

# IMPACT OF GIVING

Partnership is the Key  
to Our Pioneering Spirit



“Life’s persistent and most urgent question is, ‘What are you doing for others?’”

Martin Luther King Jr.

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## Dear Friends,

At its highest aspiration, philanthropy is a way to fulfill our desire to have meaningful impact and change people's lives in a profound way. As a not-for-profit network, Sutter Health's philanthropic partnerships innovate care, create vital new programs, fund critical research and expand access to care for our patients and their families.

Sutter Health continues to sharpen its focus on patient care, asking ourselves, "What is the patient's experience and what are we able to do to make their experience better?"

Thanks to generous community members like you and the 356 first-time gifts to Sutter Medical Center, Sacramento, in 2016, we raised \$2,968,841. Through your gifts, you are ensuring Sutter Health patients get the right care at the right place at the right time.

In 2016, Sutter Health and Sutter Health Valley Area Hospitals were recognized as two of the nation's top five performers among large health care systems. And in 2017, Sutter Medical Center, Sacramento was ranked #18 (of 412) on U.S. News & World Report's list of 'Best Hospitals in California'. Sutter Medical Center, Sacramento was also recognized as high-performing in orthopedics, abdominal aortic aneurysm repair, aortic valve surgery, chronic obstructive pulmonary disease, colon cancer surgery, heart bypass surgery, heart failure, hip replacement, and knee replacement. Our pioneering spirit, fueled by a strong culture of community philanthropy, is leading the nation in patient care, patient satisfaction, cost and efficiency.

In our Impact of Giving report, you will read about our philanthropic partners and how they are providing more access for our patients in the emergency department, funding inspirational space for those patients in the infusion therapy waiting area, supporting programs for children through Child Life Services, and much more.

Your partnership is the key to our pioneering spirit and makes exceptional patient care possible. Thank you for your past support and we look forward to partnering with you in the future to provide our community with exceptional care.

Sincerely,



Gregory Walaitis  
Director of Philanthropy  
Sutter Medical Center Foundation



Dave Cheney  
CEO  
Sutter Medical Center, Sacramento

# The Year in Review

## Sutter Medical Center, Sacramento Facts-at-a-Glance

Funds raised in 2016 **\$2,968,841**

**97,439**  
Outpatient visits

**3,859**  
Number of employees

**544**  
Number of volunteers



**101,839**

Emergency department visits

**29,994**  
Inpatient discharges

**6,844** Number of births



**228**

Number of employees at Sutter Medical Center, Sacramento who are donors

**846**  
Number of physicians

**1,137**  
Number of heart procedures



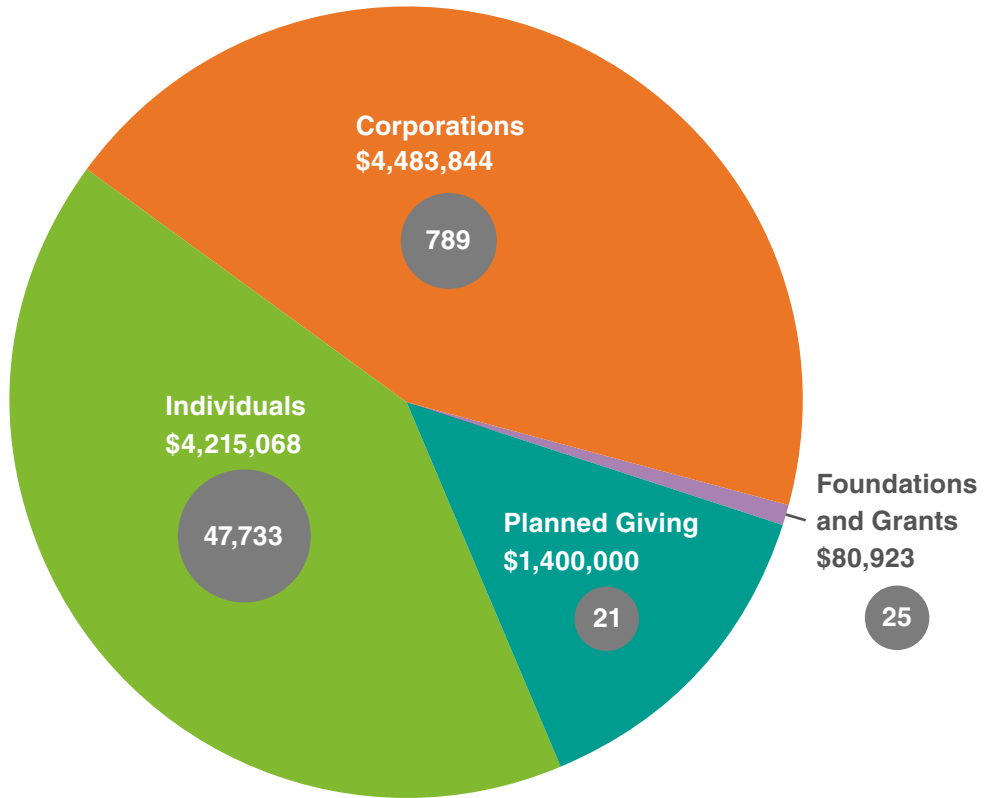
**14,564** Number of surgeries

**25,676**  
Number of infusion procedures



**4,528**  
Number of endoscopies

## Valley Area Philanthropy Facts-at-a-Glance



● Number of gifts associated with them.



Amount given to 11 Sutter Health Valley Area Affiliates in 2016\*

# \$10,179,834

**Total number  
of gifts**  
48,568

**Number of  
first time gifts**  
2,065

\*Memorial Hospital, Los Banos, Memorial Medical Center, Sutter Amador Hospital, Sutter Auburn Faith Hospital, Sutter Davis Hospital, Sutter Gould Medical Foundation, Sutter Medical Center, Sacramento, Sutter Medical Foundation, Sutter Roseville Medical Center, Sutter Solano Medical Center and Sutter Tracy Community Hospital



# A Year in Review

## Impact of Philanthropy

Within the next decade, healthcare as we know it will be remarkably different. There will be precision therapies based on your own genetic profile, intelligent research will yield more lifesaving discoveries and the programs and services you have access to will be better and more personalized. Philanthropic partnerships will play a vital role in this transformation.

### Sophie's Place

Sophie's Place was made possible thanks to the partnership between football legend Steve Young and his wife Barb, their Forever Young Foundation, Sutter Health and our local philanthropic partners who shared the vision for this innovative music therapy facility. Sophie's Place was designed with children in mind — bringing comfort and peace to young patients suffering from pain, illness and serious injury.

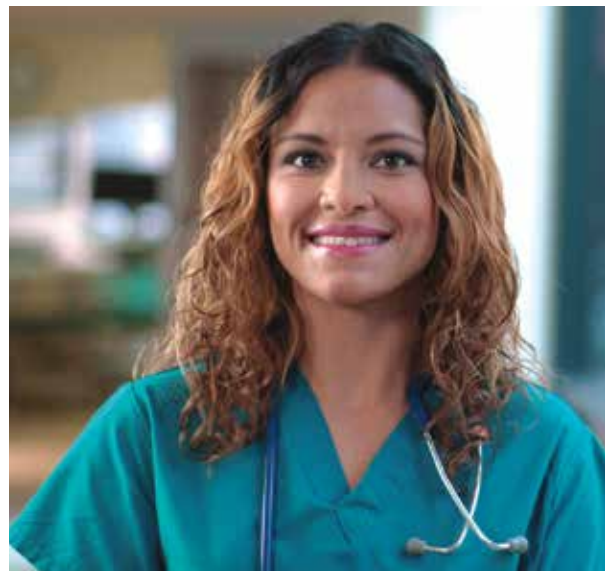
Recent clinical studies show music therapy provides an evidence-based, integrative medical approach to treating patients, decreasing sedation needs, alleviating pain in conjunction with anesthesia or pain medication, elevating patients' moods and promoting movement for physical rehabilitation; among other healing benefits.



Thanks to our philanthropic partnerships, we have more than 300 referrals per month for individual music therapy sessions, and clinical staff are seeing the immediate impact on their patients.

### Shelly McGriff Endowed Nursing Scholarships

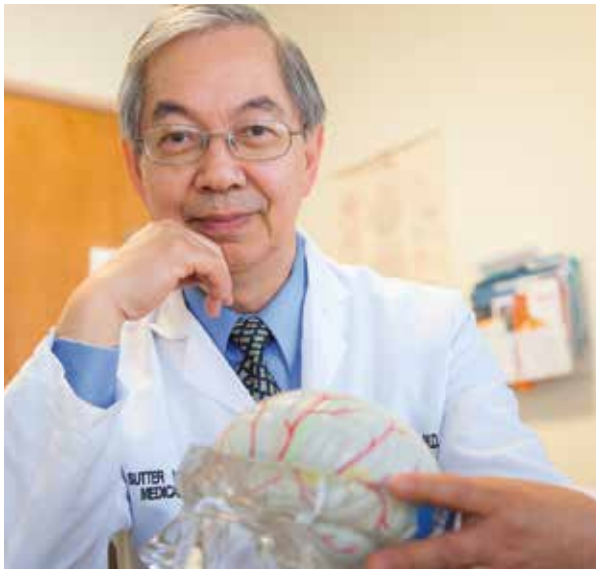
Thanks to the generosity and commitment of our staff and a giving community, we are able to offer nursing scholarships to qualified and motivated individuals in healthcare to further their training and education. Last year, four employees were awarded scholarships to aid their education — ranging from a master's degree in nursing to just starting on the journey to becoming a R.N.



## Sutter Neuroscience Institute

Each year, thousands of patients throughout the Valley Area receive outstanding care through the Sutter Neuroscience Institute (SNI). This center provides diagnosis and treatment to patients young and old with complex conditions of the brain, spine and central nervous system. Most notably, our memory clinic has been published in the Journal of Clinical Investigation for an Alzheimer's study and in The Official Journal of the American Academy of Neurology for treatment of neurobehavioral symptoms of adults with autism.

Thanks to philanthropic partnerships like yours, we are able to provide the latest treatment options — while advancing research — for neurological disorders.



## Sutter Institute for Medical Research

Since 1957, leading-edge discoveries (i.e., Transcatheter Mitral Valve Repair and Replacement) and life-saving breakthroughs have been the result of research happening at Sutter Institute for Medical Research (SIMR). Today, with the help of community investments, clinicians participate in investigative research studies on endoscopy, orthopedics and robotics, while also collaborating on disease prevention, diagnosis and treatment for patients across the country.



**Smeloff-Cutter Heart Valve:** The heart valve was created at Sutter Institute for Medical Research in 1962 by Ed Smeloff, Sr., M.D. soon after establishing Sutter Institute for Medical Research. This innovation saved thousands of lives around the world by offering patients a better-performing mechanical replacement for their faulty heart valves.

# Emergency Services

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“Our goal is to provide consistent, top-notch care to everyone who arrives at the emergency department, as quickly as possible.”

— Justin Wagner, M.D., medical director, emergency department, Sutter Medical Center, Sacramento

## **Sutter Medical Center, Sacramento’s Emergency Department: Helping patients get the care they need when, where and how they need it.**

Having Sutter Medical Center, Sacramento’s emergency services right here in Sacramento brings relief from pain and discomfort for tens of thousands of people every year, 7 days a week, 24 hours a day.

As the busiest emergency department in the Sutter system and the busiest pediatric emergency department in the region, we expect to see up to 110,000 patients in 2017.

In 2015, thanks to a lead gift from the Pappas Family and investments from other philanthropic partners — the region’s first dedicated pediatric emergency department was created at Sutter Medical Center, Sacramento. The space was designed with children in mind with a separate waiting area and nurses and physicians specially trained to care for our youngest patients.





Most recently, thanks to generous philanthropic support like yours, our emergency department patients now have access to new ultrasound technology. With ultrasound, patient care is improved with more efficiency and accuracy in placing complicated IV's, screening for retinal detachment and other eye problems, identifying areas for draining abscesses, and identifying potentially life threatening traumatic injuries.

Our goal is to provide consistent, top-notch care to everyone who arrives at the emergency department, as quickly as possible," said Justin Wagner, M.D., emergency services, Sutter Medical Center, Sacramento.

With your partnership, Sutter Health is here for you — when, where and how you need us.

# Cancer Care



**Taro Arai**, Mikuni Charitable Foundation (left) and performance artist **David Garibaldi** (right) on-site at the Mikuni Infusion Center's "Living Walls"

## Living Walls at Sutter Cancer Center

In 2016, Sutter Medical Center, Sacramento renamed our infusion therapy center the Mikuni Infusion Center, in honor of Mikuni Charitable Foundation's ongoing contributions totaling nearly \$1 million to Sutter Cancer Center's Breast Cancer Navigator Program over the past 20 years.

The Breast Cancer Navigator Program assigns a nurse to act as a personal patient guide and advocate, helping people understand their diagnosis, explore treatment options and recover at their own pace.

Thanks to world-renowned Sacramento performance artist David Garibaldi, patients waiting at the Mikuni Infusion Center can now enjoy artwork he calls "Living Walls," inspired by memories of those who have survived cancer. Mr. Garibaldi said, "While people sit here, I want them to be inspired by this painting. Every time they come here, I want them to be able to find something new and compelling."

The Breast Cancer Navigator Program and the new art at the Mikuni Infusion Center are just two examples of the way philanthropy touches patients' lives every day.

"While people sit here, I want them to be inspired.  
Every time they come here, I want them to be able  
to find something new and compelling."

— David Garibaldi





# Funding Priorities

## Sutter Medical Center Foundation and Sutter Health Valley Area

**BEAR program:** The Bridging Evidence & Resources (BEAR) Center is a joint program between Sutter Medical Foundation and Sutter Children's Center, Sacramento that provides care to infants, children and teens who have been seriously neglected or physically or sexually abused. Donor support allows the BEAR Center to provide vital 24-hour child abuse assessment and community resources throughout the region.

**Cancer Center:** Philanthropy helps us put the very best tools in the hands of clinicians faster. Providing a wide range of leading-edge cancer services for patients of all ages in the community, we seek support for advanced new technologies and programs that provide cancer patients with healing therapies.

**Child Life Program:** Our specialists work with children, their families and care providers to make life as normal as possible while in the hospital. They also provide essential life experiences for gaining a sense of mastery, for play, learning, self-expression, family involvement and peer interaction.

**Getting to Zero:** Getting to Zero is a regional campaign in Placer, Sacramento and Yolo Counties to align individual, corporate and government resources to address homelessness. Using the housing first best practice model, the goal is to achieve functional zero — when the number of homeless individuals is equal to or less than the number of permanent housing units.

**Healing garden:** The proposed healing garden will be a comforting, peaceful retreat for patients, family and staff at the hospital. There is an opportunity to leave a lasting legacy by naming the healing garden at Sutter Medical Center, Sacramento.

**Medical research:** The Sutter Institute for Medical Research (SIMR) combines world-class research efforts with community-based medical care. Through SIMR, physicians take part in hundreds of research studies, advancing our understanding of disease prevention, diagnosis and treatment. In addition, Sutter Health is raising funds to support a Biobank that will link blood sample data and electronic health record information from consenting patients. These studies will help researchers better understand how people develop disease over time, leading to more personalized treatment and improved care.

**Pet therapy:** Studies have shown that pets can lower stress and anxiety, improve vital signs, and reduce loneliness and depression. Donor support connects trained therapy dogs with patients and families to lift spirits and provide comfort and unconditional love.



### Shelly McGriff Endowed Nursing Scholarship Fund:

The Shelly McGriff Endowed Nursing Scholarship Fund celebrates Shelly's 38-year legacy of caring by supporting employees pursuing or advancing their nursing education. As an endowed fund, contributions are invested in perpetuity, promoting nursing excellence and leadership for generations to come. Scholarships in nursing will be distributed each year to support tuition and other educational expenses.



**Sophie's Place:** Sophie's Place is an innovative 625-square-foot facility that includes a performance stage area, activity and listening areas with interactive and whimsical furniture, a private music therapy session room and a recording studio room with digital recording equipment enclosed with sound-proof walls. Recent clinical studies show that music therapy provides beneficial effects on hospital patients and with philanthropic support, our music therapists bring comfort and peace to our young patients through music.





# Planned Giving

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## Heart of the Community

Diane Mizell joined Rotary Club of Sacramento in 1990 and in 1992 she left her career in business management to focus on her community. She says, “I was building a new life and the Rotary Club was there to guide me in some different directions.” The different directions included becoming active in many of Sacramento’s non-profits, including the YMCA, the Children’s Receiving Home of Sacramento, the Sacramento Region Community Foundation and the Salvation Army.

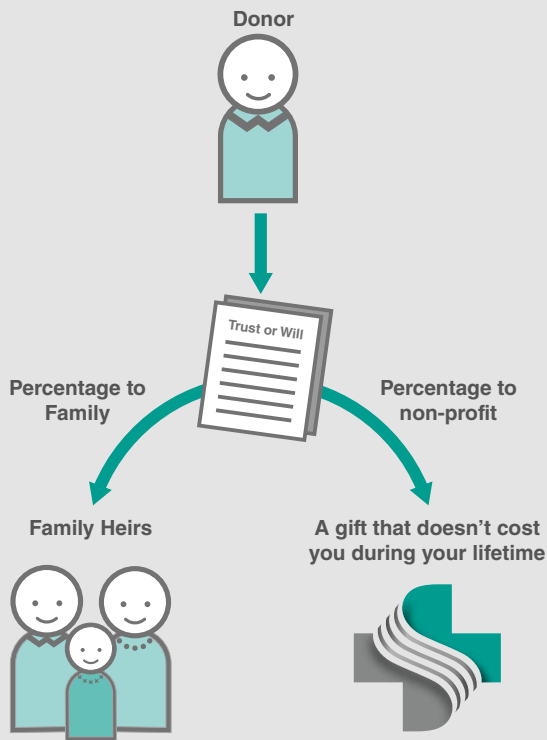
Among the many milestones on her path to becoming a recognized leader in the non-profit sector, Diane served as the first female president of the Rotary Club of Sacramento.

She became interested in Sutter Medical Center Foundation when she met Ralph Andersen, a Sacramento philanthropist. At the time, Ralph was board chair for Sutter Health and would go on to lead a successful capital campaign in Sacramento that helped create our Women and Children’s Center and expand the existing medical center. She says, “Ralph taught me so much about philanthropy, the importance of relationships, sharing passion and being persistent. So when he passed away, I was naturally drawn to Sutter.”

While finalizing her estate plans, Sutter Health offered her a consultation with Thompson & Associates, a values-based estate planning firm. She appreciated having the opportunity to review her plans with philanthropic goals in mind given how fortunate she and her husband had been to have had successful careers and how the community had always been good to them.

“Sutter was right at the top of where I wanted to leave a legacy. If we want better healthcare, state-of-the-art facilities and to attract the best doctors and nurses, philanthropic contributions are a vital component to providing the best care for our patients and families.”





## Leave a Legacy

You and your family can be a part of the future of healthcare through thoughtful planning today. We are here to work with you to determine how to leave your legacy while supporting the area of healthcare most important to you. Whether it's leaving your local Sutter hospital in your will or trust (see diagram on left) or creating a gift that pays you income, you can make a visionary philanthropic investment toward the health of your community.



For more information about planned giving, please contact Rebecca Thompson, Director of Philanthropy, Planned Giving at 916-887-7067 or [ThompsRM@sutterhealth.org](mailto:ThompsRM@sutterhealth.org)

For additional Foundation information contact Mary Anne Zbyczik at 916-887-4481 or [zbyczim@sutterhealth.org](mailto:zbyczim@sutterhealth.org)

“Sutter was right at the top of where I wanted to leave a legacy.”

— Diane Mizell