# Pray to the Lord of the Harvest 21-Day Fast



# **ACTION CHAPEL BALTIMORE**

Weekly Schedule of Prayer During the 21-Day Fast: Monday, January 7, 2019 through Sunday, January 27, 2019

#### Sunday

10am Celebration Service @ACB/Church Building

#### Monday

- 6-6:30am @ The Prayerline, dial 641-715-0607, Code 697614#
- 12noon-12:30pm @ The Prayerline, dial 641-715-0607, Code 697614#
- 6-6:45pm @ The Prayerline & Daily Bible Reading, dial 641-715-0607, Code 697614#

#### Tuesday

- 6-6:30am @ The Prayerline, dial 641-715-0607, Code 697614#
- 11am Dominion Hour @ ACB /Church Building
- 6pm-6:45p @ The Prayerline & Daily Bible Reading, dial 641-715-0607, Code 697614#

#### Wednesday

- 6-6:30am @ The Prayerline, dial 641-715-0607, Code 697614#
- 12noon-12:30pm @ The Prayerline, dial 641-715-0607, Code 697614#
- 7:30pm, Prayer @ACB/ChurchBuilding

#### **Thursday**

- 6-6:30am @ The Prayerline, dial 641-715-0607, Code 697614#
- 12noon-12:30pm @ The Prayerline, dial 641-715-0607, Code 697614#
- 6-6:45pm Prayer & Corporate Bible Reading, dial 641-715-0607, Code 697614#

#### Friday

- 6-6:30am @ The Prayerline, dial 641-715-0607, Code 697614#
- 12noon-12:30pm @ The Prayerline, dial 641-715-0607, Code 697614#
- 8pm Encounter Anointing Service & Bible Reading @ ACB/Church Building

#### Contact Us

Take I-95 to Exit 50, S Caton Avenue. Our address is: 6 Azar Court, Arbutus, MD 21227, Email: actionbaltimore@gmail.com

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## WHY FASTING & PRAYER:

Fasting is one of the most powerful spiritual disciplines of all the Christian disciplines. Through fasting and prayer, the Holy Spirit can transform your life.

Fasting and prayer can also work on a much grander scale. According to Scripture, personal experience and observation, we are convinced that when God's people fast with a proper Biblical motive – seeking God's face not His hand – with a broken, repentant, and contrite spirit, God will hear from heaven and heal our lives, our churches, our communities, our nation and world. Fasting and prayer can bring about revival – a change in the direction of our nation, the nations of earth and the fulfillment of the Great Commission. The awesome power can be released through you as you fast through the enabling of the Holy Spirit.

# **Instructions**

We will begin our Corporate Fast on Monday, January 7, 2019 and end on Sunday, January 27, 2019. We will fast corporately everyday (including Saturdays and Sundays) from 6am to 6pm by eliminating food during that time and joining together to pray as a Church Family.

Make your commitment with God, not with man. The arm of flesh will fail you, but God will sustain you in every spiritual endeavor. If you are fasting to impress men, you have your reward. Ask the Holy Spirit to clarify His leading and objectives for your prayer fast. This will enable you to pray more specifically and strategically.

Know the purpose of your fast. Corporately we are fasting to uproot enemies to the profit of the Word of God in our lives, negative words and their effects and anything that will uproot our harvest if we don't address it. Personally, why are you fasting? What gates, doors, and keys are you looking to possess? Be specific. Is it for spiritual renewal, for guidance, for healing, for the resolution of problems, for special grace to enter a door of increase, marriage, ministry, etc.? Write your issues, prayers, supplications down and be ready to hear God's answer or track your progress toward closure. Sometimes we can become so engaged in a spiritual activity, we lose sight of its intended purpose. When this happens, pride (spiritual pride) can be attached to fasting although fasting is supposed to produce humility.

Fasting is about bringing the body into spiritual balance. An effective fast will produce long lasting health benefits. The outer body will reflect the state of the inner man.

This fast is a Six to Six fast: What will you absolutely eliminate? If you are breaking at six where will you be when you break? Will you be able to pray effectively if you are breaking at six? When you have set a time to break, identify and determine how can you highlight to yourself the fast is about prayer and spiritual issues more than food and obeying the urges of the flesh to eat at six? Plan, plan, plan.

#### **TIME CONSTRAINTS**

How much time will you commit to Prayer and Fasting? How much time will you pray, read, study, meditate and spend with God? How will you eliminate distractions due to other requirements?

Buy a journal to record prayers, thoughts, etc. Write down in your journal all that God is saying from Day 1 of the Fast.

If God tells you to go longer or to eliminate more, your writings will help to encourage you that what you are hearing is in line with your progress.

## **DANGERS TO GUARD AGAINST:**

The Bible doesn't speak at all on the physical dangers of fasting but please check with your doctor if you're on medication, pregnant or breast-feeding. Those who are breastfeeding may consider doing vegetables only or switching their fast from 6pm to 6am—that means no eating after 6pm.

## Self-Preparation

**Prepare yourself spiritually.** The longer you have to get ready for a long fast, the better. Don't talk yourself out of it if you haven't had enough time to prepare. Some of us, God has been asking for an audience in fasting and prayer with you for years. Begin the journey and pray for Grace to fulfill this spiritual requirement.

**Pray Psalm 51 daily.** Confess every sin. Make sure there's no ill will or evil intention on your heart. Remove all rocks of offense. Seek forgiveness and forgive others immediately.

Read from the book of Proverbs each day.

**Prepare yourself physically**. Flush it out. **Drink lots of water.** Take a laxative or an enema. **Rest as much as you can**.

## **Quick Tips**

- Put yourself on a schedule. This helps to stabilize you.
- Read, study, pray
- In the morning, pray 30 minutes to an hour wake up specifically to pray
- In the afternoon, walk and pray during the time you would normally eat In the evening, pray in your prayer room.
  - Create a meeting place for you and God.
- The body will begin to recognize this place over time and make certain adjustments. If you lay down, the body will go into rest mode. If you get in a posture of prayer, the body will adjust its systems for this activity.
- Command your morning at midnight. Get on the prayer line and join others in corporate prayer. It will encourage you and help you gain stamina to pray.
- End the Fast gradually
- Expect results
- Do a Timeline in your Prayer Room.
- Put the Warfare on the wall and track answered prayer it will encourage you to keep going.

# Day 1: Mon. 1/7/19

#### Read

# **Everyday Prayer Points**

- Confess every past or recent, conscious and unconscious, known and unknown sin in your heart, thoughts and flesh and thank God for cleansing and forgiveness. (1 John 1:9-10)
- Renounce any pride in your life. Pray for a humble, teachable spirit. (James 4:6, 1 Peter 5:5)
- Declare that you will be an agent of unity and there will be no falsehood among us. Declare unity and harmony in the church and body of Christ. (Ephesians 4:1-3, 2 Corinthians 12:20, Psalm 133)
- Pray for the Archbishop, Bishops, Pastors, and leadership of ACI; and United States national leaders. Deal with all forms of delays that are designed to create provocation, vexation, or agitation. Pray for godly counsel for our national leaders. (1 Timothy 2:1)
- Pray for all leaders working with Pastor Lenita for loyalty and faithfulness to advance the vision and help bear the burden of leadership. (Exodus 18:21-23)

#### **Day 1 Prayer Points**

- By divine authority and from the *Throne Room* perspective, ask for the grace and desire to fast, pray, read, and study the Word of God over these next 21 Days. (Remember the daily Bible reading plan.) (Philip. 2:13)
- Pray for the grace to pray at least twice a day for the release of speedy vengeance. (Remember the prayer line times) (Luke 18:7)
- Ask God's holy angels to come in response to your prayers. Cry out for angelic/divine assistance throughout these 21 days. (Daniel 10:4-12)
- Cry out for a divine hunger and thirst of the righteousness. Ask the Lord to set us on fire, individually and corporately so that there would be no lukewarmness among us. (Revelation 3:16)

## **Personal Confessions:**

- I will not eat heavy before 6am or after 6pm
- I will not give in to the flesh, but I will exercise authority in the realm of the Spirit
- I will read and study my Word during times when I would otherwise be eating and doing things to satisfy
  the flesh
- I will not fail, but I will succeed to fast the full 21 days
- I will pray corporately and as often as I can come to the Church to pray
- I will pray for myself, my family, my friends, the Archbishop and ACB pastors
- If I happen to eat by accident or even on purpose, I will repent, tell the devil he is still a liar and start again immediately I will finish the Fast well!
- I will be at peace. I will be peaceful and I will bring peace to others.
- I will not be distracted. I will be focused and I will finish my daily assignments well!
- I will do more for the Kingdom. Whatever I am doing now, I will add more. More praying. More giving. More serving. More loving. I will increase so that I can receive increase. In Jesus Name. Amen

# Day 2: Tues. 1/8/9

#### Read

# **Everyday Prayer Points**

- Confess every past or recent, conscious and unconscious, known and unknown sin in your heart, thoughts and flesh and thank God for cleansing and forgiveness. (1 John 1:9-10)
- Renounce any pride in your life. Pray for a humble, teachable spirit. (James 4:6, 1 Peter 5:5)
- Declare that you will be an agent of unity and there will be no falsehood among us. Declare unity and harmony in the church and body of Christ. (Ephesians 4:1-3, 2 Corinthians 12:20, Psalm 133)
- Pray for the Archbishop, Bishops, Pastors, and leadership of ACI; and United States national leaders. Deal with all forms of delays that are designed to create provocation, vexation, or agitation. Pray for godly counsel for our national leaders. (1 Timothy 2:1)
- Pray for all leaders working with Pastor Lenita for loyalty and faithfulness to advance the vision and help bear the burden of leadership. (Exodus 18:21-23)

- 1. Declare any curse through sin, inheritance, or iniquity is broken and washed away. Declare every sanction issued against you in the Spirit is lifted in the name of Jesus. Break every restriction in the name of Jesus.
  - o Revelation 22:1-3
    - Then the angel showed me the river of the water of life, as clear as crystal, flowing from the throne of God and of the Lamb <sup>2</sup> down the middle of the great street of the city. On each side of the river stood the tree of life, bearing twelve crops of fruit, yielding its fruit every month. And the leaves of the tree are for the healing of the nations. <sup>3</sup> No longer will there be any curse. The throne of God and of the Lamb will be in the city, and his servants will serve him.
  - Galatians 3:13-14
    - Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: "Cursed is everyone who is hung on a pole." [a] 14 He redeemed us in order that the blessing given to Abraham might come to the Gentiles through Christ Jesus, so that by faith we might receive the promise of the Spirit.
- 2. Cast every care and burden from 2018 on the Lord. Destroy any yoke that started in 2018. Release yourself from any disappointments, discouragement or despair from 2018. Declare the dawning of a new day. Purpose to leave every weight/burden behind you, in Jesus name.
  - Genesis 27:39-40 (NIV)
    - His father Isaac answered him, "Your dwelling will be away from the earth's richness, away from the dew of heaven above. 40 You will live by the sword and you will serve your brother. But when you grow restless, you will throw his yoke from off your neck."
- 3. Destroy any imposition or wrong label placed on your life next year. Declare that the original intent, plan, purpose, counsel, and mind of God for your life will come into full manifestation this year.
  - o Proverbs 19:21
    - There are many devices in a man's heart; nevertheless the counsel of the Lord, that shall stand.
  - Isaiah 46:10
    - Declaring the end from the beginning, and from ancient times the things that are not yet done, saying, My counsel shall stand, and I will do all my pleasure:

- 4. Command any evil hand against you, Pastor Lenita and the leaders of ACB, or our finances wither up and break, in the name of Jesus.
  - o Psalm 10:15
    - Break thou the arm of the wicked and the evil man: seek out his wickedness till thou find none.

# Day 3: Wed. 1/9/19

#### Read

## **Everyday Prayer Points**

- Confess every past or recent, conscious and unconscious, known and unknown sin in your heart, thoughts and flesh and thank God for cleansing and forgiveness. (1 John 1:9-10)
- Renounce any pride in your life. Pray for a humble, teachable spirit. (James 4:6, 1 Peter 5:5)
- Declare that you will be an agent of unity and there will be no falsehood among us. Declare unity and harmony in the church and body of Christ. (Ephesians 4:1-3, 2 Corinthians 12:20, Psalm 133)
- Pray for the Archbishop, Bishops, Pastors, and leadership of ACI; and United States national leaders. Deal with all forms of delays that are designed to create provocation, vexation, or agitation. Pray for godly counsel for our national leaders. (1 Timothy 2:1)
- Pray for all leaders working with Pastor Lenita for loyalty and faithfulness to advance the vision and help bear the burden of leadership. (Exodus 18:21-23)

#### Day 3: Uprooting enemies to the profit of the Word of God in our lives

- 1. Declare that any evil that is taking advantage as a result of your own words is canceled. Revoke any negative word spoken out of your mouth or over your life by anyone else.
  - o Proverbs 6:2
    - Thou art snared with the words of thy mouth, thou art taken with the words of thy mouth
  - o Proverbs 18:21
    - Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof
- 2. Declare you, your family and every member of ACB is breaking free from every limitation, bondage or restriction.
  - Isaiah 58:6
    - Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke?
- 3. Declare that any sickness attacking your body from last year, dies now. Declare healing.
  - Psalm 6:2
    - Have mercy upon me, O Lord; for I am weak: O Lord, heal me; for my bones are vexed.
  - o Psalm 103:2-3
    - Bless the LORD, O my soul, and forget not all his benefits:<sup>3</sup> Who forgiveth all thine iniquities; who healeth all thy diseases;
- 4. Declare that whatever you were denied last year, you will receive double for it this year.
  - o Isaiah 61:7
    - For your shame ye shall have double; and for confusion they shall rejoice in their portion: therefore in their land they shall possess the double: everlasting joy shall be unto them.

- 5. Declare the dawning of a new day in your life. Declare new open doors, opportunities, and favor for 2019.
  - o Isaiah 43:18-19
    - Remember ye not the former things, neither consider the things of old. <sup>19</sup> Behold, I will do a new thing; now it shall spring forth; shall ye not know it? I will even make a way in the wilderness, and rivers in the desert.

# Day 4: Thur. 1/10/19

#### Read

## **Everyday Prayer Points**

- Confess every past or recent, conscious and unconscious, known and unknown sin in your heart, thoughts and flesh and thank God for cleansing and forgiveness. (1 John 1:9-10)
- Renounce any pride in your life. Pray for a humble, teachable spirit. (James 4:6, 1 Peter 5:5)
- Declare that you will be an agent of unity and there will be no falsehood among us. Declare unity and harmony in the church and body of Christ. (Ephesians 4:1-3, 2 Corinthians 12:20, Psalm 133)
- Pray for the Archbishop, Bishops, Pastors, and leadership of ACI; and United States national leaders. Deal with all forms of delays that are designed to create provocation, vexation, or agitation. Pray for godly counsel for our national leaders. (1 Timothy 2:1)
- Pray for all leaders working with Pastor Lenita for loyalty and faithfulness to advance the vision and help bear the burden of leadership. (Exodus 18:21-23)

- 1. Ask for grace and conviction to discipline yourself to seek the face of God so that you will not be led astray or walk in self-deception.
  - a. 1 Corinthians 9:27
    - i. But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.
- 2. Ask God for the conviction to sanctify yourself and walk in holiness and devotion to God. Ask the Lord to do wonders in your life as your sanctify yourself.
  - a. Joshua 3: 5
    - i. And Joshua said unto the people, Sanctify yourselves: for tomorrow the LORD will do wonders among you.
- 3. Declare you will not be distracted this year; but your life will be set apart for the exclusive use of God and his purposes. Declare that this year you will walk in a higher level of sanctification and drive out any foolishness from your life. Declare that you will have divine focus, looking unto Jesus, the author and finisher of your faith.
  - a. Hebrews 12:2
    - Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God.

# Day 5: Fri. 1/11/19

#### Read

# **Everyday Prayer Points**

- Confess every past or recent, conscious and unconscious, known and unknown sin in your heart, thoughts and flesh and thank God for cleansing and forgiveness. (1 John 1:9-10)
- Renounce any pride in your life. Pray for a humble, teachable spirit. (James 4:6, 1 Peter 5:5)
- Declare that you will be an agent of unity and there will be no falsehood among us. Declare unity and harmony in the church and body of Christ. (Ephesians 4:1-3, 2 Corinthians 12:20, Psalm 133)
- Pray for the Archbishop, Bishops, Pastors, and leadership of ACI; and United States national leaders. Deal with all forms of delays that are designed to create provocation, vexation, or agitation. Pray for godly counsel for our national leaders. (1 Timothy 2:1)
- Pray for all leaders working with Pastor Lenita for loyalty and faithfulness to advance the vision and help bear the burden of leadership. (Exodus 18:21-23)

- 1. Ask for grace and conviction to discipline yourself to seek the face of God so that you will not be led astray or walk in self-deception.
  - a. 1 Corinthians 9:27
    - i. But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.
- 2. Ask God for the conviction to sanctify yourself and walk in holiness and devotion to God. Ask the Lord to do wonders in your life as your sanctify yourself.
  - a. Joshua 3: 5
    - i. And Joshua said unto the people, Sanctify yourselves: for tomorrow the LORD will do wonders among you.
- 3. Declare you will not be distracted this year; but your life will be set apart for the exclusive use of God and his purposes. Declare that this year you will walk in a higher level of sanctification and drive out any foolishness from your life. Declare that you will have divine focus, looking unto Jesus, the author and finisher of your faith.
  - a. Hebrews 12:2
- 4. Looking unto Jesus the **author** and **finisher** of our **faith**; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God.Pray that you will walk in the fear of the Lord and that you will not walk in familiarity with leadership.
  - a. Joshua 3:4
    - i. Then you will know which way to go, since you have never been this way before. But keep a distance of about two thousand cubits<sup>[a]</sup> between you and the ark; do not go near it."
- 5. Pray that you will serve God in such a way that your children will be blessed for your sake.
  - a. Genesis 26:24
    - i. And the Lord appeared unto him the same night, and said, I am the God of Abraham thy father: fear not, I am with thee, and will bless thee, and multiply thy seed for my servant Abraham's sake.

# Day 6: Sat. 1/12/19

#### Read

# **Everyday Prayer Points**

- Confess every past or recent, conscious and unconscious, known and unknown sin in your heart, thoughts and flesh and thank God for cleansing and forgiveness. (1 John 1:9-10)
- Renounce any pride in your life. Pray for a humble, teachable spirit. (James 4:6, 1 Peter 5:5)
- Declare that you will be an agent of unity and there will be no falsehood among us. Declare unity and harmony in the church and body of Christ. (Ephesians 4:1-3, 2 Corinthians 12:20, Psalm 133)
- Pray for the Archbishop, Bishops, Pastors, and leadership of ACI; and United States national leaders. Deal with all forms of delays that are designed to create provocation, vexation, or agitation. Pray for godly counsel for our national leaders. (1 Timothy 2:1)
- Pray for all leaders working with Pastor Lenita for loyalty and faithfulness to advance the vision and help bear the burden of leadership. (Exodus 18:21-23)

- 1. Acknowledge Holy Spirit and ask for grace to be sensitive to his leading and further develop your relationship with him this year.
- 2. Pray for increased capacity to hear from God by his Spirit; purpose in your heart to hear the voice of God more and more.
  - a. John 10:27
    - i. My sheep hear my voice, and I know them, and they follow me:
- 3. Pray that your spiritual eyesight would be opened. Ask the Holy Spirit to activate your dream life and speak to you in dreams and visions like never before.
  - a. Matthew 2:19-20
    - i. But when Herod was dead, behold, an angel of the Lord appeareth in a dream to Joseph in Egypt, <sup>20</sup> Saying, Arise, and take the young child and his mother, and go into the land of Israel: for they are dead which sought the young child's life.
- 4. Declare you will have advanced knowledge from Holy Spirit this year. Declare the enemy will not take you unawares (by surprise).
  - a. John 16:13
    - i. Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will shew you things to come.
- 5. Pray that your prophetic sensitivities would be sensitized. Pray for sensitivity to the voice of the Spirit and his leading and guiding. Pray that you would not "quench" the Spirit but would walk in harmony with him.
  - a. 1 Thessalonians 5:19-20
    - i. Quench not the Spirit. Despise not prophesyings.
- 6. Pray that all among us, old and young, would be baptized and filled with the Holy Ghost.
  - a. Luke 1:15
    - i. <sup>15</sup> For he shall be great in the sight of the Lord, and shall drink neither wine nor strong drink; and he shall be filled with the Holy Ghost, even from his mother's womb.

# Day 7: Sun. 1/13/19

## Read

# **Everyday Prayer Points**

- Confess every past or recent, conscious and unconscious, known and unknown sin in your heart, thoughts and flesh and thank God for cleansing and forgiveness. (1 John 1:9-10)
- Renounce any pride in your life. Pray for a humble, teachable spirit. (James 4:6, 1 Peter 5:5)
- Declare that you will be an agent of unity and there will be no falsehood among us. Declare unity and harmony in the church and body of Christ. (Ephesians 4:1-3, 2 Corinthians 12:20, Psalm 133)
- Pray for the Archbishop, Bishops, Pastors, and leadership of ACI; and United States national leaders. Deal with all forms of delays that are designed to create provocation, vexation, or agitation. Pray for godly counsel for our national leaders. (1 Timothy 2:1)
- Pray for all leaders working with Pastor Lenita for loyalty and faithfulness to advance the vision and help bear the burden of leadership. (Exodus 18:21-23)

- 1. Declare you will not lean to your own understanding but walk in wisdom from Holy Ghost this year.
  - a. Proverbs 3:5
    - i. Trust in the Lord with all thine heart; and lean not unto thine own understanding.
- 2. Ask Holy Ghost for his manifold manifestation in your life this year. Ask him to give you wisdom, understanding, counsel, might, knowledge, and the fear of the Lord.
  - a. Isaiah 11:2
    - i. And the spirit of the Lord shall rest upon him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and of the fear of the Lord;
- 3. Ask the Lord for wisdom in your relationships. Pray that you would deal wisely with your spouse, children, family, co-workers, friends, and the family of God.
  - a. James 1:5
    - i. If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him.
- 4. Ask the Lord for wisdom for your finances. Declare that you would not eat your seed and have strong convictions for tithing and giving.
  - a. 1 Kings 4:29
    - i. And God gave Solomon wisdom and understanding exceeding much, and largeness of heart, even as the sand that is on the sea shore.
- 5. Pray that you would walk in the favor that comes from making wisdom your companion and best friend.
  - a. Proverbs 7:4
    - i. Say unto wisdom, Thou art my sister; and call understanding thy kinswoman: