



# PLAN PREPARE and PROTECT

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*Train the Trainer Handbook*

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**2018**

This handbook is provided as a service by  
**The Department of Neighborhood and Community Services**  
and  
**The Faith Communities in Action Emergency Planning Committee**

**FAIRFAXCOUNTY.GOV**  
search: interfaith

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# INTRODUCTION



The Plan, Prepare and Protect Campaign is an initiative of the Faith Communities in Action Emergency Planning Committee. The Committee is supported by the Fairfax County Department of Neighborhood and Community Services Community Interfaith Coordination and funded by a UASI grant from Fairfax County Office of Emergency Management.

The purpose of this campaign is to prepare Faith Leaders to be trainers on emergency preparedness. These leaders will then in turn teach their members and community members how to prepare for an emergency.

The Plan, Prepare and Protect Train the Trainer Handbook provides faith communities with instructional materials and handouts to promote the importance of preparing for an emergency or disaster. These materials will help the faith community with making an emergency plan, preparing an emergency supply kit, and with knowing where to turn to stay informed when emergencies and disasters strike.

*Disasters can strike quickly and without warning, requiring you to evacuate your neighborhood, or, in some cases, confine you to your home. Preparing in advance by learning what hazards may affect your community and learning how to deal with these hazards is an important part of emergency preparedness.”*

**Fairfax County, Office of Emergency Management (OEM)**

The following pages will provide you with the “whys” and “hows” of helping others prepare for an emergency.

# INTRODUCTION

## *What is a disaster?*

A disaster is a sudden event that causes serious disruption of the functioning of a community. Disasters can be natural or man-made. The results have negative impacts that can be isolated, affecting a community or highway or wide spread affecting a county, state or nationwide. All of these events may involve human, material, economic or environmental impacts or losses.

### **Natural Disasters can include:**

- Storms
- Fires
- Tornados
- Floods
- Earthquakes

### **Man-made Disasters/Emergencies:**

- Fire
- Chemical spills
- Terrorism
- Unexpected healthcare events
- Automobile breakdown

### **Disasters that have effected Fairfax County:**

- Floods
- Storms
- Tornados
- Hurricanes

*(Ask group to give examples)*

During the first 72 hours of a disastrous event, public safety personnel will focus on assessing damage, mitigating loss and protecting infrastructure.

***All residents of Fairfax County are encouraged to be prepared for the first 72 hours of all these possible emergencies or disasters by making an emergency plan, building an emergency supply kit and setting up mechanisms to stay informed in advance.***





# INTRODUCTION



## *Prepare:*

The best way to be prepared is to plan ahead. A disaster can happen anytime, anywhere, without any warning. In order to be safe when a disaster strikes, individuals and families need a plan in place in order to know what to do, where to go, how to reach each other and to connect to services. The best time to create your plan is when all family members are together and before an emergency occurs. By being prepared before the disaster occurs, individuals are in a better position to take care of themselves and their families.

Be prepared by:

- 1. Making an Emergency Supply Kit**
- 2. Writing an Emergency Plan**
- 3. Stay Informed**

This will provide stability during and after an emergency and mitigate further personal and property harm after a disaster strikes.

# Make A Kit



The need for food, water, prescription and non-prescription medicines, lighting, warmth, and first aid supplies does not stop during and after a disaster. You may also need to make safety repairs such as covering and securing a broken window or glass door.

In an emergency, power can be out, water cut of, stores closed and roads unpassable, leaving families to survive with what they have in their home, office or car. An emergency supply kit could provide comfort for individual and family while confined to the car, office or home. It could also stabilize someone who has been injured, prevent hypothermia or illness or mitigate further physical home damage.

A basic emergency supply kit should include what you and your household need for 72 hours, including: food (nonperishable), water (1 gallon per person, per day), medicines, medical supplies, flashlights and batteries, and small repair tools.

## Exercise (10 minutes)

Review the Make a Kit worksheet. Check off the items that you have at home. Could you and your household maintain for 72 hours?

Begin to check off what you need to create a kit for you and your household.

# Make A Kit

Collect these essential supplies to last at least 3 days for each family member.



**3 days of water and food that won't spoil and doesn't need electricity to prepare**



1 gallon of water per person per day for drinking and hygiene

A battery-powered and/or hand-crank radio. Extra batteries.



A written family emergency plan

## Additional Items

### **Tool Kit**

*Including wrench or pliers for turning off utilities*

### **Shelter Materials**

**Blankets / Sleeping Bags**

**Matches**

**Flashlight**

*Extra batteries*

**Prescription Medication / Eyewear**

**Sanitation and Supplies**

**First Aid Kit**

**Dust Mask**

### **Fire Extinguisher**

### **Cash**

*Small denominations / change / travelers checks*

**Local Maps**

### **Clothing**

*Have extra clothing for hot and cold conditions*

**Paper and Pencils**

**Chlorine Bleach**

**Personal Hygiene**

**Documents / Games / Books**

**Whistle**



# Make A Kit

## Home Emergency Supply Kit Checklist

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- Battery-Powered (and Batteries)/ Hand Cranked Radio
- Blankets/Beddings/Sleeping Bag
- Books, Games, Puzzles/Activities for Children
- Can Opener (Manual)
- Cell Phone and Charger
- Change of Clothing
- Contact Lists/ Emergency Reference Materials
- Extra Keys
- Face Masks or Scarves to cover nose and mouth
- Family Documents (Insurance, Identification & Bank Account records)
- Fire Extinguisher
- First Aid Kit
- Flashlight (and extra batteries)
- Food (at least three-day supply of non-perishable food)
- Food Supplies (mess kits, paper cups, plates, plastic utensils, paper towels, etc.)
- Garbage & Storage Bags
- Infant Supplies (diapers and formula)
- Local Maps
- Matches (in waterproof container)
- Pen/Pencil and Paper
- Personal Hygiene Items
- Pet Food and Water (3 days)
- Prescriptions/Medications and Glasses
- Special Supplies for the elderly
- Special Supplies for those with special needs
- Tools & Duct tape
- Water (1 gallon/person/day for 3 days)
- Whistle

# Make A Kit

## Auto Emergency Supply Kit Checklist

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- Blanket
- Clothes with warm, comfortable footwear
- Duct tape
- Fuel line de-icer (methanol, also called methyl alcohol or methyl hydrate)
- Gloves - latex or polyurethane
- Ice scraper and brush
- Jumper cables
- Knife
- Maps
- Paper towels
- Rain gear
- Sand, salt or kitty litter
- Sign to request help
- Snow shovel
- Soap
- Tire chains - check for proper fit
- Tire inflator and sealer
- Tow rope
- Towels
- Traction mat
- Warning devices such as flares or emergency lights

# Make A Kit

## Workplace Emergency Supply Kit Checklist

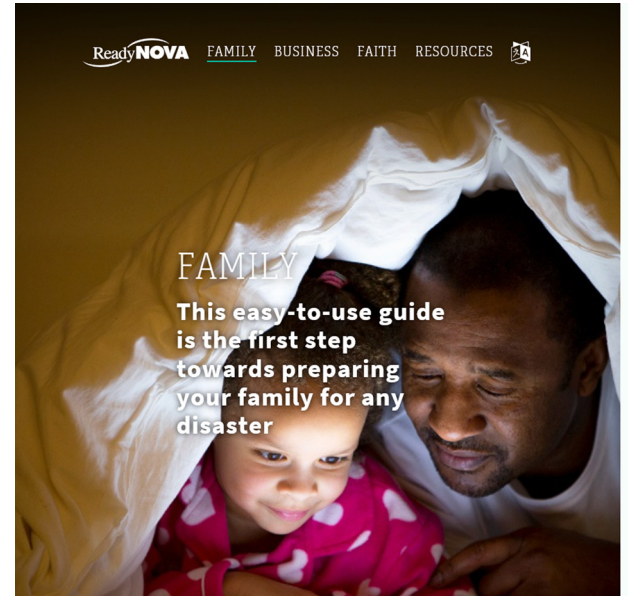
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- Battery-powered or hand crank radio and NOAA Weather Radio with tone alert and extra batteries
- Bedding and Blankets
- Can Opener (manual)
- Coolers and Ice
- Disposable Plates, Cups and Eating Utensils
- Drinking Water in non-breakable containers
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter in-place
- First-aid kit
- Flashlight with extra batteries
- Food (at least a three-day supply of non-perishable food)
- Hand Sanitizer
- Local Maps
- Plastic Bags (zip-top, trash, etc.)
- Toiletries
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Water (one gallon of water per person per day for at least three days) for drinking and sanitation
- Whistle to signal for help

# Make A Plan



Visit [ReadyNova.org](http://ReadyNova.org).



Families are not always together when emergencies occur. Your emergency plan informs family members how to communicate during an emergency and how to reunite after the emergency is over. It provides alternative methods to connect with family members and provides backup methods to access important documents such as bank, medical/prescriptions and insurance policies.

Remember, cell and phone services may prevent local calls however calls to areas outside of the disaster struck area may be available. Your emergency plan should identify one or two people who live outside of the local area to serve as the family contact and to coordinate communications between separated family members.

Each Emergency Plan should have a neighborhood meeting place and a regional meeting place known to all family members. If communications are down, family members will know where to go to re-unite with other family members. Make a plan together that considers your school, work and community communication plans.

It is best to develop and review Emergency Plans with all family members prior to an emergency. Each member should have a hard copy that they keep with them and a copy on their cell phone.

# Make A Plan

## Exercise (10 min.)

Review the following basic plan for you to begin. Then go to [www.readynova.org](http://www.readynova.org) to develop a comprehensive family plan.

Keep written contact information with you at all times. Use this form to write down your family's emergency plan. Post a copy where family members can see it, and put a copy in your emergency kit.

During an emergency, it's often easier to reach family or friends who live out of town.



Out-of-town contact:

.....  
.....

Call or text #:

1 .....

2 .....

Email:

.....  
.....

Decide on a meeting place if you cannot return to your home.



Neighborhood meeting place and phone:

.....  
.....



Out-of-town meeting place and phone:

.....  
.....

Where can you reach your family during an emergency?



Workplace and phone:

.....  
.....  
.....



School and phone:

.....  
.....  
.....



Workplace and phone:

.....  
.....  
.....



School and phone:

.....  
.....  
.....



Doctor:

Phone:

.....  
.....



Veterinarian:

Phone:

.....  
.....



Insurance:

Phone:

.....  
.....



Medication:

Dosage:

Prescribing doctor:

.....  
.....



Medication:

Dosage:

Prescribing doctor:

.....  
.....



Medication:

Dosage:

Prescribing doctor:

.....  
.....



# Stay Informed



Knowing what is happening during and after either a natural or man-made disaster and how to access services and resources will relieve the frustration and stress caused by uncertainty. Knowledge helps individuals to help themselves and protect and provide for their family. Plans to do so must include a variety of options to insure disaster information is accurate and receipt of communications is sustained. Sign up for communication systems such as Fairfax County Emergency Alerts, the Fairfax County Emergency Blog and Fairfax County Emergency Information Call Line to ensure that you are receiving timely and accurate information.



The **Fairfax County Emergency Alert Network** will deliver important emergency alerts, notifications and updates during a major crisis or emergency to your e-mail account, cell phone, text pagers, satellite phones or wireless devices. The service is free. To sign up for the service, visit [www.fairfaxcounty.gov/alerts](http://www.fairfaxcounty.gov/alerts)



The **Fairfax County Emergency Blog** is the main emergency communication platform before, during and after an emergency. The blog is activated when an emergency occurs, and will inform and instruct you. Follow the Fairfax County Emergency Blog at [fairfaxcountyemergency.wordpress.com](http://fairfaxcountyemergency.wordpress.com).

# Stay Informed

Fairfax County sets up a **Fairfax County Emergency Information Line** when local disasters occur. The telephone number is 703-817-7771, TTY 711.

Other **Emergency Call Lines**, to include utilities, basic needs services, sewage and septic services, weather, and flooding information are found at **[www.fairfaxcounty.gov/topics/contact/hotlines-and-emergency-numbers](http://www.fairfaxcounty.gov/topics/contact/hotlines-and-emergency-numbers)**.

The Office of Emergency Management offers the following recommendations to **stay digitally prepared**:

1. Tell your friends & family you are OK via text, e-mail, Twitter, Facebook and other social media.
2. Learn how to send updates via text and internet from your mobile phone to your contacts and social channels in case voice communications are not available. Avoid calling by phone.
3. If you have a life-threatening emergency, call 9-1-1 or text to 9-1-1. For routine questions or non-emergency situations in Fairfax County, dial 703-691-2131. To report road hazards or ask road-related question, 24/7, call 1-800-FOR-ROAD (800-367-7623).
4. Save important phone numbers to your phone.
5. Keep charged batteries and car-phone chargers available as back-up power for your cell phone.
6. Conserve your cell phone battery by reducing the brightness of your screen, placing your phone in airplane mode, and closing apps you are not using that draw power.
7. Immediately following a disaster, resist using your mobile device to watch streaming videos, download music or videos, or play video games, all of which can add to network congestion. Limiting use of these services can help potentially life-saving emergency calls get through to 9-1-1.
8. If you do not have a cell phone, keep a prepaid phone card to use if needed during or after a disaster.
9. Charge your digital camera or buy batteries for your film camera if you need to document storm damage afterwards.
10. Get connected with us through the tools listed on this page: texts, Twitter and more.

To review the Digitally Prepared tips, visit **[fairfaxcountyemergency.wordpress.com/2011/08/26/digital-preparedness-kit](http://fairfaxcountyemergency.wordpress.com/2011/08/26/digital-preparedness-kit)**.

# Stay Informed

Exercise (10 min.)

Pull up the website for Fairfax Alerts and have participants register on their cell phone.



Learn about the types of disasters, both natural and accidental, that are most likely to happen where you live, work and go to school.



Ask your community officials and schools about their emergency plans. What is their plan for evacuating or sheltering?

## Stay Informed During Emergencies

### Emergency Blog: Information and Operating Status Updates



The **Emergency Information Blog** is our main communication platform before, during and after an emergency. The blog informs you what to do, sign-up for alerts to receive notification of emergency events.



Emergency Phone Numbers



Mobile Web/Apps



Weather



Road Conditions & Maps



Power Status: Dominion, NOVEC



Snow Plow Status

Stay informed with these resources during an emergency. Please **share this information** with your family, friends, neighbors and co-workers so our whole community can be better **digitally prepared**.

### Alerts

Fairfax County issues major weather and traffic incident announcements on **Fairfax Alerts**.

**Wireless Emergency Alerts** are automatic emergency messages sent through wireless carrier networks.



It's simple.  
If we can't reach you,  
we can't alert you.

**FAIRFAXCOUNTY.GOV**

search: alerts



# Additional Resources

## Key Phone Numbers

### Public Safety & Emergency Information

#### **EMERGENCY (Police, Fire, Ambulance)**

**CALL 911 TTY 911 Text to 911**

Non-Emergency

703-691-2131, TTY 703-204-2264

Crime Prevention Officers *(by Police District)*

Fair Oaks District

703-591-0966, TTY 711

Franconia District

703-922-0889, TTY 711

Mason District

703-256-8035, TTY 711

McLean District

703-556-7750, TTY 711

Mount Vernon District

703-360-8400, TTY 711

Reston District

703-478-0799, TTY 711

Sully District

703-814-7051, TTY 711

West Springfield District

703-644-7377, TTY 711

Fairfax County Emergency Information Line

703-691-2131, TTY 703-24-2264

Poison Control

1-800-222-1222, TTY 711

Roads (VDOT)

1-800-FOR-ROAD (1-800-367-7623), TTY 711

Weather - National Weather Service Updates

703-652-1210, TTY 711

### Utilities

Natural Gas

Washington Gas

1-800-752-7520, TTY 711

Columbia Gas

1-800-544-5606, TTY 1-800-231-3238

Power

Dominion Virginia Power

1-866-DOM-HELP (366-4351), TTY 711

Northern Virginia Electric Cooperative (NOVEC)

1-888-335-0500, TTY 711

Water

Fairfax Water

703-698-5800, TTY 703-698-7025; After Hours: 703-698-5613

# Additional Resources

## Key Phone Numbers

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### Services

#### Basic Needs

24-Hour Emergency Mental Health Services	703-573-5679, TTY 711
Coordinated Services Planning (Human Services)	703-222-0880, TTY 703-803-7914
Adult Protective Services	703-324-7450, TTY 711
Child Protective Services	703-324-7400, TTY 711

#### Sewer Breaks or Back-ups

Department of Public Works & Environmental Services	703-323-1211 or 703-250-2003, TTY 703-239-8489
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#### Septic System

Health Department	703-326-2201, TTY 711
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#### Flooding

If Rising Water Threatens your Safety	9-1-1
Storm Flooding (M-F ,7:30 AM to 4 PM)	703-877-2800, TTY 711
Storm Flooding (after hours)	703-323-1211, TTY 703-239-8498
Sanitary Sewer Flooding	703-323-1211, TTY 703-239-8498





# Additional Resources

## Key Websites

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Additional Emergency Supply Kit Checklists:

- **Ready.Gov Disaster Supply Kit**  
[www.ready.gov/kit](http://www.ready.gov/kit)
- **Fairfax County Office of Emergency Management Supply Kit**  
[www.fairfaxcounty.gov/emergency/readyfairfax/makeakit](http://www.fairfaxcounty.gov/emergency/readyfairfax/makeakit)
- **Emergency Preparedness Materials for Families, Pets, Seniors, Disabled, Businesses**  
[www.fema.gov/media-library/resources-documents/collections/344](http://www.fema.gov/media-library/resources-documents/collections/344)

Templates for Emergency Plans

- **Fairfax County Office of Emergency Management Plan**  
[www.fairfaxcounty.gov/emergency/readyfairfax/make-plan](http://www.fairfaxcounty.gov/emergency/readyfairfax/make-plan)
- **Ready Nova (Online Template)**  
[www.readynova.org](http://www.readynova.org)
- **FEMA Emergency Plans for Kdis, Parents, Families and Pets**  
<https://www.ready.gov/make-a-plan>
- **America's Prepare-A-Thon for Family and Youth**  
[www.fema.gov/media-library-data/1440517182204-fd5e99bd2931f0f566d068ca844370ce/Family\\_Emergency\\_plan\\_wallet\\_2015.pdf](http://www.fema.gov/media-library-data/1440517182204-fd5e99bd2931f0f566d068ca844370ce/Family_Emergency_plan_wallet_2015.pdf)



# Additional Resources

## Get Involved

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- **Help Vulnerable Populations Prepare**

Per an American Red Cross study, the people who are the least prepared are the most vulnerable people in society. Encourage yourself, your family, your faith community or your co-workers to help those who cannot fully prepare by making extra emergency supply kits for community members with functional needs or without the financial means to assemble a kit. Assist vulnerable members register for the Fairfax County Emergency Alert System and provide them with the Fairfax County Emergency Information Line Number. Consider pairing those with functional needs with two other nonfunctional need members as contacts during an emergency. Reach out to vulnerable neighbors and offer to supply them with a kit and assist their registration on the Fairfax County Emergency Alert System.

- **Prepare Faith Community Shelter and Emergency Operation Plans**

Faith Communities need to be prepared with emergency supplies should an emergency or disaster occur when people are gathered in the building. The houses of worship may need to serve as a shelter during and after a disaster until people can return home. Assist house of worship leadership assemble and store shelter in place emergency supplies. Assist house of worship leadership to develop an Emergency Operation Plan to guide their response and operations if an emergency occurs when people are gathered on site. Encourage house of worship leadership to develop a Continuity of Operation Plan to provide alternatives for worship services and classes and backup storage for important documents and records should the house of worship structure be damaged or destroyed as the result of a disaster. Contact [NCSInterfaith@fairfaxcounty.gov](mailto:NCSInterfaith@fairfaxcounty.gov) for more information. Visit [www.readynova.org](http://www.readynova.org) for an on-line faith preparedness template.

# Additional Resources

## Get Involved

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- **Get Trained and Volunteer**

Learn how you can volunteer to serve during and after a disaster through one of the Fairfax County's Citizen Corps programs. The Citizen Corp Program is made up of: Community Emergency Response Team (CERT), The Medical Reserve Corps (MRC), Volunteers in Police Service (VPS), Neighborhood Watch, Red Cross (ARC) and Fire Corps. To learn more about these organizations and ways you can volunteer, visit the Fairfax County Citizen Corps Council website to learn more. Just go to [www.fairfaxcounty.gov](http://www.fairfaxcounty.gov) and search "Citizen Corps Council."

- **CPR Certification**

Getting CPR Certified is another way individuals can better prepare for emergencies, check your local area for classes or visit the Red Cross website at [www.redcross.org/take-a-class/cpr](http://www.redcross.org/take-a-class/cpr).

- **Faith Community Emergency Alerts**

Identify two to three house of worship members and/or staff to be responsible for receiving and monitoring Fairfax County Emergency Alerts to alert house of worship to prepare and to distribute the messaging to members not registered for the Emergency Alert System. To sign up, contact [NCSInterfaith@fairfaxcounty.gov](mailto:NCSInterfaith@fairfaxcounty.gov).

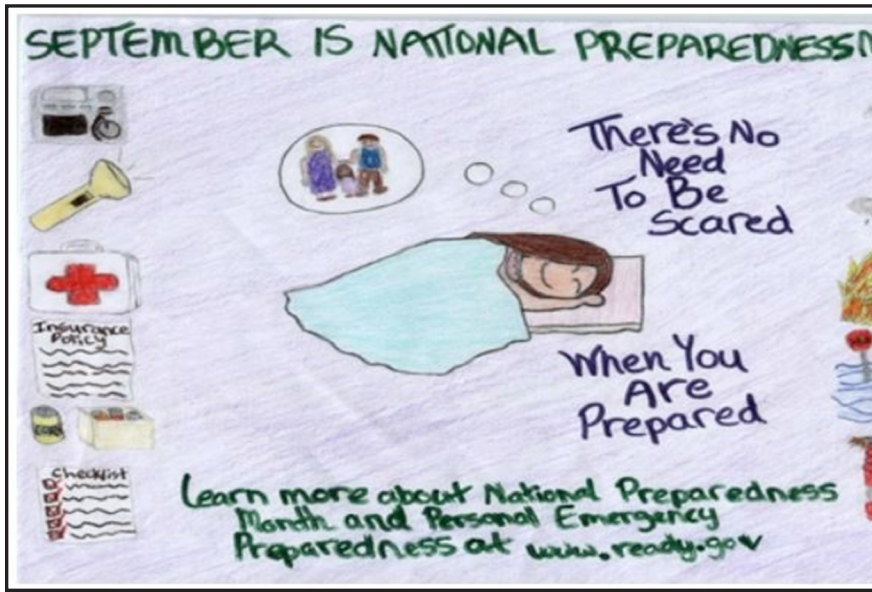
- **Community Resiliency Groups**

Learn more about how houses of worship are joining their local Fairfax County Supervisor District Community Resiliency Groups (CRGs) to provide volunteers and resources within their neighborhood or other neighborhoods after a disaster. Contact [NCSInterfaith@fairfaxcounty.gov](mailto:NCSInterfaith@fairfaxcounty.gov) or visit [www.volunteerfairfax.org/individuals/Community-Resiliency-Groups.php](http://www.volunteerfairfax.org/individuals/Community-Resiliency-Groups.php) to learn more.

# Additional Resources



## Help Spread the Word



- Newsletters
  - E-mails
  - Posters

One of the best ways to gain the congregations awareness and knowledge about emergency preparedness is through **publicity**. Try some of the following communications tools to help draw needed attention to the topic of Emergency Preparedness.

# Additional Resources

## Help Spread the Word

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### Suggested Bulletin Messages

Consider placing one of these texts in your House of Worship's bulletin each week or month. Remember, people respond well to repeated calls to action. Consider using the Plan, Prepare, and Protect logo as well. It is available with toolkit materials.

**Are you ready for an emergency? Can you shelter in place?** Don't be vulnerable. Begin to prepare by assembling a Home Emergency Supply Kit to sustain you and your family during and after a natural or man-made disaster. To help get you started, pick up a Home Emergency Supply Kit list today in the \_\_\_\_\_.

**Be Prepared and Protected During Local Emergencies.** A Home Emergency Supply Kit stocked with water, non-perishable food, battery-powered radio, basic tools, medicines, etc. can help sustain you and your family during hazardous conditions preventing you from leaving your home. To help get you started in preparing your kit, pick up a Home Emergency Supply Kit list today in the \_\_\_\_\_.

**Keep Your Family Safe During a Local Emergency.** A Home Emergency Supply Kit can sustain your family during and after an emergency. Don't get caught off guard. Prepare your Kit today. To help get you started in preparing your kit, pick up a Home Emergency Supply Kit list today in the \_\_\_\_\_.

**Does Your Family Have an Emergency Plan?** Before an emergency happens, natural or man-made, make sure your family has a plan. Sit down together and decide how you will get in contact with each other, where you will go and what you will do in an emergency. Keep a copy of the plan in your emergency supply kit or another safe place where you can access it in the event of a disaster. To help get you started, pick up a Family Communications Plan template in the \_\_\_\_\_ or visit [www.readynova.org](http://www.readynova.org).



# Additional Resources

## Help Spread the Word

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### Suggested Newsletter Article or E-Mail

These are articles you can modify to use as newsletter or e-mail article as you embark on your Plan, Prepare and Protect Campaign in your House of Worship.

#### **Newsletter or E-mail Article – Option 1**

As a member of \_\_\_\_\_, do you consider yourself prepared for a natural or man-made emergency?

Specifically, in the event of a wide-spread emergency (weather-related, terrorist, pandemic flu, or other events) would you be prepared and able to take care of yourself? Your family? Your fellow worshipers? Your neighbors?

According to a Federal Emergency Management Agency survey, only about 52 percent of persons living in the U.S. keep preparedness supplies at home.

September is National Preparedness Month and now is a good time to consider taking some basic steps that will enable you to care for yourself, your loved ones and your neighbors.

Being ready for the unexpected can be as simple as gathering such supplies as water, non-perishable food, prescriptions and other medical supplies, flashlights, important documents, and other necessary items that are not readily available (and may not be available at all during and after an emergency event.)

Look for a listing of supplies to Plan, Prepare, and Protect at [www.readynova.org](http://www.readynova.org).

# Additional Resources

## Help Spread the Word

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### Newsletter or E-mail Article – Option 2

Do you have enough water? Where are your important personal documents? If your home lost power, do you have a battery-powered radio to stay informed? These supplies are among the essentials needed to cope when dangerous weather or man-made hazards threaten us.

According to a recent Federal Emergency Management Agency survey, only 52 percent of U.S. citizens have assembled the basic supplies needed to take care of themselves, their families and their neighbors during an emergency. This lack of preparedness poses a challenge not only to individuals, but also to first responders, governments and businesses. Taking responsibility for your own home emergency supply kit will help you play a key role in national preparedness and you can help fellow faith community members if they need assistance.

Remember how vulnerable the Washington, D.C. area is to large and small incidents that could require tapping into a home emergency supply kit: winter and summer storms, tornados and floods, power losses and other events.

Houses of Worship in Fairfax County are encouraging their members to prepare or update a home emergency supply kit to respond to any hazard at any time. You and your family must Plan and Prepare, so you can help Protect yourselves and others during emergencies.

By gathering supplies such as water, non-perishable food, prescription medications, flashlights, first aid kits, important documents and other supplies, you can take personal responsibility for your safety, the safety of your family and the safety of your neighbors. Look for a home emergency supply kit checklist at your (Insert location here) and plan to make a kit. It's now your turn to Plan, Prepare and Protect so you can Continue to Serve.

Look for a listing of supplies to Plan, Prepare, and Protect at [www.fairfaxcounty.gov/emergency/readyfairfax/makeakit](http://www.fairfaxcounty.gov/emergency/readyfairfax/makeakit).

# Additional Resources

## Help Spread the Word

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### Outreach Campaign Ideas

1. **Social Media:** Build an online community using posts, and tweets to promote trainings, share emergency preparation information and resources.
2. **Distribute Supply Kit Checklist:** Place in bulletins, lobbies and at community events
3. **Distribute Emergency Communication Plans:** Place in bulletins, lobbies and at community events
4. **Share the Online Emergency Preparedness Link ([www.Readynova.org](http://www.Readynova.org)).**
5. **Distribute Fairfax County Emergency Alert System Publicity Materials**
6. **Distribute Fairfax County Emergency Blog Web Address and Call Center Phone Number**
7. **Show a Preparedness Video During Social Hour After a Worship Service**
8. **Teach:** Arrange a class and demonstrated how to make an emergency plan and kit and how to stay informed.
9. **Prepare a Display:** Display supply kits, emergency plans, mechanism for staying informed.
10. **Worship Service Bulletin Inserts:** Include an emergency supply kit checklist, emergency plan template or flyer for the Fairfax County Community Alert system as an insert in a weekly worship service bulletin

# Additional Resources

## Help Spread the Word

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- 11. September is National Preparedness Month:** Plan to start a house of worship emergency preparedness campaign during National Preparedness month or remind members to update their plans and resupply their emergency supply kits. Go to [fairfaxcountyemergency.wordpress.com/prepare-30-ways-in-30-days](http://fairfaxcountyemergency.wordpress.com/prepare-30-ways-in-30-days) for ways to prepare for emergencies in 30 days for National Preparedness Month.
  
- 12. Remarks at Worship Services and Special Events:** Make announcements about the importance of emergency preparedness and how to prepare at worship services or special events. Ask clergy and other faith leaders within the house of worship to speak about emergency preparedness.
  
- 13. Targeted Information:** Target information to children, young-adults, older adults, those with special needs and those that do not speak English. Identify special skills in each group and help them teach others (example: children can teach texting to older members; sometimes those with disabilities often already have strong preparedness skills and plans they can share with others). Tips and resources for individuals with Access and Functional Needs, visit: [www.fairfaxcounty.gov/emergency](http://www.fairfaxcounty.gov/emergency)
  
- 14. Have a Family Emergency Preparedness Potluck Dinner:** During the dinner, share why and how to prepare for an emergency and disaster. Consider showing an emergency preparedness film that will create an interest in preparedness. Have displays that show car, office and home supply kits. Set up activity tables for children with emergency preparedness coloring books and pencil/paper puzzles.

**Track your progress report it out to your community and to  
NCSInterfaith@fairfaxcounty.gov.**