
DALLAS REGIONAL CHAMBER®

MY DALLAS

ALEXANDRIA BATTLE, AMIT BANERJEE, ANA-MARIA FRAMPTON, CASSANDRA TOVAR, COLIN EVERT, DESTINY ROSE MURPHY, MECHELLE JIMENEZ, SABRINA SCOTT, & YUZUKA AKASAKA

MONDAY

YUZUKA AKASAKA

UPTOWN DALLAS



One of the most pedestrian-friendly areas in Texas

The area was rebranded as Uptown in the 1990's and pre-gentrification, it has roots in working class, predominantly Black and Latino neighborhoods (Little Mexico and Freedmen's Town)

Mixed-use development, which includes: office buildings, residential towers, apartment complexes, retail centers, nightlife strips, hotels, etc.

Popular to young professionals and recent graduates, but also new Dallas residents and empty-nesters

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COST OF LIVING

Housing (Apartments):

Gables Katy Trail: \$1,009

Post Meridian: \$1,465

Post Gallery: \$5,765

Transportation:

Car

Ride Sharing (Uber, Lyft, etc.)

DART

M Trolley

Median Household Income: \$79,699

Median Income (Under 25): \$29,836

Median Income (25-44): \$42,897



EVENTS AND DINING

Events:

Jazz on the Green Spring Series (Klyde Warren Park)

Movies in the Park (Wednesday nights in Griggs Park)

McKinney Avenue Transit Authority (MATA) Lecture Series



Dining:

Pera Mediterranean Grill

Si Tapas

Hopdoddy Burger Bar

Crushcraft Thai Street Eats

Shell Shack

Yutaka Sushi Bistro

Meso Maya

Baboush

Bread Winners Cafe

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MY DAY - MONDAY

Morning

7:00AM - Wake up.

7:45AM - Head to work on the M Trolley.

8:00AM - Arrive at work by Uptown stop (The Richards Group).

12:00PM - Meet coworker for lunch at Public School 214.

Afternoon

5:00PM - Leave work.

5:30PM - Take a walk on the Katy Trail.

6:30PM - Home for the afternoon.

Evening

8:00PM - Meet with friends for dinner at Shell Shack.

10:00PM - Unwind at Crooked Crow.

11:00PM - Return home to get ready for tomorrow, then sleep.

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TUESDAY

CASSANDRA TOVAR

DOWNTOWN DALLAS

Encompassed with historical sights that everyone will enjoy

Showcases a variety of museums, restaurants, bars with happy hour on the menu, art galleries, and outdoor plazas to unwind in.

Home to all of the iconic Dallas buildings

Considered the **Heart of the Big D!**



COST OF LIVING

Overall Population: 13,041
Average Household: 1.6 people
Average Household Income: \$72,224
Median Home Value: \$337,404
Age Bracket: 20's - 40's
Age Median: 34

My Housing:

The Mosaic: \$1,000 - \$1,300
Average Apartment: \$1,181 (1 bedroom)

Food:

\$50-\$100 Dallas Farmers Market
\$12-\$50 average restaurant meal prices

Transportation:

Cab, DART, Biking, Walking, Car



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EVENTS AND DINING

Neiman Marcus

Dallas Farmers Market

Ferris Plaza Park

Dallas Holocaust Museum

The Perot Museum



- Flewellen Cupcakes
- Cafe Momentum
- The Zodiac
- OE Penguins
- City Tavern
- Gators Dallas Sports Bar

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MY DAY - TUESDAY

Morning

7:30AM - Breakfast at the Zagan Latin Cafe & Bakery (Awarded "Best Breakfast 2016").

8:30AM - Head to work via the DART.

Work - Program Services Coordinator.

Dallas County Community College District
Salary: \$47,150
40+ Hours A Week

Afternoon

12:00PM - Lunch at The Zodiac (Awarded '50 Best Restaurants' 2016), and they take reservations!

1:00PM - DART or UBER back to DCCCD.

4:30PM - Study for PhD SMU Online Courses.

5:30PM - Coffee at WEEKEND Coffee (Awarded "Best of Big D: Best Pop Tart 2014").

Evening

8:00PM - Dinner and drinks at Eat In or Zennas, they have half price sushi during happy hour!

9:30PM - Unwind at Encore Park, Majestic Theatre, or Union Station for the evening.

11:00PM - Midnight Rambler, they're open until 2 AM and were awarded "Best New Bars 2014" (ice cream sandwiches until midnight)!

SOURCES

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WEDNESDAY

ALEXANDRIA BATTLE

THE DESIGN DISTRICT

- Located northwest of Downtown Dallas, across I-35
- The Design District has humble beginnings along the Trinity River in the 1950s as an area full of wholesale showrooms and warehouses
- Art galleries, upscale housing, trendy entertainment, a revitalized sewing industry, and unique restaurants have transformed the area over the past 60 years into a prime place for young individuals
- Future plans include expanding westward for more residential and mixed-use development



COST OF LIVING

Homes:

- Population: 1,932, up 16.2% in the last five years.
- The median owner-occupied home value for residents is \$248,000.
- Median income: \$80,263 in 2016.
- There are 220 households
- The average length of residence in owner-occupied homes is 13.8 years; for renters it is 3.6 years.
- The Design District's population is expected to increase by 1.5% in the next five years.

Commute:

- Most popular form of travel is by Uber/Lyft, DART buses and rail, and cars, in that order. **20 minutes** is the average commute time!



EVENTS AND DINING

To EAT:

- Bridge Bistro (breakfast/brunch)
- Rodeo Goat Ice House (lunch)
- FT33 Dallas (modern American dinner, nationally recognized)!
- The Meddlesome Moth (the gastropub)



To PLAY:

- Bowlounge, pictured - a great '90s throwback with food and bowling thrown in
- Lula B's, everyone's vintage gear destination
- The Barre Code, offering classes on everything from cardio dance to yoga

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MY DAY - WEDNESDAY

Morning

6:00 AM: Wake up and go to The Barre Code for that morning kickboxing!

9:00AM - Brunch at Bridge Bistro (omelet, bacon and fruit).

10:00AM - *Freelance photo work with Mike Healey Productions, Inc. - morning edition.

12:00PM - Swinging by Sun to Moon Gallery, Lula B's and the Goss Michael Foundation to look at the amazing art!

Afternoon

1:30PM - After wandering for an obscene amount of time, I decided to get a little bit of everything from the Taco Stop and Primo's Tex Mex Grill.

1:45PM: Afternoon edition. Back to work until 4:00!

4:15PM - BOWLounge! Three hours of '90s flashbacks and strikes.

Evening

7:00PM - Dinner at Mama's Daughters, my favorite down-home cooking in Dallas, and especially in the Design District. Classics are always classic.

8:00PM - Hit up Ascension Coffee for my last cup and conversations of the day!

11:00PM - Sleep, so I can do it all and more again tomorrow.

*I am a Digital Event Photographer with Mike Healey Productions, living it up at the Bell Design District apartments at \$1,300 a month! Mom is kind enough to lend me the old family car for transportation (thanks, Mom).

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THURSDAY

MEHELLE JIMENEZ

LOWER GREENVILLE

Walkable neighbourhoods to and from
restaurants and attractions

Good community spirit - they host a large
St. Patrick's Day parade every year

Population: 7,706

Retention rate of 14.4 years to a
household

Median age 35.4

46.5% owner occupied housing

25 minute commute into Dallas that serves
as a nice isolation factor

Nightlife + restaurants/bars

Eclectic/indie - A hipster's dream



COST OF LIVING

The median household income is \$73,273.

Housing:

- The median owner occupied home value is approximately \$347,451
- Vue Greenville apartments: \$1,130 ^
- Strata apartments: \$1,270 ^

Food:

- Trader Joe's: \$80 ^
- Green Grocer: \$100 ^
- Whole Foods Market: \$100 ^

Transportation:

- Dart
- Car
- Uber/Taxi



EVENTS AND DINING

Events:

- Granada Theater
- [Good Records](#)
- Buffalo Exchange
- [Bullzerk](#)
- [H.D.'s Clothing Company](#)
- [Contemporary Theatre of Dallas](#)
- [Crown and Harp](#)
- St. Patrick's Day Parade



Dining:

HG Supply Co.

- Truckyard
- Blind Butcher
- Company Cafe
- Mudsmith (coffee shop)
- Greenville Ave. Pizza Co.
- Libertine

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MY DAY - THURSDAY

Morning

7:00AM - Wake up.

8:00AM - Breakfast (John's Cafe).

9:00AM - Drive to work at the DRC.

12:00PM - Lunch at Company Cafe.

Afternoon

4:00PM - Off work.

4:30PM - Groceries at Trader Joe's.

4:50 - Stop by Steel City Pops for a refreshing treat.

5:00PM - Personal shopping at H.D. Clothing Company (SHOP SHOP SHOP)!

5:30PM - Go home, at the Strata Apartments.

Evening

6:30PM - Make dinner.

8:30PM - Go on a walk around the apartment complex and city area.

9:00 - Go to Dude, Sweet Chocolate to pick a dessert.

10:00 - Head home

10:30PM - Sleep!

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FRIDAY

ANA-MARIA FRAMPTON

THE DALLAS ARTS DISTRICT

Largest contiguous arts
district in the nation

Included under the
Downtown Dallas listing

The Dallas Museum of Art
officially opened its
building under a new
name in 1984, making it
the first building in
the Dallas Arts
District



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COST OF LIVING



Average Income: \$72,224*

Housing:

The Arts Apartments: \$1,500 - \$3,000

Elan City Lights Apartments: \$1,300

Condos: \$2.1 million

Groceries:

Whole Foods: \$150 ^

Main Market & Deli: \$100 ^

Tom Thumb/Farmer's Market: 80 ^

Transportation:

Car

Uber/Taxi

Dart

Walking

*The cost of living in the Dallas Arts District is 35% higher than the Dallas average, and the average income serves as a basic figure for the Downtown Dallas area

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EVENTS AND DINING

Museums & Parks:

The Dallas Museum of Art

The Nasher Sculpture Center

Crow Collection of Asian Art

Klyde Warren Park

Shows:

Dallas Symphony Orchestra

Winspear Opera House

Meyerson Symphony Center



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MY DAY - FRIDAY

Morning

7:00AM - Wake up.

8:00AM - Breakfast
(Starbucks).

9:00AM - Walk to work -
Dallas Regional Chamber!

12:00PM - Team lunch at LARK
on the Park.

Afternoon

3:00PM - Off work early
because it's a Friday (and a
holiday weekend)!

3:30PM - Groceries at Whole
Foods.

4:30PM - Home for the
afternoon.

Evening

7:00PM - Dinner with friends
at Meso Maya.

9:00PM - Attend Late night
at the DMA, 'Til Midnight at
the Nasher and the other
events at the museums.

10:30PM - Salsa in the park
and dessert at the food
trucks in Klyde Warren.

12:00AM - Home, off to bed!

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SATURDAY

DESTINY ROSE MURPHY

DEEP ~~ELM~~ ELLUM

- After the Civil War the city was founded as a freedman's district named Deep Elm for its location on Elm Street, but the locals' pronunciation (Deep Ellum) became the generally accepted name.
- At its peak in the 1920's, the area was known for its thriving businesses and dominance in the jazz scene - mostly run by African American entrepreneurs.
- After four decades of decline that began in the 1940's (due to bad city planning), Deep Ellum resurged as a haven for artists and a home for the punk scene.
- Now Deep Ellum features: novelty shops, restaurants, and intimate art galleries for daytime visitors, and a bright and thriving nightlife that rings with music and people early into the morning.



COST OF LIVING

*Median Household Income: \$53,659

- **Housing:**

- Deep Ellum Lofts: \$1,300 - \$2,900
- Studio Apartment: \$1,000

- **Transportation:**

- Dart Station
- Thin streets:
 - Accessible by car
 - Better for walking and cycling
- Ride sharing (Uber, Lyft)

- **Food:**

- NO GROCERY STORES
- Restaurants of all kinds



EVENTS

- Deep Vellum Books
- Prophet Bar
- Sons of Hermann Hall
- High & Tight
- The Free Man
- Lizard Lounge
- The Church
- The Bomb Factory
- Deep Ellum Outdoor Market
- Louie Louie's Piano Bar
- T and A
- Deep Ellum Arts Festival
- Mimosa Walk
- Salsera



DINING



- Salsera
- Glazed Donut Works
- Serious Pizza
- Cane Rosso
- Tanoshii Ramen
- Murray Street Coffee
- Mozzarella Company
- Rudolph's Meat Market
- Pecan Lodge
- Luscher's Red Hots
- Brain Dead Brewing



MY DAY - SATURDAY

Morning

10:00AM - Wake up; wish the sun a good morning because it's going to be a great day!

10:30AM - Breakfast at Murray St. Coffee.

11:15AM - Get to work, do some sketching.

12:00AM - Meet with a client; begin tattoo.

Afternoon

1:00PM - Break for lunch at Braindead Brewing.

2:00PM - Get back to tattooing.

4:00PM - Head home, work out, and then shower.

6:00PM - Heat up my meal prepped dinner; watch Netflix; pick out this evening's clothes.

Evening

7:30PM - Go to The Door to see Colors play.

8:30PM - Hang around for other performances.

10:30PM - Head over to T&A for candy (dancing).

2:00AM - Grab some night breakfast at Glazed Donut Works, then walk home and thank my lucky stars I don't have work tomorrow.

SOURCES

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SUNDAY

SABRINA SCOTT

PRESTON HOLLOW, UNIVERSITY PARK, AND HIGHLAND PARK

Pros:

Calm, walkable streets

Safe neighborhoods to raise families

Great private schools (ESD, St. Mark's, Hockaday, Ursuline, Jesuit, etc.)

Great public schools (Hillcrest, Highland Park, etc.)

A great university (SMU)

Access to Dallas North Tollway, Northwest Highway, and Highway 75

Many dining and shopping options (Preston Forest, Preston Royal, Preston Center, Northpark Mall, Lovers, HP Village, Snider Plaza, etc.)

Cons:

Northwest Highway, Lovers Lane, and Mockingbird have heavy traffic

In Highland Park, as old homes sell, families often tear them down and build mansions that crowd the narrow streets



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COST OF LIVING

According to D Magazine:

In Preston Hollow, the median **home value** is **\$589,173**, and median **income** is **\$120,858**.

In University Park, the median **home value** is **\$1,000,001**, and median **income** is **\$172,170**.

In Highland Park, the median **home value** is **\$1,000,001**, and median **income** is **\$165,591**.

Further research:

For a one-bedroom apartment at **The Bandera in Preston Hollow** (currently under construction), the price ranges from approximately \$1,600 to \$2,300 per month.

For a one-bedroom apartment at **The Caruth in the Park Cities**, the price ranges from approximately \$1,400 to \$2,000 per month.



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EVENTS

Activities:

Run or walk on trails (Northaven trail, Germany Park, Katy Trail), and use public tennis courts and pools (The Holmes Aquatic Center)

Shop in outdoor shopping centers or at Northpark Mall

Try new restaurants, which pop up frequently in Preston Hollow, University Park, and Highland Park

Events:

Highland Park Village Movie Theater has \$5 Saturday morning movies for kids throughout the summer

Highland Park Village often hosts other charitable and fashion events throughout the year

The George W. Bush Presidential Center at Southern Methodist University has a special exhibit, *Path to the Presidency*, until October 9



DINING

Breakfast: Starbucks, Juice Bar, Nekter Juice Bar, Top Pot Donuts, Mustang Donuts, Original House of Pancakes, Einstein Bros. Bagels, R&D, True Foods, Cafe Pacific.

Lunch: Snappy Salads, Whole Foods, Dive Coastal Cuisine, Eatzi's, Hillstone, California Pizza Kitchen.

Dinner: Ku Sushi, Meso Maya, Mi Cocina, Fernando's, Burger House, Hopdoddy's, Neighborhood Services, Penne Pomodoro, Flying Fish, Taco Diner, Woodlands American Grill, Buca di Beppo, Carbone's, Nick & Sam's Grill.

Dessert: Sprinkles, Baskin Robbins, Nothing Bundt Cakes, Susie Cakes, Marble Slab, Chocolate Secrets.

And SO many others...



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MY DAY - SUNDAY

Morning

9:00AM - Wake up.

9:30AM - Run.

10:30AM - Make eggs, toast, and fruit OR go to the Juice Bar for breakfast.

11:30AM - Run errands, and go to Eatzi's to get food for the week.

12:30AM - Hang out at home.

Afternoon

1:30PM - Go to True Foods, R&D, or Hillstone for lunch. Sit outside if the weather is nice.

2:30PM - Shop around Preston Center.

3:30PM - Swim at home.

Evening

5:00PM - Dinner at home OR at Ku Sushi or Mi Cocina.

6:30PM - Hang out at home.

8:00PM - See a movie at Northpark.

10:30PM - Go to sleep.

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WRAP UP

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Make it yours.