NEW LIFE IN CHRIST



Volume 1

Basic steps of the Christian life

This is the English edition of **NEW LIFE IN CHRIST**. It was originally produced in Spanish as *NUEVA VIDA EN CRISTO*. Its purpose is to give you a solid foundation for your Christian life. When you answer the questions in each lesson, avoid copying the Bible text word for word. Try to answer using your own words. This will help you to better understand what you are studying.

In addition to the specific content, each lesson has practical projects to make the material more useful for your life. The appendices at the end of the book have pages to cut out and paste into your Bible. Make use of them.

When you finish with Volume 1, continue with Volume 2

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You may download a free copy of this book at the following

website: www.NewLifeDiscipleship.com

For free materials in Spanish go to: www.obrerofiel.com

It is also available in Spanish French, Ukranian, Russian and

Swahili. It will soon be available in Romanian. The document is in PDF format and requires Adobe Acrobat Reader to be read. Acrobat Reader is free and can be downloaded at: http://www.adobe.com

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TABLE OF CONTENTS

Teacher's C	Guide	4			
Introduction to the Christian Life					
Step 1	Saved!	6			
Step 2	Secure!	8			
Step 3	Victorious!	10			
Step 4	Lord of All	12			
Step 5	Living in the Spirit	14			
Step 6	God Speaks to Me	16			
Step 7	Talking with God	18			
Step 8	Meeting with God Every Day	20			
Step 9	My Church	23			
Step 10	Witnessing!				
Step 11	Baptism & Communion				
Step 12	The Family	29			
Step 13	Following Jesus				
Annendice	s 33				



- 1. We congratulate you for accepting the challenge of discipling a new believer using New Life in Christ as your guide. The results of this study can produce eternal fruit.
- 2. Let the Bible always be your authority in answering the questions. The student should look up the Bible passages by him or herself and try to answer the questions based on what the Bible says.

Some new believers need a brief orientation to finding the references in their Bibles.

- 3. This manual may be used in many different ways. In most cases, you will study one lesson a week, encouraging the disciple to do all the assignments in each lesson.
- 4. Try not to let your sessions get too long.
- 5. Encourage the student to answer the questions in his or her own words. Avoid having the student copy the Bible word for word. This will help him to analyze the meaning of the texts studied.
- 6. Avoid preaching. Use questions to discover what the student understands and to stimulate active participation.
- 7. Prepare well for each session yourself. As the teacher, you should be familiar with the content and key concepts of each lesson.

Your preparation should include prayer for the student and for your hearts to be prepared for the lesson.

8. Try to have the student think about the practical implications for his or her life. Help him/her to understand specific, practical applications.

The assignments in the boxes to the side of each lesson are designed for this purpose. Make use of them.

- 9. Help the student cultivate the habit of prayer. Teach him or her yourself by praying together.
- 10. It is important to understand that discipleship is much more than studying the thirteen lessons of New Life in Christ. Discipleship implies a life change for the disciple.

This manual is just an initial help. The student needs continuous help in seeking to change his or her character, ways of thinking, habits, etc.

11. It is of the utmost importance that the student learn habits like daily Bible reading, prayer, and Scripture memorization.

At the beginning of each lesson, take time to review the previous memory verse and ask him or her how the daily Bible study is going. Do not scold the student if he has not completed some of the assignments, but it is necessary to encourage him to do them.

12 Be sensitive to what God is doing in the disciple's life. Take time out of each session to answer any questions he or she might have, or to help with facing problems in his or her personal life.

Keep in mind that there are times when it is not possible to get to every question in the lesson, because of lack of time. In these cases, choose the questions of most importance to discuss.

Welcome to the family of God

When you trusted in Christ, you began a new life, an adventure with Christ. The aim of this book is to make you familiar with what the Bible says about the Christian life. Growth in Christ is a process. Every day we need to be fed and to walk with Christ. As we dedicate time to our new relationship with Him, we will progress toward maturity.

Walking with Christ every day

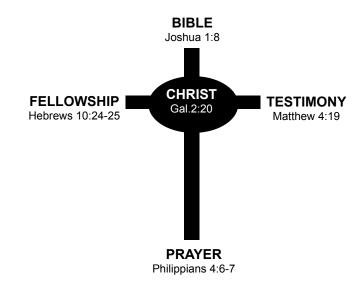
- 1. Read the Bible every day in order to know Christ better.
- 2. Talk with God every day through prayer.
- 3. Allow God to control your life, submitting yourself to His will.
- 4. Talk with others about Christ.
- 5. Seek out fellowship with other believers in a church where Christ is preached.
- 6. Look for one or two believers with whom you can pray and speak regularly about your successes and failures.
- 7. Demonstrate your new life through your love and interest in others.

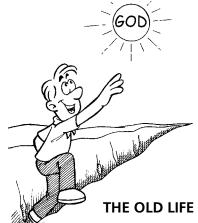
Make Christ the center of your life

The Christian life may be represented by this picture of a cross. Christ is the center of our new life. We live in submission to Him.

The vertical line represents our relationship with God through the Bible and prayer.

The horizontal line represents our relationships with others. We seek fellowship with believers in the church. As for those who are not believers, we should tell them about Christ.





Step 1 **Saved**

____ To be saved, it is only necessary to believe that God exists. _ Sin causes a separation between God and man.

Answer TRUE (T) or FALSE (F)

		am saved by going to church and doing good things.
	THE OLD LIFE	DECISION TIME
1.	According to Ephesians 2:1, what was our condition before C us eternal life?	Libraryon phradic accorded Cl
2.	Read Romans 3:23. Does that mean <u>everyone</u> sinned? Yes	
	If that was the case, what was our condition before Christ sa	ved us? TO RECEIVE CHRIST
3.	The Bible says that we were condemned. Why? (John 3:18) _	 Admit that you are a sinn Don't try to hide it any lo Decide to distance yourse from sin. Repent.
тн	E WORK OF GOD	3. Believe that Christ died for sins and rose from the de 4. Ask Jesus to come into you heart to forgive your sins
4.	In Ephesians 2:4-5, how is God described?	take control of your life. The following prayer could se
5.	According to this passage, what has God done for us?	a model of how to receive Ch Dear Lord I know that I am a sinner and need your forgiveness. I belie
6.	Look at Romans 5:8. How does God demonstrate His love fo	died for my sins and rose fron dead. I want to leave sin beh and live a pure life. Come int heart, and be my savior. I wa follow you as my Lord. Thank
7.	Read Ephesians 2:8-9. God decided that we would not be sa works (v. 9). What kinds of good deeds do people perform in	ved by our for saving me. Amen.
	be saved?	THINK ABOUT II
8.	We are saved by through	one and everything that you
	Grace means "an undeserved gift". In other words, God gav salvation freely, even though we did not deserve it.	Think about your future. Hac continued with the old life, yo would have faced the judgme
9.	In whom should we have faith in order to be children of God	, , , , , , , , , , , , , , , , , , , ,
	3.26)	His great love.

1E

dy accepted Christ? No 📮

HRIST

- t you are a sinner. o hide it any longer.
- distance yourself Repent.
- at Christ died for your se from the dead.
- to come into your orgive your sins and ol of your life.

orayer could serve as w to receive Christ.

m a sinner and that I iveness. I believe you ns and rose from the o leave sin behind, life. Come into my my savior. I want to ny Lord. Thank you Amen.

ГΙΤ

our home and everything that you love. sin affect them?

our future. Had you the old life, you ced the judgment of velation 20:11-15 , thanking God for

GROWING STRONGER

It is important to form habits that will help you grow in your new life.

As exercise strengthens the body, there are spiritual disciplines that help you to grow in Christ.



These disciplines include:

Bible study prayer memorizing Bible verses.

In addition to completing these lessons, it is important to read a portion of the Bible and pray to God every day.

This week read chapters 1-7 in the book of John, one chapter per day.

Pray to God before reading, preparing your heart to receive what He is going to tell you through His Word.

After reading each chapter, pray again, talking with God about what you have read.

With God's help, I commit to reading a chapter a day in my Bible.

D	ate

Memorize Ephesians 2:8-9

"For it is by grace you have been saved, through faith, and this not from yourselves, it is the gift of God, not by works, so that no one can boast."

In Appendix #1 you will find some cards to help you memorize the verses in these lessons.

10.	. Tell in your own words what it means to have faith in Christ
тн	E NEW LIFE
11.	. For what purpose did Christ come? John 10:10
12.	. What does God offer to the person who accepts Christ? John 1:12
13.	. According to John 5:24, what happens when a person accepts Christ?
14.	. What did God create us for, according to Ephesians 2:10?
	Note that we are not saved <u>by</u> works but we are saved <u>for</u> good works.
15.	. Read 2 Corinthians 5:17. To be "in Christ" means to have accepted Him as Savior. So, if someone is in Christ, what does he or she become?
16.	Explain in your own words the phrase, "the old has gone, the new has come":
IN	SUMMARY
,	your own words, summarize what we have studied.
1.	What was your life like without Christ?
2.	What did Christ do for you?
3.	How should you show in your daily life the new life that God gave you?



How do you feel as you read these affirmations? Do they give you confidence?

Step 2 Secure!

		ver TRUE (T) or FALSE (F) Right now I can be sure that I am saved. God wants me to sin so He can show more of His love. If I sin and die without confessing it, I am still saved.
1.	Read Romans 8:38-39. Once we have accepted Christ, is there	any way GIVING THANKS
	we can be separated from the love of God?	According to John 10:28-29, you are in the hand of Jesus Christ, and
Rea	ad John 10:27-29 and respond to questions 2 through 7	at the same time you are in the Father's hand.
2.	What is offered to us? (v. 28)	Think of how protected your life is
3.	Who gives eternal life? (v. 28)	in those hands! No wonder it says two times that no one can snatch us from that place.
4.	Can something eternal come to an end?	
	The verb "give" is in the present tense. This indicates that we a have eternal life. Eternal life does not begin when we die, but rethe moment in which we accept Christ as our personal Savior.	
5.	When will we perish? (v. 28)	
	This refers to the fact that eternal life never ends.	
6.	Could someone or something snatch us out of <u>Christ</u> 's hand? (v	7. 28)
7.	Could someone snatch us out of the hand of our <u>Father</u> ? (v. 29	something against the will of God.
No	w read Ephesians 1:13-14 and respond to questions 8 - 9.	Although God loves me, He hates my sin. Think about and write down two
8.	What is the work that God did in us? (v. 13)	
9.	When were we sealed? (v. 13)	1
	God gave us the Holy Spirit as a guarantee ("pledge") of the factorist to Him until Christ comes for us.	
	Read "Who am I in Christ? in Appendix # 2, at the end of a	the book.



THIS WEEK

This week, pray for one of your family members who has not yet received Christ. Ask for their salvation. Write down their name:

Having trouble finding passages in your Bible? Here's a tip. Memorize in order the names of the first ten books of the New Testament:

Matthew

Mark

Luke

John

Acts

Romans 1 Corinthians

1 Communan

2 Corinthians

Galatians

Ephesians

10. Read 1 John 5:11-12. Do you have eternal life?							
How can we know for sure whether we have eternal life or not?							

WARNING

11. Now that I am saved, why shouldn't I play around with sin?	
Romans 6:1-2.	

Read **Hebrews 12:5-10** and respond to questions 12-13.

12. Since I ar	n a child of G	iod, He disc	iplines me.	Why does	He do this?	(v. 6)
13. For what	purpose doe	s God discip	ا) ?oline me	v. 10)		

GOD GIVES ME A CHOICE

It is not God's desire that you sin. But, as human beings, we are subject to temptation. This means that we still struggle against sin in our lives.

What happens when you sin? You do not lose your salvation, but it can affect your fellowship with God. As the loving Father that He is, He has provided the way of escape from temptation and also the means for us to draw near to Him if we do sin. We will study this in detail in Step 3.



GROWING STRONGER

Read John 8-14 this week (one chapter per day).

Memorize John 10:27-28

"My sheep listen to my voice; I know them, and they follow me; I give them eternal life, and they shall never perish; and no one can snatch them out of my hand."

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Read 1 Corinthians 3:11-15. Every Christian will be judged. It will not be to see if they are saved, but rather to test their works.

If his works were pleasing to God, the Christian will receive a reward. If they weren't, he will lose these special rewards (these rewards are not the same as salvation, since the person already has salvation according to v. 15).

Will you receive rewards or will you just barley make it into heaven?



12. Proverbs 4:14-15 _____

13. 2 Timothy 2:22 _____

Step 3 **Victorious!**

If we sin and we	te (F) d, it is inevitable that we will sin, because we are so weak. confess it to God, He will forgive us. enemies who tempt us.
WE ARE ENGAGED IN A BATTLE	DIGGING DEEPER We are all tempted, but this doesn't
The Bible says that God is not the one who tempts us (James 1:13). then are our spiritual enemies according to the following passages?	Temptations are part of being
1. James 4:4	come them.
2. Galatians 5:17	we can resist them.
3. 1 Peter 5:8	3. In every temptation, God
How should we respond to each enemy?	always provides an escape.
4. To the world (Romans 12:2)	WILL I EVER
5. To the flesh (Galatians 5:16)	
6. To the devil (James 4:7)	36 / 31
WE CAN BE VICTORIOUS	Meditate on these truths
7. Who is greater than Satan? (1 John 4:4)	and BELIEVE
8. Who lives in the believer? (1 Corinthians 3:16)	THEM!
9. Who gives us the victory? (1 Corinthians 15:57)	
GOD GIVES US RESOURCES TO BE VICTORIOUS	AFFIRMING THE TRUTH
According to the following passages, what should we do to avoid for temptation?	The Christian <u>can</u> conquer temptations. Can you recall a time recently when you were tempted
10. Psalm 119:11	
11. Matthew 26:41	
	i e

DIGGING DEEPER

- that encourage us.
- 1. Temptations are part of being human. It is possible to overcome them.
- 2. God puts limits on temptations; we can resist them.
- 3. In every temptation, God always provides an escape.



AFFIRMING THE TRUTH

The Christian can conquer temptations. Can you recall a time recently when you were tempted and overcame it with God's help?

MAKING THINGS RIGHT

The one to whom I should confess my sin is God (Psalm 32:5); but there are cases in which this is not enough. I need to go one step further.

If my sin has affected another person, I should seek out that person and ask his or her forgiveness as well (James 5:16; Matthew 5: 23-24).

Paraphrasing the Apostle John: How can I be right with God, whom I don't see, if I am not right with my neighbor, whom I do see? (1 John 5:20)

THIS WEEK

This week, pray to God for a friend, co-worker, classmate, or neighbor who needs to know Jesus Christ.

This week I will pray for:

Memorize the next ten books of the New Testament, reviewing the first 10 from the last lesson:

Philippians
Colossians
1 and 2 Thessalonians
1 and 2 Timothy
Titus
Philemon
Hebrews
James



GROWING STRONGER

Read John 15-21 this week (one chapter per day).

Memorize 1 John 1:9

"If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness."

WE CAN BE FORGIVEN

14. According to	1 John 1	1:8, can	anyone,	even	Christians,	claim	to be	5
sinless?								

By sinning, the fellowship between God and the believer is broken. God is not happy, and although He loves us, He will not listen to our requests while we are unwilling to confess our sin.

15. What should we do to be forgiven? (read 1 John 1:9) _____



HOW SHOULD I CONFESS MY SIN?

Confessing is not just saying, "I sinned." True confession requires several things:

- a. Be sincere.
- b. Be repentant (truely sorry and desiring to not commit that sin again).
- c. Be specific (telling God precisely what I did).
- d. Be quick to recognize my error. As soon as I realize that I have sinned, I should confess it. Otherwise, I am in danger of falling into more sin.
- e. Be humble by asking forgiveness of those people who were affected by my sin.
- f. Accept forgiveness. We should not continue to reproach ourselves for sins that we have already confessed. If God has forgiven us, we must accept His forgiveness, and believing, give Him thanks. Reject Satan's accusation that we can't be forgiven.

16. According to	1 John 1:9,	what happens	when I	l confess	my sin?
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h			

SUMMARY

- 1. Who are our spiritual enemies?
- 2. What resources do we have to conquer them?
- 3. If we sin, what should we do to be forgiven?

WHO'S IN CHARGE OF MY LIFE?

Step 4 Lord of all



Answer	TRUE (T) or FALSE (F)
	I have the right to control my own life. If I yield control of my life to Christ, He'll take away all my fun. I know how to run my own life. No one else has any right to tell me what to do.

W	WHO'S THE BOSS?				
WC	One of the titles that is often used to refer to Christ is "LORD." Although the world lives today in rebellion against God, one day every knee will bow before Christ and every tongue will confess that He is Lord. (Phil. 2:10-11).				
1. What does it mean to say: "Jesus is Lord of my life"?					
2.	Why does Christ have the right to rule my life?				
	Colossians 1:16				
	2 Corinthians 5:15				
	To whom does my life belong now?				
M`	Y RESPONSE				
3.	If Christ owns me, how should I respond to Him, according to 2 Corinthians 5:15?				
4.	Read Galatians 2:20. This verse summarizes one of the essentials of the Christian life. Explain the following phrase: "I no longer live, but Christ lives in me."				
	To be "crucified with Christ" means that my old life died, or remains behind me. Now I have new life in Christ, with power to conquer sin.				
5.	How should I live this new life in Christ? See the second part of Galatians 2:20.				

CHECK UP

There are many things that are not bad in themselves but can come to take the place that only Christ should occupy in our lives.

Mark the things that are hindering the work of Christ is your life:

■ Belongings	☐ Friends
☐ Ambition	□ Work
☐ Entertainment	☐ Habits
Your character	☐ Family
☐ Other	

THINK ABOUT IT

surrender to	nder to Christ's control?					
		_				
		_				
		_				

What specific areas do you need to

THIS WEEK

Now finish memorizing the following books of the New Testament, reviewing the other names of the ones you already learned:

> 1 and 2 Peter 1, 2, and 3 John Jude Revelation

CONQUERING FEAR

Does it scare you to think about surrendering your life completely to Christ?



Here are some reasons people have for being afraid to surrender to Christ. Mark those that affect you.

- ☐ I fear that Jesus really does not understand my problems.
- I'm afraid Christ will command me to do something I can't fulfill.
- ☐ I fear that Christ won't let me marry the person who will make me happy.
- ☐ I'm afraid God will take away my friends and fun things I do.
- ☐ I fear that I won't be faithful, or not fulfill what He wants me to do

Now read 1 Peter 5:6-7. In light of this passage, do you think there is any basis for your fears?

Yes 🖬 No 📮



GROWING STRONGER

Read Acts 1-7 (one chapter per day).

Memorize Galatians 2:20

"I have been crucified with Christ; and I no longer live, but Christ lives in me. The life I live in the body I live by faith in the Son of God, who loved me and gave Himself for me." 6. What is a good way to know if Christ is Lord of my life? Luke 6:46

- 7. Why is it so necessary to yield my life to Christ's control?
 - ✓ I cannot serve two Lords. I have to decide whether I'm going to serve God or serve the world. I can't please both (Luke 16:13).
 - ✓ Without Christ as the guide of my life, I am a slave to sin (Romans 6:16).
 - ✓ One day I will have to stand before the judgment seat of Christ to give an account (2 Corinthians 5:10).

WHO IS MOST CAPABLE OF MANAGING MY LIFE?		
	Jesus	Myself
Who always desires the best for my life?		
Who knows what is best for my life?		
Who is able to do what's best for my life?		
Willo is able to do what's best for my life?	_	_

WHAT MUST I SURRENDER TO CHRIST?

Some areas of my life that I should surrender to Him are:

8.	Romans 12:1
	Isaiah 26:3
	Ephesians 5:15-16
	2 Corinthians 9:6-7

A DAILY SURRENDER TO CHRIST

Romans 12:1 exhorts us to surrender our <u>bodies</u> to Christ. The following prayer may serve as a model for this daily surrender.

"Lord, I surrender myself to you.
Take my mind and what I think
Take my eyes and what I see
Take my ears and what I hear
Take my lips and what I speak
Take my heart, what I feel and my attitudes.
Take my hands and what I do
Take my feet, where I go
Take my body, it is your temple.
Fill me with your Holy Spirit.
I want to obey you.

I want to do your will."





Step 5 Living in the Spirit

Answer TRUE (T) or FALSE (F) The Holy Spirit is a "ford The Holy Spirit gives us The Holy Spirit dwells in	ce" of God. understanding of our sin.	
	DIGGING DEEPER	
us sent the Holy Spirit ohn 15:26).	According to 1 Corinthians 6:11, who is the Holy Spirit?	
Holy Spirit in	See also Acts 5:3-4	
ist to be born again rn again"?		
	THINK ABOUT IT	
person who accepts	Ephesians 1:14 says that the Holy Spirit Himself is the "guarantee" or "down payment" of our salvation. How does this truth make you feel?	
n water, but rather of Christ, that is, the ughout the world.		
v child of God is God's first believes (v.14).	MY RESPONSE Knowing that our body is the temple of the Spirit of God, how should we	
ne temple of God, and nis means that the n.	take care of our body? See 1 Corinthians 6:19-20.	
т:		

THE INITIAL WORK OF THE HOLY SPIRIT

When He ascended to the Father in heaven, Christ Jesu (the Spirit of Truth) to give testimony about Himself (Jo

- 1. According to John 16:8-9, what is the work of the unbelievers?_____ 2. The Holy Spirit causes the person who accepts Chri (John 3:3-8). What does it mean to you to "be box

In addition, the Holy Spirit does other things in the Christ, as we will see below.

3. According to 1 Corinthians 12:12-13 we were all _ into one body by the Spirit.

Baptism with the Spirit does not refer to baptism in to the Holy Spirit making us members of the body church, which is made up of all true believers throu

4. According to Ephesians 1:13, we were _____ by the Holy Spirit of promise.

To be "sealed" with the Spirit means that the new secure possession from the moment that he or she

5. According to 1 Corinthians 3:16, the Christian is th the Holy Spirit ______ in him or her. Th Spirit truly and permanently indwells each Christian

SUMMARY OF THE INITIAL WORK OF THE SPIRI'

✓ Convicts of sin

- ✓ Seals forever
- ✓ Causes the new birth
- ✓ Dwells in our body
- ✓ Baptizes us into the body of Christ

THIS WEEK

Share your testimony (how you came to know Christ) with one person.



Maybe this could be with the person you have been praying for.

DIGGING DEEPER

Read Jude 20. What does "praying in the Holy Spirit" mean? See question 8.

GROWING STRONGER

Read Acts 8-14 (one chapter a day).

Memorize 1 Corinthians 12:13

"For we were all baptized by one Spirit into one body whether Jews or Greeks, slave or free — we were all given the one Spirit to drink."

THE CONTINUING WORK OF THE HOLY SPIRIT

6. What did Christ promise about spiritual knowledge, according to

John 14:26?

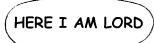
What joy to know that the Spirit of Christ Himself teaches us!

- 7. The Holy Spirit knows us intimately. What else does He do for the believer, according to Romans 8:26-27? ______
- 8. Romans 8:14 says that the Holy Spirit leads the Christian. In order to be led by the Holy Spirit, the Christian should:

Galatians 5:16

To be filled with the Spirit or to walk in the Spirit means that the Christian is controlled and guided by Him. This is demonstrated by the fruit mentioned in Galatians 5:22-23.

HOW CAN I BE FILLED WITH THE HOLY SPIRIT?



- ✓ When you realize that you have sinned, confess it to God. Do not wait for sin to build up (1 John 1:9). In addition, it is necessary to accept by faith the forgiveness that God offers you.
- ✓ Present yourself to God. Permit Him to control your life, submitting to His will (Romans 6:13).
 Review the prayer at the end of the previous lesson.
- ✓ By faith appropriate the filling of the Holy Spirit, that is, believe that He is controlling you. Begin to act and live according to that faith.

SUMMARY OF THE SPIRIT'S WORK IN THE BELIEVER

He teaches the believer

He intercedes for the believer

He guides the believer

He fills the believer

He glorifies Christ (John 16:13-14)



Step 6 God speaks to me

-		origin. help is able to understand the Bible. the Bible, it's important to meditate on it.
W	HAT IS THE BIBLE?	
1.	What does 2 Timothy 3:16 say about the origin of the Bible?	THIS WEEK
	The word "inspired" found in some translations literally means "breathed by God." What does this tell us about God's Word?	How are you doing on the Bible readings assigned in each lesson? Are you reading a chapter a day?
	This verse says that Scripture is inspired by God. If that's so, could there be any errors in it?	When reading the Bible, have you seen that its power has touched your heart or changed your life?
2.	In what way is the Bible different from other books? Hebrews 4:12	☐ Yes ☐ No Tell someone about what you are learning in your readings.
3.	Explain how the Bible serves as a sword in your life. (Heb. 4:12)	If up until now you have not read your Bible regularly, why not start
TH	E PURPOSE OF THE BIBLE	today?
4.	The Bible feeds you spiritually. To what is the Bible compared in 1 Peter 2:2?	With God's help I commit to reading my Bible (suggestion: one chapter a day)
	What would happen to the Christian who neglects to read the Bible?	Date
5.	The Bible guides you in your daily life. To what is the Bible compared in	Memorize in order the names of the first 14 books of the Old
	Psalm 119:105?	Testament: Genesis
	What is a lamp used for?	Exodus Leviticus
	We live in an age of confusion. There are many "teachers", churches and friends who want to give us advice. How do we know which one has the truth? God gave us the Bible for this very purpose, to enlighten our minds and to help us to evaluate the advice that they give us.	Numbers Deuteronomy Joshua Judges Ruth
6.	The Bible helps you to not sin (Psalm 119:11). What does "I have hidden	1 and 2 Samuel 1 and 2 Kings
	your word in my heart" mean?	1 and 2 Chronicles

Answer TRUE (T) or FALSE (F)

MEDITATING ON SCRIPTURE

Joshua 1:8 commands us to meditate on the Bible day and night, that is, all the time.

We suggest the following means of meditating continually on the Bible:

From your daily Bible reading copy a verse onto

a verse onto
a 3x5 card or notebook.
Carry it in your purse or wallet, or tape it up in a visible place (like the mirror or refrigerator) so that you can review it often during the day.

When you meditate on your verse, ask yourself:

- ✓ What does God want to teach me?
- ✓ How should I put this passage into practice in my life today?

THINK ABOUT IT

Is the Bible the final authority in your life? Read Acts 17:10-11. What custom did the Berean believers have which is worthy of imitation?

GROWING STRONGER

Read Acts 14-21 (one chapter per day).



Memorize 2 Timothy 3:16-17

"All Scripture is God-breathed and is useful for teaching, re-buking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work.

7.	The Bible helps you grow in the Christian life.				
	According to 2 Timothy 3:16-17 the	e Bible is useful for:			
	The one who lets him or herself be "thoroughly equipped for every goo say that the Bible is not enough and revelations in addition to the Bible.	od work." Be careful of those who dencourage you to seek dreams and			
8.	Is it hard for you to have faith at tim	nes? Read Romans 10:17 & answer:			
	How does faith come to us?				
	How can we increase our faith?				
TH	IE CONTENT OF THE BIBLE The Bib	le is divided into two parts:			
	THE OLD TESTAMENT 39 Books	THE NEW TESTAMENT 27 Books			
	The Law (Genesis to Deuteronomy)	The Life of Christ (the 4 Gospels)			
	The History of Israel (Joshua to Esther) Poetry (Job to Song of Solomon)	The Growth of the Church (Acts)			
	Prophecy (Isaiah to Malachi)	Teaching (the Epistles) Prophecy (Revelation)			
Н	OW TO GET THE MOST OUT OF THE B	BIBLE			
Lis	sten: Fellowship with a church where th (Revelation 1:3; Hebrews 10:24-25)	ne Word of God is faithfully taught.			
St	rudy: Are you reading your Bible daily? T are learning in your daily readings (See with the books of John, Acts, 1 John, a	Appendix 4). A good place to start is			
М	Note: Many religions and groups practice to empty their minds, repeat one word or phr state, or visualize themselves on a journey to biblical meditation; it is part of divination, so Deut. 18:9-13). Biblical meditation involves	ypes of meditation. They try to completely rase over and over to achieve a trance to get spiritual guidance. This is NOT sorcery and idolatry, which God hates (see			
М	lemorize: A memory verse is assigned in complete this assignment, because one kept in your mind for use in the future	ce you have the verse memorized, it is			
Ol	bey: Write in your own words, the main	idea of James 1:22.			
W	hat did Ezra do with the Scriptures? (Ezr	a 7:10) Write down three things:			
	1				



Step 7 **Talking with God**

WHAT IS		do it in a church and on your knees. e God hears me and promises to answer. It and when I go to sleep.
PRAYER?		THINK IT OVER
Prayer is communicating with God. It is as simple friend. You can talk to God with complete confi- or need. Prayer is an intimate communication wi	dence about any topic, fear	With what attitude should we draw near to God, according to Hebrews 4:16?
1. What great offer does God make in Jeremiah	33:3?	
Prayer is a means of honestly expressing every to a friend who listens to you with great interests.		In your opinion, what is the reason for this degree of confidence that we can have with God?
How does God promise to respond to your p	rayer?	
Are there times when God is too busy to hea	r your cry? Yes 🗖 No 🗖	"We should pray when we have the desire to pray, because it would be a sin to waste such a valuable oppor-
. Prayer is one of the ways we protect ourselves. What was the advice that Jesus gave to His disciples so that they would not fall into temptation?		tunity. We should pray when we do not have the desire to pray, because it would be
Matthew 26:41		dangerous to stay in such an unhealthy condition"
3. What dangers do we need to avoid when we	pray?	Charles H. Spurgeon
Matthew 6:5		
Matthew 6:7		THIS WEEK
What is your interpretation of the phrase "months ("babbling like pagans" in the NIV)?		Memorize in order the names of the following books of the Old Testament and review the ones previously learned.
		Ezra

HOW SHOULD WE PRAY?

- 4. The Psalms give us many reasons to praise God. For example, what reasons does Psalm 106:1 give you for praising God?
- 5. Instead of always worrying, what should you do? Philippians 4:6

THINK IT OVER

THIS WEEK

> Ezra Nehemiah Esther Job **Psalms** Proverbs Ecclesiastes Song of Solomon

Isaiah Jeremiah Lamentations

Ezekiel Daniel



THIS WEEK

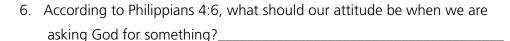
1 Timothy 2:1 commands us that "requests, prayers, intercession and thanksgiving be made for everyone."

Do you have a list of prayer requests that reminds you for whom you should pray?

Make a prayer list on a piece of paper or in a notebook.

Your list could include the following categories:

- ✓ Family members
- ✓ Friends
- ✓ Brothers and sisters in the faith
- ✓ Servants of God (your pastor, etc.)
- ✓ The people that govern your country and community
- ✓ People who have done you harm
- ✓ People you want to win for Christ
- ✓ Your goals and personal growth



When we pray with "thanksgiving", we are expressing faith in God for the answer that He will give to our request.

That is why verse 7 says we can experience ______ in our hearts upon leaving our burden in the hands of the one who is completely able to help us with our problems.

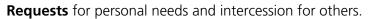
7. What does "pray without ceasing" mean? (1 Thessalonians 5:17)

If you should pray all the time, does that mean that you can pray in any place, for example, at your job, riding the bus, etc.? _____

Your prayer should include:

Adoration & Praise to God for who He is.

Confession of your sins so that they don't hinder your fellowship with God.



Thanksgiving What has God done for you? Let's not be ungrateful. Let's express our gratitude to Him.

- 8. According to John 14:13 we should pray in the name of _____
- 9. What else can we learn about how to pray from the following passages?

Psalm 66:18

1 John 5:14-15 _____

Matthew 21:22

10. How does Ephesians 3:20 encourage your faith? _____

GROWING STRONGER

Read Acts 22-28 (one chapter a day).

Memorize Philippians 4:6-7

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

GOD ANSWERS YOUR PRAYERS

We have seen that God promises to answer our prayers. But, how? Someone has said that God has three ways of answering them:

- ✓ Sometimes He says "yes".
- ✓ There are times when, for our good, He says "no",
- ✓ Others times He says "wait a while."





Step 8 Meeting with God every day

Answer TRUE (T) or FALSE (F)	
It is important to read the Bible and pray every day.	
One should try to read many chapters of the Bible each day.	
God wants to transform us day by day through His Word.	

WHAT IS A DEVOTIONAL TIME?

A devotional time is our daily appointment with God. It should be every day, because it takes time to develop our relationship with Him. Maturity does not come "instantly," rather, it is cultivated day by day, one step at a time.

"Morning by morning, O Lord, you hear my voice; morning by morning I lay my requests before you and wait in expectation." Psalm 5:3

Some people call it "the quiet time," because it is a time to wait before God so that He will speak to us through His Word, and then to respond in prayer.

Why is it important to have a daily devotional time?

ITS IMPORTANCE

Joshua 1:8	
Psalm 63:1	
Matthew 4:4	
Nould you say that a daily appointment with God is a necessity or just a go	bc
dea (if you have time)?	

WHEN AND WHERE SHOULD YOU HAVE YOUR DEVOTIONS?

Usually, the best time is in the morning. This lets us start the day off with God. Men like David and Christ set aside a special time in the morning (Psalm 5: 3 and Mark 1:35). Obviously, this implies that we will have to get up earlier than usual, but it will be worth the effort. Some like to set aside time in the evening (Psalm 63:6), or at another time during the day when they know they can keep their "appointment" with God.

Whatever time you choose, look for a peaceful place where you can spend this time without interruptions. Sometimes, to seek this privacy, it might be necessary to get up before others, to close the door to your room, or to go outside.

Set a tillle allt	place flow for your devotio	15.	
Time:	I will get up at:	Place:	

Sat a time and place now for your devotions:

THINK ABOUT IT

Hebrews 4:12 compares the Bible to a "two-edged sword."

Sometimes, reading it is uncomfortable for us, because it penetrates our lives to show us what we are like, and what we have to correct.

Have you ever thanked God for the ability of the Scriptures to do this?

THIS WEEK

Memorize in order the names of the following books of the Old Testament, reviewing the ones you learned before.

> Amos Obadiah Jonah Micah Nahum Habakuk Zephaniah

Hosea Joel

Haggai Zachariah Malachi



BIBLE READING PLAN

We suggest beginning your reading in the New Testament. Read from one book daily until you finish it.

You might begin to read the books of the Bible in the following order:

John

Acts

1 John

Romans

James

Philippians

Appendix #5 gives a list of readings for a whole year.

Note: When you finish reading a book, before starting another one, try reading a Psalm and a chapter in Proverbs.



Read 1 John 1-5,

Psalm 1 and 5 (one chapter a day).

Memorize Joshua 1:8

"Do not let this book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful."

Appendix #4 contains a summary of how to have your devotional time.

Cut out the page and paste it in your Bible. It will serve as a guide to help you benefit from your daily appointment with God.

WHAT YOU SHOULD INCLUDE IN YOUR DEVOTIONAL TIME

Prepare your heart:

With what attitude should you present yourself before God?

Study the Word of God

In John 5:39 we see that the Jewish leaders were to search the Scriptures. The Bereans in Acts 17:11 examined the Scriptures when they received them, and the psalmist says, "I have sought out your precepts...I will ponder your statutes." (Psalm 119: 94, 95). This implies not only reading, but also studying the passage for the purpose of discovering its meaning and seeing what God wants to communicate to you.

To begin, study short passages (no more than one chapter). It is sometimes better to read a short passage several times than to read several chapters. That way you can analyze it well.

How to Study the Bible

Passage:	
Passage:	
What impressed you most from this passage?	
What is the main idea of the passage?	
What does it mean for your life?	
•	
The following key questions can help you to get	
Is there a <u>commandment</u> to obe	
Is there an <u>example</u> to follow?	<i>y</i> ·
·	
Is there a <u>sin</u> to avoid?	_
Is there a <u>promise</u> to make your	own?

Get a notebook today to use in your devotional time. Use the method in the box above to study your Bible, writing down your thoughts in the notebook.

PRACTICAL SUGGESTIONS

- 1. Take the time that you need for your devotions. Don't try to hurry.
- 2. Give priority to your daily appointment with God. Try not to miss the appointment. If you skip a day, don't get discouraged; but don't miss the next day.
- 3. Try to read a chapter a day. At times it is better to read less in order to study it well. At times you may need to read more.
- 4. Mark your Bible, underlining key verses to be able to find them later.
- Try to put key verses in your own words to understand them better.
- If it is hard to concentrate, read or pray out loud, or pray standing up. It's better not to have your devotions lying down on the bed; you could fall asleep. Ask for God's power to be able to concentrate.
- 7. Get a notebook to write down the results of your Bible study, prayer requests, etc.

Pray

Pray, referring back to the Bible passage studied. Respond to God, telling Him about your reaction to the passage. Include:

- ✓ Confession, when you become aware of all the impurities in your life.
- ✓ Worship for who God is (the Psalms can help you enrich your praise).
- ✓ Praise to God for what He does.
- ✓ Thanksgiving for what God has given you.
- ✓ Pray for the requests on your prayer list.

Sing to the Lord

Music lifts your spirit and helps you create an atmosphere of worship. Sing choruses and hymns regularly, throughout the whole day, not just in your devotions. Ephesians 5:19. If you prefer, whistle or hum choruses.

Put what you have learned into practice

James 1:22 warns us to be "doers of the word, and not merely hearers." Reading the Bible without applying it to our lives is like seeing our face in a mirror and going away without cleaning off the dirt that the mirror shows us. It doesn't make sense to read the Bible if we are not willing to submit to what it says.

Note: This doesn't mean that we should stop reading the Bible when we feel rebellious. We should read it all the MORE during these times, asking God to change our hearts. Don't let spiritual enemies (see Step 5) keep you away from the Bible!

Meditate and Memorize

Copy a verse from the passage you read on a piece of paper or in a notebook to meditate on it during the day. Try to memorize it. In this way, God will help you to resist sin.

REVIEW: A SIMPLE PLAN FOR YOUR DEVOTIONAL TIME

1. Prepare your heart

- ✓ Examine yourself
- ✓ Confess your sin
- ✓ Ask for understanding

2. Study the Bible

- ✓ What impressed you the most?
- ✓ What is the main idea?
- ✓ What does it mean to you?

3. **Pray to the Lord**

- ✓ Talk with God about the passage studied.
- ✓ Worship God for who He is.
- ✓ Give God thanks for what He has done
- ✓ Ask of God, using your list of requests.

4. Sing to the Lord

Sing a chorus or hymn. The music will lift your spirit and will help you praise God.

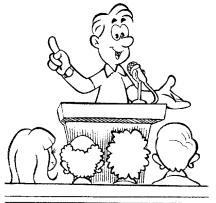
5. Apply what you have learned

What will you do today to put it into practice in your life?

6. Meditate and Memorize

From the passage you read, choose a verse on which you can meditate, and memorize it. Write it down in a notebook or on a 3x5 card to carry it with you during the day.





Step 9 **My Church**

		_
W	HAT IS THE CHURCH?	
Ch sor go	e Lord Jesus said in Matthew 16:18: "I will build my church" nrist spoke in the future tense (I will build) and spoke of the church as mething that belonged to Him (my church). This church that Christ wa ning to build already exists today and continues to grow. It is the visible anifestation of Christ in the world today.	t start this woold by inviting a
	one sense, the church is universal, but at the same time it has a local pce (Matthew 16:18, Acts 13:1).	res-
ТН	IE UNIVERSAL CHURCH	Con Carlot
is f	e universal church is the supernatural body of which Christ is the head formed of all the people that have been born again from the day of ntecost until the rapture of the church.	. It
1.	To what is the church compared? 1 Corintians 12:27	
2.	Who makes up this body (the church)? The church is made up of all t believers in Jesus Christ, those who have been regenerated by the Sp of God. (1 Cor. 12:13)	
3.	What has God given to the members of the church? Romans 12:4-8	God has given each believe tual gift. Romans 12, Ephe 11 and 1 Corinthians 12 sp the gifts. For example, som
4.	Who is the head of the church? Ephesians 4:15	gifts mentioned there are:
5.	According to Ephesians 1:12, why does the church exist?	Service Teaching Exhortation Giving Faith Evangeli Wisdom Pastoring Showing mercy
6.	What is the mission of the church? Matthew 28:18-20	Leading (Administration) Do you know which are you If the answer is NO, then yo

THE LOCAL CHURCH

The local church is a group of people who are born again, baptized, and organized in order to glorify God, edify one another and proclaim the gospel.

THIS WEEK

To deepen your fellowship with the brothers and sisters of your church, start this week by inviting one of them to your house or out for a meal together.



THINK ABOUT IT

God has given each believer a spiritual gift. Romans 12, Ephesians 4: 11 and 1 Corinthians 12 speak of the gifts. For example, some of the gifts mentioned there are:

Service Teaching Exhortation Giving Faith Evangelism Wisdom Pastoring

Do you know which are your gifts? If the answer is NO, then you could find out by praying, serving in the church, and asking brothers and sisters in Christ to tell you what ability they observe in you.

THINK ABOUT IT	7.	Read Hebrews 10:24-25. Does the Bible teach that the believer in Christ should be part of a local church?
Make a list of the excuses some believers use for not attending church (assembling).		☐ Yes ☐ No Why?
		How can we "spur one another on toward love and good deeds"?
	8.	What other things did believers do together in the Jerusalem church? Acts 2:42
What is the real reason why they don't attend? Hebrews 10:25	9.	If you are a part of a church, you should help it. In what ways could you help your church?
		Galatians 6:1-2
		1 Peter 4:10
THIS WEEK		2 Corinthians 9:7
Make a list of the leaders of your church and pray every day this week for one of them.		In 1 Timothy 3:1-7 and Titus 1:5-9, the Bible sets requirements for church leaders. Read these passages. Although you may not be planning to be leader yet, every Christian should aspire to have the characteristics mentioned in these verses.
	 10	. Since leaders were put in the church by God, what should our attitude towards them be? 1 Thessalonians 5:12-13
		Hebrews 13:17
Read Romans 1-4 (read each chapter for two days in a row in order to understand it better).	11	. What is one of the responsibilities of the church toward its members, according to Galatians 6:1-2?
Memorize Hebrews 10:24-25	12	. What attitude should you have when correcting a straying brother? v.1,2
"And let us consider how we may spur one another on to-ward love and good deeds. Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another, and all the more as you see the Day approaching.		The church, since it is a family, has the responsibility to look out for the well-being of its people. There are times when discipline is necessary to preserve the testimony and purity of the church. It is an act of love and concern toward the people in the church. Discipline is one of the things God uses to "spur one another on toward love and good deeds".



Step 10 Witnessing

		Answer TRUE (T) or FALSE (F) It is important to evangelize others, bec I can evangelize my family and friends v To be able to share my faith, I should w		
Wi	ne of the believer's privileges is to witne tnessing, or evangelizing, means to sha other person, so that they come to acc	are the plan of salvation with	THINK ABOUT IT	
TH	E NEED TO WITNESS		Does it embarrass you to speak with others about Christ? If so, read	
As	we saw in the first lesson, humanity is "There is none righteous, not even or the glory of God." (Romans 3:10, 23)	neall have sinned and fall short of	Romans 1:16. Why was Paul not ashamed of the gospel?	
Matthew 7:13-14 speaks of two gates that represent two different destinies in life. According to these verses, what destiny awaits most people?				
2.	What does John 3:18 say about those	e who have not trusted in Christ?		
3.	In contrast, the believer is	(2 Corinthians 5:17).	THIS WEEK Whom do you feel responsible to share the	
ТН	E SPECIAL MISSION ENTRUSTED TO	US	gospel with? Write their	
4.	God has appointed us as His ambassa has entrusted to us as his ambassado		names below: Family Members:	
5.	Read Matthew 5:14-16. As well as a	mbassadors, Christ calls us(v. 14)		
6.	What does it mean to you to say that		Friends and Acquaintances:	
7.			Pray regularly for them and speak to them about Christ.	

MEMORIZING

Do you feel insecure, because you don't know what to say to those to whom you want to witness? It's very common to feel that way. In order to have more confidence:

- 1. Study the "plan of salvation" in Appendix 6.
- 2. Learn this plan by heart, including the Bible verses.
- Cut out the page in the appendix that tells the plan of salvation and paste it in your Rible

THIS WEEK

When can you start to witness?

This week share the plan with one person on your list. Don't wait for more time to pass! If you don't have the plan memorized, you could share John 3:16.

If you want to know how to effectively give a personal testimony, Appendix #6 gives some practical suggestions to help you share with others what Christ has done in your life.



GROWING STRONGER

Read Romans 5-8 (read each chapter for two days in a row in order to understand it better).

Memorize

Learn the plan of salvation in Appendix 6

- 8. How much does your light shine? Understanding that you are the light of the world, mark the statements that best describe your life.
 - ☐ I like to speak about Christ, because He has changed me.
 - Sometimes I shine, but sometimes my light is covered up.
 - ☐ I don't know how to witness about Christ.
 - ☐ I am somewhat embarrassed to talk about Christ.
 - ☐ Up until now, my light has shone very little.
- 9. Matthew 28:19-20 contains what we call the Great Commission.

In this commission, what does Christ command us to do

HOW TO WITNESS: PRACTICAL SUGGESTIONS

- 1. Let Christ change your life. Remember that your words will be worth little if they are not backed up by your behavior. Matthew 5:16
- 2. Use the Bible. It is the Word of God. It is a powerful weapon that clears up the confusion in the mind of the sinner. Hebrews 4:12.
- 3. Depend on the Holy Spirit to help you witness. He convicts the world of its sin, preparing them to listen when you present the plan of salvation (John 16:8). You cannot force anyone. God Himself will do the work in their hearts.
- 4. Pray constantly for your friends who have not accepted Christ. Look for opportunities to share with them.
- 5. Look on the unbeliever with compassion, understanding that he or she lives enslaved by sin. The unbeliever is not your enemy; rather, he is a victim of the enemy (Satan).
- 6. Witness with an attitude of humility (1 Peter 3:15). Understand that if it weren't for the grace of God, you could also be in the same condition.
- 7. Be courteous. Make sure the unbeliever feels that you really want to help him. Don't condemn.
- 8. Be natural. The best contacts you have are your family and friends. Don't be afraid to share with them. Take advantage of these opportunities.
- 9. Get some good tracts and begin passing them out now. Ask your pastor or church leaders how to get some.
- 10. Be brave. Even though not everyone accepts your message, remember that you are a bearer of the good news that brings eternal life (Romans 1:16). What's more, the majority of people are more open than we think.



Step 11 **Baptism & Communion**

		o to heaven. Supper (Communion) make me more holy. d's Supper symbolize the blood and body
ВА	PTISM	DIGGING DEEPER
1.	Before ascending to the Father in heaven, Jesus commanded His followers to make disciples of all nations. According to Matthew 28:19-20, when someone becomes Christ's disciple, what's the first step they should take?	Read Romans 6:1-4. At first glance, this passage seems to speak of baptism in water. However, here the word "baptism" is really being used to speak of our identification with Christ.
	Baptism is not optional; rather, it is a commandment to be obeyed by every believer.	When we accept Christ we identify with Him in His death, His burial, and His resurrection. So, in
2.	Baptism is not required for salvation, but rather it is a result of already being saved. Let's look at the case of the Phillipian jailer in Acts 16.	Christ we are new people.
	What was the only requirement in order to be saved? Acts 16:30-31	Water baptism symbolizes this transformation that occurred in the moment of our salvation.
	How did the jailer and his family give testimony of their new faith? Acts 16:32-33	Going down under the water symbolizes our identification with Christ in His death and burial, and that we "die" to our old life. Coming up out of the water
	Note that v.35 indicates that the whole family believed, not just the jailer.	symbolizes our resurrection to a new life.
	We see that baptism is a way to give public testimony to the fact that we are saved.	
3.	According to Acts 2:41, after having received the word (the gospel), they	
	were and about three thousand	
	souls were to their number.	DECIDE
	These three thousand people, by being baptized, identified themselves with the church in Jerusalem. In the same way, we identify ourselves with our local church when we are baptized.	If you have already accepted Christ, have you obeyed Him by being bap-
	Some people have mistaken ideas about baptism.	tized?

Therefore, it is important to know that:

- 1. Baptism does not save us.
- 2. Neither is it a step towards salvation.
- 3. Baptism does not make us holier, although it does motivate us to live in holiness.

DIGGING DEEPER

DECIDE



Yes 🖵 No 🖵

If you have not been baptized, talk to a pastor or leader in your church today.

REMEMBERING

According to Hebrews 10:10-12, how many times does Christ offer his body in sacrifice for sins?

" _____ for all"

Think about the implications of this passage for those who say that the bread and wine literally become the body and blood of Christ.

If this were so, wouldn't that mean the sacrifice of Christ was being repeated week after week?

THE LORD'S SUPPER

The Lord's Supper (or communion) was instituted by the Lord Jesus Christ on the night He was betrayed. It is something sacred and very special, but it is not a sacrament or something magical.

4. Please read 1 Corinthians 11: 23-26. According to verse 26,

What do we proclaim?	
Until when?	

This passage teaches us the meaning of the Lord's Supper. It reminds us of Christ's sacrifice on the cross for us, and it is a reminder of His second coming.

- 5. What does it mean to do this "in remembrance of me"? _____
- 6. According to verses 24 and 25, what do the bread and the cup symbolize?

The Bread ______
The Cup

7. Now, read 1 Corinthians 11:27-31. Verse 28 says that before participating in the supper, each one should examine him or herself. What does this act mean to you?

8. 1 Corinthians 10:16-17 emphasizes another aspect of the Lord's Supper which is communion, sharing, or fellowship. What does it mean to have fellowship with other believers?

GROWING STRONGER

Read James 1-5; Psalm 19 and Psalm 27 (one chapter a day).

Memorize Matthew 28:19

"Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit"

Some have mistaken ideas about the Lord's supper; therefore, it is important to know that:

- 1. The Lord's Supper is not a sacrament or something magical.
- 2. It does not make us holier, although it does motivate us to holiness.
- 3. The juice does not turn into the blood of Christ, nor does the bread become the body of Christ; rather they symbolize the blood and the body of Christ, reminding us of Christ's sacrifice until He comes.
- 4. It is an act of obedience and a moment of fellowship with Christ and with our brothers and sisters in the faith.





Step 12 The Family

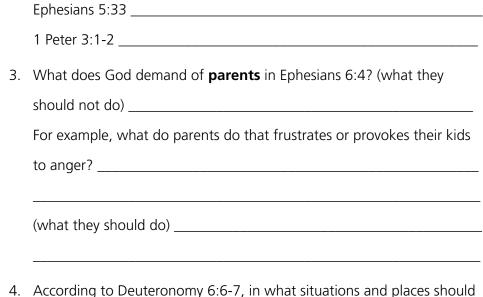
	y
Answer TRUE (T) or FALSE (F) The husband's primary responsibil The wife's respectful conduct can Even if one's parents are not belie	-
THE CHRISTIAN FAMILY	DISCUSS
The Christian home is a center of support, protection, and mutual edification. Through the home, material needs are met, and children are taught how to face the issues of life. In contrast, if Christ is not reigning in the home, far from being a refuge, it becomes a battleground and a place of frustration.	The Bible speaks about the wife's submission to her husband. Do you believe this gives the husband the right to be overbearing? Why not?
God's plan for the family in the book of Genesis	THINK ABOUT IT
"It is not good for the man to be alone; I will make a helper suitable for him" Genesis 2:18 It was God who created Eve, as a wife for Adam. So, the idea of creating	There are many things that can threaten the unity of the home. Write down some of them:
the home came from God Himself. The wife is described as a suitable helper, adequate for her husband. Both the wife and the husband mutually complement each other. United, they are better than when they are apart.	
"For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh. The man and his wife were both naked, and they felt no shame." Genesis 2:24-25	THIS WEEK One of the threats to family unity is the
✓ The couple needs to become independent from their parents, to form their own separate family. This is the only way they can learn to depend on each other.	low priority we place on spending time together. Although we love them,
✓ "One flesh" implies living in union with each other, not in competition, as best friends sharing intimate thoughts.	there are times when they don't feel our love.
✓ Sex within marriage is not a cause for shame, but rather is a gift from God to the couple for their good. The children that will come are a blessing from God.	What will you do today to show love in a concrete way to your husband or wife (or family member)?
YOUR RESPONSIBILITIES WITHIN THE HOME	
1. What commands does God give to husbands in the following passages? Ephesians 5:25	This week, what activity can you do with your children (family members) so that they feel your love?
Colossians 3:19	
1 Peter 3:7	

Husband, do you believe you are fulfilling this? If not, in what areas should you change? What kind of love did Christ have for His church? This love is the

model to follow in your relationship with your wife.

DIGGING DEEPER

Love is central to the Christian home. In 1 Corinthians 13:4-7, Paul defines true love. On a separate sheet of paper, write down the characteristics of love according to this passage; or underline in your Bible the words that stand out the most to you.



2. What commands does God give to wives?

GROWING STRONGER

Read Philippians 1-4; Psalm 37, 51 and 139 (one chapter per day).

Memorize Philippians 2:3-4

"Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Each of you should look not only to your own interest, but also to the interests of others."

you instruct your children?

Share as a family what you learn during your devotional time. Read the Bible and pray together for each one's needs.

- 5. What does God command **children** to do in Ephesians 6:1-2? _____

SPECIAL SITUATIONS

If your family is not Christian.

- Love them. It is important to not look down on your unbelieving family members. They sin because they don't yet know Christ. You used to live that way too. Remember that "while we were yet sinners Christ died for us" (Rom. 5:8). Show your love for them in concrete ways.
- 2. Win them to Christ through your good testimony. "...wives be submissive to your own husbands so that even if any of them are disobedient to the word, they may be won without a word by the behavior of their wives, as they observe your chaste and respectful behavior." 1 Peter 3:1-2

Even though these words are directed to wives, they can apply to any Christian who has family members who are not saved. The testimony you give is vital to the conversion of your family. Instead of criticizing and pressuring them, show your faith by your actions (Matthew 5:16).

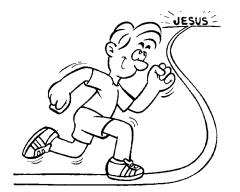
If you live together but are not married.

Although it is common in our society to find unmarried couples living together, the Bible calls this fornication. Are you and your partner legally married? If not, you should correct the situation as soon as possible. Seek out your pastor or church leader for counsel.

If you are single.

The challenge to the single person is to maintain high standards, avoiding any sexual relationship outside of marriage. Keep yourself pure for your future husband or wife. God wants the best for you.

If you have not kept yourself pure, confess your sin to God and ask Him to help you to live in holiness. Your might need to seek the counsel of a mature Christian or a pastor.



authenticates our message to unbelievers. John 13:34-35

Step 13 **Following Jesus**

		er TRUE (T) or FALSE (F) The Christian has a lot to Fellowship with the body t is possible to enjoy cont	of Christ is not importa	nt.	growth.
CONGRATULATIONS					
Congratulations on reaching the end of the studies in Volume 2 . Consider the follow				to cont	inue you
Do you wish to reach the goal of beco	oming Christ-like	?	Yes	□ N	lo 🖵
Has this study of "NEW LIFE IN CHRIS	T" helped you to	wards reaching that g	goal? Yes	□ N	lo 🖵
Does finishing this course mean you h	nave reached that	t goal?	Yes	□ N	lo 🖵
Becoming a true disciple of Christ doe long distance race, rather than a 100 rules than those that goverened your	meter dash. It is	9			
BASIC HABITS FOR ORDERING YOUR LIFE In the previous lessons, you have taken significant steps towards establishing your walk with Christ.		Sin Andrews of the Control of the Co			
Identify the basic habits of the Christian life that correspond to each of these drawings:	to be Ch It is import important. represente	abits are absolutely nrist-like. Don't even ant to order your life. This is called establed by these drawings ference over other according about the second control of the secon	, dedicating time to ishing priorities. should become you	o what i The hab	oits
Jesus spoke of three things that character ✓ Jesus Christ ✓ Other (life. Dedication to: ✓ Christ's work in	the world.		
1. What does Christ want you to have?		L.L. 47.43			
John 17:3		John 17:13			

2. John 17:11 describes the relationship that Jesus wants Christians to have with each other. "protect them by

the power of your name... so that they ______, as we are one.".

3. John 17:23 May believers be brought to complete ______ to let the world _____ that Christ came from heaven to love this world. This love and unity among Christians is a strong testimony, which

CHECK UP	WALKING BY FAITH
Are you using the devotional time plan presented in lesson 8? Yes No	4. Paul says "we live by faith, not by sight." (2 Cor. 5:7) How is faith described in Hebrews 11:1?
What is the time you have set aside for your daily appointment with Christ?	5. Hebrews 11:6 says without faith it is impossible to please God. What are the two things we must believe in order to come to God? v. 6 a.
How are you going to cultivate your relationship with other Christians?	b6. Think for a moment what it means to "walk by faith", then meditate on what is said about faith in the box below.
How will you show the world that	Faith is not just blind hope, but rather it is the certainty that God is faithful and that He is going to do all he has promised. To have faith in God implies no longer trusting in our own resources, but resting in God's.
Christ lives in you?	To walk by faith is to daily put into practice what the Lord is teaching you. That's why it is so important to maintain and protect your intimate fellowship with Him.
	7. How does Jesus describe His relationship with His followers in John 15:4-5?
DIGGING DEEPER Read John 15:16. Jesus' desire is that His own bear much fruit and that their fruit would remain. There	Our relationship with Christ is compared to a grape vine, with Christ being the plant and ourselves as the branches. 8. Why is it vital to maintain this relationship with Christ?
are two types of fruit. What are these fruits, according to Galatians 5:22-23 and Matthew 28:18-20?	9. What does it mean to "remain" or "abide" in Christ (v. 4)?
	10. According to John 15:10, how can we remain in His love?
GROWING STRONGER	COMMITMENT
Read 1 Thessalonians 1-5 and 2 Thessalonians 1-3 (one chapter per day).	11. What is required to be Christ's disciple? Luke 9:23
Memorize Proverbs 3:5-6 "Trust in the LORD with all your heart, and lean not on your own	12 Are you willing to deny your own desires in order to joyfully follow Christ' will for your daily life? Yes No No Output Description:
understanding. In all your ways acknowledge him, and he will make your paths straight."	✓ Continue on with the patterns and habits that you have learned.✓ Put into practice what the Lord shows you each day.

✓ Jealously watch over your intimate relationship with God.

Appendix 1Cut on the lines. Carry these cards with you and memorize the verses

Step 13	vith all your heart, own understanding. owledge him, and he straight.".	Step 12 fish ambition or mility consider oth- lves. Each of you o your own interest, ts of others."	Step 10-11 ike disciples of all m in the name of Son and of the Holy	Step 9 ow we may spur one e and good deeds. eting together, as of doing, but let us r, and all the more as aching.
Proverbs 3:5-6	"Trust in the LORD with all your heart, and lean not on your own understanding. In all your ways acknowledge him, and he will make your paths straight.".	Philippians 2:3-4 Step 12 "Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Each of you should look not only to your own interest, but also to the interests of others."	Matthew 28:19 Step 10-11 "Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit"	Hebrews 10:24-25 Step 9 "And let us consider how we may spur one another on toward love and good deeds. Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another, and all the more as you see the Day approaching.
Step 8	"Do not let this book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful."	Philippians 4:6-7 Step 7 "Do no be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."	Step 6 -breathed ing, rebuking, ig in righteousness, od may be for every good work.	Step 5 ized by one ks, slave or free one Spirit to drink."
Joshua 1:8	"Do not let this book of the Law depart fro your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful."	"Do no be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcent understanding, will guard your hearts and your minds in Christ Jesus."	2 Timothy 3:16-17 Step 6 "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work.	1 Corinthians 12:13 Step 5 "For we were all baptized by one Spirit into one body whether Jews or Greeks, slave or free we were all given the one Spirit to drink."
Step 4	d with Christ; but Christ lives in the body I on of God, who imself for me."	Step 3 ns, He is faith- s our sins and righteousness."	Step 2 ny voice; ey follow me; fe, perish;	Step 1 u have been and this not the gift of God,
Galatians 2:20	"I have been crucified with Christ; and I no longer live, but Christ lives in me. The life I live in the body I live by faith in the Son of God, who loved me and gave Himself for me."	1 John 1:9 Step 3 "If we confess our sins, He is faithful and will forgive us our sins and purify us from all unrighteousness."	John 10:27-28 Step "My sheep listen to my voice; I know them, and they follow me; I give them eternal life, and they shall never perish; and no one can snatch them out of My hand."	Ephesians 2:8-9 Step 1 "For it is by grace you have been saved, through faith, and this not from yourselves, it is the gift of God, not by works, so that no one can boast."

Appendix 2

Cut on the dotted line and fold in the center. You might want to glue it into your Bible

WHO AM ! IN CHRIST?

am a new creation (2 Cor. 5:17)

am a child of God. (Jn. 1:12; Rom. 8:14-15; Gal. 3:26; 4:6)

have been redeemed and forgiven of all my sins. (Col. 1:14)

am free forever from condemnation. (Rom. 8:1)

have been set free from the power of sin. (Rom. 6:1-6)

have the right to come without shame before the throne of God to find

mercy in times of need. (Heb. 4:16)

am righteous in Christ, completely forgiven. (Rom. 5:1)

am a slave of righteousness. (Rom. 6:18)

am holy. (Eph. 1:1; 1 Cor. 1:2; Phil. 1:1)

am the salt of the earth. (Matt. 5:13)

am the light of the world, bearer of the truth. (Matthew 5:14)

am Christ's friend. (Jn. 15:15)

am chosen by Christ to bear His fruit. (Jn. 15:16)

am made a servant or slave of God. (Rom. 6:22; Eph. 3:1; 4:1)

am a temple, the dwelling place of the Holy Spirit. (1 Cor. 3:16; 6:19)

have been bought with a price and therefore I belong to God. I am not my own master. Hive for Christ. (1 Cor. 6:19-20; 2 Cor. 5:14-15)

am a member of the body of Christ. (1 Cor. 12:27; Eph. 5:30)

was crucified with Christ, and I no longer live; Christ lives in me. (Gal. 2:20) am reconciled with God. I am a minister of reconciliation. (2 Cor. 5:18-19)

was chosen in Christ before the foundation of the world to be holy and

without spot before Him. (Eph. 1:4)

am an heir of God, because I am His child. (Gal. 4:6-7)

am God's workmanship, born again in Christ to do His work. (Eph. 2:10)

am holy and righteous. (Eph. 4:24)

am a citizen of heaven. (Phil. 3:20; Eph. 2:6)

am a pilgrim in this world, in which I am living temporarily. (1 Pet. 2:11)

am a child of the light, not of the darkness. (1 Thess. 5:5) have been rescued from the domain of Satan and transferred to the king-

dom of Christ. (Col. 1:13)

am an enemy of the devil. (1 Pet. 5:8)

am born of God. The devil doesn't have authority to touch me. (1 Jn. 5:18)

Christ Himself dwells in me. (Col. 1:27)

am chosen of God, holy and beloved. (Col. 3:12; 1 Thess. 1:4)

have received very great and precious promises from God. (2 Pet. 1:4)

will be like Christ when He returns. (1 Jn. 3:1-2)

By the grace of God I am what I am. (1 Cor. 15:10)

Adapted from Victory Over the Darkness by Neil T. Anderson

HOW SHOULD I CONFESS MY SIN?

"If we claim to be without sin, and the truth is not in us. If we confess our sins, we deceive ourselves

He is faithful and just and will forgive us our sins and purify us from all unrighteousness.'

1 John 1:8-9

Confessing is not just saying, "I sinned. True confession requires several things:

- Be sincere.
- Be repentant (desiring to not commit that sin again).
- Be specific (telling God precisely what I did).
- Be quick to recognize my error. As soon as I realize that I have sinned, I should confess it. Otherwise, am in danger of falling into more sin.
- Be humble by asking forgiveness of those people who were affected by my sin.
- reproach ourselves for sins that we have already con-His forgiveness, and believing, give Him thanks. Reect Satan's accusation that we can't be forgiven. Accept forgiveness. We should not continue to fessed. If God has forgiven us, we must accept

TWENTY "CANS" OF SUCCESS

Someone has said that success comes in cans and failure in cannots. Believing that you can succeed at Christian growth and maturity takes no more effort than believing that you cannot succeed. So why not believe that you can walk in faith and in the Spirit, that you can resist the temptations of the world, the flesh and the devil, and that you can grow to maturity as a Christian. The following "Twenty Cans of Success", taken from God's Word, will lift you from the miry clay of the cannots to sit with Christ in the heavenlies:

- . Why should I say I can't when the Bible says I can do all things through Christ who gives me strength (Phil. 4:13)?
- Why should I worry about my needs when I know that God will take care of all my needs according to His riches in glory in Christ (Phil. 4: 19)?
- 3. Why should I fear when the Bible says God has not given me a spirit of fear, but of power, love and a sound mind (2 Tim. 1:7)?
- 4. Why should I lack faith to live for Christ, when God has given me a measure of faith (Rom. 12:3)?
- 5. Why should I be weak when the Bible says that the Lord is the strength of my life and that I will display strength and take action because I know God (Psa. 27:1; Dan. 11:32)?
- 6. Why should I allow Satan control over my life when He that is in me is greater than he that is in the world (1 John 4:4)?
- 7. Why should I accept defeat when the Bible says that God always leads me in victory (2 Cor. 2:14)?
- 8. Why should I lack wisdom when I know that Christ became wisdom to me from God and God gives wisdom to me generously when I ask Him for it (1 Cor. 1:30; Jas. 1:5)?
- 9. Why should I be depressed when I have hope and can recall to mind

God's lovingkindness, compassion and faithfulness (Lam. 3:21-23)?

- 10. Why should I worry and be upset when I can cast all my anxieties on Christ who cares for me (1 Pet. 5:7)?
- . Why should I ever be in bondage knowing that there is freedom where the Spirit of the Lord is (Gal. 5:1)?
- 12. Why should I feel condemned when the Bible says there is no condemnation for those who are in Chrsit Jesus (Rom. 8:1)?
- 13. Why should I feel alone when Jesus said He is with me always and He will never leave me nor forsake me (Matt. 28:20; Heb. 13:5)?
- 14. Why should I feel as if I'm cursed or have bad luck when the Bible says that Christ rescuedme from the curse of the law that I might receive His Spirit by faith (Gal. 3:13-14)?
- Why should I be unhappy when I, like Paul, can learn to be content whatever the circumstances (Phil. 4:11)?
- 16. Why should I feel worthless when Christ became sin for me so that I might become the righteousness of God? (2 Cor. 5:21)?
- 17. Why should I feel helpless in the presence of others when I know that if God is for me, who can be against me (Rom. 8:31)?
- 18. Why should I be confused when God is the author of peace and He gives me knowledge through His Spirit who lives in me (1 Cor. 2:12, 14:33)?
- 19. Why should I feel like a failure when I am more than a conqueror through Christ who loved me (Rom. 8.37)?
- 20. Why should I let the pressures of life bother me when I can take courage knowing that Jesus has overcome the world and its problems (John 16:33)?

Adapted from from <u>Victory Over the Darkness</u> by Neil Anderson, pp. 114-116

Appendix 4

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A SIMPLE PLAN FOR YOUR DAILY DEVOTIONS

Prepare your heart

- ✓ Examine yourself
 - Confess your sin
- Ask for understanding

Study the Bible

- ✓ What impressed you the most?
- ✓ What is the main idea?
- ✓ What does it mean to you?

Pray to the Lord

- Talk with God about the passage studied.
- Worship God for who He is.
- ✓ Give God thanks for what He has done
- Ask God, using your list of requests.

Sing to the Lord

Sing a chorus or hymn. The music will lift your spirit and will help you to praise God.

Apply what you have learned

What will you do today to put it into practice in your life?

Meditate and Memorize

From the passage you read, choose a verse on which you can meditate, and memorize it. Write it down in a notebook or on a 3x5 card to carry with you during the day.

BIBLE READING PLAN

Start to read the New Testament, reading one chapter a day until you finish it. Read the following books first:

John

John

Acts James
1 John 1 and 2 Thessalonians
Romans Ephesians

Note: When you finish reading one book, before starting another, read some Psalms and a chapter in Proverbs.

PREPARING YOUR HEART

Morning by morning, O Lord, you hear my voice; morning by morning I lay my requests before you and wait in expectation. Psalm 5:3

Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. Psalm 139:23-24

Create in me a pure heart, O God, and renew a steadfast spirit within me. Psalm 51:10 Open my eyes, that I may see wonderful things in your law. Psalm 119:18 Let us therefore draw near with confidence to the throne of grace, that we may receive mercy and may find grace to help in time of need. Hebrews 4:16

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Passage:
What impressed you most from this passage?
What is the main idea of the passage?
What does it mean for your life?

Keep the following key questions in mind. They can help you to get more out of the passage:

Is there a <u>commandment</u> to obey?
Is there an <u>example</u> to follow?

Is there a <u>sin</u> to avoid? Is there a <u>promise</u> to make your own?

Appendix 5Cut on the dotted line and fold in the center. You might want to glue it into your Bible

A SIMPLE BIBLE READING PLAN FOR ONE YEAR

4		1 CORINTHIANS	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16
As you read the That way, you v	As you read the chapter, but an 'A' over the number of the chapter on the list. That way, you will be able to keep track of your progress in the readings.	2 CORINTHIANS	1 2 3 4 5 6 7 8 9 10 11 12 13
	,	PSALMS	31 32 33 34 35 36 37 38 39 40
	23	GALATIANS	123456
NHOſ	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21	1 TIMOTHY	123456
ACTS	4 5 6 7 8 9 10 11	2 TIMOTHY	1234
	20 21 22 23 24 25 26 27	MARK	12345678910111213141516
1 JOHN	12345	PSALMS	41 42 43 44 45 46 47 48 49 50
ROMANS	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	SI E	
JAMES	1 2 3 4 5	SOLL	1.2.3
SINVIGALIIHA	7 2 2 7	PHILEMON	1
	n	GENESIS	4 5 6 7 8 9 10 11 12 13 14 15 16 17
1 THESS.	12345		0 21 22 23 24 25 26 27 28 29 30 31 E 26 25 25 27 28 29 30 31
2 THESS.	1 2 3		50
PSALMS	12345678910	PSALMS	51 52 53 54 55 56 57 58 59 60
EPHESIANS	123456	1 PETER	12345
COLOSSIANS	1234	2 PETER	1 2 3
PSALMS	11 12 13 14 15 16 17 18 19 20	REVELATION	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18
MATTHEW	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	PSALMS	2 63 6
PSALMS	21 22 23 24 25 26 27 28 29 30	LUKE	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24

Appendix 6

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HOW TO PREPARE YOUR PERSONAL TESTIMONY

HOW TO PREPARE YOUR PERSONAL TESTIMONY

Have you ever wondered how you could share your faith with a friend? Perhaps one of the best ways is to share your personal story, or testimony. The following guide will help you to organize your thoughts, preparing a testimony that is simple, yet effective. Write it out on paper so that you can practice it. You might want to think about preparing a short version (3 min.) and a longer version.

Guide for preparing your personal testimony

- 1. "Before I received Christ..."
- How did you live and think before receiving Christ? Summarize, including both positive and negative aspects of your life without Christ. Make it interesting by mentioning specific things like your dreams, feelings, attitudes, character, habits, etc. Be truthful. Avoid exaggerations.
- 2. "How I received Christ..."
- Consider some of the following to include: How did you accept Christ? What brought you to this moment? Who helped you come to Christ? Where did you do it? What did you pray? How did you feel? How did God touch you?

Include a key scripture that helped you understand the gospel. People should be able to understand the gospel from your testimony.

- 3. "After I received Christ..
- What has happened since you accepted Christ? Mention several specific changes you have seen.

Suggestions:

- Keep it simple. Use regular words, not "religious" vocabulary. Use words that everyone understands. Avoid unnecessary details (but include enough details to make it interesting).
- Keep it casual, conversational. Avoid preaching. Use appropriate humor to relax the atmosphere and reduce tension.
- Keep it interesting. Use human interest illustrations and concrete examples.
 Give graphic descriptions when appropriate, so the listeners can visualize what you are describing.

THE PLAN OF SALVATION

There are many ways to present the gospel. We can use any of them, but there are always some basic things that the person needs to understand in order to be saved. The following plan of salvation is based on "The Four Spiritual Laws."

God loves you and has a plan for your life.

Jn. 3:16 The love of God

Jn. 10:10b The plan of God for your life

Man is a sinner and is separated from God.

Rom. 3:23 We are all sinners

Rom. 6:23 The consequence of sin is spiritual death,

separation from God

Eph. 2:8-9 We cannot save ourselves

Christ is the only provision for our salvation. He died in our place and rose again.

Rom. 5:8 Christ died in our place

Jn. 14:6 Christ is the only way

1 Cor. 15:3-6 Christ rose again

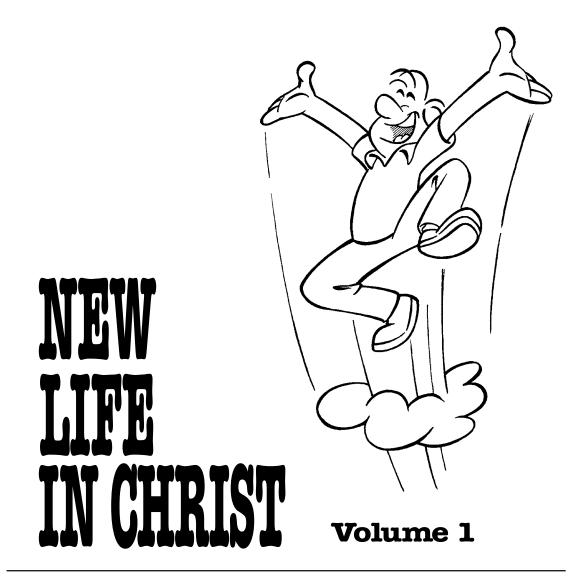
We must receive Christ as our Savior

4.

Jn. 1:12 Receive Christ in order to be a child of God.

Rev. 3:20 Christ is waiting for you to invite him in.

Romans 10:9 By faith invite Him to come into your life.



Basic steps of the Christian life