Federal Democratic Republic of Ethiopia Ministry of Education

Physics Syllabus, Grades 9 and 10

2009

Table of Contents

Introduction	iv
Allotments of Periods	vii
Grade 9	
General objectives of Grade 9 Physics	2
Unit 1 Vectors	3
Unit 2 Motion in a straight line	5
Unit 3 Force and Newton's laws of motion	10
Unit 4 Work, energy, and power	17
Unit 5 Simple machines	
Unit 6 Fluid static	25
Unit 7 Temperature and heat	
Unit 8 Wave motion and sound	

Grade 10

General objectives of Grade 10 Physics	40
Unit 1 Motion in two dimensions	
Unit 2 Electrostatics	48
Unit 3 Current electricity	53
Unit 4 Electromagnetism	58
Unit 5 Electronics	65
Unit 6 Electromagnetic waves and geometrical optics	69

Introduction

Improvement of science education is a significant need that has received considerable attention throughout the world... The challenges are greater in the developing world where well- trained teachers, effective materials and even the most basic scientific equipment and supplies are often in short supply.

Grades 9 and 10 are categorized as the first cycle of the secondary education. This is due to the fact that the students will be streamed after finishing Grade 10, which is a terminal point. This fact is given a due consideration in preparing this curriculum guide. Every effort has been made to make the citizens which completes the first cycle of the secondary education knowledgeable of the most general basic laws of physics which they will apply in their daily lives. These syllabuses are prepared based on the new curriculum framework which adopts competency based approach to education and on the feedbacks obtained from the fields. In preparing these syllabuses we have attempted so as to organize and present the materials to provide considerable flexibility with respect to flow of contents, level of presentation, and students' background in mathematics. We have also endeavored to retain a distinct technology perspective throughout the syllabuses. In dealing with the topics emphasis is laid more on the fundamental principles than on minute details. In physics the ability to apply principles to numerical problems is of utmost importance. Physics cannot be learned passively: there is absolutely no substitute for tackling problems .Here is where the students gain the sense of satisfaction and involvement produced by a genuine understanding of the principle of physics.

The expectations in science courses call for an active, experimental approach to learning, with all students participating regularly in practical activities. Practical activities can reinforce the learning of scientific concepts and promote the development of the skills of scientific investigation and communication. Where opportunity allows, students might be required, as part of their laboratory activities, to design and research a real scientific problem for which the results are unknown.

The goal of relating science to technology, society, and the environment is an important new feature of this curriculum. In order to attain this goal, connections between science and technology and between science and the world beyond the school must be integrated into students' learning of scientific concepts and skills. Where possible, concepts should be introduced in the context of real-world problems and issues.

The new curriculum framework has clearly indicated that continuous assessment should be part of the teaching learning process and be done using oral, written and practical work. Therefore this syllabus expects teachers to conduct continuous assessment throughout each term in the form of classroom exercises(written or oral),tests ,homework, assignments, assessment of practical and field works, reports of project activities and personal inventories. In this syllabus ,at the end of each unit ,are given assessment descriptions ,based on competencies, in order to help teachers focus their continuous assessments around them and make sure whether the ones set as standard competencies are achieved or not. In the assessment, the statement "minimum requirement level" should not be misleading and should be understood as the "standard level". Students working at the standard level are expected to achieve the competencies set for the grade level successfully. Teachers should give special considerations for those who are working above and below the standard levels by encouraging the ones that work above the standard and by giving extra attention for those who work below the standard.

This syllabus is not the only curriculum material for physics. It is preceded by the flow chart and the minimum learning competencies (MLC) and is expected to be succeeded by the student's text book, students' workbook, teachers' guide, and practical activities manual. The flow chart is a document that presents the contents listed in a sequence that gives a guideline on the topics to be taught and arranging them in such a way that they build on each other in a spiral progression. The flow chart begets the MLC. The MLC is a document that indicates the minimum that a student must learn in each grade level in terms of contents and skills and it builds on the themes or competency areas identified for the subject. The MLC begets the syllabus. The syllabus is a document that is pre-planned, preordained, pre-sequenced, inventory of specifications that serves as a roadmap to teachers, students, and textbook writers. It is made up of unit outcomes, competencies, contents, and hints for teaching assessment. The syllabus begets the students' text book and workbook and to the teacher guide and practical activities manual. The text book is a standard book used in schools for a given subject and grade levels and which serves as a primary learning instrument for students .The workbook is a booklet used

by a student in which answers and workings may be entered besides questions and exercises .The booklet is designed in such a way that it has enough space for solving problems or recording activities. **The teacher's guide** is a book for the teacher that consists of written instructions for the teacher giving specific directions for teaching the various parts of a lesson. **The practical activities manual** is a manual for the teacher giving instructions on the 'how to' of conducting experiments and simple activities inside and outside the classroom, preparing equipments and chemicals, arranging and performing field trips and visits, making teaching aids and constructing models.

Grade -9 physics encompasses: physics and measurement, vectors, motion in a straight line, force and Newton's laws of motion; work, energy and power, simple machines, fluid static; heat ,temperature and thermal expansion, wave motion and sound.

Grade-10 physics includes: motion in two dimensions, electrostatics, current electricity, electromagnetism, electronics, electromagnetic waves and geometrical optics

The new curriculum framework for Ethiopian schools has allotted 3 periods per week for physics in grade 9 and 10.Though the academic calendar is made of 40 weeks ,the syllabuses are prepared for 34 weeks(102 periods).The distribution of periods for each unit of each grade level is also indicated in the syllabuses

This document of Grades 9 and 10 physics syllabuses was reviewed, discussed, and finalized by a national workshop held at the general

framework development department of the MOE(TIR 1-MIazia 30)and at which 12 federal, regional, and international curriculum experts ,teachers participated. It was finalized by the following team of experts:

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Allotment of Periods for Units and Sub-units of Physics Grades 9 and 10

Grade	Unit	Sub-unit	Number of Periods	
Oraut	Unit	Sub-unit	Sub-unit	Total
9	Unit 1: Vectors	 1.1. Representation of vectors 1.2. Addition and subtraction of vectors 1.3. Some applications of vectors 	2 5 2	9
	Unit 2: Motion in a straight line	 2.1. Uniform motion 2.2. Uniformly accelerated motion 2.3. Graphical description of uniformly accelerated motion 2.4. Equations of uniformly accelerated motion 2.5. Relative velocity in one dimension 	2 2 2 4 2	12
	Unit 3: Force and Newton's laws of motion	 3.1. Forces in nature 3.2. Newton's 2nd law 3.3. Frictional force 3.4. Newton's 3rd law 3.5. Conservation of linear momentum 3.6. Collisions 3.7. The first condition of equilibrium 	2 2 3 4 3 2 3	19
	Unit 4: Work, energy, and power	4.1. Mechanical work4.2. Work-energy theorem4.3. Conservation of energy4.4. Mechanical power	2 2 6 1	11
	Unit 5: Simple machines	5.1. Purposes of machines5.2. Inclined plane, wedge, and screw5.3. Levers	1 5 5	11
	Unit 6: Fluid statics	6.1. Air pressure6.2. Fluid pressure	5 7	12
	Unit 7: Temperature and heat	7.1. Temperature and heat energy7.2. Expansion of solids, liquids and gases7.3. Quantity of heat, specific heat capacity, and heat capacity7.4. Change of state	2 3 3 4	12
	Unit 8: Wave motion and sound	8.1. Wave propagation	4	

Grade	Unit	Sub-unit		Number of Periods	
Graue	Unit		Sub-unit	Total	
		8.2. Mechanical waves8.3. Properties of waves8.4. Sound waves	4 4 4	16	
10	Unit 1: Motion in two dimensions	1.1. Projectile motion1.2. 1.2. Rotational kinematics1.3. Rotational dynamics1.4. Newton's law of universal gravitation	5 5 7 5	22	
	Unit 2: Electrostatics	2.1. Electric charges2.2. Electric forces and fields2.3. Electric potential2.4. Capacitors and capacitance	6 5 4 4	19	
	Unit 3: Current electricity	 3.1. Electric current 3.2. Ohm's law and electrical resistance 3.3. Combinations of resistors 3.4. Emf and internal resistance of a cell 3.5. Electric energy and power 3.6. Electric installation and safety rules 	2 3 3 3 2 1	14	
	Unit 4: Electromagnetism	4.1. Magnetism4.2. Concepts of magnetic field4.3. Magnetic force4.4. Electromagnetic induction	4 3 6 7	20	
	Unit 5: Electronics	5.1. Vacuum tube devices5.2. Conductors, semiconductors and insulators5.3. Semiconductors5.4. Transistors	3 1 4 3	20	
	Unit 6: Electromagnetic waves and geometrical optics	6.1. Electromagnetic waves6.2. Reflection of light6.3. Refraction of light	3 6 7	16	

Physics: Grades 9 and 10

Physics: Grade 9

Physics Syllabus, Grade 9

General objectives of Grade 9 Physics

After completing Grade 9 physics lessons students will be able to:

- Understand the basic concepts of physics, the laws of dynamics and explore different kinds of forces, the quantification and forms of energy (mechanical, sound, light, thermal, and), and the way energy is transformed and transmitted, the concepts and units related to energy, work, and power and the laws of conservation of energy and of momentum for objects moving in one dimensions
- Develop manipulative skills in solving problems related to the laws of conservation of momentum and energy
- understand of the properties of mechanical waves and sound and the principles underlying the production, transmission, of mechanical waves and sound; the properties of light and the principles underlying the transmission of light through a medium and from one medium to another;
- Develop scientific-inquiry skills as they verify accepted laws and solve both assigned problems and those emerging from their investigations.
- Analyze the interrelationships between physics and technology, and consider the impact of technological applications of physics on society and the environment.
- solve the problems using a variety of problem-solving skills.

Unit 1: Vectors (9 periods)

- Acquire knowledge and understandings of vector representation, vector addition and subtraction, and properties of vectors
- Develop skills of resolving and composing vectors.
- Develop interest in solving problems using vector approach.

Competencies	Contents	Suggested Activities
 Students will be able to : Define the term vector. Represent vectors analytically 	 1. Vectors 1.1 Representation of vectors (2 periods) Analytical 	You need a review on vectors. Vectors are real but invisible. It should start off this unit. The idea of "reality of the unseen" is important. Students should
 Represent vectors graphically Add two vectors: along the same direction, opposite direction and at 	 Graphical Graphical 1.2 Addition and subtraction of vectors. (5 periods) 	list all the concepts in physics that are "Unseen" but must be real. Students should be able to add and subtract vectors graphically by the tip to tail method or the parallelogram method. Activity: the teacher makes up several "Mystery paths" that include directions like "East 2m from a starting point. North 4 m, then west 3 m, then south 1 m. Then. East 3 m. Students act out the directions in the problem. When the problem is completed they measure the distance
 specify the direction the 	GraphicallyBy component methods	from the starting point. They copy the problem down and do it on graph paper. They measure the distance with a scale of one box = 1 m . Using the theorem of Pythagoras they solve the problem mathematically and compare answers.
resultant vectors using an angle.		Problem solving: Let the students solve graphically addition or subtraction of vectors. They should be able to express the resultant using the theorem of Pythagoras interpreted from graph paper. Do lots of Peer Instruction on forces and adding them.
• Resolve vectors in to rectangular components.		It is much more efficient than board work. Sample: Peer instruction: Is this system in equilibrium?
• Find the magnitude and direction of the resultant of two or more vectors using component method.		1) yes 2) no
• Use $R=\sqrt{(Rx2 + Ry2)}$ to determine the magnitude		Some will complain that the sides are not parallel. The tip to tail brings a sum of zero, so yes. Two force vectors acting on an object can add to zero, making equilibrium. Is it possible for 3 forces to add to a sum of zero?

Competencies	Contents	Suggested Activities
of the resultant vectors.		1) yes
• Apply $\tan\theta = Ry/Rx$ to determine the direction of the resultant vectors.		2) no Explain in groups. $\sum F_x = 0, \sum F_y = 0$ • Use the sigma notation.
• Find the angle of the resultant vector R makes with respect to the positive x-axis.		Invite students to make up their own force vectors in two dimensions that add up to zero. Invite them to put them into the equation with the sigmas. Step one: Three forces in x direction 2 in y Step two: four forces in x direction 3 in y Step Three: forces at 45degrees -45 degrees 135 degrees and -135 degrees all adding to zero. Students must demonstrate the knowledge of component vectors. Peer instruction on equilibrium or non-equilibrium See Mazur for many examples. Put up a vector drawing. Is this system in equilibrium or not?
• Use the appropriate sign convention of vector components in the solution of problems	 1.3 Some applications of vectors (2 periods) Equilibrium Experimental approach 	Students vote.
• Define the term equilibrium		

Physics: Grade 9

The teacher should assess each students work continuously over the whole unit and compare it with the following description, based on the competencies, to determine whether the student has achieved the minimum required level.

Students at minimum requirement level

Student working at the minimum requirement level will be able to : define and describe concepts related to vectors, scalars, representation of vectors, addition and subtraction of vectors, condition of equilibrium; apply mathematical concepts such as the Pythagorean Theorem and trigonometric relationships in solving vector problems; resolve a vector into its two independent component vectors; determine the resultant vector of two or more non-perpendicular vectors acting in two dimensions using the vector component method.

Students above minimum requirement level

Students working above the minimum requirement level should be praised and their achievements recognized. They should be encouraged to continue working hard and not become complacent.

Students below minimum requirement level

Unit 2: Motion in a straight line (12 periods)

- gain knowledge and understanding on uniform and uniformly accelerated motion, and about relative velocity in one dimension
- develop skills in applying equations of uniformly accelerated motion in solving problems
- develop skills in drawing and interpreting graphs representing uniform and uniformly accelerated motion
- appreciate the mathematical and graphical representation of motion
- demonstrate an understanding of different kinds of motion and of the quantitative relationships among displacement, velocity, and acceleration, and solve simple problems involving displacement, velocity, and acceleration;
- design and conduct investigations on the displacement, velocity, and acceleration of an object; analyze everyday phenomena in terms of the motions involved.

Competencies	Contents	Suggested Activities
Students will be able to:	2. Motion in a straight line	
 Explain the terms: distance, displacement, speed, velocity and acceleration. Explain the difference between distance and displacement. distinguish among constant, instantaneous, and average speed and among constant, instantaneous, and average velocity, and give examples involving uniform and non uniform motion; Draw graphs of: S vs t, V vs t, and a vs t graphs 	 2.1 uniform motion (2 periods) 2.2 uniformly accelerated 	 The teacher should use the Human Measuring Line Data analysis. The key idea is creating the accurate velocity vs time graph. In Previous Units (Grade7 and 8) we just plotted Average Vel versus time. This chapter takes a deeper look. The average Velocity really is the instantaneous velocity at some point. Activity: Model this with a person walking between two points even with a very uneven velocity (including backwards). The only rules are that after 3 seconds the student must be at the endpoint and D=4m. Ask someone to do a qualitative graph at the same time as the walking of vel vs t. It might be quite jagged and non-linear, even crossing the axis to show backwards motion. Do another jagged walk under the same conditions t= 3s and d=4m. The average velocity is calculated from D/T and compared to the qualitative graph. At some point in the time the person MUST have gone at the average velocity, though the instantaneous velocity was constantly changing. What point we don't know, but velocity must be a continuous graph. You cannot instantaneously jump from one place to another. Instantaneous velocity might be immeasurable, but there are ways to calculate it If the velocity is constantly increasing over an interval (no jagged motions) then the average Velocity must be the instantaneous velocity at the TIME Midpoint. This is a key idea. It fundamentally is the Mean value theorem for linear functions. Use this idea to know V avg
using recorded data	motion (2 periods)	as V instant at T MID (mid point)
• Complete the S vs t table, given some initial		This will give you an excellent way to calculate via a graph, the acceleration Activity: Start out with the Human Measuring line:
information.		Do several experiments with different speeds.

Physics: Grade 9

Competencies	Contents	Suggested Activities
• Solve problems using S vs t and V vs t graphs	2.3 Graphical description of uniformly accelerated motion.	Make Dot Plots. Peer Instruction: What is the Average velocity on a dot plot? Sum of all velocities of the interval/no of intervals
• determine the distance and displacement of a body from graphical representation of motion	(2 periods)	Sum of all velocities of the interval/no of intervals How does this compare with the average velocity in each interval? a) Average velocities in each interval are the same as the average for the whole interval b) different from the average velocity for the interval Let the students vote and discuss to arrive at the correct answer Dot Plots for segmented motion: Activity: students make up their own stories about motion: Constraints: they must use velocities of only $2km/s$, $4km/s$, $6km/s$, Or $-4km/s$ or $-6km/s$ or 0 km/s. Graph One: make a vel vs. t graph for their story. Students make the graphs very accurately. Three groups of students' 6-8 each give the teacher their v vs t graphs; then they stand up and give the verbal description of their motion. The rest of the class matches the verbal description with the graphs. Repeat the process. Do the same activity with the constraint that the person must get back home after the travels. Students must calculate how far he went, then go backwards to get home again. TEXT (Note): the text must give the rational for the area under a v vs t plot to be the distance traveled. IDEA: insert some of Newton's reasoning. Let us assume that we look at a very small time interval. Perhaps the velocity is not linearly increasing or decreasing. Students construct a "micro view" peeking into a very small interval of time on a v vs t graph. The argument is that the average velocity in that small time interval times the time interval must be the distance traveled. Larger or smaller velocity values will average out. Distance traveled in $\Delta t = V_{averge} * \Delta t$ If one adds of the $V_{averge} * \Delta t$ segments, this is the area under the Vel vs t diagram. This is the start of the study of calculus. Since vel vs. t is constant for simple motion, distance traveled for constant velocity is simply the sum of a group of rectangles. Some rectangles will have negative areas. Activity: Accelerated motion using the Human Line. Let the students measure a motion that i
 Use equation of uniformly accelerated motion to solve problems. Use the appropriate sign convention of (velocity 	• Freely fall motion	wheels. Deceleration is simple: friction will suffice. To accelerate a person on a wheel one must use a weight pulled by gravity. The weight must hang out a window or operate from a pulley from the ceiling (two pulleys are needed as the force must be horizontal). The bicycle is easier to do initially as it accelerates slowly.Rolling a heavy dumbbell from a ramp gives good results. The dumbbell must be relatively

Competencies	Contents	Suggested Activities
 vector, acceleration vector) in the solution of problems Distinguish between uniform and uniformly accelerated motion. Give examples of uniform and uniformly accelerated motion. Explain free fall motion. Use equations of uniformly accelerated motion to solve problems related to free fall Define the term reference point(frame) Describe the term relative velocity. Calculate the relative velocity of one body with 	2.4 Equation of uniformly accelerated motion (4 periods)	smooth and the path should be about 2-3 meters. For the bicycle and dumbbell you may need to adjust the timer to one second intervals, though 2 second intervals is easier to capture data. Error rates increase with smaller intervals. Students create several Dot Plots of accelerated or decelerated motion. They transfer these to notebooks and then to tables of data. Then they calculate the average velocity for each interval of time. The key idea is that the velocity is changing instantaneously. This immeasurable quantity is called instantaneous velocity . In any time interval, the instantaneous velocity must, at some time during the interval, have the same value as the average velocity for that interval. Velocity must be continuously changing, no jumps are permitted, say 2m/s then instantly 2.5 m/s. We make the claim that Vaverage=Vinstat the time midpoint Students plot the average velocity for the intervals against the time midpoint. This is a very important idea. The v vs. tplot lets us measure something that is immeasurable any other way, vinstant. This is a continued theme in physics: viewing and measuring the invisible. Students construct V vs tplots for the accelerated motions They find the slope of the lines. There will be some error. They fit a line to their data. It will be more accurate when the object is moving more slowly and less accurate when it is moving quickly. Students find the area under the v vs. t graph. It should be the distance traveled. Activity: at this time the instructor gathers all information from the students about what they know about equations of motion. He writes them on the board. He organizes them into the four Galilean equations of motion 1. $D = V_{avg}^* \Delta t$ (with no starting velocity) 4. $D = V_{initial}^* \Delta t + \frac{1}{2} a^*(\Delta 1)^2$ (with initial speed) 5. $V_{fma}^{Tarres} + \frac{1}{2} a^*(\Delta 1)^2$ (with initial speed) 1. $V_{initial}^{Tarres} + \frac{1}{2} a^*(\Delta 1)^2$ (with initial speed) 1. $V_{imital}^{Tarres} + \frac{1}{2} a^*(\Delta 1)^2$ (with initial speed) 1. $V_{ima}^{Tarres} + $

Physics: Grade 9

Physics: Grade 9

Competencies	Contents	Suggested Activities
respect to the other when moving: in the same direction, and opposite in direction	2.5 Relative velocity in one dimension (2 periods)	 Look at the area under a v vs. t graph with starting at non-zero v. This is the area of a rectangle plus a triangle. Substitution will get the last equation. Students will develop skill in selecting which of the Galilean equations to employ in solving problems. They should exercise skill in applying rules for significant digits in solving these problems. Ask students to carry out calculations on relevant formula. Guide students in investigating the value of g in their locality using free fall Experiment. Let students produce graphs of uniformly accelerated motion The Human Line has much more available material. This is all fundamentally done in the Human Line segment. Question: Why determine the acceleration of gravity? OK go ahead with it but only for a demo of accuracy and experimental method. Activity: Station two persons at the top and bottom of a high wall, preferably two stories or higher. The person at the top should release a ball and the person at the bottom should measure the time taken to reach the ground. Then use D=(½)gt² to determine the value of 'g'. Use real life experience of the students to explain the relative velocity concept first in the same direction then in the opposite direction Model with: Change the direction of the scale of the Human line. Go Left to right. What does that do to the lines on the graphs? Shift it over 1 m. Add one m and start there. The point is that the data is relative to the instrument. We already know that all position is relative; position depends on the zero point of the ruler. All time is relative; again what is the starting point in time? Students should appreciate that all velocity is relative. It depends on the frame from which you are observing. Students will give examples of frames in which some objects appear to be moving, but are stationary in their own frame. The students should appreciate that all physical equations are valid

The teacher should assess each students work continuously over the whole unit and compare it with the following description, based on the competencies, to determine whether the student has achieved the minimum required level.

Students at minimum requirement level

A student working at the minimum requirement level will be able to : define and describe concepts and units related to motion (e.g., vectors, scalars, displacement, uniform motion, instantaneous and average velocity, uniform acceleration, instantaneous and average acceleration); describe and explain different kinds of motion, and apply the quantitatively relationships among displacement, velocity, and acceleration in relevant problems; interpret patterns and trends in data by means of graphs drawn, and infer or calculate linear and non-linear relationships among variables (e.g., analyze and explain the motion of objects using displacement-time graphs, velocity-time graphs, and acceleration-time graphs.)

Students above minimum requirement level

Students working above the minimum requirement level should be praised and their achievements recognized. They should be encouraged to continue working hard and not become complacent.

Students below minimum requirement level

Unit 3: Force and Newton's Laws of motion (19 periods)

- Gain knowledge and understandings on forces in general ,laws of motion, linear momentum and impulse, conservation of linear momentum, and first condition of equilibrium
- Develop skills in resolving and composing forces ,applying Newton's laws of motion in solving problems, using the law of conservation of linear momentum, drawing free body diagram
- Appreciate the vector nature of force, the application of Newton's laws in daily life activities.

Competencies	Contents	Suggested Activities
 Students will be able to: List the forces that occur in nature. State Newton's first law categorize forces as contact or non contact Explain the relationship between mass and inertia. Distinguish between elastic and inelastic materials State Hooke's law Read the magnitude of force using spring balance Express the dimension and SI unit of force constant of a spring. 	 3. Force and Newton's laws of motion 3.1 Forces in nature (2 periods) What are physical forces? Contact and non contact forces Newton's first law 	 Suggested Activities The teacher invites students to list all the forces they know of: He/she groups the forces by kind as the students offer suggestions. Non-physical forces are placed to one side. It is important to recognize these ideas publicly. These are the misconceptions that are often very hard to overcome: example "the force that keeps an object moving" That does not exist by Newton's first law. Sample physical forces: gravity Friction (note the two kinds and that friction is a rather strange force, it only acts against you. You can do work against friction). Electric and magnetic force Buoyant force Activity: Bridging metaphor to the First Law. Have a 'V' track 2-3 m long with a shorter "launch" track. The 'V' must be very smooth metal either iron or aluminum laid horizontally on a table or a row of desks. Use a large bearing. Have a stop to halt motion. Roll the ball down a 45 degree ramp with the stop about .5 m from the start. Move the stop to 1m. Observe the velocity. If the track is smooth it should be low friction. Move the stop to 1.5 m then to 2 m. then to the end. Perhaps a slight tilt (unseen) might help. What about the speed of the ball? It is relatively constant. Imagine we had a track infinitely long with no friction? This is an invitation to state Newton's First law Peer Instruction: From a diagram (say a book on a table) students count the number of forces on it. Another diagram: A person pushing a package on a floor with friction. Count the forces. A person pushing a block up a ramp, count the forces. A helicopter hovering over the ground. Count the forces. Note: clarify the effects of forces in real life examples, demonstration/experiments are required to be done by either you or the students.

Competencies	Contents	Suggested Activities
 Determine the spring constant K of a spring. Determine the acceleration of a body attached to the spring in a vertical position 	 3.2 Newton's second law (2 periods) Weight Weightlessness 	 Do free body diagrams for a great many common examples. Include some accelerating motions. Do sample calculations and ask students to do so. Demonstrate/experiment to relate F, a, m using practical examples Encourage students to discuss the concept of weight and how it is different from mass. Peer instruction: Diagram. Object 500 km over the earth. Is it weightless? Cards: 1) Yes 2) no It has less weight than at the earth level Diagram. Object exactly between earth and moon? Is it weightless? Cards: 1) Yes 2) no No. The earth pulls more than the moon. Very low weight. Diagram. Object exactly between about ¼ of the way to the moon, ¼ of the way to the earth? Is it weightless? Cards: 1) Yes 2) no Yes. The earth pulls more than the moon. Very low weight. Diagram. Object exactly between about ¼ of the way to the moon, ¼ of the way to the earth? Is it weightless? Cards: 1) Yes 2) no Yes. The earth pulls about the same here as the earth is about 4 times the mass of the moon. F=mg still works here but the g is changing. At that special point, the first Lagrangian, Force from Earth= force from moon and g=0. Later explain how it varies with the position on the earth's surface. Using the equation. W = mg ask students to do calculations. List the causes of friction? Invite ideas. 1) Really geometric – very rough surfaces like sandpaper grinding on one another. 2) On smooth surfaces atoms or molecules can attract and cause frictional force. What are the two kinds of friction? Because they make more rough edges with pressure. 2) Because the atoms or molecules press tight and may have some bonding. Peer Instruction: Why does adding oil or grease to a surface make sliding easier because oil s a round molecule and it acts like a ball bearing. #1 is a tautology. Why does

 force depends on the nature of surfaces and the normal contact force. Describe the differences among the terms: Limiting friction, static friction, kinetic friction. Draw a free body diagram representing all the force components acting on the body moving along the inclined plane. Use free body diagrams 	 3.3 Frictional force (3 periods) • Kinds of friction 	 Using the equation f = μN do sample questions. Calculate μ_{static} for a table or desk. Do the same for the same block on rough sandpaper. Calculate μ_{kinetic} for a table or desk. Using the same block. Put some oil or grease on the sandpaper: make a prediction. Calculate μ_{static} with oil on the sandpaper Let students say something about how they have played with cart made from wood and ball bearing, Ask students to give real life examples of action and reaction. Make a list on the board. Which is the action, which is the reaction? Have students make drawings. If there is motion have the student show which force causes the motion.
 nature of surfaces and the normal contact force. Describe the differences among the terms: Limiting friction, static friction, kinetic friction. Draw a free body diagram representing all the force components acting on the body moving along the inclined plane. Use free body diagrams 		Do the same for the same block on rough sandpaper. Calculate $\mu_{kinetic}$ for a table or desk. Using the same block. Put some oil or grease on the sandpaper: make a prediction. Calculate μ_{static} with oil on the sandpaper Let students say something about how they have played with cart made from wood and ball bearing, Ask students to give real life examples of action and reaction. Make a list on the board. Which is the action, which is the reaction? Have students make drawings. If there is motion have the student show which force causes the motion. Remember with a bike on the road it is the ROAD pushing back that causes the motion.
 the normal contact force. Describe the differences among the terms: Limiting friction, static friction, kinetic friction. Draw a free body diagram representing all the force components acting on the body moving along the inclined plane. Use free body diagrams 	• Kinds of friction	Calculate $\mu_{kinetic}$ for a table or desk. Using the same block. Put some oil or grease on the sandpaper: make a prediction. Calculate μ_{static} with oil on the sandpaper Let students say something about how they have played with cart made from wood and ball bearing, Ask students to give real life examples of action and reaction. Make a list on the board. Which is the action, which is the reaction? Have students make drawings. If there is motion have the student show which force causes the motion. Remember with a bike on the road it is the ROAD pushing back that causes the motion.
 Describe the differences among the terms: Limiting friction, static friction, kinetic friction. Draw a free body diagram representing all the force components acting on the body moving along the inclined plane. Use free body diagrams 	• Kinds of friction	Put some oil or grease on the sandpaper: make a prediction. Calculate µ _{static} with oil on the sandpaper Let students say something about how they have played with cart made from wood and ball bearing, Ask students to give real life examples of action and reaction. Make a list on the board. Which is the action, which is the reaction? Have students make drawings. If there is motion have the student show which force causes the motion. Remember with a bike on the road it is the ROAD pushing back that causes the motion.
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 diagram representing all the force components acting on the body moving along the inclined plane. Use free body diagrams 	• Kinds of friction	Make a list on the board. Which is the action, which is the reaction? Have students make drawings. If there is motion have the student show which force causes the motion. Remember with a bike on the road it is the ROAD pushing back that causes the motion.
 the force components acting on the body moving along the inclined plane. Use free body diagrams 	 Kinds of friction 	Make a list on the board. Which is the action, which is the reaction? Have students make drawings. If there is motion have the student show which force causes the motion. Remember with a bike on the road it is the ROAD pushing back that causes the motion.
 the force components acting on the body moving along the inclined plane. Use free body diagrams 	Kinds of friction	Have students make drawings. If there is motion have the student show which force causes the motion. Remember with a bike on the road it is the ROAD pushing back that causes the motion.
• Use free body diagrams		Define Free body diagram.
• Use nee body diagrams		
roprogenting foreas on a	• Calculating friction and	For each of the student suggestions the teacher draws a free body diagram on the forces.
• representing forces on a • body to solve problems	normal force	FBDs(Free body diagrams) help focus the mind on the physics of a situation.
body to solve problems	normar force	Invite more student suggestions. Invite a student to draw an FBD around the situations. Peer Instruction:
		The instructor puts up some drawings with forces on them.
• State Newton's third law 3		Some are correct some are wrong.
•	3.4 Newton's third law	Is this a correct FBD?
	(4 periods)	1) Yes
Newton's third law is		2) No
applicable		Activity: Two students on chairs oppose each other and push with their legs on the chairs.
• Demonstrate Newton's third law using inflated		What are the forces on the system? Invite students to tell. Make a diagram. Be clear about
balloon.		what force is on what object. Increase the force until one move. Why does the lighter one move? Is the force less?
		Double the weight of the light one with 2 students. Do it again.
		Redraw the diagrams.
		Invite students to give ideas of what "Momentum" means to them.
		Separate out non-physics usages: political momentum, momentum in a soccer game for a team.
		Important: "the force behind a moving object that keeps it moving" this is a false idea. It is called "impetus"; people thought that the thrower gave a "motion force" to an object that kept
		it going.
		Newton gave a much better scientific idea.
• Define the term linear •	• Linear momentum	Define the concept of momentum.
momentum		It is a vector quantity $\vec{P} = m\vec{V}$

Physics: Grade 9

Physics: Grade 9

Competencies	Contents	Suggested Activities
Express the dimension		
and unit of momentum		Activity: Qualitative sense of momentum:
Solve numerical		Class work:
problems using the		Which has more momentum?
definition of momentum		A 2 kg ball moving at 1 m/s or a 2kg ball moving at 2m/s?
State Newton's second		One thinks about having a collision with some clay. Which makes a bigger dent? That one
law in terms of the rate		has more momentum.
of change of momentum		A 2kg ball moving at 2m/s or a 4 kg ball moving at 1m/sec? Explain the answer.
of change of momentum		Peer Instruction:
		Objects have momentum out in space:
		1) yes
		2) no
		Discussion. Momentum is defined on mass, not weight. Objects out in space, even in places
		with no gravity, will have momentum.
		Important point, just like mass, momentum is one of the important universal properties of
		matter. It is not an obvious one, however
		Ever been hit hard by a soccer ball?
		Mass of a soccer ball = 300 gm
		Speed of a 50kg soccer player= 5 km/hour.
		How fast must a soccer ball be going for the goalie to feel like he has been hit by a person?
		Is that a reasonable speed for a kicker to attain in a soccer kick?
		Do some calculations. How long does a powerful kick from a goalie stay in the air? How far
		does it go?
		Calculate a max speed of a kick.
		Do another calculation: Knowing the speed of a very fast soccer ball, what speed must a 50Kg
		soccer player have to attain the same momentum. Is this fast or slow?
		What can you say about the speed of a 60 kg soccer player? What speed would he have to go
		to have that momentum?
		Solve simple examples on momentum
		• Give an exercise on momentum for the students in the class. Equal momentum, unequal momentum.
		No conservation yet.
		Solve simple examples on impulse and momentum
		• Give an exercise on impulse and momentum for the students in the class .Impulse has a very specific meaning in physics. It does not mean anything like a mental idea or a will or
		a wish.
		 Force is what changes an object's velocity. Newton's laws tell us that a change in velocity
		from V_1 to V_2 which happened from the action of the force F.

Competencies	Contents	Suggested Activities
 State the law of conservation of linear momentum. Use the law of conservation of linear momentum to solve related problems 	• Impulse and momentum	$\vec{mV}_2 - \vec{mV}_1 = \Delta \vec{P}$ But that change in momentum is caused by a force acting over time. Consider the units Force x time = (Nt m/sec ²) time = Nt m/sec This is the same units as momentum. Relation between momentum and impulse: $\vec{mV}_2 - \vec{mV}_1 = \Delta \vec{P} = \vec{F} \text{orce} \times time$ This simple equation will give very surprising results. examples on impulse and momentum • Give an exercise on impulse and momentum for the students in the class With the definition of momentum coming from Newton's Universal laws, there is a new Conservation Law - the Conservation of Momentum. It is universal, applying from atoms to galaxies. One cannot lose or gain momentum under any condition. $\vec{P}_{initial} = \vec{P}_{final}$
 Express the dimension and unit of impulse. Describe the relation between impulse and change in momentum Solve problems using impulse-momentum relation 	3.5 Conservation of linear momentum(3 periods)	This equation applies in individual cases as well as across the whole universe. Momentum is conserved in all collisions. At first we will consider some kinds of inelastic collisions – one in which the two objects meet and form one after the collision. Do some examples of inelastic collisions. A 30kg soccer goalie jumps up vertically. He catches a 300gm soccer ball going at 8 km/sec. The two move backwards, at what speed? A 5 g bullet traveling at 1 Km /sec hits a 2 Kg log on a frictionless surface. It embeds itself in the wood. At What speed does the two move and in what direction? What would happen if the mass of the bullet were 10 gm? A rocket in space turns on its motors for 3 sec. The 1,000 kg rocket is at rest at first. The force of its motor is 2,000 Nt. What is its final speed? That same rocket puts a steel rope onto a 200 kg satellite which is at rest after the motor stops. What speed to the coupled masses now move with? Let the students do simple one dimensional conservation of momentum problems (totally inelastic collisions) and impulse problem without friction. Instructor works the problem on the board: Surprising calculation: Measuring the unseen. Consider the 5g bullet again: It is traveling at 1 Km /sec hits a 2 Kg log on a frictionless surface. It embeds itself in the wood 3 cm deep. What is the average force the bullet exerts on

Physics: Grade 9

Physics: (Grade	9
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Competencies	Contents	Suggested Activities
• Distinguish between elastic and inelastic collision	 3.6 Collision (2 periods) Elastic Collision Inelastic Collision 	the log? It sounds impossible to do but the impulse Equation will let you do it. The bullet went from 1 km/sec to about zero km/sec. Its average speed was .5 km/sec. $D=V_{avgt}$. So $2cm = .002km = V_{avgt}$ but we know $V_{avg} = .5km/sec$. So $t = .002km/.5km/sec = .004sec$. That is the time it takes the bullet to enter the wood and stop. But the impulse equation says $F\Delta t = \Delta(mV)$ $\Delta(mv) = m(V_{T}-V_{i}) = .005kg(about 0km/sec-1km/sec)$ so $F(.002 sec) = \Delta(mV) = .5kg km/sec$ F = (-5kg km/sec)/(.004sec) $F = 1,250 kg km/sec^{2}$ But 1 Nt = kg m/sec ² The F on bullet to stop it must be: $F = 1,250 kg km/sec^{2} x 1000 m/km = 1,250,000Nt$ The result is surprising but it follows from the fundamental laws of physics. Applications include designing bullet proof vests or deflectors of bullets. It is surprising how powerful these forces can be. Do some additional impulse equations in one dimension with no friction with totally inelastic collisions. Elastic collisions are more complicated to calculate. We will do some examples of simple elastic collisions. In an elastic collision kinetic energy is conserved. We will calculate only using vector momentum. Sample on the board. In a serve 650 g tennis racket strikes a ball going 2 km/sec. The tennis ball has a mass of 67 g. After the collision the speed of the racket is 1.8 km/sec. How fast did the ball leave the racket?
 Apply the first condition of equilibrium to solve related problems. state the condition for linear equilibrium judge whether a given system is in equilibrium or not 	3.7 The first condition of equilibrium (3 periods)	Special fast camera shows that the time of interaction with the ball and the racket is .001 sec. What was the average force on the ball? These are more difficult problems. Students should do simple elastic collisions in which only one variable, the mass of the object bouncing off is unknown. Soccer examples are good Motion/impulse Jeopardy this reviews all the terms and calculations of the unit. Card: Nt m/s Answer what is momentum. 5 Nt 2 sec Answer with is an impulse of 5 Nt applied over 2 seconds. Or what is an impulse of 20 Nt sec Or (m V _f -mV _i) Answer what is an impulse or change in momentum. Or some simple numerical problems with conservation of energy where one term has a question mark in it

The teacher should assess each students work continuously over the whole unit and compare it with the following description, based on the competencies, to determine whether the student has achieved the minimum required level.

Students at minimum requirement level

A student working at the minimum requirement level will be able to : define and describe concepts and units related to force and motion (e.g., vectors, applied force, net force, static friction, kinetic friction, coefficients of friction); identify and describe the fundamental forces of nature; analyze and describe the gravitational force acting on an object near the surface of the Earth; analyze and describe the forces acting on an object, using freebody diagrams, and determine the acceleration of the object; state Newton's laws, and apply them to explain the motion of objects in a variety of contexts; analyze in qualitative terms, using Newton's laws, the relationships among the net force acting on an object, its mass, and its acceleration; analyze and explain the relationship between an understanding of forces and motion; use vectors, trigonometry, and the resolution of vectors into perpendicular components, to determine the net force acting on an object and its resulting motion; define and describe the concepts and units related to momentum, impulse.

Students above minimum requirement level

Students working above the minimum requirement level should be praised and their achievements recognized. They should be encouraged to continue working hard and not become complacent.

Students below minimum requirement level

Unit 4: Work, Energy, and Power (11 periods)

- Develop knowledge and understanding of mechanical work, energy, and power
- Acquire knowledge and understanding on collision in one dimension
- Develop skills in computing the work done by a force, applying work-energy theorem and the law of conservation of mechanical energy in the solution of problems, and computing mechanical power
- Develop positive attitude towards the wise use of energy.

Competencies	Contents	Suggested Activities
 Students will be able to: Describe the necessary conditions for work to be done by a force Describe the work done by a force F acting on a body at an angle θ to the horizontal Use W=FS cosθ to solve related problems Calculate the work done by a force of gravity on a body Distinguish between positive and negative work. Calculate the work done by a frictional force. Determine the work done by a variable force. Explain the relationship between work and energy Solve related problems 	 4.Work,energy and power 4.1 Mechanical work (2 periods) work done by a constant force work done by a variable force 4.2 Work- energy theorem (2 periods) kinetic energy potential energy mechanical energy 	 CLASS DISCUSSION: Invite students' to suggest some examples of work. List them without comment. Then categorize them as physical and non-physical work Definition: Work, in general, = (Force) (Displacement)cos θ Definition: Energy is the capacity to do Work. Work and energy have the same units. They are really the same quantity but viewed from different perspectives. There are 2 kinds of energy: kinetic and potential CLASS DEMONSRATIONS with student involvement of doing work against several different forces. Have a set of five apparatus set up for use by student pairs: These include: a spring oscillator, a box pushed across the floor, a double pulley hanging from a hook in the ceiling, a rubber band with a mass hanging (manipulated by the student), a large, slow pendulum. The pendulum and spring should be set in motion. Each student have large cards, labeled "Increasing KE" and on the back "Increasing PE". One by one in the demonstrations the students should, with voice and cards comment on the process Start with the pendulum. Students explain their choice, stopping the apparatus if needed. If a mistake is made, another student sare comfortable labeling the process. The instructor increases the complexity by adding a card: "work done by gravity" "Work done by the rubber band" "Work done by the person" also "Work done by the rubber band" "Work done by the person".

Competencies	Contents	Suggested Activities
 competencies between work and kinetic energy. Show the relationship between work and potential energy as W= - ΔU Describe the gravitational potential energy Describe the elastic potential energy. Solve related problems using W= - ΔU Explain the mechanical energy as the sum of kinetic and potential energy State the law of conservation of mechanical energy 	 4.3 conservation of energy (6 periods) the law of conservation of energy 	Peer Instruction on Kinetic and potential energy: Pendulum: When is PE the largest? Bouncing ball, when is KE the smallest? Ball on a rope vertically. When is KE largest? Men is PE largest? Ball on a rope horizontally. When is KE largest? Answer it is always the same velocity. This is rotation. We'll study that later. Masses on springs: when is KE/PE largest? A Work Energy Jeopardy: Match definitions with the term. Include numerical calculations. Card: 5 Nt meters Answer: what is the work done by a 5 Nt force moving one meter. Include Friction terms also. 25 kg m²/sec ² Answer: what is a kinetic energy of a 25 kg mass moving at 1 m/sec? PE = Mgh For a spring PE = $\frac{1}{2}$ k d ² where k= spring constant. Force for a spring $PE = \frac{1}{2}$ k d ² where k= spring constant. Fore for a spring $PE = \frac{1}{2}$ k d ² where k= spring constant. Fore for a spring $PE = \frac{1}{2}$ k d ² where k= spring constant. Fore for a spring $PE = \frac{1}{2}$ k d ² where k= spring constant. Fore for a spring $PE = \frac{1}{2}$ k d ² where k= spring constant. Fore for a spring $PE = \frac{1}{2}$ k d ² where k= spring constant. Fore for a spring $PE = \frac{1}{2}$ k d ² where k= spring constant. Fore for a spring $PE = \frac{1}{2}$ k d ² where k= spring constant. Fore for a spring $PE = \frac{1}{2}$ k d ² where k= spring constant. Fore for a spring $PE = \frac{1}{2}$ k d ² where k= spring constant. Fore for a spring $PE = \frac{1}{2}$ k d ² where k= spring constant. Fore for the direction of work is a scalar; both F and D are vectors. In the case of pulling an object at an angle, only the horizontal force working against friction is doing work. First confirm understanding of forces. There are many terms here gravity, friction, normal force, force on the block. Peer instruction: Do many examples with very simple numbers. Count the number of forces. Zero friction Horizontal pull Angled pull. Pick $M=$ some integer like 12 Pick $F=$ an integer like 10 divisible by 5 "Which one is the normal force?" Show diagram. If $\mu=0.2$

Physics: Grade 9

Competencies	Contents	Suggested Activities
 Define the term collision Distinguish between elastic and inelastic collision Solve problems involving inelastic collision in one dimension using the law of conservation of mechanical energy and momentum 	• collision in one dimension	If work was done to move the block, where did the energy to do the work come from? • Use practical examples to clarify the concepts. Hold discussion with the students. TEXT Momentum must be conserved. The total energy must be conserved. There is a slight problem in using the conservation of energy theorem every where. Sometimes energy is "lost" as a form of heat through friction. It is not really lost, but made invisible in the molecular motion of atoms. We shall assume no loss of energy to heat. Text: we know how to solve motion problems with the Galilean equations. There is a much simpler way to do that – using kinetic and potential energy. Demonstration: Throw a ball straight up in the air. Have a calibrated paper 3 meters, calibrated in 10 cm intervals. Ask the students "What was the maximum height of the ball?" At what height did it start? My hand pushed it up with an unbalanced force. Invite students to make a FBD of the ball in your hand. What is its KE up there? Measure the mass of the ball. Calculate the initial velocity of the ball using conservation of energy. Do the same experiment with a heavier ball? PEER instruction: Invite students to guess if the velocity is greater, smaller or the same. Do the experiment: What has changed? More peer instruction on KE and PE PE with a rubber band and horizontal vibration. Classroom demonstration: Suspend a rubber band between two fixed points. If you have a hook in the ceiling uses that, and a fixed heavy object like a desk for the bottom. Use rubber strips from a split bicycle tire. Put a weight in the center using bolts and washers. It will look like the string on a bow. Measure the spring constant of the elastic with the dynamometer in Nt/m. Pul back the weight and let i vibrate. What is the velocity of the bolt at the end of its path? What is the velocity when it is fastest? Conservation of Energy says: Energy stored in the spring = Kinetic energy when the stored energy is zero. $PE_{spring} = \frac{1}{2}k \times X^2 = \frac{1}{2}mV^2 = $

Physics: Grade 9

Competencies	Contents	Suggested Activities
 Explain the energy changes that takes place in an oscillating pendulum Explain the energy changes that takes place in an oscillating spring- mass system(1D) Design the proper usage 	 energy in an oscillating pendulum energy in a spring-mass system 	 What if the mass were doubled? What happens to the velocity? Confirm with experiments after group discussion. What would happen if the number of elastics were doubled? Demonstration: Get a solid rubber ball and a tennis racket. Drill a small hole in the ball big enough to put in the tip of a sensitive thermometer. Drill another smaller hole through the ball and put a wire in it. Make one end into a knot. Make the other end into a loop. Tie some very strong rubber bands onto the loop. Make the rubber bands about 1.2 m long. Invite students to bounce the ball off the floor. Start the ball at room temperature. They must bang the ball as many times as possible per minute into the floor. Discuss the flow of energy here. Where is kinetic energy, Where is potential energy? Are there other forms? When one student tires, substitute another. After about 2 minutes, take the temperature of the ball. It will be above room temperature. Why? Some of the Kinetic energy from the bouncing has been transformed into heat. Heat is the collective kinetic energy of individual atoms and molecules. Once energy has been transformed into heat you cannot get it back to more concentrated forms such as kinetic energy of the ball. All the atoms in the ball just cannot decide to go in one direction. Heat energy is a random motion. Discuss the transformation and conservation of energy for different examples, such as for :- Falling or rising object in air like a rocket or ball Pendulum vibration Spring-oscillation The total energy in the universe is constant. Heat is just one form. PEER instruction. Calculate: maximum velocity of a 1 kg cart on a horizontal frictionless table attached to a spring with a constant of 5 Nt/m if the spring is bulled back 1.2 m. Discuss why all these calculations are very similar. Discuss why all these calculations are ve
of energy sourcesDiscuss a system of	4.4 mechanical power (1 period)	generator. These dynamos are powered either by coal, oil, falling water, wind power, or nuclear energy 2) interactions at the molecular level in photovoltaic cells. In the first case

Physics: Grade 9

Competencies	Contents	Suggested Activities
utilizing energies like wind energy, solar energy, geothermal energy more efficient for local use	• wise use of energy	energy is converted from chemical sources in the fuels, moving energy (kinetic energy) of wind or water, or nuclear energy from splitting atoms. Ethiopia depends primarily on hydro power. What are the advantages and limitations of hydro power as the potential source of electrical energy?
• State some renewable		e.g Kinetic energy-electricity
sources of energy		P.E into kinetic energy vice versa
		• Kinetic energy-heat etc.
 Express the formula of mechanical power in terms of average velocity Solve problems involving the definition of power Show that KWhr is also a unit of work(energy 		Build a car using rubber bands as power sources. There is no design limit on either number or kind of wheels. 1, 2, 3, 4 etc. Rubber, metal, donut shaped or cylinder shaped. The cars will compete in a competition to see which one goes the furthest. The mass of the car must be less than 1 kg. It must fit into a box that is 40 cm by 20 cm by 20 cm. You may pick any materials for the body or wheels. The distance traveled will be measured on a straight line perpendicular to the starting point. If the car's path is crooked only the normal displacement component counts as distance Students must spend several weeks, working in groups on their cars. They must decide how best to store the energy in the spring and how best to transfer it to the wheels. Friction with the road is important. Too much slows the car down. Too little contact with the
		road and the wheels spin. The group must present a report, including a drawing of their car and explain their design decisions
A ag a g g m a m 4		momentum, impulse, work-energy theorem, gravitational potential energy.

Physics: Grade 9

Assessment

The teacher should assess each students work continuously over the whole unit and compare it with the following description, based on the competencies, to determine whether the student has achieved the minimum required level.

Students at minimum requirement level

A student working at the minimum requirement level will be able to: define and describe the concepts and units related to energy, work, and power (e.g. gravitational potential energy, kinetic energy); identify conditions required for work to be done, and apply quantitatively the relationships among work, force, and displacement along the line of the force; analyze, in qualitative and quantitative terms, simple situations involving work, gravitational potential energy, kinetic energy, and thermal energy and its transfer (heat), using the law of conservation of energy; apply quantitatively the relationships among power, energy, and time in a variety of contexts; define and describe the concepts and units related to momentum and energy (e.g., momentum, impulse, work-energy theorem, gravitational potential energy, elastic potential energy, thermal energy and its transfer [heat], elastic collision, inelastic collision); apply quantitatively the law of conservation of linear momentum; analyze situations involving the concepts of mechanical energy, and the laws of conservation of momentum and of energy; distinguish between elastic and inelastic collisions; explain common situations involving work and energy, using the work-energy theorem.

Students above minimum requirement level

Students working above the minimum requirement level should be praised and their achievements recognized. They should be encouraged to continue working hard and not become complacent.

Students below minimum requirement level

Unit 5: Simple Machines (11 periods)

- Develop knowledge and understanding of basic principles of simple machines ,and purposes of machines
- Develop manipulative skills in using and handling simple machines, and constructing simple machines
- Develop interest in using simple machines to do work in daily life activities

Competencies	<i>Contents</i>	Suggested Activities
Students will be able to:	5. Simple machines	
 Explain the purposes of a machine List the types of simple machines 	5.1 purpose of machines (1 period)	Invite students to give examples of machines some complex some simple. What do they see as a purpose of a machine? Elicit from responses explanations using terms from physics. Activity: Have a collection of simple machines set up: Pulley systems, planes, levers as previously,
 Define the terms: Load, effort, work-out put, work-input, MA, VR and efficiency Derive the expression of η=MA/VR from its 	5.2 inclined plane, wedge, and screw(5 periods)	perhaps a bicycle and a screwdriver with a screw. Invite pairs of students to hold cards that have arrows for forces and other cards that say "Work done by the person". As the machines move students should label the force properly and describe how the work is done. They must identify the force against which they are pushing. If there is a mistake, another student takes his/her place. Cycle through the machines till many students get a chance to work with them.
 definition Identify the orders of lever. Give examples of each orders of lever Determine the MA, VR and efficiency of lever. Describe the pulley systems. Explain the working mechanism of a differential pulley Calculate the MA, VR and efficiency of a pulley system. Derive an expression for the MA of an inclined plane with and without friction 	5.3 levers (5 periods)	A machine is a device that enables work to be done easier or faster. A machine is used to transform energy, multiply force, multiply speed, or to change the direction of a force. However a machine cannot multiply work or energy. Because the law of conservation of energy states that energy cannot be created or destroyed, meaning that the work output cannot exceed the input energy or work input. All compound machines such as automobiles, airplanes, power shovels are combinations of the six simple machines: lever, pulley, wheel and axle, inclined plane, wedge, and screw The wedge and screw are themselves variations of the inclined plane, while the pulley and the wheel and the axle are variations of the lever. Neglecting friction, in any machine the output work equals input work. Since work equals force multiplied by distance, the input (applied) force times input distance must equal the output force (resistance) times output distance ($F_id_i=F_0d_0$) Solving for the output force we have $F_0=F_id_i/d_0$. From this equation it can be seen that the output force ca be magnified if the input forces F_i is moved through a great distance. A small force moved over a great distance will produce a large force moved over a short distance. One of the simplest machines is lever. When the fulcrum (pivot point) is nearer the load than the effort, a small input force will produce a large output force, because the input force moves through a greater distance than the output force. Activity: Invite students to decide which simple machines correspond to the following activities:
• Calculate the MA, VR	• wheel and axle	Examine the six simple machines. Which would be used to slide a large crate from the street to

Competencies	Contents	Suggested Activities
 and efficiency of an inclined plane Describe the use of wheel and axel Determine the MA, VR and efficiency of wheel and axle (when the load is on the axle on the wheel). Describe the use of a jack screw. Calculate the MA, VR and efficiency of a wedge Describe the use of gears Determine the MA, VR, and efficiency of a gear system Determine whether the machines are force multiplier, speed multiplier or direction changer. 	 pulleys/differential pulley gears, chains and belts Compound Machines 	the bed of a moving van? Which would you most likely find on a door? Which would be used to split a log?? Which would be used to lift the engine from a car? Which would you use to lift a car to change a flat tire? Which would you use to pry the lid off a can of paint? Which would you use to open a coca cola bottle? Let the students make a list of ten items commonly used in the kitchen and note how many are machines? Students should experiment with a wide variety of the three types of levers and have them give many examples of each. Use diagrams to show students that a wheel and axle is actually a lever with unequal arms. Ask them to locate pictures in various magazines and advertisements that show examples of the wheel and axle, such as doorknobs, crank, can openers, and bicycles. When the effort is applied to the wale, speed is magnified. When the effort is applied to the axle, speed is magnified. A pulley system consists of one or more grooved wheels, revolving in a frame called a block, connected by a system of ropes known as a tackle, thus the familiar name, block and tackle. Let the students construct pulleys sufficient to show how pulleys operate, but there are significant frictional forces involved in their operation. Gears are a series of levers and may be used to multiply force, multiply speed, or change direction. they are used in many compound machines (machines, and all simple machines are variations of two basic machines, the lever and the inclined plane. A pulley and wheel and akle are modifications of levers, while the serve wand wedge are modifications of the inclined plane. A though they may include electrical and thermal elements, their mechanical components are based upon the principle of the lever or the inclined plane. Thus all complex machines, including automobiles and household appliances are combinations of levers, while the serve and heusehold appliances are combinations of levers and inclined plane. Your front teeth are wedges that can easily bite through a carrot because the jaw is c

Physics: Grade 9

The teacher should assess each students work continuously over the whole unit and compare it with the following description, based on the competencies, to determine whether the student has achieved the minimum required level.

Students at minimum requirement level

A student working at the minimum requirement level will be able to : identify, describe, and illustrate applications of types of simple machines, that is, the inclined plane and the lever, and modifications of these (the wedge, the screw, the pulley, and the wheel and axle); apply quantitatively the relationships among torque, force, and displacement in simple machines; state the law of the lever, and apply it quantitatively in a variety of situations for all three classes of levers; explain the operation and mechanical advantage of simple machines; determine the mechanical advantage. VR, efficiency of a variety of simple machines; describe the role

of machines in everyday domestic life and in industry (e.g., identify simple machines that are part of a device used in the home, and explain the function of each machine).

Students above minimum requirement level

Students working above the minimum requirement level should be praised and their achievements recognized. They should be encouraged to continue working hard and not become complacent.

Students below minimum requirement level

Unit 6: Fluid Static (12 periods)

- Develop knowledge and under standing of pressure, density, relative density, fluid pressure at rest, atmospheric pressure and measurement of pressure
- Gain knowledge and understanding on Pascal's principle, Archimedes' principle and floatation and their applications.
- Develop skills in computing pressure, density, static pressure in a fluid, and applying Pascal's, Archimedes', floatation principles in the solution of problems, and measurement of pressure using measuring devices
- Develop interest and curiosity in properties of fluids
- Appreciate the role of atmospheric pressure in technology.

Competencies	Contents	Suggested Activities
 Students will be able to : Define the term pressure Use the definition of pressure to solve related problems Describe atmospheric pressure Explain the variation of atmospheric pressure with altitude Explain how to measure atmospheric pressure Show that 760cmHg is equal to one atmosphere (=1.01x105 pa) 	 6. Pressure 6.1 Air pressure(5 periods) The magnitude of air pressure Air pressure and breathing 	Pressure is defined as the amount of force applied per unit area. Pressure can be measured with many different units. One of the most confusing aspects about pressure is the wide variety of units used to measure it. It is important that students realize all these units are simply different ways of measuring the same thing, namely the ratio of force to area. Activity: Atmospheric pressure at sea level is 101.3KPa.Is this a large pressure or a smaller? To understand the magnitude of atmospheric pressure, you must relate it to something with which you are familiar. You can compare atmospheric pressure to the pressure you exert on the floor. Since pressure is defined as P=F/A, you can calculate the pressure you exert on the floor if you know your weight and surface area of contact. Measure the contact area of your feet. Draw the outline of your shoe on a piece of graph paper and count the number of squares inside the figure. Multiply the number of squares by the area of an individual squares to determine the approximate surface area of the bottom of their feet. In general, students should find that air pressure is approximately five times as great as the pressure they exert on the floor when standing on both feet. Activity: To investigate how great is atmospheric pressure, students can also perform the 'collapsing can experiment'. The tremendous pressure exerted by air can be demonstrated in a dramatic fashion using two drain plungers. When two plungers are pressed together to form a tight seal, it becomes very difficult to pull them apart. Cover the adjoining surfaces of two plungers with light grease so a good seal will form, and push them together. As the plungers collapse air escapes, and if a good seal forms, no air will enter when pressure is released. When you stop pushing on the plungers, the rubber in the head of the plungers. Go outside the class and try to pull the plungers apart. Can you do it?

Competencies	Contents	Suggested Activities
 Define the term fluid State the similarities and differences between liquids and gases Define the terms density and relative density Determine the density and relative density of a definition of a density densi	 6.2 Fluid pressure (7 periods) Siphons 	Concepts to investigate: measuring atmospheric pressure, aneroid barometer, weather forecasting A simple aneroid barometer can be made from household materials and used to observe changes in air pressure. Obtain a wide –mouthed empty jar and seal it with a sheet of Mylar(Mylar is used in aluminized party balloons, is relatively impermeable to gas, and thereby allows balloons to remain inflated much longer than balloons made of rubber).Stretch a sheet of mylar until it forms a tight drum over the top of the jar and use heavy rubber bands to hold it in place. Place a small piece of chewing gum or other adhesive in the center of the membrane and attach the end of a spaghetti noodle, broom straw to the gum. The needle can pivot on the edge of a jar. As atmospheric pressure decreases, the pressure inside the jar will exceed the external pressure and force the membrane to bulge up and the needle to move down. Conversely, if the atmospheric pressure increases, the membrane will bend inward and the needle will swing up. To calibrate your barometer, tune your radio to a local station that reports barometric pressures. When a pressure reading is given, write that pressure adjacent to the point on your scale where the needle is pointing. Although your barometer may not be accurate, you should be able to observe major changes in barometric pressure. Observe your barometer over a one – or two – week period determine if there is a relationship between changes in barometric pressure and changes in weather.
 body in a given problem Explain how the pressure in a liquid at rest varies Apply the formula P=ρgh to solve related problems Calculate the total pressure on a body inside a fluid using the formula 	 Biphons How does water pressure vary with depth 	leaving a partial vacuum in the dust bag. Outside air pressure pushes dirt and other debris into the bag. Text:
Ptotal= Patmo + ρgh	• Pascal's principle	A fluid is a substance that flows easily and takes the shape of its container. Both gases and liquids flow and are considered to be fluids. The pressure of a fluid is given by $P_{\text{(fliid)}} = \rho gh$, since g is constant and the densities of most fluids are relatively constant with depth, the principal factor influencing fluid pressure is depth. The pressure at any level beneath the surface of a fluid is the same in all directions. If, for example, a balloon is submerged in water, it will assume a smaller spherical shape as water presses equally upon it in all directions, rather than a flattened shape as if someone sat on it. The air in the submerged balloon transmits pressure equally in all directions so the balloon

Physics: Grade 9

Competencies	Contents	Suggested Activities
 State Pascal's principle Use Pascal's principle to explain the function of a hydraulic lift(press) Apply Pascal's principle to solve related problems Explain the use of manometer Demonstrate understanding of atmospheric pressure, gauge pressure and absolute pressure Distinguish between absolute pressure and gauge pressure. Calculate the absolute and gauge pressure of a fluid in a container State Archimedes's principle Distinguish between true weight and apparent weight of a body Calculate the buoyant force acting on a body in a fluid State principle of floatation 	• Archimedes' principle	maintains a spherical shape. Pascal's principle states that fluids transmit pressure equally in all directions. Activity: Construct a U-tube by bending a section of glass tubing .Alternatively you may use two straight pieces of glass connected by an arc of flexible tubing. Add water to the U-tube until it is approximately half full. Measure the height of the water in both arms and record it in a table. Using a pair of scissors, cut a section from a large balloon big enough to fit over the opening of a small funnel. Stretch the material over the opening and secure it with rubber bands if necessary. Connect tubing to the end of the funnel and one end of the U-tube. A rise in the column of water in the open side of the u-tube indicates an increase in pressure on the funnel membrane. Carefully measure the change in height within the tube and record it in the table. Invert the funnel, keeping the membrane at the same level, but facing the reverse direction. Again record the height of the water column. Repeat the procedure, holding the funnel horizontally so that the middle of the funnel is at the same level. After completing three measurements. What is the influence of depth on pressure? On the basis of your data is fluid pressure directional? Is pressure greater in one direction than another? Archimedes stated that any object submerged or floating in a fluid is buoyed upward by a force equivalent to the weight of a fluid it displaces. Flat sheet of heavy –gauge sheet metal will sink because its weigh exceeds the buoyant force. If, however the metal is bent, to form a hollow block it may displace more water and be subjected to a greater buoyant force. Activity: Using pliers let the students build their own sheet metal boat. If metal is not available they may use aluminum foil. Using Archimedes' principle, let the students explain why their boat will sink if placed on its side? Activity: Form a group among the students to calculate the buoyant force: Suspend a metal object in air from a spring balance, and record its

Physics: Grade 9

Competencies	Contents	Suggested Activities
• Explain why bodies float		
or sink		
• Calculate the density of a		
floating body or density		
of a fluid using floatation		
principle		

The teacher should assess each students work continuously over the whole unit and compare it with the following description, based on the competencies, to determine whether the student has achieved the minimum required level.

Students at minimum requirement level

A student working at the minimum requirement level will be able to : define and describe the concepts and units related to fluids(e.g., density, atmospheric pressure, absolute pressure, pressure, volume); identify factors affecting static pressure, analyze static pressure in quantitative terms, and explain its effects in liquids and gases; state Pascal's principle and explain

its applications in the transmission of forces in fluid systems; state Archimedes' principle and explain its application.

Students above minimum requirement level

Students working above the minimum requirement level should be praised and their achievements recognized. They should be encouraged to continue working hard and not become complacent.

Students below minimum requirement level

Unit 7: Temperature and Heat (12 periods)

- Develop knowledge and understanding of temperature, heat, thermal expansion of substances, quantity of heat, and change of state
- Develop skills in computing the amount of heat, specific capacity and latent heat and thermal expansion of materials
- Appreciate the importance of the high value of specific heat capacity and abnormal expansion of water.

Contents	Competencies	Suggested Activities
Students will be able to:	7. Temperature and Heat	Demo:
 Explain the difference between heat and temperature Define the term thermal equilibrium 	 7.1 Temperature and heat energy(2 periods) Heat and temperature 	Materials: solid rubber ball. Drill a hole into it that will just fit a thermometer. Drill a second hole with a much thinner drill so that a thin but strong wire can go through, like a paperclip. Put the wire or paper clip through and bend over one end so it cannot come out. Attach a tough set of rubber bands to the wire, and then attach that to a board shaped like a tennis
quinorium	 Thermal expansion. 	racket. The ball should bounce off it easily. Make the length of the rubber bands about 1/3 meter. Take the temperature of the ball. Invite a student to come up and pound the ball off the floor mightily. Ignore the student while you invite the class to share ideas about heat energy. What is it?
	 Heat as molecular motion First law of thermodynamics Second law of Thermodynamics (qualitative treatment) 	Is it a fluid? Is heat a thing? Be theatric, if the student stops pounding, remind him of his job Continue polling the students for ideas of heat. Could it be a fluid inside substance? Why and why not? Remind the student to keep pounding. After about 5 minutes, take the temperature of the ball. Why did it go up? Invite answers. Could heat be a fluid from this experiment? Common language treats heat as
		something that flows from a fire or a hot tip of metal to a colder end. Students should appreciate that heat is not a substance; it is vibration of atoms or molecules in the substance. Students should appreciate that it is possible for kinetic energy to be transformed into internal vibrations of molecules.
 Describe the thermal expansion of solids Derive the expression of linear expansion of solids Derive the expression of surface(a real) expansion of solids 	7.2 Expansion of solids liquids and gases (3 periods)	TEXT: The teacher brings out a "magic wand" he claims can "talk to atoms" It is a ridiculous stick with feathers bells and colored paper. He puts the heated ball on a table and holds the stick near the ball and the paddle on top of the stick. "I want all of you atoms inside to start moving in the same direction, up and down and start bouncing." Nothing happens; he moves to another table and asks students to help. Why cannot all the atoms decide to move in one direction, upwards and then start bouncing
 Find the relationship between coefficient of 		again? Invite student responses. Students should appreciate that heat is totally random motion of atoms and molecules. The

Contents	Competencies	Suggested Activities
 linear, area and volume expansion Mention applications of thermal expansion of materials (bimetallic strip, thermostat) Solve problems involving linear, area and volume expansion of solids Distinguish batwaan 		 motion cannot be re-ordered to something like kinetic energy of a body. Heat is motion energy at an atomic and molecular level. There is no way to convert that kind of motion into something else, like kinetic energy. This is the second law of thermodynamic. It, like Newton's laws and the conservation laws is one of the great universal principles. Random motion cannot be undone. It also means that time has a direction, some processes cannot be reversed. Students already know the first law: it is the conservation of energy. PEER INSTRUCTION Invite students to explain why heat is not temperature. Invite examples from groups of
 Distinguish between apparent and real expansion of a liquid Solve problems involving expansion of liquids using the formula V=V_oγΔT 		students citing specific physical situations in which heat and temperature are not the same. Return to the bouncing ball. How does this experiment show conservation of energy. What
 Explain the abnormal expansion of water Compare the expansion of gases with expansion of solids and liquids 		is the source of the energy? All increase in heat causes more atomic motion. This causes more pressure in gases, balloons expand. It causes dimensions to change in solids and liquids. This is how mercury and alcohol thermometers work Demo:
 Define the terms: specific heat capacity and heat capacity of a body Describe the factors that affect the amount of heat absorbed or liberated by 	7.3 Quantity of Heat, Specific heat capacity and Heat capacity (3 periods)	Have a sheet of metal with a hole in it and a ball that fits right in when cold. If the sheet is heated will the ball fit in also?Demonstration: A bolt and nut fit well together. Heat the nut, will the bolt fit on? Why?Demonstrate: Have a balloon tethered at air temperature. Measure its circumference. Hold it over a candle flame at a sufficient distance not to injure the rubber for a few minutes to heat
 a body Identify different units of heat energy Calculate the quantity of heat absorbed or liberated by a body using the formula Q=mc∆T Calculate the heat capacity of a body 	• Heat exchange (calorimetery)	 the air. Measure the diameter of the balloon. Discuss the basic kinetic theory of matter with students (qualitatively) State the effect of temperature on the motion of particles (qualitatively) Recapitulate the effects of heating a body. Demonstrate expansion of solids, liquids and gases. Presentation: Show the graph of the heat needed to raise 1 gram of water from -5 C to 110 C. DEMO: start water heating in some container. Use electricity or an alcohol lamp. Use a small amount. When it is boiling, keep reading the temperature. Why is it not increasing? Heat is going in? TEXT: introduces latent heat of vaporization 580 j/g/ for water.

Physics: Grade 9

Contents	Competencies	Suggested Activities
 Explain the significance of high specific heat capacity of water solve problems involving heat exchange using the relation: Heat lost = Heat gained Describe the uses of calorimeter. 		Introduce latent heat of melting/fusion for water. Group work - assessment: assign each group of 5-6 students a specific amount of water in a jar or cup. Make it range from 12g to 2 kg. How much heat will it take to get that amount of water to 110 C?
 Define the term latent heat Define the term: latent heat of fusion, latent heat of vaporization. Solve problems involving change of state 	7.4 Change of state (4 periods)Latent heat	

Physics: Grade 9

The teacher should assess each students work continuously over the whole unit and compare it with the following description, based on the competencies, to determine whether the student has achieved the minimum required level.

Students at minimum requirement level

A student working at the minimum requirement level will be able to :define the terms: thermal equilibrium, thermal expansion change of phase, calorimetry, latent heat capacity, heat latent heat of vaporization, latent heat of fusion; identify the units for the terms: heat, heat capacity, specific heat capacity, latent heat: state the relationship between heat transferred and observed change in temperature; solve problems involving calculations of heat lost, heat gained, change of phase, expansion of materials.

Students above minimum requirement level

Students working above the minimum requirement level should be praised and their achievements recognized. They should be encouraged to continue working hard and not become complacent.

Students below minimum requirement level

Unit 8: Wave Motion and Sound (16 periods)

- Develop knowledge and understanding waves, types of waves, periodic motion,, wave motion, characteristics of waves, and properties of waves.
- Develop knowledge and understanding of sound waves, properties of sound, wave and characteristics of sound.
- Develop skills in computing the speed, period, frequency of a wave in the solution of problems.
- Develop skills in computing the intensity of sound waves.
- Appreciate the application of reflection of sound wave, and the role of waves in technology.

Competencies	Contents	Suggested Activities
 Students will be able to: Define the terms: wave, pulse 	 8. Wave motion and sound 8.1 Wave propagation (4 periods) Pulse and train of wave Types of waves Mechanical and electromagnetic waves 	Invite students thought on the meaning of a physical wave. Where do you see them? What types are there? Invite students' responses. List them. Use a large tray to demonstrate waves in water. Use a rope to demonstrate waves. CLASSROOM LABORATORY: the Human Wave: Lab simulation #1. Stretch the slinky down one row of students. Use more than one slinky taped together if needed. Students are models for molecules of water. Make a ripple at one end of the slinky. They will simulate the motion of a wave in the water. Model the motion of a wave down the slinky powered by students several times.
• Define the terms: crest, trough, wave length, amplitude, frequency, period of a wave.	 8.2 Mechanical Waves (4 periods) Characteristics of waves Wave equations 	Lab Simulation #2. Bring in a basket ball. Move to another row of students. Go to the middle of the class and "drop" the basketball into the end of the "water" simulated by the slinky .Students imitate motion with the slinky as if it were the motion of the water waves. At the end they go down, and then up, and the wiggle moves down the slinky to the end of the row. Lab Simulation #3. Bring in the idea of time. Add a new rule. Use some timing device that makes a sound every second or every 2 seconds. It could be a long pendulum. The rule is the top of the wave must move at exactly one desk every beat of the pendulum (every one or preferably two seconds). The teacher starts the wave at the front end, not in the middle. This row of students practices making the wave move with exactly this speed – one desk every second. If there are seven rows it will take about seven seconds for the wave to go to the back. Students model this speed of the wave several times. One wave only moves down the row.
• Solve problems involving wavelength, frequency and wave speed		Lab Simulation # 4. The teacher stops the wave and defines two new ideas – speed and reflection. The last student acts like the wave bounced off the wall. As the wave moves down the row then back to the start position, teacher asks the other rows "What exactly is the time it takes the wave to move from the front, to the back, then to the front again? The rule is that the top of the wave must move at one desk per pendulum hit. Students time the wave. They measure the distance between the middle of the desks. They calculate the speed in meters per

<i>Physics: Grade 9</i>

Competencies	Contents	Suggested Activities
	• Transverse and longitudinal waves	second. Lab Simulation #5 Using a bridging metaphor idea, the instructor invites the students to make a model of the wave – peak to peak is one desk. He takes a piece of hose to visibly model the wave between two desks. Make the hose about 1.5 m long. It makes a shape like part of a sine wave. This is one cycle of the wave. This is an exceptionally important idea. This is the period of the wave. The "Human Water Wave" has a period of one (or two seconds). He changes the shape of the hose to a more traditional: zero to top to zero to bottom to zero shape by "sliding of an end – middle to top and moving it to the front. This is the wave length of the wave. This is the traditional way to draw one cycle of a wave as one wave length.
		LAB SIMULATION #6 The teacher "fires" that row and moves to another row that has not done "The wave". They practice with the basketball "drop" with a peak moving one desk at a time. The teacher writes down: Definition: one cycle = mid to top to mid to bottom to mid = One period = one cycle. The period is usually written T, as P is all ready taken with momentum. Definition: Frequency = number of periods per second. Our "human wave" is one cycle per second. or perhaps one cycle per 2seconds (if the time was 2seconds.). Frequency is traditionally represented by small f. Capital F is reserved for force Its frequency is: $f = \frac{1cycle}{sec}$ Definition: Wave length. Wavelength is the physical distance from one end of a cycle to the other. The symbol for wave length is the Greek letter lambda λ .
	8.3 Properties of waves (4 periods)	Collect the slinky. "What is the speed, in meters/sec of our human wave? "Invite students to suggest and defend their ideas of what the speed of the wave is measured in the objects of their classroom. It is the distance traveled in one cycle of the wave. This is the distance between two desks, about one meter or a bit less. Students measure the distance between desks. $\lambda = \text{about 1 meter}$. So, writing on the board we have: Speed of the wave = (distance peak-peak)/period Speed of the wave = λ/period But period = $1/(\text{frequency}) = \frac{1}{f}$ so

Competencies	Contents	Suggested Activities
Distinguish between mechanical waves and electromagnetic wave		$speed = \frac{\lambda}{f} = \frac{\lambda}{f} \times \frac{f}{f} = f\lambda$ Rewriting this equation neatly we get: $speed = f\lambda$ This is one of the great equations of physics. It is not a law, rather it is in the form of a definition as frequency, cycles, and distance and speed are all known quantities. In the case of light a special symbol is used The letter small c is reserved for the speed of light $3 \times 10^8 m/_{Sec}$ The substitution, valid only for light is: $c = f\lambda$. This is a special equation that must be remembered. The physics of tsunamis and of waves in water is complicated in general. We offer a simple version here. In deep water the water molecules oscillate as the waves come through in circles. If the water is shallow, the bottom part of the cycle drags on the earth and slows it, so that the wave elongates. Eventually the bottom slows more than the top and the wave breaks with white tops. The speed of waves in water depends on depth for many reasons. Water molecules stick to each other in beads on a surface and even in liquid depths. This affects the wave passing through the water medium. The depth of the water waves. It should not be memorized. Activity: Qualitative looking at the equation: $v = \sqrt{gd}$ In student groups make predictions about the relative speed of water waves in deep oceans, in small ponds or rivers, or in a pool, or thin layers in a plate. The instructor collects ideas from groups about what they think will happen to the velocity of water waves. Some may offer calculations. Record them. Activity: Board calculation: The depth of the ocean is about 4,000m. What is the speed of a tsunami, a giant ocean wave caused by an earthquake, in the open? It is about 700 kph. This is as fast as a jet plane. It slows when it approaches land as the

Physics: Grade 9

Competencies Conte	ts Suggested Activities
 Identify transverse and longitudinal waves in a mechanical media(string, spring, water, seismic 	 bottom encounters friction with the land. Its wavelength is very long – about 50 km or longer. What is the frequency of a group of tsunami waves? Activity: qualitative investigation outside class. Ask students to explore at home observations of the speed of waves. What happens to waves as they come ashore? What observations can you make of waves made in a shallow area, and waves made in deeper water? Collect observations: do they fit the equation? If not repeat the experiments. Demo: Students put out their hands. Each hand is a water molecule. The teacher "drops" a tennis ball on one end. Students' hands move simulating the wave at speed of one desk per second. It was a tennis ball, not a basket ball dropped the same speed. How does this affect the wave you are simulating? Students do another simulation of a "tennis ball" wave. Definition: The Amplitude of a wave is the difference in height between the middle point and the highest or lowest point. It is a measure of the energy in the wave. Activity Discussion: Discuss what has happened with the "hand waves". Which way did the wave move? Did the individual particles of the students' hands move? If "yes" which way? What does oscillation have to do with this? Students should understand that the motion of the water molecules is always about one center point. They molecules oscillate they do not move with the wave's direction. The wave is a vibration that moves across the water in a direction perpendicular to the motion of each of the water molecules. Water waves can carry tremendous power in Tsunamis caused from earthquakes under sea. At sea the tsunami can be 4-6 ft (1.2m-1.8m) high, Approaching land the wave's bottom drags on the ocean floor. It causes the wave to peak. Tsunami's can be a 500 to 1,000 m high hitting land. Kinds of Transverse waves: Water surface waves in earthquakes (the ground wiggles up and down from a wave in the earth) and light. Class

Physics: Grade 9

Physics: Grade 9

Competencies	Contents	Suggested Activities
 Identify that sound wave is a longitudinal mechanical wave. Explain about the production of sound Describe how sound is propagated in a material medium Define the terms: compression, rarefaction Compare the speed of sound in solids, liquids and gases. Determine the speed of sound in air at any given temperature 	 8.4 Sound waves (4 periods) Production and propagation of sound Speed of sound in different media Speed of sound in air 	distance between compressions. Invite students to think of what the period of a longitudinal wave might be: It is the time between arrivals of a compression. Collect the slinky. Classroom demonstration: Longitudinal waves. Use a row of students that did not participate. Do not use a slinky. Ask students to twist to sit sideways a bit. Put out hands so they touch. They should keep arms stiff. Push the first one. Watch the compression go down the row. Invite the last student to put his hand on the wall. When he gets compressed and moves toward the wall, Newton's 3 rd law says the wall pushes back. Longitudinal waves model reflection very easily. Invite the students to model compression and reflection off a surface of a wave. Invite students to describe their motion. Is there a total displacement? Students must appreciate that in longitudinal waves molecules oscillate and return to their positions. Sound is a longitudinal wave. Demonstration; Have a speaker play one tone, a buzz perhaps. Place some very light paper or fuzz on the speaker. Aim the speaker up. Observe the particles. Some students may gently feel the paper cone of the speaker. It is vibrating in and out pushing the sound out. It is making waves in the air that are compression waves. It is pushing and pulling the air. This is sound, a longitudinal wave. Water molecules, unlike air molecules are not very compressible. Sound does travel in water, but at a very different speed than in air. Classroom project: The speed of sound is 331 m/s in air. The speed of light is virtually instantaneous. Make a table for calculation of the distance of a lightening bolt by measuring the time between the flash and the sound. Invite students to guess what its wavelength might be. Is wavelength is twice the length of the string. Using the wave equation calculate the frequency of the sound. Bring in some string instruments. Use the wave equation to calculate the frequency of low pitches and of high pitches. Define Spectrum: It is a collectio

Competencies	Contents	Suggested Activities
		The unit cycles per second is called the Hertz, abbreviated Hz.
		Classroom Demonstration: Invite a row of students to model a longitudinal wave using the
		Human Wave model. Start the wave with one.
		How is it reflected off the wall in the back? Do a quick quantitative calculation of the speed of
		the "human longitudinal wave" What is its speed if you know the distance in meters front to
		back and then to front again?
		Invite students to think of a way they, themselves could measure the speed of sound outside?
		Group Activity: Find a spot with a big reflecting wall. Move around
		till you can hear an echo. Make a sharp noise like clapping wood together. Move around and
		use a second hand on a watch till you get an echo back in one second. What is your
		calculation for the speed of sound? Bring it back to the classroom. Make a plot of all measurements. There should be several dozens of them. Is the set of measurement accurate?
	Reflection of sound	Is the accepted value in the range the class has measured? Is there systematic error? How big
	Reflection of sound	is it?
		Make a Human Wave in another row. Do not use a slinky. Students twist 90 degrees and
	• Application of reflection	connect by holding hands or forearms. The instructor makes a horizontal wiggle on one end.
	of sound	Students model the wave moving down the row. The student at the end holds onto the wall.
		He must lean back as the wave hits, and then lean forward as he returns to vertical. The
		transverse wave now comes back to the front.
		Discussion: How is this different from the compression wave? Or is it the same?
		Refraction is most important commercially with light, so we'll model it there. Light travels
		slower in denser mediums. Glass or water are denser than air, so light is slower in these
		media. Diamonds are very dense. Light travels very slowly in diamonds.
		PEER INSTRUCTION on Waves
		Find some examples.
		Confirm understanding. Classroom assessments
		Wave Jeopardy.
		Make some cards:
		Huge ocean wave.
• Define the terms intensity		Answer What is a tsunami? 700 Km/hr.
of a sound		
• Solve problems involved		What is the speed of a tsunami?
intensity of sound using	Characteristics of sound	Speed = $f * lambda$
the formula		What is the wave equation?
I=power/Area		Diagrams like coming into a denser medium. What is refraction?
• Explain the effect of		
refraction of sound		Coming out of a denser medium diagram.

Physics: Grade 9

Competencies	Contents	Suggested Activities
 Explain the difference between echo and reverberation Describe some application of reflection of sound Describe the characteristics of sound: pitch, loudness, Quality 		 What is refraction? Simple numerical problems with the wave equation. 331m/s What is the speed of sound? 3x10 ⁸ m/s What is the speed of light? Board experiment: All waves move outward from the source in all directions. They dissipate off into space until absorbed by some substance. Consider the rate at which it dissipates. Model with a rope with a chalk, how sound, light or water get weaker moving away from the
 Define the terms: diffraction, interference Describe the characteristics properties of waves: reflection, refraction, diffraction, interference 		source.

Physics: Grade 9

The teacher should assess each students work continuously over the whole unit and compare it with the following description, based on the competencies, to determine whether the student has achieved the minimum required level.

Students at minimum requirement level

A student working at the minimum requirement level will be able to : define and describe the concepts and units related to mechanical waves (e.g., longitudinal wave, transverse wave, cycle, period, frequency, amplitude, wavelength, velocity, superposition); describe and illustrate the properties of transverse and longitudinal waves in different media, and analyze the velocity of waves traveling in those media in qualitative terms; compare the speed of sound in different media, and describe the effect of temperature on the speed of sound; draw, analyse, and interpret the properties of waves (e.g., reflection, refraction, diffraction, interference) during their transmission in a medium and from one medium to another, and during their interaction with matter;

Students above minimum requirement level

Students working above the minimum requirement level should be praised and their achievements recognized. They should be encouraged to continue working hard and not become complacent.

Students below minimum requirement level