

Paramount Family Centre

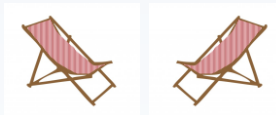
JK/SK and School Age Before and After care- REGISTRATION NOW ON!

Be sure to grab a registration form in order to sign up for before and after school care this coming September 2017. This program can only accommodate 10 children for before school care and 10 children for after school care. Registrations are accepted on a first come first serve basis.



Please remember to give 2 weeks' notice of vacation, change in schedule or withdrawal from program in written/email or HiMama message format.

**Mother/Father BBQ June 9
on the Patio from 3:30 p.m.-5:30 p.m.
BRING YOUR OWN LAWN CHAIR!**



DoTerra Workshop- A small group got together to learn more about the many benefits of incorporating essential oils in daily use! Thank you to Melanie for presenting such great information! Thank you to the participants as well for taking time out of your day to engage with parents and PFC Staff!



- PFC Staff

Special Dates:

June 9 P.A. Day both boards

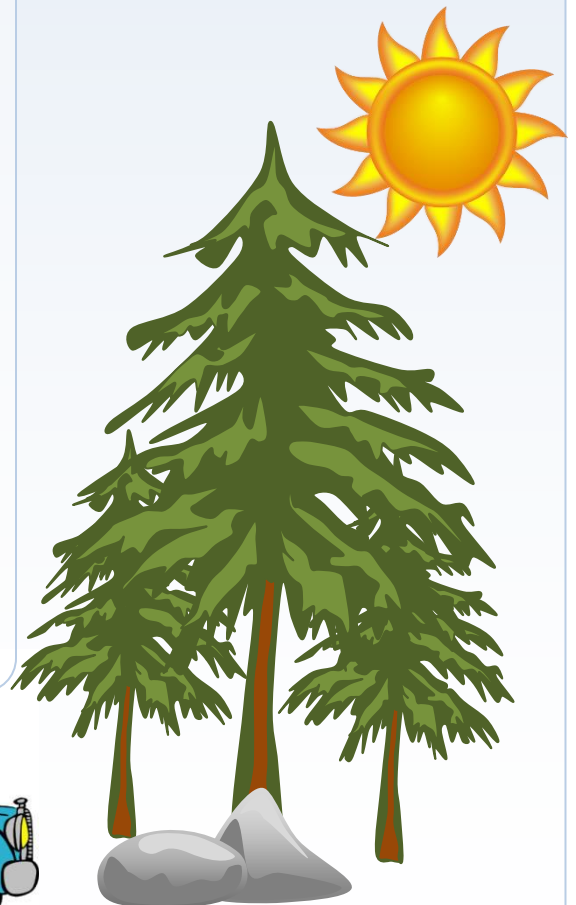
June 9 Mother/Father BBQ 3:30-5:30 p.m. side patio- All are welcome!

June 11 Paramount Drive Alliance Church BBQ- starting @ 10:30 a.m. All are welcome!

June 29 Last day of School Billy Green

June 30 P.A. Day Billy Green

June 30'th Early Dismissal (12:20 p.m.) and Last Day of School for St. Paul



Toddler Talk

Hello everyone! The month of May started off a little wet but that's okay because it provided the class with **Muddy Puddles**. Yes, it was messy for all but it provided fun and so many smiles. During nature walks and outdoor time the toddlers observed the sights and sounds of spring. We listened to birds, looked at blooms on the trees and felt the rain. Outdoor play provides physical benefits but also strengthens perception, attention and complex thinking. So, on your next family walk; be mindful of the surrounding environment. Please bring in any natural items you may find such as a piece of tree bark. Something so simple provides communication, science and sensory experiences. It also supports the bridge between home life and daycare.

As May progressed the toddlers assisted in beautifying the outdoor classroom. Planting flowers, fruits and vegetables supported the toddler's awareness of their surrounding environment and provided a sense belonging. Please continue to bring in clothing for all weather. We do take walks in the rain so extra clothes would be appreciated. For those sunny days, we need sunscreen and sun hats. Please make sure your child's items are labelled.

During the month of June, the goal is to spend even more time in the outdoor classroom. On really hot days we plan to do water play. This gives the toddlers the opportunity to splash around and cool off. Water is provided to drink during outdoor play but we ask you to bring a Sippy cup or thermos to keep in your child's cubby. So as soon as we come indoors a cold drink is ready for your child. Please take the cups home to be washed and refilled every day. We appreciate your support.

Enjoy the warmth of June and Happy Father's Day!

Miss Martha, Miss Ana and Miss Shannon

Preschool 1 Bulletin

May was filled with lots of fun activities and as sad as it is to see it come to an end we are all very excited to say hello to June and all the beautiful weather it will bring to us. During the month of May, we celebrated our beautiful mothers by making gifts. We have been working on behaviour management this month and will continue to improve. This month we are focusing on nature themed learning. We will talk about things we see in nature and in the forest. We will be going on a bear hunt, having a teddy bear picnic, building our very own campsite in our classroom and eating s'mores of course, yummy! Our outdoor area is fully open for the summer season. So please feel free to walk through and look at our wonderful nature area when you pick up your child. We will also be planting flowers very soon so we can watch them grow and enjoy our very own summer garden. As the warmer weather is upon us now, please remember to bring in sunscreen to leave here at the centre and always come with a sunhat. On hot days, we like to cool down with spontaneous water play. Please bring in a bathing suit and a towel (swim diapers if required) that can be on hand every day. Please make sure that your child has extra weather appropriate clothes in their bag just in case. June is going to be a great month as we are all going to enjoy the beginning of summer and sunshine!

- Miss. Shamima and Miss. Natalie

Preschool 2 News!

May went by quick as a flash! The super heroes had many missions this month. We used team work and negotiating skills to get down the bad robot. We used problem solving skills when doing super hero science, rescuing the families from the ice. One of the favourite additions made this month was the rope swing in the forest. The children had to use their upper body strength and core strength to soar like a super hero through the air. The children had a great time making their way through the obstacle course where they had to go over, under, do jumping jacks on a trampoline, and lift weights over their head. They cheered each other on while doing the course.

We have been adding more and more to our outdoor classroom. If you have not had a chance to see it yet, please take the time to go up and check it out. We already have a kitchen, a song and story fire pit & the beginnings of a stage. We are still looking to add more, if you have tools and time we'd love your help. We are also looking for donations such as outdoor water proof totes, left over project wood, or even an old row boat or canoe that has wholes and can no longer float- thank you!

- Miss Kelly.



Preschool 3

The leaves have bloomed and the flowers have blossomed and we are having so much fun running, jumping, climbing, and exploring our natural world outdoors! We would like to especially give a huge thank you to our Raposo, Pzerwa, and Dunlop families for their huge contributions to our play areas this Spring! We have used wooden pallets to help us build mud kitchens and performance stages and the children have been using our new bowls and tweezers to mix and transform materials, both in the forest area and in our newly topped up sand box!

Our outdoor science observations have also led on a learning journey to discover more about worms, bugs, birds and trees in the month of June. We are hoping to continue to fill our outdoor play time with the tools that will allow children to observe, question, discuss and converse with peers, and solve problems or reach conclusions on their own as they explore their outdoor environment.

At the same time, we will also be following an interest in learning about the natural environments and lifestyles of dinosaurs, along with how we can use resources, such as books, as a source to learn information!

We look forward to a fun-packed, creative month ahead! Please remember your water bottles, hats, close-toed shoes and sunscreen!

Miss Kelsey and Miss Les

Kinder News

"The world is mud-luscious and puddle wonderful." - E.E Cummings

We have been spending lots of time outdoors and talking about outdoors this past month and we plan to continue this into the next month. The children have also been very interested in bugs, mostly snails. I hope to provide a space in our forest for us to explore all the different type of bugs that we find in our forest.

Please make sure your child has a hat and sunscreen in their bag for after school. We will still be going outside during our usual outdoor routine.

Some important dates:

- Friday June 9th PA Day (both schools)
- Friday June 23rd PA Day (St Paul's)
- Friday June 30th PA Day (Billy Green)

Keep an eye out for the sign-up sheet!

- Miss. Christine

*"I am Summer, come to lure you
away from your computer...
come dance on my fresh grass,
dig your toes into my beaches."*

- Oriana Green



School Age News!

Wow, can you believe this is the last month of school! This year just flew by!

During the month of May, we had a few new changes happening around the school age room. We welcomed our new school age teacher, Miss Dianna into our room. We have recently created a quiet corner where children can go to self-regulate and be self-aware allowing them to have their own space. So far, we have seen success with this area and hope it only continues. We have seen some great changes among the classroom atmosphere and hope to see more in the future. This month we focused a lot on outdoor play and encouraged group activities and sports such as baseball, soccer and volleyball. We are also very fortunate to be able to explore the forest with the seasons changing, and discuss the many valuable things that nature has to offer as well as collecting bugs, leaves and other natural materials to investigate and play with. Next month we will continue to work with self-regulation and the importance of using our words to address issues that we are facing, instead of just walking away from the situation. Many friends have also created their very own groups (ex. Dancing) and have been diligently meeting up. We are so very proud and hope that this continues into the final month of school.

Just a reminder that we have upcoming P.A days for both schools, sign up will be posted shortly. The first is for both schools on June 9th and the second is on June 23 for St. Paul school. We hope everyone had a wonderful Mother's Day last month and we look forward to learning with your children through the last month of school.

Miss Shelby and Miss Dianna

- Redirection can work like a charm- instead of "NO" or "STOP THAT", try verbalizing the expectation calmly, offer a different toy or option to curve the direction of the situation into a more positive experience.
- Praise, praise, praise positive behaviour! Change up the usual "Good Boy/Girl/Try/Job" with comments like- "You've got it!", "I'm so proud of you!", "Hooray for you!", "You deserve a hug/high five!", "Getting better all the time!", "Good leadership!"
- Encourage self-regulation by allowing time and space for your child to calm down before problem solving the situation together. Make sure to help them express feelings by acknowledging and labelling them.

Celebrate National Donut Day June 2nd!



Tips and Tricks Used by ECE's to try at home!

- Promote independence- children can do much more than you think!
- Celebrate your child's effort- even if the result is far from perfect, practice makes perfect!
- Look for character building moments that enable children to problem solve on their own- if it's safe to, take a pause before coming to the rescue.
- Help your child to feel capable and like a valuable member of the family with contributions like helping with chores or small tasks.
- Children thrive on routine and consistency, always warn before transitioning to something new.
- If co-operation is failing, try a humorous approach to break the tension.
- Children can get overwhelmed when faced with difficult or challenging tasks like cleaning up a big mess. Use a teamwork approach to help make it manageable and more successful.

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June Hamilton Events

Re-enactment of the Battle of Stoney Creek
Saturday June 3 from 10 am - 10 pm and Sunday June 4 from 10 am - 4:30 pm

Experience the drama, pageantry, and excitement of one of the most important events in Canada's history. Bring the whole family for games, food, demonstrations, musical entertainment, fireworks, and the Re-enactment of 1813. Visit the Friends of Battlefield House at www.battlefieldhouse.ca for more information.

FREE Event in celebration of Canada 150!

Family Movie Nights at Fieldcote Memorial Park & Museum – “Pete’s Dragon” **June 09, 2017**

Join us for two free family movie nights presented by Ancaster FilmFest! Bring your own chairs, blankets and snacks and enjoy the feature presentations under the stars from dusk (9 pm).

FREE ADMISSION

Location: 64 Sulphur Springs Rd., Ancaster, ON, CA, L9G 1L8

Phone: 905-648-8144

Email: fieldcote@hamilton.ca

Website: www.hamilton.ca/fieldcote

PDAC Family Picnic Sunday June 11

- **Sunday Service at 10:30 am**
- **Firetruck crew and RCMP Officer & cruiser at 11:30 am**
- **Free BBQ at noon**
- **Candy Scramble, Giant Croquet, Face Painting and more!**

Don't forget your lawn chair!



June 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

