LINFIELD COLLEGE



Nursing Resume & Cover Letter Packet

Compliments of Linfield College - Portland Campus Office of Student Services and Nursing Alumni





Linfield College 2255 NW Northrup, Portland, OR 97210 Nursing & Health Sciences Have Questions? Contact Lisa Burch, Director of Student Services, at <u>lburch@linfield.edu</u> or 503.413.7561 A COVER LETTER is a unique letter to a specific person for a specific reason with a unique message tailored for each situation while a **RESUME** is a document you hope to use over and over again, it is a single document that gives a broad-based overview of your career.

Resumes are a snapshot of you and should be used to highlight your skills and education. Resumes may also be the first and only impression that the employer gets of you before an interview. Therefore, a resume should be accurate, well organized, concise and professional. There are many styles of resumes but the areas you should make sure to include are:

- Education (list BSN at the top of all other education)
- Clinical rotations (with # of hours) with a focus on senior clinical placement
- Work experience
- Things that make you unique (travel, language skills, honors, leadership, volunteerism, skills, hobbies)

Cover letters are career marketing letters to market the job seeker, highlight notable qualifications and career successes and generate invitation for a personal interview. Objectives of your Cover Letter should be to:

- Introduce yourself and clearly define who you are
- Highlight your most notable qualifications, experiences, credentials, skills, and achievements
- Identify the value you bring to an organization
- Capture your readers interest and motivate them to call and offer you an interview.

Many career websites offer resume and cover letter samples. Here are a few that can be helpful for nursing graduates:

- www.aftercollege.com/career-networks/linfield-college/school-of-nursing/
- <u>www.nurseresumebuilder.com</u>
- <u>www.healthecareers.com</u>
- www.careerbeam.com



<u>Name</u>

Email address Phone number

PROFESSIONAL SUMMARY:

Recognized as a competent team member able to effectively communicate and collaborate within the interdisciplinary team in order to deliver safe, patient center care. Consistently empathetic, actively listens and establishes rapport quickly with patients to deliver unbiased patient care.

EDUCATION:

•	Linfield College, Bachelor of Science in Nursing	Date
•	Oregon State University, Bachelor of Science in General Science	Date

CLINICAL EXPERIENCE:

• Senior Practicum: PeaceHealth Southwest Medical Center 144 hours Oncology experience; assess conditions and administer appropriate interventions; prioritize patient care, competent interdisciplinary communication regarding patient status and care.

• Stewardship of the Community: PeaceHealth Southwest Medical Center	84 hours
Chronic Illness: Kaiser Permanente-Interstate Clinic	126 hours
• Maternal-Child Health: Kaiser Permanente-Sunnyside Medical Center	84 hours
Acute Care: Legacy-Good Samaritan Hospital	126 hours
Clinical Nursing Skills: Marquis Care-Wilsonville	84 hours
• Mental Health Nursing: Faulkner Place-secure step-down facility	126 hours
Community Health: Housing Authority of Portland-Williams Plaza	84 hours
Nursing Foundations: Highland Terrace Nursing Home	84 hours

ADDITIONAL NURSING COURSES:

•Sudden Illness and Trauma: application of nursing process to patients across the life span experiencing sudden illness or trauma; Code simulations and IV Lab skills.

•Therapeutic communication: Practical application of therapeutic communication in patient interviews.

*Selected Topics in Pathophysiology

WORK EXPERIENCE:

Linfield College

 Resident Advisor: help residents transition into the dorms, mentor new students, provide resources.

 Linfield College

 Teaching Assistant for Lifespan and Development Psychology Professional Interaction: assisted students with class assignments, inputed grades, uploaded course content into BlackBoard.

 OSU Catering

 Description
 Date

-Server/Bartender/Catering Student Lead: developed leadership and customer service skills, mentored new employees, prioritized and delegated tasks at events.

VOLUNTEER & LEADERSHIP:

Associated Students of Linfield College-Portland Campus	Date
-Class Senator: work within a team to identify student needs and address issues by utilizing r	esources.
-Nursing Faculty Development Committee	Date
-Student Chair: work with nursing faculty members to voice student needs.	
-Invited to host Poster at 13th Annual Oregon Geriatrics Society Conference	Date
-Inducted into Sigma Theta Tau Honor Society of Nursing	Date
-Portland Marathon: Medical Tent Team Student Volunteer	Date
-OSU Peer Health Advocates: Student Member	Date

Address Address Phone # Email

OBJECTIVE: Seeking nursing position at Salem Hospital where I can contribute as a team member to further my professional development in an acute care setting.

EDUCATION

Bachelor of Science in Nursing Linfield-Good Samaritan School of Nursing, Linfield College, Portland Campus Completion *date* – GPA *insert GPA*

CLINICAL EXPERIENCE

St. Vincent's Hospital – 7East (med/surg). I cared for patients with renal concerns, diabetic issues, respiratory illness, wound matters and various other acute care issues.

Coffee Creek Correctional Facility – I processed incoming inmates and did their physical and historical assessments. I performed sick call with the prison doctor. I also assessed and cared for maternity and cancer patients in the infirmary. I passed meds on all units.

Salem Hospital – I am currently beginning my practicum at Salem Hospital Family Birth Center in labor and delivery.

Other Experiences – Emmanuel Hospital – postpartum mother/baby care and assistance in labor & delivery. Healthy Start, Clackamas County – aided CSWs in mother/baby care and instruction for at risk mothers in their homes. Oregon State Hospital – assisted mental health nurses and psychiatrics in interviewing and evaluating patients. Leadership rotation at Salem Birth Center – performed research for Katrina Davis, preceptor, to aid in revising and writing new policy.

WORK EXPERIENCE

Interludes Travel – Owner and manager. I arranged and guided tour groups to many countries and specialty interest fields, i.e., women's literature in England, genealogy research in Scotland, archeology in Mexico.

COMMUNITY INVOLVEMENT

United Way – Chair member of the Eugene Oregon Board. Responsible for enlisting and organizing team captains and their 20 member teams in a city-wide fundraiser.

Polk County Precinct Leader – Responsible for running local precinct voting station.

Relief Society President – Past leader of local church women's service organization. Responsible for 100+ women and their families for their physical, social, and spiritual needs.

Volunteer in many fundraising efforts and public school organizations.

HONORS/ ACHIEVEMENTS

Member Sigma Tata Tau International Honor Society of Nursing Member SNA

REFERENCES – Available upon request

Name Phone Email

Summary

I am a dedicated and hardworking individual with a willingness to learn new skills and techniques in the clinical setting. I am a flexible team player and excellent communicator with strong interpersonal skills and the ability to adapt to change. Caring and compassionate, I am committed to working with a variety of patient populations to provide quality healthcare. I have a clinical skill set including medication administration, full body and focused assessments, urinary catheter placement and care, postpartum and newborn care, CBG and insulin injection, dressing changes and wound care, care plan management, and therapeutic communication.

Education

Linfield College, Good Samaritan School of Nursing - Portland, OR		
Bachelors of Science in Nursing	Expected graduation:	Date
Magna Cum Laude, GPA 3.942		
Linfield College - McMinnville, OR		
Pre-Nursing		Date

Nursing School Clinical Experience

Senior Practicum (in progress)	Legacy Emanuel	Family Birth Center	168 hours
Stewardship in the Community	Willamette Valley Medical Center	ICU	84 hours
Chronic Care	Willamette View	Health Center	126 hours
Acute Care	Legacy Emanuel	Surgical Specialties	126 hours
Maternal-Child Health	Salem Hospital	Family Birth Center	84 hours
Clinical Nursing Skills	Marquis Care at Vermont hills	Long Term Care	84 hours
Mental Health	Arbor Place	Residential Facility	126 hours
Family/Community Health	Salem Hospital	CHEC	84 hours
Fundamentals of Nursing	Robison Jewish Health Center	Long Term Care	84 hours

Employment

Portland Parks and Recreation Southwest Community Center

- Camp coordinator support, camp director, camp counselor, recreational service representative, child care attendant, birthday party host, and special events.

Date

Date

Date

Date

- Enthusiastic and dedicated employee with a commitment to customer service and patron satisfaction.
- Expansion of teamwork and teambuilding skills with movement into leadership positions.

Volunteer Experience

Portland Marathon First Aid Station

- Provided first aid care to marathon participants.

 Multnomah Education District
 Outdoor School Student Leader
 Date

- Role model and cabin leader of sixth-grade students to provide inspiration, interest, and education in topics related to science and nature.
- Loaves and Fishes Kitchen volunteer
- Prepared and packaged meals for the Meals-On-Wheels Program.

Saturday Academy Speaker

- Share my nursing school experience to inspire high school students to consider a career in nursing.

Activities and Achievements

- International Study Abroad Health Promotion in Cameroon Trip Date
- Worked with local NGO in Cameroon to promote health in a third world country and provide healthcare and related education to children orphaned by HIV/AIDS and their classmates.
- Dean's ListLinfield College School of NursingDate
- Outstanding academic achievement for Date

Cell:

Email

SUMMARY

Ambitious and compassionate graduate nurse aspiring to practice, acquire, and improve skills to promote health across the nursing care continuum. Desire to improve the health and well being of the community I serve using a collaborative approach for quality care. Honest and ethical nurse who will prioritize effectively and follow through on commitments. Motivated to positively impact and educate my patients utilizing thorough time management and skills. Seeking guidance to obtain basic knowledge and clinical skills necessary to function independently in the RN role.

EDUCATION

Bachelor's of Science in Nursing; Linfield College Portland Campus (Cumulative GPA: 3.69)	Date
Linn Benton Community College, Albany, OR Certified Nursing Assistant; Mennonite Village, Albany, OR	Date Date
<u>CLINICAL EXPERIENCE</u>	

966 total clinical hours:

- > 168- Senior Practicum: Kaiser Sunnyside Medical/Surgical (Stroke and Telemetry)
- > 84- Management: Legacy Emanuel Children's Services
- > 126- Acute Care: Providence St. Vincent Medical/Surgical (Telemetry)
- > 126- Mental Health: Portland Oregon State Hospital
- > 84- Maternal-child Health Challenges: Kaiser Sunnyside
- ▶ 126- Chronic care: Town Center Village
- ▶ 84- Clinical Nursing Skills: Vermont Hills
- > 84- Community Health: Oregon Adult Immunization Coalition
- > 84- Socialization and Foundations of Nursing: Robison Jewish Health Center

RELEVANT SKILLS/ATTRIBUTES

Ability to ensure quality care and safety to adults and children Effective working independently or as part of an interdisciplinary team Strong commitment to my patients and other health care members Linfield College Dean's List, Fall 2011 Sigma Theta Tau candidate, International Honor Society of Nursing National Student Nurses Association member Basic Life Support for Healthcare Provider

WORK EXPERIENCE

<i>Prestige Care Inc</i> , Vancouver, WA, Work as an agency CNA, ensuring high quality of care to all patients Improve health in both skilled rehab and long term settings	Date
<i>Timberview Care Center</i> , Albany, OR, Worked as a CAN, ensuring high quality of care to all patients Improve health in both skilled rehab and long term settings	Date
<i>South Albany Community Church</i> , Albany, OR, Worked as a receptionist and office assistant Strong customer service skills and commitment to all staff and visitors	Date
<i>Sears</i> , Albany, OR, Worked independently as a cashier while being a part of a retail team Strong customer service skills and commitment	Date

Phone – Address - Email

EDUCATION

Bachelor of Science in Nursing, Linfield College School of Nursing, Portland Oregon, Date

CLINICAL EXPERIENCE

NURS 419/Senior Practicum: Peace Health Southwest Hospital, Intensive Care Unit (168 hrs) NURS 416/Stewardship of the community: Peace Health Southwest, SIM/Education Department (84 hrs) NURS 318/Maternal & child health: Legacy Emmanuel Children's Hospital, medical unit (84 hrs) NURS 316/Life threatening health challenges: Kaiser Permanente neuro/telemetry medical unit (126 hrs) NURS 313/Adapting to health challenges: Coffee Creek Correctional Facility, women's health (126 hrs) NURS 311/Clinical nursing skills: Marquis Mt. Tabor, geriatric health (84 hrs) NURS 213/Family & public health: Rose Apartments, women's health (84 hrs)

NURS 206/Society & mental health: Oregon Health & Science University, psychiatric unit (126 hrs)

NURS 106/The helping role of the nurse: Highland Terrace, geriatric health (84 hrs)

BLS for Health care providers and ACLS certified through the American Heart Association, expires Date Fluent in Spanish conversation and medical terminology

ACHIEVEMENTS / ACTIVITIES

Sigma Theta Tau (International Nursing Honor Society) member

- President of student organization Movimiento Estudiantil Chicano de Aztlán (MEChA); to promote higher education, cultura, and historia in the Latino community
- Vice President of student organization Nursing Students Without Borders; to promote global health awareness in the community

National Association of Hispanic Nurses (NAHN) member

Volunteer with No One Dies Alone (NODA), providing companionship to those within 72 hrs of end of life Volunteer with Impact Northwest, a community organization that prevents and alleviates the effects of poverty

RELATED WORK EXPERIENCE

Hospital Atlantida, La Ceiba Honduras, Nursing Volunteer/Medical aide

Date - Date

- Worked in a government run primary health care clinic/hospital assisting the health care team in providing treatments to gunshot/stabbing wounds, post op care, administration of vaccines & education on prevention of communicable diseases and non-communicable diseases
 - Utilized my Spanish speaking skills to communicate care between patients and other American volunteers

Care Center East/Extendicare, Portland OR

Certified Med Aide and Certified Nursing Assistant

Date - Date

- Administer and chart daily medications to residents while following state guidelines
- Provide and assist with ADL's; feed, bathe and groom, take vital signs
- > Observe patients, report changes in condition and responses to treatment to charge nurse

Address | Portland, Oregon Zip | Cell: | Email:

PROFESSIONAL SUMMARY:

A competent and efficient team member, dedicated to providing quality care based on a foundation of trust built through establishment of rapport. A quick study, adaptable, and receptive to new treatment concepts backed by recent evidence.

- Efficient with Electronic Medical Documentation, trained in Epic.
- Consistent track record of positive feedback from clinical instructors and preceptors.
- Demonstration of leadership through organization of educational events at Linfield Good Samaritan School of Nursing.

EDUCATION:

Bachelor of Science in Nursing, Linfield College, McMinnville Oregon, Date Projected Graduating GPA:

CLINICAL EXPERIENCE:

Peace Health Medical Center: Emergency Department (in process) | 168 hours | Date | Senior Practicum Performed various focused assessments establishing prioritization of care. Performed the following skills on site: urinary catheterization, medication administration, trach suctioning, IV placement, wound dressing changes, and colostomy care. I also assisted with intubations, and cardioversions. OHSU Partnership Project: HIV RN Case Management | 84 hours | Date | Stewardship of the Community Kaiser Permanente Sunnyside: Med-Surg Telemetry Unit | 126 hours | Date | Acute Care Our House of Portland: HIV live-in Care Facility | 126 hours | Date | Chronic Care Kaiser Permanente Sunnyside: Labor and Delivery | 84 hours | Date | Maternal-Child Health Milwaukee Convalescent- Long-Term Care | 84 hours | Date | Nursing Skills Hillsboro, OR Community: Community Services 84 hours | Date | Family Health Portland Providence Medical Center: Chemical Dependency |126 hours | Date | Mental Health Maryville Nursing Home: Long-Term Care | 84 hours | Date | Nursing Foundations

WORK EXPERIENCE:

Our House of Portland On-Call Caregiver Date - Present Provide care services to HIV-infected adults with varying levels of acuity, assist nursing staff as needed. Patient transfers, Food preparation, assistance with eating and bathing, routine blood glucose checks, TED hose, Foley care, etc. Field Technician Date

Automatic Gate Installations

Installed, upgraded, and repaired automatic entry way gates. Assisted with guotes and proposals. Trained and led teams of technicians to complete projects in timely manner.

ACTIVITIES & ACHIEVEMENTS:

Linfield College Queer Club President Date / Vice President Date

Organized Quarterly Educational presentations on Queer Health issues, including HIV in nursing practice and Trans health concerns.

Dr. Pacquet Scholarship Recipient

Peterson-Grimes Scholarship Recipient

Linfield College Peer Resource Network New Student Mentor

CERTIFICATIONS:

Basic Life Support for Healthcare Providers, expires Date.

Advanced Cardiac Life Support with Basic Life Support Renewal course to be taken Date.

Address • Address • Phone • Email

Objective

Seeking a position to improve the health and wellbeing of the people, patients, community, and world as an integral team member within an organization that provides the highest quality of care with respect, excellence, and innovation.

Education

Bachelor of Science in Nursing – Date Linfield College, Portland, Oregon Bachelor of Arts – Date Willamette University, Salem, Oregon

Clinical Experience

Southwest Medical Center	Pediatrics	Senior Practicum	144hrs
Salem Hospital	Pediatrics	Stewardship	84hrs
Providence St. Vincent's Hospital	Telemetry	Acute Care	126hrs
Vibra Hospital	Medical-Surgical	Chronic Illness	126hrs
Legacy Emanuel Hospital	Pediatrics	Maternal Child Health	84hrs
Portland Oregon State Hospital	Inpatient Psychiatry	Mental Health	126hrs
Robison Jewish Health Center	Long-Term Care	Skilled Nursing Skills	84hrs

Professional Experience

Date	Laboratory Assistant & Student Mentor Experiential Learning Center, Linfield College	Portland, OR
Date	Escrow Specialist Southland Title	San Diego,CA
Two-time recipient of th	le Southern California Escrow Elite Personnel for Excelle	nce in Customer Service award.

Activities & Accomplishments

Associated Students of Linfield College – Portland Campus, *Cohort Senator Date* Linfield Student Nurses' Association, *Executive Board of Directors - Membership Outreach Coordinator Date* Linfield Nursing Curriculum Committee, *Student Representative Date* Peer Resource Network, *Program Coordinator and Mentor* New Student Orientation Team, *Member* Linfield Public Health Association, *Member* Nursing Students Without Borders, *Member* Oregon Student Nurses' Association, *Member* Sigma Theta Tau Honor Society of Nursing, *Member* Oregon Adult Immunization Coalition, *Student Nurse Volunteer* Portland Marathon, *Aide Station Volunteer, Date* Hood to Coast, *Aide Station Volunteer, Date* Be The Match Bone Marrow Drive, *Volunteer, Date* Lightbridge Hospice, *Volunteer, Date*

Address Address Phone Email

PROFILE: Strong analytical skills; adept at assessing conditions and administering interventions.
 Resourceful problem solver able to implement solutions.
 Ability to remain calm and professional throughout critical situations.
 Effective rapport builder with clients, families and staff.

CLINICAL EXPERIENCE:

Good Samaritan Hospital	Med-Surg	Senior Practicum	144 hours
Vancouver VA Medical Center	Skilled Nursing	Stewardship of the Community	84 hours
St. Vincent Hospital	Med-Surg	Acute Care	126 hours
St. Vincent Hospital	Labor & Delivery	Maternal-Child Health	84 hours
Maryville Nursing Home	Skilled Nursing	Chronic Care	126 hours
PACS Clinic	Outpatient Services	Community Health	84 hours
Operation Nightwatch	Outpatient Services	Mental Health	126 hours
Maryville Nursing Home	Long-Term Care	Nursing Foundations	84 hours

EDUCATION: Bachelor of Science in Nursing, Date Linfield College – Good Samaritan School of Nursing, Portland, OR

MEMBERSHIP: Sigma Theta Tau Honor Society of Nursing National Student Nurses Association Nursing Students Without Borders

EMPLOYMENT:

Date – Date	University Place Restaurant Server	Portland, Oregon
Date – Date	Kartini Clinic Medical Assistant/Receptionist	Portland, Oregon
Date – Date	Local Laborers Union #296 Intel Cleanroom Technician	Portland, Oregon
Date – Date	Dosha SalonSpa Concierge/Assistant Spa Manager	Portland, Oregon

REFERENCES: Available upon request.

	Address Address Phone Email
Objective	

To obtain a full-time position as a registered nurse in the CCU at Willamette Valley Medical Center.

Professional Summary

A competent team member with demonstrated expertise in client care, documentation, and self-management. Recognized as an effective and motivational team player with a consistent track record in establishing rapport and strong working relationships with clients.

- Skilled in strategizing and prioritizing to accomplish multiple tasks
- Innovative and enthusiastic with an uncompromising work ethic
- Strong interpersonal and teamwork abilities
- Consistently exceeds client expectations

Education

Pursuing a Bachelor of Science, Nursing, Linfield College, McMinnville, OR Projected graduation date: May Date

Clinical Experience

- Salem Hospital- Labor & Delivery Senior Practicum (144 hours)
- Salem Hospital- Labor & Delivery Stewardship/Leadership rotation (64 hours)
- Raines Dialysis Center Forest Grove- Chronic Illness rotation (126 hours)
- Kaiser Permamente Sunnyside- Maternity/Labor and Delivery rotation (84hours)
- Providence St. Vincent's/ Medical unit-Acute Care rotation (126 hours)
- DayWatch Portland- Mental Health rotation (126 hours)
- White Shield Portland- Community Health rotation (84 hours)

Work Experience

• Signature Home Health, Tigard, OR	Date – Date
Home Health Aide	
• Elks Lodge, McMinnville, OR	Date – Date
Head Bartender/Waitress	
• Shari's Restaurant, Sherwood, OR	Date – Date
Waitress/Supervisor	

Community/ Leadership Activities & Awards

Newberg School District- Event Volunteer	Date – Date
Linfield Student Nurses Association Member	Date – Date
WVMC Volunteer Guild Scholarship recipient	Date – Date
George B Boland 40-8 Nursing Scholarship recipient	Date

Address

Phone Email

OBJECTIVE

My objective is to gain employment at a Legacy Hospital in critical care allowing me to utilize my current skills and abilities while fostering new skills, challenges, and continued education opportunities.

NURSING EDUCATION

Bachelor of Science in Nursing	Linfield Good-Samaritan School of Nursing, Portland, Oregon.
	Graduation Date, G.P.A. 3.4

Clinical Rotations:

Silverton Hospital	Medical/Surgical Unit	Senior Practicum	168 hrs
Meridian Park Hospital	Surgical Specialties	Leadership/Management	84 hrs
Emanuel Children's Hospital	Pediatrics	Maternal/Child Health	84 hrs
Willamette Valley Medical Center	Wound Care/Hyperbaric Medicine	Chronic Care	126 hrs
Emanuel Hospital	TRACU	Acute Care	126 hrs
Robison Jewish Nursing Center	Skilled Nursing Facility	Clinical Nursing Skills	84 hrs
Elder Resource Alliance	Extension of Friendly House, Inc.	Community Health	84 hrs
Providence Portland Hospital	Chemical Dependency/Detox Ctr	Mental Health	126 hrs

PREVIOUS EDUCATION

Medical Assistant Diploma/Certification	Pioneer Pacific College, Wilsonville, Oregon
	Completed Date, G.P.A. 3.50

PROFESSIONAL EXPERIENCE

Medical Assis	stant Salem Clinic, P.C.	Date
• Primary Assista	nt for an Internal Medicine Physician. Assist with min	nor surgical procedures, myoview stress tests, & flexible
sigmoidoscopies. Perform injections, vital signs, & quality improvement projects.		

Head Volleyball Coach	John F. Kennedy High School, Mt. Angel, OR	Date
Medical Assistant/Receptionist	Providence Medical Group, Portland, OR	Date

PERSONAL INFORMATION

I am a confident and hardworking individual. I have great organizational and multitasking skills as evidenced by successfully managing full time nursing school, a family with four children, and volunteering an abundance of hours for the Mt. Angel Fire District. In my life, I value trust, teamwork, reliability, and dedication. As a medical assistant, I am well versed and have cared for people with an array of chronic illnesses. With my experience at the fire department, I have cared for many types of acute patients from elderly ground level falls to patients in high impact car accidents. Trauma patients have sparked a new interest for me. As a result, I am currently taking a Nursing 450 Trauma class through Linfield-Good Samaritan School of Nursing. Life has provided me with many challenges which have given me a plethora of experiences and knowledge. As I begin my professional nursing career, I look forward to increasing my knowledge by working side-by-side with a variety of experienced licensed personnel and caring for an array of people with unique medical illnesses and cultural diversity.

REFERENCES

Address, Phone, Email

OBJECTIVE: To obtain a full time RN internship position in the acute care setting at a Legacy hospital in the Portland area.

EDUCATION

Bachelor of Science in Nursing, May Date Linfield-Good Samaritan School of Nursing, Portland, OR

Bachelor of Science in Psychology, June Date

University of Oregon, Eugene OR

CLINICAL EXPERIENCE

Senior Practicum- Maternity/Labor and Delivery "Birthplace", Willamette Falls Hospital (144 hours)
Leadership- Oncology Medical-Surgical Services, Kaiser Sunnyside Medical Center (84 hours)
Maternal-Child Health- Maternity/Labor and Delivery, Kaiser Sunnyside Medical Center (84 hours)
Chronic Care- Inpatient Rehab, Rehabilitation Institute of Oregon, Legacy Good Samaritan (126 hours)
Acute Care- Medical Specialties 4-Center, Legacy Good Samaritan Hospital (126 hours)
Clinical Nursing Skills- Skilled Nursing Facility, Robison Jewish Nursing Center (84 hours)
Community Health- Geriatric Home Health (84 hours)
Mental Health- Adult Day Treatment Program, Lifeworks Milliken Site (126 hours)
Fundamentals- Skilled-Nursing Facility, Marquis Mt. Tabor Site (84 hours)

WORK EXPERIENCE

Nordstrom- Sales Associate, Date - Date, Portland, OR Alvord Taylor Inc.-Life Skills Instructor to Developmentally Challenged Adults, Eugene OR, Date

VOLUNTEER EXPERIENCE

All Women's Health Services- Peer Educator on Women's Healthcare for Women's Studies classes at University of Oregon, Eugene, OR, Date - Date Center for Family Development- Educational Tutor and Mentor for at risk/troubled youth, Eugene OR, Date - Date Young Judaea- Counselor/Educator for Jewish teens on a six-week voyage to Israel, Date

ACTIVITIES/ACHIEVEMENTS

Sigma Theta Tau International Honor Society, Inducted Nov. Date Peterson Nursing Scholarship, Date - Date Lloydena Grimes Nursing Scholarship, Date - Date Linfield Student Nurses Association, Date - Date Nordstrom Customer Service All-Star Award recipient, Date & Date

REFERENCES – Available upon request

Address Home Phone Cell Phone Email

OBJECTIVE

To benefit Meridian Park Hospital's Medical-Surgical unit with my nursing skills, knowledge and commitment as a vital team member.

EDUCATION

Baccalaureate of Science in Nursing, Linfield-Good Samaritan School of Nursing, Linfield College—Date

General Studies, Associate Degree, Clackamas Community College—Date

CLINICAL EXPERIENCE

Williamette Falls Hospital, Med-Surg Unit—Date

Cared for patients with type 1 and 2 diabetes, schizophrenia, hemouremia, decubitus ulcers, gallbladder pancreatitis and post surgeries (including knee, parotidectomy, laparoscopic hysterectomy, and laparoscopic cholecystectomy). Also admitted and discharged patients.

Good Samaritan Hospital, Renal Unit—Date

Cared for patients with diabetes, viral meningitis with 7th cranial nerve palsy, hepatitis C, MRSA, amputations, ESRD, and ETOH. Also helped prepare patients for hemodialysis.

Emanuel Hospital, Pediatric Unit—Date

Cared for patients with ruptured appendix, hypoplastic left heart, osteomyelitis, and closed head injury. Observed pediatric sedation team, including three-year-old with third-degree burns.

Other Experiences

Meridian Park Hospital, Stewardship—Date: Shadowed OR Nurse Manager, attended management meetings, and assisted with auditing projects.

Emanuel Children's Diabetes and Endocrine Center, Chronic Care—Date: Helped teach type 1 diabetic children about nutrition and insulin injections. Made insulin change suggestions. Increased knowledge about type 2 diabetes.

Crestview Nursing & Rehabilitation Center, Chronic Care—Date: Functional health assessments. Western Farm Workers, Community Health—Date: Taught poisonous plant precautions. St. Vincent's Hospital, Labor & Delivery—Date: Cared for labor/postpartum moms and newborns. Rose Haven and McDonald Center, Mental Health—Date: Helped with basic needs. Friendship Health Center, Long-term Care—Date: Assessments, wound treatment. Operating Room observations: Meridian Park, Good Samaritan, St. Vincent's, and Shriner's.

WORK EXPERIENCE

CPR Instructor, Linfield College, Portland—*Date* Office Assistant, Clackamas Community College, Oregon City—*Date* General Biology Tutor, Clackamas Community College, Oregon City—*Date* Database Technician, Clackamas Community College, Oregon City—*Date* Office Assistant, Clackamas Community College, Oregon City—*Date* Property Title Researcher, Chicago Title Company, Clackamas—*Date* Office Assistant, Paccess, A Koplik Partnership, Portland—*Date* Office Manager, Shannon Marketing, Clackamas—*Date*

HONORS AND ACHIEVEMENTS

Convocation Committee Leader, Linfield College, Portland—*Date* Admissions, Progressions, Honors, and Graduation Committee member, Linfield College, Portland—*Date* Student Nurses' Association Co-Chair, Linfield College, Portland—*Date* Phi Theta Kappa, Clackamas Community College, Oregon City—*Date*

<u>Objective:</u>	To obtain a permanent full-time nursing position in the Legacy Health System where teamwork, c and professionalism are practiced and expected.	ompassion,
Education:	Linfield College – Good Samaritan School go Nursing Bachelor of Science in Nursing	Dates
	Uppsala University – Uppsala, Sweden.	Dates
	University of Oregon – Biology Major	Dates

Clinical Rotations:

- Senior Practicum Legacy Good Samaritan 4C/3NW 168 hours
- Leadership/Stewardship of Nursing, Legacy Good Samaritan 4C/3NW 84 hours
- Pediatric Nursing, OHSU Doernbecher Children's Hospital 84 hours
- Medical Specialties, Legacy Good Samaritan 4C/3NW 126 hours
- Hospice Nursing, Providence Home Hospice 126 hours
- Clinical Nursing Skills, Friendship Health Center 84 hours
- Community Nursing, Rosewood Family Clinic 84 hours
- Psychiatric Nursing, Faulkner Place 126 hours
- Clinical Nursing Skills, Robison Jewish Health Center 84 hours

Work Experiences:

Financial Aid Assistant

Linfield College, Portland, OR

Assisted Director of Financial Aid in office organization, data entry, and loan reconciliation

Receptionist/Office Assistant

Lateef Investment Management

Portland, OR and San Francisco, CA

- Provided assistance to customers, facilitated broker orders, entered trades, and office management
- Designed and implemented system to organize investment research

Learning Services and Disabilities Assistant

- University of Oregon, Eugene, OR
- Recorded notes during Chemistry lecture and laboratory for deaf students

Lead Host

Old Spaghetti Factory, Hillsboro, OR

Customer service, organizing waiting lists, and leading host staff

Activities/Honors:

- Linfield College Dean's List *date* Sigma Theta Tau candidate, International Honor Society of Nursing
- University of Oregon Cheerleading date
- Loaves and Fishes Student Nurse Volunteer date
- Doernbecher's Ronald McDonald House Volunteer date
- Elementary Vision Screening Volunteer, date

References:

Attached with application materials

Address Phone Email

Linan		
PROFESSIO	NAL SUMMARY	
Clinical Rot	ations	
Date - Date Date - Date	 Senior Practicum: location to be determined (168 hours) Nursing Leadership/Management: Multnomah Country Health Department (84 hours) Chronic Illness: Providence Home Health, Portland OR (126 hours) Obstetrics/Maternity: Emanuel Hospital, Portland OR: L&D, OB, nursery (84 hours) Acute Care: Keizer Hospital, Sunnyside, Clackamas, OR (126 hours) Clinical Skills: Marquis, Portland OR (84 hours) Psychiatric/Mental Health Nursing: Macdonald Center & Downtown Chapel, Portland OR (126 hours) Community Nursing: Salvation Army, White Shield, Portland OR (84 hours) Clinical Nursing Skills: Marysville Nursing Home, Beaverton OR (84 hours) 	
HONORS		
Dean's Ford Re	Theta Tau (International Nursing Honor Society) List, Linfield Good Samaritan School of Nursing, Fall Date estart Scholarship Recipient, 2007-current eta Kappa, Portland Community College, Portland, Date - Date	
EXPERIENC		
	ied Nursing Assistant and Unit Clerk	Date - Curren
2	e Hospital, White Salmon, WA	
Work	-	Date - Curren
Kathy	Kinderman, Linfield Nursing School, Portland, OR	
Intern Thaila:	ational Liaison, FIRE (Friends for International Relief & Education) nd	Date - Date
	ctional Assistant for Special Education Department ile School, Parkdale, OR	Date - Date
Starbı	icks Coffee	Date - Dat
Variou	s location (Virginia, Oregon)	
Civilia	nn Military Chaplain	Date - Dat
NAS, I	Pensacola, FL	
EDUCATION	V	
	d School of Nursing, Portland Campus, Portland, OR	Date - Curren
	ation May 2010 with BS in Nursing, Current GPA: 3.72	D-4
	training, Hood River, OR	Date
Portlar	nd Community College, The Dalles Campus, OR	Date - Date

EMT training and volunteer	Date - Date
Virginia Beach, VA	
FIRE school & Overseas Training program, Pensacola, FL	Date - Date
TESOL (Teaching English as a Second Language) Certificate, AA in Cross-Cultural Communication	
Oregon State University, Corvallis, OR	Date - Date

COMMUNITY SERVICE & PROFESSIONAL EXPERIENCE

- Currently working part-time as a Certified Nursing Assistant in a rural hospital in Washington.
- Linfield Student Body Community Senator (Fall Date Spring Date)
- Lived overseas in Thailand for 22 months working with FIRE (Friends for International Relief and Education) leadership.
- Worked full time at the tsunami site with the emergency/medical teams for 3 months (December-March Date).
- Rebuilt homes and workplaces for Thai people in locations brutally hit with the tsunami.
- Provided women's exams on a regular basis to the female prostitutes in Southern Thailand.
- Worked on a project to provide better access and education for visitors and family members of AIDS victims to be with them in the dying process.
- Volunteered as an EMT full time in Virginia for 2 years (Date Date).
- Traveled to China, Japan, Philippines, Thailand, and Cameroon bringing medical and educational supplies, and as an exploratory for future humanitarian aide.
- Worked extensively with the education team to provide evidence-based education to children with Down's syndrome and mental disabilities.
- Volunteered for one year in the Hood River Providence ED as a student aide providing basic levels of care to patients.

REFERENCES ON REQUEST

	Addre Addre		Phone Email	
Objective	To obtain a position as	s an RN in an acute care s	setting.	
Education	Linfield College	Portland, Oregon		Date - Date
	Bachelors of Science in	-		
	Portland State Universe Pre-Nursing, Biology	sity		Date - Date
Clinical Experience				
-	Leadership: Clinical F (84 hours).	Practice Support, Legacy	Emmanuel Ho	spital
		nt Oncology, Providence	St. Vincent's ⊦	lospital
		atology-Oncology, Orego	n Health Scier	nces University
		h: Wilcox Women's Pavili	on, Good Sam	aritan Hospital
		Is: Skilled Nursing Facility	, Vermont Hill	S
	Community/Family H	lealth: Family Health Clin ervices (84 hours).	ic, Portland Ad	dventist
		Behavioral Health 4E, Go	od Samaritan	Hospital
		d Nursing Facility, Maryvil	lle Nursing Ho	me
Work Experience	Gales Creek Camp, E	Banks, Oregon		Date - Date
	Supervised medication	n administration, gave ins	ulin injections	taught
	self- injection techniqu	ie to young campers and		c first-aid.
	Legacy Health Syste Admitter	ms, Portland, Oregon		Date -Date
	to the hospital, obtained	and registered patients, and registered patients, and and recorded pertinent HIPAA information and co	identifying ins	surance
	VGMHC, Hillsboro, C	regon		Date - Date
	Medical Assistant	and the physician as we		d dution
		nce to the physician as we cutive director, medical an		
Activities and Achievements	 American Car Sigma Theta ⁻ 	alth Promotion Trip, Janu Icer Society Volunteer and Tau International Honor S dena-Grimes Nursing Sch	d Áctivist, Dat ociety, Inducte	ed, Date
	CommencemeNational Asso	ent Fundraising Committe ciation of Hispanic Nurses ortland State University, S	e, Date - Date s, Portland Da	e ate - Date
References	Available Upon Reque	est.		

Address

Email Phone

Education

Linfield College, *Date - Date* Bachelor of Science, Nursing, *Graduation: May, Date* GPA 3.6 Oregon State University, *Date - Date* Pre-Nursing University of Queensland, Australia, *Date* Semester of Study Abroad

Student Nursing Experience

In-Progress:

Senior Practicum: Pediatric Acute Care, Doernbecher Children's Hospital (DCH), 168 hours Completed:

Leadership/Management: Pediatric Acute Care, DCH, *84 hours* Acute Illness: Cardiac Progressive Care, Legacy Good Samaritan Hospital, *96 hours* OR/Surgery: OR/PACU, Legacy Good Samaritan Hospital and DCH, *24 hours* Maternal/Child Health: Pediatric Acute Care, DCH, *76 hours* Chronic Illness: Homecare, Children's Nursing Specialties, *98 hours* Clinical Nursing Skills: Skilled Nursing Facility, Maryville Nursing Home, *78 hours* Mental Health: Adult Psychiatric Care, Oregon Health & Science University, *126 hours* Community/Family Health: Rosewood Family Health Center, *72 hours* Fundamentals: Skilled Nursing Facility, Maryville Nursing Home, *84 hours*

Volunteer Experience

Mater Hospital Volunteers, Brisbane, Australia – Oncology (54 hours), *Date* International Student Volunteers, Australia – Environmental Conservation (80 hours), *Date*

Employment

Name – Child Care/Mentor, *Date - Date* Linfield College Writing Center – Writing Assistance, *Date - Date* Oregon State University Aquatics – Lifeguard, *Date - Date* Oregon Gymnastics Academy – Gymnastics Coach, *Date - Date*

Activities and Achievements

National Student Nurses' Association (NSNA) member, *Date* Linfield Student Representative, NSNA National Convention, *Date* Lloydena Grimes Nursing Scholarship, *Date - Date* Linfield Transfer Student Scholarship, *Date - Date* Elite Dance Team member, Oregon State University, *Date - Date*

References

Name	Phone
Name	Phone
Name	Phone
Name	Phone

Name			Address	Phone #	
1 vanie			Address	Email	
Objective	An acute care nursing internship within the Legacy Health System				
Clinical Experience	Date	X hrs	Fundamentals: Cascade Terrac		
	Date	Xhrs	Mental Health: The McDonald		
	Date	Xhrs	Community Health: Immigran		
		17.1	Community Org. (IRCO)/ Che		
	Date	X hrs	Maternity/ Labor & Delivery:		
	Date	Xhrs	Chronic Health: Legacy Good Oregon (RIO)		
	Date	Xhrs	Surgical Nursing: Providence		
	Date	Xhrs	Stewardship/ Leadership: Prov		
	Date	Xhrs	Senior Practicum: Legacy Ema	anuel TRACU	
Related Employment	 Childcare for medically fragile foster kids, Portland, OR, <i>Date</i> Provided high quality care to children, ages 0-14 yrs Employed critical thinking skills in consulting with my employer to address changing health status and development needs of each child 				
	Commitment Health Educator, Peace Corps, Moldova, Date				
	 Developed and taught a health curriculum to 6th and 7th graders at 2 schools Prepared and facilitated health promotion seminars (in Romanian) 				
				manian)	
			nary round-table wellness discuss		
	- Collaborated with regional CDC to educate community about prevalence and prevention of contagious illnesses.				
Other Employment	Library Assistant, Linfield College, Portland, OR, <i>Date</i>Utilize organizational and technological skills to assist library patrons.				
	 After-school Program Leader, Willamalane, Springfield, OR, <i>Date</i> Planned and facilitated supplementary educational activities for 3rd-5th graders. 				
	 Office Assistant, Educators B & B Travel Network, Eugene, OR, <i>Date</i> Supported growth and sustainability of company through excellent customer service and personal accountability and reliability. 				
	 Live-in Nanny, Ellen Spano and Jim Coyle, Maplewood, NJ, <i>Date</i> Full-time nanny for two boys; one having diagnoses of autism and tourettes Household responsibilities: meal planning, cooking, laundry, childcare, etc. 			tism and tourettes	
	Summer Camp Staff, Camp Tadmor, Lebanon, OR, Date				
Education			Jursing major, Portland, OR, grad , Spanish major, Eugene, OR, <i>Da</i>		
Membership	National S	eta Tau (Nursing tudent Nurses As erontological Ass	ssociation (NSNA)		
Other Experiences	Classroon	n Volunteer at th	e Children's Relief Nursery, Port	land, OR	

Address Phone Email

OBJECTIVE	To obtain a permanent full-time position as an RN in an acute care setting.
EDUCATION	Linfield College School of Nursing, Portland, OR Bachelors of Science in Nursing, May Date

CLINICAL EXPERIENCE

Senior Practicum: Med-Surg Unit, Portland VA Medical Center, Ward 9D (144 hours)
Leadership: Nursing Professional Services & Infection Control, Portland VA (84 hours)
Acute Illness: Med-Surg Unit, Legacy Emanuel Hospital, TRACU (126 hours)
Chronic Illness: Outpatient Clinic, Kaiser Permanente, Immune Deficiency Clinic (126 hours)
Maternal & Child Health: Family Birth Center, Adventist Medical Center (84 hours)
Clinical Nursing Skills: Skilled Nursing Facility, Marquis Company, Wilsonville (84 hours)
Community & Family Health: Public Housing, HAP apartment complex, (84 hours)
Mental Health: Behavioral Program, SW Washington Medical Center (84 hours)
Fundamentals: Skilled Nursing Facility, Robison Jewish Health Center (84 hours)

WORK & VOLUNTEER EXPERIENCE

May Date Date - Date	Linfield Student Walk to Support the National Alliance on Mental Illness Seamstress, Name of Business (Portland, OR)
Date - Date	Volunteer, public speaker, finance director and event coordinator at Bread &
	Roses Center (Portland, OR), community-based nonprofit that educates and
	organizes around environmental and social justice issues.
Prior to Date	Volunteered with various organizations such as Raphael House domestic
	violence shelter (Portland, OR), hotline for rape victims (Athens, GA.),
	Greenpeace and Planned Parenthood (Minneapolis, MN)

ACTIVITIES & ACHIEVEMENTS

Sigma Theta Tau International Nursing Honor Society Phi Theta Kappa International Honor Society of Two-Year Colleges President's List, Linfield College (Fall Date) & Portland Community College (Winter & Spring Date, Fall & Winter Date, Spring & Fall Date) Dean's List, Portland Community College, Summer DAte

CERTIFICATIONS & LICENSURE

RN- BSN, pending NCLEX exam, anticipated late June Date ACLS, anticipated mid July Date Healthcare Provider Basic Life Support CPR & AED

Address Address Phone/Email

Career Objective:

Seeking a challenging nursing position to further develop current medical surgical skills and advance knowledge on intensive care, emergency care and begin establishing the basis for higher education.

Character Profile:

- · Possess strong interpersonal relationship skills used to develop rapport with clients, family and peers
- Relates well with people of foreign culture
- Able to speak multiple languages including Chinese, English and some Spanish
- Has ample knowledge in pain / stress relieving methods, such as basic massage therapy
- Has good assessment and intervention skills, and is a capable problem solver
- A willing leader, who is prepared to share his vision with others to advance the prominence of the unit

Current Experience:

Linfield College School of Nursing - Portland, OR

Date - Present

Student Nurse

Clinical Sites

- Nursing 106 Marquis Care @ Mt. Tabor
- Nursing 206 Lifeworks NW Children's Day Treatment Center
- Nursing 213 Portland Impact Adult Community Center
- Nursing 316 Providence St. Vincent Cardiac Recovery Unit
- Nursing 318 Legacy Emmanuel Maternity, Labor and Delivery, and Postpartum Unit
- Nursing 416 Legacy Good Samaritan Ambulatory Procedure Center

Clinical Experiences

- Provided quality care within the scope of practice for nursing students
- Ably adapted to clinical sites and situation to effectively provide care for clients
- Successfully introduced learned materials into daily practice

Good Samaritan Health Services - Corvallis, OR

Date – Date

CNA

- Worked at then Heart of Valley rehabilitation center
- Assisted in helping immobile clients dress, eat, and toilet
- Assisted in orienting new CNAs to different units
- Provided quality care up to the standards of the organization

Personal Info:

An avid volunteer, I have attended the Portland marathon and assisted in providing care for recovering runners while being a student nurse. I enjoy road trips and outdoor activities such as rafting, camping and kayaking, as well as keeping up with my fitness by going to the gym, swimming or playing basketball.

Address

Address

Phone

Email

Date - Date

OBJECTIVE: To obtain a full time Registered Nurse internship position in acute care.

EDUCATION

Bachelor of Science in Nursing Linfield - Good Samaritan School of Nursing, Linfield College Completion December Date – GPA 3.972

CLINICAL EXPERIENCE

Salem Hospital – Unit _____. ?? hrs.

Legacy Emanuel Hospital – Unit 55 (Telemetry). Acute Care. ?? hrs.

Legacy Emanuel Children's Hospital – Pediatrics (Infant /Toddler and School-Age). ?? hrs.

Legacy Good Samaritan Hospital - Rehabilitation Institute of Oregon (RIO). Chronic Care. ?? hrs.

Other Experiences –

Legacy Good Samaritan Hospital – Behavioral Health Unit. Mental Health Rotation. ?? hrs. Providence Portland Medical Center – Nursing Education Dept. Leadership Rotation. ?? hrs Vancouver VA Hospital – Skilled Nursing Facility. Clinical Skills Rotation. ?? hrs. Friendly House – Head Start. Community Health Rotation. ?? hrs. Robison Jewish Health Center – Geriatric Rotation. ?? hrs.

WORK EXPERIENCE

Recreation Equipment Incorporated (REI) - Sales and Visual Specialist. Sept. 'Date -Present

- Determine and communicate customers' and coworkers' needs and problem-solve for solutions.
- Proposed and implemented improved storewide policies and standards during store remodel.

USDA Forest Service - Wildland Firefighter (Hot Shot Crew), Squad Boss Trainee. Date - Date

- Directed 10 crewmembers with responsibilities for their safety, performance, and motivation.
- Managed administrative duties of crew, planned and organized for off-forest assignments.

Therapeutic Associates Kings Road P.T. - Physical Therapy Aide.

- Guided patients with therapeutic exercise and implemented therapy with standard modalities.
- Communicated patient needs to therapists and updated and charted patient records.

COMMUNITY INVOLVEMENT

NAMI Multnomah County (National Association for Mental Illness)

Generated mental health resource notebook for Portland Metro Area, Date.

Portland Marathon

• Administered nursing care at medical tent for runners and walkers, Date.

Portland Head Start

• Conducted vision and dental screenings on 3-5 year olds, Date.

CERTIFICATIONS/ACHIEVEMENTS

BLS for Healthcare Providers from American Heart Association (AHA) - Current through Date. Sigma Theta Tau International Honor Society of Nursing - Member. National Student Nurses Association (NSNA) - Member. American Sign Language (ASL) - Fluent in conversational ASL.

REFERENCES – Available upon request

Name Address Address Phone Email

Objective

To obtain an entry level position as a Registered Nurse and build on a strong foundation of reflective and evidenced base nursing practice.

Education

Bachelor's of Science in Nursing, Linfield College School of Nursing - December Date

Clinical Experience

Clinical Rotations

- Providence Portland Medical Center, Cardiology Unit Fall Date
 - Senior Practicum. Completed 144 hours of clinical experience providing nursing care to patients with cardiovascular and other challenges
- Portland Adventist Medical Center, Medical Surgical Specialties Fall Date Leadership Rotation. Worked alongside three managers in the medical, surgical, and ortho-neuro units to learn about nursing leadership, management, and healthcare policy.
- Legacy Good Samaritan Hospital, Renal and Cardiology Units Spring Date Acute Illness Rotation. Worked with floor RN's providing care to patients in various stages of renal and cardiac diseases.
- Legacy Good Samaritan Hospital, Obstetrics and Gynecological Unit Spring Date OB Rotation. Worked with floor RN's providing care to laboring women, postpartum and gynecological patients, and newborns.
- Coffee Creek Correctional Facility Fall Date

Chronic Illness Rotation. Performed shift assessments, conducted intake assessments, assisted in medication lines.

• Downtown Chapel – Spring Date

Psychiatric Rotation. Practiced therapeutic communication with individuals having various mental illnesses. Developed and taught educational program on depression.

Skills Summary

Head to toe and focused assessments, sterile dressing changes, IV starts, multiple IV infusions, catheterization, nasogastric tube placement, therapeutic communication, delegating, and teamwork.

Employment

In-home caregiver to gentleman with Alzheimer's Disease, April Date - Present In-home caregiver to quadriplegic woman, September Date - December Date In-home caregiver to epileptic woman July Date - January Date Student Government, Linfield College, August Date - June Date

Other Interests

President, Nurses Christian Fellowship, August Date - June Date Worship Team Member for Gresham Christian Fellowship, Date – Date Teaching English as a second language in the U.S. and Japan, August Date - December Date

References

Available upon request

Email **Permanent Address:** Address Address Phone **EDUCATION** Linfield College Bachelor of Science in Nursing Expected graduation date: May Date **Oregon State University (OSU)** Bachelor of Science in Exercise and Sport Science Option: Nursing Courses taken: Date - Date Mt. Hood Community College (MHCC) Certified Nursing Assistant (CNA) Certificate Courses taken: Date – Date **EXPERIENCE** Nursing School Clinical Sites **Senior Practicum** Spring, Date ICU experience, working with ventilators, central line car, care of patients in critical condition, critical thinking. Stewardship in the Community Spring, Date Managing a Hospital Unit, Budget Planning, Marketing strategies, Universal Protocol. • Chronic Illnesses- Southwest Washington Cardiac Rehabilitation Fall, Date BP/EKC skills, Physical Assessment skills, Learning how to care for clients living with a chronic illnesses. • Medical/Surgical Nursing-Kaiser Permanente Fall. Date Surgical floor, Wound Care, Medication Administration, Vital signs, acute illnesses in each body system, OR. Obstetrics/Pediatrics- Adventist Medical Center Summer, Date Caesarian section, the birthing process, common illnesses in pediatric children, post partum nursing skills. Clinical Nursing Skills Summer. Date Sterile technique, documentation, focused assessment skills, administering injections. • Psych Mental Health- Portland Oregon State Hospital Spring, Date Therapeutic communication, caring for clients with mental illness. Community Health-AWARE Spring, Date Community Nursing, educating the community about proper use of antibacterial medications. • Introduction to Nursing Practice Fall, Date Basic nursing skills, introduction to nursing as a profession. • Therapeutic Communication Fall, Date How to therapeutically communicate with clients and their families. Portland Veterans Hospital, SNT, Portland OR Dec. Date - Present Performed CNA skills for up to 13 patients during one shift, communicated changes in patients status to nursing staff, placed condom catheters, worked with nurses as they performed nursing skills. ResCare Home Care, CNA, Portland, OR Dec. Date - Present Assisted during shower bath, aided with personal grooming, administered vital signs, promoted ambulation, reminded medications, initiated nutrition planning, conducted meal preparation, maintained a safe and clean environment

Name

through house keeping, facilitated leisure activities such as reading, and transported to social events.

LICENSURE & ADDITIONAL CERTIFICATIONS

- Certified Nursing Assistant License Granted by Oregon State Board of Nursing: September, Date
- Basic Life Support Health Care Provider Certification, Expires Date
- Advanced Cardiac Life Support Certification, Expires Date

ACTIVITIES & LEADERSHIP

National Student Nurses Association, Portland, ORSeptember, Date - Present•Attended the 2010 Annual convention in Orlando, Florida. Was an alternate Delegate for Linfield College.Oregon Student Nurses Association, Portland, ORSeptember, Date - Present•Attended the 2010 Oregon State convention in Portland, OR... Was a Delegate for Linfield College.Linfield Student Nurses Association, May 2010 Cohort RepresentativeSeptember, Date - Present

Organize Change War fundraiser, participate in leadership meetings, communicate between cohort and LSNA.
 Northwest Hills Community Church, Leadership Team, Corvallis, OR September Date - Date
 Atmosphere Leader, advisory board member for activities, coordinate evening fellowship time.

President of Oxford Co-Operative House, Corvallis, OR
 Organized and administered executive and house meetings, oversaw other executive members, addressed issues that arose in Oxford that were against the house constitution, facilitated communication between house chief & house members, interviewed qualified persons to fill co-op director position.

ACCOMPLISHMENTS & ACHIEVEMENTS

Sigma Theta Tau International Honor Society Member Date, OSU Honor Roll Student Date, Certificate of Academic Success Date, Eastern Europe Short Term Summer Teams Date, 4-H Ambassador Date, Track Team Captain Date, Student Body Treasurer Date.

References

Name ResCare Home Care, Scheduling Coordinator Phone

Name Linfield College Clinical Associate Phone

Name Linfield Nursing Student Phone

Name Family Friend Phone Name Address Phone Email

Date

Legacy Employment Services Attention: Acute Care Nursing Internships 1120 N.W. 20th, Suite 111 Portland, Oregon, 97209

I am writing to express my interest in joining the Legacy nursing team through an acute care internship position. I will be graduating in May with my B.S.N. from Linfield College. I hope to focus on adult health, and I would be open to any of the related acute care internship positions.

It is satisfying for me to work with others to effect positive change in the community. Through nursing I hope to achieve my personal and professional goals at local and global levels. While serving in the Peace Corps in the Republic of Moldova, I developed a heart for nursing. At the time I taught health. I realized that as a nurse I could be an even greater asset to my students and neighbors. Most Moldovan toasts begin with, "In primul rind, sanatate", or "In the first place, to health." I gained the insight during my time abroad, that without health a person has great difficulty attaining a substantial quality of life.

At Linfield I have developed a strong foundation in nursing concepts and principles including; clientcentered, holistic care, group dynamics and emotional intelligence, shared governance, and the need for flexibility. I think critically and work collaboratively with my clients and other health care professionals. I have cultivated communication skills that improved the quality of my patient care and my ability to participate meaningfully in team processes.

I believe that my skills and values are well suited to those held by Legacy Health System. We concur that our primary focus needs to be client dignity, privacy, and excellence of care; and that the existing climate of change should be matched by an organizational culture committed to learning and innovation. During a rotation at the Rehab Institute of Oregon (RIO) this past fall, I was impressed with the high level of accountability demonstrated by staff. I was accepted as part of the team and experienced a "good fit" within the system. I am convinced that I would thrive as a Legacy RN, and that Legacy Health System would gain from having me as part of the team.

I would be delighted to begin my nursing career with Legacy. I look forward to the opportunity to interview with you this spring. Please feel free to contact me at my home/cell phone number *phone number*, or via e-mail at *email address*. Thank you for taking the time to consider my application. I hope we will have the chance to meet very soon.

Sincerely,

Name Address Phone/Email

Date

RN Residency Program Legacy Employment Services 1120 NW 20th Suite 111 Portland, OR 97209

To Whom It May Concern:

From a very young age, I knew I would be in the service industry – it was just a matter of how I would serve. In kindergarten I proudly announced "I want to be a cook." When I was ten I declared "I want to be an airline stewardess." Now, twenty years later, I can state with absolute certainty "I *will* be a nurse!"

My nursing journey began six years ago. On a sunny, summer day, I received the kind of phone call everyone dreads. My dad had suffered a heart attack and wasn't going to make it. The days I spent in the hospital with him are a blur. What I *do* remember, however, is the amazing service we received. The nurses were kind, compassionate, caring, and, in those two days, they became family. Somehow, these phenomenal women made an unbearable event bearable. I looked at my family and said, "I am going to be a nurse."

Linfield College has provided me with the opportunity to develop a strong foundation of nursing concepts with a focus on client-centered care, holistic healing approaches, and critical thinking skills. My greatest strength is the ability to work collaboratively with clients, families, and the healthcare professional team in an effort to provide exceptional quality of care. I possess clear and effective communication skills that will enhance my ability to participate in meaningful, team processes.

A concern I have as I approach graduation surrounds my level of comfort and competency in the clinical setting. Many procedures I have seen performed once or twice but have not yet had the time or opportunity to perfect and hone these skills. The Versant RN Residency Program will provide a safe transition from novice to expert nurse. This opportunity will allow me to gain confidence and increase clinical competency as I continue to learn under the guidance of experienced staff and mentors. Coupling this with integrated classroom time and simulations will additionally aid in bridging the gap between recent graduate and new nurse. A residency program, such as Versant, will help me to gain the experience, judgment, skills, and confidence that will be essential to deliver outstanding service and put the needs of my patients and their families first.

Transitioning from the comfort of the college setting to a busy hospital floor can be daunting. Navigating the hospital setting is difficult even for seasoned professionals. The benefit of the intensive training provided by this program is invaluable. Throughout my experiences at Linfield College, it has been a continuing desire to work for Legacy Health, particularly in the soon to be completed Children's Hospital. I look forward to being part of a team of healthcare professionals who serve as positive role models in the community and treat patients with respect and compassion. Although it may be a far cry from my childhood fantasies of becoming a cook or an airline stewardess, I can think of no better way to serve humanity than by becoming a nurse.

Sincerely,

Name Address Date

RN Residency Program Legacy Employment Services 1120 N.W. 20th, Suite 111 Portland, Oregon, 97209

To Whom It May Concern:

My name is (*name*) and I am a graduating senior from Linfield-Good Samaritan School of Nursing. I am seeking a registered nurse intern position in the Legacy Health System.

Being a nursing student connected to the Legacy Health System, I have been given great opportunities to have many clinical experiences in the various departments of Legacy and have been very impressed by the overall quality of care that organization offers its clientele. During the fall of my senior year, I completed 144 hours of clinical time in the Surgical Specialties unit of Emanuel Hospital for my senior practicum. This gave me confidence that Emanuel was an organization I wished to seek employment from. Following the experience, I gained a position as a certified nursing assistant in that unit and have worked there throughout the rest of my schooling. My skills and confidence in working with the staff and the overall operating systems have grown.

I feel that I would be an asset to Legacy Health Systems in demonstrating the core values of teamwork, respect and caring, taking initiative and effective use of resources. My clinical and work experiences have taught me to focus on the client, work with a team, and develop problem solving skills. Good communication with one another is very important to me and showing respect for the diversity of the staff and clientele is essential. In an environment of continuous change, I will be committed to sharing in the advancements and successes of the organization, enabling the individual and corporate achievement of Legacy's mission and vision. I realize that my own personal heath is important in order to maintain high performance on the job.

Throughout my nursing training and experiences with various healthcare organizations, Legacy Health System has stood out as being a good fit with my own professional values. The strides you have taken to provide quality care and remain competitive in the industry have made your company attractive as a future employer.

I would very much like to opportunity to speak with you about the registered nurse internship position. I will call late during the week of (*date*) to inquire about meeting with you, or you can contact me at (*phone number*). Thank you for considering me for this position.

Sincerely,

Name

Enclosure

Name Address Phone # Email

Date

Nursing Recruitment OHSU Employment Division-HR 3181 S.W. Sam Jackson Park Rd. Portland, OR 97201-3098

Dear Nursing Recruitment,

I am a senior nursing student who will be graduating with my Bachelor of Science in Nursing this (*date*). I am interested in the internship/residency nursing program at Oregon Health and Science University (OHSU). I have enclosed my resume for your consideration.

This semester I have had the opportunity to learn about OHSU from an insider's perspective. I am currently at OHSU for a clinical rotation focused on stewardship and leadership. My preceptor, the magnet project coordinator, has already taught me a great deal about OHSU's plan to strive towards magnet status. I am impressed by the changes that have already occurred at OHSU as well as the commitment demonstrated to improve the environment for nurses to ensure better patient outcomes. OHSU's devotion to magnetism ensures nurses are able to practice autonomously, work with other competent nurses, and be supported in continued education efforts.

I have had clinical experiences in a variety of hospital and community settings. This opportunity has greatly increased my awareness of specific health concerns and the needs of different populations. I have completed clinical rotations at organizations including St. Vincent's Hospital Labor and Delivery, Western Farm Workers Association supporting migrant farm workers, Macdonald's Center for individual's suffering from mental illness and homelessness, Meridian Park Hospital Medical Surgical floor, Emanuel Hospital pediatrics, Providence Elder Place Clinic, Meridian Park Hospital Emergency Department (ED), and Good Samaritan Hospital Kern Intensive Care Unit (ICU). These diverse learning experiences have strengthened my ability to assess, diagnose, and communicate with different community populations.

Two clinical experiences I most benefited from were my rotations through the ED and my senior practicum experience in the ICU. During these practice situations, I had the opportunity to practice psychomotor skills such as IV placement, blood draws, and Foley catheter insertion. My learning experience for both rotations focused on critical thinking and organizational skills, both of which are essential for ICU and ED nurses. In the ICU, I was able to take my own patients, with supervision of a preceptor, and organize their care during my 12-hour shift. I was responsible for communicating with the patient, the interdisciplinary team, and the patient's family regarding the patient's critical dynamic health status. This opportunity to practice more independently was a challenging and fearful experience that increased my confidence and competency in nursing.

I appreciate your time in reviewing my application and resume. Thank you for your consideration for employment, I look forward to the opportunity to interview for OHSU.

Thank you,

Name

Enclosure

Name Address Address Date

Name of Organization Attention Nurse Managers Name of Organization Address Address

I am a senior nursing student at Linfield Good Samaritan Nursing who will be graduating with my B.S.N. degree this May Date. I am very interested and excited to join the (name of organization) team and believe that I will be a great asset to your organization.

It is satisfying for me to join forces with an organization that shares the same values and goals as I do. Throughout my life, I have aimed to be a person of character in many respects. Some of the strengths I believe I can offer is my joy of working as a team, honesty and integrity, compassion and friendly personality, desire for excellence, flexibility, organizational skills and delight in serving my community while providing excellence customer service to my patients. My clinical experiences and time at Linfield have helped me to become even more convinced that nursing is my passion and is the profession that I want to devote my time and energy to.

At Linfield, I have developed a strong foundation in nursing concepts and principles including: clientcentered care, holistic care, shared governance and stewardship. I think critically and work collaboratively with my clients, their families and other health care professionals. I have cultivated communication skills that improve the quality of my patient care and my ability to participate meaningfully in team processes.

I have visited your organization and observed the friendliness of your staff, desire to provide compassionate care in the community and was impressed by your achievement of magnet status. I would be delighted to join in your mission. I look forward to the opportunity to interview with you. Please feel free to contact me at my cell phone number ______ or via e-mail at ______. Thank you for taking the time to consider my application. I hope to have the chance to meet you very soon.

Sincerely,

Address Address Phone Email

Mr. (Name) and to whom else it my concern,

I am writing to express my interest in joining the (Name of Organization) and the team on 9c, as a Registered Nurse. I will be graduating May 30th, Date with my Bachelors of Science in Nursing degree. I anticipate taking the NCLEX-RN state board exam in Late June of Date.

For the past four months I have been working on 9c at the (Name of Organization) as a Student Nurse Technician. Through this position I have gained experience working in the hospital setting, learning how to organize and prioritize tasks, as well as practicing other valuable skills such as therapeutically communicating with patients and managing my time during a 12 hour shift. This experience has helped me to see the resources I have in learning from the other staff on the ward and how I can get involved develop in my career as it evolves in the future.

As a nursing student as Linfield College I have learned about the importance of continually seeking out ways to make health care better for my patients as well as for my self and colleges. I plan to continue to be involved in making my own practice the best that it can be by utilizing research and other resources that are available to me. As a new graduate nurse I look forward to training and learning in my work environment with those who have experience as nurses at the (Name of Organization). However, I also know that I have my own strengths to bring to my work environment and patient care. I believe that the leadership experience that I have had at Linfield and previous leadership experiences, I am prepared to be a successful nurse and make a difference in the lives I come in to contact with.

As you can see from my resume I have had many different clinical experiences that have prepared me in a number of different areas nurses face in their practice every day. I have seen first hand how important therapeutic communication is in talking with patients who are in the hospital and out of their normal environment. My psych-mental health class introduced me to many different types of mental illnesses. I learned prioritizing and time management skills in my medical-surgical rotation, along with clinical skills, and some patho-physiology. Stewardship in The Community taught me some valuable skills about how the hospital is run and how budgets are handled.

As I look a back on my life during nursing school and think about other experiences I have had during my life, I am excited about all that I have learned and will bring into my clinical practice as a nurse. I am glad that I have chosen nursing as my career and look forward to the happy and hard times that I know I will have in the future. I am looking forward to beginning my career as a nurse and hope you would consider me as you prepare to fill nursing positions.

Thank you for interviewing me and giving me the opportunity to share with you about who I am and what I can bring to your nursing team on 9c.

Sincerely,

Address Address

Phone Email

Nurse Recruiter

To Whom It May Concern:

I am writing to express my interest in joining the (Name of Organization) team through an RN position in Oncology/Infusion. I will graduate with a Bachelor's of Science in Nursing from Linfield College in May, Date. I anticipate taking my NCLEX-RN in late June, Date.

My past medical experience includes working as a medical assistant in a small non-profit clinic for underserved populations. This experience has helped me understand the difference health education can make to prevent disease and the power it can have to change behaviors and habits to benefit the patient's health. I have also had the opportunity to travel to Cameroon, Africa, for a health promotion service project. This experience reinforced my values of equality, social justice and respect for all.

As a nursing student at Linfield College, I have developed a high standard of honesty and integrity. My practice is committed to respecting clients and coworkers, providing equality care, and being respectful of other values and beliefs. I believe that the leadership opportunities and values that guide Linfield students have prepared me to achieve my goals and become a successful nurse.

As you will see from my resume, I have had a couple rotations in Oncology and Infusion as a student nurse. These roles have given me hands-on experience in Oncology nursing and made me aware of how important it is to ensure quality of life for patients with cancer. In every situation I have strived to do my best and have experienced first hand the patient focused care the nurses provided. Their teamwork, commitment, and high standards helped me realize (Name of Organization) mission and values closely match my own.

I hope to have an opportunity to talk with you in person about my interest in a nursing position at (Name of Organization). I can provide personal and professional references at the appropriate time. I am a hardworking individual and feel I would be a valuable addition to your team. Thank you in advance for your time.

Sincerely,

Name Address Address Home Phone Email

Nursing Recruitment

Dear Nursing Recruitment,

I am writing to express my interest in joining your nursing team through the internship/residency nursing program at......I will be graduating with my B.S.N. from Linfield College this Date. I have enclosed my resume for your consideration.

It is incredibly satisfying for me to work with others to effect positive change in the community. Through nursing I plan to achieve my personal and professional goals at local and global levels. While living in Thailand the tsunami struck the coast and I immediately began to use my EMT experience to work with the medical teams. The needs out-weighed my ability to assist them with the level of care required. This fueled a passion in me to broaden my scope of practice. As a nurse, I now have both accessible resources and the knowledge required to meet the diverse and complex needs of the people in my care.

Through the Linfield program I was able to work a thousand clinical hours. This provided me the opportunity to gain incredible clinical experience, visiting a wide variety of locations throughout the Portland area. I have developed a strong foundation in nursing concepts and principles including: critical thinking, group dynamics, therapeutic communication, holistic care, leadership and stewardship. I think holistically and effectively within the healthcare team for health promotion and patient education, advocating for the patient's needs. In my three years of experience as a CNA I cultivated an understanding of teamwork within the setting of hospital patient care. I am comfortable communicating with culturally diverse patients and actively involved in patient-focused care in a versatile acute-care setting.

I believe the skills I have gained through my combined life-experience and education would play an essential role within your healthcare team. I am excited about the opportunity to work with I appreciate your time in reviewing my application and resume and look forward to hearing from you.

Sincerely, Name Date