



# LIFELONG LEARNING WITH The Shepherd's Center of Richmond

Classes meet  
Mondays and Thursdays.  
Free Lectures on Wednesdays.  
*Details inside.*

## OPEN UNIVERSITY

### Winter Session

Jan 13 - Mar 5, 2020

**Mondays** at St. Luke Lutheran Church • 7757 Chippenham Parkway

#### **Genealogy**

Research your family history through different sources including Ancestry.com.

M • Jan 13 - Mar 2

9:45 - 10:45

Classroom 1

*Teacher: Terry Redding, frequent lecturer for TSCOR on research techniques*

#### **Spanish - Light Conversation**

This class will help bring back the Spanish you learned in school (with additional knowledge).

M • Jan 13 - Mar 2

9:45 - 10:45

Classroom 2

*Teacher: Ingrid Pantaenius, BA, Pontificia Universidad Javeriana, Columbia; former adjunct professor, UR; Spanish tutor*

#### **Was ist los?**

##### **Intermediate German**

Free conversation über Gott und die Welt. Reading skill with Andre Klein's collection of short stories, "Schlamassel in Stuttgart." Some grammar. German Scrabble and/or a movie.

M • Jan 13 - Mar 2

9:45 - 10:45

Classroom 3

*Teacher: Sabine Horn, German native; MA in Japanese and Russian, University of Marburg, Germany*

#### **Ooh-la-la! Intermediate French**

The class will continue to read *Les Misérables* by Victor Hugo, starting with chapter 7. Order CIDEB edition: book and CD (ISBN 978-88-530-0911-1) from Book Depository, AbeBooks, Amazon - wherever you find the best price. Gentle grammar review. Newcomers who have had French in the distant past are welcome.

M • Jan 13 - Mar 2

9:45 - 10:45

Children's Chapel

*Teacher: Suzanne Wiltshire, retired French teacher and administrator*

#### **Modern Genocide**

An examination of the issues of modern genocides, the roadmap toward genocide, and actions taken by countries to intercede in events leading to genocide.

M • Jan 13 - Mar 2

9:45 - 10:45

Fellowship Hall

*Teacher: Rena Berlin, former Fairfax County teacher and retired director of education, Virginia Holocaust Museum*



#### **Biblical Biographical Sketches**

Short biographical review of well known and obscure biblical figures.

M • Jan 13 - Mar 2

9:45 - 10:45

Music Room

*Teacher: Hal Costley, retired engineer; board president, TSCOR; Sunday school teacher; longtime student of church history*



#### **Politics Plus**

M • Jan 13 - Mar 2

11:00 - 12:00

Fellowship Hall

- **National and Virginia**

##### **Politics**

M • Jan 13

*Dan Palazzolo, associate dean, professor of political science, UR*

- **Church and State in Nazi Germany**

M • Jan 20

*Fred Beck, former Department of Defense historian and chief editor, US Air Force History Program*

- **Getting Beyond Political Polarization in the United States**

M • Jan 27

*Tom Morris, professor emeritus, political science, UR; president emeritus, Emory and Henry College*

*(Continued on page 2)*

(Continued from page 1)

- **Richmond Downtown Development Project - Update and Analysis**  
M • Feb 3  
*Richard Meagher, associate professor, political science, RMC*
- **Can the US President Do Anything S/He Wants?**  
M • Feb 10  
*Ellis West, professor emeritus, political science, UR*
- **The 2019 Virginia General Assembly Elections: Winners and Losers**  
M • Feb 17  
*Jack Austin, manager, VA General Assembly Division of Legislative Services, (ret.); PhD, government, UVA*
- **The History of the 14th Amendment**  
M • Feb 24  
*Kurt Lash, E. Claiborne Robins Distinguished Chair in Law, UR; constitutional law scholar*
- **How Should Judges Interpret the Meaning of the Constitution?**  
M • Mar 2  
*Ellis West, professor emeritus, political science, UR*

### **Memoir Writing**

Join us to write about your life or your family history and learn some techniques to help you tell those stories better.

M • Jan 13 - Mar 2

11:00 - 12:00

Classroom 1

*Teacher: Meriah Crawford, writer, editor, private investigator, and associate professor of research and writing at VCU*



### **Sondheim Musicals II**

A continuation of Sondheim's Broadway musicals focusing on *Sweeney Todd* and *A Little Night Music*. Newcomers welcome.

M • Jan 13 - Mar 2

11:00 - 12:00

Music Room

*Teacher: Gene Anderson, professor emeritus of music, UR*

### **Mindfulness for Adult Learners**

Unlocking the body's healing and restorative powers through meditation and mindfulness practice.

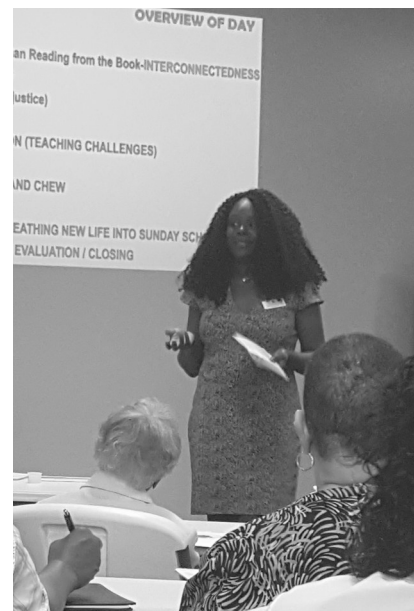
M • Jan 13 - Mar 2

11:00 - 12:00

Children's Chapel

*Teacher: Joe Troncale, professor emeritus, Russian studies, UR; longtime meditation practitioner*

**See Thursday courses on page 4!**



# LUNCH SPEAKERS

- free with Shepherd's Center membership
- included with Open University tuition
- general public admission by donation

Lunch: 12:00 - 12:30 | Lunch Speakers: 12:30 - 1:15 | Fellowship Hall

Bring a sandwich | Coffee and dessert are available

## MONDAYS

at St. Luke Lutheran Church • 7757 Chippenham Parkway

**The Richmond Pledge to End Racism: Real Action in Our Community** *Sheryl Johnson, co-chair, Richmond Pledge to End Racism* M • Jan 13

**When War Came This Way: Women's Experiences During the Civil War in Virginia: 1861-1865** *Jack Mountcastle, Brigadier General, US Army (ret.)* M • Feb 3

**Virginia's Death Penalty: The Future is History** *Dale Brumfield, field director, Virginians for Alternatives to the Death Penalty* M • Feb 24

**Myths and Misunderstandings of Slavery** *Rex Springston, journalist; former reporter, Richmond Times-Dispatch* M • Jan 20

**Maggie L. Walker: A Catalyst for Change** *Ben Anderson, park guide, Maggie L. Walker National Historic Site* M • Feb 10

**Adventures of Bob the Birdman** *Bob Schamerhorn, national award-winning nature photographer; owner, CEO, iPhotobirds* M • Mar 2

**The American Revolution Beyond the Battlefield** *Karen Chase, Daughter of the American Revolution; 2019-20* M • Jan 27

**Rediscovering Richmond's Weather History** *John Boyer, staff meteorologist, Richmond Times-Dispatch* M • Feb 17

## THURSDAYS

at First Presbyterian Church • 4602 Cary Street Road

**Finding Solutions to Poverty in Richmond Through Community Wealth Building** *Reggie Gordon, deputy chief administrative officer, Human Services, City of Richmond* Th • Jan 16

**Joseph Campbell and the Power of Myth** *Murray Ellison, Osher lecturer, professor of English* Th • Feb 6

**Searching for Stonewall Jackson: A Quest for Legacy in a Divided America** *Ben Cleary, author, Searching For Stonewall Jackson* Th • Feb 27

**Child Sniper, The Ongoing Saga of Lee Boyd Malvo** *Craig Cooley, criminal defense attorney; co-lead counsel for Malvo* Th • Jan 23

**Hidden Gems: Senior Living Options in Today's RVA** *Lisa Isbell, area owner, Senior Care Authority of Virginia* Th • Feb 13

**Assessing ERA in Virginia: The Power of Feminist Alliances** *Megan Shockley, professor, history, Clemson University (ret.)* Th • Mar 5

**Republicanism, Then and Now** *Richard Dagger, professor, Political Science and Philosophy, UR* Th • Jan 30

**Southern Journey: The Migrations of the American South, 1790 - 2020** *Ed Ayers, president emeritus, UR; author; historian* Th • Feb 20

Thursdays at First Presbyterian Church • 4602 Cary Street Road

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### Was ist los?

#### Intermediate German

Free conversation über Gott und die Welt. Reading skill with Andre Klein's collection of short stories, "*Schlamassel in Stuttgart*." Some grammar. German Scrabble and/or a movie.

Th • Jan 16 - Mar 5

9:45 - 10:45

Room 205

*Teacher: Sabine Horn, German native; MA in Japanese and Russian, University of Marburg, Germany*

### Advanced Spanish

A continuing class for students who took the intermediate course last year or have some knowledge of intermediate Spanish grammar and vocabulary.

Th • Jan 16 - Mar 5

9:45 - 10:45

Room 206

*Teacher: Tim Martin, BA in Spanish; teaching certification; MS in secondary school counseling*

### Intermediate Latin

An intermediate course for students who have knowledge of basic Latin grammar and vocabulary.

Th • Jan 16 - Mar 5

9:45 - 10:45

Room 207

*Teacher: Lee Perkins, PhD, Harvard University; classical languages teacher, St. Catherine's School*

### Edgar Allan Poe's Best Poems

This course will examine Edgar Allan Poe's greatest poems from throughout his career. These include popular works like "The Raven" as well as lesser known pieces like "To Helen." A four-week course.

Th • Jan 16 - Feb 6

9:45 - 10:45

Fellowship Hall

*Teacher: Chris Semtner, Poe Museum curator; author; artist*

### Joseph Campbell and the Power of Myth

This seminar will discuss Joseph Campbell's view of the endless patterns of *The Hero with a Thousand Faces* as he addressed this topic to journalist Bill Moyers in their co-authored book *The Power of Myth*. A four-week course.

Th • Feb 13 - Mar 5

9:45 - 10:45

Fellowship Hall

*Teacher: Murray Ellison, Osher lecturer, professor of English*

### Chair Yoga

This gentle yoga program targets strength, balance, flexibility, and stress release. Postures are performed while seated in a chair or standing using the chair for support. Breath work and final relaxation promote stress release.

Th • Jan 16 - Mar 5

9:45 - 10:45

Basement

*Teacher: Christine Thomas, Yoga Alliance experienced registered yoga teacher; editor of two healthy-eating cookbooks*

### The Judicial Legacy of Brown v. Board of Education

The United States Supreme Court struck down legally imposed racial segregation in public education in 1954, yet today public schools, especially in cities, are highly segregated by race and economic status. This course will examine judicial and societal developments since 1954, including how governmental actions and subsequent court cases have limited Brown's long-term impact. A four-week course.

Th • Jan 16 - Feb 6

9:45 - 10:45

Room 218

*Teacher: Tom Cox, retired attorney; professor emeritus, Emory University Law School*



**THE DOOR TO LEARNING IS  
ALWAYS OPEN**



### Charles Darwin: A Life

This course covers the life of Charles Darwin, especially focused on his personality traits which made him successful, his life and family, and facts not generally known to most people. A four-week course.

Th • Feb 13 - Mar 5

9:45 - 10:45

Room 218

*Teacher: Harry Wistrand, professor emeritus, biology, Agnes Scott College, GA*

### Gateways to History

Explore Richmond's historic 18th and 19th century burying grounds and Romantic cemetery parks.

Meet the notable tenants and learn of their extraordinary achievements & contributions to our city, our state, and our nation.

Observe the evolution of the landscape designs and artworks and witness the current reclamation and transformation of Richmond's historic African American cemeteries.

A four-week course.

Th • Jan 16 - Feb 6

11:00 - 12:00

Room 218

*Teacher: Kathryn Whittington, historical researcher; master guide, The Valentine Museum*

### Lecture Series

#### History in Richmond

Th • Feb 13 - Mar 5

11:00 - 12:00

Room 218

- **Lincoln in Richmond**

Th • Feb 13

*Robert Clifton, dean emeritus, student affairs, VCU*

- **The Branch House: 100 Years of Richmond History**

Th • Feb 20

*Penny Fletcher, executive director of The Branch Museum of Architecture and Design*

- **Maymont and Richmond at the Turn of the 20th Century**

Th • Feb 27

*Kathy Alcaine, manager of programs and interpretation, Maymont*

- **Historic St. John's Church: Science, Secrets and Symbolism in the Graveyard**

Th • Mar 5

*Sarah Whiting, executive director, St. John's Church Foundation*

### Beginning French

For those who have had little or no French. Useful expressions and vocabulary will be introduced, and we will explore the French language and culture. We will progress at a gentle pace.

Th • Jan 16 - Mar 5

11:00 - 12:00

Room 206

*Teacher: Janet Sheridan, MA, French literature, UR; former teacher, St. Catherine's School*

### The Joys of Reading Latin

Note: Enrollment for this course is limited to students who have completed units 1, 2, and 3 of the first eleven stages of *The Cambridge Latin Course* and are ready to continue unit 4.

Th • Jan 16 - Mar 5

11:00 - 12:00

Room 207

*Teacher: Lee Perkins, PhD, Harvard University; classical languages teacher, St. Catherine's School*

### Musical Potpourri

Popular composers and performers of the 20th century are featured and discussed.

Th • Jan 16 - Mar 5

11:00 - 12:00

Room 209

*Teachers: Vaughan Gary, retired RSVP director at United Way; HS drama, English, and speech teacher; and Rick Smith, retired music and DVD manager at Barnes & Noble; music and culture aficionado*

### Winston Churchill

Explores the life, career and significance of Winston Churchill (1874-1965) within the context of his time and place. Churchill was a prominent and often controversial figure in British and world history during the first two-thirds of the twentieth century.

Th • Jan 16 - Mar 5

11:00 - 12:00

Fellowship Hall

*Teacher: John Gordon, professor emeritus, history and international studies, UR*

## LUNCH SPEAKERS

SEE PAGE 3 FOR DETAILS

Lunch: 12:00 - 12:30

Bring a sandwich. Coffee and dessert are available.

Lunch Speakers: 12:30 - 1:15

Fellowship Hall

(Afternoon courses continued on page 6)

**Genki desu ka? Intermediate Japanese**

"Urashima Taro" Japanese world literature/fairytale. Reading hiragana, listening and translating skills. Paper copies available. Some grammar in textbook "Japanese for Busy People" 1, romanized version. Last class - Japanese movie or Japanese scrabble.

Th • Jan 16 - Mar 5

12:15 - 1:15

Room 205

Teacher: Sabine Horn, MA in Japanese and Russian, University of Marburg, Germany

**Kak dyela? Intermediate Russian**

Speaking and listening skills for everyday situations and culture. Reading and writing Cyrillic. Systematic grammar. Textbook: *Russian Face to Face. Level One*. Last class - Russian movie or Russian Scrabble.

Th • Jan 16 - Mar 5

1:30 - 2:30

Room 205

Teacher: Sabine Horn, MA in Japanese and Russian, University of Marburg, Germany

**Feldenkrais**

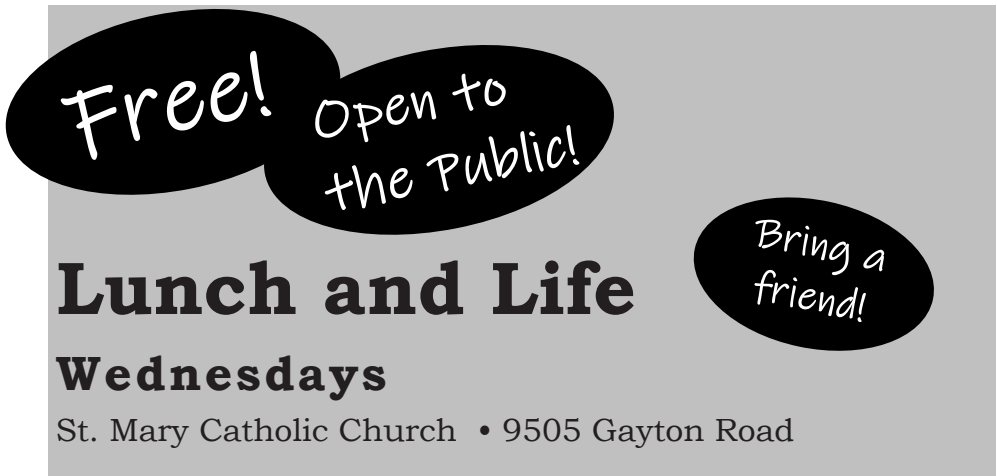
The Feldenkrais Method can improve a person's movement repertoire by expanding and refining body awareness to reduce pain or limitations in movement and promote general well-being.

Th • Jan 16 - Mar 5

1:30 - 2:30

Room 218

Teachers: Nancy Dawe, Phyllis Entin, Mary Frances Hobbs, Jane McAllister, Cas Overton, and Vicki White, guild-certified Feldenkrais practitioners



**Free!** **Open to the Public!** **Bring a friend!**

**Lunch and Life**

**Wednesdays**

St. Mary Catholic Church • 9505 Gayton Road

**Lunch**  
12:00 - 12:30

**Lunch Speakers**  
12:30 - 1:15

Bring a sandwich.  
Beverages and desserts provided.

**Southern Journey: The Migrations of the American South 1790 - 2020**

W • Jan 15

Ed Ayers, president emeritus, UR; author, historian

**Child Sniper: The Ongoing Saga of Lee Boyd Malvo**

W • Jan 22

Craig Cooley, criminal defense attorney; co-lead counsel for Malvo

**My Life as a News Anchor and TV Reporter**

W • Jan 29

Constance Jones, TV news anchor, Channel 8 (WRIC)

**Byrd Park, the Carillon and the Canals**

W • Feb 5

Kathryn Whittington, historical researcher; master guide, The Valentine Museum

# OPEN UNIVERSITY REGISTRATION WINTER SESSION 2020

Dr.  Mr.  Mrs.  Ms. \_\_\_\_\_  
first name middle initial last name

street address: \_\_\_\_\_  
city, state, zip: \_\_\_\_\_  
home phone: \_\_\_\_\_ cell phone: \_\_\_\_\_  
email: \_\_\_\_\_

- \$45 Member Tuition (for current members attending winter session)  
 \$75 Non-Member Tuition (for winter session)  
 \$25 Shepherd's Center of Richmond membership (valid from 7/1/2019 - 6/30/2020)\*  
 donation to The Shepherd's Center of Richmond (optional)\* \$ \_\_\_\_\_  
 I need a nametag

TOTAL: \_\_\_\_\_

\* tax-deductible

## 3 WAYS TO REGISTER

### 1 MAIL

Administrative Office:  
The Shepherd's Center of  
Richmond  
3111 Northside Ave., #400  
Richmond, VA 23228

Mail completed registration  
with check payable to: *The  
Shepherd's Center of  
Richmond*

### 2 WALK-IN

Register on site the day of  
classes at either location.

### 3 ONLINE

www.TSCOR.org

**What is The Shepherd's Center of Richmond?** The Shepherd's Center of Richmond (TSCOR) is a nonprofit, nondenominational organization for service and education. Its mission is to encourage older adults to remain active and independent through enrichment programs and volunteer service to their peers.

**Where does OU meet?** When in session, OU meets Mondays at St. Luke Lutheran Church on the South Side, and Thursdays at First Presbyterian Church in the near West End.

**What does OU cost?** There are three sessions in one academic year. The cost is \$45 per session (not per class) for TSCOR members and \$75 per session for non-members.

#### Can I attend just one class?

You may attend just one class or as many classes as you like at either of our locations for the full tuition cost. We do not charge per individual course, but for the entire 8-week session.

#### What if I'm unsure I'll like OU?

Anyone may attend one day for free. Please inform staff at the

welcome desk of your intention. If you decide you would like to return, you can register on site or online.

#### Do I have to become a TSCOR member to attend OU?

Membership is not required.

#### What are the costs and benefits of annual membership with TSCOR?

Membership is \$25 and runs from July through the following June.

Membership benefits:

- free attendance to all lunch speakers,
- reduced Open University tuition,
- reduced group travel rates,
- invitation to the Annual Celebration, and
- subscription to the TSCOR biannual newsletter.

**In the event of cancellations, are there make-ups or refunds?** Unfortunately, we are unable to offer make-up classes or refunds.

**Questions?** Call 804-355-7282 or visit: TSCOR.org

## Frequently Asked Questions

#### What is Open University?

Open University (OU) is the lifelong learning program of The Shepherd's Center of Richmond (TSCOR). All instructors are volunteers recruited from Richmond's university and professional communities.



The Shepherd's Center of Richmond  
3111 Northside Ave., Suite 400  
Richmond, Virginia 23228-5441



# OPEN UNIVERSITY

## LIFELONG LEARNING WITH The Shepherd's Center of Richmond

Winter Session  
Jan 13 - Mar 5, 2020

Classes meet  
Mondays and Thursdays.  
Free Lectures on Wednesdays.  
*Details inside.*

The Shepherd's Center of Richmond is a nonprofit, nondenominational organization for service and education. Its mission is to encourage older adults to remain active and independent through enrichment programs and volunteer service to their peers.



Active • Independent • Engaged