

# AYU SASTRA 2015 conducted From 2nd to 5th April 2015

Ayusastra the largest training program on surgery in Ayurveda was conducted at AVP Research Foundation from 2nd-5th April 2015. The program was inaugurated by Dr. Vanitha Muralikumar, the president of CCIM in presence of eminent luminaries like Dr. Thangavelu, Secretary, Indian Medical Association, Dr. C. Manoharan, Chairman, NG Hospitals Pvt Ltd, Dr.



Hemanthkumar, Prof & HOD, SDM College, Dr. Ravishankar Pervaje, Sushruta Ayurveda Hospital, Dr, Raghuram Bhat, Principal, Ayurveda College Coimbatore along with Dr. Ram Manohar, Director and CSO, AVP Research Foundation and Dr. Rajendra Prasad, Administrator AVPRF and





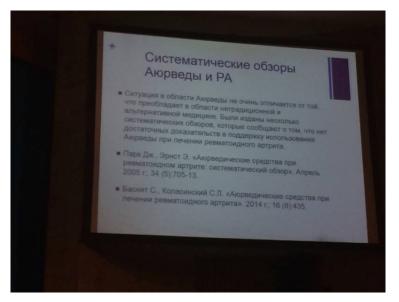


The workshop organised by SASTRA (School for Advanced Training and Research in Ayurveda) under AVPRF aimed to train young Ayurveda students and practitioners on the surgical procedures practiced in Ayurveda. The workshop was attended by 131 delegates from six different states of India under the expert guidance of six successful surgeons from the field of Ayurveda, Including Dr. Ravishankar Pervaje, MS (Ayu), Dr. Hemantha Kumar, MS (Ayu), Dr. Ramesh Bhat, MS (Ayu), Dr. Suresh Kumar. MD (Ayu) and Dr. Mohan Kumar, MD (Ayu), Dr. Praveen S Patil, Dr. Shanmugam, Varma specialist. Surgery performed in the operation theatre were live broadcasted at the venue to of the training enabling to interact with surgeon during the surgery.



#### Presentation at Peoples Friendship University of Russia during the Second All Russia Ayurveda Congress, Moscow, Russia - 09th to 11th April 2015

Inaugural Session of the Second All Russian Ayurveda Congress was held at the Venue of the Man and Medicine Pharmaceutical Exhibition,





Moscow giving Ayurveda a representation at this event. Dr. P. Ram Manohar made a presentation on 'Experience and Evidence in management of Rheumatoid Arthritis' at Peoples Friendship University of Russia during the Second All Russia Ayurveda Congress on 10th April 2015, Moscow, Russia.



#### AVP Research Foundation Signs MoU with Gujarat Ayurveda University.



AVP Research Foundation signs MoU with Gujarat Ayurved University for cooperation in education and research in Ayurveda. Dr. Rajesh Kotecha, Hon. Vice Chancellor of Gujarat Ayurved University and Dr. P.R. Krishna Kumar, Chairman, AVP Research Foundation inked the MoU on function held on 29th April.

## Symposium on Management of Rheumatic Conditions with focus on Scleroderma and Osteoarthritis - 29th April 2015



A Symposium on Management of Rheumatic Conditions with focus on Scleroderma and Osteoarthritis was held at AVP Research Foundation on 29th April 2015.

Dr. Daniel Furst, MD, University of California, Los Angeles, Dr. Rajesh Kotecha, Vice Chancellor, Gujarat Ayurved University, Dr. Shanmugham, Thirumoolar Varma Institute, Dr. Mohan Kumar, Thrissur, Dr. Natanasabapathy, Orthopaedician, Dr. Amitava Bhattacharya, PSG Institute of Advanced Studies, Dr. Sapna, Arya Vaidya Chikitsalayam, Coimbatore delivered lectures on relevant themes during the symposium.





Dr. Rajesh Kotecha delivered a lecture on Need for collaborative Research in Ayurveda followed by lecture on Challenges in Management of Scleroderma by Prof. Daniel Furst. Dr. PN Mohan Kumar delivered lecture on Ayurvedic Management of Scleroderma, Dr. Natana Sabhavathy, spoke on Challenges in Management of Osteoarthritiswhile Dr. N. Shunmugom spoke on possibilities of Varmam in Management of Knee Arthritis. Dr K V Sapna detailed a case report on Scleroderma from the case records at Arya Vaidya Chikitsalayam. Dr. Amitav Bhattacharya spoke on Nanobiotechnological Intervention in sophistication of surgical management of arthritis knee and probable contributions of Ayurveda in it. The symposium was attended by nearly 150 delegates.

#### Dr. Daniel Furst gives training in rheumatology for doctors at AVPRF - 30th April 2015

Dr. Daniel Furst, University of California, Los Angeles gave training to the doctors of Arya Vaidya Chikitsalayam and AVP Research Foundation in diagnosis of rheumatological diseases and clinical examination procedures. He delivered lectures and also engaged the participants in bedside training at the Arya Vaidya Chikitsalayam Hospital.





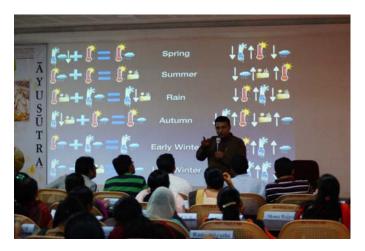


#### Ayu Sutra 2015 - 01st to 07th May 2015

Ayu Sutra, the 7 day Clinical Workshop on Sutra Sthana of Ashtanga Hrdaya was conducted by AVP Research Foundation from 01st to 07th May 2015. The program was attended by 39 Ayurvedic students which included PG & UG Scholars, and Practitioners, from different colleges in India, who were selected after meticulous screening test. Eminent personalities in the field of Ayurveda like Dr. Vijith Sasidhar, Dr. A N N Nambi, Acharya V Vasudevan, Dr. S. Gopakumar and Dr. P. Ram



Manohar were amongst the resource persons who conducted the program.



Padmasri Dr. P. R. Krishna Kumar, MD of Ayurvedic Trust interacted with the delegates.

Each day of the program started with chanting of Dhanvantari ashtottaram followed by the chapter of Sutra Sthana of Astanga Hridayam. The program included 'Meet the Acharya' sessions, discussions on the structure of the Sutra Sthana, Sloka analysis and interpretation, hands on training in preparation of

medicines,

software sessions and treatment observations.

The highlight of the program was the Ayuprashnamancha- a multimedia quiz program conducted by Dr. P. Ram Manohar.



#### Certificate Course on Ayu Sastra 2015 - 12th to 26th May 2015

Hands On Training Program of 15 days was organised by AVP Research Foundation under the leadership of Dr. E. Sethukrishna from 12th May to 26th May 2015.

The programme was attended by 19 delegates from six different states of India under the expert guidance of six successful surgeons from the field of Ayurveda, Including Dr. Hemantha Kumar, MS (Ayu), Prof & HOD, SDM Ayurveda College





Surgery performed in the operation theatre were live broadcasted at the venue to of the training enabling to interact with surgeon during the surgery.

Hassan, Dr. Ramesh Bhat, MS (Ayu), Bangalore, Dr. Mohan Kumar, MD (Ayu), Kerala, Dr. M. Bhaskar Rao, Sumana Ano Rectal Hospital, Tirupati, Dr. Rajneesh V Giri, Sukhayu Centre for Ayurveda, Bangalore,



International Scientific Network - Fostering India Latvia Cooperation 28,29 and 30 of May, 2015 at Riga, Latvia AVP representation at India Latvia



28th May 2015 - Dr. P. Ram Manohar delivered Keynote Address during Inaugural Ceremony at Ministry of Foreign Affairs, Government of Latvia.





Dr. P. Ram Manohar and

Dr. Somit Kumar participated in the Panel Discussion during the Academic Forum on Integrating Traditional Holistic Medical Science in Modern Academic, Research and Health Care Practices.

29th May 2015 - Dr. P. Ram Manohar conducted the Dhanvantari Puja during Scientific Sessions following this he chaired the scientific session in the morning and delivered lecture on research methods in Ayurveda. Dr. Somit Kumar

Co-chaired scientific session with Dr. Neireo and Dr. Antonella.



30th May 2015 - Dr. Antonella Delle Fave presented the proposed DMD study at AVP and University of Milan, Dr. Somit Kumar delivered a lecture on Ayurvedic Pharmacology and Dr. Sintija presented results of diabetes study at AVP and University of Latvia.





#### Seminar on Current Trends in Ayurvedic Research

Dr. Ram Manohar delivers lecture on Methods and Strategies of High Impact Research in Ayurveda at the Seminar on Current Trends in Ayurvedic Research organised at Rajiv Gandhi Centre for Biotechnology on 23rd May 2015. This event was organised as part of the National Arogya Fair organised by World Ayurveda Foundation with the support of the Department of AYUSH, Government of India from 21st to 24th of May, 2015.





### National Arogya Expo 2015, Thiruvanthapuram - 21st to 24th May 2015

AVP Research Foundation participated in the National Arogya Expo 2005 organised by Department of AYUSH at Thriuvanathapuram, Kerala.

Mr. Sujith Subash E. participated in the Seminar- Entrepreneurship in Ayurveda on May 22nd and Seminar- Current Trends in Ayurvedic Research on May 23rd at Rajiv Gandhi Centre for Biotechnology,

Thiruvananthapuram.

#### **AVPRF Conducts Free Medical Camp - 14th June 2015**

AVP Research Foundation conducted a medical camp for residents of the Pillayarpuram, Madukarai, Coimbatore on 14th August 2015 from 9 AM to 1 P M . 102 p a t i e n t s attended the camp and were examined by Six doctors. The camp was o r g a n i s e d u n d e r t h e auspices of Amrita Seva Kendram, Coimbatore.



#### New Initiative by AVPRF- A blog for Gynaecology Speciality Research Clinic 'GOTRA'.

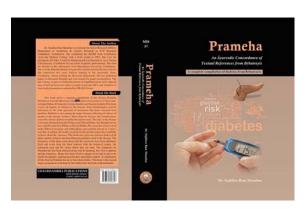
This Research Clinic targets at maintaining women health and wellness. This would include management of menstrual problems, pre and post natal care, menopausal complaints and counselling. This blog has been created for public awareness with respect to the specific conditionsFor further details please visit <a href="http://gotra.avpresearch.org/">http://gotra.avpresearch.org/</a>

#### GOTRA - The first medical camp on 24th June 2015

Dr. Lalitha from Bengaluru was the consultant physician for the camp assisted by our Doctors. Patients with variety of diagnosis attended the camp.



#### Book on Prameha by Dr.Sujithra Ram Manohar published by Chaukhamba



'Prameha- An Āyurvedic concordance of Textual References from Bṛhatrayī's' gives a complete compilation of the disease the four major classical texts of Āyurveda- Aṣṭāṅga Hṛdaya and Saṅgraha, Caraka Samhita and Suṣruta Samhita. This book, covers all aspects in relation to the disease, from terminologies used & references to the wide spectrum of treatments that these classical texts mention. The book also lays down a complete index of all the plant, animal and mineral products used along with its frequency.

All the symptoms mentioned are also tabulated.

#### **VISITORS AT AVPRF**

- 1. Dr. Vanitha Muralikumar, President of CCIM
- 2. Dr. Daniel Furst, University of California, USA
- 3. Dr. Rajesh Kotecha, Vice Chancellor, Gujarat Ayurvedic University, Gujarat
- 4. Dr Ravishankar Pervaje, Sushruta Ayurveda Hospital, Puttur.
- 5. Dr P Ramesh Bhat, Bangalore
- 6. Dr. P N Mohan Kumar, Thrissur
- Dr. P Hemanatha Kumar, Prof & HOD, SDM College of Ayurveda & Hospital, Hassan, Karnataka.
- 8. Dr. M. Bhaskar Rao, Sumana Ano Rectal Hospital, Tirupati
- Dr. Rajneesh V Giri, Sukhayu Centre for Ayurveda, Bangalore
- 10. Dr. ANN Nambi, SNA Oushadashala, Thrissur

- 11. Dr. Vijith Sasidhar, Sreekrishna Ayurveda Chikitsa Kendram, Kerala
- 12. Acharya V Vasudevan, Director, Arsha Yoga Vidya Peetam, Coimbatore
- 13. Dr. S. Gopakumar, Govt. Ayurveda College, Trivandrum.
- 14.Dr. C. Suresh Kumar, MD & Chief Physician, Triveni Nursing Home, Trivandrum.
- 15. Dr. Praveen S Patil, Maharashtra
- 16. Dr. Shanmugom, Varma Specialist, Coimbatore
- 17. Dr. C Manoharan, Chairman, NG Hospitals Pvt Ltd, Coimbatore.
- 18. Dr. Amitava Bhattacharya, PSG Institute of College, Coimbatore.
- 19. Dr Natana Sabhavathy, Coimbatore