



Belmont Village of St. Matthews VillageNEWS

  4600 Bowling Boulevard • Louisville, KY 40207 • Phone 502-721-7500 • Fax 502-896-8224

A Publication of Belmont Village for Residents, Staff, Family and Friends

June 2014

Our Team

Paula Felton-Werner

Executive Director

(502) 721-7500 ext. 102

Pfelton-werner@belmontvillage.com

Bev DeYoung

Dir. of Resident Care Services

(502) 721-7500 ext. 107

Bdeyoung@belmontvillage.com

Kathryn Ray

Activity Programming Coord.

(502) 721-7500 ext. 104

Kray@belmontvillage.com

Steve Ross

Chef Manager

(502) 721-7500 ext. 106

Sross@belmontvillage.com

Sharon Owens

Community Relations

(502) 721-7500 ext. 109

Sowens@belmontvillage.com

Sheri Ash

Community Relations

(502) 721-7500 ext. 127

Sash@belmontvillage.com

Armando Marin

Building Engineer

(502) 721-7500 ext. 105

Amarin@belmontvillage.com

Allison Coons

Human Resources Generalist

(502) 721-7500 ext. 103

Acoons@belmontvillage.com

George Ferriell

Memory Programs

Gferriell@belmontvillage.com

(502) 721-7500 ext. 134

Notes From Paula's Pad

Two years to the day, I began my tenure at Belmont Village St. Matthews. It is amazing how fast time moves. With each day I have grown more and more in love with all the wonderful people that reside here, the families who entrust us for care and with the team members who work here. Over these two years I have developed many friendships and had many wonderful experiences. Now it is time for me to turn to a new chapter with Belmont Village.

As most of you are aware, I will be moving to Houston, Texas to open a new Belmont Village in the Hunters Creek area starting in June. Though I am excited for the opportunity to move within our wonderful organization, I am sad to leave St. Matthews. From day one, everyone has been so warm and welcoming. I have never felt such a strong sense of family as I do within our St. Matthews community. I shared my experience with you in my first newsletter article (June 2012) the first time I met the leadership team here at St. Matthews. The leadership team members wanted to meet for dinner a week before my official start date to the community. Of course I was nervous, and I am sure they were uncertain about me. When I

joined them in the restaurant, they kindly introduced themselves and within minutes I felt like I was at a big family dinner table. I knew right away this was going to be a great experience, and it has been every day since then.

I would like to share my gratitude to my leadership team (Beverly, Kathryn, Sheri, Armando, Sharon, Steve, Susan, George and Allie) for all the dedication and contribution to the success of the community, as well as tell all the rest of the team members how proud I have been to be part of such a loving and family-focused community. St. Matthews is truly fortunate to have such caring, dedicated and fun people to work with.

Lastly, to the residents and families I have had the privilege to serve, thank you for your thoughtfulness, kind words and trust you have given me. Many of you have truly become like family to me, and I will miss you all. Thank you for letting me be a part of your community; it has been a true honor.

Paula





June Resident Birthdays

6/4	Roy Cole
6/4	Charlie Nicklies
6/4	Shirley Whonsetler
6/7	Kitth Stephens
6/17	Andy Pierce
6/22	Naomi Wilkerson
6/25	Mary Kempf



June Staff Birthdays

6/1	Rachel Spadie
6/6	Vickie Sutton
6/6	Magdalene Lawson
6/7	Naw Say Wah
6/15	Valarie VizcainoSantas
6/24	Tchope Simugomwa
6/27	Carmen Vazquez
6/28	Lynette Malone
6/30	John Neuhauser

June Staff Anniversaries

2 years	Paula FeltonWerner
5 years	Nadege Mulenge
5 years	Dung Nguyen
7 years	Rita Batcheldor
12 years	Mary Fields
13 years	Brenda Blackwell
14 years	Steve Ross



It's All About Dad!

Father's Day is Sunday, June 15, 2014.

Here at Belmont we have a wonderful group of Dads. They are not only treasured by their children, but also by the staff here to look up to them as father-type figures.

Chef Steve and his team plan on preparing a "Guys Meal" - the WORKS: "meat and potatoes" for our Father's Day dinner from 11 a.m. to 1 p.m.

Included in the menu will be prime rib, twice baked potatoes and other delicious fare. And, of course, bourbon!

Watch for further information on the day and its festivities.

Fashion Show

What woman does NOT like a beautiful outfit? Each year our residents, staff and family members put on a Fashion Show of gowns, dresses, suits, hats and accessories that resemble Fashion Week in New York.

Our Fashion Show is Thursday, June 26, 2014 at 2:30 p.m.

We are looking for:

1) Models! If you would show off your favorite gown or "special" outfit, it would be great!

2) Outfits to be modeled: wedding gowns, formals, dresses worn at special events. We have a variety of "sized" staff members who are excited to model outfits on our runway.

3) Accessories to display: Hats, special jewelry (lots of BLING), great shoes, veils, furs, etc.

Contact Kathryn Ray at 721-7500 before June 15.



It's Dad's Day!

We appreciate all the terrific dads in our community.
Happy Father's Day!



Special Recognition

For our recent Oaks Luncheon we served the legendary Hot Brown. That Hot Brown Meal was thanks to our very own Sous Chef Mark Swanigan.

We want to take an opportunity to recognize him for the hard work, organization and culinary skills he put into our very successful Oaks Day Luncheon, which included Hot Browns, Derby Pies, Kentucky Spring Salad Mix, and the official drink of the Oaks, "The Lilly."

As many of you know, Mark has been with Belmont Village for 9 years now. For those who are new to the community, here is a little bio on Mark:

Mark is a graduate of Sullivan University, one of the top 3 rated universities in Culinary in the US, right here in Louisville, KY. His prior experience includes The Brown Hotel, which is where the Hot Brown recipe originated from. *(And how we now have such YUMMY Hot Browns of our own!)*

He has also worked at Cracker Barrel, Qdoba's and The Executive Inn, just to name a few.

Mark has been married to his wife, Denise, for 32 years. They have 2 children, Shannon, 29, and Scott, 26. They have 2 grandchildren, Claire, 2 ½, and the newest member of the family, Loren, 2 months old.

Mark is an avid surfer, and other hobbies include Notre

Dame football and basketball, shooting guns, gardening, and he is a connoisseur of fine bourbons.

When you have the opportunity, please take the time to let Mark know how much we appreciate him, as we are fortunate to have him part of the Belmont Family.



Mark's Legendary Hot Brown

A Night in Morocco

When was the last time you spent an evening in Morocco? That long ago?

Well, join Belmont Village on Wednesday, June 18, 2014 from 4:30 to 7 p.m. as we turn our dining room into a Moroccan Hall—draped opulent fabric, hanging lanterns, flickering candles.

Kabobs, couscous, dates, nuts, oranges and tagline will top the menu with authentic Moroccan music accompanying the night.

The only thing we won't have is eating on large pillows on the ground because it's SO hard to get back up!

Join us for supper by calling 721-7500 by June 10.

Employee of the Month Steve Drake

Congratulations to Steve Drake—our latest Employee of the Month!

Steve, known as "The Little Engine That Could," can be found buzzing around Belmont most days with energy enough for five! He's like keeping up with the Energizer Bunny!

Steve began at our Community as a Part-time Driver and recently became full-time. A retired Ford employee, he discovered he likes to have things to do, and he loves the variety that this job offers him. No two days are the same!

Steve is married to his beautiful wife, Susan. They are sports fans, following the Cards and baseball through the season. They enjoy traveling as well.

Steve is someone who always "goes above and beyond"—he continually seeks ways to improve daily life here at Belmont Village. He comes up with creative activities or trips residents would enjoy. He is willing to "try anything once."

We are proud to have a Team member of Steve's calibre at our Community and hope he's here a long time to come.

Steve won a \$100 gift card and the coveted Employee of the Month parking spot.



Weekly Events

Calendar Key

Nondenominational

Worship Service

Wednesday Evening

6:30 p.m.

Exercise:

Mon.–Fri. at 10 a.m.

Bunco:

Sat. at 10 a.m.

in Town Hall

Devotionals:

Check Schedule for

Dates

Catholic Rosary:

Wed. at 2 p.m.

in Library

Happy Hour:

Wed. at 4 p.m.

in Great Room

Catholic Communion:

Fri. at 10:30 a.m.

in Library

Bookmobile:

Third Tuesday of the

month 2 p.m.

Marketplace Hours:

Mondays and Fridays at

3 p.m.

(TH) - Town Hall 2nd

floor

(GR) - Great Room

1st floor

(B) - Bistro 1st floor

(L) - Library 2nd floor

Salon - Third Floor

Offices - Third Floor

Sunday	Monday	Tuesday
<p>Cancer Survivor's Week 1</p> <p>Morning Church Transportation 1:30 Historic Drive Portland Area 3:00 Guitarist Marie Augustine (GR) 6:30 Worship & Praise & Communion W/Reverend Slider (TH)</p>	<p>2</p> <p>10:00 Disco Exercise (TH) 10:00 Out to Walmart 10:30 <u>Brain Boosters</u> (TH) 11:30 Recognition Luncheon for Cancer Survivors 1:30 <u>Tai Chi Class</u> (TH) 3:00 Marketplace Opens 3:00 Singing Duo the Whittings 6:30 Bingo (TH)</p>	<p>3</p> <p>10:00 <u>Yoga Class</u> W/Instructor Terri (TH) 2:00 <u>Book Review: "A Street Cat Named Bob & How He Saved My Life"</u> (TH) 3:00 Singer Jeanie Ash (GR) 6:30 Play Variety Card Games (GR)</p>
<p>8</p> <p>Morning Church Transportation 1:30 Scenic Drive 3:30 Presidential Bingo (TH) 6:30 Worship & Praise W/Reverend Slider (TH)</p>	<p>9</p> <p>10:00 Disco Exercise (TH) 10:00 Out to Target 10:30 <u>Brain Boosters</u> (TH) 1:30 <u>Tai Chi Class</u> (TH) 3:00 Marketplace Opens 3:00 <u>Art Appreciation "Manet Versus Monet"</u> (TH) 6:30 Bingo (TH)</p>	<p>10</p> <p>10:00 <u>Yoga Class</u> W/Instructor Terri (TH) 2:00 <u>Healthy Eating</u> W/Chef Steve (TH) 3:00 Kathryn's Famous Homemade Strawberry Shortcake & Laughter (GR) 6:30 Play Variety Card Games (GR)</p>
<p>Father's Day 15</p> <p>Morning Church Transportation 11:00 - 1:00 Special Father's Day Luncheon 1:30 Scenic Drive 3:00 Old Fashioned Ice Cream Social & Barbershop Quartet 6:30 Worship & Praise W/Reverend Slider (TH)</p>	<p>16</p> <p>10:00 Disco Exercise (TH) 10:00 Out to Walmart 10:30 <u>Brain Boosters</u> (TH) 1:30 <u>Tai Chi Class</u> (TH) 3:00 Marketplace Opens 3:00 Short Story Reading "<i>The Bottle Collector</i>" (TH) 6:30 Bingo (TH)</p>	<p>17</p> <p>10:00 <u>Yoga Class</u> W/Instructor Terri (TH) 10:30 <u>Fresh Floral Arrangement Class</u> (TH) 1:30 To the Sisters Tea Room 3:00 Lecture by George: "<i>Healthy Brain, Healthy You</i>" TH 6:30 Play Variety Card Games (GR)</p>
<p>22</p> <p>Morning Church Transportation 1:15 To Little Colonel's Playhouse for Play "Kitchen Witches" \$12 6:30 Worship & Praise W/Reverend Slider (TH)</p>	<p>23</p> <p>10:00 Disco Exercise (TH) 10:00 Out to Target 10:30 <u>Brain Boosters</u> (TH) 1:30 <u>Tai Chi Class</u> (TH) 3:00 Marketplace Opens 3:00 Sips & Strokes "<i>Wine & Watercolors</i>" (TH) 6:30 Bingo (TH)</p>	<p>24</p> <p>10:00 <u>Yoga Class</u> W/Instructor Terri (TH) 10:30 <u>Bible Study</u> W/Linda (TH) 2:00 Jeopardy (TH) 2:45-3:15 Bookmobile Visits 3:00 Resident Council (TH) 6:30 Play Variety Card Games (GR)</p>
<p>29</p> <p>Morning Church Transportation 1:30 Bus Scavenger Hunt (Win a Meal Ticket) 3:00 Pianist Nancy Porter (GR) 6:30 Worship & Praise W/Reverend Slider (TH)</p>	<p>30</p> <p>10:00 Disco Exercise (TH) 10:00 Out to Walmart 10:30 <u>Brain Boosters</u> (TH) 1:30 <u>Tai Chi Class</u> (TH) 3:00 Marketplace Opens 3:00 <u>June Spelling Bee & Black Cows</u> (TH) 6:30 Bingo (TH)</p>	

June 2014

Wednesday	Thursday	Friday	Saturday
<p>10:00 Out to Kroger 4</p> <p>10:00 <u>Movement Disorders Exercise Class</u> (TH)</p> <p>10:30 <u>Memory Boosters</u></p> <p>11:00 To LaGrange for Lunch & Shopping</p> <p>2:00 Catholic Rosary (L)</p> <p>4:00 Happy Hour W/guest Guitarist Chris & Drink of Week: Georgia Peach 6:30 Bingo</p>	<p>10:00 Muscle Matters Exercise(TH) 5</p> <p>10:30 Creative Arts: <i>Apple Prints</i> on Canvas (TH)</p> <p>1:00 Out Bowling</p> <p>3:00 <u>Weather Prophecies</u> (How Many Were Correct?) (TH)</p> <p>6:30 Variety Card Games (GR)</p>	<p>9:30 Bank Runs 6</p> <p>10:00 Strengthen Your Core Exercise Class (TH)</p> <p>10:30 <u>Catholic Communion</u></p> <p>3:00 American Travels W/Steve "<i>Northeast America</i>"</p> <p>3:00 Marketplace Opens</p> <p>6:30 Bingo (TH)</p>	<p>Belmont Stakes 7</p> <p>10:00 Bunco (TH)</p> <p>12:15 Card Ministry Meets (GR)</p> <p>1:00 Trip to Walgreens</p> <p>2:30 Rita's Historical Ramblings (GR) "<i>Communication Inventions</i>"</p> <p>6:30 Saturday Night Flick "<i>Saving Mr. Banks</i>" (TH)</p>
<p>10:00 Out to Kroger 11</p> <p>10:00 <u>Movement Disorders Exercise Class</u> (TH)</p> <p>10:30 <u>Memory Boosters</u></p> <p>11:30 To Kingfish & Tour Renovated Water Tower</p> <p>2:00 Catholic Rosary (L)</p> <p>4:00 Happy Hour W/drink of Week: <i>Malibu Summer Rose</i> 6:30 Bingo (TH)</p>	<p>National Caregivers Day 12</p> <p>10:00 Muscle Matters Exercise</p> <p>10:30 Creative Arts (TH) <i>Old Key Wind Chimes</i></p> <p>2:00 Reception & Recognition of Our PALS (GR)</p> <p>6:30 Variety Card Games (GR)</p> <p>7:00 Singers Bob & Tally Green (GR)</p>	<p>Friday the 13th! 13</p> <p>9:30 Bank Runs</p> <p>10:00 Strengthen Your Core Exercise Class (TH)</p> <p>10:30 <u>Catholic Communion</u></p> <p>3:00 Magic Show (GR)</p> <p>3:00 Marketplace Opens</p> <p>6:30 Bingo (TH)</p>	<p>Flag Day 14</p> <p>10:00 Bunco (TH)</p> <p>12:15 Card Ministry Meets (GR)</p> <p>1:00 Trip to Walgreens</p> <p>2:30 Rita's Historical Ramblings (GR) "<i>The Story of the American Flag</i>"</p> <p>6:30 Saturday Night Flick "<i>Book Thief</i>" (TH)</p>
<p>10:00 Out to Kroger 18</p> <p>10:00 <u>Movement Disorders Exercise Class</u> (TH)</p> <p>10:45 Guest Speaker Eric Richardson With Parkinson's Assoc. "The Importance of Diet & Exercise"</p> <p>2:00 Catholic Rosary (L)</p> <p>4:30 Special Themed Meal: A Night in Morocco</p> <p>6:30 Bingo (TH)</p>	<p>National Roses Month 19</p> <p>10:00 Muscle Matters Exercise(TH)</p> <p>10:30 Creative Arts (TH) "<i>Patriotic T-Shirts</i>"</p> <p>2:00 Play Poker/Blackjack</p> <p>3:00 Guest Speaker "Kentucky Native Roses" (TH)</p> <p>6:30 Variety Card Games (GR)</p>	<p>Skyscraper Month 20</p> <p>9:30 Bank Runs</p> <p>10:00 Strengthen Your Core Exercise Class (TH)</p> <p>10:30 <u>Catholic Communion</u></p> <p>3:00 <u>World Skyscrapers</u> - Records Set (TH)</p> <p>3:00 Marketplace Opens</p> <p>6:30 Bingo (TH)</p>	<p>Summer Begins 21</p> <p>10:00 Bunco (TH)</p> <p>12:15 Card Ministry Meets (GR)</p> <p>1:00 Trip to Walgreens</p> <p>2:00 Rita's Historical Ramblings (GR) "<i>Kentucky Families Torn in the Civil War</i>"</p> <p>3:00 Pianist Nancy Porter</p> <p>6:30 Saturday Night Flick "<i>Gravity</i>" (TH)</p>
<p>10:00 Out to Kroger 25</p> <p>10:00 <u>Movement Disorders Exercise Class</u> (TH)</p> <p>11:00 To Steve Drakes House for Cookout Luncheon (RSVP Required)</p> <p>2:00 Catholic Rosary (L)</p> <p>4:00 Happy Hour W/drink of Week: <i>Coral Reef</i> 6:30 Bingo (TH)</p>	<p>10:00 Muscle Matters Exercise(TH) 26</p> <p>10:30 Creative Art: <i>Bean Mosaics</i> (TH)</p> <p>1:00 Basic Beauty Tips for Aging Skin (TH)</p> <p>2:30 Fashion Show & (GR)</p> <p>7:00 Louisville Historian Steve Wisner Lectures (TH)</p>	<p>9:30 Bank Runs 27</p> <p>10:00 Strengthen Your Core Exercise Class (TH)</p> <p>10:30 <u>Catholic Communion</u></p> <p>11:30 June Birthday Luncheon</p> <p>3:00 Singers Hominey & Grits (GR)</p> <p>3:00 Marketplace Opens</p> <p>6:30 Bingo (TH)</p>	<p>28</p> <p>10:00 Bunco (TH)</p> <p>12:15 Card Ministry Meets (GR)</p> <p>1:00 Trip to Walgreens</p> <p>2:30 Rita's Historical Ramblings (GR) "<i>The Meaning of Patriotism</i>"</p> <p>6:30 Saturday Night Flick "<i>Philomena</i>" (TH)</p>



One of the Hot Air Balloons (this one by PAL Marcellino) created by residents and staff that were on display Derby Week. We had over 15 balloons hanging in our Dining Room—including balloons by China, Mary Rose, Marcellino, Verna, Wendy, Kathryn, Virginia, Bev, Evelyn, and members of the Circle of Friends.

Congratulations to our top three winners:

Resident Betty Zoeller
The Circle of Friends
PAL Marcellino Nguyen



The Circle of Friends Hot Air Balloon had a Pirate Ship as the Basket with a photo of our Memory Program Coordinator, George, at the helm wearing a Napoleon hat! Climbing up a rope to the top of the balloon were stick figures with cut outs of COF residents' faces on each figure.

Summer

A Sad Farewell

On behalf of the residents, family members and staff of Belmont Village, we wish Paula best wishes for her new endeavour within our Company. Over the past two years, Paula has proven herself to be one of the finest Executive Directors our Community has had the privilege to share our days with.

Her daily "hello" to residents as she made her way through the dining rooms, asking residents and staff about their day, is memorable. Her organization skills and focus has lead us to the highest satisfaction ratings our Community has ever experienced.

Much less, her fashion sense and incredible collection of high heels set a global example to women everywhere!

How much she will be missed; how happy we are for her in this next step in her career path. We

look forward to seeing her "pop in" on our Community for routine visits! God bless you, Paula!





Life Is an Adventure

Friends,

When I first heard that we were having a “Fillies Gala” at Belmont Village, I was not too sure what that meant. Not being a native of Louisville, I have some catching up to do with the different types of festivities that are unique to our city. Now, I know that the Fillies Gala is *one of many* events that lead up to the Kentucky Derby. I also know that Belmont Village puts a unique spin on the event itself by hosting our very own. It is certainly an exciting time of the year, so why not bring some of the fun to our Belmont Community? Right?

Our social events show how we take having fun seriously, and my experience at the Fillies Gala really made that clear.

When I “signed on” to help, I was asked by Kathryn if my family would “dress up” for the event. “Sure,” I said, even though I did not know exactly what “dressing up” meant. As you can see in the photo, our attire was authentic *Gone with the Wind* costumes! It was so much fun for residents, staff, and families. A lot of credit must be given to Kathryn for being such a creative mastermind when it comes to our community’s special events.

Moments like these are great because they support a feeling of belonging among a group of people. Being involved in social

activities that are fun promotes self-esteem, people feel less isolated, and we are able to cope in positive ways when moments are challenging. You see, there is great benefit to having fun!

Life is an adventure that is full of opportunities (many of which are social) and it is up to each of us to take advantage of those moments. Events and social gatherings at Belmont Village are limitless, and I encourage each of you to check them out sometime. Along the way you just might see someone in a costume as well.

Sincerely,
George W. Ferriell
Memory Programs



In theme with our Fillies Gala, George (*Or is it Rhett?*) with wife Megan (*or is it Scarlett?*) dressed the part of the Old South with their adorable daughter Adrienne (*whose authentic Southern Belle dress was handmade by her Grandma just for our Fillies Gala!*)

Family Support Group

The support groups for families at Belmont Village serve as a good opportunity to foster our own personal growth, improve our coping skills, and increase our understanding of dementia. We are able to broaden our understanding of how dementia impacts our lives.

Information is plentiful in groups as well and can assist families in making decisions. Learning factual information from other members in a group is a great experience. Needless to say, the information prepares us for future events.

At our last meeting, families identified some topics of interest. There was a strong consensus regarding the need for legal support.

As a result, the next family support group will focus on Elder Law. Topics will include estate planning, Veteran’s Administration Aid and Attendance Planning, living wills, guardianship, gift tax matters, POAs, asset protection trust, and Medicaid. Eileen Walsh, with Elder Law of Louisville, will guide families through the previous topics and will answer questions along the way.

Meeting Details

Date & Time: 6/25 at 5:30 p.m.

Location: Library

Please RSVP by 6/20



Isabel looked beautiful in her pastels.



Betty, Doris, Jayne and Mary Rose cheer the Oaks Day festivities.



George and Rosa were excited about the upcoming horse races.



The Management Team enjoyed Derby Festivities as well.



Virginia and daughter made a lovely duo.



Sylvia showed that we "Southern Gals" know how to wear a hat!



4600 Bowling Boulevard
Louisville, KY 40207

PC Lic. 100891
www.belmontvillage.com

Belmont Village Communities

CALIFORNIA: Burbank, Encino,
Hollywood, Rancho Palos Verdes,
Westwood, Thousand Oaks, San Jose,
Sunnyvale, San Diego, Cardiff by the Sea

ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove,
Geneva Road, Oak Park, Glenview

SOUTHERN US: Memphis, Nashville,
Louisville, Atlanta—Buckhead and Johns Creek,
Dallas, Austin, Houston—West University and
Hunters Creek (2014)

