

Northlakes High School Newsletter

"Opportunities for future success"



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Issue 2 Term 1 Week 11

Tuesday, April 09, 2013

From our Principal Ms Merrilyn Rowley

Term 1 at Northlakes High School has been very successful. The school's focus on improvement in all areas is reflected in a wide range of programs. We have commenced Positive Behaviour for Learning, which emphasises the core values of Respect, Responsibility and Personal Best in all areas. The 'Gotcha' recognition system is very effective, and students, staff and parents have commented on its impact. It is just the beginning! In Term 2, this program will develop further, with explicit teaching of the values and how they 'look' in all aspects of life.

Our students are also very familiar with the school's expectations as far as wearing correct uniform, including black leather shoes, being equipped for class, being on time, both to school in the morning, and to class, and only using mobile phones in recess breaks. All of these actions support maximising the effectiveness of class time.

All students have had the opportunity to be involved in a wide range of extra curricula activities. These include excursions and sport teams, welfare days, mentoring, Board of Studies presentations, work experience and work placement, agriculture activities, student representative council events, swimming and athletics carnivals and programs for Aboriginal students. All this reflects the professionalism and hard work of staff, who organise these events on top of their teaching responsibilities.

We were blessed with perfect weather for both the swimming and athletics carnivals. Mr Mansfield and Mr Hextell, PE staff and senior student helpers organised two very well run events. It was delightful to see so many students participate and enjoy these experiences.

Our Student Representative Council is growing from strength to strength. Mr Van Drempt organised the election of students, and our annual Environment

Day, where the focus is both on having fun, and on understanding our school's place in the natural world; and our responsibility in the way we use it. All SRC leaders were presented with their badges in front of a full school assembly.

Ms Norris has also led the organisation of our Junior and Senior Aboriginal Education Consultative Group (AECG). Students were selected by their Aboriginal peers and have a lot of ideas! Our Aboriginal Education Team, led by Ms Byrnes, oversees a wide range of programs designed to support our Aboriginal and Torres Strait Islander students to achieve their best, and to ensure our school is fully inclusive.

In Term 2 Ms Vivien Leek will be leaving us to take up a position at Tuggerah Lakes Secondary College, The Entrance Campus. She has been a great asset to Northlakes High School in her 17 years here; a very strong mathematics teacher, highly professional colleague, and in recent times, relieving Head Teacher. We value her input on the Mathematics faculty and the school. We wish you well in your new school.

We welcome to our Mathematics faculty Ms Jo Knight, who will be an asset to our school.

Also in Term 2, Mr Roy Goodenough will take up the role of Head Teacher Special Education. He has had a wide range of experience in other Special Education facilities, including Stewart House.

I would like to pay special attention to the role Mr Jon Glasson has played in 2012 and 2013 as relieving Head Teacher of our Support Unit. He has shown strong leadership, consistently supporting staff, students and parents, evaluating programs and systems and negotiating effective improvement, and at all times maintaining his professionalism and equanimity. In Term 2 he will continue to lead the Positive Behaviour for Learning program and take up the Year 7 Adviser role.

Our executive held an Extended Executive Meeting recently, where we evaluated our 2012 programs and data, including HSC results. The school in 2013 has a strong emphasis on improving students' ability to write more effectively, particularly extended response questions in examinations. In Term 2 all students will be involved in a motivation and engagement program called ELEVATE, which will be part of our whole school aim to improve academic outcomes. There will be invitations for parent involvement.

Our Staff Development Days in Term 2 are Monday April 29 and Tuesday April 30. Due to the implementation of the National Curriculum in four faculty areas in 2014, all schools will have an extra staff development day, to enable staff to work both within their school and with other schools, in the development of programs. All students return to school on Wednesday, May 1st.

Thank you to all those parents who have already paid school fees. These can be paid either all at once or in weekly, fortnightly or term amounts. All subject areas have fees, which are entirely for resources students directly use. Your support means subjects can continue to offer activities which engage students. Term 1 fees are due.

Ms Merrilyn Rowley
Principal

English Report

2013 has been such a busy year for English. Students have been hard at work with lots of assessment tasks and staff have been tearing their hair out getting marks back. Year 10 have given us some fascinating pieces of creative writing and we're enjoying Year 7 and Year 9 speeches.

We've taken our HSC Standard students to The University of NSW to see John Misto's 'The Shoehorn Sonata' and HSC English Studies will be doing a business tour in Sydney CBD early next term with Miss Smith and Mr Stewart. Later in the year we're looking forward to seeing 'Romeo and Juliet' with Year 10 and 'Rozenkrat and Guildenstern' with Year 11. Keep your eyes peeled for notes next term.

Next term we will be busy preparing Year 9 and Year 7 for NAPLAN Examinations, check out our tips for NAPLAN Study attached to this newsletter.

English Faculty

HSIE Report

Year 9 had a successful excursion to Honeysuckle, the Newcastle Foreshore and the Art Gallery. It was a beautiful day and the walk was interesting and lovely in the sun. Mr Seaby had lots to tell us about the development of Newcastle. The students' were fantastically behaved at the Gallery. They were very polite and considerate of the ladies showing us about. I was extremely proud of them, well done Year 9.

Year 12 Ancient History went to the 'Alexander the Great' exhibition at the Australian Museum. It was absolutely amazing! Firstly, we listened to some greats of the academic world who enlightened us about the written and archaeological evidence for the life of Alexander the Great then off to the display of artefacts. This was a fantastic journey through the life of Alexander and his contemporaries.

Mr Seaby took the International Studies students to the Royal Easter Show as a part of their study of Australian Culture and Society. They had a great day and were fine ambassadors for our school.

Year 7 recently went to the Australian Museum and Hyde Park in Sydney. Members of the public were approaching the staff to tell them how good the students were. We were so proud of them. They had a fabulous day travelling to the big city and exploring the museum.

Year 10 have a compulsory field study to Norah Head and Cabbage Tree Bay on Thursday 2nd May. This is the first week back of Term 2 and the cost is \$10. It will be a great day out and students who have gone previously have been very happy with the day as it is fun and informative. It is mandatory that students conduct a field study and an alternative assignment will be given to those who don't attend which certainly will not be as much fun!!

Ms Anna Bromley- HT HSIE

Well, we are getting near the end of Term 1, which will represent the "half way" mark for the 2013 Higher School Certificate students. After thirteen years of school, our young people must really put an enormous effort into these last two terms. This should not be considered optional. It is because their personal best result in the HSC is so highly important to them, effecting their employment and further educational prospects. By missing school and not applying themselves to their studies, in the end the only person that they will directly disadvantage is themselves.

The transition from “Junior “High school (Years 7-10) to Senior classes (11-12) can be an enormous leap for some students. The difference in assessment tasks, attitude to class work and working closely with fellow students and teachers requires true commitment and dedication. An overwhelming majority of hard working Year 11 students are already committing to their educational future, displaying the attitude, enthusiasm and maturity to undertake senior studies. Senior educational study is a very serious and focussed course for young people and minimal enthusiasm and commitment cannot be accepted by any student.

With the holiday break soon upon us, Year 12 students must not see it as some type of “time off”. A well structured and consistently followed thorough home study program is not just preferred, it is essential. One spends so little time at school, but often a lifetime in employment. Think of all those working years spent in employment of your choice and then consider the alternative.

I wish all our school community a happy and rewarding vacation break. Perhaps also during this break we may even consider an act of unconditional kindness to another. As the kids have been bending my ear for almost 20 years now, “What goes around comes around.”

**Mr Rhett Gumley
HSIE Faculty**

Languages Report

Students in Year 7 have now completed an Introduction to Japanese, Spanish or Indonesian and are moving on to learn how to talk about themselves. This will include introducing themselves to others and telling their age.



Japanese students are showing a lot of interest in learning the first of the Japanese scripts – HIRAGANA.



Indonesian students are showing that they have been paying close attention to the pronunciation of the vocabulary covered so far. The expression students are producing in dialogues is of a very high standard and the students are having fun in role play.

All Year 7 students taught by Mrs Davis have an information report to produce as an assessment task. They have been given class time to begin to research their topic of choice and start writing the report. It can be presented in a Word document or PowerPoint. It is due to Mrs Davis in week 1 of term 2.

Reports from the Spanish class are all positive and students are enjoying their lessons with Mr Meza.

Year 9 Japanese students will have completed a topic test in week 11 of term 1. Their next task is to develop a profile introduction for a character in the lovely Anime movie “Arietty”.



Year 11 have recently completed their first assessment task, which involved identify key information in passages written in Japanese and responding in English. The results indicate that many of the students have developed excellent Japanese reading skills.

Mrs Davis is very pleased with the progress of the Year 12 class. They have completed the second major assessment – a listening and writing task. The class has been tackling some very difficult grammatical concepts. Despite this, students have displayed perseverance to grasp the new work and if they continue this level of determination it will show in their final results.

**Mrs Davis
Languages Faculty**

Sport Report

In the world of sport we are currently working our way through the various CHS knockout competitions, with our Boys Touch and Basketball teams making steady progress. A big thankyou to all staff, students and parents involved in the knockout teams to play so far, or who are due to play by the end of term. These teams have included Boys and Girls Touch, Football, Basketball, Boys Cricket and Girls Netball. Northlakes High recently participated in the Central Coast regional Futsal tournament at Niagara Park, with all of our teams at least making the semi finals. Our U/16 girls team lost the final in a dramatic penalty shootout, and have qualified for the ‘Champion of Champions’ tournament to be held in Newcastle in June. More details to come girls!

The school Athletics Carnival was held in Week 9 and was a huge success. All students were well behaved and supportive of their classmates in competing to their personal best. A huge congratulations to Piper Nowland from Year 7 who broke the school record in three different events and James Starkey from Year 1 who also broke the record in the 1500m. Well done to both of these talented students.



Piper Nowland breaking the Northlakes High Jump record



Myles Donnelly of Year 9 wins High Jump

Following on from our Athletics Carnival the next major item on our agenda is the Cross Country Carnival, which for the second year running is held in conjunction with the Adidas School Fun Run. See below for further information.



We will be holding an adidas School Fun-Run as a major fundraising event this year. The event will be held on 9th April within the school grounds. This event will double as the school Cross Country Carnival.

The *adidas School Fun-Run* is a healthy, fun and active fundraiser that ensures we send the right message to our students about getting active, having fun and maintaining a healthy lifestyle. The main focus of this event is on participation. Family support is most appreciated as we encourage all students to get involved.

All students in year 7 and 8 will receive a Sponsorship Form to help collect sponsorship on behalf of the school. Any students from years 9-12 wishing to raise money will need to come and collect a sponsorship form from the PDHPE staffroom. The funds raised will be used to subsidise costs for Northlakes High School sporting teams, and to build towards new uniforms for our representative sports teams.

We ask all parents to read the Sponsorship Form and sign the front page to grant permission for their child to fundraise and participate in this event. Students who raise just \$10 or more will receive a reward for effort. In the Sponsorship Form you will also find many other benefits like the chance to win a family holiday to Disneyland!

Students wanting to train for our event and to receive advice from sporting heroes like Sally Pearson and Jonathan Brown, can do so by logging onto schoolfunrun.com.au/students and clicking on [mi adizone](#).

Thank you, good luck and happy fundraising!

**M. Mansfield
Sport Coordinator**

Creative and Performing Arts Report

We are proud to announce that Northlakes High School has four featured performers and thirty two dancers selected for *Starstruck* – a major Regional Arts production for the Department of Education and Communities. Our featured music performers include Jacob Thomas from Year 11- vocals, Corey Jones-Guitar , Ben Saggas-keyboards and Brandan Rondan – drums from Year 10, all students of Mrs Brimbecom. The Dancers are from the electives courses from Years 9-12.

Our Dance teacher Miss Koteczky has been asked to be the Creative Director of the Central Coast Dance Festival, which involves DEC schools from the Central Coast. These performances will be presented over three days at the Laycock Street Theatre at Gosford, around June this year. Northlakes High will also be represented at the Gosford Arts Festival alongside private schools from the Central Coast. Our involvement in this festival further supports the schools' view of being a centre of excellence in the Creative and Performing Arts on the Central Coast. One of our senior Dance students, Ashleigh Donaldson, will be performing as part of the Regional Dance ensemble, further demonstrating our commitment to excellence in the field of the Arts.

Further to this, major regional Visual Arts programs have been approved to be organised and run by Visual Arts staff at Northlakes High School. These programs include Sculpture by the Bay organised with the assistance of the Regional Gallery at Gosford and an Artist Study Day, also run with the assistance and co-operation of the Regional Gallery at Gosford. Selected Year 10 students will be producing sculptures for this year's Sculpture by the Bay project. Students will be also auditioning for the annual Performing Arts show, Youth in the Performing Arts at Laycock Street theatre. This show includes all the outstanding youth performances from the Central Coast.

Excursions have also played a major part of the teaching and learning programs for term one. Senior Visual Arts students have seen ArtExpress at the Art Gallery of New South Wales. ArtExpress is the selection from the Band 6 works from the 2012 Visual Arts HSC examination. Music students attended a free concert at the Australian Institute of Music that featured student performers and a guest performer Glenn Shorrock. A rare musical treat indeed. Drama students were also entertained in a free performance at the Belvoir Street Theatre of Cat on a Hot Tin Roof by Tennessee Williams. Actors included the Australian Oscar nominee Jackie Weaver and other well-known Australian actors. As part of our Performing Arts program we request that invited music students indicate their intention to record at the RAW Music studios at Charmhaven by the end of term. While talking about things musical, I would like to welcome our new Music teacher Mr Marshall Wilkinson from Terrigal High School.

Mr Les Brimbecom
Head Teacher Creative and Performing
Arts/Languages

Support Report

This term we have seen our classes involved in a number of school activities, including welfare days, athletics carnivals and transition to work programs. Inclusion of our students in the wider school community has been a major focus this term in the support unit. This has included a very successful swimming carnival earlier in the term, welfare days, athletics and cross country carnivals. The Welfare days which occurred over the past four weeks were designed as part of the schools bullying prevention strategy. These days provided students with information around bullying behaviours and strategies to minimise risk of bullying at school. Students then completed entered a "Prevention Bullying" poster competition, which one of our students Oregon Watts, was fortunate enough to win.

Students from the senior class have been participating in community access day to Break Thru employment provider as part of our in depth transition to work program. This program aims to provide students with post school options and develop travel skills to and from the venues on the Central Coast. The class will be visiting additional services providers throughout the school year. I'd also like to thank the parents on their positive involvement in our individual transition planning process. Throughout this term all students and parents have been involved in an annual meeting to discuss student goals and objectives for the coming year. The staff are now working hard to ensure these plans come to fruition.

Finally, I'd like to finish by thanking the contribution over the past term of Mrs Tenille Dowe and Mr Clayton Moriceau. Unfortunately, we say farewell to these two wonderful teachers and wish them all the best in the future. Mrs Dowe and Mr Moriceau have worked extremely hard over past term with their respective classes and will be missed by all students and staff.

Support Faculty

Science Report

Term 1 is almost over with a very busy start to the year. Students in all years should have by now completed an assessment task. Year 8 and Year 10 should have completed a research project with Year 7 and Year 9 completing their own tasks.

HSC tutoring in Science has commenced it is not too late to attend and would be of great benefit to students as Year 12 have now reached the half way

point of their course. North North tutoring is also available to our Indigenous students.

Our Agriculture students went on an excursion to the Royal Easter Show and the Newcastle Show which were both really great days. We have also obtained some rainbow trout and a different breed of chicken the Australorbs. The students are all working well especially the senior students with another productive term ahead.

Science Faculty

Welfare Report

Term 1 has been a huge one for the Northlakes High School Welfare team with each year participating in successful Welfare Days, complete with visits from Healthy Harold, GP's in schools, RYSS youth service, San Remo Neighbourhood Centre, Lovebites and sessions run by our Police Liaison Officer, Constable Rachael Garland and our wonderful Year Advisors. Many welfare messages were delivered to our students over these days with the most important centring around CYBERBULLYING and students' understanding of this. Cyberbullying is an increasing problem in our society and schools. A large percentage of our discipline problems arise due to facebook, mobile phones and other social media. Please read the attached flyers in an effort to protect our youth from the dangers of cyberbullying.

Year Ten Love Bites Program

LOVE BiTES is a school-based program founded on evidence which shows that school-based strategies can lessen perpetration and victimisation of relationship violence. Year 10 completed the one day course at the end of February 2013. Schools are a positive site from which to run prevention education as they increase the accessibility of programs allowing the material to be integrated within the curriculum and the systems of the school. These programs also lend support to existing violence prevention initiatives that are operating in classrooms. It is also of benefit that schools run welfare departments which combine primary, secondary and tertiary prevention activities therefore providing holistic support to young people.

NAPCAN advocates for a whole-of-school approach to the prevention of relationship violence and has included in the LOVE BiTES package lesson plans on gender deconstruction, sexual harassment and bystander strategies that can complement the

Personal Development, Health and Physical Education curriculum.

2013 Immunisation program

Human papillomavirus (HPV) is a highly contagious virus which is transmitted via sexual contact. Most people become infected upon becoming sexually active. Around 80% of people are infected with at least one genital type of HPV at some stage in their life. HPV can cause genital warts and certain cancers (and their precursors) in both women and men.

Beginning in 2013 both male and female students will receive the HPV vaccination during the schools immunisation program. For further information please contact NLHS immunisation coordinator, Ms Bissaker.

Welfare Team

Anti-bullying Report

This term has been busy for our Welfare Team with Year 7 and 8 both having separate welfare days focussing on Bullying and what it is and where to go for help if it happens.

Bullying is any PERSISTENT AND CONSISTANT HARRASSMENT THAT MAKES A PERSON FEEL THAT THEY CANNOT DEFEND THEMSELVES. It is not a falling out with friendships or a one off argument. It happens over time and can be quiet devastating. We have programs available to students to build resilience, anger management and anti-bullying information. Please don't keep quiet about bullying. Students should tell a responsible person, parent, teacher or church member as without knowing about the situation we cannot help.

**Mrs Sue Fulwood
Anti-Bullying Co-ordinator**

Student Support Officer

My name is Angela Ware. I am the Student Support Officer at Northlakes High School. I am part of the Welfare Team and Career and Transition Team (CAT Team). My role at the school is to support students and their families. I assist students and their families with Centrelink, accommodation, clothing, food, and alternative education. I run RAGE and SCREAM Anger management for both boys and girls. I organise referrals for group programs run both in the school out of the school by other services. I

work closely with Mrs Fulwood Northlakes High School anti-bullying co-ordinator. I am very excited about my role at the school. We have some really good programs happening and I am looking forward to meeting students and working with families. I receive all referrals through the Head Teacher of Welfare Simone Byrnes and Fiona Kennedy.

Ms Angela Ware

P&C NEWS

Congratulations to our newly elected P&C Committee. President – Angela Bambey, Vice President – Michelle Whitehead, Secretary – Vanessa Allen, and Treasurer – Julie Hutchins.

The P&C Committee has passed the approval for a Northlakes High School App. This will be a wonderful tool for all Parents. Stay tuned for more information.

We hope you all used the Parent/Teacher on-line booking system, and had the opportunity to meet with your children's Teachers.

The Parent Teacher Online system is paid for by the P&C, as we feel this is an easy way to book for Parent Teacher Interviews. We hope you all found this program useful.

We are also in the process of looking into an electronic sign to keep you informed of up to date information.

Please mark next Terms P&C Meeting – **Tuesday 4/6/13** at 3:30pm in the Language Centre

Are You on Facebook?

If you search for Northlakes High School Information and 'like' the page you get daily updates of events happening in the school.

UNIFORM SHOP & CANTEEN

The uniform shop is going well, although we could always do with some volunteers. The uniform shop only runs on Friday from 9:30 till 11:00am. You can also volunteer any day for the canteen. If you feel you could spare some time, please leave your name with Leanne in the canteen or call on 43 900 555

I have attached a Term Planner for Term 2. Please display this in a convenient location, and keep it updated to help you keep up with Northlakes High School's busy life! (Please note Term 2 starts with Week B, on May 1st, 2013)

Mrs Angela Bambey – P&C President

Year 7 Report

Year 7's first term in high school is just about over and I would like to congratulate all students on the successful transition into high school. Fifteen students have received Year Adviser awards for collecting 20 Gotchas, so keep it up as there are a lot of great prizes to be won.

The immunisation day went well and Year 7 recently participated in a Welfare day, the focus of the day was to make sure the students were aware of what bullying actually is and also who to see if indeed they are being bullied. We also focussed on cyber-bullying and what the result of this behaviour can do on students.

Our Athletics carnival was a great success with one of our students in year seven, Piper Nolan, breaking many school records Well done Piper. The cross country was also run with the same success.

The student camp is coming up soon It is planned for the second week in term two. Parents are encouraged to pay their balances as possible. It is not too late to come. Permission notes are available from Mrs Fulwood.

Students are reminded that as winter is fast approaching it might be time to start thinking about the winter uniform.

**Mrs Sue Fulwood
Year 7 Adviser**

Year 8 Report

Year 8 have had a fantastic start to the year! Students have settled into classes well and are working hard in their lessons. Most class changes have been finalised and students seem to be happy with their classmates. Both students and parents are reminded about our GOTCHA system. Students are awarded GOTCHAs for excellent participation and behaviour in class. Each week, students have the opportunity to win either a \$25 gift card or \$5 canteen voucher! Congratulations to Daniel Bennett and Jagger Altoft for winning prizes this term.

I was so pleased to see a massive group of students participating in the Athletics Carnival. We have some athletics superstars! All students behaved well – in very hot conditions! I was impressed to see excellent sportsmanship and encouragement from the students to others. Well done.

Students have been elected to the Student Representative Council. Well done to Tristram

Fenech, Emma Cooper, Thomas Riley, Sophie Stanford and Mitchell Dunn. These Year 8 students will be representing their cohort on important school issues in 2013. It is wonderful to see such a variety of talent in this year group. Big congratulations must be given to Jasmine McNamara and Gabby Trounson for their wonderful musical performance at the last school assembly.

Students are reminded that cooler weather is fast approaching! School jumpers are available to be purchased from the uniform shop. Make sure you get yours from the school uniform shop before it gets too cold!

Parents and caregivers are reminded that I can be contacted either on the school phone (43900555) or erin.campbell15@det.nsw.edu.au. I aim to be prompt in my response always. I hope you all have a wonderful Term 1 holiday.

Ms Erin Campbell
Year 8 Adviser

Year 9 Report

We recently had our Parent Teacher night and I saw many parents of Year 9 students involved in meetings with teachers. It's the best way to get a real understanding of what your child is required to do at school for each subject. Thank you for attending and supporting the night.

Year 9 were involved in a Welfare Day on the 5th of April. They were spoken to by the Celebrate Safely team, had a peer discussion session at San Remo Neighbourhood Centre, offered the chance to have a Lions BBQ, and were involved with a Youth Health program. I hope they enjoyed the experience. I was impressed with their behaviour and mature attitudes. The Athletics carnival was a successful, if somewhat hot, day. So many Year 9 students participated, despite the heat, and I was really proud of them. There were impressive results achieved due to their competitive spirit.

If you want to receive information about upcoming events for Year 9 you could consider joining the Facebook Group: "Northlakes High School Information".

Students are making some excellent work in their elective classes. Feedback from staff has been positive. However, I ask parents and carers to ensure that new equipment is continually supplied for their classes. Fees are also now due for Semester 1. Please enquire at the Front Office to see what fees are applicable for the subjects your child is taking.

Enjoy the well deserved holiday!

Mrs M. Lubinski
Year 9 Adviser

Year 10 Report

It has been an interesting start to the new school year. Congratulations to all of the Year 10 students who have excelled at both the swimming and athletics carnivals, as well as the zone swimming carnival. Several of our musical students have tried out for the Starstruck band, fingers crossed for these talented young people. Whilst on the topic of talented musicians and singers we at the school are honoured to see these young people perform on a regular basis at either formal assemblies or in fund raising concerts, such as the Green Day concert which occurred recently. The aim of Green Day is to make students aware of some of the environmental issues that occur in both their school environment, the local environment and also in the global environment.

A new term has crept into the Northlakes High language recently, this being the term 'Gotcha'. The Gotcha came with the introduction of the Positive Behaviour for Learning program, which the school as implemented this year. As part of this program students are rewarded with a 'Gotcha' for their positive behaviours. When students collect 20 Gotchas they take them to their year advisor where they will receive a Year Adviser's Award. After collecting 30 they will be invited to the part of the school VIP program and so they progress through a series of rewards for their good behaviour. At the end of Term 1 we are starting to see a shift for the better between students' negative behaviours and their positive behaviours.

Regards,

Mr Ed Seaby
Year 10 Adviser

Year 11 Report

We have had a very busy start to our senior year this term. Respect, responsibility and personal best are three areas we focus on at Northlakes High School. As Year 11 Adviser I would like to congratulate Year 11 on their uniform, being prepared for classes and their overall attitude to school they have showed this term. Keep up the great effort!

As I have said previously these next two years are very important for our students as it is the beginning of their future as young adults. It is a time when they

will make decisions about further study and employment. Most Year 11 students have shown a mature and positive approach throughout this term. I have been and will continue to work closely with all of the students especially with any welfare or study concerns.

I would encourage parents/carers to discuss the use of mobile phones and iPods. It is against school policy to use these electronic devices during class time. If they are caught using them they will be sent to a Deputy Principal, who will contact parents/carers to come to the school to collect these devices.

On March 20th 60 Year 11 students participated in the RYDA program at Wyong Racecourse. The day was a huge success and well received by the students. It was an informative day that showed students the importance of road safety and commonsense needed when driving. The students were well behaved and should be congratulated on their maturity.

Year 11 students should be using a diary or calendar to record all due assessment tasks and exams. They need to be organised and learn to manage their time. If any students or parents would like support with this please do not hesitate to call me. I have some excellent study timetables that are aimed for senior students.

Please contact me if there are any concerns with Year 11 students by phone on 43 900555 or email jodene.garside@det.nsw.edu
Enjoy the break and stay safe.

Mrs Jodene Garside
Year 11 Adviser

Year 12 Report

It is imperative that everybody makes a conscientious effort to attend as many school days and classes as possible. Currently students are being interviewed in regards to their attendance if their attendance rate falls below 80%. It is a requirement of Year 12 for students to attend more than 80% of the lessons, otherwise they will be considered not to be satisfactorily completing course requirements.

Students should be using the library as a learning resource during non-timetabled periods. Students who wish to leave during this time must apply for a flexi card and sign out using the correct procedures. If your child would like to utilise a flexi pass they

must collect a permission slip from the student window and gain your written permission.

Students must also make a genuine attempt at completing all assessment marks for all courses, failure to do so will result in an 'N' Award warning and an interview conducted regarding their satisfactory completion of course requirements. If there is no valid reason for not completing or submitting an assessment task a zero mark must be recorded for that task. Hopefully every student has developed a study timetable to assist them to make full use of valuable spare time and to constantly refer to their assessment schedule.

Regards,

Mrs Kerry Bissaker
Yr 12 Adviser

L.I.F.T



Living In Faith Together.

If you're young, chilled out, loud, quiet, energetic, lethargic OR.... Even a goat!!! Whatever you are, D28, Recess #1 IS WHERE YOU NEED TO BE...

"Living in faith together" is a Christian based group run by high school students. LIFT is designed to encourage and support young people with everyday life as a teenager. Its base comes from a Christian Background, and we have students who gather together to talk about God and have a bunch of fun...

LIFT is an opportunity for young people to learn about God and the life that he has for us.

For further information please see Welfare department or the Chaplain.

A generous Donation

Nothlakes High School would like to thank all of the staff at Elements Garden Centre in Toukley for their generous donation of some plants for our Aboriginal Bush Tucker Garden.

elements

garden centre

...a unique nursery experience...

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During Daylight Saving

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- ✿ everything from the traditional to the original in garden art *
- ✿ a wide range of exquisite flora, including the unusual & those hard to find varieties
- ✿ healthy & fresh pots of colour & herbs
- ✿ water features for every taste
- ✿ a great selection of gardening supplies
- ✿ pots & containers in various shapes, sizes & finishes
- ✿ gift wrapping & gift vouchers available
- ✿ sourcing of your individual plant & garden requirements is our pleasure
- ✿ landscaping & design

... come in & speak to Ken

free local delivery

Attention Parents and Guardians!

Below is a copy of the notification that students receive when they are late to school without any form of parent/ guardian approval. Everyone should be aware of this new procedure.

Dear Parent/Guardian

- All students at Northlakes High School are to be at school by **8.00am**. They are to come straight into the school when they arrive, whether by bus, car, bicycle or walking.
- Students are **NOT** to go to Coles before school, unless they have a note from a parent or guardian.
- Roll call is at 8.12am and usually is part of a morning assembly. All students should attend, as changes to routine, new timetables, special events, etc are presented.

Students who persistently and frequently arrive late to school with no good reason, will be issued with a notice to attend a **ONE HOUR DETENTION** on the next **TUESDAY, AFTER SCHOOL FROM 2.30PM - 3.30PM**. Detentions will be held in D1.

Failure to attend will result in the student being required to attend detentions at school and will be monitored on an attendance card.

All actions will be recorded as a negative incident on the student's record.

I have unfortunately had to take strong action due to the number of students who regularly arrive late to school.

Regards



Ms M Rowley
Principal

NAPLAN 2013

National Assessment Program – Literacy and Numeracy

In May 2013 the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by all students in Years 3, 5, 7 and 9 in all government and non-government schools. NAPLAN has the support of all State and Territory Education Ministers and will assess the literacy and numeracy learning of students in all Australian schools.

The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child's level of achievement. Each student's level of achievement will be reported against the national minimum standard.

Background information (student name, gender, date of birth, language background and Aboriginality) will be collected as part of the National Assessment Program. This information is treated confidentially and held securely to ensure that every student's right to privacy is maintained.

The tests will be conducted across Australia for all students from 14–16 May 2013.

In the Numeracy tests students do not require any measuring tools such as rulers or protractors. In Years 7 and 9 there will be two Numeracy tests: one where a calculator is allowed and one where calculators are not to be used. For the calculator test, the student should use the calculator that they currently use at school.

Friday 17 May – A 'catch-up' day is scheduled for students who missed a test or were absent on a test day.

Students may be considered for exemption from the tests if:

- they are newly arrived in Australia (less than one year before the test) and with a language background other than English, or
- they have significant intellectual disability and/or significant co-existing conditions that severely limit their capacity to participate in the tests.

All other students are expected to participate in the tests. Disability adjustments that reflect the student's normal level of support in the classroom may be provided. Large print, braille and black and white versions of the tests are available for students with vision impairment.

Access to disability adjustments or exemption from the tests must be discussed with the school principal, and a parent or carer consent form must be signed. Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents and carers in consultation with the principal. If you wish to withdraw your child from the tests, you must sign a parent/carers consent form. Consent forms are available at your child's school.

Please contact Mrs Curran if you would like further information about your child's participation in NAPLAN.

Additional information about NAPLAN can be found at:

<http://www.nap.edu.au/naplan/parent-carer-support.htm>

Northlakes High School Newsletter

"Opportunities for future success"



Brava Avenue SAN REMO NSW 2262

Telephone: (02) 4390 0555

Facsimile: (02) 4399 1792

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Website www.northlake-h.schools.nsw.edu.au

Issue 2 Term 1 Week 11

Tuesday, April 09, 2013



NORTHLAKES HIGH SCHOOL PLANNER TERM 2, 2013

	Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
April		22	23	24	25 Anzac Day	26	27/28
April/May	1B	29 Staff Development Day	30 Staff Development Day	1	2	3	4/5
May	2A	6	7	8 Year 7 camp	9 Year 7 camp	10 Year 7 camp	11/12 Mothers Day
May	3B	13 Elevate Seminar Yr 11& 12 Pd 1-4 AECG Meeting Gorokan High	14 NAPLAN Yr 7 & 9	15 NAPLAN Year 7 & 9	16 NAPLAN Year 7 & 9	17	18/19
May	4A	20 Zone Cross Country Elevate Seminar Yr 7-10 Pd 1-4 Elevate Parent Seminar 6-7	21	22	23	24 Immunisation Boys 9 HPV & Year 7 HepB boostix	25/26
May/June	5B	27	28 Yr 7 Immunisation Catch up Yr 9 boys, and HepB boostrix	29	30	31	1/ 2
June	6A	3	4 P&C Meeting 3:30pm	5 Year Assemblies	6	7	8/9
June	7B	10 Public Holiday	11	12	13 Sydney North Cross Country	14 Starstruck	15/16 Starstruck
June	8A	17	18	19	20	21	22/23
June	9B	24	25 Careers Expo Yr 10 & 12 Avondale	26 Parent Info evening. <i>Subject selection Yr 10</i> Zone Athletics Carnival	27	28	29/30

Uniform shop opens every Friday 9:30am – 11:00am

Cyber Bullying

What is cyber bullying, and its effects on our youth?

If you're like most teenagers, you spend a lot of time on a **mobile phone** or **text messenger** chatting with friends and uploading photos, videos, and music to websites. You may have online friends whom you've never met in person, with whom you **play games** and **exchange messages**. Teens' lives exist in a variety of places such as school hallways, part-time jobs, and friends' houses. Now many teens also have lives on the Internet.

... and bullying has followed teens online.



Online bullying, called cyber bullying, happens when teens use the Internet, mobile phones, or other devices to send or post text or images intended to hurt or embarrass another person.

Cyber bullying is a problem affecting almost half of all Australian teens. Whether you've been a victim of cyber bullying,

know someone who has been cyber-bullied, or have even cyber-bullied yourself, there are steps you and your friends can take to stop cyber bullying and stay cyber-safe.

Being a victim of cyberbullying can be a common and painful experience. Some youth who cyberbully:

- Pretend they are other people online to trick others
- Spread lies and rumors about victims
- Trick people into revealing personal information
- Send or forward mean text messages
- Post pictures of victims without their consent

Cyber Bullying

What Can I Do?

Helpful Strategies and Support for Students...

HOW CAN I PREVENT CYBER BULLYING?



Teens have figured out ways to prevent cyber bullying. Follow in the footsteps of other quick-thinking teens and:

- Refuse to pass along cyber bullying messages
- Tell friends to stop cyber bullying
- Block communication with cyber-bullies
- Report cyber bullying to a trusted adult

You can also help prevent cyber bullying by:

- Speaking with other students, as well as teachers and school administrators, to develop rules against cyber bullying
- Raising awareness of the cyber bullying problem in your community by holding an assembly and creating fliers to give to younger kids or parents

Don't forget that even though you can't see a cyberbully or the bully's victim, cyberbullying causes real problems.

If you wouldn't say it in person, don't say it online.

Delete cyberbullying.

Don't write it. Don't forward it.



WHAT ELSE CAN I DO?

Remember that the Internet is accessed by millions of people all over the world, not just your friends and family. While many Internet users are friendly, some may want to hurt you. Below are some ways to stay cyber-safe:

- **Never post or share your personal information online (this includes your full name, address, telephone number, school name, parents' names, credit card number, or social security number) or your friends' personal information.**
- **Never share your internet passwords with anyone, except your parents.**
- **Never meet anyone face-to-face whom you only know online.**
- **Talk to your parents about what you do online.**

Check out the following resources to learn more about preventing cyber bullying:

- www.ncpc.org provides information about stopping cyber bullying before it starts.
- www.stopcyberbullying.org has a fun quiz to rate your online behaviour, information about why some people cyber bully, and how to stop yourself from cyber bullying.
- www.wiredsafety.com provides information about what to do if you are cyber bullied.
- www.stopbullyingnow.com has information about what you can do to stop bullying.

When teens were asked why they think others cyber bully, 81% said that cyber-bullies think it's funny. Other teens believe that youth who cyber bully:

- Don't think it's a big deal
- Don't think about the consequences
- Are encouraged by friends
- Think everybody cyber bullies
- Think they won't get caught

Contrary to what cyber-bullies may believe, cyber bullying is a big deal, and can cause a variety of reactions in teens. Some teens have reacted in positive ways to try to prevent cyber bullying by:

- Blocking communication with the cyber bully
- Deleting messages without reading them
- Talking to a friend about the bullying
- Reporting the problem to an Internet service provider or website moderator

Many youth experience a variety of emotions when they are cyberbullied. Youth who are cyberbullied report feeling **angry, hurt, embarrassed, or scared. These emotions can cause victims to react in ways such as:**

- Seeking revenge on the bully
- Avoiding friends and activities
- Cyberbullying back

Some teens feel threatened because they may not know who is cyberbullying them. Although cyberbullies may think they are anonymous, **they can be found.**

If you are cyber-bullied or harassed and need help, save all communication with the cyber bully and talk to a parent, teacher, police officer, or other adult you trust.



Do you have a
child in Yr 11 or
12?

This could be the
most important
seminar you
attend....

Elevate Education—NHS Library May 20
6pm—7pm

Special Seminar for Parents:

How to support your child through the HSC/VCE without becoming the enemy.

“ I just wanted to say how fantastic I thought the Study Skills evening was last night. I was so pleased to hear about techniques of study that I could engage in with my children. My daughter also found it most interesting and I was pleased to be able to discuss the techniques with her when I got home.

- Parent, Moriah College
13th August 2009

Presented by Elevate Education, Australia's most trusted provider of study skills programs, this 60-minute seminar answers the questions that all parents are asking:

How do I help motivate my child? | How do I help my child manage their time? | **What are reasonable expectations?**

This 60-minute session will ensure parents have all the tools they need to effectively support their children through the HSC/VCE without becoming the enemy.

Australia's most trusted study skills provider

To find out more, call [1300 667 945](tel:1300667945) or email info@elevateeducation.com

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www.elevateeducation.com