: 02 66 351 488
E-Mail: woodenbong-c.school@det.nsw.edu.au




**Readers: This newsletter is supplied free with the help of the
advertisers. Please support them.**

17TH SEPTEMBER 2020

Week 9 Term 3

Mon Tue Wed Thu Fri Sat Sun

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|--|---|--|--|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
|  <p>Fruit & Veg Month 2020 31 August to 25 September</p> | | | <p style="text-align: center;">Coming Up Next Term...</p> <p style="text-align: center;">4th October—Daylight Saving Starts 12th October—Staff and Students return for Term 4 16th October—Last Day for Year 12 20th October—HSC Exams Start</p> <p style="text-align: center; color: blue;">PHOTOS FROM ATHLETICS CARNEVAL (PRIMARY AND SECONDARY) NEXT WEEK!!</p> | | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | <p>Border Ranges Riding Club AGM</p> | <p>Year 6, Year 12 & Captain Photo Orders Due</p> | | <p>Last Day of Term 3 Year 12 Final Assembly</p> | | |
| 28 | 29 | 30 | | | | |
| <p>SCHOOL HOLIDAYS</p> | | | | | | |

Principals Report



At Woodenbong Central School we believe that our students deserve to live empowered lives with passion. One result of this is we provide our students with a wide range of opportunities. These opportunities allow our students to find out what they like, what they don't like and what they may want to do after school. We also assist our students develop their talents through persistence, hard work and the development of a growth mindset.

Congratulations to Braeleigh on being selected you University of Queensland's Young Achievers program for 2021. Woodenbong Central School has been involved in UQ's Young Achiever's program for over 10 years. We are the only NSW school involved in this program. The program provides several advantages for the selected students as well as supporting those selected during years 11 and 12.

On Friday afternoon NSW Department of Education released their advice on Year 12 Formals. This information has been passed onto our Year 12 students. Any Year 12 formal must also follow Health advice.

Next Friday the school will hold our Year 12 Farewell Assembly. However, we will not be able to hold our normal Farewell Breakfast with parents staff and the students due to COVID restrictions. Parents Farewell not be able to attend the Farewell Assembly. We will provide a Zoom link for parents and family members to watch the assembly live.

We will also record the assembly and have a video available early next term. Contact the school if you require a link to the Zoom assembly.



This is a very different year for our Year 12 students as we cannot provide our normal end of Year 12 celebrations. We are working with our Year 12 students and their parents to mark this important occasion of the end of 13 years of formal school education as best we can to be both safe for our students and community as well work within the COVID-19 restrictions.



At the end of last week our infant students used laptops to research, insert pictures and provide a written response on a topic they were working on in class. They also produces a hand written response and hand drawn pictures. It was great to see the students demonstrate their learning in a variety of form.



Year 12 students will be able to have COVID tests fast tracked during their examinations. Student need to inform the centre they are a HSC student. NESA has provided COVID-19 information for our Year 12 students regarding their upcoming HSC examinations. This advice has been provided to our Year 12 students. It includes information on what to do if they are unwell during the examination period. Year 12 students can get their COVID-19 test faster. For further information see the NESA website for advice to HSC students: <https://educationstandards.nsw.edu.au/wps/portal/nesa/covid-19/coronavirus-advice/hsc>

During this time of COVID we are spending more time at home and potentially online. Remaining safe on-line can be a concern for parents. The following two website offer advice on remaining safe on-line as well as other relevant information. The Australian Parenting Website <https://raisingchildren.net.au/> and the eSafety Commissioner's website <https://www.esafety.gov.au/> provide information including, cyber safety, social media and electronic media. The raising children website has information on newborns, children, teens, adults, autism, disabilities, mental & physical health and an A-Z health reference guide.

We still need to be vigilant and cautious with our approaches to COVID-19. We still ask that parents keep students who are unwell at home. As we move into cold and influenza season the practices we are currently adopting for COVID may also help reduce the spread of colds and influenza. That is:

- Washing of hands (with soap) is an excellent means to prevent spreading disease and autoinfection. This is the same message we send at the beginning of cold and flu season. It is important to remind our students especially our younger students to wash their hands. Unwashed hands can spread infections. By touching your eyes, noses and mouths with unwashed hands can result you giving yourself the infection.
- Sneeze into elbows or into a tissue that is dispose of straight away and you then wash your hands.
- Stay home if you are unwell. The health and safety of our students and staff is paramount. If you are unwell with respiratory illness, you should remain at home until symptoms resolve and, where appropriate, seek advice from a medical practitioner (and call ahead first). As a precaution if a student becomes unwell when at school we will call home and ask that the student remain at until they are better.



Woodenbong Central School 2018 - 2020

Engage in Learning

***High Quality Learning
Environments***

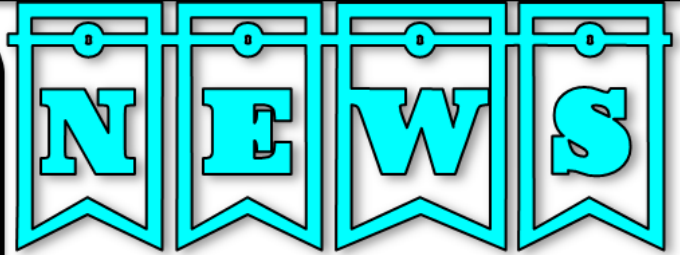
Deep Learning

Primary

Week 8,
Term 3

>>> Important Dates <<<

25th September: Last day TERM 3!!!



Reminders

A reminder to all that until restrictions are lessened, school grounds are a no-go area to parents and community members. This includes dropping off and picking up your children and **especially** during school hours. This includes all areas within the school perimeter.

We thank you for your understanding.

SOCIAL DISTANCING

To maintain the rules of **SOCIAL DISTANCING** please make sure
SCHOOL DROP OFFS AND PICK UPS

Are made **PROMPTLY** and **AVOID** entering school grounds.

Week 7 Awards:

Kindness is Cool Award Recipient:
Faith Sheargold

Next Week's Social Skill -
Treat others as you want to be treated.

Hardest Working Class:
Year 5/6

Winbin Winners:
Wyatt & Jahdon



CARING
FUN
THOUGHTFUL

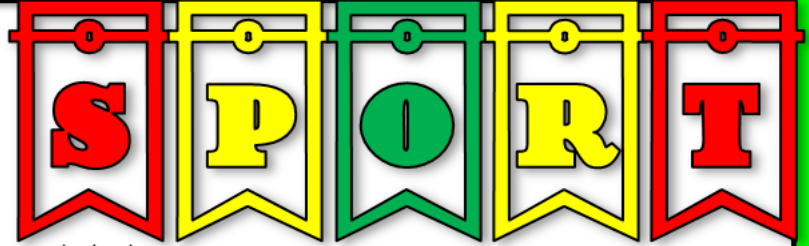
Week 7 Bronze Awards

K11 - Hudson, Sam
Year 2 - Katana, Millie
Year 3/4 - Dyllan, Flora, Tiana, Solomon
Year 5/6 - Elke, Lincon, Errol, Alice.

Primary

Week 9,
Term 3

Primary Athletics – Running Events



Last Friday, the 9th of September, Primary students were invited to the High School Athletics Carnival. It was a fantastic day and really enjoyable being involved with the high schoolers. Thank you to Mrs Amos and all the high school teachers for making us feel welcome. It was also a great experience since we were not allowed to have our parents there to support us. It was nice that the high school students could cheer us on. We completed all of our running races. The results so far are as follows:

50m:

5 Girls: (no entries)
6 Girls: (no entries)
7 Girls: Brooklyn, Millie

5 Boys: Hudson Steffen
6 Boys: Braydon, Cohen, Jirah
7 Boys: Jarius, Jack, Amos

100m:

8 Girls: Tori, Katana, Ada
9 Girls: Lily H., Ariya, Tiana
10 Girls: Marlaya, Isla, Flora
11 Girls: Erika, Stella, Steph
12 Girls: Cassidy, Leilani, Gabby

8 Boys: **Keanon**, Aidon, Hezakiah
9 Boys: Charlie S., Hunter, Solomon
10 Boys: **Jahdon**, Bryce, Tyler
11 Boys: Charlie, Liam W.
12 Boys: Clay, Marshall, Tyrone

200m:

Juv Girls: Brooklyn, Millie
JNR Girls: Isla, Tori, Marlaya
II Girls: Stella, Erika, Elke
SNR Girls: Cassidy, Leilani

Juv Boys: Jack, Jarius, Cohen
JNR Boys: **Jahdon**, Bryce, Keanon
II Boys: Charlie, Liam
SNR Boys: Marshall, Clay, Tyrone

800m:

JNR Girls: Isla, Tori, Ariya
II Girls: Stella, Erika, Elke
SNR Girls: Cassidy, Gabby

JNR Boys: Jahdon, Aidon, Keanon
II Boys: Charlie, Liam, Lincon
SNR Boys: Clay, Tyrone, Ethan/Gus

1500m:

JNR Girls: Isla, Ada, Lily H.
II Girls: **Stella**, Erika, Sharlynn
SNR Girls: **Cassidy**,

JNR Boys: Aidon, Keanon, Tagnyon
II Boys: Charlie,
SNR Boys: **Clay**, Marshall

Congratulations to all students above but also to the students in **BOLD** who broke a record in those events. I will include more details of records in next weeks newsletter! But for now, congratulations to Jahdon, Keanon, Stella, Cassidy and Clay.

Sports Award

For:
**Sportsmanship/
Effort at
Athletics
Carnival:**

Solomon
Lily M.
Gabby
Sam
Leighton
Dylan P.
Tagnyon
Tyrone P.

This Friday students will compete in the remaining field events. Again, parents + community are sadly not allowed to spectate.

SCIENCE AND OTHER NEWS

WEEK 9 TERM 3

By MR Rex

Spring warms up the wildlife

We seem to have had just enough rain to keep Tooloom Creek and Falls flowing, with Long-Necked Turtles and Water Dragons out sunning themselves on the lake above the Falls on Sunday. Lace monitors and snakes have been much more active in the area too. Wood Lizards ("Cunninghams Skinks") seem abundant around the edges of some school buildings lately!



Another of Murray Kelman's Lorikeet photos seems to just glow with Spring—Red Bottlebrush blossom afire as well. Spring brings a great deal of bird activity, often associated with nectar-containing blossoms and the fact that a number of bird species (Dollarbirds, Rainbow Bee-eaters, Spangled Drongos for instance) head south, returning to us from northern climes once our Spring gets underway. Murray's bird count, 2019-20 is up to 229. Wood Lizard photos courtesy of Murray as well

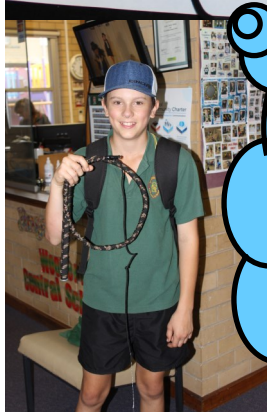
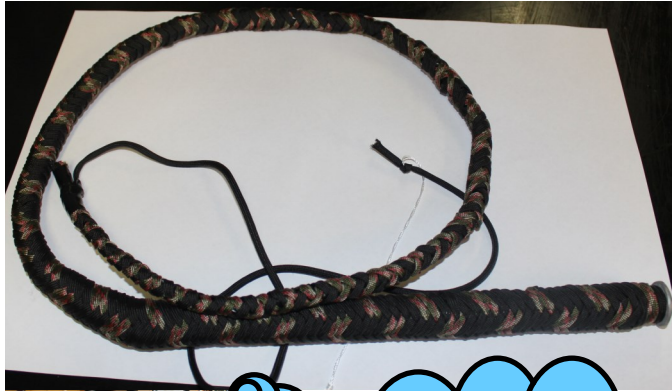
Year 9 and 10 Textiles Technology



Year 9 and 10 Textiles Technology students are making pyjama pants in their sewing classes.



Interest Electives



Jhett Wadsworth finishes his stock whip in Interest Electives with Mr. Rex. Good work Jhett!!

YEAR 9 TWINS



The four sets of twins in Year 9 plus the to ring-ins. The Year 9 Smith boys!!

Four sets of twins in Year 9. The Hoskins, Newmans, Giblin-Lloyds and Wilsons. Sadly the Giblin-Lloyds left last WCS week.



Live Life Well @ School

GET ACTIVE: BIKE SAFETY

Remember to CLIP, CHECK, CHIME!

It's a great time to get active by cycling safely outdoors

Just remind your children of these three steps each time.

- 1**

Clip your helmet
You must always wear a helmet when riding your bike.
- 2**

Check your brakes
Make sure your brakes are working.
- 3**

Chime your bell
If you pass another rider or pedestrian, chime your bell.

For more tips and a video on bike care visit:

bicycleNSW

bit.ly/BNSWCOVID



Border Ranges Riding Club Inc

PLEASE NOTE. AGM.

BORDER RANGES RIDING CLUB INC.

The AGM followed by a General meeting will be held at 32 Richmond Street Woodenbong. Date: 22nd September 2020 Starting time 7.00pm.

All membership fees to be paid before the meeting.

(Riding club for all ages and abilities)

The Club offers multiple disciplines.

Members and New Members Welcome.

**ORDERS BY
23RD SEPTEMBER**

YEAR 6, YEAR 12 AND CAPTAINS PHOTOS

**\$12
Each**



Year 12 - 2020

© The School Photographer 2020

**\$12
Each**



Year 6 - 2020

© The School Photographer 2020

**Orders
Due
23rd
September**



Year 12 - 2020

© The School Photographer 2020

**Orders
Due
23rd
September**



Year 6 - 2020

© The School Photographer 2020

Second Row: Lincon Moffitt, Gus Maloney, Azaria Stacey, Cassidy Cockram, Tyrone Weir, Clay Shaw, Mrs Stacey Shaw (Teacher)
Front Row: Stephanie Hoffman, Dylan Paget, Shariynn Newton, Gabrielle Stubbings, Lelani Sheargold, Ethan Green, Stella Dau

**Photo orders
will not
be place
unless they
are paid for**



Senior Captains - 2020

Nicholas Hannant, Shaun Hoffman, Dr Greg Wilson (Principal), Megan Green, Michael Goldsworthy

© The School Photographer 2020

**Photo orders
will not
be place
unless they
are paid for**



Primary Captains - 2020

Clay Shaw, Dr Greg Wilson (Principal), Stella Dau, Ethan Green

© The School Photographer 2020

Order Forms

\$12.00 each

Student Name:

.....

Payment: \$.....

| Item | Number Ordered | Item | Number Ordered |
|--------------------|----------------|------------------|----------------|
| Year 12 Fun | | Year 6 Fun | |
| Year 12 Jersey | | Year 6 | |
| Secondary Captains | | Primary Captains | |

YOUNG WOMENS WALK

A GUIDED BUSH WALK IN THE BORDER RANGES NATIONAL PARK WITH LUNCH AND ACTIVITIES

FOR AGES 12-18
THURSDAY 08/10
10AM - 4PM

LUNCH AND TRANSPORT PROVIDED

FOR MORE INFORMATION AND TO REGISTER CONTACT:
MIKALA -
YOUTH.WORKER@KYOGLETOGETHER.ORG.AU OR 0406725166

FIND US ON SOCIAL MEDIA @
KYOGLE YOUTH ACTION

MEET AT KYOGLE YOUTH ACTION
161 SUMMERLAND WAY, KYOGLE

Our mobile screening van is coming soon.

Book online or call 13 20 50



Bonalbo
26 -28 October 2020
Urbenville
2 & 3 November 2020

We recommend women aged 50 - 74 have a mammogram every two years.
Book your free mammogram online at book.breastscreen.nsw.gov.au or call 13 20 50.

KYOGLE JUNIOR CRICKET

Competition commences
Saturday, 24th October
Register online now at playcricket.com.au

Age Grouping

- 5 - 8 year old
- Under 10's game based program
- U 12's
- U 14's
- U 16's

Assistance available with registering Wednesday 7th & 14th October at Kyogle Recreation Ground 4.30pm

SHOW NEWS

NEXT SHOW MEETING

Tuesday 27th October, 2020
6:00 pm
Woodenbong Central School Community
Room
Everyone Welcome

2021 SHOW DATE

Saturday 4th September, 2021

Live Life Well @ School

COOK A HEALTHY TREAT

French Toast with Berries and Pistachios

www.MakeHealthyNormal.com.au



Ingredients:

- 2 eggs
- Light milk
- 1 tablespoon sugar
- ½ teaspoon vanilla extract
- 4 thick slices wholegrain bread (or 8 small)
- 1 cup raspberries
- 1 cup light vanilla yoghurt
- 1/3 cup roughly chopped unsalted pistachios.

Method

1. Beat eggs and whisk in milk, sugar and vanilla.
2. Soak bread in egg mixture one slice at a time and turn to coat both sides.
3. Heat a non-stick pan over a low-medium heat.
4. Pan fry bread for around 2-3 minutes each side until golden.
5. Serve with a dollop of yoghurt and top with pistachios and berries.

Tip: Serve with any of your favourite fruits

More recipes: www.makehealthynormal.nsw.gov.au



Developed by Northern Sydney Local Health District

Reflection For The Week

SICK OF LIVING MURPHY'S LAW????

It's said that in 1949 Captain Edward Murphy, an engineer working on a project for the United States Air Force, became angry because of a wrongly wired transducer. Scolding the technician responsible, Murphy said, 'If there's any way to do it wrong, he'll find it!' Over time such thinking became known as Murphy's Law.

Basically it states, 'Nothing is as easy as it looks. Everything takes longer than you expect, and if anything can go wrong, it will—at the worst possible moment.' How negative! Who would enjoy life if they lived it according to that philosophy? Because they always expected the worst—they'd get it!

God's law disagrees completely with Murphy's Law. The world may expect Murphy's Law to operate in their lives but, as a redeemed child of God, you need to resist that kind of thinking and embrace God's law. In essence, here's what it says: 'If anything can go right, it will. Nothing is as difficult as it looks. Everything is more rewarding than it appears, and if anything good can happen to anybody, it'll also happen to me.'

Think how much more you could you enjoy life if your thoughts agreed with God's law, and not Murphy's. The fact is, God has a great life for you—one He wants you to enjoy to the fullest. So instead of blowing everything out of proportion and contradicting God's Word, stand on this promise: 'We know that all things work together for good to those who love God, to those who are the called according to His purpose.' (Romans 8:28 NKJV) That's what it means to live by God's law—not Murphy's!

"Provided for you by the local Catholic, Seventh Day Adventist, Presbyterian, Uniting, Anglican, Crossroads Ministries & Muli Muli Full Gospel Outreach Churches".

**Daylight Saving
Starts
4th October 2020**



Live Life Well @ School

LET'S GET ACTIVE AT HOME



NSW Department of Education has a range of fun video episodes, linked to the PDHPE syllabus, called

GetActive@Home

Support your child be active at home and give these action packed sessions a go.

For health benefits, children aged 5-12 years need at least 60 minutes of moderate to vigorous physical activity every day. Variety is important!

Search 'GetActive@Home' at:
www.education.nsw.gov.au



Developed by Northern Sydney Local Health District

WOODENBONG PROGRESS ASSOCIATION

CALLING ALL PHOTOGRAPHERS

Woodenbong Progress Association is developing an image library will be available to local Councils, local businesses and the Border Mountains Tourism Association to promote the assets and advantages available, of Woodenbong and the surrounding area.

To develop this image library The Woodenbong Progress Association is conducting a photographic competition. The competition will run across Term 3 of the NSW school year. There will be four (4) categories for the submission of images:-

1. Scenery including flora and fauna,
2. Buildings,
3. People / Characters / events, and
4. Video images

Each photographer will be permitted to submit up to five (5) in each of the four (4) categories.

Video imagery would preferably be about one (1) minute in length and in any case not exceed five (5) minutes.

In each category there will be a first prize of \$300, a second prize of \$150 and a third prize of \$75. Additionally, a number of encouragement awards will be on available for our younger photographers.

To make it easier to submit your photographs and videos the Progress Association has started a dedicated email address woodenbongprogress@gmail.com to be able to receive your work.

Images submitted will become the property of the Woodenbong Progress Association and when used appropriate acknowledgement to the photographer will be given.

The final day for the submission of photographs and videos is Friday 9th of October 2020. This being the last day of the third term school holidays.

The final judging will be conducted by Kyogle C Ward Councilors.

On 20th of November 2020, an award night and display of the image library will be held. This is a significant date as exactly one year prior the fires that threatened Woodenbong started their run.





WOODENBONG DRIVEWAY

Rod & Kim Watson
PROPRIETORS
02 6635 1300
MOBILE 0427 351 300

Cnr. Macpherson & Unumgar Sts
Woodenbong NSW 2476
www.rodwatson.com.au
woodenbongdriveway@gmail.com

RJ WATSON: LIC NO. MVRL 20224



FOODWORKS



PHONE: 6635 1310
GROCERIES FRESH FRUIT & VEG FRESH BREAD
WEEKLY SPECIALS
EFTPOS

Open - Mon to Fri 8am to 6pm Sat 8am to 5pm Sun 8am to 4pm

PIT STOP CAFE

PIAZZA DORO COFFEE

34 Unumgar Street, Woodenbong

Open Wednesday to Sunday, 8:00 am to 3:30 pm

Divine range of home made foods, including pies, cheese cakes, cakes and other delights

Fish & Chips, Hamburgers, Hot Chips and More

All food and drink available to take way or eat in

PHONE ORDERS: 02 6635 1104

MIGHTY HELPFUL™

MITRE 10 TAYLORS

HARDWARE & ELECTRICAL RETAILERS



27 MacPherson Street
Woodenbong 2476

Phone: (02) 6635 1294
Fax : (02) 6635 1448

VISION Radio Network

Connecting
Faith to
Life

ALWAYS HERE FOR YOU!

WHY NOT TUNE IN TODAY!!

WOODENBONG
87.6 FM



YOUR LOCAL PHARMACY

WELCOMES YOU WITH FRIENDLY PROFESSIONAL SERVICES

MONDAY to THURSDAY 9:00 to 5:00 / FRIDAY 9:00 to 6:00

WOODENBONG PHARMACY - Phone 6635 1220 / Fax 6635 1221
39 MACPHERSON STREET, WOODENBONG NSW 2476



WOODENBONG HOTEL

Motorbike
Friendly
Pubs and
Places
Australia

Specialist in Group Catering

Genuine Hospitality
House made pizzas
Country Style Accommodation
Bistro (Full menu, International Cuisine)
OPEN 7 DAYS

THE STOP FOR
THE THREE DAY
WEEKEND

Creek
to
Coast

thewoodenbonghotel@gmail.com

Tel: 02 6635 1275

Killarney Vets

David Thomson BVSc & Associates

Urbenville Memorial Hall, Urbenville NSW

Tuesdays and Thursdays by Appointment

Phone - 02 6634 1314

Emergencies - 07 4664 1344

CARING • PROFESSIONAL

Woodenbong Progress Association

Meetings held the first Tuesday of the month

WOODENBONG GOLF CLUB

Winter: 7.00pm

Summer: 7.30pm

Everyone Welcome



KILLARNEY CO-OP

Ivy St, KILLARNEY Ph:0746641188 killarneycoop.com



Serving the Community Since 1922