

## PPN England National Conference Psychological Professions Week

### Programme

**To register and view the live stream:  
<https://fsmevents.com/ppn/>**

*There will be a morning and afternoon session taking place each day. Morning sessions will feature a keynote speaker and panel discussion linked to aspects of the PPN vision, and afternoon sessions will showcase work from each of the regional PPNs.*

### Monday 16<sup>th</sup> November 2020

Time	Session
10:00 – 11:30	<p><b>A VISION FOR THE PSYCHOLOGICAL PROFESSIONS IN ENGLAND</b>  <i>See the first ever vision for the psychological professions in England unveiled, and consider how we can all use this vision to make a difference to people.</i></p> <p><u>Chair</u>            Gita Bhutani, <i>Co-Chair of the Psychological Professions Network England</i></p> <p><u>Introductory Remarks</u>            Jo Lenaghan, <i>Director of Strategy, Health Education England</i></p> <p><u>Presenting Team</u>            Adrian Whittington, <i>National Lead for Psychological Professions, NHSE/I and HEE</i>            Alice Plummer, <i>Clinical Programme Manager, Psychological Professions Network South East</i>            Helen Leigh-Phippard, <i>Expert by Experience, PPN South East</i></p>
13:00 – 13:20	<p><b>NORTH WEST SHOWCASE</b></p> <p><b>SHORT PAPER 1 – ‘Workforce Development in the Psychological Professions using a Community of Practice Approach. The Evolution of the Psychological Professions Network in the North West of England’</b>  <i>Hear how a community of practice approach promotes innovation across health and care settings and how the PPN provides a unique opportunity to bring the psychological professions to the heart of workforce development and service transformation.</i></p> <p>Clare Baguley, <i>Psychological Professions Network Programme Manager &amp; Clinical Workforce Advisor, Health Education England</i></p>

<p><b>13:30 – 14:20</b></p>	<p><b>WORKSHOP 1: ‘Responding to Large Scale Psychological Trauma &amp; Building Community Resilience: The Greater Manchester Resilience Hub’</b>  <i>Learn about the ground-breaking work of the Greater Manchester Resilience Hub; established following the 2017 Manchester Arena Attack, the resilience hub now provides the model for the national Covid Resilience Hub initiative.</i></p> <p>Prof Alan Barrett, <i>Consultant Clinical Psychologist &amp; Strategic Clinical Lead (Adults), Consultant Clinical Psychologist, Greater Manchester Resilience Hub</i>              Jenni Willbourn, <i>Children &amp; Young People Clinical Team Lead, Greater Manchester Resilience Hub</i>              Dr Ruth Watson, <i>Consultant Clinical Psychologist, Deputy Clinical Lead (OA), Greater Manchester Resilience Hub</i></p>
<p><b>14:30 – 14:50</b></p>	<p><b>SHORT PAPER 2: ‘Starting the Conversation about creating safe spaces for looking after those who look after others’</b>  <i>Join this kickstart conversation to explore the support needs of the psychological professions and identify what needs to be done to proactively promote the wellbeing workforce within the context of the Covid-19 pandemic.</i></p> <p>Dr Paul Wallis, <i>Director of Psychological Services for CAMHS - Central Manchester Foundation Trust. Central Manchester &amp; Manchester Children’s Foundation Trust</i>              Dr Claire Maguire, <i>Clinical &amp; Professional Lead, Psychological Therapies, Pennine Care NHS Foundation Trust</i></p>
<p><b>15:00 – 15:50</b></p>	<p><b>WORKSHOP 2: New ways of working in psychological therapies: An evaluation of the acceptability of remote therapy for clients and therapists</b>  <i>Hear what clients and psychological therapists think about receiving and delivering psychological therapies remotely and explore what the evidence tells us about the opportunities and challenges for implementing new ways of remote working.</i></p> <p>Dr Dale Huey, <i>Consultant Clinical Psychologist, Associate Director Psychological Services, Strategic Lead Primary Care Psychological Therapy Division, Greater Manchester Mental Health NHS Foundation Trust</i>              Paul Smithson, <i>Operational Manager, Manchester Psychological Therapy Service: South; Greater Manchester Mental Health NHS Foundation Trust</i></p>

**Tuesday 17<sup>th</sup> November 2020**

Time	Session
<p><b>11:00 – 12:30</b></p>	<p><b>WHAT DO PEOPLE WANT FROM THE NHS DURING THE NEXT TEN YEARS AND HOW THE PSYCHOLOGICAL PROFESSIONS CAN HELP</b>  <i>Hear personal stories from experts by experience and the findings of Healthwatch's survey of 40,000 members of the public. What do these tell us about how psychological professionals can help improve the NHS?</i></p> <p><u>Chair</u>            Adrian Whittington, <i>National Lead for Psychological Professions, NHSE/I and HEE</i></p> <p><u>Introductory Remarks</u>            Claire Murdoch, <i>National Director of Mental Health, NHS England</i></p> <p><u>Presenting Team</u>            Laura Lea, <i>National Lead for Expert by Experience Involvement: Psychological Professions</i>            Amy Harris, <i>Expert by Experience</i>            Karin Webb, <i>Expert by Experience</i></p>
<p><b>13:00 – 14:30</b></p>	<p><b>SOUTH EAST SHOWCASE</b></p> <p><b>WORKSHOP 1: Finding a Career in the Psychological Professions</b>  <i>Find out how to navigate towards the career in the psychological professions whatever your background. Hear practical tips and ask the experts in each of the funded NHS professional trainings.</i></p> <p><u>Presenting Team:</u>            Dr Adrian Whittington, <i>National Lead for Psychological Professions, PPN England Co-chair, PPN SE Chair</i>            Dr Alice Plummer, <i>Clinical Programme Manager, PPN SE</i>            Amy Pound, <i>PPN SE, Co-chair Aspiring Psychological Professions Subnetwork</i>            Bradley Powell, <i>PPN SE, Senior Assistant Psychologist</i>            Professor Catherine Gallop, <i>Associate Professor, Director of Post Graduate Taught Programmes in Clinical Psychology, University of Exeter</i>            Dr Daniel Salter, <i>Director of CBT Programmes at Canterbury Christ Church University</i>            Dr Gavin Lockhart, <i>Clinical Lead CYP Mental Health, South East NHS England and Health Education England, Kent, Surrey &amp; Sussex</i>            Helen Leigh-Phippard, <i>PPN SE Expert by Experience</i>            Kate Robertson, <i>Vice Chair, Association of Child Psychotherapists</i>            Dr Mary John, <i>Head of Department of Psychological Interventions, Senior Lecturer and Programme Lead for Clinical Psychology Training, University of Surrey</i>            Professor Paul Farrand, <i>Director of Portfolio: Low Intensity CBT, CEDAR; Psychology, University of Exeter</i>            Rachel Nethercott, <i>National Psychological Professions, Co-chair Aspiring Psychological Professions Subnetwork</i></p>

15:00 – 16:30

**WORKSHOP 2: Maximising the Impact of Psychological Practice in Physical Healthcare**

*Psychological practice could transform physical healthcare. How can we realise this potential? This workshop explores issues emerging from our [discussion paper](#).*

Presenting Team:

Adrian Whittington, *National Lead for Psychological Professions, NHSE/I and HEE*

Clare Daniel, *Lead of the Buckinghamshire Healthcare Trust Psychological Service*

Alice Plummer, *Clinical Programme Manager, Psychological Professions Network South East*

Helen Leigh-Phippard, *PPN SE Expert by Experience*

## Wednesday 18<sup>th</sup> November 2020

Time	Session
10:45 – 12:15	<p><b>HOW PSYCHOLOGICAL PROFESSIONALS CAN CHANGE GENERAL PRACTICE</b>  <i>Hear about two innovative projects offering psychological approaches in primary care and the view from general practice.</i></p> <p><u>Chair</u>            Sarah Dexter-Smith, PPN North East &amp; Yorkshire Chair, Director of Therapies / Lead Coach Tees, Esk &amp; Wear Valley NHS Foundation Trust</p> <p><u>Introductory Remarks</u>            Bob Kirk, Primary Care Dean for NW of England, HEE</p> <p><u>Clinical Psychology in Primary Care</u>            Cathy Byard, Consultant Clinical Psychologist, Tees, Esk &amp; Wear Valley NHS FT</p> <p><u>Psychological Professions Multi-Professional Innovation in Primary care</u>            Miranda Budd, Consultant Clinical Psychologist/ Project Lead, Lancashire &amp; South Cumbria NHS FT</p>
13:00 – 13:45	<p><b>SOUTH WEST SHOWCASE</b>  <i>Hear about the experience of developing new roles and routes to training as Psychological Professionals in response to workforce challenges in the South West.</i></p> <p><b>WORKSHOP 1: An outline of the Southwest region – and its challenges</b></p> <p>Dr Phil Self, Head of Psychology and Psychological Professions, Clinical Director – Central Core Services, Interim Co-Chair – Psychological Professions Network South West, Devon Partnership Trust</p>
13:45 – 14:15	<p><b>WORKSHOP 2: New roles and routes to deliver psychological professions capacity in the SW in the future</b></p> <p>Phil Confue, Chief Executive Officer, Cornwall Partnership NHS Foundation Trust</p>
14:15 – 14:45	<p><b>WORKSHOP 3: CAPS – perspectives on this new role</b></p> <p>Dr Michael Hodgkinson, Consultant Clinical Psychologist, Professional Head and Associate Director of Psychology/Psychological Services, Cornwall Partnership NHS Foundation Trust, Honorary Associate Professor, University of Exeter College of Life and Environmental Sciences</p> <p>Professor Ken Laidlaw, PhD, Professor of Clinical Psychology, DPGR: Director of CEDAR Postgraduate Research &amp; Doctoral Programmes, Programme Director, DCLinPsy Doctorate in Clinical Psychology, Consultant Clinical Psychologist, Cornwall Partnership NHS Foundation Trust</p>
15:00 – 15:30	<p><b>WORKSHOP 4: Increasing diversity in the IAPT workforce in the SW</b></p>

<p><b>15:30 – 16:00</b></p>	<p>Gayle Bridgman, <i>Head of Clinical Programme (Mental Health), Clinical Delivery and Programmes NHS England and NHS Improvement – South West</i></p> <p><b>WORKSHOP 5: Education Mental Health Practitioners (EMHPs) and Children’s Wellbeing Practitioners (CWPs) across the South West: Development, implementation and collaboration.</b></p> <p>Professor Catherine Gallop, <i>Associate Professor, Director of Post Graduate Taught Programmes in Clinical Psychology, University of Exeter</i>          Jonathan Parker, <i>Joint Director of CYP Portfolio and EMHP/CWP Project Lead, CEDAR, Exeter University</i></p>
<p><b>16:00 – 16:30</b></p>	<p><b>PANEL AND POLLS</b></p> <p><i>Where do we go to from here to ensure we can meet the demand for psychological therapies and interventions in the SW</i></p> <p>Professor Ken Laidlaw, <i>PhD, Professor of Clinical Psychology, DPGR: Director of CEDAR Postgraduate Research &amp; Doctoral Programmes, Programme Director, DClinPsy Doctorate in Clinical Psychology, Consultant Clinical Psychologist, Cornwall Partnership NHS Foundation Trust</i></p>

**Thursday 19<sup>th</sup> November 2020**

Time	Session
<p><b>10:00 – 11:30</b></p>	<p><b>PRACTICAL STEPS FOR ANTI-RACISM IN PSYCHOLOGICAL THERAPY SERVICES</b>  <i>What can we do to make our psychological therapy services anti-racist? Consider practical steps forward that we can all make.</i></p> <p><u>Chair:</u>            Dr Sunny Kalsy-Lillico, PPN Midlands Chair, Trust Head of Psychology &amp; Psychological Therapies, Birmingham Community Healthcare NHS Foundation Trust</p> <p><u>Introductory remarks</u>            Jacqui Dyer, MBE, Mental Health Equalities Advisor, Health Education England and NHS England / Improvement            Adrian Whittington, National Lead for Psychological Professions, NHSE/I and HEE</p> <p><u>Presenting Team</u>            Leila Lawton, Cognitive Behavioural Psychotherapist, Talking Therapies Southwark, South London and Maudsley NHS Foundation Trust            Michelle Brooks-Ucheaga, Lecturer in Health and Social Care at the University of Derby &amp; BABCP Accredited Cognitive Behavioural Psychotherapist &amp; Clinical Supervisor            Meera Bahu, HI CBT Course Supervisor, (University of Surrey), Senior CBT therapist South London and Maudsley NHS Foundation Trust, IAPT Service (Lewisham) IAPT Lewisham            Saiqa Naz, Chair, BABCP Equality and Culture Special Interest Group, Co-author IAPT BAME Positive Practice Guide            Javed Rehman, Expert by Experience</p>
<p><b>13:00 – 14:30</b></p>	<p><b>DEVELOPING REGIONS SHOWCASE</b>  <b>WHY EVERY AREA NEEDS A PPN</b>  <i>Hear from PPN England Co-chairs on developing PPNs across England</i></p> <p>Adrian Whittington, National Lead for Psychological Professions            Gita Bhutani, Chair of the Psychological Professions Network North West, National Development Lead Psychological Professions Network</p> <p><b>DEVELOPING A PPN IN MY AREA: HOW WE WORK TOGETHER</b>  <i>Parallel sessions for delegates from the Midland and North East &amp; Yorkshire. If you work in the Midlands or North East &amp; Yorkshire, these sessions are for you. Meet with your new Chair and be part of the development</i></p> <p>PPN Midlands: Dr Sunny Kalsy-Lillico, PPN Midlands Chair, Trust Head of Psychology &amp; Psychological Therapies, Birmingham Community Healthcare NHS Foundation Trust</p> <p>PPN North East &amp; Yorkshire: Sarah Dexter-Smith, PPN North East &amp; Yorkshire Chair, Director of Therapies, Tees, Esk &amp; Wear Valley NHS Foundation Trust</p>

## Friday 20<sup>th</sup> November 2020

Time	Session
<p><b>10:00 – 11:30</b></p>	<p><b>BUILDING HEALTHIER COMMUNITIES</b>  <i>Hear how psychological professions are working across communities and local authorities in supporting public health</i></p> <p><u>Chair:</u>            Dr Phil Self, <i>Interim Co-Chair – Psychological Professions Network South West, Consultant Clinical Psychologist, Head of Psychology and Psychological Professions, Devon Partnership Trust</i></p> <p><u>Introductory Remarks:</u>            Gita Bhutani, <i>Chair of the Psychological Professions Network North West, Co-Chair PPN England</i></p> <p><u>Presenting Team</u>            Prof Jo Hart, <i>Professor of Health Professional Education and Health Psychologist University of Manchester</i>            Dr Atiya Kamal, <i>Senior Lecturer in Health Psychology, Birmingham City University</i></p>
<p><b>13:00 – 14:30</b></p>	<p><b>WHAT NEXT FOR THE PSYCHOLOGICAL PROFESSIONS? SHARING OUR COMMITMENTS</b>  <i>How will we deliver the Psychological Professions Vision? Hear from regional PPN Chairs, psychological professionals, experts by experience and other stakeholders on their commitments, and make your own!</i></p> <p><i>How can we move forward to make the maximum impact for the public at this time? How can we put our vision into action? Reflect on how you can be part of this movement and hear from the Psychological Professions Chairs across England about their commitments.</i></p> <p><u>Panel and Q&amp;A with:</u>            Gita Bhutani, <i>PPN North West Chair, PPN England Co-Chair</i>            Adrian Whittington, <i>PPN South East Chair, PPN England Co-Chair</i>            Phil Self, <i>Interim Co-Chair – PPN South West</i>            Ken Laidlaw, <i>Interim Co-Chair – PPN South West</i>            Sunny Kalsy-Lillico, <i>PPN Midlands Chair</i>            Sarah Deter-Smith, <i>PPN North East &amp; Yorkshire Chair</i></p>