

NAWIC Granite State Chapter #218

Member Biographies



Fran Bates



NAWIC Member since: 1975

Business: L.K. Ladd, Incorporated
5 South State Street
Concord, NH 03301
Phone: (603)224-1892
Email: frantastic01@comcast.net

Position: RETIRED Administrative Assistant

Job Description: Responsible for all office and secretarial duties such as accounts payable and receivable.

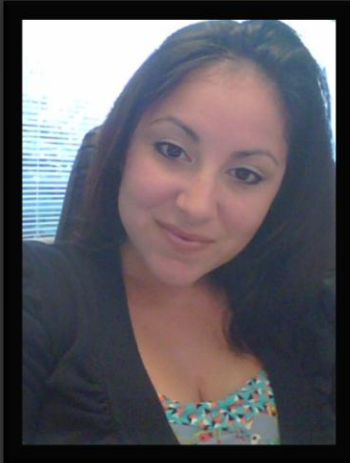
Company Description: Industrial Building Construction company

Affiliations:

- Fran was one of 25 women who were the initial Charter members for this Chapter.
- Past Chapter president and Vice President for Chapter #218. Fran has been very active in all APC and Forum events and her enthusiasm and beaming personality is contagious to be around.



Krystal Cabral



NAWIC Member since: 2013

Business: Synergy Construction Industries, LLC
99 Northeastern Blvd, Suite 100
Nashua, NH 03062
Phone: 877-210-3245 ext 205
Email: KrystalCabral@Synergy-Gov.com

Position: President / Owner

Company Description: Synergy Construction Industries, LLC is a Nashua, NH based Full-Service General Contractor, specializing in all facets of vertical construction including, but not limited to; Commercial, Industrial, Mechanical, Single Family and Multi Family Construction.

Education

- BA in business Marketing from SNHU in 2005

Interests: I walk the Boston 2 day Avon Walk for Breast Cancer annually and also donated 14 inches of my hair last September to Locks of Love. I love spending time with my 2 beautiful children and watching them grow more everyday! I also enjoy time with family, friends, outdoor activities, fall camping, BBQs, fairs, crafts and event planning.

Paula Cantara



NAWIC Member since: 2009

Business: The Rowley Agency, Inc.
139 Loudon Road
Concord, NH, 03302
Phone: (800) 238-3840
Email: pcantara@rowleyagency.com
Website: <http://www.rowleyagency.com/>

Position: Senior Account Manager in the Bond Department (1976 – Present)

Affiliations

- ◉ Secretary – NAWIC
- ◉ Treasurer – NH Good Roads Association Board of Directors

Kathy DesRoches



NAWIC Member since: 2014



Business: Manchester Community College
1066 Front Street
Manchester, NH 03102
Phone: 603-206-8000
Email: kdesroches@ccsnh.edu
Website: www.mccnh.edu/wdc

Position: Director of Workforce Development

Kathy has worked in workforce development for 20 years. She began her work in this area with the NH T2 program, an LTAP program which provides technical assistance and training to local and state public works agencies. She provides customized training and workforce development to companies in NH. She also works with the NH Job Training Fund.

Education:

- ◉ Doctorate in Educational Leadership, Plymouth State University, 2015

Interests: Kathy enjoys spending time with family, friends, and her dogs. She loves learning, whether in the education field or learning about new business, she also enjoys hiking, reading, yoga, and Pilates.

Mary Devine



NAWIC Member since: 2013

Business: United Rentals Trench Safety
2 Sutton Circle
Hooksett, NH 03106
Phone (508) 353-1455
Email: mdevine@ur.com
Website: <http://www.unitedrentals.com/>

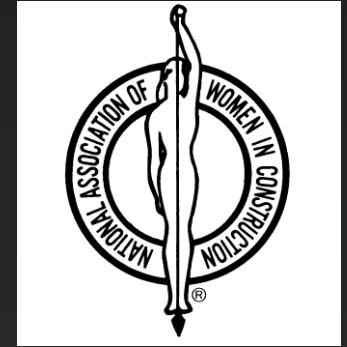
Position: Shoring Specialist

Job Description: Mary provides trench safety solutions for underground projects. Solutions range from site specific engineered solutions to trench boxes. She also rents and sells confined space equipment and pipe testing equipment. Her territory is Maine, NH & Vermont.

Education/Affiliations/Certifications

- ◉ B.S. in Business Administration from U Mass Lowell
- ◉ M.L.A. in Marketing from Harvard University.

Peggy DeWever



NAWIC Member since: 1975

Business: A & D Office Services
Portsmouth, NH
Phone: (603) 431-7671

Job Description: Accounting & Bookkeeping for Small Construction Firms

Affiliations:

- Peggy was one of 25 women who were the initial Charter members for this Chapter.
- Past Chapter president (three terms), Vice President and Director for Chapter #218. Also was a past Regional Director - NAWIC

Elaine Hamel



NAWIC Member since: 2011

Business: Girls at Work, Inc
463 Riverdale Road
Goffstown, NH 03045
Phone: 603-345-0392
Email: elaine.hamel@yahoo.com
Website: www.girlswork.org

Position: Director/Founder

Job Description: Hamel has been renovating homes for nearly 25 years and started building with young girls 21 years ago. Twelve years after Girls at Work started, she has had the great fortune to have had over 5,000 girls go through the program. While building was the initial goal, the deeper mission has become the process that enables girls at risk to discover how powerful, strong and capable they are. Girls at Work, Inc. proudly partners with many non-profit agencies serving at-risk youth in New Hampshire and throughout New England.

Interests: Hamel enjoys spending time in the winter empowering volunteers from all over the country to help rebuild homes for those still in need, in New Orleans. She also enjoys time with her awesome little grandkids Hannah and Parker and her incredible friends and family. Also a 2010 Leadership New Hampshire graduate, she is extremely honored to be on this journey with so many wonderful folks that are committed to the mission of Girls at Work, Inc.

Beth Hamilton



NAWIC Member since: 2013

Business: City of Nashua
Office of the Mayor - Economic Development
229 Main Street
Nashua, NH 03060
Phone: 603-842-9058
Email: esmilton311@gmail.com
website: www.nashuadares.com

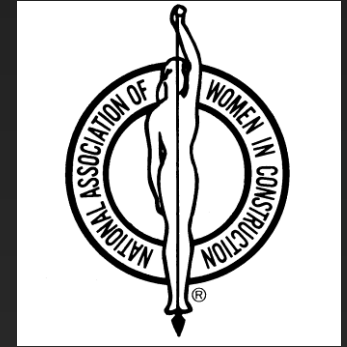
Position: Program Coordinator

Job Description: Beth assists in the coordination of the Economic Development Program for the City of Nashua. She manages three revolving loan funds, manages public outreach, edits a monthly newsletter, and coordinates visits to businesses with the Director of Economic Development and the Mayor of Nashua.

Education/Affiliations

- Jacksonville State University – Bachelor of Arts degree in History (2010)
- Executive Board Member of NH Public Works Association
- Executive Board Member of the NH Public Works Mutual Aid Program

Dorothy Howland



NAWIC Member since: 1975

Business: Domenick Zanni Sons, Inc.
22 Lakeview Avenue
Reading, MA 01867
Phone: (781) 944-1610

Affiliations:

- ◉ Dorothy was one of 25 women who were the initial Charter members for this Chapter.

Karen Long



NAWIC Member since: 1999



Business: Amethyst Environmental Ltd.
22 Lee Hill Rd.
Lee, NH 03861
Phone: (603) 659-4442
Email: amethystnh@gmail.com
Website: <http://www.amethyst-environmental.com/amhome.html>

Position: President and CEO

Company Description: Amethyst Environmental is a leader in environmental services. The pipeline services offered include spot repairs, short liners, line cleaning, TV inspection, testing and sealing, chemical sealing and manhole rehabilitation. Consulting services such as site investigation and remediation, waste management counseling and occupational health and safety are also available.

Education/Recognitions/Affiliations

- University of New Hampshire graduate
- 2012 Darlene H. Johnson Volunteer Achievement Award from the NAWIC Education Foundation (NEF).
- Amethyst Environmental is a WBE/DBE Company in NH, MA, RI and CT.
- Past President and current Board of Directors– NAWIC Granite State Chapter #218.
- Secretary of the Board of Trustees for the NAWIC Education Foundation.
- Vice President of NAWIC Education Foundation (NEF)
- Call Firefighter for Town of Lee (28 Years)
- Budget Committee Member Town of Lee
- Chair of Education Committee, Safety & Health Council of Northern New England

Lisa Martin



NAWIC Member since: 2011

Business: Quantum Construction Consultants, LLC
27 Locke Road, Concord, NH 03301
Phone: (603)224-0859
Email: LMartin@quantum-cc.com
Website: <http://www.quantum-cc.com/>

Position: President and CEO

Company Description: Quantum Construction Consultants, LLC is a unique firm specializing in the bridge and roadway infrastructure needs of municipalities. QCC has been providing structural and civil engineering services to state, municipal, and private clients throughout New England since 1999. QCC is certified as a Disadvantaged Business Enterprise in the States of New Hampshire, Maine and Vermont.

Experience: Lisa brings more than 30 years of experience in civil and structural engineering and project management to the firm. Her experience includes rehabilitation and replacement of municipal and state bridges, civil support services including hydraulic analyses and drainage design, building design, design of retaining walls, dams and hydroelectric power facilities, restoration of historic structures including stone arch bridges, and forensic and design services for buildings.

Susan Merrill



NAWIC Member since: 1999

Business: F. L. Merrill Construction, Inc.
35 Veteran's Drive
Loudon, NH 03307
Phone: 603-228-5558
Email: smerrill@flmerrill.com
Website: www.FLMerrill.com
www.pembrokesandandgravel.com

Position: Secretary

Company Description: F.L. Merrill Construction, Inc. was founded in 1990 by Frank L. Merrill. We are a family owned and operated construction company specializing in site work and road construction. Over the years the company has expanded into various related fields, including trucking, mobile crushing operations and ownership of Pembroke Sand & Gravel.

Education/Affiliations/Certifications

- Board Member on the Speedway Children's Charity Board at New Hampshire Motor Speedway in Loudon, NH.

Katherine Miskoe



NAWIC Member since: 2007



Business: Harvey Construction
10 Harvey Road
Bedford, NH 03110
Phone: 603-624-4600
Email: kmiskoe@hccnh.com
Website: www.harveyconstruction.com

Position: Project Manager

Job Description: Oversight of all construction operations from preconstruction through final closeout. Ensure construction is managed efficiently and that all schedule, budget, safety, program and quality goals are achieved. Direct the MEP coordination and Building Information Modeling process. Projects included Concord Hospital Meg/Surg Fitout and UNH Parsons Hall Major Renovations

Education/Certifications

- ◉ BS in Mechanical Engineering from Clarkson University 1992
- ◉ Leadership in Energy and Environmental Design Green Building Design & Construction (LEED BD & C) certification
- ◉ National Association of Women in Construction – Construction Industry Technician (NEF CIT) certification

Interests

- ◉ Spend lots of time with my two boys and all their busy activities and car racing!

Kathy Peppers



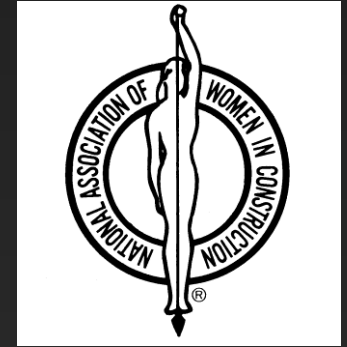
NAWIC Member since: 2012

Business: Manchester Roofing
163 Back River Road
Bedford, NH 03110
Phone: (603) 647-7506
Email: manchesterroofing@yahoo.com
Website: <http://www.manchesterroofingco.com/index.php>

Position: President and Owner

Company Description: Manchester Roofing is a family owned business that was founded by Marc LaPointe in 1989. Marc's wife Kathy Peppers now runs and operates Manchester Roofing Co., Inc. and is proud to be a WBE (Women Based Entity). Projects range from single family homes, condominiums, historical buildings, commercial buildings, industrial buildings and government buildings. Some of the specialty services include: slate repair/replacement, flat roofs, rubber roofs, pitch pockets, skylights and weathervane placement.

Helene Pike



NAWIC Member since: 1975

Business: The Rowley Agency, Inc.
139 Loudon Road
Concord, NH, 03302
Phone: (800) 238-3840

Position: RETIRED

Affiliations:

- Helene was one of 25 women who were the initial Charter members for this Chapter.

Catherine Schoenenberger



NAWIC Member since: 2008

Business: Stay Safe Traffic Products, Inc.
38 Lowell Road Westford, MA 01886
(toll free) 866-692-2114
Email: staysafetraffic@aol.com
Website: www.staysafetraffic.com

Position: President & Owner

Job Description: Leading supplier of traffic control and safety products throughout New England. Products include signs, posts, brackets, Hi-Vis clothing, barricades, traffic cones, drums, delineators, message boards and more.

Affiliations

- NAWIC National Director Northeast Region 14 2014-2015
- NAWIC National Director Northeast Region 2015-2016
- National Chair Diversity Committee for American Public Works Association (APWA)
- President & Founder New Hampshire Construction Career Days
- President-Elect New Hampshire Public Works Association (NHPWA)

Certifications

- American Traffic Safety Services Association nationally certified Flagger Trainer
- Massachusetts Department of Transportation approved State Certified Flagger Trainer
- Work Zone Safety Instructor

Awards

- Volunteer NH Award 2012 in recognition of work done with NH Construction Career Days (individual award)
- Volunteer NH Award 2011 in recognition of all the work our NH NAWIC Chapter did (group award to NAWIC)
- NAWIC National 2014 Member of the Year



Liz Skidmore



NAWIC Member since: 2014

Business: Carpenters Local 118
PO Box 1097 /146 Lowell St
Manchester, NH 03105
Phone: 603-491-2406
Email: eskidmore2@aol.com
Website: www.carpenterslocalunion118.org

Position: Business Manager

Bio: Since 2012, Liz has been the Business Manager for Local 118, which covers the state of New Hampshire. She has also spent the last 25 years working to bring more women into the high-skill, high-pay world of union construction by helping plan & lead three international Carpenters Women's Conferences and leading women's carpenters committees. She was a founding member of the Building Pathways New Hampshire program, a union Building Trades pre-apprenticeship program that just graduated it's first class of eight New Hampshire women who are on their way to long-term careers in the trades.

Affiliations

- Co-Founder of the Policy Group on Tradeswomen's Issues
- Building Pathways New Hampshire
- New England Regional Council of Carpenters
- Carpenter's Union since 1989

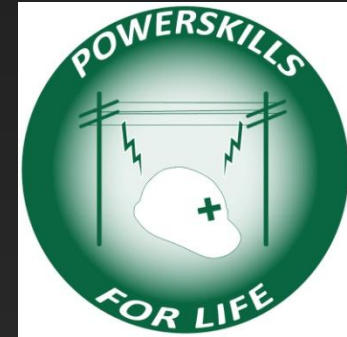
Patricia Stagno

NAWIC Member since: 2008

Business: Powerskills for Life, LLC
PO Box 278, Goffstown, NH 03045
Phone: 603-475-8348
Email: pstagno@comcast.net
Website: www.Powerskillsforlife.com or www.PS4L.com

Position: President and Owner

Job Description: Patty provides safety training and compliance consulting for construction, manufacturing, maritime, building facility maintenance and utility industries. She specializes in technical and operational training in High Voltage Electrical, NFPA 70E, Arc Flash Analysis, OSHA and NESC. PS4L is accredited as a Woman Owned Business (WOB), Veteran Owned Business (VOB) and Disadvantaged Business Enterprise (DBE) in the States of New Hampshire and New Jersey.



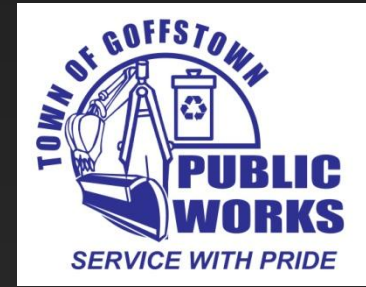
Certifications

- Certified Utility Safety Professional, CUSP
- Certified Safety & Health Specialist from Keene State College: Emergency Management, Construction, General Industry, and Industrial Hygiene
- Certified CPR, First Aid instructor
- Certified MA Roadway Flagger
- Certified 3M and OSHA Respirator Trainer
- Certified Forklift (Powered Industrial Truck) Trainer
- Certified DHS Trainer for CERT (Citizens Emergency Response Teams, WMD (Weapons of Mass Destruction), and Incident Response to Terrorist Bombings).
- Authorized - OSHA Outreach Trainer: Maritime, Construction and General Industry

Affiliations

- National Association for Women in Construction (NAWIC)
- National Fire Protection Association (NFPA)
- Goffstown Citizen's Emergency Response Team (CERT)
- American Society of Safety Engineers (ASSE)
- National Association of Safety Professionals (NASP)
- American Society for Training & Development NH (ASTD)
- Safety & Health Council of Northern New England (SHCNNE)
- Northeast Training Association and International Nuclear Power Operations (N.E.T.A., I.N.P.O)

Meghan Theriault



NAWIC Member since: 2010

Business: 404 Elm Street
Goffstown, NH 03045
Phone: 603-497-3617 ext 280
Email: mtheriault@goffstownnh.gov
Website: <http://goffstown.com/dpw.html>

Position: Town Engineer

Job Description: Manage work for Goffstown Engineering Department - Design of plans and specifications for road reclamation and utility projects, permitting, review Planning Board site plans and subdivisions, perform construction inspection and contract administration for ongoing construction projects, communication with residents, coordination with NHDOT/ NHDES/Private Consultants on all grant projects, assist DPW Director with annual budget/Road Plan/CIP and long term project planning, oversee/mentor college interns.

Interests: I love the outdoors – hiking, atving, snowshoeing and fishing. Spend lots of time playing with my two sons digging in the sandbox, building with Legos or lincoln logs, arts and crafts or just exploring outside. Also enjoy spending time with family and friends.

Education/Certifications

- BS in Civil Engineering from University of New Hampshire
- Professional Engineering License #11664
- LGC Leadership Training – Level I & II
- NHDES Culvert Maintainer License
- NH Snow Pro Certified

Awards

- WZID's 20 Outstanding Women in NH – Feb 2014
- PMA Legacy Award – April 2014
- APWA Young Leader Award – May 2014
- NAWIC Executive Spotlight Award – Sept. 2014