

BECOMING A

SPIRITUAL REPRODUCER

PARTICIPANT'S GUIDE

POWERED BY  CBMC

BECOMING A

**SPIRITUAL
REPRODUCER**

PARTICIPANT'S GUIDE



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Christian Business Men's Connection (CBMC) is an organization of Christian business and professional men whose primary purpose is to present Jesus Christ as Savior and Lord to business and professional men and to develop these men to carry out The Great Commission.

CBMC is a nonprofit, nondenominational Christian ministry supported by gifts from people committed to reaching and discipling business and professional men for Jesus Christ. Printed in the United States of America.

ISBN-13: 978-1-947457-23-2

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Becoming a Spiritual Reproducer

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What is *Becoming a Spiritual Reproducer*?

Becoming a Spiritual Reproducer is a small group video-based training series for *mature* Christians to learn how to become disciplemakers.

How does it work?

There are seven sessions in this series that include a little “homework.”

You can register and access the participant guide and videos at cbmc.com/bsr or go to advance.cbmc.com.

Each session will take a minimum of 35 minutes and can easily  be expanded to 60 minutes to allow for additional discussion.

You will see a clock icon with the suggested minutes for each section.

The sessions are composed of:

- Welcome, Prayer & Recap from the previous session
- Disciplemaker’s story (live or via video)
- Session Video*
- Discussion Questions
- Summary
- Homework

You will notice the most time during each session is dedicated to the “Discussion Questions.” This is intentional as we have found that the reaction to the videos and interaction during the “Discussion Questions” are key to life application.

Again, our goal is for you to become a disciplemaker.

Let’s begin!



Then Jesus came and said,

All authority in heaven and on earth has been given to me. Therefore go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit and teaching them to obey all that I have commanded you. And surely, I am with you always, to the very end of the age.
Matthew 28:18-20 (NIV)

DISCIPLEMAKING IS GOD'S PLAN



Discussion Questions

1. How does the view of disciplemaking presented in the video differ from some of the more traditional views people hold?
2. Who do you think Jesus was talking to and what do you think He had in mind when He said “go and make disciples?”
3. Where do you see yourself in the Disciplemaking process (see chart on page 19) and what do you need to help you take the next step to becoming a disciplemaker?






Summary

- A disciple is a learner, a follower and an imitator
- Disciplemaking is a reproducible process done in a relationship
- Disciplemaking is helping one grow in Christ resulting in that person helping another
- Disciplemaking is God’s plan and He invites us to be a part of his plan


Homework



1. Memorize: Matthew 28:19-20
2. Pray: Ask God for a Timothy

WHY?	 LOVE	 OBEDIENCE	 PURPOSE

NOTES

 Then Jesus came and said,

All authority in heaven and on earth has been given to me. Therefore go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit and teaching them to obey all that I have commanded you. And surely, I am with you always, to the very end of the age.

Matthew 28:18-20 (NIV)

JOY

"I have no greater JOY than to hear that my children are walking in the truth."

John 1:4 (NIV)



Discussion Questions

1. Why is it that so few Christians are making disciples given the clear priority in scripture? What could be done to change that?
2. Which one of the three reasons for discipling (Obedience, Love or Purpose) is most motivating to you and why?
3. "As you are going" about your daily life, where would you find opportunities to become a discipler?
4. What would your response be to hear that your spiritual children are walking in the truth?



Summary

- We make disciples because we are compelled by His love, obedient to His command and aligned with His purposes
- We experience Joy as we know that our spiritual children are growing in Christ



Homework

1. Watch: eOT video
2. Pray: Ask God for a Timothy

6

By this My Father is glorified, that you bear much fruit; so you will be my disciples.

John 15:8

You did not choose me, but I chose you and appointed you to go and bear fruit—fruit that will last. Then the Father will give you whatever you ask in my name.

John 15:16

TO GLORIFY GOD WITH FRUIT

GOALS	 SPIRITUAL TRANSFORMATION	 MATURITY IN CHRIST
	 SPIRITUAL REPRODUCTION	 GLORIFYING GOD

Discussion Questions



1. Jim Petersen said, “If we want to see true transformations occur, our efforts should be oriented towards what a person believes and values.” What would you do to ensure your disciplemaking is oriented towards what your Timothy believes and values?
2. Discuss the potential impact of doubling in your sphere of influence! In your city? In your country?
3. How is God glorified in all of this?

Summary



- The disciplemaker must abide in Christ to bear fruit
- The Goals of Disciplemaking are:
 - o Spiritual Transformation is from the “Inside out”
 - o Becoming mature in Christ
 - o Disciples who make disciples (i.e. Generational Spiritual Reproduction)
 - o Spiritual children glorify God

Homework



1. Memorize: 2 Timothy 2:2
2. Pray: Ask God for a Timothy

4 HOW to make Disciples

Carve your name on hearts, not on marble.

Charles Spurgeon

Watch: **Disciplemaker's Story**

5

Watch: **How to make Disciples**

4

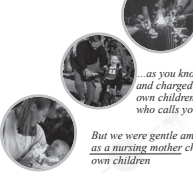


You can do nothing without Me!

John 15:5

NOTES

HOW DID PAUL MAKE DISCIPLES?



So, affectionately longing for you, we were well pleased to impart to you not only the gospel of God, but also our own lives, because you had become dear to us.

...as you know how we exhorted, and comforted, and charged every one of you, as a father does his own children, that you would walk worthy of God who calls you into His own kingdom and glory.

But we were gentle among you, just as a nursing mother cherishes her own children

1 Thessalonians 2:7-12



Follow me, and I will make you fishers of men.

Matthew 4:19 ESV

and then He:

- Loved them
- Taught them
- Corrected them
- Challenged them
- Walked with them
- Lived with them

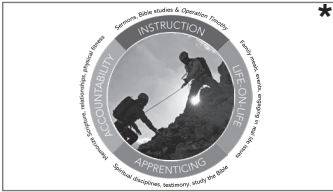
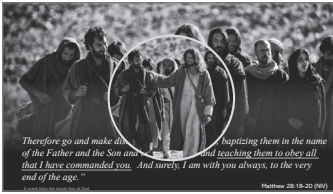


A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher.

Like Him:

Jesus, Luke 6:40 ESV

- His passions
- His attitudes
- His values
- His emotions
- His commitment



*Larger illustrations can be found in the Appendix on page 20.

Discussion Questions

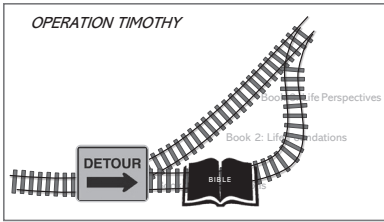
1. Paul used a parenting metaphor for making disciples. 15
Discuss how the different characteristics of a mother and father impact the growth of a child. How does this apply to discipling?
2. Jesus utilized instruction, life-on-life, apprenticing, and accountability as he made disciples. Share some examples or illustrations of what each could look like as you disciple another person.

Summary

- While we can learn how to make disciples, we can do nothing of eternal significance without Christ.
- Paul modeled parenting in discipling
- Jesus made disciples in the context of relationship through:
 - Teaching
 - Life-on-life
 - Apprenticing
 - Accountability

Homework

1. Watch: eOT (Paul) “Hand-up” video
2. Register & Log-in to Ambassador Advancement System and view video of Book 1, Chapter 1, “What is the Purpose of Life”
3. Pray: Ask God for a Timothy



Watch: **Interaction of a Paul & Timothy using Operation Timothy**



(See page 29 – **Sample Interaction of a Paul & Timothy**)

Discussion Questions



1. What did you see in the interaction of a Paul and Timothy using Operation Timothy?
2. What questions do you still have about the actual use of Operation Timothy as a tool for disciplemaking? Where would you find help?

Summary



- OT helps guide the believer to grow in maturity.
- OT equips the Disciple to go to God's Word for answers to life.
- OT is the "tool" that a Timothy will eventually use to disciple another.

Homework



1. Complete: Operation Timothy, Book 2/Chapter 1, "New Life in Christ"
2. Pray: Ask God for a Timothy



6 COST of Disciplemaking

One big difference between comfortable Christianity and costly Christianity is spiritual reproduction. It costs to become involved in the lives of people. This is why there is not a stampede to accept God's gracious offer of allowing us to give our lives in exchange for people as He did.

Walter A. Henrichsen, Disciples are Made Not Born



Disciplemaker's Story

Watch: Cost of Disciplemaking



NOTES

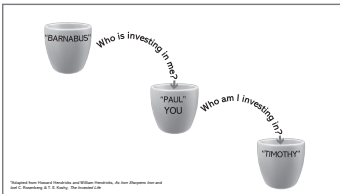
COST

"If anyone comes to me and does not hate father and mother, wife and children, brothers and sisters—yes, even their own life—such a person cannot be my disciple."

"And whoever does not carry their cross and follow me cannot be my disciple..."

"In the same way, those of you who do not give up everything you have cannot be my disciples." *

Luke 14:26-27, 33 NIV



COST AND A PROMISE *

"And surely I am with you always, to the very end of the age."

Matthew 28:20b

*Larger illustrations can be found in the Appendix on page 22.

Role Play Exercise**Discussion Questions (optional)**

1. What have you learned the past few weeks that will help you remove barriers to discipling?
2. What level of investment are you willing to make to impact a person's destiny?
3. Who are you investing in?
4. Who is investing in you?

Summary

- Discipling is not easy
- Making Disciples requires personal sacrifice
- Discipling yields eternal dividends

Homework

1. Meet with a "Partner" and Role-Play using Book 2/Chapter 1, "New Life in Christ"
2. Be prepared to provide feedback during next session:
 - Describe your experience as a Paul
 - Describe your experience as a Timothy
 - What role did the leaders guide play in your preparation or your role-play session?
 - What's your take-away?
3. Pray: Ask God for a Timothy

* Luke 14:26 – The word "hate" translated from the Greek is a comparative term that means to consider less important. Jesus is not saying family relationships are wrong, but earthly relationships must pale in comparison to our commitment to Him.

IMPORTANT: Write down your thoughts and actions



Reflection & Application

1. What will you do with what you have learned in this series?

2. As you have been asking God for a Timothy, who has the Lord brought to your mind?

3. What are the NEXT STEPS the Lord is leading you to take to Become a Spiritual Reproducer? (see below for some suggestions)

1) _____

2) _____

3) _____

4. When will you begin to take those steps?

5. Potential NEXT STEPS

1. Invite _____ to begin Operation Timothy with you. (See Suggestions for Inviting a Timothy in Appendix)
2. Continue meeting with your partner using Book 1 for practice, while praying for a Timothy.
3. Start filling out the questions in OT on your own, while praying for Timothy.

**Discussion**

Share your answers from the Reflection & Application section with the group

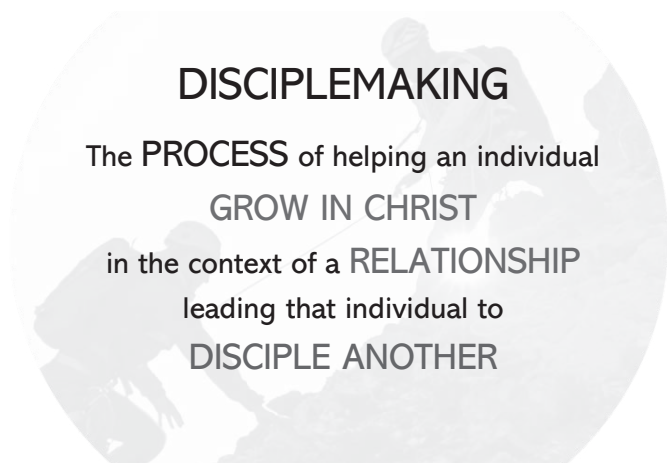
Close in Prayer

APPENDIX

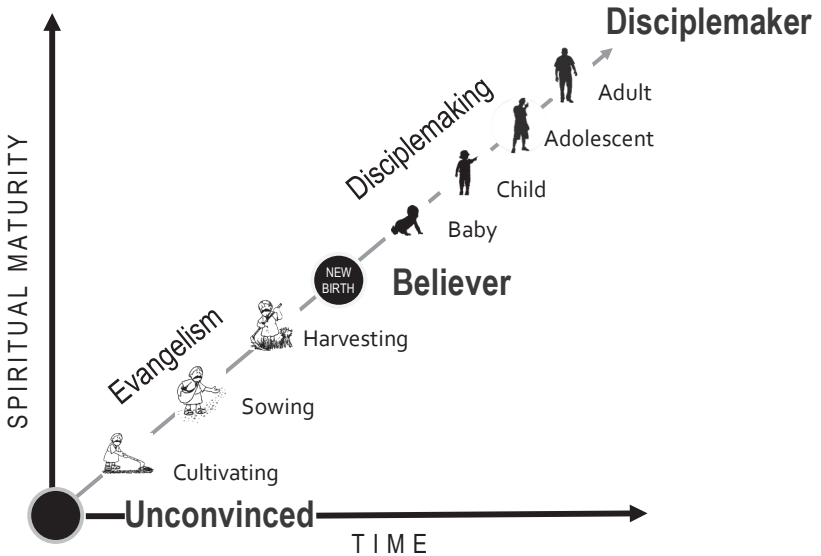
Disciplemaking Tools

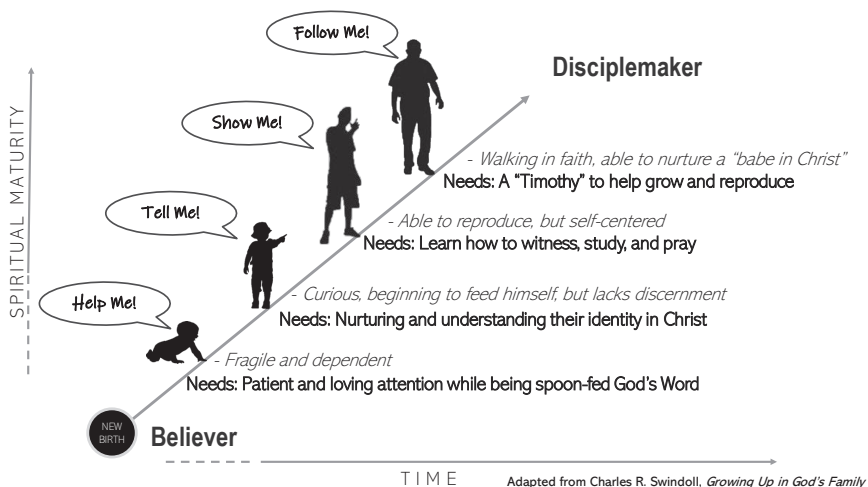
- *Operation Timothy* – book available at <http://store.cbmc.com/store>
- *Electronic Operation Timothy* (eOT) at <http://advance.cbmc.com/>

1. Disciplemaking



2. Evangelism and Discipleship are one continuous process





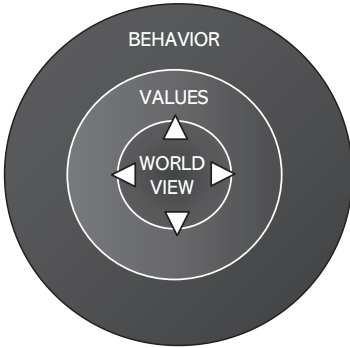
3. Obedience

As you are going make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

Matthew 28:19-20 (NIV)

THE GREAT COMMISSION

4. Spiritual Transformation



Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Romans 12:2

5. Elements of disciplemaking in “teaching them to obey all that I have commanded”



6. Operation Timothy

OPERATION TIMOTHY



1. Biblical
2. Progresses from *basic to advanced*
3. Encourages Interaction
4. Requires Limited Preparation
5. Reproducible

DISCIPLEMAKING “TOOL”

7. Typical Operation Timothy Session

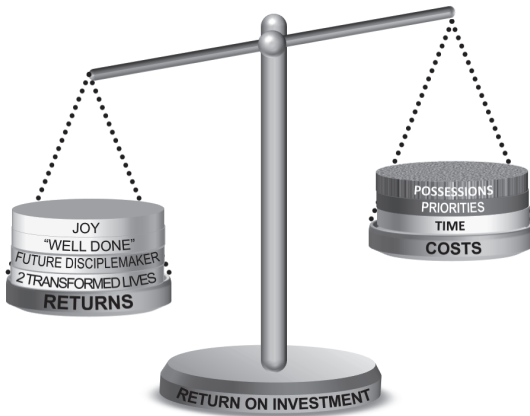
OPERATION TIMOTHY SESSION

	Minutes
Fellowship and sharing	10
Scripture memory	10
Review previous lessons	5
Current lesson	25
Assignment for next session	2
Prayer	<u>8</u>
TOTAL	60*



*expand, if time permits

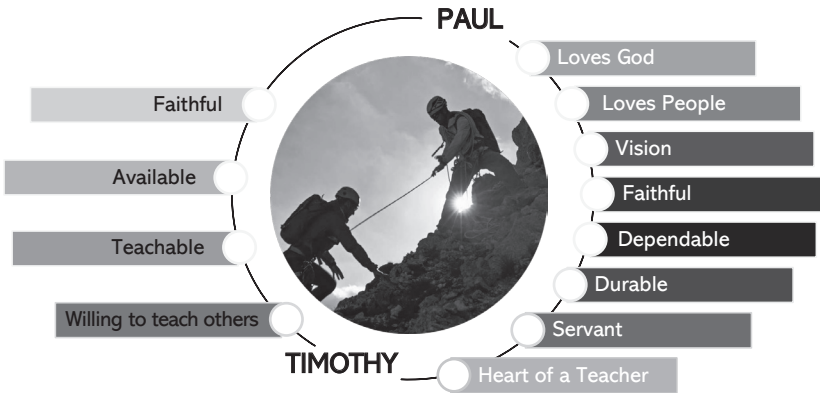
8. Return on Investment in Disciplemaking



“And surely I am with you always, to the very end of the age.”

Matthew 28:20b

9. Qualities of a Timothy and a Paul



10. Summary



DISCIPLEMAKING TIPS

1. Build the Relationship

1. Meet regularly with your Timothy for Operation Timothy. Set up multiple meetings in advance.
2. Call your Timothy periodically between meetings to simply check in. Demonstrate love and care for the family. Look for natural ways to connect with them.
3. Don't automatically correct or refute your Timothys answers. Win the relationship rather than the argument. If the response to a question causes concern, consider asking clarifying questions that broadens the discussion and creates an alternative response to explore. Discovering truth together is always a better way to get to the truth.
4. Establish a relationship based on mutual trust, honesty, openness, humility and confidentiality. Model the way for your Timothy.
5. Be flexible and keep it simple.

2. Spiritual Transformation

1. Focus on a change of Timothys worldview and values rather than a change of behavior. Remember that transformation is ultimately a work of the Holy Spirit.
2. Model a lifestyle of prayer by praying with Timothy at each meeting, and as you observe growing spiritual maturity invite Timothy to pray aloud with you.
3. Encourage daily devotions and consider giving your Timothy the same devotional you are using. During your times together ask open ended questions such as "What did you get out of Tuesday's reading?"
4. Use the Key Teaching Points found in the Operation Timothy Leader's Guide to focus on critical questions or issues to cover with your Timothy.

3. Discipling

1. Follow the Holy Spirit's lead as you meet with your Timothy. Current life issues may "trump" the lesson for the week.
2. During your discipling session, have your "Timothy" read the Bible verses aloud. There is great value in hearing oneself read scripture.
3. Be sensitive to how your Timothy learns. You may need to go through every question in the chapter or you may choose to select key questions which will ensure Timothy "gets" the heart of the lesson.
4. Ask Timothy if there were any questions in the lesson that created other questions worth discussing.
5. Use illustrations and examples from your life to reinforce concepts and truths.
6. Ensure "Timothy" understands and can apply memorized scripture verses by asking "What does this mean to you?" and "How would you apply this to your own life?"

4. Reinforce Spiritual Reproduction

1. Encourage your Timothy to pray about who the Lord is preparing to become a Timothy and occasionally ask about who it might be. This serves as a reminder that reproduction is part of the process.
2. As you go through OT suggest that your Timothy write down powerful questions that might be useful upon becoming Paul.
3. Periodically ask your Timothy how your present topic of discussion could be presented to a "future" Timothy.
4. Switch Roles – several times in the later chapters of Operation Timothy, have your Timothy lead the lesson as the Paul and you be the Timothy.
5. Recognize that all Timothys will not go on to become a spiritual reproducer. Don't be discouraged. Remember, you are called to be faithful.

SUGGESTIONS FOR FINDING A TIMOTHY

1. Keep praying and trusting the Holy Spirit. Let others (especially pastors or small group leaders) in your Christian community know of your desire to be a disciplemaker and be open to receiving referrals.
2. Be part of a follow up team for evangelistic events.
3. If your prospective Timothy is a close friend and a fairly mature Christian, you may describe the training you received and ask for help in learning how to practice/apply the disciplmaking principles. You both become a learner and a teacher.
4. Invite your prospective “Timothy” to try the first several chapters with an understanding that either party can stop anytime without fear or guilt.

GLOSSARY

Disciple — a follower (Jesus said, “follow me, and I will make you fishers of men”), a learner (“let me teach you...”) and an imitator (the Apostle Paul told the Corinthians, “imitate me as I imitate Christ.”) of Jesus and one who is being transformed by the Word and the Holy Spirit and is committed to the mission of Jesus (Matthew 4:19).

Discipleship — the state of being a disciple.

Disciplemaking — the process of helping an individual grow in Christ, in the context of a relationship, leading that individual to disciple another. Simply stated, disciplemaking is helping people mature in Christ to the point where they will reproduce the life of Christ in others. (Matthew 28:18–20).

Disciplemaker — a disciple of Jesus who enters into relationships with people to intentionally help them follow Jesus, be changed by Jesus, and join the mission of Jesus. We refer to this individual as a “Paul.”

Paul — a disciplemaker; a mature believer who discipled another.

Timothy — a curious unbeliever seeking information or an immature believer who desires to grow in relationship with Christ and become a disciplemaker.

Unconvinced — an unbeliever; those who have not yet decided to become a follower of Christ.

Worldview — A worldview is the set of beliefs about fundamental aspects of reality that ground and influence all one’s perceiving, thinking, knowing, and doing. It begins with a view of God and answers the big questions of life: Where did I come from? Where am I going? What is the Purpose for life?

LEADER'S GUIDE FOR BECOMING A SPIRITUAL REPRODUCER

Welcome

This guide is designed to give you, the leader, some instructions for using *Becoming a Spiritual Reproducer* effectively. It's easy to lead as you don't have to be the expert – just keep the session “moving along” as you participate.

As a learning tool, *Becoming a Spiritual Reproducer* is best used in the context of relationships. It can be one-on-one, a small group, or a large group. To enhance the experience, it is recommended that large groups break-up into groups of 6-8 for the “Discussion Questions” portion of the session. We have found that the reaction to the videos and interaction during the “Discussion Questions” is key to life application.

Again, our goal is that participants will become disciplemakers.

Getting Started Checklist

- Select appropriate device for presenting for size of group or send online conferencing invite (ex. Zoom) to each individual.
- Go to cbmc.com/bsr and download:
 - *Becoming a Spiritual Reproducer Participant Guide*
 - Videos onto display device
- Print or order through Amazon.com or send PDF of the Participant Guide for each participant
- Record online conference for participants who want to review a session or for those who missed a session.

SAMPLE INTERACTION OF PAUL & TIMOTHY

Using Book 2, Chapter 1,
“New Life In Christ”



This interaction assumes the welcome, fellowship and sharing have already taken place...

Paul We're starting a new book in OT called Life Foundations, where we will discuss some of the foundations of our faith. This chapter, "New Life In Christ," illustrates that all believers can know for certain that they have eternal life and begin to enjoy the benefits of that life today. Did you have an opportunity to watch the video at the beginning of this chapter?

Timothy ...

Paul OK, let's watch it together (again).

What is the significance of the clay being molded by the potter?

Timothy ...

Paul Remember, blue boxes contain quotes from some famous people (follow-up with a logical question or statement based on the Timothy's response) of all walks of life – some Christian and some non-Christian.

What quote "gripped you," and why?

Timothy ...

Paul (follow up with a logical question or statement

based on the Timothy's response)

The first story under "Treasure" recounts Mel Fisher's lifelong search for the sunken treasure of the Atocha. He lost his son and a friend in the process.

In a very real way, as we use the Bible as our treasure map, we will realize the incredible riches of what we have in Jesus.

Let's move to the first section about tobacco and how it appeared to be a good idea at one time, but now we know the harm it causes.

Salvation is God's act of saving us from the devastating reality of life without him.

HOW OR WHEN HAVE YOU EXPERIENCED A SPIRITUAL NEED IN YOUR LIFE?

Timothy ...

Paul (follow up with a logical question or statement based on the Timothy's response)

Let's move to the next section, "Getting Started."

Please read aloud Genesis 1:26 and share with me your answer to the question, **WHY DO YOU THINK IT'S SIGNIFICANT TO BE MADE IN GOD'S IMAGE?**

Timothy Then God said, "Let us make mankind..."

Paul (follow up with a logical question or statement based on the Timothy's response)

In the next question regarding Genesis 3, what dies in the story, and why is the concept of salvation important?

Timothy ...

Paul (follow up with a logical question or statement based on the Timothy's response)

Please read the next paragraph starting with “From the moment you were created...”

Timothy From the moment...

Paul Let me jump down to the question, WHAT ARE SOME DIFFERENT WAYS PEOPLE REVEAL THEIR NEED FOR A RELATIONSHIP WITH GOD? How did you answer that?

Timothy ...

Paul (follow up with a logical question or statement based on the Timothy’s response)

Let’s move to the next section *The Source of Eternal Life*

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