MUZAFFARNAGAR MEDICAL COLLEGE, MUZAFFARNAGAR

FOUNDATION COURSE 2019 BATCH

(From 1st Aug 2019 to 3rd Sep 2019)

	1st week	2nd week	3rd week	4th week	5th week	Total Hrs
Orientation 1	30	-	-	-	-	30
Skills Module 2	2	26	-	08	-	36
Field visit to community health centre	-	-	-	04	04	08
Professional Development including ethics		-	26	12	02	40
Sports and Extracurricular activities	4	2	4	2	4	2	4	2	2	18	8
Enhancement of language/ computer skills3	4	10	10	12	04	40
						180 Hrs

Colour Code		
1.	Orientation	Blue
2.	Skills	Purple
3.	Professionalism & Ethics	Yellow
4.	Sports	Red
5.	Computer & Language	Green
6.	Extracurricular Activities	Sky Blue
7.	Field visit to community health centre	Grey

Holidays	
Sunday	4th Aug 2019
Sunday	11th Aug 2019
Eid-Ul-Zuha	12th Aug 2019
Independence Day/ Raksha Bandhan	15th Aug 2019
Sunday	18th Aug 2019
Janmasthmi	23rd Aug 2019
Sunday	25th Aug 2019
Sunday	1st Sep 2019

MUZAFFARNAGAR MEDICAL COLLEGE, MUZAFFARNAGAR

FOUNDATION COURSE 2019 BATCH

(1st Week)

	01.08.2019	02.08.2019	03.08.2019	05.08.2019	06.08.2019	07.08.2019
8-9 A.M.	Campus – global village Introduction of campus, ground and labs Moderator (Dr. Sudeep Tyagi)	Being in a white coat and beyond (Dr. Tanu Agarwal and team) (LT)	Introduction of medical ethics (Dr. Pranav Kumar)	**Sports Dr. Salman, Dr Ajmal Boys batch - gym** Girls kho – kho field (Dr. Aruna Arya)	**Sports activities Girls batch -gym** Boys kho – kho field (Dr. Aruna Arya and Dr. Sanjay Verma)	Introduction, steps and precautions of research (Dr. Tanu Agarwal)
9-10 A.M.	Hostel and hospital visit (wardens and securities) Rules and regulations and requirements Moderator (Dr. Sudeep Tyagi)	White coat ceremony (LT)	Group dynamics (Dr. Vinay Sharma) Dissection hall	Academic ambience (Dr. Vishnu Gupta) (LT)	Extracurricular activities: Debate (present medical education and roll of media) Akanksha (physiology) (LT)	Interpersonal relation ship (Dr. Subodh Prakash and team) Medicine (LT)
10-11 A.M.	Welcome speech – Dean, ice breaking with all four (Dean and HODs of Pre Clinical) (LT)	White coat ceremony (LT)	Group dynamics (Dr. Vinay Sharma) Dissection hall	Introduction of alternate health care system and history of medicine (Dr. Sanjeev Dave)	Principal of primary health care(interactive session with community Medicine, Nursing, Physiology) Dr. Shruti Sehgal/ Dr. Amir)	Doctors roll in society expectation from society patients and relatives Dr. Manisha Arora (LT) with society members
11-12 A.M.	Introduction of all four departments and visits (faculties and head of departments) by HOD of departments (divided into batch)	Professional qualities of a doctor (Dr. Harnam Singh) (LT)	Introduction of new M.B.B.S. program Curriculum description and (except exam and university rules) career pathway (Dr. Manisha Arora) (LT)	Extracurricular activities Dr. Anurag (painting competition on water conservation theme)	Principal of primary health care(interactive session with community Medicine, Nursing, Physiology) Dr. Shruti Sehgal/ Dr. Amir)	Doctors roll in society expectation from society patients and relatives Dr. Manisha Arora (LT) with society members

MUZAFFARNAGAR MEDICAL COLLEGE, MUZAFFARNAGAR

12-1 P.M.	LUNCH					
1-2 P.M.	Introduction of subjects, books, assessment methods by three departments by HOD of departments	Expectation of physician from society (Dr. Ila Pahwa and team) (LT)	Introduction of new M.B.B.S. program Curriculum (examination and university rules) skill and certification Dr. C.S. Ramesh Babu (LT)	language or computer Vipul Singhal Singh (library and Computer LAB physiology department)	Health care delivery system in India Dr. Nirankar (Community Medicine Department)	Student expectation from nation, institute, patients Dr. Sandeep Soam and Dr. Vinay Sharma (LT)
2-3 P.M.	Introduction of subjects, books, assessment methods by three departments	Expectation of society and patient from doctor Dr. A.C. Sharma (LT)	**Sports Indoor Dr Sandeep Soam In common Hall**	Patients safety and biohazard (Community Medicine and Surgery Department)	National health programs in India (Dr. Nirankar Singh) Community Medicine Department	language or computer Vipul Singhal Singh (library and Computer LAB physiology department)
3-4 P.M.	Being a medical student – keen observation key to success Dr. Vinay Sharma (Dissection hall - Anatomy Department)	Time and stress management (psychiatry) need phycologist (LT)	language or computer Vipul Singhal Singh (library and Computer LAB physiology department)	**Sports Dr Anuj Ram, Dr. Sachin (Common Hall-Indoor)**	Exams and university rules Dr. C.S. Ramesh Babu / Dr. Salman/ Dr. Anju Mittal (dissection hall – Anatomy Department)	language or computer Vipul Singhal Singh (library and Computer LAB physiology department)

MUZAFFARNAGAR MEDICAL COLLEGE, MUZAFFARNAGAR

FOUNDATION COURSE 2019 BATCH

(2nd Week)

	08.08.2019	09.08.2019	10.08.2019	13.08.2019	14.08.2019	16.08.2019
8-9 A.M.	Extracurricular activities Singing moderator Dr. Anuj Ram Sharma	Sports Running boys, Girls Gym Roshan Kumar Mahat, Dr. Priya	Extracurricular activities	Relationship to practice in modern medicine Dr. Rochak Pandey Medicine (LT)	Natural Hazard and your roll (Department of Community Medicine)	**Sports gym boys, Girls race Roshan Kumar Mahat, Dr. Priya**
9-10 A.M.	Activities on group dynamics Dr Vinay Sharma dissection hall, Department of Anatomy	Basic life support (Anaesthesia) Theory and hands on Dr. Bilal (Anaesthesia Department demo room)	Universal Precaution Dr. Vivek Pahuja Hospital	Communication to Patients and families (delivering of news)	Method of dressings and fracture support First aid nursing staff under observation of Department of Orthopaedics	Operation theatre visits and protocols Dr. Anuj Ram Sharma) surgery Dr Anurag Obst & Gynae / Dr. Ajmal orthopaedics in batches
10-11 A.M.	Proper hand wash training and sterilization and gloves wearing Dr. Prateek Goel Dissection hall Department of Anatomy	Basic life support (Anaesthesia) Theory and hands on Dr. Bilal (Anaesthesia Department demo room)	Handling of biowaste and biomaterial Surgery and Communit Medicine (on sight training Community Medicine) Dr. Rajneesh hospital site	Communication to patients and families (delivering of bad news)	Method of dressings and fracture support First aid Ortho / nursing on nursing skill lab nursing staff under observation of Department of Orthopaedics	Publishing of research article and rules Dr. Manisha Arora (LT)
11-12 A.M.	Working with healthcare team Dr. Swarna Department of Community Medicine	First Aid (theory) Basics Dr. Rajneesh lab Department of Community Medicine	Handling of biowaste and biomaterial Surgery and Communit Medicine (on sight training Community Medicine) Dr. Rajneesh hospital site	Use of online resources for study of medicine Dr. Sandeep, Dr Sanjeev Dave (Library computer lab and Physiology Computer Lab)	Relation of doctor with medical fraternity (Dr. Vinay Sharma)	Publishing of research article and rules Dr. Manisha Arora (LT)

MUZAFFARNAGAR MEDICAL COLLEGE, MUZAFFARNAGAR

12-1 P.M.	LUNCH					
1-2 P.M.	Relation to patient experience of disease (Hospital Site) Medicine Dr. Mohd. Tariq (LT)	First Aid (Hands on) Dr. Rajneesh (Lab Department of Community Medicine)	Peer Assisted learning Dr. Manisha Arora (LT)	Use of online resources for study of medicine Dr. Sandeep, Dr. Sanjeev Dave (library computer lab and Physiology computer lab)	Sharp objects injuries prevention and guidelines for primary treatment (surgery) Dr. A.C. Sharma	Communications with medical faculty Dr. Vishnu Gupta (LT)
2-3 P.M.	Language or computer (Typing Practice) computer section of library and Physiology Department) by Vipul Singhal	**Sports Boys football girls Basketball moderate Dr. Sanjay Verma, Dr. Manju Sharma**	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal
3-4 P.M.	Language or computer (fundamental) computer section of library and Physiology Department) by Vipul Singhal	**Sports Boys football girls basketball dr. Manju sharma**	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal	Computer skills/language (MS Office, Excel, Power Point) computer section of library and Physiology Department) by Vipul Singhal	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal

MUZAFFARNAGAR MEDICAL COLLEGE, MUZAFFARNAGAR

FOUNDATION COURSE 2019 BATCH

(3rd Week)

8-9 A.M.	Sports Badminton Boys, Girls running Dr. Rajneesh Jain, Dr. Priya	*Extracurricular activities(yoga)*	Value of integrity, honesty and respect, during interaction with seniors and faculty (Dr. Tanu)	Patient consent Dr. Harnam Singh	Sports Badminton Girls, Boys Running Dr. Rajneesh Jain, Dr. Priya	Roll model and making of healthcare team to complete a health project (moderate by Community Medicine) ex. Pulse Polio Dr. Sanjeev Dave and Team
9-10 A.M.	*Extracurricular activities (yoga)*	Importance of documentation in medical profession Dr. Harnam Singh	Value of integrity, honesty and respect, during interaction with seniors and faculty (Dr. Tanu)	Privileged communication in medical ethics Dr. Harnam Singh	Observation of Doctors Behaviour in OPD (batch wise in OPD)	Roll model and making of healthcare team to complete a health project (moderate by Community Medicine) ex. Pulse Polio Dr. Sanjeev Dave and Team
10-11 A.M.	Concept of professionalism Dr. Maisha Arora	Social Media and medical consultancy Dr. Swarna Rastogi	Maintain Confidentiality Dr. Harnam Singh (LT)	What its mean of medical student Dr. Vinay Sharma	Observation of Doctors Behaviour in OPD (batch wise in OPD)	Roll model and making of healthcare team to complete a health project (moderate by Community Medicine) ex. Pulse Polio Dr. Sanjeev Dave and Team
11-12 A.M.	Unethical and unprofessional behaviour Dr Pranav, Dr. Vinay Sharma (Dissection hall, Department of Anatomy)	Consequences of unethical and unprofessional behaviour Dr. Pranav	Gender and medicine (surgery) Dr. A.C. Sharma, Dr. Unique Tyagi (LT)	Seniors experiences about learning student representative and group observe by Dr. Imran Mustafa	Observation of Doctors Behaviour in OPD (batch wise in OPD)	Roll playing of professional misconduct and its consequences Dr. Pranav (LT)

MUZAFFARNAGAR MEDICAL COLLEGE, MUZAFFARNAGAR

12-1 A.M.	LUNCH					
1-2 P.M.	Unethical and unprofessional behaviour Dr Pranav, Dr. Vinay Sharma (Dissection hall, Department of Anatomy)	Consequences of unethical and unprofessional behaviour Dr. Pranav	Rights of patient and right of doctor Dr. Harnam Singh	Ethics about animals Dr. Rajeev Sharma pharma	Sports both batches indoor in girls and boys common room Dr. Shahid Iqbal, Dr. Anju Mittal	Roll playing of professional misconduct and its consequences Dr. Pranav (LT)
2-3 P.M.	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal	Research and ethical committee Dr. Suman lata (pharma)	Sports both batches indoor in girls and boys common room Dr. Shahid Iqbal, Dr. Anju Mittal	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal
3-4 P.M.	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal	Computer, Languages computer section of library and Physiology Department) by Vipul Singhal

MUZAFFARNAGAR MEDICAL COLLEGE, MUZAFFARNAGAR

FOUNDATION COURSE 2019 BATCH

(4th Week)

	26.08.2019	27.08.2019	28.08.2019	29.08.2019	30.08.2019	31.08.2019
8-9 A.M.	*Extracurricular activities craft competition Dr. Manju Sharma*	Ethics of prescription writing And rules (medicine) Dr. Priya	*Extracurricular activities Tug of war – Dr. Sanjay Verma Mr. Sumesh Shah, Dr. Priya, Dr. Anchal*	Sports Cricket match boys Girls basketball Dr. Sudeep, Dr. Salman	Sports boys basketball girls cricket match Dr. Ajmal, Mr. Ravi Vasisht Dr. Aruna Dr. Anchal	Concluding session about professionalism and ethics (thought of the students and queries (Panel of all Head of the Department and forensic) LT chief moderator Dr. Harnam Singh
9-10 A.M.	Cadaveric ceremony And ethics about dissection hall in era of social media (HOD anatomy and team)	Reporting of communicable diseases (SPM) Dr. Sanjeev Dave	Training program for communication with families and patients (Community Medicine, Medicine and Preclinical) 50 students Medicine (LT)	Sports Cricket match boys Girls basketball Dr. Sudeep, Dr. Salman	Sports boys basketball girls cricket match Dr. Ajmal, Mr. Ravi Vasisht Dr. Aruna Dr. Anchal	Concluding session about professionalism and ethics (thought of the students and queries (Panel of all Head of the Department and forensic) LT chief moderator Dr. Harnam Singh
10-11 A.M.	Cadaveric ceremony And ethics about dissection hall in era of social media (HOD anatomy and team)	Observations of documentation process (in wards) Dr. shahid, Dr. Akanksha batch A, B medicine ward	Training program for communication with families and patients Community Medicine, Medicine and Preclinical) 50 students Surgery	Field visits (SPM) One preclinical faculty -CHC	Field visits (SPM) One preclinical faculty -CHC	Concluding session about professionalism and ethics (thought of the students and queries (Panel of all Head of the Department and forensic) LT chief moderator Dr. Harnam Singh
11-12 A.M.	Effect of appearance of doctor on society Dr. C.S. Ramesh Babu Dr. Vinay Sharma	Observation of documentation process (in wards) surgery Dr. Anuj Ram Sharma, Dr Manju Sharma surgery wards	Training program for communication with families and patients Community Medicine, Medicine and preclinical) 50 students Blood Bank	Field visits (SPM) One preclinical faculty -CHC	Field visits (SPM) One preclinical faculty -CHC	Language and Computer in Computer Lab Computer Section of library and Physiology Department) Vipul Singhal

MUZAFFARNAGAR MEDICAL COLLEGE, MUZAFFARNAGAR

12-1 P.M.	LUNCH					
1-2 P.M	Empathy (video clips) and description Dr. Pranav (LT)	Doctor in consumer law Dr. Harnam Singh (LT)	Immunization for health care professional (Community Medicine) Dr. Maheshwari (Department of Community Medicine)	Documentation and health records case discussion Dr. Vinay Sharma	Learning pedagogy SDL, community-based learning Dr. Manisha Arora	Trial of self-directed learning Dr. Manisha Arora
2-3 P.M.	Computer, Languages computer section of library and Physiology Department) Vipul Singhal	Computer, Languages computer section of library and Physiology Department) Vipul Singhal	Computer, Languages computer section of library and Physiology Department) Vipul Singhal	Computer, Languages computer section of library and Physiology Department) Vipul Singhal	Assessment driven earning simulation-based learning, learning from PT interactive session Dr. Manisha Arora Dr Vinay Sharma	Computer, Languages computer section of library and Physiology Department) Vipul Singhal
3-4 P.M.	Computer, Languages computer section of library and Physiology Department) Vipul Singhal	Computer, Languages computer section of library and Physiology Department) Vipul Singhal	Computer, Languages computer section of library and Physiology Department) Vipul Singhal	Computer, Languages computer section of library and Physiology Department) Vipul Singhal	Computer, Languages computer section of library and Physiology Department) Vipul Singhal	Computer, Languages computer section of library and Physiology Department) Vipul Singhal

MUZAFFARNAGAR MEDICAL COLLEGE, MUZAFFARNAGAR

5th Week	02.09.2019	03.09.2019				
8-9 A.M.	Sports indoor DR. Ajmal Dr. Anurag	Sports indoor Dr. Amir, Dr. Anchal				
9-10 A.M.	Field visits (SPM) One preclinical faculty -CHC	Field visits (SPM) One preclinical faculty -CHC				
10-11 A.M.	Field visits (SPM) One preclinical faculty -CHC	Field visits (SPM) One preclinical faculty -CHC				
11-12 A.M.	Language and computer in computer lab	Language and computer in computer lab				
12-01 A.M.	L	U	N	C	H	-
1-2 P.M.	Motivational speech on professionalism Dr. Gautam	Feedback about foundation MEU Members				
2-3 P.M.	Language and computer in computer lab	Feedback about foundation MEU Members				
3-4 P.M.	Language and computer in computer lab	Parents teachers meeting all four heads MEU unit				