

Paige E. Roberts LCSW LICSW CLT
Clinician Paige Roberts Performance Neuro Training LLC
1248 121st AVE NE B116 Bellevue WA 98005
970.875.4591 proberts@onpointneuro.com www.robertsneurotraining.com

EDUCATION

- **Doctorate of Internal Medicine** Quantum University Honolulu, Hawaii (IMD & PhD 2020).
- **Masters of Social Work** Colorado State University Fort Collins Colorado (Advanced Generalist 2010- 2013).
- **Bachelor of Arts Degree:** Colorado Mesa University (Formerly Mesa State College) Grand Junction Colorado (**Human Performance and Wellness: Exercise Science 2003-2005**).

PROFESSIONAL EXPERIENCE

Paige Roberts Performance Neuro Training LLC (Owner) Bellevue, Washington (2016-current).

Licensed Independent Clinical Social Worker Associate (WA) & Licensed Clinical Social Worker (CO).

Private Practice focus and responsibilities include,

- Assessment of neurocognitive symptoms and domains (DSM 5) for persons experiencing concussive related trauma.
- Developing individualized treatment interventions aimed at alleviating presenting symptoms.
- Use of Brainspotting and other psychotherapeutic treatments (such as CBT, DBT, ACT, psychodynamic, solutions focused, narrative therapy and motivational interviewing).
- Conduct QEEG to determine brain health and to determine baseline mTBI.
- Conduct QEEG to direct and monitor treatment interventions.
- Identify mTBI treatment and monitoring protocols.
- Provide photobiomodulation low level laser light therapy in helping clients resolve and heal from physical injuries and or chronic pain.
- Provide photobiomodulation low level laser light therapy in helping clients resolve mTBI and mental health symptoms.
- Provide sports performance expansion and mental conditioning programs individually and within groups in person and via telemedicine platforms.
- Specialized focus in helping athletes heal from sports physical and mental traumas (including injuries in all sports disciplines and athletes of all ages).
- Conduct large group therapy sessions for athletes, biohacking groups and trauma healing groups
- Collaborate with other health professionals to hold weekend healing retreats
- Speaker for numerous mind-body and sports health conferences and events

In Light Medical Company LLC Dallas, Texas (2018-2019).

Certified Light Therapist.

Account Representative responsibilities included,

- Provide education on Photobiomodulation Light Therapy.
- Provide instruction on Photobiomodulation Light Therapy Inlight Medical Device use.
- Present case studies on light therapy treatment recommendations for specific conditions and injuries.
- Present continuing education events for health providers to learn how to integrate Light Therapy into their practice.

Ski Town Psychotherapy LLC, (Owner) Steamboat Springs, Colorado (2014-2016).

Licensed Social Worker.

Private Practice focus and responsibilities included,

- Developing intervention protocols for neurocognitive symptoms and domains (DSM 5).
- Collaboratively working with clients to develop individualized treatment interventions aimed at alleviating presenting symptoms.
- Use of Brainspotting and other psychotherapeutic treatments (such as CBT, DBT, ACT, psychodynamic, solution focused, narrative therapy and motivational interviewing) to address emotional and physical traumas.
- Provide photobiomodulation low level laser light therapy in helping clients resolve and heal from physical injuries and chronic pain.
- Provide sports performance expansion and mental conditioning programs in person and via telemedicine platforms.

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- Specialized focus in helping athletes heal from sports physical and mental traumas (including injuries in all sport disciplines and athletes of all ages).

Routt County Department of Human Services, Steamboat Springs, Colorado (2008-2012).

Program Director & Technician responsibilities included,

- Federal & State Mandated Welfare Program(s) (SNAP, SSI, LEAP and Medicaid) Director.
- Welfare Program Eligibility Technician.
- Welfare Program Case Manager.
- Community Resource Outreach Specialist.
- Northwest Colorado Medicaid Program Representative.

Laurel Street Preschool, Steamboat Springs, Colorado (2007-2008).

Responsibilities included,

- Preschool Teacher of basic curriculum ages 2-4.

Poudre Valley Health Systems: Heart Center of the Rockies, Fort Collins, Colorado (2006-2007). Responsibilities included,

- Electrocardiograph Technician.
- Halter/Cardiac Event Telemetry Monitor.
- CORE Event Team Member.

ADDITIONAL EXPERIENCE

Old Town Hot Springs, Steamboat Springs, Colorado (2008-2013).

- American Red Cross Water Safety and Swim Instructor
- Competitive Swim Program Coach
- American Red Cross Life Guard

Steamboat Ski and Resort Group, Steamboat Springs, Colorado (2012-2013).

- Alpine Ski Instructor

Fort Collins Fitness Center, Fort Collins, Colorado (2006-2007).

- Front Desk Attendant

24 Hour Fitness, Broomfield, Colorado (2006).

- Personal Trainer
- Create Individual Nutrition Program
- Create Individual Fitness Program

Bally Fitness, Westminster, Colorado (2005).

- Personal Trainer
- Create Individual Nutrition Program
- Create Individual Fitness Program

Crossroads Fitness Center, Grand Junction, Colorado (2004-2005).

- American Red Cross Water Safety and Swim Instructor
- American Red Cross Lifeguard

City of Fruita Swimming Pool, Fruita, Colorado (2004).

- American Red Cross Water Safety and Swim Instructor
- American Red Cross Lifeguard

The City of Craig Swimming Complex, Craig, Colorado (1999-2002).

- American Red Cross Water Safety and Swim Instructor
- American Red Cross Lifeguard
- Water Aerobics Instructor

FIELD EXPERIENCE

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Colorado State University: School of Social Work: MSW: Advanced Generalist: Fort Collins, Colorado (2011-2013).

Responsibilities included,

- **Research and Program Evaluation**
 - Community Leadership Training in Larimer County
- **Dissertation and Defense: Community Leadership Training: *Learning to Lead* (2013).**
 - Masters Committee:
 - Chair: Nancy Banman MSW, PhD
 - Susan Tungate MSW, PhD
 - Lind Kuk PhD

Colorado State University: MSW: Advanced Generalist 1000 Hours.

Non-Profit Management and Administration: Executive Director Lift-Up of Routt County: David Freseman M.TH. Steamboat Springs, Colorado (2011-2012).

Responsibilities included,

- Overseeing Non-Profit office management and business processes.
- Researching food value in relationship to the area food cost.
- Monitoring volunteers.
- Fund raising event creation and application.
- Assisting in daily budget monitoring and management.
- Attending community collaboration board and steering committee meetings.
- Assisting in identification and administration of the “Routt County Christmas Wishes Program” Routt County Collaborative with Northwest Colorado’s United Way.
- Helping organize and implement “The Routt County Bridges Initiative”.
- Writing and Co-writing grant applications.
- Attending a Board of Directors Agency Improvement Retreat.
- Overseeing Food Bank and Client Assistance Programs Management and Operations.
- Assisting in the development and implementation of the local programs “The Backpack Program” and the summer “School Lunch Program” Administrator: Sherri McKnight.

Colorado State University: MSW: Advanced Generalist 500 Hours.

Clinical Social Worker Private Practice: Roger M. Reynolds LCSW and Associates. Steamboat Springs, Colorado (2011).

Responsibilities included,

- Conducting child family investigation.
- Providing Divorce Mediation.
- Providing Psycho-education and certification for family members of sex offenders to have supervised parental visitations.
- Co-facilitating State Mandated Sex Offender Treatment Groups.
- Research on prevalence of “sexting” in Steamboat Springs School District grades 10-12.
- Individual Clinical Therapist: Brainspotting, CBT and Systems.

Colorado Mesa University: BA: Human Performance and Wellness: Exercise Science 45 Hours.

Program Internship: Public Health Worker: Kelli Kessell BS, MPH.

Western Colorado Area Health Education Center: Grand Junction, Colorado (Summer 2004).

- Public Health Office Administration and Facilitation of Public Health CEU opportunities for Health and Human Service Professionals.
- Western Colorado Obesity Awareness and Cessation Initiative organized a screening of the movie “Super Size ME “and sat on panel of local health professionals to field community questions and give health education to Mesa County Residents following the screening.
- Co-Instructed “The Summer Health Careers Institute” a week-long camp designed for high school students interested in exploring health related careers.

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Kessell Wellness Consulting: Grand Junction, Colorado (**Spring 2004**).

- Assisted in-instructing third and fifth grade nutrition program implemented in Mesa County Public School(s) Orchard Mesa after school activity "Stepping Up".

Colorado Mesa University: BA: Human Performance and Wellness: Exercise Science **30 Hours**.

Athletic Training Lab Practicum: Michael Reeder M.D. Grand Junction, Colorado (**Spring 2004**).

- Prevention and Care of Athletic Injuries CMU Varsity Sports Training Room.

Colorado Mesa University BA: Human Performance and Wellness: Exercise Science **30 Hours**.

Special Populations Psychomotor Disabilities and Adaptations: Practicum: Jill Cordova Ph.D. Grand Junction, Colorado (**Spring 2004**).

- Creator and Administrator of a Physical Education program for "at risk" Mesa County Male Juvenile Delinquents.

Colorado Mesa University (Formerly Mesa State College): BA: Human Performance and Wellness: Exercise Science **30 Hours**.

Exercise Physiology Lab Practicum: Guy "Gig" Leadbetter Ph.D. Grand Junction, Colorado (**Fall 2003**).

- Dietary Analysis and Dietary Recommendations: The Colorado Mesa University Dance Team.
- Heart Rate and Blood Pressure Monitoring During Cardio-Pulmonary Rehabilitation Exercises at Saint Mary's Cardiac Rehabilitation Center.
- Instructed health and wellness classes required for CMU Freshmen.

ORGANIZATIONS

- **Sick Not Weak Suicide Prevention Initiative:** Advocate, Provider (**2016-current**).
- **Brain Injury Alliance of Washington (BIAW):** Advocate, Provider (**2016-current**).
- **Concussion Legacy Foundation:** Ambassador, Advocate, Provider (**2015-current**).
- **Rocky Mountain Brainspotting Institute:** Licensed Social Worker Member Boulder Colorado (**2015-current**).
- **American Academy of Neurology (AAN):** Provider (**2014-2016**).
- **Central Park Management Chinook Townhomes Home Owners Association:** Board of Directors Member, Treasurer: Steamboat Springs Colorado (**2013-current**).
- **Gamma Beta Phi National Collegiate Honor Society** CSU Department of Food Science and Human Nutrition (**2012-current**).
- **Phi Alpha National Collegiate Honor Society Chapter: Theta Pi** CSU School of Social Work (**2011-current**).
- **National Association of Social Work (NASW)** Member Colorado Chapter (**2014-2017**).
- **Board of Directors Member:** Chair: Fundraising Committee and served on the Marketing Committee Lift-Up of Routt County (**2009-2012**).
- **American Heart Association (AHA):** Cardiopulmonary Resuscitation Certification and Training AHA Northwest Chapter Colorado (**2005-2010 & 2010-2012**).
- **Social Service Technical and Business Staff (SSTABS)** State of Colorado Social and Human Services: Employee Service Delivery Improvement Organization Member (**2009-2011**).
- **National Collegiate Athletic Association (NCAA) Division II Rocky Mountain Athletic Conference: (RMAC)** Athlete CMU Varsity Cross Country (**2003-2004**) & (**2004-2005**).
- **Exercise Physiology Research Club:** Secretary & Treasurer CMU Department of Exercise Science (**2003-2004**) & (**2004-2005**).

LICENSES & CERTIFICATIONS

- **Washington State Department of Health:** Licensed Independent Clinical Social Worker: License Number: LW 60995515 (**2019-current**)

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- **Colorado Department of regulatory Affairs:** Licensed Clinical Social Worker: License Number: CSW 09925343 (2018-current).
- **Board of Advanced Health Sciences:** Certified Light Therapist: (2017-current).
- **Washington State Department of Health:** Licensed Independent Clinical Social Worker Associate: License Number: SC 60697187 (2016-2019).
- **Colorado Department of Regulatory Affairs:** Licensed Social Worker: License Number: LSW 0009920852 (2015-2018).
- **Colorado Department of Regulatory Affairs:** Registered Non-Licensed Psychotherapist: (2014-2015).
- **State of Colorado:** Certified Mediator (2013-current).
- **Food Bank of The Rockies:** Food Safety Certification Lift-Up of Routt County Food Bank 1st net learning course. Steamboat Springs, Colorado (2011).
- **National Outdoor Leadership School (NOLS):** Wilderness First Responder (WFR) Certification. Grand Junction, Colorado (2005-2007).
- **American Red Cross (ARC)**
 - **Lifeguard:** Certification Craig & Grand Junction & Steamboat Springs Colorado (1998-2015).
 - **Cardiopulmonary Resuscitation (CPR) and AED for the Professional Rescuer Adult and Pediatric First Aid:** Certification Craig & Grand Junction & Broomfield & Fort Collins & Steamboat Springs (1998-current).
 - **Water Safety & Swim Instructor:** Certification (2001-2015).

PROFESSIONAL TRAININGS & CONFERENCES

- **Quantum University:** *Neurolinguistic Programing:* 30 CEUs. Honolulu Hawaii (2019),
- **Ethics for Mental Health Professionals:** *Essential Ethical & Legal Issues:* 6CEs. Dr. Samara C. Kezele Fritchman LMHC, JD, PhD Mount Terrace, Washington (2019).
- **Adler & Giersch Attorneys** *Effectively Managing Your Personal Injury Your Personal Injury Case, Insurers and Attorneys:* 6 CEs. Bellevue Washington (2019).
- **International Association of Eating Disorders Professionals:** 4 hr Presentation *on The Path to Peace: Treating Binge Eating Disorder through a trauma-informed Lens:* 2.5 CECs. Seattle, Washington (2019).
- **Big Sky Athletic Training and Sports Medicine Conference (BSATSMC):** 5 Day Conference: Sports Concussion, Sports Injury Rehabilitation and Sports Performance Expansion. Big Sky, Montana 18 CECs (2019).
- **Brainspotting International:** 3 Day Event Brainspotting Phase IV Training 21 CEUs **David Grand Ph.D.** Atlanta, Georgia (2018).
- **Thor Photobiomodulation Training:** 1 Day Event 8 CEUs. **James Carroll.** Seattle, Washington (2018).
- **Medical & Legal Seminar on Traumatic Brain Injuries:** 1 Day Event 8 CEUs Seattle, Washington (2018).
- **Brainspotting International:** 3 Day Event Brainspotting Phase III Training 21 CEUs. **David Grand Ph.D.** Atlanta, Georgia (2017).
- **Brain Health Coaching Certification Course:** 50 CEUs Daniel Amen M.D. Clinics online (2017-current)
- **Amen Clinics: Northwest: Grand Rounds:** 2hr Presentation *QEEG Guiding Assessment for Identifying and Remediating Functional Brain Dysregulations* 1CEU. Bellevue, Washington (2017).
- **International Association of Eating Disorders Professionals:** 4hr Presentation *Eating Disorders and the World of Sports* 2.5 CECs. Mercer Island, Washington (2017).
- **Eating Recovery Center of Washington,** 1 Day Training Provider training and On Site In-Patient Clinic Tour 6 CECs. Bellevue, Washington (2017).
- **Big Sky Athletic Training and Sports Medicine Conference (BSATSMC):** 5 Day Conference: Sports Concussion, Sports Injury Rehabilitation and Sports Performance Expansion. Big Sky, Montana 18 CECs (2017).
- **A-Train Education:** HIV/AIDS Training for Healthcare Professionals. 4 CEUs online (2016).
- **American Academy of Neurology Sports Concussion Conference (AANSCC):** 3 Day Conference 18 CECs. Chicago, Illinois (2016).
- **Quantum Academies:** 5 Day Certified Light Therapist Training **Marcie Denton MA CLTI, Ginger Bowler Ph.D. CLTI, Isabel Martinez CLTI.** Boulder, Colorado (2016).
- **First International Brainspotting Conference:** 4 Day Conference. Rio De Janario, Buzios Brazil (2016).

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- **American Academy of Neurology Sports Concussion Conference (AANSCC):** 3 Day Conference 18 CEUs. Denver, Colorado (2015).
- **Brainspotting International:** 3 Day Event Masters Brainspotting Training 21 CEUs **David Grand Ph.D.** Boulder, Colorado (2015).
- **National Academy of Sports Medicine (NASM):** 1 Day Event Sports Performance Workshop 8 CEU. San Francisco, California (2015).
- **Big Sky Athletic Training Sports Medicine Conference (BSATSMC):** 5 Day Conference: Sports Concussion, Suicide and Concussion, Sports Injury Rehabilitation and Sports Performance Expansion Big Sky, Montana (2015).
- **National Academy of Sports Medicine (NASM):** 2 Day Event 1.6 CEUs Advanced Training Denver, Colorado (2014).
- **National Association of Orthopedic Technologists:** Orthotic Fitter Certificate of Completion 21 CEUs **Morgan McClarnon** Atlanta, Georgia (2014).
- **Brainspotting International:** 3 Day Event Brainspotting Phase III Training 17 CEUs **David Grand Ph.D.** Green Bay, Wisconsin (2014).
- **Brainspotting International:** 2 Day Event Brainspotting Phase II Training 14 CEUs **Robert Weiz Ph.D.** Santa Fe, New Mexico (2014).
- **Brainspotting International:** 2 Day Event Brainspotting Phase I Training 14 CEUs **Margot P. Nacey Ed.D.** Loveland, Colorado (2012).
- **State of Colorado Discrimination Training:** Routt County. Steamboat Springs, Colorado (2010, 2011 & 2012).
- **Bridges out of Poverty Training:** 1 Day Event 1 CEU Applying Bridges Concepts **Jim Ott Ph.D.** Steamboat Springs, Colorado (2011).
- **Department of Health Care Policy and Financing (HCPF): State of Colorado**
 - Adult Medical & Medicare Savings Program, Family Medical Assistance, Family Medicaid Parent Expansion, Child Health Plan Plus, Single without Children Adult Expansion and Long Term Care.
 - Stakeholder Meetings. Steamboat Springs, Colorado (2012).
 - Annual Conference & Training. Grand Junction, Colorado (2012).
 - Program Administrator Training. Denver, Colorado (2011).
 - Stakeholder Meetings. Eagle, Colorado (2011).
 - Annual Conference & Training. Denver, Colorado (2010).
 - Stakeholder Meetings. Grand Junction, Colorado (2010).
- **Southern Institute on Children and Families (SICF): Colorado Eligibility Process Improvement Collaborative (CEPIC).** Colorado Medicaid Program Service Delivery Process Improvement Training Four separate 2 day training modules **Vickie Grant MSW PhD** Denver, Colorado (2010-2012).
- **Low Income Energy Assistance Program (LEAP): State of Colorado**
 - Program Administrator Training. Aurora, Colorado (2010).
 - Annual Conference. Denver, Colorado (2010, 2011).
 - Technician Training. Grand Junction, Colorado (2009).
- **Social Services Technical and Business Staff (STABBS):**
 - Annual Conference
 - Grand Junction, Colorado (2010 & 2011).
 - Steamboat Springs, Colorado (2009).
- **Bridges out of Poverty:** Training 1 Day Event 1 CEU Framework Understanding Poverty and Learning Structures Quincy University **Terie Dreussi-Smith M.A. Ed.** Steamboat Springs, Colorado (2009).
- **State of Colorado Department of Education:** Authorization as a substitute teacher within Colorado Public Schools Denver, Colorado (License Number 0334370) (2006-2007).
- **National Outdoor Leadership School (NOLS): Wilderness First Responder (WFR) Training** Grand Junction, Colorado (2005).
- **American Red Cross (ARC):**
 - **Lifeguard:** Training Craig & Grand Junction & Steamboat Springs, Colorado (1998, 2004, 2008).

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- **Cardiopulmonary Resuscitation (CPR) and AED for the Professional Rescuer Adult and Pediatric First Aid:** Training Craig & Grand Junction & Broomfield & Fort Collins & Steamboat Springs, Colorado (**1998-2015, 2019**).
- **Water Safety & Swim Instructor:** Training Craig, Grand Junction & Steamboat Springs, Colorado (**2001, 2004, 2013**).

PROFESSIONAL SPEAKING EVENTS

- **Techstars Start Up Week Seattle** *How Technology enables athletes to participate in sports psychology sessions all over the World, How the technology of Photobiomodulation allows athletes to heal sports injuries including concussions up to 50% faster and how QEEG Technology enables us to see the health of our brain* (**2019**).
- **Community Resiliency Resourcing Retreat** *What is Brainspotting? & Lead Group Brainspotting Experientials* (**2019**).
- **1st Ever Washington Sports Medicine Combine** *How Neurophysiology can assist you in Expanding on Your Performance in Sports and in Life.* Issaquah Washington (**2019**).
- **Mental Health Professional Panel:** *Emerging Mental Health Modalities.* Bellevue, Washington (**2018**).
- **United States Gymnastics Region Eight Elite Athlete Clinic:** *How Athletes Win Using Neurophysiology.* Boise, Idaho (**2018**).
- **University of Seattle Professional Panel:** *Mental Health Awareness in Athletics.* Seattle, Washington (**2017**).
- **First International Brainspotting Conference:** *Case Study of Two United States Freestyle Mogul Ski Team Members.* Rio De Janeiro, Buzios Brazil (**2016**).

FUND RAISING

Lift-Up of Routt County Food Bank and Client Assistance

- **Annual Coat Drive.** Steamboat Springs, Colorado (**2011**).
- **Pasta for the People Boathouse** Pub and Restaurant. Steamboat Springs, Colorado (**2011**).
- **2nd Annual Pasta for the People** Yampa Valley Community Center. Steamboat Springs, Colorado (**2012**).

GRANTS

Lift-Up of Routt County Food Bank and Client Assistance

- **Colorado Department of Health Care Policy and Financing:** Wrote grant for Program Eligibility Application Kit (PEAK) Outreach Project for a computer to place in the lobby of the Lift-Up Food Bank: AWARDED Steamboat Springs, Colorado (**2012**).
- **Energy Out Reach Colorado:** Wrote annual grant for \$63,000 for Lift Ups' Client Utility Fund Assistance Program: AWARDED Steamboat Springs, Colorado (**2012**).
- **United Way:** Co-Wrote annual grant for \$16,500 in Organization Operational Budget; AWARDED Steamboat Springs, Colorado (**2012**).