



Rhythm Strip ID contest: Identify this rhythm strip in an email to the MRHC Education Department at tmurdaugh@mrhcok.com. If correct, you will be entered into a drawing for a door prize!



MRHC Focus

Did you Know?

There is an official MRHC EMAIL SIGNATURE TEMPLATE for all employees. According to Policy Tech, "The only modifications allowed to the template are for user name and phone numbers (personal cell phone number optional). Nothing shall be added to the signature." The template can be found under HIS: Email Policy. Here's what it looks like:

Name
Title
McAlester Regional Health Center
1 Clark Bass Boulevard
McAlester, Oklahoma 74501
Office:
FAX:
Email

According to the policy, "The only additional line that can be added to the signature are the words 'Improving the Health of Southeastern Oklahomans.'"

Also, "No photos, cartoons, quotes or sayings shall be added to the email with the exception of those items related to the work-issue being addressed in the message."

Meet your MRHC PICC & Infusion team

With more than 30 years of experience, McAlester Regional Health Center's Infusion Department offers the only PICC team in the area, along with outpatient and inpatient infusion services.

Mike Noel, Bonnie Curry and Heidi McAlester, all Registered Nurses, staff the department, which includes 4 rooms for outpatient infusion, as well as PICC line insertions both for inpatients and outpatients.

Infusion patients include those with antibiotic therapies, blood transfusions or other extended IV treatments. And PICC lines are for long-term IV access and require specialized nursing skills for insertion.

Mike Noel has been at MRHC for 20 years,



MRHC's Infusion Department, from left, are Registered Nurses Heidi McAlester, Mike Noel and Bonnie Currie, pictured here with a vascular access ultrasound.

including 7 years as a PICC nurse. He is a graduate of West Texas A & M University.

Heidi McAlester has been at the hospital for 12 years, including 7 at Infusion. She is a grad of Eastern

Oklahoma State College and Oklahoma City University.

Bonnie Curry is relatively new to MRHC, joining the team in July. She is a graduate of Northeastern Oklahoma A&M College at Miami.

MRHC opioid program gets national attention!

A program developed at McAlester Regional Health Center is getting national attention for its success reducing the use of addictive medication to treat patients.

The MRHC HOMES (Hospital Opioids Maintenance of Efficacy & Safety) program is being shared with hospitals across Oklahoma, and across the country.

We reduced the amount of opioids prescribed

by 30.3 percent (Daily Morphine Milligram Equivalents) during the first year of the program, in 2016. The program is also credited with a 15 percent decrease in the time patients spend in the hospital, a 16 percent reduction in patient falls, and a 28 percent drop in Adverse Drug Events.

Dr. Jason McElyea, Director of Medical

(Continued on page 2)

Volume 4, Issue 4

April 2017

MRHC Calendar

- April is National Occupational Therapy Month
- April 3-9 National Public Health Week
- April 7 World Health Day
- April 15, Eggstravaganza, Freedom Ford, 10-2
- April 16, Easter
- April 19, Health Fair, Pittsburg County Health Dept, 10-2
- April 21, KEDDO Senior Fair, SE Expo Center, 9-2
- April 22, Parkinson's Rally Walk & 5K, MRHC, 8 a.m.
- April 23-29 National Healthcare Volunteer Week, April 23-29

AirCare now carries O-neg blood

McAlester Regional Health Center's dedicated air transport program is now approved to carry life-saving blood supplies for patients who may need it while in transit.

McAlester Regional AirCare worked with Oklahoma Blood Institute on the project, which includes use of an insulated thermal cooler in the AirCare helicopter at MRHC. The cooler contains O-negative whole blood, which means medics can immediately administer blood to patients in an emergency, regardless of the patient's blood type.

The OBI is the exclusive supplier of blood supplies at MRHC.

"We are proud that our partners have added this life-saving feature for patients who need transfusions while on their way to us," said MRHC CEO David Keith. "When every second counts, AirCare medics will now be able to begin treatment in the field or in flight."

The thermal cooler maintains an appropriate temperature with a monitoring device. If the supply is not used within a prescribed timeframe, it is cycled back to OBI for inspection.

From the CEO: State funding for healthcare

The Oklahoma Health Care Authority is closely guarding information about the contract process for Managed Care proposals for SoonerHealth+ for the Aged, Blind and Disabled. The OHCA must offer at least two MCOs and may contract with more. So how will this impact Oklahoma patients, hospitals, and MRHC?

The OHCA released "draft" per-member, per-month capitated rates in January that bidders used for their proposals. The final rates paid to MCOs will be based on claims expenses that not yet available, but the same methodology will be used.

Some commented that the rates were very low, and were concerned about significant reductions assumed. For example, the state's actuary assumed a 45% inpatient and ER usage reduction for disabled children!

While the SoonerHealth+



CEO David Keith

program is intended to be budget-neutral, OHCA asked for \$53 million in start-up costs. Of this, \$46 million is needed to handle a "claims bubble" – the overlap of up-front capitation payments to the MCO plans while the state pays incurred claims for these

members. What is the "bubble" estimate for the third year of the program, when Aged, Blind and Disabled members in nursing homes join SoonerHealth+?

States are not allowed to directly supplement payments made by Medicaid MCOs, so Supplemental Hospital Offset Payment Program (SHOPP) will be reduced in size as SoonerHealth+ claims are paid by the MCO's. The OHCA estimates SHOPP reductions of \$69 million the first year, increasing as members in long-term care are added in subsequent years.

For now, hospitals and state officials are consulting with other states and technical experts to find a way of keeping the level of payment provided by SHOPP for hospital services delivered through SoonerHealth+.

(Continued from page 1)

Education at MRHC and Program Director for our Family Medicine Residency Program, has presented HOMES (available on the MRHC website at <https://www.mrhccok.com/patients/patient-safety>) to the McAlester City Council and McAlester Mayor John Browne's Drug Forum, and the American Academy of Family Physicians in Kansas City.

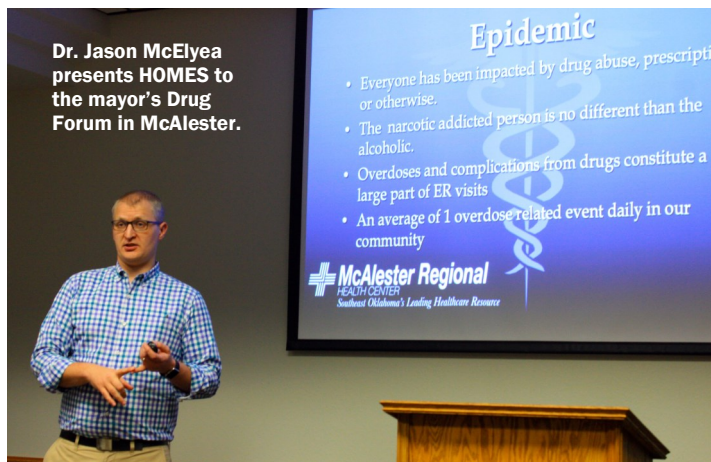
McElyea is one of the members of the MRHC Stewardship team that developed the program. Others are Pharmacist Robbie Savely, Pharm. D, BCPS; Chief Information Officer Jason Bray; Chief of Staff Christopher Beene, MD; resident Chelsea Berges, DO; hospitalists Timothy Cook, MD, Zane DeLaughter, MD, and Kristin McElyea, DO; Pharmacy Director Larry Auld, and Case Management

Supervisor Melissa Peckio.

This month, McElyea and Savely will present to Quality professionals of the Vizient Network in Las Vegas. Presentations have been requested by OSU residency

programs, St. John Medical Center's hospitalist group and Integris Baptist Medical Center's hospitalist group.

Strategies include educating physicians about their level of opioid prescriptions.



MRHC Foundation Gifts



Left, a gift through the American Heart Association from the McAlester Regional Health Center Foundation provided CPR in Schools Training Kits for four area high schools: Haileyville, Hartshome, Indianola and Wilburton. Oklahoma requires all students have CPR training prior to high school graduation and each training kit teaches core skills of CPR in less than 30 minutes. Pictured from left are Foundation Chairman Kevin Priddle, Indianola Superintendent Mark Baumann, Wilburton School nurse Mendi McAlester, RN, MRHC Chief Information Officer Jason Bray, Foundation Director Ryan Gathard, Foundation Board Member Vickie Chery, MRHC CEO David Keith, and Foundation Board Members Lori Few, Richard Lerblance,



Teresa Jackson and Michael Echelle. Right, a \$125,000 grant for mammography equipment was given to the Foundation from the Susan G. Komen Foundation Tulsa. Gathard said the MRHC Women's Imaging Center will use the grant to improve screening services for breast cancer to benefit patients throughout Southeast Oklahoma. Pictured are CIO Jason Bray, Foundation Chairman Kevin Priddle, Susan G. Komen Foundation Tulsa CEO Pam Ballard, Foundation Board Member Vickie Chery, CEO David Keith, Foundation Board Members Lori Few, Richard Lerblance, Teresa Jackson and Michael Echelle, and Foundation Director Ryan Gathard.

April 2017



Education Calendar of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 General Orientation 8a-4:30p SCR	5 General Orientation 8a-4:30p SCR	6 Clinical Orientation 8a-1p Education Bldg Meditech Training 1p-4:30p SCR	7	8
9	10	11 Basic LifeSupport 9a- 4p Education Bldg	12	13	14	15
16	17	18 General Orientation 8a-4:30p SCR	19 General Orientation 8a-4:30p SCR ACLS Recert 9a- 5p Education Bldg	20 Clinical Orientation 8a-1p Education Bldg Meditech Training 1p-4:30p SCR PALS Recert 9a- 5p Education	21	22
23	24	25	26 Stroke Review 7:30a-9:30a Educa- tion Bldg	27	28 CPI Training 8a- 2:30p LCR Sitter Training 2:30p- 3:30p LCR	29
30						

Courses/Classes in **GREEN** are scheduled with Human Resources. Contact 918.421.8061.
 Courses/Classes in **RED** are scheduled with Education. Contact 918.421.8200 or email education@mrhcok.com.

MRHC Professional Development Center
 903 E. Van Buren
 McAlester, OK 74501

Phone: 918-421-8200
 Fax: 918-421-6627
 E-mail: education@mrhcok.com

Striving for always through quality patient care.



Breaking ground
for our new
Emergency Department



FLOORPLAN

NURSE STATION

ENTRY VIEW

MRHC EMERGENCY CENTER

McAlester Regional
HEALTH CENTER
Southeast Oklahoma's Leading Healthcare Resource

HFG HEALTH PLANNING GROUP





MARCH CELEBRATION: McAlester Regional Health Center employees are treated to a luncheon party for their birthday month. Look for your invitation from Human Resources! Pictured are employees at the March celebration. Happy Birthday!

April birthdays at MRHC!

2 West Surgical Rodelyn Savoy	Susan Orr	Logistics Robbie Rivers	Social Work Kathryn Jones Patches Razo
3 North Medical Amy Davis Clarissa Hagemier Carol Pemberton	Finance Gina Warner	Maintenance James Epps	Southeast Clinics <i>Orthopedics</i> Brandy Janes <i>Pulmonology</i> Dr. Jai Surana
Imaging Ashley Flurry Becky Jasper Norine Packer	Food & Nutrition Jennifer Bloxham	Medical Records Christy Pollock	Surgery Juanita Crawford David Mullins
ED Physicians Dr. Johnny Zellmer	Hospitalist Dr. Kristin McElyea	Nursing Admin. Melissa McAdoo Laura Whiteside	Therapy Sherrie Casey Joanne Hess Hannah Mize
Education Kameron Dugan Kristen Winn	ICU & Step Down Steven Davidson Lisa Otis	Rehab. Nursing Jeannie Santino	Van Buren House Teresa Belvin Alicia Peevy Falicia Ramsey
Emergency Dept. Destiny Pebworth	ICU/CCU Ashley Lowery	Renal Dialysis Rachael Campbell Kenneth Howard Geneva Tidwell	Women's & Children's Sers. Crystal Garrett
Envir. Sers. Mary Bloxham Kathy McDaniel	Information Sers. Tracy Locke	Respiratory Philip Horton Pamela Thomas	
	Laboratory Rachel Fields	Sleep Lab Eric Cole	
	Linens Cheryl Ott		



DONATION - McAlester Regional Health Center recently donated a Stryker Cub pediatric medical crib to The Children's Center Rehabilitation Hospital at Bethany. Materials Management Manager Greg McNall said the crib was among excess equipment stored after the MRHC pediatrics unit closed several years ago. Pictured are Children's Hospital Director of Materials Management Jason McClure, right, with MRHC Linen Cart Technician Wesley Barton.