



Elanora Heights Public School

RESPECT

ACHIEVEMENT

RESPONSIBILITY

Term 2 Week 7 Commencing 10th June, 2013



OUR SCHOOL WEEK

| TERM 2 | Week 7 | |
|---|-----------------------|---|
| Monday | 10 th June | PUBLIC HOLIDAY |
| Tuesday | 11 th June | Life Education P&C Meeting - Library @ 7pm – Pittwater Council Staff attending "Take it Home Tuesday" |
| Wednesday | 12 th June | School Banking Day |
| Thursday | 13 th June | "Night of Notables" – Years 5 & 6 Enrichment Presentation "Show Off Your Lunch Day" (Yrs 4-6 Make my Own Healthy Lunch participants) |
| Friday | 14 th June | LAST DAY FOR BOOK CLUB ORDERS – CHEQUE & ONLINE PAYMENTS ONLY PSSA Soccer: BOYS Combined Zones Gala Day @ Passmore Reserve GIRLS Combined Zones Gala Day @ Careel Bay Netball: Combined Zones Gala Day @ John Fisher Park, Curl Curl Rugby League: Manly Knock Out Gala Day @ Nolans Reserve |
| TERM 2 | Week 8 | |
| Monday | 17 th June | Kindy 2014 Tour & Information Session @ 9.30am Years 3-6 Assembly |
| Tuesday | 18 th June | "Take it Home Tuesday" |
| Wednesday | 19 th June | Gindaja Aboriginal Performance by Sean Dewar School Banking Day |
| Thursday | 20 th June | |
| Friday | 21 st June | PSSA Soccer: v Mona Vale @ Kitchener Park Netball: v Mona Vale @ Boondah Rugby League: v Bilgola Plateau @ Narrabeen Reserve # 4 |
| <ul style="list-style-type: none"> • PRODUCTS & SERVICES advertised ARE NOT endorsed by Elanora Heights P.S. • Please note that items for the weekly newsletter will NOT be accepted after 10am on the preceding Friday. | | |

Notes Home This Week

Reminders

PARENTS, PLEASE COME & CHECK UN-NAMED LOST PROPERTY

Encourage your child to complete the "Make My Own Healthy Lunch Challenge"

FRIDAY 14th JUNE IS LAST DAY FOR BOOK CLUB ORDERS - CHEQUE & ONLINE PAYMENTS ONLY

Send bank books in on Wednesday



Woolworths Earn and Learn Stickers

The Woolworths Earn and Learn promotion finished on the weekend and we will be sending all our stickers to Stewart House at the end of this week. If you have any stickers at home, could you please send these to the office as soon as possible.

Many thanks for collecting the stickers on behalf of Stewart House.

Marguerite

Principal's Message

Figures of speech

How do you explain the difference between metaphors, similes and other literary devices? Is "pigs might fly" an example of an oxymoron, sarcasm, hyperbole....or something else? Here's a cheat sheet for when your children need help with English homework.

<https://www.det.nsw.edu.au/eppcontent/glossary/app/resource/factsheet/4090.pdf>

What makes a good book?

Books with vivid imagery, exciting stories and strong characters will not only entertain your child but set them up to enjoy reading for the rest of their life.

Find out more: <http://www.schoolatoz.nsw.edu.au/zh/homework-and-study/english/my-book-club/what-makes-a-good-book-for-young-kids>

Do you have a child who wishes to enrol at Elanora Heights PS in 2014?

Do you know of someone who has a child wishing to begin kindergarten in 2014 and hasn't completed an enrolment form? Spaces are filling fast; we have over 60 enrolments already. If you need an enrolment package please speak to Mrs Shea in the front Office.

Making friends

If children are happy socially they tend to be more engaged in their learning. Teaching your child about the importance of making friends is as vital as learning their ABCs. Find out more at

<http://www.schoolatoz.nsw.edu.au/wellbeing/development/how-friendships-boost-your-childs-learning>

P&C meeting

The next P&C meeting is Tuesday, 11 June at 7pm in the staffroom. Ms Michelle Carter and Mr Paul Davies from Pittwater Council will be attending our P&C meeting to discuss traffic issues around our school. We believe that this is a good opportunity for the school community to be informed on the recent developments, reasons behind the proposal and delays on the parking situation around the school. It appears that there may be mixed messages being communicated within our school community and some misunderstanding on the proposal. The aim of meeting is help clear a few misunderstandings and allow time for parents and community members to speak to Council. I look forward to seeing you there.

Until next time,
Bill Gillespie,
Principal

We will miss you Mrs Daniel!

Mrs Daniel will be retiring at the end of this term after many years of dedicated teaching at Elanora Heights Primary School.

If you would like to contribute towards her farewell gift, please place your donation envelope in the marked letterbox outside Mrs Millar's office.

Warm Regards,

Mrs Di Reeks



Meet Our Staff

Ms Pitt – Assistant Principal/Teacher



An interview with our school captains Lauren and Will

Wil – Ms Pitt, how long have you been at EHPS?

Ms Pitt – For sixteen years.

Lauren – Ms Pitt, what are your hobbies or interests?

Ms Pitt – I am a Rugby tragic!! I love it – I watch it all the time!! I also have a beautiful dog – Charlie Girl and I love walking her.

Ruby – What do you like best about EHPS?

Ms Pitt – The fantastic kids – the best children on the Northern Beaches, and in all of Australia as well! I love our grounds too.

Wil – Have you worked at many other schools?

Ms Pitt – Yes, many. I have taught in the Western Suburbs, St Ives, Inner City, Randwick and Elanora Heights.

Lauren – What is your role at EHPS?

Ms Pitt – I'm teaching the wonderful 5P this year! I am also an assistant principal so I help lead the school in the right direction.



MasterchefIt's a Wrap

Bread, wraps, homemade hummus, a variety of fresh fruit and vegetables and some delicious fruit muffins were all on the menu last week for our *Live Life Well @ School Masterchef Luncheon*.

Years 4-6 visited the hall to discuss the benefits of a healthy diet, exercise and rest. After learning some interesting food facts it was on to enjoy a tasting plate of fresh fruit and vegetables as well as some hummus dip to tantalize the tastebuds!

Then it was time to make their own culinary creations..... avocado spread wraps were piled high with lettuce, tomato, cheese and grated carrot, with many more

combinations being discussed as eager Masterchefs lined up to select their lunchtime ingredients.

These delicious and nutritious lunches were then enjoyed in the school surrounds. Snippets of conversation could be heard as groups of friends discussed what ingredients they had selected for their lunchtime wrap and how they enjoyed creating their own lunch to eat.

All students now have their own *Make My Own Healthy Lunch* card to record their healthy morning tea and lunch choices. There will be mini - merits and a healthy treat for those students who complete lunch cards as well the satisfaction of knowing they are taking responsibility for their own health and wellbeing.

A big thank you to all the parents who shopped, cooked, chopped, diced and sliced in order to our make Masterchef Lunch such a great success.

Di Reeks



Keep up the healthy munching!

A HUGE heartfelt thank you to Di Reeks for so deliciously engaging all students in the importance of nutrition, and of course the marvellous parent team who made it all possible.

The children's proud smiles as they eagerly munched salad sandwiches and wraps were the real reward. To see children pointing excitedly to simple salad vegetables reminds us how empowering it is to choose something for ourselves. So, please get behind your children's efforts in the next fortnight to complete the *Make My Own Healthy Lunch Challenge*. It's great to see that most students have chosen to participate.

Show Off Your Lunch Day on Thursday -

Students who have made their own lunches may bring them out at recess to show a panel of admiring judges. Children will be given cards for various categories of excellent lunches and also asked to show off and explain their lunches to K-3 classes. Any parents who'd like to participate please let me know. Simple and healthy is the aim but the novelty of something different always appeals. One site with a sample 5 day menu is

http://www.freshforkids.com.au/lunch_box/lunch_box.html.

Keep up the healthy munching!

Jenny Cullen LLW@S Co-ordinator

Teachers inspire learning...
nominate an inspirational teacher TODAY

NEiTA 2013 ASG Inspirational Teaching Awards

Parents value teachers' efforts. However, we rarely have the opportunity to publicly express appreciation. This is that chance to do so by nominating teachers and leaders for the **NEiTA 2013 ASG Inspirational Teaching Awards**.



It's easy to nominate and show teachers how much they are appreciated and supported. Nomination forms can be downloaded from www.neita.com.au or completed online. You can also request one from the NEiTA Secretariat by phoning freecall 1800 624 487. Nominations can be made by parents, grandparents, parent associations, school councils and community organisations.

The closing date is fast approaching to nominate teachers for the NEiTA 2013 ASG Inspirational Teaching Awards. **Be sure to submit your nominations for our school's outstanding teachers and leaders by July 31st 2013.**

PSSA TRAINING TIMES

(TRAINING IS CANCELLED IF IT IS RAINING)



| | | |
|--------------------------|---|----------------------|
| Senior Boys Rugby League | Wednesdays 2.55 - 4pm Fridays 8 - 8.45am | Top Oval Top Oval |
| Junior Boys Rugby League | Wednesdays 2.55 - 4pm | Top Oval |
| Senior Girls Soccer | Thursdays 8am - 8.45am | Top Oval |
| Junior Girls Soccer | Thursdays 8am - 8.45am | Top Oval |
| Senior Boys Soccer | Thursdays 8am - 8.45am | Top Oval |
| Junior Boys Soccer | Thursdays 8am - 8.45am | Top Oval |
| Senior Girls Netball | Mondays 8am - 8.45am | Netball |
| Junior Girls Netball | Tuesdays 8am - 8.45am | Courts |

Please be advised that all children should be collected by parents when they are dismissed from training (within the school grounds) and NOT wait for collection at the top of the track where there is no supervision.

PSSA RESULTS



| Sport | versus | Result |
|--------------------------|-----------|--------|
| Senior Boys Rugby League | Mona Vale | Loss |
| Junior Boys Rugby League | Mona Vale | Loss |
| Senior Girls Soccer | BYE | BYE |
| Junior Girls Soccer | BYE | BYE |
| Senior Boys Soccer | BYE | BYE |
| Junior Boys Soccer | BYE | BYE |
| Senior Girls 'A' Netball | BYE | BYE |
| Senior Girls 'B' Netball | BYE | BYE |
| Junior Girls 'A' Netball | BYE | BYE |
| Junior Girls 'B' Netball | BYE | BYE |

BAND BUGLE

Upcoming Events

The Senior Band and invited members of the Intermediate Band have one more public performance this Term on Sunday, June 23, at Pittwater High School. The Stage Band may also perform if a timeslot is available. The time will be confirmed as soon as we are advised by the organisers.

Parents were emailed last week regarding availability for this concert and your early advice will be appreciated.



Please make a note in your diaries, calendars or whatever for these very important dates in Term 3;

- ❖ The NSW Band Festival. There are two performances slated for **Sunday, 25 August**, one by the Senior Band and one by the Stage Band. This is the first time we have entered a Stage Band in this festival. Performance times will be advised as they come to hand. The Festival is once again at the University of NSW Kensington Campus.
- ❖ NSSWE Spring Music Festival. Once again the Band is honoured to be accepted to play at the Chatswood Concourse. This performance will be on **Sunday, 8 September**. Times are still to be decided and updates will be provided when details are known.

Practice Pieces

Senior and Intermediate Band members are in the process of receiving brand new music folders with new music. Intermediate Band members have received Senior Band pieces so they can practice this year's repertoire. Senior Band favourites, new pieces for this year and all members are encouraged to explore the pieces and practice at home.

The pieces to be nailed by Intermediate Band members in the next few weeks are Crazy for Cartoons, Gangnam Style, and Kung Fu. Proficiency on these pieces will determine selection for the Pittwater High Concert later this month.

Tim Cowdery
Band President

Uniform Shop

Shop hours: Monday: 8.15 am – 9.45 am Thursday: 8.15 am - 9.45 am
We offer ETPOS and CREDIT CARD facilities (Visa/MasterCard)

****News Flash** - New School Jacket**

We are now taking orders for the new School Jacket. Please complete an order form if you are interested in purchasing one of these versatile, great looking jackets for your child. If you wish to check sizes, we have samples in the Uniform Shop.

Winter is coming! – we have a full range of stock available for your “early bird” shopping. The latest Price list/Order form is now available on the school website in PDF form for you to download if you wish to take advantage of our Mail Order system. It's easy - just send the completed order in with your child to class and we will deliver the items you require to your child's class 2-3 days later.

Alterations/Repairs – we are fortunate to have one of our parents, Michelle Sturrock, who is a dressmaker and is offering to carry out repairs and alterations for your uniform items. Please contact the uniform shop for a price list and further details.

Suzie Duncan
Uniform Shop Coordinator

CANTEEN NEWS

Below is the roster for the next 3 weeks. There are a few days we are still in need of helpers. If you are able to help, please drop by the canteen or call me on the number below. Your help is very much appreciated as we cannot run our canteen without our wonderful volunteers.

Thanks.....

Wendy Douglass

Canteen Co-ordinator 9913 2721

KIDS KAFFE

| Term 2 2013 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------------|-----------------------|--|-----------------------|--|----------------------------------|
| Week 7 10 – 14 June | PUBLIC HOLIDAY | ANGIE K PAULA B | SUSIE W | 9.30-11.30 ERICA R 9.30-1.30 GILL E | KELLY G LESLEY M |
| Week 8 17 – 21 June | NEED HELP | IONE B PIPPA McF | KATE McG KIM K | ANGELA C MANDY H | NICOLA F NEED HELP |
| Week 9 24 – 28 June | VIV K FIONA F | CANTEEN FUN DAY HELP NEEDED SUSIE W LOU E KATE H | SHARON C | DANNI Q MARTHA W | HANA NEED HELP |

MUNCH MONITOR - www.munchmonitor.com - username: elanora. Password: munch2101.
Wendy Douglass Canteen Coordinator Ph: 9913 2721

2nd Hand Uniforms

If you require any second hand clothing please call me **after 9 a.m.** on 9913 1292 or email me at thewoodleys@optusnet.com.au

SECOND HAND UNIFORMS ARE ALWAYS IN DEMAND SO DONATIONS ARE MOST WELCOME

Karen Woodley, Second Hand Uniform Coordinator



AustCycle is excited to announce that this July it will be running school holiday cycle programs for children aged between 5 and 12 years of age who live in the Pittwater area! AustCycle's program is designed to teach children the important skills of bike control and road safety.

Classes are being held between July 1 and July 3, 2013.

The Bike Control course will run from 10am until 12pm on the Monday, Tuesday and Wednesday and the Road Safety course will run from 1pm until 3pm on the above days.

Classes are held at Narrabeen Public School.

For any questions, please contact Claire Brinkley via email claire.brinkley@cyclimg.org.au or phone (02) 9339 5831. (www.austcycle.com.au)

TAEKWONDO
Martial Arts

ENROL NOW!!

PAY-AS-YOU-GO
No Direct Debit
No Contracts

Elanora Heights Public School
43 Elanora Road, Elanora Heights
FRIDAY Juniors: 6:00pm
Beacon Hill Primary School
Tristram Road, Beacon Hill
THURS Juniors (5yrs to 12 yrs) 6:00pm
Terrey Hills Community Centre
Yulong Ave, Terrey Hills
TUES Juniors: 6:00pm

Phone: 04 1300 4094

www.tkma.com.au

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TRY SOFTBALL

Hey girls!
Are you thinking about
what sport to do next summer?

Warringah Softball Club is running a 'Try Softball' clinic in the school holidays aimed at all school girls in Yr 1 to Yr 6 that have never played softball before and would like to experience the enjoyment of this wonderful sport.

The clinic is also open to girls who have played and would like some practice prior to the commencement of the new season. Experienced coaches will be there to teach the girls all aspects of the game and to work on basic skills. Come and join the fun!

WHERE: Cromer Primary School, Caroola Rd, Cromer
WHEN: 9am - 1pm on Tuesday 2nd July
COST: FREE
BRING: Snacks, Water Bottle, Hat and Softball Glove
(if you have one, otherwise we will provide)

Register online at www.warringahsoftball.com.au

For further information, please go to our website or please phone or SMS Kerryl on 0431 878 920

W Warringah Softball Club **W**

Eventful Kids together with Centro Warriewood will kindly entertain your kids for an hour

★ **FREE!** ★

They'll have loads of craft and creative activities to pursue while you pursue some bargains.

The best part is that all proceeds from both Saturday and Sunday will go towards Sam's ongoing rehabilitation after her tragic accident in Thailand. Any donations on the day will be greatly appreciated.

Of course if you can't make it, you can donate online at mumsformums.org.au



10AM - 4PM • SATURDAY 15-16 JUNE
CREATIVITY CENTRE LOCATED OUTSIDE KMART
CENTRO WARRIEWOOD, JACKSON ROAD

COMMUNITY NEWS



You are invited to attend the Peninsula Community
of Schools Art Exhibition in celebration of the
Guringai Festival
"Live Life Loudly"

Please come along and enjoy the "UNITY in our COMMUNITY Art Exhibition" showcasing student work from Kindergarten to Year 12 of the Peninsula Community of Schools. The collection of artworks reflect the Guringai Festival's theme: "Live Life Loudly", the Reconciliation theme "Say Something" and the 2013 NAIDOC theme "Yirrkala Bark Petitions 1963"

Where: Wheeler Heights Public School
Veterans Parade Wheeler Heights

When: Wednesday 26th June

Time: 5:00pm – 7:00pm (Official Welcome at 5:30pm)

Admission: Gold coin donation
(Funds raised support Literacy Backpacks)

Light refreshments will be available

Enquiries: Sharon.smithies@det.nsw.edu.au

BUSH FIRE SAFETY COMMUNITY WORKSHOP

FOR RESIDENTS AND FAMILIES IN THE BAYVIEW, INGLESIDE AND ELANORA HEIGHTS AREAS

- Did you know that your community has been identified as an *Extreme Bush Fire Risk area*?
- If there was a Bush Fire in your area, would you know what to do?
- Have you and your family got a Bush Fire Survival Plan?



The Rural Fire Service has developed a **COMMUNITY PROTECTION PLAN** specific to the Bayview, Ingleside and Elanora Heights community that details the bush fire risk, leave early options and community refuge areas known as Neighbourhood Safer Places.

The workshop will include:

- What to do in the event of a fire:-
LEAVE EARLY OR STAY AND DEFEND
- How to complete and implement a **BUSHFIRE SURVIVAL PLAN**
- The use of personal firefighting equipment.



Venue: Monash Golf Club
Powder Works Road,
Ingleside

Dates: Thursday 13 June 2013

Time: 7.00pm

Cost: FREE to participating residents.

Venue: Mona Vale Memorial Hall
1606 Pittwater Road,
Mona Vale

Dates: Thursday 20 June 2013

Time: 7.00pm

Cost: FREE to participating residents.

If you live, work, own land in this area, come along to one of our information evenings so we can help you prepare your home, your pets and your family in the event of a bushfire.



BUSH FIRE INFORMATION LINE
1800 NSW RFS
1 8 0 0 6 7 9 7 3 7
www.rfs.nsw.gov.au



FOR FURTHER INFORMATION
Contact: Ph. 9450 3000 or
Email: Warrineah.fcc@rfs.nsw.gov.au for more information



MAKE THESE HOLIDAYS
UN-FUR-GETTABLE.



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freebies summers
BEATS THEM ALL Centre