



Introduction

Over three decade of service

Pakistan Islamic Medical Association was established in Oct, 1979. Since its inception, PIMA is striving to mitigate the suffering of people in distress in Pakistan and abroad. PIMA is promoting Islamic medical activities including health services, education and research and also providing forum for training of doctors to become better professionals. PIMA regularly conduct lectures, workshops & conferences throughout the country aiming to enhance the knowledge, scholarship, and expertise in different medical specialties.

PIMA embraces 80 branches all over the four provinces and Azad Kashmir. The ever expanding PIMA membership among male and female doctors is in thousands. Along with the core membership, several thousands doctors and paramedics worked with PIMA in national and international disasters.

PIMA remained an attractive partner of several international relief agencies and dozens of those enjoyed this successful partnership in eliminating the suffering of humanity.



Message from PIMA President

Dear brothers and sisters! It gives me a great pleasure to write a few words for PIMA News.

Allah (SWT) has blessed all of us. He has associated us with this noble profession and provided us with education, qualifications and social status. Since Allah has bestowed on us such favors, it is our duty to live up to the principles detailed by Allah & His Last messenger (SAW).

Our education and profession as medical doctor provide us unique opportunities to set the best example of character and conduct and thereby be a role model as a Muslim doctor in practice. Patients give a lot of credence to what their doctors tell them. It is the responsibility of every doctor to maintain that trust and do his utmost not only to relieve their bodily suffering but try to heal & console their minds as well.

PIMA provides medical relief service without discrimination at National and International levels. Our record in this area is second to none.

We invite all the doctors to join Pakistan Islamic Medical Association (PIMA) to play their role. PIMA forum will nurture their qualities and help to fulfill their responsibilities in an organized way.

Of course Quran is the source of Hidayat and Muhammad (S.A.W.) is the Leader to follow for the real success in this world and in the life hereafter.

Dr. Shafqat Javed

Relief Services

One of the outstanding projects of PIMA is relief work. PIMA has rendered valuable services during disasters as well as regularly part of PIMA activities. PIMA provided emergency services in natural and man made disasters nationally and internationally. PIMA was one of first few relief organizations providing medical relief to the affectees of Tsunami in Indonesia and Srilanka, affectees of Bam earthquake, affectees of Afghan first and second war, Kashmir conflict, affectees of Bosnian and Kosovian war, in Chechnya war and during Katrina (USA) disaster. PIMA's outstanding relief

performance in Oct 2005 earthquake, IDPs of Malakand and Swat and flood effectees of 2010 were recognized nationally and internationally.

PIMA is committed to promote health awareness among the communities and providing medical aid to victims of poverty, diseases, natural disasters and war. PIMA remained pioneer in managing national & international disasters. In fact it's extensive network of hospitals, welfare clinics, and free medical camps working in Pakistan and abroad makes PIMA one of the leading medical relief organizations.



Flood Relief

PIMA has remained committed to the welfare of flood affected population. PIMA started medical relief operations from the very first day through its members through-

out the country.

PIMA established medical relief centers in all flood affected areas. The summary of relief activities is as follows.



The summary of relief activities is as follows.

	Camps	Doctors	Paramedics	Patients	Volunteers
KPK	666	817	1609	96094	2035
Punjab	1168	1222	2383	287455	2594
Sindh	836	903	1486	95303	2163
Baluchistan	55	54	108	5826	608
TOTAL	2725	2996	5586	484678	7400



Other activities

- Through free eye camps in flood affectees, thousands of eye surgeries were performed.
- Thousands of Eid gifts were distributed in children.
- Cash amount of in excess of Rs 2.5 million was distrusted in flood affectees through collaboration with Sharja Charity International.
- Thousands of families were provided food.
- Thousands of Hygiene Kits were distributed through collaboration with Malaysian Relief Agency (MRA).
- Hundreds of Medical Kits were distributed in flood affectees of Sindh Province.
- Four most modern water filtration plants were installed in Sindh and KPK in collaboration with Mercy Singapore.
- Health Awareness Programs were organized to educate the people regarding personal Hygiene issues.
- Hundreds of Antibiotic injections were provided to District Hospital Rajanpur for Flood affectees.
- Hundreds of drinking water dispensers were installed in Sindh area.



Foreign Collaboration

Hundreds of doctors, lady doctors, nurses and paramedical staff mobilized from within the country and from international NGO's provided their services in worst flood affected remote areas of the country. PIMA provided platform to more than one dozen international NGO's to provide medical care to flood affectees.



Words of gratitude from PIMA

Thanks, donors past and future! We take this opportunity to voice our gratitude towards all those who have extended help to PIMA. Without this help, none of the work we have been able to put in would be possible. Your assistance both material and in the form of human resource has been a major source of our success. We believe our success is your success.



FIMA Save Dignity

FIMA Save Dignity Camp was organized on 24th Sep to 1st October 2010 at North Darfour - Alfashir. Prof. M. Iqbal Khan, Dr. Aftab Malik and Dr. Amjad Mahboob from PIMA were participated and performed major surgeries.



Press Conferences

During the relief activities, PIMA held several press conferences including:

Malaysian Relief Agency (MRA)

Malaysian Relief Agency (MRA) and Pakistan Islamic Medical Association (PIMA) have addressed jointly a Press Conference on 26th August 2010 on flood relief issue at Islamabad. Medical Relief Director of MRA Dr. Shahrizal Azwan and Secretary General of PIMA Dr. Mumtaz Hussain addressed the press conference. The announcement of distribution of Hygiene Kits in the flood affectees was made in addition to other medical relief activities.



Serendib Foundation of Relief and Development (SFRD)

Serendib Foundation of Relief and Development (SFRD) and PIMA jointly addressed at a press conference on 16th September 2010 at Islamabad. Relief Director Muhammad Rafique, Dr. Muhammad Salahudeen, Dr. Muhammad Shaheel, Dr. Muhammad Rizvi, Dr. Muhammad Faiq from SFRD and Secretary General PIMA Dr. Mumtaz Hussain addressed the press conference. SFRD had sent two teams of doctors including lady doctors and paramedics worked for one month in South Punjab flood affected areas of Rajanpur, Muzafargarh and KPK.



International Muslim Women Union (IMWU)

A delegation from International Muslim Women Union (IWMU) and PIMA female wing president jointly addressed a press conference at Islamabad on 25th September 2010. Assistant Secretary General for Global Coordination (IMWU) Mrs. Ishraqa Umar from Sudan and President PIMA female Wing Dr. Kauser Firdous (Ex. Senator) addressed the press conference. It was told that more than 100 lady doctors of PIMA had served in flood affected areas. A donation of one million rupees was announced by President PIMA female Wing, Dr. Kauser Firdous.



PIMA Al-Hajri Al-Rabia Hospital, Muzaffarabad

PIMA maintains a range of facilities and services to mitigate sufferings of the poverty and disasters. PIMA Al-Hajri Al-Rabia Hospital, Muzaffarabad was established in collaboration with Al-Khidmat Al-Hajri Al-Rabia Trust, followed by PIMA Field

Hospital, Muzaffarabad on 8th Oct. 2005.

This 60 bedded indoor facility provides OPD service, 24 hrs emergency services, surgery, O.T, Obs & Gyne, Pediatrics services and diagnostic facilities including Laboratory, Ultrasound and X-Ray.

Following data is showing the annual report.

	2009	2010
OPD	36,020	31,169
Admission	1907	1618
Operation (Major)	185	180
Operation (Minor)	332	317
Gyne Operation (Major)	397	372
Gyne Operation (Minor)	92	108
Normal Delivery	690	596
L.S.C.S. (C-Section)	365	338



Kashmir Surgical Hospital, Muzaffarabad

Kashmir Surgical Hospital located in the heart of the capital city of Azad Jammu & Kashmir. It has been working for more than twenty years. This hospital was badly damaged by the October 2005 earth quake. Re-strengthening (seismic code approved-reconstruction) of structure of Kashmir Surgical Hospital has been completed, including completion of basic civil work and structural re-strengthening. We are now intensively working on the second phase which includes the finishing, decoration and

final remodeling of the building according to the requirement.



PIMA-Muslim Aid Hospital, Mansehra

PIMA is engaged in the provision of relief and rehabilitation services to earthquake effected areas. Communities were unable to obtain medical attention as many health facilities had been damaged during the earthquake.

PIMA established this Hospital in Mansehra in collaboration with UK based Muslim Aid. This 25 bedded hospital is now ready to provide state of the art health services to the

local and regional population of this remote area. The hospital services will start in March 2011 InshAllah.



Continuous Medical Education (CME)

PIMA has been conscious about continuous medical education (CME) to keep its members and medical community aware about

the latest medical knowledge and research. PIMA is trying to organize uniform system of CME throughout the country.



Training Workshops

PIMA is offering opportunities for personal-development of its members. Every Muslim physician must be equipped with the required attributes of his profession by achieving and maintaining excellence in his field. He must be convicted in his faith and be an excellent role model.

For the purpose of achieving the above goal PIMA organized three training workshop

during the year 2010. These workshops were held in Islamabad (11th & 12th Dec), Karachi (25th Dec) and Sukker (25th Dec). Hundreds of PIMA members participated in these workshops. These workshops are now a regular feature of PIMA to enhance the professional and ethical values among its members.



Central Biennial Convention 2010, Lahore

The Central Convention was held at Lahore in March 2010 at Allama Iqbal Medical College Auditorium on 27th & 28th March. Dr. Muhammad Afzal Mian was chairman of the organizing committee. More than 600 doctors from all over the country attended this convention. Late Dr. Israr Ahmed,

renowned scholar of Islam was the most eminent among the speakers. Report of the previous session was presented on this occasion. Dr. Shafqat Javed was elected as Central President PIMA for the session 2010-12. Central Executive Council Members were also elected from each province.



Prevention of Blindness (POB)

Prevention of blindness project was started by PIMA as a leading volunteer eye care organization in July 2007. With sole mission of preventing blindness and preserving sights. PIMA POB endeavors to develop strategies for prevention and control of blindness and visual impairment. The prime objective of POB is to promote and sustain a

global campaign against all forms of avoidable blindness with emphases on deprived communities.

POB has been involved in treating eye patients both within and outside the country in collaboration with FIMA Save Vision. A summarized data is given below to reflect POB's activities in recent past.

	2007	2008	2009	2010	TOTAL
Camps	40	47	43	24	154
OPD	28,507	40,491	42,119	35,251	1,46,368
Surgeries	3162	4349	3630	4167	15,308
Doctors	131	179	171	157	638



FIMA Save Vision

This project of FIMA was started in 2005. PIMA is one of the most active members of FIMA and at present is holding the position of Director of FIMA Save Vision Project. More than 250 Free Eye Camps have been organized in 12 countries and 5,50,000 patients have been treated so far. Fifty thousand Eye Surgeries have been performed.



Central Executive Council (CEC)

The Central Executive Council is the highest policy making body of PIMA. The Executive Council consists of the followings Office Bearers:

- Central President
- Secretary General
- Secretary Finance
- Elected & Nominated Members
- Provincial Presidents
- Project Directors
- Ex- Presidents

During the year 2010, two meetings of CEC were held in Islamabad. These meeting were

held in April and October. Flood affectees and their health related problems have been the focus of October CEC meeting.



Central Working Committee (CWC)

Members of Central Working Committee (CWC) meet regularly on monthly basis for execution of work determined by the Central Executive Council. During the year 2010, 8 CWC's meetings were held in Islamabad,

aiming to regularly review and execute the planning and decisions. A special CWC was held in Multan to review and plan for South Punjab Flood related issues in September 2010.



PIMA President's Visit

The president of PIAM Dr. Shafqat Javed visited many cities of Punjab and KPK during year 2010. Following are the details of his visits.

- The President visited the flood affected areas of Jhang and Mianwali districts in July. During this visit PIMA Punjab President Dr. Abdul Hafeez Kardar and Provincial Relief Coordinator Dr. Asif Khokhar accompanied the president.
- The president chaired special Central Working Council (CWC) meeting at Multan in September. Later all the CWC participants from all over the country accompanied Central President in his visit of the flood affected areas of South Punjab.
- The president attended the seminar on flood relief at Lahore in September. This seminar was attended by more than 100 doctors.
- The president visited KPK flood affected areas Nowshetra and Charsada in October.
- PIMA president attended Central Executive Council Meetings of KPK (at Peshawar) and Kashmir (at Islamabad) in October. The secretary General PIMA Dr. Mumtaz Hussain also accompanied the President in his visits in KPK and South Punjab.
- The President PIMA addressed Donors Conference at Lahore in November.
- The President attended all the regular monthly Central Working Council Meetings at Islamabad during 1st year of the session.
- He also chaired the Two days Training Workshop at Islamabad in December, in which more than 100 doctors from Punjab, KPK and Kashmir participated.



27th FIMA Council Meeting

27th FIMA (Federation of Islamic Medical Associations) Council meeting was held on September 2010 at Beirut – Lebanon. A delegate on comprising of 11 members participated.



CIMCO Seminar

The Seminar of Consortium of Islamic Medical Colleges (CIMCO) held on 21st September 2010 in Beirut, Lebanon on the second day of the 17th FIMA council meeting. From Pakistan Prof Hafeez Ur Rahman and Prof Muhammad Iqbal Khan represented PIMA.



IHC Seminar

The 6th International seminar and workshop of Islamic Hospital Consortium (IHC) was jointly organized by IHC chapter in Malaysia and MUKISI (Indonesia) under umbrella of FIMA at Putra Hotel Kuala Lumpur. Workshop was held on December 18th & 19th 2010. Theme of workshop was: "Quality Improvement in Hospital Management". A total number of 85 local and foreign delegates attended the workshop.



Free Medical Camps

PIMA organizes free medical camps for the needy people throughout the country on regular basis. This activity has always been a regular feature of PIMA. Deserving patients in remote areas are identified and treated throughout the country.



Helping the IDPs of Mohmand Agency

PIMA maintain a range of facilities and services to mitigate sufferings of the IDPs of Mehmand Agency. PIMA established a free medical camp with lab. Service. A team consists of 2 doctors and 6 paramedics is providing medical relief to 3000 families in Mehmand Agency.







پہلے ایم کے مہاجرین مہمند ایجنسی کیلئے میڈیکل ریلیف سینٹر قائم
 ایش کول غازی ایک ٹانگی میں 6 ڈاکٹرز اور پندرہ میڈیکل سٹاف ریلیف ورک میں مصروف
 راولپنڈی (خبریں نیوز) پاکستان اسلامک میڈیکل ایسوسی ایشن نے مہمند ایجنسی میں فوجی کیمپ کے لیے 27 جرنل
 ڈاکٹرز اور پندرہ میڈیکل سٹاف کے ساتھ ایک ریلیف سینٹر قائم کیا ہے۔

ایم کے مہاجرین مہمند ایجنسی کیلئے میڈیکل ریلیف سینٹر قائم
 ایش کول غازی ایک ٹانگی میں 6 ڈاکٹرز اور پندرہ میڈیکل سٹاف ریلیف ورک میں مصروف
 راولپنڈی (خبریں نیوز) پاکستان اسلامک میڈیکل ایسوسی ایشن نے مہمند ایجنسی میں فوجی کیمپ کے لیے 27 جرنل
 ڈاکٹرز اور پندرہ میڈیکل سٹاف کے ساتھ ایک ریلیف سینٹر قائم کیا ہے۔

Pakistan OBSERVER
 October 17, 2010
ایم کے مہاجرین مہمند ایجنسی کیلئے میڈیکل ریلیف سینٹر قائم
 ایش کول غازی ایک ٹانگی میں 6 ڈاکٹرز اور پندرہ میڈیکل سٹاف ریلیف ورک میں مصروف
 راولپنڈی (خبریں نیوز) پاکستان اسلامک میڈیکل ایسوسی ایشن نے مہمند ایجنسی میں فوجی کیمپ کے لیے 27 جرنل
 ڈاکٹرز اور پندرہ میڈیکل سٹاف کے ساتھ ایک ریلیف سینٹر قائم کیا ہے۔

ادکار
PIMA provides medical assistance to 164,523 flood affectees
 The Pakistan Islamic Medical Association (PIMA) has provided medical assistance to 164,523 patients in flood-affected areas of the country. This was stated by General Secretary PIMA Dr. Waseem Ahmad Khan while addressing a press conference on Saturday at Shaheed Press Club in Lahore.

سیلاب زدہ علاقوں میں بڑا چیلنج پھیلتی بیماریاں ہیں
 سیلاب زدہ علاقوں میں بڑا چیلنج پھیلتی بیماریاں ہیں۔ سیلاب زدہ علاقوں میں بڑا چیلنج پھیلتی بیماریاں ہیں۔ سیلاب زدہ علاقوں میں بڑا چیلنج پھیلتی بیماریاں ہیں۔

ایم کے مہاجرین مہمند ایجنسی کیلئے میڈیکل ریلیف سینٹر قائم
 ایش کول غازی ایک ٹانگی میں 6 ڈاکٹرز اور پندرہ میڈیکل سٹاف ریلیف ورک میں مصروف
 راولپنڈی (خبریں نیوز) پاکستان اسلامک میڈیکل ایسوسی ایشن نے مہمند ایجنسی میں فوجی کیمپ کے لیے 27 جرنل
 ڈاکٹرز اور پندرہ میڈیکل سٹاف کے ساتھ ایک ریلیف سینٹر قائم کیا ہے۔

ایم کے مہاجرین مہمند ایجنسی کیلئے میڈیکل ریلیف سینٹر قائم
 ایش کول غازی ایک ٹانگی میں 6 ڈاکٹرز اور پندرہ میڈیکل سٹاف ریلیف ورک میں مصروف
 راولپنڈی (خبریں نیوز) پاکستان اسلامک میڈیکل ایسوسی ایشن نے مہمند ایجنسی میں فوجی کیمپ کے لیے 27 جرنل
 ڈاکٹرز اور پندرہ میڈیکل سٹاف کے ساتھ ایک ریلیف سینٹر قائم کیا ہے۔

Briefing on relief efforts
 A delegation of five members of the Pakistan Islamic Medical Association (PIMA) has been briefed on relief efforts in flood-affected areas of the country. The delegation was led by PIMA Secretary General Dr. Waseem Ahmad Khan.

سیلاب زدہ علاقوں میں بڑا چیلنج پھیلتی بیماریاں ہیں
 سیلاب زدہ علاقوں میں بڑا چیلنج پھیلتی بیماریاں ہیں۔ سیلاب زدہ علاقوں میں بڑا چیلنج پھیلتی بیماریاں ہیں۔ سیلاب زدہ علاقوں میں بڑا چیلنج پھیلتی بیماریاں ہیں۔

ایم کے مہاجرین مہمند ایجنسی کیلئے میڈیکل ریلیف سینٹر قائم
 ایش کول غازی ایک ٹانگی میں 6 ڈاکٹرز اور پندرہ میڈیکل سٹاف ریلیف ورک میں مصروف
 راولپنڈی (خبریں نیوز) پاکستان اسلامک میڈیکل ایسوسی ایشن نے مہمند ایجنسی میں فوجی کیمپ کے لیے 27 جرنل
 ڈاکٹرز اور پندرہ میڈیکل سٹاف کے ساتھ ایک ریلیف سینٹر قائم کیا ہے۔

ایم کے مہاجرین مہمند ایجنسی کیلئے میڈیکل ریلیف سینٹر قائم
 ایش کول غازی ایک ٹانگی میں 6 ڈاکٹرز اور پندرہ میڈیکل سٹاف ریلیف ورک میں مصروف
 راولپنڈی (خبریں نیوز) پاکستان اسلامک میڈیکل ایسوسی ایشن نے مہمند ایجنسی میں فوجی کیمپ کے لیے 27 جرنل
 ڈاکٹرز اور پندرہ میڈیکل سٹاف کے ساتھ ایک ریلیف سینٹر قائم کیا ہے۔

Relief in flood-hit areas PIMA establishes 200 medical camps
 ISLAMABAD—Pakistan Islamic Medical Association (PIMA) has established over 200 medical relief camps in flood-affected areas of the country. PIMA has established 1,500 medical camps, with the total strength of 1,700 doctors and 2,500 para-medics staff.



Relief in flood-hit areas PIMA establishes 200 medical camps

PIMA reviews relief activities in flood-hit areas

Islamabad Pakistan Islamic Medical Association (PIMA) here on Saturday reviewed the relief work activities in flood-affected areas of the country to devise a plan for

ایم کے مہاجرین مہمند ایجنسی کیلئے میڈیکل ریلیف سینٹر قائم ایش کول غازی ایک ٹانگی میں 6 ڈاکٹرز اور پندرہ میڈیکل سٹاف ریلیف ورک میں مصروف راولپنڈی (خبریں نیوز) پاکستان اسلامک میڈیکل ایسوسی ایشن نے مہمند ایجنسی میں فوجی کیمپ کے لیے 27 جرنل ڈاکٹرز اور پندرہ میڈیکل سٹاف کے ساتھ ایک ریلیف سینٹر قائم کیا ہے۔



We invite every doctor to join us

- To care those who have not been cared.
- To uplift medical knowledge, expertise, health services and research culture in the society.
- To play an effective role in upbringing the Islamic ethical values in medical practice.
- To introduce and facilitate Ibada friendly medical practice and services.
- To be a generous partner with PIMA in enhancing health education in the masses.
- To develop your personality through training workshops.
- To mobilize professional and economic resources for providing the health care and medical relief services, wherever needed.
- By entering in PIMA you will be fulfilling your responsibilities as Muslim physician of this era

PIMA Central Secretariat

12, Shalimar Centre, F-8 Markaz Islamabad Pakistan

Tel: 92 51 2261943, Fax: 92 51 2857132

www.pima.org.pk pima@dsl.net.pk

For Donation:

PIMA Account # 1306-9, MCB Bank,
Jinnah Supper Branch (1160) F-7 Markaz, Islamabad