# Enhance your Curriculum



## with Ready-to-Use P.E. Lessons

A Physical Education Sports and Activities\* Curriculum Support for all of your physical education classes Advantage **Press**<sub>INC.</sub>

Use to teach a complete lesson or give as an independent assignment. An excellent way to address the concern over the non-participating student.

## The Many Uses of Advantage Press' Physical Education Programs

- Introduce a lesson
- Supplement your curriculum
- A learning experience for a non-participant
- Promote reading/writing\*

- Common Core activities
- Assign as homework
- Give as extra-credit
- Assess learning and justify grades
- Resource for subs

\* Research shows that reading and writing across the curriculum enhances student achievement in all subjects.

#### \*2015 editions now available with optional Common Core components.

## P.E. Sports & Activities #985

33 complete Packets on CD. Revised 2015 Edition includes an optional Common Core Component for each lesson, updated rules and a new "Notes" section that highlights each sport's popularity.

## Each packet includes:

- History and rules of the game
- Skills and techniques required
- How the sport is played
- Strategies
- Website resources
- Optional Common Core components
- Questions and puzzles
- Teacher answers

A great 30–40 minute lesson resulting in a quick and complete grasp of a sport or activity.

- 1. Volleyball
- 2 Badminton
- 3. Tennis
- 4 Basketball
- 5. Bowling
- 6. Soccer
- 7. Archery
- 8. Wrestling
- 9 Golf
- 10. Field Hockey
- 11 Baseball
- 12. Gymnastics
- 13 Football
- 14. Weightlifting
- 15 Dance
- 16. Field Events
- 17. Track Events



- 18. Racquetball
- 19. Softball
- 20. Handball
- 21 Karate
- 22. Aerobics
- 23. Ice Hockey
- 24. Dodge Ball
- 2.5 Water Polo
- 26 Team Handball
- 27 lacrosse
- 28 Frisbee
- 29 Netball
- 30 Table Tennis
- 31. Flag Football
- 32. Floor Hockey
- 33. Cardio
  - Kickboxing

#### **NEW PACKETS**

Six additional Sports and Activities to supplement the very popular P.E. Sports & Activities program.

#### P.E. Supplement #986

- 1. Pickleball
- 2. Footgolf
- 3. Flickerball
- 4. Bean Bag Toss
- 5. Personal Fitness Plan
- 6. Discgolf

Visit **advantagepress.com** for **FREE** samples and more information!

## Four additional CD programs to help improve student behavior and spark motivation:



#### **Classroom Management Toolkit**

30 packets help solve minor behavior and attitude problems that detract from a positive and productive class.



#### **Bully Lessons**

Help students reconsider their negative and destructive actions: 16 lessons that probe the reasons and consequences of bullying.

#### **Motivation Lessons**

Focus on obstacles that keep students from achieving to their capabilities. Students will see the connection between effort and achievement.



Teach the importance of moral behavior and value of positive student leadership.

#### **Classroom Management Toolkit #181**

#### **Behavior Packets**

- 1. Bothering Others
- 2. Cheating
- 3. Disobeying
- 4. Following Instructions
- 5. Food/Drink in Class
- 6. Improper Attire
- 7. Improper Language
- 8. Incomplete Work
- 9. Late to Class
- 10. Misbehaving for the Sub
- 11. Missing Work
- 12. Unprepared
- 13. Unsafe Actions
- 14. Untruthful
- 15. Wasting Time

#### **Attitude Packets**

- . Anger
- 2. Arrogance
- 3. Bored
- 4. Defensive
- 5. Disrespectful
- 6. Inappropriate Humor
- 7. Indifference
- 8. Immaturity
- 9. Making Fun of Others
- 10. Refusing to Work
- 11. Rude Behavior
- 12. Selfishness
- 13. Stubbornness
- 14. Lacking Initiative
- 15. Unmotivated

#### **Bullying #883**

- 1. Being Bossy
- 2. Coercior
- 3. Disrespectful of Others
- 4. Embarrassing Others
- 5. Excluding Others
- 6. Extortion
- 7. Hitting or Kicking
- 8. Intimidation
- 9. Threatening Others
- 10. Name Calling
- 11. Sexual harassment
- 12. Shoving or Pushing
- 13. Spreading Rumors
- 14. Taking Another's Property
- 15. Teasing
- 16. Unprovoked Aggression

#### Student Motivation #877

- 1. Coming from Behind
- 2. Constructive Criticism
- 3. The Value of Cooperation
- 4. Learning from Failure
- 5. Getting Ahead
- 6. Showing Initiative
- 7. Becoming Involved
- 8. Finding Meaning at School
- 9. Standing Up for Yourself
- 10. The Power of Planning
- 11. Positive Thinking
- 12. Taking Responsibility
- 13. Building Self-Confidence
- 14. Importance of School
- 15. Self-imposed Obstacles
- 16. Importance of Socialization

### Character Education and Leadership #850

- 1. Accepting Responsibility
- 2. Dependability
- 3. Determination
- 4. Earning Respect
- 5. Gratitud
- 6. Initiative
- 7. Integrit
- 8. Kindness
- 9. Optimism
- 10. Self-Control
- 11. Standing Up for What's Right
- 12. Teamwork







**There's more!** Twenty-three additional packets cover popular sporting events from the most current Olympic games—the 2012 Summer Olympics and the 2014 Winter Olympics in Sochi. **Still looking for more?** Students will be inspired by **Sports Champions Packets**. They'll learn about the "greats" in eleven major sports—from their athletic beginnings to their greatest professional and personal challenges and accomplishments.

## Olympics #989

#### Summer

- 1. Archery
- 2. Badminton
- 3. Boxing
- 4. Cycling
- 5. Fencing
- 6. Handball
- 7. Volleyball
- 8. Pentathlon
- 9. Taekwondo
- 10. Soccer
- 11. Gymnastics Skiing

#### Winter

- 1. Bobsledding
- 2. Biathlon
- 3. Short Track Skating
- 1. Curling
- 5. Luge
- 6. Cross Country Skiing
- 7. Ice Hockey
- 8. Ski Jump
- 9. Skeleton
- 10. Snowboarding
- 11. Downhill
- 12. Freestyle Skiing

### Sports Champions #967

- 1. Track (Owens, Didrikson, Thorpe, Rudolph)
- 2. Field (Joyner-Kersee, Fosbury, Beamon)
- 3. Ice Hockey (Howe, Orr, Gretzky)
- 4. Weightlifting (Kono, Chermerkin, Alexeev)
- 5. Gymnastics (Retton, Comaneci, Conner, Korbut)
- 6. Wrestling (Baumgartner, Gable, Keaser)
- 7. Tennis (Tilden, Ashe, King)
- 8. Baseball (Ruth, Maris, Clemens)
- 9. Golf (Palmer, Nicklaus, Woods)
- 10. Soccer (Pele, Owen, Hamm)
- 11. Basketball (Naismith, Chamberlain, Jordan)

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