

## Prayers of the Faithful

### Act of Contrition

O my God,  
I am heartily sorry for having offended Thee  
and I detest all my sins,  
because I dread the loss of heaven and the pains of hell,  
but most of all because they offend Thee, my God,  
Who are all good and deserving of all my love.  
I firmly resolve, with the help of Thy grace,  
to confess my sins, to do penance,  
and to amend my life. Amen.

### Act of Faith

O my God, I firmly believe that You are One God in Three Divine Persons, Father, Son, and the Holy Spirit; I believe that Your Divine Son became man, and died for our sins, and that He will come again to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You have revealed them, Who can neither deceive nor be deceived.

### Act of Hope

O my God, relying on Your almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

### Act of Love

O my God, I love You above all things, with my whole heart and soul, because You are all-good and worthy of all love. I love my neighbor as myself for the love of You. I forgive all who have injured me, and ask pardon of all whom I have injured.

### Prayer Before Confession

Lord our God, you are patient with sinners and accept our desire to make amends. I acknowledge my sins and I am resolved to change my life. Help me to celebrate this sacrament of your mercy so that I may reform my life and receive from you the gift of everlasting joy. We ask this through Christ our Lord. Amen.

### Prayer for All Needs

We beg You, Lord, to help and defend us. Deliver the oppressed. Pity the insignificant. Raise the fallen. Show Yourself to the needy. Heal the sick. Bring back those of Your people who have gone astray. Feed the hungry. Lift up the weak. Take off the prisoner's chains.

May every nation come to know that You alone are God, that Jesus is Your Child, that we are Your people, the sheep the You pasture.

Amen.

## The Angelus

V.: The angel spoke God's message to Mary,

R.: and she conceived of the Holy Spirit.

Hail, Mary....

V.: "I am the lowly servant of the Lord:

R.: Let it be done to me according to Your Word."

Hail, Mary....

V.: And the Word became flesh

R.: and lived among us.

Hail, Mary....

V.: Pray for us, holy Mother of God,

R.: that we may become worthy of the promises of Christ.

Let us pray.

Lord, fill our hearts with your grace: once, through the message of an angel you revealed to us the incarnation of your Son; now, through His suffering and death lead us to glory of His resurrection. We ask this through Christ our Lord.

R.: Amen

## Anima Christi

Soul of Christ, sanctify me

Body of Christ, save me

Blood of Christ, inebriate me

Water from Christ's side, wash me

Passion of Christ, strengthen me

O good Jesus, hear me

Within Thy wounds hide me

Suffer me not to be separated from Thee

From the malicious enemy defend me

In the hour of my death call me

And bid me come unto Thee

That I may praise Thee with Thy saints

and with Thy angels

Forever and ever Amen.

## Prayer for Christian Unity

Gracious Father, we pray to You for Your holy catholic Church. Fill it with Your truth. Keep it in Your peace. Where it is corrupt reform it. Where it is in error, correct it. Where it is right, defend it. Where it is in want, provide for it. Where it is divided, reunite it; for the sake of Your Son, our Savior Jesus Christ.

Amen

## Come Holy Spirit

Come, Holy Spirit, fill the hearts of Thy faithful and enkindle in them the fire of Thy love.

Send forth Thy Spirit and they shall be created.

And Thou shalt renew the face of the earth.

Let us pray.

O God, Who didst instruct the hearts of the faithful by the light of the Holy Spirit, grant us in the same Spirit to be truly wise, and ever to rejoice in His consolation. Through Christ our Lord. Amen.

### Dedication to Jesus

Lord Jesus Christ, take all my freedom, my memory, my understanding, and my will. All that I have and cherish you have given me. I surrender it all to be guided by your will. Your love and your grace are wealth enough for me. Give me these, Lord Jesus, and I ask for nothing more. Amen

St. Ignatius Loyola (1491-1556)

## Divine Mercy Prayers

### Prayer to the Divine Mercy

I fly to your mercy, Compassionate God, who alone is good. Although my misery is great and my offenses are many, I trust in your mercy, because you are the God of Mercy; and, from time immemorial, it has never been heard of, nor do heaven or earth remember, that a soul trusting in your mercy has been disappointed.

O God of compassion, you alone can justify me and you will never reject me when I, contrite, approach our merciful heart, where no one as ever been refused, even if he/she were the greatest sinner. For your Son assured St. Faustina "Sooner would heaven an dearth turn into nothingness, than would my mercy fail to embrace a trusting soul."

Jesus, friend of a lonely heart, you are my haven, you are my peace. You are my salvation, you are my serenity in moments of struggle and amidst an ocean of doubts. You are the bright ray that lights up the path of my life. You are everything to a lonely soul. You understand the soul even though it remains silent. You know our weaknesses and, like a good physician you comfort and heal, sparing us sufferings - expert that you are. Amen

### Prayer for a Merciful Heart

O Jesus, I understand that your mercy is beyond all imagining, and therefore I ask you to make my heart so big that there will be room in it for the needs of all the souls living on the face of the earth and the souls suffering purgatory. Make my heart sensitive to all the sufferings of my neighbor, whether of body or soul. O my Jesus I know that you act toward us as we act toward our neighbor. Make my heart like unto your merciful heart. Transform it into your own heart that I may sense the needs of other hearts, especially those who are sad and suffering. May the rays of mercy rest in my heart Jesus, help me to go through life doing good to everyone. Amen.

### Grace before Meals

Bless us O Lord  
and these Thy gifts,  
which we are about to receive  
from Thy bounty  
through Christ our Lord.  
Amen

### Glory Be

Glory be to the Father and to  
the Son and to the Holy Spirit,  
as it was in the beginning, is now  
and ever shall be, world without end.  
Amen

Hail, Holy Queen

Hail, holy Queen, Mother of Mercy!  
Our life, our sweetness, and our hope!

To thee do we cry, poor banished  
children of Eve, to thee do we send  
up our sighs, mourning and weeping  
in this valley, of tears.

Turn, then, most gracious advocate,  
thine eyes of mercy toward us; and  
after this our exile show unto us the  
blessed fruit of thy womb Jesus;

O clement, O loving, O sweet virgin Mary.

Pray for us, O holy Mother of God,  
That we may be made worthy of the  
promises of Christ.

Guardian Angel Prayer

Angel of God, My Guardian Dear  
to whom God's love commits me here. Ever this day be at my side  
to light and guard and rule and guide.

Amen

Hail Mary

Hail Mary, full of grace,  
the Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now and at the hour of our death.

Amen.

Into Your Hands

Father, I abandon myself into Your hands; do with me what You will. Whatever You may do, I thank You: I am ready for all, I accept all. Let only Your will be done in me, and in all Your creatures - I wish no more than this, O Lord. Into Your hands I commend my soul; I offer it to You with all the love of my heart, for I love You, Lord, and so need to give myself, to surrender myself into Your hand without reserve, and with boundless confidence, for You are my Father.

Charles de Foucauld (1858-1916)

Prayer for the Elderly

All-powerful and living God, in whom we live and move and have our being, we thank You and praise You for giving (name) and (name) long years, lived in faith and in doing good. Grant that they may have the loving support of their relatives and friends, that in good health they may be cheerful, and in poor health not lose hope. Sustained by the help of Your blessing, let them spend their old age giving praise to Your name. We ask this through Christ our Lord. Amen.

### Prayer for Evangelization

(the Disciples Prayer)

Loving God, you called us each by name and gave your only Son to redeem us. In your faithfulness, you sent the Holy Spirit to complete the mission of Jesus among us.

Open our hearts to Jesus. Give us the courage to speak His name to those who are close to us and the generosity to share His love with those who are far away.

We pray that every person throughout the world be invited to know and love Jesus as Savior and Redeemer. May they come to know His all-surpassing love. May that love transform every element of our society. We ask this through Christ, Our Lord, Amen.

### Prayer for a Happy Death

Lord Jesus Christ, you want everyone's salvation and no one ever appeals to You in vain, for with Your own lips You promised: "Whatever you ask the Father in my name, I will do." In your name - Jesus, Savior - I ask that in my dying moments you will give me full use of my senses, heart-felt sorrow for my sins, firm faith, hope in good measure and perfect love, that I may be able to say honestly to you: "Into your hands, O lord, I commend my spirit. You have redeemed me, Lord God of truth."

St. Vincent Ferrer (1350-1419)

### For Peace

Mary, Queen of Peace, save us all, who have so much trust in you, from wars, hatred, and oppression. Make us all learn to live in peace, and educate ourselves for peace, do what is demanded by justice and respect the rights of every person, so that peace may be firmly established. Amen

Pope John Paul II (1920-2005)

### Prayer to the Holy Family

O Jesus, look graciously upon our family here before you. Once more we consecrate ourselves before you - our trials and joys - that our home may ever be the shrine of peace, purity, love and faith. Protect and bless all of us, both absent and present, and be merciful to those departed.

O Mary, loving Mother of Jesus, and our Mother, pray to Jesus for our family, for all the families of the world, to guard the cradle of the newborn, the schools of the young and their vocations.

O Joseph, holy Guardian of Jesus and Mary, assist us by your prayers in all the necessities of life. Be present at the pillow of the sick and dying so that we may all be united to Jesus and Mary and you for all eternity. Amen.

### Prayer for Lent

O God, bless us during this season of spiritual renewal. Fill our minds and hearts with love, that we may be a sign of Jesus to all those living in our midst.

### Prayer for the Needy

Grant, Lord, that I may gladly share what I have with the needy, humbly ask for what I need from him who has, sincerely admit the evil I have done, calmly bear the evil I suffer, not envy my neighbor for his blessings, and thank You unceasingly whenever You hear my prayer.

### Prayer to Our Lord Jesus Christ

Grant me Thy grace, most merciful Jesus, that it may be with me and work with me and preserve with me even to the end. Grant that I may always desire and will that which is to Thee most acceptable and most dear. Let Thy will be mine, and let my will ever follow Thine and agree perfectly with it. Let my willing and not-willing be all one with Thine, and let me not be able to will or not will anything else but what Thou wilt or wilt not. Amen.

### Prayer for the Sick

Lord, our God, you sent Your Son into the world to bear our infirmities and to endure our sufferings. For Your servants who are sick, we ask that Your blessing will give them strength to overcome their weakness through the power of patience and the comfort of hope and that with Your aid they will soon be restored to health. We ask this through Christ our Lord. Amen.

### Prayer to St. Francis of Assisi

Lord, make me an instrument of your peace,  
Where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
where there is sadness, joy; O Divine Master, grant that I may not so much seek to be consoled as to console;  
to be understood as to understand;  
to be loved as to love. For it is in giving that we receive;  
it is in pardoning that we are pardoned;  
and it is in dying that we are born to eternal life.

### Prayer of Saint Patrick

Christ be with me, Christ before me, Christ behind me, Christ within me, Christ beneath me, Christ above me, Christ on my right, Christ on my left, Christ where I lie, Christ where I sit, Christ where I arise, Christ in the heart of everyone who thinks of me, Christ in every eye that sees me, Christ in the ear that hears me. Salvation is of the Lord. Salvation is of the Christ. May your salvation, O Lord, be ever with us.

### Te Deum

You are God: we praise You; You are the Lord: we acclaim You; You are the eternal Father; all creation worships You. To You all angels, all the powers of heaven, Cherubim and Seraphim, sing in endless praise: holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. The glorious company of apostles praise You. The noble fellowship of prophets praise You. The white-robed army of martyrs praise You. Throughout the world the holy Church acclaim You: Father, of majesty unbounded, Your true and only Son, worthy of all worship, and the Holy Spirit, advocate and guide. You, Christ, are the king of glory, the eternal Son of the Father. When You became man to set us free You did not spurn the Virgin's womb. You overcame the sting of death, and opened the kingdom of heaven to all believers. You are seated at God's right hand in glory. We believe that you will come, and be our judge. Come then, Lord, and help your people, bought with the price of your own blood, and bring us with your saints to glory everlasting.

### Prayer to St. Michael the Archangel

Saint Michael the Archangel,  
defend us in battle.  
Be our protection against the wickedness and snares of the devil.  
May God rebuke him, we humbly pray;  
and do Thou, O Prince of the Heavenly Host -  
by the Divine Power of God -  
cast into hell, satan and all the evil spirits,  
who roam throughout the world seeking the ruin of souls. Amen.

### Regina Coeli

O Queen of heaven, rejoice! Alleluia. For He whom you did merit to bear, Alleluia. Has risen, as He said, Alleluia.  
Pray for us to God, Alleluia.

V.: Rejoice and be glad, O Virgin Mary. Alleluia.

R. For the Lord has risen indeed. Alleluia.

Let us pray. O God, Who by the resurrection of Your Son, Our Lord Jesus Christ,, has given joy to the whole world, grant, we beseech You, that through the intercession of the Virgin Mary, His Mother, we may attain the same joys of eternal life. Through the same Christ Our Lord. Amen

### Renew Prayer

Gracious God and Father, we are your people embraced by your love. We thank you for your presence with us throughout all time. Create us anew through Jesus Christ your Son. Liberate us from all that keeps us from you. Send your Holy Spirit, enabling us to share in your work of recreating our world and restoring justice. Heal us from every form of sin and violence. Transform us to live your Word more profoundly. Reconcile us so enemies become friends. Awaken us to the sacred; nurture our relationships. Enliven our parishes; reunite our families. Fill us with joy to celebrate the fullness of life. Empower us to be a community of love growing in your likeness by the grace of Christ our Lord. Amen.

### Thanksgiving Prayer

Heavenly Father, we praise You for the many graces You bestow on us: for our food, our shelter, for the love and support of family and friends, and for all Your many blessings.

Inspire us to lift up the poor, the hungry and homeless, and all those in our midst who are suffering. Move our hearts to live the Gospel, to reach out with and compassion to all who need us. And let us never forget that in serving the poor, we serve You.

Lord, watch over us and guide us today and in the weeks and months ahead. Amen.

### Thanksgiving Table Prayer

O Gracious God, we give you thanks for your overflowing generosity to us. Thank you for the blessings of the food we eat and especially for this feast today.

Thank you for our home and family and friends, especially for the presence of those gathered here.

Thank you for our health, our work and our play.

Please send help to those who are hungry, alone, sick and suffering war and violence.

Open our hearts to your love. We ask your blessing through Christ your son. Amen.

[Celebrating Faith: Year-round Activities For Catholic Families](#), by Mary Cronk Farrell

### Vocation Prayer

Loving God, you speak to us and nourish us through the life of this church community.

In the name of Jesus, we ask you to send Your Spirit to us so that men and women among us, young and old, will respond to Your call to service and leadership in the Church.

We pray especially in our day, for those who hear Your invitation to be a priest, sister, brother or deacon.

May those who are opening their hearts and minds to Your call be encouraged and strengthened through our enthusiasm in Your service. Amen

The Lord's Prayer

Our Father, who art in heaven,  
hallowed be thy name.

Thy Kingdom come,  
thy will be done,  
on earth as it is in heaven

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

Amen