



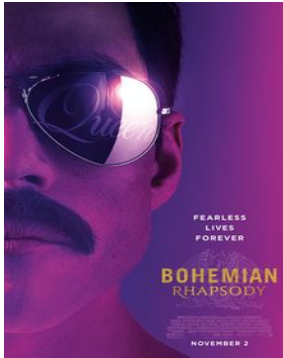
JUNIOR FALCONS

SIBMS NEWS

THE SADDLE BROOK MIDDLE SCHOOL NEWSPAPER

SPRING 2019

Movie Review-Bohemian Rhapsody..... By Olivia Laszcz



Thrill, excitement, and inspiration is what most people will feel while watching Bohemian Rhapsody. This PG-13 Biography/Drama is a story based on one of the most famous British rock bands, Queen. It shows the audience the obstacles the band and lead singer, Freddie Mercury, faced. But, Freddie Mercury persevered through those hard times, and performed in the greatest concert in rock history!

Many online reviews include comments such as “Truly brilliant” and “Extraordinary & Mind-blowing” (IMDB.com). The audience will feel the passion, dedication, and hard work that the band goes through, in this movie.

The viewers see this band as a family. The cast beautifully put together a film. The lead actors, Rami Malek, Ben Hardy, Gwilym Lee, and Joseph Mazzello are the talented actors that portray Queen’s accomplishments and downfalls through their journey. Overall, this was an amazing movie that I would certainly recommend!

Mamma Mia! By Jillian Levy

You can dance, you can jive, when watching Saddle Brook Middle and High School perform Mamma Mia live! Saddle Brook High School performed Mamma Mia from March 8th to 10th. The musical features music by Swedish pop group, ABBA, and follows the story of a girl named Sophie (played by Junior Summer Alfonso) inviting her mother Donna’s (Caelen Mahoney) past lovers to her wedding in hopes of finding her father. Upon their arrival, Sophie cannot tell if Sam (Jonathan Bekas), Bill (Ryan Gordon), or Harry (Thomas Wojcik) is her father. The cast members practiced for two and a half months before opening night, and with the struggles of snow days, maybe even less than that. Every cast is like a family, and everyone helps each other to reach their full potential. If you ever get the chance to join, you should.



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Diseases.....By Nicholas Sklavounos

We have all gotten dangerous illnesses or colds, such as the Flu, or Strep throat. They are no longer as dangerous as they were in the past because of the medicines created to treat them. Some infectious diseases are much worse, to the point where they could kill you, such as rabies, Tuberculosis (also known as the White Death) , Malaria, and Cholera SARS or Severe Acute Respiratory Syndrome. Some can be transmitted through animals, as well as through other people, and these diseases have been among us for thousands of years.

Rabies is a horrible disease that can affect both humans and animals and is spread through bites or contact with animals who carry it. If your pet is exposed to the virus, they may be quarantined for 4 months and ferrets 6 months. Most rodents normally do not carry rabies unless the animal is acting in a weird way or the virus is widespread where you live. In the US, the CDC publishes data yearly about rabies. The only way



someone can get rabies from another person is if that person is infected. To check if an animal is infected they do a DFA the look for the virus in brain tissue. Approximately 120,000 animals or more are tested for rabies each year in the United States, and approximately 6% are found to be rabid. To diagnose a human, they sample saliva, serum, spinal fluid, and skin biopsies of hair follicles at the nape of the neck. The virus cause inflammation in the brain that kills the host but before that it cause host to be more aggressive and hypersalivation which means the drool way more makes it harder to swallow and have the urge to bite.

A dangerous insect is the mosquito, for it transmits deadly diseases, such as Malaria.

Malaria kills thousands per year. The mosquito likes to be in humid and moist areas. When a mosquito is infected with Malaria they are more likely to bite. The stages are a cold stage, hot stage, and a sweating stage. Most common symptoms are fever, chills, sweats, headaches, nausea and vomiting. Others are body aches, discomfort, and pain. If you have severe Malaria you have cerebral malaria, with abnormal behavior, impairment of consciousness, seizures, coma, or other neurologic abnormalities.

Tuberculosis is spread through coughing, sneezing and saliva. About one quarter of the world is infected, but it cannot spread. People who have poor immune systems, HIV, malnutrition, diabetes, and smokers have a higher chance of falling ill. The symptoms are a bad cough that lasts 3 weeks or longer, pain in the chest, and blood or sputum (phlegm from deep inside the lungs) being coughed up. Other symptoms of TB disease are weakness or fatigue weight loss no appetite chills fever sweating at night. People who have HIV have a 20-30% chance to get TB. TB is treatable and curable but you have to finish the six month medical trial on 4 pills even if you feel better because it could come back and become antibiotic resistant.

World Hunger.....By Lindsey Wiessner



Every year, so many children and adults die from starvation, across the world. For example, “in developing countries today, around 45% of deaths of children under age 5 are directly linked to undernutrition” (echonet.org). It is very upsetting that so many people are affected by hunger, and unbelievable that “nearly 11% of the world’s population suffers from chronic undernourishment” (echonet.org). No one should have to be hungry, and it is very sad that so many people in this world are

undernourished. However, we all can make a difference. If we all donate even a little bit to funds like UNICEF, Action Against Hunger, The World Health Organization, etc. just think of how many people we can help. Take some time to think about how much you can change someone’s life by making even a small donation to a fund preventing world hunger. We all need to lend a helping hand, and together, we can end world hunger completely!

It’ll Only Get Worse- New Zealand Shooting.....Alishba Khan



As we all know, many lives were lost during the New Zealand shooting, with almost 50 men, women, and children dead. Many agreed the people who died, which were Muslims on a special day of prayer, had it coming for them. Even some New Zealand officials stated after them being the “perpetrators” of such crimes, in a way, the people who died deserved it. Saying that was wrong in so many ways, simply stereotyping the whole

population of Muslims, when they did absolutely nothing wrong. Although, the Prime Minister of New Zealand recently “visited a Christchurch’s Muslim and refugee community...wearing a black headscarf over her head and conveying a message of ‘love and support’ on behalf of her country.” She herself went to give her condolences to the grieving families, to show the world that if a tragic event occurs, they must remain united, not seperated, unlike someone who just tweets “May God be with the people of...” and moves on as if nothing happens.

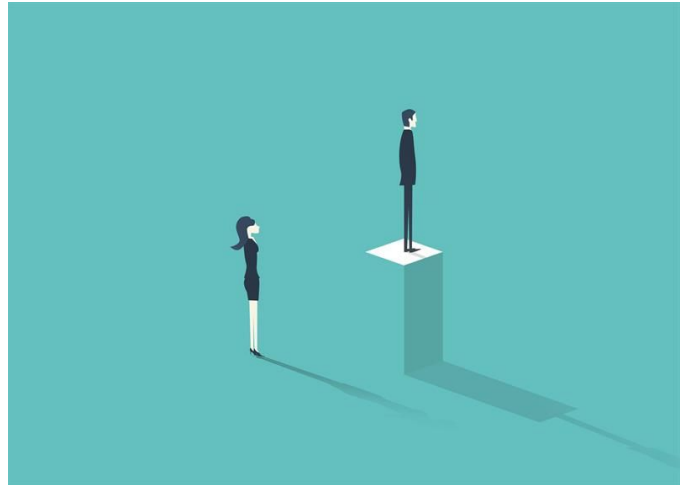
Finally, ten days after the incident, Minister Jacinda Ardern put strict new gun laws on rifles and handguns. Just one incident in one of the safest countries in the world, and they put a gun laws in place. Seeing other countries taking action should inspire our country to do it as well, and change our faults while we still have a chance because now, it’s only going to get worse.

Our Perspective on Gender Equality

Thoughts on Gender Equality- Boys Vs. Girls.....By Alishba Khan

To many, a boy is born, goes to school, and becomes something like a doctor, engineer, or financial advisor. Eventually he gets married and earns the pay for the family. Then you have a girl, who goes to schools, college until she gets married and in charge of the children and house-cleaning. If she does work, she is either a teacher or an assistant, nothing more. Times have changed now, but even then, others still have the old mindset of how boys and girls should live their lives. Although, it is proven that for learning in a working environment, girls end up doing better than boys. They are more focused and able to mentally learn faster than boys. Yet, many still don't want to accept that fact and make a change.

In as early as elementary school, Stanford University's studies have shown how "In almost every public-school system, girls came out ahead in reading scores," and in "more racially diverse districts, girls often outdid boys in Math." That makes you wonder if girls are already toppling boys scores in Math and English, how does that turn out in the future? Well, studies also



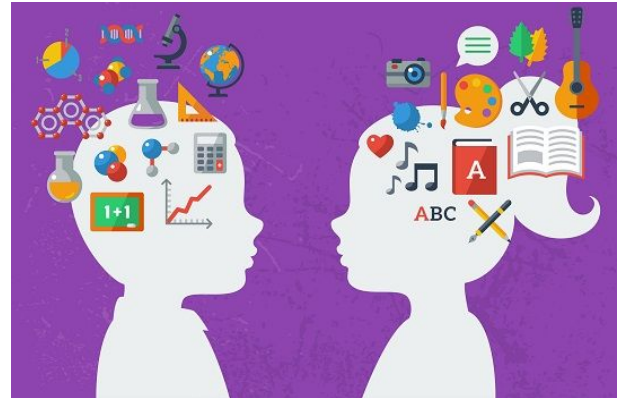
show how in college, "Starting with people born in the 1950s, American women have been more likely to graduate from high school; starting with people born in the 1960s, women have also graduated at higher rates than men." Yet even then, it is easier for men to get job offers because jobs think they can handle more. These facts have been here for years, although even now, it is a big deal when a woman takes on a big job. We as a society have the facts to show that in reality, women can take on the same things men can. So why is it still so hard for some to accept it?



This will sound biased, coming from a girl who has dreams of becoming something big, but the facts are all laid out in front of you. Men and women should have been made equal a long time ago, but many people still believe women shouldn't be near a position of a man. It is up to us to show our future generations to stop such stereotyping, so that this problem can finally end.

Gender Stereotypes.....By Ashely Severino

Humans are often stereotyped into two groups, boys and girls, or women and men. Especially older people feel that if people are born a certain gender, they should act and like things of that gender. Men and women are always perceived as different even though they really are not (<https://www.annualreviews.org/doi/full/10.1146/annurev-psych-122216-011719>). We don't have to follow these inequalities. Boys can like the color pink and still play with trucks, just like a girl can be an engineer but still like cooking as well. Many say we live in a gender neutral world because there's things for girls and there's things for boys. Why does it have to be separate? We are all human whether a girl likes sports and a boy likes cleaning. Like the YouTuber, Rachel Ballinger said in her video, "Sexist Toys", "if I am able to play with it, how is that a boy's toy?". A girl can easily assemble a lego set and play with it just as easily as a guy can. Rachel also stated that girls were skeptical about playing with nerf guns because they were meant for "boys only" and they were green and black. There's a solution: just make it pink, all better, right? No, changing a color is not a true solution to things. We shouldn't decide whether a man is going to become a doctor and a woman is going to become a nurse. We have to make a change! We have come so far yet not far enough!



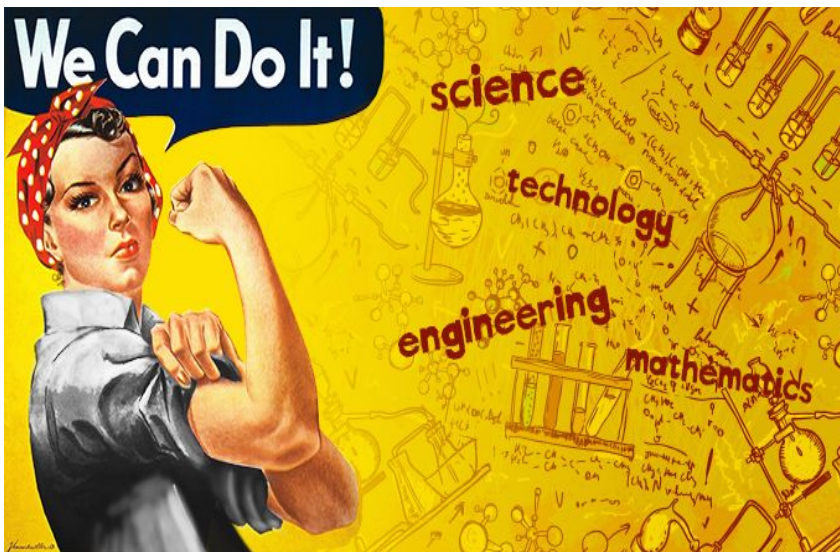
Gender Inequality.....By Isabelle Pimentel



Do looks really matter? Does it matter if girls like the same things boys like? The answer to this question is no. No matter what gender you are it shouldn't matter whether or not if you like makeup or books or school. Girls can like the same things boys like and boys can like the same things girls like. The YouTube beauty guru James Charles is a great example of this. Just like girls like makeup he loves it too, he doesn't care about people judging him for being gay or if they judge him for liking makeup. He is a great inspiration to other guys out there in the world because he proves that looks don't necessarily matter when you have people to support you and he proves that girls and boys can both like the same things.

Women in Science and Math.....By Lindsey Wiessner

Why are there so few women in science and math fields? Why are the numbers still so low? Women are just as capable of pursuing a science or math career as men are. However, there is a general stigma around these careers, making them seem as something that only men do. For example, many times, when people think of scientists or mathematicians, they are thinking of men, not women. Since they were young, most girls were not very exposed to the thought of having the possibility of becoming involved in the sciences. By the time they really saw that as a possibility, most already decided on another career path, or figured that science just wasn't for them. Science is a very hard career to pursue, and many who try need a lot of encouragement in order to get through all of the difficult classes. Many also see science and math as careers for men. Even if a young girl has a strong passion for one of these fields, they might not be confident enough to admit it or pursue it. These are the statistics of women in different fields of science and math, as of 2016:



*"35.2% of chemists are women;
11.1% of physicists and astronomers are women;
33.8% of environmental engineers are women;
22.7% of chemical engineers are women;
17.5% of civil, architectural, and sanitary
engineers are women;
17.1% of industrial engineers are women;
10.7% of electrical or computer hardware
engineers are women; and
7.9% of mechanical engineers are Women."*

~<https://ngcproject.org/statistics>

However, there is still hope for women in these fields. My cousin, Nicole Rosato, a former NASA intern who is currently working on her PhD in math modeling, shares some of her ideas on how to encourage women to pursue these fields. She says that if we use public outreach, like having women go to schools to encourage the girls, they may begin to think that these fields are more of a possibility for them. She also does think that since she started college to now, the number of women in math fields has gone up, and now she explains that more than 50% of the people in her PhD class are women. We are constantly making progress and, maybe if more women encourage other women to follow their dreams and pursue these careers, we can make even more progress. So, to all of the girls out there who like science and math, go for your dreams, and even if people tell you that you can't, prove them wrong. Together, we can change these statistics for the better and help create gender equality in math and the sciences.

Depression.....By Emma Lee, Julia Sokol, and Danica Tannucilli

What is depression?-Depression is a mental health disorder, that cannot be self-diagnosed, and it can greatly impact a person's life, in a negative aspect.

What are the signs of depression?- One symptom of depression are loss of interest in things that the person would normally be excited to do. People suffering from depression may experience changes in their mood, and may deal with anxiety, general discontent, guilt, mood swings, and sadness. Depression may also affect a person's sleep schedule, and they may sleep a lot less or a lot more. They may be easily irritable or restless. Depression has other effects such as lack of concentration, slowness in any activities, and thoughts or mentions of suicide. Not everyone with depression presents these symptoms, as not every case of depression is the same, and everyone's symptoms may be different.

How can you help someone suffering from depression?-If the condition of someone you know suffering from depression is getting concerning, tell an adult immediately. Even if you are scared that if you tell an adult the person will no longer want to be your friend, you should tell an adult. When one of you friends is expressing signs of depression, let them know you are there for them. Even though it might not cure all of their problems, it may help them gain the slightest bit of hope and it may make their mindset somewhat reconsider anything negative they might be wallowing on in that moment. Don't put people who express symptoms of depression down, for you do not know what they are going through. Be considerate. Be kind to everyone, you never know what people are going through!

Suicide Hotline - 1-800-273-8255



Government Shutdown.....Isabelle Pimentel

A government shutdown is when there is a funding gap period where government agencies and operations shut down. Trump issued this shutdown on December 22, 2018 until January 25, 2019. He thought that if the government shutdown he would profit more for the wall and gain a little more money for it. It was the second government shutdown during the presidency of Trump. Trump wants \$5.7 billion for the wall, yet he claims he only has \$3.2 billion for it. While the government shutdown was taking place, government workers couldn't work or get paid. After the shutdown, the Republican chairman of the Senate Homeland Security Committee said he is undecided on whether to rebuke Trump's national emergency declaration, adding that he is concerned the maneuver establishes a dangerous precedent for the executive branch. Many people don't know whether or not they will be electing president Trump next year. The shutdown affected a lot of thoughts on both the Democrats and Republicans parties, causing a "heavy political toll" (Politico.com). This is the longest government shutdown in history, and it has caused lots of controversy.

The 1975.....By Amira Souda

The 1975 are a well-known pop rock band from Manchester, England. The band consist of Matty Healy (vocals), Adam Hann (guitarist), Ross Macdonald (bassist), and George Daniel (drummer). They have been on break since their “i like it when you sleep for you are so beautiful yet so unaware of it” tour. They’re returning to tour their newest album, *A Brief Inquiry into Online Relationships*. The tour starts on March 16th and ends September 27th, and they will be going all over the world. This album includes magnificent pieces like “Sincerity is Scary to Love It If We Made it”. This third album has been called more mature and lyrically devoted in comparison to their older albums. The live shows are aesthetically pleasing and the performance of each song is diverse in every way, which makes the listener more and more intrigued with the show. For example, when performing their new single, Sincerity is Scary, Matty Healy walks/dances on a built in treadmill. During their older songs like “Somebody Else” and “The Ballad of Me My Brain”, he stands in a built in box on a screen. The 1975 has lyrically and emotionally grown since their last two albums. Their sound, lyrics, and live show performances have developed tremendously and are still developing so create an amazing visual and hearing experience for their fans.



Stray Kids.....By Nicolette McGuire



Mental illness used to be a taboo subject, but with the growing support for its victims, many different forms of support have emerged throughout the years. Many new bands are making this change to the music industry, and they’re taking it by storm. Popular group, Stray Kids, has taken a stand with this recurring problem, with songs on mental illnesses, and speaking openly on the topic.

Artists in the states aren’t the only ones spreading support. Stray Kids, a nine-member group formed under JYPE, a South Korean entertainment company also speak about these topics to the public. Officially formed in December of 2017, the group released several tracks centered around mental illness, such as “Young Wings”, a song about anxiety about becoming an adult, and “Voices”, a song about schizophrenia. They spread their love and support in ways many can relate to, and can go back to when they need it. Stray kids are changing people’s lives in the way of music, and we should be inspired to spread the love ourselves. That way mental illnesses can be something rare, because the love is too strong to break.