



# NEWSLETTER

of the Nutana Community Association

Winter 2017

## 2016-2017 NCA BOARD

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Myrtle Harrington

### *Indoor Programs*

Jane Calder

Marc Pelletier (Online Reg)

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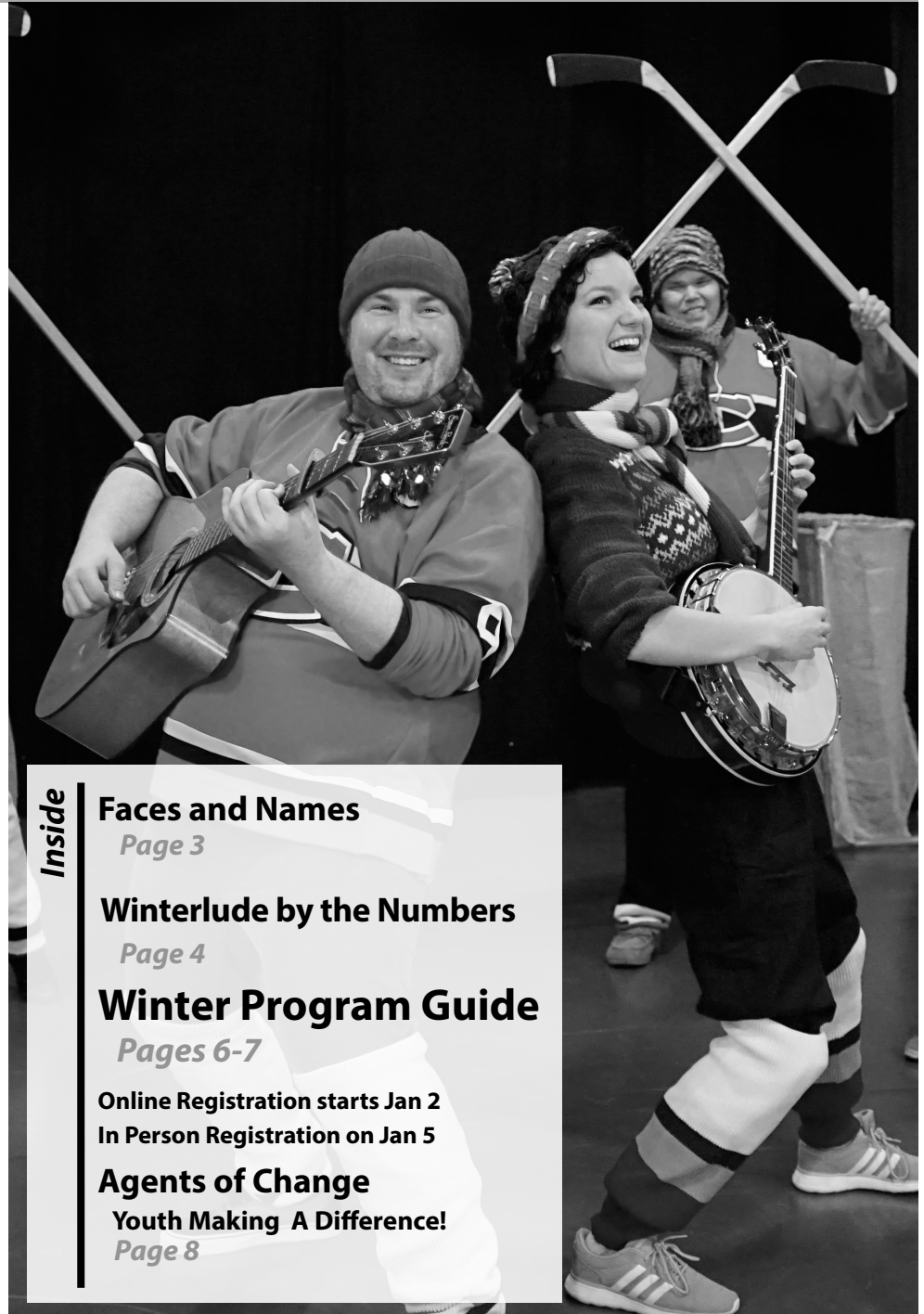
Daryl Janzen (Victoria School)

Garth Cantrill (Marr Residence)

### *Directors at Large*

Monique Tallon

Paul Labelle



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**In Person Registration on Jan 5**

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@nutanacommunity



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To contact the NCA, visit our web site: <http://www.nutana.ca/>

# President's Message

Seasons greetings from everyone at the Nutana Community Association!

I think it would be fair to say the NCA has had a very busy autumn and it looks like our winter season will be just as hectic. Once again Pumpkins in the Park was a great family evening with mild weather and lots of kids, pumpkins and good cheer. The City of Saskatoon came through with enough bins for all the pumpkins, so the clean up was the fastest ever! Thank you everyone who came out and helped with this event.

Of course on the heels of Pumpkins in the Park was the November 18th fundraiser for the Albert Recreation Unit. Richelle Fairburn, our capable Social Coordinator, led a team of volunteers in the creation of a two band party at the Cosmo Senior Centre. What a great evening and it brought the NCA and the Albert Rec Unit fundraisers just that much closer to getting the park project started. For everyone that came out and supported this event, thank you. We are at the halfway point in our efforts. This is a big project for our community and our volunteers... and yes, more fundraising is planned.

## Upcoming NCA Meetings

Usually we meet the first Wednesday of each month but this winter has a few different meeting dates as follows.

Weds, Jan 4 7:00 pm

Weds, Jan 25 7:00 pm

Weds, Mar 8 7:00 pm

Meetings are held in the library of Nutana Collegiate.

Meetings are open and residents of Nutana are welcome to attend.

Winterlude is a much loved event that happens in early December. In 2015 the weather was too warm for ice and in 2016 the ice was ready but brrrr, it was too cold to be outside. The volunteers who stage this event are to be thanked for their resilience and ability to change the program to accommodate Mother Nature's whims.

Of course our fall programming is now becoming our winter programming, thanks to Jane Calder our Indoor Programming Coordinator for managing a robust schedule of activities in our community.

It's a pleasure to be a part of NCA, have a wonderful Christmas season and a very Happy New Year.

### Useful Contacts

*For information about our provincial government or help with your concerns, contact:*

**Cathy Sproule**, MLA for Saskatoon Nutana  
621A Main St., Saskatoon S7H 0J8  
Tel: 664-6101 (legislature: 306-787-9999)  
E-mail: csproule@ndpcaucus.sk.ca

*For local concerns and information, contact:*

**Charlie Clark**, City Councillor for Ward 6 (which includes Nutana) City Hall,  
222 3rd Ave. North, Saskatoon S7K 0J5.  
Tel: 229-4447

E-mail: Charlie.Clark@Saskatoon.ca

**Community Liaison Officers**

**East Division:**

**Constable Kimberley Robson**

Tel: 975-8032

Kimberley.Robson@police.saskatoon.sk.ca

**Constable Pam Fouquette**

Tel: 975-2263

Pam.Fouquette@police.saskatoon.sk.ca

### Newsletter Policy

*Publication:* three issues per year:

January, April, September

*Content:* information about local events, programs, organizations, people, places, etc. that are likely to be of interest to the Nutana community

*Contributions:* unsolicited contributions welcome; acceptance depends on appropriateness and timeliness of content, space available, etc.

*Advertisements:* no ads, except from the city

*Contact:* newsletter@nutana.ca

*Deadline for submissions:* the first day of the month that precedes the publication month

## Lyell Gustin Recitals Celebrate Canada 150

An array of outstanding artists, all Canadian-born musicians from stages national and international, perform in the 2017 Gustin Series. Mark your calendars for a season of concerts not to be missed!

*Winter Recital ~ the nation's only professional recorder quartet plays Bach'n Jazz*

Flûte Alors!

Friday, February 3, 2017

*Spring Recital ~ world-renowned classical superstar gives an all-Chopin concert*

Janinie Fialkowska, piano

Monday, April 3, 2017

*Summer Recital ~ stellar artist returns home to perform music from the glorious string repertoire*

Oleksander Mycyk, cello

Tuesday, August 22, 2017

All recitals are at St. Andrew's Presbyterian Church, 436 Spadina Cres. East

Performance 7:30 p.m.

Pre-concert talk 6:45 p.m.

### Admission:

Season Pass, \$95 reg. / \$80 student; single tickets, individually priced

Available at McNally Robinson, Yamaha Piano, Saskatoon Academy of Music, Committee members, or at the door.

Season Pass: a great gift, any occasion. Purchase by phone: Lynne, 306-653-8889

For more information, contact:

www.gustinhouse.ca

# Faces & Names

## About your NCA Executive

The NCA Executive is an active group of Nutana residents who volunteer their time and energy to improve their community. Members come from diverse backgrounds and take on various roles in the Association such as assisting with community events, organizing programs, liaising with the City and communicating what is happening in the neighbourhood. In this ongoing series, we will profile our executive members and committees and how they work to make Nutana the best place to live.

### Catherine Folkerson • President

In 1983 I left Ontario and headed west. It took one year in Saskatoon for me to find my way to Nutana and once I did, I stayed. My husband and I met in Nutana and are committed to a life in this community. The University community was where I spent my working hours, usually in the College of Agriculture. I am a graduate of the College of Agriculture and the Edwards School of Business.

The NCA garden by the Roastery is my personal favorite program of our association. Who doesn't like growing their own green beans and tomatoes

and lettuce? Growing up my father had a market garden and five children as assistants and so being able to practice these skills in an urban setting is something I am truly thankful for. Hats off to the garden coordinators of NCA.

It is a pleasure to be a part of NCA. What a great group of volunteers this association attracts! Our community is a better community because of their commitment.



## Get Involved!

Any Nutana Resident can be involved in the the Nutana Community Association.

We meet at 7:00 pm on the first Wednesday of each month September through June at the Nutana Collegiate Library. Meetings are open and anyone is welcome to attend and to help out with NCA events such as Pumpkins in the Park, Winterlude and Sweep Into Spring.

### The NCA Civics Committee

The Civics Committee is composed of two members of the NCA Board (currently Robert Clipperton and Lindsay Herman) assisted by a small group of community minded Nutana residents who help monitor the activity of City Hall as it impacts our neighbourhood.

The Committee reviews the proceedings of City Council and of the five City of Saskatoon Standing Policy Committees:

- 1) Governance and Priorities
- 2) Finance
- 3) Transportation
- 4) Environment, Utilities & Corporate Services
- 5) Planning, Development and Community Services.

Most often, the Civics Committee avoids taking a position on specific instances but puts its efforts into assuring that appropriate levels of community consultation take place. Topics taken up in the more recent past by the NCA through the Civics Committee include implementation of the Nutana Neighbourhood Traffic Review, development of new infill guidelines and the deteriorated condition of neighbourhood sidewalks.

Along with the civics representatives of other Ward Six community associations members of the Civics Committee participate in quarterly meetings with our Ward Councillor. This allows community associations to exchange ideas on common issues and provide for two way communication with our councillor, formerly Charlie Clark and currently Cynthia Block.

To encourage informed participation in last fall's civic election, the NCA sponsored an all candidates meeting allowing the seven Ward Six candidates to introduce themselves to residents and to allow residents to pose questions to the aspiring councillors.

Nutana residents who have issues that they would like to bring to the attention of the NCA may address them to the Civics Committee by e-mailing [civics@nutana.ca](mailto:civics@nutana.ca)

# Winterlude by the Numbers

## Average low temperature outside

-25.6°C (there was good reason for moving inside!)

## Number of performances of *The Hockey Sweater*

11 performances of about 20 minutes (over 3 hours!)

## Number of audience members

More than 700

## Number of students who watched Winterlude performances

Slightly less than 800

## Number of Maurice "The Rocket" Richard

9! 9! 9!

## Average temperature inside:

20°C (and it was warmer in our hearts)

## Number of Oskayak performers

2 dancers, 5 drummers

## Number of Free Sleigh rides

0 (It was too cold!)

## Number of Fire Dancers

3

## Number of burns treated due to Fire Dancer accidents

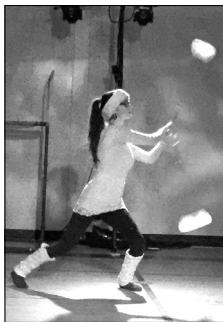
0 (They were really good and couldn't use actual fire inside.)

## Number of free hot chocolates and coffees served

1,000,000 (In truth we lost count but we know it was a lot!)

## Amount of fun had by all

Immeasurable!



A **BIG THANK YOU** to those who have donated time and money, given feedback and ideas, and most importantly, shown your enthusiastic support for our little park. We will do our best to make our little park a big success!

Here are some updates on the Big Plans / Albert Rec Unit park development:

- The City of Saskatoon / Canada 150 portion of the park rejuvenation is to remove and replace all the play equipment in the park. Final plans are being prepared, and while the timeline is not finalized, tender should be early 2017 with construction likely during spring of the same year. (All Canada 150 projects need to be completed by 2018)
- Final choices for the new play equipment are still being negotiated with the City, and should be finalized in the next few weeks. While we have made the community's preferences known, the final decisions rest with the City.
- To lessen the disruption to park users, we would like to proceed with our portion of the park rejuvenation on a similar timeline as the City's work.
- **HOWEVER**, our fundraising is about \$110 000 short to accomplish all that we want to do in the park. Despite this, we feel it is important to begin the rejuvenation now, although having a smaller budget means prioritizing items in the park design. It is not an easy process.
- Our goal is to submit final design plans to the City in January 2017. The City departments need to review and grant approval of the project with a final nod by City Council.
- At this stage, final working drawings and documents would be prepared by Ox-bow Architecture and construction could possibly start in spring 2017. Note that this is only a tentative schedule.



So... have you donated yet? Only \$100 per square metre to get your Good Deed! (All donations receive a tax receipt from the City)

Online donations here:

<https://nutana.ca/big-plans-for-a-small-park/>

# City Council Update

## Cynthia Block, Ward 6 Councillor



Season's Greetings Nutana Residents – Thank you for the opportunity to connect on some important civic issues for your neighbourhood. With nearly two months on the job, it has been a whirlwind of activity but I am truly enjoying every minute. It is an honour to represent you, and I am looking forward to what we can accomplish together over the next four years.

Congratulations to the organizers of the Big Night 2 for a Little Park. What a great fundraiser and a fantastic effort to advance the revitalization plan. This project and several others will take centre stage over the next year. The 2017 City Budget will provide opportunities for many communities in Ward 6. With new federal infrastructure money available, there is a plan to augment the sidewalk program, improve public transit and begin the process of eliminating lead pipes over the next decade. In addition, the City is cancelling its asphalt repair program for sidewalks. This means all new repairs will include full concrete replacement. While this comes at a higher cost, the federal infrastructure money combined with lower tendering prices for the road program mean this can be accomplished without a tax increase. Of course, it will still take years before all neighbourhoods see the benefit of this change, but it's a start.

Nutana will see an updated report on its Traffic Review implementation plan in 2017. Thanks to those who have reached out to keep me in the loop on your ideas and concerns. In addition to traffic and sidewalks, I know we have work to do around a number of other issues including infill development. If you'd like to stay on top of this and other Ward 6 news, please go to Facebook: [cynthiablockward6](https://www.facebook.com/cynthiablockward6). I will keep this page updated for all kinds of things including news releases, alerts, leisure guide info and general information. Also, if you'd like to receive the Ward 6 e-newsletter directly, please be in touch. My email address is: [cynthia.block@saskatoon.ca](mailto:cynthia.block@saskatoon.ca)

I'd like to begin hosting "Coffee with your Councillor" in the New Year – an opportunity to meet in a casual environment to discuss neighbourhood or city-wide issues. I'll post the

time / date / location on Facebook in January. In the meantime, the fastest way to get questions answered is to go online: [www.saskatoon.ca](http://www.saskatoon.ca) Then search: Contact Your Councillor. It's a useful tool that allows a seamless path from you to me and the civic administration.

I look forward to working with you. All the best this holiday season and best wishes for a happy, healthy 2017.

Sincerely,  
Cynthia Block



Positive Aging for All

Welcome to the 4th Annual  
**SCOA Globe Walk**



**Space Station  
Orbiting Tour 2017**



**REGISTER YOUR 2017 TEAM**  
(NO COST TO JOIN)  
From January 2017 until April 30, 2017 teams will **MOTIVATE** each other to walk the equivalent of over 500,000 miles on the Space Station!

Stroll or roll, hike or bike, swim or gym;  
all forms of physical activity will count. This winter let's keep our goal to exercise!! Join Globe Walk for success!!

**Captains register your team online on our new website:**  
[www.scoaglobewalk.net](http://www.scoaglobewalk.net) or call SCOA at 306-652-2255



**Investors Group**



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Forever...  
**in motion**  
Physical Activity - do it for life!



**City of Saskatoon**

# Winter 2017 Programs

Online registration opens on January 2, 2017 at <https://registration.nutana.ca>.

In-Person registration is 6:30-8:00 on Tuesday, January 5 at the Victoria School Library.

## Membership & Fees

A yearly membership fee of \$10 per family is required to participate in programs. NCA honours other community association memberships.

NCA offers cost-as-a-barrier assistance when needed. To apply, please contact [programming@nutana.ca](mailto:programming@nutana.ca). All inquiries are kept confidential.

For methods of payment, please consult [www.nutana.ca/program](http://www.nutana.ca/program)

### Botany Basics: Grow Your own Food

Join a variety of experts to learn more about growing your own food. A different expert will present on a topic each week, covering a wide range of topics for a variety of gardens. Beginners and experts welcome!

*Facilitator: Grant Wood*

### Drop-In Badminton

Recreational badminton, doubles format – instruction is not provided, however many players are willing to provide guidance and tips for improvement.

*Facilitator: Gerhard Freund*

### Drop-In Volleyball

Recreational volleyball – instruction is not provided, however many players are willing to provide guidance for improvement.

*Facilitator: TBD*

### Grammadrama

Back by popular demand! Fun filled drama exercises with older adults and children. Learn theatre tools to inspire confidence, creativity and a sense of play. Bring your grandparent (or grandchild) or come alone and make new friends! This intergenerational drama jam is full of laughter.

*Facilitator: TBD*

### Yoga Fit

YogaFit is a “flow” style of yoga aimed at people who want to improve their fitness levels. Participants move through sequences of poses that include lunges, squats and planks to build greater strength, increase flexibility and improve balance. Ends with deep stretching poses that allow the body to relax.

*Instructor: Leah Brannen*

### Yoga Multi-Level

Learn (or revisit!) the basic postures, sequences, and relaxation techniques in this user-friendly class. You may bring your own mat or borrow one of ours.

*Tues Instructor:Laureen Sumner*

*Thurs Instructor: Kathleen Brannen*

### Yoga for Runners and Others

Focuses on developing core strength through a series of poses that build in intensity. Sequences will build flexibility through hips and legs and will develop upper body strength. Please bring your own mat.

*Instructor: Leah Brannen*

### Postnatal Yoga with Baby (0-8 mos)

Great for any mom, dad, or caregiver wanting to learn yoga postures to gain muscle tone and strength and to ease strain from caring

for your baby and carrying all the gear that comes with them. This class allows you to come to yoga and spend time with baby in a fun, relaxed, and supportive environment.

*Instructor: Kathleen Brannen*

### Jazzercise

Burn up to 600 calories in one fun and effective 60-minute total body workout. Jazzercise is a fusion of jazz dance, resistance training, yoga, and kickboxing. Please bring your own mat and also light hand weights if you wish.

*Instructor: Penny Fox-Knudtson*

### Zumba

Inspired by Latin dance, Zumba involves a range of movements and aerobic conditioning set to high-energy music.

*Instructor: Karen Harbaruk*

### Zumba/Jazzercise Combined

For those of you who want a constant workout or want flexibility, enroll in both Zumba and Jazzercise at a reduced rate. Come one or two nights a week.

### Juggling

Weekly workshops, in which participants learn theory and skills of various circus arts. The emphasis is on juggling, diabolo, poi, spinning plates and flower sticks. For more information, visit [www.saskatoon-jugglingclub.com](http://www.saskatoon-jugglingclub.com).

*Instructor: Joel Miedema*

### Yoga for Youth (Vinyasa)

Youth and teens are introduced to the many benefits of yoga, building strength and flexibility. Emphasis is on the physical and mental benefits of exercise and meditation.

*Instructor: Amy Peters*

### Family Hoop Night

A family friendly class that consists of exercise, coordination, rhythm and fun! From babe's to grandparents, the hula-hoop can be a high or low impact tool.

*Instructor: Karla Kloeble*

### Family Yoga

Come with the whole family to learn yoga for beginners. All ages are welcome.

*Instructor: Karla Kloeble*

### Recreational Soccer

Instructor-led soccer skills development classes. Scrimmages typically held at end of each session, once basic skills are established. Two classes: ages 3-4 & ages 5-7.

*Instructor: TDB*

### Clay Sculpting

Youth will learn hand building techniques using clay and polymer clays.

*Instructor: Candice Grosenick*

### Arts & Crafts

Using a variety of drawing mediums, children will experience beginner techniques in drawing.

*Instructor: Candice Grosenick*

### Exercise with Osteoporosis

Exercising with osteoporosis can be a challenge but improving balance, posture, and muscle strength is essential to help us cope with it. This gentle class will provide safe and effective exercises to do just that. Your instructor, Laureen, is a yoga and fitness instructor who is also “BoneFit” trained through Osteoporosis Canada. Although this is not a yoga class, please bring a yoga mat if you have one. If you are unable to get down to the floor for mat exercises, a chair will be provided.

*Instructor: Laureen Summer*

### Saskatoon Shines Shuffleboard

Whether you are gearing up for that cruise or just want some light activity, join this long standing group of shufflers at St Joseph's Church.

*Coordinator: Clara Hidingier*

### Agents of Change

Agents of Change provides youth with a chance to practice their leadership and group work skills in a comfortable setting while having fun. Interactive activities follow the themes of diversity, human rights, conflict and resolution and sustainable development. Youth build attitudes, skills and knowledge on how to make a more just and peaceful world.

*Coordinator: Alanna King*

### Cosmopolitan Seniors Center Program

The Cosmo Seniors' Centre is a bustling place for seniors in the heart of Nutana. It has been operating for many years providing activities for seniors and a place of community. It has been a “Forever in Motion” site since the beginning. Fitness activities include exercise, yoga, and walking from qualified paid instructors. Afternoons are filled with cards and fellowship. Drop-ins are welcome. The Centre has a \$5 annual membership collected if you come regularly. No Registration Necessary

ADULT / YOUNG ADULT			NCA Membership Required (\$10 annual fee)			
Drop-In Badminton	18 Yrs +	Victoria School Gym	8:30 - 10:00 pm	Mon	Jan 16 - Mar 27	\$30
Drop-In Badminton	18 Yrs +	Victoria School Gym	8:30 - 10:00 pm	Thrs	Jan 19 - Mar 30	\$30
Drop-In Volleyball	18 Yrs +	Nutana Collegiate Gym	7:30 - 9:00 pm	Tues	Jan 17 - Mar 28	\$30
Yoga Fit	16 Yrs +	Victoria School Auditorium	6:15 - 7:15 pm	Tues	Jan 17 - Mar 28	\$60
Yoga Multi-level	16 Yrs +	Victoria School Auditorium	7:30 - 8:30 pm	Tues	Jan 17 - Mar 28	\$50
Yoga Multi-level	16 Yrs +	Victoria School Auditorium	7:30 - 8:30 pm	Thrs	Jan 19 - Mar 30	\$50
Postnatal Yoga With Baby	Adult & Baby	Grace Westminster Church	10:15 - 11:15 am	Wed	Jan 18 - Mar 29	\$60
Yoga For Runners & Others	16 Yrs +	Victoria School Auditorium	6:15 - 7:15 pm	Mon	Jan 16 - Mar 27	\$60
Yoga For Runners & Others	16 Yrs +	Victoria School Auditorium	6:15 - 7:15 pm	Thrs	Jan 12 - Mar 30	\$60
Jazzercise	16 Yrs +	Victoria School Gym	6:00 - 7:00 pm	Wed	Jan 11 - Mar 29	\$60
Zumba	16 Yrs +	Victoria School Gym	6:00 - 7:00 pm	Mon	Jan 16 - Mar 27	\$60
Zumba/Jazzercise (Combo)	16 Yrs +	Victoria School Gym	6:00 - 7:00 pm	M/W	Jan 16 - Mar 29	\$85
Exercising with Osteoporosis	18 Yrs +	Grace Westminster Church	2:00 - 3:00 pm	Wed	Jan 18 - Mar 29	\$60
Botany Basics: Grow your Own Food	16 Yrs +	Nutana Collegiate Room 1119	7:30 - 8:30 pm	Thurs	Jan 26 - Mar 23	\$30
Saskatoon Shines Shuffleboard	18 Yrs +	St. Joseph's Church	9:00 am - 12:00 pm	W/F	Jan 4 - Mar 31	\$50
Juggling	13 Yrs +	Victoria School Gym	7:00 - 8:30 pm	Fri	Jan 20 - Mar 31	NCA mbrshp

YOUTH / CHILD			NCA Membership Required (\$10 annual fee)			
Agents of Change	10-16 Yrs	Victoria School Auditorium	6:00 - 7:45 pm	Wed	Jan 11 - Mar 29	NCA mbrshp
Arts & Crafts	5-10 Yrs	Nutana Collegiate Room 1117	6:15 - 7:15 pm	Tues	Jan 24 - Mar 21	\$60
Clay Sculpting	11-14 Yrs	Nutana Collegiate Room 1117	6:00 - 7:30 pm	Mon	Jan 16 - Mar 27	\$60
Family Hoop Night	All Ages	Victoria School Gym	6:00 - 7:00 pm	Fri	Feb 3 - Mar 3	\$25
Family Yoga	All Ages	To Be Determined	1:00 - 2:00 pm	Sun	Jan 22 - Feb 12	\$20
Grandmadrama	3-5 Yrs / 50+	Grace Westminster Church	4:30 - 5:30 pm	Tues	Feb 28 - Apr 18	\$20
Yoga For Youth	8-15 Yrs	Victoria School Auditorium	7:15 - 9:00 pm	Mon	Jan 16 - Mar 27	\$40

CHILD / PRESCHOOL			NCA Membership Required (\$10 annual fee)			
Creative Movement	3-5 Yrs	Victoria School Gym	6:00 - 6:45 pm	Tues	Jan 17 - Mar 28	\$40
Recreational Soccer	3-4 Yrs	Victoria School Gym	6:00 - 6:45 pm	Thrs	Jan 19 - Mar 30	\$30
Recreational Soccer	5-7 Yrs	Victoria School Gym	7:00 - 7:45 pm	Thrs	Jan 19 - Mar 30	\$30

**For additional information on NCA programs, contact our indoor coordinators at [programming@nutana.ca](mailto:programming@nutana.ca)**

COSMO DROP-IN SENIOR PROGRAMS (No Registration Necessary)			Cosmopolitan Centre Membership Required (\$5 annual fee)			
Fitness in Motion: Drop In Yoga	Seniors	Cosmo Seniors Center	Mon: 8:45am, Wed: 10:00 am Fri: 9:30 am		Starting Jan 1	\$5/drop-in
Fitness In Motion: Drop In Exercise	Seniors	Cosmo Seniors Center	Tue: 9:30 am & 10:30 am Thu: 9:30 am & 10:30 am		Starting Jan 1	\$4/drop-in
Cards: Kaiser	Seniors	Cosmo Seniors Center	Mon 1:30 pm, Fri 1:30 pm		Starting Jan 1	\$2/drop-in
Cards: Whist	Seniors	Cosmo Seniors Center	Mon 1:30 pm, Wed 1:30 pm		Starting Jan 1	\$2/drop-in
Cards: Cribbage	Seniors	Cosmo Seniors Center	Fri 1:30 pm		Starting Jan 1	\$2/drop-in
Cards: Bridge	Seniors	Cosmo Seniors Center	Tue 1:00 pm		Starting Jan 1	\$2/drop-in
Cards: Partners Bridge	Seniors	Cosmo Seniors Center	Thurs 1:00 pm		Starting Jan 1	\$2/drop-in

**For additional information on Cosmo programs, contact the Cosmopolitan Centre at [info@cosmoyxe.com](mailto:info@cosmoyxe.com) (306-652-9766)**

# Youth Making A Difference!



Here are some things our participants had to say about the program:

*I've had the opportunity to be part of this experience. I'm grateful for this.*

*My favourite activity was the Drama Scenarios.*

*The games are my favourite because they are fun. I've made friends and learned a lot of new things.*

*I have enjoyed the facts and videos that we have made and seen. I learned how to make a worm composter.*

*My favourite part was making a worm composter and when we made up our own culture in a learning activity.*

*I enjoyed making the "Welcome" signs in different languages and seeing everybody every Wednesday.*

**Y**outh in Nutana have a new venue to make new friends, and learn about becoming an active global citizen. *The Agents of Change* program runs every Wednesday for an hour and half at Victoria School. Participants get a chance to discuss issues that are important to them, like living a green life and making their school a welcoming place for newcomers to Canada.

The program helps youth to build the confidence and leadership they require to fight against negative peer pressure and stand up for what that believe is right. Agents of Change is new program in Nutana which started this fall. Hosted by an organization called CISV Saskatoon- Building Global Friendship, CISV has been running programs in Saskatoon since 1991 that focus on a learning by doing style of education.

Each week Agents of Change focused a different topic about diversity, conflict and resolution, sustainable development and human rights. Each week included interactive activities about the topic followed by a discussion about how the youth could put what they learned in to action in their school or community.

Agents of Change is a great place for community minded youth to meet other young people who have the same hopes and dreams for building a peaceful and friendly community. It's an encouraging place to practice your leadership, team work and public speaking skills and develops confidence and sense of purpose.

**YOUth can make a difference too!**

Are you age 10-14?

Want to make a positive change in your community?

Unleash the leader within!



**AGENTS OF CHANGE**



**CISV saskatoon**  
building global friendship



**Victoria School**  
**Wednesdays**  
**6:00-7:30**

**Register at <http://nutana.ca/registration>**

Discover more at <https://cisvsaskatoon.org/agents-of-change-youth-group>