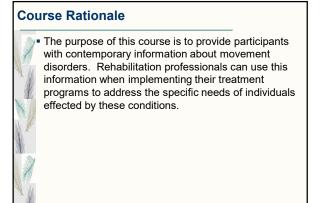


# \*Movement Disorders: Clinical Presentation and Rehabilitation Considerations" is a live (real-time) interactive webinar for rehabilitation professionals that presents contemporary information about conditions associated with extrapyramidal dysfunction. Topics include ataxia and various dyskinesias, including Parkinson's disease and Huntington's disease. This course includes discussion of pathogenesis, clinical presentation, and rehabilitation considerations for patients with these conditions.

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Goals and Objectives

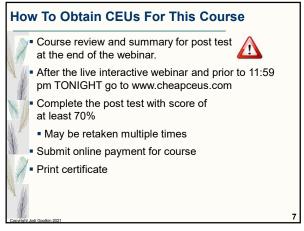
1. Define the classifications of movement disorders.
2. Distinguish movement patterns associated with extrapyramidal system dysfunction.
3. Identify the pathogenesis for specific movement disorders.
4. Recognize the clinical presentation of specific movement disorders.
5. Identify disease specific assessment tools.
6. Identify therapeutic considerations when developing rehabilitation programs for patients with movement disorders.
7. Describe the role and benefits of exercise in managing movement disorders.
8. Distinguish Parkinson's disease and parkinsonism conditions.
9. Describe cognitive and sensory cueing strategies to enhance motor planning.
10. Identify surgical procedures to manage Parkinson's disease.

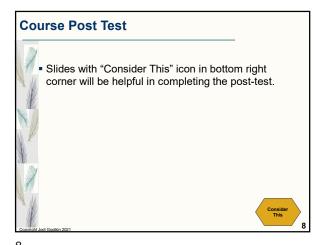
Application of concepts presented in this webinar is at the discretion of the individual participant in accordance with federal, state, and professional regulations.

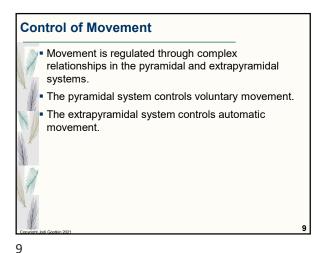
No conflict of interest exists for the presenter or provider of this course.

Extrapyramidal System Function 0:00-0:10 Characteristics of Movement Disorders Movement Disorder Classifications 0:21-0:30 Tardive Dyskinesia 0:31-0:40 Parkinson's Disease Pathogenesis 0:41-0:50 Course Outline Interactive Discussion of Clinical Applications 0:51-0:60 and Schedule Clinical Presentation 1:00-1:15 1:16-1:40 Rehabilitation Considerations Surgical Management 1:41-1:45 3-hour live Future Advances 1:46-1:50 interactive Interactive Discussion of Clinical Applications 1:51-2:00 webinar Early-Onset Parkinson's Disease Levodopa-Induced Dyskinesia 2:06-2:10 Parkinsonism Disorders 2:11-2:20 Huntington's Disease 2:21-2:35 Friedreich's Ataxia 2:36-2:50 Interactive Discussion of Clinical Applications 2:51-3:00

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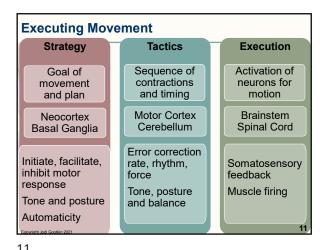


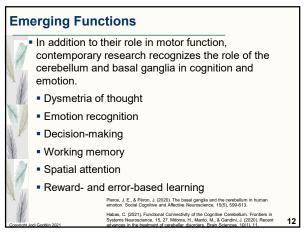


Composed of the basal ganglia, substantia nigra, thalamus and red nucleus with synaptic connections to the brainstem, cerebellum and pyramidal system.

Regulates involuntary and automatic movements.

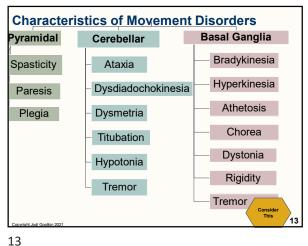
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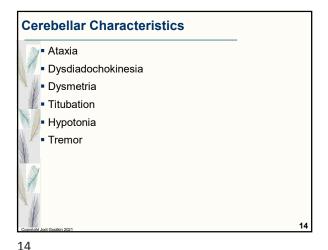


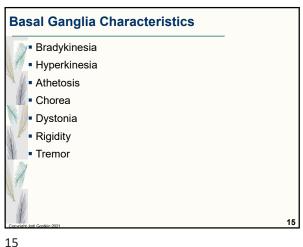


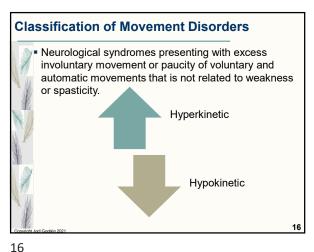
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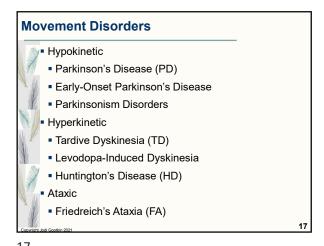
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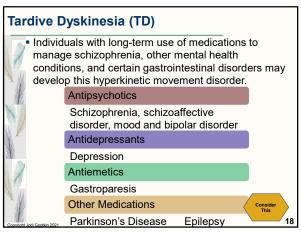




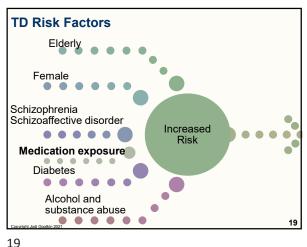


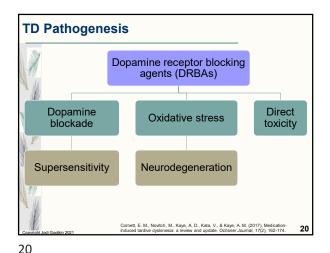


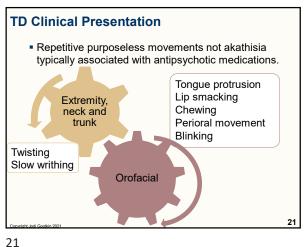




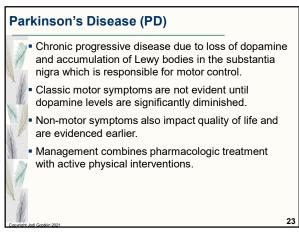
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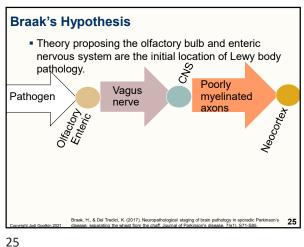
TD Treatment and Rehabilitation Considerations Prevention and early detection Medication: Valbenazine and Deutetrabenazine Activity of daily living and mobility impact of chorea and dystonia ■ Fall risk Dysarthria, dysphagia, TMJ pathology Physical capacity Emotional and social impact Respiratory dyskinesia in, R., et.al. (2021). Assessment or an increasing superior state of the same panel Recommendations. Neuropsychiatric Disease niq, M., Rosenfeld, A., & Harvey, P. D. (2018). Tardive dystate of the same panelsoning. CNS spectrum. 22

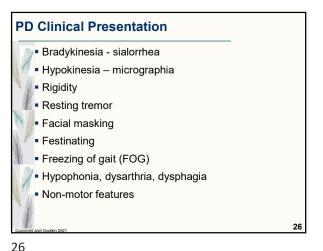


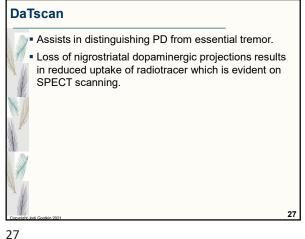
PD Pathogenesis Alpha-synuclein Genetics aggregation and Environmental fibrillization Lewy body Synaptic formation dysfunction Mitochondrial Dopaminergic and lysosome neuron damage apoptysis

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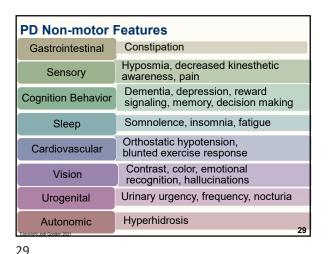
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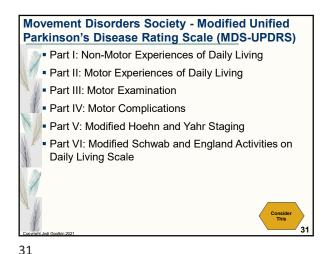


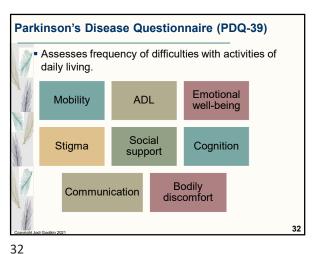
PD Hoehn and Yahr Scale Unilateral involvement only Unilateral and axial involvement Bilateral involvement without impairment of balance Mild bilateral disease with recovery on pull test Mild to moderate bilateral disease; some postural instability; physically independent Severe disability; still able to walk or stand unassisted Bedridden or wheelchair bound unless assisted

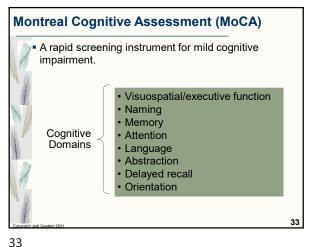


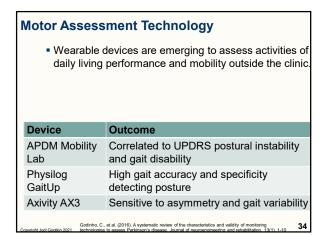
**PD Assessment Tools** Timed Up and Go (TUG) Cognitive and Motor Movement Disorders Society - Modified Unified Parkinson's Disease Rating Scale (MDS-UPDRS) Parkinson's Disease Questionnaire (PDQ-39) Montreal Cognitive Assessment (MoCA) Motor Assessment Technology

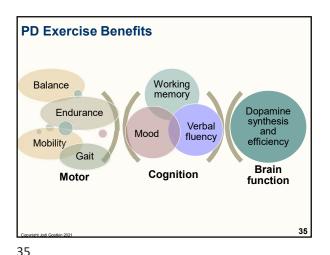
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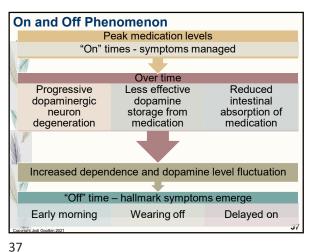


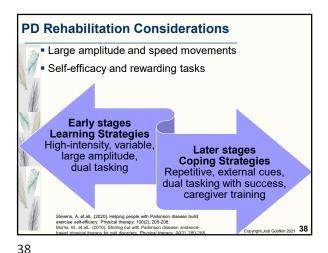


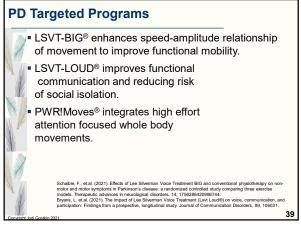
**PD Specific Interventions**  Aerobic conditioning – moderate to high intensity Resistance training – progressive Balance training – traditional, technology and aquatic Gait training – Body Weight Support Treadmill Training (BWSTT) Task-Specific training Community based training Intervention Outcome Resistance training Instability group decreased TUG and with and without UPDRS-III score, improved instability cognition and QoL scores.

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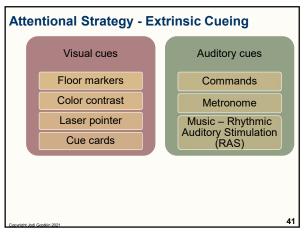


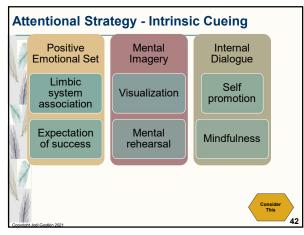


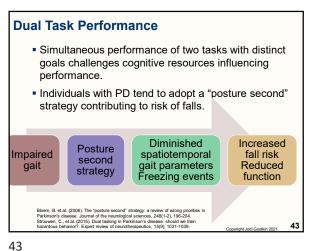


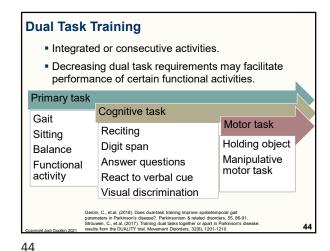
**PD Motor Planning** Motor and sensory processing is not correctly matched altering amplitude of movements. The least attention-demanding or most automatic task becomes the most compromised. Impaired balance while talking Swallowing difficulties while standing Sensory cues facilitate the motor cortex. Attentional strategies

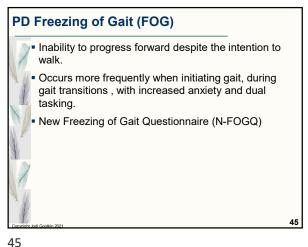
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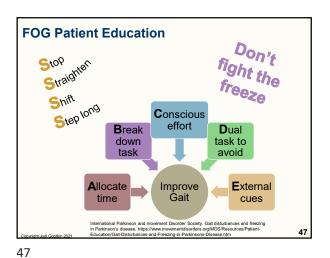






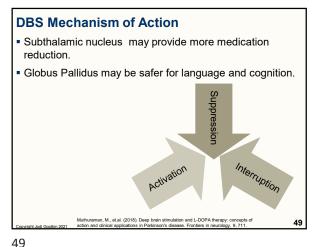


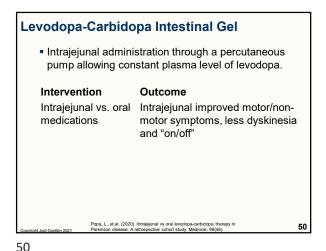
**FOG Interventions**  Cueing: laser pointer, metronome, music Resistance training with instability: greater middle/inferior temporal gyrus activation and amplitude of anticipatory postural adjustments Equipment: Laser and sound cueing assistive devices, wearable on-demand cueing devices

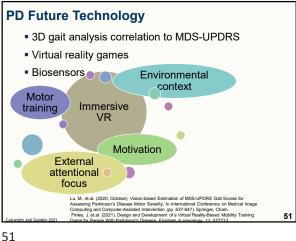


Deep Brain Stimulation (DBS) Goal is to change firing pattern to reduce motor symptoms not slow progression of neurodegeneration or manage cognitive decline. Most individuals can reduce medication use. Self-2016 tuning Early 2002 Advanced stages 1997 symptoms Tremor 48

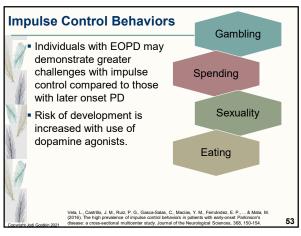
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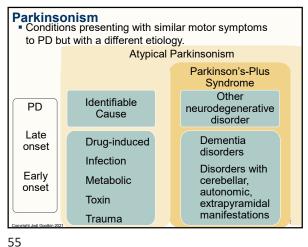
Early Onset Parkinson's Disease (EOPD) Compared to later onset PD, slower disease progression and more severe dopaminergic system damage. Greater Hallmark Milder behavioral motor cognitive and symptoms decline psychiatric symptoms More Genetics dyskinesia

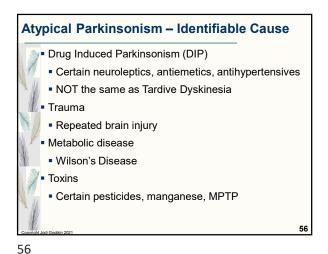


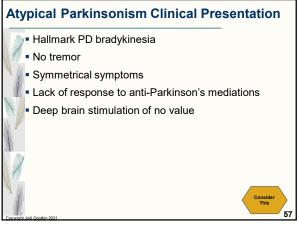
Levodopa Induced Dyskinesia (LID) Common side effect from long-term treatment with levodopa. NOT the same as "off" time. Choreiform, Levodopa Hallmark "On" peak symptoms respiratory, plasma Dyskinesia controlled abdominal levels movements

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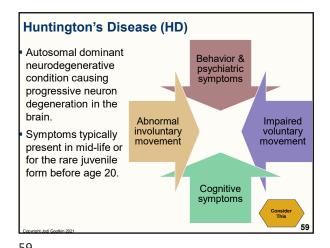


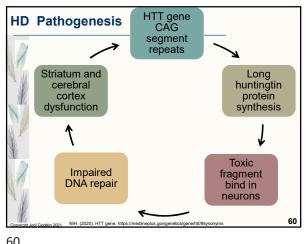




Parkinson's-Plus Syndrome Atypical Parkinsonism presentation and other symptoms Dementia with Lewy Bodies (DLB) Early cognitive difficulties and visual hallucinations Multiple System Atrophy (MSA) Rapid symptom progression, earlier postural changes, dysphagia and dysarthria, more severe autonomic changes Progressive Supranuclear Palsy (PSP) Impaired ocular motion, early balance deficits and falls, prominent facial folds Corticobasal Ganglionic Degeneration (CBGD) Asymmetrical dystonia, myoclonus, and apraxia

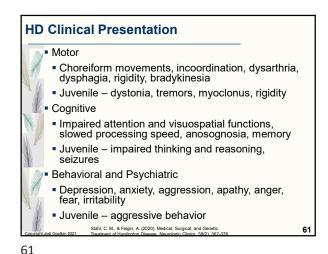
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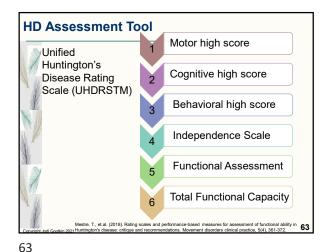
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Theory of Mind (ToM) is the ability to make inferences about other's emotions, beliefs, feelings and perspectives of others.
 Ability to interact effectively in social situations may be impaired due to
 Compromised empathy ability
 Difficulty discriminating social emotional stimuli out of context
 Limited negative emotion recognition
 Makes it difficult to recognize socially appropriate behavior
 Snowden, J. S. (2017). The neuropsychology of Huntingion's disease. Archives of Clinical Neuropsychology, 32(1), 876-887
 Peck, E. (Neubob., J. R. Marmarini, S., & Palmied, A. (2019). Empathy in Neurodegenerative face.

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**HD Clinical Course and Interventions** · Rigidity, bradykinesia, severe chorea, Late anarthria Stage · Caregiver training, supportive equipment • Dystonia, chorea, weakness, dysarthria, Middle dysphagia, thinking and memory impairment Stage • Gait training, balance, fall management, ADLs, adaptive equipment, positioning, seating, respiratory training · Chorea, bradykinesia, balance, depression Early • Aerobic exercise, strengthening, postural Stage control, work restructuring, task specific training Huntington disease. Neurology, 94(5), 217–228 Fritz, N., et.al. (2017). Physical Therapy and Exercise Interport

64

HD Rehabilitation Considerations	
Therapy and exercise participation can promote se confidence and independence, socialization and relationships.	elf-
■ Wheelchair evaluation, seating, mobility training	
Attentional strategies and sensory stimulation	
Dual-task training and chaining	
Challenges with motivation, mood, memory and socially appropriate behavior	
A contract of the contract of	
Fritz, N., et.al. (2017). Physical Therapy and Exercise Interventions in Huntington's Disease:  A Mixed Methods Systematic Review. Journal of Huntington's disease, 6(3), 217–235.	65
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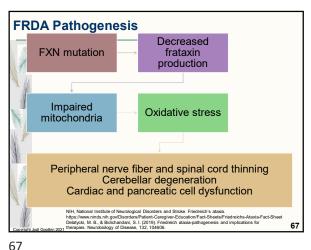
Friedreich Ataxia (FRDA)

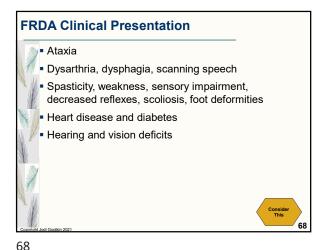
Autosomal recessive disease causing progressive neurodegeneration and impaired muscle coordination.

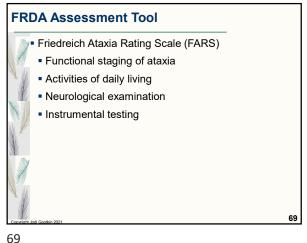
Begins in early childhood worsening with age and shortening life expectancy.

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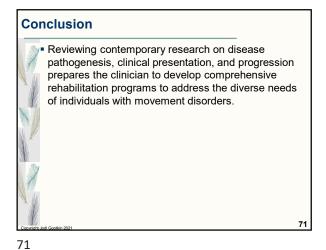
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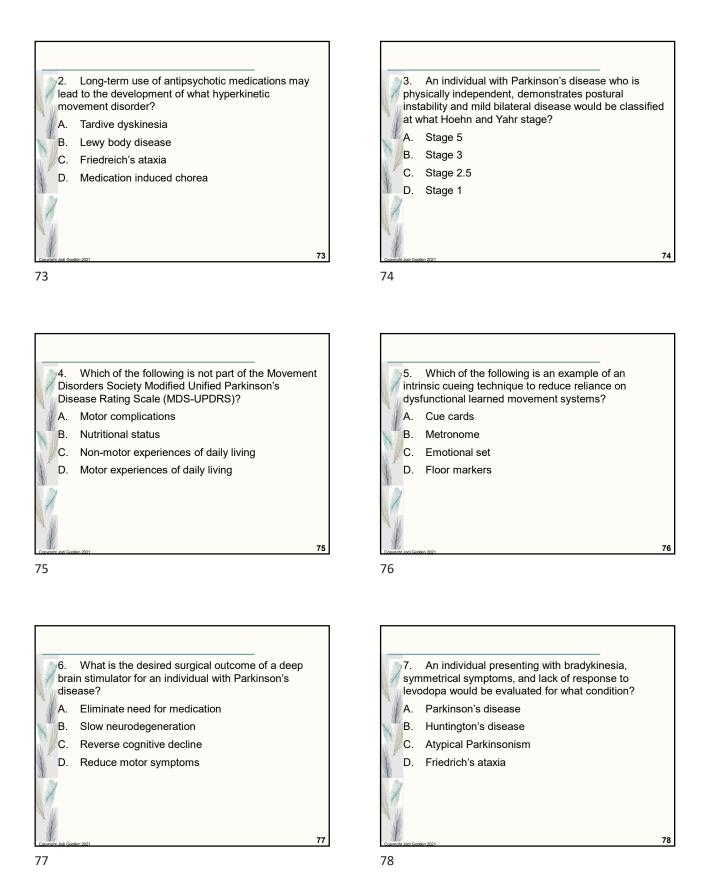


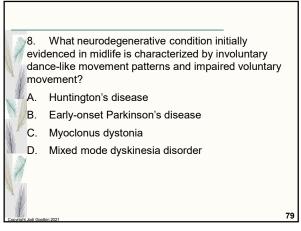
FRDA Rehabilitation Considerations Prolong independence, reduce falls, address fatigue Low-intensity and Frenkel's exercise Wheelchair prescription, orthotics, foot deformity surgery Vestibular, vision, and auditory testing School, work, home, and activities of daily living modifications, socialization, support system ek, J and Wyrwa, J. (2019) Friedreich's ataxia. PM&R Now https://now.aapmr.org/freidreichs-ataxis bux, A., et.al. (2020). Vestibular impact of Friedreich ataxia in early onset patients. Cerebellum &



Which of the following is not a characteristic of cerebellar damage? Α. Ataxia В. Dysmetria Dysdiadochokinesia D. Spasticity

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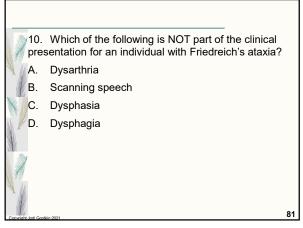
9. How does Theory of Mind (ToM) impairment affect individuals with neurodegenerative disease?

A. More frequent hyperkinetic movements

B. Difficulty recognizing socially appropriate behavior

C. Slow motor planning

D. Prolonged episodes of sleep disturbance



# Movement Disorders: Clinical Presentation and Rehabilitation Considerations

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### Resources

US Department of Veterans Affairs Parkinson's Disease Playlist – short videos addressing various aspects of Parkinson's disease told through individual's stories <a href="https://www.parkinsons.va.gov/patients.asp">https://www.parkinsons.va.gov/patients.asp</a>

International Parkinson and Movement Disorder Society Recommended Rating Scales

https://www.movementdisorders.org/MDS/Education/Rating-Scales/MDS-Recommended-Rating-Scales.htm

Movement Disorders Society - Modified Unified Parkinson's Disease Rating Scale (MDS-UPDRS)

https://www.movementdisorders.org/MDS/MDS-Rating-Scales/MDS-Unified-Parkinsons-Disease-Rating-Scale-MDS-UPDRS.htm

https://www.apta.org/patient-care/evidence-based-practice-resources/test-measures/unified-parkinsons-disease-rating-scale-updrs-movement-disorders-society-mds-modified-unified-parkinsons-disease-rating-scale-mds-updrs#Ref2

Parkinson's Disease Questionnaire (PDQ-39)

https://www.parkinsons.org.uk/professionals/resources/parkinsons-disease-questionnaire-pdq-39

Montreal Cognitive Assessment (MoCA) https://www.mocatest.org/

**Patient Motor Diary** 

https://www.parkinsons.va.gov/resources/motordiary.pdf

New Freezing of Gait Questionnaire (N-FOGQ)

https://www.physio-pedia.com/New Freezing of Gait Questionnaire (NFOG-Q)

Unified Huntington's Disease Rating Scale (UHDRS<sup>™</sup>) <a href="https://huntingtonstudygroup.org/uhdrs/">https://huntingtonstudygroup.org/uhdrs/</a>

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## **Videos of Movement Patterns**

Tardive Dyskinesia and Drug Induce Parkinsonism https://youtu.be/2xfu-d aYWs

Parkinson's Disease <a href="https://youtu.be/CqEwPqUO1Bw">https://youtu.be/CqEwPqUO1Bw</a>

Freezing of Gait <a href="https://youtu.be/3Dxv8O2Pgl4">https://youtu.be/3Dxv8O2Pgl4</a>

Levodopa Induced Dyskinesia <a href="https://youtu.be/YnKtwMisQVI">https://youtu.be/YnKtwMisQVI</a>

Parkinson's Plus Syndromes https://youtu.be/Qn4VrJRiBOk

Huntington's Disease - Adult <a href="https://youtu.be/Xmd16hMWi38">https://youtu.be/Xmd16hMWi38</a>

Huntington's Disease - Juvenile <a href="https://youtu.be/Sb6YjAfB1H0">https://youtu.be/Sb6YjAfB1H0</a>

Friedreich's Ataxia https://youtu.be/wdK\_eHjKQRE