

FREE

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HUGS & CHEERS



2020 BABIES!

FUN FITNESS FOR KIDS!

FAMILY FRIENDLY EVENTS



FOR A HAPPY NEW YEARS!

2021 EDUCATION DIRECTORY



2021

CAMPS! & ACTIVITIES

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NOTE FROM THE EDITOR

Goodbye 2020, Hello 2021!!!!

It sure feels good to say that! 2020 was a difficult year for us all, but some more than others, of course. We offer our sincere condolences to those who lost family members or friends this year. While 2020 was bad in many ways, there were also some good things that happened. Many of us had more time at home to reconnect with our kids, some of us started new hobbies, some did home improvement projects that had been put on hold... positive changes were made, and new babies were born. Make sure you check out the precious 2020 babies that our readers shared with us in this issue.

This month, we have lots of information to help prepare you for the coming months. Start the year off healthy and check out our tips for teaching kids the benefits of exercise, and check out our Family Friendly Events page to plan some fun with the kids. Our Education Directory and Summer Camp Guide will help you in planning for upcoming months. And, to top things off with a little sweetness, check out the instructions on how to make an easy cocoa bomb! They are all the rave this winter!

My sincere hope is that 2021 brings positive changes, good health, and happiness for us all.

*Wishing you all a
Happy New Year!*

Kim
Kim Carlisle, Editor

Sign Up!



Sign up for our weekly eBlasts with a direct link to our current issue! Each week in our eBlasts, we have links to crafts, recipes, activities and resources for family fun as well as events and offers from local businesses. We also send out special eBlasts to our subscribers with CONTEST information periodically and dedicated eBlasts from local businesses! Don't miss out!

CLICK HERE TO SIGN UP!

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JANUARY

cover cuties



Kinza

Kinza is 4 years old. She works hard to accomplish anything her heart desires.



Hoorain

Hoorain is a 2020 baby! She is 9 months old. She is a very happy, very active and very friendly baby! Mom wishes her a bright future with happiness, love, care and respect for everyone and a very happy new year with family.

Daniel

Daniel is a 2020 baby! He is 4 months old. Daniel is adored and spoiled rotten by 4 older sisters (Peyton - age 8, Ellie - age 7, Skylar - age 4, and Sydney - age 2). Daniel loves being outside especially on a breezy day, smiles at every face he sees and loves to cuddle all day long.

New Year's Resolution: Daniel wants to sleep through the night or at least most of the night. Mom swears this is what Daniel wants and not what mom wants :)



Xavier

Xavier is a 2020 baby! He is now 7 months old. Xavier loves lots of conversation, giggles & watching his big brother Logan run around. Xavier's New Year's resolution is to be able to walk after his big brother & enjoy some brotherly shenanigans.



Elise Rose

Elise is 5 years old. She loves to dance and sing. She loves to spend time with her family. She wants to be a hairdresser when she grows up.

Elise's New Year's resolution is to stop growing so fast!



Caden & Dylan

Caden and Dylan are brothers and are 10 and 4 years old. Caden's New Year's resolution is to play more baseball, practice and work really hard to become the best that he can be at it. Dylan's resolution is to learn how to ride his big boy bike!



PLAY

ROLL



FITNESS & FUN!

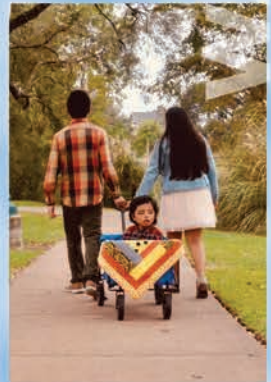


DANCE

CHEER



SWIM



NEW YEAR'S

HEALTH FITNESS

& EXERCISE

for kids!



By teaching your kids the importance of physical activity, you can instill fun and healthy habits that will last a lifetime.

BENEFITS OF EXERCISE

- Stronger muscles and bones
- Leaner body
- Less likely to become overweight
- Decreased risk of developing type 2 diabetes
- Possibly lower blood pressure and blood cholesterol levels
- More self-confidence and self-esteem

In addition to the health benefits of regular exercise, kids who are physically fit sleep better and are better able to handle the physical and emotional challenges that a typical day presents.

The American Heart Association recommends:

*All children age 2 and older should participate in at least 30 minutes of enjoyable, moderate-intensity activities every day. Take the dog for a walk, play hopscotch, or hide-n-seek, rake the leaves.

*They should also perform at least 30 minutes of vigorous physical activities at least 3-4 days each week to achieve and maintain a good level of heart and lung fitness. Play basketball, go bike riding, play tag- the key here is to keep moving.

*If your children don't have a full 30-minute activity break each day, try to provide at least two 15-minute periods or three 10-minute periods in which they can engage in vigorous activities. Jump rope, turn the music up and dance, do jumping jacks- again, it is important to keep moving.

TIPS FOR SUCCESS!

Be a Role Model!

If your kids see you being physically active and taking care of your body, they will naturally want to do the same. In addition to your regular exercise routine, get out and play with your kids- challenge them on the monkey bars, race them from your house to the corner, play hopscotch... just have fun!

Your Child Doesn't Like Competitive Sports?

Try swimming, horseback riding, dancing, cycling, skateboarding, yoga, walking, etc....

Sneak a Little Extra Exercise!

Skip the elevator and take the stairs! Park farther away. Walk down extra aisles in the grocery store, avoiding the cookie aisle, of course! Go to the mall instead of stores where you can park right in front of the door.

Limit Electronic Time!

Experts recommend that kids get no more than 1-2 hours of TV/computer/video games per day. Offer alternatives: family game night, shoot some hoops, take the family dog for a walk after dinner each night, go to the park, etc...



SUMMER CAMP GUIDE

ACTIVE PLAY

● DANCE EXPRESSIONS

We offer Summer Camps, Workshops and summer classes. Our top-notch camps include crafts, dance, snacks, and lots of fun with many themes to choose from.
www.DanceExpressions.net
281-996-6000

● LONE STAR FLIGHT MUSEUM

Spring break camp is ready for take-off! Pilot training and more are on the flight plan. Ages 10-12
www.LoneStarFlight.org/camps
346-708-2517

● PEARLAND PARKS & RECREATION

Camps and youth athletic leagues in a variety of sports. Ages 7 to 14. Registration is available at the administrative offices (4141 Bailey Road) or www.PearlandTX.gov/Departments/Parks-Recreation/Programs/Athletics/Youth-Athletics
281-412-8900

● UNIVERSITY CHEER

Camps for individuals, stunt groups and teams! Campers are taught spirit dances, hip hop style cheer dances, pom routines, game cheers, game day spirit technique, tumbling, jumps and stunts! Parents are invited to a "showcase" on the last day to see their child perform the camp material and compete for fun awards!
www.UniversityCheer.com
281-991-1417

CHRISTIAN

● CAMP ALLEN

We provide a fun & unique environment for young people to cultivate friendships, experience personal growth, and learn about the unconditional love of Jesus Christ. (located 1 hour from Houston)
www.CampAllen.org
936-825-7175

● VICTORY CAMP

Amazing summer camp experience that's close to home! All the activities your kids love in a fun Christian camp environment. Day and overnight sessions available.
www.VictoryCamp.com
281-338-Camp (2267)

HORSE CAMPS

● PALOMA TRAILS

Horse/Pony Riding Camp, Summer Riding Splash Camp, Unicorn Riding Camp. Camps available for children age 18mth to 16yr, Experienced to No Experience. Summer Riding Lessons also available.
www.palomatrails.com/
713-715-9363

● THE SUGAR & SPICE RANCH CAMP

Mother/Daughter or All Girl Camps. Our summer camp sessions run from Saturday through the following Friday every week from Memorial Day weekend through Labor Day weekend.
www.TexasHorseCamps.com
830-460-8487

MUSIC AND ARTS

● ALLEGRO PEARLAND ACADEMY OF MUSIC

Online and In-Person Classes available.
www.AllegroAcademyPearland.com
713-452-9402

STEM & EDUCATIONAL

● BEST BRAINS PEARLAND

Offering Chess Camp, e-speaking camp, creative writing camp, and an Abacus Fast Track Workshop
www.BestBrainsPearland.com/summer-camp
832-559-0000

● BRICKS & MINIFIGS PEARLAND

Lego Themed Summer Camps. Call Bricks & Minifigs Pearland at (281) 741-0279 for more information or with any questions.
www.bricksandminifigs.com

● IDEA LAB KIDS

Forget boredom and your same old summer activities! IDEA Lab Kids STEAM [STEM + Arts] camps make summer a totally fun, memorable experience with camps like; How to become a YouTube Star, Minecraft Engineering and Coding, Medial Science, Future Doctor, Chef Academy Passport, Smart Home Design, Solving Global Issues with Technology and so much more. Experience a summer with IDEA Lab Kids that engages critical thinking and simulates brains.
www.pearland.idealabkids.com/camps
832-295-0796

● SAN JACINTO COLLEGE

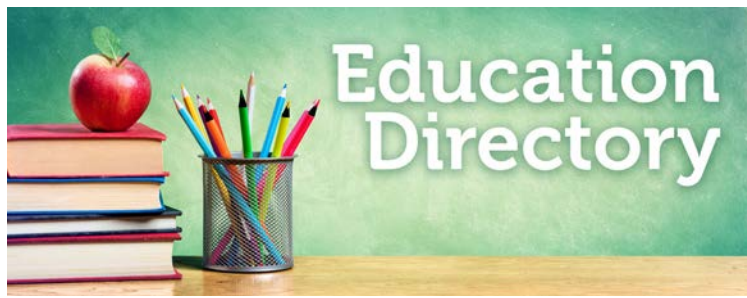
www.SanJac.edu/Summer-Camps
281-998-6150

● SILVERLINE MONTESSORI

We offer full day camp for children from 3 to 12 years old where we will take a "trip" across the United States of America! Our Summer Camps are from 7:00 AM until 4:00 PM with STEM included!
Shadow Creek 713-436-5070
<https://silverlinemontessori.com/summer-camp-shadow-creek>
Silverlake 281-997-3700
<https://silverlinemontessori.com/summer-camp-silverlake>

● THE TUTORING CENTER PEARLAND

Summer Programs in Reading, Math, and Writing for Grades K-12. Improve your child's academic skills to help them succeed in school. Fun learning environment.
<https://pearland2tx.tutoringcenter.com>
832-781-8809



Education Directory

ABSea Preschool

www.abseapreschool.com
832-243-4602

Best Brains Pearland

www.BestBrains.com/Pearland
832-559-0000

Code Ninjas

www.CodeNinjas.com/locations/tx-pearland-shadow-creek
Shadow Creek: 832-849-5110

www.CodeNinjas.com/locations/tx-pearland-silverlake
Silverlake: 832-777-3662

Crossroads Early Learning Academy

crossroads-umc.org
281-484-9243

Eagle Heights Christian Academy

www.Eagle-Heights.org
281-485-6330

Excellent Minds Academy

www.ExcellentMindsAcademy.org
832-671-2674

First United Methodist Church Pearland

www.FUMCPearland.org/Methodist-Childrens-Program
281-485.8721

Friendswood Community Education

http://myFISD.com/Community-ed/
281-482-6000

Idea Lab Kids

www.pearland.idealabkids.com
832-295-0796

Little Lab Learning Center

https://mypkuaf.org/our-sponso
rs/?fbclid=IwAR38N2TZJiCVzXd-
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dF8CL9ZUyOUg

Kiddie Academy of Pearland-East

www.KiddieAcademy.com
832-905-5978

Kids Lane Academy

www.KidsLanePearland.com
281-670-5821

Livingstones Christian School

www.lscs.org
281-331-0086

Lutheran South Academy

www.LutheranSouth.org
281-464-8299

San Jacinto College

www.SanJac.edu
281-998-6150

Silverline Montessori

www.SilverlineMontessori.com
Pearland 281-997-3700
Shadow Creek 713-436-5070

Smart Scholars Foundation

www.smartscholarsacademy.com/
foundation, 832-367-9688

Sylvan Learning of Pearland

www.SylvanLearning.com
713-340-0333

The Goddard School

www.GoddardSchool.com
Friendswood 281-992-2400
Pearland 713-413-0600

The Reading Lab

www.TheReadingLab.net
281-461-READ

The Tutoring Center Pearland (Broadway & Walnut)

www.TutoringCenter.com
832-781-8809



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832-559-0000

12002 Shadow Creek Pkwy.,
#114, Pearland, TX 77584

www.BestBrainsPearland.com

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Expires 1/31/21

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WITH ENROLLMENT
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WITH ENROLLMENT
Expires 4-15-21
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- WRITING
- ENRICHMENT

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www.TutoringCenter.com

SAFETY IS OUR TOP PRIORITY

January

FAMILY FRIENDLY EVENTS

ICE SKATING AT DISCOVERY GREEN

Thru Jan 31 • 3:30 - 6:30 pm

Mondays \$8 Tuesday - Sunday \$15. Friday Nights DJ's on The Ice • The Ice Powered by Green Mountain Energy at Discovery Green. Safety protocols must be followed. Tickets must be purchased in advance. Ice Skating Through January 31. • Age: all ages • Discovery Green in Downtown Houston

www.discoverygreen.com/ice

HOUSTON ZOO LIGHTS

Thru Jan 10 • 5:30-10:30 pm
(last entry at 9:30 pm)

Sip hot chocolate as you stroll through the beautiful Houston Zoo grounds and take in the sights and sounds of the season. Interact with Candy the Zoo Lights Zebra presented by H-E-B, get a selfie on a giant ice throne! Stroll through a 125-foot-long, Infinity Tunnel of Light, see dragons come to life in the 4-D Enchanted Forest presented by King & Spalding LLP, and experience "snow" in Texas! \$13-\$25.

www.houstonzoo.org/events/zoolights

THE SINGING TREES

Jan 1-31 • 6:00 pm

New to CityCentre this year, visitors can get into the holiday spirit with interactive Singing Trees! Located in courtyard between Fellini Cafe and Paper Source. The trees hundreds of lightbulbs change color and intensity depending on how high or low you sing! • Age: all ages • CityCentre

www.citycentrehouston.com

FRIENDSWOOD FARMERS MARKET

Jan 2 • 9:00am

Fresh produce, artisan breads, local honey, delicious baked goods, and hand-crafted products. • Stevenson Park

www.friendswoodmarket.com

LEGACY GYMNASTICS JANUARY KIDS NIGHT OUT

Jan 9 • 6-10 pm

Fun Crafts, bounce house, and lots of fun!
\$25 Preregistered, \$30 at door

www.legacy-gym.com

FREE DRIVE UP VACCINES

Jan 14 • 5:00 - 8:00 pm

Committed to creating a community of healthy children, Texas Children's Mobile Clinic Program, in partnership with Ronald McDonald House Charities of Greater Houston/Galveston, will administer free vaccinations to children 6 weeks to 18 years of age who qualify for the Texas Vaccines for Children Program. Pre-registration is required. Please call Texas Children's Mobile Clinic Program at (832)824-6355 to register. Parents and guardians must bring child's immunization records and must accompany child. Face masks that cover the face and mouth are required. For questions and eligibility, please call (832)824-6788.

www.cmhouston.org/events/free-vaccinations

LITTLE GYM OF PEARLAND PARENTS SURVIVAL NIGHT

January 15 • 6:30-10:30 pm

Glow in the Dark! \$35 Members \$40 non members, Ages 3-12 years

www.thelittlegym.com/PearlandTX/events-more-fun/drop-ins-events#schedule

RUN FOR THE HEALTH OF IT!

Jan 9 • 7:00am

Event Location: The Health Museum

It doesn't matter how fast you run or how far you go—what's important is that you take part, have fun being active, and you'll inspire others to live a healthier life. Tag us and share why you run 'for the health of it' with The Health Museum! #forthehealthofit Join The Health Museum to help bring educational awareness about health and wellness to our community. Run with us or donate to support our mission, and you can inspire others to live a healthier life. For more information, contact Katy Barber, Membership Manager, at kbarber@thehealthmuseum.org or 713-521-1515, ext. 331. See Covid protocols online.

www.thehealthmuseum.org/event/run-health-it

BIKE FOR THE HEALTH OF IT!

Jan 16 • 9:00am

Event Location: The Health Museum

It doesn't matter how fast or how far you go—what's important is that you take part, have fun being active, and you'll inspire others to live a healthier life. All workouts will start and end at The Health Museum and take place in the Houston Museum District. Tag us and share why you run, walk, or bike 'for the health of it' with The Health Museum! #forthehealthofit For more information, contact Katy Barber, Membership Manager, at kbarber@thehealthmuseum.org or 713-521-1515, ext. 331. See Covid protocols online.

<https://www.thehealthmuseum.org/event/bike-health-it>

MONSTER ENERGY AMA SUPERCROSS

Jan 16, 19 & 23

An FIM World Championship, season. The series is set to kick off in Houston, Texas at NRG Stadium on Saturday, January 16 for the first of three rounds (Tuesday, Jan 19, Saturday, Jan 23),

www.nrgpark.com/event-calendar

ROSENBERG RAILROAD MUSEUM

Jan 24 • 1-4 pm

HAGG Garden Railroad Run Day!

Come see the visiting trains!

rosenbergmuseum.org

BAKFISH CHILI FEST 2021

Jan 31 • 1:00 - 5:00 pm

Fundraiser for the Pearland Fire Department! Live music, plus members of the PFD present. Come out and show your support of the department and enjoy some chili. \$5 to sample 20 teams chili. • Age: all ages • \$5 • Bakfish Brewing Co • 281-993-8658

bakfishbrewing.com

MONSTER JAM @ NRG PARK

Jan 30, 31 • Feb 6, 7, 13, 14

Monster Jam® is an action-packed motorsport with world-class athletes locked in intense competitions of speed and skill. Witness heated rivalries, high-flying stunts and fierce head-to-head battles for the Event Championship. Engineered to perfection, these 12,000-pound monster trucks, including the legendary Grave Digger® and Monster Energy®, push all limits in Freestyle, Skills Challenge and Racing competitions. This is full-throttle family fun. This is. Monster Jam™.

www.nrgpark.com/event-calendar

ALPHA OMEGA GYMNASTICS PEARLAND PARENTS NIGHT OUT

Jan 30 • 5:30-9:30 pm (Extended Care until 10:30 pm available)

Parent's Night Out is a great way for mom and dad to go out and have a night on the town while the kids have fun at the gym. It is once a month on a Saturday evening and we will even feed the kids dinner. The children will get to do gymnastics, play games, make arts and crafts, participate in science experiments and watch a movie.

Ages 3 and up, Members \$25 Siblings \$15 Non-members \$35 Siblings \$25 Extended Care \$10

alphaomegagymnastics.com

VIRTUAL FUN!

ONGOING ONLINE ACTIVITIES!

VIRTUAL CAMPOUT WITH SPACE CENTER HOUSTON

Jan 9 • 6:00 - 9:00 pm (see website for future dates)

Grab your camping gear and head to the backyard because the night sky is calling us to camp out! During this unique time, Space Center Houston is hosting Virtual Campouts. This exciting program allows guests who would like to experience Space Center Houston's Camp-In program but are unable to visit the center. Stargaze and explore the stars with us in real time. Use household items to make science come to life through engaging hands-on activities. Tour our space artifacts virtually with our app. Ordinarily, Space Center Houston's Campouts are paid programs. We recognize the financial difficulties the COVID-19 crisis has created for many people, and we want everyone to be able to participate and enjoy these educational and fun programs without price being a barrier. As a result, we are offering this Campout to anyone who would like to participate and ask you to pay whatever you are comfortable paying. Please enter the amount you are able to pay per person. If you are not able to pay, please enter "0" in the blank during registration. We are excited to have you join us for this Virtual Campout! Please register at least 24 hours before the event. We can't wait to see you under the stars!

www.spacecenter.org/education-programs/overnight-experiences/virtual-campout/

LET'S MAKE ART! AT-HOME ART MAKING

Let's make art! Use downloadable step-by-step instructions and follow along with how to videos featuring artists and educators as they guide you in fun and exciting art making activities to do at your home with your family.

www.mfah.org/programs/families/

FAMILY ACTIVITY BOOKS

Enjoy family time with a museum twist! Families can create and discover together with printable books that feature coloring sheets, search activities, and drawing exercises inspired by works of art in the MFAH collections.

www.mfah.org/programs/families

VIRTUAL FUN FOR ALL AGES WITH FORT BEND COUNTY LIBRARIES

Create crafts like bottle cap windchimes, party with Pete the Cat, listen to stories, make a confetti bowl, learn a new language and more! Check out this month's calendar for details.

www.fortbend.lib.tx.us/events/month/2021/01

VIRTUAL FUN FOR ALL AGES WITH HARRIS COUNTY LIBRARIES

Online activities for all ages! Teen Dungeon and Dragons, teen crafts, baby and toddler story times, Pictionary, Anime Club, treasure hunts, trivia, sing and sketch and more! Check out this month's calendar for details.

www.hcpl.net/events?search=&start_date=01%2F01%2F2021&end_date=01%2F31%2F2021&branch=&sort_by=field_date

CHILDREN'S MUSEUM OF HOUSTON ALL TIME ACCESS

Get ready to see the museum from a whole new digital landscape! All-Time Access allows everyone to experience the museum from anywhere, anytime. 3D Virtual Field Trips are now available for How Does It Work? We've got a few questions to get you registered and then you can immediately begin your adventure! Sign Up:

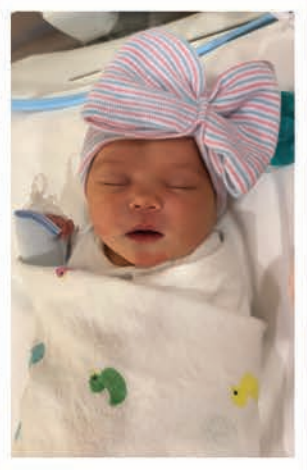
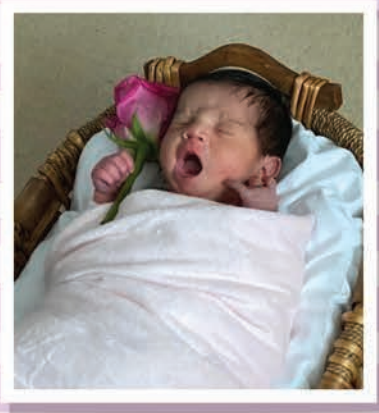
cmhouston.org

FORT BEND CHILDREN'S DISCOVERY CENTER NEW VIRTUAL EXPERIENCE!

Educator Moments, 3D Field Trips The Fort Bend Children's Discovery Center opens is ready to welcome visitors virtually! The educators bring their warm personalities onto your screen with the launch of "Educator Moments" on the Discovery Center's Facebook and YouTube channel with art projects, science experiments, demonstrations, storytimes and more. Plus, you can now visit us from home! Explore the Discovery Center's first Matterport 3D Field Trip!

childrensdiscoveryfb.org

2022 Babies



Hot Cocoa

National Hot Chocolate Day
January 31, 2021

Grab your favorite mug and get cozy
with a cup of hot cocoa!

EASY COCOA BOMB!

Kinder Egg • Chocolate Melting Wafers
Hot Cocoa Powder Mix • Mini Marshmallows

Eat the contents of the Kinder Egg.

Clean it out.

Using the microwave, melt 5 wafers in each half of the egg. Do in 10 second intervals stirring with a toothpick until smooth.

Tilt the egg halves until coated evenly with melted chocolate.

Place in freezer until hardened.

Fill with cocoa mix and mini marshmallows.

Seal the egg with a little more melted chocolate and smooth with finger.

Decorate with drizzled white chocolate, sprinkles, crushed Oreos, etc. Be creative!



Scan to watch
a video with
instructions
on Youtube!

Yummy Mix Ins

A sprinkle of cinnamon

Squirt of maple syrup

Scoop of Nutella

Crushed candy cane or Andes mints

A dash of egg nog

Spoonful of Caramel Sauce

Melted butterscotch or peanut butter baking chips

Dollop of raspberry jam

Shake a little cayenne or chili pepper

A pinch of coffee or espresso powder

Join us for
our Spring &
Summer
Girls Camps!



Sugar and Spice Ranch is a camp for girls only!
We specialize in creating a positive bonding experience
through a variety of horseback riding activities!



Offering:

- Camps for girls only ages 8+
- Camps for girls (ages 5+) & their moms
- Women-only weekends
- Family weekends



Sugar and Spice Ranch

"Bonding Mothers & Daughters Through Horses"

830.460.8487

www.TexasHorseCamps.com

CAMP ALLEN

SUMMER CAMP



Join us for an action-packed, faith-filled week
of summer camp! Located on 1,100 forested
acres one hour north west of Houston, Camp
Allen provides affordable, over night camping
experiences for ages 8-18.

campallen.org



936.825.7175



SOMETIMES A

HUG

IS ALL YOU
NEED TO MAKE
YOU FEEL
BETTER!





Thursday, January 21 - National Hugging Day 2021



MAILA-HUG

See directions on
www.pinterest.com/scpublishing





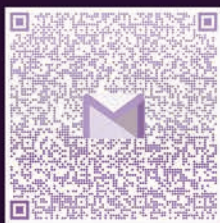
HAPPY

NEW YEAR

2021

EXCLUSIVE CONTESTS FOR SUBSCRIBERS!

Click here to sign up for our eblasts!



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