

# Outback Steakhouse Nutrition Information

The nutritional values provided herein are based on standard company recipes. The nutritional analyses which produced the nutritional values of the company recipes were derived from supplier nutrition information, the USDA database and an independent lab. Menu items are hand-prepared and nutritional values may vary from the stated amount. This information is updated periodically to reflect our current product offerings and may vary from printed menus. Updated November 12, 2021

	Calories 11.12.2021	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Total Carbohydrates (g)	Sodium (mg)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>AUSSIE-TIZERS</b>											
Aussie Cheese Fries, Large	2520	1600	178	69	3.5	300	152	5650	16	5	76
Bloomin' Onion	1700	1200	133	46	5	105	110	4240	15	21	15
Sydney 'Shrooms	1570	1160	128	50	6	90	84	2880	12	4	19
Gold Coast Coconut Shrimp	640	310	34	18	1.5	155	59	1240	0	21	23
Kookaburra Wings Hot	1570	1130	125	41	2.5	270	44	4690	5	4	70
Kookaburra Wings Medium	1580	1140	126	41	2.5	270	44	4750	5	4	70
Kookaburra Wings Mild	1520	1080	120	38	2.5	270	43	4320	5	4	70
Seared Peppered Ahi, Large	460	250	28	4.5	0	60	20	1390	2	7	31
Steakhouse Mac & Cheese Bites	770	480	54	14	0.5	60	47	1250	4	1	24
Aussie Twisted Ribs	1100	660	73	27	1.5	150	53	2320	4	34	57
Three Cheese Steak Dip	1460	1020	113	63	4	265	85	2080	9	8	28
Grilled Shrimp on the Barbie	750	490	54	16	0	220	33	1570	3	7	33
<b>SOUPS &amp; SIDE SALADS</b>											
Honey Wheat Bread and Whipped Butter	340	110	12	6	0	15	51	410	4	10	10
Side Salad: Blue Cheese Pecan Chopped Salad, Side (Dressing Included)	590	440	49	13	0	20	27	1260	2	13	11
Side Salad: Caesar Salad (Dressing Included)	270	220	25	5	0	50	7	600	<1	<1	6
Side Salad: House Salad (Choice of Dressing Not Included)	120	60	7	3	0	15	8	180	<1	2	5
Side Salad: House Salad Dressing: Blue Cheese Vinaigrette (1.5 oz)	260	210	23	4.5	0	<5	8	620	0	6	2
Side Salad: House Salad Dressing: Caesar Dressing (1.5 oz)	200	190	21	4	0	40	2	430	0	0	3
Side Salad: House Salad Dressing: Honey Mustard Dressing (1.5 oz)	230	180	20	3	0	15	11	290	0	10	<1
Side Salad: House Salad Dressing: Light Balsamic Vinaigrette (1.5 oz)	80	45	5	0.5	0	0	8	330	0	7	0
Side Salad: House Salad Dressing: Mustard Vinaigrette (1.5 oz)	220	200	22	3	0	0	4	110	0	4	0
Side Salad: House Salad Dressing: Ranch Dressing (1.5 oz)	210	200	23	4	0	15	1	250	0	1	<1
Side Salad: House Salad Dressing: Tangy Tomato Dressing (1.5 oz)	70	0	0	0	0	0	17	180	0	16	<1
Side Salad: House Salad Dressing: Thousand Island Dressing (1.5 oz)	250	230	25	4	0	20	6	330	0	3	0

Soup: Baked Potato Soup, Bowl	540	310	34	18	0	45	48	2410	5	7	12
Soup: Baked Potato Soup, Cup	300	170	19	10	0	30	24	1280	3	3	8
Soup: Chicken Tortilla Soup, Bowl (Regional)	410	230	25	13	0	45	30	1970	4	6	17
Soup: Chicken Tortilla Soup, Cup (Regional)	260	150	17	9	0	30	18	1030	2	3	11
Soup: Clam Chowder, Bowl (Regional)	710	410	46	24	1	150	47	1830	3	9	31
Soup: Clam Chowder, Cup (Regional)	360	210	23	12	0	75	23	920	1	4	16
Soup: French Onion Soup	420	260	29	14	1	50	21	2130	2	8	19
Soup: Creamy Onion, Bowl	500	350	38	22	0.5	60	26	1870	2	10	11
Soup: Creamy Onion, Cup	270	190	21	12	0	35	13	960	<1	5	7
Soup: Cream of Broccoli, Bowl	390	260	28	16	0.5	50	22	1580	2	7	9
Soup: Cream of Broccoli, Cup	190	130	14	8	0	25	11	790	1	3	5
Tasmanian Chili Cup (5 oz)	390	270	30	9	0	60	11	790	2	6	18
Tasmanian Chili Crock (10 oz)	870	610	68	23	0	145	23	1680	3	12	42
<b>ENTRÉE SALADS</b>											
Asian Salad with Chicken (Dressing Not Included)	350	60	7	2	0	145	17	760	2	5	52
Asian Salad with Chicken (Dressing Included)	850	350	39	6	0	145	49	1080	2	34	53
Asian Salad with Ahi Tuna (Dressing Not Included)	230	70	7	1	0	45	10	530	4	6	31
Asian Salad with Ahi (Dressing Included)	510	270	30	4	0	45	26	1470	4	20	32
Aussie Cobb Salad without Protein (Dressing Not Included)	400	250	27	11	0	265	13	850	<1	3	25
Aussie Cobb Salad: Crispy Chicken Add-On	860	460	51	21	1	320	46	1870	3	6	53
Aussie Cobb Salad: Grilled Chicken Add-On	160	30	3.5	1	0	90	0	180	0	0	31
Brisbane Caesar Salad without Protein (Dressing Included)	380	300	34	7	0	60	12	850	<1	1	8
Brisbane Caesar Salad: Grilled Chicken Add-On	160	30	3.5	1	0	90	0	180	0	0	31
Brisbane Caesar Salad: Grilled Shrimp Add-On	160	35	4	1.5	0	195	2	640	0	0	26
Queensland Salad (Dressing not Included)	640	350	39	11	0	315	13	1190	2	3	58
Steakhouse Salad (Dressing Included)	1170	780	87	20	1	100	47	2140	5	27	46
Entrée Salad Dressing: Ranch (2 oz)	280	270	30	5	0	20	2	330	0	1	1
Entrée Salad Dressing: Blue Cheese Dressing (2 oz)	340	320	35	7	0.5	30	1	380	0	1	3
Entrée Salad Dressing: Thousand Island (2 oz)	330	300	34	5	0	25	7	450	0	4	<1
Entrée Salad Dressing: Tangy Tomato (2 oz)	90	0	0	0	0	0	23	240	0	21	<1
Entrée Salad Dressing: Caesar (2 oz)	270	250	28	5	0	55	2	570	<1	0	4
Entrée Salad Dressing: Honey Mustard (2 oz)	300	240	27	4.5	0	20	15	390	0	14	<1
Entrée Salad Dressing: Mustard Vinaigrette (2 oz)	290	270	30	4.5	0	0	6	150	0	5	0
Entrée Salad Dressing: Light Balsamic Vinaigrette (2 oz)	100	60	6	1	0	0	10	430	0	9	0
Entrée Salad Dressing: Oil & Vinegar (2 oz)	280	260	28	4	0	0	6	0	0	6	0
Entrée Salad Dressing: Blue Cheese Vinaigrette (2 oz)	340	280	31	6	0	<5	10	830	0	8	2

**SO MANY WAYS TO STEAK:**

\*Nutrition analysis EXCLUDES choice of side dish unless otherwise indicated. Steak sizes vary by location.

Melbourne/Porterhouse, 22 oz	860	510	57	25	4.5	185	8	710	0	0	80
New York Strip, Bone In 16 oz	710	260	29	11	0	300	2	2320	0	0	104
Outback Center-Cut Sirloin, 11 oz	390	110	12	5	0.5	170	<1	960	0	<1	70
Outback Center-Cut Sirloin, 6 oz	210	60	7	3	0	95	0	520	0	0	38
Outback Center-Cut Sirloin, 8 oz	280	80	9	4	0.5	125	0	700	0	0	51
Outback Center-Cut Sirloin, 9 oz (Regional)	320	90	10	4.5	0.5	140	<1	790	0	<1	57
Outback Center-Cut Sirloin, 5 oz (Regional)	180	50	6	2.5	0	80	0	440	0	0	32
Prime Center-Cut Filet, 11 oz (Regional)	440	150	17	8	1.5	165	<1	1070	0	<1	73
Prime New York Strip, 16 oz (Regional)	730	370	41	16	0	225	0	230	0	0	83
Ribeye, 12 oz	630	360	40	18	3	145	0	470	0	0	66
Ribeye 15 oz	800	460	51	22	4	185	0	590	0	0	85
Ribeye, Bone In, 18 oz	710	410	45	20	3.5	165	0	530	0	0	75
Slow-Roasted Prime Rib, 12 oz	1330	980	109	49	6	335	0	1330	0	1	87
Slow-Roasted Prime Rib, 16 oz	1770	1300	145	66	9	445	0	1510	0	2	116
Slow-Roasted Prime Rib, 24 oz	2660	1950	217	99	13	665	0	1880	0	2	175
Outback-Style Prime Rib, 12 oz	1520	1120	124	60	6	380	9	1240	1	7	91
Outback-Style Prime Rib, 16 oz	1960	1440	160	76	9	490	9	1430	1	7	120
Victoria's Filet Mignon, 6 oz	240	80	9	4	1	90	0	580	0	0	40
Victoria's Filet Mignon, 8 oz	320	110	12	6	1	120	<1	780	0	<1	53
Victoria's Filet Mignon,9 oz (Regional)	360	120	14	6	1.5	135	<1	880	0	<1	60

**STEAK N' MATE COMBOS:**

\*Nutrition analysis EXCLUDES choice of side dish unless otherwise indicated. Steak sizes vary by location.

Filet, 6 oz, and Lobster Tail	670	390	43	24	1	375	2	1420	0	<1	66
Filet, 8 oz, and Lobster Tail	750	420	46	26	1	405	2	1620	0	<1	80
Filet, 9 oz, and Lobster Tail	790	430	48	26	1.5	420	2	1720	0	<1	86
Ribeye, 12 oz, and Grilled Shrimp on the Barbie	1140	680	75	30	3.5	255	31	1470	3	6	86
Ribeye, 12oz, and Coconut Shrimp	990	520	57	27	4	225	41	1110	0	21	78
RIBEYE 15 OZ AND 4 Grilled Shrimp on the Barbie (Regional)	1310	780	86	35	4.5	295	31	1600	3	7	104
RIBEYE 15 OZ AND 4 Coconut Shrimp (Regional)	1160	610	68	32	5	265	41	1240	0	21	96
Sirloin, 5 oz, and Coconut Shrimp	540	210	23	12	1	155	42	1080	0	21	43
Sirloin, 5 oz, and Grilled Shrimp on the Barbie	690	370	41	15	0.5	185	31	1440	3	6	51
Sirloin, 6 oz, and Coconut Shrimp	580	220	24	12	1	170	42	1170	0	21	50
Sirloin, 6 oz, and Grilled Shrimp on the Barbie	720	380	42	15	0.5	205	31	1530	3	6	57
Sirloin 6 oz, and Twisted Ribs	1310	720	80	29	2	240	54	2850	4	34	95
Sirloin 6 oz, and Grilled Chicken	450	100	11	4	0	185	18	1120	<1	14	69
Sirloin, 8 oz, and Coconut Shrimp	650	240	26	13	1.5	200	42	1350	0	21	62
Sirloin, 8 oz, and Grilled Shrimp on the Barbie	790	400	44	16	1	235	31	1710	3	7	70
Sirloin, 8 oz, and Twisted Ribs	1380	740	82	30	2	275	54	3020	4	34	108
Sirloin 8 oz, and Grilled Chicken	520	120	13	5	0.5	215	18	1300	<1	14	82
Sirloin, 9 oz, and Coconut Shrimp	680	250	27	14	1.5	215	42	1430	0	21	69

Sirloin, 9 oz, and Grilled Shrimp on the Barbie	830	410	45	17	1	250	31	1790	3	7	76
Sirloin, 9 oz, and Twisted Ribs (Regional)	1420	750	83	31	2	290	54	3110	4	34	114
Sirloin 9 oz, and Grilled Chicken (Regional)	480	120	13	5	0.5	230	<1	970	0	<1	88
Sirloin, 11 oz, and Coconut Shrimp (Regional)	750	270	30	14	1.5	250	42	1610	0	21	81
Sirloin, 11 oz, and Grilled Shrimp on the Barbie (Regional)	900	430	48	17	1	280	31	1970	3	7	89
Sirloin, 11 oz, and Twisted Ribs (Regional)	1490	770	85	32	2	320	54	3280	4	34	127
Sirloin 11 oz, and Grilled Chicken (Regional)	550	140	16	6	0.5	260	<1	1140	0	<1	100
<b>PLUS IT UP</b>											
Gold Coast Coconut Shrimp	360	160	17	9	1	75	41	650	0	21	12
Grilled Onions	110	35	4	0.5	0	0	17	460	3	8	2
Grilled Shrimp	510	320	35	12	0	110	31	1010	3	6	19
Lobster Tail, 5 oz, Grilled (Regional)	430	310	34	20	0	285	1	840	0	0	27
Lobster Tail, 5 oz, Steamed	340	220	25	14	0	255	1	540	0	0	27
Roasted Garlic Butter Topping	160	140	16	6	0	20	2	210	0	0	<1
Sautéed 'Shrooms	130	50	6	2.5	0	0	10	670	3	5	7
Toowoomba Topping	330	230	25	12	0	130	7	770	1	3	18
<b>SIDES: SIGNATURE POTATOES</b>											
Aussie Fries	500	210	23	10	1	20	67	1960	7	<1	7
Baked Potato (Includes All Toppings)	440	160	17	9	0	40	58	940	8	7	13
Homestyle Mashed Potatoes	240	140	15	9	0	10	20	1280	4	2	5
Sweet Potato (Includes All Toppings)	410	100	11	5	0	0	72	240	10	22	5
<b>SIDES: CLASSIC SIDES</b>											
Fresh Mixed Veggies	150	90	9	3.5	0	0	16	310	5	6	4
Fresh Seasonal Veggie (Green Beans)	130	100	11	4	0	0	10	370	4	2	2
Fresh Seasonal Veggie (Steamed Broccoli)	140	90	9	3.5	0	0	12	290	4	4	5
Fresh Seasonal Veggie (Zucchini)	140	80	9	3.5	0	0	14	300	5	6	3
Steamed Rice (Regional)	270	0	0	0	0	0	59	500	0	<1	6
Bistro Rice	290	50	6	2.5	0	<5	53	1470	2	5	6
<b>SIDES: SIDE SALADS</b>											
Side Salad: Caesar Salad (Dressing Included)	270	220	25	5	0	50	7	600	<1	<1	6
Side Salad: House Salad (Choice of Dressing Not Included)	120	60	7	3	0	15	8	180	<1	2	5
Side Salad: House Salad Dressing: Blue Cheese Vinaigrette (1.5 oz)	230	180	20	3	0	15	11	290	0	10	<1
Side Salad: House Salad Dressing: Caesar Dressing (1.5 oz)	200	190	21	4	0	40	2	430	0	0	3
Side Salad: House Salad Dressing: Creamy Blue Cheese Dressing (1.5 oz)	250	240	27	6	0	20	<1	290	0	<1	2
Side Salad: House Salad Dressing: Honey Mustard Dressing (1.5 oz)	230	180	20	3	0	15	11	290	0	10	<1
Side Salad: House Salad Dressing: Light Balsamic Vinaigrette (1.5. oz)	80	45	5	0.5	0	0	8	330	0	7	0
Side Salad: House Salad Dressing: Mustard Vinaigrette (1.5 oz)	220	200	22	3	0	0	4	110	0	4	0

Side Salad: House Salad Dressing: Ranch Dressing (1.5 oz)	210	200	23	4	0	15	1	250	0	1	<1
Side Salad: House Salad Dressing: Tangy Tomato Dressing (1.5 oz)	70	0	0	0	0	0	17	180	0	16	<1
Side Salad: House Salad Dressing: Thousand Island Dressing (1.5 oz)	250	230	25	4	0	20	6	330	0	3	0
<b>SIDES: SOUPS</b>											
Baked Potato Soup, Cup	300	170	19	10	0	30	24	1280	3	3	8
Chicken Tortilla Soup, Cup	260	150	17	9	0	30	18	1030	2	3	11
French Onion Soup	420	260	29	14	1	50	21	2130	2	8	19
<b>SIDES: PREMIUM SIDES</b>											
Grilled Asparagus	60	20	2.5	0	0	0	6	410	3	3	3
Steakhouse Mac & Cheese	850	460	51	28	1	140	67	1310	4	5	29
Creamed Spinach	570	400	45	28	0.5	145	23	1500	5	3	15
Loaded Homestyle Mashed Potatoes	320	190	22	12	0	35	22	1440	4	3	11
<b>SIDES: PREMIUM SIDE SALADS</b>											
Blue Cheese Pecan Chopped Salad, Side (Dressing Included)	590	440	49	13	0	20	27	1260	2	13	11
<b>SAMMIES &amp; BURGERS: Nutrition analysis excludes side dish unless otherwise indicated</b>											
BBQ Chicken & Bacon Sandwich (Regional)	610	240	26	13	0	135	48	1250	2	15	47
Bloomin' Fried Chicken Sandwich	710	360	40	17	1	90	56	1340	5	11	33
Prime Rib Sandwich	1820	1140	127	60	4	295	93	4460	10	21	76
Sweet Chook O' Mine Sandwich	860	470	53	17	1	150	52	1360	2	20	48
The Bloomin' Burger	970	510	57	27	2.5	135	70	2160	6	15	46
The Outback Burger Add-On: American Cheese	100	80	9	5	0	25	<1	510	0	<1	5
The Outback Burger Add-On: Bacon	60	50	5	2	0	10	0	250	0	0	4
The Outback Burger Add-On: Cheddar Cheese	170	120	14	9	0	45	0	270	0	0	11
The Outback Burger Add-On: Provolone Cheese	200	140	15	9	0	45	1	490	0	0	15
The Outback Burger Add-On: Swiss Cheese	170	130	14	9	0	50	<1	210	0	0	13
The Outbacker Burger without Cheese	660	350	39	20	2.5	105	41	790	2	10	37
<b>STRAIGHT FROM THE SEA: Nutrition analysis includes side dish unless otherwise indicated</b>											
Grilled Shrimp on the Barbie Entrée -	650	400	44	10	0	415	8	1780	2	2	54
Simply Grilled Salmon (8oz) w/ Remoulade	600	420	46	8	0	80	3	800	<1	1	43
Lobster Tail Entrée, 2 each 5 oz Tails	490	250	28	14	0	455	1	910	<1	0	53
Toowoomba Salmon 8 oz	760	480	53	16	0	200	7	1100	1	3	61

**THE "NOT" STEAKS: Nutrition analysis includes side dish unless otherwise indicated**

Alice Springs Chicken, 5 oz	440	240	27	10	0	130	9	820	<1	6	42
Alice Springs Chicken, 5 oz, with Aussie Fries	1020	500	56	21	1.5	150	80	2880	8	10	49
Alice Springs Chicken, 8 oz	770	420	47	16	0	225	16	1430	1	12	72
Alice Springs Chicken, 8 oz, with Aussie Fries	1270	630	70	26	1.5	245	83	3390	9	13	79
Baby Back Ribs, 1/2 Rack	1040	590	66	25	0	255	34	1620	1	28	77
Baby Back Ribs, 1/2 Rack, with Aussie Fries	1540	800	89	35	1.5	270	102	3580	8	29	84
Baby Back Ribs, Full Rack	1990	1180	131	50	0.5	505	51	2820	2	42	154
Baby Back Ribs, Full Rack, with Aussie Fries	2500	1380	154	59	1.5	525	119	4780	9	43	161
Bloomin' Fried Chicken	920	570	63	18	2	180	33	2030	6	2	55
Chicken Tender Platter with Honey Mustard Sauce	1020	560	62	20	2	155	67	2020	4	15	49
Drover's Rib & Chicken Platter	1450	650	72	26	0	415	69	2890	2	55	133
Drover's Rib & Chicken Platter with Aussie Fries	1680	780	86	34	1	385	90	3390	8	14	139
Grilled Chicken on the Barbie, 5 oz	240	40	4.5	1.5	0	90	17	600	<1	14	31
Grilled Chicken on the Barbie, 8 oz	360	60	7	2	0	160	17	740	<1	14	55
BBQ Mixed Grill--Ribs, Chicken on the Barbie and Coconut Shrimp (Regional)	1610	690	76	32	1.5	290	142	3810	9	48	94
Pork Porterhouse	430	170	19	7	0	185	<1	1260	1	<1	64
Pineapple Glazed Pork Medallions	390	90	10	3.5	0	190	11	540	1	8	62
Queensland Chicken & Shrimp Pasta	1150	440	49	19	0	315	93	1560	7	<1	73
Queensland Pasta, No Protein	800	310	34	12	0	60	91	850	7	0	23
Queensland Pasta: with Chicken (Regional)	1140	420	47	18	0	235	92	1450	7	0	77
Queensland Pasta: with Shrimp	1040	420	47	18	0	270	94	1650	7	<1	49
Grilled Pork Chops, 1 Chop (Regional)	400	110	12	3.5	0	145	23	990	0	20	48
Grilled Pork Chops, 2 Chops (Regional)	700	190	21	7	0	285	24	1930	0	21	96
<b>IRRESISTIBLE DESSERTS</b>											
Butter Cake	840	420	47	15	1	155	98	750	3	65	10
Strawberry Butter Cake (Oregon Fruit)	860	420	47	15	1	155	102	750	3	70	10
Chocolate Fondue Flight	2240	1350	150	79	2	465	226	870	11	185	21
Chocolate Thunder From Down Under	1520	950	105	56	1.5	390	142	380	7	119	18
Chocolate Tower (Regional)	220	0	0	0	0	0	54	20	0	43	0
Classic Key Lime Mini Dessert Parfait (Seasonal)	580	210	23	14	0	50	80	280	1	67	10
Fresh Strawberry Shortcake Dessert Parfait (Seasonal)	450	250	27	14	1	85	44	320	2	36	7
Fresh Strawberry Topped Cheesecake (Seasonal)	990	560	62	37	3	320	93	660	3	76	17
Ice Cream (Regional)	300	150	16	10	0.5	65	33	90	0	26	5
New York Style Cheesecake	930	560	62	37	3	320	78	650	2	64	17
New York-Style Cheesecake with Chocolate Sauce	1080	660	73	43	3	340	92	690	2	78	17
New York-Style Cheesecake, Small, with Chocolate Sauce	500	340	38	24	1	155	36	310	<1	33	7
New York-Style Cheesecake with Raspberry Sauce	1040	560	62	37	3	320	105	660	2	86	17
New York-Style Cheesecake, Small, with Raspberry Sauce	460	240	27	17	1	130	48	280	0	42	6
Salted Caramel Cookie Skillet	930	380	42	30	0	105	132	1360	1	82	10
Triple-Layer Carrot Cake	1290	610	68	21	1	130	174	960	5	117	10

**WHATS FOR LUNCH?**

Gold Coast Coconut Shrimp, 6 CT	500	230	26	14	1	115	50	940	0	21	17
Grilled Shrimp on the Barbie, 6 CT	710	490	54	16	0	170	32	1520	3	7	26
Bloomin Fried Chicken - Lunch	680	490	55	13	1	105	18	1400	4	2	28
Prime Rib Sandwich - Lunch	950	590	66	31	2	150	50	2440	5	12	40

**KID'S MENU**

Boomerang Cheeseburger	540	290	32	17	1.5	80	35	790	1	5	27
Chicken Fingers	480	230	25	10	1	85	33	1040	2	3	29
Grilled Cheese-A-Roo	580	190	21	12	0	40	77	1700	3	3	22
Grilled Chicken on the Barbie	160	30	3.5	1	0	90	0	180	0	0	31
Grilled Chicken on the Barbie with Plain Broccoli and Apple Juice (Kids LiveWell)	290	35	3.5	1	0	90	31	210	4	23	33
Grilled Chicken on the Barbie with Plain Broccoli and Orange Juice (Kids LiveWell)	320	35	4	1	0	90	35	250	5	25	38
Ice Cream Scoop	120	60	6	4	0	25	13	35	0	10	2
Joey Sirloin	180	50	6	2.5	0	80	0	440	0	0	32
Joey Sirloin with Plain Broccoli and Apple Juice (Kids LiveWell)	340	60	7	2.5	0	80	36	530	5	25	37
Joey Sirloin with Plain Broccoli and Orange Juice (Kids LiveWell)	330	60	6	2.5	0	80	35	500	5	25	39
Macaroon N' Cheese	510	170	19	10	0.5	55	65	1000	4	8	20
Plain Green Beans	35	1	0	0	0	0	8	7	4	2	2
Plain Freshly Steamed Broccoli	70	5	0.5	0	0	0	13	65	5	3	6
Side: Aussie Fries	300	120	14	6	0.5	10	40	930	4	0	4
Side: Fresh Fruit (Oranges and Strawberries)	50	0	0	0	0	0	12	0	3	9	<1
Spotted Dog Sundae	120	60	6	4	0	25	14	35	0	11	2
Spotted Dog Sundae: Chocolate Sauce Add-On	150	100	11	7	0	25	15	35	<1	13	<1
Spotted Dog Sundae: Oreo Cookie Crumbs Add-On	130	45	5	1.5	0	0	19	105	<1	11	1

**KID'S MENU, BEVERAGES**

100% Apple Juice, without Ice	90	0	0	0	0	0	23	25	0	22	0
100% Orange Juice, without Ice	90	0	0	0	0	0	21	0	0	21	2

**AIRPORT**

Albacore Tuna Salad Sandwich (Regional)	1400	710	79	23	2	140	114	3960	10	7	56
Bacon Cheeseburger (Regional)	870	500	56	28	2.5	145	42	1680	2	11	49
Blue Cheese Bacon Burger (Regional)	1410	790	87	36	3.5	155	105	3280	9	8	51
Classic Cheeseburger (Regional)	660	350	39	20	2.5	105	41	790	2	10	37
Honey-Lime Chicken Wrap (Regional)	640	190	21	5	0	75	69	1080	3	11	34
Mushroom Swiss Burger (Regional)	950	610	67	32	3	160	40	1210	3	8	52
Steakhouse Salad Wrap (Regional)	910	410	45	16	1	110	66	2060	3	8	55

PARTY PLATTERS											
Baby Back Ribs, Party Platter	2890	1630	181	68	0	610	103	3790	3	69	233
Baby Back Ribs, 1 Serving	480	270	30	11	0	100	17	630	0	11	39
Bloom Petals, Party Platter	2660	840	93	14	1	55	425	13200	58	65	58
Bloom Petals, 1 Serving	440	140	16	2.5	0	10	71	2200	10	11	10
Chicken Tenders, Party Platter	3500	2040	226	68	7	500	223	6640	12	65	150
Chicken Tenders, 1 Serving	580	340	38	11	1	85	37	1110	2	11	25
Coconut Shrimp, Party Platter	2540	1240	138	73	6	615	237	4960	2	82	91
Coconut Shrimp, 1 Serving	420	210	23	12	1	100	39	830	0	14	15
Grilled Shrimp on the Barbie, Party Platter	2070	1440	160	60	4	975	38	4200	5	8	115
Grilled Shrimp on the Barbie, 1 Serving	340	240	27	10	0.5	165	6	700	<1	1	19
Kookaburra Wings Medium, 1 Serving	790	570	63	21	1	135	22	2380	3	2	35
Kookaburra Wings, Hot, Party Platter	4710	3380	375	122	7	810	132	14080	16	12	209
Kookaburra Wings, Hot, 1 Serving	760	540	60	19	1	135	22	2160	3	2	35
Kookaburra Wings, Medium, Party Platter	4740	3410	378	123	7	810	132	14250	16	12	209
Kookaburra Wings, Mild, Party Platter	4570	3240	360	114	7	810	130	12950	16	12	209
Kookaburra Wings, Mild, 1 Serving	4740	3410	378	123	7	810	132	14250	16	12	209
Outback Center-Cut Sirloin, Party Platter	1060	300	34	14	2	465	2	2620	0	2	190
Outback Center-Cut Sirloin, 6 oz, 1 Serving	180	50	6	2.5	0	80	0	440	0	0	32
Side: Caesar Salad (without dressing), Party Platter	210	110	12	4.5	0	20	16	520	<1	2	10
Side: Caesar Dressing, 4.5 oz, Party Platter	610	570	63	12	0	125	5	1290	1	<1	9
Side: House Salad (without dressing), Party Platter	350	190	21	9	0	45	25	540	2	7	15
Side: House Salad Dressing: Blue Cheese Vinaigrette, 4.5 oz, Party Platter	770	630	70	13	0	10	23	1870	<1	18	5
Side: House Salad Dressing: Creamy Blue Cheese Dressing, 4.5 oz, Party Platter	760	720	80	17	1.5	65	3	860	0	2	6
Side: House Salad Dressing: Honey Mustard Dressing, 4.5 oz, Party Platter	680	550	61	10	1	40	34	870	0	31	2
Side: House Salad Dressing: Mustard Vinaigrette, 4.5 oz, Party Platter	660	600	67	10	1	0	13	340	<1	11	<1
Side: House Salad Dressing: Oil and Balsamic Vinegar, 4.5 oz, Party Platter	630	570	64	9	0	0	13	0	0	13	0
Side: House Salad Dressing: Oil and Vinegar, 4.5 oz, Party Platter	560	570	64	9	0	0	0	5	0	0	0
Side: House Salad Dressing: Ranch Dressing, 4.5 oz, Party Platter	640	610	68	11	1	50	4	750	0	3	3
Side: House Salad Dressing: Soy Ginger Dressing, 4.5 oz, Party Platter	670	590	66	10	1	50	17	2450	<1	13	4
Side: House Salad Dressing: Tangy Tomato Dressing, 4.5 oz, Party Platter	200	5	0.5	0	0	0	51	540	1	47	2
Side: House Salad Dressing: Thousand Island Dressing, 4.5 oz, Party Platter	750	680	75	12	1	60	17	1000	0	8	1
Side: Seasonal Mixed Vegetables, Party Platter	610	340	38	15	0	<5	64	1250	22	22	15
Side: Seasonal Vegetable: Broccoli, Party Platter	460	280	31	12	0	<5	40	960	15	12	16

OUTBACK STEAKHOUSE AT AMALIE ARENA											
Aussie Fries	670	270	30	13	1.5	25	90	2610	10	<1	10
Bloom' Petals	1200	880	98	35	4.5	80	69	2270	7	7	10
Chicken Tenders with Fries and Honey Mustard sauce	1320	760	84	21	3.5	80	107	2920	10	15	34
Bloomin' Burger	1090	710	79	35	3.5	155	51	1820	3	8	44
Steak and Mushroom Bowl	570	290	32	13	0	100	32	1560	2	5	35
Sauce: Bloom Sauce, 2 oz	310	300	33	5	0	20	3	550	<1	2	1
Sauce: Honey Mustard, 2 oz	300	240	27	4.5	0	20	15	390	0	14	<1
OUTBACK STEAKHOUSE AT AMALIE ARENA, BEVERAGES											
Bud Light, 24 oz, Can	210	0	0	0	0	0	13	20	0	0	2
Coke, 20 oz	240	0	0	0	0	0	65	75	0	65	0
Coors Light, 24 oz, Can	200	0	0	0	0	0	10	20	0	0	0
Dasani Water, 20 oz	0	0	0	0	0	0	0	0	0	0	0
Diet Coke, 20 oz	0	0	0	0	0	0	0	25	0	0	0
Miller Light, 24 oz, Can	190	0	0	0	0	0	6	10	0	0	0
Sprite, 20 oz	240	0	0	0	0	0	64	110	0	64	0
SOFT DRINKS											
Bottled Water	0	0	0	0	0	0	0	75	0	0	0
Coke Zero, with Ice	0	0	0	0	0	0	0	5	0	0	0
Coke-a-Cola, with Ice	170	0	0	0	0	0	47	0	0	47	0
Diet Coke, with Ice	0	0	0	0	0	0	0	15	0	0	0
Dr Pepper, with Ice	100	0	0	0	0	0	28	25	0	28	0
Gold Peak Coffee	0	0	0	0	0	0	0	5	0	0	0
Gold Peak Tea, Sweet, with Ice	70	0	0	0	0	0	17	10	0	17	0
Gold Peak Tea, Unsweet, with Ice	0	0	0	0	0	0	0	10	0	0	0
Hi-C, with Ice	110	0	0	0	0	0	30	45	0	30	0
Minute Maid Country Style Lemonade, with Ice	140	0	0	0	0	0	35	10	0	34	0
Sprite, with ice	110	0	0	0	0	0	29	25	0	29	0
WATER											
Water, Aqua Panna	0	0	0	0	0	0	0	0	0	0	0
Water, San Pellegrino	0	0	0	0	0	0	0	40	0	0	0
SPIRIT-FREE BEVERAGES											
Aussie Palmer	60	0	0	0	0	0	17	5	0	15	0
Fresh Strawberry Lemonade	130	0	0	0	0	0	33	5	2	30	<1
Kiwi Strawberry Lemonade	200	0	0	0	0	0	50	5	2	46	<1

BEER: Varies by Location											
Angry Orchard Crisp Apple Hard Cider, Bottle, 12 oz	200	0	0	0	0	0	29	10	0	23	0
Bloomin' Blonde, Big Bloke	250	0	0	0	0	0	21	50	0	0	3
Bloomin' Blonde, Middy	190	0	0	0	0	0	16	35	0	0	2
Blonde Ale brewed by Golden Road Brewing (Bloomin' Blonde Ale), Middy	190	0	0	0	0	0	16	35	0	0	2
Blonde Ale brewed by Golden Road Brewing (Bloomin' Blonde Ale), Big Bloke	250	0	0	0	0	0	21	50	0	0	3
Blue Moon Belgian White, Bottle, 12 oz	170	0	0	0	0	0	14	15	0	0	2
Bud Light, Big Bloke	170	0	0	0	0	0	10	15	0	0	1
Bud Light, Bottle, 12 oz	110	0	0	0	0	0	6	10	0	0	<1
Bud Light, Middy	130	0	0	0	0	0	8	10	0	0	1
Budweiser, Bottle, 12 oz	140	0	0	0	0	0	10	10	0	0	1
Coors Light, Bottle, 12 oz	100	0	0	0	0	0	5	10	0	0	0
Corona Extra, Bottle, 12 oz	150	0	0	0	0	0	12	15	0	0	2
Dos Equis Lager XX, Bottle, 12 oz	150	0	0	0	0	0	12	15	0	0	2
Foster's 25.4 oz, Oil Can	290	0	0	0	0	0	24	25	0	0	3
Foster's Lager, Big Bloke	270	0	0	0	0	0	22	25	0	0	3
Foster's Lager, Middy	210	0	0	0	0	0	17	20	0	0	2
Heineken Light, Bottle, 12 oz	100	0	0	0	0	0	4	10	0	0	<1
Heineken, Bottle, 12 oz	140	0	0	0	0	0	0	0	0	0	0
Heineken 0.0	130	0	0	0	0	0	10	0	0	0	0
Kentucky Bourbon Barrel, Bottle, 10 oz	160	0	0	0	0	0	<1	10	0	0	3
Kentucky Bourbon Barrel, Bottle, 11 oz	180	0	0	0	0	0	<1	10	0	0	3
Kona Island Lager, Big Bloke	230	0	0	0	0	0	19	20	0	0	2
Kona Island Lager, Bottle, 12 oz	140	0	0	0	0	0	11	20	0	0	2
Kona Island Lager, Middy	180	0	0	0	0	0	15	15	0	0	2
Lagunitas IPA, Bottle, 12 oz	190	0	0	0	0	0	14	15	0	0	3
Lindemans Framboise Lambic, Bottle, 12 oz	230	0	0	0	0	0	34	15	0	33	0
Magic Hat #9, Bottle, 12 oz	150	0	0	0	0	0	12	15	0	0	2
Michelob ULTRA Pure Gold, Bottle	90	0	0	0	0	0	3	10	0	0	<1
Michelob ULTRA, Bottle, 12 oz	90	0	0	0	0	0	3	10	0	0	<1
Miller Genuine Draft, Bottle, 12 oz	140	0	0	0	0	0	13	5	0	0	<1
Miller Light, Bottle, 12 oz	100	0	0	0	0	0	3	5	0	0	0
Modelo Especial, Big Bloke	150	0	0	0	0	0	12	15	0	0	2
Modelo Especial, Bottle, 12 oz	180	0	0	0	0	0	15	15	0	0	2
Modelo Especial, Middy	230	0	0	0	0	0	19	20	0	0	2
New Belgium Fat Tire Amber Ale, Big Bloke	230	0	0	0	0	0	19	20	0	0	2
New Belgium Fat Tire Amber Ale, Bottle, 12 oz	150	0	0	0	0	0	12	15	0	0	2
New Belgium Fat Tire Amber Ale, Middy	180	0	0	0	0	0	15	15	0	0	2
Newcastle Brown Ale, Bottle, 12 oz	150	0	0	0	0	0	12	15	0	0	2
O'Doul's Amber, Bottle, 12 oz	90	0	0	0	0	0	18	0	0	0	2
O'Doul's, Bottle, 12 oz	70	0	0	0	0	0	13	0	0	0	<1
Omission Lager, Bottle, 12 oz	150	0	0	0	0	0	12	15	0	0	2

Omission Pale Ale, Bottle, 12 oz	170	0	0	0	0	0	13	20	0	0	2
Rebel IPA, Can, 16 oz	260	0	0	0	0	0	20	25	0	<1	3
Redbridge (Gluten-free), Bottle, 12 oz	130	0	0	0	0	0	14	0	0	0	0
Rogue Chocolate Stout, Bottle, 22 oz	360	0	0	0	0	0	2	25	0	0	6
Rogue Hazelnut Brown Nectar, Big Bloke	300	0	0	0	0	0	25	40	0	6	5
Rogue Hazelnut Brown Nectar, Bottle, 12 oz	190	0	0	0	0	0	16	25	0	4	3
Rogue Hazelnut Brown Nectar, Middy	230	0	0	0	0	0	19	30	0	5	4
Sam Adams Nitro Coffee Stout, Bottle	200	0	0	0	0	0	<1	15	0	0	3
Samuel Adams 76, Can, 16 oz.	200	0	0	0	0	0	16	20	0	0	2
Samuel Adams Boston Lager, Big Bloke	270	0	0	0	0	0	27	45	0	0	3
Samuel Adams Boston Lager, Bottle, 12 oz	170	0	0	0	0	0	17	30	0	0	2
Samuel Adams Boston Lager, Middy	210	0	0	0	0	0	21	35	0	0	2
Samuel Adams New England IPA, Can, 16 oz	260	0	0	0	0	0	20	25	0	<1	3
Samuel Adams Nitro Coffee Stout, Can, 16 oz	260	0	0	0	0	0	1	20	0	0	4
Samuel Adams Rebel IPA, Bottle, 12 oz	200	0	0	0	0	0	15	15	0	<1	2
Samuel Adams Seasonal (Cold Snap), Big Bloke	260	0	0	0	0	0	22	50	0	<1	4
Samuel Adams Seasonal (Cold Snap), Bottle, 12 oz	170	0	0	0	0	0	14	30	0	0	2
Samuel Adams Seasonal (Cold Snap), Middy	200	0	0	0	0	0	16	35	0	0	3
Samuel Adams Seasonal (Octoberfest), Big Bloke	190	0	0	0	0	0	19	50	0	<1	2
Samuel Adams Seasonal (Octoberfest), Bottle, 12 oz	230	0	0	0	0	0	22	60	0	<1	2
Samuel Adams Seasonal (Octoberfest), Middy	300	0	0	0	0	0	29	80	0	1	3
Samuel Adams Seasonal (Summer Ale), Big Bloke	260	0	0	0	0	0	22	70	0	<1	4
Samuel Adams Seasonal (Summer Ale), Bottle, 12 oz	170	0	0	0	0	0	14	45	0	0	2
Samuel Adams Seasonal (Summer Ale), Middy	200	0	0	0	0	0	16	55	0	0	3
Samuel Adams Seasonal (Winter Lager), Big Bloke	310	0	0	0	0	0	29	60	0	1	4
Samuel Adams Seasonal (Winter Lager), Bottle, 12 oz	190	0	0	0	0	0	19	35	0	<1	2
Samuel Adams Seasonal (Winter Lager), Middy	230	0	0	0	0	0	22	45	0	1	3
Shock Top Belgian White, Big Bloke	260	0	0	0	0	0	23	0	0	0	3
Shock Top Belgian White, Bottle, 12 oz	170	0	0	0	0	0	15	0	0	0	2
Shock Top Belgian White, Middy	200	0	0	0	0	0	18	0	0	0	3
Sierra Nevada Pale Ale, Bottle, 12 oz	150	0	0	0	0	0	12	15	0	0	2
Stella Artois, Big Bloke	210	0	0	0	0	0	17	0	0	0	2
Stella Artois, Bottle, 12 oz	150	0	0	0	0	0	13	0	0	0	1
Stella Artois, Middy Chalice, 15 oz	160	0	0	0	0	0	13	0	0	0	1
Summit EPA, Big Bloke	230	0	0	0	0	0	19	20	0	0	2
Summit EPA, Middy	180	0	0	0	0	0	15	15	0	0	2
Summit Saga IPA, Big Bloke	310	0	0	0	0	0	1	20	0	0	5
Summit Saga IPA, Middy	240	0	0	0	0	0	1	15	0	0	4
Surley Furious IRA, Big Bloke	310	0	0	0	0	0	1	20	0	0	5
Surley Furious IRA, Middy	240	0	0	0	0	0	1	15	0	0	4
Sweetwater Pale Ale, Big Bloke	230	0	0	0	0	0	19	20	0	0	2
Sweetwater Pale Ale, Middy	180	0	0	0	0	0	15	15	0	0	2
Westmalle Trappist Triple, Bottle, 11.2 oz	180	0	0	0	0	0	<1	15	0	0	3

White Claw	100	0	0	0	0	0	2	20	0	2	0
Yuengling, Bottle, 12 oz	150	0	0	0	0	0	12	15	0	0	2
<b>WINE: Varies by Location</b>											
Red Wine, 5 oz (Regional)	130	0	0	0	0	0	4	5	0	<1	0
Red Wine, 6 oz	150	0	0	0	0	0	5	5	0	1	0
Red Wine, 9 oz	230	0	0	0	0	0	7	10	0	2	0
Red Wine, Bottle	640	0	0	0	0	0	20	25	0	5	<1
Rose Wine, 5 oz (Regional)	130	0	0	0	0	0	4	5	0	1	0
Sparkling Wine, 6 oz	150	0	0	0	0	0	5	0	0	0	0
Sparkling Wine, Bottle	600	0	0	0	0	0	20	0	0	0	0
White Wine, 5 oz (Regional)	130	0	0	0	0	0	4	5	0	1	0
White Wine, 6 oz	150	0	0	0	0	0	5	5	0	2	0
White Wine, 9 oz	230	0	0	0	0	0	7	10	0	3	0
White Wine, Bottle	650	0	0	0	0	0	19	25	0	7	<1
<b>MARGARITAS AND MOJITOS: Varies by Location</b>											
Black Cherry Peach Mojito	210	0	0	0	0	0	27	25	<1	24	0
Blood Orange 'Rita	240	0	0	0	0	0	26	1180	1	22	<1
Boomarita 7 oz	240	0	0	0	0	0	30	910	1	26	0
Boomarita 9 oz	290	0	0	0	0	0	33	910	1	28	0
Classic Lime 'Rita	210	0	0	0	0	0	22	5	1	17	0
Classic Mojito with Bacardi Superior Light Rum	200	0	0	0	0	0	15	0	0	14	0
Classic Mojito with Sailor Jerry Spiced Rum	210	0	0	0	0	0	15	10	0	14	0
Corona 'Rita	210	0	0	0	0	0	22	2230	0	12	1
Down Under 'Rita - Frozen	300	0	0	0	0	0	40	2230	0	36	0
Down Under 'Rita - Rocks/Straight-Up	230	0	0	0	0	0	19	2230	0	17	0
Down Under Sauza Agave Margarita	290	0	0	0	0	0	32	2230	0	29	0
Down Under Sauza Gold Coast 'Rita, Rocks	130	0	0	0	0	0	9	290	0	7	0
Hawaiian Style 'Rita	220	0	0	0	0	0	10	10	0	7	0
TOP SHELF HERRADURA RITA - OBS	230	0	0	0	0	0	25	2230	<1	19	0
Strawberry Kiwi Rita	250	0	0	0	0	0	30	0	<1	28	0
Lemon Mojito (Regional)	160	0	0	0	0	0	24	10	1	20	0
Mango Mojito (Regional)	190	0	0	0	0	0	31	0	1	26	0
Mango Passion Fruit 'Rita	260	0	0	0	0	0	43	25	1	38	0
Margarita Swirl (Regional)	140	0	0	0	0	0	28	2230	<1	24	0
Mojito Bacardi Limon with Blackberry	220	0	0	0	0	0	24	0	2	20	<1
Mojito Bacardi Limon with Classic Lime	210	0	0	0	0	0	21	0	1	18	0
Mojito Bacardi Limon with Pineapple	240	0	0	0	0	0	30	0	2	24	<1
Mojito Bacardi Limon with Strawberry	130	0	0	0	0	0	17	0	<1	15	0
Mojito Bacardi Superior Light Rum with Blackberry	220	0	0	0	0	0	21	0	2	17	<1
Mojito Bacardi Superior Light Rum with Classic Lime	210	0	0	0	0	0	19	0	1	15	0
Mojito Bacardi Superior Light Rum with Pineapple	240	0	0	0	0	0	27	0	2	22	<1
Mojito Bacardi Superior Light Rum with Strawberry	220	0	0	0	0	0	21	0	2	16	<1
Mojito Sailor Jerry Spiced Rum with Blackberry	230	0	0	0	0	0	21	10	2	17	<1

Mojito Sailor Jerry Spiced Rum with Classic Lime	220	0	0	0	0	0	19	10	1	15	0
Mojito Sailor Jerry Spiced Rum with Pineapple	250	0	0	0	0	0	27	15	2	22	<1
Mojito Sailor Jerry Spiced Rum with Strawberry	220	0	0	0	0	0	21	10	2	16	<1
Naturally Skinny 'Rita	150	0	0	0	0	0	20	2220	1	17	<1
No Rules 'Rita, Rocks	230	0	0	0	0	0	27	2230	0	21	0
Rita Trio	290	0	0	0	0	0	40	2230	<1	35	0
Sauza Agave Margarita	180	0	0	0	0	0	29	2220	0	25	0
Sauza Gold Coast Rita, Rocks	130	0	0	0	0	0	9	2220	0	7	0
Strawberry Ginger Smash	170	0	0	0	0	0	23	0	<1	20	0
The Gold Coast 'Rita - Frozen	540	0	0	0	0	0	109	3370	0	97	0
The Gold Coast 'Rita - Frozen (Classic Lime) (Regional)	360	0	0	0	0	0	71	2230	0	64	0
The Gold Coast 'Rita - Frozen (Strawberry)	350	0	0	0	0	0	72	2230	0	64	0
The Gold Coast 'Rita - Rocks	190	0	0	0	0	0	24	2230	0	21	0
The Gold Coast 'Rita - Rocks (Strawberry)	250	0	0	0	0	0	43	2230	0	38	0
The Grand 'Rita, Rocks	230	0	0	0	0	0	28	2230	0	21	0
Top Shelf 'Rita, Straight Up/Rocks	230	0	0	0	0	0	25	2230	<1	19	0

COCKTAILS: Varies by Location											
Absolut Mango Crush	130	0	0	0	0	0	22	0	<1	21	<1
Aussie Fresh Fruit Cooler - Individual	280	0	0	0	0	0	35	0	2	31	<1
Aussie Rum Punch	190	0	0	0	0	0	33	30	<1	30	0
Bailey's on the Rocks (Regional)	190	0	0	4.5	0	0	14	0	0	12	2
Black Barrel Irish Tea	180	0	0	0	0	0	27	0	2	22	<1
Blackberry Bramble (Regional)	160	0	0	0	0	0	17	0	3	11	<1
Blackberry Sangria - Individual	220	0	0	0	0	0	28	5	1	24	<1
Blueberry Lavender Lemonade	220	0	0	0	0	0	37	10	0	35	0
BOOZY CHERRY LIMEADE COCKTAIL - OBS	110	0	0	0	0	0	27	30	0	25	0
Boozy Root Beer Float	550	130	15	9	0	55	29	75	0	23	4
BOOZY CHERRY LIMEADE COCKTAIL - OBS	110	0	0	0	0	0	27	30	0	25	0
Captain's Mai Tai	220	0	0	0	0	0	30	45	0	25	<1
Captain's Mai Tai with extra shot of Rum	260	0	0	0	0	0	30	45	0	25	<1
Castaway Cocktail	210	0	0	0	0	0	35	5	1	30	<1
Classic Moscow Mule (Regional)	100	0	0	0	0	0	6	0	0	5	0
Classic Red Sangria (Regional)	210	0	0	0	0	0	29	0	3	23	1
Classic Steakhouse Martini (Absolut) - Rocks/Straight-Up	170	25	3	0	0	0	0	540	0	0	0
Classic Steakhouse Martini (Grey Goose) - Rocks/Straight-Up	170	25	3	0	0	0	0	540	0	0	0
Classic Steakhouse Martini (Kettle One) - Rocks/Straight-Up	170	25	3	0	0	0	0	540	0	0	0
Classic Steakhouse Martini (Stoli) - Rocks/Straight-Up	170	25	3	0	0	0	0	540	0	0	0
Classic Steakhouse Martini (Tito's) - Rocks/Straight-Up	170	25	3	0	0	0	0	540	0	0	0
Cucumber Infused Lemonade (Regional)	160	0	0	0	0	0	17	0	0	16	0
Disaronno Amaretto on the Rocks (Regional)	170	0	0	0	0	0	19	15	0	19	0
Dorothy's Ruby Red Cosmo (Regional)	210	0	0	0	0	0	30	10	0	25	0
Down Under Mule (Regional) NEW	110	0	0	0	0	0	7	0	<1	5	0
Espresso Infused Vodka and White Chocolate Martini (Regional)	100	0	0	0	0	0	10	0	0	10	0
Fair Dinkum Daiquiri	170	0	0	0	0	0	24	0	0	21	0
Fully Loaded Bloody Mary (Absolut)	150	25	3	0	0	0	9	2130	1	3	1
Fully Loaded Bloody Mary (Tito's)	150	25	3	0	0	0	9	2130	1	3	1
Grand Marnier Straight Up (Regional)	160	0	0	0	0	0	14	0	0	0	0
Grapefruit Sage Martini (Regional)	220	15	1.5	1	0	0	24	0	5	14	2
Great Barrier Punch	180	0	0	0	0	0	21	0	<1	20	<1
House-Made Margarita (Regional)	370	0	0	0	0	0	62	580	0	56	0
House-Made Margarita Top Shelf (Patron and Grand Marnier Float) (Regional)	410	0	0	0	0	0	66	580	0	56	0
Huckleberry Hooch Moonshine Cocktail - Individual	150	0	0	0	0	0	33	10	<1	131	0
Hypnotic Breeze Martini	200	50	6	3.5	0	20	22	55	0	19	1
Incredible Hulk	160	40	4.5	2.5	0	15	6	25	0	6	<1
Jack Dundee Tea	380	0	0	0	0	0	59	5	0	54	0
Jameson and Ginger	130	0	0	0	0	0	12	0	0	12	0
Kahlua and Coffee (Regional)	140	0	0	0	0	0	22	5	0	22	0
Key Lime Pie Martini	320	40	4.5	2.5	0	10	50	35	0	46	1

Lava Flow	740	180	20	19	0	0	131	180	0	124	2
Lime in the Coconut (Regional)	280	40	4	4	0	0	43	35	3	33	1
Lolly Sour Apple Martini	360	0	0	0	0	0	56	0	0	51	0
Lychee Martini	180	110	12	6	0	0	24	5	0	13	2
Mai Tai	230	0	0	0	0	0	25	0	2	20	<1
Mango & Habanero Infused Margarita (Regional)	160	0	0	0	0	0	11	200	<1	9	0
Maple Bourbon Sour (Regional)	300	25	2.5	1	0	5	30	135	<1	28	2
New South Wales Sangria - Individual	250	0	0	0	0	0	41	0	2	36	<1
Old & New Fashioned - Jack Daniel's Tennessee Honey Whiskey	200	0	0	0	0	0	23	80	1	18	0
Old & New Fashioned - Maker's Mark	260	0	0	0	0	0	23	85	1	18	0
Orange Bliss Martini	180	0	0	0	0	0	18	0	<1	16	<1
Outback Manhattan	180	0	0	0	0	0	4	0	<1	2	0
Passion Fruit Daiquiri (Regional)	160	0	0	0	0	0	25	15	0	23	0
Passionate Punch	210	0	0	0	0	0	30	15	<1	24	<1
Pina Colada (Bacardi Rock Coconut Rum)	490	110	12	11	0	0	78	105	0	73	2
Pina Colada (Malibu Coconut Rum)	480	110	12	11	0	0	81	105	0	76	2
Pina Colada (with extra shot of Sailor Jerry Rum)	500	110	12	11	0	0	80	105	0	76	2
Pina Colada with extra shot of Sailor Jerry Rum (Bacardi Rock Coconut Rum)	530	110	12	11	0	0	78	110	0	73	2
Pineapple Ginger Collision	170	0	0	0	0	0	18	15	2	12	1
Pineapple Passion Fruit Fizz - Individual	180	0	0	0	0	0	21	0	2	19	<1
Pineapple Vanilla Rum Cocktail (Regional)	130	0	0	0	0	0	18	10	<1	15	0
Root Beer Old Fashioned (Regional)	270	0	0	0	0	0	25	10	0	24	0
Ruby Mango Lemonade Cocktail	210	0	0	0	0	0	38	0	0	32	0
Sassafras "Rootbeer" Old Fashioned (Regional)	270	0	0	0	0	0	27	10	<1	26	0
Shark Bite (Regional)	210	0	0	0	0	0	30	25	0	27	0
Spiked Red Bull with Absolut Mandrin	150	0	0	0	0	0	16	100	<1	15	<1
Spiked Red Bull with Absolut Mandrin	100	0	0	0	0	0	4	100	<1	2	<1
Spiked Red Bull with Finlandia Raspberry Vodka	140	0	0	0	0	0	15	100	0	13	0
Spiked Red Bull with Finlandia Raspberry Vodka - with Sugar Free Red Bull	90	0	0	0	0	0	3	100	0	1	0
Spiked Red Bull with Kettle One	140	0	0	0	0	0	14	100	0	12	0
Spiked Red Bull with Kettle One - with Sugar Free Red Bull	90	0	0	0	0	0	2	100	0	0	0
Strawberry Peach Sangria - Individual	270	0	0	0	0	0	41	20	<1	36	0
Strawberry Rose Sangria	90	0	0	0	0	0	19	5	<1	16	0
Strawberry Smash-Tini	240	0	0	0	0	0	32	0	<1	29	0
Sydney's Cosmo	260	0	0	0	0	0	30	5	<1	27	0
Sydney's Cosmo with Skinnygirl Bare Naked Vodka	240	0	0	0	0	0	30	5	<1	27	0
The Ultimate "Dirty" Martini	190	50	6	0	0	0	0	1010	0	0	0
The Wallaby Darned	220	0	0	0	0	0	49	5	<1	46	0
The Wallaby Darned, Aussie style	260	0	0	0	0	0	49	5	<1	46	0
The Wallaby Darned, Down Under Style	230	0	0	0	0	0	49	5	<1	46	0
The Wallaby Darned, Chambord Float	250	0	0	0	0	0	53	5	<1	50	0
Tiki Bandit	240	0	0	0	0	0	35	10	<1	31	0

Tito's Cucumber Lemonade	160	0	0	0	0	0	17	0	0	15	0
Top Shelf Long Island Iced Tea	190	0	0	0	0	0	16	0	0	14	0
Tropical Reef Martini	390	0	0	0	0	0	62	0	0	57	0
Tropical Relief Martini	230	0	0	0	0	0	35	25	0	32	0
Watermelon Hunch Punch	200	0	0	0	0	0	47	10	<1	131	1