# The Pulse February



#### of Rocky River Presbyterian Church

#### FRIDAY, Feb. 1 7:30 p.m. **Artist Concert Series welcomes BlueWater Chamber Orchestra**

Founded in 2010, BlueWater Chamber Orchestra is a refreshingly unique professional ensemble of local, world-class musicians dedicated to sharing great music with new audiences in metropolitan Cleveland. Critics have acknowledged BlueWater as "essential contributors to Cleveland's classical music scene" and acclaim "the brilliance and professionalism that has become a trademark of BlueWater performances."

The concert is free and open to all ages. An offering will be received to support the Series.

-Nancy McGillicuddy, ACS Artistic Director

#### Session February meeting date changed

To accommodate the pastor's Continuing Education schedule, the Session has changed its February meeting date. The new date and time will be Sunday, February 17 at 11:45 a.m.

-elder Dan McKenzie, Clerk of Session

#### Presbytery seeking to fill position of Treasurer

The Presbytery of the Western Reserve is seeking a Treasurer. This is a volunteer position with an annual stipend of \$3,000 with an additional \$500 for expenses. The Treasurer will serve as a resource to the Committee on Operations ("trustees") and as a liaison between the committee and the Presbytery's accountant. The Treasurer will regularly report to the Presbytery regarding the Presbytery's financial position and resource and support the Presbytery staff regarding the annual operating budget and financial reporting statements. Interested persons should send resume to the Rev. Dr. James Butler, pastor of Lakewood Presbyterian Church, at jbutler@lakewoodpresbyterian.org.

#### Pastoral emergency coverage during our Pastor's Holy Land trip

Our pastor will be leading a tour to the Holy Land countries of Israel and Jordan this month. He will be on Continuing Education Leave from Mon., Feb. 18 through Wed., Feb. 27.

During this time, if you have a pastoral emergency and need the services of a minister, the best thing to do is to call the church office. If you're calling outside of church office hours, follow the phone prompts to reach the pastor's voice message where you'll be given the phone number for the minister-on-call.

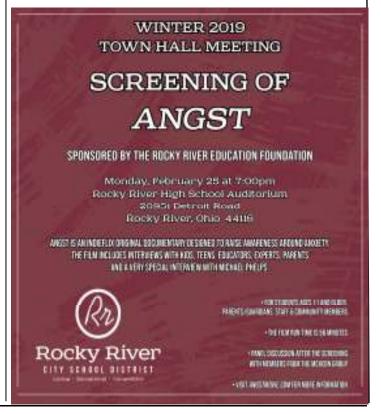
-Karol Hoeffler, Chair, Human Resources Committee

#### RRPC to host "Homeless Jesus" sculpture during February & March

It is impossible not to feel a flood of emotions when seeing the sculpture titled, "Homeless Jesus", the work of world-renowned Canadian sculptor Timothy Schmalz. The sculpture represents Jesus as a homeless person lying on a bench covered by a blanket with wounds in his feet. The thought provoking piece of art is a visual representation of Matthew's words encourage us all to care for the least of our brothers and sisters in need.

Copies of the sculpture have started appearing in cities around the world. Starting February 4 RRPC has accepted the invitation of the Community West Foundation to display "Homeless Jesus" at our church. The thought-provoking sculpture is a powerful visual reminder of what we stand for: "Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me" (Mt. 25:40).

"We want to share this gift with our entire community," said David T. Dombrowiak, President and CEO, Community West Foundation. "The relevance of 'Homeless Jesus' reminds us to show love, care and compassion to our less fortunate neighbors."



#### From Your Pastor

#### Who's essential in the church? That's simple: everyone.

In worship on the day of our 63<sup>rd</sup> Annual Meeting of the Congregation, my sermon concluded with a dramatic reading by a "choir" of speakers. They presented the familiar passage from 1 Corinthians Chapter 12. That's the passage that uses the human body as an analogy for how the Church—the body of Christ—is supposed to function. But they didn't read a version found in any Bible. I had written a paraphrase of the passage because I wanted to try to put Paul's words into a context that we could relate to—describing roles in society and functions in the church that we would be familiar with.

Paul's point in describing the church like a body was to highlight two essential qualities:

- 1. A body is dependent on having diverse parts which perform different roles and fulfill varying functions.
- 2. At the same time, the diverse parts of a body are absolutely interdependent; these diverse members can accomplish so much more when they work together—even with members quite different in form and function from themselves .

Indeed, it very well could be that our nation's Founding Fathers (and Masterful Mothers!) had 1 Corinthians Chapter 12 in mind when, in 1776, they adopted as our nation's motto the Latin phrase "E pluribus unum"—"Out of many, one."

The vitality of our congregation and our ability to fulfill God's vision for us is staked on our willingness to be "the body of Christ." We always need to be ready and willing to come together; we should be eager to share our unique passions, interests, skills and talents. When we do that, society will take notice of the amazing things God is doing in this assembly, this collection of diverse, interdependent people called "Rocky River Presbyterian Church." We don't surrender our individuality—we still have different experiences, different hopes, different opinions, different resources... and yet we delight in coming together, in being together, because we know that it is God who knits us together as various parts of the one living Body of Jesus Christ in the world.

So please keep reading. Unhurriedly. Thoughtfully. Prayerfully. Ask God to gift you with a new idea about how you can strengthen this body of Christ we call "RRPC."

<sup>12</sup> Think of Christ's church like the human body, made up as it is by many parts. Naturally, though it has different parts, those many parts are still one body....

<sup>14</sup> For the church itself is not to be made up of only one kind of person, but many varieties of people.

15-16 If the blue-collar worker were to say, "Because I'm not a business owner, I don't have a place in this church," well, that wouldn't be true—the blue 25-26 It sounds trite, but every single person is -collar worker is still an important part of this church. If the artist were to say, "Because I'm not an attorney, there's no place for me in this church," well, that, too, would not be true—one with artistic sensibilities is as important to this church as a person with a keen legal mind. If the young mother were to say, "Because I've not been part of this church for forty years, I'm not sure how I fit in," then that's a cue to everyone to open their eyes and expand their circle to welcome everyone who feels called to be part of the church.

<sup>17</sup> If everyone in the church were, say, accountants, who would inspire us with gift of music? And if the church was filled only with outgoing salespeople, how would we ever be led to explore the quiet, contemplative inner life of the Spirit?

18 But in reality, God has brought together in the church people displaying a variety of interests and skills, experiences and visions because that's precisely what God wants. God has planted the church right where God wants it for the purpose God intends, blessed and strengthened by diversity: Open to all regardless of age or alma mater, economics or politics, place of origin or orientation, marital status or social status.

<sup>19</sup> In fact, if everyone had to be the same to belong here, that wouldn't be a church—it would be more like a club with members focused largely on their own enjoyment.

<sup>20</sup> As it is—as God intends it—the Spirit brings together many, many kinds of people to become a prayerful, powerful presence in the world: the

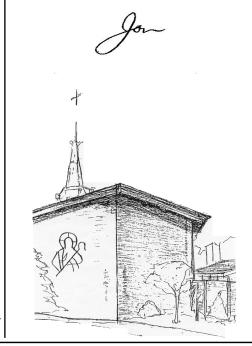
<sup>21</sup> So the retiree cannot say to the high school student, "We don't need you in the church." Nor can the gregarious long-time member say to the shy visitor, "I can't really see what you have to offer our church."

<sup>22-24</sup> On the contrary, we especially need those who bring new ideas, who bring an outsider's perspective, who have the spiritual gift of discernment. They may not always catch our attention, but they should, because God has placed them in our midst for a reason, so we should take extra care to hear what they have to say.

important to the church, and every single person deserves the comfort and support and encouragement of the church. We all suffer if we allow one among us to suffer; ...On the other hand, when we compassionately care for one another, the whole church is strengthened for ministry within our walls and strengthened for mission beyond our walls.

<sup>27</sup> It's this simple: all of you are essential to Christ's church in this place and time; what's more, each of you has an important role to play.

See you in church.



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#### The Pulse

#### February Birthdays

February	1	Amy Solak
		Heath Fredrickson
February	3	Connor Flynn
February	4	Hugo Stickney
February	5	Kathy Hartzell
		Halle (Bishop) Westor
February	7	Michelle Quinones-Davi
		Brendan Mach
February	8	Maeve Costello
February	9	Jan Erml
		Bruce Jakupca
February	11	Emma McGorray
February	12	Emma Russell
		Emma Poole
February	14	John Roth
		Stephen Bohannon
February	15	Ray Variakojis
		John Russell
		Michelle Behar
February	16	Katherine Timmons
		Thomas Krizman
February	17	Trevor Myers
February	19	Greg Ward
		Bob Myers
		Kevin Jakupca
February	22	Marilyn Harris
		Jayne Hoon
		Michael Wilson
February	24	Deborah Radcliffe
February	25	Ian Schulz
February	26	Liam Weston
February	28	Kristen St. Pierre
		Adam Smith

\*\*If your birthday is missing from our birthday list, please contact Office Administrator Crystal Duffield at: <a href="mailto:in-fo@riverpres.org">in-fo@riverpres.org</a> or (440) 333-4888.

#### Offer a helping hand at Coffee Hour

The Deacons' Coffee Hour Committee is currently seeking volunteers to help out the 3<sup>rd</sup> Sunday of the month. We are also in need of substitutes who would be able to fill in occasionally. Contact Deb Furry <a href="debfurry@northerntitle.com">debfurry@northerntitle.com</a> or 440-336-5114 for further information and/or questions.

# "Alternative Christmas" Charity Bazaar: the results are in!

We have BIG, BIG news for our 10<sup>th</sup> Annual Alternative Christmas Charity Bazaar that occurred on Nov. 18, 2018. The numbers are finally in and we have exceeded my wildest expectations with \$11,610 in donations for 2018. This is our best year to date and what a way to celebrate 10 years of the Alternative Christmas Charity Bazaar with the largest gift to date. The checks from the church to all of the charities were sent out before the end of 2018. Thank you, Thank you, Thank you as so many will benefit from your charity.

A special thank you to the ACCB Team: Matt Pedone; Sara Gresh; Libby, Emma, Lisa & Dan Poole; Marge Bodenhamer; Karol Hoeffler; Nancy Buettner; Ann Gilbert; Sue & Cami Krizman; Aileen & Frank Busher; Chuck, Donna, Beth & Luke Erml; Jo Naretto; our Preschool Committee; Jon & Mary Fancher; Sue Hoffner; Ellen & Phil Schickel; Rudy & Bonnie Gulstrand; Susan Flynn; Chuck & Bonnie Erickson; Zach Hoon; Jim & Sarah Doan; Lisa Watts; Beatrix & Melissa Stickney; the High School Fellowship. Extra special thanks to Office Administrator Crystal Duffield for help with catalog lay-out and printing; Beatrix Stickney for her beautiful artwork on the card and catalog; Ann Gilbert for her wonderful gift of music. See you again in November!

Peace, Anne Anderson Busher, ACCB Chair

#### <u>Pastor's sabbatical happens this summer</u> **Remind me... What's a sabbatical?**

A "sabbatical" for a minister is like one for a professor: an extended time away from the demands of regular responsibilities. A sabbatical period is intended as a time for refreshing, recharging, and continuing education. It is not merely an extended vacation, nor is it merely a "reward for past service" but more of an "investment for future service" [in the words of "The Origin and History of Early Sabbatical Leave" by Walter Crosby Eells, Journal of the American Association of University Professors, Autumn 1962]. Many institutions grant sabbaticals every 7 years. Our pastor was given a sabbatical in 2004 after 13 years at RRPC. This summer will be his second sabbatical, coming 15 years after his first one. Jon's sabbatical will run June 10-September 8, 2019.

A sabbatical benefits both the pastor and the congregation. For the pastor, it's a time to step away from the pressure of constantly preparing sermons and newsletters and bulletins, planning worship services, running meetings, supervising employees. This allows the minister a chance to consider the congregation and its needs from a new, unencumbered perspective. It's a time of "spiritual rejuvenation."

A congregation benefits from a pastor's sabbatical in several ways. Granting a pastor a sabbatical reduces the possibility of "clergy burn-out" from the pressure of being on-call "24/7" for high-stress situations. During the sabbatical a congregation often realizes the true scope of its ministry and (re)discovers its giftedness for carrying out that ministry.

# Souper Bowl of Caring Sunday, February 3



Our youth will hold soup pots at church doors on Souper Bowl Sunday, February 3. They will join young people in churches across the country to collect money for those who are hungry and hurting. All of the money collected will be donated to the local missions. None of the money is sent to Souper Bowl headquarters. Organizers only ask that each participant report their collection so national totals can be determined and announced. Since the Souper Bowl of Caring began in 1990, more than \$200 million has gone to help people in need. Please support the youth of our church in this effort to "love our neighbors" by dropping your dollar in the soup pot on February 3. Proceeds will go to the Rocky River Assistance Program.

### Middle School Fellowship Retreat March 2-3 at Camp Aldersgate

Attention all 6<sup>TH</sup>-8<sup>TH</sup> graders: Don't miss out on our annual retreat on March 2-3. We will be travelling to Camp Aldersgate, near Carrollton. Cost for the retreat is \$40 and includes lodging and meals at the camp. Scholarships are available based on need-please see Lisa Watts for more information. This promises to be a great weekend-you don't want to miss this one! Registration forms are available in the Christian Education office.

# Registration now open for 2019 Presbyterian Youth Triennium

Coming next July 16-20, 2019 PYT will be a gathering for high school age youth that occurs every three years and is held on the campus of Purdue University. "Triennium" is five days of conversation, recreation, worship and fun with thousands of other youth from around the country. It truly is a life-changing experience and is open to all youth who have completed 9<sup>th</sup>-12 grades. Cost for the event is \$555, but our youth groups will be hosting several fund-raisers to help defray that cost. For more information, see Lisa Watts or contact our presbytery registrar, Bette Case at bbtcase@aol.com or 440-390-2502.

Want more information? Check out the PYT website at <a href="https://www.presbyterianyouthtriennium.org">www.presbyterianyouthtriennium.org</a> and be sure to "like" the Facebook page, "PresWesRes Presbyterian Youth Triennium Delegation."

#### RRP Preschool news

#### You can get FREE MONEY for RRPC!

If you ever shop on Amazon, you can generate free money for our church to underwrite our preschool! If you already have an Amazon.com account, you can click on the link below and it will direct you to our site for "Rocky River Presbyterian Church." Each time you shop on Amazon, 0.5% will be donated to our church! Doesn't cost you a thing... and it's **free money** for our church's preschool program!

https://smile.amazon.com/ch/34-0895882

After you have registered your Amazon account, all you have to do is sign into **smile.amazon.com** and your donation will be automatic with every purchase.

Thank you for your support of RRP Preschool!

—Ellen Schickel & Lindsey Glavin, Co-Chairs, Session's Preschool Committee





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#### Semi-Circle

Semi-Circle will meet on **Monday, February 11<sup>th</sup>** at **12:00 p.m.** in the West Room. If you have questions you may contact Carolyn Watilo 440-799-4779 or Nancy McGillicuddy 440-724-1738. Newcomers are always welcome!

#### Priscilla Circle

Priscilla Circle will meet on **Thursday**, **February 21**<sup>st</sup> at 7:00 p.m. in the West Room. All are welcome! If you have any questions you may contact Gretchen Koch or Sara Gresh.

#### Expressions of Faith

Our group will meet **Tuesdays**, **February 12**<sup>th</sup> and the **26**<sup>th</sup> at 9:30 a.m. in Room D-3,4. We welcome anyone who knits or just enjoys a cup of coffee with friends. For more information contact Mary Murphy (440-785-8614).

#### Women of Grace

Are you looking for a chance to get together with other women for Bible study, fellowship, and mission? Then please join us, we will meet on **Tuesday, February 26<sup>th</sup>** at 7:00 p.m. in D-3,4. Our Bible study this year is titled "Unafraid" by Adam Hamilton. If you have any questions you may contact Lisa Watts.



# How does the church know you're hospitalized? A relative or friend tells us.

Due to privacy laws regarding medical information, the church is not always aware when someone is in need of pastoral care. Please share joys, concerns and sorrows by speaking with the pastor or by calling or messaging the church office.

#### Pick one program, or all of them!

# Usher at an Artist Concert Series program this year

Now that you've seen the spectacular series that ACS has in store for the 2018-2019 season, plan now to volunteer as an usher at one of this season's



programs. You don't need a "red coat" like at Playhouse Square! All you need to do is arrive 30 minutes beforehand. Your duties include welcoming guests, handing them programs, directing them to restrooms or drinking fountains, and passing an offering plate at intermission.

To volunteer, contact ACS Artistic Director, Nancy McGillicuddy at ncmack@hotmail.com, or the Church Office.

#### **Church Directory Updates**

If you didn't get a church directory update last Sunday at the annual meeting, they will be available after worship on Sunday, February 3rd, in the lobby. After that, you can get an update during the week by stopping in at the church office."

-- E&M Committee



#### Finding out if church is cancelled

#### "So THAT'S how it works!"

It hadn't happened in probably a dozen years, but on Sun., Jan. 20<sup>th</sup> we decided to cancel all church activities because of the winter weather.

How did you find out?

- Did you just come to the church? Four people did!
- Did you check our Facebook page? The closing was listed there.
- Did you check our website? Actually, it *wasn't* posted there, but it <u>will</u> be if it happens again.
- Did you check the *iAlert* system? The message ran on Channel 3 WKYC and the station's website. (Our weekday preschool has its own <u>separate</u> listing on *iAlert*, so pay attention to whether the notification is for the <u>church</u> or the <u>preschool</u>.)

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#### The Pulse



#### FEBRUARY 2019 LIBRARY LINGO

Mary Schulz, Librarian

<u>DISPLAYS:</u>
New books
Valentine's Day books
Black History Month books



#### NEW ITEMS FOR ADULTS:

#### Nonfiction:

**Don't Sweat the Small Stuff with Your Family: Simple Ways to Keep Daily Responsibilities and Household Chaos from Taking Over Your Life**158.1 CAR

In this book, we see how not to let small annoyances in our home lives get us down. From defusing kids who are whining or fighting, to working out issues with a spouse, to reducing the hassles over household chores, the author shows us ways to make our relationships at home more peaceful and loving.

#### **God's Treasury of Virtues: An Inspirational Collection of Stories, Quotes, Hymns,** 241.4 GOD **Scriptures and Poems**

Life-grounding family values can be successfully built only on a solid foundation of vibrant personal virtues. The Bible lists 9 key godly virtues: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Cultivating these will help genuine family values blossom.

#### A Cup of Comfort for Christians: Inspirational Stories of Faith 242.22 BEL

Jesus speaks clearly for the more than fifty Christians from all walks of life who gather in this special book. As each of the ordinary folks who contributed stories to this special volume knows, God invariably unfolds beauty from ashes, making His presence known in unexpected ways.

#### 801 Ouestions Kids Ask about God with Answers from the Bible 248.8 801

Kids ask the most amazing questions about God: "Do we still have to thank God if we don't like the food?" "How does God get the money that I give to him?" No need to be caught off guard by challenging questions like these. Arm yourself with answers your kids need before they grow up!

#### Parenting with Fire: Lighting Up the Family with Passion and Inspiration 296.7 BOT

Everywhere you go, you see unruly, unhappy kids- or lifeless, listless teenagers. They prefer friends to family, video games to books, and headphones to conversations. Rabbi Shmuley says the missing ingredient is inspiration: giving your children the example, incentive, and tools to make something of themselves.

#### Taking the Stress Out of Raising Great Kids

649.1 FAY

In a collection of articles, two parenting experts offer their view of the world of raising and developing responsible kids who are endowed with the character to become our future leaders.

#### Raising Happy Kids: Over 100 Tips for Parents and Teachers

649.1 HAR

We all want to help our children grow up feeling secure and at ease with who they are, enabling them to take pride in, and eventually take care of, themselves. Hundreds of practical tips are offered to: create a climate to develop a sense of well-being and independence; praise children in meaningful ways to build self-esteem; present decision-making opportunities so children see themselves as responsible; discipline children in a proportionate and consistent manner.

#### HAPPY READING AND VIEWING!!

(All descriptions have been taken from book jacket, title page verso, or review article)

#### **Healthy Happenings**

#### ... Notes from the Parish Nurse

Dear Friends and Family,

It's already February but don't lose hope because we still have the opportunity for a fresh start in 2019. For many people, this means leading a healthier lifestyle and losing weight. If this is your goal, follow these tips to stay on track.

#### 1. Find Your Motivation

What is motivating you to lose weight? Do you want to look better in your clothes, feel more energetic, or simply improve your health? Be clear about what you want, then use that to inspire you throughout your journey.

#### 2. Have a Plan

If you were to go on a long road trip, you wouldn't just jump in the car and go. If you did, you'd arrive hungry and tired. That's the same way you'd feel if you jumped into a whole new lifestyle with no planning. Before you make any changes, outline the changes you want to implement and decide how you'll fit them into your schedule. Keep in mind that it may be best to take steps rather than tackle everything at once.

#### 3. Make Goals

Goals help measure progress. If you don't know where you want to end up, you won't really know how to get there. When making your goals, you need to make SMART goals: Specific; Measurable; Attainable; Realistic and Timely. For example, a SMART goal would be something like, "I will walk for 15 minutes 3 days for one week." Or, "I will prepare one new healthy recipe each week for the month of February."

#### 4. Track What You Eat

Looking closely at what you eat is often an eye-opening experience. Use FitDay's free online Calorie Counter and Fitness Log to keep track of everything you put into your body. You don't have to do it for the rest of your life but it is a great habit to start. Tracking will help you tweak your diet so that you can still enjoy foods you love without sabotaging your weight loss or healthy eating efforts.

#### 5. Use Reliable Resources

It may be tempting to try a fad diet, but these are usually unrealistic, difficult to maintain, and sometimes even dangerous. Instead, find a reliable source of information to help you understand nutrition. The USDA offers a number of tools and resources, or you can consult a registered dietitian (RD) in your area. An RD can give you tips and tricks to help you achieve your specific goals.

#### 6. Eat Breakfast Every Day

Surely, you've heard that breakfast is the most important meal of the day. It is! Eat a big healthy breakfast as early as possible. It will give you more energy, lead you to make healthier choices during the day, and keep you feeling full, so you eat less later.

#### 7. Fill Up on Vegetables

Vegetables are filled with nutrients, water, fiber, and very few calories. If you fill half of your plate with vegetables, you'll get fuller faster and cut down your calories without feeling deprived. Use herbs and spices to jazz up vegetables instead of using butter and/or salt to flavor them.

#### 8. Exercise

In order to burn calories at a faster rate and build a healthy body, you'll need to incorporate exercise into your life. Take it slow at first, and then increase your time and/or intensity once you feel comfortable. If you haven't exercised in a while, talk to your doctor to make sure that you are healthy enough to begin an exercise plan.

#### 9. Take It Slow

A major mistake many people make when trying to tackle a health resolution is trying to do everything at once. This is almost always a recipe for disaster. Spend a few weeks just trying to achieve 1-2 goals at a time. When you have established new good habits, put a couple more goals on your plate. Remember: You want to make permanent changes, and these will take time to implement.

#### 10. Be Prepared for Lapses

A lapse is when you temporarily "fall off the wagon." This is a normal part of the process; no one is perfect. It is important for you to take a moment to recognize that you got sidetracked, but don't use it as an excuse to throw in the towel. Every day is a new chance to start over, so return to your healthy lifestyle immediately

Catherine A. Patton RN, BSN 440-333-4888 ext: 105 Parishnurse@riverpres.org

#### **RRPC Member Spotlight**

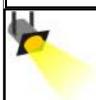
Each month our church randomly puts the spotlight on four members whose birthdays occur during that month. You can see two of them at a time in the box-frames on church lobby wall, and all four here in the Pulse. Please make a point of greeting these people and wishing them a happy birthday!



#### Greg Ward

- Profession
   Commercial Real Estate Finance
- 2. Hobbies / Interests
  Running, fishing, hiking, coaching youth sports, and live
  music
- 3. Favorite trip you've taken, or where you'd like to go
  Return trips to Savannah, New Orleans or Maine
- 4. Why do you worship here at RRPC?

I love the community and collaborative opportunities to Serve Others and Praise God. The Friday Morning Men's Group and advising youth fellowship have been formative in my faith journey.



#### Kristen St. Pierre

- Profession
   Educational Aide Rocky River City Schools
   (Preschool)
- Hobbies / Interests
   Time with family, reading, traveling, cooking, walking/ exercise
- 3. Favorite trip you've taken, or where you'd like to go Italy, Turks and Caicos, and Whitefish, Montana
- 4. Why do you worship here at RRPC?

Many reasons! It feels like a family at RRPC; we raised our children in this church; I always have a better week after spending Sunday morning here; it is easy to get involved and feel like you are making a difference!

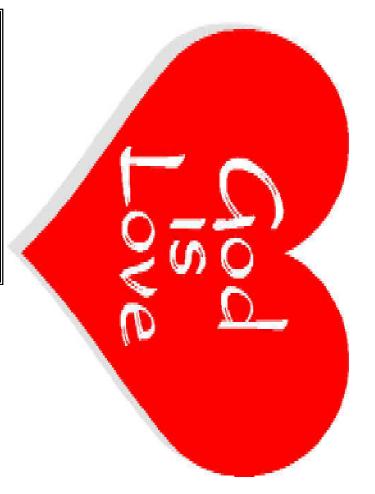


# February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					I 7:00 a.m. Friday morning Men's Group (RR Starbuck's) 7:30 p.m. ACS Presents BlueWater Chamber Orch.	7:00 p.m. AA Altered Attitudes
3 Communion/Food Sunday	4	5	6	7	000	9
Souper Bowl of Caring 9:00 a.m. Adult Education 10:30 a.m. Worship / KISS / Nursery 11:35 a.m. Time of Fellowship 11:35 a.m. Mission Committee Mtg. 11:40 a.m. Children's & Youth Choirs 3:00 p.m. Pre-concert lecture AP 4:00 p.m. Apollo's Fire Concert	5:30 p.m. Worship Committee 7:00 p.m. Women's AA Mtg.	8:30 a.m. Three Arts Club of Lakewood Mtg. 5:30 p.m. Worship Committee 7:30 p.m. Alanon/Alateen Mtg.	6:15 p.m. Chancel Bell Choir 7:30 p.m. Chancel Choir 7:30 p.m. Men's AA Mtg.		7:00 a.m. Friday morning Men's Group (RR Starbuck's)	9:00 a.m. Private Party Fellowship Hall 7:00 p.m. AA Altered Attitudes
10	II	12	13	14 Valentine's Day	15	16
10:30 a.m. Worship / Nursery 11:35 a.m. Time of Fellowship 11:35 a.m. Evang. & Membership Mtg. 11:40 a.m. Children's & Youth Choirs 7:00 p.m. Middle/High School Mtg.	7:00 p.m. Christian Ed. Mtg. 7:00 p.m. Deacons Mtg. 7:00 p.m. Women's AA Mtg.	9:30 a.m. Preschool Committee 11:30 a.m. HR Committee Mtg. 7:30 p.m. Alanon/Alateen Mtg.	6:15 p.m. Chancel Bell Choir 7:30 p.m. Chancel Choir 7:30 p.m. Chancel Choir 7:30 p.m. Men's AA Mtg.	8:30 a.m. Senior Men's Bible Study & Breakfast	Men's Group (RR Starbuck's)	Attitudes
17	18 President's Day	19	20	21	22	23
9:00 a.m. Adult Education 10:30 a.m. Worship / Nursery	(church office closed) 7:00 p.m. Women's AA Mta.	7:30 p.m. Alanon/Alateen Mtg.	RRPPreschool	Picture Days	7:00 a.m. Friday morning Men's Group (RR Starbuck's)	10:00 a.m. PW Book Discussion
11.35 a.m. Time of Fellowship 11.40 a.m. Children's & Youth Choirs 11.45 a.m. Session Mtg. 7:00 p.m. Middle/High School Mtg.	A Mily		6:15 p.m. Chancel Bell Choir 7:30 p.m. Chancel Choir 7:30 p.m. Men's AA Mtg.	5:30 p.m. Preschool Movie & Pizza Night 7:00 p.m. PW Priscilla Circle	3:00 p.m. Early Childhood  PTA "Winter Wiggles"  BlueWater Chamber Orch	7:00 p.m. AA Altered Attitudes
24 9:00 a.m. Adult Education 10:30 a.m. Worship / Nursery 11:35 a.m. Time of Fellowship 11:40 a.m. Children's & Youth Choirs 2:00 p.m. Private Party-Fellowship H. 7:00 p.m. Middle/High School Mtg.	25 7:00 p.m. Women's AA Mtg.	<ul> <li>26</li> <li>9:00 a.m. PWR Professional</li> <li>Development Day</li> <li>9:30 a.m. Expressions of Faith</li> <li>7:00 p.m. PW Women of Grace</li> <li>7:30 p.m. Alanon/Alateen Mtg.</li> </ul>	27 10:00 a.m. RRPC Staff Mtg. 6:15 p.m. Chancel Bell Choir 7:30 p.m. Chancel Choir 7:30 p.m. Men's AA Mtg.	28 8:30 a.m. Senior Men's Bible Study & Breakfast		

# "The Pulse"

the monthly newsletter of Rocky River Presbyterian Church February 2019



Please refer to the website calendar for any updates which may post after the published Pulse date. Thank you.

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