

# Our Lady of Guadalupe

*A parish with open arms and caring hearts*

July 02 and July 09, 2017



***“Come to me, all  
you who labor and  
are burdened, and I  
will give you rest.”***

- Matthew 11:28-29

## Mass Times

**Saturday Vigil** - 5:30 PM

**Sunday Mornings** - 8:30 AM and 11:00 AM

**Weekday Mass** - Wednesday, Thursday, and Friday - 9:00 AM

**Holy Day Masses** - 9:00 AM and 7:00 PM

**Sacrament of Reconciliation** - Saturdays - 4:15 PM to 5:00 PM (or by appointment through the Parish Office)

**OLG Parish** - 7000 35th Avenue SW, Seattle, WA 98126

[www.olgseattle.org](http://www.olgseattle.org) - [parishoffice@olg.seattle.org](mailto:parishoffice@olg.seattle.org) - Phone: 206-935-0358

**OLG Parish School** - 3401 SW Myrtle, Seattle, WA 98126 [www.guadalupe-school.org](http://www.guadalupe-school.org)

Phone: 206-935-0651



## **From the Pastor's Desk**

### ***Independence Day And The Gospels***

As a child and young person growing up in another country, I was always amazed by the enthusiasm and pride with which Americans celebrated July 4th. There is so much to be thankful for as we celebrate Independence Day and so the celebrations should be festive and bring people together. I hope each of you will find yourself renewed by focusing on the roots of our American Spirit. Recently, I was in Washington, DC and spent some time in and around the monuments celebrating the founding values of our land and yet at the same time I was acutely aware of the painful divisions within the American Spirit today and how much farther we have to go toward becoming the nation we hope to be. Flying home from Washington, I came across a reflection by Fr. Richard Rohr who poses this thought for us individually and as a nation. *"I am that which I am seeking."*

### ***Great Things Happening This Summer In OLG***

- Bible Camp - So many volunteers and staff loving the Gospels enough to share their knowledge of Christ.
- Exploration of the possibility of having a family shelter at OLG.
- Several marriages with couples truly loving each other, the Lord and the parish.
- Moving toward elimination of our debt in order to free us for more service of people.
- Exploration of an intentional community within the parish community based on contemplative prayer in the spirit of Richard Rohr, OFM.
- Welcoming our new principal, Anton Kramer. I will be introducing him to you this summer.
- Celebrating Canada's 150th birthday as a nation.
- Time for all of us to breath in the beauty of creation in our part of the world.
- Time to explore at Mass the readings of ordinary time, readings which are anything but ordinary.
- Becoming a more Christ like parish, through our prayer, worship and loving service.

### ***Facts And Challenges For OLG And All Catholics***

- Every day 6,000 Catholics celebrate Mass in our parishes. I am grateful for the faithful group who celebrate their faith during our weekday liturgies.
- There are 35,000 volunteer liturgical ministers in the Archdiocese, i.e. Lectors, Eucharistic Ministers, Musicians, Servers, Sacristans.
- Marriages between a Catholic and non-Catholic are down 26 percent in recent years.
- Number of weddings with two Catholics are holding even.
- Baptisms of children are down significantly.
- Baptisms of adults are down 26 person.
- Only 46 percent of children who are baptized ever complete the initiation by being confirmed.
- Catholic Community Services provides for people in need in Washington at a level second only to the State of Washington.

I offer some of this as a way of awakening in us the need for on-going formation for adult Catholics who are called to be known as Disciples. Pope Francis and Archbishop Sartain are inviting us to embrace what is being called the New Evangelization.

### ***Annual Catholic Appeal***

Thank you to all who have made your commitment to the Annual Catholic Appeal this year. We are creeping toward our goal of \$77,000 in support of all the ministries of the Archdiocese. We are 80% toward our goal. This time last year, we were \$18,000 over our goal. The needs of people are always there and we can make our commitment any time. Thank you.

### ***Simple Summer Prayer***

God be glorified  
Open our eyes  
There is none like You.

# Prayer & Liturgy



## Let Us Pray For...

We will hold our brothers and sisters, listed below, in prayer for a month. If you would like to have us pray beyond this month for anyone, please notify our parish office and we will keep their name on the list for the time that you have requested.

Pat Bago	Sharon Lyons-Huber	Mae McBane
Lucy Budde	Michael Johnston	Rose Moran
Patrick Delaney	Hudson Langhams	Jim Perry
Ce Ce Glidden	Mason Langhams	

## Mass Intentions

July 5th	9:00 a.m.	(Available)
July 6th	9:00 a.m.	(Available)
July 7th	9:00 a.m.	(Available)

Weekend Masses for our Parish Family

July 12th	9:00 a.m.	(Available)
July 13th	9:00 a.m.	(Available)
July 14th	9:00 a.m.	(Available)

Weekend Masses for our Parish Family

## Mass Intentions And Prayer Cards

The Catholic Church considers the Mass the greatest possible prayer of intercession because it is the perfect offering of Christ to the Father by making present the paschal Mystery of His death and resurrection. At Our Lady of Guadalupe, the weekend masses, are for the intentions of the living and deceased parishioners of the parish, also known as 'Pro Populo' Mass. Fr. Jack is available to offer your Mass requests during the daily Mass Wednesday through Friday, at 9:00 a.m. In addition, our parish has beautiful prayer cards that can be sent to the person or their family, informing them of the special Mass. Many make a small donation of \$15 and up.

To make a Mass request, please send:

- The person's name.
- If the Mass is for their intentions or in memory of the person.
- If you would like a card sent to the family, and the address it should be sent to.

Your request will be put on the next available date on the calendar and you will be notified by email or phone call. Please submit requests to Peggy Behnken at [Peggyb@olgseattle.org](mailto:Peggyb@olgseattle.org).

BUSINESS OF THE WEEK

**PACIFIC RIM**  
EQUIPMENT RENTAL  
Specializing in  
Homeowner Equipment, Yard Equipment  
General Construction Equipment  
206-441-7909  
6515 W. Marginal Way SW, Seattle



## Scripture Readings

*This Week*

### Thirteenth Sunday In Ordinary Time

**Reading 1: 2 Kings 4:8-11, 14-16a**

**Reading 2: Romans 6:3-4, 8-11**

**Gospel: Matthew 10:37-42**

*Next Week*

### Fourteenth Sunday In Ordinary Time

**Reading 1: Zechariah 9:9-10**

**Reading 2: Romans 8:9, 11-13**

**Gospel: Matthew 11:25-33**

*The Following Week*

### Fifteenth Sunday In Ordinary Time

**Reading 1: Isaiah 55:10-11**

**Reading 2: Romans 8:18-23**

**Gospel: Matthew 13:1-23**

## Have You Been Away From The Church For A While And Need An Update? Or Would You Like To Learn More About the Catholic Christian Faith?

You are invited to come to an ongoing inquiry group that meets on Wednesday evenings to ask questions and learn more about Catholicism (no stings attached!) For more information, please contact Helen at 206-935-0358, Ext. 108 or [heleno@olgseattle.org](mailto:heleno@olgseattle.org). You can also find more information at our parish website.

For more information about "Prayer and Liturgy" go to [www.olgseattle.org](http://www.olgseattle.org) and click on the "Grow In Faith" tab.

# Faith Formation



July 9, 2017

## Fourteenth Sunday In Ordinary Time



### All Faith Formation Programs End For The Summer.

Over the summer check the bulletin for family activities which will enrich your faith and offer reflection topics of discussion.

### Save The Date

Sunday, **September 17th** will be our Faith Formation Open House - Look for more information in the coming months.

Hearing the Word - *Matthew 11:25-30*

**In the name of the Father, and of the Son, and of the Holy Spirit.**

At that time Jesus exclaimed: "I give praise to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the learned you have revealed them to little ones. Yes, Father, such has been your gracious will. All things have been handed over to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son wishes to reveal him.

"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

### Reflecting on the Word

Jesus is God's mystery, and he explains himself in terms of how he relates to the Father. Jesus exclaims that the little ones who receive wisdom are those who are humble and accept faith. The invitation, "Come to me," invites us to a childlike faith that offers peace, rest, and a life of harmony. The yoke of Pharisaic law was heavy and difficult to observe, in Jesus' time. Jesus teaches that if you take his "yoke," you can live freely without fear of reprisal.

### ....On the way to Mass...

The Gospel says that children understand faith easier than grownups. Can you share a teaching of Jesus?

### ...On the way home from Mass...

What was the "yoke" that Jesus was asking us to put on our shoulders? What is a burden in our lives?

### Living the Word

In the coming week, pick one time that you could have a family meal. Read Matthew 11:25-30 as the meal prayer, and at the end of the meal, invite family members to respond to the questions: What does God ask of me in my life? Does God intend for us to do really hard things? Why should life be a burden if we have God with us? This Gospel is a reading that invites a response from its listeners, regardless of age. Faith gives all of us eyes to see what we need to do to get to heaven.

- Liturgy Training Publications

### Vacation Bible Camp Is Supporting "The Shoe That Grows"



There are over 2 billion people around the world with soil transmitted parasites and diseases because of living in unclean areas. There are over 300 million children without shoes and countless more with shoes that do not fit - causing them to be dangerously susceptible to sickness and suffering.

The Shoe That Grows is an innovative solution to keeping kids healthier and happier by providing shoes that grow 5 sizes and last for years.

Why the Shoe That Grows is a better solution:

- Grows 5 sizes through a simple design to adjust and expand.
- Lasts for years with the compressed rubber sole, high grade, tactical Velcro and anti-bacterial synthetic.
- No mechanisms, no moving parts and gears. This is a simple design.

Our goal is to purchase 100 pairs of shoes, as \$15 will purchase one pair of shoes that will last 5 years! During our Vacation Bible Camp week, keep this in prayer that our kids will reach their goal!



# Outreach Ministry

## **Free Summer Meals For Kids And Teens**

During the summer break, kids and teens 18 and under can access free meals at local schools, parks, and community centers. Nearby sites include West Seattle Elementary, Sanislo Elementary, Delridge Library, High Point Community Center, and more. To find the nearest food sites and times, call 1-888-436-6392 or visit [foodinvasion.org](http://foodinvasion.org).

## **Join The Immigration Emergency Response Team**

St. James Immigrant Assistance is organizing an Immigration Emergency Response Team that would be able to quickly mobilize in the event of a local immigration raid or other enforcement action. Can you help by providing hospitality, offering translating services, or simply offering a comforting presence during a difficult time for families? Key needs also include Notaries Public and Family Law Practitioners. To sign up, email Chris Koehler at [ckoehler@stjames-cathedral.org](mailto:ckoehler@stjames-cathedral.org).

## **Summer Produce Driver Needed**

OLG has two thriving gardens that yield fresh produce for our local foodbanks helping to feed our neighbors in need. In the past, the Lettuce Pray program picked up our produce donations, but the program ended last year. We are currently looking for a driver (or a team of drivers?) who can bring the produce to one of the foodbanks on Sunday mornings through early October. Fresh veggies and fruits are a real gift for those families and individuals experiencing food insecurity, especially to those who live in a food desert. Can you and/or a team of friends help get our donations to them? Contact Jennifer Ibach for more information at [jibach@olgseattle.org](mailto:jibach@olgseattle.org) or 206-935-0358, Ext. 120.

## **Help Tutor Local Youth This Summer**

Spend some time giving back this summer through the Youth Tutoring Program (YTP) Summer Learning Program! YTP serves over 300 at-risk students in 1st - 8th grade who live in four affordable public housing communities across Seattle, including High Point right down the road. The students come from diverse backgrounds - representing many nationalities, cultures, languages and religions. The program runs from Monday, July 10th through Friday, August 18th with day time and evening hours available. Volunteers are asked to give 1.5 hours a week and training is provided. Tutors ages 14 years and up are welcome! Visit <http://www.ccsww.org/ytp> for more information and to get started as a volunteer. For questions, contact [volunteerYTP@ccsww.org](mailto:volunteerYTP@ccsww.org) or 206-328-5659.

## **Youth Migrant Project: Donations Requested**

*Some give by going. Some go by giving.*

Ten high school students from OLG will be joining youth from St. Mary's and St. Anne's on the Youth Migrant Project this July. The youth will work at a food bank, host a fiesta for migrant families, provide lunches for children, work in the fields, attend Mass in a migrant camp, and reflect together on the experience in light of our faith. As part of our trip, we will be collecting food, clothing, school supplies craft material, and baby shower gifts for the families we will encounter. A full list of needed items is available on the website, in the bulletin insert, and the bulletin boards in the narthex. Please return any donations to the parish office or the box in the narthex by June 25th. Thank you for your support!

## **Laudato Si**

*A Weekly Tip On Caring For Our Common Home*

To help keep waterways clean and safe from pollutants, take steps such as using biodegradable detergents at home and in business and eliminating the use of disposable plastic whenever possible. Also, be aware that synthetic pesticides and herbicides can harm birds and insects that benefit agriculture.

## **Peacemaking Circle Case Final Sentencing: Come Bear Witness!**

The Archdiocese of Seattle has recently partnered with King County Juvenile Court to pilot restorative, community-based Peacemaking Circles to resolve some of our juvenile cases, even serious ones. The process is used as an alternative to the traditional punitive sentencing process and is the result of collaboration and partnership between families, communities, and the justice system to address harm, heal, promote accountability, and build community. Several of these circles have been held at Our Lady of Guadalupe. On Friday, July 7th at 4:00 p.m. in the King County Juvenile Courthouse on 12th & Alder in Seattle, the community peacemaking circle will return its second juvenile case to the court. This is a groundbreaking effort to completely revolutionize our justice system. To turn heads and demand attention from decision makers, let's overflow the courtroom with hundreds of concerned citizens who desire something new, something better. For more information, please contact members of the Peacemaking Coordinating Team of King County at [PCTeam@kingcounty](mailto:PCTeam@kingcounty) PCT.org.



# Pastoral Care



## Home Ministries

If you or anyone you know is in need of the **Sacrament of the Eucharist**, the **Sacrament of Anointing**, or other Home Ministries, let us know by calling Marion Kari at 935-0358, ext. 113.



John Baumann, M. Div. LMHC  
Counseling & Psychotherapy Services  
206-527-2266, ext. 385  
425- 830-9614 (cell)

## Prayers And Squares Quilt Ministry Continues To Serve Our Community With Love

Prayers and Squares officially became a Chapter Member #1158 on October, 20, 2014. As a ministry, over 80 quilts have been made and presented, each a special gift of love and hope.

All donations are welcome to our Prayers and Squares Ministry. Here is how you can help:

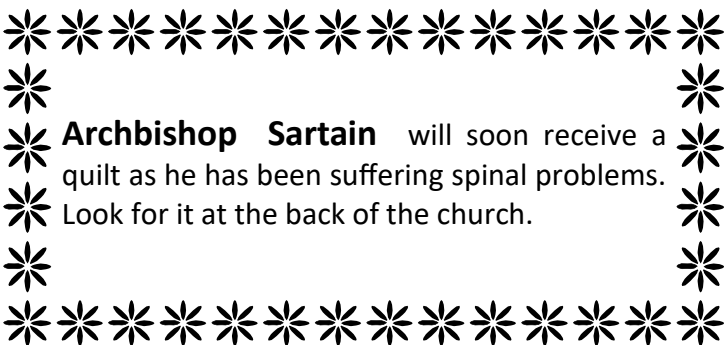
- Fabric that is 100% cotton.
- 100% polyester thread any color.
- Cutting wheels.

You can bring any donation to the parish office between 9:00 a.m. and 4:30 p.m. Monday through Friday.

The beautiful quilts that you see in the back of our church are quilts made by our Prayers and Squares ministry team which meets on the first Tuesday of each month from 1:00 p.m. to 3:00 p.m. in the Parish Pastoral Center. If you want to join our ministry, please call the parish office at 206-935-0358. It does not matter if you have been a quilter for years or have no experience and just want to learn, please come and fellowship with some wonderful ladies who serve our community so faithfully.

Quilts become prayer quilts as a result of the prayers that are tied into them. When a request for a prayer quilt is made from a family, we ask for any special prayer intentions that we can make available for our community to pray for when tying the prayer knots. When the prayer quilt is presented, they can feel each prayer by all of the prayer knots that are tied just for them. Here is what you do:

- Pick up untied thread and make a square knot (right over left, then left over right). Pull the not firmly against the surface of the quilt.
- Offer a prayer for the person who will receive the quilt. Please remember that person in your regular prayers throughout the week.



## Daystar Senior Summer Camp Hop-A-long 2017

July 10-14, 2017

### A Full Week Of Summer Camp Events

Join us as we explore Australia, the Land Down Under. We'll start with an Australian Animal Encounter including a Wallaby, Rabbits, Sugar Gliders, a Bearded Dragon and more! Enjoy an instruction to Australian Culture and Food Tasting with Kent Morgan, and a visit to the Arlington Kangaroo Farm.. Storyteller Debbie Dimitre will portray Nellie Bly and much more! **Visit our website for additional events, costs, and the daily schedule. Call to reserve your spot today!**

### Also In July

#### Fraud Prevention for Seniors

Tuesday, July 18, 2017 - 11:00 a.m. To 12:00 p.m.

AARP Foundation Fraud Fighter program has a strong history of delivering effective fraud prevention to older Americans, their families, caregivers and support networks,. AARP trained Fraud Fighters counsel older persons on scammer techniques and fraud prevention. They will educate our Daystar residents, family and friends on protective actions and measures.

#### Reaching The Heights

Wednesday, July 19, 2017 - 9:00 a.m.

Experience the thrill and beauty of a view of Mt. Rainier with a Gondola Ride and lunch at the Summit House, Washington's highest elevation restaurant. Cost is \$15, Lunch on your own.

#### Fiesta Happy Hour With Lauren Petrie

Friday, July 21, 2017 - 3:30 p.m.

West Seattle favorite, Lauren Petrie, will provide the entertainment as we enjoy Fiesta Happy Hour featuring traditional Mexican appetizers and beverages on our beautiful Rosemont Patio.

**Reservations require for all events. To RSVP call 206-937-6122 or visit [www.DaystarSeattle.com](http://www.DaystarSeattle.com).**

**Call early to ensure a spot.**

# OLG Community



## Summer Film Festival



Our next film is *"The Shack"* on **Tuesday, July 11th at 6:30 p.m.** in the Pastoral Center - lower level. Based on the popular book, a grieving man receives an invitation by God to meet at the place where his daughter was murdered. It is a story of unexpected hope, redemption, and healing that is grounded in our human experience. *Rated PG-13*. Bring your favorite movie treat.....popcorn and lemonade provided.

## 50 Plus Funsters

The Funsters are inviting those over 50 to their monthly Potluck Breakfast. It is held on the 2nd Thursday of each month in the downstairs meeting room of the Pastoral Center, at 9:30 a.m. after OLG's morning Mass.

We, as a group, like to take trips, go to plays, eat out and generally have a good time. Since we are Seniors, we of course like it when we get a reduced rate.

With or without food, we invite you to join us. It's always fun with more people.

 .....  This could be you!



Once again we will join Waterways Cruises to Meet the Seafair Fleet. Enjoy lunch while cruising Elliott Bay viewing the fleet of U.S. Navy, U.S. Coast Guard, and Canadian Navy, for the annual Seafair ship parade.

**Event date to be determined (on August 1, 2, or 3)**

Space is limited. For more information contact Paul Morel at [pauljmorel@outlook.com](mailto:pauljmorel@outlook.com)

## Favorite Business?

Do you have a favorite hair dresser or barber? What about a dentist or doctor? Your parish family wants to know about these great businesses too.

Please let your favorite business owners know that advertising on the church bulletin is affordable, reliable and helps to provide the bulletin at no charge to the church!

Whether it be your favorite local business or your own business, our church bulletin is a great place to advertise!

For more information call Catholic Printery: 1-800-867-0660.

***For more "Community Events",  
please visit our website.***



## Ageless in the Lord

### Don't Flunk Your Retirement! – Part 2

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June 23, 2017

Retirement offers the prospect of a new beginning. Retirement is a commencement more than an ending. Retirement gives us hope as we start a new life journey. Retirement holds up a new light as we see a new path. The new journey brings us gifts: we become more interesting and lead a more meaningful life. This light is the same light that has steadied us all along....it is the light of Christ.

So what do we need to do to fully capture this light of retirement and embark on this new journey? The answer is in the way we use our personality. Personality is a tool God has given us; personality is not a psychological constant, rather it is a malleable instrument, pliable to meet our needs. In retirement we need to shift the way we use our personality.

In part one of this blog; I identify the six functions of the personality. Let's look at some changes we need to make in each of these six functions.

- 1. Believing.** We need to re-value our own personal identity, we need to achieve an attitudinal shift from deriving our primary identity from work and mentally shift to a more balanced use of our energies in all life arenas. We need to let go of valuing our life only in terms of "what "we do or did, and shift to a new personal identity of "who" we are.
- 2. Perceiving.** We need to re-focus our visions and actions around our notion of personal aging and more clearly focus on becoming ageless. We need to see our maturation process as a time of emotional and spiritual vitality and vibrancy full of potential for dynamic and ongoing personal growth.
- 3. Thinking.** Retirement calls us to think differently about the true meaning in and of our lives. Retirement is about finding and implementing a sense of personal life purpose, a cause that allows us to connect better with ourselves and with God.
- 4. Feeling.** Retirement calls us to seek a new peace... to value the present moment, to live more clearly in the now of God. Retirement offers us a new quality of life not measured by our "comings and goings," or our "to-do" lists, but rather in our ability to experience awe, wonder, and delight in what is right in front of us... the magnificent creation of God.
- 5. Decisions.** Retirement asks us to take charge of our life in new ways, to grasp and implement a deeper understanding of our own power of choice. Retirement lets us empower ourselves to purposefully choose to let go of defining ourselves only as the world does, and consequently letting the world direct our decisions. Retirement lets us take charge of our lives and rely on our own internal sense of self-discernment for making plans and decisions not as the world would dictate, but as God does.
- 6. Action.** Retirement asks that we get going... to offer our personal resources - our time, talents, and wealth in God's service. Retirement is a time for true vocation, a new calling to serve God's people and in so doing paving a path to our own salvation.

Always Live Ageless in the Lord,

Richard P. Johnson, Ph.D., PCSG



## From The Pastoral Center



### **Stewardship Giving Made Easy Visit [www.olgseattle.org](http://www.olgseattle.org)**

If you are looking for a more convenient way to make planned or additional financial contributions to support our parish ministries and programs, we encourage you to look at our electronic giving options. Visit our parish website to learn more. Go to [www.olgseattle.org](http://www.olgseattle.org) and click on the "Online Giving" button.

### **OLG School Happenings**

Donna Ramos, Principal  
[dramos@guadalupe-school.org](mailto:dramos@guadalupe-school.org)  
206-935-0651 - X102



**Here is the first harvest of the garden  
delivered to the West Seattle Food Bank!**

*Have you been wondering who will be caring for the garden over the summer? Ben W. , who was part of the 7th grade class who build the garden, has volunteered to water and care for it over the summer months. Way to go Ben!*

**Pastoral Center**  
Phone: 206-935-0358  
Fax: 206-935-1230

**Parish Staff**  
Fr. Jack Walmesley  
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Helen Oesterle - Pastoral Associate  
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Jennifer Ibach - Pastoral Asst. for Outreach  
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Sandy Plummer  
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### **School Registration Now Open**

- Do you have a child entering Preschool - 8th grade next year?
- Are you looking for a warm and supportive environment where your whole child will be nurtured and loved while learning?
- Do you want to have the highest quality academics as well as a focus on service and community?
- Do you want your child to learn to follow in the footsteps of Jesus Christ?

If you have answered yes to these questions, then OLG School may be the place for you! We are currently accepting applications for the 2017-2018 academic year, with limited space available in most grades. For more information, please email Shelley Bradley at [sbradley@guadalupe-school.org](mailto:sbradley@guadalupe-school.org) or call 206-935-0651.