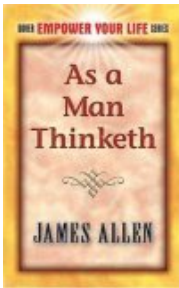


Mystic Warrior Resource Guide

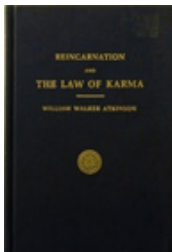
This is a concise guide to many of my favorite and most valued books, which should be a part of every mystic's library. Some are new and some are classics. In most cases, the links are to the most recent, available version. The date first published is referenced to show how the wisdom contained in these classics continues to be relevant in today's world. I read and internalized the essence of almost all of them before writing [*Mystic Warrior*](#).

[-Edwin Harkness Spina](#)



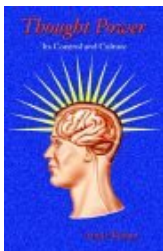
[*As a Man Thinketh* - James Allen](#) First published in 1902.

A timeless classic, explores thought and character, the effect of thought on health & the body, thought's relationship to achievement, and more.



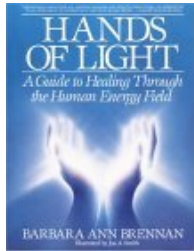
[*Reincarnation and the Law of Karma* - William Walker Atkinson](#)
First published in 1908.

Explores reincarnation from Egyptian, Essene, Greek, Hindu and other perspectives, as well as, arguments for and against it.



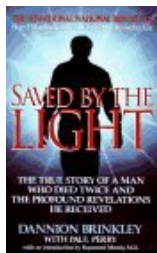
[*Thought Power* - Annie Besant](#) First published in 1901.

A Theosophical classic that explores the nature of thought, concentration, thought transference and more.



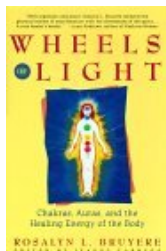
Hands of Light: A Guide to Healing Through the Human Energy Field - Barbara Ann Brennan First published 1987.

An energy healing reference book. Covers energy healing, auras, chakras, and specific healing techniques for improving your health.



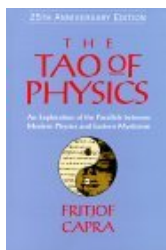
Saved by the Light - Dannon Brinkley First published 1994.

A great first hand description of the Near Death Experience. Dannon wrote about two here, and subsequently had another, so he knows.



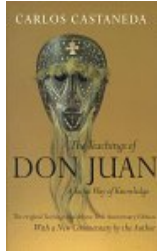
Wheels of Light - Rosalyn Bruyere First published 1989.

Combines research with personal experience to bridge the gap between science and spirituality. Covers chakras, auras, color and vibration.



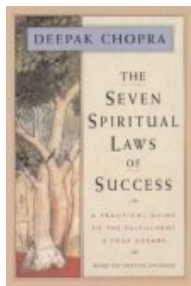
The Tao of Physics - Fritjof Capra First published 1975.

A modern classic that describes the parallels between eastern religion and modern physics.



The Teachings of Don Juan: A Yaqui Way of Knowledge - Carlos Castaneda First published 1968.

One of the first books to introduce shamanism to a western audience through a delightful story of apprenticeship.



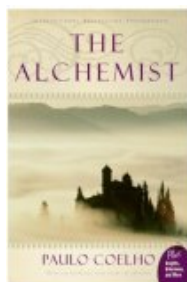
The Seven Spiritual Laws of Success - Deepak Chopra First published 1994.

Describes natural laws, from a Vedic perspective, and how best to utilize them for success and serenity.



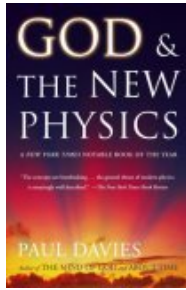
The Man Who Tapped the Secrets of the Universe - Glenn Clark First published 1946.

Based on renaissance man, Walter Russell, who states that mediocrity is self-inflicted and discusses how to develop the genius within you.



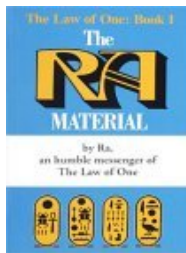
The Alchemist - Paulo Coelho First published 1988.

A modern day fable about a Spanish shepherd boy who follows his dream to seek worldly treasure, until he meets the alchemist, where he learns about real treasure.



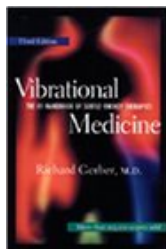
[God and the New Physics - Paul Davies](#) First published 1983.

Philosophical discussion of ancient riddles on God, existence, free will, the mind, the soul and cosmology, combined with modern physics.



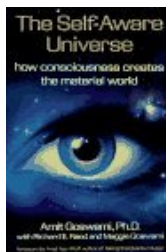
[The Ra Material - James Allen McCarty, Don Elkins and Carla Rueckert](#) First published 1984.

Profound insights from a sixth-density, non-physical being; the first book of the five-book *Law of One* series.



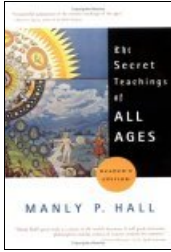
[Vibrational Medicine - Richard Gerber](#)
First published 1988.

A valuable compendium of alternative, healing therapies from a scientific perspective.



[The Self-Aware Universe - Amit Goswami](#) First published 1993.

Explains the paradoxes of quantum mechanics via the mystic's axiom that consciousness is the basis of all existence.



The Secret Teachings of All Ages - Manly P. Hall

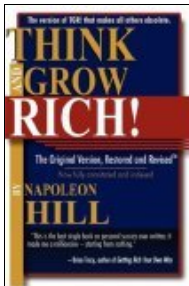
First published in 1928.

A classic of esoteric literature, focusing heavily on occult imagery and symbology.



Power vs. Force: The Hidden Determinants of Human Behavior - David R. Hawkins First published 1995.

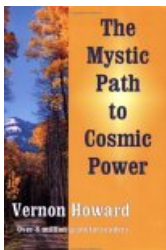
Uses kinesiology to produce a scale of human consciousness and identifies where one goes from force (negative) to power (positive).



Think and Grow Rich!: The Original Version, Restored and Revised - Napoleon Hill

First published 1937.

Teaches practical steps to personal and financial achievement.



The Mystic Path to Cosmic Power - Vernon Howard

First published 1967.

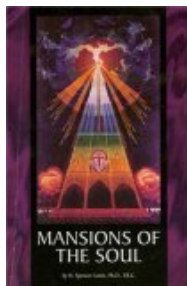
A classic that teaches spiritual truths in a simple, easy to understand manner.



The Kybalion - Three Initiates

First published 1912.

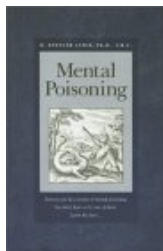
Covers seven hermetic principles: mentalism, correspondence, vibration, polarity, rhythm, cause and effect, and gender.



Mansions of the Soul - H. Spencer Lewis

First published in 1930.

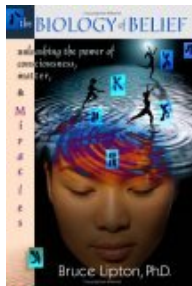
This Rosicrucian classic explains the nature of the soul and its cycles of reincarnation.



Mental Poisoning - H. Spencer Lewis

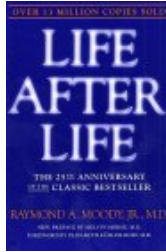
First published 1937.

Describes how unconscious thoughts can lead to emotional torment and poor health, and how to avoid such thoughts.



The Biology Of Belief: Unleashing The Power Of Consciousness, Matter And Miracles - Bruce H. Lipton First published 2005.

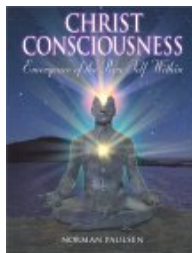
Groundbreaking book that states our genes and DNA do not control our biology, but rather, it is our thoughts.



Life after Life - Raymond Moody

First published 1975.

Reports on hundreds of near death experiences detailing there is life after death.



Christ Consciousness - Norman D. Paulsen

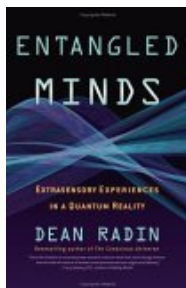
First published 1980.

Autobiographical recounting of the author's spiritual growth and battles with demons, both inner and outer.



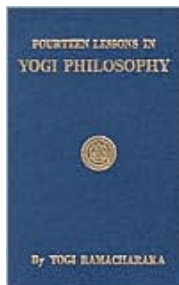
The Crack in the Cosmic Egg: New Constructs of Mind and Reality - Joseph Chilton Pearce First published 1971.

Revolutionary for its time, shows how our existing paradigm creates a shell, limiting our creativity and self-knowledge.



Entangled Minds: Extrasensory Experiences in a Quantum Reality - Dean Radin First published 2006.

Scientific overview of research on entanglement, showing that psychic phenomena such as telepathy and clairvoyance are real.



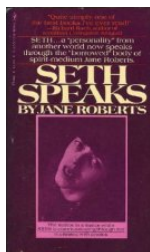
Fourteen Lessons in Yogi Philosophy and Oriental Occultism - Yogi Ramacharaka First published in 1903.

Offers an introduction to mystic teachings on the constitution of man, the mind, the aura and psychic phenomena.



Mystic Christianity or the Inner Teachings of the Master - Yogi Ramacharaka First published in 1907.

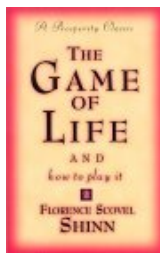
An inspirational recounting of the life of Jesus from a mystic perspective, in accord with universal law.



Seth Speaks - Jane Roberts

First published 1972.

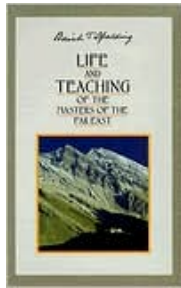
Overview on the nature of consciousness and the soul, from the perspective of a fifth-density non-physical being.



The Game of Life and How to Play It - Florence Scovel Shinn

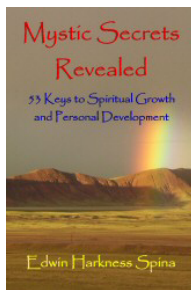
First published 1925.

One of the earliest guides to achieving health, wealth and love, that is, the game of life.



Life and Teaching of the Masters of the Far East (Vol. 1) - Baird T. Spaulding First published 1924.

Describes the amazing feats of the masters of the Himalayas, their principles and how they lived.



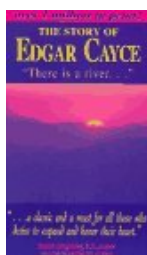
Mystic Secrets Revealed: 53 Keys to Spiritual Growth and Personal Development – Edwin Harkness Spina First published 2011.

Offers profound insights, clear guidance and practical advice to help you attain a life of peace and joy.



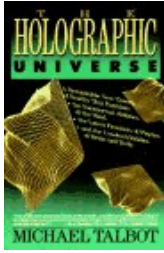
Mystic Warrior: A Novel Beyond Time and Space – Edwin Harkness Spina First published 2004.

Selfless mystics use advanced psychic abilities to battle terrorists and the power elite, with the fate of millions hanging in the balance.



Story of Edgar Cayce: There is a River - Thomas Sugrue First published 1942.

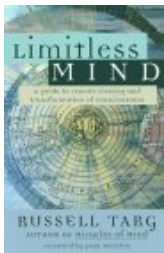
The story of America's sleeping prophet, Edgar Cayce.



[The Holographic Universe - Michael Talbot](#)

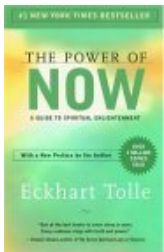
First published 1991.

Uses the hologram as a model offering an explanation for telepathy, lucid dreams, OBEs, NDEs and mystical experiences.



[Limitless Mind: A Guide to Remote Viewing and Transformation of Consciousness - Russell Targ](#) First published 2004.

Offers scientific and spiritual implications of remote viewing as well as techniques and exercises to awaken this skill.



[The Power of Now - Eckhart Tolle](#)

First published 1999.

A modern classic, covers the importance and benefits of being in the Now.



[Autobiography of a Yogi - Paramahansa Yogananda](#)

First published 1946.

The inspirational story of Yogananda, who was directed to come to the west to teach eastern spiritual thought.

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