

Family Development Resources, Inc.



# Nurturing Parenting

Three Day Seminar and Facilitator Training

Conducted by

Stephen J. Bavolek, Ph.D.

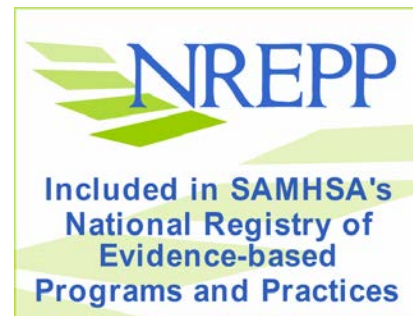
Principal Author, the Nurturing Parenting Programs® and  
The Adult-Adolescent Parenting Inventory

## Tucson, AZ

December 3 - 5, 2013

In three days, participants will learn:

- The philosophy of Nurturing Parenting
- The five parenting constructs of abuse/neglect
- The impact of maltreatment on brain development
- How to assess high risk parenting beliefs
- To tailor make programs based on family's needs
- To gather process evaluation data
- To evaluate pre-post program impact
- To implement home, group program models



Learn how to implement competency based Nurturing Programs to meet the specific parenting needs of families

Visit us at: [nurturingparenting.com](http://nurturingparenting.com)

*The Nurturing Parenting Programs are proven, evidenced-based, family focused programs first implemented in 1985 and recognized by national and state agencies for their effectiveness in preventing and treating child abuse and neglect.*

## **10 PRINCIPLES OF NURTURING PARENTING**

1. Human behavior is multi-dimensional: cognitive; affective and neurological.
2. Our Nature is influenced by positive and negative Nurture experiences.
3. Early childhood experiences literally become the building blocks for life.
4. Positive and negative life events carry both affective and cognitive cellular memories
5. Nurturing instruction is based on psycho-educational and cognitive-behavioral approaches to learning.
6. Nurturing Parenting embraces the theory of re-parenting.
7. Nurturing oneself as a man or woman is critical in becoming a nurturing father and mother.
8. There is a difference between our “being” (who we are) and our “doing” (roles and responsibilities)
9. Self-awareness and acceptance of past events in childhood are critical aspects of empowerment.
10. Adult learning is based on the assumptions of andragogy: adult’s need to know, self-concept, experience, orientation to learning, readiness to learn and motivation to learn.

*Based on the number of Parent Handbooks sold since 1985, over one million families have participated in the Nurturing Parenting Programs worldwide.*

## **SEMINAR DESCRIPTION**

The three day seminar will focus on understanding the philosophy of nurturing parenting, assessing high risk parenting beliefs and environments, creating competency based parenting lessons and programs tailored to meet the individual parenting needs of families, and implementing programs at the primary, secondary and tertiary levels of prevention. Participants will also learn how to monitor the success of families through on-going process evaluation strategies designed to measure the attainment of parenting knowledge and skills.

Participants will experience hands on approach to implementing Home Based, Group Based and a combination Home-Based/Group-Based program models, learn how to administer and score the online versions of the Adult-Adolescent Parenting Inventory (AAPI-2) and the Nurturing Skills Competency Scales (NSCS), and how to select the best Nurturing Program model for your agency.

# Seminar Details

Dates: December 3 - 5, 2013

Cost: \$250 per person (Discount: Register 5, get the sixth free)

Location: Casa de los Niños  
1101 N. 4<sup>th</sup> Avenue (Speedway & 4<sup>th</sup> Avenue)  
Tucson, AZ 85705  
(Local Contact: 520-624-5600)

Times: 8:30 to 9:00 Sign-in (first day only)  
9:00 to 4:00 training with one hour break for lunch (on your own)

Sponsor: Casa de los Niños  
Family Development Resources, Inc. and  
Family Nurturing Centers, Inc.

Each workshop participant will receive a **Facilitator Training Workbook**, additional **Workshop Training Handouts**, a **Lesson Outline and Program Schedule**, a summary document of **Multicultural Parenting Beliefs and Practices**, a **10% Discount Coupon** on the purchase of materials, and a **Marketing CD** to help promote the program your community. Each participant also receives a **Certificate** acknowledging Facilitator Training in the Nurturing Programs.

## About Stephen J. Bavolek, Ph.D.



Dr. Bavolek is the principal author of the Nurturing Parenting Programs, the Adult-Adolescent Parenting Inventory (AAPI-2) and the Nurturing Skills Competency Scales (NSCS). He is also Executive Director of the Family Nurturing Centers, Inc. Born and raised in Chicago, he has spent his professional career spanning 40 years working with children and teens identified with a wide range of behavioral/emotional disorders, and families experiencing dysfunctional parent-child interactions, including child abuse and neglect.

Dr. Bavolek received his Ph.D. in 1978 from Utah State and developed the Adolescent Parenting Inventory as his doctoral dissertation. He completed a post-doctoral internship in 1978 at the Kempe Center in Denver Colorado working with abused children and abusive/neglecting parents. In 1983 he began work on the development and validation of the Nurturing Parenting Program through a grant from the National Institute of Mental Health while an Associate Professor at the University of Wisconsin-Eau Claire. The Nurturing Parenting programs were first published in 1985 as the first validated, family-based parenting program targeted specifically for families experiencing child abuse and neglect. He has received numerous awards, conducted over 1,000 workshops, and authored parenting programs, DVDs and educational games. For a complete review of Dr. Bavolek's resume, go to [nurturingparenting.com](http://nurturingparenting.com).

## About Family Development Resources, Inc. and Family Nurturing Centers, Inc.

Incorporated in 1983, Family Development Resources, Inc. (FDR) was established by Stephen Bavolek for the expressed purpose of developing, validating, and distributing parenting programs, videos, and assessment tools to build nurturing parenting skills in families and consequently, prevent and treat child abuse and neglect. Family Nurturing Centers, Inc. was established to provide training and consulting in the Nurturing Parenting Programs. For more information on Nurturing Parenting workshops and trainings, research, and our online catalog, visit: [www.nurturingparenting.com](http://www.nurturingparenting.com).

**Registration Form**  
**December 3 - 5 2013 in Tucson, AZ**

WHO  
 WILL BE  
 ATTENDING

\_\_\_\_\_  
 Name of Participant

\_\_\_\_\_  
 Agency

**PLEASE  
 WRITE  
 LEGIBLY –  
 information  
 will be used  
 on your  
 certificate  
 and roster**

\_\_\_\_\_  
 Address

\_\_\_\_\_  
 City, State, ZIP

\_\_\_\_\_  
 Email Address

\_\_\_\_\_  
 Phone Number

METHOD  
 OF  
 PAYMENT

Payable to **FAMILY NURTURING CENTER, INC.** Federal ID: #74-2556186. Private Non-Profit.

**Send Registration and payment by:**

**FAX:** 262-652-6608

**MAIL:** Family Nurturing Center, Attn: J. Dellinger, 318 – 57<sup>th</sup> Street #106, Kenosha, WI 53140

**EMAIL:** fnc@nurturingparenting.com

**\$250 per registration. Deadline: November 15, 2013 or when training fills.** Call for availability after deadline: 262-652-6501.

**Please check one of the following:**

Check enclosed, or:

VISA 3 digit code on signature line: \_\_\_\_\_

MasterCard 3 digit code on signature line: \_\_\_\_\_

American Express 4 digit code on front of card; \_\_\_\_\_

Card # \_\_\_\_\_ Exp. \_\_\_\_/\_\_\_\_

If credit card is in the name of someone other than the participant, please list name, address and phone of cardholder:

\_\_\_\_\_  
 \_\_\_\_\_

**Please select your area of interest:**

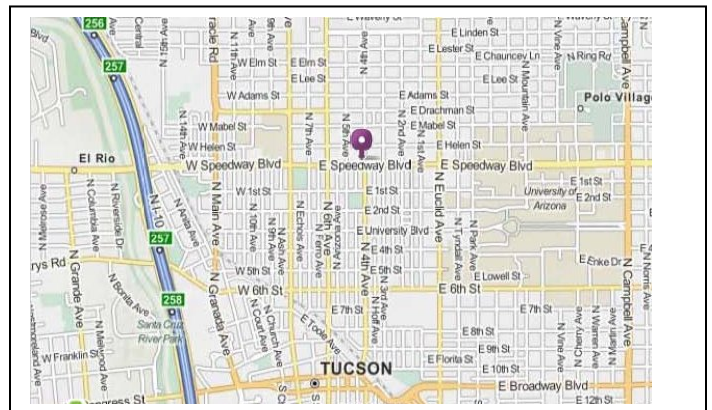
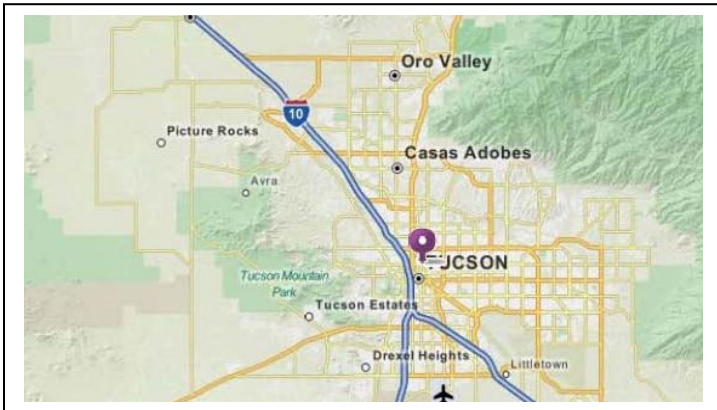
<input type="checkbox"/> Prenatal Families	<input type="checkbox"/> Parents, Infants, Toddlers & Preschoolers	<input type="checkbox"/> Parents and Their School-Age Children
<input type="checkbox"/> Parents & Adolescents	<input type="checkbox"/> Young Parents and Their Families	<input type="checkbox"/> Community Based Education
<input type="checkbox"/> Nurturing Skills for Families	<input type="checkbox"/> Nurturing Skills for Teen Parents	<input type="checkbox"/> Nurturing America's Military Families
<input type="checkbox"/> Substance Abuse and Recovery	<input type="checkbox"/> ABC's of Parenting	<input type="checkbox"/> It's All About Being a Teen
<input type="checkbox"/> Spanish Program	<input type="checkbox"/> Other:	

# Nurturing Parenting Program Seminar and Facilitator Training December 3 - 5, 2012 in Tucson, Arizona

with Stephen J. Bavolek, Ph.D., Principal Author of the Nurturing Parenting Programs®

## Training Location:

Casa de los Niños  
1101 N. 4<sup>th</sup> Avenue (Speedway & 4<sup>th</sup> Avenue)  
Tucson, AZ 85705  
(Local Contact: 520-624-5600)



## Nearby Hotel Suggestions:

### **Tucson Marriott University Park**

880 E. Second Street  
Tucson, Arizona 85719  
1-520-792-4100

.7 mile from training site/ 3 star hotel

<http://www.marriott.com/hotels/travel/tusup-tucson-marriott-university-park/>

### **Arizona Inn**

2200 E. Elm Street  
Tucson, Arizona 85719  
888-812-4798

2 miles from training site/4 star hotel

<http://arizonainn.com>

### **Best Western Royal Sun Inn and Suites**

1015 N. Stone Ave.  
Tucson, Arizona 85705  
520-622-8871

.5 mile from training site/3 star hotel

<http://www.bwroyalsun.com>

All fabulous hotels and very close to our agency! All about 25 minutes from airport. Arizona Inn is pure luxury and higher in price but a wonderful experience.