



You're Someone Special

**Over \$150
in Savings!**

**Offers Good
Mar. 31 to Apr. 13, 2021**

Soba Noodle Salad

with Sesame Glazed Tofu & Orange Sauce

pg. 36



www.ktasuperstores.com

Oatcakes pg. 20

Tofu Breakfast Scrambler pg. 42

Oatcakes

pg. 20



Arelene Reilly

KTA Kailua-Kona Store Director

Aloha KTA 'Ohana, we are a big fan of 'ono food and finding different ways to celebrate holidays here at KTA Super Stores! With Easter just around the corner, join in the fun this year and Hunt for the Easter Bunny Trail.

Hop on over to any KTA Super Stores location until April 3 and search for the Easter Bunny's foot prints. Once you find them, snap a picture of the trail and post a photo on your Instagram feed, story or Facebook feed. Tag us @ktasuperstores, your store location that you're at and hashtag #KTABunnyTrailGiveaway.

All photos taken will be entered into a random drawing to win one Easter Basket + \$50 KTA Gift Card per store. Take photos in multiple store locations to maximize your chance of winning. Winners will be announced on Easter morning, April 4 for pick-up at the KTA location you tagged.

We will be sharing other Easter crafts, activities and recipes so be sure to follow us on social media. We'd love for you to share your Easter traditions with us on Facebook, Twitter, Instagram and Pinterest. Remember, you're someone special every day at KTA since 1916.

Soba Noodle Salad with Sesame Glazed Tofu & Orange Sauce

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Tofu Breakfast Scrambler

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Coupons

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Featured Chef



Alyssa Moreau

Culinary Education Instructor at KCC, Alyssa is a personal chef for private households, focusing on healthy, vegetarian meals. Her recipes have been featured in *Vegetarian Times*, *Eating Well*, *Better Homes and Gardens*, the *Honolulu Advertiser* and local cookbooks, *A DASH of Aloha* and *A Sweet DASH of Aloha*.

The recipes within are provided as suggestions only as part of our service to customers and are intended for use by persons having appropriate technical skill, at their own discretion and risk. KTA Super Stores cannot guarantee that favorable results will be obtained from their use, and assumes no obligation or liability and makes no warranties with respect to these recipes.

In Brine
**Chicken of
the Sea Chub
Mackerel**

15 oz.

1⁸⁸



Fancy Crabmeat or Whole Cove Oysters
**Chicken
of the Sea
Pacific Pearl**

6 to 8 oz.

2^f_o\$^r4



Original, Mild or Fire-Roasted
**Ro-Tel Diced
Tomatoes &
Green Chilies**

10 oz.

2^f_o\$^r3



Spicy Brown or Stone Ground Dijon
**Gulden's
Mustard
Sale!**

12 oz.

1⁹⁹
ea.



Just heat & eat!
**Bush's Best
Savory
Beans**

15.3 to 15.5 oz.

1⁵⁷
ea.



Southern Pit Barbecue or Steakhouse Recipe
**Bush's Best
Grillin'
Beans**

22 oz.

2⁵⁹
ea.



Marshmallow Madness or Lovers
**Swiss Miss
Hot Cocoa
Mix**

6 count

3¹⁹
ea.



Marshmallow or Milk Chocolate
**Swiss Miss
Hot Cocoa
Mix Sale!**

21.59 to 22.23 oz.

4⁶⁹
ea.



In Oil, Water or 50% Less Sodium

Chicken of the Sea Chunk Light Tuna

5 oz.

97¢
ea.

Without coupon 1.27, limit 10 per coupon



1330-30



Good March 31 to April 13, 2021

Dark Red

Van Camp's Kidney Beans

15 oz.

99¢
ea.

Without coupon 1.19, limit 6 per coupon



1341-20



Good March 31 to April 13, 2021

High in fiber!

Bush's Best Baked Beans

16 oz.

2^f_r \$3
ea. set

Without coupon 2 for 3.50, limit 3 sets per coupon
Coupon price good on set purchase only.



1308-50



Good March 31 to April 13, 2021

Traditional, Vegetarian or No Fat

Rosarita Refried Beans

30 oz.

2⁹
ea.

Without coupon 2.49, limit 5 per coupon



1344-20



Good March 31 to April 13, 2021

Light or Vegetable Classics

Progresso Soup Sale!

18.5 to 19 oz.

3^f
o
r \$5



Bugles Corn

7.5 oz. or

Chex Mix Snacks

8.75 oz.

1⁹
9⁷
ea.



100% Natural

Hunt's Tomato Paste

12 oz.

1⁹
9



Crushed with Basil, Diced or Whole Plum

Hunt's 100% Natural Tomatoes

28 oz.

2⁷
9



No Preservatives

Barilla Pasta Sauce

24 oz.

2⁴
7
ea.



Rustic Basil or Creamy Genovese

Barilla Pesto Sauce

5.6 to 6.5 oz.

2⁹
7
ea.



Cooks in minutes!

Knorr Italian, Pasta or Rice Sides

4 to 5.7 oz.

4^f
o
r \$5



Chicken or Beef

Knorr Bouillon Granules

7.9 oz.

2²
9
ea.



Hamburger, Chicken or Tuna

Betty Crocker Helper Meals

5 to 8.7 oz.

2^f_o\$3^r ea. set

Without coupon 2 for 3.50, limit 5 sets per coupon
Coupon price good on set purchase only.



1327-50



Good March 31 to April 13, 2021

100% Natural

Hunt's Tomato Sauce

12 cans - 15 oz.

10^f_o99^r ea.

Without coupon 11.99, limit 4 per coupon



1340-100



Good March 31 to April 13, 2021

Barilla Pasta

Linguine, Spaghetti, Cellentani, Farfalle, Penne Rigati, Fettuccine, Campanelle, Angel Hair, Large Shells, Elbows 16 oz. or Tri-Color Rotini 12 oz.

4^f_o\$5^r ea. set

Without coupon 4 for 6.00, limit 2 sets per coupon
Coupon price good on set purchase only.



1337-100



Good March 31 to April 13, 2021

Soup or Soup & Dip Mix

Lipton Recipe or Soup Secrets

2 count

1^f_o49^r ea.

Without coupon 1.79, limit 10 per coupon



1328-30



Good March 31 to April 13, 2021

Au Gratin or Scalloped

Betty Crocker Potatoes

4.7 oz.

179
ea.



Crispy Bread Crumbs

Progresso Plain Panko

8 oz.

239



California Black Ripe

Lindsay Sliced Olives

2.25 oz.

159
ea.



California Ripe Pitted

Lindsay Naturals Medium Green Olives

6 oz.

249
ea.



Regional Recipes

Mezzetta Pizza Sauce

14 oz.

299



Sliced or Pitted

Mezzetta Kalamata Olives

9.5 oz.

499
ea.



Crunchy!

Vlasic Sweet Relish

10 oz.

199



Wholes or Baby Wholes

Vlasic Kosher Dill Pickles

46 oz.

499



Mild or Hot
Old El Paso
Red Enchilada Sauce

10 oz.

1.49
ea.

Without coupon 1.69, limit 3 per coupon



1346-20



1346

Good March 31 to April 13, 2021

California Ripe Pitted
Lindsay Black
Medium Olives

6 oz.

2^f 0^r \$3
ea. set

Without coupon 2 for 3.50, limit 3 sets per coupon
Coupon price good on set purchase only.



1316-50



1316

Good March 31 to April 13, 2021

Deli-Sliced
Mezzetta Peppers
or Peperoncini

16 oz.

2.29
ea.

Without coupon 2.49, limit 5 per coupon



1317-20



1317

Good March 31 to April 13, 2021

Snack'mms or Stackers
Vlasic Pickle
Savings!

16 oz.

2.79
ea.

Without coupon 2.99, limit 5 per coupon



1301-20



1301

Good March 31 to April 13, 2021

BRIANNAS®

Fine Salad Dressings



Certified Organic. Certified Delicious!

Organic
**Bragg
Apple Cider
Vinegar**
32 oz.

5⁹⁹



Assorted
**Briannas
Home Style
Dressing**
12 oz.

2^f_o\$7^r



There are organic dressings. Then, there's BRIANNAS New Organic Salad Dressings.



These are Organic Dressings like only BRIANNAS can create. Bursting with our famous flavor. Rich. Delicious. And made with only premium organic ingredients. No artificial flavors, synthetic colors, chemicals, or preservatives.

One taste and you'll agree – eating well never tasted so good!

Peta and
Cucumber Salad



Pork Tenderloin with Chimichurri

Organic Mandarin
Orange Salad



www.briannas.com/organics

Certified delicious!

**Briannas Organic
Dressing**

10 oz.

3⁹⁹
ea.

Without coupon 4.99, limit 6 per coupon



1322-100



1322

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Made with cage free eggs!

**Best Foods
Real
Mayonnaise**

11.5 oz.

3⁶⁹



Made with organic free-range eggs!

**Best Foods
Organic
Mayonnaise**

15 oz.

6⁴⁹



All Natural

**Lea & Perrins
Worcestershire
Sauce**

5 oz.

2³⁹



Cocktail or Tartar

**Kraft
Sauce
Sale!**

12 oz.

2²⁷ ea.



Salad Dressing & Recipe or Dips

**Hidden Valley
Original
Ranch Mix**

1 oz.

1⁷⁹ ea.



The Original Ranch Mix

**Hidden
Valley
Seasoning**

4 count - 1 oz.

5⁹⁹



In Water or Marinated

**Cara Mia
Artichoke
Hearts**

14.75 oz.

3⁴⁹ ea.



**Premium
Star
Balsamic
Vinegar**

12 oz.

3⁹⁹



Real
**Best Foods
Mayonnaise**

48 oz.

6⁹⁹
ea.

Without coupon 7.99, limit 5 per coupon



1312-100



Good March 31 to April 13, 2021

Drizzle over salad!
**Kraft Dressing
or Vinaigrette**

14 to 16 oz.

2^f₀\$⁵
r ea. set

Without coupon 2 for 6.00, limit 3 sets per coupon
Coupon price good on set purchase only.



1305-100



Good March 31 to April 13, 2021

Original or Buttermilk
**Hidden Valley
Ranch Dressing**

16 oz.

3⁹⁹
ea.

Without coupon 4.49, limit 5 per coupon



1309-50



Good March 31 to April 13, 2021

Original Pure or Extra Virgin
**Star
Olive Oil**

8.45 oz.

3⁹⁹
ea.

Without coupon 4.49, limit 5 per coupon



1310-50



Good March 31 to April 13, 2021

MAXWELL HOUSE



GOOD TO THE LAST DROP

CUSTOM ROASTED

FOR A PERFECTLY BALANCED TASTE.



Premium
Yuban
Instant
Coffee

8 oz.

5¹⁹



Ground or Whole Bean

Gevalia
Kaffe
Coffee

12 oz.

5⁹⁹
ea.



Cocktail, Dry or Honey Roasted

Planters
Party Size
Peanuts

34.5 to 35 oz.

5⁶⁹



Mild or Medium

Taco Bell
Salsa Con
Queso

15 oz.

2⁶⁹
ea.





Iced Choccolaccino

Creamy Coffee & Almond Dessert



www.kraftrecipes.com/maxwell-house

Good to the last drop!

Maxwell House Ground Coffee

24.5 to 30.6 oz.

5.99
ea.

Without coupon 6.19, limit 3 per coupon



1372-20



Good March 31 to April 13, 2021

Mild or Medium

Taco Bell Thick & Chunky Salsa

16 oz.

1.79
ea.

Without coupon 1.99, limit 3 per coupon



1342-20



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Chocolate Flavor

**Nestlé
Nesquik
Drink Mix**
20.1 oz.

4⁹⁹



Nestlé Vanilla or Hazelnut

**Coffee mate
Sugar Free
Creamer**
Non-Dairy 10.2 oz.

4³⁹
ea.



Purified
**Hawaiian
Mountain
Fresh Water**
1.5 liters

79¢



Distilled or Purified
**Hawaiian
Mountain
Fresh Water**
128 oz.

2^f_o\$5^r



Premium Coffee Drink
**Starbucks
Nitro Cold
Brew**
9.6 oz.

2³⁹
ea.



Premium Drink
**Starbucks
Cold Brew
Coffee**
11 oz.

2⁶⁹
ea.



Coffee + Energy
**Java
Monster
Drinks**
15 oz.

2²⁹
ea.



Burst of energy!
**Monster
Energy
Drinks**
24 oz.

2⁷⁹
ea.



The Original
**Nestlé Coffee
mate Creamer**
Lactose Free 35.3 oz.

5²⁹
ea.

Without coupon 5.49, limit 3 per coupon



1345-20



Good March 31 to April 13, 2021

Natural Alpine
**Crystal Geysir
Spring Water**
24 bottles - 16.9 oz.

6⁷⁹
ea.

Without coupon 7.99, limit 6 per coupon



1323-120



Good March 31 to April 13, 2021

**Pepsi, Mtn Dew, Sierra Mist,
Crush Orange Soda or
Lipton Brisk Iced Tea**
24 cans - 12 oz.

8⁹⁹
ea.

Without coupon 9.49, limit 2 per coupon



1371-50



Good March 31 to April 13, 2021

Total Body Fuel or Inferno
**Reign Energy
Drinks**
16 oz.

3^f₀\$5^r
ea. set

Without coupon 3 for 6.00, limit 4 sets per coupon
Coupon price good on set purchase only.



1318-100



Good March 31 to April 13, 2021

Naturally Alkaline
**Hawai'i
Volcanic
Water**

1.75 liters

1⁹⁹
ea.



Tea or Juice
**Lipton
Brisk
Drinks**

1 liter

5^f₀^r\$5



Flavored
**Kool-Aid
Bursts Soft
Drinks**

6 count

1²⁹
ea.



Assorted Flavors
**Kool-Aid
Freeze
Pops**

20 count

2^f₀^r\$5



From Concentrate
**Essential
Everyday 100%
Pineapple Juice**

64 oz.

4⁶⁹



From Concentrate
**Essential
Everyday
Prune Juice**

64 oz.

6⁴⁹



Original Enriched
**Almond Dream
Unsweetened
Almond Drink**

32 oz.

3⁶⁹



Plain Unsweetened
**Westsoy
Organic
Soymilk**

32 oz.

3⁶⁹



Pure Leaf
6 bottles - 16.9 oz. or
Lipton Tea Drinks
12 bottles - 16.9 oz.

6⁹⁹
ea.

Without coupon 7.99, limit 6 per coupon



1319-100



Good March 31 to April 13, 2021

Fruit Flavored
CapriSun
Juice Drinks
10 pouches

2²⁹
ea.

Without coupon 2.49, limit 6 per coupon



1306-20



Good March 31 to April 13, 2021

From Concentrate
Essential Everyday 100%
Apple Juice or Cider
64 oz.

2⁹⁹
ea.

Without coupon 3.29, limit 5 per coupon



1321-30



Good March 31 to April 13, 2021

Original or Vanilla
Rice Dream
Classic Rice Drink
32 oz.

2⁶⁹
ea.

Without coupon 2.89, limit 5 per coupon



1347-20



Good March 31 to April 13, 2021

Oatcakes

Created by Chef Alyssa Moreau



Visit ktasuperstores.com/recipes or scan the code for recipe videos and more!

Old Fashioned or Quick 1-Minute

**Quaker
Whole
Grain Oats**

18 oz.

**2^f
o
r** \$5



Thirst Quencher

**Gatorade
Sports
Drinks**

8 btl. - 20 oz.

5⁹⁹
ea.



Oatcakes

2 cups quick rolled oats [pg.20](#)

1 cup whole wheat pastry flour or oat flour

¼ cup cane sugar

¼ tsp. salt

1 tsp. baking powder

1 tsp. cinnamon

¼ tsp. nutmeg

¼ - ½ cup dried fruit of choice

1 tsp. vanilla

¼ cup vegetable or canola oil

¼ cup applesauce

½ cup water (or more as needed) [pg.16, 17](#)

Preheat the oven to 350°. In a medium sized bowl, mix together the oats, flour, sugar, salt, baking powder, cinnamon and nutmeg. In a separate bowl, combine the dried fruit, vanilla, oil, applesauce and water. Once both bowls are thoroughly mixed, add the wet ingredients to the dry ingredients and mix well.

Place the mixture onto a clean and dry work surface and pat down firmly until it is approximately 1" high. Use a biscuit cutter to create oatcakes and place on a non-stick baking pan.

Bake for 17 to 23 minutes or until nicely browned and firm. Start checking in at 17 minutes to monitor done-ness.

Servings:

Serves 4 to 6

Total Time:

30 minutes

Pair With:

Hot Chai Tea

Regular, G2 or Zero

Gatorade

Sports Drinks

12 bottles - 12 oz.

5⁹⁹

ea.

Without coupon 6.99, limit 5 per coupon



1313-100



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**Kellogg's Cereal
Variety Pack**
10 count

5⁹⁹



**Kellogg's Rice
Krispies Treats**
Original 40 count

10⁹⁹

Regular or Fit
**Bear
Naked
Granola**
8 to 12 oz.



4⁶⁹
ea.

Gluten Free
**Bear Naked
Granola
Bites**
7.2 oz.



4⁸⁸
ea.

Lucky Charms or Cocoa Puffs
**General
Mills
Cereals**
10.4 to 13.8 oz.



**2^f
o
r \$6**



Crunchy Oats & Honey
**Nature Valley
Granola Bars** 22.35 oz.

6⁹⁹

Condensed
**Campbell's
Family Size
Soup**
22.4 to 23.2 oz.



2⁶⁹
ea.

Home Meat Cure
**Morton
Tender
Quick**
2 lbs.



4⁷⁹

Toaster Pastries

Kellogg's Pop•Tarts

8 count

2^f₀r \$5 ea. set



Without coupon 2 for 6.00, limit 3 sets per coupon
Coupon price good on set purchase only.

Excludes Simply & Pretzel



1314-100



Good March 31 to April 13, 2021

Regular or Protein

Bear Naked Organic Granola

7.9 to 8.6 oz.

4⁹⁹ ea.

Without coupon 5.99, limit 4 per coupon



1315-100



Good March 31 to April 13, 2021

Enjoy for breakfast!

Nature Valley Protein Granola

11 oz.

3⁸⁸ ea.

Without coupon 4.29, limit 5 per coupon



1304-41



Good March 31 to April 13, 2021

100% Natural

Swanson Chicken Broth

32 oz.

2^f₀r \$5 ea. set

Without coupon 2 for 6.00, limit 4 sets per coupon
Coupon price good on set purchase only.



1329-100



Good March 31 to April 13, 2021



70 years in the baking.

KING'S HAWAIIAN® classic bread products have been satisfying taste buds since 1950.



Original Sweet
**King's Hawaiian
Mini Sub
Rolls**

12 oz., 6 count

4⁴⁹



**King's Hawaiian
Original
Sweet Bread**

Round 16 oz. or
Sliced 13.5 oz.

5⁴⁹
ea.



**Thomas Original
English Muffins**

6 count

4⁴⁷

**Thomas
Pre-Sliced
Bagels**

Reg. 6 count
or Mini 15 oz.

4⁹⁷
ea.



Aloha Spirit - Our Key Ingredient

Create a satisfying breakfast, delicious lunch, savory dinner or delectable dessert with **KING'S HAWAIIAN®** breads or rolls.



Blueberry Cream Cheese
Breakfast Bake



Pineapple Char Siu
Pulled Pork Sliders



Bacon Jalapeno
Flatbread

Get inspirational meal creations at www.kingshawaiian.com/recipes

Original Sweet or Savory Butter

King's Hawaiian Bread Rolls

12 count

4²⁹
ea.

Without coupon 4.59, limit 3 per coupon



1331-30



Good March 31 to April 13, 2021

Original or Golden Wheat

Sara Lee Artesano Bakery Bread

20 oz. loaf

4⁴⁹
ea.

Without coupon 4.99, limit 3 per coupon



1332-50



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Orange
Essential
Everyday
Marmalade

18 oz.

2⁷⁹



With Sea Salt
Essential
Everyday
Mixed Nuts

10 oz.

5¹⁹
ea.



Frozen
Hawaiian Sun
Coconut
Milk

12 oz.

2⁹⁹
ea.



Fruit Preserves & Nuts
Hawaiian Sun
Gift Set 6 count

12⁶⁹

Regular or Sugar Free

Hunt's
Snack Pack
Pudding

12 ct. - 3.25 oz.

3⁹⁹



Buttermilk Complete

Mrs. Butter-
worth's
Pancake Mix

32 oz.

2⁴⁹



Salsa Picante

Tapatío
Hot
Sauce

10 oz.

1⁴⁹



In Adobo Sauce

Embasa
Chipotle
Peppers

7 oz.

2¹⁹
ea.



Fill with ice cream!

Essential Everyday Ice Cream Cups

1.75 oz., 12 count

119
ea.

Without coupon 1.39, limit 3 per coupon



1349-20



Good March 31 to April 13, 2021

Tropical Fruit Hawaiian Sun Jam or Jelly

10 oz.

269
ea.

Without coupon 2.89, limit 5 per coupon



1343-20



Good March 31 to April 13, 2021

Original or Sugar Free

Mrs. Butterworth's Syrup

24 oz.

299
ea.

Without coupon 3.99, limit 4 per coupon



1302-100



Good March 31 to April 13, 2021

Sweetened Nestlé La Lechera Condensed Milk

14 oz.

249
ea.

Without coupon 2.69, limit 3 per coupon



1348-20



Good March 31 to April 13, 2021



Fisher Almonds
 Chef's Naturals Sliced
 or Slivered 10 oz.

769
 ea.



Fisher Pecans
 Chef's Naturals Halves
 or Chopped 10 oz.

799
 ea.

Makes six muffins!
Betty Crocker
Cornbread
& Muffin Mix
 6.5 oz.



**2^f
0^o
r** 99¢

Rich & Creamy or Whipped
Betty
Crocker
Frosting
 12 to 16 oz.



177
 ea.

Chocolate
Ghirardelli
Premium
Baking Bar
 4 oz.



**2^f
0^o
r** \$5

Premium
Ghirardelli
Baking Cocoa or
Hot Cocoa Mix
 8 to 10.5 oz.



399
 ea.



Kraft Marshmallows
 Jet-Puffed Regular 12 oz.,
 Miniatures 10 oz. or Creme 7 oz.

189
 ea.

Strawberry Cheesecake
Jell-O
No Bake
Dessert Mix
 19.6 oz.



329

Chopped or Halves & Pieces

Fisher Chef's Naturals Walnuts

10 oz.

4⁹⁹
ea.

Without coupon 5.99, limit 5 per coupon



1311-100



Good March 31 to April 13, 2021

Super Moist Betty Crocker Cake Mix

15.25 oz.

2^f₀^r\$3
ea. set

Without coupon 2 for 3.50, limit 3 sets per coupon
Coupon price good on set purchase only.



1303-50



Good March 31 to April 13, 2021

Premium Ghirardelli Baking Chips

10 to 12 oz.

2^f₀^r\$7
ea. set

Without coupon 2 for 7.50, limit 3 sets per coupon
Coupon price good on set purchase only.



1320-50



Good March 31 to April 13, 2021

Regular or Sugar Free Jell-O Pudding & Pie Filling

1 to 3.9 oz.

88¢
ea.

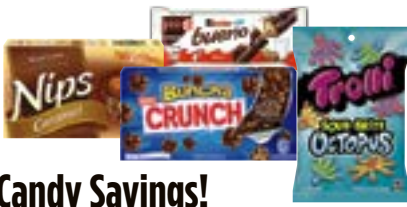
Without coupon 1.17, limit 6 per coupon



1307-29



Good March 31 to April 13, 2021



Candy Savings!

Nestlé Boxes 3.1 to 5 oz.,
Kinder Bueno Bar 1.5 oz.,
Trolli Gummies 4 to 5 oz.
or Pearson Nips 4 oz.

99¢ ea.

Assorted Pouches

Nestlé Candy Sale!

8 oz.

2⁹⁹ ea.



**Loacker
Crispy Wafers**
Family Size 6.17 oz.

2^f_o\$5_r

Bite Size Chunks or Nuggets

Violet Crumble Honeycomb Candy

4.76 to 6 oz.

2⁹⁹ ea.



Hot & Spicy, Strawberry or Caramel & Butter

Shirakiku Cinema Popcorn

1.23 to 2.46 oz.

1⁶⁹ ea.



Kinoko No Yama or Takenoko No Sato

Meiji Chocolate Biscuits

2.71 to 2.89 oz.

2⁶⁹ ea.



Nabisco Snacks

Handi-Snacks 6 ct.,
Snak-Saks 8 oz.,
Minions or Teddy
Grahams 10 oz.

2^f_o\$5_r



Nabisco Savings!

Ginger Snaps 16 oz.,
Honey Maid Crackers
12.2 to 14.4 oz. or
Nilla Wafers 11 oz.

2^f_o\$6_r



Assorted
**Nestlé
Candies**

.92 to 2.44 oz.

5^f_o\$4^r ea. set

Without coupon 5 for 4.50, limit 3 sets per coupon
Coupon price good on set purchase only.



1325-50



Good March 31 to April 13, 2021

**Storck Werther's, Riesen,
Coffee Rio Candy
or Century Salted
Peanuts** 8 oz.

2^f_o\$4^r ea. set

Without coupon 2 for 4.50, limit 4 sets per coupon
Coupon price good on set purchase only.



1326-50



Good March 31 to April 13, 2021

Fruity & Chewy

**Morinaga
HI-CHEW Candy**

1.76 oz.

99^c ea.

Without coupon 1.29, limit 10 per coupon



1360-30



Good March 31 to April 13, 2021

Nabisco Nutter Butter Wafers 10.5 oz.,
Family Size Nutter Butter Cookies 15.27 to 16 oz.,
Oreo Cookies 17 to 20 oz., Thins 13.1 oz., Gluten
Free, Limited Edition 12.2 to 14.03 oz.
or Ritz Crackers 17.8 to 20.5 oz.

2^f_o\$6^r ea. set

Without coupon 2 for 7.00, limit 5 sets per coupon
Coupon price good on set purchase only.



1350-100



Good March 31 to April 13, 2021



Diamond Bakery

Royal Cream, Graham,
Soda or Saloon Pilot
Crackers 8 to 9.5 oz.

3³⁹
ea.

Diamond Bakery

Animal Cookies 2 lbs.,
Royal Cream, Soda,
Graham or Saloon
Pilot Crackers
30 oz.

7⁵⁹
ea.



Mini or Sticks Snyder's Gluten Free Pretzels

8 oz.

2^f_o\$6_r



Artisanal Epic Pork Rinds

2.5 oz.

2^f_o\$7_r



Cauliflower Crackers, Pretzels or Stalks From the Ground Up Snacks

4 to 4.5 oz.

3²⁹
ea.



Plant Based Snacks Back to Nature Cookies

9.5 to 9.6 oz.

3⁹⁹
ea.



Smartfood Popcorn 5 to 6.75 oz. or Cheetos Snacks

6.5 to 8.5 oz.

2^f_o\$6_r



Enjoy with chips! Tostitos Salsa or Dip

15 to 15.5 oz.

2^f_o\$7_r



Excludes Organic

Diamond Bakery

Hawaiian Shortbread
Cookies 4.4 oz.
or Soda Crackers
13 oz.

3²⁹
ea.

Without coupon 3.59, limit 5 per coupon



1351-30



Good March 31 to April 13, 2021

Blue Corn, Multigrain or Sweet Potato Food Should Taste Good Tortilla Chips

5.5 oz.

2^f₀^r\$5
ea. set

Without coupon 2 for 6.00, limit 5 sets per coupon
Coupon price good on set purchase only.



1352-100



Good March 31 to April 13, 2021

Organic

Lundberg Rice Cake Minis

5 oz.

3¹⁹
ea.

Without coupon 3.49, limit 5 per coupon



1353-30



Good March 31 to April 13, 2021

Enjoy with salsa or dip!

Tostitos Tortilla Chips

10 to 13 oz.

2^f₀^r\$6
ea. set

Without coupon 2 for 7.00, limit 5 sets per coupon
Coupon price good on set purchase only.



1354-100



Good March 31 to April 13, 2021

Shiofuki Kombu
**Trader's
Choice
Seaweed**
Salted 1.5 oz.



279

Smok A Roni or Cocktail Pep
**Oberto Smoked
Sausage
Sticks**



3 oz.

279
ea.

Original or Peanut Butter
**Tao Kae Noi
Coconut
Roll Snacks**
3.53 oz.



239
ea.

Potato Stick & Seaweed
**Tao Kae Noi
Z Roll Farm
Snacks**
2.54 oz.



319
ea.

Roasted, Seasoned or Chocolate Covered
**Mauna Loa
Macadamia
Nuts**
4 to 5 oz. cup



569
ea.

Seasoned, Roasted or Chocolate Covered
**Mauna
Loa
Macadamias**
10 oz.



1099
ea.

Regular or Hot
**Family
Sesame
Oil**
6 oz.



199
ea.

Dried Premium
**Family
Shiitake
Mushrooms**
Whole or Sliced 5 oz.



499
ea.

All Natural or Classics Thin Style

Oberto Jerky

2.5 to 3.25 oz.

3.97

ea.

Without coupon 4.47, limit 6 per coupon



1333-50



Good March 31 to April 13, 2021

Crispy or Hi Tempura

Tao Kae Noi Seaweed Snacks

1.12 to 1.41 oz.

1.69

ea.

Without coupon 1.99, limit 5 per coupon



1355-30



Good March 31 to April 13, 2021

Gift Collection

Mauna Loa Macadamias

3 count

13.99

ea.

Without coupon 14.99, limit 6 per coupon



1324-100



Good March 31 to April 13, 2021

Family Coconut Milk or Chef's Choice Coconut Milk or Cream

13.5 oz.

1.59

ea.

Without coupon 1.89, limit 5 per coupon



1365-30



Good March 31 to April 13, 2021

Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Soba Noodle Salad

with Sesame Glazed Tofu & Orange Sauce

Created by Chef Alyssa Moreau



Visit ktasuperstores.com/recipes or scan the code for recipe videos and more!

Dipping Sauce for Noodles

Shirakiku
Somen or
Soba Tsuyu
12.17 oz.

3.49
ea.



Japanese Style

Shirakiku
Noodles

Zaru Soba 12.69 oz.,
Soba, Somen or
Udon 1.7 to 2.2 lbs.

3.99
ea.



Soba Noodle Salad with Sesame Glazed Tofu & Orange Sauce

- 1 tbsp.+ 1 tsp. toasted sesame oil, divided [pg.34](#)
- 2 tbsp. low-sodium shoyu or Bragg's Liquid Aminos, divided [pg.39](#)
- 1 tsp. sambal chili paste
- 1 garlic clove, mashed
- 10 oz. firm tofu, drained & dried well
- 2 tbsp. sesame seeds
- ¼ cup orange juice, freshly squeezed [pg.49](#)
- 1 tbsp. honey or agave
- 1 tbsp. fresh lemon juice
- ¼ tsp. salt
- 1½ tsp. arrowroot powder
- 8 oz. soba noodles [pg.36](#)
- ½ cup red bell pepper, sliced thin
- ½ cup carrot, finely julienned
- 1 cup cucumber, sliced
- 1 cup mung bean sprouts
- 1 cup romaine lettuce or napa cabbage, julienned
- ¼ cup green onions or cilantro, thinly sliced

Preheat oven to 350 degrees F. For the marinade, combine the 1 tbsp. sesame oil, 1 tbsp. shoyu or Bragg's, chili paste and garlic in a small bowl. Set aside. Cut the tofu into 1" cubes or slice ¼" thickness and cut into triangles for a variation on shape. Place tofu pieces on a parchment lined baking sheet. Baste tops with the marinade, then sprinkle with sesame seeds. Bake for about 20 minutes or until nicely browned. Then turn over to brown the other side; another 10 minutes.

While the tofu is baking, prepare the sauce by combining the orange juice, honey or agave, lemon juice, 1 tbsp. shoyu, 1 tsp. sesame oil, salt, and arrowroot powder in a small pot and heat to thicken. Stir occasionally. Set aside to cool. Bring a pot of water to a boil and cook the soba noodles according to package instructions. Drain and rinse with cold water until noodles are cool.

Toss noodles in a large bowl with a bit of sesame oil or other light oil and shoyu and chill in the refrigerator. Once fully chilled, add bell pepper, carrot, cucumbers, sprouts, lettuce and green onions into the noodles. Place on a platter topped with tofu and sauce on the side.

Servings:

Serves 4

Total Time:

40 minutes

Pair With:

Lipton Iced Green Tea [pg.19](#)

Japanese Style

Shirakiku Tomoshiraga Somen Noodles

8 oz.

79¢
ea.

Without coupon 99¢, limit 5 per coupon



1364-20



Good March 31 to April 13, 2021

Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Medium Hot or Hot Sichuan Style

Lee Kum Kee Sauce for Mabo Tofu

2.5 oz.

89¢

ea.



Ready in minutes!

Lee Kum Kee Panda Brand Sauce

8 oz. pouch

2³⁹

ea.



Mild, Medium Hot or Hot

S&B Golden Curry Sauce Mix

3.2 oz.

2²⁹

ea.



Top Quality

Dynasty Jasmine Rice

20 lbs.

19⁹⁷



Gluten Free

Lotus Foods Rice Ramen

2.8 oz.

1⁸⁹

ea.



Indian Mild or Spicy

Maya Kaimal Simmer Sauce

12.5 oz.

4⁹⁹

ea.



Our Home Seasoned Nori

3 count

99¢

Nori Tsukudani or Shiitake

Momoya Gohan Desuyo!

6.34 oz.

3⁹⁹

ea.



Kum Chun
Lee Kum Kee
Oyster Sauce
Flavored 17 oz.

1.19
ea.

Without coupon 1.49, limit 5 per coupon



1366-30



Good March 31 to April 13, 2021

Kikkoman Soy Sauce or
Teriyaki Marinade
& Sauce

1.25 quarts

6.99
ea.

Without coupon 7.49, limit 5 per coupon



1361-50



Good March 31 to April 13, 2021

Made with organic noodles!

Koyo Vegan
Ramen

2 to 2.1 oz.

5.00 **\$5**
r ea. set

Without coupon 5 for 6.00, limit 2 sets per coupon
Coupon price good on set purchase only.



1368-100



Good March 31 to April 13, 2021

Assorted
Yamamotoyama
Tea Savings!

16 bags

2.39
ea.

Without coupon 2.69, limit 5 per coupon



1362-30



Good March 31 to April 13, 2021

Whole or Sliced
**Shirakiku
 Water
 Chestnuts**

8 oz.

99¢
 ea.



**Shirakiku Fresh
 Chow Mein Noodles**
 With Seasoning 16.8 oz.

3⁵⁹

**Koha Crushed Pepper,
 Chili Powder** 2 to 3 oz.
**or Cock's Brand
 Tapioca Pearls**

Small 16 oz.

169
 ea.



**Small Batch
 Pork Rinds**

Kimchi BBQ, Spicy
 Dill or Sea Salt &
 Cracked Black
 Pepper 4 oz.

4³⁹
 ea.



Frozen
**Hot Pockets
 Stuffed
 Sandwiches**

4 oz.

10^f or \$10^r



Frozen with Meat & Sauce

**Stouffer's
 Classics
 Lasagna**

Party Size 90 oz.

18⁵⁹



Japanese Style
**1916 Panko
 All Natural
 Breadcrumbs**

12 oz.

3²⁹



serving
 suggestion

**1916 Prime Pork
 Boneless Steak or Chopped
 Family Pack**

3⁴⁹
 lb.

Made in Japan!
**Shirakiku Tempura
Batter Mix**

10 oz.

2¹⁹
ea.

Without coupon 2.49, limit 5 per coupon



1363-30



1363

Good March 31 to April 13, 2021

Just add meat & vegetables!

**Aroy-D
Thai Curry**

8.5 oz. pouch

1⁸⁹
ea.

Without coupon 2.19, limit 5 per coupon



1367-30



1367

Good March 31 to April 13, 2021

Frozen Hand Breaded Fantail

**Mrs. Friday's
Gold Pack Shrimp**

2.5 lbs. - 21 to 25 count

2¹⁴⁹
ea.

Without coupon 21.99, limit 3 per coupon



1526-50



1526

Good March 31 to April 13, 2021

Frozen

**EZ Peel
Shrimp**

2 lbs. - 21 to 25 ct.

15⁹⁹
ea.

Without coupon 16.99, limit 2 per coupon



serving
suggestion



1522-100



1522

Good March 31 to April 13, 2021

Tofu Breakfast Scrambler

Created by Chef Alyssa Moreau



Visit ktasuperstores.com/recipes or scan the code for recipe videos and more!



Frozen Selected
Flav•R•Pac
Vegetables 12 oz.

**3^f
o
r** **\$7**



Salted or Unsalted
Challenge European
Style Butter 8 oz. **2⁹⁹**
ea.

Tofu Breakfast Scrambler

1 tbsp. light oil or margarine **pg.46**

½ cup onion, chopped

¼ cup carrot, julienned

¼ cup red bell pepper, chopped

½ tsp. cumin

½ tsp. dried oregano

14 oz. firm tofu, rinsed,
drained and patted dry

½ tsp. turmeric

½ tsp. salt

¼ tsp. black pepper

½ - 1 cup frozen peas, defrosted **pg.42**

2 tbsp. fresh cilantro, minced
(or green onions, finely chopped)

Heat oil in a large skillet and add onion. Saute for a few minutes until it starts to soften. Add the carrot and red bell pepper and continue to cook for about 3 minutes. Then add the cumin and oregano and heat a few minutes more.

Crumble the tofu into the pan, then sprinkle the turmeric, salt and pepper and mix in well. Add peas and cook until heated through. Serve topped with cilantro or green onions.

Servings:

Serves 3 to 4

Total Time:

25 minutes

Pair With:

Ginger Tea

Frozen

PanaPesca Hardshell Clams

16 oz.

5²⁹
ea.

Without coupon 5.69, limit 3 per coupon



1525-40



Good March 31 to April 13, 2021

Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Frozen Boneless & Skinless

Tyson Chicken Breast Portions

40 oz.

6⁵⁹



Frozen Breast

Tyson Chicken Tenderloins

40 oz.

6⁹⁹



Mild or Hot

Miko Portuguese Brand Sausage

12 oz.

4³⁹ ea.



Frozen

Miko Scottish Bangers

12 oz.

5⁷⁹ ea.



Frank's Foods

Smoked Sausage, Sliced Mild Portuguese Brand Sausage 12 oz., Reg. or Skinless Portuguese Brand Hot Dogs 16 oz.

5⁶⁹ ea.



Frozen with Vinegar

Frank's Foods Longanisa Sausage

20 oz.

6³⁹ ea.



Lunch Combinations

Oscar Mayer Lunchables

3.1 to 4.3 oz.

3^f_o^r \$6



Fully Cooked

Oscar Mayer Smokies or Wieners

14 to 16 oz.

2^f_o^r \$6



Frozen Boneless & Skinless

Tyson All Natural Chicken Thighs

40 oz.

5⁹⁹ ea.

Without coupon 5.99, limit 3 per coupon



1524-40



Good March 31 to April 13, 2021

Mainland Shell Protected

Cherry Lane Medium Eggs

Grade A 1 dozen

3⁰⁰ for **6** ea. set

Without coupon 3 for 7.00, limit 2 sets per coupon
Coupon price good on set purchase only.



1528-100



Good March 31 to April 13, 2021

Fully Cooked

Frank's Foods Franks or Blood Sausage

12 oz.

4¹⁹ ea.

Without coupon 4.59, limit 3 per coupon



1529-40



Good March 31 to April 13, 2021

Regular or Bun-Length

Oscar Mayer Turkey Franks

16 oz.

2⁴⁹ ea.

Without coupon 2.89, limit 5 per coupon



1530-40



Good March 31 to April 13, 2021

Chilled
Reddiwip
Dairy Whipped
Topping
6.5 oz.



3¹⁹
ea.

Frozen Turkey, Chicken or Beef
Marie
Callender's
Pot Pie
15 oz.



3⁹⁹
ea.

Kraft Original or 1/3 Less Fat
Philadelphia
Cream
Cheese
8 oz. brick



2^f_o^r\$6

Chunk, Shredded or Crumbles
Kraft
Natural
Cheese
5 to 8 oz.



3⁶⁹
ea.



I Can't Believe It's
Not Butter Spread
15 oz. or 2 ct. - 7.5 oz.

3¹⁹
ea.



Shedd's Spread
Country Crock
Original or Calcium 45 oz.

4⁹⁹
ea.



Assorted Flavors
Bakery Muffins
2 count

serving
suggestion

3²⁹
ea.



serving
suggestion

Quick & 'Ono
Turkey Pot Roast
Deli deal!

6⁹⁹
lb.

Family Size
Banquet
Frozen Meals

25 to 27 oz.

4³⁹
ea.

Without coupon 4.79, limit 3 per coupon



1527-40



Good March 31 to April 13, 2021

Assorted
Kraft Singles or
Velveeta Slices

10.7 to 12 oz.

4³⁹
ea.

Without coupon 4.79, limit 3 per coupon



1531-40



Good March 31 to April 13, 2021

Great for baking!

Imperial
Spread

1 lb. quarters

99¢
ea.

Without coupon 1.29, limit 5 per coupon



1532-30



Good March 31 to April 13, 2021

Deli Meat, Cheese and Crackers
Hormel Gatherings
Party Tray

28 oz.

15⁴⁹
ea.

Without coupon 15.99, limit 2 per coupon



1520-50



Good March 31 to April 13, 2021

Drink savings!
**Swiss Tea
or Naalehu
Waiawi**
64 oz.

2^f_o\$5^r



Assorted Flavors
**Meadow
Gold
Punch**
128 oz.

2^f_o\$5^r



Frozen
**Meadow Gold
Lani Moo's
Treat Bars**
6 count

2^f_o\$5^r



Assorted Flavors
**Meadow Gold
Ice Cream
Cups**
12 ct. - 3 oz.

4⁷⁹



Frozen Deep Dish or French Bread
**Red Baron
Pizza
Singles**
8.8 to 11.6 oz.

3⁹⁹
ea.



Frozen Ice Cream Treats
**Good Humor,
Klondike or
Magnum**
3 to 6 count

4⁹⁹
ea.



Nutrex Supplements
BioAstin Supreme Hawaiian
Astaxanthin 60 ct., Pure
Hawaiian Spirulina 5 oz.
powder or Spearmint
Flavor 180 count

14⁹⁹
ea.



Nutrex Supplements
BioAstin Hawaiian Astaxanthin
12mg - 50 ct., JointAstin
120 V-gels or Hawaiian
Spirulina Vanilla Protein
Shake 12.8 oz. powder

17⁹⁹
ea.



From Concentrate
**Mountain Apple Brand
100% Orange Juice**

64 oz.

2⁶⁹
ea.

Without coupon 2.99, limit 3 per coupon



1533-30



Good March 31 to April 13, 2021

A variety of flavors!
**Meadow Gold
Ice Cream or Sherbet**

1 gallon

7⁵⁹
ea.

Without coupon 7.99, limit 3 per coupon



1534-40



Good March 31 to April 13, 2021

**Ben & Jerry's FroYo,
Ice Cream** 16 oz. or
Cookie Dough Chunks

6 to 8 oz.

4¹⁹
ea.

Without coupon 4.59, limit 3 per coupon



1535-40



Good March 31 to April 13, 2021

Nutrex Supplements

BioAstin Hawaiian Astaxanthin
12mg - 25 ct., 4mg - 60 ct.
or Pure Hawaiian
Spirulina 200 ct.

10⁹⁹
ea.

Without coupon 11.99, limit 5 per coupon



1393-100



Good March 31 to April 13, 2021

Satohap Pain Relief

External Spray
2.37 oz., Plasters
or Lidocaine 4%
Pads 5 count

30% OFF
REGULAR
PRICES



Unique Comb Design Kai Touch'N Brow Razors

3 count

1⁸⁹



Congestion or Pressure + Pain

Sudafed PE Sinus Relief

18 to 24 count

5⁹⁹
ea.



24 Hour Zyrtec Allergy Relief

30 count

18⁹⁹



Gold Bond Skin Care

Medicated
Cream, Lotion
or Powder
1 to 14 oz.

35% OFF
REGULAR
PRICES



Icy Hot Pain Relief

Balm, Cream,
Spray, Roll-On,
1.25 to 3.7 oz. or
Patches 3 to 5 ct.

40% OFF
REGULAR
PRICES



Essentials, Mens or Kids

Suave Body Wash Savings!

12 to 15 oz.

**2^f
o
r \$4**



Extra, Max or Extreme Hold

Suave Hair Gel, Spray or Mousse

9 to 11 oz.

2⁹⁹
ea.



Original, Sugar Free, Vitamin C or Honey

Lipovitan Energy Drinks

6 bottles

7⁴⁹
ea.

Without coupon 7.99, limit 5 per coupon



1391-50



Good March 31 to April 13, 2021

Benadryl Allergy Relief

Ultratabs, Liqui-Gels 24 count,
Children's Liquid 4 oz.
or Chewables
20 count

4⁹⁹
ea.

Without coupon 5.49, limit 5 per coupon



1388-50



Good March 31 to April 13, 2021

ACT Oral Care

Anticavity Fluoride Kids
Rinse 16.9 oz., Mouthwash
18 oz. or Dry Mouth
Lozenges 18 ct.

3⁹⁹
ea.

Without coupon 4.29, limit 5 per coupon



Excludes Dry Mouth Mouthwash



1390-30



Good March 31 to April 13, 2021

Shampoo, Conditioner or 2in1

Suave Essentials Hair Care

30 oz.

2²⁹
ea.

Without coupon 2.69, limit 6 per coupon



1387-40



Good March 31 to April 13, 2021

Aloe Vera or Sport
**Banana Boat
Sunscreen
Lip Balm**

.15 oz.

2¹⁹
ea.



Sensitive or Sport Lotion or Spray
**Banana Boat
Simply Protect
Sunscreen**

3 to 6 oz., SPF 50

7⁵⁹
ea.



Flo Period Care

Bamboo Liners 24 ct.,
Pads 12 to 15 ct., Organic
Tampons 14 to 16 ct. or

Glo Bladder Care

Bamboo Mini Pads 16 ct.

30% OFF
REGULAR
PRICES



Dr. Tung's Oral Care

Toothbrush Sanitizer 2 ct.,
Perio Sticks 80 to 100 ct.,
Tongue Cleaner 1 ct.,
Activated Charcoal or
Smart Floss 30 yds.

35% OFF
REGULAR
PRICES



Extra Thick Antibacterial

Wet Ones

Big Ones

Hand Wipes

Fresh Scent 28 ct.

2¹⁹
ea.



Schick Razors

Disposable Skintimate,
Xtreme3, Xtreme4, Xtreme5
2 to 4 ct., Refillable Hydro
Silk 5, Hydro Sense 5 1 ct.
or Refills 4 ct.

40% OFF
REGULAR
PRICES



Convenient!

Kleenex

Slim Pack

Tissues

3 count

1³⁹
ea.



Sneeze shield!

Kleenex

Upright

Tissues

60 to 65 ct.

1⁸⁸
ea.



Banana Boat Mineral Foam

Apple, Berry Lotion 4 oz. or

Simply Protect Sunscreen

Baby, Kids Lotion or Spray 6 oz.

7⁹⁹
ea.

Without coupon 8.99, limit 5 per coupon



1394-100



Good March 31 to April 13, 2021

Jasmine, Rose or Sandalwood

Bee & Flower

Bar Soap

2.65 oz.

99¢
ea.

Without coupon 1.29, limit 5 per coupon



1392-30



Good March 31 to April 13, 2021

Stayfree Pads Ultra Thin,

Maxi, Overnight 14 to 24 ct.

or Carefree Liners

Orig. or Acti-Fresh 36 to 60 ct.

2^f_or \$5
ea. set

Without coupon 2 for 6.00, limit 5 sets per coupon
Coupon price good on set purchase only.



1389-100



Good March 31 to April 13, 2021

Trusted Care

Kleenex Brand

Family Size Tissues

190 count

2²⁹
ea.

Without coupon 2.59, limit 4 per coupon



1379-30



Good March 31 to April 13, 2021

Plastic Forks or Spoons

Essential Everyday Dailyware

24 count

88¢

ea.



Twist Tie 4 or 8 Gallon Essential Everyday Wastebasket Liners

20 to 30 count

2^f₀^r\$5



Seal Top Gallon or Quart

Ziploc Freezer or Storage Bags

14 to 24 ct.

2⁹₉

ea.

Seal Top

Ziploc Sandwich Bags

90 count

3⁷₉



Chlorine-Free Seventh Generation Bleach

64 oz.

4⁹⁹



Laundry Seventh Generation Detergent

50 oz. liquid

8⁹⁹



Stains gone! Zout Laundry Stain Remover

22 oz. spray

2⁴⁹



In-Wash Purex Crystals Fragrance Booster

15.5 oz.

3³⁷

ea.



Basic

Essential Everyday Paper Napkins

250 count

1.97

ea.

Without coupon 2.37, limit 3 per coupon



1386-40



Good March 31 to April 13, 2021

One Press Seal or Twist 'n Loc

Ziploc Plastic Containers

2 to 8 count

2.67

ea.

Without coupon 2.97, limit 5 per coupon



1380-30



Good March 31 to April 13, 2021

Free & Clear or Lavender

Seventh Generation Dish Liquid

25 oz.

3.97

ea.

Without coupon 4.47, limit 3 per coupon



1382-50



Good March 31 to April 13, 2021

Purex Laundry Detergent Sale!

Liquid 65 to 75 oz. or
4in1 Pacs 22 to 29 count

4.49

ea.

Without coupon 4.99, limit 4 per coupon



1381-50



Good March 31 to April 13, 2021

Original with Bacon
**Purina Beggin'
Strips Dog
Treats**

6 oz.

2⁹⁷
ea.



Cookout Classics
**Alpo Come
& Get It!
Dog Food**

Dry 16 lbs.

8⁹⁹



Assorted
**9Lives Cat
Food** 4 cans - 5.5 oz.

1⁶⁹
ea.

Chicken & Tuna
**Alley Cat
Dry Cat
Food**

3.15 lbs.

2^f_o\$5^r



Powerful
**Kobayashi
1 Drop
Deodorizer**

1 count

4⁶⁹



Ultra Sticky
**Hoy Hoy
Trap-A-Rat
Glue Trap**

1 count

3²⁹



Long Lasting
**Drift
Gel Air
Freshener**

1 count

1⁹⁷
ea.



Nylon
**Salux
Wash
Cloth**

1 count

2⁹⁹
ea.



Seafood Sensations or Tender & Crunchy Combo

Purina Friskies Dry Cat Food

16 lbs.

12⁷⁹ ea.

Without coupon 13.59, limit 2 per coupon



1383-80



Good March 31 to April 13, 2021

Homestyle

Milo's Kitchen Dog Treats

2.5 to 3 oz.

1⁹⁷ ea.

Without coupon 2.27, limit 5 per coupon



1384-30



Good March 31 to April 13, 2021

Pesticide Free

Hoy Hoy Trap-A-Roach

5 count

3⁴⁹ ea.

Without coupon 3.79, limit 6 per coupon



1397-30



Good March 31 to April 13, 2021

Keeps mosquitos away!

KING Mosquito Coils

10 count

1⁷⁹ ea.

Without coupon 1.97, limit 6 per coupon



1401-18



Good March 31 to April 13, 2021

White 8" x 11"

Mead Legal Pad

1 ct., 50 pages

1²⁹



Comfort Grip
Pilot G2
Gel Roller
Black Pen
2 count

2⁹⁷



Grey
3M Scotch
Multi Use
Duct Tape

1 roll - 30 yards

3⁹⁹



Long Lasting
Essential Everyday
Ultimate Alkaline
Batteries

C, D 4 ct. or 9V 2 ct.

3⁹⁷

ea.



Odorless
Kingsford
Charcoal
Lighter

32 oz.

3⁹⁷

ea.



Ridge Charcoal
Essential
Everyday
Briquets

15.4 lbs.

12⁹⁹



Dinner Forks, Tablespoons or Teaspoons

Kitchen Helper Flatware

3 count

1⁹⁷

ea.



Kitchen Helper Fish Scaler or Inomata Rice Washing Bowl

1 count

2⁹⁹

ea.



White or Natural Brown
Essential Everyday
Coffee Filters
Basket Style 100 ct.

1.99
ea.

Without coupon 2.49, limit 6 per coupon



1398-50



Good March 31 to April 13, 2021

AA or AAA
Essential Everyday
Alkaline Batteries
12 count

4.99
ea.

Without coupon 5.79, limit 6 per coupon



1399-80



Good March 31 to April 13, 2021

Ridge Charcoal
Essential Everyday
Instant Light Briquets
6.2 lbs.

5.99
ea.

Without coupon 6.79, limit 6 per coupon



1400-80



Good March 31 to April 13, 2021

Black with Selected Strap Colors #1390L
Locals Massage
Rubber Slippers
1 pair - Sizes 9 to 12

3.79
ea.

Without coupon 4.99, limit 6 per coupon



1406-120



Good March 31 to April 13, 2021

100% Malt
**Kirin Ichiban
Premium
Beer**

12 btls./cans

8⁹⁹
ea.



Light Beer
**Michelob Ultra
Pure Gold or
Organic Pack**

12 cans

14⁵⁹
ea.



Hard Seltzer Variety Pack
**Kona Spiked
Island
Seltzer**

12 cans

14⁹⁹



Citrus, Dragon Fruit or POG
**Maui
Hard
Seltzer**

6 cans

8⁸⁸
ea.



Classic or Pure
**Steinlager
Beer
Buy!**

12 bottles

12⁹⁹
ea.



Assorted
**Sierra
Nevada
Beer**

12 btls./cans

15⁹⁷
ea.



Assorted
**New
Belgium
Beer**

6 btls./cans

8⁹⁹
ea.



Full-Flavored
**Budweiser
Zero Alcohol
Beer**

12 cans

11⁹⁷



Assorted
**Bacardi
Rum
Sale!**

750 ml.

10⁹⁹
ea.



Regular, Fire, Honey or Apple
**Jack Daniel's
Tennessee
Whiskey**

750 ml.

19⁹⁷
ea.



Regular or Essences
**Grey
Goose
Vodka**

750 ml.

25⁹⁹
ea.



Regular or East
**Bombay
Sapphire
Dry Gin**

750 ml.

19⁹⁹
ea.



Classic, Flavors or Zero Sugar Infusions
**Smirnoff
Vodka
Sale!**

750 ml.

11⁸⁸
ea.



Original or Red Bush
**Bushmills
Irish
Whiskey**

750 ml.

15⁵⁹
ea.



Anejo, Plata or Reposado
**Sauza
Hornitos
Tequila**

750 ml.

21⁹⁷
ea.



Imported
**Kahlúa Rum
& Coffee
Liqueur**

750 ml.

18⁹⁹



Rosé, Pinot Grigio or Red Blend

**Crafters Union
Premium
Wines**

375 ml. can

3⁹⁹
ea.



California Wine

**Avalon
Cabernet
Sauvignon**

750 ml.

6⁹⁹



Organic
**Our Daily
Red Blend
Wine**

750 ml.

7⁹⁹



California
**Simple Life
Pinot Noir
Wine**

750 ml.

8⁹⁹



Chardonnay
**Columbia
Winery
Wine**

750 ml.

9⁹⁹



California
**FitVine
Pinot Noir
Wine**

750 ml.

12⁹⁹



Indian Wells Wine
**Chateau Ste
Michelle
Merlot**

750 ml.

14⁹⁹



Award-Winning
**Black Box
Premium
Wines**

3 liters

16⁹⁹



Grocery

Arroy-D Thai Curry	41
Barilla Pasta	7
Bear Naked Organic Granola	23
Best Foods Mayonnaise	13
Betty Crocker Cake Mix	29
Betty Crocker Helper Meals	7
Briannas Organic Dressing	11
Bush's Best Baked Beans	5
CapriSun Juice Drinks	19
Chicken of the Sea Chunk Light Tuna	5
Crystal Geyser Spring Water	17
Diamond Bakery Soda Crackers or Shortbread Cookies	33
Essential Everyday Apple Juice or Cider	19
Essential Everyday Ice Cream Cups	27
Family Coconut Milk, Chef's Choice Coconut Milk or Cream	35
Fisher Chef's Naturals Walnuts	29
Food Should Taste Good Tortilla Chips	33
Gatorade Sports Drinks	21
Ghirardelli Baking Chips	29
Hawaiian Sun Jam or Jelly	27
Hidden Valley Ranch Dressing	13
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Jell-O Pudding & Pie Filling	29
Kellogg's Pop-Tarts Toaster Pastries	23
Kikkoman Soy Sauce or Teriyaki Marinade and Sauce	39
King's Hawaiian Bread Rolls	25
Koyo Ramen	39
Kraft Dressing or Vinaigrette	13
Lee Kum Kee Oyster Sauce	39
Lindsay Black Medium Olives	9
Lipton Recipe or Soup Secrets	7
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Mauna Loa Macadamias	35
Maxwell House Ground Coffee	15
Mezzetta Deli-Sliced Peppers or Peperoncini	9
Morinaga Hi-Chew Candy	31
Mrs. Butter-worth's Syrup	27
Nabisco Ritz Crackers, Nutter Butter or Oreo Cookies	31
Nature Valley Protein Granola	23
Nestlé Candy	31
Nestlé Coffee mate Creamer	17
Nestlé La Lechera Condensed Milk	27
Oberto Jerky	35
Old El Paso Red Enchilada Sauce	9
Pepsi Soda	17
Pure Leaf or Lipton Tea Drinks	19
Reign Energy Drinks	17
Rice Dream Rice Drink	19
Rosarita Refried Beans	5
Sara Lee Artesano Bakery Bread	25
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Shirakiku Tomoshiraga Somen Noodles	37
Star Olive Oil	13
Storck Werther's, Riesen, Coffee Rio Candy or Century Peanuts	31
Swanson Chicken Broth	23
Taco Bell Thick & Chunky Salsa	15
Tao Kae Noi Seaweed Snacks	35
Tostitos Tortilla Chips	33
Van Camp's Dark Red Kidney Beans	5
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Yamamotoyama Tea	39

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Kraft Singles or Velveeta Slices	47
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Mountain Apple Brand 100% Orange Juice	49
Mrs. Friday's Gold Pack Shrimp	41
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Tyson Boneless & Skinless Chicken Thighs	45

Health & Beauty

ACT Mouthwash, Rinse or Lozenges	51
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Bee & Flower Bar Soap	53
Benadryl Allergy Relief	51
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Essential Everyday Alkaline Batteries	59
Essential Everyday Coffee Filters	59
Essential Everyday Instant Light Briquets	59
Essential Everyday Paper Napkins	55
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Purex Laundry Detergent	55
Purina Friskies Dry Cat Food	57
Seventh Generation Dish Liquid	55
Ziploc Plastic Containers	55



50 East Puainako Street
 Hilo, Hawai'i 96720
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 Pharmacy959-8700

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6am to 10pm
 Waimea Center 885-8866
 Pharmacy 885-0033

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 81-6602 Mamalahoa Hwy.....323-1916

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