

Practitioner Product Guide





Sustainability is important to Metagenics.
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The Metagenics Difference

Metagenics, literally “beyond genetics,” was established in 1983 by the pioneers of the Functional Medicine movement. Our founders began with a revolutionary idea—our genes do not pre-determine our health potential, and through nutrition, we can impact how our genes express themselves, thereby influencing our health and the quality of life we lead. Today, this concept continues to be validated by leading scientific research. As the foundation of our organization, it is embodied by our tagline: “genetic potential through nutrition.”

Over the last three decades, our dedication to scientific discovery, unparalleled quality, and transparency have positioned us as an industry leader in lifestyle functional nutrition. Today, we are spearheading the movement to make nutritional intervention a first line therapy in the prevention and management of disease, and the promotion of optimal health. We recognize healthcare providers understand the needs of their patients best, and we offer—through high

quality, scientifically supported products and education—solutions that deliver improved patient outcomes.

The Metagenics Difference is more than our values and our vision—it is also in how we carry out our business practices. We back our products with robust scientific evidence and clinical studies, and we are committed to transparent, clean labels. We use only the purest ingredients and are committed to non-GMO, Gluten Free, and Vegetarian products. We go above and beyond to ensure those with allergies or food sensitivities can be confident in our labels and we frequently test our products to guarantee taste and tolerance is optimal. Finally, we are dedicated to providing only the best and most relevant education for our healthcare providers and delivering easy-to-use tools to support communication with their patients.

With a heritage of breakthrough science, innovative products, unsurpassed quality, education, and practitioner partnerships, it is clear why so many healthcare providers worldwide trust Metagenics over any other professional brand.

Brent Eck, CEO

A stylized, handwritten signature in white ink, consisting of several loops and a long vertical stroke.



Table of Contents

<u>Nutraceuticals</u>					
500-C Methoxyflavone™	4	CoQ10 ST-200™	19	Healthy Transformation™ Protein Shake	34
Acute Phase	4	Coratin®	20	Healthy Transformation™ Vegetable Soup	35
Adrenogen®	4	Cortico-B ₅ B ₆ ®	20	Hemagenics®	35
Adreset®	4	D ₃ 1000™	20	Herbulk®	35
AdvaClear®	5	D ₃ 2000™ Complex	21	HerSynergy®	36
Andrographis Plus®	5	D ₃ 5000™	21	HisSynergy™	36
Arginine Plus™	5	D ₃ Liquid	21	ImmuCore®	36
Attencia®	6	D ₃ 10,000 with K ₂	22	Inflavonoid®	37
Benesom®	6	E Complex-1:1™	22	Inflavonoid Intensive Care®	37
BioPure Protein®	6	E-400 Selenium™	22	Insinase®	37
BioSöm®	7	EC Matrixx®	23	Intesol®	38
Black Cohosh Plus®	7	Echinacea Synergy™	23	Intrinsi B ₁₂ -Folate™	38
Blisphora®	7	Endefen®	23	Kaprex®	38
Cal Apatite® Bone Builder®	9	Endura®	24	Kaprex® AI	39
Cal Apatite® Bone Builder® Active	9	Energenics®	24	L-Carnitine with Chromium	39
Cal Apatite® Bone Builder® Chewable	9	Essential Defense®	24	Licorice Plus®	39
Cal Apatite® Bone Builder® Extra Strength	10	Estrium®	25	Lipo-Gen™	40
Cal Apatite® Bone Builder® Forte	10	Estrium® Whey	25	Lipotain®	40
Cal Apatite® Bone Builder® Prime	10	Estrofactors®	26	Mag Citrate™	40
Cal Apatite® Bone Builder® Vegetarian	11	Estrovera®	27	Mag Glycinate	41
Cal Apatite® Bone Builder® with Boron	11	Exhilarin®	26	Meta I-3-C®	42
Cal Apatite® Bone Builder® with Magnesium	11	EZ Flex®	28	Meta Lipoate® 300	42
CandiBactin-AR®	12	Fem Essentials®	28	MetaFiber®	42
CandiBactin-BR®	12	Fem EstroPlex®	28	MetaGlycemX™	42
Cardiogenics® Intensive Care	12	Fem Premenstrual®	29	MetalloClear®	43
Celapro®	13	Fem Prenatal®	29	MetaRelief™	43
Cenitol®	13	Fenugreek Plus®	30	Meta-Sitosterol™ 2.0	44
Ceralin® Forte	13	Fibroplex®	30	Mg/K Aspartate™	44
Ceriva®	14	FolaPro®	30	MitoVive®	44
Chasteberry Plus®	14	GI Sustain™	31	Multigenics®	45
Cholest® SC	14	GinkgoRose™	31	Multigenics® without Iron	45
Clear Change® Program	15-17	Glucosamine Sulfate	32	Multigenics® Chewable	46
Clear Change® Daily Essentials	18	Glucosamine Sulfate 750™	32	Multigenics® Intensive Care	46
Chromium Picolinate	18	GlutaClear®	32	Multigenics® Intensive Care without Iron	47
Collagenics®	18	Glycogenics®	33	Multi-Min Chelate™	47
Concentrated Ultra Prostagren®	19	Healthy Transformation™ Weight Loss Program	33	Mycoferon®	47
CoQ10 ST-100™	19	Healthy Transformation™ Advanced Nutrition	34	Mycotaki®	48
				MyoCalm®	48
				MyoCalm P.M.®	48
				NanoCell-Q™	48
				Nazanol™	49
				Neurosol®	49
				Niatain®	49
				NuSera®	50
				NutraGems® CoQ10 300	50
				OmegaGenics® DHA 600	50
				OmegaGenics® DHA 900	52
				OmegaGenics® DHA Children's	52
				OmegaGenics® EFA 1000 Combination	52
				OmegaGenics® EPA 500	52
				OmegaGenics® EPA 1200	52
				OmegaGenics® EPA-DHA 300	53
				OmegaGenics® EPA-DHA 300 Algae	53
				OmegaGenics® EPA-DHA 500	53
				OmegaGenics® EPA-DHA 500 EC	53
				OmegaGenics® EPA-DHA 720	54
				OmegaGenics® EPA-DHA 750	54
				OmegaGenics® EPA-DHA 1000	54
				OmegaGenics® EPA-DHA 1200	55
				OmegaGenics® EPA-DHA 2400	55
				OmegaGenics® Evening Primrose Oil	55
				OmegaGenics® GLA 240	55
				OmegaGenics® Mega 10®	55
				OmegaGenics® SPM Active®	56
				OsteoVantiv®	57
				Ostera®	57
				Perimine®	57
				Phytoganix®	57
				PhytoMulti®	58
				PhytoMulti® Capsules	58
				PhytoMulti® with Iron	60
				PhytoMulti® Kids	61
				Pneumo-Carotene™	61
				Probioplex® Intensive Care	61
				Probioplex® Intensive Care Powder	62
				Protrypsin®	62
				Renagen™ DTX	62
				Selestro®	63
				Serenagen®	63
				SeroSyn™	63
				Silymarin 80™	64
				Sinuplex®	64
				SpectraSoy®	64
				SpectraZyme® Complete	64
				SpectraZyme® Gluten Digest	65
				SpectraZyme® Metagest®	65
				SpectraZyme® Pan 9x	65
				SpectraZyme® Pan 9x ES	66
				St. John's Wort with Folate and B ₁₂	66
				SulforaClear™	66
				SuperGarlic 6000®	66
				Testralin®	67
				Thyrosol®	67
				Trancor®	68
				Tran-Q®	68
				Ultra Calm®	68
				Ultra CLA®	69
				Ultra Energy Bar	69
				Ultra Potent-C® 500	69
				Ultra Potent-C® 1000	70
				Ultra Potent-C® Chewable	70
				Ultra Potent-C® Powder	71
				Ultra Protein Bar	71
				UltraBalance® Protein	71
				UltraCare for Kids®	72
				UltraClear®	72
				UltraClear® Plus	73
				UltraClear® Plus pH	74
				UltraClear® RENEW	74
				UltraFlora® Acute Care	76
				UltraFlora® Baby	76
				UltraFlora® Balance	78
				UltraFlora® Children's	78
				UltraFlora® IB	78
				UltraFlora® Immune Booster	79
				UltraFlora® Intensive Care	79
				UltraFlora® Restore	79
				UltraFlora® Spectrum	80
				UltraFlora® Synergy	80
				UltraFlora® Women's	81
				UltraMeal®	81
				UltraMeal® Daily Support	82
				UltraMeal® Rice	82
				UltraMeal® Whey	83
				Vasotensin®	83
				VenaPlex®	84
				Vessel Care®	84
				Wellness Essentials®	84
				Wellness Essentials® Active	85
				Wellness Essentials® Healthy Balance	86
				Wellness Essentials® Men's Vitality	87
				Wellness Essentials® Pregnancy	88
				Wellness Essentials® Women	89
				Wellness Essentials® Women's Prime	90
				Zinc A.G.™	91
				Zinc Drink™	91
				Zinc Tally™	91
				Zinlori 75®	91
				<u>Medical Foods</u>	
				Ultra Glucose Control® Medical Food	92
				UltraGI Replenish™ Medical Food	93
				UltraInflamX® Medical Food	94
				UltraInflamX® Plus 360° Medical Food	95
				UltraMeal® Advanced Protein Medical Food	96
				UltraMeal® Cardio 360°™ Medical Food	97, 98
				<u>Product Indices</u>	
				Product Quality Index	100-101
				Product Health Category Index	102-103
				Product Ingredient Index	104-112

500-C Methoxyflavone™ Citrus Bioflavonoid Complex



500-C Methoxyflavone is a synergistic formula that features a specialized complex of bioflavonoids combined with vitamin C.*

Patient benefits:

- Provides potent antioxidant protection and supports healthy immune system function*
- Supports healthy collagen production, the main component of connective tissue*

Form: 270 Tablets

Serving size: 1 Tablet

Vitamin C (as ascorbic acid)	500 mg
Citrus Bioflavonoid Complex [standardized to 45% (225 mg) bioflavonoids: hesperidin and other naturally occurring phenolic compounds]	500 mg

Other Ingredients: Cellulose, silica, stearic acid (vegetable), croscarmellose sodium, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Keep out of the reach of children.

Acute Phase Relief for Minor Pain*



Acute Phase is designed to provide highly targeted nutritional support for patients who may benefit from muscle tissue support and minor pain relief. Featuring premium-grade proteolytic enzymes, targeted herbal extracts, and essential minerals, Acute Phase is the ideal nutritional component for the first 3 days of a healthcare practitioner-supervised acute care program.*

Patient benefits:

- Combines 3 recommended formulas—Protrypsin®, MyoCalm®, and Inflammation Intensive Care®—to provide comprehensive nutritional support during the first 72 hours of acute care*
- Portable dose-ready packets for better convenience and compliance*

Form: 9 Packets

Each Packet Contains: 2 tablets Inflammation Intensive Care (yellow-orange), 4 tablets Protrypsin (ivory), and 2 tablets MyoCalm (greenish grey).

Serving size: 1 Packet

Vitamin C (as ascorbic acid)	200 mg
Calcium (as calcium lactate)	50 mg
Magnesium (as magnesium citrate)	100 mg
Boswellia (<i>Boswellia serrata</i>) Gum Extract [standardized to 66.5% (274.5 mg) organic acids]	413 mg
Turmeric (<i>Curcuma longa</i>) Rhizome Extract [standardized to 95% (285 mg) curcuminoids]	300 mg
Ginger (<i>Zingiber officinale</i>) Rhizome Extract [standardized to 5% (10 mg) gingerols]	200 mg
Cayenne Pepper (<i>Capsicum annuum</i>) Fruit	50 mg
Lemon Bioflavonoid Complex [standardized to 50% (100 mg) full spectrum bioflavonoids]	200 mg
Quercetin	100 mg
Chymotrypsin	not less than 12,000 USP Units
Trypsin	not less than 12,000 USP Units
Raw Pancreas (porcine) Concentrate	200 mg
Bromelain (2,400 GDU/g)	267 mg
Passionflower (<i>Passiflora incarnata</i>) Flower 5.5:1 Extract	40 mg
Valerian (<i>Valeriana officinalis</i>) Root Extract	20 mg

Other Ingredients for Inflammation Intensive Care: Microcrystalline cellulose, cellulose, stearic acid (vegetable), calcium silicate, silica, croscarmellose sodium, sodium starch glycolate, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Other Ingredients for Protrypsin: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and enteric coating (ethyl cellulose, ammonium hydroxide, hydroxypropylmethylcellulose, hydroxypropylcellulose, medium chain triglycerides, sodium alginate, oleic acid, and stearic acid). **Contains: Milk.**

Other Ingredients for MyoCalm: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take daily between meals as directed by your healthcare practitioner.

Products included are non-GMO and gluten free.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Do not use if there is a prior or current history of peptic or duodenal ulcer. Use with caution when driving or operating machinery; may cause drowsiness. Keep out of the reach of children.

Adrenogen® Nutritional Support for Adrenal Function*



Adrenogen provides nutritional support for healthy adrenal function.*

Patient benefits:

- Delivers a select blend of B vitamins involved in adrenal hormone production*
- Features a freeze-dried adrenal concentrate so natural constituents remain intact

Form: 90 Tablets, 270 Tablets

Serving size: 1 Tablet

Riboflavin	10 mg
Vitamin B ₆ (as pyridoxine HCl)	25 mg
Pantothenic Acid (as D-calcium pantothenate)	50 mg
Raw Adrenal Concentrate (bovine)	80 mg
para-Aminobenzoic Acid (PABA)	25 mg

Other Ingredients: Microcrystalline cellulose, cellulose, calcium silicate, croscarmellose sodium, stearic acid (vegetable), silica, and magnesium stearate (vegetable).

Directions: Take one tablet three times daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Keep out of the reach of children.

Adreset® Relief for Stress-Related Fatigue*



Adreset is designed to build resilience and enhance stamina in individuals who are feeling weak and fatigued due to stress.*

Patient benefits:

- Helps address feelings of physical fatigue associated with prolonged stress*
- Features herbs that support an adaptive response to stress through their influence on the HPA axis*
- Features concentrated adaptogens, including ginseng root, cordyceps, and rhodiola extracts, used to address multiple body systems involved in the stress response*

Form: 60 Capsules, 180 Capsules

Serving size: 2 Capsules*

Cordyceps Mycelium (<i>Paecilomyces hepiali</i> Chen ^{††}) Extract [standardized to 4% (32 mg) cordycepic acid and 0.25% (2 mg) adenosine]	800 mg
Asian Ginseng (<i>Panax ginseng</i>) Root Extract [standardized to 8% (32 mg) ginsenosides]	400 mg
Rhodiola (<i>Rhodiola rosea</i> L.) Root Extract [standardized to 1% (1 mg) salidroside and 3% (3 mg) rosavins]	100 mg

Other Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, silica, and magnesium stearate (vegetable).

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: Consult your healthcare practitioner before use. If taking heart medications or have a chronic health condition, please inform your healthcare practitioner.

[†]Capsules are composed of plant-derived ingredients.
^{††}An asexual derivation of *Cordyceps sinensis* reported by the Institute of Microbiology, the Chinese Academy Sciences, Beijing, PRC.

AdvaClear® Daily Support for Detoxification*



AdvaClear provides daily support for balanced activity of the Phase I and Phase II detoxification pathways.*

Patient benefits:

- Promotes overall well-being by supporting balanced hepatic detoxification*
- Features enhanced bifunctional detoxification support with key phytonutrients, methylated vitamin B₁₂, and calcium L-5-methyltetrahydrofolate, a bioavailable folate*
- Provides antioxidant protection against reactive oxygen intermediates produced during the detoxification process*

Form: 42 Capsules, 126 Capsules

Serving size: 2 Capsules†

Vitamin A [67% (1667 IU) as beta-carotene ^{††} and 33% (834 IU) as retinyl palmitate]	2500 IU
Vitamin C (as ascorbic acid)	133 mg
Vitamin D (as cholecalciferol)	33 IU
Vitamin E (as d-alpha tocopheryl succinate)	67 IU
Thiamin (as thiamin mononitrate)	10 mg
Riboflavin	5 mg
Niacin (as niacinamide and niacin)	23 mg
Vitamin B ₆ (as pyridoxine HCl)	17 mg
Folate (as calcium L-5-methyltetrahydrofolate ^{†††})	268 mcg
Vitamin B ₁₂ (as methylcobalamin)	33 mcg
Biotin	66 mcg
Pantothenic Acid (as d-calcium pantothenate)	33 mg

Zinc (as zinc citrate)	6.5 mg
Selenium (as selenomethionine)	50 mcg
Copper (as copper citrate)	0.65 mg
Manganese (as manganese citrate)	1.65 mg
Molybdenum (as molybdenum aspartate)	66 mcg
Silymarin (from milk thistle seed extract, <i>Silybum marianum</i>)	50 mg
Decaffeinated [‡] Green Tea (<i>Camellia sinensis</i>) Leaf Extract [standardized to 60% (33.6 mg) catechins and 40% (22.4 mg) epigallocatechingallate (EGCG)]	56 mg
Artichoke (<i>Cynara scolymus</i>) Leaf Extract (containing cynarin and chlorogenic acid)	167 mg
Watercress (<i>Nasturtium officinale</i>) Aerial Parts 4:1 Extract	133 mg
Ellagic Acid (from pomegranate whole fruit extract, <i>Punica granatum</i>)	33 mg
N-Acetyl-L-Cysteine	67 mg
Sodium Sulfate	100 mg
Taurine	117 mg

Other Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, magnesium stearate (vegetable), and silica.

Directions: Take two capsules once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day.

Caution: If pregnant or nursing, taking other nutritional supplements, or taking medications, consult your healthcare practitioner before use.

[†]Capsules are composed of plant-derived ingredients.

^{††}Betadene[®] mixed carotenoids.

^{†††}As Metafolin[®] U.S. Patent Nos. 5,997,915; 6,254,904.

[‡]Contains no more than 4% caffeine.

Andrographis Plus® Herbal Immune Support*



Andrographis Plus is a concentrated blend of Ayurvedic and Chinese herbs designed to enhance immune health and support healthy respiratory function.*

Patient benefits:

- Features *Andrographis paniculata*, an herb traditionally used in Ayurvedic formulas for supporting upper respiratory, liver, and immune system health*
- Delivers (*Emblia officinalis*), a vitamin C-rich fruit, which supplies antioxidant and revitalizing properties*
- Includes a specialized preparation of herbs, including mulberry leaf and apricot seed extracts, traditionally used in Chinese medicine to support lung health*

Form: 30 Tablets, 90 Tablets

Serving size: 1 Tablet

Andrographis (<i>Andrographis paniculata</i>) Leaf Extract [standardized to 5% (10 mg) andrographolides]	200 mg
Amla (<i>Emblia officinalis</i>) Fruit 3:1 Extract (containing tannins)	200 mg
A 5:1 [†] Proprietary Herbal Extract Blend of: Glehnia (<i>Glehnia littoralis</i>) Root, Apricot (<i>Prunus armeniaca</i>) Seed, White Mulberry (<i>Morus alba</i>) Leaf, Gardenia (<i>Gardenia jasminoides</i>) Fruit, Soybean (<i>Glycine max</i>), Zhejiang Fritillary (<i>Fritillaria thunbergii</i>) Bulb, Pear (<i>Pyrus pyrifolia</i>) Fruit	200 mg

Ingredients: Microcrystalline cellulose, andrographis leaf extract, amla fruit extract, glehnia root extract, apricot seed extract, white mulberry leaf extract, gardenia fruit extract, soybean (soy), zhejiang fritillary bulb extract, pear fruit extract, cellulose, croscarmellose sodium, calcium silicate, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose). **Contains: Soy.**

Directions: Take as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: Consult your healthcare practitioner before use. If taking heart medications or have a chronic health condition, please inform your healthcare practitioner.

[†]Equivalent to 1000 mg raw, dried, unprocessed herbs.

Arginine Plus™ Support for Healthy Cardiovascular Function*



Arginine Plus delivers high quality L-arginine with calcium L-5-methyltetrahydrofolate—a body-ready form of folate—to support healthy blood flow, homocysteine metabolism, and overall cardiovascular health. The addition of L-5-methyltetrahydrofolate helps to ensure improved folate nutrition, even in those with genetic variations in folate metabolism.*

Patient benefits:

L-arginine promotes positive health benefits including:

- Features enhanced levels of L-arginine to allow for minimal tablet consumption, thereby promoting better patient compliance*
- In the body, the amino acid arginine supports the production of nitric oxide (NO). Nitric oxide supports healthy blood vessels and circulation*

Form: 120 Tablets	
Serving size: 2 Tablets	
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Folate (as calcium L-5-methyltetrahydrofolate ¹)	400 mcg
L-Arginine	1,500 mg
Glycine	10 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), silica, calcium silicate, croscarmellose sodium, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets two times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: If taking medications, consult your healthcare practitioner before use. If you have had a myocardial infarction (heart attack), have history of renal (kidney) impairment or electrolyte imbalance, consult your cardiologist or physician before use. Keep out of the reach of children.

¹As Metafolin® US Patent Nos. 5,997,915; 6,254,904.

Attencia® Supports Focus & Cognitive Performance*



Attencia is scientifically formulated to promote attention and focus with caffeine from phytonutrient-rich green coffee bean extract and guarana extract—combined with L-theanine, omega fatty acids, and zinc to support alertness and cognitive performance.*

Patient benefits:

- L-theanine and caffeine, in combination have been shown to promote alertness, focus, and cognitive performance*
- Preliminary research suggests that L-theanine in combination with caffeine enhances alertness more than caffeine alone*
- Caffeine acts as an excitatory neurostimulant and has been shown to possess beneficial effects on psychomotor function and mood*
- Contains 100 mg caffeine per softgel
- Guarana is an herb traditionally used for supporting cognitive performance*
- Features the combined supportive benefits of omega-3s and omega-6s*
- Delivers zinc, which plays a role in the metabolism of neurotransmitters*

Form: 60 Softgels

Serving size: 1 Softgel

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Calories	10
Total Fat	1 g
Zinc (as zinc citrate)	7.5 mg
Marine Lipid Concentrate	400 mg
Eicosapentaenoic Acid (EPA)	60 mg
Docosahexaenoic Acid (DHA)	156 mg
Other Omega-3 Fatty Acids	120 mg
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Borage Seed Oil (providing 60 mg gamma-linolenic acid)	300 mg
.....	
A Proprietary Blend of:	175 mg
Caffeine [from green coffee bean (<i>Coffea canephora</i>)], Green Coffee (<i>Coffea canephora</i>) Bean Extract, and Guarana (<i>Paullina cupana</i>) Seed Extract [providing 100 mg total caffeine, 16.5 mg polyphenols, and 13 mg chlorogenic acid]	
L-Theanine	100 mg

Other Ingredients: Gelatin, glycerin, water, beeswax, sunflower lecithin, caramel (color), zinc oxide (color), and annatto extract (color). **Contains: Fish (anchovy, sardine, tuna, and mackerel).**

Directions: Take one softgel twice daily with food or as directed by your healthcare practitioner.

This product is gluten free.

Warning: Do not use if pregnant or nursing, or if sensitive to caffeine. Not recommended for use by children under 18 years of age.

Caution: Contains 100 mg of caffeine per serving comparable to 4-5 ounces of coffee. Limit caffeine products to avoid nervousness, sleeplessness, and occasional rapid heartbeat. If taking other nutritional supplements or medication—including blood thinning medication—consult your healthcare practitioner before use. Do not use before surgery. Keep out of the reach of children.

Benesom® Relief for Occasional Sleeplessness*



Benesom is a sleep and relaxation formula featuring melatonin, key herbs, and minerals for more powerful support. This novel formula delivers 3 mg of melatonin per serving to relieve occasional sleeplessness, complemented by 5 key concentrated plant extracts to promote a sense of calm and key minerals to target muscle relaxation.*

Patient benefits:

- Features melatonin, a hormone naturally produced in the brain that helps regulate sleep, waking, and the body's circadian rhythm (or time clock)*
- Includes extracts of passionflower, hops, valerian, and Chinese skullcap for added support for relaxation and a sense of calm*
- Chinese skullcap may promote relaxation*

- Delivers bioavailable calcium and magnesium that play a role in muscle relaxation*
- Magnesium may help relieve muscle tension related to stress*

Form: 60 Tablets

Serving size: 2 Tablets

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Calcium (as calcium lactate)	70 mg
Magnesium (as magnesium citrate)	140 mg
Chinese Skullcap (<i>Scutellaria baicalensis</i>) Root Extract [standardized to 30% (120 mg) flavones]	400 mg
Passionflower (<i>Passiflora incarnata</i> L.) Flower Extract [standardized to 1.6% (3.2 mg) flavonoids]	200 mg
Melissa Lemon Balm (<i>Melissa officinalis</i> L.) Leaf Extract [standardized to 3% (4.5 mg) rosmarinic acid]	150 mg
Valerian (<i>Valeriana officinalis</i> L.) Root Extract [standardized to 0.8% (0.8 mg) valerianic acid]	100 mg
Hops (<i>Humulus lupulus</i> L.) Cone 7.5:1 Extract	50 mg
Melatonin	3 mg

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take 1-2 tablets approximately 30 minutes prior to sleep or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: For adult use only. Avoid use with history of seizures or depression, if taking benzodiazepines or sedating medications, or if consuming alcohol. If taking medications, including anticoagulants, or experiencing long term sleep difficulties, consult your healthcare practitioner before use. Use caution if driving or operating machinery. Keep out of the reach of children.

BioPure Protein® Bioactive Pure Whey Protein with Natural Immunoglobulins



BioPure Protein is a bioactive pure whey protein concentrate with naturally occurring immunoglobulins.*

Patient benefits:

- Ideal nutritional support for individuals who wish to add a high quality protein to their diet
- Supports lean body mass*
- Naturally occurring immunoglobulins promote healthy immune system function*

Form: 12.17 oz (345 g) Powder

Serving size: About 2 Scoops (23 g)

.....	
Calories	100
Calories from Fat	25
Total Fat	3 g
Saturated Fat	2 g
Cholesterol	75 mg
Total Carbohydrate	2 g
Sugars	1 g
Protein	16 g
Vitamin A	130 IU
Calcium	170 mg
Phosphorus	150 mg
Magnesium	16 mg
Sodium	45 mg
Potassium	95 mg
Whey Protein Concentrate (containing immunoglobulins)	23 g

Ingredient: Whey protein concentrate (milk, soy).

Contains: Milk, soy.

Directions: Mix about 2 scoops with a cold beverage or add to your favorite recipe once daily or as recommended by your healthcare practitioner. To prevent protein denaturation, do not mix in hot drinks or recipes that require baking or boiling. Also, do not mix with pineapples or papayas because their enzymes may denature the protein.

This product is non-GMO and gluten free.

Notice: Use this product as a food supplement only. Do not use for weight reduction.

BioSöm® Liquid, Liposomal DHEA



BioSöm features dehydroepiandrosterone (DHEA) encapsulated in liposomes—microscopic, multi-layered spheres delivered via a pleasant-tasting liquid spray.

Patient benefits:

- May promote DHEA and DHEA sulfate levels associated with healthy adrenal function*
- Liposomal liquid allows for flexible, convenient dosing of DHEA
- Ideal for those who have difficulty swallowing tablets or capsules

Form: 2 fl oz (59.5 mL) Liquid

Serving size: 0.7 mL (one full pump of spray bottle)

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Stevia (<i>Stevia rebaudiana</i>) Leaf Extract	7 mg
DHEA (Dehydroepiandrosterone)	5 mg
Grapefruit (<i>Citrus paradisi</i>) Seed Extract	350 mcg

Other Ingredients: Deionized water, castor oil, natural flavors, benzyl alcohol, polysorbate 60, sorbitan stearate, potassium sorbate (as preservative), phosphatidylcholine (soy), xanthan gum, and disodium EDTA (preservative). **Contains: Soy.**

Directions: Shake well before using. Spray in mouth and mix with saliva for 20 seconds, then swallow. Take one serving one to four times daily in divided doses or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or licensed qualified healthcare professional before using this product. If you have, or have had, a history or family history of prostate cancer, prostate enlargement, heart disease, low “good” cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drugs please notify your physician before use. Not for use in women with history of hormone sensitive cancers. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified healthcare professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms.

KEEP OUT OF THE REACH OF CHILDREN.

Black Cohosh Plus® Relief for Menopausal Mood Changes*



Black Cohosh Plus is a unique herbal formula designed to support women during the menopausal phase of life.*

Patient benefits:

- Features black cohosh, an herb traditionally used by women during menopause for relief of menopausal symptoms, such as hot flashes/night sweats, short menstrual cycles, occasional irritability, mild mood swings, and occasional sleep disturbances*
- Delivers lemon balm and motherwort, herbs traditionally used to ease tension and support relaxation*

Form: 60 Tablets

Serving size: 1 Tablet

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Black Cohosh (<i>Actaea racemosa</i> ¹) Root & Rhizome Extract [standardized to 2.5% (2 mg) total triterpene glycosides expressed as 27-deoxyactein]	80 mg
Motherwort (<i>Leonurus cardiaca</i>) Aerial Parts 6.5:1 Extract	100 mg
Lemon Balm (<i>Melissa officinalis</i>) Leaf 5:1 Extract	50 mg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), sodium starch glycolate, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet twice daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Consult your healthcare practitioner before use if you are taking medication, have breast cancer or a history of breast cancer, or have a liver disorder or develop symptoms of liver trouble.

¹Also known as *Cimicifuga racemosa*.

Blisphora® Healthy Mood & Methylation Support*



Blisphora is a revolutionary, proprietary formula featuring clinically effective levels of SAME, a compound that is a critical component of many biochemical reactions and plays an important role in supporting positive emotions. This powerful formula combines significant levels of body-ready folate and easy-to-absorb vitamin B₁₂ to support healthy SAME metabolism, methylation, and neurotransmitter synthesis for a balanced mood.*

Patient benefits:

- SAME transfers its S-methyl group to the brain and nerve sheaths to support neurotransmitters, such as serotonin and dopamine*
- Promotes healthy neurological function with targeted B vitamins—including support for a healthy life cycle of neurons and healthy metabolism of neurotransmitters, such as serotonin*

Form: 30 Tablets

Serving size: 1 Tablet

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Folate [from (6S)-5-methyltetrahydrofolic acid, glucosamine salt ¹]	1 mg
Vitamin B ₁₂ (as methylcobalamin)	1 mg
S-Adenosyl-L-Methionine (SAME) (as SAME disulfate p-toluensulfonate)	400 mg

Other Ingredients: Microcrystalline cellulose, magnesium stearate (vegetable), stearic acid (vegetable), silica, mannitol, carboxymethylstarch sodium salt, and coating (methacrylic acid copolymer, triethyl citrate, titanium dioxide, and silica).

Directions: Take one tablet daily 30 minutes before a meal on an empty stomach with water or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: If you have a history of psychiatric disorders or if you are taking medications, please consult your healthcare practitioner prior to use. Keep out of the reach of children. For adult use only.

¹Quatrefolic® is a registered trademark of Gnosis S.P.A., U.S. Patent No. 7,947,662.

Calcium alone isn't enough to build strong bones



CalApatite® Bone Builder® formulas provide more complete bone health support*

Cal Apatite Bone Builder complete bone nutrition features purity-tested, calcium-rich microcrystalline hydroxyapatite concentrate (MCHC), a complex crystalline compound composed primarily of calcium, phosphorus, and organic factors that naturally comprise healthy bone. The MCHC in Cal Apatite Bone Builder is cold-processed to preserve the delicate protein matrix and organic factors.*

- Intact, bioactive bone growth factors that may play a role in bone health*
- Collagen and other proteins to help support the bone matrix*
- Purity tested and GMP-certified product manufacturing
- Lab analysis verifying the presence of bone growth factors
- Over 30 years of MCHC research demonstrating effectiveness*
- Well tolerated and designed to be easy to absorb*

Cal Apatite® Bone Builder® Premium Quality MCHC



Cal Apatite Bone Builder provides excellent bone health support with microcrystalline hydroxyapatite concentrate (MCHC), a highly absorbable crystalline compound that provides everything found in healthy bones and is backed by more than 30 years of research. MCHC contains naturally occurring calcium, phosphorus, and trace amounts of other minerals, bone growth factors, collagen, and other vital bone proteins. This well-rounded formula is designed to support bone mineral density.*

Patient benefits:

- Ideal for patients who prefer smaller tablets
- In conjunction with regular exercise and a healthy diet, adequate calcium intake can play a significant role in reducing the rate of bone loss or bone thinning and in protecting bone strength*
- MCHC as a source of calcium helps support bone mass and slow age-related bone loss*
- MCHC is an excellent source of bioavailable calcium, as well as a full spectrum of minerals and intact organic factors for comprehensive bone nourishment*

Form: 270 Tablets

Serving size: 3 Tablets

Calcium (as MCHC and dicalcium phosphate)	626 mg
Phosphorus (as MCHC and dicalcium phosphate)	360 mg
Microcrystalline Hydroxyapatite Concentrate (MCHC)	1.5 g

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), cellulose, croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take three tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

Cal Apatite® Bone Builder® Active Premium Quality MCHC with Joint Health Support*



Cal Apatite Bone Builder Active provides a unique blend of MCHC, vitamin D, glucosamine sulfate, targeted minerals, horsetail, and vitamin C for collagen, bone matrix, and joint health support.*

Patient benefits:

- Helps maintain healthy joint strength and function by supporting bone density and cartilage matrix integrity*
- Delivers nutrients that naturally comprise healthy skeletal and connective tissue*

Form: 180 Tablets

Serving size: 3 Tablets

Vitamin C (as Ultra Potent-C®†)	249 mg
Vitamin D (as cholecalciferol)	201 IU
Niacin (as niacinamide ascorbate)	18 mg
Calcium (as MCHC and dicalcium phosphate)	612 mg
Phosphorus (as MCHC and dicalcium phosphate)	357 mg
Magnesium (as magnesium bis-glycinate)	111 mg
Zinc (as zinc citrate)	7.5 mg
Copper (as copper lysinate HCl)	0.99 mg
Manganese (as manganese citrate)	0.48 mg
Chromium (as chromium citrate)	120 mcg
Microcrystalline Hydroxyapatite Concentrate (MCHC)	1.34 g
Horsetail (<i>Equisetum arvense</i>) Aerial Part Extract	75 mg
D-Glucosamine Sulfate (as D-Glucosamine Sulfate KCl)	249 mg
Boron (as boron citrate)	195 mcg

Ingredients: Microcrystalline hydroxyapatite concentrate, dicalcium phosphate, magnesium bis-glycinate, microcrystalline cellulose, Ultra Potent-C® [calcium ascorbate, niacinamide ascorbate, ascorbic acid, sodium ascorbate, magnesium ascorbate, L-lysine HCl, ascorbyl palmitate, potassium ascorbate, citrus bioflavonoid complex, tetrasodium pyrophosphate, alpha D-ribofuranose, L-cysteine HCl, xylitol, and L-glutathione], glucosamine sulfate potassium chloride [crustacean shellfish (crab shells, shrimp)], croscarmellose sodium, cellulose, stearic acid (vegetable), horsetail extract, silica, zinc citrate, magnesium stearate (vegetable), copper lysinate HCl, chromium citrate, boron citrate, cholecalciferol, manganese citrate, niacinamide, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Contains: Crustacean shellfish (crab shells, shrimp).

Directions: Take three tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: This product is not suitable for individuals with shellfish allergies. If pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

†Ultra Potent-C® U.S. Patent #5,626,883.

Cal Apatite® Bone Builder® Chewable Premium Quality MCHC with Magnesium & Vitamin D



Cal Apatite Bone Builder Chewable is a comprehensive bone support formula featuring the same calcium-rich MCHC contained in original Cal Apatite Bone Builder, but with other bone-nourishing nutrients including magnesium, zinc, copper, manganese, and vitamin D.*

Patient benefits:

- Supports bone health with vitamin D*
- Provides enhanced bone nourishment with a chelated form of magnesium, as well as zinc, copper, and manganese*

Form: 90 Chewable Tablets

Flavor: Natural Chocolate Flavor

Serving size: 3 Chewable Tablets

Calories	25
Total Carbohydrate	6 g
Sugar Alcohol	3 g
Vitamin D (as cholecalciferol)	75 IU
Calcium (as MCHC and dicalcium phosphate)	300 mg
Phosphorus (as MCHC and dicalcium phosphate)	167 mg
Magnesium (as magnesium carbonate and magnesium glycinate)	75 mg
Zinc (as zinc citrate)	6 mg
Copper (as copper lysinate HCl)	0.75 mg
Manganese (as manganese citrate)	0.75 mg
Microcrystalline Hydroxyapatite Concentrate (MCHC)	750 mg

Other Ingredients: Sorbitol, fructose, natural flavors, Dutch processed cocoa, stearic acid (vegetable), silica, and guar gum.

Directions: Children age 2 to adults take one to three tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Excess consumption of sorbitol may cause gastrointestinal upset. Children age 12 and under should not exceed the recommended serving size. Keep out of the reach of children.



Cal Apatite® Bone Builder® Extra Strength
Concentrated, Premium Quality MCHC



Cal Apatite Bone Builder Extra Strength features the same nutrients contained in original Cal Apatite Bone Builder, but with twice the amount (3 g) of MCHC per serving to help maintain healthy bone density.

Patient benefits:

- Provides convenient dosing with 1,011 mg elemental calcium per 3 tablets

Form: 90 Tablets, 180 Tablets

Serving size: 3 Tablets

Calcium (as MCHC and dicalcium phosphate)	1011 mg
Phosphorus (as MCHC and dicalcium phosphate)	522 mg
Microcrystalline Hydroxyapatite Concentrate (MCHC)	3 g

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), cellulose, croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take three tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Keep out of the reach of children.

Cal Apatite® Bone Builder® Forte
Premium Quality MCHC with Vitamin D



Cal Apatite Bone Builder Forte is an excellent bone support formula that features extra MCHC (1.9 g per serving). This comprehensive formulation also supplies beneficial levels of vitamin D—a nutrient essential for bone health.*

Patient benefits:

- Delivers a full spectrum of macro and trace minerals that naturally comprise healthy bone*
- Includes vitamin D to support bone mineralization and quality*
- MCHC provides bioactive bone growth factors, type 1 collagen protein, and the intact organic portion of bone for enhanced bone nourishment*

Form: 90 Capsules, 180 Capsules

Serving size: 2 Capsules†

Vitamin D (as cholecalciferol)	2000 IU
Calcium (as MCHC)	428 mg
Phosphorus (as MCHC)	168 mg
Microcrystalline Hydroxyapatite Concentrate (MCHC)	1.9 g

Other Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, stearic acid (vegetable), and magnesium stearate (vegetable).

Directions: Take two capsules once daily. Do not exceed recommended dosage unless directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Inform your healthcare practitioner if taking supplements or medications for blood pressure or heart disease. Keep out of the reach of children.

Notice: It is recommended that serum 25(OH)- and 1,25(OH)₂-vitamin D be monitored every 60-90 days while consuming this product to ensure that levels remain in an acceptable range.

†Vegetarian capsule.

Cal Apatite® Bone Builder® Prime
MCHC with Ipriflavone & Vitamin D



Cal Apatite Bone Builder Prime provides a unique combination of the same calcium-rich MCHC found in original Cal Apatite Bone Builder, but with key nutritional factors added to help maintain healthy bone density.*

Patient benefits:

- Features ipriflavone, a unique isoflavone derivative that helps support healthy bone metabolism*
- Includes vitamin D, an essential nutrient for the maintenance of healthy bones that stimulates intestinal calcium absorption and helps to regulate calcium and phosphorus homeostasis in the body*

Form: 90 Tablets, 270 Tablets

Serving size: 3 Tablets

Vitamin D (as cholecalciferol)	600 IU
Calcium (as MCHC and dicalcium phosphate)	660 mg
Phosphorus (as MCHC and dicalcium phosphate)	380 mg
Microcrystalline Hydroxyapatite Concentrate (MCHC)	1.5 g
Ipriflavone	150 mg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), cellulose, croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take three tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Keep out of the reach of children. If pregnant, nursing, or taking medication, consult your healthcare practitioner before use.

US Patent No. 7,029,703.

Cal Apatite® Bone Builder® Vegetarian
Ratio Balanced Calcium & Magnesium



Cal Apatite Bone Builder Vegetarian provides a ratio-balanced blend of calcium and magnesium in a completely vegetarian formula to support bone health.*

Patient benefits:

- Calcium, along with regular exercise and a healthy diet, can play a significant role in reducing the rate of bone loss or bone thinning and in protecting bone strength*
- Magnesium plays an important role in calcium metabolism and acts with calcium to support many biological processes including bone formation, muscle contraction and relaxation, and nervous system health*

Form: 90 Tablets, 270 Tablets

Serving size: 1 Tablet

Calcium (as calcium citrate)	200 mg
Magnesium (as magnesium oxide)	150 mg

Other Ingredients: Stearic acid (vegetable), microcrystalline cellulose, croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet twice daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Keep out of the reach of children.

Cal Apatite® Bone Builder® with Boron
Premium Quality MCHC with Boron



Cal Apatite Bone Builder with Boron is the same formula as original Cal Apatite Bone Builder, but with added boron.

Patient benefits:

- Boron may play a role in maintaining healthy calcium balance possibly through involvement in estrogen and vitamin D metabolism*

Form: 270 Tablets

Serving size: 3 Tablets

Calcium (as MCHC and dicalcium phosphate)	626 mg
Phosphorus (as MCHC and dicalcium phosphate)	354 mg
Microcrystalline Hydroxyapatite Concentrate (MCHC)	1.5 g
Boron (as boron citrate)	300 mcg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), cellulose, croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take three tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Keep out of the reach of children.

Cal Apatite® Bone Builder® with Magnesium
Premium Quality MCHC with Magnesium & Vitamin D



Cal Apatite Bone Builder with Magnesium is the same formula as original Cal Apatite Bone Builder containing vitamin D, but with the addition of 300 mg of magnesium per serving.

Patient benefits:

- Features 300 mg per serving of magnesium—an important mineral found primarily in bone tissue and essential for musculoskeletal health*
- Delivers a 2:1 calcium to magnesium ratio

Form: 90 Tablets, 180 Tablets

Serving size: 3 Tablets

Vitamin D (as cholecalciferol)	600 IU
Calcium (as MCHC and dicalcium phosphate)	600 mg
Phosphorus (as MCHC and dicalcium phosphate)	334 mg
Magnesium (as magnesium citrate, magnesium aspartate, and magnesium bis-glycinate)	300 mg
Microcrystalline Hydroxyapatite Concentrate (MCHC)	1.5 g

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, sodium starch glycolate, cellulose, stearic acid (vegetable), silica, and coating (microcrystalline cellulose, polyethylene glycol, and carrageenan).

Directions: Take three tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Keep out of the reach of children.

Cal Apatite Bone Builder Comparison At-A-Glance

Product	Patient profile	Units per serving	MCHC/ serving	Calcium/ serving	Phosphorus/ serving	Vitamin D/ serving	Boron/ serving	Magnesium/ serving	Zinc/ serving	Ipriflavone/ serving	Glucosamine/ serving
Bone Builder	Prefers small tablets	3 tablets	1500 mg	626 mg	360 mg	–	–	–	–	–	–
Bone Builder Active	Bone & joint support	3 tablets	1344 mg	612 mg	357 mg	201 IU	195 mcg	111 mg	7.5 mg	–	249 mg
Bone Builder Chewable	Prefers chewable tablets	3 tablets	750 mg	300 mg	167 mg	75 IU	–	75 mg	6 mg	–	–
Bone Builder Extra Strength	Prefers fewer tablets	3 tablets	3000 mg	1011 mg	522 mg	–	–	–	–	–	–
Bone Builder Forte	Prefers capsules	2 capsules	1900 mg	428 mg	168 mg	2000 IU	–	–	–	–	–
Bone Builder Prime	Postmenopausal women	3 tablets	1500 mg	660 mg	380 mg	600 IU	–	–	–	150 mg	–
Bone Builder Vegetarian	Vegetarian bone & muscle support	1 tablet	–	200 mg	–	–	–	150 mg	–	–	–
Bone Builder with Boron	Postmenopausal women	3 tablets	1500 mg	626 mg	354 mg	–	300 mcg	–	–	–	–
Bone Builder with Magnesium	Bone & muscle support	3 tablets	1500 mg	600 mg	334 mg	600 IU	–	300 mg	–	–	–

Chart outlines main ingredients in products only. For complete supplement fact information, please see individual product listings elsewhere in the Metagenics Product Guide.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

CandiBactin-AR® Concentrated Aromatic Essential Oils



CandiBactin-AR is a blend of concentrated essential oils and herbal extracts from the aromatic mint family in a formula designed to support intestinal microbial balance and healthy digestion.*

Patient benefits:

- Helps encourage a healthy environment in the intestinal tract and supports healthy digestive function*
- Unique softgel encapsulation technology allows the essential oils to be blended with dry leaf extracts of sage and lemon balm—herbs that complement and stabilize the fragile essential oils

Form: 60 Softgels, 120 Softgels

Serving size: 1 Softgel

Thyme (<i>Thymus vulgaris</i>) Oil [provides 55 mg thymol]	183 mg
Oregano (<i>Origanum vulgare</i>) Oil [provides 55 mg carvacrol]	100 mg
Sage (<i>Salvia officinalis</i>) Leaf 5.5:1 Extract	75 mg
Lemon Balm (<i>Melissa officinalis</i>) Leaf 5:1 Extract	50 mg

Ingredients: Rice bran oil, gelatin, thyme oil, glycerin, oregano oil, sage leaf extract powder, lemon balm leaf extract, water, silica, annatto extract (color), and lecithin (soy). **Contains: Soy.**

Directions: Take one softgel three times daily before or with meals or as directed by your healthcare practitioner.

This product is gluten free.

Caution: If pregnant or nursing, or taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

CandiBactin-BR® Concentrated Berberine Formula for Intestinal Support*



CandiBactin-BR is formulated to support a healthy microbial balance and the removal of unwanted compounds from the body.*

Patient benefits:

- Supports a healthy intestinal environment*
- Encourages the body to purge unwanted compounds*
- Features 400 mg per serving of berberine hydrochloride derived from *Phellodendron amurense* species, along with premium extracts of coptis
- Includes a proprietary extract of Chinese herbs that includes ginger, licorice, and rhubarb to harmonize the action of other herbs within the formula

Form: 90 Tablets, 180 Tablets

Serving size: 2 Tablets

Coptis (<i>Coptis chinensis</i>) Root & Rhizome 12:1 Extract (containing berberine)	30 mg
Oregon Grape (<i>Berberis aquifolium</i>) Root 4:1 Extract	70 mg
Berberine HCl [†]	400 mg
A 4:1 ^{††} Proprietary Extract of: Coptis (<i>Coptis chinensis</i>) Root & Rhizome, Chinese Skullcap (<i>Scutellaria baicalensis</i>) Root, Phellodendron (<i>Phellodendron chinense</i>) Bark, Ginger (<i>Zingiber officinale</i>) Rhizome, Chinese Licorice (<i>Glycyrrhiza uralensis</i>) Root, Chinese Rhubarb (<i>Rheum officinale</i>) Root & Rhizome	300 mg

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, silica, stearic acid (vegetable), magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets two to three times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: If taking medication including cyclosporine, consult your healthcare practitioner before use. Keep out of the reach of children.

[†]Berberine from *Phellodendron amurense* bark extract.
^{††}Equivalent to 1200 mg raw, dried, unprocessed herbs.

Cardiogenics® Intensive Care Heart Muscle Support*



Cardiogenics Intensive Care is a well-rounded heart muscle support formula that features extracts of hawthorn and arjuna, herbs with a history of traditional use in supporting healthy heart function. Complementing these herbs is a blend of L-taurine and minerals—including magnesium, potassium, and calcium—that play important roles in healthy heart muscle function.*

Patient benefits:

- Delivers minerals that play important roles in healthy heart muscle function through their involvement in nerve conduction and contraction and relaxation of the heart muscle*
- Promotes healthy blood flow, helps maintain healthy blood pressure levels already within normal range, and supports overall cardiovascular health*
- Delivers powerful plant and nutrient support with taurine, selenium, and phytonutrients from arjuna and hawthorn*

Form: 90 Tablets

Serving size: 1 Tablet

Calcium (as calcium citrate)	33 mg
Magnesium (as magnesium citrate)	67 mg
Selenium (as selenium aspartate)	17 mcg
Potassium (as potassium aspartate)	33 mg
L-Taurine	200 mg
Hawthorn (<i>Crataegus oxyacantha</i>) Leaf and Flower 5:1 Extract (contains hyperosides)	133 mg
Arjuna (<i>Terminalia arjuna</i>) Bark 5:1 Extract (contains tannins)	67 mg

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet three times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

Celapro® Support for Healthy Cellular Aging*



Celapro is a combination of herbal extracts and phytochemicals that provide targeted cellular protection against free radicals.*

Patient benefits:

- Helps promote the healthy function and aging of cells to support the tissue health of organs and systems throughout life*
- Research suggests that green tea and curcumin may beneficially influence the body's metabolism of substances, such as nitrosamines and estrogenic compounds*
- Features generous levels of standardized green tea, as well as one of the market's highest concentrations of D-limonene*
- Lycopene is delivered in an oil suspension, enhancing absorption*

Form: 60 Softgels

Serving size: 1 Softgel

Green Tea Leaf Extract [†] (<i>Camelia sinensis</i>) (provides 180 mg total polyphenols)	300 mg
D-Limonene [from sweet orange peel oil extract (<i>Citrus sinensis</i>)]	500 mg
Lycopene	2.5 mg
Turmeric Rhizome Extract (<i>Curcuma longa</i>) [standardized to 95% (47 mg) curcuminoids]	50 mg

Other Ingredients: Softgel shell [gelatin, sorbitol, glycerin, water, annatto extract (color), riboflavin (color), and caramel (color)], silica, and sunflower lecithin.

Directions: Take one softgel daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

[†]Contains less than 30 mg of caffeine per serving.

Cenitol® Nervous System Support*



Cenitol supports a healthy mood and overall nervous system function by featuring inositol—an important, naturally occurring component of cell membranes. Also delivers magnesium in the form of a fully reacted amino acid chelate designed for enhanced support.*

Patient benefits:

- Provides excellent support for healthy brain and nervous system function*
- May support a positive mood*
- Supplied in powder form for ease of delivery and enhanced dosing flexibility

Form: 7.8 oz (222 g) Powder

Serving size: 1 Scoop (7.4 g)

Magnesium (as magnesium bis-glycinate [†])	200 mg
Inositol (as myo-inositol)	4 g
Citric Acid	800 mg

Other Ingredient: Cellulose.

Directions: Mix about one scoop (7.4 g) in water or juice one to three times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medication—including lithium—consult your healthcare practitioner before use.

[†]Fully reacted magnesium amino acid chelate: US Patent No. 5,516,925 Albion®.

Ceralin® Forte Foundation Neuroprotection Formula*



Ceralin Forte is formulated to provide multidimensional support for brain and nerve health by protecting against oxidative stress, as well as providing nutrients to support healthy mitochondrial function, methylation, homocysteine metabolism, and circulatory function. Designed to act within the brain and nervous system, this advanced formula features calcium L-5-methyltetrahydrofolate, N-acetylcysteine, and acetyl-L-carnitine, along with concentrated grape seed extract.*

Patient benefits:

- Designed to support healthy cognitive function and central nervous system health*
- May help protect the brain and nervous system from oxidative stress*
- May help maintain overall neurological health by supporting healthy mitochondrial function, methylation, homocysteine metabolism, and circulatory function*
- Features calcium L-5-methyltetrahydrofolate, which research suggests may be able to cross the blood-brain barrier*

Form: 90 Capsules

Serving size: 3 Capsules

Thiamin (as thiamin mononitrate)	30 mg
Riboflavin	30 mg
Niacin (as niacinamide)	250 mg
Vitamin B ₆ (as pyridoxine HCl)	25 mg
Folate (as calcium L-5-methyltetrahydrofolate [†])	500 mcg
Vitamin B ₁₂ (as methylcobalamin)	500 mcg
N-Acetylcysteine	600 mg
Acetyl-L-Carnitine HCl	600 mg
Grape Seed Extract (<i>Vitis vinifera</i>) [standardized to 90% (180 mg) polyphenols]	204 mg

Other Ingredients: Capsule (hypromellose), microcrystalline cellulose, silica, and magnesium stearate (vegetable).

Directions: Take three capsules daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Do not use if pregnant or nursing. If you have a history of kidney stones or seizures, or are taking medication, consult your healthcare practitioner before use. Maintain adequate fluid intake while taking this product. Keep out of the reach of children.

[†]As Metafolin® US Patent Nos. 5,997,915; 6,254,904.

Ceriva® Cognitive & Memory Support*



Ceriva is a proprietary formula designed to support healthy brain aging, cognition, and memory by providing ingredients that may beneficially modulate the metabolism of the neurotransmitter acetylcholine and provide neuroprotection. This advanced formula features clinically effective levels of huperzine A (HupA) from toothed club moss and a proline-rich-polypeptide (PRP) complex known as Colostrin™ from colostrum for multi-dimensional support for neurological health. The brain-supportive benefits of HupA and PRP are individually backed by extensive research.*

Patient benefits:

- Designed to help support healthy mental function during the aging process, and may help maintain brain cell health*
- Designed to support the healthy metabolism of acetylcholine, the primary neurotransmitter associated with cognitive function and memory*
- HupA may support nerve cell health*
- Research suggests that HupA may be able to cross the blood-brain barrier to beneficially influence acetylcholine metabolism*

Form: 30 Tablets

Serving size: 1 Tablet

Huperzine A (from <i>Huperzia serrata</i> whole plant extract)	200 mcg
Proline-Rich Polypeptide Complex (from colostrum)	100 mcg

Ingredients: Microcrystalline cellulose, toothed club-moss (*Huperzia serrata*) powder extract, croscarmellose sodium, proline-rich polypeptide complex (milk), stearic acid (vegetable), and silica. **Contains: Milk.**

Directions: Take one tablet once daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Do not use if pregnant or nursing.

Caution: For adult use only. Avoid use if taking acetylcholinesterase inhibitors or cholinergic medications, or if you have a seizure disorder, cardiac arrhythmia, benign prostatic hypertrophy, asthma, chronic respiratory condition, peptic ulcer, inflammatory bowel disease, or malabsorption syndrome. If you have suppressed immune function or are taking medication, including blood thinning medications and immunomodulators, consult your healthcare practitioner before use. Rare but mild and temporary anxiety, mood change, sleep disturbance, dizziness, or fatigue may be experienced. Do not exceed two tablets daily. Use caution when driving or operating machinery. Keep out of the reach of children.

Chasteberry Plus® Supports Menstrual Regularity, Relieves Menstrual Symptoms*



Chasteberry Plus is designed for premenopausal women to help maintain reproductive health and relieve premenstrual syndrome (PMS) related symptoms.*

Patient benefits:

- May help support the metabolism of progesterone, a hormone that is important to ovarian function and overall reproductive health*
- Helps relieve PMS-related water retention, cramping, breast tenderness, and mild mood swings*
- Supports a regular menstrual cycle*
- Promotes relaxation and a healthy stress response*

Form: 60 Tablets

Serving size: 1 Tablet

Chasteberry (<i>Vitex agnus-castus</i>) 10:1 Fruit Extract	100 mg
Black Cohosh (<i>Actaea racemosa</i> †) Root & Rhizome Extract [standardized to 2.5% (1 mg) total triterpene glycosides expressed as 27-deoxyactein]	40 mg
Ashwagandha (<i>Withania somnifera</i>) 15:1 Root Extract (containing withanolides)	60 mg

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet twice daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: Consult your healthcare practitioner before use if you are taking medication or have a liver disorder or develop symptoms of liver trouble. Keep out of the reach of children.

*Also known as *Cimicifuga racemosa*.

Cholarest® SC Support for Healthy Blood Lipids*



Cholarest SC features policosanol, a natural compound derived from sugarcane that delivers support for healthy blood lipids and other important factors related to cardiovascular health.*

Patient benefits:

- Supports healthy lipid metabolism*
- May beneficially influence platelet function, which is an important factor in supporting healthy blood flow*
- Helps to maintain healthy blood pressure levels already within normal range*
- Delivers 10 mg policosanol per tablet to easily achieve a daily dosage consistent with clinical trials (5 mg to 20 mg)

Form: 60 Tablets, 180 Tablets

Serving size: 1 Tablet

Policosanol	10 mg
[from sugarcane wax (<i>Saccharum officinarum</i>)]	

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), cellulose, silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet one to two times daily with food, or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

Detox in a Box

Safe, effective metabolic detoxification without the hassles or hunger



Metabolic Detoxification: Supporting the 3 Phases*

The Clear Change® Metabolic Detoxification Program enhances the body's natural metabolic detoxification process while providing adequate fuel for cleansing and other daily activities, supporting energy metabolism and overall well-being.* It includes science-based nutritional recommendations for balanced metabolic detoxification support, along with a simple eating plan that removes common foods that can increase internal burden.

Keep your patients feeling their best

Clear Change® Daily Essentials—convenient, once-daily nutritional support packets—features 3 premium nutritional supplements designed to complement a daily foundation nutrition program and support metabolic detoxification maintenance.*

The Clear Change Program includes:

- Choice of 10-day or 28-day program
- Choice of UltraClear®, UltraClear® Plus, UltraClear® Plus pH, or UltraClear® RENEW formula in a variety of flavors
- AdvaClear®
- Blender cup
- Easy-to-follow guide with recipes and program diary
- Invitation to a free webinar
- Online support

To learn more visit www.ClearChangeProgram.com



The Clear Change® Metabolic Detoxification Program includes AdvaClear®, plus 1 of 3 UltraClear® options for nutritional support shown below.

AdvaClear® Daily Support for Detoxification*



AdvaClear provides daily support for balanced activity of the Phase I and Phase II detoxification pathways.*

Patient benefits:

- Promotes overall well-being by supporting balanced hepatic detoxification*
- Features enhanced bifunctional detoxification support with key phytonutrients, methylated vitamin B₁₂, and calcium L-5-methyltetrahydrofolate, a bioavailable folate*
- Provides antioxidant protection against reactive oxygen intermediates produced during the detoxification process*

See page 5 for complete product information.

UltraClear® Plus Nutritional Support for Metabolic Detoxification*



UltraClear Plus is designed to provide advanced, specialized nutritional support for metabolic detoxification capacity, with a focus on Phase II support for balanced detoxification. It also provides enhanced support for a healthy intestinal lining, which is essential for healthy digestion and overall health. It features a rice protein base and is enhanced with specific nutrients and high in antioxidant vitamins C and E, and beta-carotene to provide well-rounded nutritional support for liver detoxification.*

Patient benefits:

- Features enhanced support for Phase II hepatic detoxification processes to promote balanced detoxification capacity*
- Features 15 g of OptiProtein™, which includes 12 g of rice protein, and 3 g of added amino acids
- Features enhanced nutrient support with methylated vitamin B₁₂ and calcium L-5-methyltetrahydrofolate, a bioavailable folate*
- Features 7 added amino acids, including glycine and L-cysteine to help support Phase II liver detoxification*

- Formulated with nutrients such as pantothenic acid and the amino acid glutamine to support gastrointestinal mucosa integrity*
- Features magnesium sulfate to support Phase II sulfation*
- Features green tea catechins and antioxidant nutrients (vitamins C and E and beta-carotene) to protect against potentially harmful compounds generated during the natural liver detoxification process*

See page 73 for complete product information.

UltraClear® Plus pH Nutritional Support for Metabolic Detoxification & Alkalinization*



UltraClear Plus pH is formulated to provide enhanced, specialized nutritional support for balanced hepatic detoxification capacity, with a focus on alkalization support that can influence Phase II detoxification and Phase III elimination. It features a rice protein base, which may be beneficial during times of increased food allergen exposure, and is enhanced with specific nutrients and high in antioxidant vitamins C and E, and beta-carotene to provide well-rounded nutritional support for liver detoxification.*

Patient benefits:

- Features enhanced support for Phase II hepatic detoxification with green tea catechins, magnesium sulfate, and 7 added amino acids*
- Features 15 g of OptiProtein™, which includes 12 g of rice protein, and 3 g of added amino acids
- Features enhanced nutrient support with methylated vitamin B₁₂ and calcium L-5-methyltetrahydrofolate, a bioavailable folate*
- Provides enhanced support to protect against oxidative stress during the natural liver detoxification process*
- Features sesame oil and 995 mg of potassium citrate to promote alkalization and support Phase III detoxification (elimination)*

See page 74 for complete product information.

UltraClear® RENEW Advanced Nutritional Support for Metabolic Detoxification, Alkalinization & Heavy Metal Metabolism*



UltraClear RENEW is formulated to deliver advanced, specialized nutritional support for Phase I, II, and III detoxification, with enhanced support for alkalization, cellular protection, and heavy metal metabolism.

Patient benefits:

- Formulated with 15 g of OptiProtein™, which includes 12 g of proprietary, vegan pea/rice protein and 3 g of added amino acids
- Features xanthohumol as XNT ProMatrix™, Brassinase™†, a broccoli ingredient standardized to sulforaphane glucosinolate with active myrosinase for a reliable sulforaphane conversion, along with prune and pomegranate extracts to promote healthy cellular activities*
- Xanthohumol and pomegranate extract may increase the activity of glutathione-S-transferase, an important Phase II detoxification enzyme*
- Delivers glycine and magnesium citrate to support Phase II detoxification activities*
- Features N-acetyl-L-cysteine, green tea catechins, beta-carotene, superoxide dismutase (SOD), and vitamins A, C, and E to provide antioxidant protection*
- Delivers fiber, including apple fiber and isomalto-oligosaccharides (IMO), to support the elimination phase of metabolic detoxification and healthy bowel function*
- Features 502 mg of potassium citrate to promote alkalization*

†Brassinase is a trademark of VDF FutureCeuticals, Inc. Used under license.

See page 74 for complete product information.

Choosing the right UltraClear formula

UltraClear formulas were introduced over 20 years ago and are a driving force behind the growing awareness of the benefits of metabolic detoxification. These premier, research-based formulas have a long history of successful clinical use and are strategically designed to offer different levels of support to meet individual needs for more successful outcomes. For example, UltraClear Plus pH features the same exceptional macro- and micronutrient profile as UltraClear Plus, but with added nutrients designed to promote an alkaline urinary pH status and enhance Phase III activity.*

	Level 1	Level 2	Level 3	Level 4
Support*	UltraClear	UltraClear Plus	UltraClear Plus pH	UltraClear RENEW
Phase I	✓	✓+	✓+	✓+
Phase II	✓	✓+	✓+	✓+
Oxidative Stress Defense	✓	✓+	✓+	✓+
Phase III Alkalinization			✓+	✓+
Heavy Metal Metabolism				✓+
Urinary pH	≥6.6	≥6.6	<6.6	<6.6
Recommendations/ Ideal Use	Daily support	Decreased vitality	Decreased vitality; acidic urinary pH	More sensitive individuals; a comprehensive detox solution for 10- and 28-day programs

Choosing the right program

The Clear Change 10-Day Program is designed to enhance the body's natural metabolic detoxification process while providing adequate fuel, energy, and support for both cleansing and other daily activities, as well as overall well-being. Many people benefit from completing a 10-day metabolic detoxification program 2 to 3 times a year.

The Clear Change 28-Day Program provides a more comprehensive approach to metabolic detoxification than the 10-day program. It's an easy-to-follow program that will help patients get on track to feel better and more energized. Many people benefit from completing a 28-day metabolic detoxification program once or twice a year. The chart below is designed to help you make the appropriate program choice to meet individual needs.

Primary Considerations	10-Day Clear Change Program	28-Day Clear Change Program
Metabolic Detoxification Questionnaire Score	<50	50+
Patient Profile	<ul style="list-style-type: none"> • May benefit from occasional "Spring Cleaning" • May benefit from a follow-up to a 28-day program • Under age 50 	<ul style="list-style-type: none"> • Presents with decreased vitality • May have shown some benefit from shorter or less nutritionally rich programs, but did not meet expected outcomes • Age 50 or better
Diet & Lifestyle Considerations	<ul style="list-style-type: none"> • Eats reasonably healthy diet, exercises regularly, manages stress adequately • Takes multivitamin/mineral and/or daily metabolic detoxification support 	<ul style="list-style-type: none"> • Diet heavy in processed foods and/or lacking in beneficial phytonutrients; sedentary or high stress lifestyle • Concurrent therapeutic lifestyle program recommended
Primary Support Recommendations	• Clear Change 10-Day kit	• Clear Change 28-Day kit with UltraClear RENEW
Other Possible Recommendations	• UltraClear formula of choice (with or without additional nutraceuticals)	<ul style="list-style-type: none"> • UltraClear RENEW • UltraClear Plus pH • UltraClear Plus • Additional nutraceutical support as appropriate
Follow-up Programs		
Immediate	• Clear Change Daily Essentials for 1-2 months	• Clear Change Daily Essentials for 1-2 months (or as recommended)
Recurring	• Routine 10-Day Clear Change programs as recommended	• Routine 10-Day Clear Change programs as recommended

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Clear Change® Daily Essentials

Advanced Detoxification Support*



Clear Change Daily Essentials is a premium packet containing 3 nutritional supplements designed to provide daily support for detoxification following the Clear Change Program. This 1-month program features AdvaClear®, GlutaClear®, and Renagen™ DTX for targeted, daily support.*

Patient benefits:

- Bifunctional detoxification support: AdvaClear promotes vitality and health by supporting balanced activity of the Phase I and Phase II detoxification pathways*
- Antioxidant protection and detoxification support: GlutaClear provides a blend of key ingredients designed to help boost the body's production of glutathione, a primary antioxidant throughout the entire body. Glutathione plays an important role in protecting the body against oxidative stress, protecting cellular health, and detoxifying harmful compounds*
- Kidney detoxification and kidney health: Renagen DTX is a specific blend of nutrients and traditional herbs designed to promote healthy kidney detoxification to help maintain kidney health*

Form: 30 Packets

Each packet contains: 2 AdvaClear capsules (light brown), 1 GlutaClear tablet (white), and 1 Renagen DTX capsule (brown).

Serving size: 1 Packet

Vitamin A [67% (1667 IU) as beta-carotene [†] and 33% (834 IU) as retinyl palmitate]	2500 IU
Vitamin C (as ascorbic acid)	383 mg
Vitamin D (as cholecalciferol)	33 IU
Vitamin E (as d-alpha tocopheryl succinate)	67 IU
Thiamin (as thiamin mononitrate)	10 mg
Riboflavin	5 mg
Niacin (as niacinamide and niacin)	398 mg
Vitamin B ₆ (as pyridoxine HCl)	27 mg
Folate (as calcium L-5-methyltetrahydrofolate ^{††})	668 mcg
Vitamin B ₁₂ (as methylcobalamin)	158 mcg

Biotin	66 mcg
Pantothenic Acid (as d-calcium pantothenate)	33 mg
Zinc (as zinc citrate)	6.5 mg
Selenium (as selenomethionine)	87.5 mcg
Copper (as copper citrate)	0.65 mg
Manganese (as manganese citrate)	1.65 mg
Molybdenum (as molybdenum aspartate)	66 mcg
N-Acetyl-L-Cysteine	642 mg
Broccoli (<i>Brassica oleracea</i> L. var. <i>italica</i>) Seed Extract (providing 2.5 mg sulforaphane glucosinolate)	19.25 mg
Cordyceps Mycelium Extract (<i>Paecilomyces hepiali</i> Chen) [standardized to 4% (8 mg) cordycepic acid and 0.25% (0.5 mg) adenosine]	200 mg
Chinese Salvia Root (<i>Salvia miltiorrhiza</i>)	200 mg
Silymarin (from milk thistle seed extract, <i>Silybum marianum</i>)	50 mg
Decaffeinated [†] Green Tea (<i>Camellia sinensis</i>) Leaf Extract [standardized to 60% (33.6 mg) catechins and 40% (22.4 mg) epigallocatechingallate (EGCG)]	56 mg
Artichoke (<i>Cynara scolymus</i>) Leaf Extract (containing cynarin and chlorogenic acid)	167 mg
Watercress (<i>Nasturtium officinale</i>) Aerial Parts 4:1 Extract	133 mg
Ellagic Acid (from pomegranate whole fruit extract, <i>Punica granatum</i>)	33 mg
Sodium Sulfate	100 mg
Taurine	117 mg

Each packet contains:

AdvaClear Other Ingredients: Capsule^{†††} (hydroxy-propylmethylcellulose), microcrystalline cellulose, magnesium stearate (vegetable), and silica.

GlutaClear Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Renagen DTX Other Ingredients: Capsule^{†††} (hydroxy-propylmethylcellulose), microcrystalline cellulose, and magnesium stearate (vegetable).

Directions: Take one packet daily for one to two months or as directed by your healthcare practitioner.

Products included are non-GMO and gluten free.

Warning: Do not use if taking blood thinning medication, antihypertensive medications, hypoglycemic medications and insulin, digoxin or nitroglycerin, or before surgery. Excess vitamin A may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day.

Caution: If pregnant or nursing, or if taking other nutritional supplements or medications, consult your healthcare practitioner before use.

[†]As Betatene® mixed carotenoids.
^{††}As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.
^{†††}Capsules are composed of plant-derived ingredients.
^{*}Contains no more than 4% caffeine.

Chromium Picolinate

Bioavailable Source of Chromium



Chromium Picolinate is a form of chromium designed to be bioavailable for those needing to supplement their diet with this important mineral.

Patient benefits:

- Chromium may support insulin-mediated glucose uptake by cells*
- Assists insulin in the biochemical regulation of fat, carbohydrate, and protein metabolism*

Form: 60 Tablets

Serving size: 3 Tablets

Chromium (as chromium picolinate [†])	600 mcg
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Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), and croscarmellose sodium.

Directions: Take one to three tablets two times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Keep out of the reach of children.

[†]US Patent #5,087,623.

Collagenics®

Support for Connective Tissue and Collagen*



Collagenics is a comprehensive, proprietary blend of important vitamins, minerals, free form amino acids, and other important nutrients that support connective tissue health.*

Patient benefits:

- Provides targeted nutritional components known to be involved in the biochemical processes that support healthy connective tissue present in the skin, tendons, ligaments, cartilage, joints, and bones*

Form: 60 Tablets, 180 Tablets

Serving size: 3 Tablets

Vitamin C (as ascorbic acid)	150 mg
Vitamin B ₆ (as pyridoxine HCl)	30 mg
Pantothenic Acid (as D-calcium pantothenate)	30 mg
Iron (as iron glycinate)	6 mg
Magnesium (as magnesium bis-glycinate)	75 mg
Zinc (as zinc citrate)	15 mg
Copper (as copper citrate)	3 mg
Manganese (as manganese citrate)	5.1 mg
Horsetail (<i>Equisetum arvense</i> [†]) 4:1 Aerial Parts	75 mg
L-Proline	150 mg
L-Cystine	150 mg
L-Taurine	30 mg
Methylsulfonylmethane (MSM)	150 mg
L-Lysine (as L-lysine HCl)	150 mg
D-Xylose	75 mg
Alpha-Ketoglutaric Acid	15 mg

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take three tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

[†]Contains silica.

Concentrated Ultra Prostagin®

Saw Palmetto & Nettle Complex for Men



Concentrated Ultra Prostagin features concentrated extracts of saw palmetto and nettle combined with other select nutrients to support healthy prostate and urinary function.*

Patient benefits:

- Promotes healthy urinary function in men by featuring saw palmetto*
- Helps maintain prostate health with the addition of nettles, an herb widely recognized for this use*
- Delivers nourishment for maintaining reproductive health with amino acids, vitamin D, vitamin B₆, and zinc*

Form: 30 Tablets, 60 Tablets

Serving size: 1 Tablet

Vitamin D (as cholecalciferol)	200 IU
Vitamin B ₆ (as pyridoxine HCl)	10 mg
Calcium	83 mg
Phosphorus	63 mg
Zinc (as zinc citrate)	7.5 mg
Saw Palmetto (<i>Serenoa repens</i>) Berry Extract [standardized to 45% (144 mg) fatty acids and sterols]	320 mg
Nettle (<i>Urtica dioica</i>) Root 10:1 Extract [†]	100 mg
Lycopene	2 mg
Glycine	50 mg
L-Alanine	50 mg
L-Glutamic Acid	50 mg

Other Ingredients: Dicalcium phosphate, calcium silicate, microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), cellulose, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Use as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

[†]Equivalent to 1000 mg raw, dried, unprocessed herb.

CoQ10 ST-100™

Highly Absorbable Coenzyme Q10



CoQ10 ST-100 features a stabilized encapsulation of coenzyme Q10 (CoQ10) manufactured specifically for stability, purity, and bioavailability.

Patient benefits:

- Features a D-limonene (citrus) base—a nonpolar, organic solvent to help maintain CoQ10 structure for easier absorption
- Supports overall wellness and healthy aging*
- Includes general support for cardiovascular health, energy production, and antioxidant protection*
- Adjunct protocol for patients taking a statin medication to prevent CoQ10 deficiency*

Form: 60 Softgels, 120 Softgels

Serving size: 1 Softgel

Vitamin E (as d-alpha tocopherol and mixed tocopherols)	100 IU
Coenzyme Q10 (ubiquinone)	100 mg

Other Ingredients: D-limonene oil, gelatin, glycerin, medium chain triglycerides, water, turmeric powder (color), and zinc oxide (color).

Directions: Take one softgel daily or as directed by your healthcare practitioner.

This product is gluten free.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

CoQ10 ST-200™

Highly Absorbable Coenzyme Q10 in Concentrated Softgels



CoQ10 ST-200 features a stabilized encapsulation of coenzyme Q10 (CoQ10) manufactured specifically for stability, purity, and bioavailability.

Patient benefits:

- Features a D-limonene (citrus) base—a nonpolar, organic solvent to help maintain CoQ10 structure for easier absorption
- Supports overall wellness and healthy aging*
- Provides general support for cardiovascular health, energy production, and antioxidant protection*
- Adjunct protocol for patients taking a statin medication to prevent CoQ10 deficiency*

Form: 60 Softgels

Serving size: 1 Softgel

Vitamin E (as d-alpha tocopherol and mixed tocopherols)	200 IU
Coenzyme Q10 (ubiquinone)	200 mg

Other Ingredients: D-limonene oil, gelatin, glycerin, medium chain triglycerides, water, turmeric powder (color), and zinc oxide (color).

Directions: Take one softgel daily or as directed by your healthcare practitioner.

This product is gluten free.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

Coratin® Red Yeast Rice & Plant Sterol Combination



Coratin provides a balanced combination of plant sterols, effective forms of vitamin K₂, and red yeast rice.

Patient benefits:

- Supports healthy lipid metabolism*
- Plant sterols help to maintain healthy cholesterol levels already within a normal range*
- Red yeast rice is used in traditional Chinese medicine to support healthy heart function*
- Features a balanced combination of plant sterols for optimal activity and effectiveness*

Form: 60 Tablets

Serving size: 1 Tablet

Vitamin K (as MK-4 and MK-7)	60 mcg
Calcium (as dicalcium phosphate)	23 mg
Phosphorus (as dicalcium phosphate)	18 mg
Red Yeast Rice (<i>Monascus purpureus</i>)	600 mg
Plant Sterols (including beta-sitosterol campesterol, stigmasterol, and other plant sterols)	400 mg

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose). **Contains: Soy.**

Directions: Take one tablet twice daily with food or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Avoid use in pregnancy and breastfeeding. Avoid consuming grapefruit or grapefruit juice while taking this product.

Caution: If you have a history of liver disease or are taking medication including any anticoagulants or statins, please consult your healthcare practitioner before use.

Cortico-B₅B₆® Supports Production of Adrenal Hormones*



Cortico-B₅B₆ supplies significant amounts of pantothenic acid and pyridoxine—water-soluble B vitamins important for many functions.*

Patient benefits:

- Formulated to support healthy adrenal hormone production*
- Designed to support the body's production of energy by supplying pantothenic acid, a precursor to coenzyme A*
- Delivers a full spectrum of bioflavonoids and vitamin C for antioxidant protection*

Form: 60 Tablets, 180 Tablets

Serving size: 1 Tablet

Vitamin C (ascorbic acid)	240 mg
Vitamin B ₆ (as pyridoxine HCl)	100 mg
Pantothenic Acid (as D-calcium pantothenate) (vitamin B ₅)	500 mg
Calcium	50 mg
Magnesium (as magnesium oxide)	75 mg
Citrus Bioflavonoid Complex [standardized to 45% (45 mg) bioflavonoids: hesperidin and other naturally occurring phenolic compounds]	100 mg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), hydroxypropylcellulose, croscarmellose sodium, cellulose, silica, methylcellulose, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Consult your healthcare practitioner if pregnant, nursing, taking other nutritional supplements or medications. Keep out of the reach of children.

D₃ 1000™ Bioactive Vitamin D in Microtablet Delivery Form



D₃ 1000 features high potency vitamin D₃—the most bioactive form of supplemental vitamin D—in easy-to-swallow microtablets.*

Patient benefits:

- Supports bone, cardiovascular, and immune health*
- Delivers high levels of vitamin D to replenish vitamin D status*
- Available in easy-to-swallow microtablet delivery form

Form: 120 Tablets

Serving size: 1 Tablet

Vitamin D ₃ (as cholecalciferol)	1000 IU
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Other Ingredients: Microcrystalline cellulose, sodium starch glycolate, stearic acid (vegetable), and silica.

Directions: Take one tablet daily with food or as directed by your healthcare practitioner. Do not exceed the recommended dosage unless directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

D₃ 2000™ Complex Isoflavone Activated Support Formula



D₃ 2000 Complex delivers 2000 IU of the preferred form of vitamin D, as vitamin D₃, in each tablet. The inclusion of isoflavones may help facilitate the body's utilization of vitamin D₃.*

Patient benefits:

- Supports healthy immune function, bone density, and overall health*
- Delivers soy isoflavones—genistin may help facilitate the body's utilization of vitamin D₃*

Form: 90 Tablets

Serving size: 1 Tablet

Vitamin D (as cholecalciferol)	2000 IU
Soybean Concentrate†	64 mg
Total Isoflavones (containing all forms of genistin, daidzin, and glycitin)	25 mg

Ingredients: Microcrystalline cellulose, soy isoflavones (soy), cholecalciferol, stearic acid (vegetable), sodium starch glycolate, and silica. **Contains: Soy.**

Directions: Take one tablet daily with food. Do not exceed recommended dosage unless directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, taking other nutritional supplements or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

†Derived from non-genetically engineered, identity-preserved soybeans.

D₃ 5000™ High Potency, Bioavailable Vitamin D



D₃ 5000 features 5000 IU of vitamin D₃—the most bioactive form of supplemental vitamin D.

Patient benefits:

- Supports bone, cardiovascular, and immune health*
- Provides high dose vitamin D₃ (5000 IU) to quickly replenish vitamin D status*
- Solubilized in oil for better absorption in the digestive tract*
- Available in easy-to-swallow softgels

Form: 120 Softgels

Serving size: 1 Softgel

Vitamin D ₃ (as cholecalciferol)	5000 IU
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Other Ingredients: Safflower oil, gelatin, glycerin, and water.

Directions: Take one softgel daily or as directed by your healthcare practitioner. Do not exceed recommended dosage unless directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, taking other nutritional supplements or medication, consult your healthcare practitioner before use. Do not exceed the recommended dosage unless directed by your healthcare practitioner. This product contains vitamin D at a level that exceeds the adult tolerable upper intake level, the maximum daily intake unlikely to result in adverse effects in the most sensitive individuals.‡ Keep out of the reach of children.

Notice: It is highly recommended that serum 25(OH)- and 1,25(OH)₂-vitamin D be monitored every 60-90 days while consuming this product to ensure that levels remain in an acceptable range.

‡Level established by the Institute of Medicine of the U.S. National Academy of Sciences.

D₃ Liquid Designed for Enhanced Absorption



Featuring 1000 IU per drop of vitamin D₃—the most bioactive form of supplemental vitamin D—in a convenient, 2-ounce bottle for easy dosing.

Patient benefits:

- Supports bone, cardiovascular, and immune health*
- Delivers vitamin D₃ solubilized in oil to support absorption in the intestinal tract*
- Designed for easy, flexible dosing
- Features a pleasant, natural mint flavor for improved patient compliance
- Ideal for kids and those who prefer not to swallow tablets or capsules

Form: 2 fl. oz. (59.14 mL) Liquid

Serving size: 1 Drop (about 0.026 mL)

Vitamin D ₃ (as cholecalciferol)	1000 IU
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Other Ingredients: Medium chain triglycerides, peppermint oil, spearmint oil, rosemary (antioxidant), and ascorbic acid (antioxidant).

Directions: Adults take one drop up to five times daily and for children age four and above give one drop daily as recommended by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, taking other nutritional supplements or taking medication, consult your healthcare practitioner before use. Do not exceed the recommended dosage unless directed by your healthcare practitioner. Keep out of the reach of children.

Notice: It is highly recommended that serum 25(OH)- and 1,25(OH)₂-vitamin D be monitored every 60-90 days while consuming this product to ensure that levels remain in an acceptable range.

Are your patients getting enough of the *right* vitamin D?

Discover the D₃ absorption advantage—in microtablets, tablets, softgels, and liquid.

Metagenics Vitamin D₃ is the most bioactive form of supplemental vitamin D, and is available from 1,000 to 10,000 IUs to meet individual dosage and delivery needs.



D₃ 10,000 with K₂ High Potency, Bioactive Vitamin D with Vitamin K



D₃ 10,000 with K₂ provides ultra concentrated levels of vitamin D₃ designed to quickly replenish vitamin D status. This formula also provides active forms of vitamin K to complement the activity of vitamin D.*

Patient benefits:

- Designed for patients with demonstrated increased nutritional needs for vitamin D*
- Vitamin D promotes healthy bone formation and mineralization and supports immune and cardiovascular health*
- Supplies active forms of vitamin K₂ (as MK-4 and MK-7) designed for greater bioavailability
- Vitamin K is a key vitamin in the metabolism of bone proteins (i.e., osteocalcin) crucial to bone integrity*
- Solubilized in oil to promote better absorption in the digestive tract*

Form: 60 Softgels

Serving size: 1 Softgel

Vitamin D (as cholecalciferol)	10,000 IU
Vitamin K (as MK-4 and MK-7)	90 mcg

Other Ingredients: Olive oil, gelatin, glycerin, water, beeswax, annatto extract (color), zinc oxide (color), and dicalcium phosphate.

Directions: Take one softgel daily with food or as directed by your healthcare practitioner. Do not exceed recommended dosage unless directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, taking other nutritional supplements or medications, or if taking anticoagulants, consult your healthcare provider before use.

Warning: Use should be short-term and should include regular monitoring of 25-(OH)- and 1,25-(OH)₂-vitamin D levels. This product contains vitamin D at a level that exceeds the adult tolerable upper intake level, the maximum daily intake unlikely to result in adverse effects in the most sensitive individuals.* Keep out of the reach of children. Not to be taken if currently taking medications for blood thinning.

*Level established by the Institute of Medicine of the U.S. National Academy of Sciences.

E Complex-1:1™ 1:1 Ratio of Alpha- and Gamma-Tocopherols



E Complex-1:1 is a unique, natural vitamin E supplement that features a 1:1 ratio of alpha- to gamma-tocopherols. This ratio more closely resembles the tocopherol profile found naturally in vitamin E-rich plants.

Patient benefits:

- Vitamin E supports cellular health*
- Features an especially powerful blend of different tocopherols for a broader range of antioxidant protection against the ravages of free radicals*
- Delivers balanced levels of gamma- and alpha-tocopherols that are more closely associated with consumption of vitamin E-rich foods*
- Delivers gamma-tocopherol for unique antioxidant protection*

Form: 60 Softgels, 180 Softgels

Serving size: 2 Softgels

Vitamin E (d-alpha-tocopherol)	400 IU†
gamma-Tocopherol	270 mg
delta-Tocopherol	98 mg
beta-Tocopherol	6 mg

Ingredients: Mixed tocopherols, d-alpha-tocopherol, gelatin, glycerin, soybean oil, and water. **Contains: Soy.**

Directions: Take two softgels daily with a meal or as directed by your healthcare practitioner.

This product is gluten free.

Caution: Keep out of the reach of children. If pregnant or nursing, taking other nutritional supplements or medication, consult your healthcare practitioner before use.

†400 IU is equivalent to 270 mg of alpha-tocopherol. This provides a 1:1 ratio of alpha- to gamma-tocopherols.

E-400 Selenium™ Antioxidant Formula*



E-400 Selenium features selenium and vitamin E.

Patient benefits:

- Vitamin E supports cellular health*
- Offers antioxidant protection*
- Helps protect tissues against oxidative damage*
- Features selenium, a trace mineral that functions in the body as a component of the antioxidant enzyme glutathione peroxidase*

Form: 60 Tablets, 180 Tablets

Serving size: 1 Tablet

Vitamin E (as d-alpha tocopheryl succinate)	400 IU
Calcium	97 mg
Phosphorus	74 mg
Selenium (as selenium L-aspartate)	50 mcg

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, silica, stearic acid (vegetable), magnesium stearate (vegetable), croscarmellose sodium, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet up to twice daily with meals or as directed by your healthcare practitioner.

This product is gluten free and vegetarian.

Caution: Keep out of the reach of children.

EC Matrixx® Support for Healthy Connective Tissue*



EC Matrixx is designed to support healthy connective tissues by supporting the extracellular matrix, a key structural component of connective tissues such as tendons, ligaments, and cartilage.*

Patient benefits:

- Features berberine and tetrahydro iso-alpha acids (THIAA), which have been shown in laboratory research to influence MMP-13, an enzyme involved in the maintenance of connective tissue structure*
- THIAA has also been shown to beneficially influence multiple cellular signaling processes related to connective tissue health*
- Supports biochemical processes that influence the health of the extracellular matrix*

Form: 90 Tablets

Serving size: 1 Tablet

Niacin (as niacinamide)	20 mg
Vitamin B ₆ (as pyridoxine HCl)	2 mg
Folate (as calcium L-5-methyltetrahydrofolate)	80 mcg
Vitamin B ₁₂ (as methylcobalamin)	83 mcg
Biotin	200 mcg
Magnesium (as magnesium oxide)	12 mg
Zinc (as zinc citrate)	2 mg
Selenium (as selenomethionine)	40 mcg
Tetrax™ (Tetrahydro-iso-alpha acids complex, from hops) (<i>Humulus lupulus</i> L.)	100 mg
Berberine HCl (from <i>Phellodendron amurense</i> bark extract)	100 mg

Other Ingredients: Microcrystalline cellulose, maltodextrin, cellulose, stearic acid (vegetable), silica, calcium silicate, croscarmellose sodium, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets initially, followed by one tablet three times daily with food, or as recommended by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: Consult your healthcare practitioner if taking other nutritional supplements or medications.

Echinacea Synergy™ Herbal Immune Support*



Echinacea Synergy is a botanical blend of selected extracts traditionally used to support healthy respiratory function and general immunity.*

Patient benefits:

- Features a patented extract of perilla seed, an herb traditionally used to provide ongoing support for healthy immune function*
- Offers a complementary blend of perilla, licorice, and ginger, which have been traditionally used to support healthy respiratory function*
- Delivers a unique combination of herbs that support healthy immune function and may be particularly helpful during times of stress*

Form: 60 Tablets, 120 Tablets

Serving size: 1 Tablet

Vitamin C (as Ultra Potent-C®)	100 mg
Niacin (as niacinamide ascorbate)	7 mg
Echinacea (<i>Echinacea purpurea</i>) Aerial Parts 3:1 Extract [standardized to 4% (12 mg) total phenols]	300 mg
Perilla (<i>Perilla frutescens</i>) Seed Extract† (containing rosmarinic acid and luteolin)	25 mg
Ginger (<i>Zingiber officinale</i>) Rhizome Extract (containing gingerols and shogaols)	25 mg
Licorice (<i>Glycyrrhiza glabra</i>) Root Extract [standardized to 25% (12.5 mg) glycyrrhizic acid]	50 mg

Other Ingredients: Microcrystalline cellulose, Ultra Potent-C®†† (calcium ascorbate, niacinamide ascorbate, ascorbic acid, sodium ascorbate, magnesium ascorbate, L-lysine HCl, ascorbyl palmitate, citrus bioflavonoid complex, potassium ascorbate, tetrasodium pyrophosphate, alpha D-ribofuranose, L-cysteine HCl, xylitol, and L-glutathione), cellulose, silica, stearic acid (vegetable), croscarmellose sodium, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet twice daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

†U.S. Patent #6,217,875.

††Ultra Potent-C® U.S. Patent #5,626,883.

Endefen® Multi-dimensional GI Support and Protection*



Endefen is formulated to support numerous aspects of GI health, particularly the gastric lining.*

Patient benefits:

- Features plantain, astaxanthin, and phosphatidylcholine to help support a healthy gastric environment*
- Delivers green tea and arabinogalactans to support healthy microflora*
- Includes arabinogalactans to support healthy GI immune function*

Form: 14.81 oz (420 g) Powder

Serving size: About 1 Tbsp (7.5 grams)

Calories	25
Calories from Fat	10
Total Fat	1 g
Total Carbohydrate	5.5 g
Dietary Fiber	1.5 g
Sugars	2 g
Protein	0.5 g
Vitamin C (as calcium ascorbate)	150 mg
Calcium (as calcium ascorbate)	17 mg
Sodium	6 mg
Potassium	65 mg
Arabinogalactans (from larch gum)	750 mg
Soy Lecithin	500 mg
Phosphatides†	485 mg
Decaffeinated†† Green Tea (<i>Camellia sinensis</i>) Leaf Extract [standardized to 60% (75 mg) catechins and 40% (50 mg) epigallocatechingallate (EGCG)]	125 mg
Chinese Cinnamon (<i>Cinnamomum cassia</i>) Bark Powder	350 mg
Plantain (<i>Musa paradisiaca</i>) Fruit Powder	1000 mg
Apple Fruit Powder	1000 mg
Astaxanthin	250 mcg
D-Mannose	125 mg

Other Ingredients: Rice bran, xylitol, rice syrup solids, and natural flavor. **Contains: Soy.**

Directions: Mix about one level tablespoon (7.5 g) in two to four ounces of juice or water once daily, or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

†Typical analysis reveals 115 mg phosphatidylcholine.

††Contains no more than 4% caffeine.

Endura® Energy and Rehydration Formula* Replenishes Electrolyte Minerals



Endura is a rehydration formula mix with a unique blend of electrolyte minerals that are found in muscle cells.*

Patient benefits:

- Delivers key electrolytes to help replace those excreted through sweat during exercise, activity, and/or hot weather conditions*
- Is designed to provide high concentrations of absorbable magnesium, a mineral essential for cellular energy metabolism*

Flavor: Orange Flavor (nutritional information shown), Lemon-Lime Flavor

Form: 1.47 lb (665 g) Powder

Serving size: One Heaping Scoop (35 g)

Calories	120
Total Carbohydrate	29 g
Sugars	21 g
Vitamin C	120 mg
Vitamin E	28 IU
Thiamin	2 mg
Riboflavin	5 mg
Niacin	10 mg
Vitamin B ₆	5 mg
Pantothenic Acid	28 mg
Calcium	60 mg
Phosphorus	69 mg
Magnesium [†]	174 mg
Chromium	83 mcg
Chloride	148 mg
Sodium	96 mg
Potassium	176 mg
Citric Acid	950 mg
Taurine	500 mg
Malic Acid	500 mg
L-Carnosine	20 mg

Ingredients: Crystalline fructose, maltodextrin, magnesium bis-glycinate[†], citric acid, taurine, malic acid, dipotassium phosphate, natural flavors, calcium citrate, sodium chloride, ascorbic acid, d-alpha tocopheryl acetate, annatto (color), D-calcium pantothenate, L-carnosine, niacinamide, pyridoxine HCl, riboflavin, chromium citrate, and thiamin mononitrate.

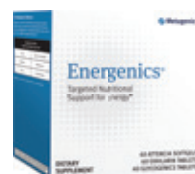
Directions: As a dietary supplement to help maintain adequate hydration, thoroughly mix one heaping scoop (35 grams) with 16 fluid ounces of water. Take on an empty stomach.

This product is non-GMO, gluten free, and vegetarian.

Caution: Keep out of the reach of children.

[†]Our proprietary fully reacted magnesium amino acid chelate. Endura contains no artificial sweeteners.

Energenics® Targeted Nutritional Support for Energy*



Energenics includes 3 Metagenics supplements that offer a 3-pronged approach to provide targeted nutritional support for mental clarity, stress tolerance, focus, cognitive performance, energy, and alertness.*

Each box contains one bottle of the following products:

Glycogenics® to support the body's metabolism

Glycogenics is a balanced B-complex formula that features calcium L-5-methyltetrahydrofolate—a body-ready folate—with supportive nutrients. B complex supports healthy homocysteine metabolism, healthy energy metabolism, and a healthy stress response.* See page 33 for complete product information.

Exhilarin® to support the stress response

Exhilarin is designed in the tradition of Ayurvedic medicine to increase stress tolerance and help maintain mental acuity. This time-tested formula is designed for individuals who are susceptible to becoming run down due to a hectic lifestyle and poor diet, or for those who are stressed and mentally exhausted.* See page 26 for complete product information.

Attencia® to energize and activate

Attencia is scientifically formulated with a novel blend of targeted ingredients, including caffeine from phytonutrient-rich green coffee bean extract and guarana extract, L-theanine, omega fatty acids, and zinc. This unique formula supports energy levels, alertness, focus, and cognitive performance.* See page 6 for complete product information.

Products included are gluten free.

Essential Defense® Immune Support*



Essential Defense is an enhanced classic Chinese formula, known as *yín qiáo san*, traditionally used to provide immediate immune support, especially following a sudden temperature change.*

Patient benefits:

- Delivers the warming properites of ginger*
- Immune health support enhanced with isatis*

Form: 30 Tablets

Serving size: 2 Tablets

A 5:1[†] Proprietary Extract of: 1000 mg
Forsythia Fruit (*Forsythia suspensa*), Japanese Honeysuckle Flower (*Lonicera japonica*), Platycodon Root (*Platycodon grandiflorum*), Burdock Fruit (*Arctium lappa*), Chinese Mint Leaf (*Mentha haplocalyx*), Chinese Licorice Root (*Glycyrrhiza uralensis*), Fermented Soybean (*Glycine max*), Schizonepeta Herb (*Schizonepeta tenuifolia*), Lophatherum Leaf (*Lophatherum gracile*), Dyer's Woad Root (*Isatis tinctoria*), Ginger Rhizome (*Zingiber officinale*)

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose). **Contains: Soy.**

Directions: Take two tablets as needed or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: If taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

[†]Equivalent to 5000 mg raw, dried, unprocessed herbs.

Estrium® Nutritional Support for Symptoms Related to Premenstrual Syndrome*



Estrium is a powdered dietary supplement with a rice protein base that has been clinically shown to promote healthy estrogen metabolism.

Patient benefits:

- Relieves symptoms related to menstrual cycles, such as:
 - Abdominal discomfort
 - Occasional irritability
 - Feeling bloated
 - Minor back, joint, and muscle pain
 - Joint stiffness
 - Temporary weight gain
 - Breast tenderness
 - Feeling sad or blue
- Designed to help modulate the effects of circulating estrogens with non-soy phytoestrogens from kudzu and flax*
- Features a rice protein concentrate
- Formulated with antioxidants, fiber, and a variety of well-researched ingredients

Flavor: Tropical Mango Flavor

Form: 22.71 oz (644 g) Powder

Serving size: About 2 Scoops (46 g)

Calories	160
Calories From Fat	35
Total Fat	4 g
Saturated Fat	1 g
Total Carbohydrate	22 g
Dietary Fiber	3 g
Sugars	10 g
Protein	15 g
Vitamin A (2500 IU as beta-carotene and 1250 IU as retinyl palmitate)	3750 IU
Vitamin C (as ascorbic acid)	60 mg
Vitamin D (as cholecalciferol)	40 IU
Vitamin E (as d-alpha tocopheryl succinate)	300 IU
Thiamin (as thiamin HCl)	0.75 mg
Riboflavin	0.85 mg

Niacin (as niacinamide)	10 mg
Vitamin B ₆ (as pyridoxine HCl)	50 mg
Folate (as calcium L-5-methyltetrahydrofolate)	400 mcg
Vitamin B ₁₂ (as methylcobalamin)	30 mcg
Biotin	150 mcg
Pantothenic Acid (as D-calcium pantothenate)	5 mg
Calcium (as calcium citrate)	350 mg
Iron (as ferrous fumarate)	9 mg
Phosphorus (as dipotassium phosphate)	260 mg
Iodine (as potassium iodide)	75 mcg
Magnesium (as magnesium citrate)	240 mg
Zinc (as zinc oxide)	7.5 mg
Copper (as copper gluconate)	1 mg
Manganese	1 mg
Chromium (as chromium polynicotinate)	100 mcg
Sodium	50 mg
Potassium (as dipotassium phosphate and potassium iodide)	300 mg
Flaxseed Hull (containing lignans)	1.84 g
Choline (as choline bitartrate)	450 mg
Turmeric (<i>Curcuma longa</i>) Rhizome Extract [standardized to 95% (200 mg) curcuminoids]	210 mg
Isoflavones [from kudzu (<i>Pueraria lobata</i>) root extract]	25 mg
L-Lysine (as L-lysine HCl)	17.5 mg
L-Threonine	17.5 mg

Other Ingredients: Rice protein concentrate, rice syrup solids, fructose, olive oil, natural flavors, xanthan gum, hydrogenated vegetable oil (one or more of highly refined soybean oil, palm oil, and cottonseed oil), rice maltodextrin, guar gum, and mono- and diglycerides.

Directions: Blend or shake 2 level scoops (46 grams) of Estrium into 8 fluid ounces of water, juice, or soy, almond, rice, or organic cow's milk twice daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day. Keep out of the reach of children.

Important Notice: This product has been formulated to provide nutritional support for female patients who may have premenstrual symptoms and complaints. It has not been tested for interactions with oral contraceptive medications, and the effectiveness of oral contraceptives for birth control cannot be ensured during use of Estrium. Please discuss this important concern with your healthcare practitioner.

Estrium® Whey Multifunctional Nutritional Support for Women*



Estrium Whey is a delicious whey protein powder designed to provide similar multifunctional, targeted nutritional support for women in their reproductive years as Estrium.*

Patient benefits:

- Features non-soy phytoestrogens and concentrated flaxseed lignans to support hormone balance*
- Delivers whey protein to support lean body mass*
- Supports healthy estrogen metabolism*

Flavor: Natural Vanilla Flavor

Form: 22.22 oz (630 g) Powder

Serving size: About 2 Scoops (45 g)

Calories	170
Calories from Fat	20
Total Fat	2 g
Saturated Fat	0.5 g
Cholesterol	<5 mg
Total Carbohydrate	25 g
Dietary Fiber	2 g
Sugars	19 g
Protein	15 g
Vitamin A (as retinyl palmitate)	1250 IU
Vitamin A (as beta-carotene)	2500 IU
Vitamin C (as ascorbic acid)	60 mg
Vitamin D (as cholecalciferol)	40 IU
Vitamin E (as d-alpha tocopheryl succinate)	300 IU
Thiamin (as thiamin HCl)	0.75 mg
Riboflavin	0.85 mg
Niacin (as niacinamide)	10 mg
Vitamin B ₆ (as pyridoxine HCl)	50 mg
Folate (as calcium L-5-methyltetrahydrofolate)	400 mcg
Vitamin B ₁₂ (as methylcobalamin)	30 mcg
Biotin	150 mcg
Pantothenic Acid (as D-calcium pantothenate)	5 mg
Calcium (as calcium citrate)	350 mg
Iron (as ferrous fumarate)	9 mg
Phosphorus (as dipotassium phosphate)	260 mg
Iodine (as potassium iodide)	75 mcg
Magnesium (as magnesium citrate)	240 mg
Zinc (as zinc oxide)	7.5 mg
Copper (as copper gluconate)	1 mg

Manganese	80 mcg
Chromium (as chromium polynicotinate)	100 mcg
Sodium	95 mg
Potassium (as dipotassium phosphate and potassium iodide)	350 mg
Flaxseed Hull (containing lignans)	1.84 g
Choline (as choline bitartrate)	450 mg
Isoflavones [from kudzu (<i>Pueraria lobata</i>) root extract]	25 mg
Turmeric Rhizome Extract (<i>Curcuma longa</i>) [standardized to 95% (200 mg) curcuminoids]	210 mg

Other Ingredients: Whey protein isolate (milk), fructose, natural flavors, rice syrup solids, olive oil, xanthan gum, hydrogenated vegetable oil (one or more of highly refined soybean oil, palm oil, and cottonseed oil), rice maltodextrin, guar gum, and mono- and diglycerides.
Contains: Milk.

Directions: Blend or shake 2 level scoops (45 grams) of Estrium Whey into 8 fluid ounces of chilled water, twice daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day.

Important Notice: This product has been formulated to provide nutritional support for female patients who may have premenstrual symptoms and complaints. It has not been tested for interactions with oral contraceptive medications, and the effectiveness of oral contraceptives for birth control cannot be ensured during use of Estrium Whey. Please discuss this important concern with your healthcare practitioner.

EstroFactors® Supports Healthy Estrogen Balance and Relieves Hormone- Related Symptoms*



EstroFactors is a nutraceutical that captures some of the targeted ingredients in Estrium®—in tablet form—to promote healthy estrogen metabolism by addressing multiple aspects, including excretion.*

Patient benefits:

- Designed to relieve common symptoms related to PMS, such as cramping, irritability, and breast tenderness*
- May support breast health by promoting the hydroxylation and methylation of estrogen*
- Features natural selective estrogen receptor modulators (SERMs) to lessen the impact of the more potent forms of estrogen*
- Delivers calcium L-5-methyltetrahydrofolate, providing an advantage for those with genetic variations in folate metabolism*

Form: 90 Tablets, 180 Tablets

Serving size: 1 Tablet

Vitamin A (50% as Betatene® mixed carotenoids, 50% as retinyl palmitate)	833 IU
Vitamin D (as cholecalciferol)	66.7 IU
Vitamin E (as d-alpha tocopheryl succinate)	66.7 IU
Vitamin K (as phytonadione)	13 mcg
Vitamin B ₆ (as pyridoxine HCl)	16.7 mg
Folate (as calcium L-5-methyltetrahydrofolate [†])	266 mcg
Vitamin B ₁₂ (as methylcobalamin)	10 mcg
Isoflavones [from a proprietary blend of red clover (<i>Trifolium pratense</i>) aerial part extract and kudzu (<i>Pueraria lobata</i>) root extract]	33 mg
Turmeric (<i>Curcuma longa</i>) Rhizome Extract [standardized to 95% (66.7 mg) curcuminoids]	70 mg
Rosemary (<i>Rosmarinus officinalis</i>) Leaf Extract [standardized to 11% min phenolic diterpenes and 7.6% min sum of carnosol + carnosic acid]	66.7 mg
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	0.67 mg
Trimethylglycine (as betaine HCl)	66.7 mg
Chrysin	30 mg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), calcium silicate, croscarmellose sodium, silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet daily with a meal or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: This product was not evaluated by Metagenics for use in women with known, or history of, hormone sensitive cancers.

Warning: Consult your healthcare practitioner before use if you are taking medications for birth control, or if you have a history of, or are being treated for cancer, liver disease or heart disease or if you develop symptoms of liver or kidney disease.

[†]As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

Exhilarin® Mental Clarity Support*



Exhilarin is a classic blend of adaptogenic herbs traditionally used in Ayurvedic medicine to increase stress tolerance and help maintain mental acuity.*

Patient benefits:

- Ayurvedic medicine traditionally used to address mental fatigue associated with stress*
- For individuals who are susceptible to becoming run down due to a hectic lifestyle and poor diet*
- Herbs to address multiple body systems involved in the stress response*
- Ideal for those who are “stressed and tired”*

Form: 60 Tablets

Serving size: 2 Tablets

A Proprietary Blend of Herbal Extracts: 1230 mg
Holy Basil (*Ocimum sanctum*) Leaf 8:1 Extract (containing urosolic acid), Ashwagandha (*Withania somnifera*) Root 15:1 Extract (containing withanolides), Amla (*Emblca officinalis*) Fruit 5:1 Extract (containing tannins), Bacopa (*Bacopa monniera*) whole plant 8:1 Extract (containing bacosides A & B)

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Do not use if pregnant or nursing. If taking medication, consult your healthcare practitioner before use.

Estrovera® Menopausal Hot Flash Relief*



Estrovera provides ERr 731®, a natural option demonstrated in clinical studies to significantly reduce menopausal hot flashes compared to placebo. These results are comparable to low-dose hormone therapies.*

Patient benefits:

- Clinically shown to reduce the number of daily menopausal hot flashes*
- Clinically demonstrated to relieve a wide range of other menopausal symptoms including:
 - Sleep disturbances
 - Depressive mood, irritability, and anxiety
 - Physical and emotional exhaustion
 - Joint and muscle complaints
 - Urinary tract symptoms
 - Vaginal dryness
- Excellent safety profile supported by 2 years of clinical testing in perimenopausal women*
- Clinically effective dose in just 1 tablet daily*

Form: 30 Tablets, 90 Tablets

Serving size: 1 Tablet

Rhapontic Rhubarb (*Rheum rhaponticum* L.) Root† Extract (ERr 731®) [Providing 2.2 mg rhaponticin and 1 mg desoxyrhaponticin]

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and enteric coating (ethyl cellulose, ammonium hydroxide, hydroxypropylmethylcellulose, hydroxypropylcellulose, medium chain triglycerides, sodium alginate, oleic acid, and stearic acid).

Directions: Take one tablet with food and a glass of water once daily at the same time of day or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Do not use if pregnant or nursing. This product is contraindicated for individuals with any known or suspected estrogen-dependent cancer. If taking medication, consult your healthcare practitioner before use.

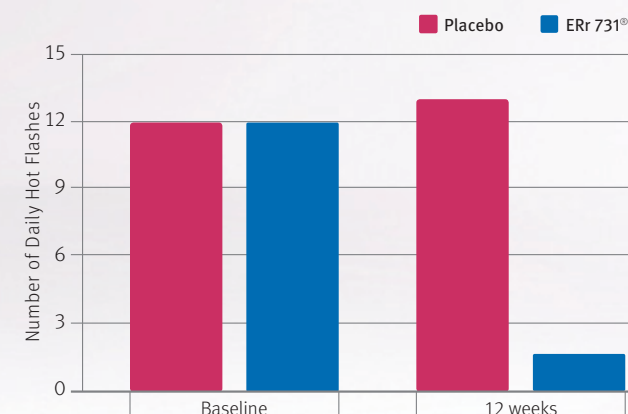
[†]Also known as Siberian rhubarb root.

News Flash—75% Fewer Hot Flashes

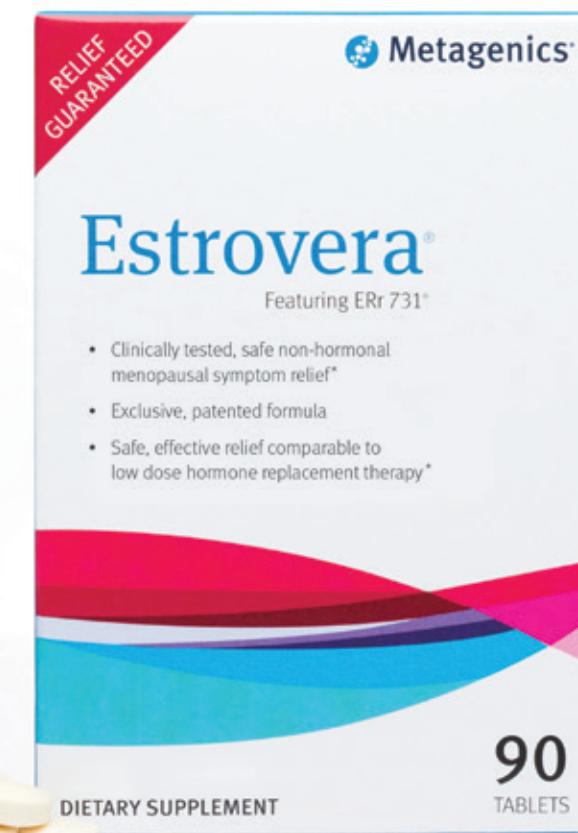
Clinically tested Estrovera®, featuring ERr 731®, has been safely used for over 20 years and is supported by scientific studies.

- Clinically shown to reduce menopausal hot flashes from 12 to 2 per day*[†]
- Effective, well tolerated relief with just 1 tablet a day
- Exceptional safety profile, recommended in Europe for over 20 years

Visit www.WhyEstrovera.com for more information and to learn more about the Estrovera money-back guarantee.



[†]ERr 731® subjects reported a significant decrease in the median number of daily hot flashes compared to subjects taking placebo. The estimated ratio is not included in the publication of a 12-week, multicenter, randomized, placebo-controlled clinical study of 109 postmenopausal women. It is calculated from the median change of 9 daily hot flashes divided by the median baseline value of 12 daily hot flashes.



EZ Flex® Nutritional Support for Muscle Health*

EZ Flex features niacinamide with other B vitamins, magnesium, and turmeric powder, and is designed to support soft tissue health.*

Patient benefits:

- A balanced combination of nutritional factors for support of healthy muscle tissues*
- Features a ratio-balanced combination of vitamins B₆ and B₁₂ to nutritionally support soft tissue*

Form: 60 Tablets

Serving size: 1 Tablet

Riboflavin	36 mg
Niacin (as niacinamide)	250 mg
Vitamin B ₆ (as pyridoxine HCl)	50 mg
Folate (as calcium L-5-methyltetrahydrofolate†)	400 mcg
Vitamin B ₁₂ (as methylcobalamin)	200 mcg
Magnesium (as magnesium bis-glycinate)	50 mg
Turmeric (<i>Curcuma longa</i>) Rhizome Powder	100 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), silica, croscarmellose sodium, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet twice daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

†As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

Fem Essentials® Comprehensive Nutritional Support for Women

Patient benefits:

- High levels of ratio-balanced B vitamins to support healthy adrenal and liver function, homocysteine metabolism, and a host of other metabolic processes
- Antioxidant nutrients A, C, E, as well as Caro-Xan™—our proprietary blend of beta-carotene and Betatene® mixed carotenoids
- High levels of calcium L-5-methyltetrahydrofolate—a body-ready, nature identical folate—to support health for women who may become pregnant*

Form: 90 Tablets

Serving size: 6 Tablets

Vitamin A [85% (8500 IU) as beta-carotene† and 15% (1500 IU) as retinyl acetate]	10,000 IU
Vitamin C (as ascorbic acid)	1200 mg
Vitamin D (as cholecalciferol)	20 IU
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	100 IU
Thiamin (as thiamin mononitrate)	30 mg
Riboflavin	34 mg
Niacin (as niacinamide and niacin)	420 mg
Vitamin B ₆ (as pyridoxine HCl)	40 mg
Folate (as calcium L-5-methyltetrahydrofolate)	800 mcg
Vitamin B ₁₂ (as methylcobalamin)	200 mcg
Biotin	300 mcg
Pantothenic Acid (as d-calcium pantothenate)	200 mg
Calcium (as calcium citrate)	500 mg
Iron (as iron glycinate)	10 mg
Iodine (as potassium iodide)	150 mcg
Magnesium (as magnesium bis-glycinate and magnesium citrate)	250 mg
Zinc (as zinc citrate)	20 mg
Selenium (as selenium aspartate)	200 mcg
Copper (as copper citrate)	2 mg
Manganese (as manganese citrate)	1 mg
Chromium (as chromium citrate)	200 mcg
Molybdenum (as molybdenum aspartate)	100 mcg
Potassium (as potassium aspartate)	99 mg
Betaine HCl	325 mg
Choline (as choline bitartrate)	200 mg
Inositol	188 mg
Citrus Bioflavonoid Complex	100 mg
para-Aminobenzoic Acid (PABA)	50 mg
Quercetin	25 mg
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	5.85 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

Directions: Take 6 tablets daily with meals or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day. If pregnant or nursing, taking other nutritional supplements or medication, consult your healthcare practitioner before use.

Fem EstroPlex® Early Menopausal Support*

Fem EstroPlex is designed to provide targeted nourishment for the woman who experiences early menopause.*

Patient benefits:

- Targeted nutrition for support during menopause*
- Provides vitamin and phytonutrient support and herbs traditionally used to support relaxation*
- Supplies specially selected herbs and vitamins that support the adrenal glands' adaptive response*

Form: 90 Tablets, 270 Tablets

Serving size: 3 Tablets

Vitamin C (as ascorbic acid)	300 mg
Vitamin E (as d-alpha tocopheryl succinate)	100 IU
Vitamin B ₆ (as pyridoxine HCl)	50 mg
Pantothenic Acid (as D-calcium pantothenate)	300 mg
Rutin	800 mg
A Proprietary Herbal Extract Blend of Dandelion (<i>Taraxacum officinale</i>) Root 4.5:1 Extract, Chasteberry (<i>Vitex agnus-castus</i>) Fruit Extract, Valerian (<i>Valeriana officinalis</i>) Root Extract, Motherwort (<i>Leonurus cardiaca</i>) Aerial Parts 6.5:1 Extract, Nettle (<i>Urtica dioica</i>) Root 10:1 Extract	1050 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take three tablets daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: If taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

Fem Premenstrual® Support for a Healthy Menstrual Cycle*

Fem Premenstrual is designed for women of childbearing age. Provides a 2-in-1 combination of traditional Chinese medicine (TCM) and targeted nutrients to relieve common symptoms associated with the menstrual cycle.*

Patient benefits:

- Supports healthy muscle function and a sense of well-being prior to menstruation with magnesium and selected herbs*

Form: 60 Tablets

Serving size: 2 Tablets

Vitamin C (as ascorbic acid)	66.7 mg
Vitamin B ₆ (as pyridoxine HCl)	25 mg
Pantothenic Acid (as D-calcium pantothenate)	25 mg
Magnesium (as magnesium citrate and magnesium bis-glycinate)	66.7 mg
Choline	50 mg
Taurine	100 mg
A 5:1 herbal extract blend of: Bupleurum (<i>Bupleurum chinense</i>) Root Extract, Chinese Peony (<i>Paeonia lactiflora</i>) Root Extract, Dong Quai (<i>Angelica sinensis</i>) Root Extract, Bai-Zhu Atractylodes (<i>Atractylodes macrocephala</i>) Root Extract, Poria Sclerotium (<i>Poria cocos</i>) Extract, Ginger (<i>Zingiber officinale</i>) Rhizome Extract, Chinese Licorice (<i>Glycyrrhiza uralensis</i>) Root Extract, Chinese Mint (<i>Mentha haplocalyx</i>) Leaf Extract	666 mg

Other Ingredients: Microcrystalline cellulose, choline bitartrate (hydrogenated soybean oil encapsulate), cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets once daily for the 10 days prior to menstruation, or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children. Do not exceed the recommended dosage unless directed by your healthcare practitioner.

Fem Prenatal® Gentle Vitamin and Mineral Support for Pregnant Women*

Fem Prenatal is a comprehensive multivitamin and mineral supplement designed to help pregnant women meet their increased nutritional needs. Since pregnancy increases the body's requirement for certain nutrients, most doctors recommend the added insurance of a multiple vitamin and mineral supplement. Taking 1 packet daily not only means more convenience, it means greater compliance. Now busy expectant mothers only have to worry about taking one packet daily—whenever they choose! It's ideal for healthy, happy moms and babies.*

Patient benefits:

- Just 1 convenient packet daily provides important nutrition a pregnant woman needs, including:*
 - Generous amount of folate—1 mg—to promote healthy fetal development*
 - Full-spectrum Betatene® mixed carotenoids, vitamin E, and selenium for antioxidant support
 - Vitamin C to support iron absorption and healthy immune function, as well as promote healthy development of cells, collagen, bones, and teeth*
 - Vitamin A to support fetal growth, healthy immune function, and eye health*
 - Vitamin B₁₂ to support healthy mental function and mood*
- Contains high quality, bioavailable ingredients in a form that is gentle to sensitive stomachs*

Form: 30 Packets

Serving size: 1 Packet

Vitamin A [1500 IU as retinyl palmitate and 2500 IU as mixed carotenoids]	4000 IU
Vitamin C (as ascorbic acid and niacinamide ascorbate)	250 mg
Vitamin D (as cholecalciferol)	400 IU
Vitamin E (as d-alpha tocopheryl succinate)	90 IU
Vitamin K (as phytonadione)	65 mcg
Thiamin (as thiamin mononitrate)	3.4 mg
Riboflavin	3.4 mg
Niacin (as niacinamide ascorbate)	35 mg
Vitamin B ₆ (as pyridoxine HCl)	10 mg
Folate (as calcium L-5-methyltetrahydrofolate)	1 mg
Vitamin B ₁₂ (as methylcobalamin)	120 mcg
Biotin	300 mcg
Pantothenic Acid (as D-calcium pantothenate)	20 mg
Calcium (as calcium citrate)	500 mg
Iron (as iron glycinate)	30 mg
Iodine (as potassium iodide)	175 mcg
Magnesium (as magnesium citrate and magnesium aspartate)	250 mg
Zinc (as zinc citrate)	25 mg
Selenium (as selenium aspartate)	75 mcg
Copper (as copper citrate)	2 mg
Manganese (as manganese citrate)	1.2 mg
Chromium (as chromium citrate)	25 mcg
Molybdenum (as molybdenum aspartate)	25 mcg
Inositol	50 mg

Other Ingredients for Multi Tablets: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

Other Ingredients for Mineral Tablets: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one packet daily with food or as directed by your healthcare practitioner. Each packet contains two (green) multi tablets and four (white) mineral tablets.

This product is non-GMO and gluten free.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Fenugreek Plus® Herbal Support for Healthy Glucose Metabolism*



Fenugreek Plus features concentrates of fenugreek, gymnema, and bitter melon, 3 highly valued herbs that support blood glucose.*

Patient benefits:

- Helps to support healthy blood sugar levels already in the normal range when used as part of a healthy diet by modulating intestinal glucose uptake*
- The unique, odorless extract of fenugreek provides a highly concentrated source of galactomannan
- Features 700 mg of soluble fiber in 2 capsules

Form: 60 Capsules

Serving size: 2 Capsules

Total Carbohydrate	1 g
Dietary Fiber	1g
Soluble Fiber	< 1 g
Fenugreek Seed 6.5:1 Extract† (<i>Trigonella foenum-graecum</i>) [standardized to 70% soluble fiber]	1 g
Bitter Melon Fruit 10:1 Extract (<i>Momordica charantia</i>) (containing bitter principles)	152 mg
Gymnema Leaf Extract (<i>Gymnema sylvestri</i>) [standardized to 25% (25 mg) gymnemic acids]	100 mg

Other Ingredients: Capsule (hypromellose), microcrystalline cellulose, silica, magnesium stearate (vegetable), and croscarmellose sodium.

Directions: Take two capsules twice daily with six to eight ounces of water before meals, or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, diabetic, taking heart medications, or have a chronic health condition, consult your healthcare practitioner before use. Keep out of the reach of children.

†Equivalent to 6500 mg raw, dried, unprocessed herbs.

Fibroplex® Support for Soft Tissue Tenderness*



Fibroplex is a specialized formula that provides nutritional support for energy metabolism and neuromuscular health.*

Patient benefits:

- Offers intensive, targeted nutrition for muscles to support well-being in patients with muscle tenderness and discomfort*
- Supports cellular energy production*
- Features bioavailable, well-tolerated magnesium in the form of an amino acid chelate
- Includes the trace mineral manganese to support the endogenous formation of the enzyme superoxide dismutase (SOD), which is a powerful antioxidant*

Form: 120 Tablets, 240 Tablets

Serving size: 2 Tablets

Thiamin (as thiamin mononitrate)	50 mg
Vitamin B ₆ (as pyridoxine HCl)	50 mg
Magnesium (as magnesium bis-glycinate)	150 mg
Manganese (as manganese citrate)	5 mg
Malic Acid	600 mg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, sodium starch glycolate, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Keep out of the reach of children.

FolaPro® L-5-Methyltetrahydrofolate



FolaPro features Metafolin®, the active, preferred form of folate called calcium L-5-methyltetrahydrofolate.*

Patient benefits:

- Features calcium L-5-methyltetrahydrofolate—a body-ready form of folate, helping to ensure all of the critical benefits of folate nutrition are realized*
- Requires no additional metabolic steps to be utilized by the body, making it a preferred choice for many individuals*
- Nutritionally supports many metabolic processes*
- Folate is an essential nutrient for many body processes including DNA synthesis.*

Form: 60 Tablets, 120 Tablets

Serving size: 1 Tablet

Folate (as calcium L-5-methyltetrahydrofolate†) 800 mcg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), and silica.

Directions: Take one tablet daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

†As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

GI Sustain™ Nutritional Support for the Management of Compromised Gut Function*



GI Sustain is designed to provide gastrointestinal nutritional support. The formula is uniquely designed to aid in promoting the growth of beneficial bacteria by including prebiotic fiber, combined with readily digestible, low-allergenic-potential macronutrients. GI Sustain features L-glutamine and isomalto-oligosaccharides (IMO) prebiotic fiber to promote gastrointestinal health.*

Patient benefits:

- Nourishes the cells of the intestinal mucosa
- Features rice protein concentrate supplemented with L-lysine HCl and L-threonine for an improved protein source
- Formulated with rice syrup solids as a natural energy source
- Features medium chain triglycerides, a readily absorbed and metabolized lipid source
- Features prebiotic IMO to selectively nourish beneficial bacteria, including lactobacilli and bifidobacteria
- IMO is naturally sweet but has a low-glycemic index
- Formulated with nutrients such as zinc gluconate and L-glutamine to nutritionally support gastrointestinal mucosa integrity
- Features methylated vitamin B₁₂ and calcium L-5 methyltetrahydrofolate, a bioavailable folate

Form: 1 lb 13.63 oz (840 g) Powder

Serving size: About 2 Scoops (60 g)

Calories	220
Calories From Fat	45
Total Fat	5 g
Saturated Fat	1.5 g
Total Carbohydrate	32 g
Dietary Fiber	3 g
Sugars	10 g
Protein	15 g

Vitamin A (2500 IU as beta-carotene and 1500 IU as retinyl palmitate)	4000 IU
Vitamin C (as ascorbic acid)	102 mg
Vitamin D (as cholecalciferol)	50 IU
Vitamin E (as d-alpha tocopheryl acetate)	50 IU
Thiamin (as thiamin HCl)	0.525 mg
Riboflavin	0.595 mg
Niacin (as niacinamide)	7 mg
Vitamin B ₆ (as pyridoxine HCl)	0.7 mg
Folate (as calcium L-5-methyltetrahydrofolate)	140 mcg
Vitamin B ₁₂ (as methylcobalamin)	2.1 mcg
Biotin	105 mcg
Pantothenic Acid (as D-calcium pantothenate)	100 mg
Calcium (as calcium citrate and dicalcium phosphate)	300 mg
Iron (as ferrous fumarate)	3.6 mg
Phosphorus (as dipotassium phosphate and dicalcium phosphate)	175 mg
Magnesium (as magnesium citrate)	121 mg
Zinc (as zinc gluconate)	7.5 mg
Copper (as copper gluconate)	0.5 mg
Manganese	1.3 mg
Chromium (as chromium picolinate)	75 mcg
Sodium	20 mg
Potassium (as dipotassium phosphate)	300 mg
Isomalto-oligosaccharides	3.4 g
L-Glutamine	500 mg
Glycine	100 mg
DL-Methionine	100 mg
L-Lysine (as L-lysine HCl)	35 mg
L-Threonine	34 mg
L-Cysteine (as L-cysteine HCl)	25 mg

Other Ingredients: Rice protein concentrate, rice syrup solids, rice flour, olive oil, medium chain triglycerides, natural flavors, silica, and rice maltodextrin.

Directions: Blend, shake, or briskly stir about 2 level scoops (60 grams) of GI Sustain into 8 ounces of chilled water or juice twice daily or as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to ½ to 1 scoop with 4 to 5 ounces of chilled water or juice twice daily during the first 3 to 4 days before starting a full daily dose.

This product is non-GMO and gluten free.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day.

Caution: Keep out of reach of children.

GinkgoRose™ Support for Healthy Mental Function*



GinkgoRose is designed to support healthy brain function by combining Ginkgo biloba with rosemary leaf extract.*

Patient benefits:

- Designed to support memory*
- Studies suggest ginkgo promotes healthy cerebral circulation, which is important for the delivery of oxygen and vital nutrients*
- Features a premium extract of Ginkgo biloba standardized to levels of active constituents consistent with clinical trials

Form: 60 Tablets

Serving size: 1 Tablet

Rosemary (<i>Rosmarinus officinalis</i>) Leaf Extract [standardized to 11% min phenolic diterpenes and 7.6% min sum of camosol+camosic acid]	250 mg
Ginkgo (<i>Ginkgo biloba</i>) Leaf Extract [standardized to 24% (19.2 mg) ginkgoflavonglycosides and 6% (4.8 mg) terpene lactones]	80 mg

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet two to three times daily between meals or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant, or nursing, or if you have a history of seizure disorder.

Caution: If taking medication, especially blood thinning agents, consult your healthcare practitioner before use. Do not use before surgery. Keep out of the reach of children.

Glucosamine Sulfate Joint Health Support*



Glucosamine Sulfate helps support healthy joints and other connective tissues by featuring glucosamine, a naturally occurring compound in all connective tissues.*

Patient benefits:

- Features glucosamine sulfate, designed to be easily absorbed
- Helps maintain the integrity of the cartilage matrix, which is crucial for healthy joint function*
- May support the mobility of joints*

Form: 60 Tablets, 90 Tablets

Serving size: 3 Tablets

Vitamin C (as ascorbic acid)	90 mg
Potassium (from glucosamine sulfate potassium chloride)	270 mg
D-Glucosamine Sulfate (as glucosamine sulfate potassium chloride)	1500 mg

Ingredients: Glucosamine sulfate potassium chloride [crustacean shellfish (crab shells, shrimp)], microcrystalline cellulose, cellulose, ascorbic acid, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose). **Contains: Crustacean shellfish (crab shells, shrimp).**

Directions: Take three tablets daily between meals or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: This product is not suitable for individuals with shellfish allergies. Keep out of the reach of children.

Glucosamine Sulfate 750™ Support for Healthy Cartilage*



Glucosamine Sulfate 750 helps support healthy joints and other connective tissues by featuring a significant amount of glucosamine, a naturally occurring compound in all connective tissues.*

Patient benefits:

- Features 750 mg of glucosamine sulfate designed to be easily absorbed
- Helps maintain the integrity of the cartilage matrix, which is crucial for healthy joint function*
- May support mobility of the joints*

Form: 60 Tablets

Serving size: 2 Tablets

Vitamin C (as ascorbic acid)	60 mg
Potassium (from glucosamine sulfate potassium chloride)	240 mg
D-Glucosamine Sulfate (as glucosamine sulfate potassium chloride)	1500 mg

Ingredients: Glucosamine sulfate potassium chloride [crustacean shellfish (crab shells, shrimp)], microcrystalline cellulose, cellulose, ascorbic acid, stearic acid (vegetable), silica, croscarmellose sodium, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose). **Contains: Crustacean shellfish (crab shells, shrimp).**

Directions: Take two tablets daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: This product is not suitable for individuals with shellfish allergies. Keep out of the reach of children.

GlutaClear® Advanced Glutathione Support*



GlutaClear provides a blend of key ingredients designed to support healthy glutathione metabolism and antioxidant systems in the body. Glutathione plays an important role in protecting the body against oxidative stress and detoxifying harmful compounds. Preliminary research suggests glutathione may also help protect mitochondria—the principle source of cellular energy—from damaging pro-oxidant influences.*

Patient benefits:

- Helps protect cells throughout the body from oxidative damage that may influence cellular aging*
- Supports hepatic detoxification function*

Form: 120 Tablets

Serving size: 2 Tablets

Vitamin C (as ascorbic acid)	500 mg
Niacin (as niacinamide)	750 mg
Selenium (as selenomethionine)	75 mcg
N-Acetylcysteine	750 mg
Broccoli (<i>Brassica oleracea</i> L.var. <i>italica</i>) Seed Extract (providing 5 mg sulforaphane glucosinolate)	38.5 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets twice daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If you are pregnant or nursing, consult your healthcare practitioner before use.

Glutagenics® Powerful Gastrointestinal Lining Support*



Glutagenics features 3 key ingredients—glutamine, deglycyrrhizinated licorice (DGL), and aloe vera gel that comprehensively support the integrity and healthy function of the gastrointestinal lining.*

Patient benefits:

- Supports a healthy intestinal lining, which is essential for healthy digestion, healthy immune function, and overall health*
- Features the amino acid glutamine, which provides both a source of fuel and precursors for growth to the rapidly dividing cells of the intestinal lining*
- Delivers a concentrated licorice extract that has been processed to remove glycyrrhizin, reducing the risk of adverse effects associated with licorice
- A premium powder of decolorized inner leaf aloe to support a healthy intestinal lining*
- Powdered form for ease of use and flexible dosing

Form: 9.16 oz (259.8 g) Powder

Serving size: About 1 Scoop (4.33 g)

L-Glutamine	3.5 g
Deglycyrrhizinated Licorice (<i>Glycyrrhiza glabra</i>) Root 10:1 Extract	500 mg
Aloe (<i>Aloe barbadensis</i>) Decolorized Inner Leaf Gel Powder	50 mg

Other Ingredients: Natural flavors.

Directions: Mix one scoop (4.33 g) with water or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: If taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

Glycogenics® Complete, Well-Balanced B-Complex Formula



Glycogenics is a balanced B-complex formula that features a blend of B vitamins and complementary nutrients.

Patient benefits:

- Promotes healthy homocysteine metabolism, energy metabolism, and a healthy stress response*

Form: 60 Tablets, 180 Tablets

Serving size: 1 Tablet

Vitamin C (as ascorbic acid)	125 mg
Thiamin (as thiamin mononitrate)	14 mg
Riboflavin	16 mg
Niacin (as niacinamide and niacin)	200 mg
Vitamin B ₆ (as pyridoxine HCl)	22 mg
Folate (as calcium L-5-methyltetrahydrofolate [†])	400 mcg
Vitamin B ₁₂ (as methylcobalamin)	250 mcg
Biotin	250 mcg
Pantothenic Acid (as D-calcium pantothenate)	75 mg
Choline (as choline bitartrate)	100 mg
Inositol	94 mg
<i>para</i> -Aminobenzoic Acid (PABA)	15 mg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet twice daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Keep out of the reach of children. If pregnant or nursing, taking other nutritional supplements or medication, consult your healthcare practitioner before use.

[†]As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

FirstLine Therapy Healthy Transformation™ Weight Loss Program

The FirstLine Therapy Healthy Transformation Program is a clinically designed program to guide patients on the path to better health. Inside the package is a program guide and targeted nutritional support.

Program features:

- Targeted support for weight loss with a choice of Natural Chocolate Protein Shake, Natural Vanilla Protein Shake, and/or Vegetable Soup
- Advanced nutritional support for health with daily supplement packets, probiotic, fiber mix, and low glycemic protein bar*
- Program guide with easy-to-follow instructions, menu plans, and recipes
- High protein, phytonutrient-dense food plan with a wide range of choices
- Simple exercise plan
- Online support, including FAQs and helpful lifestyle tips
- Practitioner support and counseling sessions

Nutritional support for weight loss:

- Healthy Transformation Protein Shake—delicious, high protein shake mix
- Healthy Transformation Vegetable Soup—delicious, high-protein savory soup mix
- Or choose an option with 2 protein shakes and no vegetable soup

Nutritional support for overall health:‡

- Healthy Transformation Advanced Nutrition—twice daily nutritional support packets for overall wellness*
- Herbulk®—dietary fiber for gastrointestinal support* (see page 35 for complete product information)
- Ultra Protein Bar—great-tasting, low glycemic protein bar (see page 71 for complete product information)
- UltraFlora® Balance—daily probiotic for digestive and immune health support* (see page 78 for complete product information)

[‡]These products are for general health support and do not directly lead to weight loss.

Healthy Transformation™ Advanced Nutrition



Healthy Transformation Advanced Nutrition features a 1-month supply of twice-daily packets formulated to support your nutritional needs and help maintain overall health.* These nutritional packets are offered as part of the Healthy Transformation™ Weight Loss Program and are not for individual sale.

Each packet provides:

- **PhytoMulti®**
For multifaceted health support
PhytoMulti is the “smart multi” with essential nutrients and a proprietary blend of concentrated extracts and phytonutrients to help protect cells and maintain DNA stability—activating health potential like no other supplement*
- **D₃ 1000™**
For immune and bone health support
Features 1000 IU of vitamin D₃ per tablet—the most bioactive form of supplemental vitamin D*
- **OmegaGenics® EPA-DHA 720**
Advanced Support for Cardiovascular, Immune & Joint Health*
Features a concentrated, purified source of pharmaceutical-grade omega-3 fatty acids from sustainably sourced, cold-water fish—each softgel provides a total of 430 mg EPA and 290 mg DHA*

Form: 60 Packets

Serving size: 1 Packet

Calories	10
Calories From Fat	10
Total Fat	1 g
Cholesterol	Less than 5 mg
Vitamin A [50% as mixed carotenoids and 50% as retinyl acetate]	5000 IU
Vitamin C (as ascorbic acid and ascorbyl palmitate)	60 mg
Vitamin D ₃ (as cholecalciferol)	1500 IU
Vitamin E (as d-alpha tocopheryl succinate)	50 IU
Vitamin K (as phytonadione)	60 mcg
Thiamin (as thiamin mononitrate)	12.5 mg
Riboflavin	7.5 mg
Niacin (as niacinamide and niacin)	25 mg
Vitamin B ₆ (as pyridoxine HCl)	12.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)	400 mcg
Vitamin B ₁₂ (as methylcobalamin)	100 mcg
Biotin	250 mcg

Pantothenic Acid (as D-calcium pantothenate)	37.5 mg
Iodine (as potassium iodide)	75 mcg
Magnesium (as magnesium citrate)	20 mg
Zinc (as zinc citrate)	7.5 mg
Selenium (as selenium aspartate)	50 mcg
Copper (as copper citrate)	0.5 mg
Manganese (as manganese citrate)	0.25 mg
Chromium (as chromium polynicotinate)	100 mcg
Molybdenum	25 mcg
(as molybdenum aspartate complex)	
Choline (as choline bitartrate)	12.5 mg
Inositol	12.5 mg
Lycopene	3 mg
Zeaxanthin	1 mg
Lutein	3 mg
Resveratrol	5 mg
(from <i>Polygonum cuspidatum</i> root extract)	
Proprietary Phytonutrient Blend of:	200 mg
Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 40% ellagic acid], grape seed extract [standardized to 90% polyphenols], blueberry fruit extract [standardized to 20% total polyphenols, and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract [standardized to 5% bitter principles], prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese Cinnamon (<i>Cinnamomum cassia</i>) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 11% min phenolic diterpenes and 7.6 % min sum of carnosol+camosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]	
Marine Lipid Concentrate	1.25 g
EPA (Eicosapentaenoic acid)	430 mg
DHA (Docosahexaenoic acid)	290 mg
Other Omega-3 Fatty Acids	80 mg

Other Ingredients PhytoMulti:

Microcrystalline cellulose, cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

Ingredients OmegaGenics EPA-DHA 720:

Marine lipid concentrate [fish (sardine, anchovy, and mackerel) oil], softgel shell (gelatin, glycerin, water), natural lemon flavor, natural lime favor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (sardine, anchovy, and mackerel).**

Other Ingredients D₃ 1000:

Microcrystalline cellulose, sodium starch glycolate, stearic acid (vegetable), and silica.

Each packet contains: 1 PhytoMulti tablet (green), 1 OmegaGenics EPA-DHA 720 softgel (yellow), and 1 D₃ 1000 tablet (white).

Directions: Take one packet twice daily with food or as directed by your healthcare practitioner.

Warning: Do not use if pregnant or nursing. Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day.

Caution: If taking other nutritional supplements or medication, consult your healthcare practitioner before use. Do not use before surgery.

Products included are non-GMO and gluten free.

Healthy Transformation™ Protein Shake



Healthy Transformation Protein Shake is a high quality, high protein shake mix. Protein is essential in any nutritional regimen, regardless of age or activity level. The vanilla and chocolate flavors are delicious when mixed with water alone, and can also be used as a foundation for a variety of shake recipes.

Patient benefits:

- Features 20 grams of whey protein, which has the highest biological value of any naturally occurring protein
- Features the prebiotic IMO

Flavor: Natural Chocolate Flavor (product information for this flavor is shown), Natural Vanilla Flavor

Form: 12.7 oz (360 g) Powder

Serving size: 2 scoops (36 g)

Calories 110	Calories from Fat 20
% Daily Value	
Total Fat 2 g	3%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 10 mg	3%
Sodium 100 mg	4%
Potassium 300 mg	9%
Total Carbohydrate 12 g	4%
Dietary Fiber 7 g	28%
Sugars 1 g	
Protein 20 g	40%
Vitamin A 0%	Vitamin C 0%
Calcium 10%	Iron 6%

Ingredients: Whey protein isolate (milk), maltodextrin, erythritol, natural flavors, Dutch processed cocoa powder, olive oil, sunflower lecithin, xanthan gum, silica, sodium chloride, guar gum, and rebaudioside A (*Stevia rebaudiana* leaf extract). **Contains: Milk.**

Directions: Blend, shake, or briskly stir 2 scoops (36 g) of Protein Shake into 8 fluid ounces of chilled water.

Notice: For weight reduction, use only as directed in the Healthy Transformation diet plan found at www.metagenics.com/healthytransformation. Do not use in diets supplying less than 400 Calories per day without medical supervision.

This product is non-GMO and gluten free.

Healthy Transformation™ Vegetable Soup



Healthy Transformation Vegetable Soup is a delicious, high protein, savory soup mix. It features pea protein, making it suitable for individuals who prefer a dairy-free or vegan meal. Mixes easily with warm water to make a great-tasting, satisfying soup—and can be used as the foundation for other recipes.

Patient benefits:

- Features 20 grams of pea protein
- For more texture and variety, you may also add fresh herbs and sautéed vegetables or greens

Flavor: Vegetable Soup

Form: 11.46 oz (325 g) Powder

Serving size: 2 scoops (32.5 g)

Calories 120	Calories from Fat 30
% Daily Value	
Total Fat 3 g	5%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 790 mg	33%
Potassium 350 mg	10%
Total Carbohydrate 3 g	1%
Dietary Fiber 1 g	4%
Protein 20 g	37%
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 35%
Chloride 45%	
Not a significant source of sugars	

Ingredients: Pea protein, soup seasoning [salt, yeast extract, sugar, onion powder, garlic powder, tomato powder, green bell pepper powder, carrot powder, silicon dioxide, natural flavor, and celery powder], Mirepoix powder [salt, yeast extract, garlic powder, sugar, onion powder, tapioca maltodextrin, carrot powder, celery powder, spice, silicon dioxide, and natural flavor], potassium chloride, silicon dioxide, xanthan gum, sodium chloride, and parsley flakes (dried).

Directions: Add 2 scoops (32.5 g) to 8 ounces of hot water and stir until dissolved. You may also add the powder to cold water and microwave for one minute to heat. More water may be added to thin the consistency of the soup. DO NOT mix hot liquids in a blender or shaker bottle.

Notice: For weight reduction, use only as directed in the Healthy Transformation diet plan found at www.metagenics.com/healthytransformation. Do not use in diets supplying less than 400 Calories per day without medical supervision.

This product is non-GMO, gluten free, and vegetarian.

Hemagenics® Support for Red Blood Cells*



Hemagenics is a hematinic formula comprised of iron designed to be highly absorbable, succinic acid, glycine, folate, and vitamins B₆ and B₁₂.*

Patient benefits:

- Supports the formation and maintenance of healthy red blood cells*
- Features iron as a mineral amino acid chelate that is designed to be non-constipating in most individuals
- Features calcium L-5-methyltetrahydrofolate—a body-ready form of folate*

Form: 60 Tablets, 180 Tablets

Serving size: 1 Tablet

Thiamin (as thiamin mononitrate)	5 mg
Vitamin B ₆ (as pyridoxine HCl)	5 mg
Folate (as calcium L-5-methyltetrahydrofolate†)	600 mcg
Vitamin B ₁₂ (as methylcobalamin)	350 mcg
Calcium	25 mg
Iron (as ferrous bis-glycinate)	29 mg
Phosphorus	19 mg
Copper (as copper lysinate HCl)	1 mg
Succinic Acid	100 mg
Glycine	100 mg

Other Ingredients: Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

†As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

Herbulk® Support for Healthy Intestinal Function & Integrity*



Herbulk is a powdered fiber product designed primarily to provide the metabolic benefits of fiber, helping to support healthy intestinal function and integrity.*

Patient benefits:

- Supports healthy intestinal function*
- Great for those who have occasional loose stools*
- Features satiety-enhancing fiber to create a feeling of fullness*

Flavor: Orange Flavor

Form: 8.78 oz (249 g) Powder

Serving size: About 1 Scoop (8.3 g)

Calories	5
Total Carbohydrate	8 g
Dietary Fiber	7 g
Soluble Fiber	5 g
Insoluble Fiber	2 g
Vitamin C	60 mg
Sodium	10 mg

Ingredients: Maltodextrin, psyllium husk powder, cellulose, citric acid, natural flavors, ascorbic acid, rebaudioside A (*Stevia rebaudiana* leaf extract), and beta-carotene (color).

Directions: Blend, shake, or briskly stir 1 level scoop (8.3 grams) of Herbulk into at least 8-12 ounces of water, juice, or other beverage, or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Take this product as recommended, mixing 1 level scoop (8.3 grams) of Herbulk with at least 8-12 ounces of fluid per serving. Taking without enough liquid may cause choking. Do not use if you have difficulty swallowing, or are sensitive to inhaled or ingested psyllium. As many individuals have an insufficient dietary intake of fiber, some may benefit from beginning with ½ scoop daily for one week to improve tolerance.

HerSynergy® Female Libido Support*



HerSynergy is formulated to improve libido in women with a special, concentrated extract of fenugreek that may support multiple key markers of sexual function and arousal. This novel formula also delivers targeted vitamins and minerals to help support estrogen metabolism and address other issues related to libido, such as mood and stress.*

Patient benefits:

- Features fenugreek, a safe and effective botanical to help improve libido in women*
- Delivers a unique blend of vitamins and minerals to help address mood, stress, and overall health*
- Supports healthy estrogen metabolism*

Form: 60 Tablets

Serving size: 1 Tablet

Vitamin B ₆ (as pyridoxine HCl)	0.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)	200 mcg
Vitamin B ₁₂ (as methylcobalamin)	1 mcg
Magnesium (as magnesium citrate)	50 mg
Zinc (as zinc citrate)	2.5 mg
Fenugreek (<i>Trigonella foenum-graecum</i>) Seed Extract† [standardized to 150 mg saponin glycosides]	300 mg
Betaine HCl	100 mg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, maltodextrin, and polyethylene glycol).

Directions: Take one tablet twice daily with food or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: Consult your healthcare practitioner if taking other nutritional supplements or medications.

*As Libifem®. Libifem® is a registered trademark of Gencor.

HisSynergy™ Male Libido Support*



HisSynergy (formerly known as Tribulus Synergy®) provides premium botanical support for healthy male sexual function, libido, stress resilience, and vitality—in 1 convenient supplement.*

Patient benefits:

- Supports healthy sexual drive with tribulus fruit, an herb used to evoke a healthy male response*
- Promotes male vitality and a healthy libido with tribulus, cowage, and ashwagandha—a male tonic referred to as Indian ginseng*
- Features herbs traditionally used to encourage a healthy stress response*

Form: 60 Tablets

Serving size: 1 Tablet

Tribulus (<i>Tribulus terrestris</i>) Fruit 10:1 Extract [standardized to 40% (100 mg) saponins]	250 mg
Ashwagandha (<i>Withania somnifera</i>) Root Extract 15:1 [standardized to 1% (2 mg) withanolides]	200 mg
Cowage (<i>Mucuna pruriens</i>) Seed Extract [standardized to 20% (10 mg) levodopa]	50 mg

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If taking levodopa containing medications, consult your healthcare practitioner before use. To be taken under supervision of a healthcare provider. Keep out of the reach of children.

ImmuCore® Multidimensional Support for Healthy Immune Function*



ImmuCore is designed to provide an innovative approach to support immune system health.*

Patient benefits:

- Offers a 3-pronged approach to wellness with Ultra Potent-C® combined with zinc and a concentrated blend of mushroom extracts*
- Uses a buffering delivery system to prevent potential stomach upset associated with vitamin C*
- Vitamin D for long-term immune health support*
- Ultra Potent-C® has been shown to have 18% to 25% higher uptake in white blood cells than plain vitamin C*
- Nourishing mushrooms protect a stressed immune system*
- Oleanolic acid and selenium help protect cells against harmful free radicals*

Form: 90 Tablets

Serving size: 1 Tablet

Vitamin C (as Ultra Potent-C®†)	333 mg
Vitamin D (as cholecalciferol)	333 IU
Niacin (as niacinamide ascorbate)	26 mg
Zinc (as zinc citrate)	5 mg
Selenium (as selenomethionine)	67 mcg
Oleanolic Acid	60 mg
A Proprietary 10:1** water extract of: Reishi (<i>Ganoderma lucidum</i>), Shiitake (<i>Lentinus edodes</i>), Fu-Ling (<i>Poria cocos</i>), Turkey Tail Mushroom (<i>Coriolus versicolor</i>), Oyster Mushroom (<i>Pleurotus ostreatus</i>), Cordyceps (<i>Paecilomyces hepiali</i> ††), Maitake (<i>Grifola frondosa</i>)	217 mg

Ingredients: Ultra Potent-C® [calcium ascorbate, niacinamide ascorbate, ascorbic acid, xylitol, sodium ascorbate, magnesium ascorbate, L-lysine HCl, ascorbyl palmitate, citrus bioflavonoid complex, potassium ascorbate, tetrasodium pyrophosphate, alpha D-ribofuranose, L-cysteine HCl, and L-glutathione], proprietary mushroom decoction, microcrystalline cellulose, oleanolic acid, cellulose, calcium silicate, stearic acid (vegetable), croscarmellose sodium, silica, zinc citrate, selenomethionine, magnesium stearate (vegetable), cholecalciferol, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Use as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Do not use if pregnant or nursing.

Caution: If taking medication, including anticoagulants or antihypertensive medications, consult your healthcare practitioner before use. Do not exceed recommended dosage or take for more than three consecutive months. Keep out of the reach of children.

†Ultra Potent-C® U.S. Patent #5,626,883.

**Equivalent to 6.51 g raw, dried, unprocessed mushrooms.

††An asexual derivation of *Cordyceps sinensis* reported by the Institute of Microbiology, the Chinese Academy Sciences, Beijing PRC.

Inflavonoid® Relief of Minor Pain*



Inflavonoid is expertly formulated to provide relief from minor pain and support healthy muscle tissue. It is the perfect choice for patients whose muscles are impacted by physical stressors, poor posture, and even inactivity.*

Patient benefits:

- Supports muscle and connective tissue health*
- Features Ayurvedic herbs traditionally used to support healthy muscle tissue*
- Includes lemon bioflavonoids and vitamin C, which help to protect connective tissues from damaging free radicals*

Form: 60 Tablets, 180 Tablets

Serving size: 1 Tablet

Vitamin C (as ascorbic acid)	100 mg
Turmeric (<i>Curcuma longa</i>) Rhizome Powder	450 mg
Lemon Bioflavonoid Complex [standardized to 50% (125 mg) total bioflavonoids]	250 mg
Ginger (<i>Zingiber officinale</i>) Rhizome Powder	150 mg

Other Ingredients: Silicified microcrystalline cellulose, stearic acid (vegetable), cellulose, silica, calcium silicate, croscarmellose sodium, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Use as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

Inflavonoid Intensive Care® Herbal Relief for Minor Pain*



Inflavonoid Intensive Care delivers the same great ingredients and benefits as original Inflavonoid, but with added support for those who want a more aggressive approach.*

Patient benefits:

- Features an extract of boswellia, as well as turmeric and ginger—all premium quality and standardized to key compounds to ensure effectiveness, reproducibility, and consistent results
- Delivers cayenne pepper to help relieve minor pain*
- Features muscle tissue support and relief of minor pain following intense exercise or “weekend warrior” activities*

Form: 30 Tablets, 90 Tablets

Serving size: 1 Tablet

Vitamin C (as ascorbic acid)	100 mg
Boswellia (<i>Boswellia serrata</i>) Gum Extract [standardized to 66.5% (137.25 mg) organic acids]	206.5 mg
Turmeric (<i>Curcuma longa</i>) Rhizome Extract [standardized to 95% (142.5 mg) curcuminoids]	150 mg
Ginger (<i>Zingiber officinale</i>) Rhizome Extract [standardized to 5% (5 mg) gingerols]	100 mg
Cayenne Pepper (<i>Capsicum annuum</i>) Fruit	25 mg
Lemon Bioflavonoid Complex [standardized to 50% (50 mg) full spectrum bioflavonoids]	100 mg
Quercetin	50 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), calcium silicate, silica, croscarmellose sodium, sodium starch glycolate, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Use as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, taking medication or taking other nutritional supplements, consult your healthcare practitioner before use. Keep out of the reach of children.

U.S. Patent Nos. 6,534,086; 6,949,260.

Insinase® Selective Kinase Response Modulators for Healthy Insulin Function*



Insinase features selective kinase response modulators (SKRMs) designed to support healthy cellular insulin function.*

Patient benefits:

- Proprietary formula featuring SKRMs—RIAA and acacia—which have been shown to modulate insulin function†*
- SKRMs modulate kinase signaling in adipocytes, which are fat-storing cells involved in glucose utilization and insulin signaling†*
- In vitro and in vivo testing demonstrated inhibition of IL-6 cytokines—which influence insulin function†*

Form: 90 Tablets

Serving size: 3 Tablets

A Proprietary Blend of: Reduced Iso-Alpha Acids and Indian Gum Arabic Tree (<i>Acacia nilotica</i>) Bark and Heartwood Extract	540 mg
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Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, sodium starch glycolate, silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

Directions: Take three tablets daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Do not use if pregnant, nursing, or taking anticoagulants. If taking other medication, consult your healthcare practitioner before use. Keep out of the reach of children.

*Based on in vitro and in vivo testing conducted at Functional Medicine Research Center, the clinical research arm of Metagenics.

Intesol®
Antispasmodic
GI Support*



Intesol features herbs noted for their antispasmodic and carminative effects, which may provide comforting relief of gastrointestinal disturbances.*

Patient benefits:

- Helps to relax intestinal smooth muscle for relief of occasional intestinal discomfort*
- May help relieve symptoms of occasional indigestion*
- Delivers the anti-spasmodic and carminative benefits of pure grade peppermint oil*
- Promotes relaxation and helps to relieve stress by featuring lavender and chamomile*
- Enteric-coated softgels allow targeted delivery of the actives to the intestines, not the stomach, for maximum effectiveness

Form: 60 Enteric Coated Softgels

Serving size: 1 Enteric Coated Softgel

Chamomile Flower Extract (<i>Matricaria recutita</i>)	250 mg
[containing 2.5% (6.25 mg) apigenin glycosides ¹]	
Peppermint Leaf Oil (<i>Mentha x piperita</i>)	270 mg
[supplies a minimum of 50% (100 mg) menthol]	
Lavender Flower Oil (<i>Lavandula officinalis</i>)	20 mg
Sodium Copper Chlorophyllin	0.15 mg

Other Ingredients: Gelatin, rice bran oil, glycerin, enteric coating (methacrylic acid copolymer, polyethylene glycol, polysorbate 80, and sodium lauryl sulfate), purified water, and silica.

Directions: Take one softgel three times daily before meals or as directed by your healthcare practitioner.

This product is gluten free.

Warning: Do not use if pregnant or nursing.

Caution: If taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

¹Calculated as apigenin-7-glycoside by HPLC.

Intrinsi B₁₂-Folate™
With 20 mg Intrinsic Factor



Intrinsi B₁₂-Folate features vitamin B₁₂ and folate in combination with intrinsic factor for enhanced absorption and assimilation.

Patient benefits:

- Supports healthy cardiovascular and nervous system function*
- Features high levels of vitamin B₁₂ and folate, which play important roles in the synthesis of DNA and, therefore, the growth and function of all cells in the body*
- Delivers porcine-derived intrinsic factor, a natural glycoprotein that may enhance the absorption of vitamin B₁₂
- Features calcium L-5-methyltetrahydrofolate—a body-ready, nature identical folate*

Form: 60 Tablets, 180 Tablets

Serving size: 1 Tablet

Folate (as calcium L-5-methyltetrahydrofolate ¹)	800 mcg
Vitamin B ₁₂ (as methylcobalamin)	500 mcg
Intrinsic Factor	20 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), and croscarmellose sodium.

Directions: Take one tablet daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Keep out of the reach of children.

¹As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

Kaprex®
Selective Kinase
Response Modulators for
Worry-Free Joint Relief*



Kaprex is designed to provide effective joint relief. This proprietary combination of selected plant components influences kinase signaling and the formation of certain substances that are associated with minor pain.

Patient benefits:

- Provides effective joint relief that is worry-free*
- Modulates prostaglandin E₂ (PGE₂) production at specific target cells*
- Features selective kinase response modulators (SKRMs) in the form of tetrahydro iso-alpha acids (THIAA) to modulate kinase activity in favor of good health*
- The ingredient synergy of Tetrase™, oleanolic acid, and rosemary provide efficacy at a low dose*

Form: 20 Softgels, 60 Softgels

Serving size: 1 Softgel

A Proprietary Blend of:	350 mg
Tetrase™ [Tetrahydro iso-alpha acids complex ¹ (from hops, <i>Humulus lupulus</i> L.)], Rosemary (<i>Rosmarinus officinalis</i>) Leaf Extract, Oleanolic Acid (from olive leaf extract, <i>Olea europaea</i>)	

Other Ingredients: Olive oil, gelatin, glycerin, yellow beeswax, water, and sodium copper chlorophyllin (color).

Directions: Take one softgel two times daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Do not use if pregnant or nursing, or taking anticoagulants. If taking other medication, consult your healthcare practitioner before use. Keep out of the reach of children.

¹U.S. Patent Nos. 7,205,151; 7,195,785; 7,270,835; 7,332,185.

Kaprex® AI
Selective Kinase Response
Modulators for Balanced
Immune Function*



Kaprex AI targets underlying issues such as eicosanoid and cytokine levels associated with minor pain and a healthy immune system response. Healthy immune system function and eicosanoid balance are important for maintaining healthy tissues and organ systems in the body.*

Patient benefits:

- Features selective kinase response modulators (SKRMs) derived from hops—reduced iso-alpha acids (RIAA)—to support healthy eicosanoid balance*
- Delivers a specialized blend of vitamin D, zinc, and selenium for immune health support*

Form: 90 Tablets

Serving size: 1 Tablet

Vitamin D (as cholecalciferol)	500 IU
Zinc (as zinc citrate)	5 mg
Selenium (as selenomethionine)	50 mcg
Reduced Iso-Alpha Acids ¹	225 mg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), calcium silicate, silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet three times daily with food, or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Do not use if pregnant, nursing, or taking other medication, consult your healthcare practitioner before use. Keep out of the reach of children.

¹Ludduxin® consists of reduced iso-alpha acids (from hops extract, *Humulus lupulus*) and magnesium salt produced via a proprietary process. U.S. Patent Nos #7,718,198, 7,901,713, 7,901,714.

**L-Carnitine
with Chromium**
Support for Fat
Metabolism*



L-Carnitine with Chromium is a blend of 2 nutrients that play important roles in the metabolism of fats.*

Patient benefits:

- Features the amino acid L-carnitine, which mediates the transfer of fatty acids across the membranes of the mitochondria (the cell's energy producing organelles) where they are oxidized as fuel for energy*
- Delivers the trace mineral chromium, an essential component of glucose tolerance factor (GTF) that supports healthy glucose metabolism*

Form: 30 Tablets

Serving size: 1 Tablet

Chromium (as chromium citrate)	50 mcg
L-Carnitine (as L-carnitine fumarate)	250 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), silica, sodium starch glycolate, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet twice daily between meals or as directed by your healthcare practitioner.

This product non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing consult your healthcare practitioner before use. Keep out of the reach of children.

Licorice Plus®
Support for Cortisol
Metabolism*



Licorice Plus is designed for individuals who have been exposed to moderate or prolonged stress and have difficulty achieving an adaptive response, which may be due to physically exhausted reserves.*

Patient benefits:

- Supports healthy cortisol metabolism, which is associated with a healthy physiological response to stress*
- Promotes healthy adrenal function and vitality*
- Features ashwagandha, an Ayurvedic herb with adaptogenic properties—often referred to as “Indian ginseng”*
- Standardized to ensure controlled delivery of glycyrrhizic acid—a key active ingredient from licorice

Form: 60 Tablets

Serving size: 1 Tablet

Licorice (<i>Glycyrrhiza glabra</i>) Root Extract	300 mg
[standardized to 25% (75 mg) glycyrrhizic acid]	
Ashwagandha (<i>Withania somnifera</i>) Root	50 mg
15:1 Extract (containing withanolides)	
A 4:1 ¹ Herbal Extract Blend of:	250 mg
Rehmannia (<i>Rehmannia glutinosa</i>) Root	
Chinese Yam (<i>Dioscorea oppositifolia</i>) Root	

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warnings: Do not use if pregnant or nursing or if you have heart disease or hypertension. Do not exceed 600 mg of glycyrrhizic acid daily. Extended use at these levels may elevate blood pressure.

Caution: If taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

¹Equivalent to 1000 mg raw, dried, unprocessed herbs.

Lipo-Gen™
Lipotropic Formula*



Lipo-Gen is a formula that features a broad-spectrum and unique blend of lipotropic nutrients combined with select amino acids, vitamins, and herbs to support healthy liver and gallbladder function.*

- Patient benefits:**
- Features nutrients involved in fat metabolism, including inositol, choline, and taurine*
 - Delivers methyl donors, folic acid, vitamins B₆ and B₁₂, and select herbs that are traditionally used to support healthy bile acid and liver metabolism*

Form: 90 Tablets, 270 Tablets

Serving size: 2 Tablets

Vitamin C (as ascorbic acid)	100 mg
Vitamin B ₆ (as pyridoxine HCl)	10 mg
Folate (as calcium L-5-methyltetrahydrofolate)	100 mcg
Vitamin B ₁₂ (as methylcobalamin)	10 mcg
Magnesium (as magnesium oxide)	50 mg
Choline (as choline bitartrate)	300 mg
Inositol	150 mg
Taurine	100 mg
L-Methionine	100 mg
Betaine HCl	100 mg
A Proprietary Blend of Herbal Extracts:	95 mg
Artichoke (<i>Cynara scolymus</i>) Leaf Extract (containing cynarin and chlorogenic acid),	
Chen Pi (<i>Citrus reticulata</i>) 5:1 Extract [standardized to 2% total bioflavonoids]	

Other Ingredients: Cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets at mealtime three times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

Lipotain®
Non-Flush Niacin & Guggul for Healthy Blood Lipid Levels*



Lipotain is designed to support healthy blood lipids.*

- Patient benefits:**
- Features 2 scientifically supported nutritional factors for promoting healthy blood lipids*
 - Delivers a sustained-release form of niacin that is effective without the uncomfortable side effects associated with conventional niacin, such as flushing*
 - Includes a clinically significant dose of guggul resin extract in just 4 tablets daily*

Form: 60 Tablets, 180 Tablets

Serving size: 1 Tablet

Niacin (as inositol hexanicotinate)	500 mg
Guggul (<i>Commiphora mukul</i>) Resin Extract (containing guggulsterones)	375 mg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), cellulose, silica, magnesium stearate (vegetable), croscarmellose sodium, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet three times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medication consult your healthcare practitioner before use.

Mag Citrate™
Healthy Muscle Function*



Mag Citrate is a blend of magnesium citrate and calcium citrate that nutritionally supports musculoskeletal health.*

- Patient benefits:**
- Supports normal muscle contraction and relaxation responses during rest or vigorous activity, and may help to prevent nocturnal leg muscle cramps*
 - Supports healthy bone structure*

Form: 120 Tablets

Serving size: 3 Tablets

Calcium (as calcium citrate)	60 mg
Magnesium (as magnesium citrate)	300 mg

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take three tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: To be taken in the dose as prescribed by a healthcare provider. If loose stools occur stop use and notify your healthcare provider.

Caution: Keep out of the reach of children.

Mag Glycinate
Highly Absorbable Magnesium



Mag Glycinate is designed to enhance absorption and intestinal tolerance of magnesium.*

- Patient benefits:**
- Supports muscle relaxation and nervous system health*
 - May help to prevent nocturnal leg muscle cramps*
 - Unlike other formulations, magnesium bis-glycinate is absorbed via a mechanism similar to that used by amino acids; it is not dependent on stomach acid for absorption*

Form: 120 Tablets, 240 Tablets

Serving size: 1 Tablet

Magnesium (as magnesium bis-glycinate)	100 mg
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Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and magnesium stearate (vegetable).

Directions: Take one tablet three times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

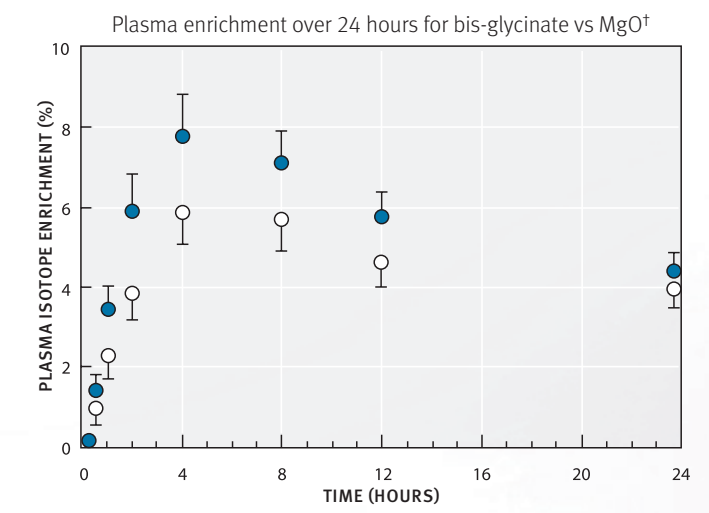
Caution: Keep out of the reach of children.

Magnesium? Or Magnificent?

Magnesium the mineral. Amazing in that it is involved in over 300 chemical reactions in the body. And marvelous in its ability to support muscle relaxation and nervous system health.*

Unlike other formulations, magnesium bis-glycinate is absorbed via a mechanism similar to that used by amino acids, so it's not dependent on stomach acid for absorption. This means the Metagenics formula is designed to enhance absorption and intestinal tolerance of magnesium, so patients get more of what they want, and less of what they don't want.*

Let's call it *magnificent* Mag Glycinate.



Plasma isotope enrichment vs time for the first 24 hours after Mg ingestion. Data for both Mg-labeled chelate (●) and Mg Oxide (○) are shown as the group average ± SEM for all time points. Study subjects with the greatest impairment in magnesium absorption showed substantially greater tolerance and absorption of magnesium when it was delivered in the bis-glycinate form.



*Schuette SA, Lashner BA, Janghorbani M. Bioavailability of magnesium diglycinate vs magnesium oxide in patients with ileal resection. *JPEN J Parenter Enteral Nutr.* 1994;18(5):430-435.

Meta I-3-C® Stabilized Indole-3-Carbinol



Meta I-3-C is a unique, highly stabilized formula designed to promote healthy estrogen metabolism and activity with indole-3-carbinol (I3C), which provides a full spectrum of beneficial metabolites—including diindolylmethane (DIM).*

Patient benefits:

- Helps support the health of estrogen-sensitive tissues*
- Helps to promote the formation of “good,” protective 2-OH via its influence on hydroxylation pathways*
- Supports the detoxification of estrogens, and may also support healthy metabolism of other steroid hormones and xenoestrogens*
- Includes rosemary extract to reduce oxidation and help ensure potency
- Shelf-life evaluations guarantee stability

Form: 60 Capsules, 180 Capsules

Serving size: 1 Capsule

Indole-3-Carbinol	150 mg
Rosemary (<i>Rosmarinus officinalis</i>) Leaf Extract	50 mg
[standardized to 11% min phenolic diterpenes and 7.6% min sum of carnosol+arnosic acid]	

Other Ingredients: Capsule (hydroxypropylmethylcellulose), maltodextrin, magnesium stearate (vegetable), and silica.

Directions: Take one capsule twice daily with food or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Not recommended for pregnant or nursing women. If taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

Meta Lipoate® 300 High Quality Alpha-Lipoic Acid



Meta Lipoate 300 is a premium-grade preparation of alpha-lipoic acid (ALA). Through proprietary technology, this purity-controlled product delivers maximum value and effectiveness with an excellent safety profile.*

Patient benefits:

- Supports antioxidant activity in both aqueous and fatty regions of the cell*
- May cross the blood-brain barrier*
- Extends the functional capacities of vitamins C and E and coenzyme Q10, and directly scavenges free radicals*
- Supports healthy glucose metabolism*
- Supports nervous system health*
- Offers clinically effective levels of alpha-lipoic acid in just 1 tablet daily*

Form: 60 Tablets

Serving size: 1 Tablet

Alpha-Lipoic Acid	300 mg
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Other Ingredients: Microcrystalline cellulose, silica, stearic acid (vegetable), cellulose, and magnesium stearate (vegetable).

Directions: Take one tablet daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

MetaFiber® Fiber Blend to Support GI Regularity*



MetaFiber is a fiber blend designed to support healthy intestinal transit time and bowel regularity.* One serving delivers approximately 83% insoluble and 17% soluble dietary fiber.

Patient benefits:

- Support for those with occasional constipation*
- Appropriate for those who are sensitive to psyllium or corn

Form: 13.4 oz (380 g) Powder

Serving size: About 1 Scoop (5 g)

Calories	10
Total Fat	0.5 g
Total Carbohydrate	3 g
Dietary Fiber	3 g
Soluble fiber	0.5 g
Insoluble fiber	2.5 g
Protein	0.5 g

Ingredients: Rice bran, beet fiber, oat fiber†, apple fiber, cellulose, olive oil, and d-alpha tocopheryl acetate (antioxidant).

Directions: Blend, shake, or briskly stir about 1 level scoop (5 grams) of MetaFiber into 4 fluid ounces of juice or other beverage as directed by your healthcare professional.

This product is non-GMO and vegetarian.

†Oat Fiber is processed in a facility that also processes gluten containing materials.

MetaGlycemX™

Advanced Nutritional
Support for Healthy
Insulin & Glucose
Metabolism



MetaGlycemX is a scientifically advanced formula to be used as nutritional support along with a healthy diet to help maintain healthy insulin and glucose levels already in the normal range.*

Patient benefits:

- Supports healthy glucose metabolism with targeted micronutrients*
- Cinnamon and alpha-lipoic acid help support healthy insulin activity*
- Features green tea catechins (EGCG) which may protect insulin secreting pancreatic islet cells*
- Offers a unique antioxidant profile to reduce oxidative stress and promote healthy insulin metabolism*

Form: 60 Tablets, 120 Tablets

Serving size: 2 Tablets

Vitamin C (as ascorbic acid)	300 mg
Vitamin D (as cholecalciferol)	200 IU
Vitamin E (as d-alpha tocopheryl succinate)	200 IU
Thiamin (as thiamin mononitrate)	15 mg
Riboflavin	9 mg
Niacin (as niacinamide)	90 mg
Vitamin B ₆ (as pyridoxine HCl)	9 mg
Folate (as calcium L-5-methyltetrahydrofolate)	400 mcg
Vitamin B ₁₂ (as methylcobalamin)	150 mcg
Biotin	2 mg
Pantothenic Acid (as D-calcium pantothenate)	30 mg
Zinc (as zinc citrate)	9 mg
Selenium (as selenomethionine)	90 mcg
Copper (as copper lysinate HCl)	0.75 mg
Manganese (as manganese citrate)	1.2 mg
Chromium (as chromium polynicotinate)	600 mcg
Alpha-Lipoic Acid	100 mg
Chinese Cinnamon (<i>Cinnamomum cassia</i>) Bark Powder	500 mg
Decaffeinated† Green Tea (<i>Camellia sinensis</i>) Leaf Extract [standardized to 60% (100 mg) catechins and 40% (67 mg) epigallocatechingallate (EGCG)]	167 mg
L-Carnosine	50 mg
Taurine	300 mg

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, silica, stearic acid (vegetable), calcium silicate, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, or taking medications, consult your healthcare practitioner before use. Keep out of the reach of children.

†Contains no more than 4% caffeine.

MetalloClear® Support for Heavy Metal Metabolism*



MetalloClear is designed to help patients stay healthy by providing specialized support for heavy metal metabolism.*

Patient benefits:

- Preliminary research conducted at the FMRC† suggests MetalloClear may up-regulate the expression of an enzyme involved in the metabolism of some heavy metals*
- Helps to modulate oxidative stress associated with heavy metal metabolism*

Form: 180 Tablets

Serving size: 1 Tablet

Zinc (as zinc citrate)	1.7 mg
Andrographis (<i>Andrographis paniculata</i>) Aerial Part Extract	50 mg
Turmeric (<i>Curcuma longa</i>) Rhizome Extract [standardized to 95% (50 mg) curcuminoids]	52.5 mg
Proprietary Blend of Hops (<i>Humulus lupulus</i> L.) and Luduxin®††	882 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Use as directed by your healthcare practitioner. Take with food as recommended.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant, nursing, or if taking anticoagulants.

Caution: If taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

†Functional Medicine Research Center, the clinical research arm of Metagenics.

††Luduxin® consists of reduced iso-alpha acids (from hops extract, *Humulus lupulus* L.) and magnesium salt produced via a proprietary process.

MetaRelief® Targeted Nutritional Support for Relief of Minor Aches & Pains*



MetaRelief is a premium kit that contains 3 nutritional supplements designed to complement your plan for vibrant, active living. This 1-month program features Inflammation Intensive Care®, OsteoVantiv®, and OmegaGenics® EPA-DHA 720.

Patient benefits:

- **Inflammation Intensive Care Relieves minor pain*** Inflammation Intensive Care is designed to provide muscle tissue support and relief of minor pain, particularly following physical activity. It features a blend of select Ayurvedic herbs traditionally used to relieve minor pain—including boswellia, turmeric, and ginger—that inhibit certain enzymes to support healthy, balanced eicosanoid synthesis. Also provides antioxidant protection by supplying a lemon bioflavonoid complex, and vitamin C.* See page 37 for complete product information.

- **OsteoVantiv Supports joint relief***

OsteoVantiv is designed to comfort sore joints and promote joint flexibility in healthy people following exercise. It features a clinically effective dose of UC-II®, containing undenatured type II collagen, which has been shown in research to support joint health. Also features a proprietary, enriched form of THIAA for enhanced joint relief.* See page 57 for complete product information.

- **OmegaGenics EPA-DHA 720 Supports overall joint health***

OmegaGenics EPA-DHA 720 features a concentrated, purified source of pharmaceutical-grade omega-3 fatty acids from sustainably sourced, cold-water fish. Each softgel provides a total of 430 mg EPA and 290 mg DHA to support joint health, as well as cardiovascular health.* See page 54 for complete product information.

Products included are non-GMO and gluten free.

Meta-Sitosterol™ 2.0

Plant Sterol Complex for Support of Healthy Cholesterol Levels*



Meta-Sitosterol 2.0 is a naturally derived vegetable preparation featuring plant sterols. The National Institutes of Health recommends a healthy diet, along with the consumption of 2 grams of plant sterols daily, to promote cardiovascular health.*

Patient benefits:

- Helps to maintain healthy cholesterol levels already within a normal range*
- Delivers calcium L-5-methyltetrahydrofolate—a metabolically active form of folate, to support healthy homocysteine metabolism and cardiovascular health*

Form: 90 Tablets

Serving size: 1 Tablet

Folate (as calcium L-5-methyltetrahydrofolate [†])	267 mcg
Beta-sitosterol	333 mg
Campesterol	167 mg
Stigmasterol	92 mg
Other Plant Sterols	117 mg

Ingredients: Plant sterol complex (soy), microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and calcium L-5-methyltetrahydrofolate. **Contains: Soy.**

Directions: Take one tablet with each meal or as directed by your healthcare practitioner.

This product is gluten free and vegetarian.

Caution: Keep out of the reach of children.

[†]As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

Mg/K Aspartate™

Highly Absorbable Magnesium & Potassium



Mg/K Aspartate features magnesium and potassium in the form of true aspartates to enhance absorption.

Patient benefits:

- Magnesium and potassium play important roles in growth, development, and energy (ATP) production*

Form: 60 Tablets

Serving size: 2 Tablets

Magnesium (as magnesium aspartate)	100 mg
Potassium (as potassium aspartate)	160 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), and croscarmellose sodium.

Directions: Take two tablets daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Keep out of the reach of children.

MitoVive®

Mitochondria & Cell Function Support*



MitoVive is designed to support the healthy function of mitochondria—the powerhouses of the cell—and overall cell activity to help relieve muscle discomfort and promote soft tissue health.*

Patient benefits:

- Delivers targeted nutrition for soft tissue in those with muscle tenderness and discomfort*
- Features easily absorbed magnesium*
- Features antioxidants to address oxidative stress that can influence healthy cell function*
- Includes taurine, which research suggests may be able to cross the blood-brain barrier and play a role in supporting brain health*

Form: 1 lb 0.93 oz (16.93 oz) (480 g) Powder

Serving size: 1 Scoop (16 g)

Calories	50
Total Carbohydrate	9 g
Sugars	7 g
Vitamin C (as ascorbic acid)	300 mg
Thiamin (as thiamin mononitrate)	30 mg
Riboflavin	1.9 mg
Niacin (as niacinamide)	50 mg
Vitamin B ₆ (as pyridoxine HCl)	50 mg
Folate (as calcium L-5-methyltetrahydrofolate)	150 mcg
Vitamin B ₁₂ (as methylcobalamin)	150 mcg
Calcium (as dicalcium phosphate)	62 mg
Phosphorus (as dicalcium phosphate)	50 mg
Magnesium (as magnesium carbonate and magnesium glycinate)	300 mg
Selenium (as selenomethionine)	25 mcg
Chromium (as chromium picolinate)	50 mcg
Potassium (as potassium chloride)	55 mg
L-Carnitine (as L-carnitine fumarate)	1.5 g
Malic Acid	760 mg
Taurine	600 mg

Other Ingredients: Fructose, maltodextrin, natural flavors, silica, annatto powder (color), and rebaudioside A (*Stevia rebaudiana* leaf extract).

Directions: Blend, shake, or briskly stir 1 scoop (16 g) into 4-6 oz of chilled water, or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

Multigenics®

Optimum Multiple Vitamin/Mineral Formula



Multigenics is a comprehensive multiple vitamin and mineral formula suitable for adolescents, adults, and seniors that provides a comprehensive nutritional foundation for health.*

Patient benefits:

- Features high potency, balanced B vitamins for healthy methylation and homocysteine metabolism*
- Delivers Caro-xan™, a proprietary blend of beta-carotene and Betatene® mixed carotenoids for antioxidant protection*
- Features mineral amino acid chelates designed for mineral absorption
- Features a 2:1 ratio of calcium to magnesium for balanced bone support*
- Includes select nutrients to support healthy liver and adrenal function*
- Also available as Multigenics without Iron

Form: 90 Tablets, 180 Tablets

Serving size: 6 Tablets

Vitamin A	10,000 IU
[85% (8500 IU) as beta-carotene [†] and 15% (1500 IU) as retinyl acetate]	
Vitamin C (as ascorbic acid)	1200 mg
Vitamin D (as cholecalciferol)	20 IU
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	100 IU
Thiamin (as thiamin mononitrate)	30 mg
Riboflavin	34 mg
Niacin (as niacinamide and niacin)	420 mg
Vitamin B ₆ (as pyridoxine HCl)	40 mg
Folate (as calcium L-5-methyltetrahydrofolate)	800 mcg
Vitamin B ₁₂ (as methylcobalamin)	200 mcg
Biotin	300 mcg
Pantothenic Acid (as d-calcium pantothenate)	200 mg
Calcium (as calcium citrate)	500 mg
Iron (as iron glycinate)	10 mg
Iodine (as potassium iodide)	150 mcg
Magnesium (as magnesium bis-glycinate and magnesium citrate)	250 mg
Zinc (as zinc citrate)	20 mg
Selenium (as selenium aspartate)	200 mcg
Copper (as copper citrate)	2 mg
Manganese (as manganese citrate)	1 mg
Chromium (as chromium citrate)	200 mcg
Molybdenum (as molybdenum aspartate)	100 mcg
Potassium (as potassium aspartate)	99 mg
Betaine HCl	325 mg

Choline (as choline bitartrate)	200 mg
Inositol	188 mg
Citrus Bioflavonoid Complex	100 mg
<i>para</i> -Aminobenzoic Acid (PABA)	50 mg
Quercetin	25 mg
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	5.85 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

Directions: Take six tablets daily with meals or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day. If pregnant or nursing, taking other nutritional supplements or medication, consult your healthcare practitioner before use.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: Keep out of the reach of children

[†]Caro-xan™, a proprietary blend of beta-carotene and Betatene® mixed carotenoids (Betatene Ltd., Corp., Australia).

Multigenics® without Iron

Optimum Multiple Vitamin/Mineral Formula



Multigenics without Iron is the same comprehensive multiple vitamin and mineral formula as Multigenics®, but without added iron. Designed for individuals who may already be receiving adequate levels of dietary iron.

Patient benefits:

- Features high potency, balanced B vitamins for healthy methylation and homocysteine metabolism*
- Delivers Caro-xan™, a proprietary blend of beta-carotene and Betatene® mixed carotenoids for antioxidant protection*
- Features mineral amino acid chelates designed for mineral absorption
- Features a 2:1 ratio of calcium to magnesium for balanced bone support*
- Includes select nutrients to support healthy liver and adrenal function*

Form: 90 Tablets, 180 Tablets

Serving size: 6 Tablets

Vitamin A	10,000 IU
[85% (8500 IU) as beta-carotene [†] and 15% (1500 IU) as retinyl acetate]	
Vitamin C (as ascorbic acid)	1200 mg
Vitamin D (as cholecalciferol)	20 IU
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	100 IU
Thiamin (as thiamin mononitrate)	30 mg
Riboflavin	34 mg
Niacin (as niacinamide and niacin)	420 mg
Vitamin B ₆ (as pyridoxine HCl)	40 mg
Folate (as calcium L-5-methyltetrahydrofolate)	800 mcg
Vitamin B ₁₂ (as methylcobalamin)	200 mcg
Biotin	300 mcg
Pantothenic Acid (as d-calcium pantothenate)	200 mg
Calcium (as calcium citrate)	500 mg
Iodine (as potassium iodide)	150 mcg
Magnesium (as magnesium bis-glycinate and magnesium citrate)	250 mg
Zinc (as zinc citrate)	20 mg
Selenium (as selenium aspartate)	200 mcg
Copper (as copper citrate)	2 mg
Manganese (as manganese citrate)	1 mg
Chromium (as chromium citrate)	200 mcg
Molybdenum (as molybdenum aspartate)	100 mcg
Potassium (as potassium aspartate)	99 mg
Betaine HCl	325 mg
Choline (as choline bitartrate)	200 mg
Inositol	188 mg
Citrus Bioflavonoid Complex	100 mg
<i>para</i> -Aminobenzoic Acid (PABA)	50 mg
Quercetin	25 mg
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	5.85 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

Directions: Take six tablets daily with meals or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day. If pregnant or nursing, taking other nutritional supplements or medication, consult your healthcare practitioner before use.

Caution: Keep out of the reach of children.

[†]Caro-xan™, a proprietary blend of beta-carotene and Betatene® mixed carotenoids (Betatene Ltd., Corp., Australia).

Multigenics® Chewable

Orange Flavor



Multigenics Chewable is a high quality multiple vitamin and mineral supplement with excellent nutrient bioavailability designed especially for children or for adults who prefer a chewable tablet.

Patient benefits:

- Provides an essential, comprehensive foundation for overall wellness in a delicious chewable form*
- Delivers amino acid chelates designed to be highly absorbable, ratio-balanced B vitamins, and broad-spectrum antioxidant protection*
- Features Caro-xan™, a proprietary blend of beta-carotene and Betatene® mixed carotenoids for antioxidant protection*

Form: 90 Chewable Tablets

Serving size: 1 Chewable Tablet

Calories	5
Total Carbohydrates	1 g
Sugars	0.5 g
Sugar Alcohols	0.5 g
Vitamin A [50% (1250 IU) as retinyl acetate and 50% (1250 IU) as beta-carotene [†] and mixed carotenoids]	2500 IU
Vitamin C (as magnesium ascorbate and ascorbic acid)	100 mg
Vitamin D (as cholecalciferol)	100 IU
Vitamin E (as d-alpha tocopheryl acetate)	20 IU
Thiamin (as thiamin mononitrate)	1.4 mg
Riboflavin	1.6 mg
Niacin (as niacinamide)	20 mg
Vitamin B ₆ (as pyridoxine HCl)	1.4 mg
Folate (as calcium L-5-methyltetrahydrofolate)	300 mcg
Vitamin B ₁₂ (as methylcobalamin)	6 mcg
Biotin	38 mcg
Pantothenic Acid (as D-calcium pantothenate)	10 mg
Calcium (as calcium citrate malate)	15 mg
Iron (as iron glycinate)	2 mg
Iodine (as potassium iodide)	70 mcg
Magnesium (as magnesium citrate and magnesium ascorbate)	15 mg
Zinc (as zinc gluconate)	2 mg
Copper (as copper lysinate)	100 mcg
Manganese (as manganese aspartate)	200 mcg
Quercetin	2 mg
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	748.5 mcg

Other Ingredients: Fructose, xylitol, sorbitol, stearic acid (vegetable), natural flavors, silica, guar gum, mono- and diglycerides, malic acid, and citric acid.

Directions: Children 2 to 4 years: Take one tablet daily. Children 4 to 7 years: Take one tablet one to two times daily. Children over 7 and adults: Take one tablet three times daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day. It is also recommended that children under four should not regularly consume more than 2500 IU of vitamin A (retinyl acetate) per day.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

[†]Caro-xan™, a proprietary blend of beta-carotene and Betatene® mixed carotenoids (Betatene Ltd., Corp., Australia).

Multigenics® Intensive Care

Advanced Nutritional Support Designed for Optimal Health*



Multigenics Intensive Care

features the same high quality ingredients found in Multigenics®, but is designed for enhanced absorption and bioavailability.

Patient benefits:

- Delivers 300 IU of vitamin D for those with reduced intake, less efficient intestinal absorption, or reduced biosynthesis of this important vitamin
- Delivers comprehensive bone support by featuring the mineral complex and organic factors contained in microcrystalline hydroxyapatite concentrate (MCHC), and a 2:1 ratio of calcium to magnesium*
- Features calcium L-5-methyltetrahydrofolate—a body-ready, nature-identical folate*

Form: 180 Tablets

Serving size: 6 Tablets

Vitamin A [85% (6375 IU) as beta-carotene [†] and 15% (1125 IU) as retinyl acetate]	7500 IU
Vitamin C (as ascorbic acid)	900 mg
Vitamin D (as cholecalciferol)	300 IU
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	150 IU
Thiamin (as thiamin mononitrate)	22.5 mg
Riboflavin	25.5 mg
Niacin (as niacinamide and niacin)	315 mg
Vitamin B ₆ (as pyridoxine HCl)	30 mg
Folate (as calcium L-5-methyltetrahydrofolate ^{††})	600 mcg
Vitamin B ₁₂ (as methylcobalamin)	150 mcg
Biotin	150 mcg
Pantothenic Acid (as D-calcium pantothenate)	150 mg
Calcium (as calcium citrate and microcrystalline hydroxyapatite concentrate)	375 mg
Iron (as iron bis-glycinate)	7.5 mg
Phosphorus (as microcrystalline hydroxyapatite concentrate)	62 mg
Iodine (as potassium iodide)	114 mcg
Magnesium (as magnesium bis-glycinate and magnesium citrate)	187.5 mg
Zinc (as zinc citrate)	15.5 mg
Selenium (as selenium aspartate)	150 mcg
Copper (as copper citrate)	1.5 mg
Manganese (as manganese citrate)	0.75 mg
Chromium (as chromium citrate)	150 mcg
Molybdenum (as molybdenum aspartate)	78 mcg
Potassium (as potassium aspartate)	74.25 mg
Quercetin	18.75 mg
Betaine HCl	131.25 mg
Choline (as choline bitartrate)	93.75 mg
Inositol	90 mg
Citrus Bioflavonoid Complex	75 mg
para-Aminobenzoic Acid (PABA)	37.5 mg
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	4.28 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

Directions: Take six tablets daily with meals or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day. If pregnant or nursing, taking other nutritional supplements or medication, consult your healthcare practitioner before use.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: Keep out of the reach of children.

[†]Caro-xan™, a proprietary blend of beta-carotene and Betatene® mixed carotenoids (Betatene Ltd., Corp., Australia).

^{††}As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

Multigenics® Intensive Care without Iron

Advanced Nutritional Support Designed for Optimal Health*



Multigenics Intensive Care without Iron provides the same high quality ingredients designed for enhanced bioavailability as Multigenics® Intensive Care, but without added iron. Designed for individuals who may already be receiving adequate levels of dietary iron.

Patient benefits:

- Delivers 300 IU of vitamin D for those with reduced intake, less efficient intestinal absorption, or reduced biosynthesis of this important vitamin
- Delivers comprehensive bone support by featuring the mineral complex and organic factors contained in microcrystalline hydroxyapatite concentrate (MCHC), and a 2:1 ratio of calcium to magnesium*
- Features calcium L-5-methyltetrahydrofolate—a body-ready, nature-identical folate*

Form: 180 Tablets

Serving size: 6 Tablets

Vitamin A [85% (6375 IU) as beta-carotene [†] and 15% (1125 IU) as retinyl acetate]	7500 IU
Vitamin C (as ascorbic acid)	900 mg
Vitamin D (as cholecalciferol)	300 IU
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	150 IU
Thiamin (as thiamin mononitrate)	22.5 mg
Riboflavin	25.5 mg
Niacin (as niacinamide and niacin)	315 mg
Vitamin B ₆ (as pyridoxine HCl)	30 mg
Folate (as calcium L-5-methyltetrahydrofolate ^{††})	600 mcg
Vitamin B ₁₂ (as methylcobalamin)	150 mcg
Biotin	150 mcg
Pantothenic Acid (as D-calcium pantothenate)	150 mg
Calcium (as calcium citrate and microcrystalline hydroxyapatite concentrate)	375 mg
Phosphorus (as microcrystalline hydroxyapatite concentrate)	62 mg
Iodine (as potassium iodide)	114 mcg
Magnesium (as magnesium bis-glycinate and magnesium citrate)	187.5 mg
Zinc (as zinc citrate)	15.5 mg
Selenium (as selenium aspartate)	150 mcg
Copper (as copper citrate)	1.5 mg
Manganese (as manganese citrate)	0.75 mg
Chromium (as chromium citrate)	150 mcg
Molybdenum (as molybdenum aspartate)	78 mcg

Potassium (as potassium aspartate)	74.25 mg
Betaine HCl	131.25 mg
Choline (as choline bitartrate)	93.75 mg
Inositol	90 mg
Citrus Bioflavonoid Complex	75 mg
para-Aminobenzoic Acid (PABA)	37.5 mg
Quercetin	18.75 mg
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	4.28 mg

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

Directions: Take six tablets daily with meals or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Keep out of the reach of children.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day. If pregnant or nursing, taking other nutritional supplements or medication, consult your healthcare practitioner before use.

[†]Caro-xan™, a proprietary blend of beta-carotene and Betatene® mixed carotenoids (Betatene Ltd., Corp., Australia).

^{††}As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

Multi-Min Chelate™ Comprehensive Mineral Formula

Multi-Min Chelate features mineral amino acid chelates designed to be highly absorbable in ratios formulated to avoid competition between minerals for absorption.

Form: 90 Tablets

Serving size: 1 Tablet

Vitamin C (as ascorbic acid)	125 mg
Vitamin D (as cholecalciferol)	33 IU
Calcium (as calcium citrate, dicalcium phosphate, and microcrystalline hydroxyapatite concentrate ¹)	83 mg
Iron (as iron glycinate)	7 mg
Phosphorus (as dicalcium phosphate and microcrystalline hydroxyapatite concentrate)	9 mg
Iodine (as potassium iodide)	50 mcg
Magnesium (as magnesium citrate and magnesium bis-glycinate)	67 mg
Zinc (as zinc citrate)	7 mg
Selenium (as selenium aspartate)	33 mcg
Copper (as copper citrate)	1 mg
Manganese (as manganese citrate)	1 mg
Chromium (as chromium citrate)	30 mcg



Molybdenum (as molybdenum aspartate)	17 mcg
Potassium (as potassium chloride and potassium iodide)	33 mg
Betaine HCl	108 mg
Horsetail (<i>Equisetum arvense</i>) 4:1 Aerial Part Extract	8.25 mg

Other Ingredients: Cellulose, microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet up to three times daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

¹Microcrystalline hydroxyapatite concentrate (MCHC) supplies calcium, phosphorus, trace quantities of other minerals, and naturally occurring growth factors.

Mycoferon® Extract of 7 Select Mushrooms for Immune Support*



Mycoferon is a unique formula featuring extracts of 7 specially cultivated mushroom strains that have a long history of traditional use as invigorating tonics.*

Patient benefits:

- Support for a healthy immune system*
- Delivers extracts from select mushroom strains processed using a specialized extraction method

Form: 1 fl oz (30 mL) Drops

Serving size: 30 Drops

A proprietary blend of 1000 mg 1 mL fresh mycelial mushroom biomass:
Ganoderma lucidum, *Cordyceps sinensis*, *Tremella fuciformis*, *Lentinula edodes*, *Grifola frondosa*, *Coriolus versicolor*, *Polyporus umbellatus*

Other Ingredients: Ethanol and organic brown rice. 25-35% alcohol by volume. Alcohol can be evaporated in hot water.

Directions: Take 15 to 30 drops two to three times daily, or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

Mycotaki® Supports an Immune System Under Stress*

Mycotaki is a formula that features a concentrated water extract of 7 nourishing mushrooms.*



Patient benefits:

- Helps to support cellular defenses and a healthy immune response*
- Ideal for those concerned about how emotional stress can influence their immunity*

Form: 90 Tablets

Serving size: 2 Tablets

A Proprietary 10:1† Water Extract of: 1300 mg
Reishi (*Ganoderma lucidum*) Fruiting Body, Shiitake (*Lentinus edodes*) Fruiting Body, Fu-Ling (*Poria cocos*) Sclerotium, Turkey Tail Mushroom (*Coriolus versicolor*) Fruiting Body, Oyster Mushroom (*Pleurotus ostreatus*) Fruiting Body, Cordyceps (*Paeecilomyces hepiali*†) Mycelia, Maitake (*Grifola frondosa*) Fruiting Body

Other Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: If taking medication, including anticoagulants or antihypertensive medications, consult your healthcare practitioner before use. Keep out of the reach of children.

*Equivalent to 13 g raw, dried, unprocessed mushrooms.
†An asexual derivation of Cordyceps sinensis reported by the Institute of Microbiology, the Chinese Academy Sciences, Beijing, PRC.

MyoCalm® Muscle Relaxation Formula*

MyoCalm is a specialized formula that supplies bioavailable forms of calcium and magnesium that play a role in muscle contraction and relaxation. These minerals are blended with passionflower and valerian for added relaxation support.*



Patient benefits:

- Features important minerals involved in muscular contraction and relaxation responses*
- May help relieve minor muscle pain associated with stress or physical exertion, and may prevent nocturnal leg muscle cramps*
- Features extracts of passionflower and valerian for added relaxation support*

Form: 60 Tablets, 180 Tablets

Serving size: 2 Tablets

Calcium (as calcium lactate)	50 mg
Magnesium (as magnesium citrate)	100 mg
Passionflower (<i>Passiflora incarnata</i>) Flower 5.5:1 Extract	40 mg
Valerian (<i>Valeriana officinalis</i>) Root Extract	20 mg

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets up to three times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Use with caution when driving or operating machinery; may cause drowsiness. Keep out of the reach of children.

MyoCalm P.M.® Nighttime Muscle Relaxation Formula*

MyoCalm P.M. provides the same specialized formula as MyoCalm® with the addition of lemon balm and hops—herbs traditionally used to promote relaxation and restful sleep.*



Patient benefits:

- Promotes muscle relaxation*
- May help relieve minor pain associated with muscle tension, which can be caused by stress or physical overexertion*
- Promotes a feeling of calm, and can be taken at bedtime for occasional sleeplessness*

Form: 60 Tablets, 180 Tablets

Serving size: 3 Tablets

Calcium (as calcium lactate)	75 mg
Magnesium (as magnesium citrate)	150 mg
Passionflower (<i>Passiflora incarnata</i>) Flower 5.5:1 Extract	60 mg
Valerian (<i>Valeriana officinalis</i>) Root Extract	30 mg
Hops (<i>Humulus lupulus</i>) Cone 7.5:1 Extract	60 mg
Lemon Balm (<i>Melissa officinalis</i>) Leaf 5:1 Extract	150 mg

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take three tablets at bedtime or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Use with caution when driving or operating machinery; may cause drowsiness. Keep out of the reach of children.

NanoCell-Q™ Technological Advancement in CoQ10 Delivery

NanoCell-Q features highly absorbable CoQ10 produced through advanced nanomicelle technology[†]—delivering 1,000 times smaller molecules than other micelle technology formulas, which may place the active ingredient closer to cell membranes for greater bioavailability. NanoCell-Q is an adjunct protocol for patients taking a statin medication to prevent CoQ10 deficiency, and is ideal for patients who prefer a liquid form.*



Patient benefits:

- Nanomicelle technology allows fat-soluble CoQ10 to become water-soluble
- Single teaspoon dose for convenience
- Natural orange flavor to promote compliance

Form: 153 mL/5 fl oz Liquid

Serving size: 1 Teaspoon (5.1 mL)

Calories	5
Total Carbohydrate	<1 g
Coenzyme Q10 (ubiquinone)	80 mg

Ingredients: Water, fructose, polysorbate 60, CoQ10, sodium citrate, sodium benzoate (preservative), potassium sorbate (preservative), citric acid, and natural orange flavor.

Directions: Shake well before using. Take one teaspoon (5.1 mL) daily either alone or added to a cup of any beverage, or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

[†]U.S. Patent #7,182,950 NutraLease Ltd.

For additional Metagenics CoQ10 product options, see CoQ10 ST-100 and CoQ10-ST200 on page 19, and NutraGems CoQ10 300 on page 50.

Nazanol™ Nose and Sinus Formula

Nazanol provides a combination of herbs used in traditional Chinese medicine to support healthy nasal and sinus function.*



Patient benefits:

- Formulated to support healthy nasal and sinus function*

Form: 30 Tablets

Serving size: 1 Tablet

A Proprietary Ultra-Concentrate of: 1250 mg
Chinese Skullcap Root (*Scutellaria baicalensis*), Fragrant Angelica Root (*Angelica dahurica*), Schizonepeta Whole Plant (*Schizonepeta tenuifolia*), Chinese Cinnamon Twig (*Cinnamomum cassia*), Xanthium Fruit (*Xanthium sibiricum* PATR.), Astragalus Root (*Astragalus membranaceus*), Bai-Zhu Atractylodes Rhizome (*Atractylodes macrocephala*), Siler Root (*Saposhnikovia divaricata*)

Other Ingredients: Magnesium stearate (vegetable), silica, and coating [dextrin, dextrose, lecithin (soy), sodium carboxymethylcellulose, and sodium citrate].

Contains: Soy.

Directions: Take as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: If taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

Neurosol® Nervous System Health Support*

Neurosol is a unique, all-in-one combination of nutrients designed to support healthy nervous system function.*



Patient benefits:

- Promotes healthy nerve function by featuring gamma-linolenic acid (GLA)*
- Delivers the added benefits of vitamin C in the form of Ultra Potent-C® with beta-carotene, to help protect tissue from oxidation*
- Supplies folate and vitamins B₆ and B₁₂ to support methylation, homocysteine metabolism, and healthy nervous system function*

Form: 60 Softgels

Serving size: 1 Softgel

Vitamin A (as beta-carotene)	2000 IU
Vitamin C (from Ultra Potent-C®)	133 mg
Niacin (as niacinamide ascorbate)	10 mg
Vitamin B ₆ (as pyridoxine HCl)	25 mg
Folate (as calcium 5-formyltetrahydrofolate)	267 mcg
Vitamin B ₁₂ (as methylcobalamin)	167 mcg
Gamma-Linolenic Acid (GLA) (from borage seed oil)	160 mg
Intrinsic Factor (porcine)	6.7 mg

Ingredients: Borage oil, gelatin, Ultra Potent-C[®] (calcium ascorbate, niacinamide ascorbate, ascorbic acid, xylitol, sodium ascorbate, magnesium ascorbate, L-lysine HCl, ascorbyl palmitate, citrus bioflavonoid complex, potassium ascorbate, tetrasodium pyrophosphate, alpha-D-ribofuranose, L-cysteine HCl, and L-glutathione), glycerin, purified water, pyridoxine HCl, rice bran oil, lecithin (soy), annatto extract (color), silica, intrinsic factor, beta-carotene, calcium 5-formyltetrahydrofolate, and methylcobalamin. **Contains: Soy.**

Directions: Take one softgel three times daily with meals or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Keep out of the reach of children.

[†]Ultra Potent-C[®] U.S. Patent #5,626,883.

Niatain® Support for Healthy Lipid Metabolism*

Niatain offers clinically evaluated, extended niacin delivery for a more comfortable approach to healthy lipid metabolism support with reduced flushing potential. Supplemental niacin has been extensively researched and endorsed for decades.*



Patient benefits:

- Features a high quality source of niacin, which contributes to healthy lipid metabolism*
- Delivers an extended release delivery form to reduce potential for flushing*
- Includes a non-wax, vegetable source coating for favorable dissolution (laboratory tested)
- Complements lifestyle recommendations and other conventional, clinically supervised approaches to support overall cardiovascular health*

Form: 60 Tablets, 120 Tablets

Serving size: 1 Tablet

Niacin (as nicotinic acid)	500 mg
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Other Ingredients: Microcrystalline cellulose, hypromellose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet with a meal one to two times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Niacin use may be associated with itching and/or flushing.

Warning: Do not use if pregnant or breastfeeding or if you have a history of gout or liver dysfunction. Larger than recommended doses of niacin have been associated with liver dysfunction. If taking cholesterol lowering medications, please discuss with your clinician prior to use.

NuSera®
Relief for Stressful Moments*



NuSera is formulated in a great-tasting, chocolate chewable to help promote a feeling of calmness and relaxation during times of stress. This science-based formula features a clinically effective dosage of LactiumPure®—a patented, bioactive decapeptide—that research suggests promotes a healthy response to stress.*

Patient benefits:

- Clinical studies suggest LactiumPure® improves stress response measures, including physical and emotional reactions*
- Research suggests LactiumPure® may influence the metabolism of cortisol, the stress hormone*
- In vitro studies suggest LactiumPure® positively influences the activity of gamma-aminobutyric acid (GABA)—a calming neurotransmitter*
- Clinically effective dose*

Form: 30 Chewable Tablets

Serving size: 1 Chewable Tablet

Calories	5
Total Carbohydrate	2 g
Sugar Alcohol	1 g
Milk Protein Hydrolysate†	150 mg

Ingredients: Sorbitol, fructose, milk protein hydrolysate (milk), natural flavors, Dutch processed cocoa, stearic acid (vegetable), silica, and guar gum. **Contains: Milk.**

Directions: Chew one tablet during times of stress or as directed by your healthcare provider. Do not exceed two tablets per day.

This product is non-GMO and gluten free.

Warning: Do not use if pregnant or nursing.

Caution: Excessive consumption may cause drowsiness. If taking medication, consult your healthcare practitioner before use. Avoid use if taking benzodiazepine or consuming alcohol. Keep out of the reach of children.

†LactiumPure®, a pure, undiluted, bioactive decapeptide (10 amino acid sequence) complex derived from casein, a milk fraction. This material contains a non-milk carrier.

NutraGems®
CoQ10 300
Concentrated,
Great-Tasting CoQ10



NutraGems features an advanced, emulsified delivery form designed for enhanced absorption. These innovative, chewable gels contain natural flavors and phytonutrients for color. And they're easy to take and taste great!*

Patient benefits:

- Features 300 mg of emulsified CoQ10 to enhance absorption
- Supports healthy heart muscle function and overall cardiovascular health*
- Provides general support for cardiovascular health, energy production, and antioxidant protection*
- Adjunct protocol for patients taking a statin medication helps prevent a CoQ10 deficiency*
- Ideal for patients who need a higher dosage or those who prefer not to swallow pills

Form: 30 Chewable Gels

Serving size: 1 Chewable Gel

Calories	5
Total Carbohydrate	0.5 g
Sugar Alcohol	0.5 g
Coenzyme Q10 (ubiquinone)	300 mg

Other Ingredients: Sunflower oil, xylitol, water, sorbitol, gelatin, trisodium citrate, malic acid, natural flavors, and lycopene (color).

Directions: Chew one gel daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children. Do not exceed the recommended dosage unless directed by your healthcare practitioner

For additional Metagenics CoQ10 product options, see CoQ10 ST-100 and CoQ10-ST200 on page 19, and NanoCell-Q on page 48.

OmegaGenics®
DHA 600



Targeted Support for Brain Health, Cognitive Function & Eye Health*

Each OmegaGenics DHA 600 softgel provides a total of 60 mg EPA and 600 mg DHA.

Form: 90 Softgels

Serving size: 1 Softgel

Calories	10
Calories from Fat	10
Total Fat	1 g
Cholesterol	10 mg
Calamari Oil Concentrate	1200 mg
DHA (Docosahexaenoic acid)	600 mg
EPA (Eicosapentaenoic acid)	60 mg
Other Omega-3 Fatty Acids	20 mg

Ingredients: Calamari oil, gelatin, glycerin, purified water, natural lemon flavor, and mixed tocopherols (antioxidant).

Directions: Take one softgel one to three times daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: This product contains calamari, a mollusk shellfish. If you are allergic to mollusks, do not use this product. Please note that a subset of individuals with crustacean allergies may also react to mollusks.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

The OmegaGenics® Difference

OmegaGenics is the industry's leading line of innovative omega fatty acids. Our products are formulated for customizable protocols with different ratios and dosing options of EPA, DHA, omega-6, and omega-7 to support healthy blood lipids, as well as cardiovascular, cognitive, and joint health. OmegaGenics® SPM Active®, a revolutionary new product, assists the body in maintaining tissue integrity.*

TruQuality™ Purity Guarantee: The OmegaGenics line offers a higher level of purity, safety, and quality for reliable, effective use. Our formulas undergo extensive third-party testing to verify purity and omega oil content. Products are also tested for potentially harmful substances and environmental contaminants that may be present in marine-derived products, such as heavy metals, dioxins, and PCBs.

- Advanced molecular distillation by the world's foremost leading experts in fish oil production
- Exceeds GOED standards for purity
- No "fishy" taste
- Sustainable sourcing



OmegaGenics® DHA 900

Support for Brain Health,
Cognitive Function &
Eye Health*



Each OmegaGenics DHA 900 softgel provides a total of 900 mg DHA in triglyceride form for easy absorption.

Form: 60 Softgels

Serving size: 1 Softgel

Calories	20
Calories from Fat	20
Total Fat	2 g
Cholesterol	5 mg
DHA (Docosahexaenoic acid triglyceride)	900 mg

Ingredients: Marine lipid concentrate [fish (anchovy and sardine) oil], softgel shell (gelatin, glycerin, water), mixed tocopherols (antioxidant), and natural lemon flavor. **Contains: Fish (anchovy and sardine).**

Directions: Take one softgel up to two times daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

OmegaGenics® DHA Children's Natural Fruit Flavor



Each OmegaGenics DHA Children's softgel provides a total of 10 mg EPA and 50 mg DHA.

Form: 120 Softgels

Serving size: 2 Chewable Softgels

Calamari Oil Concentrate	280 mg
DHA (Docosahexaenoic acid)	100 mg
EPA (Eicosapentaenoic acid)	20 mg

Ingredients: Calamari oil concentrate, gelatin, glycerin, purified water, xylitol, natural flavor, and mixed tocopherols (antioxidant).

Directions: Swallow or chew two softgels once daily or as directed by your healthcare practitioner. Not recommended for use by children under the age of 3.

This product is non-GMO and gluten free.

Warning: This product contains calamari, a mollusk shellfish. If you are allergic to mollusks, do not use this product. If you have allergies to crustacean shellfish you may react to this product as a subset of individuals with crustacean allergies also react to mollusks.

Caution: Keep out of the reach of children.

OmegaGenics® EFA 1000 Combination

Targeted Support for
Cardiovascular Health,
Nervous System Health
& Positive Mood*



Each OmegaGenics EFA 1000 Combination softgel provides a total of 155 mg EPA, 120 mg DHA, and 90 mg GLA from borage oil.

Form: 60 Softgels

Serving size: 1 Softgel

Calories	10
Calories from Fat	10
Total Fat	1 g
Cholesterol	<5 mg
Marine Lipid Concentrate	500 mg
EPA (Eicosapentaenoic acid)	155 mg
DHA (Docosahexaenoic acid)	120 mg
Other Omega-3 Fatty Acids	40 mg
Borage Oil	500 mg
Gamma-Linolenic Acid	90 mg
Other Omega-6 Fatty Acids	150 mg

Ingredients: Marine concentrate [fish (anchovy, sardine, and mackerel) oil], borage oil, softgel shell (gelatin, glycerin, water), natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

Directions: Take one softgel daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

OmegaGenics® EPA 500

Enteric Coated
Targeted Support for
Healthy Blood Lipids &
Positive Mood*



Each OmegaGenics EPA 500 softgel provides a total of 500 mg EPA and 80 mg DHA.

Form: 90 Softgels

Serving size: 1 Softgel

Calories	10
Calories from Fat	10
Total Fat	1 g
Cholesterol	<5 mg
Marine Lipid Concentrate	1.2 g
EPA (Eicosapentaenoic acid)	500 mg
DHA (Docosahexaenoic acid)	80 mg
Other Omega-3 Fatty Acids	120 mg

Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell (gelatin, glycerin, water), enteric coating [methacrylic acid copolymer, propylene glycol, glyceryl monostearate, triethyl citrate, vanillin, triacetin, polysorbate 80, methyl paraben (preservative), and propyl paraben (preservative)], natural flavors, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

Directions: Take one softgel 1-3 times daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

OmegaGenics® EPA 1200

Support for Healthy Blood
Lipids & Positive Mood*



Each OmegaGenics EPA 1200 softgel provides a total of 1200 mg of EPA.

Form: 60 Softgels

Serving size: 1 Softgel

Calories	20
Calories from Fat	20
Total Fat	2 g
Cholesterol	5 mg
EPA (Eicosapentaenoic acid ethyl ester)	1200 mg

Ingredients: Marine lipid concentrate [fish (anchovy and sardine) oil], softgel (gelatin, glycerin, water), natural flavors, and mixed tocopherols (antioxidant). **Contains: Fish (anchovy and sardine).**

Directions: Take one softgel up to two times daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

OmegaGenics® EPA-DHA 300

Support for Healthy
Cardiovascular, Immune
& Overall Health*



Each OmegaGenics EPA-DHA 300 softgel provides a total of 180 mg EPA and 120 mg DHA.

Form: 90 Softgels, 270 Softgels

Serving size: 2 Softgels

Calories	15
Calories from Fat	15
Total Fat	1.5 g
Cholesterol	<5 mg
Omega-3 Fatty Acids	700 mg
EPA (Eicosapentaenoic acid triglyceride)	360 mg
DHA (Docosahexaenoic acid triglyceride)	240 mg
Other Omega-3 Fatty Acids Triglycerides	100 mg

Ingredients: Fish (anchovy, sardine, and mackerel) oil concentrate, softgel shell (gelatin, glycerin, water), mixed tocopherols (antioxidant), natural lemon flavor, natural lime flavor, rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

Directions: Take 2 softgels up to two times daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

OmegaGenics® EPA-DHA 300 Algae

Support for Healthy
Cardiovascular, Immune
& Overall Health*



OmegaGenics EPA-DHA 300 Algae features a concentrated, purified, vegetarian source of pharmaceutical-grade omega-3 fatty acids from the microalgae *Schizochytrium* sp. Each softgel provides a sum of 300 mg EPA and DHA in triglyceride form for easy absorption.

Form: 60 Softgels

Serving size: 2 Softgels

Calories	20
Calories from Fat	20
Total Fat	2 g
Cholesterol	5 mg
Omega-3 Fatty Acid Triglycerides (minimum sum of EPA+DHA)	600 mg
Providing a minimum of each of:	
EPA (Eicosapentaenoic acid triglyceride)	180 mg
DHA (Docosahexaenoic acid triglyceride)	360 mg

Ingredients: Algal oil, softgel [water, modified corn starch, glycerin, carrageenan, sorbitol, caramel (color), and beta-carotene (color)], sunflower oil, mixed tocopherols (antioxidant), natural flavor, sunflower lecithin, and ascorbyl palmitate (antioxidant).

Directions: Take 2 softgels up to two times daily with food or as directed by your healthcare practitioner.

This product is non-GMO, vegetarian, and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

OmegaGenics® EPA-DHA 500

Support for Healthy
Cardiovascular, Immune
& Overall Health*



Each OmegaGenics EPA-DHA 500 softgel provides a total of 300 mg EPA and 200 mg DHA.

Form: 60 Softgels, 120 Softgels, 240 Softgels

Serving size: 2 Softgels

Calories	20
Calories from Fat	20
Total Fat	2 g
Cholesterol	less than 5 mg
Marine Lipid Concentrate	2 g
EPA (Eicosapentaenoic acid)	600 mg
DHA (Docosahexaenoic acid)	400 mg

Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell (gelatin, glycerin, water), natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

Directions: Take two softgels up to three times daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

OmegaGenics® EPA-DHA 500 EC Support for Healthy Cardiovascular, Immune & Overall Health*



Each OmegaGenics EPA-DHA 500 EC softgel is enteric coated and provides a total of 300 mg EPA and 200 mg DHA.

Form: 60 Softgels, 120 Softgels, 240 Softgels

Serving size: 2 Softgels

Calories	20
Calories from Fat	20
Total Fat	2 g
Cholesterol	<5 mg
Marine Lipid Concentrate	2 g
EPA (Eicosapentaenoic acid)	600 mg
DHA (Docosahexaenoic acid)	400 mg

Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell (gelatin, glycerin, water), enteric coating [methacrylic acid copolymer, propylene glycol, triacetin, glyceryl monostearate, triethyl citrate, vanillin, polysorbate 80, methyl paraben (preservative), and propyl paraben (preservative)], natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

Directions: Take two softgels 1-3 times daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

**OmegaGenics®
EPA-DHA 720**
Advanced Support for
Cardiovascular, Immune
& Joint Health*



Each OmegaGenics EPA-DHA 720 softgel provides a total of 430 mg EPA and 290 mg DHA.

Form: 60 Softgels, 120 Softgels, 240 Softgels
Serving size: 2 Softgels

Calories	20
Calories from Fat	20
Total Fat	2 g
Cholesterol	5 mg
Marine Lipid Concentrate	2.5 g
EPA (Eicosapentaenoic acid)	860 mg
DHA (Docosahexaenoic acid)	580 mg
Other Omega-3 Fatty Acids	160 mg

Ingredients: Marine lipid concentrate [fish (sardine, anchovy, and mackerel) oil], softgel shell (gelatin, glycerin, water), natural lemon flavor, natural lime flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (sardine, anchovy, and mackerel).**

Directions: Take 2 softgels 1-2 times daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

**OmegaGenics®
EPA-DHA 750**
Advanced Support for
Cardiovascular System,
Immune & Joint Health*



Each OmegaGenics EPA-DHA 750 softgel provides a total of 375 mg EPA and 375 mg DHA.

Form: 60 Softgels
Serving size: 2 Softgels

Calories	30
Calories from Fat	30
Total Fat	3 g
Cholesterol	5 mg
Marine Lipid Concentrate	2700 mg
EPA (Eicosapentaenoic acid)	750 mg
DHA (Docosahexaenoic acid)	750 mg
Other Omega-3 Fatty Acids	200 mg

Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil and calamari oil], gelatin, glycerin, purified water, natural citrus flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

Directions: Take two softgels one to three times daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: This product contains calamari, a mollusk shellfish. If you are allergic to mollusks, do not use this product. If you have allergies to crustacean shellfish you may react to this product as a subset of individuals with crustacean allergies also react to mollusks.

Caution: Consult your healthcare practitioner if pregnant, nursing or taking other nutritional supplements or medications. Keep out of the reach of children.

**OmegaGenics®
EPA-DHA 1000**
Support for Cardiovascular
System, Immune &
Joint Health*



Each OmegaGenics EPA-DHA 1000 softgel provides a total of 710 mg EPA and 290 mg DHA in triglyceride form for easy absorption.

Form: 60 Softgels, 120 Softgels
Serving size: 1 Softgel

Calories	15
Calories from Fat	15
Total Fat	1.5 g
Cholesterol	5 mg
Marine Lipid Concentrate	1400 mg
EPA (Eicosapentaenoic acid triglyceride)	710 mg
DHA (Docosahexaenoic acid triglyceride)	290 mg
Other Omega-3 Fatty Acid Triglycerides	100 mg

Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel (gelatin, glycerin, water), natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

Directions: Take one softgel up to three times daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other supplements or medications. Keep out of the reach of children.

**OmegaGenics®
EPA-DHA 1200**
Advanced Support for
Cardiovascular System,
Immune & Joint Health*



Each teaspoon of OmegaGenics EPA-DHA 1200 provides a total of 600 mg EPA and 600 mg DHA as triglycerides.

Form: 200 mL/6.76 fl. oz
Serving size: 1 Teaspoon (5 mL)

Calories	40
Calories from Fat	40
Total Fat	4 g
Cholesterol	15 mg
Omega-3 Fatty Acids (as triglycerides)	1400 mg
EPA (Eicosapentaenoic acid triglyceride)	600 mg
DHA (Docosahexaenoic acid triglyceride)	600 mg
Other Omega-3 Fatty Acid Triglycerides	200 mg

Ingredients: Omega-3 fish oil [fish (anchovy, tuna, sardine, and mackerel)], natural lemon flavor, rosemary extract, ascorbyl palmitate (antioxidant), and mixed tocopherols (antioxidant). **Contains: Fish (anchovy, tuna, sardine, and mackerel).**

Directions: Take one teaspoon 1-2 times daily or as directed by your healthcare practitioner. For children, use as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

**OmegaGenics®
EPA-DHA 2400**
Targeted Support for
Cardiovascular System,
Immune & Joint Health*



Each teaspoon of OmegaGenics EPA-DHA 2400 provides a total of 1410 mg EPA and 990 mg DHA.

Form: 150 mL/5 fl. oz
Serving size: 1 Teaspoon (5 mL)

Calories	40
Calories from Fat	40
Total Fat	4 g
Cholesterol	15 mg
Omega-3 Fatty Acids (as TG)	2800 mg
EPA (Eicosapentaenoic triglyceride)	1410 mg
DHA (Docosahexaenoic triglyceride)	990 mg
Other Omega-3 Fatty Acid Triglycerides	400 mg

Ingredients: Fish (anchovy, sardine, and mackerel) oil concentrate, natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

Directions: Take one teaspoon once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

**OmegaGenics®
Evening Primrose Oil**
Targeted Support for
Prostaglandin Balance &
Cell Membrane Health*



OmegaGenics Evening Primrose Oil features pure evening primrose oil, a natural source of gamma-linolenic acid (GLA).

Patient benefits:

- Helps support the health of delicate cell membranes*
- Helps to maintain healthy eicosanoid balance by providing GLA, a precursor of the important prostaglandin E₁ series (PGE₁)*

Form: 90 Softgels

Serving size: 1 Softgel

Calories	5
Calories from Fat	5
Total Fat	0.5 g
Gamma-Linolenic Acid (from evening primrose oil)	50 mg†
Linoleic Acid (from evening primrose oil)	369 mg†

Other Ingredients: Gelatin, glycerin, and purified water.

Directions: Take one softgel three to six times daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

*Measured as area percent.

**OmegaGenics®
GLA 240**
Targeted Support for
Prostaglandin Balance &
Cell Membrane Health*



OmegaGenics GLA 240 features borage seed oil, an essential

fatty acid that is converted in the body to DGLA (dihomo-gamma-linolenic acid), the direct precursor of beneficial series 1 prostaglandins.*

Patient benefits:

- GLA supports healthy eicosanoid balance*
- GLA helps support the health of delicate cell membranes*
- GLA helps support a healthy balance of series 1 prostaglandins*

Form: 30 Softgels, 90 Softgels

Serving size: 1 Softgel

Calories	15
Calories from Fat	15
Total Fat	1.5 g
Vitamin E (as d-alpha tocopheryl acetate)	10 IU
Gamma-Linolenic Acid (from borage seed oil)	240 mg

Other Ingredients: Gelatin, glycerin, and purified water.

Directions: Take one softgel twice daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

CAUTION: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

**OmegaGenics®
Mega 10®**
Support for Cardiovascular
System, Blood Lipids &
Overall Health*



OmegaGenics Mega 10 is a more complete omega formula for heart health. It delivers a powerful combination of pharmaceutical-grade omega-7 and omega-3 fatty acids to provide targeted, enhanced support for overall cardiovascular health.*

Patient benefits:

- Purified omega-7 oil processed to remove palmitic acid
- 6.6 times more EPA-DHA than the leading krill oil (500 mg vs. 74 mg per softgel)
- Enteric softgels reduce the likelihood of repeating (burp-up) in susceptible individuals
- Purity guaranteed
- Concentrated dose in easy-to-swallow, lemon-flavored softgels

	Dose per serving	EPA	DHA	Linoleic Acid	Gamma Linolenic Acid	Palmitoleic Acid	
General Support	OmegaGenics EPA-DHA 300 Algae	90 mg	180 mg				Formulas designed to help healthy patients achieve optimal levels of omega-3 fatty acid recommendations.*
	OmegaGenics EPA-DHA 300	180 mg	120 mg				
	OmegaGenics EPA-DHA 500 Enteric Coated	300 mg	200 mg				
	OmegaGenics EPA-DHA 500	300 mg	200 mg				
Advanced Support	OmegaGenics EPA-DHA 720	430 mg	290 mg				Formulas designed to help patients conveniently achieve higher therapeutic dosing levels.
	OmegaGenics EPA-DHA 750	375 mg	375 mg				
	OmegaGenics EPA-DHA 1000	710 mg	290 mg				
	OmegaGenics EPA-DHA 1200	600 mg	600 mg				
Targeted Support	OmegaGenics Mega 10	330 mg	170 mg			110 mg	Formulas designed to target specific patient outcomes with high dose formulas of DHA, EPA, omega-7 and omega-6.
	OmegaGenics EPA 500	500 mg	80 mg				
	OmegaGenics EPA 1200	1200 mg					
	OmegaGenics EPA-DHA 2400	1410 mg	990 mg				
	OmegaGenics DHA 600	60 mg	600 mg				
	OmegaGenics DHA 900		900 mg				
	OmegaGenics DHA Children's	10 mg	50 mg				
	OmegaGenics Evening Primrose Oil			369 mg	50 mg		
OmegaGenics GLA				240 mg			

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Form: 60 Softgels

Serving size: 1 Softgel

Calories	10
Calories from Fat	10
Total Fat	1 g
Marine Lipid Concentrate	782 mg
EPA (Eicosapentaenoic acid)	330 mg
DHA (Docosahexaenoic acid)	170 mg
Other Omega-3 Fatty Acids	60 mg
Omega-7 Oil	210 mg
Palmitoleic Acid	110 mg

Ingredients: Fish oil (anchovy, sardine), water, gelatin, glycerin, natural lemon flavor, pectin, sorbitol, and mixed tocopherols (antioxidant). **Contains: Fish (anchovy, sardine).**

Directions: Take one softgel one to two times daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Do not use before surgery. Keep out of the reach of children.

OmegaGenics® SPM Active®

Specialized
Pro-resolving Mediators

SPM Active is a revolutionary nutritional product developed through advanced fractionation technology featuring standardized levels of SPMs (specialized pro-resolving mediators) found in fish oil.† SPMs play a key role in the resolution (i.e., completion) of an immune response, according to extensive preclinical research.*

Patient benefits:

- A breakthrough in tissue health and immune response support*
- Supports healthy immune cell (i.e., macrophage) resolution-related activities*



Form: 60 Softgels, 120 Softgels

Serving size: 2 Softgels

Calories	5
Calories from Fat	5
Total Fat	0.5 g
Cholesterol	<5 mg
Active Portion of Fractionated Marine Lipid Concentrate†	250 mg
SPM content standardized to 18-hydroxy-eicosapentaenoic acid (18-HEPE) and 17-hydroxy-docosahexaenoic acid (17-HDHA)	

Ingredients: Fractionated marine lipid concentrate [(anchovy and sardine oil, and mixed tocopherols (antioxidant)], softgel shell (gelatin, glycerin, water, pectin, and sorbitol), and lemon oil. **Contains: Fish (anchovy and sardine).**

Directions: Take two softgels once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant, nursing, or taking nutritional supplements or medications, consult your healthcare practitioner before use. Keep out of the reach of children.

†Patent pending.

OsteoVantiv®

Provides Joint Relief &
Supports Joint Flexibility*

OsteoVantiv is designed to comfort sore joints and promote joint flexibility in healthy people. It features a clinically effective dose of UC-II®, which has been shown in research to support healthy joint function. OsteoVantiv also features a proprietary, enriched form of THIAA for enhanced joint relief.*

Patient benefits:

- Scientifically formulated to help revitalize healthy joint function and support an active lifestyle*
- UC-II®, when compared in one study to glucosamine and chondroitin, was found to have more significant benefits*
- In a study of healthy subjects who experienced joint discomfort upon physical activity, UC-II® positively influenced knee extension*
- Undenatured type II collagen in UC-II® is the only biologically active form—a key protein to help relieve joint discomfort and support joint function*
- New and improved, enriched form of THIAA—an iso-alpha acid designed to provide powerful joint support without GI side effects*
- THIAA selectively modulates kinase activity in favor of joint health*

Form: 60 Tablets

Serving size: 1 Tablet

Magnesium (as magnesium oxide)	37.5 mg
Standardized Cartilage†	20 mg
Tetrahydro Iso-Alpha Acids [from hops (<i>Humulus lupulus</i> L.) cone extract]	300 mg

Other Ingredients: Microcrystalline cellulose, maltodextrin, calcium silicate, silica, croscarmellose sodium, stearic acid (vegetable), cellulose, potassium chloride, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet twice daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Do not use if pregnant or nursing. If taking other nutritional supplements or medications, consult your healthcare practitioner before use. Keep out of the reach of children.

†UC-II® brand collagen with undenatured Type II Collagen (U.S. Patents 7,083,820, 7,846,487 and EPO Patent EP1435906B1; Canadian Patent CA 2459981C; and Japanese Patent JP 4800574B2.) UC-II® is a registered trademark of InterHealth N.I.



Ostera®

Promotes Healthy
Bone Remodeling in
Postmenopausal Women*

Ostera, in combination with a Mediterranean-style, low-glycemic-load diet and aerobic exercise, has been clinically shown in postmenopausal women to beneficially influence key markers of bone remodeling more than diet and exercise alone.*

Patient benefits:

- Promotes healthy bone remodeling biomarkers to support bone quality and integrity*
- Clinically shown in a study of postmenopausal women with low estrogen levels to:*
 - Beneficially influence key markers of bone remodeling
 - Positively influence osteocalcin, a key marker of bone remodeling rate*
 - Offer more effectiveness than diet and exercise alone
- Features selective kinase response modulators (SKRMs) in the form of RIAA from hops, as well as the herb berberine and vitamins D and K to nutritionally support healthy bone remodeling during the aging process*

Form: 60 Tablets

Serving size: 1 Tablet

Vitamin D (as cholecalciferol)	500 IU
Vitamin K (as phytonadione)	500 mcg
Berberine HCl (<i>Phellodendron amurense</i> bark extract)	90 mg
Reduced Iso-Alpha Acids Complex from hops extract, <i>Humulus lupulus</i> L.)	370 mg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, calcium silicate, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet twice daily, or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: If pregnant or nursing, or taking medication, please consult your healthcare practitioner before use.

Caution: Keep out of the reach of children.



Perimine®
Respiratory Support
Formula*

Perimine features a patented extract of perilla seed (*Perilla frutescens*), a unique herb traditionally used to promote healthy respiratory and immune function.*

Patient benefits:

- Herbal support for healthy respiratory and immune function*
- Perilla seed extract delivers a concentrated blend of flavonoids, including luteolin and rosmarinic acid

Form: 60 Tablets

Serving size: 1 Tablet

Perilla Seed Extract* (<i>Perilla frutescens</i>) (containing rosmarinic acid and luteolin)	100 mg
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Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), sodium starch glycolate, silica, and magnesium stearate (vegetable).

Directions: Take one tablet twice daily with food or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medications, consult your healthcare practitioner before use. Keep out of the reach of children.

*U.S. Patent #6,217,875.



Don't Block it. Resolve it.

OmegaGenics® SPM Active® assists the body in maintaining tissue integrity*

The body has a natural and active process for resolving the negative effects of tissue stress initiated by numerous circumstances including lifestyle factors, the normal aging process, and exercise or overexertion, in addition to an unhealthy diet. Specialized Pro-Resolving Mediators (SPMs) are natural compounds the body produces and uses to resolve tissue challenges and support healthy tissue recovery. Incorporating OmegaGenics SPM Active into supplementation protocols represents a targeted nutritional approach to SPM replenishment and may help to ensure support for the active resolution necessary to support tissue health.*



- All plant ingredients in Phytoganix are from certified organic farming systems that exclude synthetic chemicals in crop production

Form: 5.29 oz (150 g) Powder

Serving size: 1 Teaspoon (2.5 g)

	% Daily Value
Calories 10	
Sodium 10 mg	<1%
Total Carbohydrate 2 g	<1%
Dietary Fiber 1 g	4%
Sugars 0.5 g	
Protein 0 g	
Vitamin A	0%
Calcium	0%
Vitamin C	150%
Iron	0%

Ingredients: Organic flax (*Linum usitatissimum*) seed powder, organic inulin, organic beet (*Beta vulgaris*) root powder, organic flavors, organic carrot (*Daucus carota*) root powder, organic cranberry (*Vaccinium macrocarpon*) fruit powder, organic raspberry (*Rubus idaeus*) whole fruit powder, ascorbic acid, organic acacia gum, organic green tea (*Camellia sinensis*) leaf powder extract, organic green bell pepper (*Capsicum annuum*) fruit powder, organic spirulina (*Arthrospira platensis*) whole plant powder, organic acerola (*Malpighia glabra*) fruit dry extract (on manioc starch), organic stevia (*Stevia rebaudiana*) leaf extract, organic spinach (*Spinacia oleracea*) leaf powder, organic blueberry (*Vaccinium* spp.) whole fruit powder, and organic ginger (*Zingiber officinale*) root powder.

Directions: Mix 1 teaspoon (2.5 g) in 4 fl oz of water or juice.

This product is non-GMO, gluten free, and vegetarian.

[†]Color variation could occur due to the natural aspect of the ingredients.

PhytoMulti® Activate Your Health Potential



PhytoMulti takes you beyond basic wellness support. It has a proprietary blend of concentrated extracts and phytonutrients with scientifically tested biological activity to protect your cells and maintain DNA stability—activating your health potential like no other supplement.*

Patient benefits:

- Intelligent blend of highly-concentrated, full-spectrum phytonutrients to help you achieve your maximum health potential

- Phytonutrient potential for cell protection and DNA stability, verified by sophisticated in vitro Total ORAC_{FN} and comet assays*
- Phytonutrients impact cell signaling to communicate healthy messages throughout the body*
- Enhanced with select bioactive plant compounds—including lutein, zeaxanthin, lycopene, and resveratrol
- Optimized with essential vitamins and minerals for multidimensional health support*

Form: 60 Tablets, 120 Tablets

Serving size: 2 Tablets

Vitamin A [50% as mixed carotenoids and 50% as retinyl acetate]	10,000 IU
Vitamin C (as ascorbic acid and ascorbyl palmitate)	120 mg
Vitamin D ₃ (as cholecalciferol)	1000 IU
Vitamin E (as d-alpha tocopheryl succinate)	100 IU
Vitamin K (as phytonadione)	120 mcg
Thiamin (as thiamin mononitrate)	25 mg
Riboflavin	15 mg
Niacin (as niacinamide and niacin)	50 mg
Vitamin B ₆ (as pyridoxine HCl)	25 mg
Folate (as calcium L-5-methyltetrahydrofolate)	800 mcg
Vitamin B ₁₂ (as methylcobalamin)	200 mcg
Biotin	500 mcg
Pantothenic Acid (as D-calcium pantothenate)	75 mg
Iodine (as potassium iodide)	150 mcg
Magnesium (as magnesium citrate)	40 mg
Zinc (as zinc citrate)	15 mg
Selenium (as selenium aspartate)	100 mcg
Copper (as copper citrate)	1 mg
Manganese (as manganese citrate)	0.5 mg
Chromium (as chromium polynicotinate)	200 mcg
Molybdenum (as molybdenum aspartate complex)	50 mcg
Choline (as choline bitartrate)	25 mg
Inositol	25 mg
Lycopene	6 mg
Zeaxanthin	2 mg
Lutein	6 mg
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	10 mg
Proprietary Phytonutrient Blend of:	400 mg
Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 40% ellagic acid], grape seed extract [standardized to 90% polyphenols], blueberry (<i>Vaccinium</i> spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract [standardized to 5% bitter principles], prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (<i>Cinnamomum cassia</i>) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 11% min phenolic diterpenes and 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]	

Other Ingredients: Microcrystalline cellulose, cross-carmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

Directions: Take one to two tablets once daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Do not use if pregnant or nursing. Excess vitamin A may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day.

Caution: If you are taking medication or other nutritional supplements, consult your healthcare practitioner before use. Keep out of the reach of children.

PhytoMulti® Capsules

Activate Your
Health Potential



PhytoMulti takes you beyond basic wellness support. It has a proprietary blend of concentrated extracts and phytonutrients with scientifically tested biological activity to protect your cells and maintain DNA stability—activating your health potential like no other supplement.*

Patient benefits:

- Intelligent blend of highly-concentrated, full-spectrum phytonutrients to help you achieve your maximum health potential
- Phytonutrient potential for cell protection and DNA stability, verified by sophisticated in vitro Total ORAC_{FN} and comet assays*
- Phytonutrients impact cell signaling to communicate healthy messages throughout the body*
- Enhanced with select bioactive plant compounds—including lutein, zeaxanthin, lycopene, and resveratrol
- Optimized with essential vitamins and minerals for multidimensional health support*
- Vegetarian capsules are made of plant-derived ingredients and are designed to be easy to swallow

Form: 60 Capsules

Serving size: 3 Capsules[†]

Vitamin A [50% as mixed carotenoids and 50% as retinyl acetate]	10,000 IU
Vitamin C (as ascorbic acid and ascorbyl palmitate)	120 mg
Vitamin D ₃ (as cholecalciferol)	1000 IU
Vitamin E (as d-alpha tocopheryl succinate)	100 IU

All in the Family

A phytonutrient-packed daily multi to suit everyone's needs

Unlike ordinary multivitamin and mineral supplements, PhytoMulti® provides a proprietary, concentrated blend of plant extracts featuring phytonutrients with many health-promoting properties, including antioxidant and cell protection support.

Going beyond basic wellness support with its intelligent blend of highly concentrated phytonutrients along with quality vitamins and minerals, PhytoMulti helps to recharge, nourish, and defend cells like no other foundation nutrition formula.

Activate health potential with PhytoMulti—a solution that supports healthy aging unlike any other daily multivitamin.*



Metagenics®

Vitamin K (as phytonadione)	120 mcg
Thiamin (as thiamin mononitrate)	25 mg
Riboflavin	15 mg
Niacin (as niacinamide and niacin)	50 mg
Vitamin B ₆ (as pyridoxine HCl)	25 mg
Folate (as calcium L-5-methyltetrahydrofolate)	800 mcg
Vitamin B ₁₂ (as methylcobalamin)	200 mcg
Biotin	500 mcg
Pantothenic Acid (as D-calcium pantothenate)	75 mg
Iodine (as potassium iodide)	150 mcg
Magnesium (as magnesium citrate)	40 mg
Zinc (as zinc citrate)	15 mg
Selenium (as selenium aspartate)	100 mcg
Copper (as copper citrate)	1 mg
Manganese (as manganese citrate)	0.5 mg
Chromium (as chromium polynicotinate)	200 mcg
Molybdenum (as molybdenum aspartate complex)	50 mcg
Choline (as choline bitartrate)	25 mg
Inositol	25 mg
Lycopene	6 mg
Zeaxanthin	2 mg
Lutein	6 mg
Resveratrol	10 mg
(from <i>Polygonum cuspidatum</i> root extract)	
Proprietary Phytonutrient Blend of:	400 mg
Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 40% ellagic acid], grape seed extract [standardized to 90% polyphenols], blueberry (<i>Vaccinium</i> spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract [standardized to 5% bitter principles], prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (<i>Cinnamomum cassia</i>) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 11% min phenolic diterpenes and 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]	

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and magnesium stearate (vegetable).

Directions: Take one to three capsules once daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Do not use if pregnant or nursing. Excess vitamin A may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day.

Caution: Consult your healthcare practitioner if pregnant, nursing, taking other nutritional supplements or medications. Keep out of the reach of children.

[†]Capsules are composed of plant-derived ingredients. Not all contents inside the capsule are vegetarian.

PhytoMulti® with Iron

Activate Your Health Potential

PhytoMulti takes you beyond basic wellness support. It has

a proprietary blend of concentrated extracts and phytonutrients with scientifically tested biological activity to protect your cells and maintain DNA stability—supporting your health potential like no other supplement.*

Patient benefits:

- Intelligent blend of highly-concentrated, full-spectrum phytonutrients to help you achieve your maximum health potential
- Phytonutrient potential for cell protection and DNA stability, verified by sophisticated in vitro ORAC_{FN} and comet assays*
- Phytonutrients impact cell signaling to communicate healthy messages throughout the body*
- Enhanced with select bioactive plant compounds—including lutein, zeaxanthin, lycopene, and resveratrol
- Optimized with essential vitamins and minerals for multidimensional health support*

Form: 60 Tablets

Serving size: 2 Tablets

Vitamin A [50% as mixed carotenoids and 50% as retinyl acetate]	10,000 IU
Vitamin C (as ascorbic acid and ascorbyl palmitate)	120 mg
Vitamin D ₃ (as cholecalciferol)	1000 IU
Vitamin E (as d-alpha tocopheryl succinate)	100 IU
Vitamin K (as phytonadione)	120 mcg
Thiamin (as thiamin mononitrate)	25 mg
Riboflavin	15 mg
Niacin (as niacinamide and niacin)	50 mg
Vitamin B ₆ (as pyridoxine HCl)	25 mg
Folate (as calcium L-5-methyltetrahydrofolate)	800 mcg
Vitamin B ₁₂ (as methylcobalamin)	200 mcg
Biotin	500 mcg
Pantothenic Acid (as D-calcium pantothenate)	75 mg



Iron (as ferrous bis-glycinate)	18 mg
Iodine (as potassium iodide)	150 mcg
Magnesium (as magnesium citrate)	40 mg
Zinc (as zinc citrate)	15 mg
Selenium (as selenium aspartate)	100 mcg
Copper (as copper citrate)	1 mg
Manganese (as manganese citrate)	0.5 mg
Chromium (as chromium polynicotinate)	200 mcg
Molybdenum (as molybdenum aspartate complex)	50 mcg
Choline (as choline bitartrate)	25 mg
Inositol	25 mg
Lycopene	6 mg
Zeaxanthin	2 mg
Lutein	6 mg
Resveratrol	10 mg
(from <i>Polygonum cuspidatum</i> root extract)	
Proprietary Phytonutrient Blend of:	400 mg
Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 40% ellagic acid], grape seed extract [standardized to 90% polyphenols], blueberry (<i>Vaccinium</i> spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract [standardized to 5% bitter principles], prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (<i>Cinnamomum cassia</i>) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 11% min phenolic diterpenes and 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]	

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

Directions: Take one to two tablets once daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Do not use if pregnant or nursing. Excess vitamin A may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: If you are taking medication, or other nutritional supplements consult your healthcare practitioner before use. Keep out of the reach of children.

PhytoMulti® Kids

The Smart Multi

PhytoMulti Kids is uniquely designed to complement a healthy diet with a rainbow spectrum of phytonutrients to activate health potential like no other chewable foundation nutrition formula.



Patient benefits:

- Optimized with 16 essential vitamins and minerals, including the vitamin C equivalent of 1 orange, to help safeguard the nutritional needs of growing, active children*
- Intelligent combination of fruit and vegetable powders and extracts—including tomatoes, carrots, broccoli, Brussels sprouts, spinach, kale, onions, and blueberries
- Designed to provide multidimensional support to promote overall health and well-being*
- Kid-tested and approved, natural tropical citrus fruit flavor—and sweetened with xylitol
- Ideal for children and adults who would rather not swallow tablets or capsules

Form: 60 Chewable Tablets

Serving size: 1 Chewable Tablet

Calories	10
Total Carbohydrate	1 g
Xylitol	1 g
Vitamin A [50% as beta-carotene and mixed carotenoids, and 50% as retinyl acetate]	2500 IU
Vitamin C (as ascorbic acid)	60 mg
Vitamin D (as cholecalciferol)	300 IU
Vitamin E (as d-alpha tocopheryl acetate)	15 IU
Thiamin (as thiamin mononitrate)	1.5 mg
Riboflavin	1.7 mg
Niacin (as niacinamide)	7.5 mg
Vitamin B ₆ (as pyridoxine HCl)	2 mg
Folate (as calcium L-5-methyltetrahydrofolate)	200 mcg
Vitamin B ₁₂ (as methylcobalamin)	6 mcg
Biotin	45 mcg
Pantothenic Acid (as d-calcium pantothenate)	10 mg
Iron (as ferrous fumarate)	4 mg
Iodine (as potassium iodide)	75 mcg
Zinc (as zinc citrate)	6 mg
Copper (as copper gluconate)	0.6 mg
A Vegetable and Fruit Blend of:	200 mg
Broccoli sprout seed concentrate, onion bulb extract, tomato fruit powder, broccoli stem and floret powder, carrot root powder, spinach leaf powder, tall kale leaf powder, blueberry (<i>Vaccinium corymbosum</i>) fruit extract, and Brussels sprouts (<i>Brassica oleracea</i> var. <i>gemmifera</i> DC) powder	

Other Ingredients: Xylitol, natural flavors, stearic acid (vegetable), rice maltodextrin, calcium citrate, citric acid, and silica.

Directions: For children age 4 and over, take as directed by your healthcare practitioner. Not recommended for children under 3.

This product is non-GMO and gluten free.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: Excess vitamin A intake may be toxic. Children under age nine should not exceed 3,000 IU of preformed vitamin A (retinyl acetate) per day.

Pneumo-Carotene™ Support for Healthy Lung Function*

Pneumo-Carotene is a scientifically blended formulation that features a broad spectrum of antioxidant nutrients that protect and support lung tissue health.*

Patient benefits:

- Features balanced antioxidant protection with nutrients such as vitamins C and E and Caro-xanTM†, a proprietary blend of beta-carotene and Betatene[®] mixed carotenoids*
- Includes pure bovine^{††} lung concentrate (processed below 37°C) that is guaranteed raw so the natural constituents remain intact

Form: 60 Tablets

Serving size: 1 Tablet

Vitamin A [91% (15,000 IU) as mixed carotenoids and beta-carotene, and 9% (1,500 IU) as retinyl palmitate]	16,500 IU
Vitamin C (as ascorbic acid)	200 mg
Vitamin E (as d-alpha tocopheryl succinate)	20 IU
Folate (as calcium L-5-methyltetrahydrofolate)	200 mcg
Selenium (as selenium aspartate)	10 mcg
Quercetin	25 mg
Raw Lung Concentrate (bovine [†])	200 mg

Other Ingredients: Croscarmellose sodium, microcrystalline cellulose, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet twice daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day.

[†]Caro-xanTM, a proprietary blend of beta-carotene and Betatene[®] mixed carotenoids (Betatene Ltd., Corp., Australia).

^{††}Imported from New Zealand free-range, pasture-fed cattle.

Probioplex® Intensive Care Bioactive Immunoglobulins & Prebiotic Factors



Probioplex Intensive Care is a prebiotic support formula featuring concentrated whey protein combined with fructooligosaccharides (FOS) and the prebiotic factors lactoferrin and lactoperoxidase.*

Patient benefits:

- Supports the activity of “friendly” intestinal bacteria such as *lactobacilli* and *bifidobacterium**
- Delivers prebiotic in the form of FOS and lactoferrin and lactoperoxidase, proteins that support intestinal microbial balance*
- Supports healthy intestinal and immune system function*

Form: 180 Tablets

Serving size: 2 Tablets

Calories	5
Cholesterol	<5 mg
Protein	less than 1 g
Iodine (as potassium iodide)	16 mcg
Sodium	6 mg
Whey Protein Concentrate (containing immunoglobulins)	1 g
Lactoferrin	26.7 mg
Lactoperoxidase	6.7 mg

Ingredients: Whey protein concentrate (milk, soy), fructooligosaccharides (FOS), microcrystalline cellulose, modified cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), lactoferrin, silica, lactoperoxidase, potassium iodide, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose). **Contains: Milk and soy.**

Directions: Take two tablets twice daily or as directed by your healthcare practitioner. Recommend to take on an empty stomach.

This product is non-GMO and gluten free.

Caution: Keep out of the reach of children.

Probioplex®
Intensive Care
 Bioactive
 Immunoglobulins &
 Prebiotic Factors



Probioplex Intensive Care is a prebiotic support formula featuring concentrated whey protein combined with fructooligosaccharides (FOS) and the prebiotic factors lactoferrin and lactoperoxidase.*

Patient benefits:

- Powder form offers a higher potency per dose
- Supports the activity of “friendly” intestinal bacteria such as *Lactobacilli* and *Bifidobacterium**
- Delivers prebiotic in the form of FOS and lactoferrin and lactoperoxidase, proteins that support intestinal microbial balance*
- Supports healthy intestinal and immune system function*

Form: 5.3 oz (150 g) Powder

Serving size: About 1 Tablespoon (5 g)

Calories	10
Cholesterol	10 mg
Protein	2 g
Iodine (as potassium iodide)	75 mcg
Sodium	5 mg
Whey Protein Concentrate (containing immunoglobulins)	2.9 g
Lactoferrin	80 mg
Lactoperoxidase	20 mg

Ingredients: Whey protein concentrate (milk, soy), fructooligosaccharides (FOS), lactoferrin, Fibersol®2 (maltodextrin), lactoperoxidase (milk), and potassium iodide. **Contains: Milk, soy.**

Directions: Take about one tablespoon (5 grams) mixed in unchilled water one to two times daily between meals, or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Keep out of the reach of children.

Protrypsin®
 Support for
 Tissue Health*



Protrypsin is a proteolytic enzyme formula designed to support tissue health.*

Patient benefits:

- Features premium-grade chymotrypsin and trypsin—enzymes that support tissue health*
- Every batch of raw material is carefully manufactured in a moisture and pH-controlled environment and is independently assayed to ensure maximum enzyme potency

Form: 60 Tablets, 120 Tablets

Serving size: 2 Tablets

Chymotrypsin	not less than 6,000 USP Units
Trypsin	not less than 6,000 USP Units
Raw Pancreas (porcine) Concentrate	100 mg
Bromelain (2,400 GDU/g)	133 mg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and enteric coating (ethyl cellulose, ammonium hydroxide, hydroxypropylmethylcellulose, hydroxypropylcellulose, medium chain triglycerides, sodium alginate, oleic acid, and stearic acid). **Contains: Milk.**

Directions: Take two tablets one to three times daily between meals or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, consult your healthcare practitioner before use. Do not use if there is a prior history of or a current peptic or duodenal ulcer. Keep out of the reach of children.

Renagen™ DTX
 Support for Healthy
 Kidney Detoxification*



Renagen DTX is designed to support kidney health with a specific blend of N-Acetylcysteine (NAC), targeted vitamins, and traditional Chinese herbs. Also helps support healthy vascular function, including the specialized and delicate vasculature of the kidneys.*

Patient benefits:

- Protects against free radical damage to help maintain kidney health*
- Features NAC, a precursor to glutathione—a crucially important antioxidant throughout the body*
- Provides B vitamins that are key nutrients for cardiovascular health*
- Promotes healthy homocysteine metabolism with calcium L-5-methyltetrahydrofolate and vitamin B₆*
- Contains methylated vitamin B₁₂ and calcium L-5-methyltetrahydro-folate—a body-ready, nature-identical folate*

Form: 60 Capsules

Serving size: 1 Capsule

Vitamin B ₆ (as pyridoxine HCl)	10 mg
Folate (as calcium L-5-methyltetrahydrofolate†)	400 mcg
Vitamin B ₁₂ (as methylcobalamin)	125 mcg
Cordyceps Mycelium Extract (<i>Paecilomyces hepiali</i> Chen) [standardized to 4% (8 mg) cordycepic acid and 0.25% (0.5 mg) adenosine]	200 mg
Chinese Salvia Root (<i>Salvia miltiorrhiza</i>)	200 mg
N-Acetylcysteine	200 mg

Other Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, and magnesium stearate (vegetable).

Directions: Take one capsule one to two times daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Do not use if taking blood thinning medications, antihypertensive medications, hypoglycemic medications and/or insulin, digoxin or nitroglycerin, or before surgery.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

†Capsules are composed of plant-derived ingredients.
 ††As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

Selestro®
 Menopausal Symptom
 Relief*



Selestro features clinically effective levels of both soy isoflavones and black cohosh—2 highly valued plant ingredients with a long history of safe use.

Patient benefits:

- Relieves menopausal symptoms such as:
 - Hot flashes/night sweats
 - Occasional sleep disturbances
 - Mild mood swings
 - Occasional irritability
- Features natural selective estrogen receptor modulators (SERMs) in the form of a full spectrum of soy isoflavones—including daidzin and genistin*
- Soy and black cohosh phytonutrients may help support bone health by beneficially modulating estrogen and calcium metabolism*
- Delivers the species of black cohosh (*Actaea racemosa*††) shown to be safe and effective in clinical studies*

Form: 60 Tablets

Serving size: 1 Tablet

Soybean Concentrate†	100 mg
Total Isoflavones (containing all forms of genistin, daidzin, and glycitin)	40 mg
Black Cohosh (<i>Actaea racemosa</i> ††) Root & Rhizome Extract [standardized to 2.5% (2 mg) total triterpene glycosides expressed as 27-deoxyactein]	80 mg

Ingredients: Microcrystalline cellulose, soy isoflavones (soy), black cohosh extract, stearic acid (vegetable), cellulose, silica, sodium starch glycolate, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose). **Contains: Soy.**

Directions: Take one tablet one to two times daily or as directed by your healthcare practitioner. If allergic to aspirin do not take.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: Consult your healthcare practitioner before use if you are taking medication or have a liver disorder or develop symptoms of liver trouble. Keep out of the reach of children.

†Derived from non-genetically raceengineered, identity-preserved soybeans.
 ††Also known as *Cimicifuga racemosa*.

Serenagen®
 Traditional Heart
 Calming Formula*



Serenagen is a classic herbal stress management formula used in traditional Chinese medicine to nourish and quiet the heart.*

Patient benefits:

- Designed for individuals who have feelings of anxiety and have difficulty resting due to stress*
- Formulated for individuals who may have feelings of being overheated and flushed when stressed*
- Features traditionally used herbs to address organs and systems involved in the stress response*
- Ideal for those who are “stressed and wired”*

Form: 60 Tablets, 180 Tablets

Serving size: 2 Tablets

A 4:1 Proprietary Herbal Extract Blend of:

Rehmannia Root (<i>Rehmannia glutinosa</i>)	1000 mg
Schisandra Fruit (<i>Schisandra chinensis</i>)	
Jujube Fruit (<i>Ziziphus spinosa</i>)	
Dong Quai Root (<i>Angelica sinensis</i>)	
Chinese Asparagus Root (<i>Asparagus cochinchinensis</i>)	
Ophiopogon Root (<i>Ophiopogon japonicus</i>)	
Scrophularia Root (<i>Scrophularia ningpoensis</i>)	
Asian Ginseng Root (<i>Panax ginseng</i>)	
Chinese Salvia Root (<i>Salvia miltiorrhiza</i>)	
Poria Fungus (<i>Wolfiporia cocos</i>)	
Polygala Root (<i>Polygala tenuifolia</i>)	
Platycodon Root (<i>Platycodon grandiflorum</i>)	

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: If taking medication consult your healthcare practitioner before use. Keep out of the reach of children.

SeroSyn™
 Support for a Calm,
 Positive Mood



SeroSyn features clinically effective levels of L-5-HTP and L-theanine to support healthy levels of specific neurotransmitters and is enhanced with standardized extracts of Asian ginseng and Chinese skullcap to target the stress response, cognition, and mood, which are closely interrelated. Specific B vitamins are added to support methylation, homocysteine metabolism, and healthy neurological function.*

Patient benefits:

- Formulated to support healthy production of the neurotransmitters gamma-aminobutyric acid (GABA) and serotonin, with clinically effective levels of L-5-HTP and L-theanine*
- L-theanine is considered to have a calming effect*
- Features Asian ginseng, an herbal adaptogen traditionally used to increase the body’s resistance to stress and promote a sense of well-being*
- Features Chinese skullcap to help promote relaxation*
- Supports healthy methylation, homocysteine metabolism, and neurological function with targeted B vitamins—including biologically active calcium L-5-methyltetrahydrofolate and methylcobalamin*

Form: 30 Capsules, 90 Capsules

Serving size: 1 Capsule†

Vitamin B ₆ (as pyridoxine HCl)	10 mg
Folate (as calcium L-5-methyltetrahydrofolate)	333 mcg
Vitamin B ₁₂ (as methylcobalamin)	250 mcg
Chinese Skullcap (<i>Scutellaria baicalensis</i>) Root Extract [standardized to 30% (60 mg) flavones]	200 mg
L-5-Hydroxytryptophan (L-5-HTP)	100 mg
Asian Ginseng (<i>Panax ginseng</i>) Root Extract [standardized to 8% (8 mg) ginsenosides]	100 mg
L-Theanine	80 mg

Other Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, silica, and stearic acid (vegetable).

Directions: Take one capsule three times daily with food or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: Not recommended for those under 18 years of age. If taking antidepressant medication, particularly antidepressants such as MAO inhibitors or selective serotonin reuptake inhibitors (SSRIs), avoid use. If you have a medical condition—including symptomatic gastrointestinal disorders, or are taking medication—including over-the-counter cold medicine and high blood pressure medicines, consult your healthcare practitioner before use. Use with caution when driving or operating machinery, may cause drowsiness. Keep out of the reach of children.
 †Capsules are composed of plant-derived ingredients.

Silymarin 80™ Liver Support Formula*



Silymarin 80 features milk thistle seed extract providing 56 mg of silymarin by HPLC analysis. Milk thistle seed extract is noted for its support of healthy liver function.*

Patient benefits:

- Supports hepatic detoxification function*

Form: 90 Tablets

Serving size: 1 Tablet

Milk Thistle (<i>Silybum marianum</i>)	112 mg
Seed Extract providing 56 mg silymarin† (containing silybin, isosilybin, silydianin, silychristin)	

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), silica, and magnesium stearate (vegetable).

Directions: Take one tablet three times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

†By HPLC analysis

Sinuplex®

Healthy Sinus and Lung Support*



Sinuplex features a unique blend of vitamin C, quercetin, nettle root extract, bromelain, and N-Acetylcysteine.

Patient benefits:

- Supports healthy sinus, nasal, lung, and respiratory function*
- Ingredients are carefully selected and manufactured with advanced processing technologies to preserve the potency and stability of delicate components such as bromelain

Form: 120 Tablets

Serving size: 1 Tablet

Vitamin C (as ascorbic acid)	150 mg
Quercetin	200 mg
Nettle (<i>Urtica dioica</i>) Root 10:1 Extract	100 mg
Bromelain (2400 GDU/g)	50 mg
N-Acetylcysteine	25 mg

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet daily without food, or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, or taking medication, consult healthcare practitioner before use.

SpectraSoy® Full-Spectrum Isoflavone Concentrate†



SpectraSoy features a high quality soy concentrate† that supplies a full spectrum of isoflavones, including genistin and daidzin, plus other healthful compounds naturally found in soybeans and soy foods.

Patient benefits:

- Helps support healthy hormone balance, blood lipids, and bone density*
- Careful extraction techniques ensure that the natural profile and ratios of isoflavones are maintained
- Just 1 tablet provides 45 mg of isoflavones—the average daily intake in Japan

Form: 90 Tablets

Serving size: 1 Tablet

Soybean Concentrate†	113 mg
Total Isoflavones (containing all forms of genistin, daidzin, and glycitin)	45 mg

Ingredients: Soybean concentrate (soy), microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), cellulose, and silica. **Contains: Soy.**

Directions: Take one tablet one to two times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

†Derived from non-genetically engineered, identity-preserved soybeans.

SpectraZyme® Complete Broad Spectrum Digestive Support



SpectraZyme Complete provides digestive support with a non-GMO, broad spectrum of non-animal-derived enzymes, including acid-stable lipase, and 3 proteases that are designed to function in different pH ranges. This comprehensive enzyme complex is designed to support the healthy digestion of proteins, peptides, carbohydrates, fats, cellulose, maltose, lactose, and sucrose.*

Patient benefits:

- Provides comprehensive digestive support*
- Delivers a variety of enzymes that split proteins, peptides, carbohydrates, fats, cellulose, maltose, lactose, and sucrose
- Vegetarian capsules designed to be easy to swallow

Form: 60 Capsules, 180 Capsules

Serving size: 2 Capsules

Amylase	24,000 DU
Acid Protease	165 SAPU
Neutral Protease	20,000 PC
Xylanase	2400 XU
Fungal Protease	4100 HUT
Cellulase	2000 CU
Lipase	800 FCCLU
Lactase	400 ALU
Pectinase	24 endo-PGU
Hemicellulase	2000 HCU
Invertase	480 SU

Other Ingredients: Capsule (hydroxypropylmethylcellulose), medium chain triglycerides, and maltodextrin. **Contains: Milk, wheat, and soy.**

Directions: Take 2 capsules with each meal or as directed by your healthcare practitioner.

This product is non-GMO.

Caution: If taking anti-diabetic medications, please consult your healthcare practitioner before use.

SpectraZyme® Gluten Digest Targeted Support for Enzymatic Breakdown of Gluten*



SpectraZyme Gluten Digest is a targeted protease enzyme supplement formulated to promote the breakdown of gluten proteins in the stomach in order to support healthy digestion of wheat, barley, rye grains, and other gluten sources.*

This advanced formula features Tolerase® G:

- Unique, proline-specific endoprotease isolated from *Aspergillus niger*
- Shown to help break down gluten proteins in humans, in vitro, and in a gastrointestinal model*
- Designed to be active in the acidic stomach environment*
- Clinically demonstrated to help break down gluten before it reaches the small intestine, which is key to supporting health outcomes*

Patient benefits:

- Promotes healthy digestive function*
- Designed to offer a more reliable and efficient approach for gluten digestion support*
- Provides digestive support for those avoiding dietary gluten*
- Convenient packet option also available

Form: 90 Capsules, 20 2-Capsule Packet Box

Serving size: 2 Capsules

Prolyl Endopeptidase† (from <i>Aspergillus niger</i>)	232,000 PPI
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Other Ingredients: Microcrystalline cellulose, capsule (hydroxypropylmethylcellulose), stearic acid (vegetable), magnesium stearate (vegetable), and silica.

Directions: Take 1-2 capsules with each meal or as directed by your healthcare practitioner.

This product is non-GMO, vegan, and gluten free.

Caution: If pregnant or nursing, or taking medication or other nutritional supplements, consult your healthcare practitioner before use. Keep out of the reach of children.

Notice: Tolerase® G is not intended to replace a gluten-free diet. Tolerase® G is not intended to treat or prevent celiac disease.

†As Tolerase® G, Tolerase® G is a registered trademark of DSM.

SpectraZyme® Metagest® Stomach Acid Support*



SpectraZyme Metagest (formerly Metagest®) is designed to provide digestive support with betaine HCl and pepsin.*

Patient benefits:

- Features betaine HCl and pepsin, which support the breakdown of food in the stomach*
- Complements the natural production of digestive agents that may decrease as a result of dietary or age-related factors*

Form: 90 Tablets, 270 Tablets

Serving size: 2 Tablets

Betaine HCl	1300 mg
Pepsin (porcine)	90 mg

Other Ingredients: Silicified microcrystalline cellulose, stearic acid (vegetable), cellulose, silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets with each meal, or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If stomach discomfort occurs after administration, discontinue use and consult your healthcare practitioner. Do not use if there is a prior history of or a current peptic or duodenal ulcer. Consult your healthcare practitioner if pregnant or nursing, or if taking other nutritional supplements or medications. Keep out of the reach of children.

SpectraZyme® Pan 9x

Bioactive Pancreatic Enzymes for Digestive Support*



SpectraZyme Pan 9x (formerly Azeo-Pangen) is a comprehensive, pancreatic-derived enzyme complex that is designed to support healthy digestive function.*

Patient benefits:

- Delivers enzymes that break down protein, carbohydrates, and fats*
- Processed under special conditions so that the delicate enzyme constituents remain intact
- An enzymatic analysis is performed on each batch by a third-party laboratory

Form: 90 Tablets, 270 Tablets

Serving size: 1 Tablet

Protease	52,000 USP units
Amylase	52,000 USP units
Lipase	8,320 USP units

Gluten Has Finally Met its Match

Formulated to promote the breakdown of gluten proteins in the stomach, SpectraZyme Gluten Digest is part of our complete line of enzymes designed to support digestive health.



Ingredients: Porcine pancreatic concentrate, microcrystalline cellulose, croscarmellose sodium, sodium starch glycolate, stearic acid (vegetable), and silica.

Directions: Take one tablet with each meal, or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Do not use if there is a prior history of or a current peptic or duodenal ulcer. Do not use in individuals who have a known allergy or hypersensitivity to pork protein. Consult your healthcare practitioner if taking other nutritional supplements or medications. Keep out of the reach of children.

SpectraZyme® Pan 9x ES

Bioactive Pancreatic Enzymes for Digestive Support*



SpectraZyme Pan 9x ES (formerly Azeo-Pangen Extra Strength) is a comprehensive, pancreatic-derived enzyme complex that is designed to support healthy digestive function.*

Patient benefits:

- Provides twice the digestive enzyme strength of SpectraZyme Pan 9x*
- Delivers enzymes that break down protein, carbohydrates, and fats*
- Processed under special conditions so that the delicate enzyme constituents remain intact
- An enzymatic analysis is performed on each batch by a third-party laboratory

Form: 90 Tablets

Serving size: 1 Tablet

Protease	104,000 USP units
Amylase	104,000 USP units
Lipase	16,640 USP units

Ingredients: Porcine pancreatic concentrate, microcrystalline cellulose, croscarmellose sodium, sodium starch glycolate, stearic acid (vegetable), and silica.

Directions: Take one tablet with each meal or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Do not use if there is a prior history of or a current peptic or duodenal ulcer. Do not use in individuals who have a known allergy or hypersensitivity to pork protein. Consult your healthcare practitioner if taking other nutritional supplements or medications. Keep out of the reach of children.

St. John's Wort with Folate and B₁₂ Mood Support Formula*



St. John's Wort with Folate and B₁₂ contains 450 mg of a premium extract of St. John's Wort standardized to 0.3% hypericins, combined with folate and vitamin B₁₂.

Patient benefits:

- Designed to support a calm, positive mood*
- Delivers nutrients that may play a role in the synthesis of serotonin—a neurotransmitter involved in the regulation of mood, sleep, memory, and learning*
- Features calcium L-5-methyltetrahydrofolate, a body-ready, nature-identical folate*

Form: 60 Tablets

Serving size: 1 Tablet

Folate (as calcium L-5-methyltetrahydrofolate†)	400 mcg
Vitamin B ₁₂ (as methylcobalamin)	250 mcg
St. John's Wort (<i>Hypericum perforatum</i> L.) Aerial Parts Extract [standardized to 0.3% (1.35 mg) hypericins]	450 mg

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Use as directed by your healthcare practitioner. Recommend to take on an empty stomach.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing. Do not use before surgery.

Caution: If taking medication—including blood thinning medication or any medication related to mood modulation—consult your healthcare practitioner before use. Avoid excessive exposure to UV irradiation (e.g., sunlight; tanning) when using this product. Keep out of the reach of children.

*As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

SulforaClear™

Advanced Support for Cellular Activity*



SulforaClear is formulated with a unique combination of ingredients designed to support the body's natural detoxification process by supporting sulforaphane availability.*

Patient benefits:

- Features Brassinase™†—a specialized broccoli ingredient having active myrosinase and sulforaphane glucosinolate—in combination with sulforaphane glucosinolate from broccoli seed extract for more reliable sulforaphane conversion*
- Sulforaphane is a potent activator of the body's own antioxidant and detoxifying enzymes and is responsible for many positive health benefits associated with broccoli consumption*
- Research suggests that sulforaphane may help improve overall redox status to support healthy cell function*

Form: 60 Capsules

Serving size: 2 Capsules††

Calcium (as dicalcium phosphate)	80 mg
Phosphorus (as dicalcium phosphate)	62 mg
Broccoli Sprout and Floret Powder (myrosinase activity 30 mg glucose/g) [providing 1 mg sulforaphane potential from 2 mg sulforaphane glucosinolate]	204 mg
Broccoli Seed Extract [providing sulforaphane glucosinolate (10 mg)]	78.5 mg

Other Ingredients: Microcrystalline cellulose, capsule (hydroxypropylmethylcellulose), stearic acid (vegetable), magnesium stearate (vegetable), and silica.

Directions: Take 1-2 capsules once daily, or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

†Brassinase is a trademark of VDF FutureCeuticals, Inc. Used under license.

††Vegetarian capsules.

SuperGarlic 6000® Super Concentrated 6000 mcg Allicin per Tablet



SuperGarlic 6000 is a super-concentrated garlic supplement that supplies 6000 mcg of allicin—garlic's most important active ingredient—per tablet.*

Patient benefits:

- Helps support cardiovascular and immune system health*
- Supports healthy triglycerides and other blood lipids*
- Features a special enteric coating designed to dissolve in the intestine—not the mouth or stomach—to help prevent garlic breath

Form: 90 Tablets

Serving size: 1 Tablet

Calcium	80 mg
Phosphorus	61 mg
Raw Garlic Concentrate† (<i>Allium sativum</i>)	600 mg

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, enteric coating (ethyl cellulose, ammonium hydroxide, hydroxypropylmethylcellulose, hydroxypropylcellulose, medium chain triglycerides, sodium alginate, oleic acid, and stearic acid).

Directions: Take one tablet daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Do not chew; highly pungent odor when chewed. Keep out of the reach of children.

†SuperGarlic 6000® yields 6000 mcg allicin per tablet confirmed by HPLC (high pressure liquid chromatography).

Testralin® Testosterone Balance Support*



Testralin is designed for men aged 40 and beyond to support healthy testosterone and estrogen balance and help maintain male reproductive health. This powerful formula provides 14 key ingredients—including green tea, flax lignans, and plant sterols—that may help promote healthy testosterone balance and beneficially influence estrogen and testosterone metabolism.*

Patient benefits:

- Features phytonutrients known to inhibit aromatase—an enzyme that converts androgen to estrogen*
- Targets estrogen-sensitive tissues by supporting the methylation and excretion of estrogen metabolites*
- Addresses prostate health by providing phytonutrients known to inhibit the conversion of testosterone to DHT (dihydrotestosterone)*

Form: 60 Tablets

Serving size: 1 Tablet

Vitamin D (as cholecalciferol)	375 IU
Folate (as calcium L-5-methyltetrahydrofolate)	200 mcg
Vitamin B ₆ (as pyridoxine HCl)	25 mg
Vitamin B ₁₂ (as methylcobalamin)	15 mcg
Zinc (as zinc citrate)	2.5 mg
Selenium (as selenomethionine)	100 mcg
Soybean Concentrate†	62.5 mg
Total Isoflavones (containing all forms of genistin, daidzin, and glycitin)	25 mg
Phytosterols (containing beta-sitosterol, stigmasterol, campesterol, and other plant sterols)	50 mg
Lignans [as secoisolariciresinol, diglucosides, (SDG)] [from 125 mg flaxseed extract (<i>Linum usitatissimum</i>)]	25 mg
Decaffeinated†† Green Tea (<i>Camellia sinensis</i>) Leaf Extract [standardized to 60% (100 mg) catechins and 40% (67 mg) epigallocatechingallate (EGCG)]	167 mg
Oleanolic Acid [from olive (<i>Olea europaea</i>) leaf extract]	5 mg
Turmeric (<i>Curcuma longa</i>) Rhizome Extract [standardized to 95% (75 mg) curcuminoids]	79 mg
Lycopene	5 mg
Betaine (as betaine HCl)	37.5 mg

Ingredients: Decaffeinated green tea leaf extract, microcrystalline cellulose, flax seed extract, turmeric rhizome extract, stearic acid (vegetable), soy isoflavones (soy), phytosterols (soy), lycopene, betaine HCl, croscarmellose sodium, calcium silicate, pyridoxine HCl, cellulose, selenomethionine, silica, zinc citrate, oleanolic acid, cholecalciferol, calcium L-5-methyltetrahydrofolate, methylcobalamin, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin). **Contains: Soy.**

Directions: Use as directed by your healthcare practitioner. Take with food as recommended.

This product is gluten free.

Caution: If taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

†Derived from non-genetically engineered, identity-preserved soybeans.

††Contains no more than 4% caffeine.

Thyrosol® Thyroid Support Formula*



Thyrosol is a multi-faceted formula featuring targeted nutrients that promote healthy thyroid function. Many aspects of health are impacted by thyroid hormone activity.*

Patient benefits:

- Supports the healthy synthesis of thyroid hormones*
- Supports the steps in hormone metabolism negatively affected by stress*
- Supports the conversion of thyroxine (T₄) to the more bioactive triiodothyronine (T₃)*
- May enhance the binding of T₃ receptors to DNA, thereby supporting the expression of thyroid hormone-responsive genes*

Form: 60 Tablets, 180 Tablets

Serving size: 1 Tablet

Vitamin A (as retinyl palmitate)	3000 IU
Vitamin D (as cholecalciferol)	400 IU
Vitamin E (as d-alpha tocopheryl succinate)	100 IU
Riboflavin	3 mg
Niacin (as niacinamide)	4.5 mg
Iodine (as potassium iodide)	76 mcg
Zinc (as zinc citrate)	10 mg
Selenium (as selenomethionine)	150 mcg
Rosemary (<i>Rosmarinus officinalis</i>) Leaf Extract [standardized to 11% min phenolic diterpenes and 7.6% min sum of carnosol+carnosic acid]	79 mg

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet twice daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day.

Caution: Not recommended for pregnant or nursing women. If taking medication, consult your healthcare practitioner before use.

Trancor®
Glutamate & GABA
Balance for Relaxation*



Trancor is designed to act centrally within the brain to support a sense of tranquility in those who may feel worried or nervous.*

Patient benefits:

- Research suggests that the amino acids N-Acetylcysteine (NAC) and taurine may be able to cross the blood-brain barrier, a property critical to neuroprotection*
- Taurine, epigallocatechingallate from green tea leaf extract, and vitamin B₆ may enhance the metabolism of GABA, a relaxing, inhibitory neurotransmitter*
- Vitamin B₆ is a cofactor in the synthesis of GABA from glutamate*
- Magnesium promotes relaxation*
- EGCG, taurine, and NAC may help protect nerve cells and their mitochondria from harmful excitotoxic effects and other pro-oxidant influences*
- NAC may help protect neurons and their mitochondria from oxidative stress as a precursor to glutathione, one of the body's more powerful endogenously produced compounds*
- EGCG acts as a free radical oxygen and nitrogen species (RONS) scavenger*

Form: 120 Capsules

Serving size: 2 Capsules†

Vitamin B ₆ (as pyridoxine HCl)	12.5 mg
Magnesium (as magnesium malate)	100 mg
Taurine	500 mg
N-Acetylcysteine	300 mg
Decaffeinated†† Green Tea (Camellia sinensis) Leaf Extract [standardized to 60% (90 mg) catechins and 40% (60 mg) epigallocatechingallate (EGCG)]	150 mg

Other Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, silica, and magnesium stearate (vegetable).

Directions: Take two capsules twice daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Do not use if pregnant or nursing.

Caution: If you have congestive heart failure, kidney disease, or are taking medication—including anticoagulants—consult your healthcare practitioner before use. Maintain adequate fluid intake while taking this product. Keep out of the reach of children.

*Capsules are composed of plant-derived ingredients.
††Contains no more than 4% caffeine.

Tran-Q®
Support for
Tension Release*



Tran-Q is a classic herbal stress management formula designed to promote relaxation in individuals who feel overwhelmed and physically tense.*

Patient benefits:

- Traditionally used to help release tension in those who feel overwhelmed and physically tense*
- Classically used to address multiple organs and systems involved in the stress response*
- Ideal for those who are “stressed and worried”*

Form: 60 Tablets, 180 Tablets

Serving size: 1 Tablet

A 4:1† Proprietary Herbal Extract Blend of:	500 mg
Polygala Root (<i>Polygala tenuifolia</i>), Jujube Fruit (<i>Ziziphus spinosa</i>), Poria Fungus (<i>Poria cocos</i>), Biota Seed (<i>Biota orientalis</i>), Gardenia Fruit (<i>Gardenia jasminoides</i>), Tangerine Peel (<i>Citrus reticulata</i>), Bai-Zhu Atractylodes Rhizome (<i>Atractylodes macrocephala</i>), Licorice Root (<i>Glycyrrhiza uralensis</i>), Platycodon Root (<i>Platycodon grandiflorum</i>), Rehmannia Root (<i>Rehmannia glutinosa</i>), Job's Tears Seed (<i>Coix lachryma-jobi</i>)	

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), and silica.

Directions: Take one tablet three times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing. If taking medication, consult your healthcare practitioner before use.

Caution: Keep out of the reach of children.

†Equivalent to 2000 mg raw, dried, unprocessed herbs.

Ultra Calm®
Designed to
address stress-
related concerns*



Ultra Calm is a dietary supplement in bar form that is designed to address stress-related concerns and support relaxation, a sense of calm, and a healthy stress response.*

Patient benefits:

- Convenient delivery form for compliance and travel
- Features 200 mg of L-theanine for targeted neurological support*
- L-theanine supports the metabolism of GABA to help maintain a sense of calm*
- Each serving includes 8 g of fiber, including isomalto-oligosaccharides and inulin (prebiotic fibers), 2 g of rice protein, and 6 g of sugar

Flavor: Chocolate Coconut Flavor

Form: 12-1.41 oz. (40 g) Bars

Serving size: 1 Bar

Calories	150
Calories From Fat	90
Total Fat	11 g
Saturated Fat	8 g
Total Carbohydrate	23 g
Dietary Fiber	8 g
Sugars	6 g
Protein	2 g
Iron	1 mg
Sodium	60 mg
L-Theanine	200 mg

Ingredients: Dark chocolate flavored coating [chocolate liquor, erythritol, inulin, cocoa butter, milk fat, soy lecithin, natural flavor, rebaudioside A (stevia leaf extract)], coconut, tapioca syrup, isomalto-oligosaccharides, erythritol, rice protein concentrate, coconut oil, glycerin, L-theanine, sea salt, natural vanilla flavor, rebaudioside A (stevia leaf extract), mixed tocopherols, and rosemary leaf extract. **Contains: Coconut, milk, and soy.**

Directions: Consume one bar daily or as directed by your healthcare practitioner.

Warning: Do not use if pregnant or nursing.

This product is gluten free.

Caution: Use with caution when driving or operating machinery. May cause drowsiness. If taking medication or other nutritional supplements, consult your healthcare practitioner before use. Keep out of the reach of children.

Ultra CLA®
High Quality Conjugated
Linoleic Acid



Ultra CLA is a stabilized, mixed-isomer conjugated linoleic acid (CLA) formula in triglyceride rather than free fatty acid form for enhanced stability.

Patient benefits:

- May help support healthy body composition*
- Delivers a standardized extract of rosemary leaf, which has potent antioxidant properties and may enhance formula stability
- Features a stabilized form of CLA compared to the free fatty acid form of CLA

Form: 30 Softgels

Serving size: 2 Softgels

Conjugated Linoleic Acid (CLA)	1 g
Rosemary (<i>Rosmarinus officinalis</i> L.) Leaf Extract [standardized to 7.5% sum of carnosol+carosic acid (1.5 mg)]	40 mg

Ingredients: Conjugated linoleic acid, gelatin, glycerin, beeswax, purified water, annatto extract (color), rosemary extract, and lecithin (soy). **Contains: Soy.**

Directions: Take two softgels three times daily or as directed by your healthcare practitioner.

This product is gluten free.

Caution: Not recommended for pregnant or nursing women. If taking medication, consult your healthcare practitioner before use. Keep out of the reach of children. U.S. Patent No. 6,432,453.

Ultra Energy
Helps Sustain
Energy



Ultra Energy supplies 15 grams of protein and 24 grams of carbohydrates to help sustain energy. It is a delicious way to satisfy hunger.

Patient benefits:

- Features 9 grams of fiber, including isomalto-oligosaccharides (prebiotic fiber)
- Delivers 15 g of whey/milk protein

Flavor: Chocolate Chip Cookie Dough Flavored (product information for this flavor is shown), Fudge Brownie Flavored, Caramel Sea Salt Flavored

Form: 12-1.94 oz. (55 g) Bars

Serving size: 1 Bar

Calories 190	Calories from Fat 50
% Daily Value	
Total Fat 6 g	9%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 5 mg	2%
Sodium 180 mg	8%
Potassium 120 mg	3%
Total Carbohydrate 24 g	8%
Dietary Fiber 9 g	36%
Sugars 11 g	
Protein 15 g	30%
Vitamin A 0%	Vitamin C 0%
Calcium 10%	Iron 2%

Ingredients: Protein blend (whey protein isolate, milk protein isolate, milk protein concentrate, and hydrolyzed whey protein isolate) (milk), organic blue agave syrup, isomalto-oligosaccharides, brown rice syrup, flaxseed, ground almonds (tree nuts), water, maple syrup, high oleic sunflower oil, citrus fiber, evaporated cane syrup, unsweetened chocolate, natural flavors, sea salt, cocoa butter, and rebaudioside A (*Stevia rebaudiana* leaf extract). **Contains: Milk and almonds (tree nuts).**

This product is gluten free.

Ultra Potent-C® 500
Gentle, Buffered Vitamin C
Scientifically Developed
for Immune Support*



Ultra Potent-C 500 is an exclusive, patented formula designed to enhance the utilization of vitamin C. Preliminary scientific research suggests that vitamin C in the form of Ultra Potent-C may result in improved uptake by white blood cells when compared to regular ascorbic acid.*

Patient benefits:

- Scientifically shown to promote natural killer cell activity and white blood cell (WBC) function*
- Shown to have 18% to 25% higher uptake in white blood cells than plain vitamin C (ascorbic acid)*
- Features vitamin C and a metabolite system designed for enhanced utilization*
- Provides potent antioxidant protection*
- Supports the production of collagen and connective tissue*
- Buffered to help prevent potential stomach upset*

Form: 90 Tablets

Serving size: 1 Tablet

Vitamin C (as Ultra Potent-C®†)	500 mg
Niacin (as niacinamide ascorbate)	39 mg
Calcium (as calcium ascorbate)	24 mg
Magnesium (as magnesium ascorbate)	3 mg
Sodium (as sodium ascorbate)	7 mg
Potassium (as potassium ascorbate)	3 mg
L-Lysine HCl	18 mg
Citrus Bioflavonoid Complex [standardized to 45% (8 mg) full spectrum bioflavonoids]	18 mg
Tetrasodium Pyrophosphate	8 mg
Alpha D-Ribofuranose	7 mg
Xylitol	5 mg
L-Cysteine	5 mg
L-Glutathione	3 mg

Ingredients: Ultra Potent-C®† [calcium ascorbate, niacinamide ascorbate, ascorbic acid, sodium ascorbate, magnesium ascorbate, L-lysine HCl, ascorbyl palmitate, citrus bioflavonoid complex, potassium ascorbate, tetrasodium pyrophosphate, alpha D-ribofuranose, L-cysteine HCl, xylitol, and L-glutathione], microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, magnesium stearate (vegetable), and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet three times daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Keep out of the reach of children.

*Ultra Potent-C® U.S. Patent #5,626,883.

Ultra Potent-C® 1000

Gentle, Buffered Vitamin C Scientifically Developed for Immune Support*



Ultra Potent-C 1000 is the same exclusive, patented formula as Ultra Potent-C® 500, but with 1,000 mg of vitamin C per tablet.

Patient benefits:

- Scientifically shown to promote function of white blood cells including natural killer cell activity*
- Shown to have 18% to 25% higher uptake in white blood cells than plain vitamin C (ascorbic acid)*
- Features vitamin C and a metabolite system designed for enhanced utilization*
- Provides potent antioxidant protection*
- Supports the production of collagen and connective tissue*
- Buffered to help prevent potential stomach upset*

Form: 90 Tablets

Serving size: 1 Tablet

Vitamin C (as Ultra Potent-C®†)	1000 mg
Niacin (as niacinamide ascorbate)	77 mg
Calcium (as calcium ascorbate)	47 mg
Magnesium (as magnesium ascorbate)	6 mg
Sodium (as sodium ascorbate)	13 mg
Potassium (as potassium ascorbate)	6 mg
L-Lysine HCl	36 mg
Citrus Bioflavonoid Complex [standardized to 45% (15.8 mg) full spectrum bioflavonoids]	35 mg
Tetrasodium Pyrophosphate	15 mg
Alpha D-Ribofuranose	14 mg
Xylitol	10 mg
L-Cysteine	10 mg
L-Glutathione	5 mg

Ingredients: Ultra Potent-C®† (calcium ascorbate, niacinamide ascorbate, ascorbic acid, sodium ascorbate, magnesium ascorbate, L-lysine HCl, ascorbyl palmitate, citrus bioflavonoid complex, potassium ascorbate, tetrasodium pyrophosphate, alpha D-ribofuranose, L-cysteine HCl, xylitol, and L-glutathione), microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet up to two times daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Keep out of the reach of children.

†Ultra Potent-C® U.S. Patent #5,626,883.

Ultra Potent-C® Chewable

Excellent Immune Health Support*



Ultra Potent-C Chewable is the same high quality, patented formula as Ultra Potent-C® 500 in a pleasant-tasting, chewable form that provides 250 mg of vitamin C per tablet.

Patient benefits:

- Features the vitamin C equivalent of 4 oranges
- Great Orange Blast flavor—kid-tested and approved!
- Terrific for kids or adults who would rather not swallow tablets or capsules

Flavor: Natural Orange Blast Flavor

Form: 90 Chewable Tablets

Serving size: 1 Chewable Tablet

Calories	5
Total Carbohydrate	2 g
Sugars	1 g
Sugar Alcohols	0.85 g
Vitamin C (as Ultra Potent-C®†)	250 mg

Niacin (as niacinamide ascorbate and niacinamide)	20 mg
L-Lysine HCl	9 mg
Citrus Bioflavonoid Complex	9 mg
Tetrasodium Pyrophosphate	3 mg
Alpha D-Ribofuranose	3 mg
L-Cysteine (as monochloride)	2 mg
Glutathione	1 mg

Ingredients: Fructose, sorbitol, Ultra Potent-C®† (calcium ascorbate, niacinamide ascorbate, ascorbic acid, sodium ascorbate, magnesium ascorbate, L-lysine HCl, ascorbyl palmitate, citrus bioflavonoid complex, potassium ascorbate, tetrasodium pyrophosphate, alpha D-ribofuranose, L-cysteine HCl, xylitol, and L-glutathione), stearic acid (vegetable), natural flavors, citric acid, silica, and niacinamide.

Directions: Children 2 to 7 years: One tablet daily. Children over 7 and adults: One tablet one to two times daily or as recommended by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Excess consumption of sorbitol may cause gastrointestinal upset. Keep out of the reach of children.

†Ultra Potent-C® U.S. Patent #5,626,883.

Ultra Potent-C® Powder

Gentle, Buffered Vitamin C Scientifically Developed for Immune Support*



Ultra Potent-C Powder features the same high quality, patented formula as Ultra Potent-C® 500, but in a convenient powder form that provides 1,088 mg of vitamin C per serving.

Patient benefits:

- Scientifically shown to promote function of white blood cells including natural killer cell activity*
- Shown to have 18% to 25% higher uptake in white blood cells than plain vitamin C (ascorbic acid)*
- Features vitamin C and a metabolite system designed for enhanced utilization*
- Provides potent antioxidant protection*
- Supports the production of collagen and connective tissue*
- Buffered to help prevent potential stomach upset*
- Ideal for patients who prefer a powder mix over tablets

Form: 8.39 oz (238 g) Powder

Serving size: ¼ Rounded Teaspoon (1.95 g)

Vitamin C	1088 mg
Niacin (as niacinamide ascorbate)	84 mg
Calcium (as calcium ascorbate)	51 mg
Magnesium (as magnesium ascorbate)	8 mg
Sodium (as sodium ascorbate)	15 mg
Potassium (as potassium ascorbate)	7 mg
Xylitol	192 mg
L-Lysine (as L-lysine HCl)	40 mg
Citrus Bioflavonoid Complex [standardized to 45% (17 mg) full spectrum bioflavonoids]	38 mg
Tetrasodium Pyrophosphate	16 mg
Alpha D-Ribofuranose	15 mg
L-Cysteine	11 mg
L-Glutathione	5 mg

Ingredients: Ultra Potent-C®† [calcium ascorbate, ascorbic acid, niacinamide ascorbate, xylitol, sodium ascorbate, magnesium ascorbate, L-lysine HCl, ascorbyl palmitate, citrus bioflavonoid complex, potassium ascorbate, tetrasodium pyrophosphate, alpha D-ribofuranose, L-cysteine HCl, and L-glutathione].

Directions: For best results, mix a rounded ¼ teaspoon into four to six ounces of warm water and stir well. Take one time daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: Keep out of the reach of children.

†Ultra Potent-C® U.S. Patent #5,626,883.

Ultra Protein Protein

Fitness Bar



Ultra Protein is a delicious way to increase protein and fiber intake with limited sugar. The Ultra Protein bar provides 20 grams of protein and only 1 gram of sugar.

Patient benefits:

- Delivers 20 grams of soy/whey protein
- Features 8 grams of fiber

Flavor: Double Chocolate Flavor (product information for this flavor is shown), Peanut Butter Flavor

Form: 12-2.22 oz. (63 g) Bars

Serving size: 1 Bar

Calories 230	Calories from Fat 80
% Daily Value	
Total Fat 9 g	14%
Saturated Fat 5 g	25%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 180 mg	8%
Potassium 150 mg	4%

Total Carbohydrate 28 g	9%
Dietary Fiber 8 g	32%
Sugars 1 g	
Sugar Alcohol 9 g	
Protein† 20 g	40%
Vitamin A 25%	• Vitamin C 25%
Calcium 30%	• Iron 15%
Vitamin E 30%	• Thiamin 25%
Riboflavin 25%	• Niacin 25%
Vitamin B ₆ 25%	• Folate 30%
Vitamin B ₁₂ 25%	• Biotin 25%
Pantothenic Acid 25%	• Phosphorus 20%
Iodine 25%	• Magnesium 6%
Zinc 30%	• Selenium 25%
Copper 35%	• Manganese 25%
Chromium 25%	• Chloride 8%

Ingredients: Protein blend [soy protein isolate (soy), whey protein isolate (milk), calcium caseinate (milk), whey protein hydrolysate (milk)], coating [maltitol powder, palm kernel oil, nonfat milk solids (milk), cocoa powder, soy lecithin (soy), sodium chloride, natural flavor], glycerin, polydextrose, hydrolyzed collagen, maltitol syrup, soy crisps [soy protein isolate (soy), tapioca starch, sodium chloride], chocolate liquor, water, canola oil, palm oil, cocoa powder (processed with alkali), natural flavors, soy lecithin (soy), tricalcium phosphate, microcrystalline cellulose, sodium chloride, vitamin and mineral blend (tricalcium phosphate, ascorbic acid, niacinamide, d-alpha tocopheryl acetate, D-biotin, vitamin A palmitate, zinc oxide, copper gluconate, selenomethionine, D-calcium pantothenate, pyridoxine HCl, thiamin mononitrate, manganese sulfate, riboflavin, potassium iodide, chromium polynicotinate, cyanocobalamin, and folic acid), and guar gum. **Contains: Milk and soy.**

WARNING: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day.

This product is gluten free.

CAUTION: Excess consumption of maltitol may cause gastrointestinal upset.

†Including non-genetically engineered, identity-preserved soy protein.

UltraBalance® Protein

Nutritional Support for Protein Repletion*



UltraBalance Protein is a multiple vitamin and mineral fortified protein supplement.

Patient benefits:

- Supplies 15 grams of high quality, partially hydrolyzed whey and rice proteins, along with a comprehensive spectrum of essential vitamins and minerals in every serving

Form: 14.8 oz (420 g) Powder

Serving size: 1 Scoop (24 g)

So Potent, It's Patented[†]

Yes, our Vitamin C is that good!

Offered in tablets, powder, or Natural Orange Blast chewables, Ultra Potent-C® is shown to have up to 25% higher uptake in white blood cells than plain vitamin C, and is buffered to help prevent stomach upset.*



†Ultra Potent-C® U.S. Patent #5,626,883.

Calories	80
Calories from Fat	10
Total Fat	1 g
Cholesterol	<5 mg
Total Carbohydrate	4 g
Dietary Fiber	1 g
Protein	15 g
Vitamin A (as mixed carotenoids)	1750 IU
Vitamin C (ascorbic acid)	48 mg
Vitamin D (cholecalciferol)	80 IU
Vitamin E (d-alpha tocopheryl acetate)	13.5 IU
Thiamin (as thiamin HCl)	0.675 mg
Riboflavin	1.4 mg
Niacin (as niacinamide)	7 mg
Vitamin B ₆ (as pyridoxine HCl)	3.4 mg
Folate (as calcium L-5-methyltetrahydrofolate)	133 mcg
Vitamin B ₁₂ (as methylcobalamin)	3.6 mcg
Biotin	135 mcg
Pantothenic Acid (as D-calcium pantothenate)	3.5 mg
Calcium (as dicalcium phosphate, calcium citrate)	150 mg
Iron (as iron glycinate)	3.8 mg
Phosphorus (as dicalcium phosphate)	130 mg
Iodine (as potassium iodide)	53 mcg
Magnesium (as magnesium bis-glycinate)	130 mg
Zinc (as zinc glycinate)	5.25 mg
Selenium (as sodium selenite)	33 mcg
Copper (as copper glycinate)	1.6 mg
Manganese (as manganese glycinate)	1.3 mg
Chromium (as chromium picolinate)	50 mcg
Molybdenum (as molybdenum glycinate)	50 mcg
Sodium	90 mg
Potassium (as potassium citrate, potassium chloride)	390 mg

Other Ingredients: Rice protein concentrate, whey protein hydrolysate (milk), whey protein isolate (milk), rice syrup solids, natural flavors, and olive oil. **Contains: Milk.**

Directions: Blend, shake, or briskly stir 1 level scoop (24 grams) of UltraBalance Protein into 8 fluid ounces of water, vegetable juice, diluted fruit juice, or nonfat milk.

This product is non-GMO and gluten free.

UltraCare for Kids® High Quality Nutritional Support for Children with Food Allergies



UltraCare for Kids is specifically formulated for children with food allergies. It provides a comprehensive blend of macro- and micronutrients to nutritionally support the reduction of symptoms associated with food allergies and complement restricted diets.

Patient benefits:

- Rice protein concentrate
- Fructooligosaccharides to support the growth of beneficial bifidobacteria
- Dairy-free calcium to support bone health
- High quality foundation nutrition for children

Flavor: Natural Vanilla Flavor

Form: 1 lb 6.22 oz (22.22 oz) (630 g) Powder

Serving size: About 1 Scoop (30 g)

Calories 120	Calories from Fat 25	% Daily Value	
Total Fat 2.5 g			4%
Saturated Fat .5 g			3%
<i>Trans</i> Fat 0 g			
Cholesterol 0 mg			0%
Sodium 70 mg			3%
Potassium 350 mg			10%
Total Carbohydrate 17 g			6%
Dietary Fiber 2 g			8%
Sugars 10 g			
Protein 8 g			16%
Vitamin A 10%		• Vitamin C 15%	
Calcium 25%		• Iron 2%	
Vitamin D 6%		• Vitamin E 15%	
Thiamin 10%		• Riboflavin 10%	
Niacin 8%		• Vitamin B ₆ 5%	
Folate 6%		• Vitamin B ₁₂ 8%	
Biotin 2%		• Pantothenic Acid 5%	
Phosphorus 25%		• Iodine 10%	
Magnesium 5%		• Zinc 15%	
Copper 8%		• Manganese 25%	
Chromium 4%		• Chloride 2%	

Ingredients: Rice protein concentrate, fructose, rice syrup solids, olive oil, natural flavors, dicalcium phosphate, fructooligosaccharides, vitamin and mineral blend (potassium chloride, sodium chloride, rice maltodextrin, inositol, zinc gluconate, ascorbic acid, d-alpha tocopheryl succinate, niacinamide, retinyl palmitate, beta-carotene, D-biotin, D-calcium pantothenate, cholecalciferol, thiamin HCl, potassium iodide, riboflavin, pyridoxine HCl, methylcobalamin, calcium L-5-methyltetrahydrofolate, and chromium picolinate), potassium citrate, xanthan gum, potassium bicarbonate, guar gum, silica, L-lysine HCl, and L-threonine.

Directions: For children age 4 and above, blend, shake, or briskly stir about one scoop (30 g) of UltraCare for Kids into 8 ounces of pure, distilled, or filtered water until powder is completely dissolved. If advised by your healthcare practitioner, use diluted fruit or vegetable juices.

This product is non-GMO and gluten free.

This product does not contain high-fructose corn syrup.

UltraClear® Liver Detoxification Support*



UltraClear is formulated to provide specialized nutritional support for metabolic detoxification. It features a rice protein base, and is enhanced with specific nutrients and high in antioxidant vitamins C, E, and beta-carotene to provide well-rounded nutritional support for liver detoxification.*

Patient benefits:

- Provides nutrients that support hepatic detoxification processes (Phases I and II)*
- Features rice protein concentrate as part of a “clean” macronutrient base to complement a modified elimination diet*
- Provides approximately 15 g rice protein
- Features 5 amino acids, including L-lysine and L-threonine to increase the biological value of the protein
- Features enhanced nutrient support with methylated vitamin B₁₂ and calcium L-5-methyltetrahydrofolate, a bioavailable folate*
- Features antioxidant nutrients that may help protect against oxygen free radicals generated during the hepatic detoxification process*
- May be used with 10- or 28-day metabolic detoxification programs as well as on a long-term basis*

Flavor: Natural Vanilla Flavor

Form: 2 lb 0.6 oz (924 g) Powder

Serving size: About 2 Scoops (44 g)

Calories	170
Calories From Fat	35
Total Fat	4 g
Saturated Fat	1.5 g
Total Carbohydrate	19 g
Dietary Fiber	2 g
Sugars	6 g
Protein	15 g
Vitamin A (4000 IU as beta-carotene and 1000 IU as retinyl palmitate)	5000 IU
Vitamin C (as ascorbic acid)	110 mg
Vitamin D (as cholecalciferol)	35 IU
Vitamin E (as d-alpha tocopheryl acetate)	80 IU
Thiamin (as thiamin HCl)	2 mg
Riboflavin	2 mg
Niacin (as niacinamide)	7 mg
Vitamin B ₆ (as pyridoxine HCl)	3.4 mg

Folate (as calcium L-5-methyltetrahydrofolate)	80 mcg
Vitamin B ₁₂ (as methylcobalamin)	3.6 mcg
Biotin	135 mcg
Pantothenic Acid (as D-calcium pantothenate)	3.5 mg
Calcium (as dicalcium phosphate and calcium citrate)	130 mg
Iron (as ferrous fumarate)	3.6 mg
Phosphorus (as dipotassium phosphate and dicalcium phosphate)	200 mg
Iodine (as potassium iodide)	53 mcg
Magnesium (as magnesium citrate)	140 mg
Zinc (as zinc gluconate)	10 mg
Copper (as copper gluconate)	1 mg
Manganese	1.3 mg
Chromium (as chromium picolinate)	50 mcg
Sodium	60 mg
Potassium (as dipotassium phosphate and potassium iodide)	420 mg
Glycine	100 mg
DL-Methionine	50 mg
L-Lysine (as L-lysine HCl)	35 mg
L-Threonine	35 mg
L-Cysteine (as L-cysteine HCl)	30 mg

Other Ingredients: Rice protein concentrate, rice syrup solids, olive oil, medium chain triglycerides, natural flavors, silica, and rice maltodextrin.

Directions: Blend, shake, or briskly stir about 2 level scoops (44 grams) of UltraClear into 8 fluid ounces of chilled water or juice twice daily or as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to ½ to 1 scoop with 4 to 5 ounces of chilled water or juice twice daily during the first 3 to 4 days before starting a full daily dose.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day.

This product is non-GMO and gluten free.

UltraClear® Plus Nutritional Support for Metabolic Detoxification*



UltraClear Plus is designed to provide advanced, specialized nutritional support for metabolic detoxification capacity, with a focus on Phase II support for balanced detoxification. It also provides enhanced support for a healthy intestinal lining, which is essential for healthy digestion and overall health. It features a rice protein base and

is enhanced with specific nutrients and high in antioxidant vitamins C and E, and beta-carotene to provide well-rounded nutritional support for liver detoxification.*

Patient benefits:

- Features enhanced support for Phase II hepatic detoxification processes to promote balanced detoxification capacity*
- Features 15 g of OptiProtein™, which includes 12 g of rice protein, and 3 g of added amino acids
- Features enhanced nutrient support with methylated vitamin B₁₂ and calcium L-5-methyltetrahydrofolate, a bioavailable folate*
- Features 7 added amino acids, including glycine and L-cysteine to help support Phase II liver detoxification*
- Formulated with nutrients such as pantothenic acid and the amino acid glutamine to support gastrointestinal mucosa integrity*
- Features magnesium sulfate to support Phase II sulfation*
- Features green tea catechins and antioxidant nutrients (vitamins C and E and beta-carotene) to protect against potentially harmful compounds generated during the natural liver detoxification process*
- May be used in 10- or 28-day metabolic detoxification programs, as well as on a long-term basis*

Flavor: Natural Vanilla Flavor (product information for this flavor is shown), Natural Berry Flavor, and Natural Pineapple Banana Flavor

Form: 2 lb 0.6 oz (924 g) Powder

Serving size: About 2 Scoops (44 g)

Calories	160
Calories From Fat	30
Total Fat	3 g
Saturated Fat	1 g
Total Carbohydrate	19 g
Dietary Fiber	2 g
Sugars	6 g
Protein	12 g
Vitamin A (4000 IU as beta-carotene and 1000 IU as retinyl palmitate)	5000 IU
Vitamin C (as ascorbic acid)	300 mg
Vitamin D (as cholecalciferol)	35 IU
Vitamin E (as d-alpha tocopheryl acetate)	42 IU
Thiamin (as thiamin HCl)	2 mg
Riboflavin	2 mg
Niacin (as niacinamide)	7 mg

Vitamin B ₆ (as pyridoxine HCl)	3.4 mg
Folate (as calcium L-5-methyltetrahydrofolate)	80 mcg
Vitamin B ₁₂ (as methylcobalamin)	3.6 mcg
Biotin	135 mcg
Pantothenic Acid (as D-calcium pantothenate)	36 mg
Calcium (as calcium citrate and dicalcium phosphate)	200 mg
Iron	0.5 mg
Phosphorus (as dipotassium phosphate and dicalcium phosphate)	250 mg
Iodine (as potassium iodide)	53 mcg
Magnesium (as magnesium citrate and magnesium sulfate)	200 mg
Zinc (as zinc gluconate)	10 mg
Copper (as copper gluconate)	1 mg
Manganese	1 mg
Chromium (as chromium picolinate)	50 mcg
Sodium	70 mg
Potassium (as dipotassium phosphate and potassium iodide)	420 mg
Glycine	1600 mg
L-Lysine (as L-lysine HCl)	505 mg
L-Threonine	285 mg
L-Alanine	235 mg
DL-Methionine	170 mg
L-Glutamine	100 mg
L-Cysteine (as L-cysteine HCl)	85 mg
Sulfate (as magnesium sulfate)	20 mg
Decaffeinated ^d Green Tea (<i>Camellia sinensis</i>) Leaf Extract (standardized to 60% (15 mg) catechins and 40% (10 mg) epigallocatechingallate (EGCG))	25 mg

Other Ingredients: Rice protein concentrate, rice syrup solids, natural flavors, olive oil, medium chain triglycerides, silica, and rice maltodextrin.

Directions: Shake canister before scooping. Blend, shake, or briskly stir about 2 level scoops (44 grams) of UltraClear Plus into 8 fluid ounces of chilled water or juice twice daily or as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to ½ to 1 scoop with 4 to 5 ounces of chilled water or juice twice daily during the first 3 to 4 days before starting a full daily dose.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day.

Caution: Do not use if pregnant or nursing. If taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

This product is non-GMO and gluten free.

^dContains no more than 4% caffeine.

UltraClear® Plus pH Nutritional Support for Metabolic Detoxification & Alkalinization*



UltraClear Plus pH is formulated to provide enhanced, specialized nutritional support for balanced hepatic detoxification capacity, with a focus on alkalinization support that can influence Phase II detoxification and Phase III elimination. It features a rice protein base, which may be beneficial during times of increased food allergen exposure, and is enhanced with specific nutrients and high in antioxidant vitamins C and E, and beta-carotene to provide well-rounded nutritional support for liver detoxification.*

Patient benefits:

- Features enhanced support for Phase II hepatic detoxification with green tea catechins, magnesium sulfate, and 7 added amino acids*
- Features 15 g of OptiProtein™, which includes 12 g of rice protein, and 3 g of added amino acids
- Features enhanced nutrient support with methylated vitamin B₁₂ and calcium L-5-methyltetrahydrofolate, a bioavailable folate*
- Provides enhanced support to protect against oxidative stress during the natural liver detoxification process*
- Features sesame oil and 995 mg of potassium citrate to promote alkalinization and support Phase III detoxification (elimination)*
- May be used in 10- or 28-day metabolic detoxification programs, as well as on a long-term basis*

Flavor: Natural Pineapple Banana Flavor (product information for this flavor is shown), Natural Vanilla Flavor

Form: 2 lb 2 oz (966 g) Powder

Serving size: About 2 Scoops (46 g)

Calories	180
Calories From Fat	45
Total Fat	5 g
Saturated Fat	1 g
Total Carbohydrate	19 g
Dietary Fiber	2 g
Sugars	8 g
Protein	12 g
Vitamin A (4000 IU as beta-carotene and 1000 IU as retinyl palmitate)	5000 IU
Vitamin C (as ascorbic acid)	300 mg

Vitamin D (as cholecalciferol)	35 IU
Vitamin E (as d-alpha tocopheryl acetate)	42 IU
Thiamin (as thiamin HCl)	2 mg
Riboflavin	2 mg
Niacin (as niacinamide)	7 mg
Vitamin B ₆ (as pyridoxine HCl)	3.4 mg
Folate (as calcium L-5-methyltetrahydrofolate)	80 mcg
Vitamin B ₁₂ (as methylcobalamin)	3.6 mcg
Biotin	135 mcg
Pantothenic Acid (as D-calcium pantothenate)	36 mg
Calcium (as calcium citrate and dicalcium phosphate)	210 mg
Iron	0.5 mg
Phosphorus (as dipotassium phosphate and dicalcium phosphate)	300 mg
Iodine (as potassium iodide)	53 mcg
Magnesium (as magnesium citrate and magnesium sulfate)	230 mg
Zinc (as zinc gluconate)	10 mg
Copper (as copper gluconate)	1 mg
Manganese	1 mg
Chromium (as chromium picolinate)	50 mcg
Sodium	100 mg
Potassium (as potassium citrate, dipotassium phosphate, and potassium iodide)	750 mg
Glycine	1600 mg
L-Lysine (as L-lysine HCl)	505 mg
L-Threonine	285 mg
L-Alanine	235 mg
DL-Methionine	170 mg
L-Glutamine	100 mg
L-Cysteine (as L-cysteine HCl)	85 mg
Sulfate (as magnesium sulfate)	20 mg
Decaffeinated [†] Green Tea (<i>Camellia sinensis</i>) Leaf Extract [standardized to 60% (15 mg) catechins and 40% (10 mg) epigallocatechingallate (EGCG)]	25 mg

Other Ingredients: Rice protein concentrate, rice syrup solids, sesame seed oil, natural flavors, medium chain triglycerides, silica, and rice maltodextrin.

Directions: Shake canister before scooping. Blend, shake, or briskly stir about 2 level scoops (46 grams) of UltraClear Plus pH into 8 fluid ounces of chilled water or juice twice daily or as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to ½ to 1 scoop with 4 to 5 ounces of chilled water or juice twice daily during the first 3 to 4 days before starting a full daily dose.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day.

Caution: Do not use if you are pregnant or nursing, you have hyperkalemia or abnormal kidney function, or you are taking ACE inhibitors, angiotensin receptor blockers (ARBs), or potassium sparing diuretics. If taking other medication, consult your healthcare practitioner before use. Keep out of the reach of children.

This product is non-GMO and gluten free.

[†]Contains no more than 4% caffeine.

UltraClear® RENEW Nutritional Support for Metabolic Detoxification, Alkalinization & Heavy Metal Metabolism*



UltraClear RENEW is formulated to deliver advanced, specialized nutritional support for Phase I, II, and III detoxification, with enhanced support for alkalinization, cellular protection, and heavy metal metabolism. Provided in a proprietary pea/rice protein base (OptiProtein™), this novel formula also features XNT ProMatrix™ (xanthohumol), Brassinase™† (a specialized broccoli ingredient with active myrosinase enzyme), and prune extract and ellagic acid to promote healthy cellular activities. UltraClear RENEW also features glycine and magnesium citrate to support Phase II detoxification activities, along with N-acetyl-L-cysteine, green tea catechins, beta-carotene, SOD B Extramel®, and vitamins C and E to provide antioxidant protection.*

Patient benefits:

- Features 14.5 g of OptiProtein™, which includes 12 g of a rice/pea protein blend and 2.5 g of added amino acids
- Features fibers, including apple fiber and isomalto-oligosaccharides (IMO), to support the elimination phase of metabolic detoxification and healthy bowel function*
- Features 502 mg of potassium citrate to promote alkalinization*
- Features xanthohumol as XNT ProMatrix™, which has been designed for greater bioavailability*
 - XNT ProMatrix™ is a next generation selective kinase response modulator (SKRM) that has been shown to beneficially influence kinases involved in cell signaling processes in favor of good health*
- Features N-acetyl-L-cysteine (NAC), a bioavailable precursor to glutathione, which is a primary antioxidant throughout the body that may also help protect mitochondria from pro-oxidant influences*

- Features SOD B Extramel®, an encapsulated dry melon juice concentrate that provides 35 IU of superoxide dismutase (SOD); prune skin extract; and ellagic acid to promote healthy cellular activities during the detoxification process*
- Features L-ornithine, which may play a role in the metabolic buffering and excretion of excess nitrogen, including ammonia*
- Brassinase™†, a specialized broccoli ingredient with standardized levels of sulforaphane glucosinolate and the myrosinase needed to convert it into sulforaphane*
 - Sulforaphane may help improve overall redox status as a powerful inducer of Nrf2 mediated signaling pathways*
- Designed to complement an eating plan that excludes common food intolerances and may be used in 10- or 28-day metabolic detoxification programs, as well as on a long-term basis*

Flavor: Natural Vanilla Flavor (product information for this flavor is shown), Natural Chai Flavor, Natural Berry Flavor

Form: 1 lb 12.88 oz (819 g) Powder

Serving size: 2 Scoops (39 g)

Calories	140
Calories From Fat	30
Total Fat	3 g
Saturated Fat	1 g
Polyunsaturated Fat	1 g
Monounsaturated Fat	1 g
Total Carbohydrate	17 g
Dietary Fiber	6 g
Sugars	5 g
Protein	12 g
Vitamin A (4000 IU as beta-carotene and 500 IU as retinyl palmitate)	4500 IU
Vitamin C (as ascorbic acid)	300 mg
Vitamin D (as cholecalciferol)	35 IU
Vitamin E (as d-alpha tocopheryl acetate)	42 IU
Thiamin (as thiamin HCl)	2 mg
Riboflavin	2 mg
Niacin (as niacinamide)	7 mg
Vitamin B ₆ (as pyridoxine HCl)	3.4 mg
Folate (as calcium L-5-methyltetrahydrofolate)	80 mcg
Vitamin B ₁₂ (as methylcobalamin)	3.6 mcg
Biotin	135 mcg
Pantothenic Acid (as D-calcium pantothenate)	36 mg
Calcium (as calcium citrate)	150 mg
Iron	2 mg
Phosphorus (as dipotassium phosphate)	290 mg

Iodine (as potassium iodide)	53 mcg
Magnesium (as magnesium citrate and magnesium sulfate)	170 mg
Zinc (as zinc gluconate)	11 mg
Copper (as copper gluconate)	1 mg
Manganese	0.5 mg
Chromium (as chromium picolinate)	50 mcg
Chloride	150 mg
Sodium	80 mg
Potassium (as dipotassium phosphate, potassium citrate, and potassium iodide)	600 mg
Glycine	1.6 g
L-Alanine	350 mg
Protein Matrix and Polyphenols from Hops (<i>Humulus lupulus</i> L.) Cone Extract (standardized to 2.5% xanthohumol)	250 mg
Broccoli (<i>Brassica oleracea</i> L. var. <i>italica</i>) Sprout and Floret Powder† (myrosinase activity 30 mg glucose/g) [providing 0.75 mg sulforaphane potential from 1.5 mg sulforaphane glucosinolate]	153 mg
L-Lysine (as L-lysine HCl)	150 mg
L-Glutamine	150 mg
DL-Methionine	140 mg
N-Acetyl-L-Cysteine	125 mg
Prune (<i>Prunus domestica</i>) Skin Extract	125 mg
Taurine	110 mg
L-Tyrosine	100 mg
L-Arginine	70 mg

Introducing the Next Generation UltraClear® RENEW

UltraClear® RENEW is formulated to deliver advanced, specialized nutritional support for Phase I, II, and III detoxification, with enhanced support for alkalinization, cellular protection, and heavy metal metabolism.* Provided in a proprietary pea/rice protein base, this novel formula is now available in 3 delicious new flavors—Natural Berry, Natural Chai, and Natural Vanilla.

Support the body's natural ability to cleanse and purify, with UltraClear RENEW.*



Ornithine (as ornithine HCl)	70 mg
Watercress (<i>Nasturtium officinale</i>) Aerial Parts 4:1 Extract	67 mg
Ellagic Acid [from pomegranate (<i>Punica granatum</i>) Whole Fruit Extract]	50 mg
Decaffeinated†† Green Tea (<i>Camellia sinensis</i>) Leaf Extract [standardized to 60% (15 mg) catechins and 40% (10 mg) epigallocatechingallate (EGCG)]	25 mg
Sulfate (as magnesium sulfate)	20 mg
Dried Melon (<i>Cucumis melo</i> L.) Pulp Juice Concentrate [standardized to 35 IU superoxide dimutase (SOD)]†	2.6 mg

Other Ingredients: Rice protein concentrate, pea protein isolate, isomalto-oligosaccharide, apple fiber, organic cane sugar, natural flavors, olive oil, medium chain triglycerides, silica, xanthan gum, Luo Han Guo fruit (monk fruit) extract, guar gum, rice maltodextrin, and hydrogenated palm oil.**

Directions: Shake canister before scooping. Blend, shake, or briskly stir about 2 level scoops (39 grams) of UltraClear RENEW into 8 ounces of chilled water or juice twice daily or as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to ½ to 1 scoop with 4-5 ounces of chilled water or juice twice daily during the first 3-4 days before starting a full daily dose.

This product is non-GMO and gluten free.

Warning: Not for use in patients with severe kidney disease or those with raised serum potassium levels or taking certain diuretics, cardiac, bladder or asthma medications.

Caution: Recommended to be taken only as directed and under the supervision of a licensed healthcare practitioner. Not to be taken if pregnant or nursing.

†Brassinase is a trademark of VDF FutureCeuticals, Inc. Used under license.

††Contains no more than 4% caffeine.

*SOD B Extramel® is a registered trademark of Bionov. Used under license.

**RSPO certified (Roundtable on Sustainable Palm Oil).

UltraFlora® Acute Care

Relief for Acute Bowel Distress*



UltraFlora Acute Care is a unique probiotic that combines the widely recommended, targeted relief of *S. boulardii* with the strains *B. lactis* HN019 and *L. rhamnosus* HN001 to support immune health and provide relief for occasional loose stools. Ideal for adventurers on the go.*

Patient benefits:

- Supports a healthy intestinal environment and immune health*
- Provides support for healthy intestinal function for jet-setting patients*
- Designed for reliable outcomes and acute care with a concentrated dose of *S. boulardii**

Form: 30 Capsules

Serving size: 1 Capsule†

A 3:1 blend of:	4 billion live organisms††
<i>Bifidobacterium lactis</i> HN019	
<i>Lactobacillus rhamnosus</i> HN001	
<i>Saccharomyces boulardii</i> (providing 5.5 billion live organisms††)	275 mg

Ingredients: Active dried yeast (*S. cerevisiae* var. *boulardii*, sorbitan monostearate), capsule (hydroxy-propylmethylcellulose, sodium copper chlorophyllin), *B. lactis*, stearic acid (vegetable), silica, *L. rhamnosus*, magnesium stearate (vegetable), and microcrystalline cellulose.

Directions: Take one capsule one to two times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

†Capsules are composed of plant-derived ingredients.

††At date of expiration.

UltraFlora® Baby

Daily Support for Babies and Young Children*



UltraFlora Baby features a unique blend of probiotics to help maintain a healthy microbial balance and support the body's natural defenses. The safety of these unique probiotic strains is supported by extensive laboratory research and clinical evaluation.*

Patient benefits:

- Support for healthy digestive function*
- Support for immune health*
- Built in dropper that enables precision dosing
- The drops have a neutral taste

Form: 0.19 fl oz (5.65 mL) Liquid

Serving size: 6 Drops (0.27 mL)

A Probiotic Blend of:	1 billion live organisms†
<i>Bifidobacterium animalis</i> ssp. <i>lactis</i> (BB-12®)	
<i>Lactobacillus rhamnosus</i> GG (trademark LGG®)	

Other Ingredients: Sunflower oil, D-alpha-tocopherol, and citric acid.

Directions: Shake well before use. Administer 6 drops of oil onto a spoon or into milk/food once daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Keep out of the reach of children. Discard 4 weeks after opening.

BB-12® is a registered trademark of Chr. Hansen A/S.

LGG® is a registered trademark of Valio Ltd.

†At date of expiration.

Ultra targeted. Ultra reliable. UltraFlora®

Scientifically validated probiotics for better patient care



Personalized Formulas for Targeted and General Support

Not all probiotic strains are created equal. Specific strains can have different effects on health. The UltraFlora line makes it easy to recommend targeted probiotic support with 11 distinct formulas to meet individual needs.*

Probiotic formulas you can depend on for patient health*

You can trust Metagenics to deliver beneficial probiotic strains at effective doses to target individual health needs. And UltraFlora formulas offer guaranteed reliable doses at expiration with proper storage. So your patients always get the strength and benefits they expect.*

The Metagenics ID Guarantee:

The purity, clinical reliability, and predicted safety of UltraFlora probiotic formulas are guaranteed through the scientific identification of strains with established health benefits.*

UltraFlora® Balance

Daily Probiotic Support for Gastrointestinal & Immune Health



UltraFlora Balance is one of the most recommended, practitioner-exclusive probiotic formulas in use worldwide. Features a powerful probiotic blend of *B. lactis* Bi-07 and *L. acidophilus* NCFM® with a non-dairy base in capsule form. The NCFM® strain is the most widely studied strain of *Lactobacillus acidophilus* with numerous research publications—including clinical trials for a number of bothersome GI symptoms.

Patient benefits:

- Clinical studies have shown that NCFM® and Bi-07 together have beneficial effects in supporting GI and immune health*
- Daily support for GI and immune health*
- Helps maintain a healthy balance of intestinal flora*
- May facilitate the digestion of lactose*

Form: 60 Capsules, 120 Capsules

Serving size: 1 Capsule†

A 50:50 Blend of: 15 billion live organisms††
Lactobacillus acidophilus NCFM®
Bifidobacterium lactis Bi-07

Ingredients: Microcrystalline cellulose, capsule (hydroxypropylmethylcellulose), *Lactobacillus acidophilus*, *Bifidobacterium lactis*, magnesium stearate (vegetable), and silica.

Directions: Take one capsule one to two times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

†Capsules are composed of plant-derived ingredients.

††At date of expiration.

NCFM® is a trademark of the North Carolina Dairy Foundation.

UltraFlora® Children's

Daily Immune Health & Digestive Support for Children



UltraFlora Children's is formulated for daily immune health and digestive support with a proprietary probiotic blend of *B. lactis* Bi-07 and *L. acidophilus* NCFM®, provided in a delicious, natural grape-flavored chewable tablet.*

Patient benefits:

- Clinically demonstrated daily support for GI and immune health*
- Helps maintain a healthy balance of intestinal flora*
- May facilitate the digestion of lactose*
- Features xylitol, a natural sweetener that has been shown to help prevent tooth decay*
- Great for kids and those who prefer chewables

Flavor: Natural Grape Flavor

Form: 60 Chewable Tablets, 120 Chewable Tablets

Serving size: 2 Chewable Tablets

Calories 10
Total Carbohydrate 2 g
Sugar Alcohol 1.2 g

A 50:50 Blend of 10 billion live organisms†
Lactobacillus acidophilus NCFM® Strain
Bifidobacterium lactis Bi-07

Other Ingredients: Xylitol, natural flavors, sorbitol, microcrystalline cellulose, fruit and vegetable juice colors (carrot, hibiscus), DL-malic acid, citric acid, stearic acid (vegetable), magnesium stearate (vegetable), and silica.

Directions: Children age 3 and older chew one to two tablets once daily or as directed by your healthcare practitioner.

This product is vegetarian and gluten free.

Warning: Keep out of the reach of children.

Caution: This product is intended for use under adult supervision.

†At date of expiration.

UltraFlora® IB

Targeted Relief for Recurring Intestinal Distress*



UltraFlora IB is designed to relieve recurring bowel distress and related functional discomforts, such as occasional bowel urgency. Provides a powerful dose of 60 billion beneficial microorganisms with a 50:50 blend of *B. lactis* Bi-07 and *L. acidophilus* NCFM®, provided in a dairy-free capsule form. The NCFM® strain is the most widely studied strain of *Lactobacillus acidophilus* with numerous research publications—including clinical trials for a number of bothersome GI symptoms.

Patient benefits:

- Helps relieve abdominal discomfort, bloating, cramping, bowel irritation, and occasional urgent bowel movements*
- Features strain-identified probiotics that have been demonstrated effective for reducing bowel complaint frequency and improving reported quality of life*
- Promotes a healthy balance of GI microflora*
- High potency formula providing a great value per dose

Form: 30 Capsules

Serving size: 1 Capsule†

A 50:50 Blend of 60 billion live organisms††
Lactobacillus acidophilus NCFM® Strain
Bifidobacterium lactis Bi-07

Ingredients: Probiotic blend (microcrystalline cellulose, *Bifidobacterium lactis*, *Lactobacillus acidophilus*, magnesium stearate, and silica), microcrystalline cellulose, capsule (hydroxypropylmethylcellulose), and silica.

Directions: Take one capsule one to two times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

†Capsules are composed of plant-derived ingredients.

††At date of expiration.

NCFM® is a trademark of the North Carolina Dairy Foundation.

UltraFlora® Immune Booster

Targeted Support for Nasal, Sinus & Respiratory Health*



UltraFlora Immune Booster provides a blend of highly viable, pure strains of "friendly" bacteria that have been clinically shown to support nasal, sinus, and respiratory health.*

Patient benefits:

- Features *L. plantarum* HEAL9 and *L. paracasei* 8700:2, a unique probiotic blend demonstrated in research to support respiratory health when taken daily for 12 weeks*
- Supports healthy nasal and sinus passages*
- Effective dose in just 1 capsule daily*

Form: 30 Capsules

Serving size: 1 Capsule†

A 50:50 Blend of 1 billion live organisms††
Lactobacillus paracasei 8700:2
Lactobacillus plantarum HEAL9

Other Ingredients: Starch, capsule (hypromellose, gellan gum), and magnesium stearate (vegetable).

Directions: Take one capsule once daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Product of Sweden.

†Vegetarian Capsule

††At date of expiration.



UltraFlora® Intensive Care

Targeted Relief for Recurring Minor GI Pain*



UltraFlora Intensive Care provides the *L. plantarum* 299v strain to help relieve intestinal irritation and bowel discomfort, promote the integrity of the GI intestinal barrier, and support a healthy immune response. This advanced formula is designed to address bothersome symptoms of regional bowel irritation that can affect quality of life, and is an ideal complement to intensive lifestyle programs to support digestive health.*

Patient benefits:

- Designed to relieve recurring discomforts associated with the small bowel or colon, such as abdominal or motility discomfort and other minor pains*
- Supports healthy mucosal barrier integrity and function*
- Supports a healthy immune response*

Form: 60 Capsules

Serving size: 2 Capsules†

Lactobacillus plantarum 299v Strain 20 billion live organisms††

Other Ingredients: Potato starch, capsule (hydroxypropylmethylcellulose), *Lactobacillus plantarum* 299v (soy), and magnesium stearate (vegetable). **Contains: Soy.**

Directions: Take one to two capsules daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Keep out of the reach of children.

Lp 299v supplied by Probi.

†Capsules are composed of plant-derived ingredients.

††At date of expiration.



UltraFlora® Restore

Targeted Relief for Acute Microbiota Disruption*



UltraFlora Restore is a clinically tested probiotic containing 4 different strains of live bacteria to support healthy intestinal microbial stability and relief of loose stools.*

Patient benefits:

- Backed by a well-designed, randomized controlled trial that demonstrated relief of abdominal discomfort associated with loose stools and occasional diarrhea*
- Addresses microbial instability associated with loose stools*
- Effective dose in just 1 capsule daily*

Form: 30 Capsules

Serving size: 1 Capsule†

A Proprietary Blend of: 10 billion live organisms††
Bifidobacterium lactis (Bi-07)
Lactobacillus acidophilus (NCFM®)
Bifidobacterium lactis (Bi-04)
Lactobacillus paracasei (Lpc-37)

Other Ingredients: Capsule (hypromellose, gellan gum), microcrystalline cellulose, magnesium stearate (vegetable), and silica.

Directions: Take one capsule daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

†Vegetarian Capsule

††At date of expiration

Tip the Balance in Your Patients' Favor

UltraFlora® Balance features a powerful blend of *B. lactis* Bi-07 and *L. acidophilus* NCFM®, clinically shown to support GI and immune health, and a healthy balance of intestinal flora. As one of the most recommended, practitioner-exclusive probiotic formulas in use worldwide, you can trust UltraFlora Balance.*



UltraFlora® Spectrum

Broad Spectrum Probiotic for Gastrointestinal & Immune Health*



UltraFlora Spectrum provides multidimensional support for both the upper and lower GI tract for digestive and immune health.* This concentrated formula supplies a proprietary blend of 7 beneficial probiotic strains including *L. acidophilus* NCFM®, *B. lactis* Bi-07, *B. lactis* Bl-04, *L. salivarius* Ls-33, and *L. plantarum* Lp-115.

Patient benefits:

- Promotes a healthy intestinal environment and immune response*
- Helps relieve recurring functional bowel discomforts and intestinal irritation*

- Contains NCFM®, one of the most well-researched probiotic strains*
- Designed for reliable outcomes with a concentrated dose of *S. boulardii**

Form: 30 Capsules, 60 Capsules

Serving size: 1 Capsule†

A Proprietary Blend of: 30 billion live organisms††*
Saccharomyces boulardii, *Bifidobacterium lactis* Bi-07, *Lactobacillus plantarum* Lp-115, *Lactobacillus salivarius* Ls-33, *Lactobacillus acidophilus* NCFM®, *Streptococcus thermophilus* St-21, *Bifidobacterium lactis* Bl-04

Other Ingredients: Capsule (hydroxypropylmethylcellulose, sodium copper chlorophyllin), microcrystalline cellulose, silica, sorbitan monostearate, and stearic acid (vegetable).

Directions: : Take one capsule daily or as directed by your healthcare practitioner.

This product is non-GMO, vegetarian, and gluten free.

†Capsules are composed of plant-derived ingredients.
 ††At date of expiration.

UltraFlora® Synergy

Daily Probiotic for Immune Health & Digestive Support*



UltraFlora Synergy is designed to provide intestinal support on multiple levels with a combination of probiotics and prebiotic fibers, provided in a non-dairy powder base. Features a powerful probiotic blend of *B. lactis* Bi-07 and *L. acidophilus* NCFM®. The NCFM® strain is the most widely studied strain of *Lactobacillus acidophilus* with numerous research publications—including clinical trials for a number of bothersome GI symptoms.

Patient benefits:

- Daily support for GI and immune health*
- Delivers prebiotics (fructooligosaccharides, or FOS), to promote the growth of beneficial bacteria
- May facilitate the digestion of lactose*

Form: 1.76 oz (50 g) Powder

Serving size: About ¼ Teaspoon (.75 g)

Calories 5
 Total Carbohydrate <1 g
 A 50:50 Blend of 15 billion live organisms†
Lactobacillus acidophilus NCFM®
Bifidobacterium lactis Bi-07
 Fructooligosaccharides (FOS) 420 mg

Ingredients: Fructooligosaccharides (FOS), *Lactobacillus acidophilus*, *Bifidobacterium lactis*, and rice maltodextrin.

Directions: Mix about ¼ teaspoon (.75 g) with four to six ounces of unchilled water one to two times daily between meals, or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

†At date of expiration.
 NCFM® is a trademark of the North Carolina Dairy Foundation.

UltraFlora® Women's

Targeted Support for Feminine Health*



UltraFlora Women's is a unique blend of probiotics to help maintain a healthy vaginal microflora and support urogenital health when taken orally. This advanced formula features *Lactobacillus rhamnosus* GR-1® and *Lactobacillus reuteri* RC-14® strains††, which are backed by more than 25 years of scientific research. This is the 1 probiotic formula every woman should know about.*

Patient benefits:

- Helps maintain a healthy vaginal microflora by increasing the number of beneficial *lactobacilli**
- Supports urogenital health*
- Backed by clinical trials that demonstrate support of healthy vaginal microbiota*
- Effective dose in just 1 capsule taken orally daily*
- Potency and viability are guaranteed through date of expiration*

Form: 30 Capsules

Serving size: 1 Capsule†

A 50:50 Blend†† of: 2 billion live organisms†††*
Lactobacillus rhamnosus GR-1®
Lactobacillus reuteri RC-14®

Other Ingredients: Maltodextrin, capsule (hypromellose, titanium dioxide), microcrystalline cellulose, silicon dioxide, and magnesium stearate (vegetable). **Contains: Milk.**

Directions: Take one capsule once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant, please consult your healthcare provider before use.

†Vegetarian Capsule.
 ††Under license from Chr. Hansen A/S and protected by Chr. Hansen A/S patents of the WO 00/35465 patent family, and others.
 †††At date of expiration.

UltraMeal®

Nutritional Support for Healthy Body Composition



UltraMeal is formulated to nutritionally support a healthy body composition.

Patient benefits:

- 15 g of non-genetically engineered, identity preserved soy protein
- Essential vitamins and minerals, including high potency B vitamins
- An excellent non-dairy source of calcium (600 mg per serving), a key bone-supportive nutrient
- Calcium, along with regular exercise and a healthy diet, can play a significant role in reducing the rate of bone loss
- Calcium L-5-methyltetrahydrofolate—a nature-identical folate
- Advanced nutrition in the form of a convenient and great-tasting shake

Flavor: Natural Strawberry Supreme Flavor (product information for this flavor is shown), Natural Vanilla Flavor, Natural Mocha Flavor, Natural Dutch Chocolate Flavor, Natural Chocolate Mint Flavor

Form: 1 lb 5.23 oz (602 g) Powder

Serving size: 2 Scoops (43 g)

Calories 140 Calories from Fat 10

	% Daily Value
Total Fat 1 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 180 mg	8%
Potassium 510 mg	15%
Total Carbohydrate 21 g	7%
Dietary Fiber 4 g	16%
Sugars 16 g	
Protein 15 g	

Vitamin A 35%	•	Vitamin C 100%
Calcium 60%	•	Iron 15%
Vitamin D 10%	•	Vitamin E 35%
Thiamin 50%	•	Riboflavin 50%
Niacin 50%	•	Vitamin B ₆ 1250%
Folate 100%	•	Vitamin B ₁₂ 500%
Biotin 50%	•	Pantothenic Acid 50%
Phosphorus 50%	•	Iodine 50%
Magnesium 40%	•	Zinc 60%
Copper 50%	•	Manganese 20%
Chromium 80%	•	Chloride 10%

Formula	Strains	CFU Count	Form	Application
Daily Support				
UltraFlora Balance	<i>L. acidophilus</i> NCFM® <i>B. lactis</i> Bi-07	15 billion	Capsule	Daily immune health & digestive support*
UltraFlora Baby	<i>B. lactis</i> BB-12® <i>L. rhamnosus</i> LGG®	1 billion	Liquid	Daily immune health & digestive support for infants and young children*
UltraFlora Children's	<i>L. acidophilus</i> NCFM® <i>B. lactis</i> Bi-07	10 billion	Chewable tablet	Daily immune health & digestive support for children*
UltraFlora IB	<i>L. acidophilus</i> NCFM® <i>B. lactis</i> Bi-07	60 billion	Capsule	Daily relief for recurring intestinal distress*
UltraFlora Synergy	<i>L. acidophilus</i> NCFM® <i>B. lactis</i> Bi-07	15 billion	Powder	Daily immune health & digestive support enhanced with prebiotics in convenient powder form*
UltraFlora Acute Care	<i>B. lactis</i> HN019 <i>L. rhamnosus</i> HN001 <i>S. boulardii</i>	4 billion 275 mg	Capsule	Daily relief for acute bowel distress and occasional loose stools*

Broad Spectrum				
UltraFlora Spectrum	<i>S. boulardii</i> <i>B. lactis</i> Bi-07 <i>L. plantarum</i> Lp-115 <i>L. salivarius</i> Ls-33 <i>L. acidophilus</i> NCFM® <i>S. thermophilus</i> St-21 <i>B. lactis</i> Bl-04	30 billion	Capsule	Broad spectrum support for upper and lower GI health*

Targeted GI Relief				
UltraFlora Intensive Care	<i>L. plantarum</i> 299v	10 billion	Capsule	Targeted relief for recurring minor GI pain*
UltraFlora Restore	<i>B. lactis</i> Bi-07 <i>L. acidophilus</i> NCFM® <i>B. lactis</i> Bl-04 <i>L. paracasei</i> Lpc-37	10 billion	Capsule	Targeted relief of abdominal discomfort associated with loose stools and occasional diarrhea from disrupted microbiota*

Targeted Respiratory Support				
UltraFlora Immune Booster	<i>L. paracasei</i> 8700:2 <i>L. plantarum</i> HEAL9	1 billion	Capsule	Targeted support for nasal, sinus, and respiratory health*

Targeted Feminine Support				
UltraFlora Women's	<i>L. rhamnosus</i> GR-1® <i>L. reuteri</i> RC-14®	2 billion	Capsule	Targeted urogenital health support*

Ingredients: Soy protein isolate (soy), fructose, soy fiber (soy), inulin, dicalcium phosphate, natural flavors, magnesium citrate, potassium chloride, lecithin (soy), vitamin and mineral blend (ascorbic acid, zinc gluconate, pyridoxine HCl, rice maltodextrin, d-alpha tocopheryl acetate, D-biotin, niacinamide, retinyl palmitate, copper gluconate, d-calcium pantothenate, methylcobalamin, thiamin HCl, riboflavin, potassium iodide, chromium picolinate, calcium L-5-methyltetrahydrofolate, and cholecalciferol), beet powder (color), olive oil, xanthan gum, and guar gum. **Contains: Soy.**

Directions: Blend, shake, or briskly stir 2 level scoops (43 g) into 8 fluid ounces of chilled water twice daily, or as directed by your healthcare practitioner.

Notice: Do not engage in any diet supplying less than 800 calories per day without medical supervision.

This product is non-GMO and gluten free.

UltraMeal® Daily Support Pea & Rice Protein Powder Nutritional Drink Mix



UltraMeal Daily Support is a nutritious drink mix featuring a blend of macronutrients (carbohydrates, protein, and fats), phytonutrients, and essential vitamins and minerals.

Patient benefits:

- A balanced ratio of healthy carbohydrates, fats, and proteins
- 15 g of protein from a proprietary blend of pea and rice proteins
- A unique blend of phytonutrients from superfruits, greens, and herbs
- 5 g of fiber, including prebiotic fiber
- 25 essential vitamins and minerals, including:
 - Magnesium and zinc—often consumed below recommended levels
 - 100% daily value of vitamin D
 - Folate as calcium L-5-methyltetrahydrofolate, a body-ready folate

Flavor: Mixed Berry Flavor (product information for this flavor is shown), Deluxe Chocolate Flavor

Form: 1 lb 4.24 oz (574 g) Powder

Serving size: 2 Scoops (41 g)

Calories 160	Calories from Fat 50
% Daily Value	
Total Fat 6 g	9%
Saturated Fat 1 g	5%
<i>Trans</i> Fat 0 g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 3.5 g	
Cholesterol 0 mg	0%
Sodium 140 mg	6%
Potassium 250 mg	7%
Total Carbohydrate 15 g	5%
Dietary Fiber 5 g	20%
Sugars 5 g	
Protein 15 g	
Vitamin A 25%	Vitamin C 170%
Calcium 8%	Iron 15%
Vitamin D 100%	Vitamin E 25%
Thiamin 25%	Riboflavin 25%
Niacin 25%	Vitamin B ₆ 25%
Folate 45%	Vitamin B ₁₂ 25%
Biotin 25%	Pantothenic Acid 25%
Phosphorus 20%	Iodine 25%
Magnesium 40%	Zinc 80%
Selenium 80%	Copper 80%
Manganese 80%	Chromium 100%
Chloride 4%	

Ingredients: Pea protein isolate, rice protein concentrate, isomalto-oligosaccharide, natural flavors, sunflower oil, phytonutrient blend [organic flax (*Linum usitatissimum*) seed powder, organic inulin, organic beet (*Beta vulgaris*) root powder, organic flavors, organic carrot (*Daucus carota*) root powder, organic cranberry (*Vaccinium macrocarpon*) fruit powder, organic raspberry (*Rubus idaeus*) whole fruit powder, ascorbic acid, organic acacia gum, organic green tea (*Camellia sinensis*) leaf powder extract, organic green bell pepper (*Capsicum annuum*) fruit powder, organic spirulina (*Arthrospira platensis*) whole plant powder, organic acerola (*Malpighia glabra*) fruit dry extract (on manioc starch), organic stevia (*Stevia rebaudiana*) leaf extract, organic spinach (*Spinacia oleracea*) leaf powder, organic blueberry (*Vaccinium* spp.) whole fruit powder, and organic ginger (*Zingiber officinale*) root powder], organic cane sugar, magnesium bis-glycinate, malic acid, silica, xanthan gum, hibiscus and black carrot juice (color), zinc gluconate, Luo Han Guo fruit (monk fruit) extract, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, calcium L-5-methyltetrahydrofolate, selenomethionine, and methylcobalamin.

Directions: Take one serving one to two times daily. Blend, shake, or briskly stir 2 scoops (41 g) of UltraMeal Daily Support into 8-10 fluid ounces of chilled water.

This product is non-GMO and gluten free.

Notice: Do not engage in any diet supplying less than 800 calories per day without medical supervision.

UltraMeal® Rice Nutritional Support for Healthy Body Composition



UltraMeal Rice is formulated to nutritionally support a healthy body composition.

Patient benefits:

- 15 g of rice protein, a source of protein suitable for those who want to avoid soy and milk products
- Essential vitamins and minerals, including high potency B vitamins
- An excellent non-dairy source of calcium (600 mg per serving), a bone-supportive nutrient
- Calcium, along with regular exercise and a healthy diet, can play a significant role in reducing the rate of bone loss
- Calcium L-5-methyltetrahydrofolate—a nature-identical folate
- Advanced nutrition in a convenient and great-tasting shake with 190 calories per serving

Flavor: Natural Vanilla Flavor (product information for this flavor is shown), Natural Chocolate Flavor

Form: 1 lb 9.67 oz (728 g) Powder

Serving size: 2 Scoops (52 g)

Calories 190	Calories from Fat 45
% Daily Value	
Total Fat 5 g	8%
Saturated Fat 1 g	5%
<i>Trans</i> Fat 0 g	
Cholesterol 0 mg	0%
Sodium 40 mg	2%
Potassium 400 mg	11%
Total Carbohydrate 26 g	9%
Dietary Fiber 5 g	20%
Sugars 13 g	
Protein 15 g	
Vitamin A 35%	Vitamin C 100%
Calcium 60%	Iron 6%
Vitamin D 10%	Vitamin E 35%
Thiamin 50%	Riboflavin 50%
Niacin 50%	Vitamin B ₆ 1250%
Folate 100%	Vitamin B ₁₂ 500%

Biotin 50%	Pantothenic Acid 50%
Phosphorus 60%	Iodine 50%
Magnesium 45%	Zinc 60%
Copper 50%	Manganese 50%
Chromium 80%	Chloride 2%

Ingredients: Rice protein concentrate, rice syrup solids, fructose, natural flavors, olive oil, partially hydrolyzed guar gum, dicalcium phosphate, magnesium citrate, potassium citrate, vitamin and mineral blend (ascorbic acid, zinc gluconate, pyridoxine HCl, rice maltodextrin, d-alpha tocopheryl acetate, D-biotin, niacinamide, retinyl palmitate, copper gluconate, d-calcium pantothenate, methylcobalamin, thiamin HCl, riboflavin, potassium iodide, chromium picolinate, calcium L-5-methyltetrahydrofolate†, and cholecalciferol), L-lysine HCl, and L-threonine.

Directions: Blend, shake, or briskly stir 2 level scoops (52 g) into 8 fluid ounces of chilled water twice daily, or as directed by your healthcare practitioner.

Notice: Do not engage in any diet supplying less than 800 calories per day without medical supervision.

This product is non-GMO and gluten free.

This product contains no high fructose corn syrup.

†As Metafolin® U.S. Patent Nos. 5,599,915; 6,254,904.

UltraMeal® Whey Nutritional Support for Healthy Body Composition



UltraMeal Whey is a nutritional drink mix featuring whey protein, which has the highest biological value of any naturally occurring protein. This formula is designed to support a healthy body composition.

Patient benefits:

- 15 g of whey protein blend— isolate and pre-digested hydrolysate—containing a complete amino acid profile
- Essential vitamins and minerals for comprehensive foundation nutrition to support overall health
- 4 g of fiber per serving
- An excellent source of calcium
- Calcium L-5-methyltetrahydrofolate—a nature-identical folate

Flavor: Natural Dutch Chocolate Flavor (product information for this flavor is shown), Natural Vanilla Flavor

Form: 1 lb 5.72 oz (616 g) Powder

Serving size: 2 Scoops (44 g)

Calories 140	Calories from Fat 10
% Daily Value	
Total Fat 1 g	2%
Saturated Fat 0 g	0%
<i>Trans</i> Fat 0 g	
Cholesterol 10 mg	3%
Sodium 170 mg	7%
Potassium 770 mg	22%
Total Carbohydrate 22 g	7%
Dietary Fiber 4 g	16%
Sugars 15 g	
Protein 15 g	
Vitamin A 35%	Vitamin C 100%
Calcium 60%	Iron 20%
Vitamin D 10%	Vitamin E 35%
Thiamin 50%	Riboflavin 50%
Niacin 50%	Vitamin B ₆ 1250%
Folate 100%	Vitamin B ₁₂ 500%
Biotin 50%	Pantothenic Acid 50%
Phosphorus 70%	Iodine 50%
Magnesium 45%	Zinc 60%
Copper 50%	Manganese 50%
Chromium 80%	Chloride 6%

Ingredients: Whey protein blend (whey protein isolate, hydrolyzed whey protein isolate) (milk), fructose, Dutch processed cocoa powder, dicalcium phosphate, natural flavors, magnesium citrate, rice syrup solids, cellulose, inulin, olive oil, dipotassium phosphate, potassium chloride, xanthan gum, guar gum, and vitamin and mineral blend (ascorbic acid, zinc gluconate, pyridoxine HCl, rice maltodextrin, d-alpha tocopheryl acetate, D-biotin, niacinamide, retinyl palmitate, copper gluconate, D-calcium pantothenate, methylcobalamin, thiamin HCl, riboflavin, potassium iodide, chromium picolinate, calcium L-5-methyltetrahydrofolate†, and cholecalciferol).

Contains: Milk.

Directions: Blend, shake, or briskly stir 2 level scoops (44 grams) of UltraMeal Whey into 8 fluid ounces of chilled water twice daily, or as directed by your healthcare practitioner.

Notice: Do not engage in any diet supplying less than 800 calories per day without medical supervision.

This product is non-GMO and gluten free.

This product contains no high fructose corn syrup.

†As Metafolin® U.S. Patent Nos. 5,599,915; 6,254,904.

Vasotensin® Blood Pressure Support*



Vasotensin features peptides from fish to support healthy blood pressure levels already in the normal range.*

Patient benefits:

- May be used as a complement to other heart programs, such as prescription drugs, medical foods, and dietary supplements*
- Clinically effective dose is just 2 tablets twice daily
- Assayed to assure product viability and the presence of LKPNM—a peptide found to produce 8-fold higher activity when hydrolyzed by angiotensin converting enzyme as occurs in the body
- No rebound (reverse) effect observed in clinical trials when supplementation is discontinued

Form: 120 Tablets

Serving size: 2 Tablets

Protein	<1 g
Fish Protein Powder	750 mg

Ingredients: Microcrystalline cellulose, fish protein powder [fish (skipjack tuna, mackerel)], cellulose, stearic acid (vegetable), silica, croscarmellose sodium, and magnesium stearate (vegetable). **Contains: Fish (skipjack tuna and mackerel).**

Directions: Take two tablets two times daily with meals or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, taking other nutritional supplements, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

VenaPlex® Vascular Support Formula*



VenaPlex is a highly specialized formula designed to support a healthy vascular system by featuring horse chestnut seed and supportive herbs.*

Patient benefits:

- Designed to support healthy capillary integrity*
- Combines a premium quality, standardized extract of horse chestnut seed with rutin and arjuna extract to support cardiovascular health*

Form: 60 Tablets

Serving size: 1 Tablet

Rutin	400 mg
Horse Chestnut (<i>Aesculus hippocastanum</i>) Seed Extract [standardized to 20% (50 mg) aescins]	250 mg
Arjuna (<i>Terminalia arjuna</i>) Bark 5:1 Extract (containing tannins)	100 mg

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one tablet three times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children. Not intended for chronic use.

Vessel Care®

Support for Healthy Methylation & Homocysteine Metabolism*



Vessel Care is a comprehensive formula that helps maintain healthy homocysteine levels and support overall cardiovascular health.*

Patient benefits:

- Features nutrients involved in homocysteine metabolism*
- Delivers beneficial levels of folate, trimethylglycine, vitamin B₆, methylated B₁₂, and choline for enhanced methylation
- Intrinsic factor promotes absorption of vitamin B₁₂*
- Provides calcium L-5-methyltetrahydrofolate—a body-ready, nature-identical folate—helps ensure better folate nutrition, especially in those with genetic variations in folate metabolism

Form: 60 Tablets

Serving size: 1 Tablet

Riboflavin	5 mg
Vitamin B ₆ (as pyridoxine HCl)	25 mg
Folate (as calcium L-5-methyltetrahydrofolate ¹)	800 mcg
Vitamin B ₁₂ (as methylcobalamin)	1 mg
Zinc (as zinc citrate)	5 mg
Trimethylglycine	500 mg
Choline (as choline bitartrate)	100 mg
Intrinsic Factor	20 mg

Other Ingredients: Silicified microcrystalline cellulose, stearic acid (vegetable), hydrogenated vegetable oil (one or more of soybean, palm, and cottonseed oils), cellulose, calcium silicate, silica, croscarmellose sodium, magnesium stearate (vegetable), and coating (hypromellose, maltodextrin, and polyethylene glycol).

Directions: Take one tablet daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Caution: If pregnant or nursing, or taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

¹As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

Wellness Essentials®

Personalized Nutrition for Overall Wellness*



Wellness Essentials is formulated to support foundation nutritional needs to help individuals stay active and vital and maintain overall health.*

Patient benefits:

- **Multifaceted health support:** PhytoMulti® is the “smart multi” with essential nutrients and a proprietary blend of concentrated extracts and phytonutrients to help protect cells and maintain DNA stability—activating health potential like no other supplement*
- **Immune and neurological health support:** D₃ 1000™ features 1000 IU of vitamin D₃ per tablet—the most bioactive form of supplemental vitamin D*
- **Heart health, mood, and overall health support:** OmegaGenics® EPA-DHA 500 is a quality-guaranteed omega-3 fatty acid formula manufactured and third-party tested to ensure greater purity*

Form: 30 Packets

Each packet contains: 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), and 1 D₃ 1000 tablet (white).

Serving size: 1 Packet

Calories	20
Calories from Fat	20
Total Fat	2 g
Cholesterol	less than 5 mg
Vitamin A [50% as mixed carotenoids and 50% as retinyl acetate]	5000 IU
Vitamin C (as ascorbic acid and ascorbyl palmitate)	60 mg
Vitamin D ₃ (as cholecalciferol)	1500 IU
Vitamin E (as d-alpha tocopheryl succinate)	50 IU
Vitamin K (as phytonadione)	60 mcg
Thiamin (as thiamin mononitrate)	12.5 mg
Riboflavin	7.5 mg
Niacin (as niacinamide and niacin)	25 mg
Vitamin B ₆ (as pyridoxine HCl)	12.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)	400 mcg
Vitamin B ₁₂ (as methylcobalamin)	100 mcg
Biotin	250 mcg
Pantothenic Acid (as D-calcium pantothenate)	37.5 mg
Iodine (as potassium iodide)	75 mcg
Magnesium (as magnesium citrate)	20 mg
Zinc (as zinc citrate)	7.5 mg

Selenium (as selenium aspartate)	50 mcg
Copper (as copper citrate)	0.5 mg
Manganese (as manganese citrate)	0.25 mg
Chromium (as chromium polynicotinate)	100 mcg
Molybdenum (as molybdenum aspartate complex)	25 mcg
Choline (as choline bitartrate)	12.5 mg
Inositol	12.5 mg
Lycopene	3 mg
Zeaxanthin	1 mg
Lutein	3 mg
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	5 mg
Proprietary Phytonutrient Blend of:	200 mg
Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 40% ellagic acid], grape seed extract [standardized to 90% polyphenols], blueberry (<i>Vaccinium</i> spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract [standardized to 5% bitter principles], prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (<i>Cinnamomum cassia</i>) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 11% min phenolic diterpenes and 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]	

Marine Lipid Concentrate	2 g
EPA (Eicosapentaenoic acid)	600 mg
DHA (Docosahexaenoic acid)	400 mg

PhytoMulti Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

OmegaGenics EPA-DHA 500 Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell (gelatin, glycerin, water), natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

D₃ 1000 Other Ingredients: Microcrystalline cellulose, sodium starch glycolate, stearic acid (vegetable), and silica.

Directions: Take one packet daily or as directed by your healthcare practitioner.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day.

Products included are non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, taking other nutritional supplements or medications. Keep out of the reach of children.

Wellness Essentials® Active Personalized Nutrition with Targeted Joint Support*



Wellness Essentials Active is formulated to target healthy joint flexibility, mobility, and comfort, as well as maintain vitality and overall health.*

Patient benefits:

- **Multifaceted health support:** PhytoMulti® is the “smart multi” with essential nutrients and a proprietary blend of concentrated extracts and phytonutrients to help protect cells and maintain DNA stability—activating health potential like no other supplement*
- **Joint relief:** Kaprex® provides a safer option for effective joint relief with a proprietary combination of selected plant components*
- **Joint health support:** ChondroCare® is a comprehensive formula designed to provide broad connective tissue support with glucosamine, chondroitin, methylsulfonylmethane (MSM), and other nutrients*

The Essentials of Wellness Start Here

Seven formula combinations to meet unique health needs with once-daily packets*



A Complete Line of Once-Daily Nutritional Support to Meet the Unique Health Needs of Your Patients

Wellness Essentials once-daily nutritional support packets offer personalized combinations of science-based formulas designed to deliver essential vitamins and minerals, full-spectrum phytonutrients, concentrated omega-3s, and targeted support for a variety of individual needs.*

Developed through extensive research, Wellness Essentials provides advanced, high-quality foundation nutrition to help patients achieve their health and wellness goals.*

- **Healthy cartilage support:** Glucosamine Sulfate 750™ helps support healthy joints and other connective tissues by providing additional glucosamine, a naturally occurring compound in all connective tissues*

- **Heart health, mood, and overall health support:** OmegaGenics® EPA-DHA 500 is a quality-guaranteed omega-3 fatty acid formula providing third-party tested omega-3 fatty acids to ensure greater purity*

Form: 30 Packets

Each packet contains: 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), 3 ChondroCare tablets (white), 1 Kaprex softgel (dark green), and 1 Glucosamine Sulfate 750 tablet (off-white).

Serving size: 1 Packet

Calories	20
Calories from Fat	20
Total Fat	2 g
Cholesterol	less than 5 mg
Vitamin A [50% as mixed carotenoids and 50% as retinyl acetate]	5000 IU
Vitamin C (as ascorbic acid and ascorbyl palmitate)	90 mg
Vitamin D ₃ (as cholecalciferol)	500 IU
Vitamin E (as d-alpha tocopheryl succinate)	50 IU
Vitamin K (as phytonadione)	60 mcg
Thiamin (as thiamin mononitrate)	12.5 mg
Riboflavin	7.5 mg
Niacin (as niacinamide and niacin)	25 mg
Vitamin B ₆ (as pyridoxine HCl)	12.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)	400 mcg
Vitamin B ₁₂ (as methylcobalamin)	100 mcg
Biotin	250 mcg
Pantothenic Acid (as D-calcium pantothenate)	37.5 mg
Iodine (as potassium iodide)	75 mcg
Magnesium (as magnesium citrate)	20 mg
Zinc (as zinc citrate)	15 mg
Selenium (as selenium aspartate and selenomethionine)	200 mcg
Copper (as copper citrate)	1.25 mg
Manganese (as manganese citrate)	1 mg
Chromium (as chromium polynicotinate)	100 mcg
Molybdenum (as molybdenum aspartate complex)	25 mcg
Potassium (from D-glucosamine sulfate potassium chloride)	120 mg
D-Glucosamine Sulfate (as D-glucosamine sulfate potassium chloride)	1.5 g
MSM (methylsulfonylmethane)	500 mg
Chondroitin Sulfate	600 mg
Choline (as choline bitartrate)	12.5 mg
Inositol	12.5 mg
Lycopene	3 mg
Zeaxanthin	1 mg
Lutein	3 mg
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	5 mg

Proprietary Blend of: 350 mg
Tetrase® [Tetrahydro-iso-alpha acids complex¹, from hops (*Humulus lupulus* L.)], Rosemary (*Rosmarinus officinalis*) Leaf Extract, Oleonic Acid (from olive leaf extract, *Olea europaea*)

Proprietary Phytonutrient Blend of: 200 mg
Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 40% ellagic acid], grape seed extract [standardized to 90% polyphenols], blueberry (*Vaccinium* spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract [standardized to 5% bitter principles], prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (*Cinnamomum cassia*) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 11% min phenolic diterpenes and 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]

Marine Lipid Concentrate 2 g
EPA (Eicosapentaenoic acid) 600 mg
DHA (Docosahexaenoic acid) 400 mg

PhytoMulti Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

OmegaGenics EPA-DHA 500 Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], gelatin, glycerin, water, natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

Kaprex Other Ingredients: Olive oil, gelatin, glycerin, yellow beeswax, water, and sodium copper chlorophyllin (color).

Glucosamine Sulfate 750 Ingredients: Glucosamine sulfate potassium chloride [crustacean shellfish (crab shells, shrimp)], microcrystalline cellulose, cellulose, ascorbic acid, stearic acid (vegetable), silica, croscarmellose sodium, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose). **Contains: Crustacean shellfish (crab shells, shrimp).**

ChondroCare Ingredients: Glucosamine sulfate potassium chloride [crustacean shellfish (crab shells, shrimp)], microcrystalline cellulose, chondroitin sulfate, methylsulfonylmethane, cellulose, croscarmellose sodium, stearic acid (vegetable), selenomethionine, zinc citrate, silica, copper citrate, manganese citrate, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose). **Contains: Crustacean shellfish (crab shells, shrimp).**

Directions: Take one packet daily or as directed by your healthcare practitioner.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day.

Products included are non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, taking other nutritional supplements or medications. Do not use if allergic to fish or shellfish. Keep out of the reach of children.

¹U.S. Patent Nos. 7,195,785; 7,205,151; 7,270,835; 7,332,185.

Wellness Essentials® Healthy Balance Personalized Nutrition with Targeted Blood Sugar Support*



Wellness Essentials Healthy Balance is formulated to target healthy blood sugar and insulin levels already in the normal range, as well as maintain vitality and overall health.*

Patient benefits:

- **Multifaceted health support:** PhytoMulti® is the “smart multi” with essential nutrients and a proprietary blend of concentrated extracts and phytonutrients to help protect cells and maintain DNA stability—activating health potential like no other supplement*
- **Insulin activity and blood sugar level support:** MetaGlycemX™ is a scientifically advanced formula to be used as nutritional support along with a healthy diet to help maintain healthy insulin and blood sugar levels already in the normal range*
- **Healthy insulin function:** Meta Lipoate® 100 is a USP-grade preparation of alpha-lipoic acid (ALA) that delivers maximum effectiveness with an excellent safety profile*
- **Heart health, mood, and overall health support:** OmegaGenics® EPA-DHA 500 is a quality-guaranteed omega-3 fatty acid formula manufactured and third-party tested to ensure greater purity*

Form: 30 Packets

Each packet contains: 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), 2 MetaGlycemX tablets (tan), and 2 Meta Lipoate 100 tablets (pale yellow).

Serving size: 1 Packet

Calories	20
Calories from Fat	20
Total Fat	2 g
Cholesterol	less than 5 mg
Vitamin A [50% as mixed carotenoids and 50% as retinyl acetate]	5000 IU
Vitamin C (as ascorbic acid and ascorbyl palmitate)	360 mg
Vitamin D ₃ (as cholecalciferol)	700 IU
Vitamin E (as d-alpha tocopheryl succinate)	250 IU
Vitamin K (as phytonadione)	60 mcg
Thiamin (as thiamin mononitrate)	27.5 mg
Riboflavin	16.5 mg
Niacin (as niacinamide and niacin)	115 mg
Vitamin B ₆ (as pyridoxine HCl)	21.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)	800 mcg
Vitamin B ₁₂ (as methylcobalamin)	250 mcg
Biotin	2.25 mg
Pantothenic Acid (as D-calcium pantothenate)	67.5 mg
Iodine (as potassium iodide)	75 mcg
Magnesium (as magnesium citrate)	20 mg
Zinc (as zinc citrate)	16.5 mg
Selenium (as selenium aspartate and selenomethionine)	140 mcg
Copper (as copper lysinate HCl and copper citrate)	1.25 mg
Manganese (as manganese citrate)	1.45 mg
Chromium (as chromium polynicotinate)	700 mcg
Molybdenum (as molybdenum aspartate complex)	25 mcg
Alpha-Lipoic Acid	300 mg
Catechins	105 mg [†]
Epigallocatechin Gallate (EGCG) [from decaffeinated green tea (<i>Camellia sinensis</i>) leaf extract]	70 mg [†]
Chinese Cinnamon (<i>Cinnamomum cassia</i>) Bark Powder	500 mg
Taurine	300 mg
L-Carnosine	50 mg
Choline (as choline bitartrate)	12.5 mg
Inositol	12.5 mg
Lycopene	3 mg
Zeaxanthin	1 mg
Lutein	3 mg
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	5 mg

Proprietary Phytonutrient Blend of: 200 mg
Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 40% ellagic acid], grape seed extract [standardized to 90% polyphenols], blueberry (*Vaccinium* spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract [standardized to 5% bitter principles], prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (*Cinnamomum cassia*) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 11% min phenolic diterpenes and 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]

Marine Lipid Concentrate 2 g
EPA (Eicosapentaenoic acid) 600 mg
DHA (Docosahexaenoic acid) 400 mg

PhytoMulti Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

OmegaGenics EPA-DHA 500 Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell (gelatin, glycerin, water), natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

Meta Lipoate 100 Other Ingredients: Microcrystalline cellulose, cellulose, silica, stearic acid (vegetable), and magnesium stearate (vegetable).

MetaGlycemX Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, silica, stearic acid (vegetable), calcium silicate, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one packet daily with food or as directed by your healthcare practitioner.

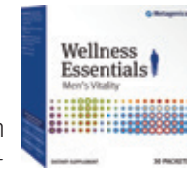
Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day.

Products included are non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, taking other nutritional supplements or medications. Keep out of the reach of children. Contains caffeine^{††}.

[†]Total amount includes catechins and EGCG contributed by decaffeinated green tea extract from MetaGlycemX and PhytoMulti.
^{††}Less than 25 mg per serving.

Wellness Essentials® Men’s Vitality



Personalized Nutrition with Targeted Support for Men’s Health*

Wellness Essentials Men’s Vitality is formulated to target vitality and libido, as well as support masculine functions and maintain overall health.*

Patient benefits:

- **Multifaceted health support:** PhytoMulti® is the “smart multi” with essential nutrients and a proprietary blend of concentrated extracts and phytonutrients to help protect cells and maintain DNA stability—activating health potential like no other supplement*
- **Libido and healthy sexual function support:** HisSynergy™ provides premium nutritional support for healthy male sexual function, libido, stress resilience, and vitality*
- **Testosterone and prostate health support:** Testralin® provides key ingredients that may help promote healthy hormone balance*
- **Prostate, immune, and reproductive health support:** Zinc A.G.™ is designed to be highly absorbable as a true amino chelate to help maintain prostate, immune, and male reproductive health*
- **Heart health, mood, and overall health support:** OmegaGenics® EPA-DHA 500 is a quality-guaranteed omega-3 fatty acid formula manufactured and third-party tested to ensure greater purity*

Form: 30 Packets

Each packet contains: 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), 1 Testralin tablet (green), 1 Zinc A.G. tablet (cream), and 1 HisSynergy tablet (brown).

Serving size: 1 Packet

Calories	20
Calories from Fat	20
Total Fat	2 g
Cholesterol	less than 5 mg
Vitamin A [50% as mixed carotenoids and 50% as retinyl acetate]	5000 IU
Vitamin C (as ascorbic acid and ascorbyl palmitate)	60 mg
Vitamin D ₃ (as cholecalciferol)	875 IU
Vitamin E (as d-alpha tocopheryl succinate)	50 IU
Vitamin K (as phytonadione)	60 mcg
Thiamin (as thiamin mononitrate)	12.5 mg
Riboflavin	7.5 mg
Niacin (as niacinamide and niacin)	25 mg

Vitamin B ₆ (as pyridoxine HCl)	37.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)	600 mcg
Vitamin B ₁₂ (as methylcobalamin)	115 mcg
Biotin	250 mcg
Pantothenic Acid (as D-calcium pantothenate)	37.5 mg
Iodine (as potassium iodide)	75 mcg
Magnesium (as magnesium citrate)	20 mg
Zinc (as zinc arginate, zinc glycinate, and zinc citrate)	30 mg
Selenium (as selenium aspartate and selenomethionine)	150 mcg
Copper (as copper citrate)	0.5 mg
Manganese (as manganese citrate)	0.25 mg
Chromium (as chromium polynicotinate)	100 mcg
Molybdenum (as molybdenum aspartate complex)	25 mcg
Tribulus (<i>Tribulus terrestris</i>) Fruit 10:1 Extract (containing saponins)	250 mg
Ashwagandha (<i>Withania somnifera</i>) Root 15:1 Extract (containing withanolides)	200 mg
Cowage (<i>Mucuna pruriens</i>) Seed Extract [standardized to 20% (10 mg) levodopa]	50 mg
Choline (as choline bitartrate)	12.5 mg
Inositol	12.5 mg
Lycopene	8 mg
Zeaxanthin	1 mg
Lutein	3 mg
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	5 mg
Proprietary Phytonutrient Blend of: Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 40% ellagic acid], grape seed extract [standardized to 90% polyphenols], blueberry (<i>Vaccinium</i> spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract [standardized to 5% bitter principles], prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (<i>Cinnamomum cassia</i>) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 11% min phenolic diterpenes and 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]	200 mg
Marine Lipid Concentrate	2 g
EPA (Eicosapentaenoic acid)	600 mg
DHA (Docosahexaenoic acid)	400 mg
Soybean Concentrate*	62.5 mg
Total Isoflavones (containing all forms of genistin, daidzin, and glycitin)	25 mg
Phytosterols (containing beta-sitosterol, stigmasterol, campesterol, and other plant sterols)	50 mg
Lignans [as secoisolariciresinol [from 125 mg flaxseed extract (<i>Linum usitatissimum</i>)]	25 mg
Decaffeinated†† Green Tea (<i>Camellia sinensis</i>) Leaf Extract [standardized to 60% (100 mg) catechins and 40% (67 mg) epigallocatechingallate (EGCG)]	167 mg
Oleanolic Acid [from olive (<i>Olea europaea</i>) leaf extract]	5 mg
Turmeric (<i>Curcuma longa</i>) Rhizome Extract [standardized to 95% (75 mg) curcuminoids]	79 mg
Betaine (as betaine HCl)	37.5 mg

PhytoMulti Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

OmegaGenics EPA-DHA 500 Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell (gelatin, glycerin, water), natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

Testralin Ingredients: Decaffeinated†† green tea leaf extract, microcrystalline cellulose, flax seed extract, turmeric rhizome extract, stearic acid (vegetable), soy isoflavones (soy), phytosterols (soy), lycopene, betaine HCl, croscarmellose sodium, calcium silicate, pyridoxine HCl, cellulose, selenomethionine, silica, zinc citrate, oleanolic acid, cholecalciferol, folic acid, methylcobalamine, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin). **Contains: Soy.**

HisSynergy Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Zinc A. G. Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and magnesium stearate (vegetable).

Directions: Take one packet daily or as directed by your healthcare practitioner.

Warning: If taking medication or other nutritional supplements, consult your healthcare practitioner. Keep out of the reach of children.

Products included are gluten free.

[†]Derived from non-genetically engineered, identity-preserved soybeans.

^{††}Contains no more than 4% caffeine.

Wellness Essentials® Pregnancy

Personalized Nutrition with Targeted Support for Preconception through Nursing*



Wellness Essentials Pregnancy is formulated to provide comprehensive nutritional support for preconception through nursing. It features excellent prenatal nutrition, including omega-3 fatty acids and folate, which are critical to healthy fetal development and a smooth pregnancy.*

Patient benefits:

- **Prenatal multivitamin support:** Advanced Prenatal provides a science-based combination of vitamins and minerals, incorporating 1 mg of folate and an array of antioxidants that reflect the latest research in prenatal nutrition*

- **Fetal brain development support:** Choline, an essential nutrient, is included for additional support based on current research*
- **Fetal development, heart health, mood, and overall health support:** OmegaGenics® EPA-DHA 720 is a quality-guaranteed omega-3 fatty acid fish oil manufactured and third-party tested to ensure greater purity*
- **Bone density support:** Calcium/Magnesium supports bone health and may also support muscle relaxation and help ease nighttime limb movement and pregnancy-associated leg cramps*

Form: 30 Packets

Each packet contains: 2 Advanced Prenatal tablets (green), 2 Calcium/Magnesium tablets (white), 1 Choline softgel (opaque brown), and 2 OmegaGenics EPA-DHA 720 softgels (yellow).

Serving size: 1 Packet

Calories	25
Calories from Fat	25
Total Fat	2.5 g
Cholesterol	5 mg
Vitamin A (4000 IU as mixed carotenoids and 1500 IU as retinyl palmitate)	5500 IU
Vitamin C (as ascorbic acid and niacinamide ascorbate)	500 mg
Vitamin D (as cholecalciferol)	1000 IU
Vitamin E (as d-alpha tocopheryl succinate)	100 IU
Vitamin K (as phytonadione)	90 mcg
Thiamin (as thiamin mononitrate)	3.4 mg
Riboflavin	3.4 mg
Niacin (as niacinamide ascorbate)	35 mg
Vitamin B ₆ (as pyridoxine HCl)	20 mg
Folate (as calcium L-5-methyltetrahydrofolate)	1000 mcg
Vitamin B ₁₂ (as methylcobalamin)	120 mcg
Biotin	300 mcg
Pantothenic Acid (as D-calcium pantothenate)	20 mg
Calcium (as calcium citrate)	400 mg
Iron (as ferrous bis-glycinate)	30 mg
Iodine (as potassium iodide)	175 mcg
Magnesium (as magnesium oxide)	300 mg
Zinc (as zinc citrate)	25 mg
Selenium (as selenium aspartate)	200 mcg
Copper (as copper citrate)	2 mg
Manganese (as manganese citrate)	1.2 mg
Chromium (as chromium citrate)	200 mcg
Molybdenum (as molybdenum aspartate)	25 mcg
Inositol	50 mg
Choline Bitartrate (providing 175 mg choline)	460 mg
Marine Lipid Concentrate	2.5 g
EPA (Eicosapentaenoic acid)	860 mg
DHA (Docosahexaenoic acid)	580 mg
Other Omega-3 Fatty Acids	160 mg

Advanced Prenatal Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

Calcium/Magnesium Other Ingredients: Stearic acid (vegetable), microcrystalline cellulose, croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Choline Other Ingredients: Soybean oil, gelatin, sorbitol, glycerin, water, beeswax, sunflower lecithin, and carob powder (color).

OmegaGenics EPA-DHA 720 Ingredients: Marine lipid concentrate [fish (sardine, anchovy, and mackerel) oil], softgel shell (gelatin, glycerin, water), natural lemon flavor, natural lime flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (sardine, anchovy, and mackerel).**

Directions: Take one packet daily or as directed by your healthcare practitioner.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Products included are non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, taking other nutritional supplements or medications.

Wellness Essentials® Women

Personalized Nutrition with Targeted Support for Women’s Health*



Wellness Essentials Women is formulated to target heart and bone health, as well as maintain vitality and overall health.*

Patient benefits:

- **Multifaceted health support:** PhytoMulti® with Iron is the “smart multi” with essential nutrients and a proprietary blend of concentrated extracts and phytonutrients to help protect cells and maintain DNA stability—activating health potential like no other supplement*
- **Bone density support:** Cal Apatite® Bone Builder® Extra Strength goes beyond calcium with purity-tested MCHC—a complex crystalline compound composed primarily of calcium, phosphorus, trace minerals, and bone growth factors to help maintain bone strength*

- **Heart health, mood, and overall health support:** OmegaGenics® EPA-DHA 500 is a quality-guaranteed omega-3 fatty acid formula manufactured and third-party tested to ensure greater purity

Form: 30 Packets

Each packet contains: 2 PhytoMulti with Iron tablets (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), and 2 Cal Apatite Bone Builder Extra Strength tablets (white).

Serving size: 1 Packet

Calories	20
Calories from Fat	20
Total Fat	2 g
Cholesterol	less than 5 mg
Vitamin A [50% as mixed carotenoids and 50% as retinyl acetate]	10,000 IU
Vitamin C (as ascorbic acid and ascorbyl palmitate)	120 mg
Vitamin D ₃ (as cholecalciferol)	1000 IU
Vitamin E (as d-alpha tocopheryl succinate)	100 IU
Vitamin K (as phytonadione)	120 mcg
Thiamin (as thiamin mononitrate)	25 mg
Riboflavin	15 mg
Niacin (as niacinamide and niacin)	50 mg
Vitamin B ₆ (as pyridoxine HCl)	25 mg
Folate (as calcium L-5-methyltetrahydrofolate)	800 mcg
Vitamin B ₁₂ (as methylcobalamin)	200 mcg
Biotin	500 mcg
Pantothenic Acid (as D-calcium pantothenate)	75 mg
Calcium (as microcrystalline hydroxyapatite concentrate and dicalcium phosphate)	674 mg
Iron (as ferrous bis-glycinate)	18 mg
Phosphorus (as microcrystalline hydroxyapatite concentrate and dicalcium phosphate)	348 mg
Iodine (as potassium iodide)	150 mcg
Magnesium (as magnesium citrate)	40 mg
Zinc (as zinc citrate)	15 mg
Selenium (as selenium aspartate)	100 mcg
Copper (as copper citrate)	1 mg
Manganese (as manganese citrate)	0.5 mg
Chromium (as chromium polynicotinate)	200 mcg
Molybdenum (as molybdenum aspartate complex)	50 mcg
Microcrystalline Hydroxyapatite Concentrate (MCHC)	2000 mg
Choline (as choline bitartrate)	25 mg
Inositol	25 mg
Lycopene	6 mg

Zeaxanthin	2 mg
Lutein	6 mg
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	10 mg
Proprietary Phytonutrient Blend of: Citrus bioflavonoid complex (standardized to 45% hesperidin), green coffee bean extract (standardized to 45% chlorogenic acid), pomegranate whole fruit extract [standardized to 40% ellagic acid], grape seed extract [standardized to 90% polyphenols], blueberry (<i>Vaccinium</i> spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract [standardized to 5% bitter principles], prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (<i>Cinnamomum cassia</i>) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 11% min phenolic diterpenes and 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]	400 mg
Marine Lipid Concentrate	2 g
EPA (Eicosapentaenoic acid)	600 mg
DHA (Docosahexaenoic acid)	400 mg

PhytoMulti with Iron Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

OmegaGenics EPA-DHA 500 Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell (gelatin, glycerin, water), natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (sardine, anchovy, and mackerel).**

Cal Apatite Bone Builder Extra Strength Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), cellulose, croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one packet daily or as directed by your healthcare practitioner.

Warning: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl acetate) per day.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Products included are non-GMO and gluten free.

Caution: Consult your healthcare practitioner if pregnant, nursing, taking other nutritional supplements or medications.

Wellness Essentials® Women's Prime

Personalized Nutrition
with Targeted Support
for Menopause and Beyond*



Formulated to target energy metabolism, heart health, and bone health, as well as maintain vitality and overall health.*

Patient benefits:

- **Multifaceted health support:** PhytoMulti® is the “smart multi” with essential nutrients and a proprietary blend of concentrated extracts and phytonutrients to help protect cells and maintain DNA stability—activating health potential like no other supplement*
- **Bone density support:** Cal Apatite® Bone Builder® with Magnesium goes beyond calcium with purity-tested MCHC—a complex crystalline compound composed primarily of calcium, phosphorus, trace minerals, and bone growth factors to help maintain healthy bone density*
- **Bone remodeling support:** Ostera®, in combination with a healthy diet and exercise, has been clinically shown to beneficially influence key markers of bone remodeling more than diet and exercise alone*
- **Heart health, mood, and overall health support:** OmegaGenics® EPA-DHA 500 is a quality-guaranteed omega-3 fatty acid formula manufactured and third-party tested to ensure greater purity*

Form: 30 Packets

Each packet contains: 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), 2 Ostera tablets (yellow), and 2 Cal Apatite Bone Builder with Magnesium tablets (off-white).

Serving size: 1 Packet

Calories	20
Calories from Fat	20
Total Fat	2 g
Cholesterol	less than 5 mg
Vitamin A [50% as mixed carotenoids and 50% as retinyl acetate]	5000 IU
Vitamin C (as ascorbic acid and ascorbyl palmitate)	60 mg
Vitamin D ₃ (as cholecalciferol)	1900 IU
Vitamin E (as d-alpha tocopheryl succinate)	50 IU
Vitamin K (as phytonadione)	1060 mcg
Thiamin (as thiamin mononitrate)	12.5 mg
Riboflavin	7.5 mg
Niacin (as niacinamide and niacin)	25 mg
Vitamin B ₆ (as pyridoxine HCl)	12.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)	400 mcg
Vitamin B ₁₂ (as methylcobalamin)	100 mcg
Biotin	250 mcg
Pantothenic Acid (as D-calcium pantothenate)	37.5 mg
Calcium (as microcrystalline hydroxyapatite concentrate and dicalcium phosphate)	400 mg
Phosphorus (as microcrystalline hydroxyapatite concentrate and dicalcium phosphate)	223 mg
Iodine (as potassium iodide)	75 mcg
Magnesium (as magnesium citrate, magnesium aspartate, and magnesium bis-glycinate)	220 mg
Zinc (as zinc citrate)	7.5 mg
Selenium (as selenium aspartate)	50 mcg
Copper (as copper citrate)	0.5 mg
Manganese (as manganese citrate)	0.25 mg
Chromium (as chromium polynicotinate)	100 mcg
Molybdenum (as molybdenum aspartate complex)	25 mcg
Microcrystalline Hydroxyapatite Concentrate (MCHC)	1000 mg
Berberine HCl (from <i>Phellodendron amurense</i> bark extract)	180 mg
Reduced Iso-Alpha-Acids Complex (from hops extract, <i>Humulus lupulus</i> L.)	740 mg
Choline (as choline bitartrate)	12.5 mg
Inositol	12.5 mg
Lycopene	3 mg
Zeaxanthin	1 mg
Lutein	3 mg
Resveratrol (from <i>Polygonum cuspidatum</i> root extract)	5 mg

Proprietary Phytonutrient Blend of:	200 mg
Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 40% ellagic acid], grape seed extract [standardized to 90% polyphenols], blueberry (<i>Vaccinium</i> spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract [standardized to 5% bitter principles], prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (<i>Cinnamomum cassia</i>) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 11% min phenolic diterpenes and 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]	
Marine Lipid Concentrate	2 g
EPA (Eicosapentaenoic acid)	600 mg
DHA (Docosahexaenoic acid)	400 mg

PhytoMulti Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

OmegaGenics EPA-DHA 500 Ingredients: Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell (gelatin, glycerin, water), natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). **Contains: Fish (anchovy, sardine, and mackerel).**

Ostera Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, calcium silicate, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Cal Apatite Bone Builder with Magnesium Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, sodium starch glycolate, cellulose, stearic acid (vegetable), silica, and coating (microcrystalline cellulose, polyethylene glycol, and carrageenan).

Directions: Take one packet daily or as directed by your healthcare practitioner.

Warning: Excess vitamin A intake may be toxic and should not exceed 10,000 IU of preformed vitamin A (retinol acetate) per day.

Products included are non-GMO and gluten free.

Caution: Consult your healthcare practitioner if taking other nutritional supplements or medications. Keep out of the reach of children.

Zinc A.G.™ GI Friendly, Highly Absorbable Zinc

Zinc A.G. features zinc that is essential to many aspects of human health, especially the immune system. Unfortunately, mild zinc insufficiency may be prevalent—even in modern industrialized countries—which can make people more vulnerable. Zinc A.G. is formulated for enhanced absorption to address zinc depletion.*



Patient benefits:

- Promotes healthy immune function*
- Supports white blood cell production*
- Supports enzymatic activity associated with energy metabolism and tissue synthesis*
- Designed for enhanced zinc absorption utilizing proprietary, patented amino acids*

Form: 60 Tablets, 180 Tablets

Serving size: 1 Tablet

Zinc (as zinc arginate [†] and zinc glycinate [†])	20 mg
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Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and magnesium stearate (vegetable).

Directions: Take one tablet one to two times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Keep out of the reach of children.

[†]Patented mineral amino acid chelates: U.S. Patent #5,516,925 Albion®.

Zinc Drink™ Liquid Zinc Supplement

Zinc Drink is a convenient liquid zinc supplement that can be mixed with water or juice.



Patient benefits:

- Supports the enzymatic activity of over 100 enzymes associated with energy metabolism, protein synthesis, heme biosynthesis, carbon dioxide transport, and many other biochemical reactions*
- Supports healthy immune function*

Form: 4.7 fl oz. (140 mL) Liquid

Serving size: 1 Teaspoon (5 mL)

Zinc (as zinc sulfate)	15 mg
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Other Ingredient: Deionized water.

Directions: One teaspoonful daily between meals or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Caution: Keep out of the reach of children.

Zinc Tally™ Zinc Status Test

Zinc Tally is a simple screening method for evaluating zinc status. By placing two teaspoons of Zinc Tally in the mouth, a lack of taste or a delayed taste perception suggests a possible zinc insufficiency.



Patient benefits:

- Quickly helps determine zinc status*
- May also be taken as a supplement

Form: 4 fl oz (120 mL) Liquid

Serving size: 2 Teaspoons (10 mL)

Zinc (as zinc sulfate)	2 mg
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Other Ingredient: Distilled water.

Directions: Hold 10 mL (equivalent to two teaspoons) in the mouth for at least 10 seconds. Liquid can be swallowed after tasting.

This product is non-GMO, gluten free, and vegetarian.

Caution: Keep out of the reach of children.

Zinlori 75® Zinc-Carnosine Complex for GI Support*

Zinlori 75 contains a high potency, patented zinc-carnosine complex to address the underlying issues related to occasional indigestion—where many other approaches fall short.*



Patient benefits:

- Supports a healthy gastric environment*
- Helps relieve mild and occasional gastric discomforts, including heartburn, nausea, bloating, and upset stomach*
- Promotes a healthy gastric microbial balance*
- Helps maintain the integrity of the protective gastric mucosal lining possibly by supporting healthy mucus secretion*
- Some research indicates that zinc-carnosine may protect gastric mucosal cells without altering prostaglandin metabolism*
- Gastro-supportive benefits demonstrated in over 20 published studies*
- Same raw material used successfully by healthcare practitioners in Japan since 1994
- Does not affect stomach digestion*
- Clinically effective dosage in just 2 tablets daily*

Form: 60 Tablets

Serving size: 1 Tablet

Zinc (as zinc-carnosine)	17 mg
Zinc-Carnosine	75 mg

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), and silica.

Directions: Take one tablet twice daily between meals or as directed by your healthcare practitioner.

This product is non-GMO, gluten free, and vegetarian.

Warning: Do not use if pregnant or nursing. Keep out of the reach of children.

Ultra Glucose Control® Medical Food

Support for the Management of Glucose Response



- Each serving contains:
 - 15 g of a pea/rice protein blend enhanced with branched-chain amino acids
 - 22 essential vitamins and minerals
 - Monounsaturated fats to support healthy blood lipid levels

Flavor: Vanilla Flavor (product information for this flavor is shown), Chocolate Flavor

Form: 1 lb 11.16 oz (770 g) Powder; also available in 3 lb 10.2 oz. bags, 7-1.94 oz. packet boxes, sample boxes, and starter kits

Serving size: 2 Scoops (55 g)

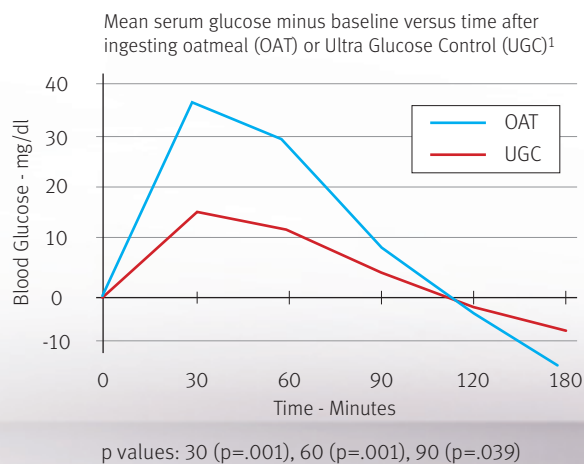
	Calories 220	Calories from Fat 70
	% Daily Value	
Total Fat 8 g	12%	
Saturated Fat 1 g	5%	
<i>Trans</i> Fat 0 g		
Polyunsaturated Fat 1 g		
Monounsaturated Fat 5 g		
Cholesterol 0 mg	0%	
Sodium 180 mg	8%	
Potassium 75 mg	2%	
Total Carbohydrate 26 g	9%	
Dietary Fiber 4 g	16%	
Sugars 3 g		
Protein 15 g	30%	
Vitamin A 25%	•	Vitamin C 50%
Calcium 6%	•	Iron 15%
Vitamin D 100%	•	Vitamin E 25%
Thiamin 25%	•	Riboflavin 25%

Ultra Glucose Control is formulated for the nutritional management of glucose response. It is designed for individuals who may need additional support in controlling their blood sugar levels. Ultra Glucose Control delivers a ratio-balanced combination of carbohydrates, protein, and fat (40-30-30) to manage glucose response, consistent with recommendations from clinical centers. Formulated with MetaRelease™—a proprietary blend of slow-release, complex carbohydrates (UCAN SuperStarch®*) and fiber—along with high quality proteins and branched-chain amino acids, Ultra Glucose Control supports a balanced glucose response and sustained energy release.

Patient benefits:

- Supports a healthy insulin response, helping to manage glucose levels
- Provides satiety and supports muscle-building capacity

Ultra Glucose Control® Medical Food: Clinically shown to help maintain a sustained glucose response



¹Guico-Pabia C, Koch K, Bose T, et al. PR-670, a proprietary medical food, produces a favorable glycemic response in pre-diabetic healthy volunteers. Abstract and poster presented at Clinical Nutrition Week 2015 (February 2015, Long Beach, CA).

Niacin 25%	•	Vitamin B ₆ 25%
Folate 45%	•	Vitamin B ₁₂ 25%
Biotin 25%	•	Pantothenic Acid 25%
Phosphorus 20%	•	Magnesium 45%
Zinc 90%	•	Selenium 80%
Copper 80%	•	Manganese 100%
Chromium 100%	•	Chloride 4%

Ingredients: Heat-moisture treated amylopectin¹, pea protein isolate, sunflower oil, natural flavors, rice protein concentrate, erythritol, isomalto-oligosaccharide, magnesium glycinate, organic cane sugar, silica, L-leucine, Chinese cinnamon bark powder, guar gum, L-isoleucine, L-valine, xanthan gum, zinc gluconate, rebaudioside A (from *Stevia rebaudiana* leaf extract), ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, calcium L-5-methyltetrahydrofolate, selenomethionine, and methylcobalamin.

Directions: Take one serving one to two times daily, or as directed by your healthcare practitioner. Blend, shake, or briskly stir about 2 level scoops of Ultra Glucose Control (55 grams) into 10-12 fluid ounces of chilled water. Consume within 10 minutes of reconstitution.

This product is non-GMO and gluten free.

Warning: If you are taking blood sugar lowering medication, dosages may need to be altered when using this product. Please discuss this with your healthcare practitioner. This product has not been tested in pregnant or nursing women.

Notice: This medical food is to be used under the direct supervision of a physician or other licensed healthcare practitioner for patients with prediabetes or diabetes, or those who need support for glucose response management. Do not engage in any diet supplying less than 800 calories per day without medical supervision.

¹As UCAN SuperStarch™, which is a trademark of the UCAN Company.



UltraGI Replenish™ Medical Food

Support for patients with compromised gut function with digestive disorders including malabsorption



UltraGI Replenish is a medical food formulated to provide specialized macro- and micronutrient support for patients with compromised gut function with digestive disorders including malabsorption.

Patient benefits:

- Formulated with prebiotic fibers— isomalto-oligosaccharides (IMOs) and structurally identical to human milk oligosaccharides (HMOs), such as 2'-fucosyllactose (2'FL)
- 2'-fucosyllactose (2'FL) may support production of short chain fatty acids and butyrate
- Contains a total of 15 g protein per serving—12 g of pea/rice protein blend and 3 g of added essential amino acids and Sustamine®
- Sustamine® is an advanced alanine-glutamine dipeptide designed for enhanced absorption, stability, and solubility
- Provides essential nutrients to address malabsorption, including:
 - Methylated vitamin B₁₂ and calcium L-5-methyltetrahydrofolate, a bioavailable folate
 - Zinc as zinc gluconate to support gastrointestinal mucosa integrity

Flavor: Natural Chocolate Flavor (product information for this flavor is shown), Natural Vanilla Flavor

Form: 1 lb 4.24 oz (574 g) Powder

Serving size: 2 Scoops (41 g)

Calories	160
Total Fat	5 g
Saturated Fat [†]	1.5 g
<i>Trans</i> Fat	0 g
Polyunsaturated Fat	1 g
Monounsaturated Fat	2 g
Cholesterol	0 mg
Sodium	100 mg
Potassium	220 mg
Total Carbohydrate	17 g
Dietary Fiber	7 g
Sugars	4 g
Protein	12 g ^{††}
Vitamin A (retinyl palmitate)	1250 IU
Vitamin C	100 mg
Calcium	80 mg
Iron	3 mg
Vitamin D ₂ (as cholecalciferol)	400 IU
Vitamin E	7.5 IU
Thiamin	0.375 mg
Riboflavin	0.425 mg
Niacin	5 mg
Vitamin B ₆	0.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)	185.2 mcg
Vitamin B ₁₂ (as methylcobalamin)	1.5 mcg
Biotin	75 mcg
Pantothenic Acid	2.5 mg
Phosphorus	185 mg
Iodine	37.5 mcg
Magnesium	35 mg
Zinc	11.25 mg
Selenium	52.5 mcg
Copper	1.5 mg
Manganese	1.5 mg
Chromium	120 mcg
Chloride	260 mg
Alpha-Linolenic Acid (ALA) (from flaxseed)	400 mg
L-Alanyl-L-Glutamine ^{†††}	500 mg
Isomalto-Oligosaccharide	5 g
2'-Fucosyllactose (2'-FL)	2 g

Typical Amino Acid Profile per Serving*

L-Alanine	750 mg
L-Arginine ^{***}	1070 mg
L-Aspartic Acid	1360 mg
L-Cystine (Cysteine) ^{***}	150 mg
L-Glutamic Acid	2060 mg
L-Glutamine ^{***}	310 mg
Glycine ^{***}	510 mg
L-Histidine ^{**}	300 mg
L-Isoleucine (BCAA) ^{**}	1060 mg
L-Leucine (BCAA) ^{**}	1810 mg
L-Lysine ^{**} (as L-lysine HCl)	1650 mg
L-Methionine ^{**}	160 mg
L-Phenylalanine ^{**}	670 mg
L-Proline ^{***}	550 mg
L-Serine ^{***}	640 mg
L-Threonine ^{**}	470 mg
L-Tryptophan ^{**}	130 mg
L-Tyrosine ^{***}	490 mg
L-Valine (BCAA) ^{**}	1190 mg

Ingredients: Pea protein isolate, isomalto-oligosaccharide, rice protein concentrate, 2'-fucosyllactose powder, natural flavors, Dutch processed cocoa powder, flaxseed, high oleic sunflower oil, organic cane sugar, L-lysine HCl, dextrose, medium chain triglycerides, L-leucine, silica, L-valine, L-alanyl-L-glutamine, L-isoleucine, xanthan gum, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, calcium L-5-methyltetrahydrofolate, selenomethionine, and methylcobalamin), and Luo Han Guo fruit (monk fruit) extract.

Directions: Blend, shake, or briskly stir 2 level scoops (41 grams) into 8 fluid ounces of chilled water. Take twice daily, or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Notice: This product is to be used under the direct supervision of a physician or other licensed healthcare practitioner. Do not engage in any diet supplying less than 800 calories per day without medical supervision.

CAUTION: This medical food has not been studied in children and pregnant or nursing women. If taking medication or other nutritional supplements, consult your healthcare practitioner before use.

*Contributed by pea protein, added amino acids, rice protein, Sustamine®, and cocoa powder.

**Essential amino acid.

***Conditionally essential amino acid.

[†]Saturated fat content is contributed by a beneficial form of fat, medium chain triglycerides, which have recognized health benefits.

^{††}15 g total protein with added amino acids: L-lysine, L-leucine, L-valine, L-isoleucine, and Sustamine®.

^{†††}Sustamine® is a registered trademark of KYOWA HAKKO BIO CO., LTD.



Available in chocolate and vanilla in a wide variety of options, including 30-serving bags, 14-serving canisters, boxes of 7-single serving packets, plus starter kits, and sample boxes.

**UltraInflamX®
Medical Food**
Nutritional Support
for the Management
of Compromised Gut
Function in IBD



UltraInflamX is a medical food formulated to provide strategic macro- and micronutrient support for patients with compromised gut function resulting from inflammatory bowel disease, including ulcerative colitis and Crohn's disease. Provided in a proprietary, vegan pea/rice protein base, this formula addresses increased nutrient needs and potential deficiencies in these patients. This formula features CurQfen®, a clinically studied, patented curcumin blend designed for greater bioavailability and more reliable clinical outcomes. It has been demonstrated to have up to 45.5 times more free curcuminoids in human plasma compared to standard curcumin extract.

Patient benefits:

- Strategic macro- and micronutrient profiles to deliver targeted nutritional support for patients with IBD
- Proprietary vegan pea/rice protein blend
- Added essential amino acids, including branched chain amino acids
- Bioavailable curcumin (CurQfen®)¹
- Beneficial prebiotic fiber, in the form of isomalto-oligosaccharides (IMO)¹
- Improved taste & texture—preferred in consumer testing
- Each serving provides 400 mg alpha-linolenic acid (an omega-3 fatty acid) from flaxseed

Flavor: Chocolate Orange Flavor (product information for this flavor is shown), Original Spice Flavor, Natural Pineapple Banana Flavor, Tropical Mango Flavor

Form: 1 lb 6.71 oz (644 g) Powder

Serving size: About 2 scoops (46 g)

Calories	170
Total Fat	7 g
Saturated Fat*	1.5 g
Trans Fat	0 g
Polyunsaturated Fat	1.5 g
Monounsaturated Fat	2.5 g
Cholesterol	0 mg

Sodium	120 mg
Potassium	580 mg
Total Carbohydrate	16 g
Dietary Fiber	6 g
Sugars	4 g
Protein	13 g**
Vitamin A	1250 IU
Vitamin C	30 mg
Calcium	500 mg
Iron	3.5 mg
Vitamin D ₃ (as cholecalciferol)	400 IU
Vitamin E	7.5 IU
Thiamin	0.375 mg
Riboflavin	0.425 mg
Niacin	5 mg
Vitamin B ₆	0.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)	200 mcg
Vitamin B ₁₂ (as methylcobalamin)	3 mcg
Biotin	75 mcg
Pantothenic Acid	2.5 mg
Phosphorus	340 mg
Iodine	37.5 mcg
Magnesium	260 mg
Zinc	13 mg
Selenium	52.5 mcg
Copper	1.5 mg
Manganese	2.5 mg
Chromium	120 mcg

Chloride	280 mg
Alpha-Linolenic Acid (ALA) (from flaxseed)	400 mg
A Proprietary Mix of Curcumin (from <i>Curcuma longa</i> L rhizome extract) and Fenugreek Soluble Fiber (from <i>Trigonella foenum-graecum</i> seed extract)***	250 mg
Quercetin	200 mg
Rosemary (<i>Rosmarinus officinalis</i>) Leaf Extract	100 mg
Ginger (<i>Zingiber officinale</i>) Rhizome Extract (standardized to 5% (5 mg) total pungent compounds)	100 mg

Typical Amino Acid Profile per Serving†

L-Alanine	580 mg
L-Arginine††	1100 mg
L-Aspartic Acid	1400 mg
L-Cysteine (Cysteine)††	150 mg
L-Glutamic Acid	2120 mg
L-Glutamine††	750 mg
Glycine††	530 mg
L-Histidine†††	310 mg
L-Isoleucine (BCAA)†††	1030 mg
L-Leucine (BCAA)†††	1800 mg
L-Lysine†††	1620 mg
L-Methionine†††	170 mg
L-Phenylalanine†††	690 mg
L-Proline††	570 mg
L-Serine††	660 mg
L-Threonine†††	490 mg
L-Tryptophan†††	140 mg
L-Tyrosine††	510 mg
L-Valine (BCAA)†††	1190 mg

Ingredients: Pea protein isolate, isomalto-oligosaccharide, Dutch processed cocoa powder, rice protein concentrate, rice bran, calcium citrate, high oleic sunflower oil, flaxseed, magnesium citrate, organic cane sugar, natural flavors, medium chain triglycerides, L-lysine HCl, silica, L-leucine, L-glutamine, L-valine, dipotassium phosphate, L-isoleucine, a proprietary mix of curcumin and fenugreek soluble fiber, quercetin, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, methylcobalamin, calcium L-5-methyltetrahydrofolate, and selenomethionine), rosemary leaf extract, malic acid, xanthan gum, ginger rhizome extract, Luo Han Guo fruit (monk fruit) extract, and guar gum.

Directions: Blend, shake, or briskly stir 2 level scoops of UltraInflamX (46 g) into 8 fluid ounces of chilled water, juice, or acceptable fruit as listed in the dietary guidelines. Take twice per day or as recommended by your healthcare practitioner. Refer to the UltraInflamX Medical Food program guide for easy-to-follow guidelines, tips, recipes, and more.

This product is non-GMO and gluten free.

Warning: If pregnant, nursing, or taking prescription drugs†, consult your healthcare practitioner prior to use. Keep out of the reach of children.

Notice: This product is to be used under the direct supervision of a physician or other licensed healthcare practitioner.

*Saturated fat content is contributed by a beneficial form of fat, medium chain triglycerides, which have recognized health benefits.
**16 g total protein with added amino acids: L-lysine, L-leucine, L-glutamine, L-valine, and L-isoleucine.
***CurQfen® is a registered trademark of Akay Flavours & Aromatics Pvt. Ltd and Bioactives American Corporation.
†Contributed by pea protein, added amino acids, rice protein, and cocoa powder.
††Conditionally essential amino acid.
†††Essential amino acid.
† Such as anticoagulant or antiplatelet medication.

**UltraInflamX®
Plus 360°
Medical Food**
Advanced Nutritional
Support for the
Management of
Compromised Gut Function in IBD



UltraInflamX Plus 360° is a medical food formulated to provide strategic macro- and micronutrient support for patients with compromised gut function resulting from inflammatory bowel disease, including ulcerative colitis and Crohn's disease.

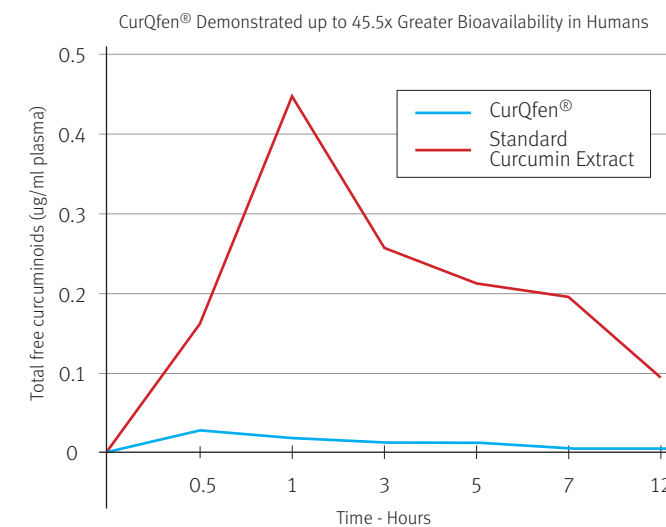
Patient benefits:

- Strategic macro- and micronutrient profiles to deliver targeted nutritional support for patients with IBD
- Proprietary vegan pea/rice protein blend with added amino acids (including 50% essential amino acids, including branched-chain amino acids) and L-glutamine to support lean tissue and intestinal mucosal cells
- Features CurQfen®, a clinically studied, patented curcumin blend designed for greater bioavailability and more reliable clinical outcomes
- CurQfen® has been demonstrated to have up to 45.5 times more free curcuminoids in human plasma compared to standard curcumin extract
- Next generation selective kinase response modulators (SKRMs) in XNT ProMatrix™—a proprietary protein matrix technologically designed to enhance delivery of high quality xanthohumol from hops

Advanced Nutritional Support for the Management of Compromised Gut Function in IBD

UltraInflamX® Plus 360° Medical Food is available in a variety of delicious flavor choices, including Chocolate Orange, Original Spice, Pineapple Banana, Natural Orange, and Tropical Mango.

Your gut, and your taste buds will thank you.



Formulated for greater curcumin bioavailability with CurQfen®

UltraInflamX® Plus 360° features CurQfen®, a clinically studied, patented curcumin blend, demonstrated to have up to 45.5 times more free curcuminoids in human plasma compared to standard curcumin extract.*

In a randomized, crossover study of 50 subjects, the CurQfen® group demonstrated 45.5-fold more bioavailability of free curcuminoids in plasma (AUC) as per HPLC-PDA detection method. Subjects were given a single dose of 400 mg of curcumin in each group and curcumin levels were measured over 12 hours. No glucuronidase enzyme was used for the treatment of blood to convert the glucuronides to free curcumin; therefore, the quantification is mainly for the free curcuminoids (curcumin, demethoxycurcumin, and bisdemethoxycurcumin). Data represented as Mean±SEM.¹

1. Kumar D. et al, Enhanced bioavailability and relative distribution of free (unconjugated) curcuminoids following the oral administration of a food-grade formulation with fenugreek dietary fibre: A randomised double-blind crossover study. *Journal of Functional Foods*. 2016;22: 578–587.

- XNT ProMatrix™ provides 81% more bioavailability than standard xanthohumol
- Isomalto-oligosaccharides (IMO), a prebiotic that encourages the production of short-chain fatty acids (SCFAs), which promote intestinal mucosal health and a healthy intestinal environment
- The fat profile includes flaxseed oil, a source of alpha-linolenic acid (an omega-3 fatty acid) and medium chain triglycerides, a rapidly absorbed lipid source
- 20+ vitamins and minerals, including key micronutrient forms designed for enhanced bioavailability (folate, B₁₂, D₃) to help address increased nutrient needs

- 6 g of fiber per serving

Flavor: Natural Pineapple Banana Flavor, (product information for this flavor is shown), Chocolate Orange Flavor, Natural Orange Flavor, Original Spice Flavor, Tropical Mango Flavor

Form: 1 lb 6.71 oz (644 g) Powder

Serving size: 2 Scoops (46 g)

Calories	170
Total Fat	7 g
Saturated Fat†	1.5 g
<i>Trans</i> Fat	0 g
Polyunsaturated Fat	1.5 g
Monounsaturated Fat	2.5 g
Cholesterol	0 mg
Sodium	120 mg
Potassium	350 mg
Total Carbohydrate	16 g
Dietary Fiber	6 g
Sugars	4 g
Protein	13 g††
Vitamin A	1250 IU
Vitamin C	30 mg
Calcium	500 mg
Iron	3.5 mg
Vitamin D ₃ (as cholecalciferol)	400 IU
Vitamin E	7.5 IU
Thiamin	0.375 mg
Riboflavin	0.425 mg
Niacin	5 mg
Vitamin B ₆	0.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)	200 mcg
Vitamin B ₁₂ (as methylcobalamin)	3 mcg
Biotin	75 mcg
Pantothenic Acid	2.5 mg
Phosphorus	340 mg
Iodine	37.5 mcg
Magnesium	260 mg
Zinc	13 mg
Selenium	52.5 mcg
Copper	1.5 mg

Manganese	2.5 mg
Chromium	120 mcg
Chloride	280 mg
Alpha-Linolenic Acid (ALA) (from flaxseed)	400 mg
A Proprietary Mix of Curcumin (from <i>Curcuma longa</i> L rhizome extract) and Fenugreek Soluble Fiber (from <i>Trigonella foenum-graecum</i> seed extract)††	250 mg
Protein Matrix and Polyphenols from Hops (<i>Humulus lupulus</i> L.) Cone Extract (standardized to 2.5% xanthohumol)	250 mg
Quercetin	200 mg
Rosemary (<i>Rosmarinus officinalis</i>) Leaf Extract	100 mg
Ginger (<i>Zingiber officinale</i>) Rhizome Extract [standardized to 5% (5 mg) total pungent compounds]	100 mg

Typical Amino Acid Profile per Serving*

L-Alanine	570 mg
L-Arginine***	1120 mg
L-Aspartic Acid	1410 mg
L-Cystine (Cysteine)***	150 mg
L-Glutamic Acid	2130 mg
L-Glutamine***	750 mg
Glycine***	520 mg
L-Histidine**	320 mg
L-Isoleucine (BCAA)**	1040 mg
L-Leucine (BCAA)**	1820 mg
L-Lysine**	1630 mg
L-Methionine**	170 mg
L-Phenylalanine**	690 mg
L-Proline	560 mg
L-Serine***	660 mg
L-Threonine**	480 mg
L-Tryptophan**	130 mg
L-Tyrosine***	510 mg
L-Valine (BCAA)**	1180 mg

Ingredients: Pea protein isolate, isomalto-oligosaccharide, rice protein concentrate, rice bran, natural flavors, organic cane sugar, calcium citrate, high oleic sunflower oil, flaxseed, magnesium citrate, medium chain triglycerides, L-lysine HCl, silica, L-leucine, L-glutamine, L-valine, dipotassium phosphate, L-isoleucine, protein matrix and polyphenols from hops extract, a proprietary mix of curcumin and fenugreek soluble fiber, quercetin, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, methylcobalamin, calcium L-5-methyltetrahydrofolate, and selenomethionine), malic acid, xanthan gum, ginger rhizome extract, rosemary leaf extract, Luo Han Guo fruit (monk fruit) extract, and guar gum.

Directions: Blend (for no longer than 15 seconds), shake, or briskly stir 2 level scoops of UltraInflamX Plus 360° (46 g) into 8 fluid ounces of chilled water, juice, or acceptable fruit as listed in the dietary guidelines. Take twice per day or as recommended by your healthcare practitioner. Consume within 10 minutes of reconstitution. Refer to the UltraInflamX Medical Food program guide for easy-to-follow guidelines, tips, recipes, and more.

This product is non-GMO and gluten free.

Warning: If pregnant, nursing, or taking prescription drugs†, consult your healthcare practitioner prior to use. Keep out of the reach of children.

Notice: This product is to be used under the direct supervision of a physician or other licensed healthcare practitioner.

*Contributed by pea protein, added amino acids, and rice protein

**Essential amino acid.

***Conditionally essential amino acid.

†Saturated fat content is contributed by a beneficial form of fat, medium chain triglycerides, which have recognized health benefits.

††16 g total protein with added amino acids: L-lysine, L-leucine, L-glutamine, L-valine, and L-isoleucine.

‡Such as anticoagulant or antiplatelet medication.

‡‡CurQfen® is a registered trademark of Akay Flavours & Aromatics Pvt. Ltd and Bioactives American Corporation.

UltraMeal® Advanced Protein Medical Food

Nutritional Support for
Age-Related Muscle Loss



UltraMeal Advanced Protein

provides support for the nutritional

management of patients with sarcopenia.

This advanced formula provides essential

amino acids, including added leucine, to

support the healthy aging of skeletal muscle

and to help address sarcopenia, the age-

associated loss of skeletal muscle mass.

Patient benefits:

- 17 g of intact protein from a proprietary blend of pea and rice proteins + 3 g of added EAA for 20 g of protein
- 10 g (half the total protein) of essential amino acids, including 5 g of BCAAs, for better support of muscle growth and maintenance
- Cocoa polyphenols to help support processes that contribute to healthy blood flow and vascular function
- B vitamins—including calcium L-5-methyltetrahydrofolate—a nature-identical folate—and methylcobalamin (vitamin B₆)—to support cardiovascular health
- 5 g of fiber, including prebiotic fiber
- 25 essential vitamins and minerals to support protein synthesis and healthy functioning throughout the body

Flavor: Dutch Chocolate Flavor, (product information for this flavor is shown), French Vanilla Flavor, Plain

Form: 1 lb 6.71 oz (644 g) Powder

Serving size: About 2 scoops (46 g)

Calories	180
Total Fat	6 g
Saturated Fat	1 g
<i>Trans</i> Fat	0 g
Polyunsaturated Fat	1.5 g
Monounsaturated Fat	3 g
Cholesterol	0 mg
Sodium	180 mg
Potassium	270 mg
Total Carbohydrate	15 g
Dietary Fiber	5 g
Sugars	3 g
Protein	17 g†
Vitamin A	1250 IU
Vitamin C	30 mg
Calcium	70 mg
Iron	5 mg
Vitamin D	400 IU
Vitamin E	7.5 IU
Thiamin	0.375 mg
Riboflavin	0.425 mg
Niacin	5 mg
Vitamin B ₆	0.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)	185.2 mcg
Vitamin B ₁₂ (as methylcobalamin)	1.5 mcg
Biotin	75 mcg
Pantothenic Acid	2.5 mg
Phosphorus	240 mg
Iodine	37.5 mcg
Magnesium	150 mg
Zinc	11.25 mg
Selenium	52.5 mcg
Copper	1.5 mg
Manganese	1.5 mg
Chromium	120 mcg
Chloride	220 mg
Total Polyphenols (from cocoa beans)	100 mg
Alpha-Linolenic Acid (ALA) (from flaxseed)	500 mg

Typical Amino Acid Profile per Serving*

L-Alanine	790 mg
L-Arginine***	1520 mg
L-Aspartic Acid	1920 mg
L-Cystine (Cysteine)***	210 mg
L-Glutamic Acid	2910 mg
Glycine***	720 mg
L-Histidine**	430 mg
L-Isoleucine (BCAA)**	1300 mg
L-Leucine (BCAA)**	2420 mg
L-Lysine** (as L-lysine HCl)	1430 mg
L-Methionine**	230 mg
L-Phenylalanine**	940 mg
L-Proline ***	770 mg
L-Serine***	900 mg
L-Threonine**	1560 mg
L-Tryptophan**	180 mg
L-Tyrosine***	700 mg
L-Valine (BCAA)**	1360 mg

Ingredients: Pea protein isolate, isomalto-oligosaccharide, rice protein concentrate, natural flavors, high oleic sunflower oil, flaxseed, Dutch processed cocoa powder, magnesium bis-glycinate, L-leucine, cocoa polyphenols, L-threonine, silica, organic cane sugar, L-isoleucine, L-valine, L-lysine HCl, guar gum, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, calcium L-5-methyltetrahydrofolate, selenomethionine, and methylcobalamin), xanthan gum, and Luo Han Guo fruit (monk fruit) extract.

Directions: Take one serving one to two times daily, or as directed by your healthcare practitioner. Blend, shake, or briskly stir 2 scoops (46 g) into 8-10 ounces of chilled water.

This product is non-GMO and gluten free.

Notice: This product is to be used under the direct supervision of a physician or other licensed healthcare practitioner. Do not engage in any diet supplying less than 800 calories per day without medical supervision.

*Contributed by pea protein, added amino acids, rice protein, and cocoa powder.

**Essential amino acid.

***Conditionally essential amino acid.

†20 g total protein including added amino acids: L-leucine, L-threonine, L-isoleucine, L-valine, and L-lysine.

UltraMeal® Cardio 360™ Pea/Rice Protein Medical Food



UltraMeal Cardio 360° is a

medical food formulated

to provide specialized nutritional support

within a nutritional management program

for dyslipidemia by supplying a combination

of phytosterols, bioavailable xanthohumol

from hops (XNT ProMatrix™), beneficial

macronutrient ratio, 5 g of fiber (including

prebiotic isomalto-oligosaccharides),

antioxidant nutrients (vitamins C and E),

and a proprietary pea/rice protein base

with added amino acids. As part of a heart

healthy eating plan the addition of 1.8 g/day

of plant sterols/stanols has been shown to

lead to beneficial changes in LDL cholesterol

in individuals with hypercholesterolemia.

Patient benefits:

- Phytosterols as Reducol®—clinically shown to help reduce LDL-C levels in hypercholesterolemia patients
- Next generation SKRMs in the form of XNT ProMatrix™ (250 mg/serving), a proprietary combination of xanthohumol with a protein matrix—clinically demonstrated to enhance bioavailability
- Scientifically designed carbohydrate profile:
 - 14 g total carbohydrate per serving
 - 5 g of fiber per serving, including prebiotic isomalto-oligosaccharides (IMOs)
 - 4 g of sugars per serving
 - Sweetened with organic cane sugar and monk fruit extract
- 20+ essential vitamins and minerals to support healthy metabolic function
- Calcium L-5-methyltetrahydrofolate (a body-ready folate) and vitamin B₁₂ as methylcobalamin to promote healthy homocysteine levels for cardiovascular health
- Pea/rice protein base features added essential amino acids, including branched-chain amino acids (BCAAs), to support lean body mass

Flavor: Natural Pear Flavor, (product information for this flavor is shown), Natural Chocolate Flavor, Natural Vanilla Flavor

Form: 1 lb 1.77 oz (504 g) Powder

Serving size: 2 Scoops (36 g)

Calories	150
Total Fat	5 g
Saturated Fat	1 g
Trans Fat	0 g
Polyunsaturated Fat	1 g
Monounsaturated Fat	2.5 g
Cholesterol	0 mg
Sodium	130 mg
Potassium	90 mg
Total Carbohydrate	14 g
Dietary Fiber	5 g
Sugars	4 g
Protein	13 g†
Vitamin A (retinyl palmitate)	1250 IU
Vitamin C	30 mg
Calcium	150 mg
Iron	3 mg
Vitamin D ₃ (as cholecalciferol)	400 IU
Vitamin E	7.5 IU
Thiamin	0.375 mg
Riboflavin	0.425 mg
Niacin	5 mg
Vitamin B ₆	0.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)	200 mcg
Vitamin B ₁₂ (as methylcobalamin)	3 mcg
Biotin	75 mcg
Pantothenic Acid	2.5 mg
Phosphorus	280 mg
Iodine	37.5 mcg
Magnesium	80 mg
Zinc	13 mg
Selenium	52.5 mcg
Copper	2 mg
Manganese	2 mg
Chromium	120 mcg
Chloride	220 mg
Plant Sterols (including 700 mg beta-sitosterol)	900 mg
Alpha-Linolenic Acid (ALA) (from flaxseed)	400 mg
Protein Matrix and Polyphenols from Hops (<i>Humulus lupulus</i> L) Cone Extract (standardized to 2.5% xanthohumol)	250 mg

Typical Amino Acid Profile per Serving*

L-Alanine	570 mg
L-Arginine***	1130 mg
L-Aspartic Acid	1430 mg
L-Cystine (Cysteine)***	150 mg
L-Glutamic Acid	2140 mg
Glycine***	520 mg
L-Histidine**	320 mg
L-Isoleucine (BCAA)**	790 mg
L-Leucine (BCAA)**	1790 mg
L-Lysine** (as L-lysine HCl)	1800 mg
L-Methionine**	160 mg
L-Phenylalanine**	700 mg
L-Proline ***	570 mg
L-Serine***	660 mg
L-Threonine**	490 mg
L-Tryptophan**	130 mg
L-Tyrosine***	510 mg
L-Valine (BCAA)**	1130 mg

Ingredients: Pea protein isolate, isomalto-oligosaccharide, rice protein concentrate, organic cane sugar, high oleic sunflower oil, flaxseed, L-lysine HCl, phytosterols, L-leucine, silica, natural flavors, magnesium citrate, L-valine, guar gum, protein matrix and polyphenols from hops extract, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, methylcobalamin, calcium L-5-methyltetrahydrofolate, and selenomethionine), L-isoleucine, dicalcium phosphate, Luo Han Guo fruit (monk fruit) extract, and xanthan gum.

Directions: Blend (for no longer than 15 seconds), shake, or briskly stir about 2 level scoops of UltraMeal Cardio 360° (36 g) into 8 ounces of chilled water twice daily, or as directed by your healthcare practitioner.

Consume within 10 minutes of reconstitution. You may also blend with ice cubes and/or your favorite fruit.

This product is non-GMO and gluten free.

Caution: This medical food has not been studied in children and pregnant or nursing women. If taking medication or other nutritional supplements, consult your healthcare practitioner before use.

Notice: This is a medical food for adults to be administered under the supervision of a healthcare provider. Keep out of reach of children. Do not engage in any diet supplying less than 800 calories per day without medical supervision.

*Contributed by pea protein, rice protein, and added amino acids. **Essential amino acid.

***Conditionally essential amino acid.

†15 g total protein with added amino acids: L-leucine, L-isoleucine, L-lysine, and L-valine.

UltraMeal® Cardio 360™ Medical Food Soy Protein



UltraMeal Cardio 360° is a medical food formulated

to provide specialized nutritional support within a nutritional management program for dyslipidemia by supplying a combination of phytosterols, bioavailable xanthohumol from hops (XNT ProMatrix™), beneficial macronutrient ratio, 5 g fiber (including prebiotic isomalto-oligosaccharides), antioxidant nutrients (vitamins C and E), and a soy protein base with added amino acid. As part of a heart healthy eating plan the addition of 1.8 g/day of plant sterols/stanols has been shown to lead to beneficial changes in LDL cholesterol in individuals with hypercholesterolemia.

Patient benefits:

- Phytosterols as Reducol®—clinically shown to help reduce LDL-C levels in hypercholesterolemia patients
- Next generation SKRMs in the form of XNT ProMatrix™ (250 mg/serving), a proprietary combination of xanthohumol with a protein matrix—clinically demonstrated to enhance bioavailability
- Scientifically designed carbohydrate profile:
 - 12 g total carbohydrate per serving for soy protein option (14 g for Natural Cranberry Pomegranate Flavor)
 - 5 g of fiber per serving, including prebiotic isomalto-oligosaccharides (IMOs)
 - 4 g of sugars per serving
 - Sweetened with organic cane sugar and monk fruit extract
- 20+ essential vitamins and minerals to support healthy metabolic function
- Calcium L-5-methyltetrahydrofolate (a body-ready folate) and vitamin B₁₂ as methylcobalamin to promote healthy homocysteine levels for cardiovascular health
- Soy protein base features added essential amino acids, including branched-chain amino acids (BCAAs), to support lean body mass

Flavor: Natural Cranberry Pomegranate Flavor, (product information for this flavor is shown), Natural Chocolate Flavor, Natural Vanilla Flavor

Form: 1 lb 1.77 oz (504 g) Powder

Serving size: 2 Scoops (36 g)

Calories	150
Total Fat	5 g
Saturated Fat	1 g
Trans Fat	0 g
Polyunsaturated Fat	1 g
Monounsaturated Fat	2.5 g
Cholesterol	0 mg
Sodium	130 mg
Potassium	90 mg
Total Carbohydrate	14 g
Dietary Fiber	5 g
Sugars	4 g
Protein	13 g†
Vitamin A (retinyl palmitate)	1250 IU
Vitamin C	30 mg
Calcium	150 mg
Iron	3 mg
Vitamin D ₃ (as cholecalciferol)	400 IU
Vitamin E	7.5 IU
Thiamin	0.375 mg
Riboflavin	0.425 mg
Niacin	5 mg
Vitamin B ₆	0.5 mg
Folate (as calcium L-5-methyltetrahydrofolate)	200 mcg
Vitamin B ₁₂ (as methylcobalamin)	3 mcg
Biotin	75 mcg
Pantothenic Acid	2.5 mg
Phosphorus	280 mg

Bold Nutritional Support for Dyslipidemia. Bold New Flavors.

UltraMeal® Cardio 360™ Medical Food is scientifically formulated for use with a heart-healthy eating plan as a medical nutrition therapy for dyslipidemia, and may be appropriate for patients who have metabolic syndrome, cardiovascular disease, and/or central obesity.

Iodine	37.5 mcg
Magnesium	80 mg
Zinc	13 mg
Selenium	52.5 mcg
Copper	2 mg
Manganese	2 mg
Chromium	120 mcg
Chloride	220 mg
Plant Sterols (including 700 mg beta-sitosterol)	900 mg
Alpha-Linolenic Acid (ALA) (from flaxseed)	400 mg
Protein Matrix and Polyphenols from Hops (<i>Humulus lupulus</i> L) Cone Extract (standardized to 2.5% xanthohumol)	250 mg

Typical Amino Acid Profile per Serving*

L-Alanine	390 mg
L-Arginine***	1060 mg
L-Aspartic Acid	1530 mg
L-Cystine (Cysteine)***	150 mg
L-Glutamic Acid	2010 mg
Glycine***	560 mg
L-Histidine**	370 mg
L-Isoleucine (BCAA)**	840 mg
L-Leucine (BCAA)**	1820 mg
L-Lysine** (as L-lysine HCl)	1590 mg
L-Methionine**	160 mg
L-Phenylalanine**	720 mg
L-Proline ***	650 mg
L-Serine***	790 mg
L-Threonine**	560 mg
L-Tryptophan**	190 mg
L-Tyrosine***	530 mg
L-Valine (BCAA)**	1100 mg

Ingredients: Soy protein isolate, isomalto-oligosaccharide, organic cane sugar, high oleic sunflower oil, flaxseed, phytosterols, L-lysine HCl, L-leucine, silica, magnesium citrate, maltodextrin, L-valine, citric acid, guar gum, hibiscus and black carrot juice (color), natural flavors, protein matrix and polyphenols from hops extract, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, methylcobalamin, calcium L-5-methyltetrahydrofolate, and selenomethionine), L-isoleucine, dicalcium phosphate, Luo Han Guo fruit (monk fruit) extract, and xanthan gum. **Contains: Soy.**

Directions: Blend (for no longer than 15 seconds), shake, or briskly stir about 2 level scoops of UltraMeal Cardio 360° (36 g) into 8 ounces of chilled water twice daily, or as directed by your healthcare practitioner. **Consume within 10 minutes of reconstitution.** You may also blend with ice and/or your favorite fruit.

This product is non-GMO and gluten free.

Caution: This medical food has not been studied in children and pregnant or nursing women. If taking medication or other nutritional supplements, consult your healthcare practitioner before use.

Notice: This is a medical food for adults to be administered under the supervision of a healthcare provider. Keep out of reach of children. Do not engage in any diet supplying less than 800 calories per day without medical supervision.

*Contributed by soy protein and added amino acids.

**Essential amino acid.

***Conditionally essential amino acid.

†15 g total protein with added amino acids: L-leucine, L-isoleucine, L-lysine, and L-valine.



Product Quality Index

Product Description	Gluten Free	Vegetarian	Non-GMO
500-C Methoxyflavone™	✓	✓	✓
Acute Phase (products included)	✓		✓
Adrenogen®	✓		✓
Adreset®	✓	✓	✓
AdvaClear®	✓		✓
Andrographis Plus®	✓	✓	✓
Arginine Plus™	✓	✓	✓
Attencia®	✓		
Benesom®	✓	✓	✓
BioPure Protein®	✓		✓
BioSōm®	✓	✓	✓
Black Cohosh Plus®	✓	✓	✓
Blisphora®	✓	✓	✓
Cal Apatite® Bone Builder®	✓		✓
Cal Apatite® Bone Builder® Active	✓		✓
Cal Apatite® Bone Builder® Boron	✓		✓
Cal Apatite® Bone Builder® Chewable	✓		✓
Cal Apatite® Bone Builder® Extra Strength	✓		✓
Cal Apatite® Bone Builder® Forte	✓		✓
Cal Apatite® Bone Builder® Magnesium	✓		✓
Cal Apatite® Bone Builder® Prime	✓		✓
Cal Apatite® Bone Builder® Vegetarian	✓	✓	✓
CandiBactin-AR®	✓		✓
CandiBactin-BR®	✓	✓	✓
Cardiogenics® Intensive Care	✓	✓	✓
Celapro®	✓		✓
Cenitol®	✓	✓	✓
Ceralin® Forte	✓		✓
Ceriva®	✓		✓
Chasteberry Plus®	✓	✓	✓
Cholestrel SC®	✓	✓	✓
ChondroCare®	✓		✓
Chromium Picolinate	✓	✓	✓
Clear Change® Metabolic Detoxification Program (products included)	✓		✓
Clear Change® Daily Essentials (products included)	✓		✓
Collagenics®	✓		✓
Concentrated Ultra Prostagren®	✓		✓
CoQ10 ST-100®	✓		
CoQ10 ST-200®	✓		
Coratin®	✓	✓	✓
Cortico-B ₂ B ₆ ®	✓	✓	✓
D ₃ 1000™	✓		✓
D ₃ 2000 Complex™	✓		✓
D ₃ 5000™	✓		✓
D ₃ 10,000 w K ₂	✓		✓
D ₃ Liquid™	✓		✓
E Complex 1:1™	✓		
E-400 Selenium™	✓	✓	
EC Matrix®	✓	✓	✓
Echinacea Synergy™	✓		✓
Endefen®	✓		✓
Endura®	✓	✓	✓
Energenics® (products included)	✓		
Essential Defense®	✓	✓	✓
Estrium®	✓		✓
Estrium® Whey	✓		✓

Product Description	Gluten Free	Vegetarian	Non-GMO
EstroFactors®	✓		✓
Estrovera®	✓	✓	✓
Exhilarin®	✓	✓	✓
EZ Flex®	✓	✓	✓
Fem Essentials®	✓		✓
Fem EstroPlex®	✓	✓	✓
Fem Premenstrual®	✓	✓	✓
Fem Prenatal®	✓		✓
Fenugreek Plus®	✓		✓
Fibroplex®	✓	✓	✓
FolaPro®	✓	✓	✓
GI Sustain™	✓		✓
GinkgoRose™	✓	✓	✓
Glucosamine Sulfate	✓		✓
Glucosamine Sulfate 750	✓		✓
GlutaClear®	✓		✓
Glutagenics®	✓	✓	✓
Glycogenics®	✓	✓	✓
Healthy Transformation™ Advanced Nutrition (products included)	✓		✓
Healthy Transformation™ Protein Shake	✓		✓
Healthy Transformation™ Vegetable Soup	✓	✓	✓
Hemagenics®	✓	✓	✓
Herbulk®	✓	✓	✓
HerSynergy®	✓	✓	✓
HisSynergy™	✓	✓	✓
Immucore®	✓		✓
Inflavonoid®	✓	✓	✓
Inflavonoid Intensive Care®	✓	✓	✓
Insinase®	✓	✓	✓
Intesol®	✓		
Intrinsic B ₁₂ /Folate™	✓		✓
Kaprex®	✓		✓
Kaprex® AI	✓		✓
L-Carnitine	✓	✓	✓
Licorice Plus®	✓	✓	✓
Lipo-Gen™	✓	✓	✓
Lipotain®	✓	✓	✓
Mag Citrate™	✓	✓	✓
Mag Glycinate	✓	✓	✓
Meta I-3-C®	✓	✓	✓
Meta Lipoate®	✓	✓	✓
MetaFiber®		✓	✓
MetaGlycemX™	✓		✓
MetalloClear®	✓	✓	✓
MetaRelief® (products included)	✓		✓
Meta-Sitosterol™ 2.0	✓	✓	
Mg/K Aspartate™	✓	✓	✓
MitoVive™	✓	✓	✓
Multigenics®	✓		✓
Multigenics® without Iron	✓		✓
Multigenics® Chewable	✓		✓
Multigenics® Intensive Care	✓		✓
Multigenics® Intensive Care without Iron	✓		✓
Multi-Min Chelate™	✓		✓
Myciferon®	✓	✓	✓
Mycotaki®	✓	✓	✓

Product Description	Gluten Free	Vegetarian	Non-GMO
MyoCalm®	✓	✓	✓
MyoCalm P.M.®	✓	✓	✓
Mycotaki®	✓	✓	✓
NanoCell-Q™	✓	✓	✓
Nazanol™	✓	✓	✓
Neurosol®	✓		✓
Niatain®	✓	✓	✓
NuSera®	✓		✓
NutraGems® CoQ10 300	✓		✓
OmegaGenics® DHA 600	✓		✓
OmegaGenics® DHA 900	✓		✓
OmegaGenics® DHA Children's	✓		✓
OmegaGenics® EFA 1000 Combination	✓		✓
OmegaGenics® EPA 500	✓		✓
OmegaGenics® EPA 1200	✓		✓
OmegaGenics® EPA-DHA 300	✓		✓
OmegaGenics® EPA-DHA 300 Algae	✓		✓
OmegaGenics® EPA-DHA 500	✓		✓
OmegaGenics® EPA-DHA 500 EC	✓		✓
OmegaGenics® EPA-DHA 720	✓		✓
OmegaGenics® EPA-DHA 750	✓		✓
OmegaGenics® EPA-DHA 1000	✓		✓
OmegaGenics® EPA-DHA 1200	✓		✓
OmegaGenics® EPA-DHA 2400	✓		✓
OmegaGenics® Evening Primrose Oil	✓		✓
OmegaGenics® GLA 240	✓		
OmegaGenics® Mega 10®	✓		✓
OmegaGenics® SPM Active	✓		✓
OsteoVantiv®	✓		✓
Ostera®	✓		✓
Perimine®	✓	✓	✓
PhytoGANIX®	✓	✓	✓
PhytoMulti®	✓		✓
PhytoMulti® Capsules	✓		✓
PhytoMulti® with Iron	✓		✓
PhytoMulti® Kids	✓		✓
Pneumo-Carotene™	✓		✓
Probioplex® Intensive Care	✓		✓
Probioplex Intensive Care Powder	✓		✓
Protrypsin®	✓		✓
Renagen™ DTX	✓		✓
Selestro®	✓	✓	✓
Serenagen®	✓	✓	✓
SeroSyn™	✓	✓	✓
Silymarin 80™	✓	✓	✓
Sinuplex™	✓		✓
SpectraSoy®	✓	✓	✓
SpectraZyme® Complete			✓
SpectraZyme® Gluten Digest	✓	✓	✓
SpectraZyme® Metagest®	✓		✓
SpectraZyme® Pan 9x	✓		✓
SpectraZyme® Pan 9x ES	✓		✓
St. John's Wort	✓	✓	✓
SulforaClear™	✓	✓	✓
SuperGarlic 6000®	✓	✓	✓
Testralin®	✓		

Product Description	Gluten Free	Vegetarian	Non-GMO
Thyrosol®	✓		✓
Trancor®	✓		✓
Tran-Q®		✓	✓
Ultra Calm Bar	✓		
Ultra CLA®	✓		
Ultra Energy Bar	✓		
Ultra Glucose Control® Medical Food	✓		✓
Ultra Potent-C® 500	✓		✓
Ultra Potent-C® 1000	✓		✓
Ultra Potent C® Chewable	✓		✓
Ultra Potent-C® Powder	✓		✓
Ultra Protein Bar	✓		
UltraBalance® Protein	✓		✓
UltraCare for Kids®	✓		✓
UltraClear® Protein	✓		✓
UltraClear® PLUS	✓		✓
UltraClear® PLUS pH	✓		✓
UltraClear® RENEW	✓		✓
UltraFlora® Acute Care	✓	✓	✓
UltraFlora® Baby	✓	✓	✓
UltraFlora® Balance	✓	✓	✓
UltraFlora® Children's	✓	✓	
UltraFlora® IB	✓	✓	✓
UltraFlora® Immune Booster	✓	✓	✓
UltraFlora® Intensive Care	✓	✓	✓
UltraFlora® Restore	✓	✓	✓
UltraFlora® Spectrum	✓	✓	✓
UltraFlora® Synergy	✓	✓	✓
UltraFlora® Women's	✓		✓
UltraGI Replenish™ Medical Food	✓		✓
UltraInflamX® Medical Food	✓		✓
UltraInflamX® Plus 360° Medical Food	✓		✓
UltraMeal® Advanced Protein Medical Food	✓		✓
UltraMeal®	✓		✓
UltraMeal® Cardio 360°™ Pea/Rice Protein Medical Food	✓		✓
UltraMeal® Cardio 360°™ Soy Protein Medical Food	✓		✓
UltraMeal® Daily Support	✓		✓
UltraMeal® Rice	✓		✓
UltraMeal® Whey	✓		✓
Vasotensin®	✓		✓
VenaPlex®	✓	✓	✓
Vessel Care®	✓		✓
Wellness Essentials® (products included)	✓		✓
Wellness Essentials® Active (products included)	✓		✓
Wellness Essentials® Healthy Balance (products included)	✓		✓
Wellness Essentials® Men's Vitality (products included)	✓		
Wellness Essentials® Pregnancy (products included)	✓		✓
Wellness Essentials® Women's (products included)	✓		✓
Wellness Essentials® Women's Prime (products included)	✓		✓
Zinc A.G.™	✓	✓	✓
Zinc Drink™	✓	✓	✓
Zinc Tally™	✓	✓	✓
Zinlori 75®	✓	✓	✓

Product Health Category Index

Blood Sugar Balance
Chromium Picolinate
Fenugreek Plus®
Insinase®
L-Carnitine with Chromium
Meta Lipoate® 300
MetaGlycemX™
Ultra Glucose Control® Medical Food
Wellness Essentials® Healthy Balance
Body Composition
Healthy Transformation™ Protein Shake
Healthy Transformation™ Vegetable Soup
Ultra CLA®
Ultra Protein Bar
UltraBalance® Protein
UltraMeal®
UltraMeal® Daily Support
UltraMeal® Advanced Protein
UltraMeal® Rice
UltraMeal® Whey
Cardiometabolic Health
Arginine Plus™
Cardiogenics® Intensive Care
Cholestrest SC™
CoQ10 ST-100®
CoQ10 ST-200®
Coratin™
E Complex-1:1™
E-400protein Selenium™
FolaPro®
Lipotain®
Mag Glycinate
Meta-Sitosterol™ 2.0
NanoCell-Q™
Niatain®
NutraGems® CoQ10 300
OmegaGenics® EPA-DHA 300
OmegaGenics® EPA-DHA 720
OmegaGenics® EPA-DHA 750
OmegaGenics® GLA 240
OmegaGenics® Mega 10®
SuperGarlic 6000®
UltraMeal® Cardio 360 ^{OTM} Medical Food
Vasotensin®
VenaPlex®
Vessel Care®
Children's Health
Cal Apatite® Bone Builder® Chewable
D ₃ Liquid
Multigenics® Chewable
OmegaGenics® DHA Children's
OmegaGenics® EPA-DHA 1200

PhytoMulti® Kids
Ultra Potent-C® Chewable
UltraCare for Kids®
UltraFlora® Baby
UltraFlora® Children's
Gastrointestinal Health
BioPure Protein®
CandiBactin-AR®
CandiBactin-BR®
Endefen®
Glutagenics®
Herbulk®
Intesol®
Lipo-Gen™
Mag Citrate™
MetaFiber®
Probioplex® Intensive Care
SpectraZyme® Complete
SpectraZyme® Gluten Digest
SpectraZyme® Metagest®
SpectraZyme® Pan 9x
SpectraZyme® Pan 9x ES
UltraFlora® Acute Care
UltraFlora® Baby
UltraFlora® Balance
UltraFlora® Children's
UltraFlora® IB
UltraFlora® Intensive Care
UltraFlora® Restore
UltraFlora® Spectrum
UltraFlora® Synergy
UltraGI Replenish™ Medical Food
UltraInflamX® Medical Food
UltraInflamX® Plus 360° Medical Food
Zinlori 75®
General Wellness
Celapro®
CoQ10 ST-100®
CoQ10 ST-200®
D ₃ 1000™
D ₃ 2000™ Complex
D ₃ 5000™
D ₃ 10,000 with K ₂
Echinacea Synergy™
Essential Defense®
GlutaClear™
ImmuCore™
Mycoferon™
Mycotaki®
Nazanol™
OmegaGenics® EPA 1200
OmegaGenics® EPA-DHA 1000
Perimine®
Pneumo-Carotene™
Sinuplex™
Ultra Potent-C® 500

Mag Glycinate
MitoVive™
Multi-Min Chelate™
Multigenics®
Multigenics® Chewable
Multigenics® Intensive Care
Multigenics® Intensive Care without Iron
Multigenics® without Iron
NutraGems® CoQ10 300
OmegaGenics® EPA-DHA 300 Algae
Phytoganix®
PhytoMulti®
PhytoMulti® Capsules
PhytoMulti® with Iron
Ultra Energy Bar
Ultra Potent-C® 500
Ultra Potent-C® 1000
Ultra Potent-C® Chewable
Ultra Potent-C® Powder
UltraFlora® Immune Booster
UltraMeal® Daily Support
Wellness Essentials®
Wellness Essentials® Active
Wellness Essentials® Healthy Balance
Wellness Essentials® Men's Vitality
Wellness Essentials® Pregnancy
Wellness Essentials® Women
Wellness Essentials® Women's Prime
Zinc A.G.™
Zinc Drink™
Zinc Tally™
Immune Health
500-C Methoxyflavone™
Andrographis Plus®
BioPure Protein®
D ₃ 1000™
D ₃ 2000™ Complex
D ₃ 5000™
D ₃ 10,000 with K ₂
Echinacea Synergy™
Essential Defense®
GlutaClear™
ImmuCore™
Mycoferon™
Mycotaki®
Nazanol™
OmegaGenics® EPA 1200
OmegaGenics® EPA-DHA 1000
Perimine®
Pneumo-Carotene™
Sinuplex™
Ultra Potent-C® 500

Ultra Potent-C® 1000
Ultra Potent-C® Chewable
Ultra Potent-C® Powder
UltraFlora® Baby
UltraFlora® Children's
UltraFlora® Immune Booster
UltraFlora® Spectrum
Zinc A.G.™
Zinc Drink™
Zinc Tally™
Men's Health
Arginine Plus™
BioSöm®
Concentrated Ultra Prostagren®
HisSynergy™
Meta-Sitosterol™ 2.0
OmegaGenics® DHA 900
OmegaGenics® EPA 1200
OmegaGenics® EPA-DHA 1000
OmegaGenics® EPA-DHA 300 Algae
Testralin™
Wellness Essentials®
Wellness Essentials® Men's Vitality
Zinc A.G.™
Metabolic Detoxification
AdvaClear®
Clear Change® 10-Day Program
Clear Change® 28-Day Program
Clear Change® Daily Essentials
GlutaClear®
MetalloClear®
Renagen™ DTX
Silymarin 80™
UltraClear® Plus pH
UltraClear®
UltraClear® Plus
UltraClear® RENEW
Muscle, Bone & Joint Health
Acute Phase
Cal Apatite® Bone Builder®
Cal Apatite® Bone Builder® Active
Cal Apatite® Bone Builder® Chewable
Cal Apatite® Bone Builder® Extra Strength
Cal Apatite® Bone Builder® Forte
Cal Apatite® Bone Builder® Prime
Cal Apatite® Bone Builder® Vegetarian
Cal Apatite® Bone Builder® with Boron
Cal Apatite® Bone Builder® with Magnesium
ChondroCare®
Collagenics®
D ₃ 10,000 with K ₂
D ₃ 1000™

D ₃ 2000™ Complex
D ₃ 5000™
D ₃ Liquid
EC Matrixx®
EZ Flex®
Fibroplex®
Glucosamine Sulfate
Glucosamine Sulfate 750™
Inflavonoid®
Inflavonoid Intensive Care®
Kaprex®
Kaprex® AI
Mag Glycinate
MetaRelief®
Mg/K Aspartate™
MitoVive™
MyoCalm®
MyoCalm P.M.®
Neurosol®
OmegaGenics® EPA 1200
OmegaGenics® EPA 500 Enteric Coated
OmegaGenics® EPA-DHA 1000
OsteoVantiv®
Ostera®
Protrypsin®
Neurological Health
Attencia®
Benesom®
Blisphora®
Cenitol®
Ceralin® Forte
Ceriva®
Exhilarin®
GinkgoRose™
MitoVive™
Neurosol®
NuSera®
OmegaGenics® DHA 600
OmegaGenics® DHA 900
SeroSyn™
St. John's Wort with Folate and B ₁₂
Tran-Q®
Trancor®
Ultra Calm® Bar
Sports Nutrition
Acute Phase
Arginine Plus™
Cal Apatite® Bone Builder® Active
ChondroCare®
Collagenics®
EC Matrixx®
Endura®

EZ Flex®
Inflavonoid Intensive Care®
L-Carnitine with Chromium
Mag Glycinate
MetaRelief®
OmegaGenics® EPA-DHA 720
OmegaGenics® EPA-DHA 750
Perfect Protein®
PhytoMulti®
PhytoMulti® Capsules
PhytoMulti® with Iron
Protrypsin®
Ultra CLA®
Ultra Protein Bar
Wellness Essentials® Active
Stress Management
Adreset®
Benesom®
Exhilarin®
Licorice Plus®
NuSera®
OmegaGenics® EPA 1200
Serenagen®
Tran-Q®
Ultra Calm® Bar
Women's Health
BioSöm®
Black Cohosh Plus®
Chasteberry Plus®
Estrium®
Estrium® Whey
EstroFactors®
Estrovera®
Fem Essentials®
Fem EstroPlex®
Fem Premenstrual®
Fem Prenatal®
HerSynergy™
Meta I-3-C®
OmegaGenics® DHA 900
OmegaGenics® EPA 1200
OmegaGenics® EPA-DHA 1000
OmegaGenics® EPA-DHA 300 Algae
OmegaGenics® Evening Primrose Oil
Ostera®
Selestro®
SpectraSoy®
UltraFlora® Women's
Wellness Essentials® Pregnancy
Wellness Essentials® Women
Wellness Essentials® Women's Prime

Product Ingredient Index

Wellness Essentials® Pregnancy
Wellness Essentials® Women
Wellness Essentials® Women's Prime

Vitamin C

500-C Methoxylflavone™
Acute Phase
AdvaClear®
Cal Apatite® Bone Builder® Active
Clear Change® Daily Essentials
Collagenics®
Cortico-B.B.®
Echinacea Synergy™
Endefen®
Endura®
Energenics®
Estrium®
Estrium® Whey
Fem Essentials®
Fem EstroPlex®
Fem Prenatal®
Fem Sustain™
Glucosamine Sulfate
Glucosamine Sulfate 750™
GlutaClear®
Glycogenics®
Healthy Transformation® Shake
Healthy Transformation® Soup
Herbulk®
ImmuCore®
Inflavonoid Intensive Care®
Inflavonoid®
Lipo-Gen™
MetaGlycemX™
MetaRelief®
MitoVive®
Multi-Min Chelate™
Multigenics®
Multigenics® Chewable
Multigenics® Intensive Care
Multigenics® Intensive Care without Iron
Multigenics® without Iron
Neurosol®
Phytogenix®
PhytoMulti®
PhytoMulti® Capsules
PhytoMulti® Kids
PhytoMulti® with Iron
Pneumo-Carotene™
Sinuplex®
Ultra Energy Bar
Ultra Glucose Control®
Ultra Potent-C® 1000
Ultra Potent-C® 500
Ultra Potent-C® Chewable
Ultra Potent-C® Powder
Ultra Protein Bar
UltraBalance® Protein
UltraCare for Kids®
UltraClear®
UltraClear® Plus
UltraClear® Plus pH
UltraClear® RENEW
UltraGI Replenish™
UltraInflamX®
UltraInflamX® Plus 360°
UltraMeal®
UltraMeal® Advanced Protein
UltraMeal® Cardio 360°™ Soy Protein
UltraMeal® Daily Support
UltraMeal® Rice
UltraMeal® Whey
Wellness Essentials® Active
Wellness Essentials® Healthy Balance
Wellness Essentials® Men's Vitality
Wellness Essentials® Pregnancy
Wellness Essentials® Women
Wellness Essentials® Women's Prime

Vitamin D

AdvaClear®
Cal Apatite® Bone Builder® Chewable
Cal Apatite® Bone Builder® Forte
Cal Apatite® Bone Builder® Prime
Cal Apatite® Bone Builder® with Magnesium
Clear Change® Daily Essentials
Concentrated Ultra Prostagren®
D₃ 10,000 with K₂
D₃ 1000™
D₃ 2000™ Complex
D₃ 5000™
D₃ Liquid
Estrium®
Estrium® Whey
EstroFactors®
Fem Essentials®
Fem Prenatal®
GI Sustain™
ImmuCore®
Kaprex® AI
MetaGlycemX™
Multi-Min Chelate™
Multigenics®
Multigenics® Chewable
Multigenics® Intensive Care
Multigenics® Intensive Care without Iron
Multigenics® without Iron
Ostera®
PhytoMulti®
PhytoMulti® Capsules
PhytoMulti® Kids
PhytoMulti® with Iron
Testralin®
Thyrosol®
Ultra Glucose Control®
UltraBalance® Protein
UltraCare for Kids®
UltraClear®
UltraClear® Plus
UltraClear® Plus pH
UltraClear® RENEW
UltraGI Replenish™
UltraInflamX®
UltraInflamX® Plus 360°
UltraMeal®
UltraMeal® Advanced Protein
UltraMeal® Cardio 360°™ Pea & Rice Protein
UltraMeal® Cardio 360°™ Soy Protein
UltraMeal® Daily Support
UltraMeal® Rice
UltraMeal® Whey
Wellness Essentials®
Wellness Essentials® Active
Wellness Essentials® Healthy Balance
Wellness Essentials® Men's Vitality
Wellness Essentials® Pregnancy
Wellness Essentials® Women
Wellness Essentials® Women's Prime

Vitamin E

AdvaClear®
Ceriva®
Clear Change® Daily Essentials
CoQ10 ST-100™
E Complex-1.1™
E-400 Selenium™
Endura®
Estrium®
Estrium® Whey
EstroFactors®
Fem Essentials®
Fem EstroPlex®
Fem Prenatal®
GI Sustain™
MetaGlycemX™
Multigenics®
Multigenics® Chewable
Multigenics® Intensive Care

Multigenics® Intensive Care without Iron
Multigenics® without Iron
OmegaGenics® GLA 240
PhytoMulti®
PhytoMulti® Capsules
PhytoMulti® Kids
PhytoMulti® with Iron
Pneumo-Carotene™
Thyrosol®
Ultra Glucose Control®
Ultra Protein Bar
UltraCare for Kids®
UltraClear®
UltraClear® Plus
UltraClear® Plus pH
UltraClear® RENEW
UltraGI Replenish™
UltraInflamX®
UltraInflamX® Plus 360°
UltraMeal®
UltraMeal® Advanced Protein
UltraMeal® Cardio 360°™ Pea & Rice Protein
UltraMeal® Cardio 360°™ Soy Protein
UltraMeal® Daily Support
UltraMeal® Rice
UltraMeal® Whey
Wellness Essentials®
Wellness Essentials® Active
Wellness Essentials® Healthy Balance
Wellness Essentials® Men's Vitality
Wellness Essentials® Pregnancy
Wellness Essentials® Women
Wellness Essentials® Women's Prime

Vitamin K

Coratin®
D₂ 10,000 with K₂
EstroFactors®
Fem Prenatal®
Ostera®
PhytoMulti®
PhytoMulti® Capsules
PhytoMulti® with Iron
PhytoMulti® with Iron
Thyrosol®
Ultra Glucose Control®
UltraBalance® Protein
UltraCare for Kids®
UltraClear®
UltraClear® Plus
UltraClear® Plus pH
UltraClear® RENEW
UltraGI Replenish™
UltraInflamX®
UltraInflamX® Plus 360°
UltraMeal®
UltraMeal® Advanced Protein
UltraMeal® Cardio 360°™ Pea & Rice Protein
UltraMeal® Cardio 360°™ Soy Protein
UltraMeal® Daily Support
UltraMeal® Rice
UltraMeal® Whey
Wellness Essentials®
Wellness Essentials® Active
Wellness Essentials® Healthy Balance
Wellness Essentials® Men's Vitality
Wellness Essentials® Pregnancy
Wellness Essentials® Women
Wellness Essentials® Women's Prime

Watercress (*Nasturtium officinale*) Extract

AdvaClear®
Clear Change® Daily Essentials
PhytoMulti®
PhytoMulti® Capsules
UltraClear® RENEW
Wellness Essentials® Women

Whey

BioPure Protein®
Estrium® Whey
Healthy Transformation® Protein Shake
Probioplex® Intensive Care
UltraBalance® Protein
UltraMeal® Whey

White Mulberry (*Morus alba*) Leaf

Andrographis Plus®

Xanthium Fruit (*Xanthium sibiricum* PATR.)

Nazanol™

Zeaxanthin

PhytoMulti®
PhytoMulti® Capsules
PhytoMulti® with Iron
Wellness Essentials®

Wellness Essentials® Active
Wellness Essentials® Healthy Balance
Wellness Essentials® Men's Vitality
Wellness Essentials® Women
Wellness Essentials® Women's Prime

Zhejiang Fritillary (*Fritillaria thunbergii*) Bulb

Andrographis Plus®

Zinc

AdvaClear®
Attencia®
Cal Apatite® Bone Builder® Active
Cal Apatite® Bone Builder® Chewable
ChondroCare®
Clear Change® Daily Essentials
Collagenics®
Concentrated Ultra Prostagren®
EC Matrixx®
Energenics®
Estrium®
Estrium® Whey
Fem Essentials®
Fem Prenatal®
GI Sustain™
HerSynergy®
ImmuCore®
Kaprex® AI
MetaGlycemX™
MetalloClear®
Multi-Min Chelate™
Multigenics®
Multigenics® Chewable
Multigenics® Intensive Care
Multigenics® Intensive Care without Iron
Multigenics® without Iron
PhytoMulti®
PhytoMulti® Capsules
PhytoMulti® with Iron
Testralin®
Thyrosol®
Ultra Glucose Control®
Ultra Protein Bar
UltraBalance® Protein
UltraCare for Kids®
UltraClear®
UltraClear® Plus
UltraClear® Plus pH
UltraClear® RENEW
UltraGI Replenish™
UltraInflamX®
UltraInflamX® Plus 360°
UltraMeal®
UltraMeal® Advanced Protein
UltraMeal® Cardio 360°™ Pea & Rice Protein
UltraMeal® Cardio 360°™ Soy Protein
UltraMeal® Daily Support
UltraMeal® Rice
UltraMeal® Whey
Vessel Care®
Wellness Essentials®
Wellness Essentials® Active
Wellness Essentials® Healthy Balance
Wellness Essentials® Men's Vitality
Wellness Essentials® Pregnancy
Wellness Essentials® Women
Wellness Essentials® Women's Prime
Zinc A.G.™
Zinc Drink™
Zinc Tally™
Zinlori 75®

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