

HEALTH
UNIVERSITY OF UTAH

NUTRITION & INTEGRATIVE PHYSIOLOGY

Prospective Student Information Packet

250 South 1850 East, HPER North Room 214 | Salt City, Utah 84112
health.utah.edu/nutrition-integrative-physiology



NUIP Degree Programs

Coordinated Master's Degree in Nutrition, Registered Dietitian Pathway

- ⇒ The Coordinated Master's Program (CMP) develops entry-level registered dietitian or entry-level registered dietitian nutritionist professionals who are prepared to practice clinical and community nutrition and advance the science and practice of dietetics in the fields of 1) Nutrition Education and Research and 2) Sports Nutrition.
- ⇒ The CMP goals are focused on program outcomes:
 - ⇒ *The program will prepare graduates to be competent professionals with advanced degrees who contribute to the nutrition and dietetics fields in a variety of environments, including 1) Nutrition Education and Research and 2) Sports Nutrition.*
 - ⇒ *The program will prepare graduates of all tracks and concentrations to progress to leadership roles in nutrition and dietetics*
- ⇒ The CMP takes two years to complete. Graduates of this program, which is accredited by the Academy of Nutrition and Dietetics' Accreditation Council for Education in Nutrition and Dietetics, have a high pass rate on the national exam for registered dietitians.

Masters Degree Only, Non registered Dietitian Pathway

- ⇒ Our Nutrition MS, This pathway is designed for Registered Dietitians (RDs) or individuals with undergraduate degrees in nutrition, health sciences or a related area who are seeking an advanced degree in nutrition, but do not plan to become registered dietitians.
- ⇒ The flexibility and accessibility of the online program allows for students already working in various health fields to continue to meet their professional commitments while they improve their nutrition knowledge and skills. The curriculum provides advanced education in nutritional biochemistry, macro and micronutrient metabolism and research methods. The variety of electives offered allow students to tailor the program to a specialty area or their interests. Students will complete 27 hours of core courses and 12 hours of electives for a total of 39 credit hours.

Alternative Degree Options

- ⇒ Exceptional students with a clinical focus may also ask about completing the CMP requirements along with their PhD, allowing them to ultimately obtain dual PhD/RD credentials.
- ⇒ Options are also available for students to earn a research-based MS degree with emphasis in either:
 - ⇒ Nutrition or
 - ⇒ Integrated physiology

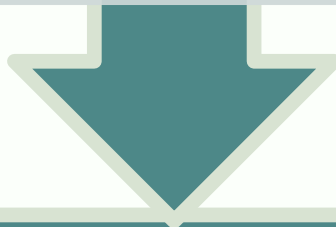
CMP Overview

Nutrition & Dietetics Employment Information

Expected to increase 8% from 2019 to 2029, much faster than the average for all occupations.

Annual wage \$61,270 in May 2019

For more information about careers in Nutrition and Dietetics visit www.eatright.org or see the Careers in Nutrition and Dietetics handout included in this packet.



Exam Pass Rates & Employment

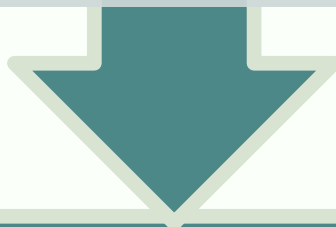
In 2018, 100% of graduates passed the Commission on Dietetic Registration credentialing exam (RD exam) on their first attempt

Over the past five years, CMP graduates have a 92% first time pass rate on the RD exam

Over the past five years, CMP graduates have a 97% pass rate on the RD exam in the first year post-graduation

Since 2016, 98% of CMP students completed degree requirements

Since 2016, 96% of CMP graduates were employed in nutrition and dietetics shortly after graduation



ACEND Accreditation

The Coordinated Master's Program in Nutrition and Dietetics (CMP) is fully accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), the accrediting agency for the Academy of Nutrition and Dietetics. The program is accredited for enrollment of 18 first year and 18 second year students each year with two concentrations: Nutrition Education & Research and Sports Nutrition

[Accreditation for dietetics programs](#)

CMP Admission Requirements

The CMP program begins in the fall semester and the application deadline for matriculation is February 15th. Submit your application online using [ApplyYourself](#).

What Documents Do I Need?

The following required supporting documentation must be included in your application:

- ⇒ Curriculum Vitae or Resume
- ⇒ Statement of Purpose: 500 word statement describing your motivation for becoming a registered dietitian. Include autobiographical information related to past growth or future potential, relevant experience, volunteer or work experience with medically underserved populations, leadership positions in a volunteer or work setting, and a supporting statement of how the degree will help you achieve your professional goals.
- ⇒ Three academic recommendation letters directly submitted through ApplyYourself [NOTE: Submitting recommendations using the online system is strongly preferred. If referees are unable to submit online, use the Recommendation Form under Downloadable Forms in ApplyYourself].
- ⇒ Transcripts: A copy from each university attended, must be uploaded in the "Post Submission" section of ApplyYourself portal. All incoming official transcripts are sent to and processed by the Admission Office:
 - ⇒ Admission Office (801) 581-8761 admisstranscripts@sa.utah.edu
 - ⇒ University of Utah Admissions Office, 201 S. 1460 E. RM 250-S, Salt Lake City, UT 84112-9057
- ⇒ Comment section: In the comment section, list prerequisite courses completed prior to the beginning of the program and the area you wish to study (e.g., Nutrition Research and Education, Sports Nutrition etc.)

Starting in the Fall of 2022, the CMP will no longer enroll students into the Sports Nutrition and Nutrition Education Research (NER) concentrations. Instead, students will have the opportunity to choose their concentration after admission into the program. Advising will be provided to students in the Fall of their first year to guide this decision.

If you are interested in the Sports Nutrition Concentration, then complete the Exercise Physiology prerequisite prior to admission to the CMP.

- ⇒ Test of Spoken English (TSE): students whose native language is not English are required to submit TSE scores.

Optional Items

- ⇒ Graduate Record Exam (GRE) (School code: 4853 Dept code: 0214) taken within the past five years. A GRE score at the fiftieth-percentile or greater is recommended.
- ⇒ Students may also submit writing samples or the designation of a faculty member in the Post Submission section of the application in ApplyYourself. If you choose to complete these optional items, please notify the department via email at nutrition@health.utah.edu after you have uploaded the document(s).

The selection committee meets in March with notification of acceptance/non-acceptance issued by April 5th.

Scholarships

- ⇒ Scholarships applications are due by February 15th. Available scholarships can be viewed <http://health.utah.edu/nutrition-integrative-physiology/degrees/coordinated-masters/scholarships/>

Coordinated Master's Program (CMP) in Dietetics:

Curriculum Guide for Prerequisites Nutrition Education and Research or Sports

Biology Nutrition Concentration

Courses		Credits
BIOL 1610	Principles of Biology	4
BIOL 2420	Human Physiology	4
		Credits 8

Chemistry

Courses		Credits
CHEM Lab	One chemistry Lab is required and may be taken at any level Suggested: CHEM 1215 or 2315	1
CHEM 1210	General Chemistry 1	4
CHEM 1220	General Chemistry 2	4
CHEM 2310	Organic Chemistry	4
CHEM 3510 or BIOL 3510	Biological Chemistry 1	3
		Credits 16

Nutrition

Courses		Credits
NUIP 4440 or NUIP 3010	Advanced Human Nutrition Nutrition Intervention in Treatment and Prevention of Chronic Disease	4
NUIP 2020	Applied Nutrition through the Lifecycle	3
Food Science (variable)	Food Science: the study of the physical, biological and chemical make-up of food. This course is not offered at the University of Utah, but is required as a prerequisite (see Food Science hand out, included in this packet). A separate lab is not required.	3-4
		Credits 10-11

General Ed

Courses		Credits
WRTG 2010	Intermediate Writing: Academic Writing and Research	3
MATH 1050	College Algebra	4
Social Science (one class from the following choices)	ECON as a Social Science (1010, 2010 or 2020) or Introduction to Psychology 1010 or Introduction to Sociology 1010	3-4
		Credits 10-11

Exercise and Sport Science (for Sport Nutrition concentration only)

Course	Credits	
KINES 3091	Physiology of Fitness	4

Total Credits

48-50

***These course numbers are offered at the University of Utah - equivalent courses from other accredited institutes are accepted.

Updated Sept 17, 2020

Food Science Course Offerings

These are some courses that may be available options to complete the food science prerequisite. Other courses may be considered - please consult with Jean Zancanella jean.zancanella@hsc.utah.edu to ensure suitability if you choose a course outside of this list.

Online Courses

University	Course #	Credits	Prerequisites	Availability	Cost	Non-degree Seeking Availability
Kansas State University Global Campus	FNDH 413	4	Gen Chem + lab	Fall and Spring (odd years)	\$1,569	Yes
https://global.k-state.edu/humanecology/dietetics/bachelors/curriculum/						
Troy University	KHP 3310 + L310	3+1	None		\$1,352	Apply as a transient student
https://www.troy.edu/admissions/						
University of Illinois	FSHN 414					Yes
https://grad.illinois.edu/admissions/apply/						
University of Alabama	NHM 253	3	Chemistry and Nutrition		\$365/CR, \$1095	
http://bamabydistance.ua.edu/						
University of Arizona	NSC 351R	3				Yes
nsCadvising@email.arizona.edu						
University of Washington	NUTR 441		Basic NUTR, Gen Chem, O Chem		\$1,074	Yes
https://www.pce.uw.edu/courses/food-and-culinary-science-nutr-441						

Local Courses

University	Course #	Credits	Prerequisites	Availability	Cost	Non-degree Seeking Availability
Utah State University	NDFS 3070	4	Gen Chem, or O Chem			
Brigham Young University	NDFS 250	3	Gen Chem (101 or 105)			

Nutrition Education & Research Concentration

The Nutrition Education and Research Concentration integrates scientific principles of nutrition with critical thinking and communication skills. The concentration prepares students to conduct and interpret research and to communicate evidence-based nutrition advice and counseling.

Students in this concentration obtain additional training in community nutrition and nutrition instruction.

Practice sites include a choice of specialty clinics (diabetes, eating disorders, maternal and child clinics, metabolic disorders, pediatric, senior care, dialysis, wellness).

Careers

After completing the CMP, students are prepared for a wide variety of dietetics careers. Students who complete the CMP with the Nutrition Education and Research Concentration have found employment in a variety of settings including:

- ⇒ Hospitals
- ⇒ Diabetes Treatment Centers
- ⇒ Dialysis Clinics
- ⇒ Long-term Care Facilities
- ⇒ County and State Public Health Programs (The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), Health Promotion)
- ⇒ Federal Drug Administration (FDA)
- ⇒ Research (Industry and academia)
- ⇒ Community Colleges or Universities
- ⇒ Worksite Wellness
- ⇒ Private Practice
- ⇒ Wellness Coaching
- ⇒ Grocery Stores

Thesis & Focused Area of Study Options

Students participating in the CMP with the Nutrition Education and Research concentration may choose the thesis or focused area of study (FAS) option. Students identify thesis or FAS with counsel from faculty during first year of study.

- ❖ *Starting in the Fall of 2022, the CMP will no longer enroll students into the Sports Nutrition and Nutrition Education Research (NER) concentrations. Instead, students will have the opportunity to choose their concentration after admission into the program. Advising will be provided to students in the Fall of their first year to guide this decision.*

Nutrition Education and Research Concentration

Course Sequence

Term	Course Number	Course Name	Credit Hours
Fall 2021	NUIP 6360	Medical Nutrition Therapy I	4
	NUIP 6390 <i>or</i>	Research Methods <i>or</i>	3
	EDPS 6010-001	Intro to Educ Statistics	
	NUIP 6400	Nutrition Communications	3
	NUIP 6450	Nutrition Biochemistry	3
Total			13
Spring 2022	NUIP 6250	Counseling Skills for Dietitians	1
	NUIP 6210	Food Management Analysis and Development	3
	ELECTIVE	Elective (Choose from approved list-elective may be taken any semester)	3
	NUIP 6380	Medical Nutrition Therapy II & Lab	4
Total			11
Summer 2022	NUIP 6930	Supervised Practice	10
	NUIP 6240	Nutrition Epidemiology	3
Total			13
Total for First Year 37			

Term	Course Number	Course Name	Credit Hours
Fall 2022	NUIP 6440	Metabolism of Macronutrients	4
	NUIP 6540	Clinical Assessment Laboratory	3
	NUIP 6940	Capstone Supervised Practice* (take a total of six credits of 6940 during 2nd year)	3
	NUIP 6970 <i>or</i>	Thesis Research <i>or</i>	3
	NUIP 6900	Directed Nutrition Research**	3
Total			13
Spring 2023	NUIP 6220	Nutrition Policy	3
	NUIP 6460	Micronutrient Metabolism	4
	NUIP 6940	Capstone Supervised Practice*	3
	NUIP 6970 <i>or</i>	Thesis Research <i>or</i>	3
	NUIP 6900	Directed Nutrition Research **	3
Total			13
Summer 2023	NUIP 6930	If applicable, students graduating in Summer must be enrolled in at least 3 credits, recommend registering for either NUIP 6900* TBA or NUIP 6970 TBA	3
TOTAL PROGRAM CREDIT HOURS 63			

* Students must complete a total of 6 credits of Capstone during the CMP (either 2nd year Fall/Spring, or Summer semester)

**Focused Area of Study (non-thesis option)

Total Program Credit Hours: 63

Sports Nutrition Concentration

The Sports Nutrition Concentration is designed to 1) integrate scientific principles of nutrition related to exercise and sports and 2) prepare students to become Board Certified Specialists in Sports Dietetics (CSSD).

Supervised training in various aspects of sport and exercise nutrition is available, as part of the practice hours required in the CMP. Placements are in settings related to sports, exercise, or wellness depending on the interests of the student, preceptor needs, and director approval. The Department of Nutrition and Integrative Physiology offers four main sports nutrition practicum sites. However, opportunities also exist for students to complete practicum hours in various aspects of health and sports such as clinical eating disorders, community health, corporate wellness, and Olympic sports.

Selection

Students selected for Sports Nutrition Concentration will be placed

Starting in the Fall of 2022, the CMP will no longer enroll students into the Sports Nutrition and Nutrition Education Research (NER) concentrations. Instead, students will have the opportunity to choose their concentration after admission into the program. Advising will be provided to students in the Fall of their first year to guide this decision.

Careers

After completing the CMP with the Sports Nutrition Concentration, students are prepared to become board certified specialists in Sports Dietetics following two years of practice as a registered dietitian. Students receive the same training as those completing the Nutrition Education and Research Concentration with the addition of a specialty area – sports nutrition.

Graduate students with the Sports Nutrition Concentration have found employment in a variety of settings including:

- ⇒ Sports Medicine Clinics
- ⇒ Collegiate Athletics
- ⇒ Professional Teams
- ⇒ Olympic Teams
- ⇒ Corporate Wellness
- ⇒ Research
- ⇒ University and Community Colleges
- ⇒ Health and Fitness Clinics

Thesis & Focused Area of Study Options

The CMP with the Sports Nutrition Concentration is generally considered a Focused Area of Study track; however, a thesis option may be possible with the Sports Nutrition Director's approval.

Sports Nutrition Concentration

Course Sequence

Term	Course Number	Course Name	Credit Hours
Fall 2021	NUIP 6360	Medical Nutrition Therapy I	4
	NUIP 6390 or EDPS 6010-001	Research Methods or Intro to Educ. Statistics	3
	NUIP 6400	Nutrition Communications	3
	NUIP 6450	Nutrition Biochemistry	3
	Total		
Spring 2022	NUIP 6210	Food Management Analysis and Development	3
	NUIP 6250	Counseling Skills for Dietitians	1
	NUIP 6320	Advanced Sports Nutrition	3
	KINES 6320	Exercise and Disease	3
	NUIP 6380	Medical Nutrition Therapy II & Lab	4
Total			14
Summer 2022	NUIP 6930	Supervised Practice	10
Total			10
Total for Year			37

To achieve 40 credits for residency, you may enroll in 3 credits of NUIP 6900, 6940, 6970 in Summer 2022

Term	Course Number	Course Name	Credit Hours
Fall 2022	NUIP 6440	Metabolism of Macronutrients	4
	NUIP 6540	Clinical Assessment Laboratory	3
	NUIP 6940	Capstone Supervised Practice* (take a total of six credits of 6940 during 2nd year)	3
	NUIP 6970 or NUIP 6900	Thesis Research or Directed Nutrition Research**	3
	Total		
Spring 2023	NUIP 6220	Nutrition Policy	3
	NUIP 6460	Micronutrient Metabolism	4
	NUIP 6940	Capstone Supervised Practice*	3
	NUIP 6970 or NUIP 6900	Thesis Research or Directed Nutrition Research **	3
	NUIP 6910	Advanced Sports Nutrition Seminar (Nutrition Field Experience)	1
	Total		
Summer 2023	NUIP 6930	If applicable, students graduating in Summer must be enrolled in at least 3 credits, recommend registering for either NUIP 6900* TBA or NUIP 6970 TBA	3
TOTAL PROGRAM CREDIT HOURS			64

* Students must complete a total of 6 credits of Capstone during the CMP (either 2nd year Fall/Spring, or Summer semester)

**Focused Area of Study (non-thesis option)

Total Program Credit Hours: 64

Tuition & Fees

Resident 37 credit hours the first year – Approximately \$23,000 all
 Resident 27 credit hours the second year – Approximately \$13,600
<https://fbs.admin.utah.edu/download/income/Graduate/NutGraduateFeeRes.pdf>

Non-Resident 37 credit hours the first year – Approximately \$60,800
 Non-Resident 27 credit hours the second year – Approximately \$42,100
<https://fbs.admin.utah.edu/download/income/Graduate/NutGraduateFeeNRes.pdf>

University of Utah

Coordinated Master's Program in Nutrition and Dietetics

Tuition and Fees per semester - Resident

For Summer 2021, Fall 2021 and Spring 2022(Subject to change without notice)

Department of Nutrition and Integrative Physiology

Credit Hours	Zero Hour Tuition	Per Credit Hour Charge	Differential Zero Hour Tuition	Total Tuition	Mandatory Fees																Total Tuition & Fees
					ASUU Activity	Athletic	Building	Campus Connect	Computing	Fine Arts	Gardner Commons	Health	Mental Health	Public Council	Rec.	Student Life Center	Student Union	Sustainability	Trans.	Total Fees	
1	\$920.58	\$284.91	\$4,529.68	\$5,735.17	\$23.12	\$82.69	\$57.36	\$0.75	\$31.51	\$17.50	\$45.00	\$20.48	\$15.00	\$9.00	\$18.81	\$60.00	\$2.35	\$2.50	\$58.35	\$444.42	\$6,179.59
2	920.58	569.82	4,529.68	6,020.08	23.12	82.69	61.78	0.75	40.25	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	457.58	6,477.66
3	920.58	854.73	4,529.68	6,304.99	23.12	82.69	66.20	0.75	48.99	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	470.74	6,775.73
4	920.58	1,139.64	4,529.68	6,589.90	23.12	82.69	70.62	0.75	57.73	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	483.90	7,073.80
5	920.58	1,424.55	4,529.68	6,874.81	23.12	82.69	75.04	0.75	66.47	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	497.06	7,371.87
6	920.58	1,709.46	4,529.68	7,159.72	23.12	82.69	79.46	0.75	75.21	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	510.22	7,669.94
7	920.58	1,994.37	4,529.68	7,444.63	23.12	82.69	83.88	0.75	83.95	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	523.38	7,968.01
8	920.58	2,279.28	4,529.68	7,729.54	23.12	82.69	88.30	0.75	92.69	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	536.54	8,266.08
9	920.58	2,564.19	4,529.68	8,014.45	23.12	82.69	92.72	0.75	101.43	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	549.70	8,564.15
10	920.58	2,849.10	4,529.68	8,299.36	23.12	82.69	97.14	0.75	110.17	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	562.86	8,862.22
11	920.58	3,134.01	4,529.68	8,584.27	23.12	82.69	101.56	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	576.02	9,160.29
12	920.58	3,418.92	4,529.68	8,869.18	23.12	82.69	105.98	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	589.18	9,458.36
13	920.58	3,703.83	4,529.68	9,154.09	23.12	82.69	110.40	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	602.34	9,756.43
14	920.58	3,988.74	4,529.68	9,439.00	23.12	82.69	114.82	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	615.50	10,054.50
15	920.58	4,273.65	4,529.68	9,723.91	23.12	82.69	119.24	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	628.66	10,352.57
16	920.58	4,558.56	4,529.68	10,008.82	23.12	82.69	123.66	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	641.82	10,650.64
17	920.58	4,843.47	4,529.68	10,293.73	23.12	82.69	128.08	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	654.98	10,948.71
18	920.58	5,128.38	4,529.68	10,578.64	23.12	82.69	132.50	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	668.14	11,246.78
19	920.58	5,413.29	4,529.68	10,863.55	23.12	82.69	136.92	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	681.30	11,544.85
20	920.58	5,698.20	4,529.68	11,148.46	23.12	82.69	141.34	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	694.46	11,842.92
21	920.58	5,983.11	4,529.68	11,433.37	23.12	82.69	145.76	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	707.62	12,140.99
22	920.58	6,268.02	4,529.68	11,718.28	23.12	82.69	150.18	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	720.78	12,439.06
23	920.58	6,552.93	4,529.68	12,003.19	23.12	82.69	154.60	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	733.94	12,737.13
24	920.58	6,837.84	4,529.68	12,288.10	23.12	82.69	159.02	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	747.10	13,035.20
25	920.58	7,122.75	4,529.68	12,573.01	23.12	82.69	163.44	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	760.26	13,333.27

University of Utah

Coordinated Master's Program in Nutrition and Dietetics

Tuition and Fees per semester - Non-Resident

For Summer 2021, Fall 2021 and Spring 2022(Subject to change without notice)

Department of Nutrition and Integrative Physiology

Credit Hours	Zero Hour Tuition	Per Credit Hour Charge	Differential Zero Hour Tuition	Total Tuition	Mandatory Fees																Total Tuition & Fees
					ASUU Activity	Athletic	Building	Campus Connect	Computing	Fine Arts	Gardner Commons	Health	Mental Health	Public Council	Rec.	Student Life Center	Student Union	Sustainability	Trans.	Total Fees	
1	\$3,278.86	\$1,002.76	\$4,529.68	\$8,811.30	\$23.12	\$82.69	\$57.36	\$0.75	\$31.51	\$17.50	\$45.00	\$20.48	\$15.00	\$9.00	\$18.81	\$60.00	\$2.35	\$2.50	\$58.35	\$444.42	\$9,255.72
2	3,278.86	2,005.52	4,529.68	9,814.06	23.12	82.69	61.78	0.75	40.25	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	457.58	10,271.64
3	3,278.86	3,008.28	4,529.68	10,816.82	23.12	82.69	66.20	0.75	48.99	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	470.74	11,287.56
4	3,278.86	4,011.04	4,529.68	11,819.58	23.12	82.69	70.62	0.75	57.73	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	483.90	12,303.48
5	3,278.86	5,013.80	4,529.68	12,822.34	23.12	82.69	75.04	0.75	66.47	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	497.06	13,319.40
6	3,278.86	6,016.56	4,529.68	13,825.10	23.12	82.69	79.46	0.75	75.21	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	510.22	14,335.32
7	3,278.86	7,019.32	4,529.68	14,827.86	23.12	82.69	83.88	0.75	83.95	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	523.38	15,351.24
8	3,278.86	8,022.08	4,529.68	15,830.62	23.12	82.69	88.30	0.75	92.69	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	536.54	16,367.16
9	3,278.86	9,024.84	4,529.68	16,833.38	23.12	82.69	92.72	0.75	101.43	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	549.70	17,383.08
10	3,278.86	10,027.60	4,529.68	17,836.14	23.12	82.69	97.14	0.75	110.17	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	562.86	18,399.00
11	3,278.86	11,030.36	4,529.68	18,838.90	23.12	82.69	101.56	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	576.02	19,414.92
12	3,278.86	12,033.12	4,529.68	19,841.66	23.12	82.69	105.98	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	589.18	20,422.10
13	3,278.86	13,035.88	4,529.68	20,844.42	23.12	82.69	110.40	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	602.34	21,429.28
14	3,278.86	14,038.64	4,529.68	21,847.18	23.12	82.69	114.82	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	615.50	22,436.46
15	3,278.86	15,041.40	4,529.68	22,849.94	23.12	82.69	119.24	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	628.66	23,443.64
16	3,278.86	16,044.16	4,529.68	23,852.70	23.12	82.69	123.66	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	641.82	24,450.82
17	3,278.86	17,046.92	4,529.68	24,855.46	23.12	82.69	128.08	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	654.98	25,458.00
18	3,278.86	18,049.68	4,529.68	25,858.22	23.12	82.69	132.50	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	668.14	26,465.18
19	3,278.86	19,052.44	4,529.68	26,860.98	23.12	82.69	136.92	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	681.30	27,472.36
20	3,278.86	20,055.20	4,529.68	27,863.74	23.12	82.69	141.34	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	694.46	28,479.54
21	3,278.86	21,057.96	4,529.68	28,866.50	23.12	82.69	145.76	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.50	58.35	707.62	29,486.72
22	3,278.86	22,060.72	4,529.68	29,869.26	23.12	82.69	150.18	0.75	118.91	17.50	45.00	20.48	15.00	9.00	18.81	60.00	2.35	2.5			

Tuition & Fees

Housing

- Graduate Student housing, student/family housing, apartment and home rentals
- Estimated housing costs \$700-\$1000 per month

Transportation

- Student is responsible for living and travel to practice sites, use of personal car.
- University provides students access to public transportation (TRAX, UTA buses and Frontrunner trains) with valid UCard

Food Cost

- While highly variable, \$300-\$500 per month is an estimate of food costs for a graduate student

Health Insurance

- Student Health Services offers health care at 40-60% of the usual rate. Depending on the deductible you choose, rates approximate at \$156 per/month for individual or \$188 for a family
- <http://studenthealth.utah.edu/>

Vaccines

- Immunizations at the Student Health Services are approximately \$75

Textbooks

- Approximately \$500-\$800 each year

Computer

- Students have access to computers on campus, but many prefer to have their own

Computer Software

- Most students purchase Endnote, STATA, or SPSS, spending approximately \$200 on software through University Software Program.
- Microsoft Windows, PowerPoint, and Excel can be accessed at no charge through the University Network

Pro. Fees

- Academy of Nutrition and Dietetics (AND) Student Membership is approximately \$50 per year

Pro. Meetings

- Students may attend a variety of Professional meetings while in the CMP based on their research interests
- Funding for registration may be available through the department, but students will want to budget funds for travel and accommodations

Employment

- CMP students may receive assistantships as teaching or research assistants and work 10-20 hours per week. Outside employment is not recommended, particularly during the supervised practice rotations taking place the summer between the first and second year

University of Utah Nutrition & Integrative Physiology Coordinated Master's Program FAQs

Where can I find more information about the Coordinated Master's Program?

Information regarding the program can be found in three places:

- Online at Coordinated Master's Program [website](#)
- 2021-2022 CMP [Handbook.pdf](#)
- You may also attend a prospective student information session, check here for upcoming dates.

What prerequisites are required for admission into the program?

The prerequisites are listed here: [Prerequisites](#)

Equivalent courses from accredited colleges and universities are accepted. For the CMP program, please contact Jean Zancanella, Academic Advisor for transcript evaluation at jean.zancanella@health.utah.edu ; for Sports Nutrition, contact Kary Woodruff, MS, CSSD, RD (801) 585-5936 kary.woodruff@utah.edu

Sports Nutrition

In addition to the CMP prerequisites, the Sports Nutrition Concentration prerequisites include: Exercise Physiology.

Where can I find out more information on the Food Science prerequisite?

Food Science: the study of the physical, biological and chemical make-up of food. This course is not offered at the University of Utah, but is required as a prerequisite (see [Food Science](#)). A separate lab is not required.

Is there a minimum GRE score required?

As of Spring 2021, a GRE is no longer a CMP requirement. You may however include it as an optional item. A GRE score at the fiftieth-percentile or greater is recommended.

How do I apply for the program?

www.applyyourself.com

See application section under the Coordinated Masters Program <http://health.utah.edu/nutrition-integrative-physiology/degrees/coordinated-masters/>

Application Deadlines:

Department of Nutrition and Integrative Physiology:
February 15

How many students are accepted into the program?

16 total students are accepted per year. Approximately 60 applications are received each year.

Is it possible to begin one of the programs in January (spring semester) instead of August (fall semester)?

No. Applications are only accepted by the deadlines outlined above with an August start.

Can I take classes before I am accepted into the program (non-matriculated)?

Yes. Typically students are asked to discuss this on an individual basis with the advisor of the program or possible mentor. A maximum of six graduate credits (for the CMP program) can be transferred into the program. Our advisor is available for questions at Jean.zancanella@health.utah.edu

Can I take prerequisites during the graduate program?

No. All classes must be completed prior to the start of the program.

What types of sites are available to complete supervised practice hours? Please see [Clinical Settings](#) on our website.

Where do I upload my transcripts on the ApplyYourself application?

The Nutrition Department needs a copy of your transcripts uploaded in the "Post Submission" section on the ApplyYourself portal.

What is the job outlook for Registered Dietitians Nutritionist?

According to the Bureau of Labor Statistics, jobs in nutrition and dietetics are expected to increase about 11 percent through the year 2028. The median annual wage of dietitians and nutritionists was \$61,270 in May 2019. For more information about careers in nutrition and dietetics visit the Academy of Nutrition and Dietetics [website](#).

Who can I contact for academic advising and further questions?

For questions related specifically to the Coordinated Master's Program, please contact Jean Zancanella, Academic Advisor, at 801-581-5280 or jean.zancanella@health.utah.edu. For the Sports Nutrition concentration, contact Kary Woodruff, MS, CSSD, RD at 801-585-5936 or kary.woodruff@Utah.edu.

If I need to send a transcript to the University of Utah, where should I send it and how can I find out if my transcript from another school has been received?

All official transcripts are sent to and processed by the Admissions Office. Do not send them to the Nutrition and Integrative Physiology office address. Please contact the Admissions Office if you have questions about sending transcripts to the University of Utah and to determine if your transcript has been received.

Admissions Office - (801) 581-8761, admisstranscripts@sa.utah.edu

Mailing Address: University of Utah Admissions Office: 201 S. 1460 E, RM 250-S Salt Lake City, UT 84112-9057

About the Career Field

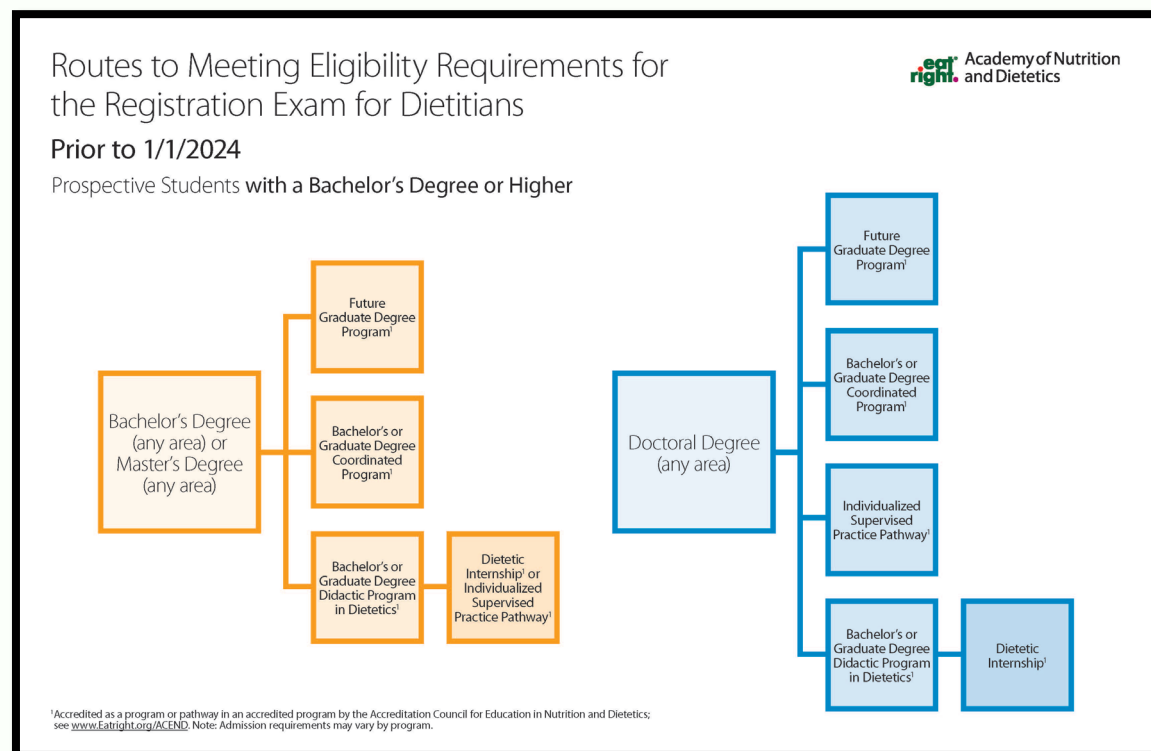
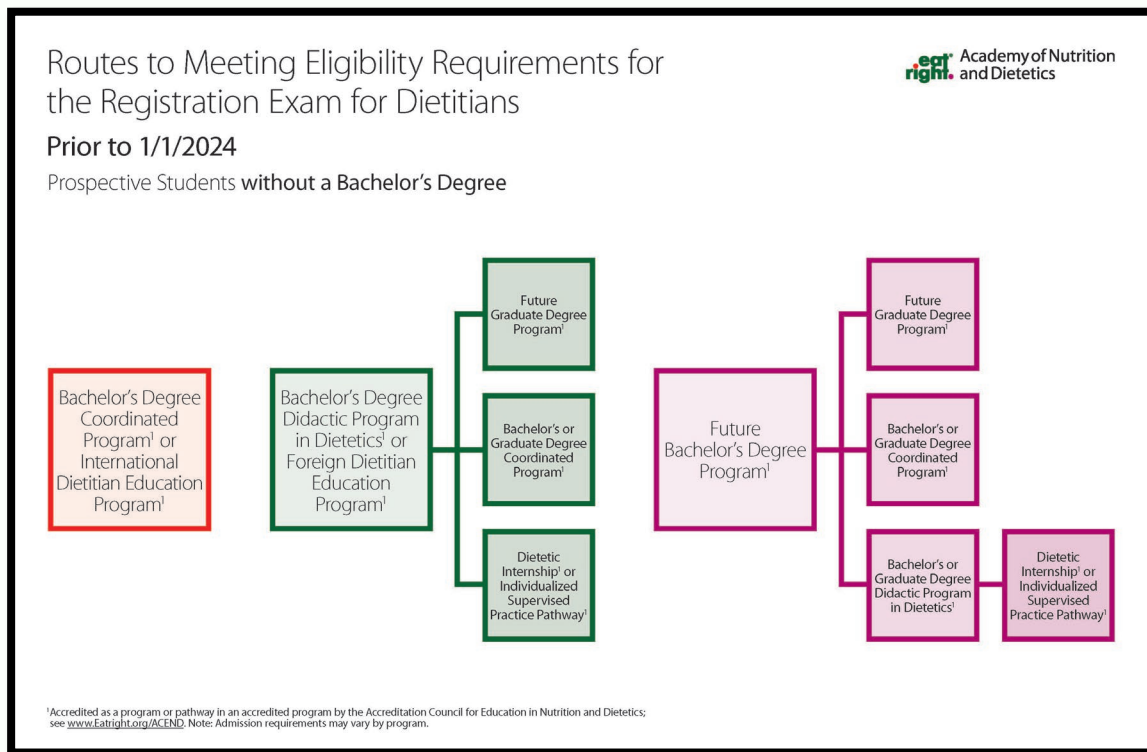
(bls.gov)

- Dietitians and nutritionists typically do the following:
- Assess patients' and clients' nutritional and health needs
- Counsel patients on nutrition issues and healthy eating habits
- Develop meal and nutrition plans, taking both clients' preferences and budgets into account
- Evaluate the effects of meal plans and change the plans as needed
- Promote better health by speaking to groups about diet, nutrition, and the relationship between good eating habits and preventing or managing specific diseases
- Create educational materials about healthy food choices
- Keep up with or contribute to the latest food and nutritional science research
- Document patients' progress

Quick Facts: Dietitians and Nutritionists	
<u>2020 Median Pay</u>	\$63,090 per year \$30.33 per hour
<u>Typical Entry-Level Education</u>	Bachelor's degree
<u>Work Experience in a Related Occupation</u>	None
<u>On-the-job Training</u>	Internship/residency
<u>Number of Jobs, 2019</u>	74,200
<u>Job Outlook, 2019-29</u>	8% (Much faster than average)
<u>Employment Change, 2019-29</u>	5,900

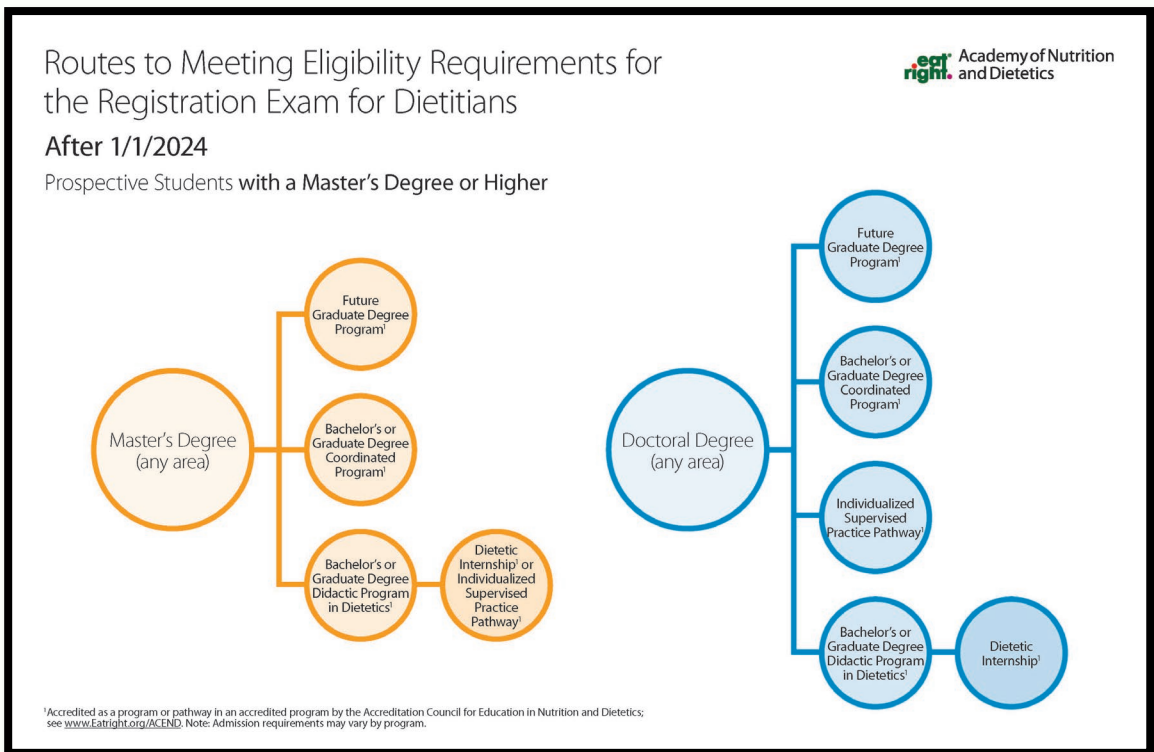
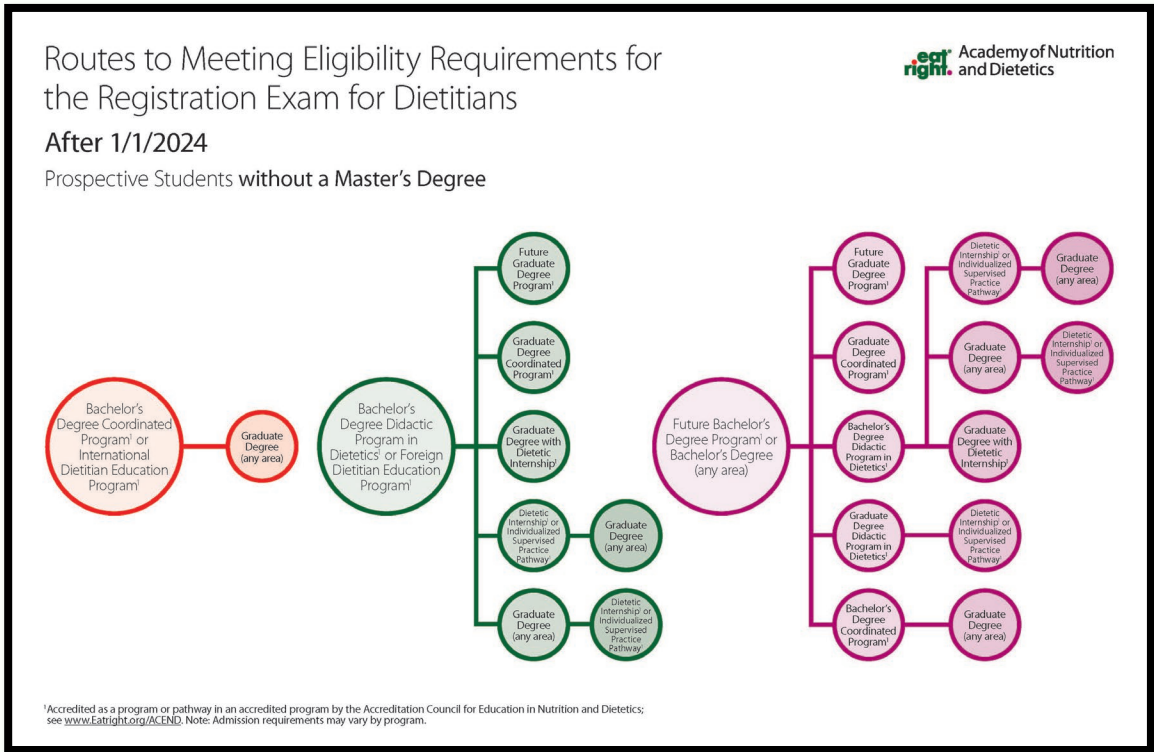
GOOD TO KNOW:

Routes to Meet Eligibility Requirements Prior to 1/1/2024: Without a Bachelor's Degree vs. With a Bachelors Degree



GOOD TO KNOW:

Routes to Meet Eligibility Requirements **After** to 1/1/2024:
Without a Bachelor's Degree vs. *With* a Bachelors Degree



Careers in Dietetics

Becoming a Registered Dietitian Nutritionist

Educational and professional requirements

Registered Dietitian Nutritionists (RDNs) are food and nutrition experts who have met the following criteria and earned the RDN credential:

- » **Completed a minimum of a bachelor's degree** at a U.S. regionally accredited university or college or foreign equivalent, and coursework through an Accreditation Council for Education in Nutrition and Dietetics (ACEND) accredited Didactic (DPD), Coordinated (CP), Future Graduate (FG) or Foreign (FDE) or International Dietitian Education (IDE) program. For a list of accredited programs, see www.eatrightpro.org/acend. Effective 1/1/2024, a master's degree will be required to take the Commission on Dietetic Registration RDN credentialing exam
- » **Completed required supervised practice/experience** through an ACEND accredited Dietetic Internship (DI), Coordinated (CP), Future Graduate (FG) or International Dietitian Education (IDE) Program or an Individualized Supervised Practice Pathway (ISPP) offered through an ACEND- accredited program. Information on ACEND-accredited programs at www.eatrightpro.org/acend.
- » **Passed a national examination** administered by the Commission on Dietetic Registration (CDR). For more information regarding the examination, refer to CDR's Website at www.cdrnet.org. In order to maintain the credential, an RDN must complete continuing professional educational requirements.

Some RDNs hold additional certifications in specialized areas of practice. These are awarded through CDR, the credentialing agency for the Academy, and/or through other medical and nutrition organizations. These certifications are recognized within the profession, but not required. Some of the certifications include pediatric or renal nutrition, sports dietetics, oncology, gerontological, nutrition support and diabetes education.

In addition, many states have regulatory laws (i.e. licensure) for food and nutrition practitioners. All states accept the RDN credential for state licensure purposes.

College course work

Nutrition and Dietetics students study a variety of subjects, including food and nutrition sciences, biochemistry, physiology, microbiology, anatomy, chemistry, foodservice systems, business, pharmacology, culinary arts, behavioral social sciences and communication.

Employment opportunities

RDNs work in a wide variety of settings, including health care, business and industry, community/public health, education, research, government agencies and private practice. Many work environments, particularly those in medical and health-care settings, require that an individual be credentialed as an RDN.

RDNs work in:

- » **Hospitals, clinics or other health-care facilities**, educating patients about nutrition and administering medical nutrition therapy as part of the health-care team. They may also manage the foodservice operations in these settings, or schools, day-care centers or correctional facilities, overseeing everything from food purchasing and preparation to managing staff.
- » **Sports nutrition and corporate wellness programs**, educating clients about the connection between food, fitness and health.
- » **Food and nutrition-related business and industries**, working in communications, consumer affairs, public relations, marketing, product development or consulting with chefs in restaurants and culinary schools.
- » **Private practice, working under contract with healthcare** or food companies, or in their own business. RDNs work with foodservice or restaurant managers, food vendors and distributors, athletes, nursing home residents or company employees.
- » **Community and public health settings**, teaching, monitoring and advising the public and helping improve quality of life through healthy eating habits.
- » **Universities and medical centers**, teaching physician's assistants, nurses, dietetics students, dentists and others about the sophisticated science of food and nutrition.
- » **Research areas** in food and pharmaceutical companies, universities and hospitals directing or conducting experiments to answer critical nutrition questions and find alternative foods or nutrition recommendations for the public.

Careers in Nutrition and Dietetics

Where to start if you already have a degree:

If you already have a bachelor's degree that is not in nutrition and dietetics and are interested in becoming a registered dietitian, have your college transcript evaluated by the director of the ACEND-accredited nutrition and dietetics program you wish to attend.

The program director will review your previous academic preparation and identify courses that you will need to complete to meet the educational and supervised practice/ experiential learning requirements to be eligible to take the credentialing examination to become a registered dietitian nutritionist (RDN).

Salaries and job outlook

According to the 2019 Compensation & Benefits Survey of the Dietetics Profession, the median full time salary of all RDNs equates to \$68, 600 per year. As with any profession, salaries and fees vary by region of the country, employment settings, scope of responsibility and supply of RDNs. Salaries increase with experience and many RDNs, particularly those in business, management, education and research earn incomes above \$90,000. For more information, see the Academy of Nutrition and Dietetics 2019 Compensation and Benefits Survey of the Dietetics Profession.

According to the US Bureau of Labor Statistics, employment of dietitians is projected to grow 8% from 2019-2029, much faster than average for all occupations, because of the increased emphasis on the role of food and nutrition in preventing and treating diseases, a growing and aging population and public interest in nutrition.

Financial aid

There are many resources to help students pay for college. You may be able to obtain a grant or scholarship from a corporation, community or civic group, philanthropic or religious organization or directly from your chosen school or college. Federal grants and low-interest loans may also be available.

The Academy of Nutrition and Dietetics Foundation offers scholarships to encourage eligible students to enter the field of nutrition and dietetics. Student members of the Academy enrolled in their junior year in an ACEND-accredited program may apply for a Foundation scholarship. Scholarships are also available for student members in ACEND-accredited dietetic internships and graduate studies. Contact the Academy's Accreditation and Education Programs Team (800/877-1600, ext. 5400 or education@eatright.org) for scholarship information.

Need more information? Go to www.eatrightpro.org and click on "EatRight Careers" for more information. The site also lists the nutrition and dietetics education programs accredited by ACEND at www.eatrightpro.org/acend.

For other career guidance information, contact the Accreditation and Education Programs Team (800/877-1600, ext. 5400 or education@eatright.org).

Academy of Nutrition and Dietetics

Accreditation and Education Programs Team 120 South Riverside Plaza, Suite 2190 Chicago, Illinois 60606-6995 Phone: 800/877-1600, ext. 5400 Fax: 312/899-4817 E-mail: education@eatright.org

<https://www.eatrightpro.org/-/media/eatrightpro-files/acend/rdn-factsheet.pdf?la=en&hash=AE2D56CEDFD3287A83DEB807A2B6D5AF96B9FD94>