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Four Long Years. Over One Million Hits. Let's Stay Connected.

Posted on [June 17, 2015](#) by [Rahul Chawla](#)

8 Votes

So, it has been a 4 years long journey. At the same time, **PMT Gurumantra** has crossed one million hits mark. I am very grateful for the love and affection you people have bestowed on us. It's only because of the word of mouth that a large section of students now know about my books and blog. I would like to thank all the mentors associated with this blog: **Vaibhav, Sushant, Deepak** and others.. I would like to request all the people who had been following my blog and have got selected, to step up and take the legacy of guiding PMT aspirants forwards.

And there's one more thing. People keep asking me about my forthcoming books on Physics and chemistry. Sorry...due to paucity of time, I was not able to pursue the work further. The manuscript is still incomplete. The project has been indefinitely postponed.

Lastly, AIPMT has been cancelled this time and a fresh exam will be conducted very soon. Wishing you people All The Best! Still there's time. Study Hard.

We will meet soon. Till then, Read my past blog posts and replies to past queries. Hope you will find it useful.

Happy Studying :)

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AIIMS MBBS ENTRANCE EXAM TIPS BY VAIBHAV TRIVEDI

Posted on [May 13, 2015](#) by [VAIBHAV TRIVEDI](#)

7 Votes

HELLO FRIENDS, THE AIPMT IS OVER NOW AND I BELIEVE YOU DID YOUR BEST JOB FOR IT. NOW, IT'S TIME FOR BLOW YOUR MINDS AGAIN WITH YOUR HARD WORK TO ENTER IN THE MOST PRESTIGIOUS MEDICAL INSTITUTE IN COUNTRY “***ALL INDIA INSTITUTE OF MEDICAL SCIENCES(AIIMS)***“.

I THINK MOST OF YOU HAVE A BIG DREAM OF AIIMS AND TO MAKE THIS DREAM INTO REALITY YOU HAVE TO POLISH YOUR STUDY WITH EXAM LEVEL AND PATTERN. SO I AM POSTING SOME TIPS FOR AIIMS ENTRANCE EXAM WHICH I USED TO FOLLOW IN MY PREPARATION DAYS.I HOPE THEY WILL HELP YOU TO GET INTO **“AIIMS” AND IT’S SIX NEW SIBLINGS WITH TOTAL 672 SEATS.**

1.STOP THINKING ABOUT WHAT YOU HAVE DONE IN AIPMT AND OTHER EXAMS.YOU HAVE ALREADY DONE WITH IT AND YOUR THINKING CAN’T CHANGE YOUR RESULT.IT IS ONLY A TIME WASTING,NOTHING ELSE.

2.KEEP REVISING YOUR BASIC CONCEPTS AS THEY PLAY A MAJOR ROLE TO SOLVE AIIMS PAPER.

3.REVISE NCERT IN ALL THREE SUBJECTS BECAUSE REVISION OF THEORY FROM NCERT CAN GIVE YOU BETTER UNDERSTANDING OF CONCEPTS.

4.START PRACTISE A LOT OF ASSERTION-REASONING QUESTIONS BECAUSE THEY ARE THE MOST IMPORTANT OBJECTS WHICH MAKE THE DIFFERENCE.

5.DON’T TRY TO WASTE YOUR TIME IN LEARNING GENERAL KNOWLEDGE (G.K.) CZ YOU QUESTION CAN BE ANYTHING AND YOU CAN’T LEARN EVEN A SHORT OF IT. AS THEY HAVE ONLY 10% WEIGHTAGE ,SO U CAN ESCAPE THEM CZ CUT OFF DOESN’T GO VERY HIGH.DO YOUR EFFORT IN OTHER SUBJECTS.

6.SOLVE PREVIOUS YEAR PAPERS TO UNDERSTAND THE PATTERN AND LEVEL OF QUESTIONS AND SOLVE THOSE TYPES OF QUESTIONS.

7.DON’T TRY TO SOLVE VERY HIGH LEVEL QUESTIONS BECAUSE AIIMS EXAM WANTS BASIC KNOWLEDGE WITH THEIR APPLICATION NOT MORE DEEP.

8.GIVE ATLEST 4 TO 5 MOCK TESTS TO BUILD YOUR CONFIDANCE.

BELIEVE IN YOUR HARD WORK,JUST ONE MONTH HARD WORK CAN GIVE YOU YOUR RIGHT PLACE.

VAIBHAV TRIVEDI (AIIMS)

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REVISE BIOLOGY FOR MEDICAL ENTRANCE EXAMS...

Posted on [March 22, 2015](#) by [VAIBHAV TRIVEDI](#)

12 Votes

Hi Friends,

I hope you are trying your best for achieving success in PMTs. Some of you may be

feeling a lot of confusion in revising the topics so I am posting revision preference and brief details about what to do beyond NCERT and test papers.....

- 1.HUMAN PHYSIOLOGY- extra knowledge may be require for AIIMS,BHU etc.
- 2.PLANT PHYSIOLOGY- need coaching notes in photosynthesis and mineral nutrition.
- 3.ECOLOGY-NCERT sufficient
- 4.PLANT CLASSIFICATION-look at angiosperm classification else where.
- 5.ANIMAL CLASSIFICATION- NCERT sufficient but need specimen study for AIIMS.
- 6.APPLICATION BIOLOGY-NCERT sufficient.
- 7.GENETICS-look outside for deviations from Mendel laws and pedigree.
- 8.HUMAN AND PLANT REPRODUCTION-NCERT sufficient.
- 9.CYTOLOGY-NCERT sufficient.
- 10.BIOTECHNOLOGY AND EVOLUTION-NCERT sufficient.

NOTE: Focus yourself only on NEET this time. Keep revising NCERT and solve at least one paper daily.

Wish you good luck....

VAIBHAV TRIVEDI(AIIMS)

For any query.....

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STUDY MATERIAL TIPS FOR AIIMS AND AIPMT BY VAIBHAV TRIVEDI

Posted on [October 9, 2014](#) by [VAIBHAV TRIVEDI](#)

15 Votes

HI FRIENDS.....

I HOPE YOU ARE TRYING YOUR BEST TO ACHIEVE YOUR DREAMS.....

FROM FEW MONTHS I AM RECEIVING A LOT OF QUESTIONS ABOUT BOOKS TO BE FOLLOWED FOR PREPARATION.....SO I AM POSTING MY OPINION FOR YOU ALL.....

BOOKS

1. [NCERT](#) IS MUST FOR BIOLOGY AND INORGANIC [CHEM.](#)

2. PHYSICS....CLASS NOTES, COACHING NOTES, UNIVERSAL SELF SCORER [USSR](#) OR A.K. AGGARWAL

3. CHEMISTRY.....PHYSICAL CHEM.....CLASS OR COACHING NOTES, P BAHADUR/O P TONDON

ORGANIC CHEM.....NCERT, COACHING NOTES, P BAHADUR

INORGANIC CHEM....NCERT, P BAHADUR

4. BIOLOGY.....NCERT, COACHING NOTES, TRUEMAN/DINESH/BIOLOGY ON YOUR FINGERTIPS AND HANDBOOK OF BIOLOGY

1. NCERT ARE THE MAIN CORE BOOKS FOR PREPARATION. WITHOUT LEARNING NCERT SPECIALLY IN BIOLOGY AND [INORGANIC CHEMISTRY](#) YOU CAN NOT CLEAR THE EXAMS BECAUSE ABOUT 100% QUES IN [AIPMT](#) AND 80% QUESTIONS IN [AIIMS](#) ARE DIRECTLY BASED UPON NCERT.

SO MUST LEARN NCERT SPECIALLY IN **BIOLOGY AND INORGANIC CHEMISTRY** BY HEART....EACH LINE...EACH DIG....EVERY THING....MUG UP...

2. CLASS NOTES PLAY A IMPORTANT ROLE IN UNDERSTANDING THE CONCEPTS SPECIALLY IN PHYSICS BECAUSE BOOKS DON'T TELL U EVERYTHING.SO IF U CAN ARRANGE COACHING NOTES OR ANY CLASS NOTES,JUST GO FOR IT.

3. MUST DO A LOT OF OBJECTIVE QUESTIONS AS MANY AS YOU CAN.

BOOKS ARE SPECIALLY MEANT FOR DOING A LOT OF QUESTIONS.IN AIPMT ABOUT 60% PAPER IS BASED UPON PREVIOUS YEAR QUESTIONS.

4. MUST SOLVE ATLEAST 15 YEARS PREVIOUS QUESTION PAPERS.

MUST SOLVE AND LEARN EACH QUESTION AND THEIR TYPE OF QUESTIONS BECAUSE ABOUT 50 TO 60% OF PAPER CONTAINS PREVIOUS QUESTIONS OR QUESTION BASED UPON SAME APPLICATIONS.,

5.PRACTICE A-R QUESTIONS FROM STARTING FOR AIIMS

A-R QUESTIONS IN AIIMS PLAY A VERY HUGE ROLE BECAUSE THEY NEED HIGH LEVEL OF CONCEPT APPLICATION.SO START PRACTICE THESE QUESTIONS.

IF U DON'T HAVE GOOD SOURCES OF A-R QUESTIONS,I M SUGGESTING THIS

BOOK:::::MTG PUBLICATION BOOK FOR ASSERTION REASONING.....IT HAS SOME ANSWER ERRORS BUT IT IS BEST BOOK FOR A-R ACCORDING TO ME.

6.DON'T WASTE TIME IN READING hard GENERAL G.K. FOR AIIMS

MANY OF YOU Are FEELING LOW ABOUT G.K. ASKED IN AIIMS.

DON'T WASTE YOUR TIME IN READING depth G.K. BECAUSE IT CONSIST ONLY 10% OF PAPER AND CUT OFF GOES ABOUT 65% TO 70%....

FOCUS ON **PHY** CHEM BIO WHICH CONSIST 90%

FOR G.K.....ONLY SOLVE LAST YEAR PAPERS AND SEE MAJOR DISCOVERY AND EVENTS IN SCIENCE.....LEAVE THE QUESTION THOSE ANSWERS ARE NOT KNOWN BY YOU.....IT PREVENT NEG MARKING.

BOOKS

1.NCERT IS MUST FOR BIOLOGY AND INORGANIC CHEM.

2.PHYSICS....CLASS NOTES,COACHING NOTES,UNIVERSAL SELF SCORER USSR OR A.K. AGGARWAL

3.CHEMISTRY.....PHYSICAL CHEM.....CLASS OR COACHING NOTES,P BAHADUR/O P TONDON

ORGANIC CHEM.....NCERT,COACHING NOTES,P BAHADUR

INORGANIC CHEM....NCERT,P BAHADUR

4.BIOLOGY.....NCERT,COACHING NOTES,TRUEMAN/DINESH/BIOLOGY ON YOUR FINGERTIPS AND HANDBOOK OF BIOLOGY

VAIBHAV TRIVEDI (AIIMS)

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POINTS TO BE CONSIDERED WHILE CHOOSING A MEDICAL COLLEGE

Posted on [June 11, 2014](#) by [Rahul Chawla](#)

7 Votes

Admission Counselling by medical students from medical colleges all across India, is an initiative on the part of **PMT Gurumantra**, so that you won't be alone while making the toughest choice in your life. A student needs to do a lot of research on the college before choosing it and the major problem that arises here is the lack of correct information. But we, at **PMT Gurumantra**, **are determined to solve all the problems and doubts that may come across your mind. It is often seen that students are misguided by the lists of top medical colleges published in various magazines and websites.** They claim that their survey is based on education facilities and research opportunities provided by the institution but it is usually seen that they include some of the private colleges in the list too which don't seem to fit in.

So don't follow them blindly; instead select your own preferences and do your own research by keeping the following factors in mind:

1. **College Infrastructure** – Old /New, Good / Bad
2. **Internal PG** (as in AIIMS,VMMC & IMS-BHU) – It is the biggest deciding factor while choosing a medical college. Always give it a priority.
3. **Hospital Infrastructure** – The more the diagnostic facilities available, the more do you get to learn about them.
4. **Average number of patients visiting the OPD per day** – more are the patients, more are the variety of cases you will come to see in your clinical postings.
5. **City** (Delhi = Mumbai > State Capital > Cities > Town
Prefer Delhi; Delhi Advantages – cultural fests of plenty of college, PG coaching, good exposure, near home, well connected, good food etc.
6. **Home State**
7. Number of PG states in state (UG:PG ratio should not be skewed)
8. Bond for rural posting (in Maharashtra)

9. Faculty

10. Past academic record

11. Hostel facilities (*you are going to spend the most unforgettable 51/2 years of your life here!!!*)

12. Ragging scenario – yes it is still prevalent in many colleges in UP and Bihar; but it's fun in rest of the colleges.

13. Fees (lowest in AIIMS, MAMC, LHMC & UCMS)

14. Recreation Facilities – sports, culture, literature – AIIMS and AFMC are the colleges where you would get ample opportunity to groom your interests and passion.

15. Attendance – yes! Not now, but once into college you would realize that you should have chosen a college where regular attendance is not a compulsion – here too AIIMS leads the list.

16. Salary – Confirm the current salary paid to the interns and PGs to the students in the college you are taking. Compare it with other colleges. It is lower in MP, Maharashtra and other states...In Delhi the salary paid to the interns is around 12-14000 and to the PGs its 50000 approx..

17. Language – Students from North may have language barrier in southern states and Maharashtra..Similarly South Indians will not feel comfortable in Punjab , Orissa , North East..So it is better to choose your own state or a state where language is not an issue e.g. Delhi, MP, Rajasthan, Western UP

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For the list of top medical colleges..[click here](#)

Also follow last year's counselling status to predict what college you'll get..[click here](#)

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Top Medical Colleges in India

Posted on [June 11, 2014](#) by [Rahul Chawla](#)

4 Votes

We, at PMT Gurumantra, have prepared this list after ample research and discussion with the students of those particular colleges. We have taken following parameters to prepare the list:

1. College Infrastructure
2. Internal PG (as in AIIMS, VMMC & IMS-BHU)
3. Hospital Infrastructure
4. Average number of patients visiting the OPD per day
5. City (Delhi = Mumbai > State Capital > Cities > Town)
6. State (North-East < South / North < UP/Bihar < MP < Maharashtra < Gujarat)
7. Number of State P.G. seats (UG:PG ratio)
8. Bond for rural posting (in Maharashtra)
9. Faculty
10. Past academic record
11. Hostel facilities (*you are going to spend the most unforgettable 5 1/2 years of your life here!!!*)
12. Ragging scenario – yes it is still prevalent in many colleges in UP and Bihar; but it's fun in rest of the colleges.

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15. Attendance – yes! Not now, but once into college you would realize that you should have chosen a college where regular attendance is not a compulsion – here too AIIMS leads the list.

16. Salary – Confirm the current salary paid to the interns and PGs to the students in the college you are taking. Compare it with other colleges. It is lower in MP, Maharashtra and other states...In Delhi the salary paid to the interns is around 12-14000 and to the PGs its 50000 approx..

It is clear how our ranking would be different from the others magazines and newspapers because they take research and hospital facilities to be the only criteria. They fail to realize the importance of these small but significant factors. It is also important to note that the ranks which these magazines give should not be and actually I must say, are not followed while choosing the college, the reasons being:

- **AFMC is ranked 2nd by these magazines but no student getting under 1000 rank in AIPMT goes for it. In fact many students prefer taking less known medical colleges in B grade towns of MP, UP and Bihar instead of AFMC. Even some students getting selected in AFMC only prefer taking a drop than joining it.**
- **VMMC is seen nowhere in the list but is the fourth college to be filled in AIPMT counselling after MAMC and simultaneously with UCMS and LHMC.**
- **Manipal and many private colleges have been included in the list but no one prefers it over any government medical college.**
- **They don't take into account the Internal PG factor which is the most deciding factor while choosing a medical college.**

Moral of the story is that don't believe in such lists prepared by any magazine or news channel. They include the names of some selected colleges for the sake of earning some bucks.

It should also be noted that a single list of top medical colleges can never serve as a priority list for a single student. Hence we have prepared a priority list which would help you to select the college of your choice according to your needs and preferences.

1. AIIMS, NEW DELHI

Everyone knows it is the first choice for every medical student.

But students from southern states can choose in between JIPMER (better) and CMC Vellore if they don't want to remain away from home. JIPMER has Internal PG advantage on its side and is better known as AIIMS of the south.

2. MAMC= JIPMER

Excellent faculty, Excellent academic record, good infrastructure, inexpensive – just Rs.2500/year including hostel, delhi city as well as the Delhi PG advantage makes it the first choice in AIPMT counselling. It has been a trend always and every student follows it blindly. For PG advantage, – Southern candidates should better choose JIPMER and among the North Indians, those who care for their PG seats can choose in between VMMC and BHU in preference to MAMC.

3. AIIMS BHOPAL= AIIMS RISHIKESH= AIIMS JODHPUR= VMMC= BHU

NEW INFRASTRUCTURE,PG ADVANTAGES, BEST FACULTIES HANDPICKED FROM WHOLE INDIA,LOWEST FEES,AIIMS TAG

VMMC=BHU= INTERNAL PG ADVANTAGES,GOOD HOSPITALS

4. UCMS = LHMC

While University College of Medical Sciences is usually chosen by the boys, LHMC (Lady Harding Medical College) is only for the girls. No internal PG but Delhi PG advantage.

5. KGMC,LUCKNOW= SMS,JAIPUR=SETH GS=GRANT,MUMBAI

STATE CAPITALS, GOOD ACADEMICS

6. BJMC,AHEMDABAD = GMC, Chandigarh = MMC, Chennai = Medical college, Bangalore

- Good colleges; city advantage.
- Choose on the basis of location

7. Grant Medical College / Seth GS , Mumbai

Note: Seth GS, Mumbai has very good infrastructure and is excellent in academics, hence it used to be the 3rd choice of students but because of the bond restriction, it is avoided now.

8. OTHER State capitals

9. your state college

*** AFMC**

Consider it only when you can acclimatize in the Armed Forces and can tolerate such a degree of discipline or if you belong to the army background. There is also bond restrain and you would have to give a sum of Rs.15 lakhs if you don't want to serve in the army after completing the course. Otherwise, it is undoubtedly one of the best medical colleges in the country with excellent infrastructure, academics, recreation and sports facilities and many other benefits – the greatest one being a lieutenant and serving the army and that too with a handsome salary and allowances.

But strictly speaking life is not as good as it appears to be. You can easily leave it as the option and prefer any other college instead.

Over all list of the top Medical Colleges

- 1. AIIMS, new delhi**
- 2. MAMC= JIPMER**
- 3. AIIMS BHOPAL= AIIMS RISHIKESH= AIIMS JODHPUR= VMMC= BHU**
- 4. UCMS = LHMC**
- 5. KGMC, LUCKNOW= SMS, JAIPUR= SETH GS= GRANT, MUMBAI**
- 6. BJMC, AHMEDABAD = GMC, Chandigarh = MMC, Chennai = Medical college, Bangalore**
- 7. Grant Medical College / Seth GS , Mumbai**
- 8. OTHER STATE CAPITALS**
- 9. YOUR STATE COLLEGE**

*** AFMC**

Final note: Take your own decision, don't get carried away by what others are suggesting.

VAIBHAV TRIVEDI (AIIMS, RISHIKESH)

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Also, must follow last year's counselling status to predict what college you'll get according to your rank...[click here](#)

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Time to pay your Gurudakshina: Be a mentor on PMT Gurumantra

Posted on [June 11, 2014](#) by [Rahul Chawla](#)

2 Votes

Hi guys, Congratulations to all the people who have been selected in AIPMT this year. I would like to request all the people who have been following my blog to step up and take the legacy of guiding PMT aspirants forwards...after all it's Guru-Shishya parampara redefined!

To be a mentor on PMT Gurumantra, send me your rank letter/college ID card and other relevant details to my mail id: rahulchawla001@gmail.com

I'll send you an invite. Accept it and start blogging!

for details visit: <https://pmtgurumantra.wordpress.com/be-a-mentor/>

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AIIMS MBBS ENTRANCE EXAM TIPS BY VAIBHAV TRIVEDI

Posted on [May 5, 2014](#) by [VAIBHAV TRIVEDI](#)

37 Votes

HELLO FRIENDS,

THE AIPMT IS OVER NOW AND I BELIEVE YOU DID YOUR BEST JOB FOR IT. NOW,IT'S TIME FOR BLOW YOUR MINDS AGAIN WITH YOUR HARD WORK TO ENTER IN THE MOST PRESTIGIOUS MEDICAL INSTITUTE IN COUNTRY "***ALL INDIA INSTITUTE OF MEDICAL SCIENCES(AIIMS)***".

I THINK MOST OF YOU HAVE A BIG DREAM OF AIIMS AND TO MAKE THIS DREAM INTO REALITY YOU HAVE TO POLISH YOUR STUDY WITH EXAM LEVEL AND PATTERN.

SO I AM POSTING SOME TIPS FOR AIIMS ENTRANCE EXAM WHICH I USED TO FOLLOW IN MY PREPARATION DAYS.I HOPE THEY WILL HELP YOU TO GET INTO "***AIIMS***" ***AND IT'S SIX NEW SIBLINGS WITH TOTAL 672 SEATS.***

1.STOP THINKING ABOUT WHAT YOU HAVE DONE IN NEET AND OTHER EXAMS.YOU HAVE ALREADY DONE WITH IT AND YOUR THINKING CAN'T CHANGE YOUR RESULT.IT IS ONLY A TIME WASTING,NOTHING ELSE.

2.KEEP REVISING YOUR BASIC CONCEPTS AS THEY PLAY A MAJOR ROLE TO SOLVE AIIMS PAPER.

3.REVISE NCERT IN ALL THREE SUBJECTS BECAUSE REVISION OF THEORY FROM NCERT CAN GIVE YOU BETTER UNDERSTANDING OF CONCEPTS.

4.START PRACTISE A LOT OF ASSERTION-REASONING QUESTIONS BECAUSE THEY ARE THE MOST IMPORTANT OBJECTS WHICH MAKE THE DIFFERENCE.

5.DON'T TRY TO WASTE YOUR TIME IN LEARNING GENERAL KNOWLEDGE (G.K.) CZ YOU QUESTION CAN BE ANYTHING AND YOU CAN'T LEARN EVEN A SHORT OF IT.

AS THEY HAVE ONLY 10% WEIGHTAGE ,SO U CAN ESCAPE THEM CZ CUT OFF DOESN'T GO VERY HIGH.DO YOUR EFFORT IN OTHER SUBJECTS.

6.SOLVE PREVIOUS YEAR PAPERS TO UNDERSTAND THE PATTERN AND LEVEL OF QUESTIONS AND SOLVE THOSE TYPES OF QUESTIONS.

7.DON'T TRY TO SOLVE VERY HIGH LEVEL QUESTIONS BECAUSE AIIMS EXAM WANTS BASIC KNOWLEDGE WITH THEIR APPLICATION NOT MORE DEEP.

8.GIVE ATLEST 4 TO 5 MOCK TESTS TO BUILD YOUR CONFIDANCE.

BELIEVE IN YOUR HARD WORK,JUST ONE MONTH HARD WORK CAN GIVE YOU YOUR RIGHT PLACE.

VAIBHAV TRIVEDI (AIIMS RISHIKESH)

<http://www.facebook.com/vaibhav.trivedi1>

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last month tips for pre medical exams.....

Posted on [April 5, 2014](#) by [VAIBHAV TRIVEDI](#)

23 Votes

Hi friends, I m posting few tips to manage your study in the last month before your medical entrance exams.....

1. Stop reading new material now and stay on your knowledge.
2. Don't confuse between New launching test series or end month courses of different coaching institutes emerging like mushrooms these days.
3. Stay on what you have done till now and keep revising it.
4. Go through your theory a bit faster like 2 or 3 topics per day.
5. Stop involving yourself in various discussions about your preparation on social networking sites because they can depress you a lot.

6. Mainly concentrate on ncert books specially in biology and inorganic chemistry.
7. Go through every line and diagrams of biology ncert because about 100% questions in NEET/AIIMS are based upon it and maximum from those are direct from the book.
8. Have some look at the ncert exemplar in physics and chemistry to clear your misconception.
9. Go through the old year papers at least 1 a day and try to attempt it in half hour before the time given.
10. Have a look on your previous test papers and try to identify your mistakes.
11. For last 10 days revision, go through Rahul sir's handbook of biology which will help u a lot in last time.
12. Keep believing yourself. U can do anything.

wishing all of u good luck.....

VAIBHAV TRIVEDI (AIIMS RISHIKESH)

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BIOLOGY REVISION TIPS BY VAIBHAV TRIVEDI....."What to do beyond NCERT and prvs year papers"

Posted on [February 23, 2014](#) by [VAIBHAV TRIVEDI](#)

10 Votes

Hi Friends,

I hope you are trying your best for achieving success in PMTs. Some of you may be feeling a lot of confusion in revising the topics so I am posting revision preference and brief details about what to do beyond NCERT and test papers.....

- 1.HUMAN PHYSIOLOGY- extra knowledge may be require for AIIMS,BHU etc.
- 2.PLANT PHYSIOLOGY- need coaching notes in photosynthesis and mineral nutrition.
- 3.ECOLOGY-NCERT sufficient
- 4.PLANT CLASSIFICATION-look at angiosperm classification else where.
- 5.ANIMAL CLASSIFICATION- NCERT sufficient but need specimen study for AIIMS.
- 6.APPLICATION BIOLOGY-NCERT sufficient.
- 7.GENETICS-look outside for deviations from Mendel laws and pedigree.
- 8.HUMAN AND PLANT REPRODUCTION-NCERT sufficient.
- 9.CYTOLOGY-NCERT sufficient.
- 10.BIOTECHNOLOGY AND EVOLUTION-NCERT sufficient.

NOTE: Focus yourself only on NEET this time. Keep revising NCERT and solve at least one paper daily.

Wish you good luck....

VAIBHAV TRIVEDI(AIIMS)

For any query.....

<http://www.facebook.com/vaibhav.trivedi1>

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STUDY MATERIAL AND BOOKS TIPS FOR MEDICAL ENTRANCE EXAMINATIONS....AIIMS,AIPMT

Posted on [October 20, 2013](#) by [VAIBHAV TRIVEDI](#)

34 Votes

HI FRIENDS.....

I HOPE YOU ARE TRYING YOUR BEST TO ACHIEVE YOUR DREAMS.....

FROM FEW MONTHS I AM RECEIVING A LOT OF QUESTIONS ABOUT BOOKS TO BE FOLLOWED FOR PREPARATION.....SO I AM POSTING MY OPINION FOR YOU ALL.....

BOOKS

1.NCERT IS MUST FOR BIOLOGY AND INORGANIC [CHEM](#).

2.PHYSICS....CLASS NOTES,COACHING NOTES,UNIVERSAL SELF SCORER[USSR](#) OR A.K. AGGARWAL

3.CHEMISTRY.....PHYSICAL CHEM.....CLASS OR COACHING NOTES,P BAHADUR/O P TONDON

ORGANIC CHEM.....NCERT,COACHING NOTES,P BAHADUR

INORGANIC CHEM....NCERT,P BAHADUR

4.BIOLOGY.....NCERT,COACHING NOTES,TRUEMAN/DINESH/BIOLOGY ON YOUR FINGERTIPS AND HANDBOOK OF BIOLOGY

1. NCERT ARE THE MAIN CORE BOOKS FOR PREPARATION.WITHOUT LEARNING NCERT SPECIALLY IN BIOLOGY AND [INORGANIC CHEMISTRY](#) YOU CAN NOT CLEAR THE EXAMS

BECAUSE ABOUT 100% QUES IN [AIPMT](#) AND 80% QUESTIONS IN [AIIMS](#) ARE DIRECTLY BASED UPON NCERT.

SO MUST LEARN NCERT SPECIALLY IN **BIOLOGY AND INORGANIC CHEMISTRY** BY HEART....EACH LINE...EACH DIG....EVERY THING....MUG UP...

2.CLASS NOTES PLAY A IMPORTANT ROLE IN UNDERSTANDING THE CONCEPTS SPECIALLY IN PHYSICS BECAUSE BOOKS DON'T TELL U EVERYTHING.SO IF U CAN ARRANGE COACHING NOTES OR ANY CLASS NOTES,JUST GO FOR IT.

3. MUST DO A LOT OF OBJECTIVE QUESTIONS AS MANY AS YOU CAN.

BOOKS ARE SPECIALLY MEANT FOR DOING A LOT OF QUESTIONS.IN AIPMT ABOUT 60% PAPER IS BASED UPON PREVIOUS YEAR QUESTIONS.

4. MUST SOLVE ATLEAST 15 YEARS PREVIOUS QUESTION PAPERS.

MUST SOLVE AND LEARN EACH QUESTION AND THEIR TYPE OF QUESTIONS BECAUSE ABOUT 50 TO 60% OF PAPER CONTAINS PREVIOUS QUESTIONS OR QUESTION BASED UPON SAME APPLICATIONS.,

5.PRACTICE A-R QUESTIONS FROM STARTING FOR AIIMS

A-R QUESTIONS IN AIIMS PLAY A VERY HUGE ROLE BECAUSE THEY NEED HIGH LEVEL OF CONCEPT APPLICATION.SO START PRACTICE THESE QUESTIONS.

IF U DON'T HAVE GOOD SOURCES OF A-R QUESTIONS,I M SUGGESTING THIS

BOOK::: MTG PUBLICATION BOOK FOR ASSERTION REASONING.....IT HAS SOME ANSWER ERRORS BUT IT IS BEST BOOK FOR A-R ACCORDING TO ME.

6.DON'T WASTE TIME IN READING GENERAL G.K. FOR AIIMS

MANY OF YOU Are FEELING LOW ABOUT G.K. ASKED IN AIIMS.

DON'T WASTE YOUR TIME IN READING G.K. BECAUSE IT CONSIST ONLY 10% OF PAPER AND CUT OFF GOES ABOUT 65% TO 70%....

FOCUS ON [PHY](#) CHEM BIO WHICH CONSIST 90%

FOR G.K.....ONLY SOLVE LAST YEAR PAPERS AND SEE MAJOR DISCOVERY AND EVENTS IN SCIENCE.....LEAVE THE QUESTION THOSE ANSWERS ARE NOT KNOWN BY YOU.....IT PREVENT NEG MARKING.

BOOKS

1.NCERT IS MUST FOR BIOLOGY AND INORGANIC CHEM.

2.PHYSICS....CLASS NOTES,COACHING NOTES,UNIVERSAL SELF SCORER USSR OR A.K. AGGARWAL

3.CHEMISTRY.....PHYSICAL CHEM.....CLASS OR COACHING NOTES,P BAHADUR/O P TONDON

ORGANIC CHEM.....NCERT,COACHING NOTES,P BAHADUR

INORGANIC CHEM....NCERT,P BAHADUR

4.BIOLOGY.....NCERT,COACHING NOTES,TRUEMAN/DINESH/BIOLOGY ON YOUR FINGERTIPS AND HANDBOOK OF BIOLOGY

VAIBHAV TRIVEDI (AIIMS)

<http://www.facebook.com/vaibhav.trivedi1>

IF YOU HAVE ANY DOUBT OR PROBLEM.....JOIN ME ON FACEBOOK.....

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Posted on [August 24, 2013](#) by [Rahul Chawla](#)

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TIPS FOR PREPARATION OF AIIMS / NEET 2014

Posted on [July 11, 2013](#) by [VAIBHAV TRIVEDI](#)

32 Votes

The article for all the students who have taken a year drop to try their luck once more to get selected in medical entrance examinations or those who are depressed and disheartened on not being able to pursue their dream of becoming a doctor this time and confused whether to risk a year for fulfilling their dream or to join a regular degree programme .

Tips and Suggestions

***NCERT ARE THE BASIC AND MUST BOOKS FOR PREPARATION.LEARN BIOLOGY AND CHEMISTRY NCERT ON FINGERTIPS.**

***DO MAXIMUM NO. OF QUESTIONS AND PREVIOUS YEAR QUESTION PAPERS AS MANY AS YOU CAN.**

- 1. Identify your mistakes** which you committed last year..What was the reason behind you being not selected in the exam. Whether you did not study or you did not study from the point of view of a competitive exam or you did not know what to study or you did not solve the previous years papers.
- 2. Learn from your mistakes.** Making mistakes is not a major issue but repeating them will always prevent you from success. This rule applies everywhere in life.So rectify them and don't repeat this time.
- 3. Don't lose hope..have faith in your self and prepare yourself for one year of hardwork and 100% devotion.**
- 4. If you really want to be a doctor, develop qualities that are the trademark of a doctor- **hard work, determination, consistency and patience.**** There is no alternative to hard work, not even smart study as the latter too requires a lot of hard work.
- 5. Smart study** – It is very important to note that you are not doing a PhD but are preparing for the medical entrances examination. You just have to study what ever is asked in the examination after all whatever you will be studying has no use in the profession you are opting for. It is a habit prevalent among many students to study from a high level book and flaunting the same in front of their friends and teachers to gain popularity in the class. First, it is of no use and second, it leads to wastage of time and may also hamper your success in the exam.

Q. It would be my third attempt for pre-medical tests. I have been preparing for medical entrances since I was in class 11th. I have even studied H.C. Verma, Resnik-Halliday for physics, Neil Campbell for Biology and Deb Mukherjee for chemistry, but still I am unable to get through medical entrances. What more do I need to study?

Ans. First, you need to bust this myth that the syllabus of PMTs demands solving questions from very high-level books that are mostly read by the engineering aspirants. The level of questions in physics and chemistry is very low as compared to those asked in IIT-JEE. In PMTs, questions are simple and formula based but time is less and also the cut-off goes very high. So the examination paper demands you to be thorough with your concepts and the formulae should be on your finger tips. Solving from ultra-advanced and high level books is sheer wastage of time.

However, some questions from physics and chemistry which have earlier been asked in IIT JEE are repeated in PMTs especially BHU (Pre and Mains) and such questions can be found in any standard Physics objective book.

Also it is usually seen that some students are not able to clear the exam even after taking many attempts and studying rigorously while some crack PMT in their first attempt and that too without much effort.

The reason is very clear. While the former lack guidance and by hit and trial method, they study from whichever book they come to know of, the latter restrict themselves to few but authentic books and with proper guidance and smart & selective study, they come out with flying colours without unnecessary effort.

6. Is it necessary to join a coaching institute for preparation?

It depends upon your way of studying and whether your basic concepts are clear or not. If your concepts are clear and you are smart enough to understand by reading from books directly, then go ahead, study by yourself. After all coaching teachers are no wizards. They cannot wave a moron into a genius! They are only there to teach you, to help clear your concepts; if you can grasp the topic yourself then it's sufficient.

However if you are one of those who cannot grasp the concept by directly reading from the book, and are dependent upon teachers, then you can join any coaching institute and attend the classes regularly. Don't hesitate to ask questions and clear your doubts with the teachers. But please never blindly follow what all they say, the teachers (mostly; however exceptions are there) can teach you but they cannot guide you on how to excel in exam.

But still, I would suggest that it is better to join some local coaching to help you clear your doubts and provide you with basic concepts of the subjects. A little guidance is very essential to prevent you from unnecessarily wasting time reading unimportant facts.

7. Evaluate yourself regularly by taking mock test papers (with strict examination like conditions)

Is there any need to join any test- series program for this purpose?

If you have enrolled for a classroom contact program, then you should regularly take the topic- wise tests conducted by the institute. But if you have not joined any institute but are preparing by yourself then it would be better if you **buy a set of previous year's question papers of exams than joining any of the costly test series.** As it is, these test – series include unnecessary questions in the tests with the sole purpose of attracting more and more students.

Take previous years' questions and solve a particular paper whose cut-off you know. Keep seated for the entire time limit and simulate the entire environment of the examination hall.

After completing, match your answers and calculate your total percentage. Match it with the cut-off. No test series can give you a better assessment of your ability. Also, while you are analyzing, mention the mistakes and silly errors that you have made in each subject. Solve a paper at least every 2-3 months during your preparation period. Make a note book so that you can have a look at your own analysis. It would save thousands of money spent on futile test series, and I assure you that you would definitely benefit from this.

7. Solve more and more Previous Years papers – You can solve the previous years papers in a way as I have discussed before . Alternatively, to be quick, you can just solve a question and confirm your answer by looking at the answers. If your answer is wrong, go to the solution and look where you went wrong. Don,t forget to mark that question for future reference. While solving biology paper , learn correct answer, mark it and also jot down few extra points, mnemonics, other related facts/terms that come to your mind at that time after reading that question so that the next time you come across that same question, you can also glance across the other points you noted down yourself. This ensures easy and fast revision and the probability of missing out on topics while revising is also greatly reduced. In this way, you can use your previous solved paper book for revision just before exam. I had too followed the same approach.

8. Which Books to refer?

There are many books available in the market but none of them tell you exactly what to study and what to not. None of them tells you which topic is important but in both books handbook of biology and biology @ your fingertips, which have included only the relevant and important and frequently asked points with an assurance of over 80 – 90% questions in biology from the same books

Prescribed textbook combination

Biology – any textbook (Trueman) /notes of your coaching institute + NCERT + both of my books (Handbook and Biology @ your fingertips) + Dinesh objective

Till now I have written just two books and I am also working on the text book and an objective book

for biology. But this would take time. So, you should buy above books. I also referred to the same books.

Note : this is the ideal combination, which I have prescribed, so if at any stage you are running out of time, you can only rely on my books along with NCERT

Physics – comprehensive / teacher's notes + A.K Aggarwal objective book or any other book which your teacher has specified or pradeep or universal

Chemistry – Pradeep textbook and P.Bahadur for objective + NCERT

BIOLOGY-NCERT ALONG WITH ANY GOOD OBJECTIVE BOOK.

P.S. – If you have studied any other book instead of what I have mentioned then go ahead with it, no need to waste time studying from a new book.

9. Develop a feeling of healthy competition with your friends. Don't be jealous of them if they know more or don't become complacent if they don't fare well. Remember, you are not just competing against them but lakhs of other students. Instead of wasting time in gossip, discuss mnemonics, important facts, numericals with friends; it will make memorizing easier and you will also come to learn a lot more new things from them.

10. For more tips and suggestions, keep visiting the site. The site is still under construction and still there are many more things to be added.

11. Start studying again. Your target should be to complete the entire syllabus by December and start revising in January or alternatively, you should also revise the syllabus side by side in case you have joined a coaching institute as they usually finish the syllabus by February.

12. Also, keep checking your progress monthly by solving mock test papers as I have mentioned before.

These are a few points which you need to remember before starting preparation for NEET and AIIMS and other medical entrance examinations which you are going to appear in next year. If you have any query, feel free to ask. Wishing all the PMT aspirants all the best!

VAIBHAV TRIVEDI (AIIMS)

RAHUL CHAWLA (VMMC AND SJH)

contact me- <http://www.facebook.com/vaibhav.trivedi1>

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The Hindu publishes article on PMT Gurumantra in its Periscope section

Posted on [July 8, 2013](#) by [Rahul Chawla](#)

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Relieving the pressure **A website that guides medical aspirants appearing forentrance tests**



Fed up with how coaching institutes misguide students wanting to enrol for medical colleges, an intern with the Safdarjung Hospital in the Capital, from Vardhaman Mahavir College started a website to help the students find their feet in the search for the right college.

Offering help to both PMT (Pre Medical Test) and NEET (National Eligibility cum Entrance Test) aspirants, PMT Gurumantra was launched by Dr Rahul Chawla in 2011. It helps candidates with examination details, study material and previous years' papers.

“The website saves one from splurging on coaching institutes, many of which only want to mint money,” says Rahul.

As of now, the website has answered the queries of 3000 students and over 5000 students preparing for medical entrances are associated with it. It also has a forum of medical students, who were toppers in various national and state level medical entrance examinations, who now assist the students by clearing their doubts and helping them with the right way to study.

The website also plans to help the underprivileged students, solve subject related queries and upload free tutorials of subject related topics for the benefit of students, says Rahul. There is a ranking list of colleges that the students can apply to, which was prepared after consulting the medical students across the country and comparing colleges through parameters like faculty, infrastructure, state, past academic record, fees, attendance and hostel facilities.

[To Read the article in The Hindu Website, Click Here](#)

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NEET UG-2013 ONLINE COUNSELLING PROCESS

4 Votes

Here is yet another good news for NEET-UG 2013 qualified students who got counselling letters from CBSE. After a month-long-wait from day of results declaration,

the counselling schedule for admissions into MBBS/BDS courses

through 15% All India Quota(AIQ) seats has been officially announced.

Medical Counselling Committee(mcc) is organising body for this online-counselling process.

No need to get anxious about the what do's and dont's

for most of you who are participating in it for the first time.

Relax its simple and handy.

All you need to have working internet connection and the required documents ready.

For bulletin of counselling visit

http://mcc.nic.in/mccres/Documents/CounselingInformationBulletin_NEET_UG.pdf

With registration process starting from 10/07/2013,basically,its gonna be 3-step process.

1. Main Counseling Registration, Choice Filling & Indicative Seat --->0th to 15th July

(by5pm IST) 2013

Log on to official site

<http://mcc.nic.in/>

click"UG medical Counselling" tab-->"Candidate

Login NEW" Link.-->"New User Registration Here.

Get registered within aforesaid period

and then login.then follow further steps.

2. Exercising of Choices and Locking —>16th and 17th July 2013

Log-in at the site and follow instructions there.More informations at

http://mcc.nic.in/mccres/Documents/Schedule_UG.pdf

3.Visit the respective college as allotted after result publishing as per your choice.

Opt further round of counselling only as per your rank and suitable choice available.

Carry the following documents in original along

with an attested copy of the documents for

verification at the allotted College failing which they shall not be entitled for admission at the allotted College:-

(i) Admit Cards of NEET(UG)-2013 Exam issued by CBSE.

(ii) Rank letter issued by CBSE. (iii) Date of Birth Certificate

(if Metric Certificate does not bear the same)

(iv) Metric Certificate

(v) 10+2 Certificate

(vi) 10+2 Marks Sheet

(vii) 2 Passport size photograph same as affixed on the application form.

(viii) Also carry the category certificate,

if applicable(as per formats available in bulletin).

For fee-issues contact the respective college

as each college has its different fee charge.

Stay in touch with sites

<http://mcc.nic.in>

<http://www.mohfw.nic.in/>

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Biology @ Your Fingertips now available at Amazon.in

Posted on [July 7, 2013](#) by [Rahul Chawla](#)

4 Votes

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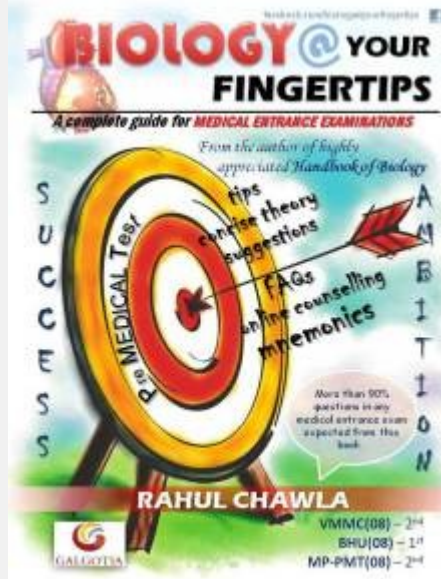
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RANKING OF MEDICAL COLLEGES BY PMT GURUMANTRA

Posted on [June 12, 2013](#) by [VAIBHAV TRIVEDI](#)

29 Votes

PMT Gurumantra, a website launched by the medical students of **Vardhman Mahavir Medical College AND AIIMS** provides you with the list of top medical colleges, which was prepared after consulting the medical students all across India. There are plenty of magazines and websites which can provide you with the list of top medical colleges across India. They claim that their survey is based on education facilities and research opportunities provided by the institution but it is usually seen that they include some of the private colleges in the list too which don't seem to fit in.

We, at PMT Gurumantra, have prepared the list after ample research and discussion with the students of those particular colleges. We have taken following parameters to prepare the list:

ü **College Infrastructure**

ü **Internal PG (as in AIIMS, VMMC & IMS-BHU)**

ü **Hospital Infrastructure**

ü **Average number of patients visiting the OPD per day**

ü **City (Delhi = Mumbai > State Capital > Cities > Town)**

ü **State (North-East < South / North < UP/Bihar < MP < Maharashtra < RAJASTHAN < Gujarat < DELHI)**

ü **Recognition of State P.G. seats (in most of the colleges in MP, P.G. seats are not recognized)**

ü **Bond for rural posting (in Maharashtra)**

ü **Faculty**

ü **Past academic record**

ü **Hostel facilities (*you are going to spend the most unforgettable 5 1/2 years of your life here!!!*)**

ü **Ragging scenario – yes it is still prevalent in many colleges in UP and Bihar; but it's fun in rest of the colleges.**

ü **Fees (lowest in AIIMS, MAMC, LHMC & UCMS)**

ü **Recreation Facilities – sports, culture, literature – AIIMS and AFMC are the colleges where you would get ample opportunity to groom your interests and passion.**

ü **Attendance – yes! Not now, but once into college you would realize that you should have chosen a college where regular attendance is not a compulsion – here too AIIMS leads the list.**

It is clear how our ranking would be different from the others because they take research and hospital facilities to be the only criteria. They fail to realize the importance of these small but significant factors. It is also important to note that the

ranks which these magazines give should not be and actually I must say, are not followed while choosing the college, the reasons being:

Ø AFMC is ranked 2nd by these magazines but no student getting under 1000 rank in AIPMT goes for it. In fact many students prefer taking less known medical colleges in B grade towns of MP, UP and Bihar instead of AFMC. Even some students getting selected in AFMC only prefer taking a drop than joining it.

Ø VMMC is seen nowhere in the list but is the fourth college to be filled in AIPMT counselling after MAMC and simultaneously with UCMS and LHMC.

Ø Manipal and many private colleges have been included in the list but no one prefers it over any government medical college.

Ø They don't take into account the Internal PG factor which is the most deciding factor while choosing a medical college.

Moral of the story is that don't believe in such lists prepared by any magazine or news channel. They include the names of some selected colleges for the sake of earning some bucks.

It should also be noted that a single list of top medical colleges can never serve as a priority list for a single student. Hence we have prepared a priority list which would help you to select the college of your choice according to your needs and preferences.

1. AIIMS, NEW DELHI

Everyone knows it is the first choice for every medical student.

But students from southern states can choose in between JIPMER (better) and CMC Vellore if they don't want to remain away from home. JIPMER has Internal PG advantage on its side and is better known as AIIMS of the south . Internal PG advantage is not there in its northern counterpart i.e. AIIMS ; hence if you are very studious types and would not mind missing out the fun being in AIIMS, then undoubtedly, JIPMER is a smart choice.

Similarly, for those who belong to the eastern region, who are very studious type, who love attending lectures, who don't care about the 'delhi factor' , who like and can easily acclimatize in the city of Banaras, for them IMS-BHU can be a smart choice because of a large number of Internal PG seats. Although the people would consider you a big fool but in my view, you would have made a smart choice by selecting BHU because if you are talented enough to crack AIIMS then you will easily manage to get a PG course of your choice because here you will face limited competition and that too from those who were far behind you in the competition. Also the college has good faculty and good infrastructure. But it would be difficult for the North Indians to adjust here, particularly if you have AIIMS as an option, so avoid it if you do not fulfil the above criteria. Go for AIIMS.

2. MAMC=JIPMER

Excellent faculty, Excellent academic record, good infrastructure, cheap education, delhi city as well as the Delhi PG advantage makes it the first choice in AIPMT counselling. It has been a trend always and every student follows it blindly. Same rules apply here – Southern candidates should better choose JIPMER and among the North Indians, those who care for their PG seats can choose in between VMMC and BHU in preference to MAMC.

3. VMMC =BHU

VMMC		BHU
Ø New college		Old and well known Institute, now considered as the Institute of National Importance
Ø Delhi city advantage. Cinema halls, discs, cultural fests of plenty of college, PG coaching, good exposure, near home, well connected, good food etc. There are many more such advantages which I cannot disclose here.		Banaras city – unfriendly and unfavourable conditions; though the campus is free from the ill effects of the city
Ø Excellent Hostel facilities.		Hostel is good, you can live comfortably.
Ø Safdarjung Hospital is the largest tertiary care hospital under Health Ministry.		Hospital has good Infrastructure
Ø Practically no research work		Active research work

4. UCMS = LHMC=CMC VELLORE

While University College of Medical Sciences is usually chosen by the boys, LHMC (Lady Harding Medical College) is only for the girls. No internal PG but Delhi PG advantage.

5. AIIMS BHOPAL/RISHIKESH/JODHPUR

NEW COLLEGES WITH AIIMS TAG AND BEST FACULY HANDPICKED BY ALL INDIA.
NEW INFRASTRUCTURE AND FUTURE PG RESERVATION IN AIIMS.

6. seth gs (Mumbai)=GRANT MEDICAL COLLEGE

Note: Seth GS, Mumbai has very good infrastructure and is excellent in academics, hence it used to be the 3rd choice of students but because of the bond restriction, it should be avoided now.

GRANT also has very good infrastructure and is excellent in academics, but because of the bond restriction, it should be avoided now. Still you can consider if you want to study in a good medical college.

7.KGMC, Lucknow = GMC, Chandigarh=SMS,jaipur

Ø Good colleges; city advantage.

Ø KGMC particularly good in academics and research but UP disadvantage.

Ø Choose on the basis of location

8.BJMC,AHEMDABAD

PG ADVANTAGES

9.AFMC

Consider it only when you can acclimatize in the Armed Forces and can tolerate such a degree of discipline or if you belong to the army background. There is also bond restrain and you would have to give a sum of Rs.35 lakhs if you don't want to serve in the army after completing the course.

Otherwise, it is undoubtedly one of the best medical colleges in the country with excellent infrastructure, academics, recreation and sports facilities and many other benefits – the greatest one being a lieutenant and serving the army and that too with a handsome salary and allowances.

But strictly speaking life is not as good as it appears to be. You can easily leave it as the option and prefer any other college instead.

10.Rest all the colleges are similar(CHOOSE ACCORDING YOUR LOCATION)

After all the main colleges have slipped from your hands, you are free from the confusion. After it, all the colleges are similar and have no special benefits as such. Hence, here city and the state factors come to play. Choose the college which is nearest to your home. But avoid UP, Bihar, Chhattisgarh, Orissa, North east unless it's your home state.

Over all list of the top Medical Colleges

1. AIIMS,new delhi
2. MAMC,new delhi=JIPMER
3. VMMC=BHU
- 4.UCMS=LHMC
- 5.AIIMS BHOPAL=AIIMS RISHIKESH=AIIMS JODHPUR
- 6.SETH GS=GRANT
- 7.KGMC=SMS=GMC

8.BJMC
9.ROHTAK
10.SHIMLA

**RAHUL CHAWLA (VMMC AND SJH)
TRIVEDI (AIIMS)**

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POINTS TO BE CONSIDERED WHILE CHOOSING A MEDICAL COLLEGE

Posted on [June 12, 2013](#) by [VAIBHAV TRIVEDI](#)

8 Votes

Admission Counselling by medical students from medical colleges all across India, is an initiative on the part of **PMT Gurumantra**, so that you won't be alone while making the toughest choice in your life. A student needs to do a lot of research on the college before choosing it and the major problem that arises here is the lack of correct information. But we, at **PMT Gurumantra**, are **determined to solve all the problems and doubts that may come across your mind.**

It is often seen that students are misguided by the lists of top medical colleges published in various magazines and websites. They claim that their survey is based on education facilities and research opportunities provided by the institution but it is usually seen that they include some of the private colleges in the list too which don't seem to fit in.

So don't follow them blindly; instead select your own preferences and do your own research by keeping the following factors in mind:

1. **College Infrastructure** – Old /New, Good / Bad
2. **Internal PG** (as in VMMC & IMS-BHU) – It is the biggest deciding factor while choosing a medical college. Always give it a priority.
3. **Hospital Infrastructure** – The more the diagnostic facilities available, the more do you get to learn about them.
4. **Average number of patients visiting the OPD per day** – more are the patients, more are the variety of cases you will come to see in your clinical postings.
5. **City** (Delhi = Mumbai > State Capital > Cities > Town
Prefer Delhi; Delhi Advantages – cultural fests of plenty of college, PG coaching, good exposure, near home, well connected, good food etc.
6. **Home State**
7. Number of PG states in state (UG:PG ratio should not be skewed)
8. Bond for rural posting (in Maharashtra)
9. Faculty
10. Past academic record
11. Hostel facilities (*you are going to spend the most unforgettable 51/2 years of your life here!!!*)
12. Ragging scenario – yes it is still prevalent in many colleges in UP and Bihar; but it's fun in rest of the colleges.
13. Fees (lowest in AIIMS, MAMC, LHMC & UCMS)
14. Recreation Facilities – sports, culture, literature – AIIMS and AFMC are the colleges where you would get ample opportunity to groom your interests and passion.
15. Attendance – yes! Not now, but once into college you would realize that you should have chosen a college where regular attendance is not a compulsion – here too AIIMS leads the list.
16. Salary – Confirm the current salary paid to the interns and PGs to the students in the college you are taking. Compare it with other colleges. It is lower in MP, Maharashtra and other states...In Delhi the salary paid to the interns is around 12-14000 and to the PGs its 50000 approx..

17. Language – Students from North may have language barrier in southern states and Maharashtra..Similarly South Indians will not feel comfortable in Punjab , Orissa , North East..So it is better to choose your own state or a state where language is not an issue e.g. Delhi, MP, Rajasthan, Western UP

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PMT GURUMANTRA CROSSED 5,00,000 HITS....

Posted on [June 12, 2013](#) by [VAIBHAV TRIVEDI](#)

3 Votes

PMT GURUMANTRA CROSSES 5,00,000 HITS TODAY

thanks a lot all of five lakhs viewers....

PMT GURUMANTRA – an initiative taken by the medical students to guide PMT aspirants

This website has been launched by the medical students of Vardhman Mahavir Medical College and Safdarjung Hospital, AIIMS and other medical colleges to provide the PMT aspirants with the right guidance for medical entrance examinations and provides previous papers, examination notifications, admission counselling and online doubt clearance.

This website gives an opportunity to the PMT aspirants to interact with the medical students who had been the toppers of various national and State level Medical Entrance Examinations. Through this website, we, the medical students, would like to share our success mantra, study material and mnemonics with the students and also help them clear their doubts.

We would like to request you to forward this message to your friends in school or coaching who are preparing for the medical entrances. Here the students can ask their doubts which would be cleared by the medical students who had been the toppers of various medical entrance examination.

all the very best of luck for your future.....

PMTGURUMANTRA TEAM

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CONGRATULATION FOR NEET RESULTS AND ADMISSION COUNSELING...

Posted on [June 5, 2013](#) by [VAIBHAV TRIVEDI](#)

12 Votes

DEAR FRIENDS,

NOW IT'S TIME TO CELEBRATE YOUR SUCCESS WHICH IS THE RESULT OF YOUR HARD WORK. I WISH ALL OF YOU A DEEP CONGRATULATION FROM MY HEART.HAVE A HARD SUCCESS BASH.

NOW MOST OF YOU ARE IN GREAT DILEMMA TO CHOOSE THE BEST COLLEGE FOR YOU AMONG ALL OVER INDIA.YOU CAN ASK US ABOUT YOUR CONFUSION AND INFORMATION ABOUT COLLEGES.YOU CAN ASK YOUR QUERY FREELY.

HAVE GOOD LUCK FOR OTHER RESULTS.....

VAIBHAV TRIVEDI (AIIMS)

<http://www.facebook.com/vaibhav.trivedi1>

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TIPS FOR AIIMS MBBS ENTRANCE EXAM.....

Posted on [May 7, 2013](#) by [VAIBHAV TRIVEDI](#)

35 Votes

LAST MONTH PREPARATION TIPS FOR AIIMS.....(VAIBHAV TRIVEDI)



HELLO FRIENDS,

THE NEET-UG BASH IS OVER NOW AND I BELIEVE YOU DID YOUR BEST JOB FOR IT. NOW, IT'S TIME FOR BLOW YOUR MINDS AGAIN WITH YOUR HARD WORK TO ENTER IN THE MOST PRESTIGIOUS MEDICAL INSTITUTE IN COUNTRY "***ALL INDIA INSTITUTE OF MEDICAL SCIENCES(AIIMS)***".

I THINK MOST OF YOU HAVE A BIG DREAM OF AIIMS AND TO MAKE THIS DREAM INTO REALITY YOU HAVE TO POLISH YOUR STUDY WITH EXAM LEVEL AND PATTERN.

SO I AM POSTING SOME TIPS FOR AIIMS ENTRANCE EXAM WHICH I USED TO FOLLOW IN MY PREPARATION DAYS. I HOPE THEY WILL HELP YOU TO GET INTO "***AIIMS***" AND ***IT'S SIX NEW SIBLINGS WITH TOTAL 672 SEATS.***

1. STOP THINKING ABOUT WHAT YOU HAVE DONE IN NEET AND OTHER EXAMS. YOU HAVE ALREADY DONE WITH IT AND YOUR THINKING CAN'T CHANGE YOUR RESULT. IT IS ONLY A TIME WASTING, NOTHING ELSE.

2. KEEP REVISING YOUR BASIC CONCEPTS AS THEY PLAY A MAJOR ROLE TO SOLVE AIIMS PAPER.

3. REVISE NCERT IN ALL THREE SUBJECTS BECAUSE REVISION OF THEORY FROM NCERT CAN GIVE YOU BETTER UNDERSTANDING OF CONCEPTS.

4.START PRACTISE A LOT OF ASSERTION-REASONING QUESTIONS BECAUSE THEY ARE THE MOST IMPORTANT OBJECTS WHICH MAKE THE DIFFERENCE.

5.DON'T TRY TO WASTE YOUR TIME IN LEARNING GENERAL KNOWLEDGE (G.K.) CZ YOU QUESTION CAN BE ANYTHING AND YOU CAN'T LEARN EVEN A SHORT OF IT.

AS THEY HAVE ONLY 10% WEIGHTAGE ,SO U CAN ESCAPE THEM CZ CUT OFF DOESN'T GO VERY HIGH.DO YOUR EFFORT IN OTHER SUBJECTS.

6.SOLVE PREVIOUS YEAR PAPERS TO UNDERSTAND THE PATTERN AND LEVEL OF QUESTIONS AND SOLVE THOSE TYPES OF QUESTIONS.

7.DON'T TRY TO SOLVE VERY HIGH LEVEL QUESTIONS BECAUSE AIIMS EXAM WANTS BASIC KNOWLEDGE WITH THEIR APPLICATION NOT MORE DEEP.

8.GIVE ATLEST 4 TO 5 MOCK TESTS TO BUILD YOUR CONFIDANCE.

BELIEVE IN YOUR HARD WORK,JUST ONE MONTH HARD WORK CAN GIVE YOU YOUR RIGHT PLACE.



शरीरमाद्यं खलु धर्मसाधनम्

ALL THE BEST.

VAIBHAV TRIVEDI (AIIMS)

contact me : www.facebook.com/vaibhav.trivedi1

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Links for NEET UG 2013 question paper and answer key

Posted on [May 5, 2013](#) by [Rahul Chawla](#)

13 Votes

Links for NEET UG 2013 question paper and answer key

<http://www.aakash.ac.in/neet-answer-key-solution/>

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Hi guys, please let me know how was your exam and how many questions u think came from my books directly or indirectly? How did my books help you? Do give me your feedback. Eagerly waiting for it!

Please give your feedback on my personal blog. Here is the

link: <http://drrahulchawla.wordpress.com/feedback-on-my-books/>

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TIPS FOR LAST MONTH BEFORE EXAMS....

Posted on [April 20, 2013](#) by [VAIBHAV TRIVEDI](#)

8 Votes

Hi friends, I m posting few tips to manage your study in the last month before your medical entrance exams.....

- 1.Stop reading new material now and stay on your knowledge.
- 2.Don't confuse between New launching test series or end month courses of different choching institutes emerging like mushrooms these days.
- 3.Stay on what you have done till now and keep revising it.
- 4.Go through your theory a bit faster like 2 or 3 topics per day.
5. Stop involving yourself in various discussions about your preparation on social networking sites because they can depress you a lot.
- 6.Mainly concentrate on ncert books specially in biology and inorganic chemistry.

7. Go through every line and diagrams of biology ncert because about 100% questions in NEET/AIIMS are based upon it and maximum from those are direct from the book.
8. Have some look at the ncert exemplar in physics and chemistry to clear your misconception.
9. Go through the old year papers at least 1 a day and try to attempt it in half hour before the time given.
10. Have a look on your previous test papers and try to identify your mistakes.
11. For last 10 days revision, go through Rahul sir's handbook of biology which will help u a lot in last time.
12. Keep believing yourself. U can do anything.

wishing all of u good luck.....

VAIBHAV TRIVEDI (AIIMS)

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REVISE BIOLOGY FOR NEET.....

Posted on [March 17, 2013](#) by [VAIBHAV TRIVEDI](#)

14 Votes

Hi Friends,

I hope you are trying your best for achieving success in PMTs. Some of you may be feeling a lot of confusion in revising the topics so I am posting revision preference and brief details about what to do beyond NCERT and test papers.....

- 1.HUMAN PHYSIOLOGY- extra knowledge may be require for AIIMS,BHU etc.
- 2.PLANT PHYSIOLOGY- need coaching notes in photosynthesis and mineral nutrition.
- 3.ECOLOGY-NCERT sufficient
- 4.PLANT CLASSIFICATION-look at angiosperm classification else where.
- 5.ANIMAL CLASSIFICATION- NCERT sufficient but need specimen study for AIIMS.
- 6.APPLICATION BIOLOGY-NCERT sufficient.
- 7.GENETICS-look outside for deviations from Mendel laws and pedigree.
- 8.HUMAN AND PLANT REPRODUCTION-NCERT sufficient.
- 9.CYTOLOGY-NCERT sufficient.
- 10.BIOTECHNOLOGY AND EVOLUTION-NCERT sufficient.

NOTE: Focus yourself only on NEET this time. Keep revising NCERT and solve at least one paper daily.

Wish you good luck....

VAIBHAV TRIVEDI(AIIMS)

For any query.....

<http://www.facebook.com/vaibhav.trivedi1>

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Biology @ Your Fingertips: A dream turned into a nightmare!

Posted on [March 6, 2013](#) by [Rahul Chawla](#)

4 Votes

“ Kya khoya, Kya paaya”: The journey of Biology @ Your Fingertips from a sweetheart to enfant terrible!

On the occasion of the first anniversary of the launch of Biology @ Your Fingertips, I recall the incidents that happened during the making of this book, the appreciation I got from the students and the side effects (of writing the book) I had to face thereafter.

Just a year back, it was the day of utmost joy for me, the day I Had been waiting for years. The first time I went to the World Book Fair in 2010, I had decided that next time I'll come here as an author and so did happened. On 5th March, 2012, my book was launched in the New Delhi World Book Fair. I was shocked to see the enthusiasm and excitement in the students for the book. Before I reached there and saw the first printed copy, more than 50 students had already bought it and obviously I wasn't the first one to have a glimpse of my own creation. I still remember the evening I spent and the events thereafter!

No doubt, Handbook of Biology had released already by that time (on 5th August 2011) and students really appreciated it, still Biology @ Your Fingertips was the litmus test ..After all , Biology @ Your Fingertips was the original creation and Handbook of Biology, its concise version. The time, hard work and and energy, I invested in writing this book had taken a huge toll not just on my studies, but my life as whole..my personality, behaviour, health and outlook!

The idea of writing a book!

Story writing had always been my hobby and I was highly inspired by Chetan Bhagat, the man who changed the way India reads. During those early days of first year (2008), I thought of a story about 5 friends...their dreams and passions..and the complexities in their life..how they screw their relationships in their attempt to pursue their dreams!! Soon I began writing the novel, but within 2-3 days I realized it's not my cup of tea. My English was extremely pathetic and although I dropped the idea of writing a novel, the idea of writing a book kept banging my mind.

Few days later, I got a call from a student studying at Allen ..(he was among many students who used to call me to take my advice). I advised him what to study in biology, how to study and all...at the end of conversation, he advised me... “Sir aapko itna kuchh pata hai, aap book kyo nahi likh lete”! I still remember, It was my physiology mid semester exam the very next day..and the whole night and even during the exam, I kept thinking about the idea...what will be my purpose of writing this book??..Exclusive features?? How I m going to promote it?? How will I find a publisher interested in publishing my work...These questions gave me a dozen of sleepless nights and by every passing day my resolution got stronger and stronger.

But I was still sceptical about finding a publisher. So, even before I started writing the book, I sent a “tadakta fadakta” mail to MTG publications just to confirm if these ppl will publish my work. I was amazed to get a positive response from Anil Ahlavat of MTG and he asked me to drop in his office with the manuscript.

Those unsuccessful attempts of writing the book!

In my Diwali Holidays (2008) , I started the process of writing the manuscript with my dear friend Ashish Gupta. But we could hardly complete a unit and decided to continue the process in winter holidays. During winter holidays also, we couldn't complete more than 2 units. . **I even shared this idea with my friends in college, but no one took me seriously!** This was the time I realised I wasn't enough mature for this task...And I was alone!! I knew it demanded extreme hard work and a stable mind but I was still flying high in the sky after the entrance results. *I needed a break!!*

So, I dropped the idea and just gave up! “It's not my cup of tea...All the big authors have years of teaching experience. I studied biology in 11th and 12th. I am not even a graduate. How can I even think of writing a book??” I told myself!

2 Year long drought and I finally did it!

“Failure is the first step towards success”, whoever said, holds true!

A lot happened in those 2 years. Time passed so swiftly that I didn't had the time to recall that I once thought of writing a book! Apart from regular college fun, I started giving Biology Home Tutions! Yeah!! It wasn't just a cool source of pocket money but gave me enough confidence to seriously think about the idea of writing the book again. And I believe that I won't have written this book if I had not taught biology. Well there was another major development...Entry of a very special person, without whom I could not have written the book, who was not just the driving force and source of motivation, but the editor and co-author of this book too.

Writing the book!

Soon after I gave my 2nd professional MBBS exams, I went home (December 2010) with a motive to complete this task by the end of holidays anyhow. Such was the magnitude of passion and fire within me, that no obstacle in the path could stop me from doing what I wanted to. I had lost my past papers and objective biology books. I had even lost my mnemonics collection. But still, managed some how....Borrowed some books, bought a few and started the work. Made fresh mnemonics and tricks...

Reformed my notes which I made during the entrances..I used to sit **15-18 hours a day for 20 days continuously...** Friends and relatives used to come and go..no one had any idea what was going on! Even a minute of distraction made me frustrated. Even sometimes I just look back and wonder, **“How I did it!”**

Finding the Publisher!

After coming back to Delhi (January 2011), Next task was to find a publisher. Started sending mails to endless numbers of publishers. The name of the book “ Biology at your Fingertips” just came into our mind as we were sending mails to the publishers. After 2-3 days of disappointment, finally got a call from Galgotias and we went for our first “ **Corporate meeting**”. It was successful and the old lady was highly impressed by the idea. The contract was signed on 26th Jan 2011 and I received my first installment of the royalty.

The Euphoria

I was very happy. Everything was just going fine. Wrote the book and got publisher’s approval within a month of starting of work. I thought it’s over...I m soon going to be an author...My dream is going to be fulfilled...I was on top of the world!

I started working on the cover page of the book with my friend Hemant Kumar. It was just a one day affair for this guy. Even the people at Galgotia Publications were surprised to know that the cover designer was my batch mate. Side by side the promotional work was on full swing. I was simultaneously working on my website www.pmtgurumantra.com. Meanwhile, I realized that the road ahead is not so smooth!

The dream I had seen long back, in months to come, became a night mare, scary enough to frighten the hell out of me. I wasn’t aware that the idea of writing a book is a Pandora box in itself!!

Mission Impossible 1: Editing the printed draft of my handwritten manuscript

The typesetting of the manuscript began soon and the publishers sent me the first draft of the book which dropped like a Hiroshima atom bomb. I felt devastated..It was a cruel and brutal assault on my creation...a mockery of my hard work. It took months to correct the mistakes those idiots made while typing the manuscript. The height of the stupidity was that even after correcting the typed manuscripts, they used to make the same mistakes. ***I wrote the entire manuscript in less than a month but it took more than a year to correct it.***

It was not at all, one man’s job. It required an army of ignited and dedicated minds to clean up the mess those idiots had made. I am really thankful to all my friends and juniors who helped me in this tiring, boring and frustrating job. Without them, it could not have been possible.

Mission Impossible 2: Getting the book printed on time

The typesetting of the manuscript, as I said wasn’t going smoothly. On repeated requests, threats and abuses, the publishers finally agreed to give the assignment of typesetting to a trained professional. As by that time the manuscript of handbook of biology was also ready, we decided to go with

handbook of biology first. But after the release of handbook of biology in August 2010, the task was further delayed for months adding up more to my unending frustration and anger.

The work started again in December and by February 2012 we completed the editing work. The complete task of writing, editing, cover designing and promotion was on my shoulders. But still, I was not alone. My team of dedicated editors (My juniors and batch mates) helped me in doing the task ASAP cause the exams were round the corner and there were repeated enquiries about the release of the book before its release. ***The whole manuscript was revised and edited more than 15 times before sending it for printing.***

Finally the day arrived and the book was released on 5th March, 2012. The book had strike the chord with the students and most of the reviews were over-whelming. But the happiness and euphoria of book's success soon subsided.

Mission Impossible 3: Royalty payment

I was supposed to get my Royalty Payment by first week of April, after the end of financial year. But still, I am waiting for that day to arrive.

Mission Impossible 4: Re printing of the Book (out of stock for months in spite of heavy demand)

Isn't it the height of stupidity that even after a good response, publishers have no interest in printing more copies after the initial stock ended.

Side effects of writing the book

“Success Comes with a Price”. But the price I had to pay for it...I couldn't afford to! With every passing day my anger and frustration kept increasing. I wasn't able to challenge the bar I had set for myself. I had no idea that the story on which I was going to write the novel , will hold true on me! I was over ambitious, selfish and mean! I did every possible thing within human limits to get the things done the way I wanted ..but at the end of the day, I realized I was just a human! In the course of one year, I became a monster in my attempt to pursue my dreams! With every passing day, I kept raising my bar of success..more dreams, more ideas, more hard work...but somehow the results were not coming. With the failure, came more unhappiness, more frustration and desire to work more. I was stuck in this never ending cycle of despair and by the time i realized the mess I was in, it was too late! And the person I hoped would get me out of it, had already left me. My life was a shit hole. The sermons on controlling anger and frustration seemed to me easier said than done. I had realized that my books and my website were the reason behind the turmoil in my life. And I began to hate them! After the release, I didn't even opened my book once in a blue moon...I was scared to do it. I stopped posting articles and solvin doubts on my website. Never ever in my life I gave a dam what others think about me. But this time, for months I carried the burden of being tagged as a “ **Looser**” by an idiot..

Rejuvenation, Reincarnation and the battle against my own conscience

It was a phase that taught me a lot about life and changed my perception to see the things around. The so called author was now in search of a “**Gurumantra**” to get his life back on track. And thankfully, I met people who tried to help me get out of it. If I lost one, many new friends came in life and many old ones too came back to me.

From a broken hearted, depressed, good for nothing looser, I soon became a **YES MAN!** And life since then, is rocking!

These days I am really enjoying the things around me. I now look life through my pair of coloured spectacles! I believe “**only those who have been through hell can realize how beautiful life is**”.

Caught in the crossfire of my own mindset, old and new, its still tough for me to decide which road to take. But where ever I'll go I know I'll not be alone...I have my dreams, passions and ideas to accompany me in the journey..Then I also have my social network. I just hope it follows me wherever I go!

Guru Shishya Parampara Redefined!

Guys, I am taking retirement from PMT Gurumantra. I have grown old and my hairs have started turning grey. Whatever I knew, I have already told you and I guess there's hardly anything left. You dont need to worry at all because we have extremely talented ppl like Krishan, Vaibhav, Saurabh and Anshika who be there for posting articles and replying to your queries. What could be the perfect example of Guru-Shishya Parampara..those who used to take my advice a year ago, are now guiding you!

Its hard for me to say good bye, but I have to! But I'll keep making surprise visits and will try to write articles sometimes.

You can now follow me on my personal blog www.drrahulchawla.wordpress.com

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TIPS FOR LAST MONTH BEFORE EXAMS....

Posted on [February 24, 2013](#) by [VAIBHAV TRIVEDI](#)

11 Votes

Hi friends, I m posting few tips to manage your study in the last month before your medical entrance exams

1. Stop reading new material now and stay on your knowledge.
2. Don't confuse between New launching test series or end month courses of different coaching institutes emerging like mushrooms these days.
3. Stay on what you have done till now and keep revising it.
4. Go through your theory a bit faster like 2 or 3 topics per day.
5. Stop involving yourself in various discussions about your preparation on social networking sites because they can depress you a lot.
6. Mainly concentrate on ncert books specially in biology and inorganic chemistry.
7. Go through every line and diagrams of biology ncert because about 100% questions in NEET/AIIMS are based upon it and maximum from those are direct from the book.
8. Have some look at the ncert exemplar in physics and chemistry to clear your misconception.
9. Go through the old year papers at least 1 a day and try to attempt it in half hour before the time given.
10. Have a look on your previous test papers and try to identify your mistakes.
11. For last 10 days revision, go through Rahul sir's handbook of biology which will help u a lot in last time.
12. Keep believing yourself. U can do anything.

wish u all the best...

VAIBHAV TRIVEDI (AIIMS)

facebook.com/vaibhav.trivedi1

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NEET UG 2013 Official Notification

Posted on [December 2, 2012](#) by [Rahul Chawla](#)

6 Votes

NATIONAL ELIGIBILITY CUM ENTRANCE TEST [NEET-UG] CENTRAL BOARD OF SECONDARY EDUCATION NEET-UG 2013 Pursuant to the Notification published in the Gazette of India Extraordinary dated 21st December, 2010, the Medical Council of India with the approval of the Central Government ... [Continue reading →](#)

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National Eligibility -cum-entrance test: The Prologue

Posted on [November 15, 2012](#) by [anshikagupta](#)

13 Votes

National Eligibility –Cum –Entrance test 2013 : THE PROLOGUE

As Proposed By the Ministry Of Human Resource, The National Eligibility cum entrance test(NEET) Is all set to replace The Individual medical entrances(Eg:AFMC,UPCPMT,D-PMT,R-PMT,H-PMT,JK-cet Etc.)As the students attempt to adapt To the redesigned concept , their Minds are already Full Of apprehensions and Confusions regarding The Unified pattern. So Heres a Quick Update on The same.

NEET-The Pattern

1) Total Number of questions: 180

Physics 45

Chemistry 45

Biology 90

2) Duration Of the exam: 3hours(180 Minutes)

3) Negative Marking: -1/4

A total of 271 MBBS colleges have been listed by MCI, which will fall under the aegis of NEET 2013. These colleges will offer a total of 31,000 MBBS seats across India. The declared date for NEET 2013 is May 5 and the exam will be conducted by CBSE.

Qualifying Criteria: Qualifying Criterion has been changed from 50%of absolute marks in NEET to 50 Percentile in NEET to ensure that no seats remain unfilled.

Age eligibility: a) Minimum 17years at the time of admission

b) Upper age limit relaxed by 5years for SC/ST/OBC

No Of Attempts: A maximum of Three attempts

Paper Evaluation:

1. Marks in Biology section of paper (Higher marks will be placed higher in the rank)
2. Marks in Chemistry section of paper (Higher marks will be placed higher in the rank)
3. Marks in Physics section of paper (Higher marks will be placed higher in the rank)
4. Total number of negative responses (Fewer negative responses will be placed higher in the rank)
5. Date of birth (older person will be placed higher in the rank).

NEET: Tentative Dates

A) Online Registration starts from: 1 dec'2012

B) Last date of receipt of confirmation page of

Online application form without late fee : 10 Jan 2013(Normal areas)

25 Jan 2013(remote areas)

C) Schedule for on-line submission of application with first late fee: Jan 10 To Jan 15, 2013

D) Last date of receipt of confirmation page of online application in CBSE with late fee : For Normal Areas: Jan 25, 2013

For Remote Areas: Feb 05, 2013

E) Schedule for on-line submission of application with second late fee :Jan 16-31st 2013

F) Last date of receipt of confirmation page of online application in CBSE With 2nd late fee: 10th Feb 2013

G) Date of uploading of Admit Cards on website : 15th -30th April

H) Date Of exam: 5th may

I) Result: 2nd week Of June

The Matter, Manner, Method: NEET 2013

1) As the Exam Is being conducted by CBSE, a thorough acquaintance with the NCERT's is a Must.

There must be ample emphasis On the Language and diagrams In the NCERT as most of the answers are NCERT picked lines.

2) You will have to answer 180 questions in three hours, so take mock tests in order to learn time management. A student will be required to solve each question in a minute's time, so regular practice of at least 15-20 full length tests before taking the actual exam will prove beneficial.

3) NEET V/s CBSE: On closer Inspection Of the NEET syllabus, one would notice significant deviations from the CBSE core syllabus. A number add on topics (Which wont be found in our NCERT bibles) have been included in the NEET syllabus. These topics are Immensely Important(As well as SCORING) They must not be left out in any case. For example:

a)The domains of life by woese

b)Biological concept of species by mayr

c) 2nd and 3rd law of thermodynamics

4) Going through the previous year's AIPMT exam papers will help, as NEET is expected to be of the same difficulty level.

5) Since there are 180 questions, swiftness would work to one's advantage. It's far more better to Cram up the formulas rather than sit and derive them. Students who do not need to face Boards, Should totally ignore the derivations.

6) Prescribed topics

Physics: Work, energy and power; gravitation; properties of bulk matter; thermodynamics; behaviour of perfect gas and kinetic theory; oscillations and waves; electrostatics; current electricity; magnetic effects of current and magnetism; electromagnetic induction and alternating currents; optics

Chemistry: Structure of atom; chemical bonding and molecular structure; equilibrium; organic chemistry – some basic principles and techniques; hydrocarbons; coordination compounds; biomolecules; polymers; surface chemistry

Biology: Structural organisation in animals and plants; cell structure and function; human physiology; genetics and evolution; biology and human welfare; biotechnology and its applications; ecology and environment

Also, the right dose of mental guidance is of utmost importance for students. A positive attitude and a calm disposition will definitely help you develop a stress free study environment. Panicking is never a solution; it just hampers the aspirant's overall performance. So, let go of your worries and adopt a practical stance. React wisely to the amendments not just today, but also in the future.

The NEET aspirants must all be mentally prepared, they belong to the Guinea pig generation. The exam paper might be totally contrary to what is expected, But that shouldn't be a reason to worry. Even if it's a surprising (Or shocking) Paper, Just remember That it's equally perplexing for All of them. It's Your patience and ability to handle emergencies, that'll help you get closer to your doctor dreams.

– ANSHIKA GUPTA

–

For NEET Biology, Refer to handbook of biology and Biology@Fingertips by Rahul Chawla.

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Toppers' Interviews

Posted on [July 20, 2012](#) by [Rahul Chawla](#)

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For all the students who have cleared medical entrance exams this year, here is an opportunity to share your experiences of PMT preparation with all the students. Unlike those published in some leading magazines, these would be unbiased and original. So go ahead and fill in the details. [click here](#)

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Posted on [April 2, 2012](#) by [Rahul Chawla](#)

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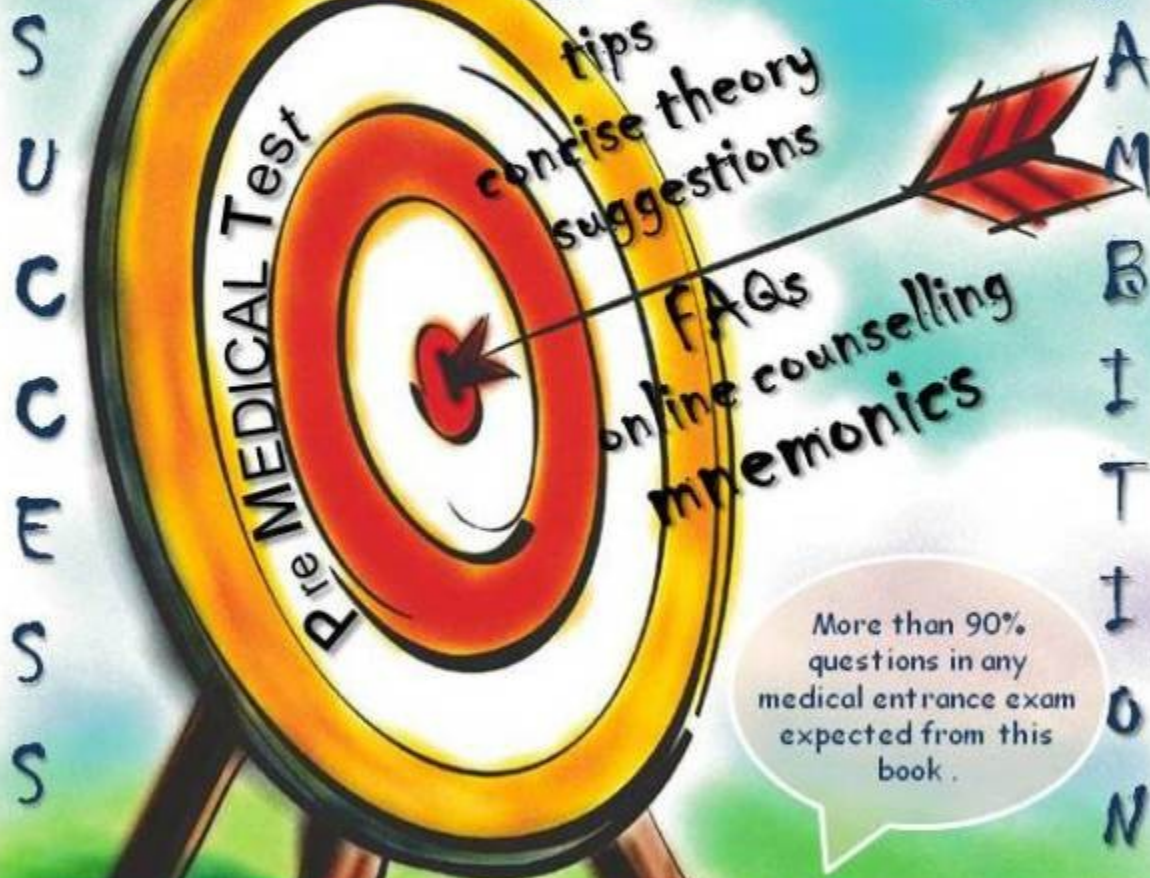
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This book covers every topic in biology that is asked in various PMTs. It serves as a manual for medical entrance examinations giving you an overview of the complete biology syllabus.

This book is based on my notes which I had prepared myself while preparing for PMTs. You need not study from any other material of any coaching institute to supplement this book. I expect at least 90-95% questions in biology in the PMTs from this book.

I have written this book with a view to prevent students from being misguided by surplus, irrelevant information provided by books currently available in the market or by various PMT coaching institutions.

– **RAHUL CHAWLA (ALL INDIA TOPPER OF BHU-PMT 2008)**

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7. Also covers additional topics asked in different state-level examinations.
8. At least 90-95% questions in biology in PMTs are expected from this book.
9. Even a below average student can crack the exam after reading this book.
10. This book also covers additional topics asked in different state-level examinations.
11. Questions from the current editions of NCERT biology are asked in various exams including AIIMS, AIPMT, DPMT; while AMU and DPMT draw questions even from very old editions of NCERT biology; keeping this in mind, I have compiled chapter-wise points from three editions of NCERT biology (1999, 2006, 2008).
12. At least 90-95% questions in biology in the PMTs are expected to come from this book.

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AIPMT 2012 PREPARATION TIPS: WHAT TO DO IN THE LAST 3 DAYS TO CLEAR THE EXAM

Posted on [March 29, 2012](#) by [Rahul Chawla](#)

9 Votes

**THIS ARTICLE IS FOR ALL THE STUDENTS WHO ARE GOING TO GIVE
AIPMT 2012 EXAM THIS YEAR**

Tips For Last Minute Revision

Don't read the whole book while revising, but only marked and highlighted points.

Just read both my books **handbook of biology + Biology @ Your fingertips along with NCERTs**..they have a lot of mnemonics and contain only the most important examples which come in exam. No extra unnecessary details.

You can even skip NCERT if you are reading **Biology @ Your fingertips as it contains most of the imp. points from NCERT which can be asked in the exam**

For physics, learn all the formulas and see solved examples given in any reference book.

important topics – Modern physics and thermo in physics, all formulae in Physics and Physical chemistry, periodic table trends in inorganic and important name reactions, conversions in organic (from pradeep appendix) .

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1. Time Management During Exam

– It is a general rule that before sitting for any exam, you should know the previous years' cut-off of that particular exam.. For AIPMT the cutoff is around 50%..

1. Biology: There is no hurry..The questions are very simple and there would be ample of time to do them..So, don't make foolish mistakes in a hurry..Read the questions carefully.

In Physics and Chemistry, attempt the paper in two rounds. Attempt that subject first in which you are strong.

2. In chemistry, do inorganic and organic first; solve only the simple questions in physical chemistry. Those questions that are confusing or involve rigorous calculations can be left for the 2nd round.

3. In physics, If you are well- versed with all formulae and thorough with all your concepts, then physics is the subject where you can score in almost 50 out of 50 questions easily, if tried properly

after using formulae & concepts correctly. Modern & nuclear physics and all other theoretical areas should be given priority over questions of mechanics requiring calculations.

Tips For Reducing Mistakes in the Exams

- Avoid marking the wrong option in the OMR sheet due to carelessness. Be very careful so as to mark the same option in the OMR answer sheet that you have selected in the question paper.
- Read the questions very carefully with special emphasis on what is asked. Read each option carefully, rule out others and then select the answer.
- For physics numericals, substitute the answer back in the formula to be sure that your answer is correct. This prevents calculation errors.
- There is negative marking..so avoid making unnecessary guesses.

for more last minute tips, read my book Handbook of Biology

Do get *Biology @ Your fingertips..around 80-90% questions in AIPMT expected to come from this book*

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LIST OF BOOKSTORES ACROSS INDIA WHERE BIOLOGY @ YOUR FINGERTIPS AND HANDBOOK OF BIOLOGY ARE AVAILABLE

Posted on [March 4, 2012](#) by [Rahul Chawla](#)

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LIST OF BOOKSTORES

Biology at Your Fingertips has been released. It's available at Galgotia's stall in New Delhi World Book Fair. To buy at dial-a-book, call 9650-457-457 (Price Rs. 360) to order.

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HANDBOOK OF BIOLOGY BY RAHUL CHAWLA

This book can be considered as a last ditch stand for all the students preparing for PMTs, who cannot afford to give themselves a second chance and another year of tiring studies. This 128 page-hand cum pocket book gives you an overview of the complete biology syllabus so it is easier for the students to revise at the last moment. The book would be extremely helpful in last minute revision.

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The Hindu publishes article on Hand Book of Biology and PMT Gurumantra

Posted on [August 17, 2011](#) by [Rahul Chawla](#)

3 Votes

The Hindu 16th August, Page no. 2

‘This book is based on the notes I made while preparing for the entrance test’

To help students trying to crack the pre-medical entrance examination, Rahul Chawla, a medical student at Vardhman Mahavir Medical College here, has written a book titled “Handbook of Biology”.

“This book is based on the notes I made while preparing for my pre-medical entrance test. It is an easy, practical and simple to use book for students. My next book, ‘Biology@Your Fingertips’, will also be released soon,” he says.

Rahul along with his friends has also designed a website,<http://www.pmtgurumantra.com>, to guide students preparing for the pre-medical entrance examinations to clear their doubts and to provide them all necessary information, examination details and previous papers at the click of a button.

“This is a first of its kind initiative taken by the students for those preparing to crack the examination. The vision behind the venture is to prevent pre-medical test aspirants from being misguided by coaching institutes and to provide authentic guidance since the group behind the endeavour had faced and cracked these pre-medical tests,” he adds.

“Also we have had first-hand experience about the needs and problems faced by students preparing for the medical entrance examination. This effort we hope will help the students concentrate on topics that are important and also help them get an idea of what to expect in a medical entrance examination. There are several coaching institutions and individuals helping students prepare for these tests but our UPS is the fact that we have actually gone through the entire process,” says Rahul. He adds that books cover only the biology section of the entrance test and that he has not dealt with the chemistry, physics or mathematics segments.

to view the news on Hindu’s website [click here](#)

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STRATEGY FOR AIPMT/ NEET 2012

Posted on [July 18, 2011](#) by [Rahul Chawla](#)

42 Votes

The article for all the students who have taken a year drop to try their luck once more to get selected in medical entrance examinations or those who are depressed and disheartened on not being able to pursue their dream of becoming a doctor this time and confused whether to risk a year for fulfilling their dream or to join a regular degree programme .

Tips and Suggestions

1. **Identify your mistakes** which you committed last year..What was the reason behind you being not selected in the exam. Whether you did not study or you did not study from the point of view of a competitive exam or you did not know what to study or you did not solve the previous years papers.
2. **Learn from your mistakes**. Making mistakes is not a major issue but repeating them will always prevent you from success. This rule applies everywhere in life. So rectify them and don't repeat this time.

3. Don't lose hope..have faith in your self and prepare yourself for one year of hardwork and 100% devotion.

4. If you really want to be a doctor, develop qualities that are the trademark of a doctor-**hard work, determination, consistency and patience**. There is no alternative to hard work, not even smart study as the latter too requires a lot of hard work.

5. **Smart study** – It is very important to note that you are not doing a PhD but are preparing for the medical entrances examination. You just have to study what ever is asked in the examination after all whatever you will be studying has no use in the profession you are opting for. It is a habit prevalent among many students to study from a high level book and flaunting the same in front of their friends and teachers to gain popularity in the class. First, it is of no use and second, it leads to wastage of time and may also hamper your success in the exam.

To make you understand this fact, I am citing an e.g. before you. I have included the same in my book **Biology @ Your fingertips**

Q. It would be my third attempt for pre-medical tests. I have been preparing for medical entrances since I was in class 11th. I have even studied H.C. Verma, Resnik-Halliday for physics, Neil Campbell for Biology and Deb Mukherjee for chemistry, but still I am unable to get through medical entrances. What more do I need to study?

Ans. First, you need to bust this myth that the syllabus of PMTs demands solving questions from very high-level books that are mostly read by the engineering aspirants. The level of questions in physics and chemistry is very low as compared to those asked in IIT-JEE. In PMTs, questions are simple and formula based but time is less and also the cut-off goes very high. So the examination paper demands you to be thorough with your concepts and the formulae should be on your finger tips. Solving from ultra-advanced and high level books is sheer wastage of time.

However, some questions from physics and chemistry which have earlier been asked in IIT JEE are repeated in PMTs especially BHU (Pre and Mains) and such questions can be found in any standard Physics objective book.

Also it is usually seen that some students are not able to clear the exam even after taking many attempts and studying rigorously while some crack PMT in their first attempt and that too without much effort.

The reason is very clear. While the former lack guidance and by hit and trial method, they study from whichever book they come to know of, the latter restrict themselves to few but authentic books and with proper guidance and smart & selective study, they come out with flying colours without unnecessary effort.

6. Is it necessary to join a coaching institute for preparation?

It depends upon your way of studying and whether your basic concepts are clear or not. If your concepts are clear and you are smart enough to understand by reading from books directly, then go ahead, study by yourself. After all coaching teachers are no wizards. They cannot wave a moron into a

genius! They are only there to teach you, to help clear your concepts; if you can grasp the topic yourself then it's sufficient.

However if you are one of those who cannot grasp the concept by directly reading from the book, and are dependent upon teachers, then you can join any coaching institute and attend the classes regularly. Don't hesitate to ask questions and clear your doubts with the teachers. But please never blindly follow what all they say, the teachers (mostly; however exceptions are there) can teach you but they cannot guide you on how to excel in exam.

But still, I would suggest that it is better to join some local coaching to help you clear your doubts and provide you with basic concepts of the subjects. A little guidance is very essential to prevent you from unnecessarily wasting time reading unimportant facts.

7. Evaluate yourself regularly by taking mock test papers (with strict examination like conditions)

Is there any need to join any test- series program for this purpose?

If you have enrolled for a classroom contact program, then you should regularly take the topic- wise tests conducted by the institute. But if you have not joined any institute but are preparing by yourself then it would be better if you **buy a set of previous year's question papers of exams than joining any of the costly test series**. As it is, these test – series include unnecessary questions in the tests with the sole purpose of attracting more and more students.

Take previous years' questions and solve a particular paper whose cut-off you know. Keep seated for the entire time limit and simulate the entire environment of the examination hall. (for time management skills, refer to my post [Strategy for MP PMT 2011](#))

After completing, match your answers and calculate your total percentage. Match it with the cut-off. No test series can give you a better assessment of your ability. Also, while you are analyzing, mention the mistakes and silly errors that you have made in each subject. Solve a paper at least every 2-3 months during your preparation period. Make a note book so that you can have a look at your own analysis. It would save thousands of money spent on futile test series, and I assure you that you would definitely benefit from this.

7. Solve more and more Previous Years papers – You can solve the previous years papers in a way as I have discussed before . Alternatively, to be quick, you can just solve a question and confirm your answer by looking at the answers. If your answer is wrong, go to the solution and look where you went wrong. Don't forget to mark that question for future reference. While solving biology paper , learn correct answer, mark it and also jot down few extra points, mnemonics, other related facts/terms that come to your mind at that time after reading that question so that the next time you come across that same question, you can also glance across the other points you noted down yourself. This ensures easy and fast revision and the probability of missing out on topics while revising is also

greatly reduced. In this way, you can use your previous solved paper book for revision just before exam. I had too followed the same approach.

8. Which Books to refer?

There are many books available in the market but none of them tell you exactly what to study and what to not. None of them tells you which topic is important but in my both books handbook of biology and biology @ your fingertips, I have included only the relevant and important and frequently asked points with an assurance of over 80 – 90% questions in biology from the same book.

Prescribed textbook combination

Biology – any textbook (Trueman) /notes of your coaching institute + NCERT + both of my books (Handbook and Biology @ your fingertips) + Dinesh objective

Till now I have written just two books and I am also working on the text book and an objective book for biology. But this would take time. So, you should buy above books. I also referred to the same books.

Note : this is the ideal combination, which I have prescribed, so if at any stage you are running out of time, you can only rely on my books along with NCERT

Physics – comprehensive / teacher's notes + A.K Aggarwal objective book or any other book which your teacher has specified.

Chemistry – Pradeep textbook and P.Bahadur for objective + NCERT

P.S. – If you have studied any other book instead of what I have mentioned then go ahead with it, no need to waste time studying from a new book.

9. Develop a feeling of healthy competition with your friends. Don't be jealous of them if they know more or don't become complacent if they don't fare well. Remember, you are not just competing against them but lakhs of other students. Instead of wasting time in gossip, discuss mnemonics, important facts, numericals with friends; it will make memorizing easier and you will also come to learn a lot more new things from them.

10. For more tips and suggestions, keep visiting the site. The site is still under construction and still there are many more things to be added.

11. Start studying again. Your target should be to complete the entire syllabus by December and start revising in January or alternatively, you should also revise the syllabus side by side in case you have joined a coaching institute as they usually finish the syllabus by February.

12. Also, keep checking your progress monthly by solving mock test papers as I have mentioned before.

These are a few points which you need to remember before starting preparation for AIPMT and other medical entrance examinations which you are going to appear in next year. If you have any query, feel free to ask. Wishing all the PMT aspirants all the best!

Refer to my book **handbook of biology** .It helps you in last minute revision and contains all the important and frequently asked points with 100% strike rate in any medical entrance exam. the book is available in the market. It also contains last minute revision strategy, suggestions and tips for time management in exam.. The book has 126 pages and its MR prize is Rs.100 . .you can buy the book and also tell your frns about it..in case it is not available in your city, ask the book seller to order it from Galgotia Publications and their phn no. is 0120-4235977 , 09718732278 , 0120-4204800 [now you can buy handbook of biology online at flipkart.com. click here to buy the book you can order the book online and pay at the time of delivery.](#)

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Strategy to follow for the AIPMT for the last one month.

Posted on [June 24, 2015](#) by [Rishav Raj Chaudhary](#)

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Good basics – Not all questions are difficult. Most of the questions only appear difficult because you busy were learning the tough chapters and left out the basics.

Practice tests – The more you practice the more confident you are. Helps improve your speed and approach towards questions. There are always a few favourite and repeated questions. Practice tests will help you find them and answer them in less than a second.

Prepare wisely – Know which chapters have more weightage and concentrate more on those chapters. You **CANNOT** make mistakes in those few chapters.

Time – Time is the villain. No matter how hard you study and how good your basics are, if you can't manage your time, everything's going down the gutter. Do not waste time on questions you don't know. And mock tests help in learning how to manage time.

Read the question properly – In the process of managing time we tend to misread the questions. So read the question properly

Scores – Every time you take a test, check your score. Check where you stand and always aim high. If you want to end up in top college, you can't be happy with your score if it is not very very good.

Having said that, do not get disheartened if you don't score well.

There is always a next test and a scope to improve.

Health – Last but not the least. You can't become a good doctor if you are not in good health yourself. So take care of yourself. Nothing is more important than your health.
All the very best !!

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Hi guys, Congratulations to all the people who have been selected in AIPMT this year. I would like to request all the people who have been following my blog to step up and take the legacy of guiding PMT aspirants forwards...after all it's Guru-Shishya parampara redefined! To be a mentor on PMT Gurumantra, send me your rank letter/college ID card and other relevant details to my mail id: rahulchawla001@gmail.com I'll send you an invite. Accept it and start blogging!
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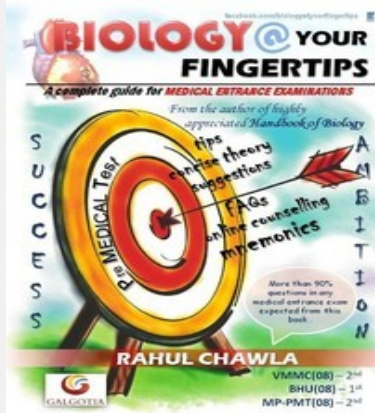
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This website has been designed by the medical students of Vardhman Mahavir Medical College to provide the PMT aspirants with the right guidance for medical entrance examinations and provides previous papers, examination notifications, admission counselling and online doubt clearance. This website gives an opportunity to the PMT aspirants to interact with the medical students who had been the toppers of various national and State level Medical Entrance Examinations. Through this website, we, the medical students, would like to share our success mantra, study material and mnemonics with the students and also help them clear their doubts.

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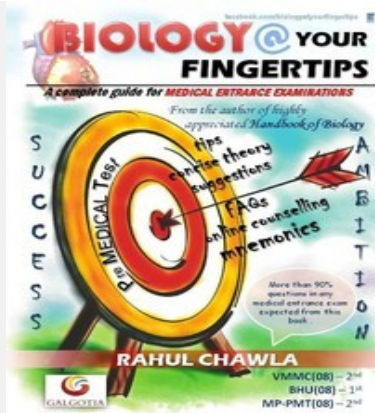


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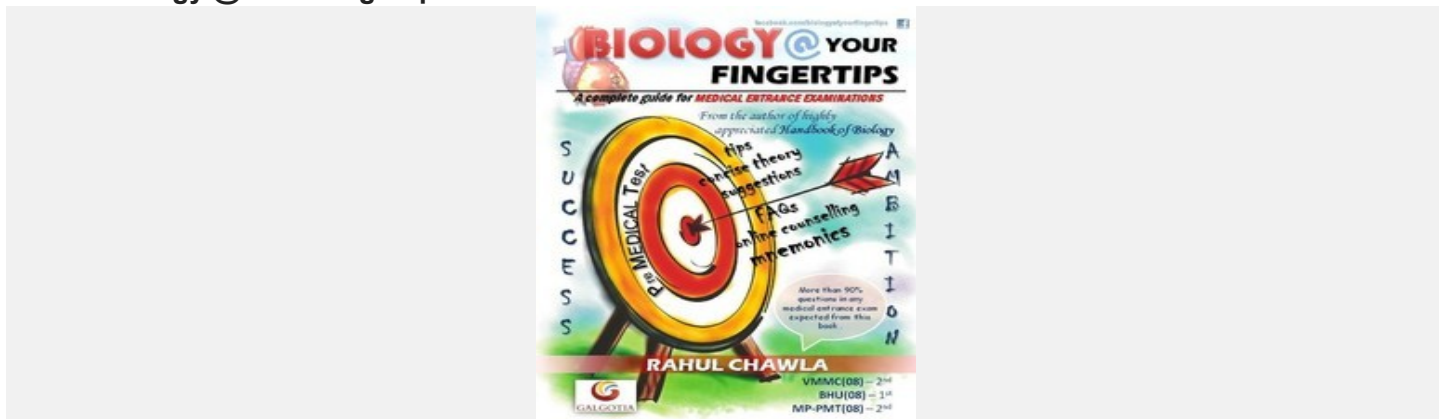
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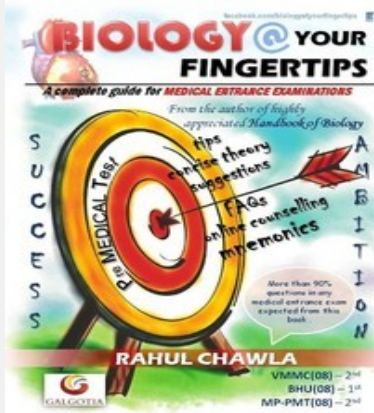
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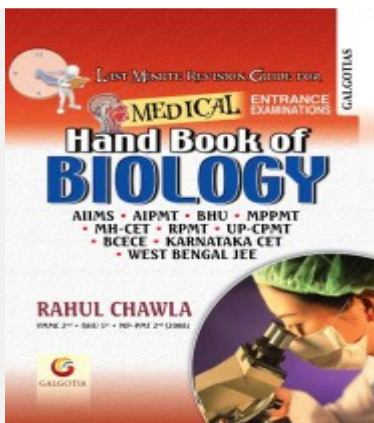


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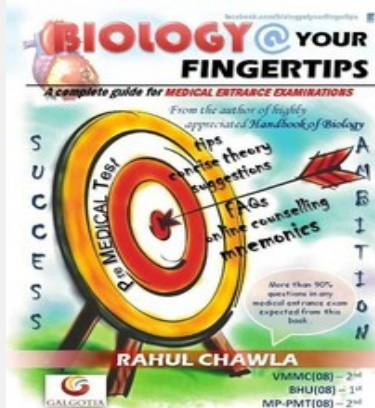
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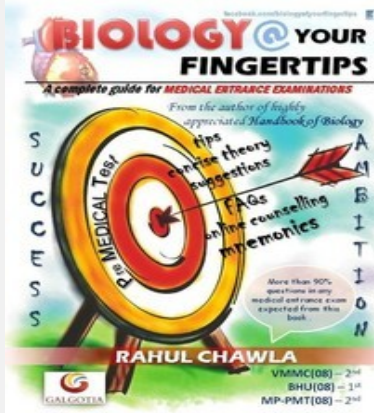
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