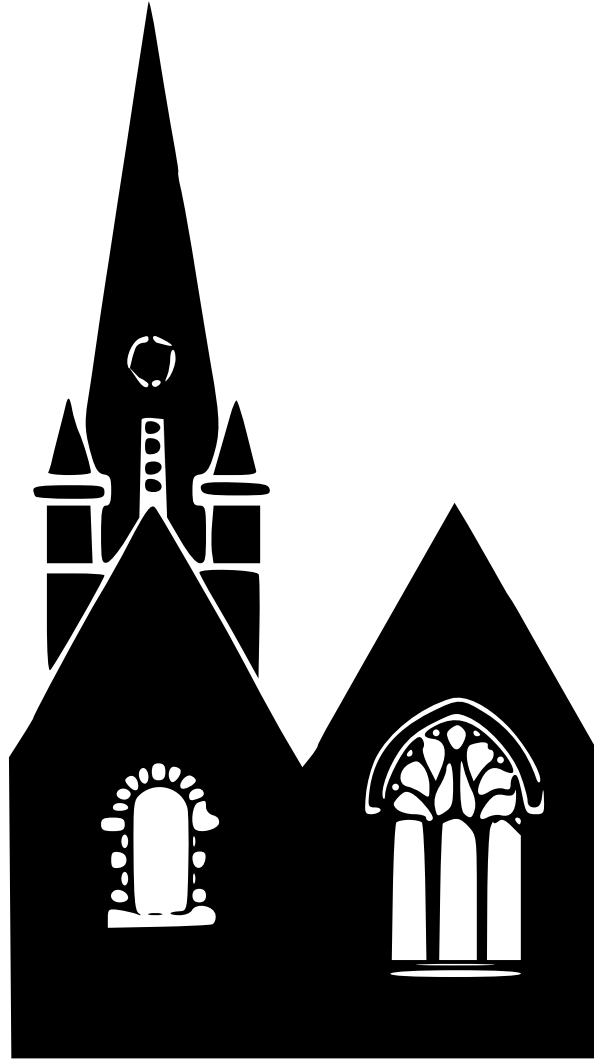


Parish Eucharist for the Third Sunday of Lent



St Michel du Valle, Guernsey

www.valechurch.gg

*Today's hymns are recorded by St Martin's Voices
from the church of St Martin in the Fields, London*

Guide me, O thou great Redeemer

Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty,
hold me with thy powerful hand:
bread of heaven,
feed me now and evermore.

Open now the crystal fountain
whence the healing stream doth flow;
let the fiery, cloudy pillar
lead me all my journey through:
strong deliverer,
be thou still my strength and shield.

When I tread the verge of Jordan
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:
songs of praises
I will ever give to thee.

Arglwydd arwain drwy'r anialwch
William Williams (1717-1791)

Translated by Peter Williams (1727-1796)

The Greeting

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All **Amen.**

Wherever we are we meet in the name of Christ who is present in every time and place as our friend and brother:

The Lord be with you.

All **And also with you.**

Prayers of Penitence

Our Lord Jesus Christ said:

The first commandment is this:

'Hear, O Israel, the Lord our God is the only Lord.

You shall love the Lord your God with all your heart,
with all your soul, with all your mind,
and with all your strength.'

The second is this: 'Love your neighbour as yourself.'

There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

All **Amen. Lord, have mercy.**

Compassion and forgiveness belong to the Lord our God,
though we have rebelled against him.

Let us then renounce our wilfulness and ask his mercy
by confessing our sins in penitence and faith.

Wash away all my iniquity
and cleanse me from my sin:

Lord, have mercy.

All **Lord, have mercy.**

Against you, you only have I sinned
and done what is evil in your sight:

Christ, have mercy.

All **Christ, have mercy.**

Create in me a pure heart, O God,
and renew a steadfast spirit within me:

Lord, have mercy.

All **Lord, have mercy.**

The priest proclaims God's forgiveness:

May almighty God have mercy upon us,
forgive us our sins,
and bring us to everlasting life.

All **Amen.**

The Collect

Let us pray.

Silence is kept.

Almighty God,
whose most dear Son went not up to joy but first he suffered pain,
and entered not into glory before he was crucified:
mercifully grant that we, walking in the way of the cross,
may find it none other than the way of life and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All **Amen.**

Old Testament Reading

(Exodus 20.1-17)

A reading from the Book of Exodus.

Then God spoke all these words:

I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it.

Honour your father and your mother, so that your days may be long in the land that the Lord your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbour.

You shall not covet your neighbour's house; you shall not covet your neighbour's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbour.

This is the word of the Lord.

All **Thanks be to God.**

Psalm

(Psalm 19:8-11)

The response to the psalm is:

You, Lord, have the message of eternal life.

All **You, Lord, have the message of eternal life.**

The law of the Lord is perfect,
it revives the soul.

The rule of the Lord is to be trusted,
it gives wisdom to the simple.

All **You, Lord, have the message of eternal life.**

The precepts of the Lord are right,
they gladden the heart.

The command of the Lord is clear,
it gives light to the eyes.

All **You, Lord, have the message of eternal life.**

The fear of the Lord is holy,
abiding for ever.
The decrees of the Lord are truth
and all of them just.

All **You, Lord, have the message of eternal life.**

They are more to be desired than gold,
than the purest of gold
and sweeter are they than honey,
than honey from the comb.

All **You, Lord, have the message of eternal life.**

New Testament Reading

(1 Corinthians 1.18-25)

A reading from the First Letter of Paul to the Corinthians.

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

‘I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.’

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling-block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

This is the word of the Lord.

All **Thanks be to God.**

Gospel Reading

(John 2.13-22)

All **Praise to you O Christ, King of eternal glory.**

I am the light of the world, says the Lord,
whoever follows me will have the light of life.

All **Praise to you O Christ, King of eternal glory.**

The Lord be with you.

All **And also with you.**

Hear the Gospel of our Lord Jesus Christ according to John.

All **Glory to you, O Lord.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money-changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money-changers and overturned their tables. He told those who were selling the doves, 'Take these things out of here! Stop making my Father's house a market-place!' His disciples remembered that it was written, 'Zeal for your house will consume me.' The Jews then said to him, 'What sign can you show us for doing this?' Jesus answered them, 'Destroy this temple, and in three days I will raise it up.' The Jews then said, 'This temple has been under construction for forty-six years, and will you raise it up in three days?' But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

Sermon

The Creed

All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of Intercession

In the intercessions the following response is often used:

All Lord, in your mercy
hear our prayer.

The Peace

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

All The peace of the Lord be always with you
and also with you.

Offertory Hymn

During the offertory hymn bread and wine are prepared and, normally, a collection would be taken for the work of Vale Church. Of course, in this current situation it is not possible to pass a collection basket around, but the expenses of running the church continue. If you are able to give towards the work of the church, please send a cheque payable to Vale Church to Vale Church Rectory, L'Abbaye, Vale, Guernsey, GY3 5SF or contact Fr Stuart for bank transfer details or a Standing Order form. You can also now donate online with a credit or debit card at <https://www.valechurch.gg/donate>. Thank you for your support.

O for a closer walk with God,
a calm and heavenly frame,
a light to shine upon the road
that leads me to the Lamb.

Return, O holy Dove! return,
sweet messenger of rest!
I hate the sins that made Thee mourn,
and drove Thee from my breast.

The dearest idol I have known,
whate'er that idol be,
help me to tear it from Thy throne,
and worship only Thee.

So shall my walk be close with God,
calm and serene my frame;
so purer light shall mark the road
that leads me to the Lamb.

William Cowper (1731-1800)

Prayer over the Offerings

Be present, be present, Lord Jesus Christ, our risen high priest, make yourself known to us; though we are separated unite us in faith; though we are apart grant us the communion of the Holy Spirit.

All **Amen.**

Eucharistic Prayer C

All The Lord be with you *(or)* The Lord is here.
and also with you. *(or)* **His Spirit is with us.**

All Lift up your hearts.
We lift them to the Lord.

All Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right,
it is our duty and our joy,
at all times and in all places
to give you thanks and praise,
holy Father, heavenly King,
almighty and eternal God,
through Jesus Christ our Lord.

And now we give you thanks
because each year you give us this joyful season
when we prepare to celebrate the paschal mystery
with mind and heart renewed.

You give us a spirit of loving reverence for you
and of willing service to our neighbour.

As we recall the saving acts that give new life in Christ,
you bring the image of your Son to perfection within our hearts.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and singing:

All

**Holy, most holy, all holy the Lord,
In power and wisdom for ever adored.
The earth and the heavens are full of your love;
Our joyful hosannas re-echo above.**

**Blessed, most blessed, all blessed is he
Whose life makes us whole, and whose death sets us free;
Who comes in the name of the Father of light,
Let endless hosannas resound in the height.**

All glory be to you, our heavenly Father,
who, in your tender mercy,
gave your only Son our Saviour Jesus Christ
to suffer death upon the cross for our redemption;
who made there by his one oblation of himself once offered
a full, perfect and sufficient sacrifice, oblation and satisfaction
for the sins of the whole world;
he instituted, and in his holy gospel commanded us to continue,
a perpetual memory of his precious death until he comes again.

Hear us, merciful Father, we humbly pray,
and grant that, by the power of your Holy Spirit,
we receiving these gifts of your creation, this bread and this wine,
according to your Son our Saviour Jesus Christ's holy institution,
in remembrance of his death and passion,
may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

All

Christ is the bread of life:

**When we eat this bread and drink this cup,
we proclaim your death, Lord Jesus,
until you come in glory.**

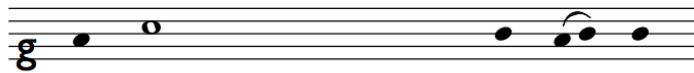
Therefore, Lord and heavenly Father,
in remembrance of the precious death and passion,
the mighty resurrection and glorious ascension
of your dear Son Jesus Christ,
we offer you through him this our sacrifice of praise and thanksgiving.

Grant that by his merits and death,
and through faith in his blood,
we and all your Church may receive forgiveness of our sins
and all other benefits of his passion.

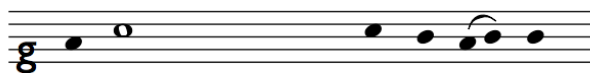
Although we are unworthy, through our manifold sins,
to offer you any sacrifice,

yet we pray that you will accept this
the duty and service that we owe.

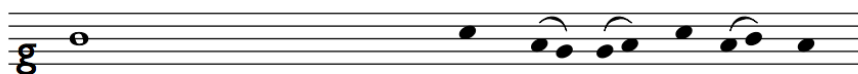
Do not weigh our merits, but pardon our offences,
and fill us all who share in this holy communion
with your grace and heavenly blessing;
through Jesus Christ our Lord.



by whom, and with whom, and in whom,



in the unity of the Ho-ly Spi-rit,



all honour and glory be yours, al - migh - ty Fa - ther,



for ev - er and ev - er. **A - men.**

The Lord's Prayer

Trusting in the compassion of God,
let us pray with confidence as our Saviour has taught us

All **Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

We break this bread
to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

Lamb of God

All **Jesus, source of everlasting life:
Jesus, source of reconciling love:
Hear our prayer, have mercy; hear our prayer, have mercy;
give us your peace.
Jesus, by whose suffering we are healed:
Jesus, man of sorrows, friend of grief:
Hear our prayer, have mercy; hear our prayer, have mercy;
give us your peace.
Jesus, crucified, transcending time:
Jesus, Saviour, by whose death we live:
Hear our prayer, have mercy; hear our prayer, have mercy;
give us your peace.**

**Jesus, Lord of life and Lord of light:
Jesus, here in form of bread and wine.**

**Hear our prayer, have mercy; hear our prayer, have mercy;
give us your peace.**

Giving of Communion

Behold the Lamb of God.

Behold him who takes away the sin of the world.

Blessed are those who are called to his supper.

All **Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Prayer after Communion

Silence is kept.

Merciful Lord,

grant your people grace to withstand the temptations

of the world, the flesh and the devil,

and with pure hearts and minds to follow you, the only God;

through Jesus Christ our Lord.

All **Amen.**

Almighty God, we thank you for feeding us by your holy Word and by our fellowship in the body of Christ. United with him and with all the baptised in every time and place we offer you our souls and bodies to be a living sacrifice. Sustain us in our isolation by the power of your Spirit, that we may live in peace, and free from all anxiety, to your praise and glory.

All **Amen.**

Blessing

All This is love, not that we loved God,
but that he loved us and sent his Son.

All He is the sacrifice for our sins,
that we might live through him.

All If God loves us so much
we ought to love one another.

All If we love one another
God lives in us.

All The Lord be with you
and also with you.

Bow your heads and pray for God's blessing.

All God,
who from the death of sin raised you to new life in Christ,
keep you from falling and set you in the presence of his glory;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

Dismissal

All Go in the peace of Christ.
Thanks be to God.

Hymn

I heard the voice of Jesus say:
'Come unto me and rest;
lay down, thou weary one, lay down
thy head upon my breast.'
I came to Jesus as I was,
weary and worn and sad,
I found in him a resting-place,
and he has made me glad.

I heard the voice of Jesus say:
'Behold, I freely give
the living water; thirsty one,
stoop down and drink and live.'
I came to Jesus, and I drank
of that life-giving stream;
my thirst was quenched, my soul revived,
and now I live in him.

I heard the voice of Jesus say:
'I am this dark world's Light;
look unto me, thy morn shall rise,
and all thy day be bright.'
I looked to Jesus, and I found
in him my star, my sun;
and in that light of life I'll walk,
till travelling days are done.

Horatius Bonar (1808-1889)

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