



Ashford Central School News

Friday 24th May, 2019

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www.ashford-c.schools.nsw.edu.au | facebook.com/AshfordCentralSchool

NEW CROSS COUNTRY COURSE A SUCCESS!

The champions for the 2019 Cross Country:

PRIMARY



- ◆ Minor Girl Champion: Oceania Gold
- ◆ Minor Boy Champion: Sam Baker
- ◆ Junior Girl Champion: Sarvana Gold
- ◆ Junior Boy Champion: Zane Charles
- ◆ Senior Girl Champion: Montannah Fomiatti
- ◆ Senior Boy Champion: Cameron Garrett

SECONDARY



- ◆ Junior Girl Champion: Alana Nenadic
- ◆ Junior Boy Champion: Mackenzie Fomiatti
- ◆ Senior Girl Champion: Hannah Drady
- ◆ Senior Boy Champion: Joe Lockett
- ◆ Open Girls Champion: Charlotte Thompson
- ◆ Open Boys Champion: Nathan Whalley

Congratulations to these champions and to all of the other students who participated in the event and contributed to their houses championship points, with this years winning house being Macintyre, closely followed by Fraser and Severn respectively.

RECORDS

This year saw the 1st place getter for each division set a new record for their respective age category. This is due to the introduction of the new course. In future years to come we will see great contests for new records to be set.



PRINCIPAL
Ben Delanty



CAPTAIN
Charlotte Thompson



VICE CAPTAIN
Summer Lavender



PRIMARY CAPTAIN
Montannah Fomiatti



PRIMARY VICE CAPTAIN
Micaiah Donaldson



CROSS COUNTRY







Self Esteem
Education and
Development

#BOYS MATTER TOO



with keynote speaker

BEN MCKENZIE

from SEED Workshops

Friday 31st May

Workshops and Team Challenges for Teen Boys

Inverell RSM and Varley Oval.

I had no clue what today was going to be like, but it was excellent. The best bit was learning to be more respectful and actually use the actions of respect, even if it is to stop my way of 'joking around'. Ben taught me to be respectful and think before I do; that things I say may hurt someone else, and that I can be more of myself in a better way. Today has made me feel more confident and stand up for myself and others.

Hassan, Year 9

"I didn't think I'd learn anything today, but I learnt a lot. These workshops were engaging, entertaining, interesting and insightful. I'm grateful to have this kind of learning experience because I learnt life skills that will help me, not just now, but in the future. Everyone should do this program. It's the best".

Marcus, Year 10

#BoysMatterToo Workshop & Challenge Day

Male students from across our region are invited to participate in a #BoysMatterToo workshop and challenge day on May 31st in Inverell. The day will be held at both the Inverell RSM and Varley Oval.

Ben McKenzie and Catherine Manning from SEED Workshops will conduct a 2.5 hour interactive workshop for teen boys in years 7-10 on Friday May 31st. The workshops will focus on three main areas, the social construction of masculinity, maintaining healthy relationships and managing stress. When the boys are not in a workshop, they will be participating in team challenges hosted by Inverell's Ministry of Personal Training at Varley Oval. These challenges will test the boys mental and physical skills whilst working as a team.

SEED Workshops specialise in educating teens through interactive workshops to enhance self-esteem, positive body image and respectful relationships.

Presenter Ben McKenzie is not just an educator, he is also a successful comedian, actor and producer. Ben is passionate about helping young men deal with issues around self-identity, relationships and mental health.

Catherine Manning is the founder of SEED Workshops and her experiences in working with teens and involvement in children rights advocacy groups has led her to create workshops to provide teens the tools to address pressures facing our teen boys.

SEED Workshops program is a fun, inspiring and interactive workshop to help foster and enhance self-esteem, positive body-image and respectful relationships. SEED aims to plant the seeds and provide the tools for teens to become critical consumers of advertising and media messaging, to foster healthy relationships with friends and peers, and to take the reins in their own lives. SEED Workshops use a holistic approach, utilising a range of teaching techniques to help people THRIVE.

Permission notes for the school event [REDACTED] are to be returned to the school by Monday the 27th May.

Catherine Manning, CEO, SEED Workshops.

"Every child has such potential and deserves the opportunity to thrive, but many are feeling suffocated by the onslaught of media and advertising directed at them at every turn. With the unprecedented increase in adolescent mental health issues, never before have I felt it so necessary for us to connect with young people and give them the tools to help decipher potentially harmful messages, and to help them realise they are not alone. It is an absolute privilege to deliver these tools in a fun, inspiring and positive way through our SEED Workshops program."

Testimonial:

"SEED Workshops is an amazing, innovative program. Its presenters have a unique skill of capturing immediate attention and rapport with all participants. Every single student involved will walk away with an intrinsic sense of empowerment, self-awareness and self-confidence. I encourage all proactive schools to commit to providing such a valuable educational resource to the students of their school community."

Nicky Johnston | Happy Hero | Educator | Speaker | Author/Illustrator 'Go Away Mr Worrythoughts' series & 'Actually, I Can'



It's back!

Earn 1 sticker for every \$10 you spend.

Collect as many stickers as you can between now and 25th June 2019.



Bring the stickers into the ACS office, so we can redeem them for new equipment!



On Thursday the 9th May, Future Focused Learning students held a Mother's Day morning tea to celebrate our wonderful mums, grandmas and carers. Thankyou to those of you who made the effort to come into classes and attend the morning tea.

Students spent lessons busily beading, clay-making, potting succulents, cooking, welcoming guests, plating up and serving in preparation for the morning and during the event. It was a beautiful morning showing appreciation to these very important people.

A huge thankyou to the office ladies who helped organise and supervise in the kitchen and a special thankyou to Stuart Bradley and Miss Mackay for donating the succulents they'd worked hard to cultivate.



Year 11/12 Hospitality Catering Event

The Year 11 and 12 Hospitality class catered for their parents on Monday 13th May. This was a requirement of a Year 12 Assessment task. The students did a great job and need to be commended on their teamwork, work ethic and catering skills.

Menu

Entrée

Tomato and Basil Bruschetta on Crunchy bread
Moroccan Sausage Rolls

Main

Tender Chicken breast seared with honey and mustard and served with a medley of Roasted Vegetables

Dessert

Strawberry Cheesecake Stack



Ashford Central School Winter Uniform



As the weather, cools parents are reminded of the correct school uniform. Students are to wear long pants in dark navy or dark navy tracksuit pants. Tracksuit pants to match the school jackets are pictured (left).

The jacket and track pants are available for purchase through the school's office.

The jackets are \$20.00 and the track pants are \$22.85 for children's sizes (e.g. 4 - 16y) and \$25.15 for the adult sizes (e.g. S - XL)

Please note that North West Sport jumpers and Roosters Football jackets are **NOT** school uniform.

Pictured below are examples of the summer uniform



Kindergarten! ... here I come!



- ◆ Is your Preschooler coming to Ashford Central School next year?
- ◆ Are they attending the Transition Program yet?

If not, call the school today!

Chess Northwest Round 2



Ashford Central School's chess team travelled to Guyra Central School on the 8th of May. The team consisted of Ty Blunsdon, Nathan Whalley, Rohan Guest, Leroy Dedula, and Alexander Bradley. Some of the students were nervous about how difficult the round could be. The games started off with a lot of tension. Both Ashford and Guyra were thinking deeply about every move they made. After the first 20 minutes, Ashford had won four out of four matches, and the day seemed to be going our way. Guyra had not given up and pulled a number of the games back into their favour. Through resilience and deep concentration Ashford managed to lose only two games! As an added bonus, both Leroy and Ty managed to win all of their games. Congratulations to every member of the team - it was a well deserved win!

Ashford - 10 Guyra - 2 Stalemates - 4

May 2019



Mon

Tue

Wed

Thu

Fri

27

28

29 Yr 12 Hospitality -
catering @ the Bowling Club

30 School Planning
Committee Meeting 3.05pm

31 #BoysMatterToo
Workshop Yrs 7-10

June 2019

Mon

Tue

Wed

Thu

Fri

3 Armajun Hearing
Tests, UNE HSC Booster
Excursion

4 Central Schools
Secondary Touch Football
16s

5 Central Schools
Secondary Touch Football
opens

6 P&C Meeting 4pm @ ACS

7

10 *Queens Birthday*
Long Weekend,

11

12

13

14 North West Cross
Country,

17 Armajun Hearing
Tests

18

19 UNE Discovery
Voyager Yrs K-6

20 UNE Discovery Voyager
Yrs 7-10

21

24 Life Education Van,
Athletics Carnival

25 Life Education Van

26 Life Education Van,
Inverell Eisteddfod K-6,
OORALA Boys Yr 11/12

27 OORALA Boys Yr 11/12
Leadership Camp

28



Ashford Central School recognises the struggles and stresses the current drought is having on our community.

We would like to offer our shower facilities and washing machine to community members who are low on water, **FREE** of charge. Facilities are available during times the cleaning and teaching staff are present at school.

For more information please don't hesitate to contact the office.



2019 Term 2 PBL FOCUS "Between Classes"



TERM 2 - WEEK 3			
Infants	Jorjah Foelz	Sam Baker	Arya Green
Primary	Montannah Fomiatti	Shakaya Stevens	Bailey Foelz
Secondary	Teneal McGee	Josie Thompson	

ASHFORD CENTRAL SCHOOL

Star learners who demonstrate Safety, Teamwork, Achievement and Respect

Safety

- ★ Walk directly to class when bell rings
- ★ Line up sensibly outside classrooms
- ★ Place bags neatly outside classrooms
- ★ Move safely in stairwells
- ★ Keep to the left

Teamwork

- ★ Encourage others to move promptly and directly to class
- ★ Know your own timetable and help others

Achievement

- ★ Arrive and leave class on time
- ★ Have correct equipment ready for class
- ★ Eat all food before class and put in bag after recess and lunch

Respect

- ★ Move quickly and quietly
- ★ Keep hands and feet to yourself
- ★ Remove hats before entering rooms
- ★ Respect others' property
- ★ Allow others to arrive to class on time

BETWEEN CLASSES

Community News

Thought of the Week

Be led by your dreams and not pushed by your problems!



St Patricks Catholic Church

Mass Times 10.30am each Sunday, except the 5th Sunday of the month. Liturgy is at 10.30am. All are welcome to attend.



* All health care needs * Wound care
* Distance dispensing service *
Baby care & nutrition * Sunglasses
* Health & beauty products



Phone 02

**Campbell & Freebairn
Pharmacy**
Albury Street Ashford

Phone 02 67254013



Thank you

Inverell Legacy

Thank you to the Anzac Day 2up players at Ashford. They raised \$168.50.

This will be used to provide winter heating subsidies for the 8 Legacy beneficiaries in Ashford.

Ashford Rural fire Brigade

Next meeting will be held the second Wednesday of each month,
7.30pm at the fire station
unless notified otherwise.
All members are asked to attend.



WANTED TO

BUY

“TREADMILL”

Must be in good condition

Please Phone

67 254 034

ASHFORD MEMORIAL BOWLING CLUB

Lucky Members'

Drawn at 8.30pm on Friday

Progressive Members' Draw starts

at 7.15pm @ \$20. If not won, it

increases by \$10.00 every 15

minutes till 8.00pm.

Meat tray raffles start at 6.30pm.



Happy Hour - Wednesdays 5.30 - 6.30pm

Thursdays 5.00pm - 6.00pm

Euchre & Uno - Saturday, 2.00pm start & Raffle

Social Bowls - Saturday 7.00pm start

CATERING ON FRIDAY NIGHTS,

SATURDAYS AND SUNDAYS

(take-away menu on Saturdays)

5.00-8.00pm • Bookings desirable.

Phone 67254202

Website: www.ashfordbowling.club

Email: office@ashfordbowling.club



Catering available on alternative days for private functions. Minimum 20 people.

Bookings essential—Phone 67 254 202



For

Design, Survey & Construction of
Earthworks.

A loader is also available for desilting of
dams

Contact John 0427 254 116

Or Maree 0438 294 646.

Ashford Medical Centre Information

Doctors Visiting Ashford

Dr Abbas, from Texas, is at the Community Health Centre, Saturday 8.00am for blood tests and normal surgery from 9.00am to 5.00pm.

There is a hospital at Texas. The phone number for the doctor on these days is:- (02) 67 262 000.

Phone number for the doctor at Texas Surgery is (07) 46 531 363.

To make appointments or any other days, call Campbell & Freebairn Chemists, Ashford, on (02) 67254013.

CHEMIST

The chemist is open on Monday to Friday, 9.00am to 12.30pm and then 1.30pm to 5.00pm. Closed for lunch from 12.30 to 1.30. Saturdays 9.00am to 12.00pm.

If prescriptions are needed they can be dropped at the chemist by 11.30am for the afternoon delivery which is here by 2.30pm. Any scripts after that time won't be out until the next afternoon. There are no deliveries on Saturdays.

OTHER NECESSARY PHONE NUMBERS

Community Health Centre: (02) 67 262 030

H.A.C.C. Phone Number: (02) 67 254 479

Blood tests are done Thursday fortnightly.

WOMEN'S HEALTH CLINIC

@ Ashford Medical Centre

Tuesday 4th June, 2019

Phone Jodi Lennon RN

for an appointment

0428 630 959

Duncan Coole
PAINTER & DECORATOR
BUILDING MAINTENANCE




Repaint Specialist

- Wall Papering
- Renovations
- Commercial
- Residential
- Insurance

Ph: 0428 437 848

Lic No: 158982C NSW Lic No 1104272 QLD
 ABN: 69 041 866 798



Ashford Home Support Programme
 (Previous known as HACC)


This service vehicle is available to all eligible clients for transport for medical appointments within a set area. As a general rule, the boundaries are; Toowoomba, Goondiwindi, Warwick, Tamworth and Armidale.

Due to the current demand, if you need the vehicle, ring the office and book as early as possible. Cost for this service depends on where you need to go. Day Centre is held each Tuesday from 10am to 2pm with a bus trip outing on the 4th Tuesday of each month. If you would like to join in for Day Centre call the office for more information.

A shopping bus service is available from Ashford to Inverell on a fortnightly basis (Pension Day Thursday). The cost is only \$10 return and passengers are collected from home & returned to their home. For further information contact the office.

Office hours are -
 Monday 8.30am - 3.00pm
 Tuesday 8.30am - 3.30pm
 Friday 8.30am - 3.00pm

If unattended please phone the office on 67254479 and leave a message.



Inverell Basketball

COME AND TRY

Wednesday's 4.30pm-5.45pm

At the Inverell Stadium


AGED 5-16 years old

****Aimed at new players and players not currently playing comp****

ALWAYS CHECK FACEBOOK TO ENSURE IT IS ON as it is run by volunteers. Parents and helpers are welcome.

For more info message our Facebook page!

Let's get Junior Basketball thriving in Inverell again!!!



Games. Food. Friends. Bible Talk.

Term 2

We have an exciting year planned for the Ashford Community Church Youth Group! Every Friday night, 6pm-8pm. Youth Group is open to all high school aged students in the community and has no cost. Hope to see you all then!

Regards, Ashford Community Church Youth Leaders.

SPROUT

RURAL PTY LTD

Tru Value 20kg - \$27.50
 Cobber Working Dog 20kg - \$45
 Drover 20kg - \$30
 Game On 20kg - \$49
 Bonnie Puppy 20kg - \$45
 Chum Chicken/Beef cans 12x1.2kg - \$37

*\$12.50
Mulch*



Pryde's Easi Result 20kg - \$33
 Mitavite Gumnuts 20kg - \$31
 Maxisoy - \$26
 Omega Weightgain 20kg - \$37
 Steamed Barley & Molasses - \$25
 007 Horse Bricks - \$8.50
 Fortamin Hoof Care Block - \$36
 iO Equi Dose wormer paste - \$12

Heaps of new stock in store! Some of our products include: Poly Fittings, Animal Feed (dog, cat, horse, goat, pig, bird, chook, calf milk), Animal Health (worming, lice, flea management), Gardening products, Oils & Lubricants, Nuts & Bolts, Fishing Tackle, Lick Blocks, Shearing Supplies & sooo much more! If we don't have what you need, chances are we can get it in for you! Come have a yarn & see what we can do for you.



Sprout Rural are your local Bushmans agent, so if you're after a trough or tank, give us a call 67 254 023 or call in and see us at 37 Albury street, Ashford



RuralBiz Training RTO Code 90782

Chemical Card Plus Course

Expression of Interest for Funding

Fully accredited chemical course

Initial and refresher accreditation

AHCCHM307 & AHCCHM304

Coolatai Hall

9am start

Friday 21st June

Expression of interest required by 23/5/19

(Require name, address, phone number & email address for funding application).

Morning tea and lunch provided

Ph Angela Stewart 0428 882 083

sr.am.stewart@bigpond.com

* Funding is subject to Government Approval. If approved there will be no charge

* Should it rain, and everyone is busy, we can postpone the course for 3 weeks

**YETMAN
YES
-WE-
CAN!**

YETMAN

**LONG WEEKEND
MUSIC FEST**

**FREE
ENTRY**

**FOOD
AND
DRINK**

BYO

STALLS

WHEN? SAT 8 JUNE - YETMAN HALL
SUN 9 JUNE - TERRY BARNES OVAL

WHO? CHRISTIAN POWER &
LONESOME TRAIN - 2 LIVE SHOWS
AND
COMEDIAN PETE DENAHY

BLUEGRASS



Comedian, Event MC
and Bluegrass Musician
Pete Denahy

ROCKABILLY



Christian Power &
Lonesome Train



**FREE
ADMISSION**

LIVE SHOWS - SATURDAY 7PM & SUNDAY 12PM ★ FOOD & DRINK FOR SALE ★
LOCAL PRODUCER STALLS ★ OPEN MIC ON SUNDAY ★ ACCOMMODATION



Australian Government

ENQUIRIES:
REBECCA KING 0409 903 884
JEN KILNER 0407 741 914



INVERELL
SHIRE COUNCIL

YETMAN YES -WE- CAN!



FURTHER DETAILS:

BREAKFAST
available at Yetman
Store from 8am
Sunday

Head to the Codfish
for dinner Sunday
night

Bring your picnic
lunch on Sunday or
support a community
stall

BABYSITTING for
children up to age
13 will be available
from 8-12 Saturday
night.

Stay up to date at



Australian Government

A weekend of comedy, bluegrass & hillbilly rock

CHRISTIAN POWER & LONESOME TRAIN

Australia's favourite rockabilly playboys, Christian Power & Lonesome Train, the Wollongong based trio are well known across the country and beyond, for their good time appeal with fans of all ages.

The trio play a fantastic mix of originals and classics, all cooked up to an infectious, high energy, rockabilly beat. They work as a three piece consisting of lead man, Fender endorsee and funny guy, Christian Power on guitars, the inimitable Jordan C. Thomas on the upright slap bass, and bangin' the skins, stand-up style is Rob Laurie. All three provide main and harmony vocals and terrible gags.

Christian Power & Lonesome Train can be seen playing at the countries major music and culture festivals and have also travelled the world to bring all the fun to troops serving overseas in war zones in Iraq, Afghanistan, Israel, United Arab Emirates, East Timor and Solomon Islands.

PETE DENAHY

Pete Denahy is a comedian and bluegrass musician hailing from Yackandandah in Victoria. He is a singer songwriter whose show includes everything from serious ballads to ridiculous stories and songs with a twist.

Pete wrote the 'teenager song' Sort Of Dunno Nothin', which went viral on YouTube and is seen as a Gen Y anthem.

Pete's show is popular at music festivals and connects with all ages. Pete has toured with Slim Dusty, Sara Storer, Troy Cassar-Daley, Lee Kernaghan and has worked in the Melbourne comedy scene with Akmahl Saleh, Elliot Goblet and Flacco.

Being half Japanese, Pete draws much inspiration from his late grandfather Kido Zenichi, a well respected musician in Hiroshima. In 2013, Pete travelled Japan playing bluegrass and country.

ACCOMMODATION

With Christian Power and Lonesome Train performing across two days, spend your June long weekend in Yetman! Accommodation includes:

YETMAN CARAVAN PARK \$10 per tent or caravan (2 people) per night for powered and unpowered sites. Call 07 4675 3231.

CODFISH HOTEL YETMAN Rooms are \$65 twin or \$50 single. Call 07 4675 3100.

WONGALEA CAMPGROUND A working cattle station 17km south of Yetman. Riverside campsites from \$10/night (unpowered).
Book at: <https://youcamp.com/view/wongalea>

A joint initiative of Yetman Hall & Progress Association and Inverell Shire Council, supported by the Australian Government's Drought Communities Programme.



INVERELL
SHIRE COUNCIL

Ashford Bowling Club Kitchen

**Catering on Friday Saturday
and Sunday!!!**



**Thursday Pizza's
by Tash!**

5pm—8pm

\$14.00 each

Dine in or Takeaway!

Friday 5pm until 8pm



**Saturday 12pm til 8pm
(Takeaway menu available)**



Sunday lunch 12 - 2pm



All welcome!

Booking's Desirable

Joe 0413 776 558

67254202



ASHFORD RURAL TRANSACTION CENTRE

30-32 Albury Street Ashford NSW 2361

Phone 67254455

Fax 67254445

Email ashfordrtc@ashfordonline.com.au

WHAT'S ON !

Joblink plus

Wednesday 29th May, 2019

Vet

Mobile Vet 0448156854

Ashford Business Council meeting

TBA

Some of the services available at your RTC

- ✓ Australia Post
- ✓ Inverell Shire Council – rates payments, caravan park fees payment, sulo bin purchases
- ✓ Human Resources Agency – Centrelink, Medicare Child Support - lodge forms, job search computer and phone available
- ✓ Tourist Information Centre
- ✓ Public Library
- ✓ Public access computers and Internet
- ✓ Faxing, Photocopying and Scanning
- ✓ Laminating
- ✓ Justice of the Peace services
- ✓ Greeting cards
- ✓ School and office stationery
- ✓ Giftware
- ✓ Cold drinks
- ✓ Peter's ice creams
- ✓ Milk – plain and flavoured
- ✓ Wilshire Texas goods – dog, cat and chook food, potting mix, or anything you need can be ordered in