

# OCTOBER NEWSLETTER 2018

**October 2**

Guardian Angel Day

**October 4**

Ten-Four Day

**October 7**

World Smile Day  
Front on the "Punkin Day"

**October 8**

Indigenous People's Day

**October 9**

Pop, Pop, Pop Day

**October 15**

Cake Decorating Day

**October 17**

Wear Something Gaudy Day

**October 19**

Wear It Pink Day

**October 24**

Oh, Bologna Day

**October 27**

Teddy Bear Day

**October 28**

Red Hair & Freckles Day

**October 31**

Halloween

*\* If any family member would like to come trick-or-treat with your loved one, candy will be available in the front lobby.*



***Hello Residents,***

New Men's Club

Like the women's Ruby Club, our gentlemen have formed a club of their own. They have chosen the name of this club to be:

**R** Retired  
**O** Old  
**M** Men  
**E** Eating  
**O** Out

The purpose of these two clubs is for our residents to continue being involved in charities and functions outside the building, as a group. So far the membership and attendance to events have exceeded other outside event numbers.

We are always looking for new ideas here at Regency.

***Jennie Spraggins,***  
*Executive Director*





## ***Grandparents Day – September 9th***

Every year this date has been designated for Grandparents Day. This day is also the first day of National Assisted Living Week. Grandparents were among our earliest teachers and caregivers. Family members showed much support by coming out to Regency on Grandparents Day. Everyone joined in for ice cream sundaes with different toppings. There was plenty of laughter, conversation, and ice cream. Afterwards everyone gathered in the front lobby for wonderful gospel performed by The Jubilairs Quartet.



## ***'50s Sock Hop Dance – September 12th***

The residents had been waiting on this event all day. They love all the music from the '50s. The front lobby was decorated in a 1950s theme. Some of the residents and staff dressed in poodle skirts. Mr. Jim Wiseman, a professional ballroom dancer, was the special guest for the afternoon. He encouraged everyone to dance and the majority of the residents did. The older songs brought back a lot of memories for everyone. This was also chocolate milkshake day, so after all that dancing, everyone enjoyed milkshakes.





## ***Tailgating/Sports Theme Lunch – September 10th***

It was tailgating at its best. Since it's football season, we decided to do a little tailgating of our own. Some of the residents and staff wore sport jerseys, t-shirts, and caps. The dining room was decorated in a sports theme. The Dietary Department prepared a special menu which consisted of hot dogs, chicken tenders, chili, Rotel dip & chips, and brownies.



## ***Christian Motorcyclist Association – September 13th***

It was priceless to see the look on all the residents' faces when they went outside to see all the motorcycles. This was such an awesome group to volunteer their time for the residents. Some of the residents shared their stories about when they had motorcycles and how much they enjoyed them. It really brought back memories for some of the residents. We would like to thank this group again for making all the residents smile.



## ***Funtastic Friday: I Love Lucy Day***

***October 5th at 1:00 pm***

Each month a different theme is chosen for FUNtastic Friday. This month is I Love Lucy Day. We encourage residents and staff to dress according to the theme. We love to see who can be the most creative. We encourage everyone to join in on the fun.



## ***Frost on the Punkin' Day***

***October 10th at 2:00 pm***

This bus outing to Green Acres Pumpkin Patch in Milan, TN will be in celebration of the famous poet James Whitcomb Riley, who wrote "When the Frost is on the Punkin". Green Acres has a huge selection of different shapes, sizes, and colors of pumpkins. We also purchase pumpkins to bring back and use in some of our fall activities. The residents always love the outing.



## ***What's Cooking Wed. Fall Harvest Soup & Chili Cook-Off***

***October 17th at 11:30 am***

Yes, fall has arrived! This is one of our favorite seasons at Regency. For this month's What's Cooking Wednesday, the management staff will put on their aprons to challenge each other in a chili cook-off. The residents will have the opportunity to taste and judge. Everyone get ready for a challenge!





## ***Wear It Pink Day*** *October 19th at 1:00 pm*

October is Breast Cancer Month Awareness Month. We encourage residents and staff to wear pink. Gloria from Aseracare Hospice will be the guest speaker. She will implement a presentation on signs of early detection. Everyone will have the opportunity to ask questions. Afterwards we will release pink balloons and enjoy pink refreshments.



## ***The Teapot Museum*** *October 23rd at 1:00 pm*

The residents will enjoy a bus ride to Trenton, TN. The city of Trenton houses the world's largest collection of antique porcelain veilleuses, or night light teapots. Some of the teapots were donated. The mirrored back walls make it possible to view all sides of the teapots. Some of the collections are in private homes of friends and family members. We are looking forward to this outing.



## ***Lady Queen of Peace Retreat*** *October 25th at 11:00 am*

This retreat day is a special event for seniors in October, to celebrate the fall season. The day will begin at 11:00 am with a staff welcome, followed by morning prayer in the Chapel. The Culinary team will serve an excellent home-cooked lunch. Musical entertainment will be provided by Terri Starr. The day concludes at 1:30 pm with a prayer of Thanksgiving. The price is \$15.00 per person. This outing will be held in Stanton.



## ***Monster Bash Party*** *October 31st at 2:00 pm*

It's Halloween! Families are welcome to join in on the fun. A party will be held in the front lobby for the residents. If anyone would like to wear costumes for this event, please feel free! Mr. Jim Wiseman (a professional dancer) will be here to dance with the residents. If you can keep up with this man, put your dancing shoes on and join us for an afternoon of fun. Snacks will be served.

***SAVE  
THE  
DATE***

***November 2nd*** — FUNtastic Friday  
***November 8th*** — Caregiver Support Group  
***November 22nd*** — Thanksgiving Dinner with Family/Friends



## Jane Carnal

Congratulations to Ms. Jane Carnal for being selected for the Resident Spotlight. Ms. Carnal has been a member of the community for over a year. She was born and raised in Crockett County. She attended high school and afterwards, she started working in a factory where they made silk stockings. She later opened her own clothing store, where she remained for 25 years. Ms. Carnal had 2 children and 7 grandchildren. She loved to garden and mow her yard. She loves to go on outings, shop, and play Bingo. We are glad to have her as part of the community.

## OCTOBER FUN FACTS

- Ireland is believed to be the birthplace of Halloween, which was originally a Celtic festival called Samhain.
- The word “witch” comes from the Old English *wicce*, meaning “female magician, sorceress.”
- “Jack O’Lantern” refers to the ghostly figure of Stingy Jack, who, according to Irish lore, was forbidden entrance into both heaven and hell. He was condemned to wander the Earth with nothing but a burning coal placed into a carved-out turnip, to light his way. The people of Ireland and Scotland began making their own versions of Jack’s lantern in order to frighten Stingy Jack away.
- Turnips, potatoes and beets were originally used to make Jack O’Lanterns. It wasn’t until Irish, English, and Scottish immigrants moved to the Americas that pumpkins were used.
- On October 9, 2016, Mathis Willemijns set a world record at the Giant Pumpkin European Championship with a pumpkin that weighed 2,524.6 pounds.

## WELCOME NEW RESIDENTS!



Faye Carson  
Ann Jackson  
Daniel Pontius  
Shirley King

## HAPPY BIRTHDAY!

### Resident

Narcie Alderson Oct. 1  
Sada Chapman Oct. 1  
Ruth Yates Oct. 2

### Employee

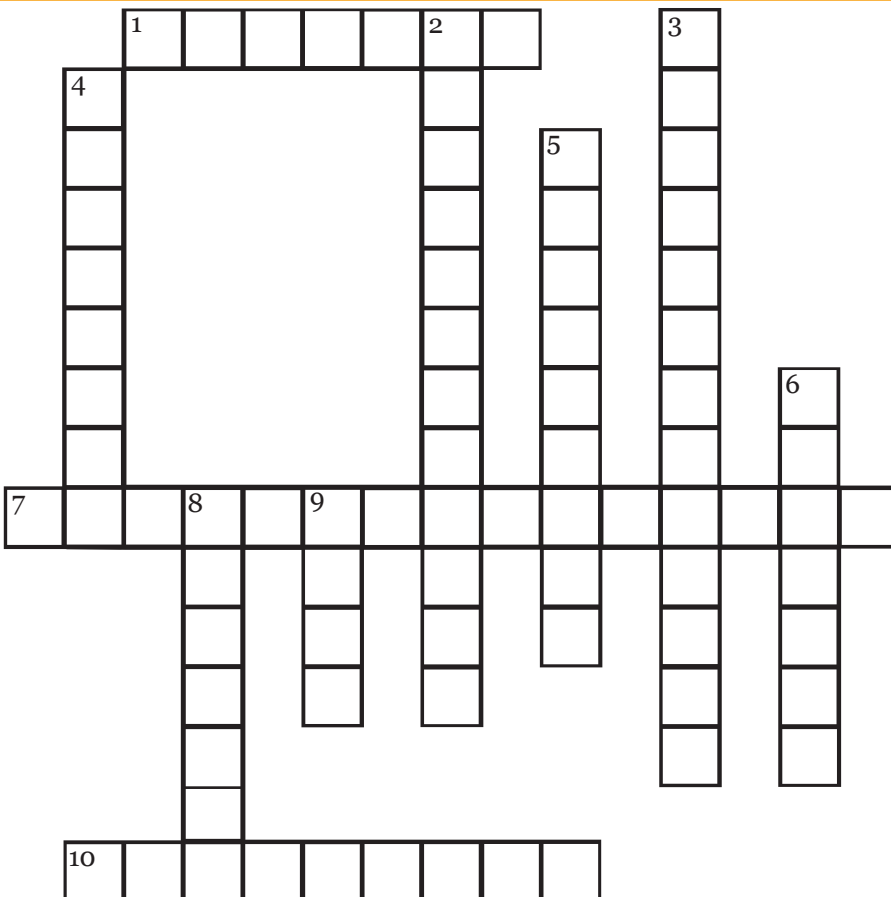
Mary Loften Oct. 14  
Leah Roberts Oct. 28

WORD FIND

N R E T N A L O K C A J S Y N P T X Q B L V Y D I  
 Y O P B W X L L I V Q N C R E C O R N S L T I J N  
 U U J J Z I X U P D P B O A E R H A U L T V P F C  
 A L R M C Z C T D D O O R C W N P B A Y G H H A H  
 N Q A V T Q B V X N A O P S O R M U P R P I N A S  
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 M J C C O S T U M E S L O H L H H N R P Y I C B L  
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 X G M S M F N Z O K Y D C C H G F A P G I I M T X  
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- |           |          |              |         |         |
|-----------|----------|--------------|---------|---------|
| BAT       | COLUMBUS | GHOST        | LIBRA   | SCARY   |
| CALENDULA | CORN     | HALLOWEEN    | OPAL    | SCORPIO |
| CANDY     | COSTUMES | JACKOLANTERN | PUMPKIN | WITCH   |

CROSS-WORD



Across

1. Tried in Salem, MA.
7. Custom of calling at houses at Halloween.
10. October's flower.

Down

2. Bats "see" with \_\_\_\_\_ .
3. Originally carved from turnips, potatoes or beets.
4. Another term for witch's pet.
5. October 31st.
6. President most commonly seen haunting the White House.
8. \_\_\_\_ apples, a popular Halloween treat.
9. October's birthstone.



*EMPLOYEE OF THE YEAR*

*Walter Reid*



Regency Retirement Village of Jackson is proud to announce our Employee of the Year, Mr. Walter Reid. He has worked for Regency for almost 5 years. He cooks and serves in the Dietary Department. His dedication to his team and residents has been outstanding. Walter is a people person. He loves to interact with the residents and anyone else that steps into the Dining Room. He's always willing to lend a helping hand. He comes to work everyday, and doesn't miss a beat. He's always looking out for everyone else.

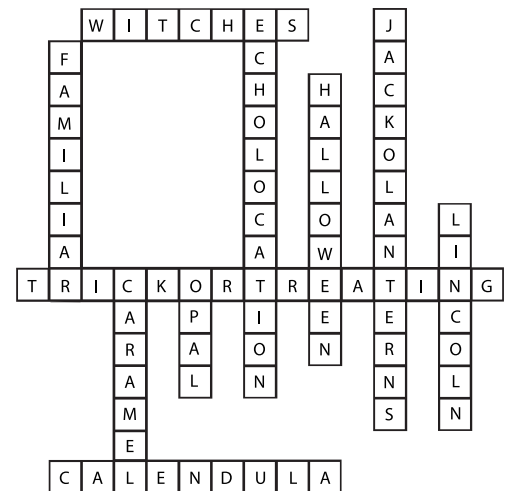
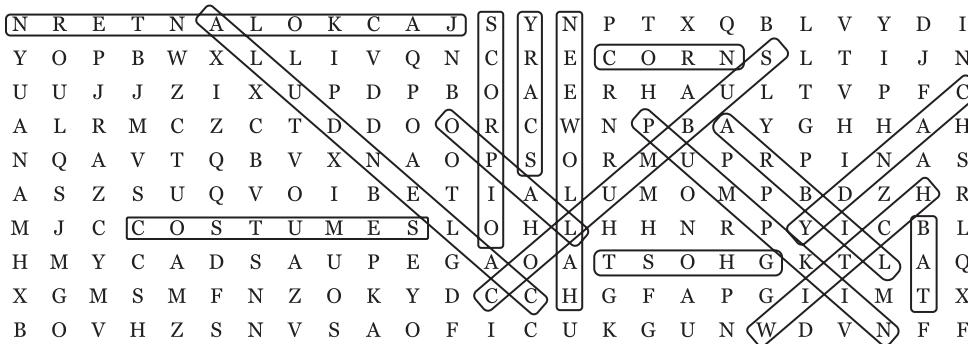
*EMPLOYEE OF THE MONTH*

*Vella Greer*



Congratulations to Vella for being nominated as Employee of the Month. Vella works in the Dietary Department. She loves preparing meals for all the residents. She helps out wherever needed. She goes over and beyond to make sure the residents have what they need. We are proud to have her as part of the Regency Team.

**ANSWER KEY:**



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