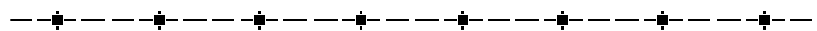


Old Testament

Mission Arlington • Mission Metroplex Curriculum • 2009

Through the Old Testament in Two Years

Part One



Created for use with young, unchurched learners
Adaptable for all ages including adults

Old Testament

Isaac is Born

Last week we learned that when Abraham and Sarah entered the territory of King Abimelech, Abraham was afraid. He lied and told the king that Sarah was his sister. Abraham was wrong not to trust God. God forgave Abraham and helped him.

Genesis 21:1-7

Read the Bible

READ: Genesis 21:1-7 (Hold your Bible open throughout the story.)

Memory Verse:

Jesus looked at them and said, "With man, that is impossible. But not with God. All things are possible with God."
(Mark 10:27 NIV)

Begin With Prayer

A miracle finally happens in our lesson today! Sarah is 90 years old when she has a baby! Can you believe it? Abraham is 100 when the baby is born! Let's see what happens. (Genesis 21:1-5)

God sent three men to visit Abraham and his wife Sarah in the desert. While they were talking, one of the men asked Abraham where his wife was. Abraham told him that she was in the tent (they lived in a tent). Then the man said, "I will come back in a year and your wife will have a son."

Lesson Goals:

- 1. Understand that Abraham had to wait for God's promise to be fulfilled.**
- 2. Understand that Abraham and Sarah were old.**
- 3. Recognize that Abraham believed God.**
- 4. Learn that nothing is impossible for God.**

Sarah was listening from inside the tent. She laughed to herself when she heard this because she was 89 years old! She thought to herself, "My husband and I are too old to have a baby." (Genesis 18:10-12) Then God (appearing as a man) said to Abraham, "Why did Sarah just laugh? Is anything too hard for God?"

In the New Testament Jesus told the disciple that "All things are possible with God." (Mark 10:27 NIV) God wants us to trust Him even when things seem to be impossible.

Sarah was afraid. She couldn't believe that this person heard her and knew her thoughts. So she lied and said that she didn't laugh. Do you remember someone else who lied? (Abraham lied to King Abimelech.) Have you ever been afraid and lied? Sometimes we are afraid because of what people will think. Sometime we don't want to get punished and we lie. But God wants us to tell the truth. (Colossian 3:9) Sarah lied because she was afraid. But the man insisted that she did laugh. Then the men got up and left. (Genesis 18:13-15)

Abraham and the King — Bible Facts

1. Abraham was 100 years old when Isaac was born.
2. God had promised Abraham a son.
3. Sarah laughed when she heard she would have a son.
4. God kept His promise.

Abraham believed God and trusted that God would keep His promises. It took a long time for His promise to finally come. God had told Abraham 14 years before that he would have a child. The promise did not come true until Abraham was 100. Abraham had to wait a long time to see God's until Abraham was 100. Abraham had to wait a long time to see God's promise. (Genesis 21:5) In fact, he even tried to do things his way instead of God's way. He had a son named Ishmael. (Genesis 16:15) Even when Abraham tried to do things his way, God kept His promise and gave them a son. They named him Isaac. His name means "laughter." (Genesis 21:3) Another promise God made to us was the way for us to get to Heaven.

Review

1. How old was Abraham when Isaac was born? (Abraham was 100 years old when Isaac was born.)
2. What did God promise Abraham? (a son)
3. What did Sarah do? (Sarah laughed when she heard she would have a son.)
4. What did God do? (God kept His promise.)

Do you know Jesus?

God loves us and wants us to live with Him forever. God promised us Jesus—He is our way to Heaven. If we believe in Jesus and trust Him in our hearts, we will live forever with God in Heaven. (John 3:16) That's a great promise and a wonderful miracle!

Prayer Time

1. Take a moment to listen to God.
2. Thank God for sending Jesus to provide us the way to heaven.
3. Ask God to help you trust Him when you are afraid.
4. Pray for friends and family members who need to trust God.

Application

God promised Abraham a son. Abraham and Sarah were old but Abraham believed God. They had to wait for God's promise to be fulfilled, but God kept His promise. Nothing is impossible for God. He wants us to believe and trust in Him.

Planning for the next week:

Abraham is Tested — Genesis 22:1-19

Preschool Lesson

Read the Bible

READ: Genesis 21:1-7 (Hold your Bible open throughout the story.)

Sing "Father Abraham."

Do you remember studying about Abraham? God promised him that he would have a child and his grandchildren would be more than the stars in the sky.

We also learned about a visitor that told Abraham that he would have a son. Abraham's wife, Sarah, laughed when she heard the news because she was very old. She was as old or older than your grandmother!

Do you know what? Sarah did have a baby! Everyone laughed with joy to hear the news that Sarah had a son. Abraham and Sarah named him Isaac because Isaac means "to laugh." Let's all laugh to remember the name. (laugh together)

God kept His promise to Abraham. He gave him a son even though he was very old. We can always trust God to keep His promises.

Pray and thank God for keeping His promises!

Prayer Time

1. Take a moment to listen to God.
2. Thank God for sending Jesus.
3. Ask God to help you trust Him when you are afraid.

Memory verse for younger children:

All things are possible with God. Mark 10:27 NIV

Learning Activities

- **Memory verse activity**— God said Abraham’s grandchildren would be more than the stars and the sand. Bring sand to glue on construction paper. Make a picture with glue and write out the verse. Put newspaper on the table where you are working to collect the grains of sand. Practice the verse.
- **Test your memory**— Cut out paper dolls of Abraham, Sarah, Isaac and Isaac. Use the dolls to tell the story. Have the children tell the story.
- **Taste activity** — Bring baby food (applesauce and bananas aren’t that bad) for a snack.
- **Think about it** — Talk about what it must have been like for a woman as old as a grandmother to raise a baby. Talk about what it must have been like for Abraham to raise a son.

Sarah laughed and then lied about it. Talk about how sometimes we sin because we are afraid. Talk about how we need God’s help to live a pure and holy life.

- **Touch activity**— Bring a baby book with names in it, most of them tell you what different names mean. Let the kids see what their names mean. If their name is not in the book, make up a description of what they think their name means.

Let the kids put a diaper on a baby doll.

- **Run and play**— Have the children laugh. Practice making laughter sounds. Have two teams and see who laughs the loudest. Give awards for the loudest laugh, the funniest laugh, etc.
- **Listen**— As the children take time for silence, remind them that God wants us to trust Him.
- **Sing** — Take time to sing the “Father Abraham,” “Nothing is Too Difficult for Thee,” or another song related to the story.
- **Reach out** — During class, pray specifically for kids that did not come today. Ask one of two children to go with you to deliver coloring pages for those who did not attend. Encourage those who did not come to read the story in the Bible.

Memory Verse

Jesus looked at
them and said,
"With man,
that is impossible.
But not with God.

All things
are possible
with God."

Mark 10:27

Word Puzzle

Trace the letters.

Sarah

laughed.

Word Search

M L T T N P P R I S F M
F P G F D R V S A L A D
D G D S O R A V D H B P
N E I M F A N R A A O P
J I E C I E R R S R N
D S C D L E B D S A S D
E E A T E A V I Y R S F
U S P A L H B E L S E P
N E A S A L G H I P D S
K N E R E D P U P L K E
R E A F L E T S A S E L
N S B O J T P Y V L H B

SARAH

LAUGHED

ABRAHAM

OLD

ISAAC

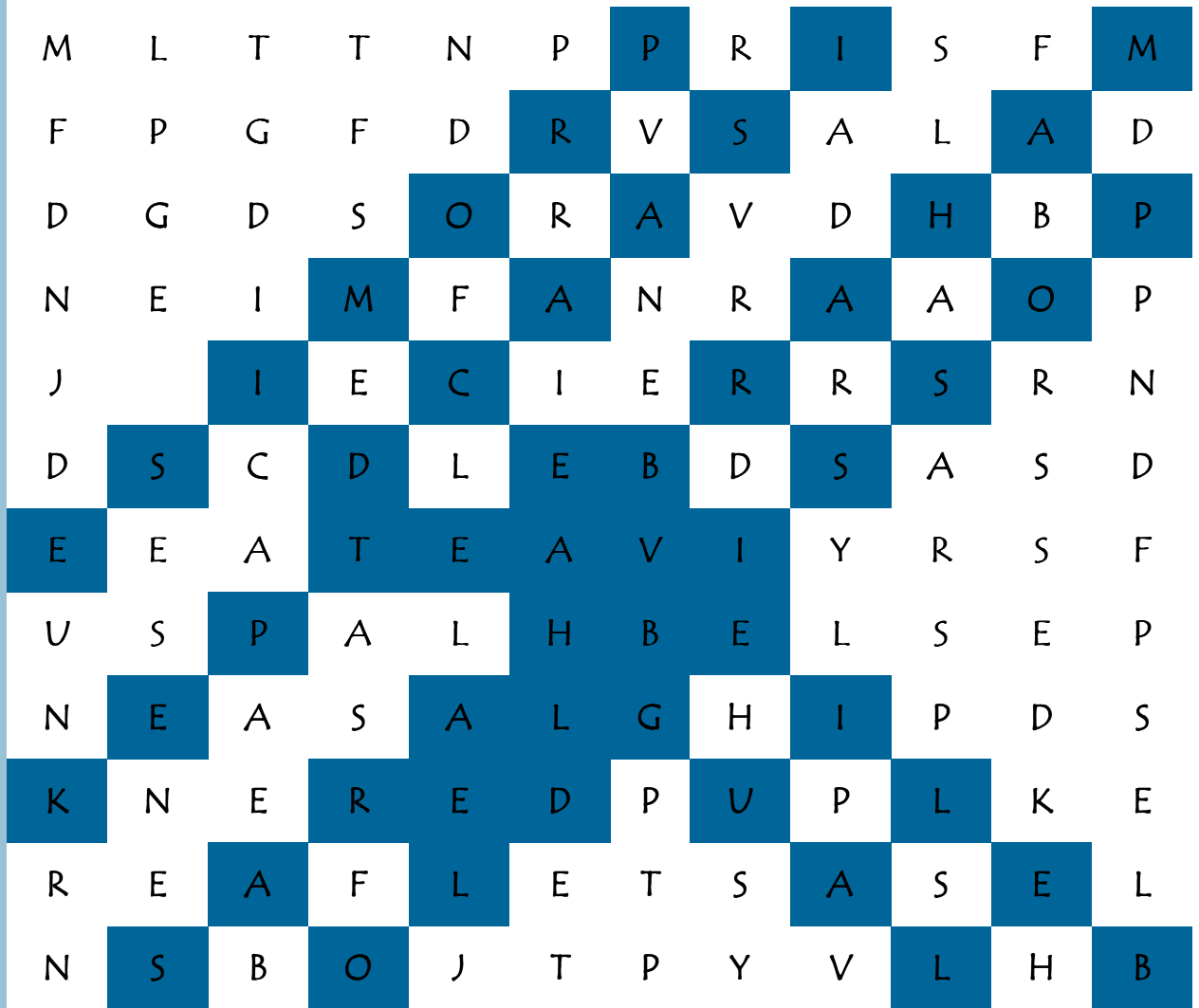
PROMISE

KEPT

POSSIBLE

BELIEVE

Word Search



SARAH

LAUGHED

ABRAHAM

OLD

ISAAC

PROMISE

KEPT

POSSIBLE

BELIEVE

Word Search

J M D H V K D R G Q M T
P R W B W B F V L F N G
L A U G H F R W N D S E
S A R A H K P N G D C G
M F S L G S H K W F D B
P R O M I S E F D L N T
A B R A H A M F M C L S
J R B L T D R S M V L C
B E L I E V E G V P Z R
I S A A C J L K Q S T D

SARAH

ABRAHAM

PROMISE

ISAAC

BELIEVE

LAUGH

Word Search

J M D H V K D R G Q M T

P R W B W B F V L F N G

L A U G H F R W N D S E

S A R A H K P N G D C G

M F S L G S H K W F D B

P R O M I S E F D L N T

A B R A H A M F M C L S

J R B L T D R S M V L C

B E L I E V E G V P Z R

I S A A C J L K Q S T D

SARAH

ABRAHAM

PROMISE

ISAAC

BELIEVE

LAUGH

Anagram

AMN

BLMPSEIOI

HTGNNOI

POBLEISS

AASHR

GUHAL

AAHMARB

VIEEELB

TTSUR



Anagram

MAN

IMPOSSIBLE

NOTHING

POSSIBLE

SARAH

LAUGH

ABRAHAM

BELIEVE

TRUST