



NURS 3620.01B FUNDAMENTALS OF NURSING CARE
COURSE SYLLABUS: FALL 2019

INSTRUCTOR INFORMATION

Instructor: Blair Daiker, MSN/MHA, RN, CCRN (Course Coordinator)

Office Location: Nursing Department, Office 117

Office Hours: As posted and by appointment

Office Phone: 903-468-3303

Office Fax: 903-886-5729

University Email Address: Blair.Daiker@tamuc.edu

Preferred Form of Communication: email

Communication Response Time: Two business days

Instructor: Crystal Brakefield, MSN, RN

Office Location: Nursing Department, Office 100B

Office Hours: As posted and by appointment

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Office Fax: 903-886-5729

University Email Address: Crystal.Brakefield@tamuc.edu

Preferred Form of Communication: email

Communication Response Time: Two business days

Instructor: Modester Gemas, MSN, RN

Office Location: Nursing Department, Office 106

Office Hours: As posted and by appointment

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Office Fax: 903-886-5729

University Email Address: Modester.Gemas@tamuc.edu

Preferred Form of Communication: email

Communication Response Time: Two business days

Instructor: Cheryl McKenna, MSN, RN
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Office Fax: 903-886-5729
University Email Address: Cheryl.Mckenna@tamuc.edu
Preferred Form of Communication: email
Communication Response Time: Two business days

Instructor: Brittany Wall, DNP, APRN, NNP-BC, CPNP-AC/PC
Office Location: Nursing Department, Office 106
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Office Phone: 903-886-5223
Office Fax: 903-886-5729
University Email Address: Brittany.Wall@tamuc.edu
Preferred Form of Communication: email
Communication Response Time: Two business days

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbooks Required:

Doenges, M. E., Moorhouse, M. F., & Murr, A. C. (2019). *Nurse's pocket guide:*

Diagnoses, prioritized interventions, and rationales (15th ed.). Philadelphia: F. A.

Davis. ISBN: 9780803676442

Gray Morris, D. C. (2018). *Calculate with confidence* (7th ed.). St. Louis: Elsevier. ISBN:

9780323396837

Nugent, P. M., & Vitale, B. A. (2017). *Fundamentals: Davis essential nursing content +*

practice questions (2nd ed.). Philadelphia: F. A. Davis. ISBN: 9780803660694

Silvestri, L. A. (2017). *Saunders comprehensive review for the NCLEX-RN examination*

(7th ed.). St. Louis: Elsevier. ISBN: 9780323358514

Treas, L. S., Wilkinson, J. M., Barnett, K. L., & Smith, M. H. (2018). *Basic nursing: Thinking, doing, and caring* (2nd ed.). Philadelphia: F. A. Davis. ISBN: 9780803659421

Vallerand, A. H., & Sanoski, C. A. (2019). *Davis's drug guide for nurses* (16th ed.). Philadelphia: F. A. Davis. ISBN: 9780803669451

Van Leeuwen, A. M., & Bladh, M. L. (2019). *Davis's comprehensive manual of laboratory and diagnostic tests with nursing implications* (8th ed.). Philadelphia: F. A. Davis. ISBN: 9780803674950

Software Required:

American Psychological Association (APA) Formatting and Style Guide:
https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/general_format.html

Electronic Health Records Tutor:
<http://www.ehrtutor.com/>

Tablet-fits in pocket of uniform and works with Chrome browser

Treas, L. S., Wilkinson, J. M., Barnett, K. L., & Smith, M. H. (2018). *Davis's nursing skills videos* (Online Streaming). Philadelphia: F. A. Davis. ISBN: 9780803660588

Optional texts and/or materials: None

Course Description

An introduction to the scope of human needs, utilization of the nursing process as a systematic approach to meeting those needs, and the role of the professional nurse in assisting individuals toward optimal health. Clinical settings are utilized in the application of fundamental concepts, principles of nursing, and communication skills that are employed in providing basic client care.

This 6-credit course introduces classic nursing principles that underpin future clinical practice. Principles include such things as comfort measures, assistance with daily living activities, environmental concerns, positioning and transporting, asepsis and sterile technique, medication administration, intrusive therapies and use of the nursing

process with particular emphasis on the intervention component. The majority of the theoretical information is provided through an online environment. Concepts related to nursing fundamentals and nursing care is integrated throughout the course. The campus laboratory and clinical settings will afford practical experience in application of the principles and skills taught in the theory portion of this class. Students will be expected to demonstrate beginning competency in application of the nursing process.

Student Learning Outcomes

By the end of the course, the student will be able to:

1. Apply the nursing process at a beginning level of skill to interpret and manage human responses of clients to their actual or potential health problems **(Essential IX)**.
2. Apply principles from applied science and interpersonal processes to nurse-client interactions **(Essential I & VI)**.
3. Assess cultural, spiritual, and bio-psychosocial factors when arriving at nursing diagnoses and relevant interventions for individual clients **(Essential VII & IX)**.
4. Utilize evidence-based information derived from course related research findings in the application of fundamental nursing care **(Essential III)**.
5. Apply therapeutic communication and decision-making skills to involve the client in decision making regarding his/her healthcare **(Essential VI & VIII)**.
6. Identify theoretical principles and critical behaviors of fundamental nursing **(Essential II, III, IV, VI, VII, VIII & IX)**.
7. Use critical thinking skills as a framework for clinical decision-making **(Essential III, V, & IX)**.
8. Demonstrate responsibility for own behavior and growth as an adult learner and a professional **(Essential VIII)**.
9. Demonstrate professional standards of moral, ethical, and legal conduct **(Essential V & VIII)**.

Clinical Objectives

By the end of this course, the student will be able to:

1. Demonstrate fundamental nursing psychomotor skills in a safe manner **(Essential IV, & IX)**.
2. Use written verbal, non-verbal and emerging technology methods to communicate effectively **(Essential IV, & VI)**.
3. Utilize organizational skills and time management concepts in setting priorities for clinical performance **(Essential VIII)**.
4. Demonstrate beginning critical thinking decision-making skills based on standards of practice, theory, and research **(Essential III, V, & IX)**.
5. Apply theoretical content to the nursing care of the client in a clinical setting **(Essential II, III, IV, VI, VII, VIII, & IX)**.
6. Implement evidence-based care plans that reflect an understanding of the legal and ethical responsibilities of the nurse **(Essential III, IV, V, VI,**

- VIII, & IX).**
7. Perform nursing interventions that reflect caring behaviors in response to biopsychosocial, cultural, and spiritual care needs **(Essential VIII, & IX).**
 8. Assess evidence-based nursing interventions as appropriate for managing the acute and chronic care of patients and promoting health across the lifespan **(Essential III, VII, & IX).**
 9. Monitor client outcomes to evaluate the effectiveness of psychobiological interventions **(Essential IX).**
 10. Utilize the nursing process in the care of all clients **(Essential I, II, III, IV VI, VII, VIII, & IX).**
 11. Demonstrate responsibility for own behavior and growth as an adult learner and a professional **(Essential VIII).**
 12. Create a safe care environment that results in high quality patient outcomes **(Essential II).**
 13. Apply knowledge of social and cultural factors to the care of diverse populations **(Essential I, III, V, VII, VIII, & IX).**
 14. Apply ethical standards related to data security, regulatory requirements, confidentiality, and clients' right to privacy **(Essential IV, V, VI, & VIII).**
 15. Demonstrate professionalism, including accountability, attention to appearance, demeanor, respect for self and others, and attention to professional boundaries with patients and families as well as among caregivers **(Essential VIII).**
 16. Use caring and healing techniques that promote a therapeutic nurse-patient relationship **(Essential III, & VIII).**
 17. Communicate effectively with all members of the health care team, including the patient and the patient's support network **(Essential IV, VI, & VIII).**

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Using the learning management system, using Microsoft Word, Microsoft Excel and PowerPoint.

Instructional Methods

This is a blended course requiring students to complete reading assignments, online activities and independent study to be successful. Course objectives may be met through individual study using suggested resources, active involvement in classroom activities, formal, and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods that may be used include: lecture, discussion, demonstration, media resources (YouTube and others), role playing, simulation, team-based learning strategies, audio-visual aids, computer assisted instruction, study and practice groups, case study, clinical assignments and supervision, post clinical conferences, Critical Thinking Tool on assigned patients, practice and return demonstration in campus laboratory. While the professors will provide guidance and consultation, the student is responsible for

identification of learning needs, self-direction, seeking consultation, and demonstration of course objectives.

Student Responsibilities or Tips for Success in the Course

Students are expected to log in to the course on D2L at least every 48 hours for new announcements. This course meets for class every Tuesday and lab or clinical weekly. It is also recommended that students study for this course at least 12 hours per week. Students are expected to complete assigned readings and other assignments as indicated on D2L and in the syllabus prior to class, lab, and clinical. Students will not be successful in this course without this preparation and additional time spent studying content materials. Students are expected to come prepared for class, simulation, lab, and clinical, and all assigned experiences in order to be successful in this course. Lack of preparation is grounds for sending the student home.

GRADING

Final grades in this course will be based on the following scale:

- A = 90%-100%
- B = 80%-89%
- C = 75%-79%
- D = 60%-74%
- F = 59% or Below

All coursework must be completed/submitted to complete the course.

Assignments	Weight
Exams (7)	63% (9% each)
Quizzes (15)	15 % (1% each)
Comprehensive Final Exam	12%
Medication Paper	10%
Medication Dosage Calculation Exam	PASS/FAIL
NCLEX-RN Questions	Credit/Non-credit
Clinical	PASS/FAIL

Successful completion of the assignments will enable the student to meet the student learning outcomes.

Students must achieve a minimum average of 75% on all exams in order to pass the course. Other graded assignments will not be added to the final grade unless exam grade average is 75% or higher.

The clinical component is PASS/FAIL and must be passed to pass the course. To receive a passing grade in clinical you must achieve at least 75% on each of the clinical

assignments and receive a satisfactory clinical evaluation. You must also adhere to the expected clinical behaviors. Any instance of violation of any of the objectives listed in the Student Performance and Behaviors Evaluation Form may result in clinical suspension, receipt of a Student Performance and Behaviors Evaluation form, failure of clinical, failure of the course, and/or removal from the nursing program.

Assessments

Types of Assignments and Purpose of Each: There is a variety of assignments for this class to accommodate different learning styles.

Theory Assignments

View course content for each upcoming week in the Course Outline/Calendar and D2L.

1. Quizzes (15 at 1% each = 15% of course grade):

There are 15 “Ticket to Class” quizzes in this course. Each may be paper or computer-based. Faculty will administer one quiz at the beginning of each class to determine students’ level of preparedness. Students cannot adequately participate in application level learning during class without prior independent study. Quizzes will contain 5 questions, which will be in multiple formats (e.g. fill-in-the blank, multiple choice, etc.). Questions will come from each week’s assigned chapters identified on the Course Outline/Calendar. Students late to class or absent may NOT make up a missed quiz and, therefore, will receive a 0% (**Learning Outcomes # 1, 4, 6, 7, & 9**).

2. Examinations (7 at 9% each = 63% of course grade):

There are seven proctored, computer-based examinations in this class (9/3, 9/17, 10/1, 10/15, 10/29, 11/12, 11/26). The Course Outline/Calendar identifies each exam’s applicable chapters. Exams will cover medical terminology and key content from the identified chapters in the textbooks. Questions will be in multiple formats, which may include multiple choice, multiple answer, matching, short answer, etc. Students who earn an exam grade of less than 75% must review their exam to facilitate remediation. Students are responsible for contacting their clinical instructor or the course coordinator by email to arrange an appointment to review the exam; review of the exam must occur before the next scheduled exam, only the most recent exam may be reviewed. Do not wait until the last minute to request a review appointment. (**Learning Outcomes #1-9**).

3. NCLEX-RN Questions (Credit/Non-credit):

In order to begin preparing for the NCLEX-RN licensure examination and to facilitate success on course exams, students will be required to answer 50 NCLEX-RN style questions over Fundamentals content prior to each exam (excluding the Comprehensive Final). The minimum grade for each group of questions is 80%. Grades are due by 5:00 P.M. on the Friday before the exam on Tuesday. This assignment is

mandatory and the student will receive credit for submitting questions. The questions are not included in the grade average. Do not submit the questions. Submit a one-page document with the question sets grade. Questions are in sets of 10-20 if you use your *Davis practice questions* text (You may also use other NCLEX-RN question textbook resources). This means that you will copy and paste 4-5 sets of grades onto one page. Be sure your name is on the page **(Learning Outcomes # 1-7, & 9)**.

4. Medication Paper (10% of course grade):

Write a 3-5 page paper on the three checks, five rights, and administration of medications. Use the grading rubric as your outline while you write your paper. Submit a self-graded (i.e., grade yourself) grading rubric along with your paper. Submit the paper and grading rubric as one document. The paper is due to the Assignment Submission folder by no later than Friday, October 18 at 5:00 P.M. **(Learning Outcomes # 4, 6, 7, & 8)**.

5. Medication Dosage Calculation Exam (PASS/FAIL):

A 5-question medication dosage calculation exam will be given the 8th week of the semester. Students must receive a 100% on the examination to administer medications. Students who fail to achieve 100% will be required to complete remediation. Scheduling of remediation is the student's responsibility. Students may remediate with their clinical faculty, course faculty, skills lab coordinator or with a tutor depending on availability. The student must email in advance to schedule remediation and receive a confirmation response. The student will then receive weekly medication calculation exams until he/she achieves a 100% or reaches the 4th week of clinical. Assigned exams will include 1-3 medication calculation questions. Students on remediation who receive 100% on the medication calculation questions during this time will no longer have to complete remediation. The course coordinator will notify clinical faculty when the student may be assigned to administer medications. Students unable to pass a medication calculation exam with a 100% by the fourth week of clinical will be suspended from clinical for inability to meet the minimum patient care safety requirements. Clinical hours missed during suspension must be made up before the semester's end. During this time, it is the student's responsibility to schedule and attend remediation. Additional medication calculation exams will be scheduled at the discretion of the course coordinator. A student may miss no more than 2 clinical days due to suspension before failure of the clinical portion of the course. A student must make a 100% on the medication calculation exam during this time in order to pass the clinical portion of the course.

Note that medication calculation questions will also be included on course examinations **(Learning Outcomes # 7, & 8)**.

6. Comprehensive Final Exam (12% of course grade):

Faculty will administer a proctored, computer-based comprehensive final exam during the last week of the course to evaluate students' mastery of basic nursing concepts and

medical terminology. Questions will be in multiple formats, which may include multiple choice, multiple answer, matching, short answer, etc. and may come from any assigned course content (**Learning Outcomes # 1-4, 6-7, & 9**).

Clinical Assignments

Types of Clinical Assignments and Purpose of Each: There is a variety of assignments for this class to accommodate different learning styles. Students must complete all clinical assignments at 75% or better to receive credit for the assignment.

You must wear your uniform and name badge to all clinical areas. You need to be assertive during clinical experiences to advocate for clients and are responsible for actively seeking out learning opportunities.

1. Long-Term Care Clinical Experiences (PASS/FAIL):

Students will begin to apply the nursing process to provide basic nursing care to residents in long-term care facilities as assigned. Students will practice newly acquired knowledge/skills such as data collection/health record review, assessing vital signs, using professional communication, and assisting with feeding, bathing, and transferring residents. Students may only perform skills previously taught and verified by faculty in the skills lab. If you are unsure you have the requisite knowledge and skill to perform a task, STOP and seek faculty or staff assistance. Safety is our first priority! Faculty or agency staff will provide a basic orientation to your assigned facility. Students will use Electronic Health Records Tutor (EHRtutor) to complete care related documentation/assignments (**Learning Outcomes # 1, 2, 3, 4, 5, 7, 8, & 9**).

2. Hospital Clinical Experiences (PASS/FAIL):

Students will apply the nursing process to provide basic nursing to hospitalized clients. Students will practice acquired knowledge/skills such as data collection/health record review, assessing vital signs, performing physical assessments, using professional communication, administering medications, and assisting with feeding, bathing, and transferring clients. Students may only perform skills previously taught and verified by faculty in the skills lab. If you are unsure you have the requisite knowledge and skill to perform a task, STOP and seek faculty or staff assistance. Safety is our first priority! Faculty or agency staff will provide a basic orientation to your assigned facility. Students will use Electronic Health Records Tutor (EHRtutor) to complete care related documentation/assignments (**Learning Outcomes # 1, 2, 3, 4, 5, 7, 8, & 9**).

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements:

<https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

Interaction with Instructor Statement

It is expected that you will check your D2L course and email at least every 48 hours for communication from instructors. A response to any email or message will occur within two (2) business days.

Communication between faculty and students is primary and taken seriously. Preferred communication methods are individualized and may include office hours, email, or via cell-phone. If a phone call is not answered, please leave a message and send an e-mail

using the direct e-mail link on the course home page. You will be treated with collegial respect and you are expected to communicate likewise in a professional manner. It is expected that assignments will be graded and returned to the student within two (2) weeks of submission.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

CLASS

1. Class Cancellation: In the event that a class is canceled, the student is expected to do the readings and complete the objectives for that day. The content will still be included on examinations. The material in this syllabus and dates identified in the Course Calendar are subject to change.
2. Class attendance is expected. Students should notify their course coordinator in advance of any absence.
3. Exam dates are listed in each course syllabus, and the student is expected to be present for exams. In the event that the student will be absent, the course coordinator must be notified in advance. Failure to do so may result in the student receiving a zero for the missed exam. Review the BSN Student Guide for the exam absence process.
4. As an adult learner and responsible professional, the student is responsible for reading and completing assignments prior to class and for being prepared to participate in discussions over the assigned material. It should not be expected that all material would be covered in class. Students are expected to come to class prepared.

NURSING SKILLS LABORATORY

1. Students are responsible for assigned readings in textbooks, watching skills videos, and completing other assignments prior to lab. Participation in discussions over the assigned material is expected. Failure to prepare will result in an unsatisfactory for the lab session. All lab sessions must be completed satisfactorily to progress to the clinical setting.
2. Students must adhere to the clinical dress code for skills laboratory sessions. Refer to the Nursing Student Guide for policy information.

CLINICAL

1. Clinical attendance is mandatory. Refer to the BSN Student Guide for clinical attendance policy information. Violation of the clinical attendance policy may result in the student receiving a Student Performance and Behaviors Evaluation Form and may lead to failure of the clinical portion of the course.
2. Immunizations, CPR, and TB status must be current for students to be able to attend clinical experience at the assigned clinical location. Suspension from clinical for failure to maintain required immunizations will be considered an absence and must be made up.
3. Students are expected to meet clinical expectations outlined in the clinical evaluation tool.
4. Based on student learning needs, the faculty will determine the appropriate amount of time and clinical assignments needed to assess student growth. Faculty may require additional assignments and clinical work to ensure students have met clinical objectives. Students are expected to comply with any additional assignments or clinical hours assigned.
5. Students are expected to prepare for clinical practice in order to provide safe, competent care.
6. Clinical assignments must be submitted on time to the clinical instructor as directed. No exceptions without prior permission from the instructor.
7. Clinical is graded Pass/Fail. If the student fails the clinical component, the entire course must be repeated.

Late Submissions

It is expected that you will submit all assignments on time. If you need an extension, it should be requested before the due date and may or may not be approved at the discretion of the course coordinator. Unexcused late assignments will be penalized 10% per day for each of the first two days overdue; on the 3rd day, the grade will be assigned as 0%. Communication on these matters is the student's responsibility.

Paper submissions

All documents submitted online are to be in .docx, .rtf, or .pdf format. No other formats will be accepted (JPEG, GIF, etc.). Assignments need to be submitted in a maximum of one document per assignment. Failure to follow these guidelines will result in a grade of "0" on the assignment.

Group Work

All members of the group will receive the same grade on the group work. However, a student can be removed from his/her team if the other students in the group come to the instructor and report that a student is not doing his/her fair share of the work. If that happens, the instructor will notify the student in writing. The student will then be responsible for doing the assignment on their own.

Nursing Student Guide

Specific information for the nursing student regarding the nursing program and current policies and procedures can be found in the BSN Student Guide located here: <http://www.tamuc.edu/academics/colleges/educationHumanServices/departments/nursing/Current%20Students/BSNstudentguidebook/default.aspx>

It is the student's responsibility to review and understand the policies and procedures provided in the student guidebook as all students are held to the statutes and policies therein.

Professional Behavioral Standards Policy

The Texas A&M University-Commerce Nursing Department expects all students to act with professionalism and high regard for ethical conduct in all matters. The Professional Behavioral Standards Policy is listed in the BSN Student Guide.

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx).
<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:
<https://www.britannica.com/topic/netiquette>

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).
<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

[Graduate Student Academic Dishonesty 13.99.99.R0.10](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library- Room 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

COURSE OUTLINE / CALENDAR
NURS 3620 – Fundamentals of Nursing
Fall 2019

Week	Course Content	Reading Assignments
1 Tuesday, 8/27/19 (BD)	0800-1000: Orientation to class/clinical	Syllabus (D2L)
Thursday, 8/29/19 (BD)	0800-1200: Nursing School Strategies for Success Reading, studying and test taking strategies ATI New Student Orientation	D2L Handout
(BD)	Ticket to Class <u>Quiz 1</u>	Treas, Chapter (Ch.) 22, 23, 24
Thursday, 8/29/19	1300-1700 Lab Skills: Handwashing, Feeding, Brushing teeth, Personal Protective Equipment (PPE) (Practice and √-off), and Height (Ht.) & Weight (Wt.) STUDENTS: Bring your “Nursing Program Skills Checklist” and personal toothbrush with toothpaste on Thursday.	Treas: pp. 633-36 Medical Asepsis; 648-49 Procedure 22-1 and 22-1B; pp. 969 and 979-980 Assisting with Meals; 745-748 Procedure 24-6 Brushing and Flossing Teeth; 650-653 Procedure 22-2 and 22-3 PPE; and 508 Ht./Wt. F. A. Davis Videos: Universal Steps for All Procedures-Before and When Performing. Promoting Asepsis-Hand Hygiene (Soap and Alcohol-Based). Facilitating Hygiene-Brushing Teeth, Denture Care, Oral Care Unconscious Pt. Promoting Asepsis/Preventing Infection-Donning and Removing PPE.

<p style="text-align: center;">2 Tuesday, 9/3/19</p> <p style="text-align: center;">(BD)</p> <p style="text-align: center;">9/4</p> <p style="text-align: center;">9/5</p>	<p>1100-1200 Exam 1 (Ch. 22, 23, 24)</p> <p>1500-1700:</p> <p>Ticket to Class Quiz 2</p> <p>How Nurses Think Roles/Functions of the RN Critical Thinking/Intro to Nursing Process</p> <p>Math: Independently review Fractions, Decimals, Ratio/Proportion, and Percentages.</p> <p>0800-1200 OR 1230-1630 (as assigned) Lab Skills: Bed bath-complete, Catheter care, Bedmaking, Bed safety (side rails, bed low/locked, call light), Mobility/Positioning, Transfers, Vital Signs (VS)</p> <p>0800-1200 OR 1230-1630 (as assigned) Lab Skills: Practice ALL skills.</p>	<p>Treas, Ch. 1, 2</p> <p>Gray Morris, Ch. 2-5</p> <p>Treas: Procedures 24-1, 3, 4 (also read pp. 1080 and 1091-1092 Catheter Care). Procedure 24-16 (also read p. 1204 Siderails and p. 691 Box 23-3 Preventing Falls).</p> <p>Procedures (Activity): 33-1, 33- 1A-1C (also read pp. 1208-1211); 33-2, 33-2A-2C; 33-3, 33-3A-33-3B.</p> <p>Procedures (VS): 19-1, 19-1A-1C; 19-2, 19-2A; 19-3, 5, 6.</p> <p>Davis Videos: Facilitating Hygiene-Bathing, Perineal Care, Foot Care, Occupied Bed.</p> <p>Physical Activity and Mobility- All (10) video clips.</p> <p>Davis Videos: Measuring VS-Oral Axillary, and Rectal Temperature; Apical Pulse, Respirations, Blood Pressure (BP).</p>
<p style="text-align: center;">3 Monday, 9/9/19</p>	<p>0800-1200 OR 1230-1630 (as assigned) Lab Skills: Obtain 6-8 sets of VS and practice ALL other skills.</p>	

<p>Tuesday, 9/10/19</p> <p>(CM)</p> <p>9/11</p> <p>9/12</p>	<p>1500-1700:</p> <p>Ticket to Class: <u>Quiz 3</u></p> <p>Essential Nursing Interventions Vital Signs</p> <p>Supporting Physiological Function Skin Integrity & Wound Healing</p> <p>0800-1200 OR 1230-1630 (as assigned) Lab Skills: Practice VS (Obtain 6-8 sets), <u>Check off</u> bathing, bedmaking, transfers.</p> <p>0800-1200 OR 1230-1630 (as assigned) Lab Skills: Colostomy care, bedpans, enemas (Practice + <u>Check off</u>); and practice ALL skills.</p>	<p>Treas: Ch. 19, 36</p> <p>Treas: Procedure 29-2 A & B and 29-3 A-D (also read pp. 1022 and 1025 Administering Enemas).</p> <p>Davis Videos: Bowel Elimination- Changing an Ostomy Appliance, Placing/Removing a Bedpan, Applying Fecal Collection System, and Administering a Cleansing Enema.</p>
<p>4</p> <p>Monday, 9/16/19</p> <p>Tuesday, 9/17/19</p> <p>(BD)</p> <p>9/18</p> <p>9/19</p>	<p>0800-1200 OR 1230-1630 (as assigned) Lab Skills: Practice All skills.</p> <p>1100-1200: <u>Exam 2 (Ch. 1, 2, 19, 36)</u></p> <p>1500-1700:</p> <p>Ticket to Class: <u>Quiz 4</u></p> <p>How Nurses Think Assessment Nursing Process: Diagnosis</p> <p>Math: Independently review Metric System, Apothecary and Household Systems, and Converting Within and Between Systems.</p> <p>0800-1200 or 1230-1630 (as assigned) Lab Skills: <u>Check off</u> VS; and practice ALL skills.</p> <p>0800-1200 OR 1230-1630 (as assigned) Lab Skills:</p>	<p>Treas: Ch. 3, 4</p> <p>Gray Morris: 6-8</p>

	Oxygen therapy, oral suctioning; <u>Check off O₂ and Suctioning (Skills Lab).</u>	Treas: Procedures 37-4 and 37-9 (also read pp. 1384-1385 Providing Oxygen Therapy, and pp. 1386-1387 Suctioning Airways/Upper Airway). Davis Videos: Oxygenation-Administering Oxygen and Performing Upper Airway Suctioning.
5 Monday, 9/23/19 Tuesday, 9/24/19 (BD) 9/25 or 9/26 (as assigned)	0800-1200 OR 1230-1630 (as assigned) Lab Skills: Healthcare Facility Orientation DVD and practice ALL skills. 1500-1700: Ticket to Class <u>Quiz 5</u> How Nurses Think Planning Outcomes Planning Interventions Implementation & Evaluation CLINICAL 0630-1330	Treas: Ch. 5, 6, 7
6 Monday, 9/30/19 Tuesday, 10/1/19 (CM) 10/2 or 10/3 (as assigned)	0800-1200 OR 1230-1630 (as assigned) Lab Skills: Practice ALL skills. 0900-1000: <u>Exam 3 (Ch. 3, 4, 5, 6, 7)</u> 1500-1700: Ticket to Class <u>Quiz 6</u> Factors Affecting Health Development: Infancy Through Middle Adulthood Essential Nursing Interventions Teaching & Learning Math: Independently review/practice Calculating Oral and Parenteral Dosages. CLINICAL 0630-1330	Treas: Ch. 9, 26 Gray Morris: Ch. 14-18
7 Monday, 10/7/2019	0800-1200 OR 1230-1630 (as assigned) Lab Skills: Faculty facilitated calculation of PO/Parenteral	Gray Morris: Ch. 14-18

<p>Tuesday, 10/8/19</p> <p>(CM)</p> <p>10/9</p> <p>10/10</p>	<p>dosages, and practice ALL skills.</p> <p>1500-1700:</p> <p>Ticket to Class <u>Quiz 7</u></p> <p>Essential Nursing Interventions Administering Medications Documenting & Reporting</p> <p>0800-1200 OR 1230-1630 (as assigned) Lab Skills: Medication Administration</p> <p>0800-1200 OR 1230-1630 (as assigned) Lab Skills: Medication Admin. Skills Practice</p>	<p>Treas: Ch. 18, 25</p> <p>Treas: Procedures 25-1, 2, 3, 6 (also 28-1 Fingerstick); 25-7 A-D, 9 A & B, 12, 13 A-C, 14-B.</p> <p>Davis Videos: Administering Medications- All (23) excluding Administering IV Push Medications (2).</p>
<p>8</p> <p>Monday, 10/14/19</p> <p>Tuesday, 10/15/19</p> <p>(MG)</p> <p>10/16</p> <p>10/17</p> <p>Friday, 10/18/19</p>	<p>0800-1200 OR 1230-1630 (as assigned) Lab Skills: Practice ALL skills.</p> <p>0900-1000: <u>Exam 4 (Ch. 9, 26, 18, 25)</u></p> <p>1500-1700:</p> <p><u>(Dosage Calculation Exam)</u></p> <p>Ticket to Class <u>Quiz 8</u></p> <p>Factors Affecting Health Development: Older Adulthood Spirituality</p> <p>0800-1200 OR 1230-1630 (as assigned) Lab Skills: Medication Administration Skills Practice</p> <p>0800-1200 OR 1230-1630 (as assigned) Lab Skills: Medication Admin. Skills <u>Check Off</u></p> <p><i>Med. Paper Due to Assignments by 5:00 P.M. (1700)</i></p>	<p>Treas: Ch. 10, 16</p>
<p>9</p> <p>Monday, 10/21/19</p> <p>Tuesday, 10/22/19</p>	<p>0800-1200 OR 1230-1600 (as assigned) Lab Skills: Practice ALL Medication Administration Skills</p> <p>1500-1700:</p>	

<p>(MG)</p> <p>10/23</p> <p>10/24</p>	<p><u>(Dosage Calculation Exam, if needed)</u></p> <p>Ticket to Class <u>Quiz 9</u></p> <p>Essential Nursing Interventions Health Promotion</p> <p>Supporting Physiological Function Nutrition</p> <p>0800-1200 or 1230-1630 (as assigned) Lab Skills: Practice and or on-site orientation to clinical facilities (Per facility requirements).</p> <p>0800-1200 or 1230-1630 (as assigned) Lab Skills: Practice and or on-site orientation to clinical facilities (Per facility requirements).</p>	<p>Treas: Ch. 27, 28</p>
<p>10 Tuesday, 10/29/19</p> <p>(BW)</p> <p>10/30 or 10/31 (as assigned)</p>	<p>0900-1000: <u>Exam 5 (Ch. 10, 16, 27, 28)</u></p> <p>1500-1700:</p> <p><u>(Dosage Calculation Exam, if needed)</u></p> <p>Ticket to Class <u>Quiz 10</u></p> <p>Supporting Physiological Function Sensory Perception Pain</p> <p>CLINICAL 0530-1230 OR 1130-1830</p>	<p>Treas: Ch. 31, 32</p>
<p>11 Monday, 11/4/19</p> <p>Tuesday, 11/5/19</p> <p>(MG)</p> <p>11/6 or 11/7 (as assigned)</p>	<p>0800-1200 or 1230-1630 (as assigned) Lab Skills: Practice ALL Medication Administration Skills</p> <p>1500-1700:</p> <p>Ticket to Class <u>Quiz 11</u></p> <p>Supporting Physiological Function Bowel Elimination Urinary Elimination</p> <p>CLINICAL 0530-1230 OR 1130-1830</p>	<p>Treas: Ch. 29, 30</p>
<p>12 Tuesday, 11/12/19</p> <p>(MG)</p>	<p>0900-1000: <u>Exam 6 (Ch. 31, 32, 29, 30)</u></p> <p>1500-1700:</p> <p>Ticket to Class <u>Quiz 12</u></p> <p>Supporting Physiological Function Oxygenation</p>	<p>Treas: Ch. 37, 38</p>

	Circulation & Perfusion	
11/13 or 11/14 (as assigned)	CLINICAL 0530-1230 OR 1130-1830	
13 Tuesday, 11/19/19 (BW)	1500-1700: Ticket to Class <u>Quiz 13</u> Supporting Physiological Function Sexual Health Sleep & Rest	Treas: Ch. 34, 35
11/20 or 11/21 (as assigned)	CLINICAL 0530-1230 OR 1130-1830	
14 Tuesday, 11/26/19 (BW)	0900-1000: <u>Exam 7 (Ch. 37, 38, 34, 35)</u> 1500-1700: Ticket to Class <u>Quiz 14</u> Supporting Physiological Function Activity & Exercise Fluid, Electrolytes, & Acid-Base Balance	Treas: Ch. 33, 39
11/27 or 11/28 (as assigned)	NO CLINICAL: <i>Thanksgiving Holidays</i>	
15 Tuesday, 12/3/19 (BD, CM, MG, BW)	1500-1700: Ticket to Class <u>Quiz 15</u> Comprehensive Review/Q&A	Review of ALL course content.
12/4 or 12/5 (as assigned)	CLINICAL 0530-1230 OR 1130-1830	
16 Monday, 12/9/19	1000-1130: <u>Comprehensive Final Exam (Including Ch. 33, 39)</u>	Review of ALL course content.

**NURS 3620-Fundamentals of Nursing
Grading Rubric: Medication Paper**

Name: _____

Identify one performance score per row (front/back), then tally the grade subtotal per column and subtract any point deductions to obtain final/total points.

Paper and rubric submitted on time? Note: Late papers will be penalized 10% per day for each of the first two days overdue; on the 3 rd day, the grade will post as 0%.		Yes	No
Body of paper, excluding Cover Page and References is 3 to 5 pages (750-1250 words) in length?		Yes	No (- 5 points)
Criteria	Above Average	Average	Needs Improvement
Cite a minimum of two references (textbooks and journals) plus QSEN website in body of paper and reference list using APA formatting/style.	5 points Score _____	4 points Score _____	0-3 points Score _____
Include clear and concise introduction and conclusion paragraphs in paper.	5 points Score _____	3-4 points Score _____	0-2 points Score _____
Differentiate the Three Checks of safe medication administration.	9-10 points Score _____	7-8 points Score _____	0-6 points Score _____
Specify rationales for using the Three Checks at each of	14-15 points Score _____	12-13 points Score _____	0-11 points Score _____

their specific times.			
Describe the six primary Rights of Medication administration.	9-10 points Score _____	7-8 points Score _____	0-6 points Score _____
Discuss why each of the six primary Rights of Medication are essential to safe administration.	14-15 points Score _____	12-13 points Score _____	0-11 points Score _____
Describe the steps to follow when administering any type/route of medication and include rationales that defend the importance of each.	19-20 points Score _____	15-18 points Score _____	0-14 points Score _____
Explain how each (6) of the QSEN competencies relate to medication administration and provide supportive evidence for your explanations.	19-20 points Score _____	15-18 points Score _____	0-14 points Score _____
Grade Subtotal			
Note: Up to 20% may be deducted from grade for incorrect grammar, sentence structure, punctuation, spelling, and use of APA.	Total Points Deducted: _____		

Total Points: _____

**Texas A&M University-Commerce
Nursing Program
Skills Checklist**

Name: _____ Program Year: _____

Basic Skills	Lab √-off	Clinical √-off
	Date/Initial	Date/Initial
Asepsis:		
*Handwashing: Soap and Water Alcohol-based rub		
*Apply/Remove Personal Protective Equipment		
Bathing/Hygiene:		
*Bed bath-complete		
*Change patient gown		
Brush teeth		
Bedmaking:		
*Occupied bed		
Elimination:		
*Catheter care		
Administer enema		
Assist with bedpan		
*Perineal care		
*Empty catheter bag		
Mobility/Positioning:		
*Assist with ambulation		
Apply Gait belt		
Ambulation with walker		
Ambulation with cane		
Passive Range of Motion		
Sims		
Fowlers/Semi-Fowlers		
Supine/ side-lying		
Logrolling		

Basic Skills	Lab √-off	Clinical √-off
	Date/Initial	Date/Initial
Transfers:		
*Assist Client to Sit on Side of Bed		
*Bed to chair/wheelchair		
*Chair to bed		
*Bed to Stretcher		
Use transfer board		
Nutrition/Fluids:		
*Feed patient		
*Measure Intake/Output		
Safety:		
*Side rails up (x2, x4)		
*Bed low/locked		
*Call light in reach		
Vital Signs/Measurements:		
*Temperature- Oral, Axillary, Rectal		
*Pulse- Radial		
*Pulse- Apical		
*Respiration rate		
*BP manual, electronic		
*Pulse oximetry		
Height (adult)		
Weight (adult)		

Instructor Name	Initials

Instructor Name	Initials

***All skills with an asterisk (in bold) must be performed in the clinical setting.**

Intermediate Skills	Lab √-off	Clin √-off
	Date/Initial	Date/Initial
Enteral Nutrition:		
Insert Nasogastric tube		
Provide tube feeding		
Check tube placement		
Colostomy Care		
Clean the bag		
Change the appliance		
Wound Care		
Clean dressing change		
Remove staples		
Oxygen /Airway:		
*Set oxygen flow rate		
*Apply Nasal cannula		
Apply Face mask		
Oral suction		
Medication Administration:		
*Oral meds		
Sublingual		
*Topical patch		
Topical meds		
Ophthalmic meds		
Otic meds		
Rectal suppository		
Medication Preparation:		
Ampule		
Vial		
*Insulin		
Injections:		
*Z-track		
*IM- deltoid		
*IM- ventrogluteal		
IM- Vastus Lateralis		
*Subcutaneous		

Advanced Skills	Lab √-off	Clin √-off
	Date/Initial	Date/Initial
Asepsis:		
*Don sterile gloves		
*Establish sterile field		
Add items to sterile field		
Pour sterile solution		
Elimination:		
Insert indwelling catheter		
Remove indwelling catheter		
Obtain specimen from indwelling catheter		
Respiratory :		
Suction tracheostomy		
Provide tracheostomy care		
Wound Care		
Sterile dressing change		
Irrigate a wound		
Apply wet to dry dressing		
IV Fluid Therapy:		
*Prepare IV site		
*Perform venipuncture		
*Dress infusion site		
*Discontinue IV		
Change IV to saline lock		
Initiate IV fluid/tubing		
Change IV bag		
*Administer IVPB		
*Administer IVP med		
Central Venous Line:		
Change CL dressing		
Administer IV push med		
Discontinue CL		

Instructor Name	Initials

Instructor Name	Initials

***All skills with an asterisk (in bold) must be performed in the clinical setting.**