



TOSHIBA



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Newport Beach Country Club • Newport Beach, California • March 7 - 11, 2018



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TOSHIBA



Your Guide to the 2018 Toshiba Classic

The Toshiba Classic, presented by Kingston Technology, is celebrating its 23rd year of competition, teeing off Friday, March 9 and running through Sunday, March 11. The Toshiba Classic traditionally features the best field on the PGA TOUR Champions, and this year is no different, headlined by defending champion Jay Haas.

The Toshiba Classic is more than just a golf tournament though – it is a social gathering with golf's living legends that provides an opportunity to give back to the Orange County community in a multi-million-dollar way. Benefiting Hoag Hospital's Mary & Dick Allen Diabetes Center, more than 80,000 golf fans will convene at the Newport Beach Country Club to take in the action, making it the largest single sporting event in Orange County each year. With non-stop action, a lively atmosphere, first-class seats and affordable ticket prices, the Toshiba Classic is a great entertainment option for a group of friends, corporate partners and families.

Engage with the Toshiba Classic on Facebook at www.facebook.com/ToshibaClassic, and follow the tournament on Twitter and Instagram (@toshibaclassic) for fun social content, behind-the-scenes photos and video, and contests. In fact, cruise through the Toshiba Classic's Social Media Lounge located behind the 18th green to take photos, share content and more!

MONDAY, MARCH 5

Monday Pro-Am

*The Toshiba Classic will be closed to the public.

TUESDAY, MARCH 6

The Toshiba Classic's Breakfast with a Champion presented by Allergan at the Balboa Bay Resort with guest of honor Lanny Wadkins. Wadkins is a 21 time PGA TOUR winner and was inducted into the World Golf Hall of Fame in 2009. Guests will enjoy an exciting discussion with Wadkins and get a unique insight into his remarkable legacy. Pre-purchased ticket required.

*The Toshiba Classic will be closed to the public.

WEDNESDAY, MARCH 7

Classic Pro-Am: First Round

Wednesday kicks off with the chance to get up close and personal with some of golf's most prolific players and biggest personalities. Follow your favorite golfers during the two-day golf event that precedes the tournament's Friday start. This entertaining event is the perfect time to interact with the players and get autographs. Come out to welcome some of golf's legends to beautiful Orange County.

THURSDAY, MARCH 8

Classic Pro-Am: Second Round

The second day of the Classic Pro-Am gets underway with shotgun starts at 7:45 am and 1:15 pm. Come out and enjoy the beautiful day with golf's legends before official tournament play commences Friday.

FRIDAY – SUNDAY, MARCH 9 – 11

Let the tournament fun begin! The opening round of the 23rd Toshiba Classic kicks off at 10:00am, where spectators will be treated to one of the PGA TOUR Champions most popular events and competitive fields. Watch as 80 players vie for the Toshiba Classic crown, including John Daly, Bernhard Langer, Fred Couples, Tom Watson and Jay Haas. Haas, the 2016 champion, is now the second-oldest winner in PGA TOUR Champions history and just the fourth player in TOUR history with multiple victories in his 60s. Visit www.ToshibaClassic.com/tickets to purchase tickets.

Friday: Womanology is a special event focusing on women's health and well-being. In partnership with Hoag and our sponsors – Allergan, Cigna, Helton Law Group & Surterre Properties – attendees will be led on a journey to better health and enhancing their well-being. Attendees will explore an interactive gallery, mingle, and enjoy libations and brunch. Attendees are invited to stay to watch the opening round of golf following the event. Pre-purchased tickets required.

Saturday: On Saturday, March 10, we celebrate our servicemen and women during our third annual Military Appreciation Day presented by Microsemi. As part of Military Appreciation Day, all Active Duty, Military Reserve, National Guard, Military Retirees and Veteran – and up to three (3) of their guests – will once again be honored with complimentary admission and food and beverage vouchers to thank them for their service to our country. The day will culminate with a special performance on the 17th hole immediately following play, featuring "Unplugged with JOHN DALY and Jocko." The performance is free to all attendees.

For more information and to register, visit www.toshibaclassic.com/fans/events/military-appreciation-day.

Sunday: The Second Annual Student Day will be on Sunday, March 11. Students age 18 and under will receive complimentary admission. High school and middle school aged student are invited to participate in a putting contest with opportunities to win scholarships, local attraction tickets, tournament merchandise and more.

For more information and to register, visit www.toshibaclassic.com/fans/events/student-day.

Hoag is the **highest ranked hospital** in Orange County



- Ranked the #3 best hospital in the LA Metro Area
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Toshiba Classic Player Field

Expected to appear

- | | | |
|-------------------|----------------------|------------------|
| Michael Allen | Fred Funk | Scott Parel |
| Stephen Ames | Doug Garwood | Jesper Parnevik |
| Billy Andrade | Bob Gilder | Corey Pavin |
| Tommy Armour III | Paul Goydos | Tom Pernice Jr. |
| Woody Austin | Jay Haas | Tim Petrovic |
| Michael Bradley | John Huston | Gene Sauers |
| Paul Broadhurst | Lee Janzen | Wes Short Jr. |
| Olin Browne | Tom Jenkins | Joey Sindelar |
| Tom Byrum | Miguel Angel Jimenez | Vijay Singh |
| Mark Calcavecchia | Brandt Jobe | Jeff Sluman |
| Russ Cochran | Kent Jones | Jerry Smith |
| John Cook | Jerry Kelly | Kevin Sutherland |
| Fred Couples | Bernhard Langer | Ken Tanigawa |
| John Daly | Tom Lehman | Jim Thorpe |
| Marco Dawson | Steve Lowery | Tommy Tolles |
| Glen Day | Jeff Maggert | David Toms |
| Scott Dunlap | Billy Mayfair | Kirk Triplett |
| Joe Durant | Scott McCarron | Bob Tway |
| Brad Faxon | Rocco Mediate | Scott Verplank |
| Steve Flesch | Colin Montgomerie | Duffy Waldorf |
| Carlos Franco | Jose Maria Olazabal | Tom Watson |
| David Frost | Mark O'Meara | |

NOTE: Subject to change





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Jay Haas

PGA TOUR Champions

The 23rd Toshiba Classic

Each year, the Toshiba Classic hosts 80 legendary players – a group that has won prestigious Majors across the PGA TOUR and PGA TOUR Champions, been inducted into the World Golf Hall of Fame, honored with awards across the globe and hoisted the Toshiba Classic trophy. Here's a look at some of golf's top players scheduled to tee it up on March 7-11 at Newport Beach Country Club.

Jay Haas

Defending Champion
 Captain, 2015 U.S. Presidents Cup Team
 2007 and 2016 Toshiba Classic Champion
 Nine PGA TOUR wins
 18 PGA TOUR Champions wins, including three major championships
 PGA TOUR Champions Player of the Year 2006, and won the Charles Schwab Cup 2006 and 2008

Fred Couples

2010 and 2014 Toshiba Classic Champion
 15 PGA TOUR wins, including the 1992 Masters
 13 PGA TOUR Champions titles, including two major titles
 Member, World Golf Hall of Fame 2013

John Daly

Five PGA TOUR wins, including the 1995 Open Championship and 1991 PGA Championship
 One PGA TOUR Champions win



Fred Couples



John Daly



Bernhard Langer



Miguel Angel Jimenez



Mark O'Meara

Miguel Angel Jimenez

21 International victories
Four PGA TOUR Champions victories

Bernhard Langer

2008 Toshiba Classic Champion
Three PGA TOUR Wins, including two-time Masters Champion
36 PGA TOUR Champions victories, including 10 majors
61 international wins
Member, World Golf Hall of Fame 2002

Scott McCarron

Three PGA TOUR and six PGA TOUR Champions winner, including one major in the 2017 Constellation Senior Players Championship

Rocco Mediate

Six PGA TOUR wins
Three PGA TOUR Champions wins, including 2016 Senior PGA Championship

Colin Montgomerie

31 European Tour wins, most wins of any British golfer
Holds the record for most times for leading European Tour Money List – eight
Six PGA TOUR Champions wins, including three major championships
Member, World Golf Hall of Fame 2013

Mark O'Meara

16 PGA TOUR victories, including the 1998 Masters and British Open
Two PGA TOUR Champions wins, including the 2010 Constellation Energy Sr. Players Championship
Member, World Golf Hall of Fame 2015

Vijay Singh

34 PGA TOUR victories including the 1998 & 2004 PGA Championship and 2000 Masters
22 International victories
One PGA TOUR Champions win

Tom Watson

39 PGA TOUR victories including eight major championships and led the PGA TOUR money list five times
14 PGA TOUR Champions wins including six major tournaments



Rocco Mediate



Scott McCarron



Tee up

Diabetes Care at Hoag

The Mary & Dick Allen Diabetes Center at Hoag can help you gain control over your diabetes.

At the Allen Diabetes Center, we have a multi-disciplinary team ready to better serve your needs as you navigate your diabetes journey.

We salute Toshiba, all the sponsors, and volunteers for their commitment to our community over the past 20 years.

It is because of the generosity and support of the community and organizations like Toshiba that the Mary & Dick Allen Diabetes Center is able to provide services for those with, or at-risk of, diabetes in our community.



Hoag.org/Toshiba



Military Appreciation Day

Saturday, March 10

On Saturday, March 10, we celebrate our servicemen and women during our third annual Military Appreciation Day presented by Microsemi.

As part of Military Appreciation Day, all Active Duty, Military Reserve, National Guard, Military Retirees and Veteran – and up to three (3) of their guests – will once again be honored with complimentary admission and food and beverages to thank them for their service to our country.

- ▶ 9:15 a.m. – Opening Ceremony at 1st Tee with military flyover (prior to play)
- ▶ 5:15 p.m. – Closing Ceremony on the 17th Green with live performance by John Daly (following play)
- ▶ All Weekend – Messages for Military: Thank our military by leaving a personal message on our Messages for Military board.



Student Day

Sunday, March 11

Student Day will be on Sunday, March 11. Students age 18 and under will receive complimentary admission. High school and middle school aged students are invited to participate in the putting contest with opportunities to win scholarships, local attraction tickets, tournament merchandise, golf equipment and more.

Schedule of Events

- ▶ 10 a.m. – 4 p.m. – Kids Fun Zone for all ages will be located behind the 9th green. A scavenger hunt, craft station, interactive games and obstacle courses will be the perfect place for kids of all ages to participate in some golf themed fun.
- ▶ 1 p.m. – 4 p.m. – putting contest at the putting green. Check in at the Social Media Lounge behind the 18th green



Fan Experiences

The Toshiba Classic is more than a golf tournament – it’s an “experience” for the whole family! Check out the new fan attractions to enjoy all weekend long.

Blue Shield of California Attractions

Upon entering the Toshiba Classic, first stop by the Blue Shield Hoag Health Village, where Blue Shield is hosting a Portrait Studio to remind fans that “when you feel great, you’re unstoppable,” with complimentary black and white portraits for every fan. Hoag will also be on site with games, giveaways, and information about various health-related topics as well as its specialty centers, institutes and partners. Next up, seniors can kick back and comfortably enjoy the views on hole 9, from Blue Shield’s exclusive “Senior Section.” Lastly, fans of any age can take a break from the sun and recharge under shaded bleachers at the 18th green, provided by Blue Shield of California.

Coors Light Cantina

Enjoy Mexican fare including “street tacos” while sipping on a Coors Light or signature margarita. The “Cantina” is a great spot to stop in for a break in the action or to post up for the afternoon with friends and catch up on all of the March Madness action on big screen TVs.

Orange County Golf Zone

Experience the best that Orange County golf has to offer. Interact with representatives from all of the area’s top golf courses, receive discount coupons and compete in various contests.

PAU Maui Hawaiian Village

Kick back, relax and find yourself on “island time” with PAU Maui Vodka cocktails and island-inspired fare – including an authentic Hawaiian pig roast. Located just off the 10th fairway, 14th green, and 18th tee box, the PAU Maui Hawaiian Village is the ultimate spot to catch the action of the back nine holes, without having to leave the seating or shade of this tropical oasis.

Social Media Lounge

The Social Media Lounge has it all. Wi-Fi to tweet, post, snap or like, and participate in fun social contests to win prizes and for those of age, lounge by the bar.



Volvo Auto Experience

Stop by and experience Our Idea of Luxury featuring the All New XC60 and the latest innovations from Volvo Cars!

Lastly, don’t forget to make your way to the 18th hole on Sunday for what’s sure to be an entertaining finish to the Toshiba Classic, where the 2018 winner will be crowned following play.

Get your tickets

Save \$5 off Good-Any-One-Day Tickets to the 23rd Toshiba Classic by purchasing in advance! Good-Any-One-Day Tickets are \$25 in advance and \$30 at the main gate. Every day of the tournament, kids 11 and under are free. For tickets, visit www.toshibaclassic.com/tickets or local Roger Dunn Golf Shops.

Limited VIP opportunities are available as well, including daily clubhouse badges Friday - Sunday. For more information, call the tournament office at 949-660-1001.

23 Years of Community Support

As we near the 23rd anniversary of the Toshiba Classic – and 20th year since Hoag became host, manager and beneficiary of the tournament – the Toshiba Classic has now generated more than \$19 million for charity, the most on the PGA TOUR Champions. Toshiba and Hoag are as proud of their dedication and commitment to the Orange County community.

Proceeds from the 2018 Toshiba Classic will benefit the Mary & Dick Allen Diabetes Center at Hoag, which provides comprehensive services for those with, or at risk for, diabetes, regardless of their ability to pay. Last year’s Toshiba Classic generated more than \$1 million for the Mary & Dick Allen Diabetes Center.

The American Diabetes Association estimates nearly 30 million Americans live with diabetes and more than 86 million Americans are at increased risk –

recognizing Orange County is deeply affected by this chronic disease, the Mary & Dick Allen Diabetes Center is dedicated to making a positive difference in the lives of people with diabetes through its clinical, educational and support services. For more information, visit www.hoag.org/diabetes.

In addition to the tournament’s charitable impact, the community has benefited from economic impact as well – to the tune of more than \$28 million per year. The Toshiba Classic fills hotel rooms, restaurants and businesses during the competition, and thanks to television broadcast on the Golf Channel in the U.S. – and internationally on PGA TOUR television partners overseas – the exposure for the Orange County community provides benefits that are both incredibly positive and immeasurable.





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2018 TOSHIBA PARKING MAP & SHUTTLE SERVICE HOURS

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Monday—Sunday
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Newport Beach, CA 92660

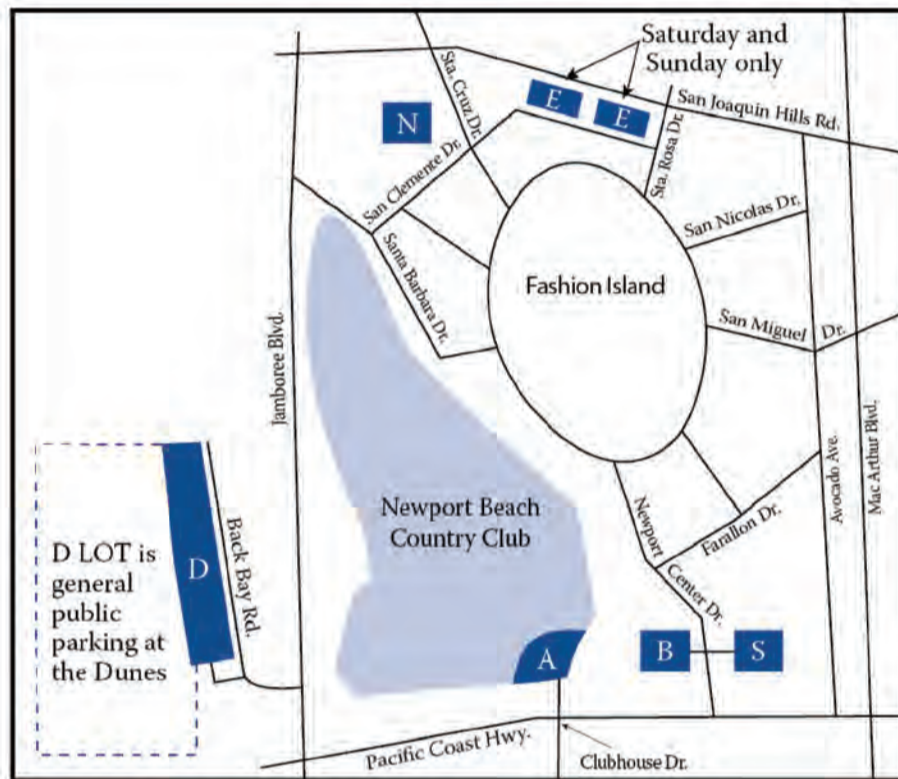
B-LOT (Parking Pass Required)
Saturday & Sunday ONLY
1200 Newport Center Drive
Newport Beach, CA 92660

D-LOT (Public Parking— \$10)
Wednesday—Sunday
1331 Back Bay Drive
Newport Beach, CA 92660

E-LOT (Public Parking— Free)
Saturday & Sunday ONLY
600 Newport Center Drive
Newport Beach, CA 92660

N-LOT (Parking Pass Required)
Friday—Sunday ONLY
800 San Clemente
Newport Beach, CA 92660

S-LOT (Parking Pass Required)
Saturday & Sunday ONLY
1 Corporate Plaza Drive
Newport Beach, CA 92660



RIDESHARE / TAXI DROP-OFF & PICKUP:
The Toshiba Classic encourages the use of rideshare or taxi services to/from the Toshiba Classic. When utilizing these services, please use the following address for all drop-offs and pick-ups:

Newport Beach C.C.
One Clubhouse Drive
Newport Beach, CA 92660

Newport Beach Country Club

We also celebrate the 22nd anniversary of the Newport Beach Country Club (NBCC) hosting the event – the longest on the PGA TOUR Champions by a wide margin. NBCC is extremely important to this event, and their commitment is extraordinary in the world of golf, which sees host courses and sponsors constantly change.

The Toshiba Classic spectators have the opportunity to enjoy NBCC's new, stunning two-story clubhouse, which boasts world class-dining, state-of-the-art fitness, and event and social facilities.

The family-friendly clubhouse showcases beautiful panoramic views of the blue Pacific Ocean and vibrant green fairways of its championship golf course. The Seahorse restaurant has indoor/outdoor seating for up to 150 people, with a private dining area for up to 120. The quintessential California approach to fine dining is a must for any stopping by during tournament week. The clubhouse truly represents the complete country club experience, with resort-style amenities that will leave even the most affluent guests in awe.

For more information about the Newport Beach Country Club, please visit www.NewportBeachCC.com or call 949-644-9550.

LOT	A—LOT (ON-SITE)	B & S LOTS (ON-SITE)	D— LOT (SHUTTLE)	E— LOT (SHUTTLE)	N—LOT (SHUTTLE)
	SPONSOR LOT PASS REQUIRED	SPONSOR LOTS PASS REQUIRED	PUBLIC LOT PASS REQUIRED OR \$10	PUBLIC LOT COMPLIMENTARY	SPONSOR LOT PASS REQUIRED
Monday	9:00am—5:30pm	Closed	Closed	Closed	Closed
Tuesday	9:00am—5:30 pm	Closed	Closed	Closed	Closed
Wednesday	5:45am—7:00pm	Closed	8:00am—6:00pm	Closed	Closed
Thursday	5:45am—8:00pm	Closed	8:00am—6:00pm	Closed	Closed
Friday	8:00am—6:00pm	Closed	8:00am—6:00pm	Closed	7:00am—6:00pm
Saturday	8:00am—6:00pm	8:00am—6:00pm	8:00am—6:00pm	8:00am—6:00pm	8:00am—6:00pm
Sunday	8:00am—6:00pm	8:00am—6:00pm	8:00am—6:00pm	8:00am—6:00pm	8:00am—6:00pm

Celebrating 20 Years

This year, Hoag Hospital and Toshiba celebrate a successful 20 year partnership with the PGA TOUR Champions. Under Hoag's auspices, the Toshiba Classic has become the most philanthropic event in PGA TOUR Champions history.

We thank all of our sponsors, volunteers and supporters for a remarkable 20 years!



Classic Car Specialists Open in Newport Beach

We are guessing that if you've driven down Campus Drive in Newport Beach over the past few months, between the private jet terminals across from John Wayne, you've probably noticed a new automobile showroom *not* displaying new cars, but instead classic ones! Morris and Welford, a classic and vintage car dealership, has opened at 4040 Campus Drive primarily specializing in sports and racing cars from the 1950s and 1960s. Malcolm Welford and Miles Morris have partnered with England's premier classic car dealership, JD Classics, to enter the North American classic car market, and they have chosen Newport Beach as their headquarters. The fabulous showroom features Aston Martins, Ferraris, Bentleys and even a 1920 Stutz 'Bearcat,' one of the first American supercars. They have recruited Pat Persichini, formerly from Ferrari of Newport Beach, to head up sales, and when we asked Pat "why the move from Ferrari after 18

years?" He answered, "Classic cars transport us to a different era...the sounds, the chrome, the designs are all captivating and evoke wonderful memories in all of us. These beautiful cars have also proven to be actual investments over time while most new cars plummet in value, adding to the allure of the classic car hobby. M&W buys, sells and consigns these cars and can offer unique methods to finance them." Morris and Welford are excited to be in Newport Beach and look forward to becoming part of the community. They are open during the week from 9 a.m. to 5 p.m. and by appointment on the weekends to cater to their clients' busy schedules.

Morris and Welford is located at 4040 Campus Drive in Newport Beach. Please call 949-679-4999 and visit www.morrisandwelford.com for more information.



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Champion Your Investment Strategy

Professional golfers don't rely on luck. They have a strategy and plan to win every tournament. The same approach applies in successful wealth management. Here's how you can put strategy into action before taking a swing at the investment game.

1. Practice Makes Perfect

Serious golfers study and make the game their passion. That's why they play the course before a tournament and consult the yardage book to learn all possible scenarios for each hole. Pros know to factor in variable elements like wind direction and speed, hazards, slope, grain and trees when selecting the club for each shot.

In the financial markets, there are also many variables to consider such as inflation, the yield curve, micro and macro-economic trends, and geo-political risks. The champion investor is mindful of these variables and invests accordingly.

2. Navigate to Avoid Hazards

A champion golfer aims to earn the lowest possible score during the game. To achieve this, they make a mental calculation of the risk of every shot. They plan their strokes wisely and resist high-risk speculation.

Just as the risk of a golf shot can be traded off against lower-risk alternatives, so can the risk of an investment in your portfolio. An investor who bought shares of Microsoft in 1986 may spend the rest of their life looking for the next big "winner." This wastes valuable time – a key component in successful financial returns. The champion investor hires an experienced advisor to help evaluate the risk of each investment and guide their decisions.

3. Have a Game Plan

Uncertainty is part of the game of golf. And investing. But you need to start somewhere. Start with the end goal in mind – whether it is successfully funding your retirement, generating a long-term income stream, or leaving a legacy to your family or favorite charities.

The champion investor has planned responses to market movements and occasional stock losses. They confidently steer themselves into buying opportunities caused by emotional selloffs. Keep your eye on the ball and avoid impulsive reactions to market volatility. Instead, be prepared with a game plan to respond to opportunities to invest.

4. Seek Expert Advice for Optimal Results

Champion golfers consult an array of experts before each round and shot. They often have a swing coach, physical trainer, mental coach, and a caddy whom they trust to help navigate the course.

A champion investor knows NOT to go it alone. They seek expert advice and counsel to create a custom strategy to meet their personal goals and help avoid the disappointing results of a one-size-fits-all approach. Independent advisors have the flexibility to customize portfolios to meet the client's needs now and in the future. They can help minimize risk and achieve a greater risk-adjusted return.

If you want to become a champion investor, borrow from the playbook of a champion golfer. In summary:

- ▶ Start with the end goal in mind.
- ▶ Study the market and wide array of available options.
- ▶ Develop a custom strategy that works for you.
- ▶ Count on professional, expert advice.

If you take this approach, you'll improve your technical ability and have the confidence that your investment portfolio is working for you. We consider this a "win" in the investment game.



About The Money Guys

The Money Guys is an ensemble team of experienced financial and tax professionals at Applied Financial Planning, an independent, objective investment practice based in Irvine. Applied Financial Planning gives your future direction by providing the know-how and personal attention to help grow your assets and minimize taxes.

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Marcelo Bernardo, LPL Financial Consultant

Marcelo Bernardo is an independent LPL Financial Consultant with more than 20 years of experience offering strategic counsel to clients on retirement planning, tax-efficient investing and wealth transfer. He is well-versed in stocks and bonds, mutual funds, fixed and variable annuities, life insurance and college savings plans. He develops customized investment portfolios that reflect each client's unique financial needs and goals. Mr. Bernardo manages portfolios for individuals, business owners and retirees. He holds a bachelor's degree in Business Administration with an emphasis in Finance from Cal State Fullerton. He is an avid golfer who competes on the Golf Channel Am Tour. Contact him at 800-452-5264 or Marcelo.Bernardo@lpl.com.



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Hoag's Mary & Dick Allen Diabetes Center Is Making a Big Impact for Those Living With Diabetes

According to the American Diabetes Association, nearly 30 million Americans have diabetes and more than 86 million Americans are at increased risk for developing diabetes. The Mary & Dick Allen Diabetes Center at Hoag makes a positive difference in the lives of people with diabetes through its clinical, educational and support services.

The Toshiba Classic Is a Symbol of Community Support for Mary & Dick Allen Diabetes Center

The Mary & Dick Allen Diabetes Center is honored to be the beneficiary of the Toshiba Classic for the past seven years. Thanks to the generous community, the Allen Diabetes Center is primarily supported by philanthropy to ensure access to services for all. The Allen Diabetes Center helps patients achieve goals and is dedicated to supporting patients through their journey with diabetes.

The Allen Diabetes Center is grateful for the tremendous financial support and community awareness brought by the Toshiba Classic.

Specialized Patient Centric Programs

The Mary & Dick Allen Diabetes Center provides a comprehensive model of care that promotes long-term health and wellness for people living with diabetes. This includes access to endocrinologists, social workers, nurse educators, dietitians, and other health care specialists, to coordinate individual and personalized care for patients.

In collaboration with CHOC Children's®, the Allen Diabetes Center offers pediatric endocrinology care, education and support services for children with diabetes and their families.

The Ueberroth Family Program for Women With Diabetes—Sweet Success, offers classes for pregnant women with type 1 and type 2 diabetes. Certified diabetes educators provide personal, detailed consultations related to medications, meal planning, and insulin instruction and pump training.

The Herbert Family Program for Young Adults With Type 1 Diabetes addresses the financial, psychological, social and physical changes that challenge the emerging adult, their families and support system.

The Allen Diabetes Center continues to offer patients the opportunity to address barriers that may be impacting their ability to manage their health and provides support to help patients improve their quality of life.



A Healthy Lifestyle Program provides support, empowering knowledge and weight skills to help patients make a healthy lifestyle change and reduce their risk for diabetes and other chronic diseases.

The Allen Diabetes Center maintains a strong research program aimed at improving the understanding of behavioral, psychological, and social aspects of diabetes and implements patient-centered interventions to improve outcomes.

Diabetes Education Leads to Healthier Lives

Education is integral to successfully managing diet, physical activity and medications, all of which will help avoid complications of diabetes and lead to a healthier life.

To reach every individual with diabetes, the Allen Diabetes Center offers free diabetes education and support classes, including community education presentations, peer support groups, and healthy cooking demonstrations.

For more information on the Mary & Dick Allen Diabetes Center, please visit Hoag.org/Toshiba.

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Most people know that choosing the right doctor can make all the difference to a patient's health. But not everyone knows why.

While a primary care physician (PCP) can help you to stay well and treat you if you are ill, that's not all your doctor can do for you. A PCP is also your conduit to specific hospitals and specialists in your area.

That means that if your physician is a Hoag Medical Group (HMG) doctor, you have access to nationally recognized specialists, state-of-the-art facilities and some of the most innovative diagnostic and treatment options in the region. A physician group with a variety of specialties (internal medicine, family medicine, pediatrics, geriatrics, endocrinology, rheumatology, sports medicine, diabetes, allergy & immunology, HIV and infectious disease), HMG offers same day appointments, unrushed personalized visits, and direct access to all of Hoag's facilities and services.

Those facilities and services are constantly expanding. For more than 65 years, Hoag Memorial Hospital Presbyterian has delivered a level of personalized care that is unsurpassed among Orange County's health care providers. Over the years, Hoag has extended access to its high-quality care, growing from the original Hoag Hospital Newport Beach to a health care network that also includes Hoag Hospital Irvine and Hoag Orthopedic Institute, as well as 10 urgent cares and seven health centers.

By choosing an HMG primary care physician, patients receive access to all of these world-class facilities, as well as to a network of more than 1,500 physicians and five institutes providing specialized services in cancer, heart and vascular, neurosciences, women's health, and orthopedics through Hoag's affiliate, Hoag Orthopedic Institute.

The quality of care Hoag provides has been consistently lauded year after year by local, state and national organizations – and it is the reason Hoag is one of the most trusted names in health care in Orange County.

Hoag is a Magnet® designated hospital through the American Nurses Credentialing Center's (ANCC) Magnet Recognition Program. This credentialing program for hospitals recognizes excellence in nursing and is the highest honor an organization can receive for professional nursing practice.

Hoag was the highest ranked hospital in Orange County in the 2017-2018 U.S. News & World Report Best Hospital Rankings, ranking No. 3 in the Los Angeles metro area and No. 8 in California.

Women's Choice Award® 2018 named Hoag as one of America's Best Hospitals for Heart Care and Obstetrics. This is the fifth consecutive year Hoag has received this recognition.

Becker's Hospital Review has named Hoag one of "100 Great Hospitals in America" four times, the only hospital in Orange County to make the list. And for an unprecedented 21 years, residents of Orange County have chosen Hoag as one of the county's best hospital in a local newspaper survey.

Access All of Hoag through Hoag Medical Group

Depending on your health insurance plan, you will need to select a primary care physician from an approved network or list. By choosing a Hoag Medical Group physician, you will receive direct access to all of Hoag's facilities and services.

This includes services that are innovative and emerging. With access to clinical trials and a nationally recognized robotic surgery program, Hoag is continuously expanding the limits of health care well beyond what anyone could have imagined even a decade ago.

For example, Hoag is one of the few community hospitals in the nation to conduct Phase 1 clinical trials. Usually the purview of university research facilities, Phase 1 trials are used to test the safety and efficacy of a new drug or procedure. Hoag is involved in more than a dozen such trials in oncology. This is in addition to a variety of additional clinical trials in cancer, cardiovascular, neuroscience and diabetes care.

Hoag is also the first hospital on the West Coast to provide ExcelsiusGPS™, a cutting-edge technology platform for robotic-assisted, minimally invasive spine surgery that offers patients a level of accuracy and efficacy no other hospital on the West Coast can match.

By combining the benefits of navigation and robotics, the ExcelsiusGPS provides constant, high-quality visualization throughout the surgery to help ensure success and improve outcomes. The system is designed to streamline the procedure, minimize pain after surgery and reduce overall radiation exposure to the patient, surgeon and staff. This means better outcomes with less risk.

ExcelsiusGPS is just the latest in robotic-assisted surgical techniques that has differentiated Hoag throughout the years. Robotic-assisted procedures are becoming the standard of care across a spectrum of areas at Hoag including cancer, gynecologic surgery, cardiac surgery, thoracic surgery, and general surgery.

In cancer treatment, robotics has transformed the way surgeons approach certain gynecologic, urologic, lung, and colorectal tumors. And in cardiac care, robotic surgery allows surgeons to provide more specialized services, than traditional approaches.

Hoag's unparalleled commitment and ability to consistently deliver safe, effective and evidence-based care led to the hospitals' designation as a Center of Excellence in Robotic Surgery (COERS) from the Surgical Review Corporation.

Clinical trials and cutting-edge robotic-assisted surgery might not be the top of your mind when you're thinking about whom you want to see for your annual physical. But by choosing a doctor who is connected to Hoag, you guarantee yourself access to some of the most exciting and expert care in the region. Should you ever need these innovations, they are at your disposal.

Most people know that choosing the right doctor can make all the difference to a patient's health. Connecting you to the high-quality care you and your family want and need – that's the reason why.

For more information on Hoag and Hoag Medical Group, visit Hoag.org.

