# Cardiopulmonary Anatomy@Physiology 

Essentials of Respiratory Care

Fifth Edition
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CHAPTER 6

## Oxygen Transport

## Normal Blood Gas Value Ranges

| Blood Gas Value | Arterial | Venous |
| :--- | :--- | :--- |
| pH | $7.35-7.4$ | $7.30-7.40$ |
| $\mathrm{PCO}_{2}$ | $35-45 \mathrm{~mm} \mathrm{Hg}$ | $42-48 \mathrm{mmHg}$ |
| $\mathrm{HCO}_{3}$ | $22-28 \mathrm{mEq} / \mathrm{L}$ | $24-30 \mathrm{mEq} / \mathrm{L}$ |
| $\mathrm{PO}_{2}$ | $80-100 \mathrm{mmHg}$ | $35-45 \mathrm{~mm} \mathrm{Hg}$ |

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## OXYGEN TRANSPORT

## Oxygen Dissolved in the Blood Plasma

- Dissolve means that the gas maintains its precise molecular structure
- About .003 mL of $\mathrm{O}_{2}$ will dissolve in 100 mL of blood for every 1 mm Hg of $\mathrm{PO}_{2}$
- Thus, a $\mathrm{PaO}_{2}$ of $100=0.3 \mathrm{~mL}$ $100 \times 0.003=0.3 \mathrm{~mL}$


## Oxygen Dissolved in the Blood Plasma

- Written as 0.3 volumes percent (Vol\%)
- Vol\% represents amount of $\mathrm{O}_{2}$ (in mL) that is in 100 mL of blood

$$
\text { Vol } \%=\mathrm{mL} \mathrm{O} \mathrm{O}_{2} / 100 \mathrm{~mL} \text { bd }
$$

## Oxygen Dissolved in the Blood Plasma

- For example:
- 10 vol\% of $\mathrm{O}_{2}$ means that there are 10 mL of $\mathrm{O}_{2}$ in 100 mL of blood
- Relatively small percentage of oxygen is transported in the form of dissolved oxygen


## Oxygen Bound to Hemoglobin

- Each RBC contains about 280 million hemoglobin ( Hb ) molecules
- Normal adult Hb (Hb A) consists of:
-4 heme groups (iron portion of the Hb )
-4 amino acid chains: 2 alpha and 2 beta


## Hemoglobin Molecule



Fig. 6-1. Schematic
illustration of a hemoglobin molecule.
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## Oxygen Bound to Hemoglobin

Hb
Reduced hemoglobin (uncombined or deoxygenate hemoglobin)

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## Oxygen Bound to Hemoglobin

- Oxyhemoglobin
- Hemoglobin bound with oxygen
- Reduced hemoglobin or deoxyhemoglobin
- Hemoglobin not bound with oxygen


## Oxygen Bound to Hemoglobin

- Normal adult male Hb value:
- 14-16 g/100 mL
- Normal adult female Hb value:
$-12-15 \mathrm{~g} / 100 \mathrm{~mL}$


## Oxygen Bound to Hemoglobin

- Clinically, the weight measurement of hemoglobin, in reference to 100 mL of blood, is referred to as either:
- Gram percent of hemoglobin ( $\mathrm{g} \% \mathrm{Hb}$ ), or
- Grams per deciliter (g/dL)


## Quantity of Oxygen Bound to Hemoglobin

- Each g\% Hb can carry 1.34 mL of oxygen
- Thus, if Hb level is $15 \mathrm{~g} \%$, and if Hb is fully saturated, about 20.1 vol $\%$ of $\mathrm{O}_{2}$ will be bound to the Hb
$\mathrm{O}_{2}$ bound to $\mathrm{Hb}=1.34 \mathrm{~mL} \mathrm{O} \times 15 \mathrm{~g} \% \mathrm{Hb}$

$$
=20.1 \mathrm{vol} \% \mathrm{O}_{2}
$$

## Quantity of Oxygen Bound to Hemoglobin

- At a normal $\mathrm{PaO}_{2}$ of 100 mm Hg , however, the Hb saturation $\left(\mathrm{SaO}_{2}\right)$ is only about $97 \%$ due to the following three normal physiologic shunts


## Quantity of Oxygen Bound to Hemoglobin

- Thebesian venous drainage into the left atrium
- Bronchial venous drainage into pulmonary veins
- Alveoli that are under ventilateddead space ventilation


## Quantity of Oxygen Bound to Hemoglobin

- Thus, the amount of arterial oxygen in the preceding equation must be adjusted to 97 percent:

20.1 vol\% $\mathrm{O}_{2}$<br>$\times 0.97$<br>19.5 vol $\% \mathrm{O}_{2}$

## Total Oxygen Content

- To determine the total amount of oxygen in 100 mL of blood, the following must be added together:
- Dissolved oxygen
- Oxygen bound to hemoglobin


## Total Oxygen Content

- The following case study summarizes the calculations required to compute an individual's total oxygen content


## Case Study—Anemic Patient

- 27-year-old woman
- Long history of anemia (decreased hemoglobin concentration)
- Showing signs of respiratory distress
- Respiratory rate 36 breaths/min
- Heart rate 130 beats/min
- Blood pressure 155/90 mm Hg


## Case Study—Anemic Patient

- Hemoglobin concentration is $6 \mathrm{~g} \%$
- $\mathrm{PaO}_{2}$ is $80 \mathrm{~mm} \mathrm{Hg}\left(\mathrm{SaO}_{2} 90 \%\right)$


## Case Study—Anemic Patient

- Based on this information, the patient's total oxygen content is computed as follows:

1. Dissolved $\mathrm{O}_{2}$ :
$80 \mathrm{PaO}_{2}$
x 0.003 (dissolved $\mathrm{O}_{2}$ factor)
0.24 vol $\% \mathrm{O}_{2}$

## Case Study - Anemic Patient

2. Oxygen Bound to Hemoglobin:

| $6 \mathrm{~g} \% \mathrm{Hb}$ |
| :--- |
| $\times 1.34\left(\mathrm{O}_{2}\right.$ bound to Hb factor) |
| $8.04 \mathrm{vol}_{\mathrm{ol}} \mathrm{O}_{2}\left(\right.$ at $\mathrm{SaO}_{2}$ of $\left.100 \%\right)$ |

8.04 vol\% $\mathrm{O}_{2}$
$x 0.90 \mathrm{SaO}_{2}$
7.236 vol\% $\mathrm{O}_{2}$

## Case Study—Anemic Patient

3. Total oxygen content:
7.236 vol $\% \mathrm{O}_{2}$ (bound to hemoglobin)
$+0.24 \mathrm{vol} \% \mathrm{O}_{2}$ (dissolved $\mathrm{O}_{2}$ )
$7.476 \mathrm{vol} \% \mathrm{O}_{2}$ (total amount of $\mathrm{O}_{2} / 100 \mathrm{ml}$ of blood)

## Case Study—Anemic Patient

- Note:
- Patient's total arterial oxygen content is less than 50 percent of normal
- Her hemoglobin concentration, which is the primary mechanism for transporting oxygen, is very low
- Once problem is corrected, respiratory distress should no longer be present


## Total Oxygen Content

- Calculated for following:
- Arterial Oxygen Content $\left(\mathrm{CaO}_{2}\right)$
- Mixed Venous Oxygen Content $\left(\mathrm{CvO}_{2}\right)$
- Oxygen Content of Pulmonary Capillary Blood $\left(\mathrm{CcO}_{2}\right)$


## Total Oxygen Content of Arterial Blood

- $\mathrm{CaO}_{2}=$ Oxygen content of arterial blood
$\left(\mathrm{Hb} \times 1.34 \times \mathrm{SaO}_{2}\right)+\left(\mathrm{PaO}_{2} \times 0.003\right)$


## Total Oxygen Content of Mixed Venous Blood

- $\mathrm{CvO}_{2}=$ Oxygen content of mixed venous blood
$\left(\mathrm{Hb} \times 1.34 \times \mathrm{SvO}_{2}\right)+(\mathrm{PvO} \times 0.003)$


## Total Oxygen Content of Pulmonary Capillary Blood

- $\mathrm{CcO}_{2}=$ Oxygen content of pulmonary capillary blood

$(\mathrm{Hb} \times 1.34)+\left(\mathrm{PAO}_{2} \times 0.003\right)$

## Total Oxygen Content

- It will be shown later how various mathematical manipulations of the $\mathrm{CaO}_{2}, \mathrm{CvO}_{2}$, and $\mathrm{CcO}_{2}$ values are used in different oxygen transport studies to reflect important factors concerning the patient's cardiac and ventilatory status.


## OXYGEN DISSOCIATION CURVE

## Oxygen Dissociation Curve



Normal $\mathrm{PO}_{2}$
Fig. 6-2. Oxygen dissociation curve.
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## Clinical Significance of the Flat Portion of the Curve

- $\mathrm{PO}_{2}$ can fall from 60 to 100 mm Hg and the hemoglobin will still be 90 percent saturated with oxygen
- Excellent safety zone


## Clinical Significance of the Flat Portion of the Curve

- As the Hb moves through the $\mathrm{A}-\mathrm{C}$ system, a significant partial pressure difference continues to exist between the alveolar gas and blood, even after most $\mathrm{O}_{2}$ has transferred
- This enhances the diffusion of $\mathrm{O}_{2}$


## Clinical Significance of the Flat Portion of the Curve

- Increasing $\mathrm{PO}_{2}$ beyond 100 mm Hg adds very little $\mathrm{O}_{2}$ to the blood
- Dissolved $\mathrm{O}_{2}$ only
$-\left(\mathrm{PO}_{2} \times 0.003=\right.$ dissolved $\left.\mathrm{O}_{2}\right)$


## Clinical Significance of the Flat Portion of the Curve

- A reduction of $\mathrm{PO}_{2}$ below 60 mm Hg causes a rapid decrease in amount of $\mathrm{O}_{2}$ bound to hemoglobin
- However, diffusion of oxygen from hemoglobin to tissue cells is enhanced


## The $P_{50}$

- $\mathrm{P}_{50}$ represents the partial pressure at which the hemoglobin is 50 percent saturated with oxygen
- Normally, $\mathrm{P}_{50}$ is about 27 mm Hg


## The $\mathrm{P}_{50}$



Fig. 6-3. The $\mathrm{P}_{50}$ represents the partial pressure at which hemoglobin is 50 percent saturated with oxygen.
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## Factors that Shift Oxygen Dissociation Curve

- pH
- Temperature
- Carbon Dioxide
-2,3-DPG
- Fetal Hemoglobin
- Carbon Monoxide Hemoglobin


## Oxygen Dissociation Curve

FACTORS THAT SHIFT OXYGEN DISSOCIATION CURVE:

To Left
$\downarrow \mathrm{pH}$
$\downarrow \mathrm{P}_{\mathrm{CO}_{2}}$
$\downarrow$ Temperature
$\downarrow$ DPG HbF $\mathrm{CO}_{\mathrm{Hb}}$


Fig. 6-4. Factors that shift the oxygen dissociation curve to the right and left.

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## CLINICAL SIGNIFICANCE OF SHIFTS IN THE O DISSOCIATION CURVE

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## The $\mathrm{O}_{2}$ Dissociation Curve

- When an individual's blood $\mathrm{PaO}_{2}$ is within normal limits ( $80-100 \mathrm{~mm} \mathrm{Hg}$ ):
- Shift of oxygen dissociation curve to the right or left does not significantly affect hemoglobin's ability to transport oxygen to the peripheral tissues.


## The $\mathrm{O}_{2}$ Dissociation Curve

- However, when an individual's blood $\mathrm{PaO}_{2}$ falls below the normal range:
- A shift to the right or left can have a remarkable effect on the hemoglobin's ability to pick up and release oxygen.
- This is because shifts below the normal range occur on the steep portion of the curve.


## The $\mathrm{O}_{2}$ Dissociation Curve

- For example, consider the loading and unloading of oxygen during the following clinical conditions:


## Right Shifts: Loading of Oxygen in Lungs

- Picture the loading of oxygen onto hemoglobin as blood passes through the alveolar-capillary system at a time when the alveolar oxygen tension $\left(\mathrm{PaO}_{2}\right)$ is moderately low, around 60 mm Hg .


## Right Shifts: Loading of Oxygen in Lungs



Fig. 6-5. Normally, when the $\mathrm{PaO}_{2}$ is 60 mm Hg , the plasma $\mathrm{PO}_{2}$ is about 60 mm Hg , and Hb is about $90 \%$ saturated.



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## Right Shifts: Loading of Oxygen in Lungs

- If, however, the oxygen dissociation curve shifts to the right, as indicated in Figure 6-6, the hemoglobin will be only about 75 percent saturated with oxygen as it leaves the alveoli.


## Right Shifts: Loading of Oxygen in Lungs



Fig. 6-6. When the $\mathrm{PAO}_{2}$ is 60 mm Hg at a time when the curve has shifted to the right because of a pH of 7.1.

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## Right Shifts: Loading of Oxygen in Lungs

- In view of this gas transport phenomenon, it should be stressed that:
- Total oxygen delivery may be much lower than indicated by a particular $\mathrm{PaO}_{2}$ value when a disease process is present that causes the oxygen dissociation curve to shift to the right.


## Right Shifts: Loading of Oxygen in Lungs

- Although total oxygen delivery may be decreased in the above situation:
- Plasma $\mathrm{PO}_{2}$ at the tissue sites does not have to fall as much to unload oxygen


## Right Shifts: Unloading of Oxygen at the Tissues

- For example, if tissue cells metabolize 5 vol\% oxygen at a time when the oxygen dissociation is in the normal position:
- Plasma $\mathrm{PO}_{2}$ must fall from 60 mm Hg to about 35 mm Hg to free $5 \mathrm{vol} \%$ oxygen from the hemoglobin
- See Figure 6-7


## Right Shifts: Unloading of Oxygen at the Tissues



Fig. 6-7. Normally, when the plasma $\mathrm{PO}_{2}$ is 60 mm Hg , the $\mathrm{PO}_{2}$ must fall to about 35 mm Hg to free 5 vol\% oxygen for metabolism.

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## Right Shifts: Unloading of Oxygen at the Tissues

- If, however, the curve shifts to the right in response to a pH of 7.1:
- Plasma $\mathrm{PO}_{2}$ at tissue sites would only have to fall from 60 mm Hg to about 40 mm Hg to unload 5 vol\% oxygen from the hemoglobin
- See Figure 6-8


## Right Shifts: Unloading of Oxygen at the Tissues



Fig. 6-8. When the plasma $\mathrm{PO}_{2}$ is 60 mm Hg at a time when the curve is to the right because of pH of 7.1 , the $\mathrm{PO}_{2}$ must fall to about 40 mm Hg to free 5 vol\% oxygen for metabolism.

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## Left Shifts: Loading of Oxygen in the Lungs

- If the oxygen dissociation curve shifts to left when the $\mathrm{PAO}_{2}$ is 60 mm Hg at a time when the curve has shifted to the left because of a pH of 7.6:
- Hemoglobin will be about 95 percent saturated with oxygen
- See Figure 6-9


## Left Shifts: Loading of Oxygen in the Lungs



Fig. 6-9. When the $\mathrm{PAO}_{2}$ is 60 mm Hg at a time when the curve has shifted to the left because of a pH of 7.6.


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## Left Shifts: Unloading of Oxygen at the Tissues

- Although total oxygen increases in the previously mentioned situation:
- Plasma $\mathrm{PO}_{2}$ at the tissue sites must decrease more than normal in order for oxygen to dissociate from the hemoglobin


## Left Shifts: Unloading of Oxygen at the Tissues

- For example, if the tissue cells require 5 vol\% oxygen at a time when the oxygen dissociation curve is normal, the plasma $\mathrm{PO}_{2}$ will fall from 60 mm Hg to about 35 mm Hg to free 5 vol\% of oxygen from the hemoglobin
- See Figure 6-7


## Oxygen for Metabolism



Fig. 6-7. Normally, when the plasma $\mathrm{PO}_{2}$ is 60 mm Hg , the $\mathrm{PO}_{2}$ must fall to about 35 mm Hg to free 5 vol\% oxygen for metabolism.


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## Left Shifts: Unloading of Oxygen at the Tissues

- If, however, the curve shifts to the left because of a pH of 7.6:
- Plasma $\mathrm{PO}_{2}$ at tissue sites would have to fall from 60 mm Hg to about 30 mm Hg to unload 5 vol\% oxygen from the hemoglobin
- See Figure 6-10


## Left Shifts: Unloading of Oxygen at the Tissues



Fig. 6-10. When the plasma $\mathrm{PO}_{2}$ is 60 mm Hg at a time when the curve is to the left because of pH of 7.6 , the $\mathrm{PO}_{2}$ must fall to about 30 mm Hg to free 5 vol\% oxygen for metabolism.

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## Oxygen Transport Calculations

- Total Oxygen Delivery
- Arterial-Venous Oxygen Content Difference
- Oxygen Consumption
- Oxygen Extraction Ratio
- Mixed Venous Oxygen Saturation
- Pulmonary Shunting


## Total Oxygen Delivery: $\mathrm{DO}_{2}=\mathrm{QT} \times\left(\mathrm{CaO}_{2} \times 10\right)$

- The total amount of oxygen delivered or transported to the peripheral tissues is dependent on

1. The body's ability to oxygenate blood
2. The hemoglobin concentration
3. The cardiac output

## Total Oxygen Delivery $\left(\mathrm{DO}_{2}\right)$ is calculated as follows:

## $\mathrm{DO}_{2}=\mathrm{QT} \times\left(\mathrm{CaO}_{2} \times 10\right)$

## Total Oxygen Delivery

- For example:
- If a patient has a cardiac output of $5 \mathrm{~L} / \mathrm{min}$ and $\mathrm{CaO}_{2}$ of $20 \mathrm{vol} \%$
$-\mathrm{DO}_{2}$ will be about 1000 mL of oxygen per minute:


## Total Oxygen Delivery

$$
\begin{aligned}
\mathrm{DO}_{2} & =\mathrm{Q}_{\mathrm{T}} \times\left(\mathrm{CaO}_{2} \times 10\right) \\
& =5 \mathrm{~L} / \mathrm{min} \times(20 \mathrm{vol} \% \times 10) \\
& =1000 \mathrm{ml} \mathrm{O}_{2} / \mathrm{min}
\end{aligned}
$$

Note: The normal $\mathrm{DO}_{2}$ is about $1000 \mathrm{ml} / \mathrm{min}$

## Total Oxygen Delivery

- $\mathrm{DO}_{2}$ decreases in response to:
- Low blood oxygenation
- Low $\mathrm{PaO}_{2}$
- Low $\mathrm{SaO}_{2}$
- Low hemoglobin concentration
- Low cardiac output


## Total Oxygen Delivery

- $\mathrm{DO}_{2}$ increases in response to increased blood oxygenation
- Increased $\mathrm{PaO}_{2}$
- Increased $\mathrm{SaO}_{2}$
- Increased hemoglobin concentration
- Increased cardiac output


## Arterial-Venous Oxygen Content Difference

$$
\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}=\mathrm{CaO}_{2}-\mathrm{CvO}_{2}
$$

- The $\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$ is the difference between the $\mathrm{CaO}_{2}$ and the $\mathrm{CvO}_{2}$


## Arterial-Venous Oxygen Content Difference

- Normally, the $\mathrm{CaO}_{2}$ is about 20 vol\% and the $\mathrm{CvO}_{2}$ is 15 vol\%.
- Thus, the $\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$ is about $5 \mathrm{vol} \%$ :


## Arterial-Venous Oxygen Content Difference

$$
\begin{aligned}
\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2} & =\mathrm{CaO}_{2}-\mathrm{CvO}_{2} \\
& =20 \mathrm{vol} \%-15 \mathrm{vol} \% \\
& =5 \mathrm{vol} \%
\end{aligned}
$$

Normally, 5 vol\%

## Oxygen Dissociation Curve



Normal $\mathrm{P}_{\mathrm{O}_{2}}$

Fig. 6-11. Oxygen dissociation curve.
Summary of important values.

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## Factors that Increase the $\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$

- Decreased cardiac output
- Periods of increased oxygen consumption
- Exercise
- Seizures
- Shivering
- Hyperthermia


## Factors that Decrease the $\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$

- Increased cardiac output
- Skeletal relaxation
- Induced by drugs
- Peripheral shunting
- Sepsis, trauma


## Factors that Decrease the $\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$

- Certain poisons
- Cyanide
- Hypothermia


## Oxygen Consumption

- Amount of oxygen extracted by the peripheral tissues during the period of one minute
- Also called oxygen uptake $\left(\mathrm{VO}_{2}\right)$


## Oxygen Consumption

- Calculated as follows:

$$
\mathrm{VO}_{2}=\mathrm{Q}_{\mathrm{T}}\left[\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2} \times 10\right]
$$

- Case: If a patient has a cardiac output of $5 \mathrm{~L} / \mathrm{min}$ and a $\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$ of $5 \mathrm{vol} \%$ :
- What is the total amount of oxygen consumed by the tissue cells in one minute?


## Oxygen Consumption

- For example:
- If an individual has a cardiac output of $5 \mathrm{~L} / \mathrm{min}$ and a $\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$ of $5 \mathrm{vol} \%$
- Total amount of oxygen metabolized by the tissue cells in one minute will be 250 mL :


## Oxygen Consumption

$$
\begin{aligned}
& \mathrm{VO}_{2}=\mathrm{Q}_{\mathrm{T}}\left[\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2} \times 10\right] \\
& =5 \mathrm{~L} / \mathrm{min} \times 5 \mathrm{vol} \% \times 10 \\
& =250 \mathrm{ml} \mathrm{O} / \mathrm{min}
\end{aligned}
$$

Note: The $\mathrm{VO}_{2}$ is normally about $250 \mathrm{ml} \mathrm{O}_{2} / \mathrm{min}$

## Factors that Increase $\mathrm{VO}_{2}$

- Exercise
- Seizures
- Shivering
- Hyperthermia
- Body Size


## Factors that Decrease $\mathrm{VO}_{2}$

- Skeletal Muscle Relaxation
- Induced by drugs
- Peripheral shunting
- Sepsis, trauma
- Certain poisons
- Cyanide
- Hypothermia


## Oxygen Extraction Ratio

- Oxygen extraction ratio $\left(\mathrm{O}_{2} \mathrm{ER}\right)$ is the amount of oxygen extracted by the peripheral tissues divided by the amount of oxygen delivered to the peripheral cells
- Also called:
- Oxygen coefficient ratio
- Oxygen utilization ratio


## Oxygen Extraction Ratio Calculated as Follows:

## $\mathrm{O}_{2} \mathrm{ER}=\mathrm{CaO}_{2}-\mathrm{CvO}_{2}$ <br> $\mathrm{CaO}_{2}$

## Oxygen Extraction Ratio Calculated as Follows:

- In considering the normal $\mathrm{CaO}_{2}$ of 20 vol\% and the normal $\mathrm{CvO}_{2}$ of $15 \mathrm{vol} \%$ :
- $\mathrm{O}_{2} \mathrm{ER}$ is about 25 percent

$$
\begin{aligned}
\mathrm{O}_{2} \mathrm{ER} & =\frac{\mathrm{CaO}_{2}-\mathrm{CvO}_{2}}{\mathrm{CaO}_{2}} \\
& =\frac{20 \mathrm{vol} \%-15 \mathrm{vol} \%}{20 \mathrm{vol} \%} \\
& =\frac{5 \mathrm{vol} \%}{20 \mathrm{vol} \%} \\
& =0.25
\end{aligned}
$$

## Oxygen Extraction Ratio

- $\mathrm{O}_{2} E R$ provides an important view of the oxygen transport status when $\mathrm{O}_{2}$ consumption remains the same
- For example, consider the following two cases with the same $\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$ ( $5 \mathrm{vol} \%$ ), but with different $\mathrm{DO}_{2}$


## Normal $\mathrm{CaO}_{2}$ and $\mathrm{CvO}_{2}$

$$
\begin{array}{cc}
\mathrm{CaO}_{2} & 20 \mathrm{vol} \% \\
-\mathrm{CvO}_{2} & 15 \mathrm{vol} \% \\
\hline \mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2} & 5 \mathrm{vol} \%
\end{array}
$$

The $\mathrm{O}_{2} \mathrm{ER}=25 \%$

## Decreased $\mathrm{CaO}_{2}$ and $\mathrm{CvO}_{2}$

> | $\mathrm{CaO}_{2}$ | $10 \mathrm{vol} \%$ |
| :---: | ---: |
| $-\mathrm{CvO}_{2}$ | $5 \mathrm{vol} \%$ |
| $\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$ | $5 \mathrm{vol} \%$ |

The $\mathrm{O}_{2} \mathrm{ER}=50 \%$

## Factors that Increase $\mathrm{O}_{2} \mathrm{ER}$

- Decreased cardiac output
- Periods of increased $\mathrm{O}_{2}$ consumption
- Exercise
- Seizures
- Shivering
- Hyperthermia
- Anemia


## Factors that Decrease $\mathrm{O}_{2} \mathrm{ER}$

- Increased cardiac output
- Skeletal muscle relaxation
- Drug induced
- Peripheral shunting (e.g., sepsis)


## Factors that Decrease $\mathrm{O}_{2} \mathrm{ER}$

- Certain poisons
- Cyanide
- Hypothermia
- Increased Hb
- Increased arterial oxygenation $\left(\mathrm{PaO}_{2}\right)$


## Mixed Venous Oxygen Saturation $\left(\mathrm{SvO}_{2}\right)$

- Changes in the $\mathrm{SvO}_{2}$ can be used to detect changes in the:
$-\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$
$-\mathrm{VO}_{2}$
$-\mathrm{O}_{2} \mathrm{ER}$


## Factors that Decrease the $\mathrm{SvO}_{2}$

- Decreased cardiac output
- Exercise
- Seizures
- Shivering
- Hyperthermia

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## Factors that Increase the $\mathrm{SvO}_{2}$

- Increased cardiac output
- Skeletal muscle relaxation
- Drug induced
- Peripheral shunting
- Sepsis


## Factors that Increase the $\mathrm{SvO}_{2}$

- Certain poisons
- Cyanide
- Hypothermia


## Oxygen Transport Calculations

| Clinical Factors | $\mathrm{DO}_{2}$ | $\mathrm{VO}_{2}$ | $\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$ | $\mathrm{O}_{2} \mathrm{ER}$ | $\mathrm{SvO}_{2}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\uparrow \mathrm{O}_{2}$ loading | $\uparrow$ | Same | Same | $\downarrow$ | $\uparrow$ |
| $\uparrow \mathrm{Hb}$ |  |  |  |  |  |
| $\uparrow \mathrm{PaO}_{2}$ |  |  |  |  |  |
| $\downarrow \mathrm{PaCO}_{2}$ |  |  |  |  |  |
| $\uparrow \mathrm{pH}$ |  |  |  |  |  |
| $\uparrow$ Temperature |  |  |  |  |  |

## Table 6-10

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## Oxygen Transport Calculations

| Clinical Factors | $\mathrm{DO}_{2}$ | $\mathbf{V O}_{2}$ | $\mathbf{C}(\mathrm{a}-\mathrm{v}) \mathbf{O}_{\mathbf{2}}$ | $\mathbf{O}_{\mathbf{2}} \mathbf{E R}$ | $\mathbf{S v O}_{\mathbf{2}}$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $\downarrow \mathrm{O}_{2}$ loading | $\downarrow$ | Same | Same | $\uparrow$ | $\downarrow$ |
|  | $\downarrow \mathrm{Hb}$ |  |  |  |  |
|  | $\downarrow \mathrm{PaCO}_{2}$ |  |  |  |  |
|  | $\downarrow \mathrm{pH}$ |  |  |  |  |
|  | $\downarrow \mathrm{PaO}_{2}$ |  |  |  |  |
|  | Anemia |  |  |  |  |
|  | $\downarrow$ Temperature |  |  |  |  |

## Table 6-10

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## Oxygen Transport Calculations

|  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Clinical Factors | $\mathrm{DO}_{2}$ | $\mathrm{VO}_{2}$ | $\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$ | $\mathrm{O}_{2} \mathrm{ER}$ | $\mathrm{SvO}_{2}$ |
| $\uparrow$ Metabolism | Same | $\uparrow$ | $\uparrow$ | $\uparrow$ | $\downarrow$ |
| Exercise |  |  |  |  |  |
| Seizures |  |  |  |  |  |
| Hyperthermia |  |  |  |  |  |
| Shivering |  |  |  |  |  |

## Table 6-10

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## Oxygen Transport Calculations

| Clinical Factors | $\mathrm{DO}_{2}$ | $\mathrm{VO}_{2}$ | $\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$ | $\mathrm{O}_{2} \mathrm{ER}$ | $\mathrm{SvO}_{2}$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $\downarrow$ Metabolism | Same | $\downarrow$ | $\downarrow$ | $\downarrow$ | $\uparrow$ |
| Hypothermia <br> Skeletal muscle <br> relaxation |  |  |  |  |  |

## Table 6-10

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## Oxygen Transport Calculations

|  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Clinical Factors | $\mathrm{DO}_{2}$ | $\mathrm{VO}_{2}$ | $\mathbf{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$ | $\mathrm{O}_{2} \mathrm{ER}$ | $\mathbf{S v O}_{2}$ |
| $\downarrow$ Cardiac Output | $\downarrow$ | Same | $\uparrow$ | $\uparrow$ | $\downarrow$ |

## Table 6-10

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## Oxygen Transport Calculations

|  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Clinical Factors | $\mathrm{DO}_{2}$ | $\mathrm{VO}_{2}$ | $\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$ | $\mathrm{O}_{2} \mathrm{ER}$ | $\mathrm{SvO}_{2}$ |
| $\uparrow$ Cardiac Output | $\uparrow$ | Same | $\downarrow$ | $\downarrow$ | $\uparrow$ |

## Table 6-10

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## Oxygen Transport Calculations

| Clinical Factors | $\mathrm{DO}_{2}$ | $\mathrm{VO}_{2}$ | $\mathbf{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$ | $\mathrm{O}_{2} \mathrm{ER}$ | $\mathrm{SvO}_{2}$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Peripheral <br> shunting | Same | $\downarrow$ | $\downarrow$ | $\downarrow$ | $\uparrow$ |

## Table 6-10

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## Oxygen Transport Calculations

|  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Clinical Factors | $\mathrm{DO}_{2}$ | $\mathrm{VO}_{2}$ | $\mathrm{C}(\mathrm{a}-\mathrm{v}) \mathrm{O}_{2}$ | $\mathrm{O}_{2} \mathrm{ER}$ | $\mathrm{SvO}_{2}$ |
| Certain Poisons | Same | $\downarrow$ | $\downarrow$ | $\downarrow$ | $\uparrow$ |

## Table 6-10

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## Pulmonary Shunting

- Portion of cardiac output that moves from the right side to the left side of the heart without being exposed to alveolar oxygen $\left(\mathrm{PAO}_{2}\right)$.


## Pulmonary Shunting

- Clinically, pulmonary shunting can be subdivided into:
- Absolute Shunt
- Also called True Shunt
- Relative Shunt
- Also called shunt-like effects


## Absolute Shunt

- An anatomic shunt (true shunt)
- When blood flows from the right side of heart to the left side without coming in contact with an alveolus for gas exchange
- See Figure 6-12, A and B


## Pulmonary Shunting



Fig. 6-12. Pulmonary shunting.


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## Common Causes of Absolute Shunting

- Congenital heart disease
- Intrapulmonary fistula
- Vascular lung tumors


## Common Causes of Absolute Shunting

- Capillary shunting is commonly caused by:
- Alveolar collapse or atelectasis
- Alveolar fluid accumulation
- Alveolar consolidation
- See Figure 6-12, C


## Common Causes of Absolute Shunting

- When pulmonary capillary perfusion is in excess of alveolar ventilation, a relative or shunt-like effect is said to exist
- See Figure 6-12, D


## Common Causes of This Form of Shunting

- Hypoventilation
- Ventilation/perfusion mismatches
- Chronic emphysema, bronchitis, asthma
- Alveolar-capillary diffusion defects
- Alveolar fibrosis or alveolar edema


## Venous Admixture

- Venous mixture is the mixing of shunted, non-reoxygenated blood with reoxygenated blood distal to the alveoli
- Downstream in the pulmonary venous system
- See Figure 6-13


## Venous Admixture



Fig. 6-13. Venous admixture occurs when reoxygenated blood mixes with nonreoxygenated blood.
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## Pulmonary Equation

$$
\frac{Q_{\mathrm{s}}}{\mathrm{Q}_{\mathrm{T}}}=\frac{\mathrm{CcO}_{2}-\mathrm{CaO}}{\mathrm{CcO}_{2}-\mathrm{CvO}_{2}}
$$

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## Shunt Equation Clinical Information Needed

- PB
- $\mathrm{PaO}_{2}$
- $\mathrm{PaCO}_{2}$
- $\mathrm{PvO}_{2}$
- Hb
- $\mathrm{PAO}_{2}$
- $\mathrm{FIO}_{2}$

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## Case Study: Motorcycle Accident Victim

- A 38-year-old man is on a volume-cycled mechanical ventilator on a day when the barometric pressure is 750 mm Hg
- Patient is receiving an $\mathrm{FIO}_{2}$ of . 70
- The following clinical data are obtained:


## Case Study: Motorcycle Accident Victim

- Hb : $13 \mathrm{~g} \%$
- $\mathrm{PaO}_{2}$ : $50 \mathrm{~mm} \mathrm{Hg}\left(\mathrm{SaO}_{2}=85 \%\right)$
- $\mathrm{PaCO}_{2}: 43 \mathrm{~mm} \mathrm{Hg}$
- $\mathrm{PvO}_{2}$ : $37 \mathrm{~mm} \mathrm{Hg}\left(\mathrm{SvO}_{2}=65 \%\right)$


## Case Study: Motorcycle Accident Victim

- With this information, the patient's $\mathrm{PAO}_{2}, \mathrm{CcO}_{2}, \mathrm{CaO}_{2}$, and $\mathrm{CvO}_{2}$ can now be calculated


## Case Study: Motorcycle Accident Victim

1. $\mathrm{PAO}_{2}=\left(\mathrm{PB}-\mathrm{PH}_{2} \mathrm{O}\right) \mathrm{FIO}_{2}-\mathrm{PaCO}_{2}(1.25)$
$=(750-47) 0.70-43(1.25)$
$=(703) 0.70-53.75$
= 492.1-53.75
$=438.35 \mathrm{~mm} \mathrm{Hg}$

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## Case Study: Motorcycle Accident Victim

$$
\text { 2. } \begin{aligned}
\mathrm{CcO}_{2} & =(\mathrm{Hb} \times 1.34)+\left(\mathrm{PAO}_{2} \times 0.003\right) \\
& =(13 \times 1.34)+(438.35 \times 0.003) \\
& =17.42+1.315 \\
& =18.735\left(\mathrm{vol} \% \mathrm{O}_{2}\right)
\end{aligned}
$$

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## Case Study: Motorcycle Accident Victim

$$
\text { 3. } \begin{aligned}
\mathrm{CaO}_{2} & =\left(\mathrm{Hb} \times 1.34 \times \mathrm{SaO}_{2}\right)+\left(\mathrm{PaO}_{2} \times 0.003\right) \\
& =(13 \times 1.34 \times .85)+(50 \times 0.003) \\
& =14.807+0.15 \\
& =14.95\left(\mathrm{vol} \% \mathrm{O}_{2}\right)
\end{aligned}
$$

## Case Study: Motorcycle Accident Victim

$$
\text { 4. } \begin{aligned}
\mathrm{CaO}_{2} & =\left(\mathrm{Hb} \times 1.34 \times \mathrm{SvO}_{2}\right)+\left(\mathrm{PvO}_{2} \times 0.003\right) \\
& =(13 \times 1.34 \times .65)+(37 \times 0.003) \\
& =11.323+0.111 \\
& =11.434\left(\mathrm{vol} \% \mathrm{O}_{2}\right)
\end{aligned}
$$

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## Case Study: Motorcycle Accident Victim

- Based on the previous calculation the patient's degree of pulmonary shunting can now be calculated:

$$
\begin{aligned}
\frac{Q_{\mathrm{s}}}{\mathrm{Q}_{\mathrm{T}}} & =\frac{\mathrm{CcO}_{2}-\mathrm{CaO}_{2}}{\mathrm{CcO}_{2}-\mathrm{CvO}_{2}} \\
& =\frac{18.735-14.957}{18.375-11.434} \\
& =\frac{3.778}{7.301} \\
& =0.515
\end{aligned}
$$

## Clinical Significance of Pulmonary Shunting

- < $10 \%$
- Normal status
- 10 to 20\%
- Indicates intrapulmonary abnormality


## Clinical Significance of Pulmonary Shunting

- 20 to 30\%
- Significant intrapulmonary diseases
-> 30\%
- Potentially life-threatening


## Appendix V


$\qquad$
Date $\qquad$

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## HYPOXIA

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## HYPOXEMIA VERSUS HYPOXIA

## Hypoxemia

- Abnormally low arterial oxygen tension ( $\mathrm{PaO}_{2}$ )
- Frequently associated with hypoxia
- Which is an inadequate level of tissue oxygenation


## Hypoxemia Classifications

| Classifications | $\mathbf{P a O}_{\mathbf{2}}$ (rule of thumb) |
| :--- | :--- |
| Normal | $80-100 \mathrm{~mm} \mathrm{Hg}$ |
| Mild hypoxemia | $60-80 \mathrm{~mm} \mathrm{Hg}$ |
| Moderate hypoxemia | $40-60 \mathrm{~mm} \mathrm{Hg}$ |
| Severe hypoxemia | $<40 \mathrm{~mm} \mathrm{Hg}$ |

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## Hypoxia

- Low or inadequate oxygen for cellular metabolism


## Hypoxia

- There are four main types of hypoxia:
- Hypoxic
- Anemic
- Circulatory
- Histotoxic


## Types of Hypoxia

- Hypoxic hypoxia
- Inadequate oxygen at tissue cells caused by low arterial oxygen tension $\left(\mathrm{PaO}_{2}\right)$
- Common Causes
- Low $\mathrm{PaO}_{2}$ caused by
- Hypoventilation
- High altitude


## Types of Hypoxia

- Hypoxic hypoxia
- Diffusion defects
- Ventilation-perfusion mismatch
- Pulmonary shunting


## Types of Hypoxia

- Anemic hypoxia
$-\mathrm{PaO}_{2}$ is normal, but the oxygen carrying capacity of the hemoglobin is inadequate


## Types of Hypoxia

- Anemic hypoxia
- Common Causes
- Decreased hemoglobin
- Anemia
- Hemorrhage
- Abnormal hemoglobin
- Carboxyhemoglobinemia
- Methemoglobinemia


## Types of Hypoxia

- Circulatory hypoxia
- Stagnant hypoxia or hypoperfusion
- Blood flow to the tissue cells is inadequate
- Thus, oxygen is not adequate to meet tissue needs


## Types of Hypoxia

- Circulatory hypoxia
- Common causes
- Slow or stagnant (pooling) peripheral blood flow
- Arterial-venous shunts


## Types of Hypoxia

- Histotoxic hypoxia
- Impaired ability of the tissue cells to metabolize oxygen
- Common cause
- Cyanide poisoning
- Blue-gray or purplish discoloration seen on the mucous membranes, fingertips, and toes
- Blood in these areas contain at least $5 \mathrm{~g} \%$ of reduced hemoglobin


## Cyanosis



Fig. 6-14. Cyanosis may appear whenever the blood contains at least $5 \mathrm{~g} \%$ of reduced hemoglobin.


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- An increased level of RBCs
- An adaptive mechanism designed to increase the oxygen-carrying capacity of the blood


## Clinical Application 1 Discussion

- How did this case illustrate ...
- The importance of hemoglobin in the oxygen transport system


## Asthma



Fig. 6-15. Asthma. Pathology includes (1) bronchial smooth muscle constriction, (2) inflammation and excessive production of thick, whitish bronchial secretions, and (3) alveolar hyperinflation.


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## Clinical Application 2 Discussion

- How did this case illustrate ...
- The loading of oxygen on hemoglobin in the lung?
- The patient's total oxygen delivery $\left(\mathrm{DO}_{2}\right)$ ?

