Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Octoberkland Saint Jo		n Hall	9:00 Morning Coffee Connections Lobby 10:00 New To You Sale Marco Polo 10:30 Keeping Fit Fundy Fitness 2:00 Sip & Chat Lobby 6:00 After Supper w/ Con Zaat The Falls	9:00 Morning Coffee Connections Lobby 10:30 Keeping Fit Fundy Fitness 12:00 October Celebration Cake The Falls 1:30 Bags for Food Bank Marco Polo 2:00 Sip & Chat <sub>Begins</sub> Lobby	9:00 Morning Coffee Connections Lobby 2:00 Sip & Chat Lobby 6:30 Movie Night Mayfair
9:00 Morning Coffee Connections Lobby  2:00 Sip & Chat Lobby	Connections Lobby 10:30 Keeping Fit Fundy Fitness 2:00 Guest Speaker-Prof. Gregory Marquis-"-"The 1985 Hatfield Drug Trial" Mayfair	Connections Lobby 10:00 Catholic Mass Marco Polo 10:30 Keeping Fit Fundy Fitness 1:00 Recreation Outing- Superstore/Dollarama- Sign-up	Connections Lobby 10:00 Recreation Outing-Ganons Chocolatier Tour/Lunch Pizza Delight-Sign up 2:00 Sip & Chat Lobby 6:30 Movie Night Mayfair	Fundy Fitness  2:00 Sip & Chat Lobby  2:00 Bible Reflection w/ Dr. Bruce Smith Mayfair  Mia-Vacation	Connections Lobby 10:30 Keeping Fit Fundy Fitness 1:30 Afternoon of Music w/ Con Zaat Marco Polo	9 9:00 Morning Coffee Connections Lobby 2:00 Sip & Chat Lobby 6:30 Movie Night Mayfair  Simchat Torah Begins
9:00 Morning Coffee Connections Lobby  2:00 Sip & Chat Lobby		Connections Lobby 10:00 Catholic Mass Marco Polo 10:30 Keeping Fit Fundy Fitness 1:30 Bingo Lobby 2:00 Sip & Chat Lobby 3:00 Colour&Polish-Nail Care Fundy Fitness 6:00 Live Entertainment-	9:00 Morning Coffee Connections Lobby  10:30 Keeping Fit Fundy Fitness  1:00 Recreation Outing- Value Village Halloween Shop/McAllister Mall-Sign-up  2:00 Sip & Chat Lobby  6:30 Movie Night Mayfair	Connections Lobby  10:30 Keeping Fit Fundy Fitness  1:30 PSJ 5 <sup>th</sup> Year Anniversary Social Lobby  2:00 Sip & Chat	Connections Lobby 10:30 Keeping Fit	6 9:00 Morning Coffee Connections Lobby 2:00 Sip & Chat Lobby 6:30 Movie Night Mayfair  Happy Anniversary, Barbara & Cal Craig!
9:00 Morning Coffee Connections Lobby 2:00 Sip & Chat Lobby	Connections Lobby  10:30 Keeping Fit  Fundy Fitness  1:30 Scrabble/Rummikub/  Crokinole Lobby	Connections Lobby 10:00 Catholic Mass Marco Polo 10:30 Keeping Fit	9:00 Morning Coffee Connections Lobby 10:30 Keeping Fit Fundy Fitness 1:00 Recreation Outing- Superstore/Dollarama- Sign-up 2:00 Sip & Chat Lobby 6:30 Movie Night Mayfair	9:00 Morning Coffee Connections Lobby 10:30 Keeping Fit Fundy Fitness 1:30 Bowling Loyalist Lanes 2:00 Sip & Chat Lobby	9:00 Morning Coffee Connections Lobby 10:30 Keeping Fit Fundy Fitness 1:30 Residents' Council Meeting Marco Polo 2:00 Sip & Chat Lobby Happy Anniversary, Betty & Vincent Ferguson!	9:00 Morning Coffee Connections Lobby 2:00 Sip & Chat Lobby 6:30 Movie Night Mayfair  Happy Birthday, Harry Taukulis!
9:00 Morning Coffee Connections Lobby  2:00 Sip & Chat Lobby	Connections Lobby  10:30 Keeping Fit  Fundy Fitness  1:30 Left-Right-Centre  Quarters  Parr Town	Connections Lobby 10:00 Catholic Mass Marco Polo 10:30 Keeping Fit Fundy Fitness 1:30 Bingo Lobby 2:00 Sip & Chat Lobby 3:00 Colour&Polish-Nail Care Fundy Fitness 6:00 Live Entertainment- Ron Maloney Marco Polo Happy Birthday, Betty Ferguson!	Connections Lobby	9:00 Morning Coffee Connections Lobby 10:30 Keeping Fit Fundy Fitness 11:00 Haunted Doors Judging All floors 2:00 Halloween Pics & Stories Lobby 2:00 Sip & Chat Lobby 6:00 After Supper w/ Con Zaat The Falls	9:00 Morning Coffee Connections Lobby 10:30 Keeping Fit Fundy Fitness 1:30 Halloween Fashion Show Lobby 2:00 Sip & Chat Lobby	9:00 Morning Coffee Connections Lobby 2:00 Sip & Chat Lobby 6:30 Movie Night Mayfair

PHYSICAL DISTANCING REMINDER: Physical distancing is often more difficult than it seems, which is why we need to stay vigilant. Remember, you must keep a distance of 6 feet between you and the people around you at all times. If you're not a bedlength away, you're closer than you should be. Be safe. Keep your distance. Wear your mask.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		tober 202 Wellness		Happy 5 <sup>th</sup> Anniversary Dorothy!  10:00 Chair Exercises 10:30 Daily Devotions and Prayer Group-Library 2:30 Bowling at the Loyalist Lanes	10:30 Daily Chronicles and Short Stories 2:30 Curling 3:30 Walking Outside	2:00 Afternoon Stretching with Jackie 6:30 Movie Night in the Mayfair Theatre
1	<u> </u>		7	γ ο	Sukkot Begins	10
10:00 Knitting Club	10:00 Sit and Stretch	10:00 Catholic Mass with Father White in the <b>Marco Polo</b>	10:00 Balance Class	10:00 Chair Exercises		Check the puzzle board for this week's puzzles!
	10:30 News and Views		2:30 Thanksgiving Craft with	10:30 Daily Devotions and	10:30 Daily Chronicles and	-
2:30 Book Club	Discussion Group	2:30 Things Card Game	Apple Cider	Prayer Group- <b>Library</b>	2:30 Balloon Badminton	2:00 Cards with Tea and Coffee
	2:30 Bingo	6:00 Music in the <b>Marco Polo</b>	3:30 Walking Outside	2:30 Food Committee Meeting		6:30 Movie Night in the  Mayfair Theatre
	3:30 Walking Outside	Feat. Down East	ener wanting outstar	in MH Lobby		Simchat Torah Begins
11	12	13	14	15	16	
10:00 Knitting Club		10:00 Catholic Mass with Father White in the <b>Marco Polo</b>	10:00 Balance Class	10:00 Chair Exercises 10:30 Daily Devotions and	10:00 Cardio Beats Exercises	2:00 Afternoon Stretching with
2:30 Afternoon Coffee and Tea	Halolon	2:30 Charades!	2:30 Indoor Bocce Ball	Prayer Group- <b>Library</b>	10:30 Daily Chronicles and Short Stories	Jackie
	THANKSGIVING	6:00 Music in the <b>Marco Polo</b>	2.20 D 4 D L	2:30 Baking Apple Crisp	2:30 Cards with Coffee and Tea	6:30 Movie Night in the
		Feat. Before the Mast	3:30 Poetry Reading Group	3:30 Walking Outside		Mayfair Theatre
	Thanksgiving Day (Canada)					
10:00 Knitting Club	10:00 Sit and Stretch	20	10:00 Balance Class	10:00 Chair Exercises	10:00 Cardio Beats Exercises	Check the puzzle board for this
	10:30 News and Views Discussion Group	10:00 Catholic Mass with Father	24444	2.000	10:30 Daily Chronicles and	week's puzzles!
2:30 Afternoon Coffee and Tea	2:30 Bingo	White in the <b>Marco Polo</b>	2:30 Bowling at the <b>Loyalist Lanes</b>	10:30 Daily Devotions and Prayer Group- <b>Library</b>	CI (CI	2:00 Cards with Tea and Coffee
	3:30 Walking Outside	2:30 Haunted House Mini Golf	Lanco		2:30 Balloon Badminton	6:30 Movie Night in the
	6:00 Music in the <b>Marco Polo</b> Feat. Delbert		3:30 Cribbage with Tea and Coffee	2:30 Resident Council Meeting in MH Lobby	3:30 Walking Outside	Mayfair Theatre
25	26	10:00 Catholic Mass with Father	28	29	30	
10:00 Knitting Club	10:00 Sit and Stretch	10:00 Catholic Mass with Father White in the <b>Marco Polo</b>	10:00 Balance Class	10:00 Chair Exercises	10:00 Monster Mash Exercises	Happy Halloween!
2:30 Afternoon Coffee and Tea	10:30 News and Views Discussion Group	2 20 11 11	2:30 Indoor Bocce Ball	10:30 Daily Devotions and Prayer Group- <b>Library</b>	10:30 Daily Chronicles and Spooky Stories	
	2:30 Bingo	6:00 Music in the <b>Marco Polo</b> Feat. Ron Maloney	3:30 Board Games with Tea and Coffee	2:30 Millidge Hall's Spooky Halloween Party!	2:30 Cribbage with Tea and Coffee	6:30 Movie Night in the
	3:30 Walking Outside		Conce		Conce	Mayfair Theatre

	Octob	er 2020		11:00 Balance Class 11:30 Finish that Phrase 1:30 Food Committee Meeting	11:00 Chair Exercises 2 11:30 Daily Chronicles and Dear Abby 1:15 Walk Outside	10:00 Puzzles and Colouring 2:00 Afternoon Yoga with
How	e Hall Wel		endar	in the <b>Lobby</b> 2:30 Painting Nails	2:00 Hymn Sing Song 2:30 Shuffleboard	Jackie! 3:30 Walking Outside
appy Birthday Muriel!  200 Puzzles and Colouring  30 Bingo!  30 Walking Outside	11:00 Chair Exercises 11:30 News and Views 1:15 Walking Outside 2:00 Trivia 2:30 Balloon Badminton	Happy Birthday Myrtle! 11:00 Stretching& Relaxation Exercises 11:30 Mind Joggers 1:15 Walking Outside 2:00 Discussion Group 6:00 Music in the Marco Polo	Happy Birthday Jane! 11:00 Cardio Beats 11:30 Daily Devotions and Prayer Group 1:15 Walking Outside 2:00 Memory Games 2:30 Bingo and Snack	7 11:00 Balance Class 11:30 Finish that Lyric 1:30 Thanksgiving Craft with Apple Cider 2:30 Bean Bag Toss and Ring Toss	Sukkot Begins 11:00 Chair Exercises 11:30 Daily Chronicles and Dear Abby 1:15 Walk Outside 2:00 Kickball 2:30 Things Card Game	10:00 Puzzles and Colouring 2:00 Movie Afternoon 3:30 Walking Outside
100 Puzzles and Colouring Bingo! Walking Outside	12  Happy THANKSGIVING	feat. Down East  11:00 Stretching& 13 Relaxation Exercises 11:30 Mind Joggers 1:15 Walking Outside 2:00 Would you Rather Game 6:00 Music in the Marco Polo feat. Before the Mast	11:00 Cardio Beats 11:30 Daily Devotions and Prayer Group 1:15 Walking Outside 2:00 Word Games 2:30 Bingo and Snack	14 11:00 Balance Class 11:30 Finish that Phrase 1:30 Resident Council Meeting in the Lobby 2:30 Painting Nails	Abby 1:15 Walk Outside 2:00 Sing a long	Simchat Torah Begins  10:00 Puzzles and Colouring  2:00 Afternoon Yoga with Jackie!  3:30 Walking Outside
18 00 Puzzles and Colouring 0 Bingo! 0 Walking Outside	Thanksgiving Day (Canada)  11:00 Chair Exercises 11:30 News and Views 1:15 Walking Outside 2:00 Trivia 2:30 Balloon Badminton 6:00 Music in the Marco Polo feat. Delbert	11:00 Stretching& 20 Relaxation Exercises 11:30 Mind Joggers 1:15 Walking Outside 2:00 Kick Ball 2:30 Bowling Fun at the Loyalist Lanes	11:00 Cardio Beats 11:30 Daily Devotions and Prayer Group 1:15 Walking Outside 2:00 Wheel of Fortune 2:30 Bingo and Snack	21 11:00 Balance Class 22 11:30 Logo Game 1:15 Walking Outside 2:00 Chicken Soup for the Soul Stories 2:30 Bean Bag Toss and Ring Toss	11:00 Chair Exercises 23 11:30 Daily Chronicles and Dear Abby 1:15 Walk Outside 2:00 Apple Cider and Spooky Stories 2:30 Halloween Puzzles and Colouring	10:00 Puzzles and Colouring 2:00 Movie Afternoon 3:30 Walking Outside
00 Puzzles and Colouring	5 11:00 Chair Exercises 26 11:30 News and Views 1:15 Walking Outside	11:00 Stretching& 27 Relaxation Exercises 11:30 Mind Joggers	Happy Birthday Norma! 11:00 Cardio Beats 11:30 Daily Devotions and	11:30 Finish that Phrase	11:00 Frankenstein Fitness 30 11:30 Daily Chronicles and Dear Abby	Happy Halloween!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Octobe	er 2020		10:30 Fun & Fitness, Word Games	10:30 Fun & Fitness, Horoscopes, Dear Abby	3
	12 <sup>th</sup> Don Cusack (1928 28 <sup>th</sup> Bill Joyce (1934) 8 29 <sup>th</sup> Suzanne Ellerker (	) 92 86		<b>1:30</b> Baking In Portland – pumpkin Tarts	2:00 Sing a long and Root Beer floats	
	4 5	6	7	8	Sukkot Begins	10
	10:30 Fun & Fitness, Word Unscramble, Catch Cups	10:30 Fun & Fitness, Soup for the Soul Stories	11:00 Anglican General Service and Hymns with	10:30 Fun & Fitness, Thanksgiving fun Facts and	10:30 Fun & Fitness, Horoscopes, Dear Abby	
	2:00 p.m.	2:00 New menu food	Keith Osborn	Trivia	2:00 Movie Time –	
	BINGO.	tasting	Apple Cider and Pumpkin	2:00 Afternoon treats and eats	Van Helsing	
			Pie			Simchat Torah Begins
1	Happy Birthday Don Cusack! 12	10:30 Fun & Fitness, Halloween Spelling Bee	14 10:30 Daily Devotional, Prayer & Hymns and	10:30 Fun & Fitness, Mind Joggers and News	16 10:30 Fun & Fitness, Horoscopes, Dear Abby	17
		Fun	Rosary			
	HAPPY THANKSGIVING!	2:00 Nails on Main Street	2:00 p.m.	1:30 Baking In Portland – Apple Crumble	2:00 Music and Ice cream Sundaes	
	· a dek		BINGO,			
1	19 10:30 Fun & Fitness, Hang	20 10:30 Fun & Fitness,	10:30 Daily Devotional,	22	23 10:30 Fun & Fitness,	24
	Man, Parachute Fun	Halloween Who Am I	Prayer & Hymns and	10:30 Town Hall on Main	Horoscopes, Dear Abby	
	2:00 p.m.	Game	Rosary	Street	2:00 Sweet Tooth Social	
	BINGO.	2:00 Giant Crossword in the Café	2:00 Halloween Spooky Mystery Box	2:00 Movie Time – Beetle Juice		
2	25 26	27	Happy Birthday Bill Joyce!!28	Happy Birthday Suzanne 20	30	31
_	10:30 Fun & Fitness,	10:30 Fun & Fitness,	11:00 Catholic Church	Ellerker!!	10:30 Monster Mash	0.
	Getting to know you!  2:00 p.m.	Halloween Letter Scramble, Catch Cups	Service with Father Knox	10:30 Fun & Fitness, Mind Joggers, News and Views	Fitness, Horoscopes, Dear Abby	
	TRICK OR TREAT	2:00 Nails on Main Street	2:00 Monster Donut Decorating	1:30 Baking In Portland – Skor bar squares	2:00 Birthday Celebration and Halloween social	
	cker Holisons 630 3770 SCrill			-		Halloween

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Other	2020		10:30:October Trivia Chair Stretch	10:30: Daily Chronicles Weight Exercise	10:30:October Facts Fan and Fitness
				1:00: Walking Club Bingo	1:00: Walking Club Baking for Cupcakes	1:00: Walking Club Painted up Bird Feeder
				5:00: Resident Choice	5:00: Resident Choice	5:00: Resident Choice
10:30: Fun and Fitness	5 10:30: Fun and Fitness Can you picture this?	10:30:Getting know you Fun and Fitness	7 10:30:Daily Chronicles Weight Exercise	10:30:Hair Salon in Lily Chair Stretch	10:30:Paired Up Fun and Fitness	10:30:Daily Chronicles Fun and Fitness
Price is Right 1:00: Walking Club Snack with Bingo	1:00: Walking Club Snack with Singalong	1:00: Walking Club Ring Toss Tournament	1:00: Walking Club Crafts for Thanksgiving	1:00: Walking Club Thanksgiving Bingo	1:00: Walking Club Mini Golf	1:00: Walking Club Baking for Thanksgiving
5:00: Resident Choice	5:00: Resident Choice	5:00: Resident Choice	5:00: Resident Choice	5:00: Resident Choice	5:00: Resident Choice	5:00: Resident Choice Simchat Torah Begins
10:30: Fun and Fitness 1 Can you picture this?	Happy Canadian Thanksgiving	10:30:Getting know you Fun and Fitness	14 10:30:Daily Chronicles Weight Exercise	15 10:30: Hair Salon in Lily Chair Stretch	16 10:30:Daily Chronicles Fun and Fitness	10:00:Fun and Fitness
1:00: Thanksgiving Celebration in Lily Court 5:00: Movie Night	10:30: Fun and Fitness Beautiful Door	1:00: Walking Club Bingo	1:00: Walking Club Autumn Baking	1:00: Walking Club Do You Hear What	1:00: Walking Club Halloween Crafts	1:00: Walking Club Bingo
A Charily Brown Thanksgiving	1:00: Décor Craft  Columbus Day (US) Thanksgiving Day (Canada)	5:00: Resident Choice	5:00: Resident Choice	I Hear? 5:00: Resident Choice	5:00: Resident Choice	5:00: Resident Choice
18 10:00:Fun and Fitness	10:30: Can you picture <b>19</b> This? Fun and Fitness	10:30:Getting know you Fun and Fitness	10:30:Daily Chronicles <b>21</b> Weight Exercise	10:30: Hair Salon in Lily Chair Stretch	10:00:Fun and Fitness	10:30:Daily Chronicles Fun and Fitness
1:00: Walking Club Bean Bag Toss	1:00: Walking Club Crafts for Halloween	1:00: Walking Club Singalong	1:00: Walking Club Short Story Balloon Badminton	1:00: Walking Club Bingo	1:00: Walking Club Singalong	1:00: Walking Club Knitting and Coloring
5:00: Resident Choice	Costumes 5:00: Resident Choice	5:00: Resident Choice	5:00: Resident Choice	5:00: Resident Choice	5:00: Resident Choice	Club 5:00: Resident Choice
10:30: Can you picture <b>25</b> This? Fun and Fitness	10:00:Fun and Fitness	Happy Birthday Vital Brideau  10:30:Getting know you	10:30:Back to 50's,60's Weight Exercise	10:30: Hair Salon in Lily Chair Stretch	10:30: Fun and Fitness Can you picture this?	10:30: Fun and Fitness
1:00: Walking Club Halloween Baking 5:00:Movie Night	1:00: Walking Club Pumpkin Bocce 5:00: Resident Choice	Fun and Fitness 1:00: Walking Club Snack with Halloween Bingo	1:00: Walking Club Short Story My neighbor is Witch	1:00: Walking Club Snack with Halloween Songs	1:00: Walking Club Halloween Donuts Decoration	1:00: Walking Club Bake Halloween treat
It's the great pumpkin!	J.OU. INGSIDENT ONOICE	5:00: Resident Choice	, ,	5:00: Resident Choice	5:00: Resident Choice	5:00: Resident Choice