

## NASM PREFERRED PROVIDER PROGRAM

| Provider   | Title  | Course Type      | CEUs E | xpires On Registration URL  |
|--|--|------------------|--------|---|
| 9Round Franchising LLC   | 9Round Kickboxology  | Workshop/Seminar | 0.5    | 12/31/21 9round.com   |
| Academy of Holistic Fitness  | Holistic Fitness   | Home Study       | 1.9    | 12/31/21 www.academyofholisticfitness.com   |
| Academy of Holistic Fitness  | Mind-Body Fitness for Personal Trainers  | Home Study       | 1.9    | 12/31/21 www.academyofholisticfitness.com   |
| Academy of Holistic Fitness  | Practical Yoga for Personal Trainers   | Home Study       | 1.9    | 12/31/21 www.academyofholisticfitness.com   |
| Academy of Holistic Fitness  | Yoga Teacher Training  | Home Study       | 1.9    | 12/31/21 www.academyofholisticfitness.com   |
| Active Life  | Active Life Rx Coach Immersion   | Conference       | 1.9    | 12/31/21 www.activeliferx.com   |
| Active Life  | Active Life Seminar  | Workshop/Seminar | 1.1    | 12/31/21 www.activelifeprofessional.com   |
| Advanced Continuing Education Institute  | Champion Performance Therapy and Training System   | Home Study       | 1.9    | 12/31/21 mikereinold.com  |
| Aerial Physique  | Aerial Physique Teacher Training   | Workshop/Seminar | 1.9    | 12/31/21  |
| AES (Asian Exhibition Services)  | Asia Fitness Conference 2021   | Conference       | 1.2    | 12/31/21 www.asiafitconference.com  |
| AFAA   | All AFAA courses are approved with NASM  | Home Study       |        | 12/31/21  |
| Agatsu Inc.  | Agatsu Club & Mace   | Home Study       | 1.4    | 12/31/21 http://www.agatsu.com  |
| Agatsu Inc.  | Agatsu Kettlebell Instructor   | Home Study       | 1.4    | 12/31/21 http://www.agatsu.com  |
| Agatsu Inc.  | Agatsu Lower Body Mobility & Movement  | Home Study       | 1.4    | 12/31/21 http://www.agatsu.com  |
| Agatsu Inc.  | Agatsu Strength & Speed Specialist   | Home Study       | 1.4    | 12/31/21 http://www.agatsu.com  |
| Agatsu Inc.  | Agatsu Upper Body Mobility & Movement  | Home Study       | 1.4    | 12/31/21 http://www.agatsu.com  |
| AKT. Anna Kaiser Technique   | AKT Certificate of Completion  | Workshop/Seminar | 1.9    | 12/31/21 www.theakt.com   |
| All About Fitness, LLC   | Dynamic Anatomy  | Home Study       | 0.4    | 12/31/21 www.petemccallfitness.com  |
| All About Fitness, LLC   | Exercise Program Design for the Fountain of Youth  | Home Study       | 0.4    | 12/31/21 www.petemccallfitness.com  |
| All About Fitness, LLC   | Glute Reboot: All About Exercise for the Glutes  | Home Study       | 0.2    | 12/31/21 www.petemccallfitness.com  |
| All About Fitness, LLC   | Total Body Core Training   | Home Study       | 0.5    | 12/31/21 www.petemccallfitness.com  |
| American Academy of Health and Fitness (AAHF)  | Back Stability: Integrating Science and Therapy  | Home Study       | 1.9    | 12/31/21 www.petericcaminess.com  |
| American Academy of Health and Fitness (AAHF)  | Cancer and the Older Adult   | Home Study       | 0.4    | 12/31/21 www.aahf.info  |
| American Academy of Health and Fitness (AAHF)  American Academy of Health and Fitness (AAHF) | Developing Agility and Quickness for Sports Performance  | Home Study       | 0.4    | 12/31/21 www.aahf.info  |
| American Academy of Health and Fitness (AAHF)  | Exercise and Cancer Survivorship   | Home Study       | 1.3    | 12/31/21 www.aahf.info  |
|  |  |                  | 1.9    | 12/31/21 www.aahf.info  |
| American Academy of Health and Fitness (AAHF)  | Fitness Assessment and Exercise Prescription for all Ages                                      | Home Study       | 1.9    | 12/31/21 www.aanf.info<br>12/31/21 www.aahf.info  |
| American Academy of Health and Fitness (AAHF)  | JrFit Youth Fitness  | Home Study       | 1.0    | 12/31/21 www.aahf.info  |
| American Academy of Health and Fitness (AAHF)  | Nutrition for Special Dietary Needs  | Home Study       |        |   |
| American Academy of Health and Fitness (AAHF)  | Prenatal and Postnatal Exercise Prescription   | Home Study       | 1.0    | 12/31/21 www.aahf.info  |
| American Academy of Health and Fitness (AAHF)  | SrFit Mature Fitness   | Home Study       | 1.5    | 12/31/21 www.aahf.info  |
| American Academy of Health and Fitness (AAHF)  | Strength Training Older Adults   | Home Study       | 1.2    | 12/31/21 www.aahf.info  |
| American Academy of Health and Fitness (AAHF)  | The Fitness Professional's Guide to Coaching Lifestyle Wellness                                | Home Study       | 1.9    | 12/31/21 www.aahf.info  |
| American Academy of Health and Fitness (AAHF)  | The Janda System of Evaluation and Treatment of Muscle Imbalance                               | Home Study       | 1.9    | 12/31/21 www.aahf.info  |
| American Barre Technique, LLC  | Barre Instructor Specialty Certificate   | Home Study       | 1.6    | 12/31/21 www.ABTbarre.com   |
| American Council on Exercise (ACE)   | ACE Behavior Change in Practice: Hands-on Skills for Health Coaches and Exercise Professionals | Workshop/Seminar | 0.5    | 12/31/21 www.acefitness.org   |
| American Council on Exercise (ACE)   | ACE Behavior Change Specialist   | Home Study       | 1.9    | 12/31/21 http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx |
| American Council on Exercise (ACE)   | ACE Fitness Nutrition Specialist   | Home Study       | 1.9    | 12/31/21 www.acefitness.org   |
| American Council on Exercise (ACE)   | ACE Functional Training Specialist   | Home Study       | 1.9    | 12/31/21 www.acefitness.org   |
| American Council on Exercise (ACE)   | ACE Senior Fitness Specialist  | Home Study       | 1.9    | 12/31/21 www.acefitness.org   |
| American Council on Exercise (ACE)   | ACE Sports Conditioning Specialist   | Home Study       | 1.9    | 12/31/21 www.acefitness.org   |
| American Council on Exercise (ACE)   | ACE Weight Management Specialist   | Home Study       | 1.9    | 12/31/21 www.acefitness.org   |
| American Council on Exercise (ACE)   | ACE Youth Fitness Specialist   | Home Study       | 1.9    | 12/31/21 www.acefitness.org   |
| American Council on Exercise (ACE)   | Fitness Programming for Overweight Clients & Clients Affected by Obesity                       | Workshop/Seminar | 0.8    | 12/31/21 www.acefitness.org   |
| American Council on Exercise (ACE)   | Metabolic Training Workshop  | Workshop/Seminar | 0.8    | 12/31/21 www.acefitness.org   |
| American Council on Exercise (ACE)   | Movement Based Exercise Workshop   | Workshop/Seminar | 0.8    | 12/31/21 www.acefitness.org   |
| American Council on Exercise (ACE)   | Personal Training Workshop: Client Communication, Assessment and Program Design                | Workshop/Seminar | 0.8    | 12/31/21 www.acefitness.org   |
| American Council on Exercise (ACE)   | Small Group Training Workshop  | Workshop/Seminar | 0.5    | 12/31/21 www.acefitness.org   |
| American Fitness Professionals & Associates (AFPA)   | Holistic Nutritionist Certification  | Home Study       | 1.9    | 12/31/21 www.afpafitness.com  |
| American Fitness Professionals & Associates (AFPA)   | Prenatal and Postnatal Fitness Specialist  | Home Study       | 1.9    | 12/31/21 http://www.afpafitness.com   |
| American Specialty Health (ASH)/Silver & Fit   | Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course              | Home Study       | 1.3    | 12/31/21 Pre-qualification required. Contact SFInstructors@ashn.com for info.                           |
| Annette Lang Education Systems   | Integrated Stretching  | Workshop/Seminar | 0.8    | 12/31/21 www.annettelang.com  |
| Annette Lang Education Systems   | Training the Pregnant and Postpartum Client  | Workshop/Seminar | 0.8    | 12/31/21 www.annettelang.com  |
| Aquabirth  | Prenatal and Postnatal Fitness Training Course   | Workshop/Seminar | 1.9    | 12/31/21 www.aquabirth.gr   |
| Assured Fitness  | GROUP EXERCISE: 101  | Workshop/Seminar | 0.8    | 12/31/21  |
| Assured Fitness  | Pressure Point: Muscle Rejuvenation  | Workshop/Seminar | 0.8    | 12/31/21  |
| Assured Fitness  | Senior Fitness - Senior Fit & Fun  | Workshop/Seminar | 0.8    | 12/31/21  |
| Assured Fitness  | Specialized Military Fitness Programming   | Workshop/Seminar | 1.5    | 12/31/21  |
| Assured Fitness  | The Power of Yoga - Energy & Healing   | Workshop/Seminar | 0.4    | 12/31/21 www.assured-fitness.com  |
| Assured Fitness  | Yoga Burn & Firm   | Workshop/Seminar | 0.4    | 12/31/21 www.assured-ntness.com<br>12/31/21   |
| Assured Fitness  | Youth Fitness - Fit-4-Kids   | Workshop/Seminar | 0.4    | 12/31/21  |
| Athletic Performance and Rehabilitation Academy  | Posture Analysis Course  | Workshop/Seminar | 1.9    | 12/31/21<br>12/31/21 apr-academy.com  |
|  |  |                  | 1.9    |   |
| Australian Strength Performance  | Advanced Hypertrophy Level 2   | Workshop/Seminar | 1.9    | 12/31/21 www.trainasp.com.au/education/ 12/31/21 www.trainasp.com.au/education/                         |
| Australian Strength Performance  | ASP Coach Level 1 Certification  | Workshop/Seminar |        |   |
| Australian Strength Performance  | Fat Loss Specialization  | Workshop/Seminar | 1.9    | 12/31/21  |
| Australian Strength Performance  | Hypertrophy Level 1  | Workshop/Seminar | 1.4    | 12/31/21  |
| Australian Strength Performance  | Physique Transformation Level 1  | Workshop/Seminar | 0.7    | 12/31/21  |
| B Strong   | Blood Flow Restriction Training  | Workshop/Seminar | 0.8    | 12/31/21 bstrong training   |
| Balanced Habits  | Balanced Habits Food Coach (Self Study)  | Home Study       | 1.4    | 12/31/21 balancedhabits.com   |
| Baptiste Power of Yoga, LLC  | Yoga with Weights: Baptiste Method Study Course - Intro Level I                                | Home Study       | 1.9    | 12/31/21 www.powerofyoga.com  |
| Barbell Rehab, LLC   | Strength Training the Post-Operative Client  | Workshop/Seminar | 0.5    | 12/31/21 https://barbellrehab.com/operation-online-course   |
| Barbell Rehab, LLC   | The Barbell Rehab Method The Barbell Rehab Olympic Weightlifting Workshop                      | Workshop/Seminar | 1.5    | 12/31/21 barbellrehab.com   |
| Barbell Rehab, LLC   |  | Workshop/Seminar | 0.7    | 12/31/21 https://barbellrehab.com   |

| Barbell Rehab, LLC  | The Barbell Rehab Workshop   | Workshop/Seminar   | 0.6   | 12/31/21 https://barbellrehab.com/workshops   |
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| Barbell Rehab, LLC  | The Barbell Rehab Workshop Online Course   | Home Study   | 0.9   | 12/31/21 https://barbellrehab.com   |
| Barre Body  | Barre Teacher Training   | Home Study   | 1.1   | 12/31/21 www.barrebody.com.au   |
| Barre Body  | ONLINE REFORMER TEACHER TRAINING   | Home Study   | 1.9   | 12/31/21 www.barrebody.com.au   |
| Barre Body  | Pilates Mat Teacher Training   | Home Study   | 1.3   | 12/31/21 www.barrebody.com.au   |
| Barre Body  | Pre and Post Natal Training  | Home Study   | 1.9   | 12/31/21  |
| Barre Certification (IBBFA)   | Barre Essentials - A Training Guide On How To Be An Effective Barre Instructor   | Home Study   | 0.8   | 12/31/21 www.barrecertification.com   |
| Barre Certification (IBBFA)   | Barre Level 1- Fundamentals of Barre Technique   | Workshop/Seminar   | 1.9   | 12/31/21 https://barrecertification.com/  |
| Barre Eclipse   | Barre Eclipse Teacher Training   | Home Study   | 1.9   | 12/31/21 https://www.barreeclipse.com/tt  |
| Barre Variations  | Barre Variation Teacher Training   | Workshop/Seminar   | 0.8   | 12/31/21  |
| Barre Variations  | Barre Variations Teacher Training Online   | Home Study   | 0.8   | 12/31/21 www.barrevariations.com  |
| Barre Where You Are LLC   | •  | · · · · · · · · · · · · · · · · · · ·  | 0.8   | 12/31/21  |
|   | Barre Where You Are Primary Barre Instructor   | Workshop/Seminar   |   |   |
| Barre Where You Are LLC   | Raising the Barre  | Workshop/Seminar   | 0.5   | 12/31/21 www.BarreWhereYouAreSC.com/raisingthebarreworkshop   |
| Beachbody, LLC  | 2B Mindset   | Home Study   | 1.2   | 12/31/21 beachbodylive.com  |
| Beachbody, LLC  | The Ultimate Portion Fix   | Home Study   | 1.9   | 12/31/21 beachbodylive.com  |
| BeatBoss, LLC   | BeatBoss Indoor Biking   | Workshop/Seminar   | 1.4   | 12/31/21 www.beatboss.rocks   |
| Bender Training Academy   | Functional Flexibility and Fascia Fitness  | Workshop/Seminar   | 0.6   | 12/31/21 www.bendertraining.com   |
| Bender Training Academy   | I am Ageless Now   | Workshop/Seminar   | 0.6   | 12/31/21 http://www.bendertraining.com  |
| Bespoke Treatments  | BESPOKE KETTLEBELL TRAINING 101  | Workshop/Seminar   | 1.3   | 12/31/21 www.bespoketreatments.com  |
| Bike Live   | International Indoor Cycling Certification Level BE3   | Workshop/Seminar   | 1.8   | 12/31/21 www.bebikelive.com   |
| BioForce  | BioForce Certified Conditioning Coach  | Home Study   | 1.7   | 12/31/21 https://www.8weeksout.com/conditioning-certification/  |
| Black Dog Fitness   | Kettlebell Ballistics  | Workshop/Seminar   | 0.4   | 12/31/21 blkdogfitness.com  |
|   |  |  |   |   |
| Black Dog Fitness   | Kettlebell Foundations   | Workshop/Seminar   | 0.3   | 12/31/21 blkdogfitness.com  |
| Black Dog Fitness   | Kettlebell Swing Workshop For Coaches  | Workshop/Seminar   | 0.2   | 12/31/21 blkdogfitness.com  |
| BODY FX   | Figure 8 Basic Instructor  | Home Study   | 0.6   | 12/31/21  |
| BOMBAY JAM  | BOMBAY JAM(R) CERTIFICATE COMPLETION   | Workshop/Seminar   | 1.2   | 12/31/21 www.bombayjam.com  |
| BOMBAY JAM  | BOMBAY JAM(R) CERTIFICATE COMPLETION ONLINE  | Home Study   | 0.5   | 12/31/21 www.bombayjam.com  |
| BOMBAY JAM  | BOMBAY JAM(R) DAY 2 Q1   | Workshop/Seminar   | 0.4   | 12/31/21 www.bombayjam.com  |
| BOMBAY JAM  | BOMBAY JAM(R) DAY 2 Q2   | Workshop/Seminar   | 0.4   | 12/31/21 www.bombayjam.com  |
| BOMBAY JAM  | BOMBAY JAM(R) DAY 2 Q3   | Workshop/Seminar   | 0.4   | 12/31/21 www.bombayjam.com  |
| BOMBAY JAM  | BOMBAY JAM(R) DAY 2 Q4   | Workshop/Seminar   | 0.4   | 12/31/21 www.bombayjam.com  |
| Box 'N Burn Academy   | Box N' Burn Academy Level 1 Course   | Workshop/Seminar   | 0.7   | 12/31/21 www.boxnburnacademy.com  |
|   |  |  |   |   |
| Box 'N Burn Academy   | Box N' Burn Academy Level 2 Course   | Workshop/Seminar   | 0.7   | 12/31/21 http://www.boxnburnacademy.com   |
| Box 'N Burn Academy   | Box N Burn Academy Online Course   | Home Study   | 0.9   | 12/31/21 www.boxnburnacademy.com  |
| Boxing & Barbells   | Boxing & Barbells Level 1 (Self Study)   | Home Study   | 1.0   | 12/31/21 www.boxingandbarbells.com  |
| Brian Grant Foundation  | Exercise for Parkinson's (Home Study)  | Home Study   | 0.6   | 12/31/21 www.briangrant.org   |
| Brian Grant Foundation  | Exercise for Parkinson's (Workshop)  | Workshop/Seminar   | 0.6   | 12/31/21 www.briangrant.org   |
| Brianna Battles   | Pregnancy & Postpartum Athleticism   | Home Study   | 1.9   | 12/31/21 https://pregnancyandpostpartumathleticism.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Acute Variables: Repetition Range  | Home Study   | 0.1   | 12/31/21 http://brentbrookbush.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Adductors  | Home Study   | 0.2   | 12/31/21 brentbrookbush.com/online-courses/   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise   | Workshop/Seminar   | 1.6   | 12/31/21 http://brentbrookbush.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Ankle Joint  | Home Study   | 0.3   | 12/31/21 http://www.brookbushinstitute.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Anterior Oblique Subsystem Integration   | Home Study   | 0.2   | 12/31/21 brentbrookbush.com   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Back/Pulling Progressions  | Workshop/Seminar   | 0.1   | 12/31/21 http://brookbushinstitute.com  |
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| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Biceps Femoris   | Home Study   | 0.2   | 12/31/21 brentbrookbush.com/online-courses/   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Bridge and Progressions  | Workshop/Seminar   | 0.2   | 12/31/21 brentbrookbush.com   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Cervical Spine   | Home Study   | 0.3   | 12/31/21 http://brentbrookbush.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Chest/Pushing Progressions   | Workshop/Seminar   | 0.1   | 12/31/21 http://brookbushinstitute.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Chop Pattern and Progressions  | Home Study   | 0.1   | 12/31/21 brentbrookbush.com   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Comparing Shoulder External Rotator Exercises  | Workshop/Seminar   | 0.1   | 12/31/21 www.brentbrookbush.com   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Coracobrachialis   | Home Study   | 0.2   | 12/31/21 brentbrookbush.com/online-courses/   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Corrective Exercise Lab  | Workshop/Seminar   | 1.6   | 12/31/21 brentbrookbush.com/  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Deadlift Progressions  | Workshop/Seminar   | 0.1   | 12/31/21 http://brookbushinstitute.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Deep Cervical Flexor Activation  | Home Study   | 0.1   | 12/31/21 http://www.brookbushinstitute.com  |
|   |  |  | 0.2   | 12/31/21 brentbrookbush.com   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Deep Longitudinal Subsystem  | Home Study   |   |   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Deep Neck Flexors  | Home Study   | 0.2   | 12/31/21 brentbrookbush.com/online-courses/   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Deltoids   | Home Study   | 0.2   | 12/31/21 brentbrookbush.com/online-courses/   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Does Movement Impairment Precede Knee Pain and Injury?   | Home Study   | 0.1   | 12/31/21 http://brentbrookbush.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Does Movement Impairment Precede Low Back Injury?  | Workshop/Seminar   | 0.1   | 12/31/21 http://brentbrookbush.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Erector Spinae   | Home Study   | 0.2   | 12/31/21 brentbrookbush.com/online-courses/   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT)   | Home Study   | 0.2   | 12/31/21 brentbrookbush.com/online-courses/   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | External Obliques  | Home Study   | 0.2   | 12/31/21 http://brentbrookbush.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Flexor Hallucis Longus and Flexor Digitorum Longus   | Workshop/Seminar   | 0.2   | 12/31/21 brentbrookbush.com/online-courses/   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Functional Anatomy 1: Introduction   | Home Study   | 0.3   | 12/31/21 brentbrookbush.com/online-courses/   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Functional Anatomy 2: Muscular Function and Upper Body Muscles   | Home Study   | 0.3   | 12/31/21 brentbrookbush.com/online-courses/   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Functional Anatomy 2: Industrial Policition and Opper Body Muscles  Functional Anatomy 3: Lower Body and Core Muscles  | Home Study   | 0.3   | 12/31/21 brentbrookbush.com/online-courses/   |
|   | Gluteus Maximus  |  | 0.3   |   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Gluteus Maximus Gluteus Maximus Activation   | Home Study   |   | 12/31/21 brentbrookbush.com/online-courses/   |
|   |  | Home Study   | 0.1   | 12/31/21 http://www.brookbushinstitute.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  |  |  |   |   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Gluteus Medius Activation  | Home Study   | 0.1   | 12/31/21 http://www.brookbushinstitute.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) Brookbush Institute of Human Movement Science (B2C Fitness, LLC)   | Gluteus Medius Activation Hip External Rotator: Release and Lengthening  | Home Study   | 0.1   | 12/31/21 https://brentbrookbush.com/  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Gluteus Medius Activation  |  |   |   |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) Brookbush Institute of Human Movement Science (B2C Fitness, LLC)   | Gluteus Medius Activation Hip External Rotator: Release and Lengthening  | Home Study   | 0.1   | 12/31/21 https://brentbrookbush.com/  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) Brookbush Institute of Human Movement Science (B2C Fitness, LLC) Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Gluteus Medius Activation Hip External Rotator: Release and Lengthening Hip Flexor: Release and Lengthening  | Home Study<br>Home Study   | 0.1<br>0.1  | 12/31/21 https://brentbrookbush.com/<br>12/31/21 https://brentbrookbush.com/<br>12/31/21 https://brentbrookbush.com/  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) Brookbush Institute of Human Movement Science (B2C Fitness, LLC) Brookbush Institute of Human Movement Science (B2C Fitness, LLC) Brookbush Institute of Human Movement Science (B2C Fitness, LLC) Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Gluteus Medius Activation Hijp External Rotator: Release and Lengthening Hijp Flexor: Release and Lengthening Hijp Internal Rotator: Release and Lengthening Hijp Joint  | Home Study<br>Home Study<br>Home Study<br>Home Study   | 0.1<br>0.1<br>0.1<br>0.3                                    | 12/31/21 https://brentbrookbush.com/ 12/31/21 https://brentbrookbush.com/ 12/31/21 https://brentbrookbush.com/ 12/31/21 brentbrookbush.com/online-courses/  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) Brookbush Institute of Human Movement Science (B2C Fitness, LLC) Brookbush Institute of Human Movement Science (B2C Fitness, LLC) Brookbush Institute of Human Movement Science (B2C Fitness, LLC) Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  | Gluteus Medius Activation  Hip External Rotator: Release and Lengthening  Hip Flexor: Release and Lengthening  Hip Internal Rotator: Release and Lengthening  Hip Joint  Infraspinatus and Teres Minor   | Home Study<br>Home Study<br>Home Study<br>Home Study<br>Home Study   | 0.1<br>0.1<br>0.1<br>0.3<br>0.2                             | 12/31/21 https://brentbrookbush.com/ 12/31/21 https://brentbrookbush.com/ 12/31/21 https://brentbrookbush.com/ 12/31/21 brentbrookbush.com/online-courses/ 12/31/21 brentbrookbush.com/online-courses/  |
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| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)   | Muscle Fiber Dysfunction and Trigger Points  | Workshop/Seminar   | 0.2   | 12/31/21 brentbrookbush.com  |
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| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)   | Self-administered Joint Mobilizations: Upper Extremity   | Home Study   | 0.2   | 12/31/21 www.BrookbushInsitute.com   |
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| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)   | Serratus Anterior Activation   | Home Study   | 0.1   | 12/31/21 http://www.brookbushinstitute.com   |
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| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)   | Subscapularis  | Home Study   | 0.2   | 12/31/21 brentbrookbush.com/online-courses/  |
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| Brookbush Institute of Human Movement Science (B2C Fitness, LLC)  Brookbush Institute of Human Movement Science (B2C Fitness, LLC)   | Supraspinatus Tensor Fascia Latae  | Home Study Home Study  | 0.2   | 12/31/21 brentbrookbush.com/online-courses/  |
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| Core Health & Fitness  | Schwinn Indoor Cycling Workshop: Class Design Crunch Time  | Workshop/Seminar  | 0.2  | 12/31/21 www.schwinneducation.com   |
| Core Health & Fitness  | Schwinn Indoor Cycling: Classic Instructor Certification   | Workshop/Seminar  | 0.8  | 12/31/21 www.schwinneducation.com   |
| Core Health & Fitness  | Schwinn Indoor Cycling: How to WOW   | Workshop/Seminar  | 0.2  | 12/31/21 www.corehandf.com/certification  |
| Core Health & Fitness  | Schwinn Indoor Cycling: The Magic of Music   | Workshop/Seminar  | 0.2  | 12/31/21 www.corehandf.com/certification  |
| Core Health & Fitness  | Schwinn Performance and Periodization Workshop   | Home Study  | 0.2  | 12/31/21 www.corehandf.com/certification  |
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| Core Health & Fitness  | Schwinn® Cycling: Balancing Act - The Art of True Cycling Fusion   | Workshop/Seminar  | 0.2  | 12/31/21 www.corehandf.com/certification  |
| Core Health & Fitness  | Schwinn® Cycling: Super Star Substitute  | Workshop/Seminar  | 0.2  | 12/31/21 www.corehandf.com/certification  |
| Core Health & Fitness  | StairMaster HIIT Instructor Online Training Course   | Home Study  | 0.4  | 12/31/21 www.corehandf.com/certification  |
| Core Health & Fitness  | StairMaster HIIT Instructor Training Program   | Workshop/Seminar  | 0.4  | 12/31/21 www.corehandf.com/certification  |
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| Core Health & Fitness  | Strength Training Specialist Course by Nautilus  | Home Study  | 0.4  | 12/31/21 corehandf.com  |
| Core Pilates NYC   | Core Pilates NYC 's® Equipment Training Series: Reformer   | Workshop/Seminar  | 1.9  | 12/31/21 http://www.corepilatesnyc.com  |
| Core Pilates NYC   | Core Pilates NYC 's® Equipment Training Series: Tower/Cadillac   | Workshop/Seminar  | 1.6  | 12/31/21 http://www.corepilatesnyc.com  |
| Core Pilates NYC   | The Beginner Mat Training Course   | Workshop/Seminar  | 1.9  | 12/31/21 http://www.corepilatesnyc.com  |
| Core Pilates NYC   | The Intermediate Mat Training Course   | Workshop/Seminar  | 1.3  | 12/31/21 http://www.corepilatesnyc.com  |
| COREFIRST TRAINER  | COREFIRST Fearless Devotion 1.1 Course   | Workshop/Seminar  | 1.9  | 12/31/21 rktp://www.coreplateshyc.com   |
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| COREFIRST TRAINER  | Level 1.0 COREFIRST Trainer Course   | Workshop/Seminar  | 0.4  | 12/31/21 cfxtrainer.com   |
| COREFIRST TRAINER  | Level 2.0 COREFIRST Trainer Course   | Workshop/Seminar  | 0.7  | 12/31/21 cfxtrainer.com   |
| CRUNCH FITNESS   | 360-3X   | Workshop/Seminar  | 0.2  | 12/31/21 http://www.crunch.com  |
| CRUNCH FITNESS   | ABSOLUTION   | Workshop/Seminar  | 0.3  | 12/31/21 WWW.CRUNCH.COM   |
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| CRUNCH FITNESS   | Accelerate HIIT  | Workshop/Seminar  | 0.3  | 12/31/21 www.CRUNCH.com   |
| CRUNCH FITNESS   | BADASS BOOTCAMP  | Workshop/Seminar  | 0.4  | 12/31/21 www.crunch.com   |
| CRUNCH FITNESS   | BARRE ASSETS   | Workshop/Seminar  | 0.4  | 12/31/21 WWW.CRUNCH.COM   |
| CRUNCH FITNESS   | BARRE BOOTCAMP   | Workshop/Seminar  | 0.2  | 12/31/21 http://www.crunch.com  |
| CRUNCH FITNESS   |  |   |  | 12/31/21 WWW.CRUNCH.COM   |
|  | BELLY BUTT & THIGHS BOOTCAMP   | Workshop/Seminar  | 0.3  |   |
| CRUNCH FITNESS   | BODYWEB WITH TRX   | Workshop/Seminar  | 0.3  | 12/31/21 WWW.CRUNCH.COM   |
| CRUNCH FITNESS   | BOSU BOOTCAMP  | Workshop/Seminar  | 0.3  | 12/31/21 WWW.CRUNCH.COM   |
| CRUNCH FITNESS   | CARDIO SCULPT  | Workshop/Seminar  | 0.3  | 12/31/21 WWW.CRUNCH.COM   |
| CRUNCH FITNESS   | CARDIO TAI BOX   | Workshop/Seminar  | 0.2  | 12/31/21 http://www.crunch.com  |
| CRUNCH FITNESS   | CHISEL   | Workshop/Seminar  | 0.3  | 12/31/21 WWW.CRUNCH.COM   |
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| CRUNCH FITNESS   | CRUNCH CLASSIC TRAINING  | Workshop/Seminar  | 0.6  | 12/31/21 WWW.CRUNCH.COM   |
| CRUNCH FITNESS   | CRUNCH RIDE OF YOUR LIFE   | Workshop/Seminar  | 0.6  | 12/31/21 WWW.CRUNCH.COM   |
|  | Extreme HIIT   |   | 0.3  | 12/31/21 www.CRUNCH.com   |
| CRUNCH FITNESS   |  | Workshop/Seminar  |  |   |
| CRUNCH FITNESS   |  | Workshop/Seminar  |  | 12/31/21 WWW CRUNCH COM   |
| CRUNCH FITNESS CRUNCH FITNESS  | FAT BURNING PILATES  | Workshop/Seminar  | 0.3  | 12/31/21 WWW.CRUNCH.COM   |
| CRUNCH FITNESS CRUNCH FITNESS CRUNCH FITNESS   | FAT BURNING PILATES FIT TO FIGHT   | Workshop/Seminar<br>Workshop/Seminar  | 0.3<br>0.4   | 12/31/21 www.crunch.com   |
| CRUNCH FITNESS CRUNCH FITNESS CRUNCH FITNESS CRUNCH FITNESS  | FAT BURNING PILATES<br>FIT TO FIGHT<br>HIIT WORKOUT  | Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar  | 0.3<br>0.4<br>0.4  | 12/31/21 www.crunch.com<br>12/31/21 www.crunch.com  |
| CRUNCH FITNESS CRUNCH FITNESS CRUNCH FITNESS   | FAT BURNING PILATES FIT TO FIGHT   | Workshop/Seminar<br>Workshop/Seminar  | 0.3<br>0.4   | 12/31/21 www.crunch.com   |
| CRUNCH FITNESS CRUNCH FITNESS CRUNCH FITNESS CRUNCH FITNESS CRUNCH FITNESS CRUNCH FITNESS  | FAT BURNING PILATES<br>FIT TO FIGHT<br>HIIT WORKOUT<br>IRON MAT  | Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar  | 0.3<br>0.4<br>0.4<br>0.3   | 12/31/21 www.crunch.com<br>12/31/21 www.crunch.com<br>12/31/21 WWW.CRUNCH.COM   |
| CRUNCH FITNESS   | FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START  | Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar  | 0.3<br>0.4<br>0.4<br>0.3<br>0.4  | 12/31/21 www.crunch.com<br>12/31/21 www.crunch.com<br>12/31/21 WWW.CRUNCH.COM<br>12/31/21 www.crunch.com  |
| CRUNCH FITNESS   | FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE  | Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar  | 0.3<br>0.4<br>0.4<br>0.3<br>0.4<br>0.4   | 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 WWW.CRUNCH.COM 12/31/21 www.crunch.com 12/31/21 www.crunch.com   |
| CRUNCH FITNESS  | FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERBRIVE Punch HIIT   | Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar  | 0.3<br>0.4<br>0.4<br>0.3<br>0.4<br>0.4<br>0.3  | 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com   |
| CRUNCH FITNESS   | FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETRO ROBICS  | Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar  | 0.3<br>0.4<br>0.4<br>0.3<br>0.4<br>0.4<br>0.3<br>0.2   | 12/31/21 www.crunch.com   |
| CRUNCH FITNESS  | FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERBRIVE Punch HIIT   | Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar  | 0.3<br>0.4<br>0.4<br>0.3<br>0.4<br>0.4<br>0.3  | 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com   |
| CRUNCH FITNESS   | FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETRO ROBICS  | Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar  | 0.3<br>0.4<br>0.4<br>0.3<br>0.4<br>0.4<br>0.3<br>0.2   | 12/31/21 www.crunch.com   |
| CRUNCH FITNESS  | FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERBRIVE Punch HIIT RETRO ROBICS RIPPED DRIVE RIPPED YOGA   | Workshop/Seminar   | 0.3<br>0.4<br>0.4<br>0.3<br>0.4<br>0.4<br>0.3<br>0.2<br>0.3<br>0.2   | 12/31/21 www.crunch.com   |
| CRUNCH FITNESS   | FAT BURNING PILATES FIT TO FIGHT HIIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETRO ROBICS RIPPED DRIVE RIPPED DRIVE RIPPET YOGA STILETTO STRENGTH  | Workshop/Seminar  | 0.3<br>0.4<br>0.4<br>0.3<br>0.4<br>0.4<br>0.3<br>0.2<br>0.3<br>0.2   | 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.cRUNCH.COM 12/31/21 thtp://www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com  |
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| CRUNCH FITNESS CRUNCH UNIVERSITY  | FAT BURNING PILATES FITTO FIGHT HIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETRO ROBICS RIPPED DRIVE RIPPED DRIVE RIPPED YOGA STILETTO STRENGTH STILETTO STRENGTH STILETTO STRENGTH STLETTO STRENGTH TREAD BOOTCAMP TREAD-N-SHRED VIDEOGRAPHY YOGA BODY SCULPT 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP   | Workshop/Seminar Home Study Home Study Home Study Home Study   | 0.3<br>0.4<br>0.4<br>0.3<br>0.4<br>0.4<br>0.3<br>0.2<br>0.3<br>0.2<br>0.3<br>0.3<br>0.3<br>0.3<br>0.3<br>0.3<br>0.3<br>0.3 | 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 http://www.crunch.com 12/31/21 www.crunch.com 12/31/21 thtp://www.crunch.com 12/31/21 http://www.crunch.com 12/31/21 http://www.crunch.com   |
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| CRUNCH FITNESS CRUNCH UNIVERSITY   | FAT BURNING PILATES FITTO FIGHT HIT WORKOUT IRON MAT JUMP START OVERBRIVE PUNCH HIIT RETRO ROBICS RIPPED DRIVE RIPPED YOGA STILETTO STRENGTH STILETTO STRENGTH STILETTO STRENGTH STILETTO STRENGTH STILETTO STRENGTH TREAD BOOTCAMP TREAD-N-SHRED VIDEOGRAPHY YOGA BODY SCULPT 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BELLY BUTT & THIGHS BOTCAMP BOOYWEB WITH TRX BOSU BOOTCAMP   | Workshop/Seminar Home Study   | 0.3 0.4 0.4 0.3 0.4 0.3 0.4 0.3 0.4 0.3 0.2 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.4 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3    | 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 www.crunch.com 12/31/21 http://www.crunch.com 12/31/21 www.crunch.com 12/31/21 thtp://www.crunch.com 12/31/21 thtp://www.crunch.com 12/31/21 thtp://www.crunch.com 12/31/21 thtp://www.crunch.com 12/31/21 thtp://www.crunch.com   |
| CRUNCH FITNESS CRUNCH UNIVERSITY  | FAT BURNING PILATES FIT TO FIGHT HIT WORKOUT IRON MAT JUMP START OVERSRIVE PUNCH HIIT RETRO ROBICS RIPPED DRIVE RIPPED DRIVE RIPPED DRIVE RIPPED YOGA STILETTO STRENGTH STILETTO STRENGTH STILETTO STRENGTH STILETTO STRENGTH TREAD BOOTCAMP TREAD-N-SHRED VIDEOGRAPHY YOGA BODY SCULPT 360-3X ABSOLUTION ACCELERATE HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOS BOOTCAMP CARDIO SCULPT   | Workshop/Seminar Home Study  | 0.3 0.4 0.4 0.3 0.4 0.3 0.4 0.3 0.4 0.3 0.2 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3  | 12/31/21 www.crunch.com 12/31/21 www.crunch-u.com 12/31/21 thtp://www.crunch-u.com 12/31/21 http://www.crunch-u.com   |
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| CRUNCH FITNESS CRUNCH HITNESS CRUNCH UNIVERSITY  | FAT BURNING PILATES FIT TO FIGHT HIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETRO ROBICS RIPPED DRIVE RIPPED DRIVE RIPPED YOGA STILETTO STRENGTH STILETTO STRENGTH STILETTO STRENGTH STILETTO STRENGTH TREAD BOOTCAMP TREAD-N-SHRED VIDEOGRAPHY YOGA BODY SCULPT 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARKE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSUE BOOTCAMP CARDIO SCULPT CARDIO TAIL BOX CHISEL EXTERMENT EXT | Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar   | 0.3 0.4 0.4 0.3 0.4 0.3 0.4 0.3 0.2 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3  | 12/31/21 www.crunch.com 12/31/21 tttp://www.crunch-u.com 12/31/21 tttp://www.crunch-u.com 12/31/21 trunch.com 12/31/21 trunch.com 12/31/21 tttp://www.crunch-u.com  |
| CRUNCH FITNESS CRUNCH UNIVERSITY  | FAT BURNING PILATES FIT TO FIGHT HIT WORKOUT IRON MAT JUMP START OVERSRIVE PUNCH HIIT RETRO ROBICS RIPPED DRIVE RIPPED YOGA STILETTO STRENGTH STILETTO STRENGTH STILETTO STRENGTH STILETTO STRENGTH STILETTO STRENGTH TREAD BOOTCAMP TREAD-N-SHRED VIDEOGRAPHY YOGA BODY SCULPT 360-3X ABSOLUTION ACCELERATE HIIT BADASS BOOTCAMP BARRE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOS UN BOOTCAMP CARDIO SCULPT CARDIO TAI BOX CHISEL Extreme HIIT FAT BURNING PILATES FIT TO FIGHT HIT WORKOUT  | Workshop/Seminar Home Study Workshop/Seminar  | 0.3 0.4 0.4 0.4 0.3 0.4 0.3 0.4 0.3 0.2 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3  | 12/31/21 www.crunch.com 12/31/21 thtp://www.crunch.com 12/31/21 twow.cRUNCH.com 12/31/21 twow.cRUNCH.com 12/31/21 twow.cRUNCH.com 12/31/21 twow.cRUNCH.com 12/31/21 trunch.com |
| CRUNCH FITNESS CRUNCH UNIVERSITY  | FAT BURNING PILATES FIT TO FIGHT HIT WORKOUT IRON MAT JUMP START OVERDRIVE PUNCH HIIT RETRO ROBICS RIPPED DRIVE RIPPED DRIVE RIPPED YOGA STILETTO STRENGTH STILETTO STRENGTH STILETTO STRENGTH STILETTO STRENGTH TREAD BOOTCAMP TREAD-N-SHRED VIDEOGRAPHY YOGA BODY SCULPT 360-3X ABSOLUTION Accelerate HIIT BADASS BOOTCAMP BARKE ASSETS BARRE BOOTCAMP BELLY BUTT & THIGHS BOOTCAMP BODYWEB WITH TRX BOSUE BOOTCAMP CARDIO SCULPT CARDIO TAIL BOX CHISEL EXTERMENT EXT | Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar   | 0.3 0.4 0.4 0.3 0.4 0.3 0.4 0.3 0.2 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3  | 12/31/21 www.crunch.com 12/31/21 tttp://www.crunch-u.com 12/31/21 tttp://www.crunch-u.com 12/31/21 trunch.com 12/31/21 trunch.com 12/31/21 tttp://www.crunch-u.com  |

| CRUNCH UNIVERSITY  | JUMP START  | Workshop/Seminar   | 0.4   | 12/31/21 crunch.com   |
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| CRUNCH UNIVERSITY  | OVERDRIVE   | Home Study   | 0.1   | 12/31/21 http://www.crunch-u.com  |
| CRUNCH UNIVERSITY  | Punch HIIT  | Workshop/Seminar   | 0.3   | 12/31/21 www.CRUNCH.com   |
|  |   |  |   |   |
| CRUNCH UNIVERSITY  | RETRO ROBICS  | Home Study   | 0.1   | 12/31/21 http://www.crunch-u.com  |
| CRUNCH UNIVERSITY  | STILETTO STRENGTH   | Home Study   | 0.1   | 12/31/21 http://www.crunch-u.com  |
| CRUNCH UNIVERSITY  | Strong HIIT   | Workshop/Seminar   | 0.3   | 12/31/21 www.CRUNCH.com   |
| CRUNCH UNIVERSITY  | Tread Bootcamp  | Home Study   | 0.1   | 12/31/21 http://www.crunch-u.com  |
|  |   |  |   |   |
| CRUNCH UNIVERSITY  | TREAD-N-SHRED   | Home Study   | 0.1   | 12/31/21 http://www.crunch-u.com  |
| CRUNCH UNIVERSITY  | TRX-X2  | Home Study   | 0.1   | 12/31/21 http://www.crunch-u.com  |
| CRUNCH UNIVERSITY  | Videography   | Home Study   | 0.1   | 12/31/21 http://www.crunch-u.com  |
| CRUNCH UNIVERSITY  | Yoga Body Sculpt  | Home Study   | 0.1   | 12/31/21 http://www.crunch-u.com  |
|  |   |  |   |   |
| CULTFIT Healthcare PVT LTD   | CULT Fitness Boxing Level 0   | Workshop/Seminar   | 1.9   | 12/31/21 www.cultfit.in   |
| CULTFIT Healthcare PVT LTD   | Cult Strength and Conditioning Level 0  | Workshop/Seminar   | 1.9   | 12/31/21  |
| Dan-Z Fitness Pte Ltd  | Official KpopX® Fitness Instructor  | Workshop/Seminar   | 0.8   | 12/31/21 www.kpopxfitness.com   |
| Delos Institute  | Strength Training and Fascia  | Workshop/Seminar   | 0.3   | 12/31/21 https://www.delostherapy.com   |
|  |   |  |   |   |
| DESIREE FITNESS  | ENTRENADOR PERSONAL   | Workshop/Seminar   | 0.6   | 12/31/21 desireefitness.com   |
| Dr. Lewis Consulting and Psychotherapy, LLC  | Psych Skills for Fitness Pros   | Home Study   | 1.3   | 12/31/21 https://www.psychskillsforfitpros.com  |
| DR. MARIA LUQUE & KRISTINA OLSON   | Menopausal Fitness: Training The Menopausal Client  | Home Study   | 0.7   | 12/31/21 www.FitnessInMenopause.com   |
| DR. MARIA LUQUE & KRISTINA OLSON   | Menopausal Fitness: Training The Menopausal Client  | Workshop/Seminar   | 0.7   | 12/31/21 https://www.FitnessInMenopause.com   |
|  |   |  |   |   |
| Dr. Sears Wellness Institute   | Health Coach Certification-Adults & Seniors   | Home Study   | 1.9   | 12/31/21 drsearswellnessinstitute.org   |
| Dr. Sears Wellness Institute   | Health Coach Certification-Families   | Home Study   | 1.9   | 12/31/21 drsearswellnessinstitute.org   |
| ELDOA  | ELDOA 1 & 2 Combination Education Course  | Workshop/Seminar   | 1.9   | 12/31/21  |
|  |   |  |   |   |
| Elite Endurance Barre  | Elite Endurance Barre   | Workshop/Seminar   | 0.2   | 12/31/21 Eliteendurancebarre.com  |
| Embarazo Activo  | Physical Activity in Pregnancy and Postpartum   | Workshop/Seminar   | 1.9   | 12/31/21 www.embarazoactivo.com   |
| Empower Training Systems, Inc.   | Empower (Martial Fitness) Kickboxing Fitness Instructor Training  | Home Study   | 1.9   | 12/31/21 www.empower-usa.com  |
| Empower Training Systems, Inc.   | Empower Self Defense Instructor Training – Phase 1 & 2  | Home Study   | 1.9   | 12/31/21 www.empower-usa.com  |
|  |   | Home Study   | 1.9   |   |
| Exercise and Nutrition Works, Inc.   | Fitness Nutrition Specialist  | ,  |   | 12/31/21 www.NutritionCertification.com   |
| Exercise Etc Inc   | Age Appropriate Strength Training   | Home Study   | 0.2   | 12/31/21 www.exerciseetc.com  |
| Exercise Etc Inc   | Athletic Body in Balance  | Home Study   | 1.9   | 12/31/21 www.exerciseetc.com  |
| Exercise Etc Inc   | Back to Balance: Core Strengthening to Reduce Fall Risk   | Workshop/Seminar   | 0.2   | 12/31/21 exerciseetc.com  |
|  |   |  |   |   |
| Exercise Etc Inc   | Balance & Fall Prevention   | Workshop/Seminar   | 0.2   | 12/31/21 http://exerciseetc.com/seniorfit.html  |
| Exercise Etc Inc   | Beyond Cardio: Sweat Equity & Weight Mgmt   | Workshop/Seminar   | 0.2   | 12/31/21 www.exerciseetc.com  |
| Exercise Etc Inc   | Chair Today, Gone Tomorrow: Designing Vertical Balance Programs   | Workshop/Seminar   | 0.2   | 12/31/21 exerciseetc.com  |
| Exercise Etc Inc   | Complete Guide to Foam Rolling  | Home Study   | 1.0   | 12/31/21 www.exerciseetc.com  |
|  |   |  |   |   |
| Exercise Etc Inc   | Complete Guide to TRX® Suspension Training  | Workshop/Seminar   | 1.0   | 12/31/21 www.exerciseetc.com  |
| Exercise Etc Inc   | Comprehensive Recovery Strategies   | Home Study   | 0.2   | 12/31/21 www.exerciseetc.com  |
| Exercise Etc Inc   | Conditioning to the Core  | Home Study   | 1.0   | 12/31/21 http://exerciseetc.com   |
| Exercise Etc Inc   | · · · · · · · · · · · · · · · · · · ·   | Workshop/Seminar   | 0.2   | 12/31/21 www.exerciseetc.com  |
|  | Core Training: From Outdated to Outstanding   |  |   |   |
| Exercise Etc Inc   | Core Training: Working Hard or Hardly Working?  | Home Study   | 0.2   | 12/31/21 www.exerciseetc.com  |
| Exercise Etc Inc   | Dynamic Balance & Mobility  | Home Study   | 0.2   | 12/31/21 www.exerciseetc.com  |
| Exercise Etc Inc   | Empowering the Frail Elder: Fighting the Fear of Falling  | Workshop/Seminar   | 0.2   | 12/31/21 exerciseetc.com  |
| Exercise Etc Inc   | End Back & Neck Pain  | Home Study   | 1.0   | 12/31/21 www.exerciseetc.com  |
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|  |   |  |   | * *   |
| Exercise Etc Inc   | Fit to Move: Training to Prevent Re-injury  | Workshop/Seminar   | 0.2   | 12/31/21 exerciseetc.com  |
|  |   |  |   | * *   |
| Exercise Etc Inc Exercise Etc Inc  | Fit to Move: Training to Prevent Re-injury Form & Function: Assessing Movement Patterns   | Workshop/Seminar<br>Workshop/Seminar   | 0.2<br>0.2  | 12/31/21 exerciseetc.com<br>12/31/21 exerciseetc.com  |
| Exercise Etc Inc Exercise Etc Inc Exercise Etc Inc   | Fit to Move: Training to Prevent Re-injury Form & Function: Assessing Movement Patterns Full Body Flexibility   | Workshop/Seminar<br>Workshop/Seminar<br>Home Study   | 0.2<br>0.2<br>0.7   | 12/31/21 exerciseetc.com<br>12/31/21 exerciseetc.com<br>12/31/21 http://exerciseetc.com   |
| Exercise Etc Inc   | Fit to Move: Training to Prevent Re-injury Form & Function: Assessing Movement Patterns Full Body Flexbility Functional Forever: Remedial Shoulder Exercises  | Workshop/Seminar<br>Workshop/Seminar<br>Home Study<br>Workshop/Seminar   | 0.2<br>0.2<br>0.7<br>0.2  | 12/31/21 exerciseetc.com<br>12/31/21 exerciseetc.com<br>12/31/21 http://exerciseetc.com<br>12/31/21 www.exerciseetc.com   |
| Exercise Etc Inc  | Fit to Move: Training to Prevent Re-injury Form & Function: Assessing Movement Patterns Full Body Flexibility Functional Forever: Remedial Shoulder Exercises Functional Training   | Workshop/Seminar<br>Workshop/Seminar<br>Home Study<br>Workshop/Seminar<br>Home Study   | 0.2<br>0.2<br>0.7<br>0.2<br>1.0   | 12/31/21 exerciseetc.com 12/31/21 exerciseetc.com 12/31/21 http://exerciseetc.com 12/31/21 www.exerciseetc.com 12/31/21 http://exerciseetc.com  |
| Exercise Etc Inc   | Fit to Move: Training to Prevent Re-injury Form & Function: Assessing Movement Patterns Full Body Flexbility Functional Forever: Remedial Shoulder Exercises  | Workshop/Seminar<br>Workshop/Seminar<br>Home Study<br>Workshop/Seminar   | 0.2<br>0.2<br>0.7<br>0.2  | 12/31/21 exerciseetc.com<br>12/31/21 exerciseetc.com<br>12/31/21 http://exerciseetc.com<br>12/31/21 www.exerciseetc.com   |
| Exercise Etc Inc   | Fit to Move: Training to Prevent Re-injury Form & Function: Assessing Movement Patterns Full Body Flexibility Functional Forever: Remedial Shoulder Exercises Functional Training Functional Training: Myths & Mystique   | Workshop/Seminar<br>Workshop/Seminar<br>Home Study<br>Workshop/Seminar<br>Home Study<br>Home Study   | 0.2<br>0.2<br>0.7<br>0.2<br>1.0   | 12/31/21 exerciseetc.com 12/31/21 exerciseetc.com 12/31/21 http://exerciseetc.com 12/31/21 www.exerciseetc.com 12/31/21 www.exerciseetc.com 12/31/21 www.exerciseetc.com  |
| Exercise Etc Inc  | Fit to Move: Training to Prevent Re-injury Form & Function: Assessing Movement Patterns Full Body Flexbility Functional Forever: Remedial Shoulder Exercises Functional Training: Myths & Mystique Fusion Workouts  | Workshop/Seminar<br>Workshop/Seminar<br>Home Study<br>Workshop/Seminar<br>Home Study<br>Home Study<br>Home Study   | 0.2<br>0.2<br>0.7<br>0.2<br>1.0<br>0.2<br>0.8   | 12/31/21 exerciseetc.com 12/31/21 http://exerciseetc.com 12/31/21 http://exerciseetc.com 12/31/21 www.exerciseetc.com 12/31/21 intp://exerciseetc.com 12/31/21 1ttp://exerciseetc.com 12/31/21 exerciseetc.com 12/31/21 exerciseetc.com   |
| Exercise Etc Inc   | Fit to Move: Training to Prevent Re-injury Form & Function: Assessing Movement Patterns Full Body Flexibility Functional Forever: Remedial Shoulder Exercises Functional Training Functional Training Functional Training Functional Training: Myths & Mystique Fusion Workouts High Intensity Training: When Less is More  | Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Home Study Home Study Home Study Home Study   | 0.2<br>0.2<br>0.7<br>0.2<br>1.0<br>0.2<br>0.8<br>0.2  | 12/31/21 exerciseetc.com 12/31/21 exerciseetc.com 12/31/21 http://exerciseetc.com 12/31/21 www.exerciseetc.com 12/31/21 http://exerciseetc.com 12/31/21 www.exerciseetc.com 12/31/21 www.exerciseetc.com 12/31/21 www.exerciseetc.com 12/31/21 www.exerciseetc.com  |
| Exercise Etc Inc  | Fit to Move: Training to Prevent Re-injury Form & Function: Assessing Movement Patterns Full Body Flexbility Functional Forever: Remedial Shoulder Exercises Functional Training: Myths & Mystique Fusion Workouts  | Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Home Study Home Study Home Study Workshop/Seminar   | 0.2<br>0.2<br>0.7<br>0.2<br>1.0<br>0.2<br>0.8<br>0.2<br>0.2   | 12/31/21 exerciseetc.com 12/31/21 exerciseetc.com 12/31/21 http://exerciseetc.com 12/31/21 www.exerciseetc.com 12/31/21 www.exerciseetc.com 12/31/21 www.exerciseetc.com 12/31/21 www.exerciseetc.com 12/31/21 exerciseetc.com 12/31/21 exerciseetc.com 12/31/21 exerciseetc.com  |
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| Fitness Mentors LLC   |  |  |   |  |
|   | Pain Management Specialist   | Home Study   | 1.9   | 12/31/21 www.fitnessmentors.com  |
| Fitness Mentors LLC   |  |  | 1.9<br>1.9  | 12/31/21 www.fitnessmentors.com<br>12/31/21 www.fitnessmentors.com   |
|   | Pain Management Specialist   | Home Study   |   |  |
| Fitness Mentors LLC   | Pain Management Specialist<br>Program Design Specialist<br>Special Populations Exercise Specialist   | Home Study<br>Home Study<br>Home Study   | 1.9<br>1.9  | 12/31/21 www.fitnessmentors.com<br>12/31/21 www.fitnessmentors.com   |
| Fitness Mentors LLC Fitness Mentors LLC Fitness Mentors LLC   | Pain Management Specialist Program Design Specialist Special Populations Exercise Specialist Virtual Group Fitness Instructor Certification  | Home Study Home Study Home Study Home Study  | 1.9<br>1.9<br>1.9   | 12/31/21 www.fitnessmentors.com<br>12/31/21 www.fitnessmentors.com<br>12/31/21 fitnessmentors.com  |
| Fitness Mentors LLC<br>Fitness Mentors LLC<br>Fitness Mentors LLC<br>FitnessLeaks   | Pain Management Specialist Program Design Specialist Special Populations Exercise Specialist Virtual Group Fitness Instructor Certification FitnessLeaks: JumpScience  | Home Study<br>Home Study<br>Home Study<br>Home Study<br>Workshop/Seminar   | 1.9<br>1.9<br>1.9<br>1.4  | 12/31/21 www.fitnessmentors.com 12/31/21 www.fitnessmentors.com 12/31/21 fissesmentors.com 12/31/21 fissesmentors.com 12/31/21 www.facebook.com/verticaltrainingsociety  |
| Fitness Mentors LLC Fitness Mentors LLC Fitness Mentors LLC Fitness Leaks FITOUR  | Pain Management Specialist Program Design Specialist Special Populations Exercise Specialist Virtual Group Fitness Instructor Certification FitnessLeaks: JumpScience Advanced Aqua Self Study   | Home Study Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar  | 1.9<br>1.9<br>1.9<br>1.4<br>0.8   | 12/31/21 www.fitnessmentors.com 12/31/21 twww.fitnessmentors.com 12/31/21 fitnessmentors.com 12/31/21 fitnessmentors.com 12/31/21 www.facebook.com/verticaltrainingsociety 12/31/21 www.fitour.com   |
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| Fitness Mentors LLC Fitness Mentors LLC Fitness Mentors LLC Fitness Leaks FITOUR   | Pain Management Specialist Program Design Specialist Special Populations Exercise Specialist Virtual Group Fitness instructor Certification Fitnessteaks: JumpScience Advanced Aqua Self Study Advanced Bort Camp Self Study Advanced Bort Camp Self Study Advanced Indoor Cycling Self Study Advanced Indoor Cycling Self Study Advanced Pipates Self Study Advanced Pipates Self Study Advanced Pipates Self Study Advanced Suspension Self-Study Advanced Suspension Self-Study Advanced Voga Self Study  | Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar Home Study   | 1.9<br>1.9<br>1.4<br>0.8<br>0.8<br>0.8<br>0.8<br>0.8<br>0.8<br>0.8<br>0.8 | 12/31/21 www.fitnessmentors.com 12/31/21 www.fitnessmentors.com 12/31/21 fixessmentors.com 12/31/21 www.facebook.com/verticaltrainingsociety 12/31/21 www.fitour.com   |
| Fitness Mentors LLC Fitness Mentors LLC Fitness Mentors LLC FitnessLeaks FITOUR  | Pain Management Specialist Program Design Specialist Special Populations Exercise Specialist Virtual Group Fitness Instructor Certification FitnessLeaks: JumpScience Advanced Aqua Self Study Advanced Bort Camp Self Study Advanced Bort Camp Self Study Advanced Indoor Cycling Self Study Advanced Indoor Cycling Self Study Advanced Pialate Self Study Advanced Pialate Self Study Advanced Suspension Self-Study Advanced Suspension Self-Study Advanced Yoga Self Study Core and Functional Fitness Self Study   | Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Home Study Workshop/Seminar Home Study                 | 1.9<br>1.9<br>1.9<br>1.4<br>0.8<br>0.8<br>0.8<br>0.8<br>0.8<br>0.8<br>0.8 | 12/31/21 www.fitnessmentors.com 12/31/21 www.fitnessmentors.com 12/31/21 www.fitnessmentors.com 12/31/21 www.fitour.com  |
| Fitness Mentors LLC Fitness Mentors LLC Fitness Leaks FITOUR   | Pain Management Specialist Program Design Specialist Special Populations Exercise Specialist Virtual Group Fitness Instructor Certification Fitnessteaks: JumpScience Advanced Aqua Self Study Advanced Barre Self Study Advanced Boot Camp Self Study Advanced Indoor Cycling Self Study Advanced Indoor Cycling Self Study Advanced Myofascial Self Study Advanced Pilates Self Study Advanced Pilates Self Study Advanced Suspension Self-Study Advanced Suspension Self-Study Core and Functional Fitness Self Study Group Barbell Self Study Group Barbell Self Study             | Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study | 1.9 1.9 1.9 1.4 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8                   | 12/31/21 www.fitnessmentors.com 12/31/21 www.fitnessmentors.com 12/31/21 fitnessmentors.com 12/31/21 fitnessmentors.com 12/31/21 www.fitour.com  |
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| Fitness Mentors LLC Fitness Mentors LLC Fitness Leaks FITOUR   | Pain Management Specialist Program Design Specialist Special Populations Exercise Specialist Virtual Group Fitness Instructor Certification Fitnessteaks: JumpScience Advanced Aqua Self Study Advanced Barre Self Study Advanced Boot Camp Self Study Advanced Indoor Cycling Self Study Advanced Indoor Cycling Self Study Advanced Myofascial Self Study Advanced Pilates Self Study Advanced Pilates Self Study Advanced Suspension Self-Study Advanced Suspension Self-Study Core and Functional Fitness Self Study Group Barbell Self Study Group Barbell Self Study             | Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study | 1.9 1.9 1.9 1.4 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8                   | 12/31/21 www.fitnessmentors.com 12/31/21 www.fitnessmentors.com 12/31/21 fitnessmentors.com 12/31/21 fitnessmentors.com 12/31/21 www.facebook.com/verticaltrainingsociety 12/31/21 www.fitour.com  |
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| Fitness Mentors LLC Fitness Mentors LLC Fitness Mentors LLC FitnessLeaks FITOUR  | Pain Management Specialist Program Design Specialist Special Populations Exercise Specialist Virtual Group Fitness Instructor Certification FitnessLeaks: JumpScience Advanced Aqua Self Study Advanced Bort Camp Self Study Advanced Bort Camp Self Study Advanced Indoor Cycling Self Study Advanced Indoor Cycling Self Study Advanced Pilates Self Study Advanced Suspension Self-Study Advanced Suspension Self-Study Advanced Suspension Self-Study Core and Functional Fitness Self Study Croe Barbell Self Study Filates Reformer Self Study Pilates Reformer Self Study       | Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study | 1.9 1.9 1.9 1.4 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8                   | 12/31/21 www.fitnessmentors.com 12/31/21 www.fitnessmentors.com 12/31/21 knww.fitnessmentors.com 12/31/21 www.fitour.com |

| FITOUR  | Primary Boot Camp Self Study  | Home Study   | 0.8  | 12/31/21 www.fitour.com  |
|---|---|--|--|--|
| FITOUR  | Primary Indoor Cycling Self Study   | Workshop/Seminar   | 0.8  | 12/31/21 www.fitour.com  |
| FITOUR  | Primary Myofascial Release Self Study   | Workshop/Seminar   | 0.8  | 12/31/21 http://www.fitour.com   |
| FITOUR  | Primary Pilates Self Study  | Workshop/Seminar   | 0.8  | 12/31/21 www.fitour.com  |
| FITOUR  | Primary Suspension Self Study   | Home Study   | 0.8  | 12/31/21 www.fitour.com  |
| FITOUR  | Primary Yoga Self Study   | Home Study   | 0.8  | 12/31/21 www.fitour.com  |
| FITOUR  | Stability Ball Self Study   | Home Study   | 0.8  | 12/31/21 www.fitour.com  |
| FITOUR  | Step Self Study   | Home Study   | 0.8  | 12/31/21 www.fitour.com  |
|   |   |  | 0.4  |  |
| FitSteps  | FitSteps Instructor Training Program  | Home Study   |  | 12/31/21 fitstepsdance.com   |
| Flex & Flow   | Flex & Flow HIIT & Flow Teacher   | Home Study   | 1.9  | 12/31/21 www.flexandflow.org   |
| FreeMotion Fitness  | Freemotion Functional Cable Training Course   | Workshop/Seminar   | 0.5  | 12/31/21 www.freemotionfitness.com   |
| FreeMotion Fitness  | FUSION Team Training Coach Course   | Workshop/Seminar   | 0.6  | 12/31/21 www.freemotionfitness.com   |
| Functional Aging Institute FAI  | Balance Matters   | Home Study   | 0.2  | 12/31/21 https://fai.securechkout.com/balance-matters-course   |
| Functional Aging Institute FAI  | BARE Workout Instructor   | Home Study   | 0.6  | 12/31/21 https://functionalaginginstitute.com/fai-courses/   |
| Functional Aging Institute FAI  | Brain Health Trainer  | Home Study   | 1.0  | 12/31/21 www.functionalaginginstitute.com  |
| Functional Aging Institute FAI  | Open the Door to Tai Chi  | Home Study   | 0.8  | 12/31/21 www.taichisystem.com  |
|   | Open the Door to Tai Chi (Workshop)   | Workshop/Seminar   |  | 12/31/21 www.taichisystem.com  |
| Functional Aging Institute FAI  |   |  | 0.8  | The first of the second |
| Functional Aging Institute FAI  | Pelvic Balance Training   | Home Study   | 0.5  | 12/31/21   |
| Functional Aging Institute FAI  | Rapid Movement Training   | Home Study   | 0.3  | 12/31/21 https://fai.securechkout.com/rapid-movement-training  |
| Functional Aging Institute FAI  | Training Clients with Joint Replacements  | Home Study   | 0.4  | 12/31/21 https://functionalaginginstitute.com/fai-courses/   |
| Functional Medicine Coaching Academy (FMCA)   | Functional Medicine Coaching Academy Health Coaching Program  | Home Study   | 1.8  | 12/31/21 http://www.functionalmedicinecoaching.org   |
| Fusionetics Academy   | Fusionetics Body MAP: Motion Capture and Movement Testing   | Home Study   | 1.5  | 12/31/21 www.fusionetics.com   |
| Fusionetics Academy   | Fusionetics Movement Efficiency Level 1   | Home Study   | 0.8  | 12/31/21 www.fusionetics.com   |
| ·   | ,   | ·  |  |  |
| Ghost Boxing Protocol   | Ghost Boxing Protocol Level 1   | Workshop/Seminar   | 0.5  | 12/31/21 https://dpfit.org/pages/gbp   |
| Girls Gone Strong   | Girls Gone Strong L1 Certification  | Home Study   | 1.9  | 12/31/21 academy.girlsgonestrong.com   |
| Girls Gone Strong   | Moms Gone Strong Module 1: Trying to Conceive   | Home Study   | 0.2  | 12/31/21 http://www.girlsgonestrong.com  |
| Girls Gone Strong   | Moms Gone Strong Module 2: Pregnancy  | Home Study   | 0.2  | 12/31/21 http://www.girlsgonestrong.com  |
| Girls Gone Strong   | Moms Gone Strong Module 3: Post-Pregnancy   | Home Study   | 0.2  | 12/31/21 http://www.girlsgonestrong.com  |
| Girls Gone Strong   | Pre- & Postnatal Coaching Certification   | Workshop/Seminar   | 1.9  | 12/31/21 academy.girlsgonestrong.com   |
| Good Old Fun LLC  | InstruMix Instructor Training   | Workshop/Seminar   | 0.4  | 12/31/21 www.instrumix.org   |
| Gray Institute  | 3D Movement Analysis & Performance System (3DMAPS) Home Study   | Home Study   | 1.0  | 12/31/21 www.grayinstitite.com   |
|   |   |  |  |  |
| Gray Institute  | Active Aging  | Workshop/Seminar   | 1.3  | 12/31/21 www.grayinstitute.com   |
| Gray Institute  | Certification in Applied Functional Science   | Home Study   | 1.9  | 12/31/21 www.grayinstitite.com   |
| Gray Institute  | Chain Reaction  | Workshop/Seminar   | 1.8  | 12/31/21 www.grayinstitite.com   |
| Gray Institute  | Female Chain Reaction   | Workshop/Seminar   | 1.4  | 12/31/21 www.grayinstitite.com   |
| Gray Institute  | Foot & Ankle Specialty  | Home Study   | 1.9  | 12/31/21 www.grayinstitute.com   |
| Gray Institute  | Functional Soft Tissue Transformation (FSTT)  | Home Study   | 1.9  | 12/31/21 www.grayinstitute.com   |
| Gray Institute  | Gray Institute Functional Golf System   | Workshop/Seminar   | 1.6  | 12/31/21 www.grayinstitite.com   |
|   |   | Workshop/Seminar   |  |  |
| Group Fitness Academy   | The EnterTRAINment Project®   |  | 1.9  | 12/31/21   |
| Grovey Effect   | Grovey Effect   | Workshop/Seminar   | 0.8  | 12/31/21 groveyeffect.com  |
| Gymnazo, Inc.   | Multidimensional Movement Coaching Program  | Home Study   | 1.5  | 12/31/21 www.gymnazoedu.com/programs-training  |
| Hedstrom Fitness  | BOSU® Advanced Programming Strategies   | Workshop/Seminar   | 0.4  | 12/31/21 www.bosu.com  |
| Hedstrom Fitness  | BOSU® Body in Balance: Life Training for Active Aging   | Workshop/Seminar   | 0.2  | 12/31/21 www.bosu.com/fitness-education  |
| Hedstrom Fitness  | BOSU® Kinetic Line Training for Mobility & Movement Efficiency  | Workshop/Seminar   | 0.2  | 12/31/21 www.bosu.com/fitness-education  |
| Hedstrom Fitness  | BOSU® Mindful Movement & Mobility   | Workshop/Seminar   | 0.4  | 12/31/21 www.bosu.com  |
| Hedstrom Fitness  | BOSU® Next Generation Balance Training  | Workshop/Seminar   | 0.4  | 12/31/21 www.bosu.com  |
|   | <u> </u>  |  |  |  |
| Hellenic Network of Fitness Certification   | In Season Training for Sports Performance   | Workshop/Seminar   | 1.0  | 12/31/21 https://hnfc.academy  |
| High Fitness LP   | HIGH Low Instructor Module  | Workshop/Seminar   | 0.8  | 12/31/21 www.highfitness.com   |
| High Performance Coaching   | ALL Phases  | Workshop/Seminar   | 1.9  | 12/31/21   |
| High Performance Coaching   | Phase 1 – Owner   | Home Study   | 1.0  | 12/31/21   |
| High Performance Coaching   | Phase 1- Trainer  | Home Study   | 0.8  | 12/31/21   |
| High Performance Coaching   | Phase 2   | Workshop/Seminar   | 1.6  | 12/31/21   |
| High Performance Coaching   | Phase 3   | Workshop/Seminar   | 1.6  | 12/31/21   |
| High Performance Coaching   | Phase 4   | Workshop/Seminar   | 1.6  | 12/31/21   |
|   |   |  |  |  |
| Hong Kong Stretching Exercise Association   | Myofascial Foam Roller Exercise Course Level 1  | Workshop/Seminar   | 0.9  | 12/31/21 www.hongkongstretch.org   |
| Hong Kong Stretching Exercise Association   | Myofascial Foam Roller Exercise Course Level 1 Online   | Home Study   | 0.5  | 12/31/21 www.hongkongstretch.org   |
| Hong Kong Stretching Exercise Association   | Stretching Instructor   | Workshop/Seminar   | 1.9  | 12/31/21 www.hongkongstretch.org   |
| Hong Kong Stretching Exercise Association   | Stretching Instructor Online  | Home Study   | 0.6  | 12/31/21 www.hongkongstretch.org   |
| human mama (Pre and Postnatal Fitness Training)   | human mama   Pre and Postnatal Fitness Training   | Workshop/Seminar   | 1.9  | 12/31/21 https://www.human-mama.com  |
| Human Motion Associates   | Flexibility Highways  | Home Study   | 0.3  | 12/31/21 www.humanmotionassociates.com   |
| Hyperice  | ···1 ···0···1-  |  | 0.1  | 12/31/21 www.hyperice.com  |
| ,pe.ice   | Hyperice: Vyper & Hypersphere   | Workshop/Saminar   |  |  |
| Hyporico  | Hyperice: Vyper & Hypersphere   | Workshop/Seminar   |  |  |
| Hyperice  | Hypervolt for Self-Administration   | Home Study   | 0.1  | 12/31/21 www.hyperice.com  |
| Hyperice  | Hypervolt for Self-Administration Hypervolt Movement Enhancement Course   | Home Study<br>Workshop/Seminar   | 0.1<br>0.2   | 12/31/21 www.hyperice.com<br>12/31/21 www.hyperice.com   |
|   | Hypervolt for Self-Administration Hypervolt Movement Enhancement Course Normatec by Hyperice: Dynamic Air Compression   | Home Study<br>Workshop/Seminar<br>Home Study   | 0.1<br>0.2<br>0.1  | 12/31/21 www.hyperice.com<br>12/31/21 www.hyperice.com<br>12/31/21 www.hyperice.com  |
| Hyperice  | Hypervolt for Self-Administration Hypervolt Movement Enhancement Course   | Home Study<br>Workshop/Seminar   | 0.1<br>0.2   | 12/31/21 www.hyperice.com<br>12/31/21 www.hyperice.com   |
| Hyperice<br>Hyperice  | Hypervolt for Self-Administration Hypervolt Movement Enhancement Course Normatec by Hyperice: Dynamic Air Compression   | Home Study<br>Workshop/Seminar<br>Home Study   | 0.1<br>0.2<br>0.1  | 12/31/21 www.hyperice.com<br>12/31/21 www.hyperice.com<br>12/31/21 www.hyperice.com  |
| Hyperice Hyperice Hyperice ICAA International Council on Active Aging   | Hypervolt for Self-Administration Hypervolt Movement Enhancement Course Normatec by Hyperice: Dynamic Air Compression SMR + Vibration course Foundation For Wellness  | Home Study<br>Workshop/Seminar<br>Home Study<br>Workshop/Seminar<br>Home Study   | 0.1<br>0.2<br>0.1<br>0.2   | 12/31/21 www.hyperice.com<br>12/31/21 www.hyperice.com<br>12/31/21 www.hyperice.com<br>12/31/21 www.hyperice.com<br>12/31/21 www.inyerice.com  |
| Hyperice Hyperice Hyperice ICAA International Council on Active Aging ICAA International Council on Active Aging  | Hypervolt for Self-Administration Hypervolt Movement Enhancement Course Normatec by Hyperice: Dynamic Air Compression SMR + Vibration course Foundation For Wellness ICAA's Leadership in Wellness Management   | Home Study<br>Workshop/Seminar<br>Home Study<br>Workshop/Seminar<br>Home Study<br>Workshop/Seminar   | 0.1<br>0.2<br>0.1<br>0.2<br>1.9  | 12/31/21 www.hyperice.com 12/31/21 www.hyperice.com 12/31/21 www.hyperice.com 12/31/21 www.hyperice.com 12/31/21 www.hyperice.com 12/31/21 www.icaa.cc 12/31/21 www.icaa.cc/certificate/overview.htm   |
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| IDEA Health & Fitness   | 2021 IDEA® Personal Training Institute Virtual (1.3)   | Conference  | 1.3  | 12/31/21 www.ideafit.com  |
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| IDEA Health & Fitness   | 2021 IDEA® Personal Training Institute Virtual (1.4)   | Conference  | 1.4  | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | 2021 IDEA® Personal Training Institute Virtual (1.5)   | Conference  | 1.5  | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | 2021 IDEA® Personal Training Institute Virtual (1.6)   | Conference  | 1.6  | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | 2021 IDEA® Personal Training Institute Virtual (1.7)   | Conference  | 1.7  | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | 2021 IDEA® Personal Training Institute Virtual (1.8)   | Conference  | 1.8  | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | 2021 IDEA® Personal Training Institute Virtual Precon - Cardio Coach Certification   | Home Study  | 0.4  | 12/31/21 www.ideafit.com  |
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| IDEA Health & Fitness   | 2021 IDEA® Personal Training Institute Virtual Precon - Functional Aging Specialist  | Home Study  | 0.7  | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | 21st Century Body Sculpt   | Home Study  | 0.1  | 12/31/21  |
| IDEA Health & Fitness   | 50 Ways to Leave Your Core Lovers Wanting You More, Powered by Savvier Fitness   | Home Study  | 0.1  | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | A Different Look at Core Training: The Backside  | Home Study  | 0.2  | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Active Resistance Training® Total Body Mat Practice  | Home Study  | 0.2  | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Advanced and Progressive Mechanics of Lifting and Strength Training  | Home Study  | 0.1  | 12/31/21  |
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| IDEA Health & Fitness   | Anatomy: Reconnect With Your Spine Muscles, by NFPT  | Home Study  | 0.2  | 12/31/21 www.ideafit.com  |
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| IDEA Health & Fitness   | April 2019 IDEA Fitness Journal Quiz 1: Fleath and Fitness News, and Osing February to Inspire   | Home Study  | 0.1  | 12/31/21 www.ideafit.com  |
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| IDEA Health & Fitness   | April 2019 IDEA Fitness Journal Quiz 3: Alternative Recovery Methods to Avoid Overtraining Injuries  | Home Study  | 0.1  | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | April 2019 IDEA Fitness Journal Quiz 4: The Effects of Sleep Deprivation   | Home Study  | 0.1  | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | April 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News   | Home Study  | 0.1  | 12/31/21 www.ideafit.com  |
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| IDEA Health & Fitness   | Assessment, Corrective Exercise and Functional Training in the Virtual and Physical Training   | Home Study  | 0.2  | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | August 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News  | Home Study  | 0.1  | 12/31/21 www.ideafit.com  |
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|   | Battle Rope Mastery  | Home Study  |  |   |
| IDEA Health & Fitness   | Becoming a Behavioral Health Spotter   | Home Study  | 0.2  | 12/31/21 www.ideafit.com  |
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| IDEA Health & Fitness   | Cue Movement and Exercise With Hip Anatomy, by NFPT  | Home Study  | 0.2  | 12/31/21 www.ideafit.com  |
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| IDEA Health & Fitness   | Fascial Line Mobility  | Home Study  | 0.1  | 12/31/21  |
| IDEA Health & Fitness   | Fat-Loss Programming for Your Female Clients   | Home Study  | 0.1  | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | February 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News  | Home Study  | 0.1  | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | February 2019 IDEA Fitness Journal Quiz 2: Resistance Training for Muscle Size, and Weight Training  | Home Study  | 0.1  | 12/31/21 www.ideafit.com  |
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| IDEA Health & Fitness   | February 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News  | Home Study  | 0.1  | 12/31/21 www.ideafit.com  |
|   | February 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News  | Home Study Home Study   | 0.1  | 12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   |  |   |  |   |
| IDEA Health & Fitness<br>IDEA Health & Fitness<br>IDEA Health & Fitness   | February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News<br>Flexibility for the Inflexible  | Home Study Home Study   | 0.1<br>0.1   | 12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com  |
| IDEA Health & Fitness IDEA Health & Fitness IDEA Health & Fitness IDEA Health & Fitness   | February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Flexibility for the Inflexible Free and Low-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence  | Home Study<br>Home Study<br>Home Study  | 0.1<br>0.1<br>0.2  | 12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Flexibility for the Inflexible Free and Love-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence From Neck to KneesMore Than Just Core!  | Home Study<br>Home Study<br>Home Study<br>Home Study  | 0.1<br>0.1<br>0.2<br>0.2   | 12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Flexibility for the Inflexible Free and Low-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence From Neck to KneesMore Than Just Core! From the Hip  | Home Study<br>Home Study<br>Home Study<br>Home Study<br>Home Study  | 0.1<br>0.1<br>0.2<br>0.2<br>0.2  | 12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Flexibility for the Inflexible Free and Low-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence From Neck to KneesMore Than Just Core! From the Hip Functional Anatomy: The Secret to Efficient Movement   | Home Study<br>Home Study<br>Home Study<br>Home Study<br>Home Study<br>Home Study  | 0.1<br>0.2<br>0.2<br>0.2<br>0.2  | 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Flexibility for the Inflexible Free and Low-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence From Neck to KneesMore Than Just Core! From the Hip Functional Anatomy: The Secret to Efficient Movement Functional Assessment for Special Populations   | Home Study  | 0.1<br>0.2<br>0.2<br>0.2<br>0.2<br>0.2<br>0.2                                    | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Flexibility for the Inflexible Free and Low-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence From Neck to KneesMore Than Just Core! From the Hip Functional Anatomy: The Secret to Efficient Movement Functional Assessment for Special Populations Functional Balance Circuits for the Active Adult (ACE Mover Academy)  | Home Study   | 0.1<br>0.2<br>0.2<br>0.2<br>0.2<br>0.2<br>0.2<br>0.1                             | 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 12/31/21 www.ideafit.com 12/31/21 12/31/21 12/31/21 12/31/21  |
| IDEA Health & Fitness   | February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Flexibility for the Inflexible Free and Low-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence. From Neck to KneesMore Than Just Corel From the Hip Functional Anatomy: The Secret to Efficient Movement Functional Assessment for Special Populations Functional Balance Circuits for the Active Adult (ACE Mover Academy) Functional Circuits for Aging Clients   | Home Study   | 0.1<br>0.2<br>0.2<br>0.2<br>0.2<br>0.2<br>0.1<br>0.1                             | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Flexibility for the Inflexible Free and Low-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence From Neck to KneesMore Than Just Core! From the Hip Functional Anatomy: The Secret to Efficient Movement Functional Assessment for Special Populations Functional Balance Circuits for the Active Adult (ACE Mover Academy)  | Home Study   | 0.1<br>0.2<br>0.2<br>0.2<br>0.2<br>0.2<br>0.2<br>0.1                             | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Flexibility for the Inflexible Free and Low-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence. From Neck to KneesMore Than Just Corel From the Hip Functional Anatomy: The Secret to Efficient Movement Functional Assessment for Special Populations Functional Balance Circuits for the Active Adult (ACE Mover Academy) Functional Circuits for Aging Clients   | Home Study   | 0.1<br>0.2<br>0.2<br>0.2<br>0.2<br>0.2<br>0.1<br>0.1                             | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Flexibility for the Inflexible Free and Low-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence. From Neck to KneesMore Than Just Core! From the Hip Functional Anatomy: The Secret to Efficient Movement Functional Assessment for Special Populations Functional Balance Circuits for the Active Adult (ACE Mover Academy) Functional Circuits for Aging Clients Functional Flexibility for the Active Aging   | Home Study                                  | 0.1<br>0.2<br>0.2<br>0.2<br>0.2<br>0.2<br>0.1<br>0.1<br>0.2<br>0.2               | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Flexibility for the Inflexible Free and Low-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence. From Neck to KneesMore Than Just Core! From the Hip Functional Anatomy: The Secret to Efficient Movement Functional Assessment for Special Populations Functional Balance Circuits for the Active Adult (ACE Mover Academy) Functional Flexibility for the Active Aging Functional Howement Patterns for Older Adults Functional Movement Triad   | Home Study | 0.1<br>0.1<br>0.2<br>0.2<br>0.2<br>0.2<br>0.1<br>0.1<br>0.2<br>0.2<br>0.2<br>0.1 | 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 12/31/21 12/31/21 12/31/21 12/31/21 12/31/21 12/31/21 12/31/21 12/31/21 12/31/21 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com                                    |
| IDEA Health & Fitness | February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Flexibility for the Inflexible Free and Low-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence. From Neck to KneesMore Than Just Core! From the Hip Functional Anatomy: The Secret to Efficient Movement Functional Assessment for Special Populations Functional Balance Circuits for the Active Adult (ACE Mover Academy) Functional Circuits for Aging Clients Functional Flexibility for the Active Aging Functional Movement Patterns for Older Adults Functional Movement Triad Functional Movement Triad Functional Power Training for Older Clients, by FAI | Home Study                                  | 0.1<br>0.1<br>0.2<br>0.2<br>0.2<br>0.2<br>0.1<br>0.1<br>0.2<br>0.2<br>0.2<br>0.2 | 12/31/21 www.ideafit.com |
| IDEA Health & Fitness   | February 2021 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Flexibility for the Inflexible Free and Low-Budget Marketing Strategies to Attract Prospects, Close Clients and Build Influence. From Neck to KneesMore Than Just Core! From the Hip Functional Anatomy: The Secret to Efficient Movement Functional Assessment for Special Populations Functional Balance Circuits for the Active Adult (ACE Mover Academy) Functional Flexibility for the Active Aging Functional Howement Patterns for Older Adults Functional Movement Triad   | Home Study | 0.1<br>0.1<br>0.2<br>0.2<br>0.2<br>0.2<br>0.1<br>0.1<br>0.2<br>0.2<br>0.2<br>0.1 | 12/31/21 www.ideafit.com   |

| IDEA Health & Fitness   | Get Social Savvy to Communicate Better  | Home Study   | 0.2   | 12/31/21 www.ideafit.com   |
|---|---|--|---|--|
| IDEA Health & Fitness   | Getting Maximum Results With Minimal Equipment  | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | Glute Reboot  | Home Study   | 0.2   | 12/31/21 www.ideafit.com   |
|   |   |  |   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | Goodbye Infobesity, Hello Action Plan!  | Home Study   | 0.1   | 1.7  |
| IDEA Health & Fitness   | Group Exercise Applications for Training the Posterior Chain  | Home Study   | 0.2   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | Grow Your Business With Authentic Inclusive Marketing and Messaging Strategies  | Home Study   | 0.2   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | Guiding Others to Create Their Healthiest, Most Delicious Life  | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | Handstands  |  | 0.1   |  |
|   |   | Home Study   |   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | Hidden Secrets to Core Performance  | Home Study   | 0.2   | 12/31/21   |
| IDEA Health & Fitness   | High-Intensity Kettlebell Training  | Home Study   | 0.1   | 12/31/21   |
| IDEA Health & Fitness   | HIITS Blitz   | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
|   |   |  |   |  |
| IDEA Health & Fitness   | How Hormones and Metabolism Change the Training Game for Females  | Home Study   | 0.2   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | How to Expand and Grow Your Personal Training Client Base   | Home Study   | 0.2   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | How to Lead Unforgettable In-Person and Virtual Group Fitness Classes   | Home Study   | 0.2   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | How to Run Your Own "Drop Two Sizes" Challenge  | Home Study   | 0.2   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | I Am Ageless Now  | •  | 0.8   | 12/31/21 www.ideafit.com   |
|   | · · · · · · · · · · · · · · · · · · ·   | Home Study   |   |  |
| IDEA Health & Fitness   | Insights Into Lower-Back Pain and Functional Solutions  | Home Study   | 0.2   | 12/31/21   |
| IDEA Health & Fitness   | Intermittent Fasting: Science or Fiction?   | Home Study   | 0.2   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer  | Home Study   | 0.1   | 12/31/21   |
| IDEA Health & Fitness   | It Takes Guts! Connecting the Brain, Diet and Microbiome  | Home Study   | 0.1   | 12/31/21   |
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| IDEA Health & Fitness   | January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin  | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear  | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga   | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | ,   | '  |   | 12/31/21 www.ideafit.com   |
|   | January 2019 IDEA Fitness Journal Quiz 4: Food and Nutrition News, and Helping Clients Improve Nutri  | Home Study   | 0.1   |  |
| IDEA Health & Fitness   | January 2020 IDEA Fitness Journal Quiz 1: Program Design for Older Adults, and Shoulder Mechanics   | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change  | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet  | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | January 2021 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News  |  | 0.1   | 12/31/21 www.ideafit.com   |
|   |   | Home Study   |   |  |
| IDEA Health & Fitness   | January 2021 IDEA Fitness Journal Quiz 2: Water Walking to Better Health and Designing a Hiking   | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | July 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News   | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | July 2020 IDEA Fitness Journal Quiz 2: Health Lessons for Greater Longevity   | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   |   |  |   |  |
|   | July 2020 IDEA Fitness Journal Quiz 3: Coaching Clients With Obesity  | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | July 2020 IDEA Fitness Journal Quiz 4: The Benefits of Intermittent Fasting   | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | July 2020 IDEA Fitness Journal Quiz 5: Vibration Training Research and Programming  | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | July-August 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News  | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
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| IDEA Health & Fitness   | July-August 2019 IDEA Fitness Journal Quiz 2: Using a Plant-Centered Diet to Control Inflammatory   | Home Study   | 0.1   | 7.7  |
| IDEA Health & Fitness   | July-August 2019 IDEA Fitness Journal Quiz 3: The Facts on Popular Nutrition Topics   | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | June 2019 IDEA Fitness Journal Quiz 1: The Importance of Volume in Resistance Training, and Fitness   | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | June 2019 IDEA Fitness Journal Quiz 2: Using Motivational Interviewing to Drive Behavior Change   | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
|   |   |  | 0.1   |  |
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| IDEA Health & Fitness   | June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health   | Home Study   | 0.1   | 12/31/21 www.ideafit.com   |
|   |   |  | 0.1   | 12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com   |
| IDEA Health & Fitness IDEA Health & Fitness   | June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health June 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News   | Home Study<br>Home Study   | 0.1   |  |
| IDEA Health & Fitness IDEA Health & Fitness IDEA Health & Fitness   | June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health June 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Lead and Empower a Loyal Team   | Home Study<br>Home Study<br>Home Study   | 0.1<br>0.2  | 12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com   |
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| IDEA Health & Fitness   | June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health June 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Lead and Empower a Loyal Team Leading Through Adversity and Dealing With Conflict Let's Get Dynamic!  | Home Study<br>Home Study<br>Home Study<br>Home Study<br>Home Study   | 0.1<br>0.2<br>0.2<br>0.2  | 12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com   |
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| IDEA Health & Fitness   | June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health June 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Lead and Empower a Loyal Team Leading Through Adversity and Dealing With Conflict Let's Get Dynamic! Loaded Mobility Training   | Home Study   | 0.1<br>0.2<br>0.2<br>0.2<br>0.2   | 12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com<br>12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health June 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Lead and Empower a Loyal Team Leading Through Adversity and Dealing With Conflict Let's Get Dynamic! Loaded Mobility Training Lower-Extremity Mechanics and Techniques  | Home Study  | 0.1<br>0.2<br>0.2<br>0.2<br>0.1<br>0.2  | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health June 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Lead and Empower a Loyal Team Leading Through Adversity and Dealing With Conflict Let's Get Dynamic! Loaded Mobility Training Lower-Extremity Mechanics and Techniques Make Your Barre Classes a HIIT   | Home Study   | 0.1<br>0.2<br>0.2<br>0.2<br>0.1<br>0.2<br>0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health June 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Lead and Empower a Loyal Team Leading Through Adversity and Dealing With Conflict Let's Get Dynamic! Loaded Mobility Training Lower-Extremity Mechanics and Techniques Make Your Barre Classes a HIIT March 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News  | Home Study  | 0.1<br>0.2<br>0.2<br>0.2<br>0.1<br>0.2<br>0.2<br>0.2<br>0.1   | 12/31/21 www.ideafit.com   |
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| IDEA Health & Fitness   | June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health June 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Lead and Empower a Loyal Team Leading Through Adversity and Dealing With Conflict Let's Get Dynamic! Loaded Mobility Training Lower-Extremity Mechanics and Techniques Make Your Barre Classes a HIIT March 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News March 2019 IDEA Fitness Journal Quiz 2: Training Tips for Sports Enthusiasts, and Preparing Older Ad   | Home Study   | 0.1<br>0.2<br>0.2<br>0.2<br>0.1<br>0.2<br>0.2<br>0.2<br>0.1   | 12/31/21 www.ideafit.com   |
| IDEA Health & Fitness   | June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health June 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Lead and Empower a Loyal Team Leading Through Adversity and Dealing With Conflict Let's Get Dynamic! Loaded Mobility Training Lower-Extremity Mechanics and Techniques Make Your Barre Classes a HIIT March 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News March 2019 IDEA Fitness Journal Quiz 2: Training Tips for Sports Enthusiasts, and Preparing Older Ad March 2019 IDEA Fitness Journal Quiz 2: Coaching Clients to Embrace New Food Experiences  | Home Study   | 0.1<br>0.2<br>0.2<br>0.2<br>0.1<br>0.2<br>0.2<br>0.1<br>0.1<br>0.1                                    | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health June 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Lead and Empower a Loyal Team Leading Through Adversity and Dealing With Conflict Let's Get Dynamic! Loaded Mobility Training Lower-Extremity Mechanics and Techniques Make Your Barre Classes a HIIT March 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News March 2019 IDEA Fitness Journal Quiz 2: Training Tips for Sports Enthusiasts, and Preparing Older Ad March 2019 IDEA Fitness Journal Quiz 3: Coaching Clients to Embrace New Food Experiences March 2019 IDEA Fitness Journal Quiz 3: Coaching Clients to Embrace New Food Experiences   | Home Study   | 0.1<br>0.2<br>0.2<br>0.2<br>0.1<br>0.2<br>0.2<br>0.1<br>0.1<br>0.1                                    | 12/31/21 www.ideafit.com 12/31/21 12/31/21 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com 12/31/21 www.ideafit.com  |
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| IDEA Health & Fitness | June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health June 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News Lead and Empower a Loyal Team Leading Through Adversity and Dealing With Conflict Let's Get Dynamic! Loaded Mobility Training Lower-Extremity Mechanics and Techniques Make Your Barre Classes a HIIT March 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News March 2019 IDEA Fitness Journal Quiz 2: Training Tips for Sports Enthusiasts, and Preparing Older Ad March 2019 IDEA Fitness Journal Quiz 2: Training Tips for Sports Enthusiasts, and Preparing Older Ad March 2019 IDEA Fitness Journal Quiz 3: Coaching Clients to Embrace New Food Experiences March 2020 IDEA Fitness Journal Quiz 2: The Link Between Sleep and Gut Health March 2020 IDEA Fitness Journal Quiz 2: The Link Between Sleep and Gut Health March 2020 IDEA Fitness Journal Quiz 2: Living VOZmax With Cardiometabolic Health, and How Aging March 2021 IDEA Fitness Journal Quiz 2: Living VOZmax With Cardiometabolic Health, and How Aging March 2021 IDEA Fitness Journal Quiz 2: Indig VOZmax With Cardiometabolic Health, and How Aging March 2021 IDEA Fitness Journal Quiz 2: Wing VOZmax With Cardiometabolic Health, and How Aging March 2021 IDEA Fitness Journal Quiz 2: The Multifaceted Benefits of Exercise, and Simple Lifestyle May 2019 IDEA Fitness Journal Quiz 2: Pushing Past the Limits of a Barbell with Variable Lifting May 2020 IDEA Fitness Journal Quiz 2: Providization for Resistance Training Programs May 2020 IDEA Fitness Journal Quiz 2: Providization for Resistance Training Programs May 2020 IDEA Fitness Journal Quiz 2: Providization for Resistance Training Programs May 2020 IDEA Fitness Journal Quiz 2: Send and Nutrition News, and Restoring Balance with Digital Metabolic Distription Motivational Interviewing: Help Clients Own the Talk That Drives the Walk Movement for Health, Functionality and Longevity Neuroscience for the Fitness Professiona          | Home Study   | 0.1 0.2 0.2 0.2 0.1 0.2 0.2 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1                                   | 12/31/21 www.ideafit.com  |
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| IDEA Health & Fitness   | October 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News   | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
|---|--|---|---|---|
| IDEA Health & Fitness   | Optimize Function and Mobility With Strong and Stable Shoulders and Glutes   | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Pain-Free Movement-The Science and Application (ACE Mover Academy)   | Home Study  | 0.2   | 12/31/21  |
| IDEA Health & Fitness   | Pilates on a Ball  | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Posture Improvement Workshop   | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Power Core for Sports and Fitness Performance  | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Power Medicine Ball Drills for Groups  | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track   | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | PRODUCE More Revenue   | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Progressing Clients From Function to Performance   | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Progressive Programming for Active Aging   | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Protein Master Class: Health, Performance and Weight Loss  | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Protein Obsessed: Sorting the Truth From the Hype  | Home Study  | 0.1   | 12/31/21  |
| IDEA Health & Fitness   | REACH More Clients: Be Loud and Proud  | Home Study  | 0.1   | 12/31/21  |
| IDEA Health & Fitness   | Rescue Your Knees - Look at Your Feet  | Home Study  | 0.1   | 12/31/21  |
| IDEA Health & Fitness   | Retain Clients Forever   | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Reversing the Invisible Epidemic: Coaching People Who Have Prediabetes   | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Rock Your Online Courses and Classes   | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Sculpting the Ultimate Coach Within: How to Deliver Remarkable Client Results While Blazing an Epic  | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | September 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News   | ,   |   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | September 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News  September 2019 IDEA Fitness Journal Quiz 2: Evaluating the Health Risks of Obesity, and Transverse   | Home Study  | 0.1   |   |
|   | ,,,,   | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | September 2019 IDEA Fitness Journal Quiz 3: Pilates for Core Conditioning and Coping with Chronic  | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | September 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News   | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | September 2020 IDEA Fitness Journal Quiz 2: Enhancing Mitochondria with Resistance Training  | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | September 2020 IDEA Fitness Journal Quiz 3: Programming for Clients After Quarantine   | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | SGT Ken's Boot Camp™ Instructor Certification (Level One)  | Home Study  | 0.8   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Shoulder Function, Assessment and Reaction   | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Skills Not Pills: Calming the Inflammation Superhighway With Focused Nutrition and Behavior Change   | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Sleep Science for Fitness Professionals  | Home Study  | 0.1   | 12/31/21  |
| IDEA Health & Fitness   | Solutions for Training Post-pregnancy Clients  | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | SparkPro Diabetes Prevention Program Lifestyle Coach Training  | Home Study  | 1.4   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Spine-Focused Self-Myofascial Release  | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | Strength Training for Optimal Results  | Home Study  | 0.1   | 12/31/21  |
| IDEA Health & Fitness   | Techniques to Rehabilitate and Protect the Knees   | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The 3D Fascial Core  | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Business of Group Exercise – Beyond the Numbers  | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Current and Future State of Health Coaching  | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Death of Crunches: 20 True Core Exercises  | Home Study  | 0.2   | 12/31/21  |
| IDEA Health & Fitness   | The Female Glute Relocation Program  | Home Study  | 0.2   | 12/31/21  |
| IDEA Health & Fitness   | The Female Lumbo-Pelvic Complex (ACE Mover Academy)  | Home Study  | 0.2   | 12/31/21  |
| IDEA Health & Fitness   | The Female Physique-The Link Between Nutrition, Hormones and Strength Training   | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Forgotten Five: Essential Muscles for Functional Movement  | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Future of Group Fitness: Strategies for the Successful Instructor  | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Hip Bone Is Connected to the First Metatarsal: Corrective Exercise for the Kinetic Chain   |   | 0.2   | 12/31/21 www.ideafit.com  |
|   | · · · · · · · · · · · · · · · · · · ·  | Home Study  |   |   |
| IDEA Health & Fitness   | The HOPE Solution: How Our Purpose Empowers  | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Innovative Fitness Pro: Top Tech Strategies for Business Success   | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Matrix - Innovative Group Strength Design  | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Mobile Health Map: Inspiring Your Clients and Your Business  | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Most Effective Way to Customize Programs and Choose the Best Exercises for Every Client  | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Neuroscience of Behavior Change: How to Train the Brain to Create Healthier Habits   | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Nutrition and Mental Health Connection   | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Nuts and Bolts of Diabetes Prevention Program Coaching: From Getting Trained to Getting Paid   | Home Study  | 0.1   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Online Business Roadmap: How to Build a Million-Dollar Online Business   | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Online Fitness Frontier  | Home Study  | 0.2   | 12/31/21  |
| IDEA Health & Fitness   | The Physiology of Fat Loss: New Exciting Findings  | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Psychology of Weight Loss: Ditch the Diet for Long-Term Success  | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Roll Model® Fascial Makeover: Prioritize Your Periphery  | Home Study  | 0.2   | 12/31/21  |
| IDEA Health & Fitness   | The Science of Functional Aging  | Home Study  | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | The Science of Stretch   | Home Study  | 1.2   | 12/31/21 www.ideafit.com  |
|   |  |   |   |   |
| IDEA Health & Fitness   | The Ultimate Light Dumbbell Workout  |   | 0.2   | 12/31/21 www.ideafit.com  |
| IDEA Health & Fitness   | <u>*</u>   | Home Study  |   | 12/31/21 www.ideafit.com<br>12/31/21  |
| IDEA Health & Fitness IDEA Health & Fitness   | The Warm-Up Makeover: Start With a Bang!   | Home Study<br>Home Study  | 0.2   | 12/31/21  |
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| Interactive Fitness Trainers of America (IFTA)                      | LEARN TO TEACH                                | Workshop/Seminar                     | 0.8 | 12/31/21 www.ifta-fitness.com           |
| Interactive Fitness Trainers of America (IFTA)                      | POWERTRAIN                                    | Workshop/Seminar                     | 0.4 | 12/31/21 www.ifta-fitness.com           |
| Intrinsic Solutions, International (a dba of Totally Coached, Inc.) | Intrinsic Coach® Series                       | Workshop/Seminar                     | 1.9 | 12/31/21 http://isintl.com              |
| ISSN Asia   | ISSN Sports Nutrition Diet Course             | Workshop/Seminar                     | 1.7 | 12/31/21 www.issnasia.com               |
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| Les Mills   | LES MILLS SPRINT Initial Module               | Workshop/Seminar                     | 1.4 | 12/31/21 www.lesmills.com/us            |
|   |   |                                      |     |   |

| Les Mills   | LES MILLS TONE Initial Module   | Workshop/Seminar   | 1.5                      | 12/31/21 http://www.lesmills.com/us   |
|---|---|--|--------------------------|---|
| Les Mills   | Online Advanced Training  | Home Study   | 1.9                      | 12/31/21 www.lesmills.com/us  |
| Les Mills   | RPM Initial Module  | Workshop/Seminar   | 1.7                      | 12/31/21 www.lesmills.com   |
| Les Mills   | SH'BAM Initial Module   | Workshop/Seminar   | 1.5                      | 12/31/21 www.lesmills.com/us  |
| Les Mills   | The TRIP Initial Module   | Workshop/Seminar   | 1.5                      | 12/31/21 www.lesmills.com/us  |
| Life Fitness  | A Changing World: Engaging Active Agers on Their Fitness Journey  | Home Study   | 0.2                      | 12/31/21 www.lifefitness.com/en-us/life-fitness-academy   |
| Life Fitness  | Back in Action: Functional Training to Restart Your Fitness Journey   | Home Study   | 0.2                      | 12/31/21 www.lifefitness.com/en-us/life-fitness-academy   |
| Life Fitness  | Exercise Adherence and Retention: Lessons Learned from COVID-19   | Home Study   | 0.2                      | 12/31/21 www.lifefitness.com/en-us/life-fitness-academy   |
| Life Fitness  | Express General Product Training  | Workshop/Seminar   | 0.4                      | 12/31/21 www.lifefitness.com  |
| Life Fitness  | Games for Gains   | Home Study   | 0.2                      | 12/31/21 www.lifefitness.com/en-us/life-fitness-academy   |
| Life Fitness  | General Product Training  | Workshop/Seminar   | 0.8                      | 12/31/21 www.lifefitness.com  |
| Life Fitness  | LFX SGT Programming   | Workshop/Seminar   | 0.7                      | 12/31/21 www.lifefitness.com  |
| Linked Fit  | Coaches Clinic  | Workshop/Seminar   | 0.3                      | 12/31/21 www.linked-fit.com/coaches-clinic  |
| Louis Kong  | Increase Profitability for Personal Trainers through Professionalism and Leadership   | Workshop/Seminar   | 0.8                      | 12/31/21  |
| Louis Kong  | Personal Training Essentials  | Workshop/Seminar   | 0.8                      | 12/31/21  |
| M.O.V.E. Conventions, LLC   | M.O.V.E. Education Conference   | Conference   | 1.9                      | 12/31/21 www.movestayfit.com  |
| Ma Strength   | Chinese Weightlifting Technique Online Course   | Home Study   | 0.2                      | 12/31/21 www.mastrengthtv.com   |
| MacroMissionary   | MacroMissionary Nutrition Certificate of Completion  Rockstar Spinning® Instructor  | Workshop/Seminar   | 1.9                      | 12/31/21 www.macromissionary.com  |
| Mad Dogg Athletics  |   | Workshop/Seminar   | 0.8                      | 12/31/21 https://spinning.com/instructors/instructor-certifications/spin-power-training/                                |
| Mad Dogg Athletics  | Rockstar Spinning® Instructor Online  | Home Study   | 0.7                      | 12/31/21 https://spinning.com/instructors/instructor-certifications/spin-power-training/                                |
| Mad Dogg Athletics Mad Dogg Athletics                                       | Spinning Instructor Online Training   | Workshop/Seminar<br>Workshop/Seminar                       | 0.8                      | 12/31/21 www.maddogg.com 12/31/21 http://www.spinning.com/spinning-instructors/become-an-instructor.asp                 |
|   | Spinning Instructor Training  SPINPower® Instructor Online  |  | 0.8                      |   |
| Mad Dogg Athletics Mad Dogg Athletics                                       | SPINPOWEr® Instructor Unline SPINPower® Instructor Training   | Home Study<br>Workshop/Seminar                             | 0.8                      | 12/31/21 https://spinning.com/instructors/instructor-certifications/spin-power-training/ 12/31/21 www.spinning.com      |
| Make A Difference Academy   | 3 Secrets to Thriving as a Wildly Successful Fitness Leader   | Home Study   | 0.8                      | 12/31/21 www.spinning.com<br>12/31/21 https://www.inspiredwithkimberly.com  |
| Make A Difference Academy  Make A Difference Academy                        | Building Your Wellness Brand  | Home Study   | 0.2                      | 12/31/21 https://www.inspiredwitnkimberly.com<br>12/31/21 www.inspiredwithkimberly.com                                  |
| Make A Difference Academy   | Next Level Leadership   | Workshop/Seminar   | 0.2                      | 12/31/21 https://www.inspiredwithkimberly.com   |
| Make A Difference Academy   | Wellness Leadership Intensive   | Workshop/Seminar   | 0.8                      | 12/31/21 www.inspiredwithkimberly.com   |
| Maria Mind Body Health LLC  | Keto Coaching Certificate   | Home Study   | 1.9                      | 12/31/21 www.mspiredwithkimberry.com  |
| Matrix Fitness  | Matrix Ride: Programming Rides on Training Cycles for Classic and Performance Based Workouts with CX                                    | Workshop/Seminar   | 0.7                      | 12/31/21 matrixlearningcentre.com   |
| Matrix Fitness  | Matrix Ride: Programming Rides on Training Cycles with CXM Bikes  | Workshop/Seminar   | 0.5                      | 12/31/21 http://www.matrixfitness.com/en/   |
| Matrix Fitness  | MX4 Active: Evidence-based Training Course for an Aging and Deconditioned Population  | Home Study   | 0.3                      | 12/31/21 http://www.matrixfitness.com/en/group-training/mx4   |
| Matrix Fitness  | MX4 Active: Functional Frame Small Group Training Course  | Workshop/Seminar   | 0.3                      | 12/31/21 https://www.matrixfitness.com/en/education/mx4-active  |
| Matrix Fitness  | MX4: Functional Frame Small Group Training Course   | Workshop/Seminar   | 0.5                      | 12/31/21 www.matrixfitness.com  |
| Matrix Fitness  | Sprint 8  | Workshop/Seminar   | 0.3                      | 12/31/21 www.matrixfitness.com  |
| Medical Exercise Academy  | Clinical Exercise Specialist  | Home Study   | 1.9                      | 12/31/21 http://mdxacademy.wizigxt.com/   |
| Meso Fit Studio   | The RAMP Method Level 1   | Home Study   | 1.0                      | 12/31/21 www.mesofitboca.com  |
| Michele Smith GETFIT2GO INC   | SOULFUSION Instructor Training  | Home Study   | 1.2                      | 12/31/21 www.soulfusionfit.com  |
| Mindful Alternative, LLC  | Barre Fusion  | Workshop/Seminar   | 1.9                      | 12/31/21 www.mindfulalternative.com   |
| MJ Fit  | Kettlebell Basics   | Workshop/Seminar   | 0.5                      | 12/31/21 https://mjfit.co   |
| Mohey Core Method   | Mohey Core Method   | Workshop/Seminar   | 1.2                      | 12/31/21  |
| Mom in Balance  | Mom in Balance trainer   Pre/Postnatal and female fitness specialist  | Home Study   | 1.9                      | 12/31/21 https://mominbalance.nl  |
| Moms Into Fitness, Inc.   | Prenatal & Postnatal Fitness Specialist   | Workshop/Seminar   | 1.9                      | 12/31/21 www.momsintofitness.com  |
| Mountainside Fitness  | Sport, Studio & DJ Cycle In-House Training  | Workshop/Seminar   | 0.8                      | 12/31/21 Mountainsidefitness.com  |
| Mountainside Fitness  | Studio Cycle, Cherography Training  | Workshop/Seminar   | 0.6                      | 12/31/21 mountainsidefitness.com  |
| Mountainside Fitness  | The Mountainside Way Equipment Fundamentals Training  | Workshop/Seminar   | 0.6                      | 12/31/21 mountainsidefitness.com  |
| Mountainside Fitness  | The Mountainside Way Group Fitness Training Workshop  | Workshop/Seminar   | 0.8                      | 12/31/21 www.mountainsidefitness.com  |
| Mountainside Fitness  | The Mountainside Way Power Kick Training  | Workshop/Seminar   | 0.6                      | 12/31/21 mountainsidefitness.com  |
| Movement Assessment Technologies  | MAT Level 1   | Home Study   | 1.9                      | 12/31/21 www.matassessment.com  |
| Movement Fix  | The Movement Fix Workshop Online  | Home Study   | 0.6                      | 12/31/21 TheMovementFix.com   |
| Movement Flow   | Level 1 Movement Flow Training  | Workshop/Seminar   | 1.9                      | 12/31/21 www.movementflow.ca  |
| Muay Thai School USA  | Muay Thai Personal Trainer  | Home Study   | 1.9                      | 12/31/21 https://www.muaythaischoolusa.com  |
| Munira Hudani, PT Inc   | Diastasis Rectus Abdominis and the Postpartum Core  | Home Study   | 1.9                      | 12/31/21 www.munirahudanipt.com   |
| National Exercise and Sports Trainers Association (NESTA)                   | Biomechanics Specialist (updated)   | Home Study   | 1.9                      | 12/31/21 www.nestacertified.com   |
| National Exercise and Sports Trainers Association (NESTA)                   | Heart Rate Performance Specialist   | Home Study   | 1.9                      | 12/31/21 www.nestacertified.com   |
| National Exercise and Sports Trainers Association (NESTA)                   | ITCA Certified Triathlon Coach  | Home Study   | 1.9                      | 12/31/21 www.nestacertified.com   |
| National Exercise and Sports Trainers Association (NESTA)                   | Kettlebell Coach  | Home Study   | 1.9                      | 12/31/21  |
| National Exercise and Sports Trainers Association (NESTA)                   | MMA Conditioning Coach  | Home Study   | 1.9                      | 12/31/21 www.mmaca.net  |
| National Exercise and Sports Trainers Association (NESTA)                   | Muay Thai Fitness   | Home Study   | 1.9                      | 12/31/21 www.nestacertified.com   |
| National Exercise and Sports Trainers Association (NESTA)                   | NESTA Live 2-day Personal Trainer Certification Workshop  | Workshop/Seminar   | 1.6                      | 12/31/21 www.nestacertified.com   |
| National Exercise and Sports Trainers Association (NESTA)                   | Sports Nutrition Specialist   | Home Study   | 1.9                      | 12/31/21 www.nestacertified.com   |
| National Exercise Trainers Association (NETA)                               | NETA Fit Fest 2021  | Conference   | 1.9                      | 12/31/21 http://www.netafit.org   |
| National Exercise Trainers Association (NETA)                               | Online Barre Connect Specialty Certificate  | Home Study   | 0.8                      | 12/31/21 http://www.netafit.org   |
| National Exercise Trainers Association (NETA)                               | Online Instructor Group Cycling Specialty Certificate   | Home Study   | 0.5                      | 12/31/21 http://www.netafit.org   |
| National Exercise Trainers Association (NETA)                               | Online Kettlebell Specialty Certificate   | Home Study   | 0.5                      | 12/31/21 http://www.netafit.org   |
| National Exercise Trainers Association (NETA)                               | Online Senior Fitness Specialty Certificate   | Home Study   | 0.5                      | 12/31/21 http://www.netafit.org   |
| Net Profit Explosion (NPE)  | NPE Fast-Track  | Home Study   | 1.9                      | 12/31/21 npefitness.com/us  |
| Neuro Athletics   | Neuro Athletics 101   | Workshop/Seminar   | 1.6                      | 12/31/21 neuroathletics.com.au  |
| NOUFLEX   | The Nouflex Training System   | Home Study   | 1.6                      | 12/31/21 http://www.nouflex.com/nouflex-certification/  |
| O'Gorgeous, Inc.  | PIIT28 Instructor Training Workshop   | Workshop/Seminar   | 0.6                      | 12/31/21 www.poppilateslife.com   |
| O'Gorgeous, Inc.  | POP Pilates® Certified Instructor   | Home Study   | 0.8                      | 12/31/21 www.poppilateslife.com   |
| Oh Baby! Fitness®   | OH BABY! FITNESS PRENATAL & POSTPARTUM INSTRUCTOR TRAINING  | Home Study   | 0.8                      | 12/31/21 https://www.ohbabyfitness.com/pre-postnatal-fitness-training   |
|   |   | Home Study   | 1.0                      | 12/31/21 https://study.onfit.edu.au/courses/instructing-exercise-to-children-and-adolescents                            |
|   | Instructing Exercise to Children and Adolescents  | and the second   |                          |   |
| Online Education Center   | Curso de Especializacion en Entrenamiento de la Fuerza  | Workshop/Seminar   | 1.9                      | 12/31/21 onlineeducation.center/es  |
| OnFit Training College Online Education Center  OPEX Fitness                | Curso de Especializacion en Entrenamiento de la Fuerza<br>Mixed Modal   | Home Study   | 1.9                      | 12/31/21 https://opexfit.com/mixed-modal/   |
| Online Education Center  OPEX Fitness  OPEX Fitness                         | Curso de Especializacion en Entrenamiento de la Fuerza<br>Mixed Modal<br>OPEX Coaching Program  | Home Study<br>Home Study                                   | 1.9<br>1.9               | 12/31/21 https://opexfit.com/mixed-modal/<br>12/31/21   |
| Online Education Center  OPEX Fitness  OPEX Fitness  OPEX Fitness           | Curso de Especializacion en Entrenamiento de la Fuerza<br>Mixed Modal<br>OPEX Coaching Program<br>PROGRAMMINIS: MOVEMENT                | Home Study<br>Home Study<br>Home Study                     | 1.9<br>1.9<br>1.2        | 12/31/21 https://opexfit.com/mixed-modal/<br>12/31/21<br>12/31/21 https://opexfit.com                                   |
| Online Education Center OPEX Fitness OPEX Fitness OPEX Fitness OPEX Fitness | Curso de Especializacion en Entrenamiento de la Fuerza Mixed Modal OPEX Coaching Program PROGRAMMINIS: MOVEMENT Programming: Principles | Home Study<br>Home Study<br>Home Study<br>Workshop/Seminar | 1.9<br>1.9<br>1.2<br>0.4 | 12/31/21 https://opexfit.com/mixed-modal/ 12/31/21 12/31/21 https://opexfit.com 12/31/21 https://membership.opexfit.com |
| Online Education Center  OPEX Fitness  OPEX Fitness  OPEX Fitness           | Curso de Especializacion en Entrenamiento de la Fuerza<br>Mixed Modal<br>OPEX Coaching Program<br>PROGRAMMINIS: MOVEMENT                | Home Study<br>Home Study<br>Home Study                     | 1.9<br>1.9<br>1.2        | 12/31/21 https://opexfit.com/mixed-modal/<br>12/31/21<br>12/31/21 https://opexfit.com                                   |

| P.H.A.R.M. TO TABLE                         | P.H.A.R.M TO TABLE Plant-Based Nutrition Course   | Workshop/Seminar                     | 1.9 | 12/31/21 www.pharmtotablecourse.com   |
|---|---|--------------------------------------|-----|---|
| Pain-Free Performance (PPSC)                | Pain-Free Performance Specialist  | Workshop/Seminar                     | 1.6 | 12/31/21 www.driohnrusin.com  |
| Pelacore                                    | Pelacore Training Course  | Workshop/Seminar                     | 0.3 | 12/31/21 www.pelacore.com   |
| Perfect Fit Partners                        | Selling Personal Training   | Workshop/Seminar                     | 1.6 | 12/31/21  |
| Performance Art Athletics, LLC              | Vertical Foundation Part 1  | Home Study                           | 1.0 | 12/31/21 www.performanceartathletics.com                                    |
| Personal Trainer Development Center         | Online Trainer Academy  | Home Study                           | 1.9 | 12/31/21 http://onlinetraineracademy.theptdc.com                            |
| Pinnacle Training & Consulting Systems, LLC | Post-Rehabilitation Specialist (CPRS)   | Home Study                           | 1.9 | 12/31/21 www.pinnacle-tcs.com   |
| PlyoJam                                     | Plyometric Infused Dance: PlyoJam Instructor Training (Live Workshop)                       | Workshop/Seminar                     | 0.8 | 12/31/21 www.plyojam.com  |
| PlyoJam                                     | Plyometric-Infused Dance: Intro to PlyoJam (online)   | Home Study                           | 0.5 | 12/31/21 http://www.plyojam.com   |
| Pole Fitness Alliance                       | Level 1 Pole Instructor   | Workshop/Seminar                     | 1.5 | 12/31/21 www.polefitnessalliance.com  |
| Pole Fitness Studio                         | Pole Dance Instructor Certification   | Workshop/Seminar                     | 0.5 | 12/31/21 polefitnessstudio.com  |
| POPUp                                       | POPUp Pro   | Home Study                           | 1.9 | 12/31/21 https://pop-s-school.thinkific.com/courses/popuppro                |
| POUND® Rockout. Workout.                    | POUND + Generation POUND  | Workshop/Seminar                     | 1.2 | 12/31/21 poundfit.com   |
| Power Monkey Camp                           | Power Monkey Camp   | Workshop/Seminar                     | 1.9 | 12/31/21 powermonkeycamp.com  |
| Precision Nutrition                         | Change Behavior: How Do We Change Behavior?   | Home Study                           | 1.9 | 12/31/21 www.precisionnutrition.com   |
| Precision Nutrition                         | Dietary Strategies: How to Coach a Macros Based Diet  | Home Study                           | 1.0 | 12/31/21 www.precisionnutrition.com   |
| Precision Nutrition                         | Dietary Strategies: How to Coach a Plant Based Diet   | Home Study                           | 0.8 | 12/31/21 www.precisionnutrition.com   |
| Precision Nutrition                         | Dietary Strategies: How to Coach an Intermittent Fasting Diet                               | Home Study                           | 0.8 | 12/31/21 www.precisionnutrition.com   |
| Precision Nutrition                         | Nutrition Coaching for Athletes: How to Coach an Athlete                                    | Home Study                           | 1.5 | 12/31/21 www.precisionnutrition.com   |
| Precision Nutrition                         | Nutrition Coaching for Athletes: How to Create Personalized Nutrition Programs for Athletes | Home Study                           | 1.2 | 12/31/21 www.precisionnutrition.com   |
| Precision Nutrition                         | Nutrition for Metabolic Health: What is Metabolism?   | Home Study                           | 1.9 | 12/31/21 www.precisionnutrition.com   |
| Precision Nutrition                         | Precision Nutrition Level 1, Certificate in Exercise Nutrition                              | Home Study                           | 1.9 | 12/31/21 www.precisionnutrition.com   |
| Precision Nutrition                         | Precision Nutrition Level 2 Master Class  | Home Study                           | 1.9 | 12/31/21 www.precisionnutrition.com   |
| Precor                                      | Queenax Elite Obstacle Course Race Training Program   | Workshop/Seminar                     | 0.7 | 12/31/21 precor.com   |
| Precor<br>Precor                            | Queenax Functional Training Movement Design Queenax Small Group Program Design              | Workshop/Seminar<br>Workshop/Seminar | 0.4 | 12/31/21 www.precor.com<br>12/31/21 www.precor.com                          |
| Precor                                      | Queenax Smail Group Program Design Studio 7 Coaching Workshop - Day 2                       | Workshop/Seminar                     | 0.5 | 12/31/21 www.precor.com<br>12/31/21 precor.com                              |
| Precor                                      | Studio 7 Coaching Workshop - Day 2  Studio 7 Coaching Workshop - Day 3                      | Workshop/Seminar                     | 0.6 | 12/31/21 precor.com 12/31/21 precor.com                                     |
| Precor                                      | Studio 7 Group Training Skills Workshop   | Workshop/Seminar                     | 1.0 | 12/31/21 precor.com   |
| Primal Health Coach Institute               | Primal Health Coach Program   | Workshop/Seminar                     | 1.9 | 12/31/21 www.primalblueprint.com  |
| PROnatal Fitness                            | A Simple Guide to Program Design  | Home Study                           | 0.4 | 12/31/21 pronatalfitness.com  |
| PROnatal Fitness                            | How to "Train" Women for Pregnancy  | Home Study                           | 0.4 | 12/31/21 www.pronatalfitness.com  |
| PROnatal Fitness                            | PROnatal Fitness Pre/Postnatal Performance Training Specialist (Level 1 and 2)              | Home Study                           | 1.9 | 12/31/21 pronatalfitness.com  |
| PROnatal Fitness                            | PROnatal Fitness/Pre/Postnatal Education for Group Fitness Instructors                      | Home Study                           | 0.6 | 12/31/21 www.pronatalfitness.com  |
| ProTeam Tactical Performance                | Functional Movement & Performance Workshop for Peer Fitness Trainers                        | Workshop/Seminar                     | 0.8 | 12/31/21 www.proteamtactical.com  |
| PTA Global                                  | Exercise & Stress Management (ESM) Credential   | Home Study                           | 1.0 | 12/31/21 www.PTAGlobal.com  |
| PTA Global                                  | FasTrack in Personal Training   | Home Study                           | 0.8 | 12/31/21 www.ptaglobal.com  |
| PTA Global                                  | FasTrack in Personal Training Workshop  | Workshop/Seminar                     | 1.6 | 12/31/21 www.ptaglobal.com  |
| PTA Global                                  | Mindset Performance Credential Level 1  | Home Study                           | 1.0 | 12/31/21 www.ptaglobal.com  |
| PTA Global                                  | Mindset Performance Credential Level 2  | Home Study                           | 0.9 | 12/31/21 www.ptaglobal.com  |
| PTA Global                                  | PTA Global Behavior Change in Exercise (BCE) Credential                                     | Home Study                           | 1.9 | 12/31/21 www.PTAGlobal.com  |
| PTA Global                                  | PTA Global Foundations  | Home Study                           | 1.9 | 12/31/21 www.PTAGlobal.com  |
| PTA Global                                  | PTA Global Mentorship 1   | Home Study                           | 1.5 | 12/31/21 www.PTAGlobal.com  |
| PTA Global                                  | Rapid Results Workshop  | Workshop/Seminar                     | 0.8 | 12/31/21 www.PTAGlobal.com  |
| PTA Global                                  | Solutions in Selling  | Workshop/Seminar                     | 0.4 | 12/31/21 https://www.ptaglobal.com/cecs.aspx                                |
| PTA Global                                  | Train to Retain Workshop  | Workshop/Seminar                     | 0.7 | 12/31/21 www.ptaglobal.com  |
| PTontheNet                                  | 8 Disciplines of Front Line Excellence  | Home Study                           | 0.4 | 12/31/21 www.ptonthenet.com   |
| PTontheNet                                  | Addressing and Preventing Low Back Pain   | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Advanced Fitness Sales  | Home Study                           | 0.4 | 12/31/21 www.ptonthenet.com   |
| PTontheNet                                  | Bodyweight Training   | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | BOSU Balance Trainer Power Programming  | Home Study                           | 0.4 | 12/31/21 www.ptonthenet.com   |
| PTontheNet                                  | Breath AS Medicine: Improving Health and the Training Experience                            | Home Study                           | 0.4 | 12/31/21 www.ptonthenet.com   |
| PTontheNet PTontheNet                       | Cardiovascular Training   | Home Study                           | 1.0 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Certificate In Health & Fitness Management  Client Assessment, Biomechanics, & Metabolism   | Home Study Home Study                | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams 12/31/21 www.ptonthenet.com/cec-exams |
| PTontheNet                                  | Client Relations & Business Management  | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Closing the Sale  | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Coaching  | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com   |
| PTontheNet                                  | Core Training   | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | CoreStrength1 Exercise Variability Specialist   | Home Study                           | 0.2 | 12/31/21  |
| PTontheNet                                  | CoreStrength1 Program Design Specialist   | Home Study                           | 0.4 | 12/31/21 http://www.ptonthenet.com/home                                     |
| PTontheNet                                  | Corrective Exercise Solutions to Postural and Movement Dysfunction                          | Home Study                           | 0.4 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Corrective Exercise Solutions: Foot and Ankle Pain  | Home Study                           | 0.4 | 12/31/21 www.ptonthenet.com   |
| PTontheNet                                  | Effects of Hormones on Exercise and Well-Being  | Home Study                           | 0.1 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Essentials of Older Adult Exercise Assessment and Program Design for Preventing Falls       | Home Study                           | 0.4 | 12/31/21 www.ptonthenet.com   |
| PTontheNet                                  | Exercise Essentials for the Client with Cardiovascular Disease                              | Home Study                           | 0.4 | 12/31/21  |
| PTontheNet                                  | Exercise Programming for Active Older Adults  | Home Study                           | 0.4 | 12/31/21  |
| PTontheNet                                  | Female Training   | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Fibromyalgia and Exercise   | Home Study                           | 0.4 | 12/31/21 www.ptonthenet.com   |
| PTontheNet                                  | Fit for Daily Life  | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Flexibility   | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Flexibility Training  | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Functional Anatomy  | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Functional Flexibility  | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Functional Integrated Training  | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Functional Program Design   | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Fundamentals of Balance   | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Holistic Health & Stress Management   | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com   |
| PTontheNet                                  | Improving Foot and Gait   | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
| PTontheNet                                  | Improving Foot and Gait Mechanics   | Home Study                           | 0.2 | 12/31/21 www.ptonthenet.com/cec-exams                                       |
|   |   |                                      |     |   |

| PTontheNet   | Indoor Rowing Technique and Programming   | Home Study  | 0.1  | 12/31/21 www.ptonthenet.com  |
|--|---|---|--|--|
| PTontheNet   | Insurance Coverage and Claims for Fitness Professionals   | Home Study  | 0.4  | 12/31/21 www.ptonthenet.com  |
| PTontheNet   | Introduction to Cancer Exercise   | Home Study  | 0.4  | 12/31/21   |
| PTontheNet   |   |   | 0.4  |  |
|  | Introduction to Functional Equipment  | Home Study  |  | 12/31/21 www.ptonthenet.com  |
| PTontheNet   | Loaded Exercises & Movement Based   | Home Study  | 0.3  | 12/31/21 www.ptonthenet.com  |
| PTontheNet   | Lower Extremity Injury Prevention   | Workshop/Seminar  | 0.2  | 12/31/21 www.ptonthenet.com/cec-exams  |
| PTontheNet   | Macronutrients and Exercise   | Home Study  | 0.2  | 12/31/21 www.ptonthenet.com/cec-exams  |
| PTontheNet   |   |   | 0.4  | 12/31/21 www.ptonthenet.com  |
|  | Marketing Personal Training   | Home Study  |  |  |
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| Savvier Fitness                             | Barre Above Pilates Focused  | Workshop/Seminar               | 1.2        | 12/31/21 www.barreabove.com  |
| Savvier Fitness                             | Barre Above Prime Instructor Training  | Workshop/Seminar               | 1.2        | 12/31/21 www.barreabove.com  |
| Savvier Fitness                             | Barre for Active Aging   | Home Study                     | 0.2        | 12/31/21 www.cardioyoga.com  |
| Savvier Fitness                             | Barre For Cardio Junkies   | Home Study                     | 0.2        | 12/31/21 www.cardioyoga.com  |
| Savvier Fitness                             | Cardio Yoga  | Home Study                     | 1.9        | 12/31/21 www.savvierfitness.com  |
| Savvier Fitness                             | Elite HIIT Training  | Workshop/Seminar               | 0.3        | 12/31/21 www.barreabove.com  |
| Savvier Fitness                             | Extreme HIIT Chaos   | Workshop/Seminar               | 0.7        | 12/31/21 www.extremechaos.com  |
| Savvier Fitness                             | Foot Fitness + Applications  | Home Study                     | 0.2        | 12/31/21 www.cardioyoga.com  |
| Savvier Fitness                             | Have a Ball at the Barre   | Home Study                     | 0.2        | 12/31/21 www.cardioyoga.com  |
| Savvier Fitness                             | Hollistic Interval Training  | Home Study                     | 0.2        | 12/31/21   |
| Savvier Fitness                             | Let The Beat Drop  | Workshop/Seminar               | 0.2        | 12/31/21 www.barreabove.com  |
| Savvier Fitness                             | Muscular Endurance: Myths, Realities and Applications  | Home Study                     | 0.2        | 12/31/21 www.barreabove.com  |
| Savvier Fitness                             | Pilates 101 Education Course   | Home Study                     | 0.4        | 12/31/21 www.barreabove.com  |
| Savvier Fitness                             | Refine Your Cardio Yoga Experience   | Workshop/Seminar               | 0.2        | 12/31/21 www.extremechaos.com  |
| Savvier Fitness                             | Restoration at the Barre   | Home Study                     | 0.2        | 12/31/21 www.cardioyoga.com  |
| Savvier Fitness                             | Tabata GX  | Workshop/Seminar               | 0.7        | 12/31/21 www.barreabove.com  |
| Savvier Fitness                             | The Intentional Yoke   | Workshop/Seminar               | 0.4        | 12/31/21 www.cardioyoga.com  |
| Savvier Fitness                             | The Musicality Method  | Home Study                     | 0.4        | 12/31/21 www.barreabove.com  |
| Savvier Fitness                             | The Seven Steps  | Home Study                     | 0.2        | 12/31/21 www.cardioyoga.com  |
| SCW Fitness Education                       | January 2021 Personal Trainer APEX Conference (0.1)  | Conference                     | 0.1        | 12/31/21 www.scwfit.com  |
| SCW Fitness Education                       | January 2021 Personal Trainer APEX Conference (0.2)  | Conference                     | 0.2        | 12/31/21 www.scwfit.com  |
| SCW Fitness Education                       | January 2021 Personal Trainer APEX Conference (0.3)  January 2021 Personal Trainer APEX Conference (0.4) | Conference                     | 0.3        | 12/31/21 www.scwfit.com<br>12/31/21 www.scwfit.com   |
| SCW Fitness Education                       | , , ,  | Conference                     |            |  |
| SCW Fitness Education SCW Fitness Education | January 2021 Personal Trainer APEX Conference (0.5)  January 2021 Personal Trainer APEX Conference (0.6) | Conference Conference          | 0.5        | 12/31/21 www.scwfit.com<br>12/31/21 www.scwfit.com   |
| SCW Fitness Education                       | January 2021 Personal Trainer APEX Conference (0.0)  January 2021 Personal Trainer APEX Conference (0.7) | Conference                     | 0.6        | 12/31/21 www.scwfit.com  |
| SCW Fitness Education                       | January 2021 Personal Trainer APEX Conference (0.7)  | Conference                     | 0.7        | 12/31/21 www.scwit.com   |
| SCW Fitness Education                       | January 2021 Personal Trainer APEX Conference (0.9)  | Conference                     | 0.9        | 12/31/21 www.scwfit.com  |
| SCW Fitness Education                       | January 2021 Personal Trainer APEX Conference (1.0)  | Conference                     | 1.0        | 12/31/21 www.scwfit.com  |
| SCW Fitness Education                       | January 2021 Personal Trainer APEX Conference (1.1)  | Conference                     | 1.1        | 12/31/21 www.scwfit.com  |
| SCW Fitness Education                       | January 2021 Personal Trainer APEX Conference (1.2)  | Conference                     | 1.2        | 12/31/21 www.scwfit.com  |
| SCW Fitness Education                       | SCW Active Aging Certification   | Workshop/Seminar               | 0.7        | 12/31/21 http://scwfit.com   |
| SCW Fitness Education                       | SCW Active Aging Nutrition Certification   | Workshop/Seminar               | 0.4        | 12/31/21 www.scwfit.com  |
| SCW Fitness Education                       | SCW Aqua Barre Certification   | Workshop/Seminar               | 0.6        | 12/31/21 www.scwfit.com  |
| SCW Fitness Education                       | SCW Aquatic Exercise Certification   | Workshop/Seminar               | 0.8        | 12/31/21 http://scwfit.com   |
| SCW Fitness Education                       | SCW Ballet Barre Certification   | Workshop/Seminar               | 0.7        | 12/31/21 http://www.scwfitness.com/newsite.html  |
| SCW Fitness Education                       | SCW Boxing Certification   | Workshop/Seminar               | 0.7        | 12/31/21 www.scwfit.com  |
| SCW Fitness Education                       | SCW Core Training Certification  | Home Study                     | 0.4        | 12/31/21 http://www.scwfit.com   |
| SCW Fitness Education                       | SCW Fitness Corrective Exercise Certificate  | Workshop/Seminar               | 0.6        | 12/31/21 www.scwfit.com  |
| SCW Fitness Education                       | SCW Fitness Flowing Yoga Certification   | Workshop/Seminar               | 0.7        | 12/31/21 www.scwfit.com  |
| SCW Fitness Education                       | SCW Fitness for Nutrition Professionals Certification  | Workshop/Seminar               | 0.7        | 12/31/21 www.scwfit.com  |
| SCW Fitness Education                       | SCW Fitness Meditation Certification   | Workshop/Seminar               | 0.4        | 12/31/21 www.scwfit.com  |
| SCW Fitness Education                       | SCW Fitness Virtual Training: Lights, Camera, Action!  | Workshop/Seminar               | 0.4        | 12/31/21 www.scwfit.com/certifications   |
| SCW Fitness Education                       | SCW Foam Rolling Certification   | Home Study                     | 0.6        | 12/31/21 http://www.scwfit.com   |
| SCW Fitness Education                       | SCW Functional Flexibility Certification   | Home Study                     | 0.8        | 12/31/21 http://www.scwfit.com   |
| SCW Fitness Education                       | SCW Functional Pilates Certification   | Home Study                     | 0.6        | 12/31/21 http://www.scwfit.com   |
| SCW Fitness Education                       | SCW Group Exercise Certification   | Workshop/Seminar               | 0.8        | 12/31/21 http://scwfit.com   |
| SCW Fitness Education                       | SCW Group Step Certification   | Home Study                     | 0.8        | 12/31/21 http://www.scwfit.com   |
| SCW Fitness Education                       | SCW HIT Contification  | Home Study                     | 0.4        | 12/31/21 http://www.scwfit.com   |
| SCW Fitness Education SCW Fitness Education | SCW HIIT Certification  SCW Kettlebell Training Certification  | Home Study                     | 0.6        | 12/31/21 http://www.scwfit.com<br>12/31/21 http://www.scwfit.com   |
| SCW Fitness Education SCW Fitness Education | SCW Kettlebell Training Certification  SCW Kids in Motion Certification                                  | Home Study Home Study          | 0.4        | 12/31/21 http://www.scwfit.com<br>12/31/21 http://www.scwfit.com   |
| SCW Fitness Education SCW Fitness Education | SCW Kids in Motion Certification  SCW Mind Body Fusion Certification                                     | Home Study Home Study          | 0.8        | 12/31/21 http://www.scwfit.com<br>12/31/21 http://www.scwfit.com   |
| SCW Fitness Education                       | SCW Moms in Motion Certification   | Home Study                     | 0.7        | 12/31/21 http://www.scwit.com<br>12/31/21 http://www.scwfit.com  |
| SCW Fitness Education                       | SCW Nutrition, Hormones & Metabolism Certification   | Home Study                     | 0.8        | 12/31/21 http://www.scwiit.com<br>12/31/21 http://www.scwfit.com   |
| SCW Fitness Education                       | SCW Performance Stability Training Certification   | Home Study                     | 0.8        | 12/31/21 http://www.scwin.com<br>12/31/21 http://www.scwfit.com  |
| SCW Fitness Education                       | SCW Pellottiance Stability Training Certification  | Workshop/Seminar               | 0.8        | 12/31/21 http://scwfit.com   |
| SCW Fitness Education                       | SCW Pilates Small Apparatus Certification  | Home Study                     | 0.8        | 12/31/21 http://www.scwfit.com   |
| SCW Fitness Education                       | SCW Program Design for Fitness Professionals   | Workshop/Seminar               | 0.7        | 12/31/21 www.scwfit.com/certifications   |
| SCW Fitness Education                       | SCW Small Group Training Certification   | Workshop/Seminar               | 0.7        | 12/31/21 www.scwfit.com/certifications   |
| SCW Fitness Education                       | SCW Sports Nutrition Certification   | Home Study                     | 0.7        | 12/31/21 http://www.scwfit.com   |
| SCW Fitness Education                       | SCW Tai Chi Certification  | Home Study                     | 0.8        | 12/31/21 http://www.scwfit.com   |
| SCW Fitness Education                       | SCW Weight Management Certification  | Home Study                     | 0.7        | 12/31/21 http://www.scwfit.com   |
| SCW Fitness Education                       | SCW Yoga I Certification   | Workshop/Seminar               | 0.7        | 12/31/21 http://scwfit.com   |
| SCW Fitness Education                       | SCW Yoga II Certification  | Home Study                     | 0.4        | 12/31/21 http://www.scwfit.com   |
| SCW Fitness Education                       | WATERinMOTION® Certification   | Workshop/Seminar               | 0.7        | 12/31/21 www.scwfit.com  |
| SharQui - The Bellydance Workout            | Online SharQui Instructor Training   | Home Study                     | 1.0        | 12/31/21 www.sharqui.com   |
| SHAY-MCENTEE WELLNESS WORKS INC.            | BREATHING TECHNIQUES / STRESS MANAGEMENT   | Workshop/Seminar               | 0.3        | 12/31/21   |
| SHAY-MCENTEE WELLNESS WORKS INC.            | ENERGY BREAK   | Workshop/Seminar               | 0.3        | 12/31/21   |
| SHRED415                                    | Shred415 Dynamic Interval Training   | Workshop/Seminar               | 1.9        | 12/31/21 www.shred415.com  |
| SilverSneakers by Tivity Health             | Group Exercise for Hip Limitations   | Home Study                     | 0.2        | 12/31/21   |
|   |  | Home Study                     |            |  |
| SilverSneakers by Tivity Health             | SilverSneakers BOOM MIND   | Home Study                     | 0.2        | 12/31/21   |

| SilverSneakers by Tivity Health  | SilverSneakers BOOM MOVE  | Home Study  | 0.2   | 12/31/21  |
|--|---|---|---|---|
| SilverSneakers by Tivity Health  | SilverSneakers BOOM MUSCLE  | Home Study  | 0.2   | 12/31/21  |
| SilverSneakers by Tivity Health  | SilverSneakers Circuit  | Home Study  | 0.2   | 12/31/21  |
| SilverSneakers by Tivity Health  | SilverSneakers Classic  | Home Study  | 0.2   | 12/31/21  |
| SilverSneakers by Tivity Health  | SilverSneakers EnerChi  | Home Study  | 0.4   | 12/31/21 www.silversneakers.com   |
| SilverSneakers by Tivity Health  | SilverSneakers Fall Prevention Education Series   | Home Study  | 0.2   | 12/31/21 www.silversneakers.com   |
| SilverSneakers by Tivity Health  | SilverSneakers Foundations  | Home Study  | 0.5   | 12/31/21  |
| SilverSneakers by Tivity Health  | SilverSneakers Fundamentals of Teaching Group Fitness   | Home Study  | 0.5   | 12/31/21 www.silversneakers.com   |
| SilverSneakers by Tivity Health  | SilverSneakers Nutrition for Optimal Aging  | Workshop/Seminar  | 0.2   | 12/31/21 www.silversneakers.com   |
| SilverSneakers by Tivity Health  | SilverSneakers Splash   | Home Study  | 0.2   | 12/31/21  |
| SilverSneakers by Tivity Health  | SilverSneakers Stability  | Home Study  | 0.2   | 12/31/21  |
| SilverSneakers by Tivity Health  | SilverSneakers Strength Progressions for Group Exercise   | Home Study  | 0.2   | 12/31/21 www.silversneakers.com   |
| SilverSneakers by Tivity Health  | SilverSneakers Stress Management Education Series   | Home Study  | 0.4   | 12/31/21 www.silversneakers.com   |
| SilverSneakers by Tivity Health  | SilverSneakers YOGA   | Home Study  | 0.2   | 12/31/21  |
| SoFit  | Jumping Science   | Workshop/Seminar  | 1.8   | 12/31/21 http://cta-taiwan.com  |
| Soft Stretch Release Techniques  | Soft Stretch Release Techniques (Lower Body)  | Workshop/Seminar  | 1.4   | 12/31/21 SRTtherapy.com   |
| Soft Stretch Release Techniques  | Soft Stretch Release Techniques (Upper Body)  | Workshop/Seminar  | 1.4   | 12/31/21 SRTtherapy.com   |
| Spark Trainer  | KB Squared  | Workshop/Seminar  | 0.5   | 12/31/21  |
| Spartan Race Inc.  | Spartan SGX Workshop  | Workshop/Seminar  | 1.9   | 12/31/21 spartansgx.com   |
| Spin City Instructor Training  | Spin City Advanced Aerial Hoop Instructor (online)  | Home Study  | 1.9   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Advanced Aerial Sling Instructor (online)   | Home Study  | 1.9   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Advanced Pole Fitness Instructor (online)   | Home Study  | 1.9   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Aerial Silks - Climbs and Descents (online)   | Home Study  | 0.8   | 12/31/21 www.spincityinstructortraining.com   |
|  | Spin City Aerial Silks - Footlocks Module 1 (online)  | '   | 0.8   | · · · · · · · · · · · · · · · · · · ·   |
| Spin City Instructor Training  | Spin City Aerial Silks - Footlocks Module 1 (online)  Spin City Aerial Silks - Footlocks Module 2 (online)  | Home Study Home Study   | 0.8   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  |   |   | 0.8   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Aerial Silks - Hiplock Skills (online)  | Home Study  |   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Aerial Silks - Working in the Hitch (online)  | Home Study  | 0.8   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Anatomy and Physiology Foundations (online)   | Home Study  | 1.9   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Beginners Aerial Hoop Instructor (online)   | Home Study  | 1.9   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Beginners Aerial Sling Instructor (online)  | Home Study  | 1.9   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Beginners Pole Fitness Instructor (online)  | Home Study  | 1.9   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Double Point Hoop Instructor (online)   | Home Study  | 0.8   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Foundation Aerial Silks Instructor (online)   | Home Study  | 1.5   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Grounded Hoop Instructor (online)   | Home Study  | 0.8   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Intermediate Aerial Hoop Instructor (online)  | Home Study  | 1.9   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Intermediate Aerial Sling Instructor (online)   | Home Study  | 1.9   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Intermediate Pole Fitness Instructor (online)   | Home Study  | 1.9   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Pole Fabric Instructor (online)   | Home Study  | 1.9   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Spinning Pole Instructor (online)   | Home Study  | 0.8   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Strength And Conditioning For Pole And Aerial (online)  | Home Study  | 1.0   | 12/31/21 www.spincityinstructortraining.com   |
| Spin City Instructor Training  | Spin City Stretching and Flexibility for Pole and Aerial (online)   | Home Study  | 1.9   | 12/31/21 www.spincityinstructortraining.com   |
| Stealth Institution  | SRE   | Workshop/Seminar  | 1.6   | 12/31/21  |
| Stealth Institution  | THUMP Boxing L1+2   | Workshop/Seminar  | 1.6   | 12/31/21  |
| StickMobility  | Stick Mobility Level 1  | Workshop/Seminar  | 1.3   | 12/31/21 https://stickmobility.com/certification/   |
|  |   |   | 1.3   | 12/31/21 www.stickmobility.com  |
| StickMobility  | Stick Mobility Level 1  | Home Study  |   |   |
| StickMobility StickVfit  | Stick Mobility Level 1  | Home Study Workshop/Seminar   |   |   |
| StickXfit  | StickXfit Foundation Instructor Training  | Workshop/Seminar  | 1.9   | 12/31/21 https://StickXfit.com  |
| StickXfit Strength and Conditioning Education Center   | StickXfit Foundation Instructor Training  1. Building Strength  | Workshop/Seminar<br>Workshop/Seminar  | 1.9<br>1.4  | 12/31/21 https://StickXfit.com<br>12/31/21 www.scec.pl  |
| StickXfit Strength and Conditioning Education Center Strength and Conditioning Education Center  | StickXfit Foundation Instructor Training  1. Building Strength  2. Anatomy of Strength Training   | Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar  | 1.9<br>1.4<br>1.4   | 12/31/21 https://stickXfit.com<br>12/31/21 www.scec.pl<br>12/31/21 www.scec.pl  |
| StickXfit Strength and Conditioning Education Center Strength and Conditioning Education Center Strength and Conditioning Education Center   | StickXfit Foundation Instructor Training 1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength  | Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar  | 1.9<br>1.4<br>1.4<br>1.4  | 12/31/21 https://stickXfit.com<br>12/31/21 www.seec.pl<br>12/31/21 www.seec.pl<br>12/31/21 www.seec.pl  |
| StickXfit Strength and Conditioning Education Center  | StickXfit Foundation Instructor Training 1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training  | Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar  | 1.9<br>1.4<br>1.4<br>1.4<br>1.4   | 12/31/21 https://stickXfit.com<br>12/31/21 www.scec.pl<br>12/31/21 www.scec.pl<br>12/31/21 www.scec.pl<br>12/31/21 www.scec.pl  |
| StickXfit  Strength and Conditioning Education Center  | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods   | Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar  | 1.9<br>1.4<br>1.4<br>1.4<br>1.4<br>1.4  | 12/31/21 https://stickXfit.com<br>12/31/21 www.see.pl<br>12/31/21 www.see.pl<br>12/31/21 www.see.pl<br>12/31/21 www.see.pl<br>12/31/21 www.see.pl   |
| StickXfit Strength and Conditioning Education Center  | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods and Programming   | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar  | 1.9<br>1.4<br>1.4<br>1.4<br>1.4<br>1.4<br>1.4   | 12/31/21 https://stickXfit.com<br>12/31/21 www.scec.pl<br>12/31/21 www.scec.pl<br>12/31/21 www.scec.pl<br>12/31/21 www.scec.pl<br>12/31/21 www.scec.pl  |
| StickXfit  Strength and Conditioning Education Center  Stretch to Win Institute  | StickXfit Foundation Instructor Training  1. Building Strength  2. Anatomy of Strength Training  3. Developing Power and Explosive Strength  4. Speed & Agility, Acceleration and Endurance Training  5. Advanced Programming Methods  6. Special Training Methods and Programming  Level 1 (FST) Fascial Stretch Therapy   | Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar  | 1.9<br>1.4<br>1.4<br>1.4<br>1.4<br>1.4<br>1.4<br>1.9  | 12/31/21 https://stickXfit.com 12/31/21 www.scec.pl   |
| StickXfit  Strength and Conditioning Education Center  Stretch to Win Institute  STRETCH*D(LIMBER INC)   | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHD Academy Self-Stretch Module  | Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Workshop/Seminar<br>Home Study  | 1.9<br>1.4<br>1.4<br>1.4<br>1.4<br>1.4<br>1.4<br>1.9<br>0.3   | 12/31/21 https://stickXfit.com 12/31/21 www.scec.pl 12/31/21 thtps://stretchtowin.com 12/31/21 https://stretchdspace.com  |
| StickXfit Strength and Conditioning Education Center Stretch to Win Institute STRETCH*D (LIMBER INC) StretchSource   | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHD Academy Self-Stretch Module StretchSource Trainer - Level 1  | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar   | 1.9<br>1.4<br>1.4<br>1.4<br>1.4<br>1.4<br>1.4<br>1.9<br>0.3   | 12/31/21 https://stickXfit.com 12/31/21 www.scec.pl   |
| StickXfit  Strength and Conditioning Education Center  Stretch to Win Institute  STRETCH*D (LIMBER INC)  StretchSource  Strong Education   | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHD Academy Self-Stretch Module StretchSource Trainer - Level 1 Adaptive Special Needs Group Instructor  | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar   | 1.9<br>1.4<br>1.4<br>1.4<br>1.4<br>1.4<br>1.9<br>0.3<br>1.9   | 12/31/21 https://stickXfit.com 12/31/21 www.scec.pl  |
| StickXfit  Strength and Conditioning Education Center  Stretch to Win Institute  STRETCH*D (LIMBER INC)  StretchSource  Strong Education  Strong Education   | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHD Academy Self-Stretch Module StretchSource Trainer - Level 1 Adaptive Special Needs Group Instructor Adaptive Special Needs Mutrition Coach   | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Home Study  | 1.9 1.4 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4   | 12/31/21 https://stickXfit.com 12/31/21 www.sec.pl 12/31/21 www.strethtowin.com 12/31/21 www.strethdspace.com 12/31/21 www.strethsourcetraining.com/services 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com  |
| StickXfit Strength and Conditioning Education Center Stretch to Win Institute STRETCH*D (LIMBER INC) StretchSource Strong Education Strong Education Strong Education  | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHD Academy Self-Stretch Module StretchSource Trainer - Level 1 Adaptive Special Needs Group Instructor Adaptive Special Needs Nutrition Coach Adaptive Special Needs Trainer Level 1  | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study   | 1.9 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4   | 12/31/21 https://stickXfit.com 12/31/21 www.scec.pl 12/31/21 www.stretchtowin.com 12/31/21 www.stretchtospace.com 12/31/21 www.stretchsourcetraining.com/services 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com   |
| StickXfit Strength and Conditioning Education Center Streth to Win Institute STRETCH*D (LIMBER INC) StrethSource Strong Education Strong Education Strong Education Strong Education Strong Education  | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHD Academy Self-Stretch Module StretchSource Trainer - Level 1 Adaptive Special Needs Group Instructor Adaptive Special Needs Murition Coach Adaptive Special Needs Trainer Level 1  | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Horne Study Home Study Home Study Home Study Home Study Home Study  | 1.9 1.4 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4   | 12/31/21 https://stickXfit.com 12/31/21 www.scec.pl 12/31/21 www.scetifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com  |
| StickXfit Strength and Conditioning Education Center Stretch to Win Institute STRETCH*D (LIMBER INC) StretchSource Strong Education Strong Education Strong Education  | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHD Academy Self-Stretch Module StretchSource Trainer - Level 1 Adaptive Special Needs Group Instructor Adaptive Special Needs Nutrition Coach Adaptive Special Needs Trainer Level 1  | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study   | 1.9 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4   | 12/31/21 https://stickXfit.com 12/31/21 www.scec.pl 12/31/21 www.stretchtowin.com 12/31/21 www.stretchtospace.com 12/31/21 www.stretchsourcetraining.com/services 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com   |
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| StickXfit  Strength and Conditioning Education Center  Stretch to Win Institute  STRETCH*D (LIMBER INC)  StretchSource  Strong Education   | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHD Academy Self-Stretch Module StretchSource Trainer - Level 1 Adaptive Special Needs Group Instructor Adaptive Special Needs Trainer Level 1 Adaptive Special Needs Trainer Level 1 Adaptive Special Needs Trainer Level 1 Adaptive Special Needs Trainer Level 2 Sugarfoot Therapy Teacher Training Workshop  | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Home Study Home Study Home Study Workshop/Seminar   | 1.9 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4 1.4   | 12/31/21 www.sec.pl 12/31/21 www.setrehdspace.com 12/31/21 www.strethsourcetraining.com/services 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com  |
| StickXfit Strength and Conditioning Education Center Stretch to Win Institute STRETCH*D (LIMBER INC) StretchSource Strong Education   | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHD Academy Self-Stretch Module StretchSource Trainer - Level 1 Adaptive Special Needs Kruttion Coach Adaptive Special Needs Krittion Coach Adaptive Special Needs Trainer Level 1 Adaptive Special Needs Trainer Level 2 Sugarfoot Therapy Teacher Training Workshop Surge Filt Instructor Training   | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar   | 1.9 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4 1.4 0.6 0.8   | 12/31/21 www.seec.pl 12/31/21 www.steethtowin.com 12/31/21 www.steethtowin.com 12/31/21 www.strethtospace.com 12/31/21 www.strethsourcetraining.com/services 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.surgefibrong.com 12/31/21 www.surgefibrong.com   |
| StickXfit Strength and Conditioning Education Center Streth to Win Institute STRETCH*D (LIMBER INC) StrethSource Strong Education   | StickXfit Foundation Instructor Training  1. Building Strength  2. Anatomy of Strength Training  3. Developing Power and Explosive Strength  4. Speed & Agility, Acceleration and Endurance Training  5. Advanced Programming Methods  6. Special Training Methods and Programming  Level 1 (FST) Fascial Stretch Therapy  STRETCHD Academy Self-Stretch Module  StretchSource Trainer - Level 1  Adaptive Special Needs Group Instructor  Adaptive Special Needs Writtion Coach  Adaptive Special Needs Trainier Level 1  Adaptive Special Needs Trainier Level 1  Adaptive Special Needs Trainier Level 2  Sugarfoot Therapy Teacher Training Workshop  Surge Fit Instructor Training  SweatBoss Training   | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar   | 1.9 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4 1.4 0.6 0.8 1.6   | 12/31/21 www.scec.pl 12/31/21 www.scet.pl 12/31/21 www.scet.pl 12/31/21 www.scet.pl 12/31/21 www.scet.pl 12/31/21 www.cettifystrong.com 12/31/21 www.cettifystrong.com 12/31/21 www.cettifystrong.com 12/31/21 www.surge-fit.com 12/31/21 www.surge-fit.com 12/31/21 www.surge-fit.com 12/31/21 www.surge-fit.com  |
| StickXfit Strength and Conditioning Education Center Stretch to Win Institute STRETCH*D (LIMBER INC) StretchSource Strong Education Strong  | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHD Academy Self-Stretch Module StretchSource Trainer - Level 1 Adaptive Special Needs Group Instructor Adaptive Special Needs Murition Coach Adaptive Special Needs Trainer Level 1 Adaptive Special Needs Trainer Level 1 Adaptive Special Needs Trainer Level 2 Sugarfoot Therapy Teacher Training Workshop Surge Fit Instructor Training SweatBoss Training Alloy: Personal Training Programming Certification   | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar   | 1.9 1.4 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4 1.4 1.4 0.6 0.8   | 12/31/21 www.seec.pl 12/31/21 www.steethtowin.com 12/31/21 www.strethtowin.com 12/31/21 www.strethtospace.com 12/31/21 www.strethsourcetraining.com/services 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.surge-fit.com 12/31/21 www.surge-fit.com 12/31/21 www.surge-fit.com 12/31/21 www.surge-fit.com 12/31/21 www.teamalloy.com 12/31/21 www.teamalloy.com 12/31/21 www.teamalloy.com 12/31/21 www.teamalloy.com   |
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| StickXfit  Strength and Conditioning Education Center  Stretch to Win Institute  STRETCH*D (LIMBER INC)  StretchSource  Strong Education  Sugarfoot Therapy  Surge Fit  SweatBox  Team Alloy  THE AB LAB*  The Academy Of Sport Speed and Agility  | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHO Academy Self-Stretch Module StretchSource Trainer - Level 1 Adaptive Special Needs Group Instructor Adaptive Special Needs Training Level 1 Adaptive Special Needs Trainer Level 1 Adaptive Special Needs Trainer Level 1 Adaptive Special Needs Trainer Level 2 Sugarfoot Therapy Teacher Training Workshop Surge Fit Instructor Training SweatBoss Training Alloy: Personal Training Programming Certification AB Foundations Course Coaching Explosive Speed Online Course  | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar  | 1.9 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4 1.4 0.6 0.8 0.5 0.8   | 12/31/21 https://stickXfit.com 12/31/21 www.sec.pl 12/31/21 www.setrethosur.com 12/31/21 www.strethosur.com 12/31/21 www.strethosur.com 12/31/21 www.setrifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.sugarfoottherapy.com  |
| StickXfit Strength and Conditioning Education Center Stretch to Win Institute STRETCH*D (LIMBER INC) StretchSource Strong Education Strong  | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHD Academy Self-Stretch Module StretchSource Trainer - Level 1 Adaptive Special Needs Group Instructor Adaptive Special Needs Strittino Coach Adaptive Special Needs Strittino Coach Adaptive Special Needs Trainer Level 2 Sugarfoot Therapy Teacher Training Workshop Surge Fit Instructor Training SweatBoss Training Alloy: Personal Training Programming Certification AB Foundations Course Coaching Explosive Speed Online Course AMP Foundation Course  | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Home Study Home Study Workshop/Seminar  | 1.9 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4 1.4 1.4 0.6 0.8 0.6 0.8 0.5 0.8 0.4 0.4 0.2   | 12/31/21 www.scec.pl 12/31/21 www.stretchtowin.com 12/31/21 www.stretchdspace.com 12/31/21 www.stretchdspace.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.suargfortherapy.com 12/31/21 www.suargfortherapy.com 12/31/21 www.suargefit.com 12/31/21 twps.//sweatboxdc.com 12/31/21 twps.//sweatboxdc.com 12/31/21 twps.//sweatboxdc.com 12/31/21 twps.//sweatboxdc.com 12/31/21 twps.//sweatboxdc.com 12/31/21 typs.//swew.learningwithranell.com/aboutcoachingspeed/ 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://theampinstitute.inspire360.com   |
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| StickXfit  Strength and Conditioning Education Center  Stretch to Win Institute  STRETCH*D (LIMBER INC)  StretchSource  Strong Education  Strong | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHD Academy Self-Stretch Module StretchSource Trainer - Level 1 Adaptive Special Needs Group Instructor Adaptive Special Needs Mutrition Coach Adaptive Special Needs Trainer Level 1 Adaptive Special Needs Trainer Level 2 Sugarfoot Therapy Teacher Training Workshop Surge Fit Instructor Training SweatBoss Training Alloy: Personal Training Programming Certification AB Foundations Course Coaching Explosive Speed Online Course AMP Foundation + Self-Care AMP Foundation Course Blood Flow Restriction: Accelerate Performance & Recovery [Introduction to BFR Virtual Course]  | Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Workshop/Seminar Home Study Home Study Home Study Home Study   | 1.9 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4 1.4 0.6 0.8 0.5 0.8 0.5 0.8 0.4 0.2 0.1   | 12/31/21 www.sec.pl 12/31/21 www.serthotomin.com 12/31/21 www.serthotomin.com 12/31/21 www.serthotomin.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.sugarfootherapy.com 12/31/21 www.sugarfootherapy.com 12/31/21 www.sugarfootherapy.com 12/31/21 www.sugarfootherapy.com 12/31/21 www.teamalloy.com 12/31/21 thys://weatboxdc.com 12/31/21 thys://www.learningwithranell.com/aboutcoachingspeed/ 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://theampinstitute.inspire360.com  |
| StickXfit Strength and Conditioning Education Center Stretch to Win Institute STRETCH*D (LIMBER INC) StretchSource Strong Education Strong  | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHD Academy Self-Stretch Module StretchSource Trainer - Level 1 Adaptive Special Needs Group Instructor Adaptive Special Needs Strittino Coach Adaptive Special Needs Strittino Coach Adaptive Special Needs Training Level 2 Sugarfoot Therapy Teacher Training Workshop Surge Fit Instructor Training SweatBoss Training Alloy: Personal Training Programming Certification AB Foundations Course Coaching Explosive Speed Online Course AMP Foundation Course AMP Self-Care Course Blood Flow Restriction: Accelerate Performance & Recovery [Introduction to BFR Virtual Course] Brand X Professional Youth Coach  | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study Home Study Home Study Workshop/Seminar  | 1.9 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4 1.4 1.4 0.6 0.8 0.5 0.8 0.5 0.8 0.4 0.2 0.1 0.4 1.0   | 12/31/21 www.scec.pl 12/31/21 www.stecthoder.pd 12/31/21 www.stecthoder.pd 12/31/21 www.stecthoder.pd 12/31/21 www.stecthoder.pd 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.sugrafototherapy.com 12/31/21 www.sugrafototherapy.com 12/31/21 www.sugrafototherapy.com 12/31/21 www.tendabla.com 12/31/21 tytps://sweatboxdc.com 12/31/21 www.tendabla.com 12/31/21 www.tendabla.com 12/31/21 tytps://theampinstitute.inspire360.com 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://theampinstitute.inspire360.com   |
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| StickXfit  Strength and Conditioning Education Center  Stretch to Win Institute  STRETCH*D (LIMBER INC)  StretchSource  Strong Education  Strong Education  Strong Education  Strong Education  Strong Education  Strong Education  Surger Gucation  Surger Fit  SweatBox  Team Alloy  The AB LAB*  The Academy Of Sport Speed and Agility  The AMP Institute  The AMP Institute  The AMP Institute  The BFR Pros  The Brand X Method  The FIT Institute  The MELT Method (Longevity Fitness, Inc.)  The Ready State  the LONDONmethod  Theral Institute  The HELT Method Total Body Tabata LLC  Totten Training Systems, LLC  | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHD Academy Self-Stretch Module StretchSource Trainer - Level 1 Adaptive Special Needs Group Instructor Adaptive Special Needs Butrition Coach Adaptive Special Needs Trainer Level 1 Adaptive Special Needs Trainer Level 2 Sugarfoot Therapy Teacher Training Workshop Surge Fit Instructor Training SweatBoss Training Alloy: Personal Training Programming Certification AB Foundations Course Coaching Explosive Speed Online Course AMP Foundation + Self-Care AMP Foundation Course Blood Flow Restriction: Accelerate Performance & Recovery [Introduction to BFR Virtual Course] Brand X Professional Youth Coach Fascial Abrasion Technique - FAT-Tool™ Technique MELT Online Instructor Training Level 1 Movement & Mobility 101 thet ONDOMmethod Therapun Performance Specialist Course Tabata Basic Instructor Training Certification Self Study Course Basic Olympic Lifting Course (BOLC) | Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar  | 1.9 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4 1.4 1.4 0.6 0.8 0.5 0.8 0.7 1.9 1.1 0.4 0.4 0.8 0.8 0.5 0.8 0.8 0.9 0.9 0.9 0.9 0.9 0.9 0.9 0.9 0.9 0.9                 | 12/31/21 www.scec.pl 12/31/21 www.stec.pl 12/31/21 www.sterthosun.com 12/31/21 www.sterthosun.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.certifystrong.com 12/31/21 www.sugarfoottherapy.com 12/31/21 www.sugarfoottherapy.com 12/31/21 www.sugarfoottherapy.com 12/31/21 www.sugarfoottherapy.com 12/31/21 www.sugarfoottherapy.com 12/31/21 www.teamalloy.com 12/31/21 www.teamalloy.com 12/31/21 https://wheaphinstitute.inspire360.com 12/31/21 https://wheaphinstitute.inspire360.com 12/31/21 https://theaphinstitute.inspire360.com 12/31/21 https://theaphinstitute.inspire360.com 12/31/21 https://theaphinstitute.com/training/ 12/31/21 https://thebrandsmethod.com 12/31/21 https://twww.theftinpst.com/training/ 12/31/21 https://www.theftinpst.com/training/ 12/31/21 https://www.theftinpst.com/training/ 12/31/21 https://www.thelondonmethod.net 12/31/21 https://www.totalbodytabata.com 12/31/21 www.tottentraining.com  |
| StickXfit Strength and Conditioning Education Center Stretch to Win Institute STRETCH*O (LIMBER INC) StretchSource Strong Education Strong  | StickXfit Foundation Instructor Training  1. Building Strength  2. Anatomy of Strength Training  3. Developing Power and Explosive Strength  4. Speed & Agility, Acceleration and Endurance Training  5. Advanced Programming Methods  6. Special Training Methods and Programming  Level 1 (FST) Facial Stretch Therapy  STRETCHD Academy Self-Stretch Module  StretchSource Trainer - Level 1  Adaptive Special Needs Group Instructor  Adaptive Special Needs Writinon Coach  Adaptive Special Needs Writinon Coach  Adaptive Special Needs Trainer Level 2  Sugarfoort Therapy Teacher Training Workshop  Surge Fit Instructor Training  SweatBoss Training  Alloy: Personal Training Programming Certification  AB Foundations Course  Coaching Explosive Speed Online Course  AMP Foundation + Self-Care  AMP Foundation Course  Blood Flow Restriction: Accelerate Performance & Recovery [Introduction to BFR Virtual Course]  Brand X Professional Youth Coach  Fascial Abrasion Technique - FAT-Tool™ Technique  MELT Online Instructor Training Level 1  Movement & Mobility 101  theLONDONmethod  Theragun Performance Specialist Course  Basic Olympic Lifting Course (BOLC)  Coaches Education and Lifting Course (CELC)                        | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study | 1.9 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4 1.4 0.6 0.8 0.5 0.8 0.5 0.8 0.1 1.0 0.7 1.0 0.7 1.0 0.7 1.0 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0                       | 12/31/21 www.scec.pl 12/31/21 www.scet.pl 12/31/21 www.scet.pl 12/31/21 www.scet.pl 12/31/21 www.scet.pl 12/31/21 www.scet.pl 12/31/21 www.cettifystrong.com 12/31/21 www.cettifystrong.com 12/31/21 www.cettifystrong.com 12/31/21 www.cettifystrong.com 12/31/21 www.sugarfotucherapy.com 12/31/21 www.sugarfotucherapy.com 12/31/21 www.sugarfotucherapy.com 12/31/21 www.sugarfotucherapy.com 12/31/21 www.sugarfotucherapy.com 12/31/21 www.sugarfotucherapy.com 12/31/21 https://www.learningwithranell.com/aboutcoachingspeed/ 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://www.thebfrpros.com  |
| StickXfit Strength and Conditioning Education Center Stretch to Win Institute STRETCH*D (LIMBER INC) StretchSource Strong Education Strong  | StickXfit Foundation Instructor Training  1. Building Strength 2. Anatomy of Strength Training 3. Developing Power and Explosive Strength 4. Speed & Agility, Acceleration and Endurance Training 5. Advanced Programming Methods 6. Special Training Methods and Programming Level 1 (FST) Fascial Stretch Therapy STRETCHO Academy Self-Stretch Module StretchSource Trainer - Level 1 Adaptive Special Needs Group Instructor Adaptive Special Needs Training Level 1 Adaptive Special Needs Training Level 1 Adaptive Special Needs Training Level 2 Sugarfoot Therapy Teacher Training Workshop Surge Fit Instructor Training SweatBoss Training Alloy: Personal Training Programming Certification AB Foundation Scourse Coaching Explosive Speed Online Course AMP Foundation + Self-Care AMP Foundation Course Blood Flow Restriction: Accelerate Performance & Recovery [Introduction to BFR Virtual Course] Brand X Professional Vouth Coach Fascial Abrasion Technique - FAT-Tool™ Technique MELT Online Instructor Training Level 1 Movement & Mobility 101 theLONDONmethod Therapun Performance Specialist Course Basic Olympic Lifting Course (BCLC) Coaches Education and Lifting Course (CELC) EVOLUTION360 TRAINER L1                        | Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Home Study Home Study Home Study Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Home Study Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Home Study Workshop/Seminar Workshop/Seminar   | 1.9 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4 1.4 0.6 0.8 0.5 0.8 0.4 0.2 0.1 0.4 1.0 0.7 1.9 1.3 1.9 0.4 0.8 0.8 0.5 0.8 0.8 0.9 0.9 0.9 0.9 0.9 0.9 0.9 0.9 0.9 0.9 | 12/31/21 www.sec.pl 12/31/21 www.setrethosun.com 12/31/21 www.setrethospace.com 12/31/21 www.setrethospace.com 12/31/21 www.setrifystrong.com 12/31/21 www.cetrifystrong.com 12/31/21 www.cetrifystrong.com 12/31/21 www.cetrifystrong.com 12/31/21 www.setrifystrong.com 12/31/21 www.setrifystrong.com 12/31/21 www.sugarfoottherapy.com 12/31/21 www.sugarfoottherapy.com 12/31/21 www.sugarfoottherapy.com 12/31/21 https://www.elarningwithranell.com/aboutcoachingspeed/ 12/31/21 https://www.learningwithranell.com/aboutcoachingspeed/ 12/31/21 https://www.hearningwithranell.com/aboutcoachingspeed/ 12/31/21 https://www.hearningwithte.inspire360.com 12/31/21 https://www.hearningwithte.inspire360.com 12/31/21 https://www.theffiros.com 12/31/21 https://www.theffiros.com 12/31/21 https://www.theffiros.com 12/31/21 https://www.thefitinstitute.com/training/ 12/31/21 https://www.thelondonmethod.net 12/31/21 https://www.tottentraining.com   |
| StickXft  Strength and Conditioning Education Center  Stretch to Win Institute  STRETCH*D (LIMBER INC)  StretchSource  Strong Education  Strong  | StickXfit Foundation Instructor Training  1. Building Strength  2. Anatomy of Strength Training  3. Developing Power and Explosive Strength  4. Speed & Agility, Acceleration and Endurance Training  5. Advanced Programming Methods  6. Special Training Methods and Programming  Level 1 (FST) Facial Stretch Therapy  STRETCHD Academy Self-Stretch Module  StretchSource Trainer - Level 1  Adaptive Special Needs Group Instructor  Adaptive Special Needs Writinon Coach  Adaptive Special Needs Writinon Coach  Adaptive Special Needs Trainer Level 2  Sugarfoort Therapy Teacher Training Workshop  Surge Fit Instructor Training  SweatBoss Training  Alloy: Personal Training Programming Certification  AB Foundations Course  Coaching Explosive Speed Online Course  AMP Foundation + Self-Care  AMP Foundation Course  Blood Flow Restriction: Accelerate Performance & Recovery [Introduction to BFR Virtual Course]  Brand X Professional Youth Coach  Fascial Abrasion Technique - FAT-Tool™ Technique  MELT Online Instructor Training Level 1  Movement & Mobility 101  theLONDONmethod  Theragun Performance Specialist Course  Basic Olympic Lifting Course (BOLC)  Coaches Education and Lifting Course (CELC)                        | Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Workshop/Seminar Home Study Workshop/Seminar Home Study | 1.9 1.4 1.4 1.4 1.4 1.4 1.9 0.3 1.9 1.4 0.4 1.4 0.6 0.8 0.5 0.8 0.5 0.8 0.1 1.0 0.7 1.0 0.7 1.0 0.7 1.0 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0                       | 12/31/21 www.scec.pl 12/31/21 www.scet.pl 12/31/21 www.scet.pl 12/31/21 www.scet.pl 12/31/21 www.scet.pl 12/31/21 www.scet.pl 12/31/21 www.cettifystrong.com 12/31/21 www.cettifystrong.com 12/31/21 www.cettifystrong.com 12/31/21 www.cettifystrong.com 12/31/21 www.sugarfotcherapy.com 12/31/21 www.sugarfotcherapy.com 12/31/21 www.sugarfotcherapy.com 12/31/21 www.sugarfotcherapy.com 12/31/21 www.sugarfotcherapy.com 12/31/21 www.sugarfotcherapy.com 12/31/21 https://www.learningwithranell.com/aboutcoachingspeed/ 12/31/21 https://www.learningwithranell.com/aboutcoachingspeed/ 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://theampinstitute.inspire360.com 12/31/21 https://www.thebftpros.com 12/31/21 https://www.thebftpros.com/  |

| Tress Marketing Solutions, LLC   | FASTer Way to Fat Loss Certified Coach                                   | Home Study                           | 0.5 | 12/31/21 https://www.fasterwaytofatloss.com/certification/                 |
|--|--|--------------------------------------|-----|--|
| TRX  | TRX Advanced Group Training Course (AGTC)                                | Workshop/Seminar                     | 1.8 | 12/31/21 TRXtraining.com   |
| TRX TRX  | TRX Delivering Your Experience TRX For Yoga                              | Workshop/Seminar<br>Home Study       | 0.1 | 12/31/21 https://www.trxtraining.com/trx-academy 12/31/21 TRXtraining.com  |
| TRX  | TRX for Yoga - LIVE Course   | Workshop/Seminar                     | 0.7 | 12/31/21 www.trxtraining.com/trx-education-fags                            |
| TRX  | TRX FORCE Operator's Training Course (Level 1)                           | Workshop/Seminar                     | 0.7 | 12/31/21 www.trxtraining.com   |
| TRX  | TRX FORCE Operator's Training Course (Level 2)                           | Workshop/Seminar                     | 0.8 | 12/31/21 www.trxtraining.com   |
| TRX  | TRX FORCE Operator's Training Course (Level 3)                           | Workshop/Seminar                     | 1.6 | 12/31/21 www.trxtraining.com   |
| TRX  | TRX Functional Training Course (FTC)                                     | Workshop/Seminar                     | 0.7 | 12/31/21 www.trxtraining.com   |
| TRX  | TRX Group Rip Training Course (GRTC)                                     | Workshop/Seminar                     | 0.7 | 12/31/21 www.trxtraining.com   |
| TRX  | TRX Group Suspension Training Course (GSTC)                              | Workshop/Seminar                     | 0.7 | 12/31/21 www.trxtraining.com   |
| TRX  | TRX Group Training Course (GTC)  | Workshop/Seminar                     | 0.8 | 12/31/21 www.trxtraining.com   |
| TRX  | TRX Next Level HIIT  | Home Study                           | 0.2 | 12/31/21 https://www.trxtraining.com/trx-academy                           |
| TRX  | TRX RIP Training Course (RTC)  | Workshop/Seminar                     | 0.8 | 12/31/21 www.trxtraining.com   |
| TRX  | TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2)     | Workshop/Seminar                     | 0.7 | 12/31/21 www.trxtraining.com   |
| TRX  | TRX Suspension Training Course (STC)                                     | Workshop/Seminar                     | 0.7 | 12/31/21 www.trxtraining.com   |
| TRX  | TRX Suspension Training Course: Live Virtual Edition                     | Workshop/Seminar                     | 0.7 | 12/31/21 www.trxtraining.com/trx-academy                                   |
| TRX  | TRX Trainer Basics Course  | Home Study                           | 0.3 | 12/31/21 www.trxtraining.com   |
| TRX  | TRX Training in 90min  | Home Study                           | 0.2 | 12/31/21 https://www.trxtraining.com/trx-academy                           |
| TRX  | TRX Training Lenses 2.0  | Workshop/Seminar                     | 0.1 | 12/31/21 https://www.trxtraining.com/trx-academy                           |
| TRX  | TRX Training Through the Stages  | Home Study                           | 0.2 | 12/31/21 https://www.trxtraining.com/trx-academy                           |
| TRX  | TRX Training Unplugged: Balancing Technology & Performance               | Workshop/Seminar                     | 0.2 | 12/31/21 https://www.trxtraining.com/trx-academy                           |
| TRX  | TRX Virtual Training Course  | Home Study                           | 0.4 | 12/31/21 www.trxtraining.com/education                                     |
| Turn Up With Tanci LLC UCanRow2  | Turn Up Dance Fitness Indoor Rowing Basics One Day Certificate           | Workshop/Seminar<br>Workshop/Seminar | 0.7 | 12/31/21 www.turnupwithtanci.com<br>12/31/21 ucanrow2.com                  |
| UCanRow2   | UCanRow2/Concept2 Instructor Certificate                                 | Worksnop/Seminar<br>Home Study       | 0.8 | 12/31/21 ucanrow2.com<br>12/31/21 ucanrow2.com                             |
| United Endurance Sports Coaching Academy   | Running Coach Certification  | Home Study                           | 1.9 | 12/31/21 www.coachendurancesports.com                                      |
| United Endurance Sports Coaching Academy  United Endurance Sports Coaching Academy | Triathlon Coaching Certification   | Home Study                           | 1.9 | 12/31/21 www.coachendurancesports.com                                      |
| United Endurance Sports Coaching Academy   | Ultrarunning Coach Certification   | Home Study                           | 1.9 | 12/31/21 www.coachendurancesports.com                                      |
| University of North Carolina-Chapel HIII   | UNC Group Training Workshop  | Workshop/Seminar                     | 0.5 | 12/31/21 www.compusrec.unc.edu   |
| UpBeat Barre   | UpBeat Barre Training  | Workshop/Seminar                     | 0.7 | 12/31/21 www.upbeatbarre.com   |
| US Fitness Holdings LLC  | Explosive Performance Mentorship   | Workshop/Seminar                     | 1.9 | 12/31/21   |
| Valemee Fitness  | Valemee Fitness System Professional Level 1                              | Workshop/Seminar                     | 0.7 | 12/31/21 UFIT2dublin.com   |
| Valemee Fitness  | Valemee Fitness System Professional Level 2                              | Workshop/Seminar                     | 1.0 | 12/31/21 https://ufitdublin.com  |
| Vertical Joe's   | T.W.E.R.K. Technicians   | Workshop/Seminar                     | 0.4 | 12/31/21   |
| VertiMax   | VertiMax Training Course   | Workshop/Seminar                     | 0.7 | 12/31/21 www.vertimax.com  |
| VicteliB   | Boot Camp Challenge  | Workshop/Seminar                     | 1.9 | 12/31/21 bootcamp-challenge.com  |
| VIDA Fitness   | *All Star* Instructor Training   | Workshop/Seminar                     | 1.6 | 12/31/21 https://vidafitness.com   |
| VIDA Fitness   | *TKO* Instructor Training  | Workshop/Seminar                     | 0.8 | 12/31/21 https://vidafitness.com   |
| VIDA Fitness   | Barre Instructor   | Workshop/Seminar                     | 0.8 | 12/31/21 www.vidafitness.com   |
| VIDA Fitness   | Coach-by-Color Cycling Instructor Training                               | Workshop/Seminar                     | 0.8 | 12/31/21 vidafitness.com   |
| VIDA Fitness   | Virtual Instructor Training  | Home Study                           | 0.8 | 12/31/21 https://vidafitness.com   |
| VIPR PRO   | ViPR PRO Fundamentals Mobile   | Home Study                           | 0.8 | 12/31/21 www.vipr.com  |
| WARRIOR Rhythm   | WARRIOR Rhythm Instructor Training                                       | Workshop/Seminar                     | 0.9 | 12/31/21 https://www.warriorrhythm.com/                                    |
| WARRIOR Rhythm   | WARRIOR Strength Instructor Training                                     | Home Study                           | 0.8 | 12/31/21 www.warriorinstructors.com  |
| WERQ Fitness   | WERQ Dance Fitness Professional  | Workshop/Seminar                     | 0.8 | 12/31/21 www.WERQfitness.com   |
| Working Against Gravity  | Working Against Gravity  | Home Study                           | 0.9 | 12/31/21 www.workingagainstgravity.com                                     |
| XBODY USA LLC  | XBody EMS USA Trainer  | Workshop/Seminar                     | 1.9 | 12/31/21   |
| XCO Latin Workout by Jackie XPERT Fitness  | XCO Latin Workout by Jackie  XPERT Aerial Hoop                           | Workshop/Seminar<br>Workshop/Seminar | 1.4 | 12/31/21 https://xcolatinbyjackie.com<br>12/31/21 www.xpertpolefitness.com |
| XPERT Fitness  | XPERT Aerial Filks   | Workshop/Seminar                     | 1.6 | 12/31/21 www.xpertpoleitness.com<br>12/31/21 www.xpertpolefitness.com      |
| XPERT Fitness  | XPERT Aerial Silks  XPERT Children's Pole & Aerial Teacher Training      | Workshop/Seminar                     | 1.6 | 12/31/21 www.xpertpolefitness.com<br>12/31/21 www.xpertpolefitness.com     |
| XPERT Fitness  | XPERT Clinicien's Pole & Aerial Teacher Training  XPERT Flexibility Flow | Workshop/Seminar                     | 1.6 | 12/31/21 www.xpertpoleitness.com<br>12/31/21 www.xpertpoleitness.com       |
| XPERT Fitness  | XPERT Pole Fitness Level 1 & 2   | Workshop/Seminar<br>Workshop/Seminar | 1.6 | 12/31/21 www.xpertpolefitness.com<br>12/31/21 www.xpertpolefitness.com     |
| XPERT Fitness  | XPERT Pole Fitness Level 1 & 2  XPERT Pole Fitness Level 3 & 4           | Workshop/Seminar                     | 1.6 | 12/31/21 www.xpertpoleititiess.com   |
| XPERT Fitness  | XPERT Spinning Pole Teacher Training                                     | Workshop/Seminar                     | 1.6 | 12/31/21 www.xpertpolefitness.com  |
| XTEND  | Barreology   | Home Study                           | 1.4 | 12/31/21 https://www.xtendbarre.com  |
| XTEND  | XTEND 2 Day ERT  | Workshop/Seminar                     | 1.4 | 12/31/21 www.xtendbarre.com  |
| XTEND  | XTEND 5 Day ERT  | Workshop/Seminar                     | 1.9 | 12/31/21 www.xtendbarre.com  |
| YouniquelyFit  | YouniquelyFit's Postural Pre- and Post Natal Programs                    | Home Study                           | 1.0 | 12/31/21 https://www.youniquelyfit.com/personal-trainer-certification/     |
| Zetlin Fitness   | Push-Up Progression Specialist   | Home Study                           | 0.7 | 12/31/21 www.zetlinfitness.com   |
| ZUMBA FITNESS  | Fighting Elements ELearning  | Home Study                           | 0.3 | 12/31/21 www.zumba.com   |
| ZUMBA FITNESS  | STRONG Nation ELearning  | Home Study                           | 0.4 | 12/31/21 www.zumba.com   |
| ZUMBA FITNESS  | STRONG Nation Instructor Training  | Workshop/Seminar                     | 0.8 | 12/31/21 www.zumba.com   |
| ZUMBA FITNESS  | SYNC LAB SESSION - APRIL 2021  | Home Study                           | 0.3 | 12/31/21 www.zumba.com   |
| ZUMBA FITNESS  | SYNC LAB SESSION - FEBRUARY 2021   | Home Study                           | 0.3 | 12/31/21 www.zumba.com   |
| ZUMBA FITNESS  | SYNC LAB SESSION - JANUARY 2021  | Home Study                           | 0.3 | 12/31/21 www.zumba.com   |
| ZUMBA FITNESS  | SYNC LAB SESSION - MARCH 2021  | Home Study                           | 0.3 | 12/31/21 www.zumba.com   |
| ZUMBA FITNESS  | TAKE THE LEAD: BUILDING CONFIDENCE + CONNECTIONS                         | Home Study                           | 0.4 | 12/31/21 www.zumba.com   |
| ZUMBA FITNESS  | ZUMBA INSTRUCTOR LICENSING PROGRAM/BASIC STEPS 1                         | Home Study                           | 1.0 | 12/31/21 www.zumba.com   |
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