



*You're Someone Special*

**Over \$150  
in Savings!**

**Offers Good  
April 28 to May 11, 2021**

## *Salmon Nitsuke*

pg. 42



[www.ktasuperstores.com](http://www.ktasuperstores.com)

**Pork Meatball & Tofu Soup** pg. 14

**Okinawan Sweet Potato Ohagi** pg. 38

## Pork Meatball & Tofu Soup

pg. 14



## Sanford Toma

**KTA Puainako Store Director**

Aloha KTA 'ohana! Lei Day festivities this year may look different from other years due to COVID-19, but you can still celebrate with your 'ohana at home by creating your own traditions.

For the keiki, use colored paper or felt to create a lei. Cut a length of string for your lei and make a large knot at one end. Using felt, craft foam or paper, draw and cut 16 (or more!) flowers and leaves, and punch a hole in the center of each. Then cut drinking straws into 1-inch-long pieces. String 1 straw, 1 flower and 1 leaf together, repeat and then tie a knot at the end. Make matching bracelets to complete the outfit!

You can also learn an easy hula dance as a family (ask an aunty on Zoom or watch on YouTube). Use the crockpot to create an easy kalua pork dish—sprinkle Hawaiian salt and a few spoonfuls of liquid smoke over pork butt and cook at low heat for 10 hours. Shred and serve with poke, lomi lomi salmon and poi for a Hawaiian feast!

Share how you celebrate Lei Day this year with us on Facebook, Twitter and Instagram. You're someone special every day at KTA since 1916.

## Okinawan Sweet Potato Ohagi

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## Salmon Nitsuke

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## Coupons

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## Featured Chef

### Grant Sato



Chef Grant Sato has been teaching Culinary Arts at Kapiolani Community College since 1998. Specializing in Japanese, Thai and Korean cuisine, Chef Sato was the International winner of the 2015 Global Taste of Korea Competition. Chef Sato was also the Host and Co-Executive Producer of the local TV show, What's Cooking Hawai'i.



Sign up to receive our Coupon Book with Quick & 'Ono recipes and \$150 in savings at [ktasuperstores.com/stay-in-touch](https://ktasuperstores.com/stay-in-touch) or scan the code!

The recipes within are provided as suggestions only as part of our service to customers and are intended for use by persons having appropriate technical skill, at their own discretion and risk. KTA Super Stores cannot guarantee that favorable results will be obtained from their use, and assumes no obligation or liability and makes no warranties with respect to these recipes.

Tuna in Vegetable Oil or Water

# Bumble Bee Solid White Albacore

5 oz.

**1<sup>88</sup>**  
ea.



# Wild Alaska Bumble Bee Pink Salmon

14.75 oz.

**3<sup>69</sup>**



# Original Chunky Style Ox & Palm Corned Beef

11.5 oz.

**3<sup>99</sup>**  
ea.



# With Juices Pacific Corned Beef

11.5 oz.

**4<sup>99</sup>**  
ea.



# 100% Natural Hunt's Tomato Puree

10.5 oz.

**1<sup>29</sup>**  
ea.



# Original or Thick & Chunky Hunt's Manwich Sloppy Joe Sauce

15 to 15.5 oz.

**1<sup>59</sup>**  
ea.



# Roasted Garlic or Basil, Garlic & Oregano Hunt's Tomato Sauce

8 oz.

**5<sup>f</sup><sub>o</sub><sup>r</sup>\$4**



# Regular or with Garlic Hunt's Diced Fire Roasted Tomatoes

14.5 oz.

**2<sup>f</sup><sub>o</sub><sup>r</sup>\$3**





In Vegetable Oil or Water

# Coral Chunk Light Tuna

5 oz.

**4<sup>f</sup><sub>r</sub>\$4** ea. set



Without coupon 4 for 5.00, limit 2 sets per coupon  
Coupon price good on set purchase only.



1302-100



Good April 28 to May 11, 2021

Original, Super Chunky or 25% Less Sodium

# Hereford Corned Beef

12 oz.

**2<sup>f</sup><sub>r</sub>\$6** ea. set



Without coupon 2 for 6.50, limit 5 sets per coupon  
Coupon price good on set purchase only.



1330-50



Good April 28 to May 11, 2021

In Tomato Sauce

# Van Camp's Pork and Beans

8 cans - 15 oz.

**7<sup>99</sup>** ea.



Without coupon 8.99, limit 4 per coupon



1311-100



Good April 28 to May 11, 2021

100% Natural

# Hunt's Original Tomato Sauce

8 oz.

**69¢** ea.



Without coupon 79¢, limit 8 per coupon



1312-10



Good April 28 to May 11, 2021



Savor the taste of premium ingredients so full of flavor there's no room for added sugar or preservatives.



[www.barilla.com](http://www.barilla.com)

Excellent source of fiber!

**Barilla  
Whole Grain  
Pasta**

16 oz.

**2<sup>f</sup>  
o  
r** \$3



Plant-Based Protein

**Barilla  
Legume  
Pasta**

8.8 oz.

**2<sup>29</sup>**  
ea.



Made with corn & rice!

**Barilla  
Gluten Free  
Pasta**

12 oz.

**2<sup>37</sup>**  
ea.



Rustic Basil or Creamy Genovese

**Barilla  
Pesto  
Sauce**

6.2 to 6.5 oz.

**2<sup>97</sup>**  
ea.





Barilla sauces are made with 100% extra virgin olive oil and so flavorful it's easy to prepare a delicious meal you can feel good about.



Regional Collection

**Barilla Pasta Sauce**

24 oz.

**2<sup>f</sup><sub>o</sub>\$4<sup>r</sup>** ea. set



Without coupon 2 for 5.00, limit 4 sets per coupon  
Coupon price good on set purchase only.



1303-100



Good April 28 to May 11, 2021

**Barilla Pasta**

Linguine, Spaghetti, Cellentani, Farfalle, Penne Rigati, Fettuccine, Campanelle, Angel Hair, Large Shells, Elbows 16 oz. or Tri-Color Rotini 12 oz.

**4<sup>f</sup><sub>o</sub>\$5<sup>r</sup>** ea. set



Without coupon 4 for 6.00, limit 2 sets per coupon  
Coupon price good on set purchase only.



1304-100



Good April 28 to May 11, 2021

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Regular, Lightly Salted or Unsalted

# Planters Mixed Nuts

10.3 oz.

# 4<sup>59</sup>

ea.



# Planters Regular or Lightly Salted Cashews Halves & Pieces

8 oz.

# 5<sup>19</sup>

ea.



# Salsa Picante Tapatio Hot Sauce

5 oz.

# 89¢



# Sliced Embasa Nacho Jalapeños

11 oz.

# 2<sup>29</sup>



# Chopped or Sliced Bell's Ripe Olives

2.25 to 4.25 oz.

# 2<sup>f</sup> o r

# \$3



# Assorted Lindsay Snack & Go! Olives

4.8 to 5.6 oz.

# 3<sup>69</sup>

ea.



# Marinade & Grilling Kona Coast Teriyaki Sauce

15 oz.

# 3<sup>19</sup>

ea.



# Whole or Strips Mezzetta Roasted Red Bell Peppers

16 oz.

# 2<sup>99</sup>

ea.





Original or Fat Free  
**Taco Bell**  
**Refried Beans**  
16 oz.

**1.19**  
ea.

Without coupon 1.39, limit 5 per coupon



1371-20



Good April 28 to May 11, 2021

Original  
**Los Pericos**  
**Tostadas**  
10 count

**1.19**  
ea.

Without coupon 1.39, limit 3 per coupon



1345-20



Good April 28 to May 11, 2021

California Black Ripe Pitted  
**Lindsay**  
**Large Olives**  
6 oz.

**1.59**  
ea.

Without coupon 1.79, limit 5 per coupon



1326-20



Good April 28 to May 11, 2021

**Mezzetta Peppers,**  
**Peperoncini or**  
**Vegetables** 16 oz.  
*Excludes Deli-Sliced*

**2.19**  
ea.

Without coupon 2.49, limit 5 per coupon



1329-30



Good April 28 to May 11, 2021



- ♥ Gluten free
- ♥ Grown, cooked and canned in the USA
- ♥ Excellent source of fiber



Pinto beans are plump, firm and ready to be added to chili, soup, salads and Mexican-inspired meals.



Kidney beans are a powerhouse of versatility that holds up to whatever you have cooking.



From taco night to soup suppers, there's nothing our Black beans can't help with.



Sprinkle garbanzos in a salad, blend them into a hummus or toast them for a crunchy snack.

**FAMILY-OWNED & QUALITY-OBSSESSED SINCE 1908**

Black or Pinto  
**Bush's Best Beans**  
 39 to 41 oz.

**2 for \$5**

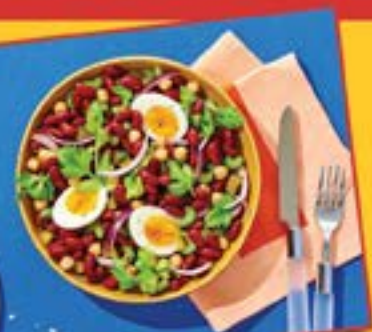


High in fiber!  
**Bush's Best Baked Beans**  
 28 oz.

**2 for \$5.99** ea.



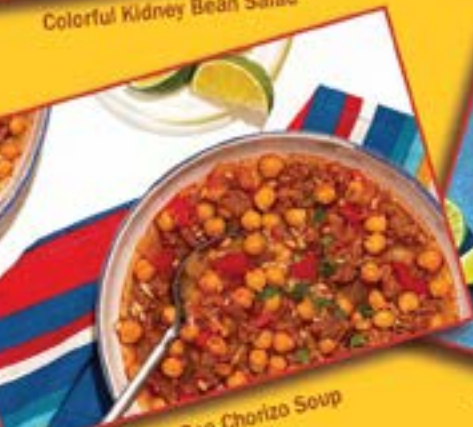
Now available in an organic option, making these feel-good beans feel even better!



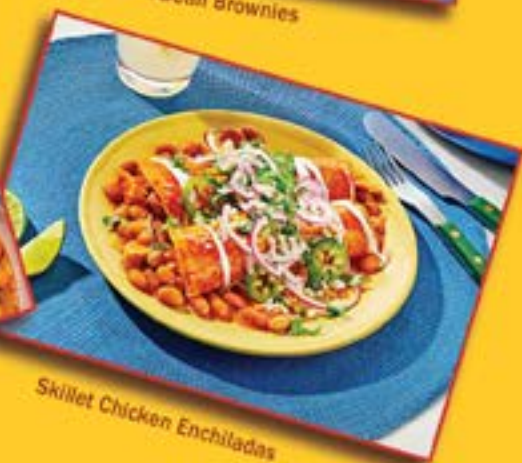
Colorful Kidney Bean Salad



Black Bean Brownies



Chick Pea Chorizo Soup



Skillet Chicken Enchiladas

Find these recipes at [www.bushbeans.com](http://www.bushbeans.com)



Black, Kidney, Pinto or Garbanzo

## Bush's Best Organic Beans

15 oz.

**4** for **\$5** ea. set



1325-100



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Real or Light  
**Best Foods  
Mayonnaise**  
20 oz.

**4<sup>99</sup>**  
ea.



Plant Based  
**Best Foods  
Vegan Dressing  
& Spread**  
24 oz.

**6<sup>49</sup>**



100% Natural  
**Heinz  
Yellow  
Mustard**  
8 oz.

**1<sup>39</sup>**



Add to tuna!  
**Heinz  
Sweet  
Relish**  
12.7 oz.

**2<sup>19</sup>**



Spears  
**Vlasic  
Kosher  
Dill Pickles**  
24 oz.

**2<sup>99</sup>**



Kosher Dill or Bread & Butter  
**Vlasic  
Stackers  
Pickles**  
24 oz.

**3<sup>29</sup>**  
ea.



Salad Dressing & Recipe or Dips  
**Hidden Valley  
Original  
Ranch Mix**  
1 oz.

**1<sup>79</sup>**  
ea.



Seasoning & Salad Dressing  
**Hidden Valley  
Original  
Ranch Mix**  
8 oz. canister

**8<sup>99</sup>**





Real or Light  
**Best Foods  
Mayonnaise**

30 oz.

**4<sup>69</sup>**  
ea.

Without coupon 5.99, limit 5 per coupon



1327-130



Good April 28 to May 11, 2021

Grown Not Made  
**Heinz Tomato  
Ketchup**

20 oz. squeeze

**1<sup>99</sup>**  
ea.

Without coupon 2.39, limit 5 per coupon



1317-40



Good April 28 to May 11, 2021

Drizzle over salad!  
**Wish-Bone  
Dressing**

15 oz.

**2<sup>f</sup><sub>o</sub>\$5<sup>r</sup>**  
ea. set

Without coupon 2 for 6.00, limit 3 sets per coupon  
Coupon price good on set purchase only.



1314-100



Good April 28 to May 11, 2021

Original or Buttermilk  
**Hidden Valley  
Ranch Dressing**

16 oz.

**3<sup>79</sup>**  
ea.

Without coupon 3.99, limit 5 per coupon



1323-20



Good April 28 to May 11, 2021

# Pork Meatball & Tofu Soup

Created by Chef Grant Sato



Visit [ktasuperstores.com/recipes](https://ktasuperstores.com/recipes) or scan the code for recipe videos and more!

All Natural Salt, Organic Pepper or Garlic  
**Drogheria &  
Alimentari  
Grinders**

.72 to 3.18 oz.

**2<sup>29</sup>**  
ea.



With Parsley  
**Lawry's  
Garlic  
Salt**

11 oz.

**3<sup>49</sup>**



**14** Unless otherwise stated, we reserve the right to limit sale items to 5 units per customer. Prices are subject to a 4.7120% excise tax. Applicable beverage are subject to HI State Beverage fee & deposit. Not all products may be available at KTA Downtown, Waikoloa Village or KTA Express.

## Pork Meatball & Tofu Soup

½ lb. ground pork

1 tbsp. garlic, chopped

1 tbsp. cilantro, minced, including stems and roots

2 tbsp. green onions, chopped

1 tbsp. fish sauce

1 tsp. ground black pepper [pg.14](#)

6 cups chicken stock [pg.15](#)

2 napa cabbage leaves, cut into 1" squares

1 block soft tofu, cut into 1" squares

Place the ground pork, garlic, cilantro, green onions, fish sauce and black pepper into a bowl and mix well until a sticky mixture is formed. Divide the mixture into 12 portions and roll each portion into a small ball.

Place the chicken stock in a medium sized pot, bring to a quick boil. Once boiling, add in the pork meatballs, napa cabbage and tofu. Simmer for 5 minutes or until the meatballs start to float. Taste the broth, if it needs seasoning, you can add salt to taste.

*Chef's Note: You can substitute ground chicken, ground beef or raw fish cake to replace the pork if you wish. A great addition to this recipe is some dried rice noodle as it will absorb the flavorful broth.*

### Servings:

Serves 4

### Total Time:

25 minutes

### Pair With:

Decoy or Matua Sauvignon Blanc [pg.62](#)

Beef, Chicken or Vegetable

## Kitchen Basics Stock for Cooking

32 oz.

**247**  
ea.

Without coupon 2.77, limit 8 per coupon



1306-30



Good April 28 to May 11, 2021

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Marinated  
**Cara Mia  
Artichoke  
Hearts**

6.5 oz.

**179**  
ea.



Imported  
**Star Capers 4 oz.  
or Cocktail  
Onions**

7 oz.  
**169**  
ea.



With Nata de Coco  
**Mogu Mogu  
Flavored  
Drinks**

320 ml.

**4<sup>f</sup><sub>o</sub>\$5<sub>r</sub>**



100% All Natural  
**Alō  
Aloe Vera  
Pulp & Juice**

16.9 oz.

**2<sup>f</sup><sub>o</sub>\$4<sub>r</sub>**



**Tum-e Yummies  
Powerade  
Sports Drinks**

10.1 oz. or

20 to 28 oz.

**4<sup>f</sup><sub>o</sub>\$5<sub>r</sub>**



**Glacéau Smartwater  
BodyArmor  
Super Drink**

1 liter or

28 oz.

**2<sup>f</sup><sub>o</sub>\$4<sub>r</sub>**



Concord Grape  
**Field Day  
Organic  
Juice**

32 oz.

**4<sup>99</sup>**



Organic  
**Field Day  
Tart Cherry  
Juice**

32 oz.

**7<sup>99</sup>**





**Star Olive Oil** Original,  
Extra Virgin, Light 16.9 oz.  
or **Grapeseed Oil**

33.8 oz.

**5<sup>99</sup>**  
ea.

Without coupon 6.99, limit 5 per coupon



1324-100



Good April 28 to May 11, 2021

Refreshing!  
**Aloha Wai**  
**Hawaiian Water**

1.5 liters

**1<sup>19</sup>**  
ea.

Without coupon 1.39, limit 5 per coupon



1332-20



Good April 28 to May 11, 2021

Flavored  
**AHA Sparkling**  
**Water**

8 cans - 12 oz.

**4<sup>99</sup>**  
ea.

Without coupon 5.29, limit 6 per coupon



1331-30



Good April 28 to May 11, 2021

Original, Lemon or Lime Flavored  
**Field Day**  
**Sparkling Water**

33.8 oz.

**1<sup>19</sup>**  
ea.

Without coupon 1.39, limit 6 per coupon



1337-20



Good April 28 to May 11, 2021

Café Style Beverage Mix

**Maxwell House International**  
4 to 9.3 oz.

**2<sup>29</sup>**  
ea.



Traditional  
**Yuban Decaf Coffee**  
Ground 11 oz.

**3<sup>19</sup>**



No Sugar Added  
**Swiss Miss Hot Cocoa Mix**  
8 count

**2<sup>69</sup>**  
ea.



Marshmallow Super Value Pack  
**Swiss Miss Hot Cocoa Mix**  
41.4 oz., 30 ct.

**7<sup>19</sup>**



Magnificent  
**Lipton Matcha Green Tea**  
15 bags

**3<sup>29</sup>**  
ea.



Tastes great hot or cold!  
**Lipton Organic Black Tea**  
72 bags

**4<sup>29</sup>**



Coffee & Milk Beverage  
**Dunkin' Donuts Iced Coffee**  
13.7 oz.

**2<sup>19</sup>**  
ea.



Assorted Soda  
**Coca-Cola, Dr. Pepper or Sprite**  
6 btl. - 16.9 oz.

**5<sup>49</sup>**  
ea.



Traditional or Dark Roast  
**Yuban Ground  
Coffee**

25.3 to 31 oz.

**5<sup>99</sup>**  
ea.

Without coupon 6.19, limit 3 per coupon



1370-20



Good April 28 to May 11, 2021

Milk Chocolate, Marshmallow, Dark Chocolate or Variety Pack

**Swiss Miss  
Hot Cocoa Mix**

8 count

**2<sup>29</sup>**  
ea.

Without coupon 2.49, limit 5 per coupon



1372-20



Good April 28 to May 11, 2021

100% Natural

**Lipton  
Green Tea**

20 bags

**2<sup>19</sup>**  
ea.

Without coupon 2.39, limit 3 per coupon



1343-20



Good April 28 to May 11, 2021

Soda savings!

**Coca-Cola, Sprite  
or Dr. Pepper**

24 cans - 12 oz.

**12<sup>39</sup>**  
ea.

Without coupon 12.89, limit 2 per coupon



1369-50



Good April 28 to May 11, 2021

Natural Flavored  
**Hawaiian Sun  
Pancake  
Mix**

6 oz.

**2<sup>69</sup>**  
ea.



Tropical Fruit Flavored  
**Hawaiian Sun  
Premium  
Syrup**

12.5 oz.

**6<sup>99</sup>**  
ea.



Liquid Drink Mix  
**Crystal Light,  
Tang, MiO or  
Kool-Aid**

1.62 oz.

**2<sup>f</sup>  
o  
r \$7**



Flavored  
**Kool-Aid  
or Tang  
Drink Mix**

19 to 20 oz.

**3<sup>99</sup>**  
ea.



100% or Ruby Red  
**Ocean Spray  
Grapefruit  
Juice**

60 to 64 oz.

**4<sup>99</sup>**  
ea.



No Sugar Added  
**Ocean Spray  
100% Cranberry  
Juice**

3 liters

**7<sup>99</sup>**



All Natural  
**Stash  
Organics  
Tea**

18 bags

**3<sup>59</sup>**  
ea.



The Original  
**Oregon Chai  
Organic Chai  
Tea Latte**

Concentrate 32 oz.

**5<sup>19</sup>**





Fruit or Tea  
**Hawaiian Sun  
Natural Drinks**

6 cans - 11.5 oz.

**2<sup>99</sup>**  
ea.

Without coupon 3.49, limit 12 (3 cases) per coupon



1310-50



Good April 28 to May 11, 2021

Regular, Sour or Zero Sugar  
**Kool-Aid Jammers  
Flavored Drinks**

10 pouches

**2<sup>f</sup><sub>o</sub>\$4<sup>r</sup>** ea. set

Without coupon 2 for 4.50, limit 4 sets per coupon  
Coupon price good on set purchase only.



1318-50



Good April 28 to May 11, 2021

Cranberry or Blends  
**Ocean Spray  
Juice Drinks**

64 oz.

**4<sup>99</sup>**  
ea.

Without coupon 5.29, limit 3 per coupon



1338-30



Good April 28 to May 11, 2021

Original or Vanilla  
**Pacific Foods Organic  
Almond Beverage**

32 oz.

**3<sup>19</sup>**  
ea.

Without coupon 3.39, limit 5 per coupon



1344-20



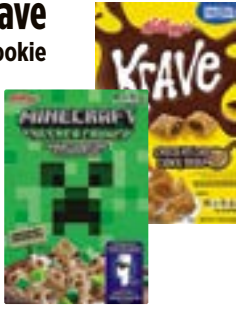
Good April 28 to May 11, 2021

## Kellogg's Krave

Chocolate Chip Cookie  
Dough 11 oz. or

**Minecraft**  
Cereal 8.7 oz.

**3<sup>89</sup>**  
ea.



Rice, Cocoa or Cookies & Creme

**Kellogg's**  
**Krispies**  
Cereal

12 to 15.5 oz.

**3<sup>99</sup>**  
ea.



## Kashi Cereal

GO Original, Honey Almond  
Flax Crunch, Toasted Berry  
Crisp, Organic Honey  
Toasted Oat or  
Blueberry Clusters  
12 to 14 oz.

**4<sup>49</sup>**  
ea.



Cinnamon Vanilla or Dark Cocoa

**Kashi Go Keto**  
**Friendly**  
Cereal

7 oz.

**4<sup>88</sup>**  
ea.



Regular, Berry Berry or Honey

**General**  
**Mills Kix**  
Cereal

12 to 18 oz.

**2<sup>f</sup><sub>o</sub><sup>r</sup>** **\$7**



**Cocoa Puffs Cereal**

General Mills Cereal with Lucky  
Charms Marshmallows 35 oz.

**5<sup>99</sup>**

Strawberry  
**Essential**  
**Everyday**  
**Preserves**

18 oz.

**3<sup>39</sup>**



U.S. Grade A

**Essential**  
**Everyday**  
**Clover Honey**

12 oz.

**3<sup>79</sup>**



Apple Jacks, Corn Pops, Froot Loops or Tiger Paws

# Kellogg's Cereal Jumbo Snax

6 oz.

# 3<sup>99</sup>

ea.

Without coupon 4.29, limit 4 per coupon



1320-30



Good April 28 to May 11, 2021

# Kashi Organic Cereal

Cinnamon Harvest 16.3 oz.  
or Kashi by Kids Super Loops  
Chocolate or Berry  
9.5 oz.

# 3<sup>99</sup>

ea.

Without coupon 4.29, limit 4 per coupon



1321-30



Good April 28 to May 11, 2021

Gluten Free

# General Mills Chex Cereal

12 to 14 oz.

# 2<sup>99</sup>

ea.

Without coupon 3.99, limit 4 per coupon



1315-100



Good April 28 to May 11, 2021

Fill with ice cream!

# Essential Everyday Jumbo Cups

2.75 oz.

# 1<sup>69</sup>

ea.

Without coupon 1.89, limit 3 per coupon



1346-20



Good April 28 to May 11, 2021

Fork Split  
**Bubba's  
English  
Muffins**

6 count

**249**  
ea.



Healthy, made delicious!

**Bubba's  
Sliced  
Bagels**

6 count

**399**  
ea.



Frozen Homestyle  
**Rudi's  
Gluten-Free  
Bakery Bread**

18 oz. loaf

**679**  
ea.



*Not available at  
KTA Downtown*



Frozen

**Food for Life  
English Muffins** 16 oz.

*Not available at KTA Downtown*

**579**

Bean or Coconut Filled

**Punalu'u  
Bake Shop  
Anpan**

8 oz.

**2<sup>f</sup>  
o  
r \$6**



Apple Cinnamon, Kalakoa or MacNut Raisin

**Punalu'u  
Bake Shop  
Sweetbread**

16 oz. loaf

**449**  
ea.



**Mariani Fruits**

Probiotic Apricots, Berries &  
Plums, Prunes, Vanilla Yogurt  
Raisins, Mediterranean  
Apricots, Chopped or  
Pitted Dates 6 to 8 oz.

**329**  
ea.



**Mariani Dried Fruits**

Cherries, Mixed Fruit,  
Blueberries, Ultimate  
or Organic Malatya  
Apricots

3.5 to 8 oz.

**399**  
ea.





Whole Wheat or Classic White  
**Hearth & Harvest  
Bread Sale!**

22 oz. loaf

**3<sup>39</sup>**  
ea.

Without coupon 3.69, limit 3 per coupon



1341-30



Good April 28 to May 11, 2021

Frozen  
**Food For Life  
Sprouted Bread**

24 oz. loaf

**7<sup>49</sup>**  
ea.

*Not available at  
KTA Downtown*

Without coupon 7.99, limit 3 per coupon



1305-50



Good April 28 to May 11, 2021

Traditional, Guava or Taro  
**Punalu'u Bake Shop  
Sweetbread Rolls**

16 oz.

**4<sup>29</sup>**  
ea.

Without coupon 4.59, limit 3 per coupon



1307-30



Good April 28 to May 11, 2021

**Mariani Dried Fruits**  
California Pitted Prunes 7 oz.,  
Tropical Pineapple 6 oz.,  
Thailand Mango 4 oz.  
or Cranberries 5 oz.

**2<sup>f</sup><sub>o</sub>\$6<sup>r</sup>**  
ea. set

Without coupon 2 for 6.50, limit 4 sets per coupon  
Coupon price good on set purchase only.



1347-50



Good April 28 to May 11, 2021

All Natural  
**Libby's**  
**100% Pure**  
**Pumpkin**  
15 oz.



**2<sup>29</sup>**  
ea.

Sweetened  
**Nestlé Carnation**  
**Condensed**  
**Milk**  
14 oz.



**2<sup>49</sup>**  
ea.

100% Whole Grain  
**King Arthur Flour**  
**Sprouted**  
**Wheat Flour**  
2 lbs.



**3<sup>99</sup>**  
ea.

Unbleached Bread or Whole Wheat  
**King Arthur**  
**Flour**  
**Sale!**  
5 lbs.



**5<sup>29</sup>**  
ea.

Makes six muffins!  
**Betty Crocker**  
**Cornbread**  
**& Muffin Mix**  
6.5 oz.



**2<sup>f</sup><sub>o</sub>99<sup>c</sup>**  
<sub>r</sub>

Wild Blueberry  
**Betty Crocker**  
**Muffin & Quick**  
**Bread Mix**  
16.9 oz.



**2<sup>39</sup>**

Enjoy with ice cream!  
**Hershey's**  
**Syrup, Shell**  
**or Topping**  
7 to 24 oz.



**2<sup>49</sup>**  
ea.

**Hershey's Sale!**  
Baking Cocoa 8 oz.,  
Simply 5 Chocolate  
Syrup 21.8 oz. or  
Reese's Creamy  
Peanut Butter 18 oz.



**3<sup>29</sup>**  
ea.

Vitamin D added!

## Nestlé Carnation Evaporated Milk

12 oz.

**2<sup>f</sup><sub>o</sub>r \$3**  
ea. set

Without coupon 2 for 3.50, limit 5 sets per coupon  
Coupon price good on set purchase only.



1328-50



Good April 28 to May 11, 2021

Unbleached

## King Arthur Flour All-Purpose Flour

5 lbs.

**4<sup>49</sup>**  
ea.

Without coupon 4.99, limit 5 per coupon



1322-50



Good April 28 to May 11, 2021

Quick & easy desserts!

## Betty Crocker Cookie or Brownie Mix

16.5 to 18 oz.

**1<sup>99</sup>**  
ea.

Without coupon 2.19, limit 4 per coupon



1316-20



Good April 28 to May 11, 2021

Assorted

## Hershey's Kitchens Baking Chips

8 to 12 oz.

**2<sup>39</sup>**  
ea.

Without coupon 2.59, limit 6 per coupon



1333-20



Good April 28 to May 11, 2021

Unflavored  
**Knox**  
**Original**  
**Gelatine**  
4 count

**2<sup>29</sup>**  
ea.



Classic Mix  
**Jell-O**  
**No Bake**  
**Cheesecake**  
11.1 oz.

**2<sup>59</sup>**



Original or Baking  
**Pam No-Stick**  
**Cooking**  
**Spray**  
5 to 6 oz.

**3<sup>79</sup>**  
ea.



Popping & Topping  
**Orville**  
**Redenbacher's**  
**Buttery Oil**  
Flavored 16 oz.

**3<sup>99</sup>**



Assorted  
**Breathsavers** or  
**Ice Breakers**  
**Mints**  
.88 to 1.5 oz.

**2<sup>f</sup>**  
**o \$3**  
**r**



Assorted Pouches  
**Hershey's,**  
**Brookside** or  
**barkTHINS**  
4.7 to 9.9 oz.

**3<sup>39</sup>**  
ea.



Sugar Free  
**Russell**  
**Stover**  
**Candies**  
3 to 3.6 oz.

**1<sup>69</sup>**  
ea.



Assorted Bags  
**Lindt** or  
**Ghirardelli**  
**Chocolates**  
4.12 to 5.32 oz.

**3<sup>99</sup>**  
ea.





Regular or Sugar Free  
**Jell-O Gelatin  
Dessert Mix**

.3 to 3 oz.

**89¢**  
ea.

Without coupon 1.19, limit 10 per coupon



1319-30



Good April 28 to May 11, 2021

Regular or Sugar Free  
**Hunt's Snack Pack  
Pudding or Juicy Gels**

13 oz., 4 cups

**1.19**  
ea.

Without coupon 1.49, limit 6 per coupon



1313-30



Good April 28 to May 11, 2021

Assorted  
**Hershey's Candy or  
Breathsavers Mints**

.75 to 2.06 oz.

**4 for \$3**  
ea. set

Without coupon 4 for 3.50, limit 5 sets per coupon  
Coupon price good on set purchase only.



1308-50



Good April 28 to May 11, 2021

Chocolate Bars  
**Lindt, Ghirardelli,  
or Chocolove**

2 to 4.4 oz.

**2 for \$5**  
ea. set

Without coupon 2 for 5.50, limit 4 sets per coupon  
Coupon price good on set purchase only.



1309-50



Good April 28 to May 11, 2021

Chocolate or Strawberry Cream Covered

# Glico Pocky Biscuit Sticks

1.41 oz.

**99¢**  
ea.



Kinoko No Yama

# Meiji Chocolate Biscuits

2.89 oz.

**2<sup>f</sup><sub>0</sub>\$5<sup>r</sup>**



# Nabisco Snacks

Premium Crackers  
9 to 16 oz., Handi-  
Snacks 6 count  
or Snak-Saks  
8 oz.

**2<sup>f</sup><sub>0</sub>\$5<sup>r</sup>**



# Snacks Savings!

Tate's Cookies 7 oz.,  
Nabisco Nilla Wafers  
11 oz. or Honey Maid  
Graham Crackers  
12.2 to 14.4 oz.

**3<sup>99</sup>**  
ea.



Chocolate Dipped Shortbread

# Big Island Delights Cookies

10 oz.

**8<sup>99</sup>**  
ea.



Cookies or Party Mix

# Big Island Delights Jar

14 to 21 oz.

**12<sup>99</sup>**  
ea.



# Diamond Bakery Sale!

Hawaiian Cookies,  
Biscuits, Bites or  
Animal Crackers  
4 to 4.5 oz.

**2<sup>f</sup><sub>0</sub>\$3<sup>r</sup>**



# Diamond Bakery

Soda Crackers 13 oz.  
or Hawaiian Mac Nut  
Shortbread Cookies 4 oz.

**2<sup>f</sup><sub>0</sub>\$7<sup>r</sup>**



Flavored  
**Milkita Candy  
or Lollipops**

4.06 to 4.23 oz.

**2<sup>f</sup><sub>0</sub>\$4<sup>r</sup>** ea. set

Without coupon 2 for 5.00, limit 5 sets per coupon  
Coupon price good on set purchase only.



1360-100



Good April 28 to May 11, 2021

**Nabisco Ritz Bits, Crackers**

8.8 to 13.7 oz. or

**Chips Ahoy! Cookies**

7 to 13 oz.

**2<sup>f</sup><sub>0</sub>\$5<sup>r</sup>** ea. set

Without coupon 2 for 6.00, limit 5 sets per coupon  
Coupon price good on set purchase only.



1348-100



Good April 28 to May 11, 2021

**Cookies or Party Mix**

**Big Island  
Delights**

3 to 4.5 oz.

**2<sup>f</sup><sub>0</sub>\$5<sup>r</sup>** ea. set

Without coupon 2 for 6.00, limit 5 sets per coupon  
Coupon price good on set purchase only.



1350-100



Good April 28 to May 11, 2021

**Royal Cream, Saloon Pilot, Soda or Graham**

**Diamond Bakery**

**Crackers**

8 to 9.5 oz.

**2<sup>f</sup><sub>0</sub>\$6<sup>r</sup>** ea. set

Without coupon 2 for 7.00, limit 5 sets per coupon  
Coupon price good on set purchase only.



1349-100



Good April 28 to May 11, 2021

# TASTY BITE®

Channa Masala  
Pita Pocket

Try the diverse assortment and robust, authentic Indian flavors of Tasty Bite.



Newman's Own Crème Filled

## Newman-O's<sup>®</sup> Chocolate Cookies

13 oz.

**4.69**  
ea.



## Authentic Saffron Road Simmer Sauce

7 oz. pouch

**2.79**  
ea.



## Baked Stacy's Pita Chips or Thins

6.75 to 7.33 oz.

**2 for \$5**



## Plant Based Snacks Back to Nature Crackers

4 to 8.5 oz.

**3.29**  
ea.





# ONE BITE WILL CHANGE EVERYTHING

Tasty Bite all natural vegetable and lentil entrées are sealed in a convenient package and will deliver tasty bites in less than 60 seconds!

Tastes pretty amazing, pretty much anywhere!

Madras Lentils  
Nacho Cups



Lentil and  
Potato Chili



[www.tastybite.com/recipes](http://www.tastybite.com/recipes)

## All Natural Tasty Bite Indian Sides

10 oz. pouch

**2<sup>f</sup><sub>0</sub><sup>r</sup>\$6** ea. set

Without coupon 2 for 7.00, limit 5 sets per coupon  
Coupon price good on set purchase only.



1351-100



Good April 28 to May 11, 2021

Real, simple ingredients!

## Angie's Boom Chicka Pop Popcorn

4.5 to 7 oz.

**2<sup>f</sup><sub>0</sub><sup>r</sup>\$5** ea. set

Without coupon 2 for 6.00, limit 2 sets per coupon  
Coupon price good on set purchase only.



1352-100



Good April 28 to May 11, 2021

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Slow Simmered  
**Hunt's  
Pasta  
Sauce**  
24 oz.



**2<sup>f</sup><sub>o</sub>\$3<sup>r</sup>**

Enjoy on a cold day!  
**Healthy  
Choice  
Soup**  
15 oz.



**1<sup>f</sup><sub>o</sub>\$1<sup>r</sup>**  
ea.

Enjoy with salsa!  
**Tostitos  
Tortilla  
Chips**  
10 to 13 oz.



**2<sup>f</sup><sub>o</sub>\$6<sup>r</sup>**

**Smartfood Popcorn** 5 to 7 oz.,  
**Tostitos Salsa, Dip,**  
15 to 15.5 oz. or  
**Simply Snacks**  
7.5 to 8.5 oz.



**2<sup>f</sup><sub>o</sub>\$7<sup>r</sup>**



Potato Crisps  
**Pringles  
Snack Stacks** 12 count

**4<sup>f</sup><sub>o</sub>\$9<sup>r</sup>**  
ea.



Potato Crisps  
**Pringles  
Variety Pack** 18 count

**6<sup>f</sup><sub>o</sub>\$9<sup>r</sup>**



Salted  
**Fisher In-Shell  
Peanuts** 12 oz.

**2<sup>f</sup><sub>o</sub>\$5<sup>r</sup>**

Dry Roasted  
**Fisher  
Sunflower  
Kernels**  
7.25 oz.



**2<sup>f</sup><sub>o</sub>\$5<sup>r</sup>**  
ea.

Butter or Kettle Corn  
**ACT II Microwave  
Popcorn**  
3 count

**169**  
ea.

Without coupon 1.99, limit 6 per coupon



1301-30



Good April 28 to May 11, 2021

Potato or Shrimp  
**Maui Style  
Chips**  
4.5 to 6 oz.

**2<sup>f</sup>  
0<sup>r</sup>** \$5  
ea. set

Without coupon 2 for 6.00, limit 5 sets per coupon  
Coupon price good on set purchase only.



1354-100



Good April 28 to May 11, 2021

Original or Flavored  
**Pringles  
Potato Crisps**  
5.2 to 5.5 oz.

**159**  
ea.

Without coupon 1.89, limit 5 per coupon



1353-30



Good April 28 to May 11, 2021

Dry Roasted  
**Fisher  
Peanuts**  
14 oz.

**329**  
ea.

Without coupon 3.49, limit 5 per coupon



1342-20



Good April 28 to May 11, 2021

## Cadina Taro Chips

2.8 oz. or

## Koloko Pea Crackers

4.9 oz.

**2<sup>f</sup>19**  
ea.



## Flavored Cha Cha Sunflower Seeds

5.64 to 8.82 oz.

**3<sup>f</sup>39**  
ea.



## Chicken or Tonkotsu Sapporo Ichiban Momosan Ramen

3.36 to 3.44 oz.

**4<sup>f</sup>0<sup>r</sup>\$6**



## Mild, Medium-Hot or Hot House Vermont Curry Sauce Mix

4.05 oz.

**2<sup>f</sup>69**  
ea.



## Roasted Iri-Goma Shirakiku Sesame Seeds

2.01 oz.

**2<sup>f</sup>19**  
ea.



## 100% Pure Shirakiku Sesame Oil

6.25 oz.

**2<sup>f</sup>29**  
ea.



## Roasted Seaweed Japan Food Yaki Sushi Nori Sugatami

10 sheets

**2<sup>f</sup>99**  
ea.



## Sesame or Wafu Kewpie Dressing Sale!

8 oz.

**2<sup>f</sup>0<sup>r</sup>\$7**





Grilled Seaweed Snacks

**Tao Kae Noi**

**Big Roll**

.95 oz.

**2<sup>f</sup><sub>0</sub><sup>r</sup>\$5** ea. set

Without coupon 2 for 6.00, limit 5 sets per coupon  
Coupon price good on set purchase only.



1355-100



Good April 28 to May 11, 2021

Seasoned

**Shirakiku**

**Korean Nori**

.69 oz., 3 count

**99¢** ea.

Without coupon 1.29, limit 5 per coupon



1363-30



Good April 28 to May 11, 2021

Roasted Seaweed

**Shirakiku Yaki Sushi**

**Nori Kiwami**

10 sheets

**2<sup>f</sup><sub>0</sub><sup>r</sup>\$5** ea. set

Without coupon 2 for 6.00, limit 5 sets per coupon  
Coupon price good on set purchase only.



1364-100



Good April 28 to May 11, 2021

Assorted

**Kikkoman**

**Instant Soup Mix**

.33 to 1.34 oz.

**2<sup>3</sup>9** ea.

Without coupon 2.69, limit 10 per coupon



1361-30



Good April 28 to May 11, 2021

# Okinawan Sweet Potato Ohagi

Created by Chef Grant Sato



Visit [ktasuperstores.com/recipes](https://ktasuperstores.com/recipes) or scan the code for recipe videos and more!

Sprinkle over hot rice!

**JFC  
Furikake  
Seasoning**  
1.7 to 3.1 oz.

**2<sup>39</sup>**  
ea.



Super Premium  
**Tamanishiki  
or Nozomi  
Rice**  
15 lbs.

**24<sup>79</sup>**  
ea.



## Okinawan Sweet Potato Ohagi

½ cup sweet rice

½ cup calrose rice [pg.38](#)

1¼ cups water [pg.17](#)

2 tbsp. sugar

2 cups Okinawan sweet potato,  
cooked & mashed

18 oz. tsubushi an  
(chunky azuki bean paste)

Place the sweet rice in a bowl, add in enough water to cover the rice completely and allow to soak for 30 minutes. Drain the sweet rice and place it in a rice cooker with the calrose rice and water, then cook. When the rice is cooked, fold in the sugar, making sure to mix well. Allow the mixture to cool for 5 minutes, divide into 8 equal portions, and form each portion into a round ball.

Place the sweet potato in a bowl, add in the tsubushi an, and lightly mix just until combined. Divide the sweet potato mixture in 8 portions, place each portion on a piece of saran wrap and flatten into a ¼" thick disk. Place a round rice ball in the center of each disc and pull the edges of the sweet potato disc upwards, pinch the edges together to form a ball and serve at room temperature.

*Chef's Note: I love making this recipe with the tsubushi an (chunky azuki bean paste) because it has chunks of the azuki beans in it. It gives the ohagi a textural boost. If you prefer a softer smoother ohagi, you can use koshi an (smooth azuki bean paste) instead.*

### Servings:

Serves 4

### Total Time:

40 minutes

### Pair With:

Kikusui Junmai  
Ginjo Sake [pg.61](#)

Traditionally Brewed

**Kikkoman**  
**Soy Sauce**  
2 quarts

**769**  
ea.

Without coupon 7.99, limit 5 per coupon



1362-30



Good April 28 to May 11, 2021

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Instant  
**Mama  
Cup  
Noodles**

2.47 oz.

**89¢**  
ea.



Instant  
**Mama  
Handi Rice  
Fried Rice**

2.82 oz.

**169**  
ea.



Panda Brand  
**Lee Kum Kee  
Flavored  
Oyster Sauce**

18 oz.

**2<sup>f</sup><sub>o</sub>\$5<sup>r</sup>**



**Lee Kum Kee Sauce**

Hoisin 20 oz., Char Siu,  
Plum, Black Bean  
Garlic, Chili Garlic  
or Chili Bean  
8 to 9.2 oz.

**2<sup>f</sup><sub>o</sub>\$5<sup>r</sup>**



Frozen Young Boneless  
**1916  
Chicken  
Tenderloins**

2.5 lbs.

**849**



Young Mid-Joint, Party or Drumettes  
**1916 Frozen  
Chicken  
Wings**

2.5 lbs.

**1059**  
ea.



Frozen Vegetables  
**Flav•R•Pac Steam  
of the Crop** 12 oz.

**219**  
ea.



**Flav•R•Pac Frozen  
Broccoli, Green Peas, Corn  
or Mixed Vegetables** 28 oz.

**389**  
ea.



Dried Premium  
**Family Shiitake  
Mushrooms**

Whole or Sliced 5 oz.

**4<sup>99</sup>**  
ea.

Without coupon 5.29, limit 5 per coupon



1365-30



Good April 28 to May 11, 2021

Panda Brand  
**Lee Kum Kee  
Ready Sauce**

8 oz.

**2<sup>39</sup>**  
ea.

Without coupon 2.69, limit 5 per coupon



1366-30



Good April 28 to May 11, 2021

Frozen Boneless & Skinless

**1916 Chicken  
Thighs**

2.5 lbs.

**7<sup>59</sup>**  
ea.

Without coupon 7.99, limit 3 per coupon



1530-40



Good April 28 to May 11, 2021

Frozen In Shell  
**PanaPesca  
Mussels**

1 lb.

**3<sup>19</sup>**  
ea.

Without coupon 3.59, limit 3 per coupon



1528-40



Good April 28 to May 11, 2021

# Salmon Nitsuke

Created by Chef Grant Sato



Visit [ktasuperstores.com/recipes](https://ktasuperstores.com/recipes) or scan the code for recipe videos and more!



serving  
suggestion

Frozen Head-On  
**White Shrimp**  
Or Goma Wakame Salad

**5.49**  
lb.



serving  
suggestion

Chilled  
**Salmon Fillet**  
Make nitsuke!

**13.99**  
lb.

## Salmon Nitsuke

2 tbsp. salad oil (or any light oil)

2 salmon fillet (4 to 6 oz.) [pg.42](#)

1½ cups dashi

2 tbsp. shoyu (soy sauce) [pg.39](#)

¼ cup mirin

1 pc fresh ginger; 2" long and ¼" thick

Heat a medium sized pan on high heat and add in the oil. When the oil lightly smokes, add in the salmon. Sear for 2 minutes and then flip the salmon over, deglaze with the dashi and quickly add in the shoyu, mirin and ginger. Bring the mixture to a quick boil and then reduce the heat to medium and simmer for 2 minutes. Remove the salmon from the pan and place on a serving plate or platter.

Place the pan back on the heat and reduce the remaining liquid in the pan by half to concentrate the flavor and then pour the sauce over the salmon. Serve immediately.

**Chef's Note:** You can replace the 2 fillet with 1 large piece of salmon. Once the cooking process is complete, you can place the salmon and sauce in a bowl and shred the salmon into the sauce and use that shredded salmon nitsuke as a topping for tofu salad, as a filling for sushi or even as a filling for burritos, tacos or chirashi sushi.

### Servings:

Serves 2

### Total Time:

15 minutes

### Pair With:

Nihon Sakari

Daiginjo Sake [pg.61](#)

Frozen on the Half Shell

## Talley's Mussels

2 lbs.

# 10<sup>99</sup>

ea.

Without coupon 11.99, limit 2 per coupon



serving  
suggestion



1522-100



Good April 28 to May 11, 2021

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Non-Fat or Low-Fat  
**Chobani**  
**Greek**  
**Yogurt**  
 5.3 oz.



**3<sup>f</sup><sub>o</sub>\$6<sup>r</sup>**



Chilled  
**Bays English**  
**Muffins** 12 to 13 oz.

**3<sup>f</sup><sub>o</sub>\$3<sup>r</sup>9**  
 ea.

28% Vegetable Oil  
**Imperial**  
**Spread**  
**Sale!**  
 45 oz.



**2<sup>f</sup><sub>o</sub>\$9<sup>r</sup>**  
 ea.



**Kellogg's**  
**Eggo Waffles**  
 Frozen 11.6 to 12.3 oz.

**3<sup>f</sup><sub>o</sub>\$1<sup>r</sup>9**  
 ea.



Portuguese Brand Mo'Ono or Linguica  
**Redondo's**  
**Sausage**  
 Hot or Mild 5 oz.

**3<sup>f</sup><sub>o</sub>\$4<sup>r</sup>**



**Redondo's Sausage**  
 Portuguese Brand Mild,  
 Hot Lisboa 10 oz. or  
 Jumbo Arabiki 9 oz.

**2<sup>f</sup><sub>o</sub>\$6<sup>r</sup>**

Assorted  
**Banquet**  
**Frozen**  
**Meals**  
 4.85 to 11.88 oz.



**2<sup>f</sup><sub>o</sub>\$1<sup>r</sup>9**  
 ea.

Frozen Nuggets or Patties  
**Banquet**  
**Breaded**  
**Chicken**  
 14.4 to 15 oz.



**3<sup>f</sup><sub>o</sub>\$9<sup>r</sup>**  
 ea.



Mainland Shell Protected

# Cherry Lane Medium Eggs

Grade A 1 dozen

# 2<sup>19</sup>

ea.

Without coupon 2.59, limit 5 per coupon



1526-40



Good April 28 to May 11, 2021

Hardwood Smoked

# John Morrell Bacon

12 oz.

# 4<sup>69</sup>

ea.

Without coupon 4.99, limit 3 per coupon



1527-30



Good April 28 to May 11, 2021

Chilled Fully Cooked

# Redondo's Hawaiian Winners

16 oz.

# 3<sup>39</sup>

ea.

Without coupon 3.79, limit 3 per coupon



1531-40



Good April 28 to May 11, 2021

Frozen Original or Southern

# Banquet Crispy Fried Chicken

29 oz.

# 8<sup>59</sup>

ea.

Without coupon 8.99, limit 3 per coupon



1529-40



Good April 28 to May 11, 2021

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Regular or Bun-Length

# Oscar Mayer Turkey Franks

16 oz.

2<sup>f</sup><sub>o</sub>\$5<sup>r</sup>



Fully Cooked

# Oscar Mayer Smokies or Wieners

14 to 16 oz.

2<sup>f</sup><sub>o</sub>\$6<sup>r</sup>



Lunch Combinations

# Oscar Mayer Lunchables Sale!

8.9 to 10.7 oz.

2<sup>f</sup><sub>o</sub>\$5<sup>r</sup>



Kraft Original or 1/3 Less Fat

# Philadelphia Cream Cheese

8 oz. brick

3<sup>29</sup>  
ea.



Bakery

# Bollio Rolls

20 oz., 6 count

3<sup>99</sup>  
ea.



serving  
suggestion

Quick & 'Ono Boneless

# Deli Beef Pot Roast

Not Available at All Locations

11<sup>99</sup>  
lb.

Assorted Flavors

# Meadow Gold Punch

128 oz.

2<sup>f</sup><sub>o</sub>\$5<sup>r</sup>



Vitamin D

# Dairyland Chocolate Milk

1 gallon

4<sup>99</sup>



Deli Fresh or Carving Board

# Oscar Mayer Meats

6 to 9 oz.

# 3.89

ea.

Without coupon 4.29, limit 5 per coupon



1525-40



Good April 28 to May 11, 2021

Chunk, Shredded or Crumbles

# Kraft Natural Cheese

5 to 8 oz.

# 3.59

ea.

Without coupon 3.99, limit 5 per coupon



1524-40



Good April 28 to May 11, 2021

Enjoy with dinner!

# Bakery French Bread

16 oz. loaf

# 3.19

ea.

Without coupon 3.59, limit 2 per coupon



1520-40



Good April 28 to May 11, 2021

From Concentrate

# Mountain Apple Brand 100% Orange Juice

64 oz.

# 2.69

ea.

Without coupon 2.99, limit 3 per coupon



1535-30



Good April 28 to May 11, 2021

All Natural  
**Mikaway**  
**Mochi**  
**Ice Cream**  
 6 count



**4<sup>99</sup>**  
 ea.



**Fat Boy Ice Cream**  
**Sandwiches** 5 to 9 count **5<sup>49</sup>**

Selected  
**DiGiorno**  
**Frozen**  
**Pizza**  
 22.1 to 31.5 oz.



**5<sup>99</sup>**  
 ea.

Frozen Ground  
**WilMar**  
**Beef**  
**Patties**  
 40 oz., 10 ct.



**11<sup>59</sup>**

Grade A  
**Meadow**  
**Gold**  
**Sour Cream**  
 16 oz.



**2<sup>f</sup><sub>o</sub>\$5<sup>r</sup>**

Ice Cream Bars or Sandwiches  
**Meadow Gold**  
**Frozen**  
**Treats**  
 6 count



**2<sup>f</sup><sub>o</sub>\$6<sup>r</sup>**

**Hyland's 4Kids**  
**Homeopathic**  
**Remedies**

Pain Relief 4 oz. or  
 Allergy Relief 125 ct.



**30% OFF**  
 REGULAR  
 PRICES

Natural Relief  
**Hyland's**  
**Homeopathic**  
**Pain Relief**  
 50 to 100 count



**9<sup>99</sup>**  
 ea.



## Binggrae Frozen Treats

Melona Dairy Dessert Bars  
8 count or Samanco Ice  
Cream Sandwiches  
4 count

**5<sup>79</sup>**  
ea.

Without coupon 6.19, limit 3 per coupon



1533-40



Good April 28 to May 11, 2021

## Blue Bunny Ice Cream

Premium 46 to 48 oz. or

## Bunny Snacks

8 count

**2<sup>f</sup><sub>o</sub><sup>r</sup> \$9**  
ea. set

Without coupon 2 for 10.00, limit 3 sets per coupon  
Coupon price good on set purchase only.



1532-100



Good April 28 to May 11, 2021

Assorted

## Meadow Gold Ice Cream

1.5 quarts

**4<sup>79</sup>**  
ea.

Without coupon 5.19, limit 3 per coupon



1534-40



Good April 28 to May 11, 2021

Effervescent Powdered Drink Mix

## Ener-C Vitamin C Supplements

30 count

**14<sup>99</sup>**  
ea.

Without coupon 15.99, limit 5 per coupon



1388-100



Good April 28 to May 11, 2021

## Nutrex Supplements

BioAstin Supreme Hawaiian  
Astaxanthin 60 ct., Pure  
Hawaiian Spirulina 5 oz.  
powder or Spearmint  
Flavor 180 count



**14<sup>99</sup>**  
ea.

## Nutrex Supplements

BioAstin Hawaiian Astaxanthin  
12mg - 50 ct., JointAstin  
120 V-gels or Hawaiian  
Spirulina Vanilla Protein  
Shake 12.8 oz. powder



**17<sup>99</sup>**  
ea.



Ricola Cough  
Drops Stick  
10 count

**99¢**  
ea.

Family Pack  
Ricola  
Cough  
Drops  
45 to 50 ct.



**4<sup>29</sup>**  
ea.

All Natural  
St. Ives  
Facial  
Scrub  
6 oz.



**3<sup>99</sup>**  
ea.

Shea Velvet, Delicious Glow or Luscious Hydration  
Love Beauty  
and Planet  
Body Lotion  
13.5 oz.



**5<sup>99</sup>**  
ea.

SPF 25 or 45 Stick  
Hawaiian Tropic  
Sunscreen  
Lip Balm  
Tropical .14 oz.



**1<sup>99</sup>**  
ea.

Hawaiian Tropic  
After Sun Care  
Silk Hydration  
Lotion 6 oz. or  
Lime Coolada  
Moisturizer 16 oz.



**5<sup>99</sup>**  
ea.

## Nutrex Supplements

BioAstin Hawaiian Astaxanthin  
12mg - 25 ct., 4mg - 60 ct.  
or Pure Hawaiian  
Spirulina 200 ct.

**10<sup>99</sup>**  
ea.

Without coupon 11.99, limit 5 per coupon



1393-100



Good April 28 to May 11, 2021

All Natural

## Ricola Cough Drops

19 to 24 count

**1<sup>79</sup>**  
ea.

Without coupon 2.19, limit 5 per coupon



1394-40



Good April 28 to May 11, 2021

## Love Beauty and Planet Shampoo, Conditioner

13.5 oz. or  
Body Wash 16 oz.

**6<sup>99</sup>**  
ea.

Without coupon 7.49, limit 6 per coupon



1391-50



Good April 28 to May 11, 2021

Island Sport, Silk Hydration or Sheer Touch

## Hawaiian Tropic SPF 50 Sunscreen

Lotion or Spray 6 to 8 oz.

**7<sup>49</sup>**  
ea.

Without coupon 7.99, limit 5 per coupon



1395-50



Good April 28 to May 11, 2021

All-One Hemp  
**Dr. Bronner's  
Pure-Castile  
Bar Soap**  
5 oz.



**2<sup>99</sup>**  
ea.

Fluoride-Free  
**Dr. Bronner's  
All-One  
Toothpaste**  
5 oz.



**3<sup>99</sup>**  
ea.

Paraben Free  
**Softsoap  
Hand  
Soap**  
11.25 oz.



**1<sup>99</sup>**  
ea.

Men's or Lady  
**Speed  
Stick  
Deodorant**  
2.3 to 3 oz.



**2<sup>f</sup><sub>o</sub>\$5<sup>r</sup>**

Barely There or Lightdays Plus  
**U by Kotex  
Liners  
Sale!**  
40 to 50 count



**3<sup>29</sup>**  
ea.

Regular, Super, Super Plus or Multi-Pak  
**Kotex  
Security  
Tampons**  
15 to 16 count



**3<sup>29</sup>**  
ea.



Seals tight!  
**Glad Snack  
Zipper Bags** 50 count

**1<sup>59</sup>**



Fold-Top  
**Glad Sandwich  
Bags** 180 count

**1<sup>97</sup>**



Pure-Castile 18-in-1 Hemp

# Dr. Bronner's Liquid Soap

16 oz.

# 6<sup>99</sup>

ea.

Without coupon 7.49, limit 5 per coupon



1389-50



Good April 28 to May 11, 2021

# Deodorant Irish Spring Bar Soap

3 count

# 1<sup>99</sup>

ea.

Without coupon 2.29, limit 5 per coupon



1392-30



Good April 28 to May 11, 2021

# Assorted Kotex Maxi or Ultra Thin Pads

14 to 24 count

# 2<sup>f</sup> o r \$6

ea. set

Without coupon 2 for 7.00, limit 5 sets per coupon  
Coupon price good on set purchase only.



1390-100



Good April 28 to May 11, 2021

Force Flex, Dual Defense, Kitchen Pro or Quick-Tie

# Glad Tall Kitchen or Large Trash Bags

25 to 80 count

# 7<sup>59</sup>

ea.

Without coupon 7.99, limit 4 per coupon



1386-40



Good April 28 to May 11, 2021

Dailyware  
**Essential  
Everyday  
Paper Plates**

24 to 45 count

**2<sup>97</sup>**  
ea.



Designer  
**Essential  
Everyday  
Paper Cups**

54 count

**3<sup>39</sup>**



Ultra  
**Ivory  
Dish  
Liquid**

24 oz.

**2<sup>97</sup>**



Dishwashing Fresh Scent

**Cascade  
Complete  
Detergent**

18 count

**5<sup>59</sup>**



Clean Scentsations  
**Arm & Hammer  
Fabric Softener**

100 dryer sheets

**2<sup>97</sup>**  
ea.

Clean Scentsations  
**Arm & Hammer  
In-Wash Scent  
Booster**

24 oz.

**4<sup>49</sup>**  
ea.



Cuts grease!  
**ECOS  
Dishmate  
Dish Liquid**

25 oz.

**3<sup>97</sup>**  
ea.



Free & Clear  
**ECOS Wave  
Dishwasher  
Gel**

40 oz.

**4<sup>99</sup>**



Aluminum  
**Essential  
Everyday Foil**

75 square feet

**3<sup>39</sup>**  
ea.

Without coupon 3.69, limit 3 per coupon



1385-30



Good April 28 to May 11, 2021

Original or Anti-Bacterial  
**Dawn Ultra  
Dish Liquid**

19.4 oz.

**2<sup>79</sup>**  
ea.

Without coupon 2.99, limit 3 per coupon



1379-20



Good April 28 to May 11, 2021

**Arm & Hammer  
Laundry Detergent**

Powder 3.47 lbs., Power Paks  
24 ct. or Liquid 61.25 to 75 oz.

**5<sup>99</sup>**  
ea.

Without coupon 6.99, limit 3 per coupon



1380-100



Good April 28 to May 11, 2021

Plant-Derived Cleaning Power  
**ECOS Laundry  
Detergent**

100 oz. liquid

**10<sup>99</sup>**  
ea.

Without coupon 11.99, limit 3 per coupon



1381-100



Good April 28 to May 11, 2021

Gel Cone  
Glade  
Solid Air  
Freshener  
6 oz.



**4<sup>f</sup><sub>o</sub><sup>r</sup>** \$4<sup>99</sup>

Family Care or Deep Woods  
**OFF! Insect  
Repellent  
Spray**  
4 to 6 oz.



**5<sup>79</sup>**  
ea.

Non-Clumping  
**Purina  
Tidy Cats  
Cat Litter**  
20 lbs.



**4<sup>57</sup>**

24/7 Performance or Instant Action  
**Purina  
Tidy Cats  
Cat Litter**  
14 lbs.



**6<sup>99</sup>**

Dog Food  
**Cesar  
Canine  
Cuisine**  
3.5 oz. tray



**5<sup>f</sup><sub>o</sub><sup>r</sup>** \$5

Small Dog or Adult Complete Nutrition  
**Pedigree  
Dry Dog  
Food**  
15.9 to 17 lbs.



**15<sup>97</sup>**  
ea.

Alkaline AA or AAA  
**Duracell  
Coppertop  
Batteries**  
4 count



**4<sup>99</sup>**  
ea.

**Duracell  
Batteries**  
Coppertop  
Alkaline C,  
D 4 count or  
9V 2 count



**9<sup>99</sup>**  
ea.



Flying Insect or House & Garden

# Raid Bug Killer Spray

11 to 15 oz.

# 4.49

ea.

Without coupon 4.97, limit 6 per coupon



1396-48



Good April 28 to May 11, 2021

# Original Complete Purina Cat Chow Dry Cat Food

15 lbs.

# 14.99

ea.

Without coupon 15.99, limit 2 per coupon



1382-100



Good April 28 to May 11, 2021

Rotisserie Chicken or Filet Mignon

# Cesar Gourmet Food for Dogs

Dry 5 lbs.

# 7.99

ea.

Without coupon 8.49, limit 3 per coupon



1383-50



Good April 28 to May 11, 2021

AA or AAA

# Duracell Coppertop Alkaline Batteries

8 count

# 7.99

ea.

Without coupon 8.99, limit 6 per coupon



1398-100



Good April 28 to May 11, 2021

Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Keeps items hot or cold!

# Premium Thermal Large Bag

1 count

# 279



# Disposable Essential Everyday Lighters

6 count

# 249



# The Original Kingsford Charcoal Briquets

8 lbs.

# 999



# Instant Briquets Kingsford Match Light Charcoal

8 lbs.

# 1099



7 or 8 inch Stainless Steel

# Kitchen Helper Tongs

1 count

# 4<sup>f</sup><sub>o</sub>\$5<sup>r</sup>

# Stainless Steel Kitchen Helper Tongs 16" - 1 ct. or Basin Strainer

2 count

# 2<sup>f</sup><sub>o</sub>\$5<sup>r</sup>



# Kitchen Helper

Scour Pads 5 ct. or

# Magic Mesh Scrubber

Non-Scratch 1 ct.

# 99¢

ea.



#303L

# Locals Kids Assorted Rain Boots

1 pair - Size 4 to 12

# 799



Basket Style White Paper  
**Essential Everyday  
Coffee Filters**

250 count

**2.49**  
ea.

Without coupon 2.99, limit 6 per coupon



1397-50



Good April 28 to May 11, 2021

Instant  
**Kingsford Match Light  
Charcoal Briquets**

12 lbs.

**14.99**  
ea.

Without coupon 16.99, limit 6 per coupon



1399-200



Good April 28 to May 11, 2021

For portable gas ranges!

**Sun Butane  
Fuel Cartridge**

8 oz.

**3 for \$4.99**  
ea. set

Without coupon 3 for 5.99, limit 4 sets per coupon  
Coupon price good on set purchase only.



1400-100



Good April 28 to May 11, 2021

Assorted Strap Colors #1395L

**Locals Neon  
Rubber Slippers**

1 pair - Sizes 6.5 to 13

**3.99**  
ea.

Without coupon 4.49, limit 6 per coupon



1401-50



Good April 28 to May 11, 2021

Island Brewed

# Maui Brewing Co. Beer

6 cans

# 8<sup>99</sup>

ea.



Variety Pack or Long Hammer IPA

# Red Hook Beer

12 cans

# 13<sup>99</sup>

ea.



# Gluten Free Omission Brewing Co. Beer

6 bottles

# 8<sup>88</sup>

ea.



# Lager Stella Artois Beer

12 btls./cans

# 14<sup>97</sup>

ea.



# Variety Pack Golden Road Fruit Cart Hard Seltzer

12 cans

# 15<sup>97</sup>



# Variety Pack BON V!V Spiked Seltzer

12 cans

# 14<sup>99</sup>

ea.



# Deschutes Beer Buy!

6 btls./cans

Excludes Fresh IPA

# 8<sup>99</sup>

ea.



# Non-Alcoholic Buckler Malt Beverage

6 bottles

# 5<sup>57</sup>





Regular or Flavored  
**New  
Amsterdam  
Vodka**

750 ml.

**10<sup>88</sup>**  
ea.



Blanco or Reposado  
**Cazadores  
Original  
Tequila**

750 ml.

**22<sup>99</sup>**  
ea.



Original or Flavored  
**Jim Beam  
Bourbon  
Whiskey**

750 ml.

**15<sup>99</sup>**  
ea.



Imported  
**Tanqueray  
London  
Dry Gin**

750 ml.

**19<sup>99</sup>**



80 Proof or Botanical  
**Ketel  
One  
Vodka**

750 ml.

**22<sup>97</sup>**  
ea.



Triple Distilled  
**Jameson  
Irish  
Whiskey**

750 ml.

**19<sup>97</sup>**



Refined Japanese  
**Nihon Sakari  
Daiginjo  
Sake**

720 ml.

**17<sup>99</sup>**



Japanese  
**Kikusui  
Junmai  
Ginjo Sake**

720 ml.

**19<sup>99</sup>**



California  
**Frey Natural  
Red Organic  
Wine**

750 ml.

**8<sup>99</sup>**



Rosé or Sauvignon Blanc

**Matua New  
Zealand  
Wines**

750 ml.

**9<sup>99</sup>**  
ea.



Extra Dry, Brut or Rose

**Korbel  
California  
Champagne**

750 ml.

**10<sup>99</sup>**  
ea.



California  
**Bread &  
Butter  
Wines**

750 ml.

**12<sup>99</sup>**  
ea.



Butter Chardonnay or Cabernet Sauvignon

**JaM Cellars  
California  
Wines**

750 ml.

**14<sup>99</sup>**  
ea.



Sonoma Coast Wine

**Chalk Hill  
Red Blend  
or Pinot Noir**

750 ml.

**16<sup>99</sup>**  
ea.



Sonoma County

**Decoy  
California  
Wines**

750 ml.

**17<sup>99</sup>**  
ea.



Whole Clusters Wine

**Willamette  
Valley  
Pinot Noir**

750 ml.

**19<sup>99</sup>**



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50 East Puainako Street  
 Hilo, Hawai'i 96720  
[www.ktasuperstores.com](http://www.ktasuperstores.com)

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Mon-Sat 7am to 8pm, Sun 7am to 6pm  
 321 Keawe St.....935-3751

**PUAINAKO, HILO**

5:30am to 11pm  
 50 East Puainako St.....959-9111  
 Pharmacy .....959-8700

**WAIMEA**

6am to 10pm  
 Waimea Center ..... 885-8866  
 Pharmacy ..... 885-0033

**KTA EXPRESS, KEALAKEKUA**

6am to 8pm  
 81-6602 Mamalahoa Hwy.....323-1916

**WAIKOLOA VILLAGE**

6am to 10pm  
 Waikoloa Highlands Center ... 883-1088  
 Pharmacy ..... 883-8434

**KAILUA-KONA**

5am to 10pm  
 Kona Coast Shopping Center .... 329-1677

**KEAUHOU, KONA**

6am to 9pm  
 Keauhou Shopping Center..... 322-2311  
 Pharmacy ..... 322-2511

**KTA DELIVERY**

9am to 8pm - in the Hilo area  
 Order at [delivery.ktasuperstores.com](http://delivery.ktasuperstores.com)



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**Quick & 'Ono recipes.**

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Email: \_\_\_\_\_



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 scan this code or turn in this form to  
 any KTA Super Stores / KTA Express  
 customer service counter.