#### ~ LIBRARY MISSION ~

Our mission is to provide access to quality healthcare information and resources in order to support the educational and research needs of library users, including physicians, nurses, managers, other healthcare professionals, all other employees, the public, patients and their families.

## **AHS LIBRARIES NEWSLETTER**

Volume I

Issue 3

Fall - 2013

# NEW: UptoDate can be accessed through a mobile app for iPad, iPhone or Android phones

You need to register an account using an Atlantic Health computer.

#### **INSTRUCTIONS:**

1. Go to uptodate.com using a hospital computer.



#### **INSIDE THIS ISSUE**

Up-to-Date App for iPad, iPhone or Android phones

Apply APA Style in Word Document / Joanna Briggs Available for MMC / New Books / Quit Smoking Apps 2-5

6-8

OMC Guest Resident / Consumer Health Publications / New Books / OMC Library News 2. Click on Register

Log In / Register

- 3. Fill out the registration form
- 4. Uptodate will send you an email → "Important UpToDate registration information"
- 5. Go to your app store (iPhone or iPad) or Play Store (Android devices). Search and download UpToDate app.
- You will then be able to access UptoDate with the mobile app instead of going through the web.



#### Name This Newsletter

The library staff is considering suggestions for our joint campus newsletter.

Send suggestions to

library.overlook@atlantichealth.org

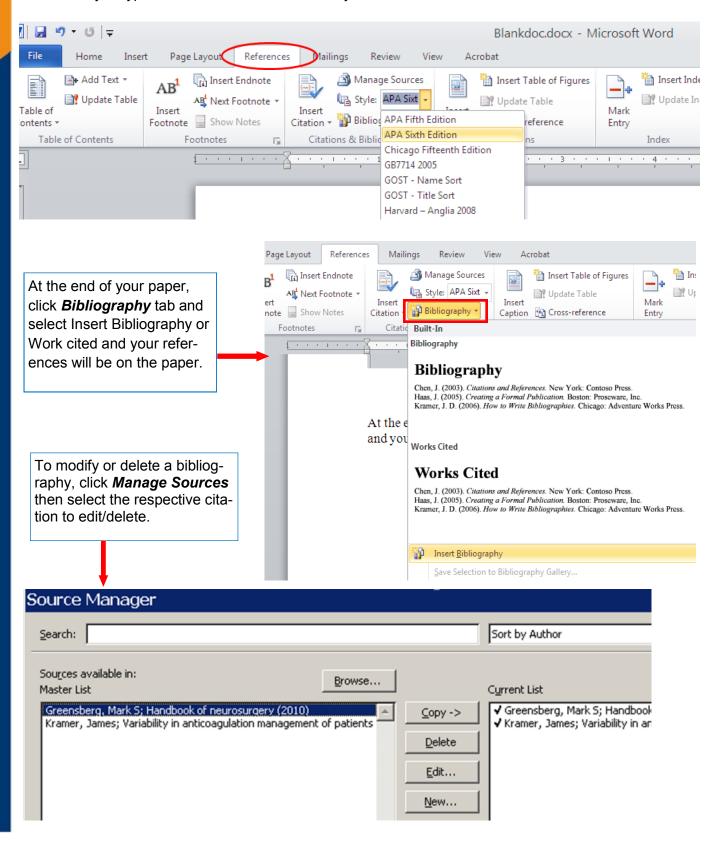




NOTE: You will need to log in to <a href="www.uptodate.com/login">www.uptodate.com/login</a> from an AHS computer every 30 days to verify that you are still eligible to use UptoDate App.

## **Built-in APA Style in Microsoft Word**

In a word document, click on the **References** tab, then from *Insert Citation-Style* select the format you need such as APA Sixth Edition from the drop-down menu. Then click Add New Source under *Insert Citation*, input all your references by source format such as Journal Article, Book, or Web Site, etc. The information you typed in will be saved automatically.



### New Database: Joanna Briggs Institute Evidence-Based Practice (Morristown)

This comprehensive database covers a wide range of medical, nursing, and health science specialties and includes a unique suite of information that's been analyzed, appraised, and prepared by expert reviewers at JBI so users can integrate the world's best evidence into everyday health practice.

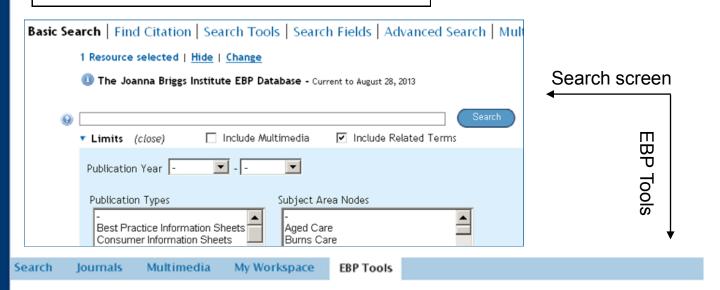
The JBI EBP database has ten tools that you can use for appraisal and implementation, quality improvement, and research.

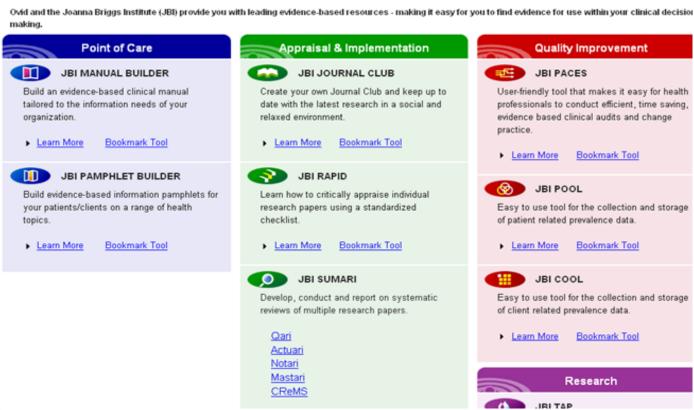
Access: Available only at MMC

**Library** → **Literature Searching** → **OVID Databases** 

Publication types in JBI:

- Evidence Based Recommended Practices,
- **Evidence Summaries**
- Best Practice Information Sheets
- Systematic Reviews
- **Consumer Information Sheets**
- Systematic Review Protocols
- **Technical Reports**  $\Diamond$





## Do you like the ClinicalKey database?

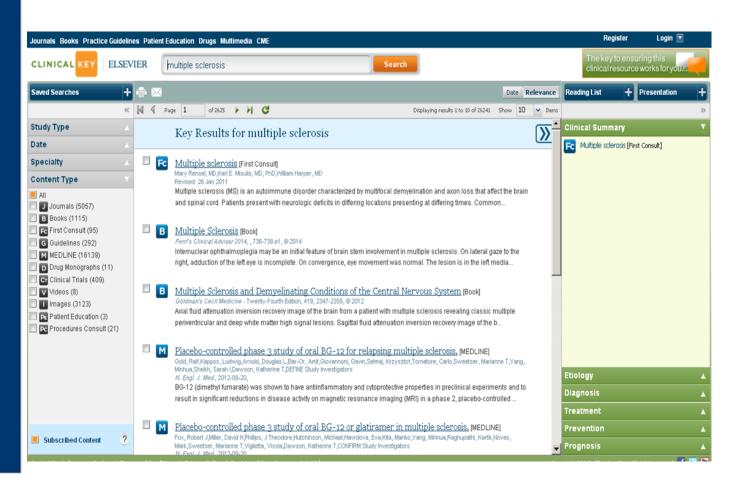
A trial of Elsevier's new Clinical Key database is now available until October 25, 2013.

Continuously updated, the database features:

- Elsevier Smart Content ensures faster search and more relevant results.
- ALL Elsevier medical and surgical journals (over 500)
- Selected third-party journals and content sources
- ALL Elsevier medical and surgical reference books (over 1000)
- ALL medical and surgical clinics of North America
- ALL First Consult point-of-care clinical monographs
- ALL Procedures Consult content and associated videos
- ALL Clinical Pharmacology drug monographs from Gold Standard
- ALL Elsevier medical and surgical videos (over 13,000+)
- · Millions of medical and surgical images
- Over 2,000 Practice Guidelines
- Elsevier and third-party published patient education handouts in both English and Spanish, where available.

**To access,** go to the library home page, *ClinicalKey* link is on the right column. Or simply type <a href="https://www.ClinicalKey.com">www.ClinicalKey.com</a> in the IE address bar to start searching.

# Give it a try and send comments to: <a href="mailto:library.mmh@atlantichealth.org">library.mmh@atlantichealth.org</a>, or <a href="mailto:library.overlook@atlantichealth.org">library.overlook@atlantichealth.org</a>.

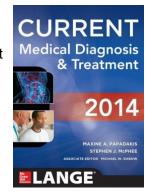


### **New Books**

Available through **Library** → **E-Books** → **AccessMedicine** .

Written by clinicians renowned in their respective fields, *CMDT* offers the most current insight into symptoms, signs, epidemiology, diagnosis, and treatment for more than 1,000 diseases and disorders.

You'll find concise, evidence-based answers to questions about hospital and ambulatory problems. This streamlined clinical companion is the fastest and easiest way to keep abreast of the latest diagnostic advances, prevention strategies, and cost-effective treatments.





Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5)
By American Psychiatric Association

Available at: MMC Library Reference collection | REF WM 15 D536 2013 OMC Library Reference & Circulation | WM 15 D536 2013

The most comprehensive, current, and critical resource for clinical practice available to today's mental health clinicians and researchers of all orientations. DSM-5 is used by health professionals, social workers, and forensic and legal specialists to diagnose and classify mental disorders, and is the product of more than 10 years of effort by hundreds of international experts in all aspects of mental health.

## **Quit Smoking Apps**

The following apps are compatible with iPhone, iPod touch, and iPad.

•MyQuit Coach – Dare to quit smoking <a href="https://itunes.apple.com/us/app/livestrong-myquit-coach-dare/id383122255?mt=8">https://itunes.apple.com/us/app/livestrong-myquit-coach-dare/id383122255?mt=8</a>

The LIVESTRONG.COM MyQuit Coach application allows you to design a personalized plan to help you quit smoking. Through this intuitive iPhone app, you'll evaluate your current status, set attainable goals and adjust preferences according to your needs. You'll have the option to choose to quit smoking right away or gradually decrease your daily nicotine intake.

•My QuitLine https://itunes.apple.com/us/app/my-quitline/id308725811?mt=8

My QuitLine by Teatime Media puts you in touch with FREE expert advice to help you quit smoking. This app connects you--by phone or by live help-- with a trained quit smoking counselor at the National Cancer Institute Quitline.

•NCI QuitPal <a href="https://itunes.apple.com/us/app/nci-quitpal/id561732676?mt=8">https://itunes.apple.com/us/app/nci-quitpal/id561732676?mt=8</a>

NCIQuitPal by National Cancer Institute is a free smartphone app to support smokers working to become smoke-free. This interactive app is developed using proven quit strategies and tools to help change behavior and assist you with giving up smoking.

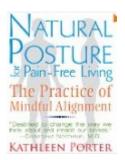


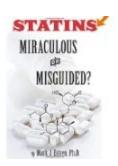
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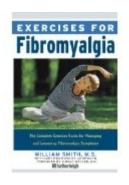
•QuitGuide https://itunes.apple.com/app/quitguide/id411766556?mt=8

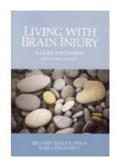
QuitGuide is a free application that was developed by MMG, Inc. for the Tobacco Control Research
Branch of the National Cancer Institute (NCI). This guide was written by tobacco control professionals
and cessation counselors with the help of ex-smokers and experts. It can help you prepare to quit smoking and
support you in the days and weeks

## **Selected New Consumer Books at OMC**









Natural Posture for Pain-free Living Statins: Miraculous or Misguided?

**B A Potter** 

Exercises for Fibromyalgia

Wm. Smith

Living with Brain Injury

R. C. Senelick

## **Consumer Health Publications available at OMC Library**







Men's Health



Consumer Reports on Health



**Arthritis Today** 



**Health After 50** 



**Coping with Cancer** 

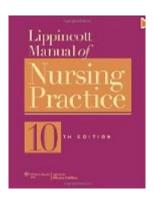


**Hope Healthletter** 



University of California, Berkeley Wellness Letter

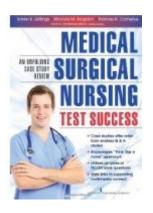
## **Selected New Acquisitions at OMC**



### Lippincott Manual of Nursing Practice

10th Edition / 2014

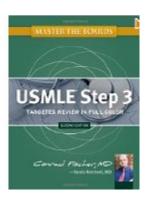
Nettina



#### Medical Surgical Nursing Test Success

1st Edition / 2013

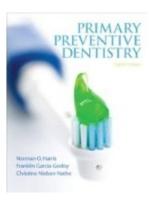
Gittings



## Master the Boards USMLE Step 3

Edition 2 / 2012

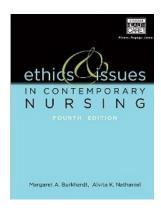
Fischer



#### **Primary Preventive Dentistry**

8th Edition / 2014

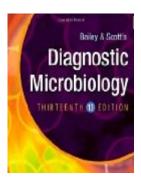
Harris, Garcia-Godoy, & Nathe



## Ethics & Issues in Contemporary Nursing

4th Edition / 2014

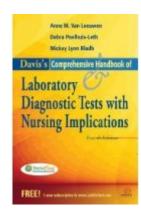
Burkhardt



## Bailey and Scott's Diagnostic Microbiology

13th Edition / 2014

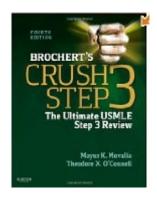
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### Davis' Comprehensive Handbook of Laboratory and Diagnostic Tests with Nursing Implications

5th Edition / 2013

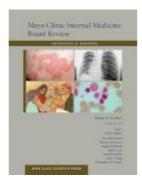
Van Leeuwen



#### **Brochert's Crush Step 3**

4th Edition / 2013

Movalia



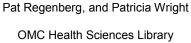
#### Mayo Clinic Internal Medicine Board Review (Set)

10th Edition / 2013

Ficalora

## **COMMUNITY NIGHT OF NETWORKING IN SUMMIT**







The Summit Community Night crowd enjoying the band on the Village Green.

The Summit Department of Community Programs hosted a networking event for Summit area nonprofit organizations and city departments at the Summer Nights concert series on Tuesday, July 23rd.

The OMC Library CLIP program (Consumer Library Information Prescription) was represented there by Medical Librarian Pat Regenberg and Library Technician Patricia Wright. Many interested parties visited the CLIP table. CLIP information was distributed to visitors at the event.

## **OMC Archives**

The OMC Library has a designated archive room containing photographs, newspaper clippings, nursing year-books, medical instruments, and other memorabilia from Overlook's rich history.

Both members of the OMC Library Staff have completed training in various aspects of archiving through the New Jersey Collections Care Network initiative and are working toward preserving the historical media in their care.

Plans are being made to to catalog each item online so that images can subsequently be accessed through the internet.

